

3-24-1999

The Knight Volume 9: Issue 12

Nova Southeastern University

Follow this and additional works at: https://nsuworks.nova.edu/nsudigital_newspaper

NSUWorks Citation

Nova Southeastern University, "The Knight Volume 9: Issue 12" (1999). *The Current*. 176.
https://nsuworks.nova.edu/nsudigital_newspaper/176

This Newspaper is brought to you for free and open access by the NSU Digital Collections at NSUWorks. It has been accepted for inclusion in The Current by an authorized administrator of NSUWorks. For more information, please contact nsuworks@nova.edu.



The Knight



THE OFFICIAL STUDENT NEWSPAPER OF NSU'S
FARQUHAR CENTER FOR UNDERGRADUATE STUDIES

Volume 9 Issue 12
24 March 1999

In This Issue

*Basic Life Support
Education day. Learn
more about it on page 4*

*See the results on "The
Wellness Center's Safer
Sex Survey Results" on
page 6*

*See the Fraternities and
Sororities election results
on pages 8-9*

*Read "Your not an
Occupational Therapist?
Then What Are you?" on
page 12 in the editorial
section.*

*Read NSU Sports Update
on page 15*

*Read about "America'
Icon: The Yankee Clipper"
on page 16*

NSU Opens Its New Medicinal Garden

by Angel E. Sanchez
Editor in Chief

On February 28, 1999, Nova Southeastern University Health Professions Division School of Pharmacy in conjunction with Broward Community College and the University of Florida opened its Medicinal Garden. The Medicinal Garden is located in front of Parker Building. This garden took over a year to be completed. There was a lot of work and effort put into finishing the garden. In this garden hundreds of plants that can be used for medicinal purposes were planted. This will serve as a habitat and a place of research for better use of these plants. Everyone attended this great event including deans and professors from NSU and surrounding universities, students, the surrounding community,

the press, and others interested in the greatness and benefits of the garden. The idea of this garden began during the presidency of Dr. Lewis. Dr. Lewis stated the following, "We live in cyber space-virtual reality, is nice to see the real thing, not only for the students and pharmacist that we derive medicine from but for other students and the community as well... I think it is a fascinating garden. I was also considering a garden for the blind with texture aromatic plants and tape players... This

see NOVA on page 23



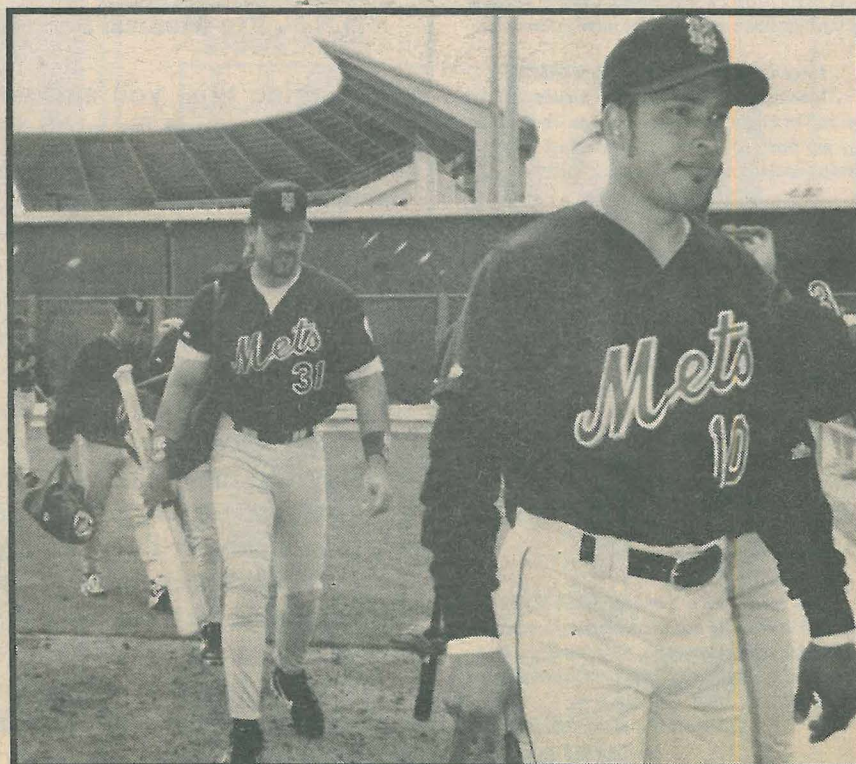
It's Official! - Presiding over the ribbon cutting ceremony for the Medicinal Garden are, from left to right, Fred Lippman, B.Sc., R.Ph., Division; Nova Southeastern University President Ray Ferro, Jr.; and William D. Hardigan, Ph.D., Dean of NSU's College of Pharmacy.

The Boys of Spring are Back

by Michael L. Citron
Sports Staff Writer

After a fantastic year in baseball with the chase to break the single-season homerun record between Mark McGwire of the St. Louis Cardinals and Sammy Sosa of the Chicago Cubs, what more could the fans want? Major League Baseball is back and it is more popular than ever!

see BALL on page 15





Campus Life



Clubs and Organizations

Alpha Phi Omega

This organization is a national co-ed service fraternity. Meetings are on Wednesdays at 5 p.m. in The Flight Deck, second floor of the Rosenthal Student Center. Please contact Meredith by e-mail at shapirom@polaris.nova.edu or apo@polaris.nova.edu for more information. Check out our web page at <http://www.nova.edu/~nattjo/apo>

Beta Theta Pi

This organization is a social fraternity dedicated to the cultivation of the intellect, unsullied friendship, and unfaltering fidelity. Contact us at beta@polaris.nova.edu for more information.

Campus Entertainment Committee (CEC)

This committee is a branch of the NSUSGA dedicated to planning and implementing campus life activities. Contact Heather at gilchristh@aol.com for more information.

Delta Phi Epsilon

This organization is a national sorority. Contact dpe@polaris.nova.edu for general information, or Yessenia at gomezys@polaris.nova.edu for more information.

Health Educations AIDS Liaison (HEAL)

Meetings are held Thursdays at 6 p.m. in The Flight Deck, room 206. Contact Chris Castellano at (954) 382-9995 or Kai Thorup at kai@thorup.com for more information. Visit our webpage at: <http://www.thorup.com/HEAL/healindex.html>.

Hillel

Interested in learning more about Jewish life and cultures? Contact Cindy Goldberg at (561) 395-9765 or cgoldberg@flhillel.org for more information.

Indian Student Association (ISA)

All students are welcome! Please contact Rick at gadhr@polaris.nova.edu for more information.

International Muslim Association

at NSU (I.M.A.N.)
The purpose of I.M.A.N. is to educate others about Islam. Anyone is accepted! Contact Rabia at halimrab@polaris.nova.edu for more information.

Inter-Organizational Council (IOC)

Meetings are held every other Monday at 6:00 p.m. in The Flight Deck's green room. These meetings are open to all students. Contact Erick at torreser@polaris.nova.edu for more information.

Intervarsity Christian Fellowship (IVC)

-for Graduates
Meetings are held Thursdays at 9 p.m. Any one interested should contact Kayla at 262-6598.

Intervarsity Christian Fellowship (IVC)

-for Undergraduates
Meetings are held Tuesdays at 12:30 p.m. in The Flight Deck and Tuesdays at 8:00 p.m. in the Goodwin Residence Hall in the East Lounge on the 3rd Floor. Please contact Jessica at riveraj@polaris.nova.edu, or Justin at kuruvill@polaris.nova.edu for more information.

Leadership Development

Committee (LDC)

This committee is a branch of the NSUSGA dedicated to creating and implementing leadership training and opportunities to NSU students. Contact Andrea at astaller@polaris.nova.edu for more information.

see CLUBS on page 4

JPROM 1999

"A Knight at the Movies"

April 8, 1999 at 7:00 p.m. at the RecPlex Patio

What does JProm mean? Last year it meant Betas grooving, The-tas stripping, Phi Sigs getting funky and the Radio Station doing Scooby Doo.... What will it mean this year?

The fourth annual JProm is being held on Thursday, April 8, at 7:00 p.m. at the RecPlex. This year's theme is "A Knight at the Movies" where student groups will do spin offs of their favorite movies. Groups will put together a 10-minute skit composed of dancing and lip syncing that center around the theme. Top three JProm acts have the honor of performing the following night during the Secret Square portion of Hollywood Squares. Why? To compete for the \$1,000 grand prize!!!

A panel made up of faculty and staff will judge the JProm acts on

Thursday based on 10 categories: originality, adherence to theme, dialogue, lip sync, dancing, costumes, set design, choreography, audience reaction, and overall effectiveness. Top three groups will advance to the finals at Hollywood Squares where they will be judged by the celebrity squares featuring center square, Joe Lakovitch, Vice President for Student Affairs.

Beta Theta Pi fraternity has won JProm for three years in a row. This year, more groups than ever will compete for the grand prize and attempt to defeat the defending champs! You won't want to miss this event!! Come early and get a good seat. No one really knows what JProm means... but regardless, it promises to be a great time for all!!!

World Music Night with NSU Radio

Friday, February 19, NSU's "Knight-Time" Radio showcased music from all over the globe as part of Unity Week. This very special TGIF was hosted by some of NSU's most eclectic D.J.'s who played all sorts of music ranging from modern Spanish, Irish, to reggae styles. Everybody in the Flight Deck enjoyed the variety of music, good food, but most of all, the diversity of people. We would like to thank the Flight Deck, the Unity Week committee, and all of the clubs and organizations that made Unity Week a success.

NSU Radio is always looking for fresh new talent for the airwaves, so if you are interested please call us at 262-8457. If you would like more information on the radio station and upcoming events, stop by the office in the Rosenthal Student Center or check out our website at <http://www.nova.edu/cwis/wnsu>.

Beating the Odds: Basic Life Support Education Day

by Ed Fry, III, Emt-P, AMSA Educational Chair,
N.S.U. Pre-Medical Society

Imagine this, you and your friends are meeting for lunch after an extremely hard morning of classes. Your professor informs the class that the test scheduled in two weeks has been moved to 72 hours from now. Because of the time crunch, you have no idea how you are even going to fit meals into your schedule. So during lunch with your friends, everyone is in a hurry to study and they inhale (without breathing or tasting) their food when suddenly, without warning Tony grabs his neck, begins choking and turns blue from the lack of oxygen! *What do you do?*

Not that this is a daily occurrence on campus, but if a member of the Nova Southeastern Pre-

Medical Society is sitting next to you, there is a good chance that Tony's airway obstruction can be alleviated *before* the paramedics arrive. The reason is: **The Nova Southeastern University Pre-Med. Society has learned Basic Life Support and Cardiopulmonary Resuscitation (CPR-BLS)!** In fact, the campus-based club under the advisement of Dr. Robert Pomeroy boasts 25 CPR-BLS instructors! Last year, members of the society were awarded a grant from the American Medical Student Association (AMSA) to train and educate the public in the importance of Basic Life Support as well as keeping heart smart by exercise, diet, and decreasing identifiable risk factors that can lead to a heart attack or stroke.

That's not all! The Nova Southeastern University Pre Medical Society has been named as a finalist and

presenter in the national poster competition during the 49th annual AMSA conference March 1999 in Chicago. At the conference, an oral presentation will be given to a host of personnel including guest speakers: Dr. Patch Adams, The United States Surgeon General, and other medical community representatives. If the Society is chosen as best in one of five categories, their work will be published in the *New Physician* quarterly publication as well as the websites of the *National Institute of Health* and *The Center for Disease Control*.

We will keep you posted on the future of the Pre-Medical Society. Keep an ear out for their next class of instruction...It is offered free! For more information on CPR classes, contact Ed Fry, Educational Chair Nova Pre-Medical Society at: fryedmun@polaris.acast.nova.edu.



Campus Life



Storytelling with N.A.T.U.R.E.

by Angelique Nixon
Contributing Writer

Nova's Advancement Towards Understanding & Researching the Environment (N.A.T.U.R.E.) participated in the very successful 2nd annual Unity Week from February 15th to 20th. As well as helping with all the activities during that week, N.A.T.U.R.E. sponsored a CoffeeHouse with Native American Storytelling on February 18th, celebrating diversity in The Flight Deck. A de-

lightful storyteller, Carole Cyprus, from the Seminole Indian Tribe of Florida, presented an

enchanted evening full of tribal tales and stories. Carole shared stories from her childhood and those passed down to her by her family and friends. She intrigued and lead us into the Seminole World with her enchanting stories.

N.A.T.U.R.E. transformed The Flight Deck into an array of night time motifs accented by tribal sounds and incense smells, with a relaxing coffee house atmosphere. We had a fantastic turn out and everyone seemed to have a great time.

Most importantly, we all gained a little wisdom, joy, and sadness from our storyteller, as she shared with us many intense, funny, happy, sad, and inspirational stories. Throughout the evening, we all enjoyed delicious appetizers, desserts, coffee, and many other scrumptious

items. Everyone left with small gifts from N.A.T.U.R.E. of incense and candles. This is our 4th CoffeeHouse and we intend to have many more in the future.

We would like at this time to thank the Unity Week Committee, The Flight Deck, SALSA, ISA, IMAN, RSA, *The Knight Newspaper*, NSU "Knight Time" Radio, Residential Life, CEC, NSUSGA, and Student Life for their dedication to making Unity Week a success and helping to prove that clubs

and organizations can unite on campus! Let us ensure that events such as those during Unity Week are en-

couraged and supported in the future.

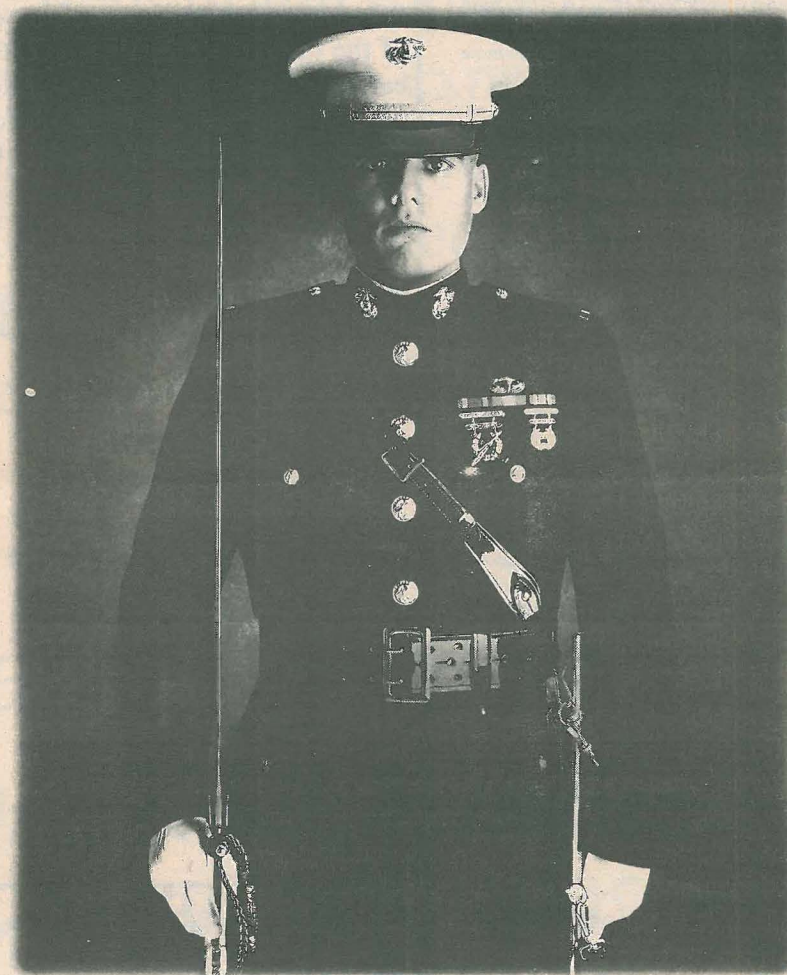
If you are interested in joining the N.A.T.U.R.E. club or you would like to see our campus become more "environmentally friendly", please feel free to attend our meetings every Wednesday at 5pm in The Flight Deck. Our meetings are open to everyone, and we always welcome new ideas and suggestions. Our mission statement is: "To change the world one activity, one animal, one person at a time."

Nature and the Environmental Awareness Committee are planning a huge Earth Day Celebration on April 22nd with a tree planting and a vegetarian BBQ. Look for further information about Earth Day and other N.A.T.U.R.E. events in *The Knight Newspaper* or you can e-mail us at nature@polaris.nova.edu.

"To change the world one activity, one animal, one person at a time."

Nature and the Environmental Awareness Committee are planning a huge Earth Day Celebration on April 22nd with a tree planting and a vegetarian BBQ.

IN MANY COMPANIES IT TAKES YEARS
TO PROVE YOU CAN LEAD...



WE'LL GIVE YOU 10 WEEKS.

Ten weeks may not seem like much time to prove you're capable of being a leader. But if you're tough, smart and determined, ten weeks and a lot of hard work could make you an Officer of Marines. And Officer Candidates School (OCS) is where you'll get the chance to prove you've got what it takes to lead a life full of excitement, full of challenge, full of honor. Anyone can say they've got what it takes to be a leader, we'll give you ten weeks to prove it. For more information call 1-800-MARINES, or contact us on the Internet at: www.Marines.com

Marines

The Few. The Proud.

MARINE OFFICER



Campus Life



Clubs and Organizations

from page 2

Nova's Advancement Towards Understanding and Researching the Environment (NATURE)

The mission of this organization is to change the world one activity, one animal, one person at a time. Meetings are held Wednesdays at 5:30 p.m. in The Flight Deck conference room. Contact Angelique at nixonang@polaris.nova.edu for more information.

Nova Southeastern Undergraduate Student Government Association (NSUSGA) Senate

Meetings are held Sundays in The Flight Deck's red room at 2:30 p.m. All students are welcome! Please contact the NSUSGA at nsusga@polaris.nova.edu for more information.

Pan-African Student Association (PASA)

Meetings are held Tuesdays at 5:15 p.m. in The Flight Deck's green room. Please contact Latoya at willlato@polaris.nova.edu or Tamara at sandstam@polaris.nova.edu for more information.

Pre-law Chapter of Phi Alpha Delta Law Fraternity (PAD)

Do you want to experience fraternalism? Do you want to go to law school? Are you taking the LSAT? or, Are you interested in pursuing a law related career? Check out Phi Alpha Delta Law Fraternity International. This organization is a national coed pre-law fraternity that is open to any student, regardless of their major. For more information contact President Larry Williams at willlial@polaris.nova.edu, or Catherine at travers@polaris.nova.edu.

Phi Sigma Sigma

This organization is a national sorority. Please contact Erin at mcdoneri@polaris.nova.edu for more information.

Pre-Med Society

Contact Renee at premed@polaris.nova.edu for more information.

Psychology Club

Meetings are held every other Monday at 5 p.m. in The Flight Deck's green room. Please contact Michele at (954) 217-9767 for more information.

Resident Student Association (RSA)

Meetings are held Sundays in the Goodwin Residence Hall classroom at 9:15 p.m. Contact Jennifer at whitesel@polaris.nova.edu for more information.

Spanish and Latin Student Association (SALSA)

This organization is open to anyone who wants to learn about the Hispanic heritage, customs, and lifestyles. Meetings are held Friday nights at 7 p.m. Contact Erick at torreser@polaris.nova.edu for more information.

Sigma Alpha Mu

This organization is a social fraternity. Contact Adam at bensona@polaris.nova.edu for more information.

see CLUBS on last page

Basic Life Support Education Day: Breaking the Four-Minute Barrier

by Ed Fry

Educational Chair,
N.S.U. Pre-Med. Society

Following strict accordance of the American Heart Association, public education is an essential step to reducing heart disease. The steps of the chain of survival insure that early access and advanced life support enroute to a victim of sudden illness. Combined with early bystander CPR, chances of surviving a cardiac arrest are greatly increased. When all factors of the chain of survival are tied together,

On average,
irreversible
brain damage
will occur
within 4-6
minutes
(according to
the American
Heart
Association).

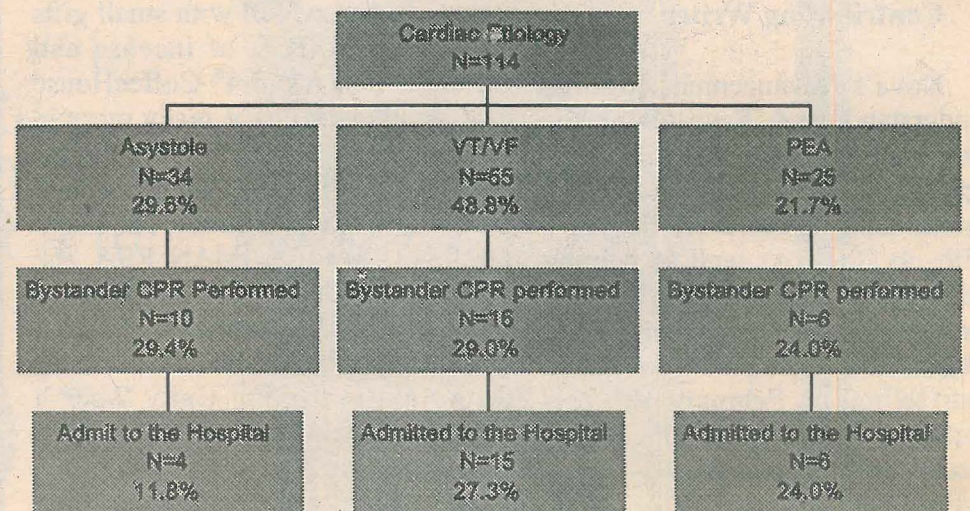
individuals that fall victim to a heart attack have a greater chance of walking out of the hospital and returning home where they belong.

Everyday frantic 9-1-1 calls are received from bystanders and family members of acutely ill patients. Many times the call is for a patient that is unresponsive and without a pulse. My question is: "What would you do?"

According to statistics gathered from Broward County Fire Rescue, patients who have an acute cardiac arrest and receive on scene care (ROSC) by bystanders stand a much better chance of survival than patients who do not receive care until the paramedics arrive. On average, irreversible brain damage will occur within 4-6 minutes (according to the American Heart Association).

see THE FOUR on page 7

Broward County
Registered Cardiac Arrest
by Rhythm



MCAT

Get the Inside Word
on Medical School
Admissions from
an Expert...



Informational seminar with the former
Asst. Dean of Admissions at
University of California,
San Diego School of Medicine,
Maria Lofftus, JD

Topic: Med School Admissions

Date: April 6th

Location: Nova Southeastern
University, Mailman Bldg. Room 309

Time: 5pm

KAPLAN

1-800-KAP-TEST
www.kaplan.com

Sponsored
by Kaplan,
the world leader
in MCAT
preparation



summer's almost here

PREPARE FOR A CAREER WITH A SUMMER INTERSHIP OR CO-OP

At the Career Resource Center
there are listings, links, and
positions available online and
in our resource library.

**Here's a small sample of
what's available right now!!**

Pro Player Stadium, Human Resources Intern
Robert Half International, Internet Recruiter
Baby Guess, Assistant to Vice-President of Sales
Heffernan Interactive Inc., Field Market Intern

Come in and explore the opportunities.

Career Resource Center Horvitz Administration Building
(954) 262-7201 www.nova.edu/cwis/crc



Campus Life



The Wellness Center's Safer Sex Survey Results

by Jen Lenz

Contributing Writer

The Wellness Center and S.H.A.P.E. organized many events for Sexual Responsibility Week, which was February 8-12. They dedicated the week to educating students about safer sex by organizing information tables and events. However, in order to organize an event to fit the needs of the campus community, it is important to understand behaviors and attitudes towards condom usage and risky behaviors. The Wellness Center anonymously surveyed 143 students in the Goodwin Residence Hall to find out exactly how safe these residents were when engaging in sexual activity. The results were as follows: (NOTE: N/A represents "Not Applicable")

	YES	NO	N/A
1. Have you ever had sexual intercourse?	77.6%	21.7%	<1%
2. Have you ever had sex without a condom?	48.3%	26.6%	25.2%
3. Do you use condoms consistently?	53.8%	40.6%	5.6%
4. Do you use any other form of Birth Control?	32.6%	40.6%	27.3%
5. Has alcohol or any other drug ever affected your judgement on whether or not to have sex/use a condom?	33.6%	64.3%	2.1%
6. Do you use condoms during oral sex?			
ALWAYS	4.9%	SOMETIMES	8.4%
NEVER	82.5%	N/A	4.2%

7. How would you rate your probability of contracting HIV, the virus that causes AIDS?

	STUDENTS' RESPONSES
Less than 25%	92.3%
25%-50%	4.9%
51%-75%	2.1%
76%-100%	<1%

8. How often do you get tested for Sexually Transmitted Diseases?

Every 6 months	12.6%
Every year	16.1%
Every 2 years	3.5%
Do not get tested regularly	65%
N/A	2.8%

FREE ANONYMOUS HIV TESTING COUPONS AND CONDOMS ARE AVAILABLE AT THE WELLNESS CENTER.

For more information please call the Wellness Center at 262-7040, or stop by the Farquhar Center Annex rooms 101-104.

After compiling the results, it seems that students continue to take risks and are not always practicing safer sex. Forty-eight percent of the people surveyed admitted to having sex without a condom, and 33% say that alcohol or drugs has affected their judgement about sex and using a condom in the past. Still, with these results, 65% of the

students surveyed do not get tested regularly for HIV.

We hear people say all the time that they know how to protect themselves and are aware of the risks with HIV/AIDS. However, from the results of this survey, it is apparent that people *are not* taking all of the necessary precautions to defend themselves against pregnancy, contracting sexually transmitted diseases, or the AIDS virus. Events, such as Sexual Responsibility Week, are a necessity on college campuses to inform the misinformed and to remind those, who are simply not taking precautions, to protect themselves.

For those of you who do not get

tested regularly and have engaged in risky behavior, you can get free HIV testing coupons from the Wellness Center. The Wellness Center provides free condoms and has a wealth of information on safer sex. In addition, condoms are available in the Goodwin Restrooms. Ask your RA for more details. For more information on the Wellness Center's services, or if you have any questions, please feel free to call us at 262-7040. It's better to be safe than sorry!



NOVA SOUTHEASTERN UNIVERSITY

Nova Southeastern University

invites you to the

Festival of the Future

featuring

A Virtual Reality/

Interactive Groundbreaking

for the new

Library, Research,

and Information Technology Center

Tuesday, March 30, 1999 • 4:00 p.m.
R.S.V.P. 262-2116

West of the William and Norma Horvitz Administration Building

NOVA
SOUTHEASTERN
UNIVERSITY

3301 College Avenue
Fort Lauderdale, Florida 33314-7796

Attention Teachers!

City of Pembroke Pines, located in Ft. Lauderdale area, is opening a Charter Middle School this fall and is hiring certified teachers in all areas through Vincam, a professional Employer. The Charter Elementary School also has several openings. We offer a complete benefits package including 401K, and the chance to make a difference in a new environment with a new educational concept.

For More Information,
Call Mrs. Terry at
(954) 437-1111 or
Fax your Resume to
(954) 437-1117

TEACHERS - ALL
AREAS
MEDIA SPECIALIST

Campus Life

The Four-Minute Barrier Could Save Your Life

from page 4

The best chance to keep vital organs alive, specifically the heart and brain, is through the administration of cardiopulmonary resuscitation (CPR) within four minutes of onset. This is what the Nova Southeastern Pre-Med. Society set out to do.

In September 1997, the Society hosted its first "Basic Life Support Education Day" to educate its membership in basic life support. Within a year, the newly trained basic life support providers became basic life support instructors. Thanks to the American Medical Student Association, Broward County Fire Rescue training center, and Merck, we are now in our second phase of this "Basic Life Support Education Day Community Project."

As Basic Life Support Instruc-

tors, Nova's Pre-Medical Society members are educating the public about heart smart diet, the that can contribute to the heart attacks, stroke, atherosclerosis; and the key steps, or "Chain of Survival," to aid a bystander or family member when faced with a medical crisis.

Today, the Nova Chapter boasts 25 CPR instructors and has educated over individuals. Included are firefighters, Lifeguards (Ocean, lake and pool), nurses, Nova Students, and on occasion, faculty members of Nova Southeastern. It was an honor to teach those that have gone to great lengths to educate us!

Make a difference in someone's life - learn CPR. If you know CPR, please teach someone else. The life they save may be your own!

Campus Life Activities & Announcements

WIN NOVA BUCKS!! Feeling creative? Want to earn 500 NOVA bucks? It's a contest! The Undergraduate Dean's Office is now accepting suggestions for the 1999 Orientation theme. The orientation theme is used to support publications and program design for entering new students. Theme ideas can be submitted from now through noon on March 24, 1999. Simply send an email with your theme suggestion (with your name and address) to 'orientinfo'; or drop off your theme suggestion (with your name and address) at the Rosenthal Student Center. The winning selection will be announced at the TGIF program on Friday, March 26 and will earn the author 500 NOVA bucks! Contact the Dean's Office (x8408) for more information. Send in your theme ideas today!

Scholarship applications for the 1999-2000 academic year are now available. Contact your academic advisor for an application. The deadline to apply is April 1, 1999.

FIU Poetry Night at the Warehouse, Saturday, April 3rd, and every first Saturday of the month. The Warehouse is located just West of Young Circle in Hollywood, on Hollywood Blvd. The open mike reading begins at 7:30 p.m. Everyone is welcome. Even fiction writers, memoirists, and bicycle manufacturers. The Warehouse offers fine food and drink as well as leather goods (and I'm not talking suitcases). And books, too. Plus you get to read your stuff to people who actually care. We love you, man. Really. Questions? Call Jesse at (954) 921-3942.

see CAMPUS on page 9



Mama Mia
ITALIAN
RESTAURANT

5195 S. University Dr.
434-0281

A PERSONAL MESSAGE

After 5 wonderful years Al and his Family want to thank you for making us still your family restaurant. Please come back again and be part of our family.

NEW LUNCH BUFFET

\$4⁹⁵

12 NOON - 2 PM

Includes:

Salad Bar, 4 Hot Trays,
Pizza & Beverage

We offer a 10% discount with a student ID

By one dinner at regular price and get 2nd dinner (equal or lesser value) Half Off
(not valid with Early Bird or other offer)

KIDS FREE MONDAY
12 and Under One Child per Adult

Couple Night
(Tuesday)
2 Pasta Dishes for \$12.95

Soup and Salad Beverage Included

CATERING
FOR ALL
OCCASIONS

HAPPY HOUR
2 FOR 1
4-7 PM

ONE Complimentary Glass of House Wine
with this ad (with a purchase of a dinner entree) Max. 2 glasses per ad

10% OFF
Senior Citizens



2895 DAVIE RD.

(Located just off I-595
on Davie Rd. at Nova Drive)

Gotta Love That Taste!

ALWAYS FRESH-MADE TO ORDER

BREAKFAST SPECIAL

2 / \$2.00

Sausage & Egg Breakfast Sandwich

Davie location only. Valid with coupon only.
Cannot combine with any other offers. Exp. 5/31/99

SANDWICH SPECIAL

2 / \$2.00

Chesseburger Deluxe

Davie location only. Valid with coupon only.
Cannot combine any other offers. Exp. 5/31/99

Greek Life

Sorority Election Results

ΔΦΕ

Delta Phi Epsilon is proud to announce the results of their 1999-2000 elections:

President-Trudy Hartje	Athletics-Yessenia Gomez
VP of Operations-Stefanie Maltese	Fundraising-Lucia Pantoja
VP of Programming-Amiee Algieri	New Member Educator-Tina Politis
VP of Membership Development-Nikki Cazzalino	New Member Educator Assistant-Megan Connors
VP of Recruitment-Michelle Hansley	Pearl Coordinator-Tara Stankiewicz
VP of Academic Affairs-Vanessa Leret	Alumni-Zena Therrien
Treasurer-Rocio De Ojeda	Sargeant of Arms-Laura Prill
Secretary-Melissa Hellerman	Ritualist-Christa Whitter
Historian-Melissa Fogle	Rush-Laura Prill
Risk Mgmt-Megan Greenberg	Public Relations-Megan Connors
Sisterhood- Megan Greenberg	Parent Relations-Marya Kosenkov
Sunshine-Heather Goobie	Scholarship-Carolyn Qubeck
Self-Tara Stankiewicz	Social-Zena Therrien
Community Service-Beth Bledsoe	Senior Coordinator-Lucia Pantoja
	Special Events-Rocio DeOjeda

The sisters of Delta Phi Epsilon would like to commend their sisters for all of the hard work and devotion put forth this year. A special goes to this year's executive board, led by Andrea Solheim, for their perseverance, commitment, and love for their sisters of ΔΦΕ!

ΦΣΣ

Recently a new group of women joined Phi Sigma Sigma. Thanks to Erin McDonald and the rest of this year's officers for their hard work and dedication. Good luck to the new board!

The sisters of Phi Sigma Sigma would like to announce the results of their recent elections:

Archon- Krista Kepple
Vice Archon- Jennifer White
Bursar- Lisa Meadows
Scribe/Tribune-Jennifer DeJong
Member-at-Large- Dana Schulman
Recruitment Chair- Camille Cuifo
New Member Orientation Chair- Traci Maynard
Panhellenic Delegate- Jennifer DeJong

Congratulations to our newly initiated Sisters:

Jennifer White
Krista Kepple
Traci Maynard

Congratulations to our new members:

Sarah Burrows, Janelle, Alma & Alyson Dion

STUDENTS & FACULTY COMPUTERS

Refurbished with warranty

**BUY
TODAY**

OR

**RENT FOR
\$69/MONTH**

IBM & COMPAQ

DESKTOP

PENTIUM 60 TO 166
\$299 TO \$399

LAPTOP

486 TO PENTIUM 120
\$599 TO \$749



Free Home Setup

(305)682-1907

COLLEGIATE COMPUTERS

NOVA ISA Presents... UNIVERSITY NIGHT

Thursday, March 25, 1999

(595 & Pine Island)

Hip-Hop
Reggae
Salsa
Old School
Bhangra
Soca

\$7 Cover

9pm until 11

Proper Attire

For Info: 954.293.0589

www.nova.edu/~isa

9020 State Rd. 84

Davis, Florida

In the Pine Ridge Plaza

near AMC Movie Theater

Interested in Writing for the Newspaper?
Interested in Minor in Communications?

Take Intro to Journalism in Fall 1999
with *The Knight Newspaper's* very own
Faculty Advisor, Ms. Caroline Geertz!

Tell your academic advisor that you want class
COMM 2110 2D1 on Mondays, Wednesdays, and
Fridays from 10:10 - 11:50 a.m.

This eight-week class begins in August.
Sign up NOW and your articles are *almost*
guaranteed to get published!

Greek Life

Fraternity Election Results

ΣAM

Sigma Alpha Mu would like to announce the results from their recent elections.

Shawn Mostal will be the new President, and **Craig Dean** will take over as the new Vice President.

The brothers of ΣAM would like to extend their gratitude to Adam Benson for all of his hard work and dedication for the past two years.

ΒΘΠ

The Brothers of ΒΘΠ would like to congratulate the newly elected executive board for next year:

Jared Tacher- President
Jedd Soto- Vice President
Christopher Zapalski- Treasurer
Jen Joseph- Corresponding Sec'y
Andrew Sacher- Rush
Chris Blackwell- Pledge Educator
Roger Roa- Recording Sec'y

ΘΔΧ

Theta Delta Chi would like to congratulate their brothers into their newly elected positions. They would also like to thank Charlie Miller for all his dedication and hard work.

Doug Grosso- President
Nick Claudio- Vice President
Shane Solheim- Treasurer
Joe Virginio- Secretary
Eric Mikolitch- Rush
Julio Buenano- Social Chair

Campus Activities

from page 7

FREE CONTEST: You could be a guest DJ on NSU "Knight Time" Radio, 88.5 FM. Email at WNSU@polaris.nova.edu and tell us why you want to be a disc jockey along with the names of your five favorite bands. You could be on the air, playing your favorite music for millions of listeners. This contest is open to all NSU faculty, students, and staff. You must be available Tuesday nights from 9-10 p.m.

Now Hiring! Orientation Leaders are wanted for this summer. Leaders receive a free three-credit class at NSU for the 1999 Fall Semester. Stop by the Student Life Office in the Rosenthal Student Center or the Dean's Office in the Mailman Building for an application. Applications are due March 24th.

To all ΒΘΠ Alumni: The Nova Southeastern University, Zeta Mu Chapter of ΒΘΠ is widening its Alumni contact base. We are very interested in meeting and keeping our local alumni informed of our activities. If you are a ΒΘΠ Alumni and you want to be involved in our chapter's alumni activities or simply want to know more about us, please contact us. You may call Norbert Pratts, Chapter President, at (954) 747-3941 or Fabio Moura, Alumni Chair, at (954) 438-8480 or (954) 222-8784 (beeper). The Brothers of ΒΘΠ, Zeta Mu Chapter hope to hear from you soon.

If you know of an activity that you would like printed in this column, please contact Alyson at theknight@polaris.nova.edu.

ΣAE

A New Fraternity at NSU

by **Marya Kosenkov & Megan Greenberg**
 Contributing Writer and Greek Life Editor

The Greek system at NSU is proud to announce the addition of a new Fraternity on campus. After careful consideration, the Inter-Fraternal Council (IFC) decided that the new fraternity, Sigma Alpha Epsilon (ΣAE), could join NSU's Greek system.

Sigma Alpha Epsilon is the largest fraternity with 220 chapters in the United States and Canada.

This chapter at NSU will be known as the Florida Nu chapter. The installation of the new colony at NSU took place on Saturday March 13, 1999. It is with great delectation that the founding father class of Sigma Alpha Epsilon - Florida Nu Chapter at NSU is:

Robert Reyes- Eminent Archon
Mike Gable- Eminent Deputy Archon
Chris Liese- Eminent Treasurer
Ryan McGee- Eminent Recorder
Nick Zagaria- Intramural Chairman
Joe Salpietro- Rush/Social Chairman
Marc Cesario- Risk Management Chairman
Terry Weech- Pledge Educator
Edmond Fry- Warden
Angel Sanchez- Eminent Chronicler/ Correspondent
Shawn Parkoff- Philanthropy Chairman
Francisco Gonzalez
Jason Major
Matthew Brown
David Marzouca

SUMMER JOBS

Site and Trip Supervisors
 \$10-13/hr

Unit and Rec Leaders
 \$6.50-8/hr

Water Safety Instructors
 \$10.28/hr

Lifeguards
 \$9/hr

Summer camp jobs at City of Pembroke Pines through Vincam, a professional employer. All positions require H.S. diploma and 1+ yrs. experience. WSIs and lifeguards must have ARC lifeguard training cert., ARC or American Heart Association CPR and ARC First Aid Card. WSIs must also be ARC

WSI certified.

Fax Resumes to
Mr. Richard at
(954) 437-1117
or Call
437-1111

Entertainment

“The Other Sister” Is Another Hit For Director Garry Marshall

by Deana Daneau
Entertainment Editor

On February 26, Buena Vista Pictures released their newest romantic comedy, *The Other Sister*, which ranked as one of the top three highest grossing films of that weekend. For writer/director Garry Marshall, this is great news; but it's not a surprise to those who know and love his work. Industry veteran Marshall achieved success with TV's *Happy Days* and *Laverne & Shirley* and stabilized his film career with heavy hitters like *A League of Their Own* and *Pretty Woman*. As for *The Other Sister*, Marshall handles some difficult subject matter with a familiar comic sensitivity that qualifies this film as some of his best work yet.

The Other Sister is the story of Carla Tate (Juliette Lewis), a young retarded woman, returning home from a long stay at a special boarding school. Carla dreams of independence and a “normal” life and struggles to gain the support of her overprotective mother, Elizabeth (Diane Keaton). Carla's determina-

tion to live on her own and succeed at vocational school forces her family to acknowledge her abilities and desires, and to face their own fears of letting go. While on her quest for self-fulfillment, Carla falls in love with Danny (Giovanni Ribisi), a mentally challenged school mate, who shares her dreams of conquering life's roadblocks.

Lewis' portrayal of Carla is nothing less than outstanding. Facial expressions, outbursts of emotions, and even her character's speech impediment are all right on the money. As of late, Lewis has let it be known that this is her first film since completing a drug rehabilitation program. She was able to commit herself to her craft and to this character as clean, sober, and lucid and the results clearly paid off. Also worthy of praise is Giovanni Ribisi in the role of Danny. Ribisi's portrayal is intense, yet sensitive, funny, and yet tear-jerking. He compliments Lewis' Carla as Fred does Ginger. The supporting roles of Diane Keaton and Tom Skerritt as Carla's parents are also played with a range of emotion and sensibility.

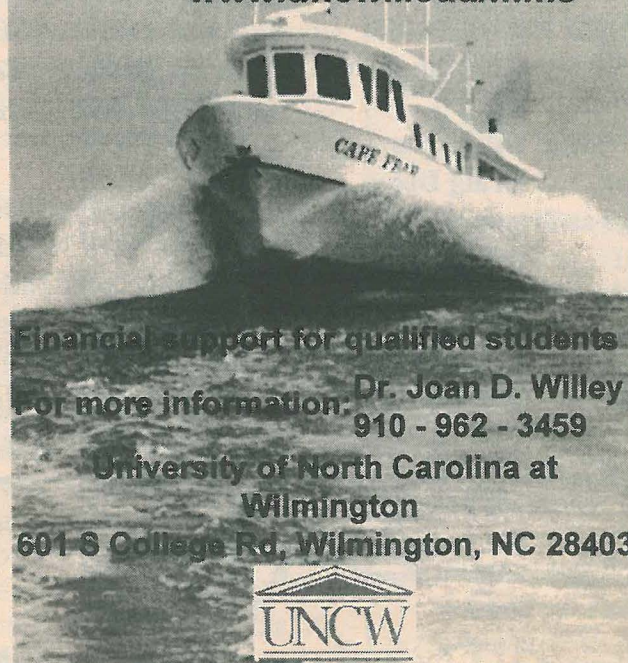
The Other Sister is a delightful romantic comedy that deserves official recognition of the talent that makes it so special. Collaboratively, everyone involved sets forth the message that the Carlas of this world are worthy of self-fulfillment, recognition of their achievements, and love.

Perhaps next year *The Other Sister* will be recognized with love from the Academy of Motion Pictures and Science.



Study Marine Science at UNCW!

New interdisciplinary Master of Science degree program seeks applicants with undergraduate degrees in the natural sciences and math
www.uncwil.edu/mms



Financial support for qualified students

For more information: Dr. Joan D. Willey
910 - 962 - 3459

University of North Carolina at
Wilmington
601 S College Rd, Wilmington, NC 28403



10% OFF WITH THIS COUPON



CUBAN CUISINE

CASA ROMEU RESTAURANT

4801 S. UNIVERSITY DRIVE
(954) 434-8454

COME AND VISIT US IN THE ATRIUM CENTER
ONE BLOCK SOUTH OF GRIFFIN ROAD ON UNIVERSITY DRIVE

TRY OUR CUBAN BUFFET - MONDAY THRU FRIDAY

LUNCH BUFFET.....\$5.95

ALL YOU CAN EAT FROM 11:AM-2:30 PM

DINNER BUFFET.....\$9.95

FRIDAY THRU SUNDAY

DINNER A LA CARTE WITH OVER 40
SELECTIONS

FULL BAR

Editorials

A Legacy of Terror

by George Wentland
Contributing Writer

The memories that I have retained from very early childhood are vivid. I am going to share with you one of those memories in the hope that your son or daughter might not have to relive my nightmare. My father was a very abusive man, and this abuse has had its affect on me. The experts say that abusive families are likely to raise abusive children. A study in 1987 by Kaufman and Zigler reported that thirty percent of abused children become abusers by "learned behavior." My father set an example for me that I could never follow. When someone says,

"you remind me of your father," I become nauseated. The following is a recount of one incident out of many:

It was in the summer of my fifth year, and I was just waking from an afternoon nap. I lay in bed listening for the sound of my parents moving around the house, but I could hear no sound. The thought hit me; I am

A study in 1987 by Kaufman and Zigler reported that thirty percent of abused children become abusers by "learned behavior."

alone. I do not want to be alone! The fear rose inside me, approaching a near panic state. I was alone! What will I do? I leaped out of bed and ran

through the house. No one was there. I did a thorough check of the house including my parent's bedroom, which was off limits. Then the thought occurred to me; maybe they are next door with some of their friends. I decided to try to find them.

I went to the rear entry door. There was a deadbolt lock on that door, which was just out of my reach. I dragged a kitchen chair over and placed it against the door. I climbed onto the chair and tried to turn the deadbolt. The deadbolt

would not turn. I mustered all my strength, clenching my teeth; I gave it my best effort. It opened. I was free! I ran down the steps and over to the neighbor's house. My parents were playing cards with their friends. I approached my father, drying the tear running down my cheek.

My father was a very large man; he stood six feet, five inches tall and weighed about 350 pounds. He was sitting at the table with a look on his face that silently said, "what are you doing here?" I whimpered, "I was afraid. I didn't know where you and mama were." My father said, "go cry at home and don't bother us no more!" He turned away from me,

when I left. I did not have the key. I would have to go back to the neighbors and face my father, and I knew there was going to be trouble.

As I entered the neighbor's house, my father said, "What are you doing here? I thought I told you to go home and cry." I replied, "I locked myself out of the house." The tears were rolling down my face, as

The tears were rolling down my face, as I saw the anger well up inside this man that I called daddy.

from previous page

Three main areas of occupation that are concerns of OT include work, play, and Daily living skills. Ask a physical therapist that has been working a few years, how to teach a stroke patient how to eat, dress, or bathe. They will not be capable of giving you an educated answer. Simply because they are not specialist in this area.

So the next time you or one of your family members goes to a hospital or rehabilitation clinic, make sure the treatment provided is from an appropriately trained health professional, and not from someone who claims to "know it all".

I saw the anger well up inside this man that I called daddy. He stood up, grabbed my arm in his vice-like grip, and quickly dragged me out the door. After he dragged me down the neighbor's porch steps, he released my arm. This mountainous man looked down at me yelling "get your ass moving!" I started to run for the house. Suddenly I felt the impact of his foot on my buttocks. I was knocked down, driven face first into the dirt and gravel drive. I got to my

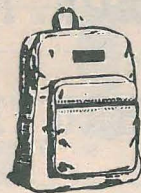
feet quickly, screaming, spitting gravel and blood from my mouth, and running for the safety of my home. This man relentlessly kicked me as he pursued me to the door.

Arriving at my house, I saw two of my best friends staring at me, mouths agape with astonishment. They had come to play with me. I felt embarrassed that they had to witness my punishment. My father caught up to me. Ignoring my friends, he grabbed me by the arm again and unlocked the door. As he

see THE TERROR on page 18

**WE WROTE THE
BOOK ON SAVINGS**

LOTS A
COOL
SHOES!



JANSPORT

BOOK
BAGS From
14⁹⁹

PAINTBALL

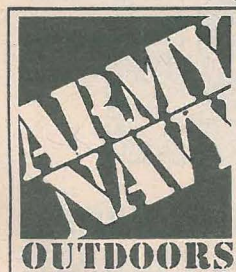


**SALES
AND
REPAIRS ON ALL
MAKES & MODELS**

SKECHERS

Merrill

WOLVERINE



N. LAUDERDALE
1701 SOUTH STATE RD. 7
Between Commercial & McNab Rd.

(954) 973-6289

SAWGRASS MILLS

ACROSS FROM THE
HURRICANE FOOD COURT
(954) 846-1000

**BDU
CAMO**
CHOICE OF
CAMO, BLACK,
NAVY, GREEN,
OD, URBAN,
SKY BLUE

DAVIE
4130 DAVIE ROAD
Downtown Davie
(954) 584-7227



It's not just a store... It's an Adventure!



GERONIMOS

CASUAL GOURMET GRILL & BAR
WWW.GERONIMOSBAR.COM

**FRESH FOOD PREPARED
BY CHEF NAUGHTON**

**ESCARGOT BLEU' BAGUETTE
STIR FRY FETTUCINE
BABY BACK RIBS
FRESH SEAFOOD
TOP SIRLOIN**

OPEN FOR LUNCH 11:30 AM TO 5:00 PM MON. THRU SAT.

DINNER 5:00 PM TO 10:00 PM SUN. THRU THURS.

TILL 11:00 PM FRI. & SAT.

**LOOK FOR OUR LIVE MAIN LOBSTER SPECIALS
&**

COMPLETE DINNERS FROM \$6.95 TO \$11.95

FULL LIQUOR BAR

**& THE LARGEST LATE NIGHT MENU
IN FT. LAUDERDALE TILL 4:00 AM**

NIGHTLIFE

**DRINK SPECIALS, LIVE D.J., & DANCING
10:00 PM TILL 4:00 AM 7 DAYS A WEEK**

3528 SOUTH UNIVERSITY DRIVE DAVIE, FL 33328

LOCATED 1 MILE SOUTH OF I-595 IN THE UNIVERSITY PARK PLAZA

PHONE: 954-474-9998 FAX: 954-474-7234

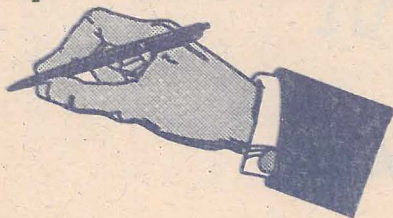
Editorials

Ignorance Can Only Lead To Failure

by Angel E. Sanchez
Editor in Chief

On Tuesday, March 9, the debate for the 1999-2000 Student Government for the undergraduate program took place in front of the Parker Building around noon. This was done so students can see who is running and make the right choice as to whom they want to vote for. Unfortunately, some students do not seem to care about who becomes the new SGA president. Most likely these students are the ones that will complain and demand changes once the election process has taken place and throughout the president's term in office. These students interrupted the debate by being loud and rude. A couple of times they were asked to be quiet, but they made remarks and continued with their loudness.

There were a lot of students present that were interested in hearing what both parties had to say; unfortunately, they were unable to because of those loud students. For those students, who plan to go into the "real world," my suggestion to you is to learn to have some respect for fellow students and peers. Those who listen and pay attention to what is happening around them can make changes and succeed in life. Ignorance can only lead to failure, and last time I checked, NSU does not teach that. Therefore, take a step back and take advantage of your education to make a difference on campus.



You're Not an Occupational Therapist? Then What Are You?

by Daniel D. Morrell, MOTS,
Contributing Writer

Pretend you walk into a hospital or a rehabilitation clinic and you are in desperate need of treatment. You ask for someone that can help you with your problems and treatment is given. Later you find out that while a specialist is treating others, another person representing a different profession had treated you. Are you shocked or amazed? Don't be, this happens daily all across the United States.

I recently worked for a local health careers camp that gave a large number of underprivileged high school students a chance to learn more about the health professions. Many of these students are members of low-income families that can not provide educational opportunities for their career-seeking children. This camp is an opportunity for these children to see what jobs are available and to learn what it takes to be a doctor, therapist, nurse, dentist, optometrist, pharmacist, and many more.

While traveling to different hospitals and clinics, I had an opportunity to hear what each profession had to say about their field of study/career. One thing that was very disturbing to me was the fact that many professionals are crossing the boundaries of treatment and providing care to an individual as if they are capable to fill the shoes of multiple trained specialists. At one lecture, I heard a Nurse Practitioner describe why these young teenagers should not waste so many years of medical school training to become a doctor when they can become a Nurse Practitioner and provide the same care. Obviously, a Nurse Practitioner does not have the training that an Osteopathic Physician (DO) or Medical Doctor (MD) has, but this Nurse Practitioner claims to be able to provide 99% of the care

needed without the years of training. I don't know about everyone else, but I would rather a skilled specialist treating me than a "Jack of all trades" with less training.

Recently, the physical therapy profession claims they can provide treatment in activities of daily living (ADLs) where Occupational Therapy (OT) has been specializing for nearly a century. This reminds me of the nurse practitioner. It is fearful to think that these professions are looking towards expanding their job security by claiming to provide the treatment abilities of other specialists that are trained more in that specific area. Occupational Therapy is concerned in the area of occupation and independent functioning. OT is needed when a person is having difficulty maintaining independent living. In other words, when a

person can not wash, eat, dress, or toilet themselves, they would see an Occupational Therapist for treatment. For years Occupational Therapists have been educated and trained to treat these individuals and the training needed as evolved with the changes in time. This is what makes Occupational Therapists specialists in their field. Occupational Therapy has been treating patients of mental health, physical disabilities, pediatrics, and geriatrics with those skills needed for independent functioning. These skills pertain to those tasks that enable us to live our lives and be part of society. Occupation is described as the activity of humans that includes serious, productive pursuits and playful, creative, and festive behaviors" (Willard and Spackman, 1993).

see HEALTH on next page

GET RELIEF FROM... STRESS, MUSCLE TIGHTNESS, PAIN

**DR. JERRY D.
FRIEDMAN D.C. R. Ph**
Chiropractic Physician

OFFICE LOCATED IN THE
ARROWHEAD SHOPPES
Minutes from the campus

SPECIAL STUDENT RATES

ALL INSURANCE ACCEPTED (EXCEPT HMO'S)
EVEN IF NOT IN THE "PLAN BOOK"

236-2366

Editorials

A Legacy of Terror

by George Wentland
Contributing Writer

The memories that I have retained from very early childhood are vivid. I am going to share with you one of those memories in the hope that your son or daughter might not have to relive my nightmare. My father was a very abusive man, and this abuse has had its affect on me. The experts say that abusive families are likely to raise abusive children. A study in 1987 by Kaufman and Zigler reported that thirty percent of abused children become abusers by "learned behavior." My father set an example for me that I could never follow. When someone says,

"you remind me of your father," I become nauseated. The following is a recount of one incident out of many:

It was in the summer of my fifth year, and I was just waking from an afternoon nap. I lay in bed listening for the sound of my parents moving around the house, but I could hear no sound. The thought hit me; I am

A study in 1987 by Kaufman and Zigler reported that thirty percent of abused children become abusers by "learned behavior."

alone. I do not want to be alone! The fear rose inside me, approaching a near panic state. I was alone! What will I do? I leaped out of bed and ran

through the house. No one was there. I did a thorough check of the house including my parent's bedroom, which was off limits. Then the thought occurred to me; maybe they are next door with some of their friends. I decided to try to find them.

I went to the rear entry door. There was a deadbolt lock on that door, which was just out of my reach. I dragged a kitchen chair over and placed it against the door. I climbed onto the chair and tried to turn the deadbolt. The deadbolt

would not turn. I mustered all my strength, clenching my teeth; I gave it my best effort. It opened. I was free! I ran down the steps and over to the neighbor's house. My parents were playing cards with their friends. I approached my father, drying the tear running down my cheek.

My father was a very large man; he stood six feet, five inches tall and weighed about 350 pounds. He was sitting at the table with a look on his face that silently said, "what are you doing here?" I whimpered, "I was afraid. I didn't know where you and mama were." My father said, "go cry at home and don't bother us no more!" He turned away from me,

when I left. I did not have the key. I would have to go back to the neighbors and face my father, and I knew there was going to be trouble.

As I entered the neighbor's house, my father said, "What are you doing here? I thought I told you to go home and cry." I replied, "I locked myself out of the house." The tears were rolling down my face, as

The tears were rolling down my face, as I saw the anger well up inside this man that I called daddy.

from previous page

Three main areas of occupation that are concerns of OT include work, play, and Daily living skills. Ask a physical therapist that has been working a few years, how to teach a stroke patient how to eat, dress, or bathe. They will not be capable of giving you an educated answer. Simply because they are not specialist in this area.

So the next time you or one of your family members goes to a hospital or rehabilitation clinic, make sure the treatment provided is from an appropriately trained health professional, and not from someone who claims to "know it all".

I saw the anger well up inside this man that I called daddy. He stood up, grabbed my arm in his vice-like grip, and quickly dragged me out the door. After he dragged me down the neighbor's porch steps, he released my arm. This mountainous man looked down at me yelling "get your ass moving!" I started to run for the house. Suddenly I felt the impact of his foot on my buttocks. I was knocked down, driven face first into the dirt and gravel drive. I got to my

feet quickly, screaming, spitting gravel and blood from my mouth, and running for the safety of my home. This man relentlessly kicked me as he pursued me to the door.

Arriving at my house, I saw two of my best friends staring at me, mouths agape with astonishment. They had come to play with me. I felt embarrassed that they had to witness my punishment. My father caught up to me. Ignoring my friends, he grabbed me by the arm again and unlocked the door. As he

see THE TERROR on page 18

**WE WROTE THE
BOOK ON SAVINGS**

LOTS A
COOL
SHOES!



JANSPORT

BOOK BAGS From **14⁹⁹**

PAINTBALL

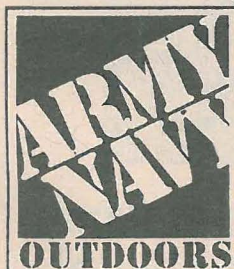


**SALES
AND
REPAIRS ON ALL
MAKES & MODELS**

SKECHERS

Merrill

WOLVERINE



N. LAUDERDALE
1701 SOUTH STATE RD. 7
Between Commercial & McNab Rd.
(954) 973-6289

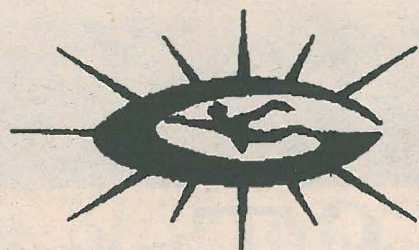
SAWGRASS MILLS
ACROSS FROM THE
HURRICANE FOOD COURT
(954) 846-1000

**BDU
CAMO**
CHOICE OF
CAMO, BLACK,
NAVY, GREEN,
OD, URBAN,
SKY BLUE

DAVIE
4130 DAVIE ROAD
Downtown Davie
(954) 584-7227



It's not just a store... It's an Adventure!



GERONIMOS

CASUAL GOURMET GRILL & BAR
WWW.GERONIMOSBAR.COM

**FRESH FOOD PREPARED
BY CHEF NAUGHTON**

**ESCARGOT BLEU' BAGUETTE
STIR FRY FETTUCINE
BABY BACK RIBS
FRESH SEAFOOD
TOP SIRLOIN**

OPEN FOR LUNCH 11:30 AM TO 5:00 PM MON. THRU SAT.

DINNER 5:00 PM TO 10:00 PM SUN. THRU THURS.

TILL 11:00 PM FRI. & SAT.

**LOOK FOR OUR LIVE MAIN LOBSTER SPECIALS
&**

COMPLETE DINNERS FROM \$6.95 TO \$11.95

FULL LIQUOR BAR

**& THE LARGEST LATE NIGHT MENU
IN FT. LAUDERDALE TILL 4:00 AM**

NIGHTLIFE

**DRINK SPECIALS, LIVE D.J., & DANCING
10:00 PM TILL 4:00 AM 7 DAYS A WEEK**

3528 SOUTH UNIVERSITY DRIVE DAVIE, FL 33328

LOCATED 1 MILE SOUTH OF I-595 IN THE UNIVERSITY PARK PLAZA

PHONE: 954-474-9998 FAX: 954-474-7234



Sports Update

by Salina Vavia
Sports Editor

Here is a recap of Nova Southeastern University's Baseball, Men's and Women's Basketball, Golf, and Softball games that were played from the week of February 8 to February 15.

Monday, February 8

The Knights Golf team placed fifth (311) in the opening round in the Brevard Community College Invitational, Cocoa Beach. Freshmen Chris Rowse and Ryan Cobb both shot 77's. Following behind was freshman Justin Burkhart with a 78, senior Mark Aldridge with a 79 and freshman Matt Morrissey with an 85.

Tuesday, February 9

The Knights Golf team continued play in the final rounds and placed fifth overall at Cocoa Beach. Freshmen Chris Rowse and Ryan Cobb both finished play with 153. Senior Mark Aldridge combined total was 157, freshman Justin Burkhart ended with 161 and freshman Matt Morrissey finished with 170.

Wednesday, February 10

In historic fashion, the Knights baseball wins its first home night game against No. 18 Barry University (NCAA Div.II), 2-1. NSU's pitching dominated the Buccaneers squad thanks to solid performances by junior Jim Birch (1-1 record) and sophomore Stephen Thomas (1 save). Birch went 7.1 innings allowed 1 earned run, 3 hits, and struck out 3. Thomas earned the save by striking out 3 and giving up only 1 hit. Sophomore Luke Albert went 2-for-4 with a RBI and junior Ryan Pretz went 2-for-3. The winning run game in at the bottom of the sixth inning when senior Ben Prill scored on a Barry error. Overall record: 1-4.

Saturday, February 13

Softball wins both games against the visiting St. Leo University, 3-2 and 5-3. With freshman Jaime Sawyer reached on base by a fielder's choice, freshman Dana Deis came in to pitch run. Then, freshman Jenny Ridenoure hit a single to right field. Sophomore Diane Ocampo stepped up and hit a home run to win the first game. Ridenoure (1-0 record) pitched a complete game striking out 3. Senior Sherri Waddell went 2-for-2.

Senior Shannon Sawyer and sister freshman Jaime Sawyer each hit a jack in the second game. Shannon Sawyer's was a 2-run homer in the second and went 2-for-3, while Jaime Sawyer's was a solo shot and went 1-for-2. Junior Cam Morgan (1-0 record) went 6 innings giving up only 5 hits. Overall record: 2-0.

Women's basketball wins against Palm Beach Atlantic College, 64-54, and clinched the No.1 seed to host the Florida Sun Conference Championship Tournament. Junior Tajuana Lee had 14 points and 7 boards, while junior Nitashi Ealey scored 10 points with 4 rebounds. Freshman Meghanne Hickey had a game-high with 4 assists.

Men's basketball loses to Palm Beach Atlantic College, 68-64. Senior Rob Robinson led the NSU with 17 points and 11 rebounds and senior Sherard Hernandez scored 10 points and game-high 12 rebounds. Junior Jeff Payanis and sophomore Eric Windell each had 5 assists.

Monday, February 15

The Lady Knights win their last regular season game against Florida Memorial College, 46-36. Junior Telesicia Nash had 12 points, 4 rebounds and 4 steals, while sophomore Heidi Turczynski scored 10 points, had 5 rebounds, 3 assists and 2 steals. Junior Sharnel Carr had a game-high 3 blocks.

NSU's Men's Basketball wins against Florida Memorial, 60-58. Seniors Sherard Hernandez and Rob Robinson played in their last regular season home game. Hernandez had 12 points, game-high 10 boards and 3 assists. Robinson and sophomore Eric Windell also scored 12 points.

Tuesday, February 16

A huge come from behind win for the Knights baseball team, who had an incredible rally scoring five runs at the bottom of the ninth inning to beat the visiting Florida Tech Panthers, 9-8. Only with one out, junior Charles Cerrato was the first to be Hit By Pitch. Freshman Rolando Bello and sophomore Matt Cleveland followed with base hits. Walks were given to both junior Charlie Vaughn and senior Noberto Lopez and sophomore Tommy Ayala was HBP. Sophomore Chris Villano went 2-for-4 with 3 RBIs, a double and 1 run scored. Bello went 2-for-5 with 1 RS, while Lopez went 2-for-4 with 1 run batted in and 1 run scored. Freshman Kevin Scharfman took the win going 2 innings, throwing 3 K's, and only allowing 1 hit.

AS OF TUESDAY, FEBRUARY 16:

Women's Basketball finished their regular season 13-6 overall and 9-1 in conference. The Lady Knights will host the FSC's Championship Tournament on February 26-27.

Men's basketball is in second place in the FSC with an overall record of 17-12 and conference record of 8-4. This weekend is essential for NSU, who are on the road Friday, February 19 against first-place Embry-Riddle and Saturday, February 20 against Flagler College. The battle for post-season play is close with three teams (NSU, Warner Southern, and Flagler) all fighting for the No.2 seed.

RECORDS:

Baseball 2-7 overall
Softball 2-0 overall

Ball Time

from cover page

Spring Training has arrived in South Florida. The thing that makes it so exciting is that most facilities are in small towns, where the locals gear up for this every year. There is nothing like making a road-trip to a distant training camp, where a professional baseball team resides for the Spring. I have been going to Spring Training games since I was six years old. Some of the places I visited during this break were Ft. Lauderdale to see the Baltimore Orioles, Jupiter to see the St. Louis Cardinals, and Port St. Luice to see the New York Mets. The scenery and aura of the stadiums is difficult to describe. Most of the parks are constructed so the fans can be up-close to the field. This allows the spectators to be able to see the game in a different perspective. Spring Training games allow the fans to relax and enjoy a game in a stadium that usually only holds a Minor League team. In addition, tickets to the games are less than ten dollars, which permits Spring Training to become a family event. The cracking of the bat, cheering of the fans, and the Spring breeze blowing on the back of my neck is exhilarating.

Fans can also obtain autographs from their favorite players at these games, because of the intimate atmosphere. I know Spring Training has arrived, when I hear a young boy crying for Cal Ripken's signature, "Caaaal—Caaaal." This Spring, I was lucky enough to obtain many autographs, including McGwire and Ripken. Both of these true legends deserve so much respect for what they have done for the sport. After the 1996 baseball strike, most fans were unenthusiastic about the game of baseball. It was as though a part of them was taken away after the shortened season. There were no rivalries during playoff time or crowning of the coveted World Series championship. Professional baseball had lost its spark! However, all of this changed the next season, when Cal Ripken broke Lou Gehrig's consecutive streak of 2131 games played. I will never forget that night, when he went around Camden Yards

see SPRING on page 18



America's Icon: The Yankee Clipper

by Michael L. Citron
Sports Staff Writer

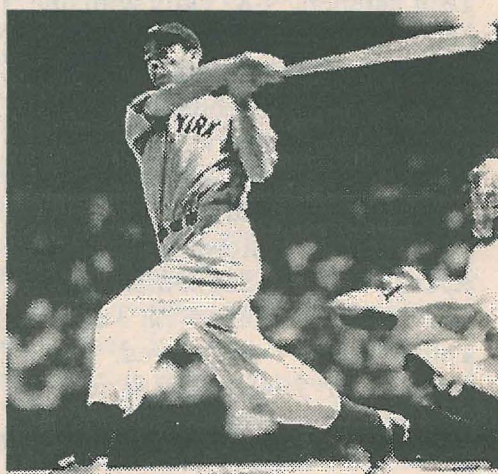
On March 8, 1999, the baseball world lost a true legend in Joe DiMaggio. He died in his Hollywood, Florida home at the age of 84. Most people today think of DiMaggio, as more of a celebrity, because of his marriage to film star Marilyn Monroe and the commercials he did for various products, like Mr. Coffee. However, people should remember DiMaggio for his exceptional play and his demeanor off the diamond as well. DiMaggio is an archetype and a model of excellence, which people pattern their lives after.

The late announcer Mel Allen nicknamed DiMaggio, "The Yankee Clipper, which was a famous sailing ship, because he moved like a sailing vessel gliding majestically across the outfield in pursuit of a fly ball." When the Yankees were at their best, Jolt'n Joe was their leader. He led his team to nine World Championships during his career. Wow, has any other athlete of such stature brought his team greatness in so many years? Very few can compare to DiMaggio.

One of DiMaggio's greatest achievements was his 56 consecutive game hitting streak in 1941. This 58-year record still stands to this day. I feel that this consummation is more prestigious than Mark McGwire's breaking of the single-season homerun record. Yankee Hall of Famer, Phil Rizzuto said, "I never saw him make a mistake. He was able to move quickly from a standing position. It seemed like he knew where the ball was going to be at all

times." DiMaggio left us more than just records. He was an example of dignity in an undignified world.

Searching for role models and heroes in the decades of depression and war, the American public found in DiMaggio an ideal image of itself. DiMaggio had many songs written about him during his life. One in particular was Paul Simon's "Mrs. Robinson," which has a verse dedicated to DiMaggio. "Our nation turns its lonely eyes to you." The



release of this song during the 1960s opened the eyes of many Americans, who were looking for a hero to idolize. DiMaggio was that model. Former Los Angeles Dodger manager, Tommy Lasorda once said, "If you said to God create someone who was what a baseball player should be and all of the great attributes, God would create Joe DiMaggio ... and he did."

DiMaggio, while living in South Florida, donated a great deal of money to build the Joe DiMaggio Children's Hospital. DiMaggio also had a charity baseball game every year at Fort Lauderdale Stadium to raise money for the hospital and other foundations. He had a love for children and wanted to give back to the community. His memory will live on for future players to emulate on and off the field. DiMaggio was able to touch all the bases in his life. "Jolt'n Joe has left and gone away." But, can the new generation keep DiMaggio's legend alive? I know that I will!

Girls Just Wanna Have Fun

by Salina Vavia
Sports Editor

As for Nova Southeastern University's softball team, they headed up to Orlando where they played in the World Wide of Sports Spring Training Games. The squad did awesome going 9-0 overall. Here is the breakdown of the tourney and some other games they picked up during Spring Break:

Wednesday, March 3rd

The Knights sweep Urbana College (OH) in the double header, 10-0 and 8-0. Senior Shannon Sawyer threw the first game. Sophomore Diane Ocampo went 4-for-4 with one RBI and 3 RS and Sawyer went 2-for-3 with 2 runs batted in and one run scored. Freshman Jenny Ridenoure pitched the second game, who threw a one-hitter and 10 K's. Sawyer went 3-for-3 with 2 RBI and 2 RS. Ocampo went 2-for-3 with a homerun, one run batted in, and two

runs scored. Sophomore Nikki Hyatt and freshman Stephanie Gleicher had two hits apiece.

Friday, March 5th

NSU dealt another loss to Urbana College, 14-1 and a loss to No. 9 Houston Baptist, 5-2. Against Urbana College, freshman Stephanie Gleicher hit a grand slam home run, while going 2-for-4 and scored six runs total. Junior Cameran Morgan earned the win allowing only one earned run. Against Houston Baptist, senior Shannon Sawyer hit two home runs. Freshmen Cheryl Bond and Jenny Ridenoure each hit solo home runs. Ridenoure took the win and delivering four strikeouts.

Saturday, March 6th

Softball wins all three games: Houston Baptist 1-0, Augustana (IL) 3-1, and Concordia (NY) 8-0. Senior Shannon Sawyer ripped another homerun scoring their only run, but

see SOFTBALL on page 18

Sports Schedule

by Salina Vavia
Sports Editor

Wednesday, March 17

Softball vs. West Liberty State @ home, 5:30 p.m. (DH)
Baseball vs. Indiana @ home, 7:00 p.m.

Friday, March 19

Baseball vs. Florida Memorial @ home, 7:00 p.m.

Saturday, March 20

Baseball vs. Florida Memorial @ home, 1:00 p.m. (DH)
Softball vs. University of Hartford @ Ft. Pierce, 1:00 p.m. (DH)

Wednesday, March 24

Softball vs. Palm Beach Atlantic @ home, 5:30 p.m. (DH)
Baseball vs. Trinity @ home, 7:00 p.m.

Thursday, March 25

Softball vs. Millersville University @ home, 5:30 p.m. (DH)

Friday, March 26

Baseball vs. Warner Southern Away, 3:00 p.m.

Saturday, March 27

Softball vs. Webber College @ home, 1:00 p.m. (DH)

Sunday, March 28-30

Golf- Rome Tribune, Berry College Invitational @ Stonebridge Country Club, Atlanta, GA.

Monday, March 29

Softball vs. Thomas College (ME) @ home, 5:30 p.m. (DH)

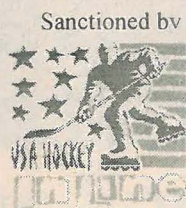
Tuesday, March 30

Baseball vs. Spring Arbor @ home, 7:00 p.m.

Wednesday, March 31

Softball vs. Mercy College @ home, 5:30 p.m. (DH)
Baseball vs. Lynn University @ home, 7:00 p.m.





ΘΔΧ

Theta Delta Chi
Presents



The Thompson Cup

APRIL 17TH & 18TH

A Roller Hockey Tournament at the brand new Hollywood, Stanley Goldman Hockey rinks on the corner of Johnson and Knights Roads

*Something for
Everyone!*

All Proceeds go to
The United
Cancer Research
Society



PRIZES

FOOD

GAMES

RAFFLES

ENTERTAINMENT

For More Information Contact:
Director of Operations - Scot Roseman
(954) 747-4872 or (954) 983-4171
sroseman@polaris.nova.edu



Achievement Zone- Skill Four

by Salina Vavia
Sports Editor

Welcome back to the Achievement Zone! In this eight-skill program of trying to excel "in the zone" (discussed in Dr. Shane Murphy's book, *The Achievement Zone*), we have already accomplished the first three skills: Action Focus, Creative Thinking, and Productive Analysis. Do you remember these skills?

To recap... Action Focus is to set daily and weekly goals as stepping-stones to your long-term goals. In doing so, make sure that your goals are hard rather than easy ones, based on specific action, and keep your goals clear and positive. Creative Thinking is learning how to develop your imagination. Use your imagination to achieve your goals by planning ahead, learning with imagination, and imagining solutions to problems. The most important aspect of creative thinking is to create a successful self-image. Productive Analysis is being aware of your inner voice. This is the skill where you discover that you actually have two "voices" inside your head, the positive and the critic. Learning how to use our critic productively and replace negativity with productivity can only help your performance.

We are now ready to move on to the fourth skill: keeping cool. We need to stay calm in pressured situations in order to enter our achievement zone consistently. So, what is keeping cool all about? Have you ever seen an athletic competition where the athletes are under tremendous amounts of pressure to succeed and they seem to be completely in control? Ever wonder why they never get nervous? The reality is that all athletes alike get nervous; however, it is how each athlete uses their nervous energy

that makes them elite or average competitors. The elite athletes "have learned how to stay cool and focused when the pressure is on," states Dr. Murphy.

There are three simple steps to keeping cool. Step one; realize that it is O.K. to be nervous. Performance anxiety is completely normal and avoiding this fact can actually hamper your performance. There are two negative reactions to being nervous. The most popular escape is procrastination, which most of us suffer from. Although the work will still be completed on time, it is usually poor quality and it does not reflect the procrastinator's true capabilities. The second negative reaction is to panic. "Panic occurs when you don't know how to handle the nerves you feel in the pressure situation," comments Murphy. You either freeze, your mind begins to race, feel out of control, make bad choices, or you rush. You might even be guilty of using more than one of those negative reactions. Any one of these negative reactions is just that, negative. Just accept that you are going to get nervous and that is just fine.

Step two is to learn how to relax the mind as well as the body. Numerous exercises out there teach you how to relax, such as Yoga, meditation, and even positive self-talk. Here is a list of relaxation techniques that Dr. Shane Murphy put together:

- (1) Deep breathing
- (2) Muscle relaxation
- (3) Centering
- (4) Visualization
- (5) Autogenic training
- (6) Coping affirmations

The first two, deep breathing and muscle relaxation are really self-explanatory. "Centering is a technique that is extremely useful in performance situations because it is fast and effective," believes

Murphy. In basic terms, centering is an exercise where you take a deep breathe and hold it in while you are telling your body to tense up. While your body is suddenly becoming tight, you slowly release all this tension that you have created out of your body. Feel yourself free and loose to play. Visualization is also much understood.

Autogenic training is a relaxation approach used in Europe. This is based on theory that our bodies respond strongly to suggestions. Relaxation is a choice. You ultimately decide whether you want to be relaxed or not. Autogenic training is a combination of verbal phrases repeated to yourself. According to Dr. Murphy, seeing is believing.

Coping affirmations is the ability to talk yourself through a pressured situation. This is a vital skill for keeping cool. You can also talk yourself out of a situation. Your mind is very powerful and can either let you succeed or let you fail. It is up to you.

The last skill to incorporate into keeping cool is to calm down in pressure situations. You need to handle nervousness. Except it! Do not panic when a rush of adrenaline comes. Accept it! Just remember that the state of panic is the opposite of the achievement zone.

see KEEPING on page 20

Softball

from page 16

that was all that was needed to beat Houston. Freshman Jenny Ridenoure took the win striking out six. Sawyer took the mound against Augustana having just one unearned run score and picking up the win. Freshmen Stephanie Gleicher and Alison Balkman each had two hits. Junior Cameran Morgan got the win against Concordia and struck out four. Senior Sherri Waddell hit two home runs, while freshman Cheryl Bond and sophomore Nikki Hyatt each had a home run of their own.

Sunday, March 7th

NSU dominates NCAA II Fairmont State College (WV) by winning both games, 12-2 and 11-0. In the first game, senior Julie Levy and freshmen Cheryl Bond, Jenny Ridenoure, and Alison Balkman all had two hits apiece. Ridenoure took the win and struck out five. In the second game, senior Sherri Waddell had two hits, while freshman

Spring Training

from page 15

and shook the hand of practically every fan in gratitude. The game was starting to regain its popularity again, but not immediately.

Last year, Mark McGwire did something that no one would have thought possible. He broke a 35 year-old record of 61 homeruns in a single season, held by Roger Maris. McGwire shattered that record by ending the year with a remarkable 70 homeruns. Fans started filling up the empty seats left after the strike to see history in the making. He has certainly epitomized the game.



McGwire's achievement puts him in the realm with such great ball-players as Babe Ruth and Hank Aaron. Both Ripken and McGwire come into Spring Training hoping to again take the league by storm. Their achievements, during their careers, will go down in the record books. I just hope that America's national past time can keep providing enjoyment and fulfillment for the fans in the years to come.

For information on where you can go to see a Spring Training game of your favorite team, click on www.majorleaguebaseball.com.

COMMENCEMENT IN DECEMBER

ARE YOU GRADUATING IN DECEMBER?

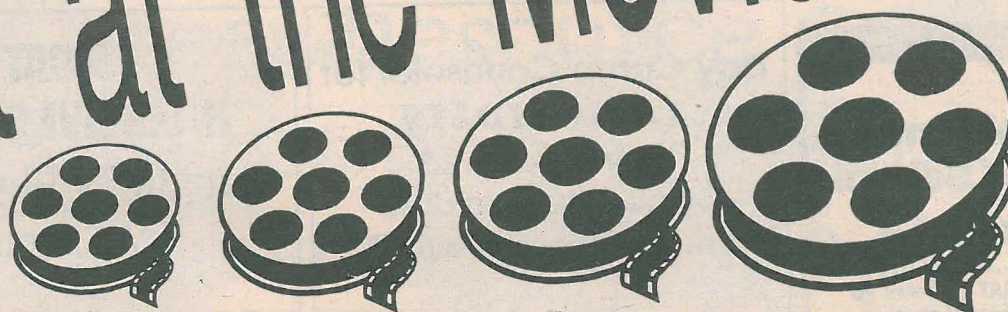
IF YOU ARE INTERESTED IN A GRADUATION CEREMONY IN DECEMBER,
CONTACT JESSICA RIVERA
@474-7321 OR riveraj@polaris

IF YOU WANT TO SEE SOMETHING GET DONE, I NEED YOUR HELP AND THIS IS THE WAY TO START!!!

YOU DESERVE A CEREMONY!!!

JPROM-99

"A Knight at the Movies"



You won't want to miss this event! Last year, we got **FUNKY** and **FREEKED OUT** at Jprom. This year, more fun and great times are sure to **come!**

J-Prom is an annual competition where student groups put together musical skits.

The top 3 acts will be chosen to perform at Hollywood Squares!

THE PRIZE is \$1,000!

April 8, 1999
RecPlex Patio
7:00 pm

Contact Student Life at 7280 for more information.

Classifieds

TUTORING SCIENCE AND MATH

Including:
Biology, Chemistry, Physics,
Organic, Calculus, Cell, and
Biochem.

**LEAVE NOTHING TO
CHANCE**

CoMentor
(305) 448-1995.

+ \$1250

Fundraiser open to student
groups & organizations. Earn
\$3-\$5 per Visa/MC app. We
supply all materials at no cost.
Call for info. or visit our website.

Qualified callers receive a FREE
Baby Boom Box.

1-800-932-0528 x65
www.ocmconcepts.com

COMPUTER SALE

**17" Monitors for sale
\$199.**

NEC-IBM-Sony name brands
with warranty.

**Computer Rentals also
available!**

For info. call Jose Harvin
(305) 682-1907

Clubs and Organizations

from page 4

The Panhellenic Association

Meets at NSU meets Mondays at 6:30pm in
the Red Room at the Rosenthal Student Center.
Panhellenic is the governing body for all of the
sororities on campus. It is composed of a four
member executive board, three member cabinet,
and delegates from each sorority. Meeting are open
for those who are interested in learning more about
The Panhellenic Association.

****If your club or organization is not listed or if
you would like to change or add anything to the
above information, please contact Alyson at
theknight@polaris.nova.edu.**

Ride the Fast Track Through Europe

**EUROPASSES PASSES
STARTING AT \$233**

**BRITRAIL PASSES
AS LOW AS \$70**

**EURAILPASS YOUTH
3 MONTH UNLIMITED - \$1089**

**FREE TIMETABLE - FREE MAP
ISSUED ON THE SPOT**

*Cheap tickets. Great advice.
Nice people.*

Council Travel

Council on International
Educational Exchange

One Datron Center, Ste. 220
9100 South Dadeland Blvd
Miami, FL 33156
Phone: 305-670-9261

www.counciltravel.com

LSAT Kaplan students get into Law School. Case closed.

**9 out of 10 Kaplan LSAT students go
to one of their top 3 school choices.**

—1997 Brusk-Golding Research Study of students at the top 50 law schools

Call today to enroll!

KAPLAN

1-800-KAP-TEST

www.kaplan.com • AOL keyword: kaplan

LSAT is a registered trademark of the Law School Admission Council.

**Day Camp Counselor for
AT RISK YOUTH
July 5-Aug. 13
Some extended days
and overnights required.**

**Pay ranges up to
\$250.00/week**

Call Gary at:
954-360-7210

**MCAT
INTENSIVE REVIEW**
Taught by Physicians
from scratch.

"Leave nothing to chance"
CoMentor
(305) 448-1995
Science and Math
tutoring available.

The Terror of Abuse

from page 11

opened the door, he released my arm, and grabbed my hair. He lifted me from my feet, suspended from my hair, and swung me into the house. It seemed like things were moving in slow motion. I could see the refrigerator approaching before I hit it. I fell to the floor, terrified, exhausted, and numb with pain. I could no longer control my bladder and a puddle of urine formed around me as I sat on the floor. My father came over, gave me one last kick, and told me "clean up your mess, and don't leave the house!" Thankfully, he left, closing and locking the door behind him. No words can describe my shame.

When my friends saw what was happening to me, they ran to my grandparents' house, which was a

block away, and relayed to them what they had witnessed. My grandma came knocking at the door. At first, I was afraid to answer. I heard her call my name. I dragged that chair over to the door and opened that lock effortlessly. I fell into the safety of her arms.

I still feel the pain and the shame from the many beatings of my childhood. I am now 43 years old, and I had to keep wiping my tears as I wrote this account of my terror. My father is long gone, a victim of heart failure. He thought that I forgot all of the abusive punishments, but I did not. I never will forget the legacy he left me. One last thought: Please, before you raise your hand to your child, think about how you want your child to remember you.

ROSS UNIVERSITY

Visit Us On The Internet &
View Our On-Line Brochure:

www.rossmed.edu

Write, call, fax, or email:

**ROSS UNIVERSITY
SCHOOL OF MEDICINE**
Master's Program in P/T
460 W 34th Street,
New York, NY 10001

Phone: 212 279-5500
Fax: 212 629-3147

Email:
admissions@rossmed.edu

MASTERS PROGRAM IN PHYSICAL THERAPY

- ◆ Six-semester professional program can be completed in two calendar years and leads to the MPT degree.
- ◆ Curriculum designed to meet Commission on Accreditation in Physical Therapy (CAPTE) criteria.
- ◆ Didactic program offered at our modern medical school campus located in Dominica, W.I.
- ◆ Faculty composed of biomedical scientists as well as licensed P/T's recruited from U.S. programs.
- ◆ Modern instructional facilities featuring state-of-the-art multimedia computer and laboratory equipment.
- ◆ Clinical training sites in the U.S.
- ◆ Three entry dates per year: January, May, September

Keeping Cool Means Being Successful

from page 18

If you can master keeping cool, you will learn how to stay calm and look confident, handle stressful situations in a productive manner, and perform at your best. "The most important part of Keeping Cool is to apply your skill in relaxing to the per-

formance situations in your life," says Murphy. Also, an important note is that there is no one sure fire way to Keeping Cool all the time. You have to take the ideas from inside you and balance them with the thoughts of Dr. Shane Murphy.

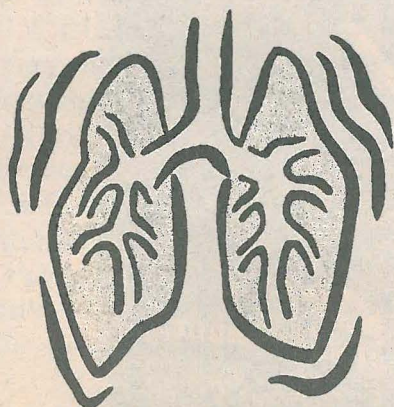
Our next skill is on Concentration- focus on performance. Remember that if you care about your performance, it is normal to be worried.



Basic Life Support Education Day

**Do you know what to do in an
emergency?**

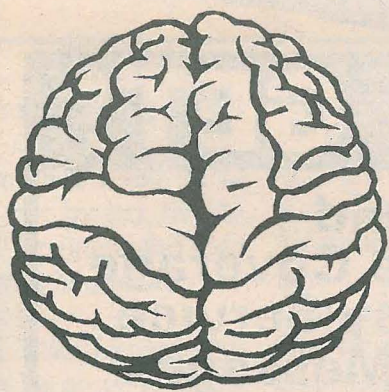
Join the Pre-Med. Society in a seminar to learn the basic steps of life support. The class is offered free with no experience necessary for all that are interested in learning what to do when faced with an emergency. Fast track is available for those who meet the AHA requirements.



**Parker Science Annex
Classroom 6**

**Held from 9:00 am-5:00 P.M.
April 10, 17 and 25, 1999**

You need only to attend one day!



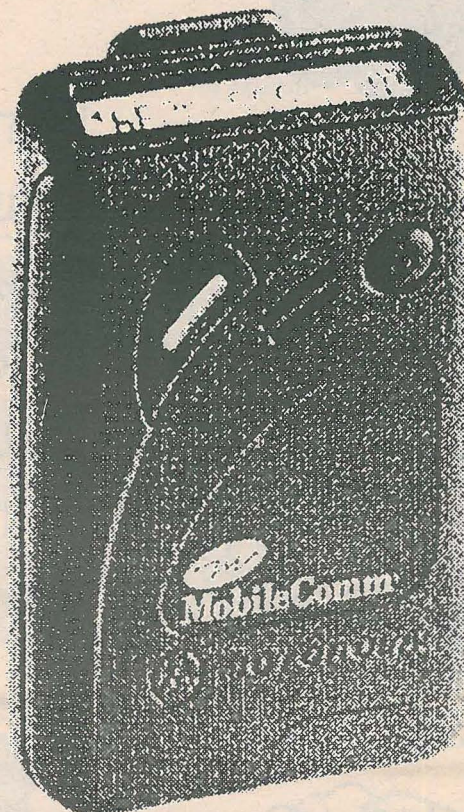
**Nova Southeastern
University
Pre-Med. Society**



**American
Medical Student
Association**

**E-Mail: fryedmun@polaris.nova.edu
For more information**

www.amsa.org

NOW**MobileComm®***"The Most Reliable Network In Paging!"***OFFERS:****Nationwide paging at the price of local networks!****SO** call or bring your local pager to MobileComm® today and we will connect it to our City Link Network.**Your Cost Only:****\$10⁹⁵** Per Month**LOOK WHAT YOU GET!**

- 800 Number
- 200 Calls Included
- Page Re-Call
- Automated Coverage Prompt
- Page Re-Send
- Nationwide Coverage
- 24 Hr., 7 Day Service
- Clear Flex Messages

**MobileComm®***"The Most Reliable Network In Paging!"***1-800-683-PAGE (7243)****Visit our Store Locations • Monday - Friday: 9 a.m. - 5 p.m.**

Kendall	N. Miami Beach	Hollywood	Ft. Lauderdale
9533 SW 40 St.	12440 Biscayne Blvd.	5936 Pembroke Rd.	6318 NW 9th Ave.
305-227-6482	305-895-8055	954-458-5673	954-492-4265

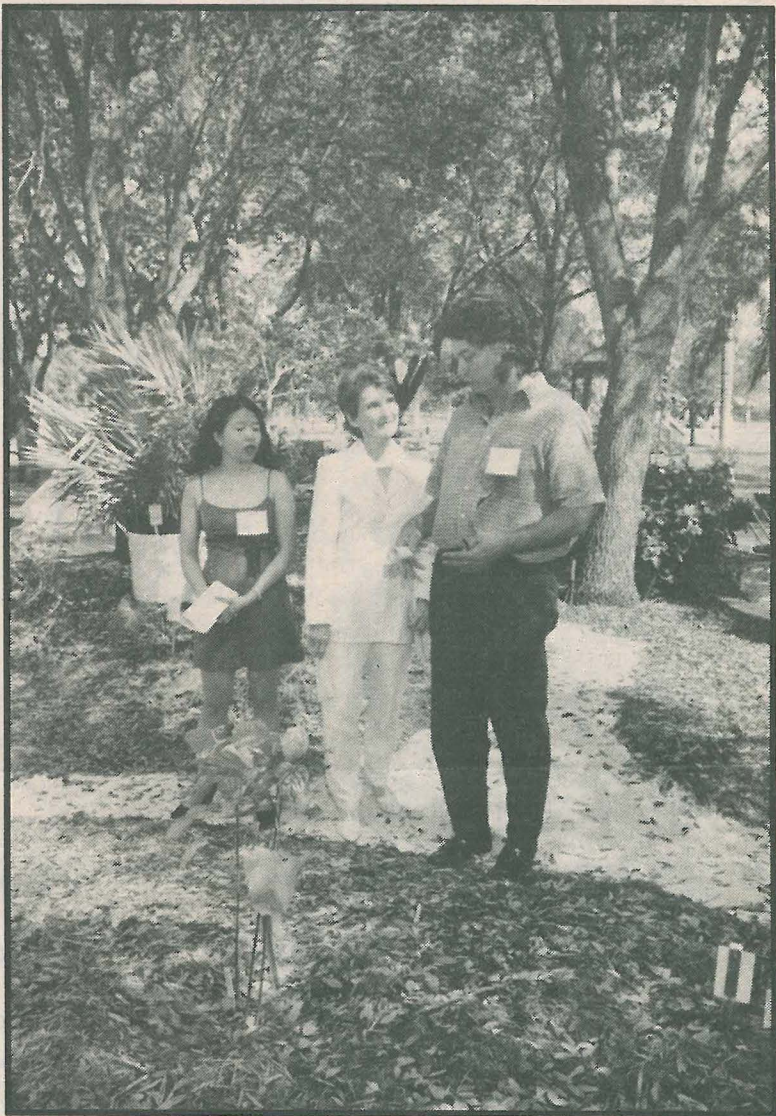
Mobile Media Communications, Inc. 1996 All rights reserved. MobileComm is a registered trademark of MobileMedia Communications Corp. of America. A subsidiary of MobileMedia Communications, Inc. Not associated with MobileMedia Inc. of Cincinnati, OH.

Nova Southeastern Presents Medicinal Garden

from cover page

is a sort of thing that makes the campus an intrinsically interesting place... this campus itself should be enjoyable and interesting." When asked how this will benefit the university in the future, President Ferraro, President of NSU stated, "This is another example of what this university is about, a collaboration between a variety of different entities, Nova Southeastern, of course, taking the lead, Broward Community College, the University of Florida, and most importantly bringing in an advisory board from the public sector, commercial growers as well as retail growers, and to people who are interest in expanding knowledge." Moreover, Dean Hardigan, Dean of Pharmacy at NSU-HPD, when asked who this garden will benefit NSU stated, "I am overwhelmed by this garden... every pharmacist has deep inside them the desire to see a medicinal garden... you teach with it, you can do research from it, a service component for people to come and enjoy... this is just the start because the opportunities are unbelievable, [such as] the addition of a subtropical region. I guess what you are see-

ing is the garden in its infancy... the garden will expand and get bigger." Dr. Silvagni, Dean of the College of Osteopathic Medicine at NSU-HPD, who was a Pharmacist prior to becoming a physician stated, "First of all, is a step forward, pharmacy and medicine has lost its focus of how much we get from natural products that we get from various fungi, plants, etc. I think that the fact that the public has gone back to looking at natural pharmaceuticals... this is going to offer some wonderful opportunities for people in the colleges, the Health Professions Division to do some research and garden hundreds of plants that paleogene, the first period after the demised of the dinosaurs." At the end, small plants were given to everyone as a memento for the occasion. This garden is a great asset to the university and will benefit all NSU students. It is not only a step forward for the research of alternative medicine for NSU-HPD, but it is also a pleasant site that all students can appreciate as they go to class or study in the benches that are located in the Parker building promenade and adjacent benches to the garden.



NSU pharmacy students, volunteering as tour guides, with Janet Hardigan, shown center, at the NSU Medicinal Garden.



With over 300 species already planted, the NSU Medicinal Garden gave visitors plenty to marvel at.

SNORKIN™

E-Mail: SnorkinMan@AOL.com

The defense rests, your honor.

Dear Gwnevere,

Do you need beauty or love advice?
Are you scared to ask for help?

Help is finally here, Darling.
My name is Lady Gwnevere
and I am here to
solve all of your beauty
and love concerns.

Lady Gwnevere

3301 College Ave.
Parker Bld. #332

Fort Lauderdale, FL 33314

gwnevere@polaris.acast.nova.edu

*Lady Gwnevere is not a licensed psychologist



From Last Issue:

Dear Gwnevere,

I am a bisexual female. The other night I was drunk and ended up in bed with a guy. It was the most incredible sex I've ever had. I am currently in a relationship and I truly love my girlfriend. I have seen this guy since the night of our encounter. He seems interested in me and I am definitely attracted to him. Should I tell him about my sexual preferences or should I just stop seeing him?

Sincerely,
Sexually torn apart.

Dear Sexually torn apart,

First of all, it sounds as though you are not to sure about your sexual preferences. Take some time off and reflect on what you truly want. Remember that honesty is always a good policy. You must be straight with your girlfriend and let her know how you feel. If you decide to continue seeing this guy you must let her know, and be honest with him as well.

Sincerely yours,
Lady Gwnevere

Dear Gwnevere,

I just started dating a guy. He is very sweet and does not seem like a player, AT ALL. Lately, however, I've been meeting many women from his past. Some of them even told me how great he was, and to not let him go. What guarantee is there that he will stay committed to me if he's left so many girls who thought he was great? Do you think I should dump him before he dumps me? Am I being paranoid?

Sincerely,
Threatened and Scared.

Dear Threatened and Scared,

Before you do anything extreme, take a deep breath. You are definitely being paranoid. If you think this guy is truly great you should give him an opportunity based on the way he treats you and not on his past girlfriends. Caution, don't fall too hard because your instincts might be right. Stay alert, relax, and enjoy the relationship.

Truly yours,
Lady Gwnevere

The Knight Newspaper Deadlines for the 98-99 Winter Semester

Issue	Article Deadline	Advertising Deadline	Street Date
12	March 12	March 17	March 24
13	March 26	March 31	April 7
14	April 9	April 14	April 21

Knight Staff and Policy

Editor in Chief

Angel E. Sanchez

Associate Editor

Kyle B. Washburn

Layout Editor

Piper Griff

Campus Life Editor

Alyson Dion

Greek Life Editor

Megan Greenberg

Sports Editor

Salina Vavia

Staff Sport Writer

Michael Citron

Student Government Editor

Hunter Wooleyhan

Website Editor

Tony Thomas

Entertainment Editor

Deana Daneau

Chief Photographer

Victor Garcia

Advisor

Caroline Geertz

Consultant

Dr. Chris Jackson

S.C.O. Business Manager

Rocio de Ojeda

S.C.O. Associate Manager

Jessica Rivera

Business Department Advisor

Prof. James Dean

The Knight Newspaper serves Nova Southeastern's Farquhar Center for Undergraduate Studies from its office on the third floor of the Parker Building at NSU's main campus.

The Knight is NSU's established vehicle for the transmission of student report-

ing, opinion, and arts. All community members are invited to contribute anything they desire to The Knight.

The Knight is readily available at several sites around the campus and the local community, including the East Campus site, the Oceanographic Center in Dania, and the Davie-Cooper City Chamber of Commerce.

Address all distribution concerns to Angel Sanchez, Editor in Chief, at (954) 262-8455.

The Knight is now also available online.

The deadline for submissions for this year's thirteenth issue is 26 March 1999. The advertising deadline is 31 March 1999. E-mail the Advisor at Internet address "geertz@polaris.acast.nova.edu" to find

out how you can become involved with the SCO.

Disclaimer:

Editorials, commentaries, and advertisements expressed in this publication do not represent the views of the University or its officials, The Knight staff or other advertisers. Editorials, commentaries, and advertisements reflect only the opinion of authors. The Knight will not publish unsigned letters except in special circumstances, at the editors' discretion. The Knight reserves the right to edit letters for clarity, brevity, and accuracy.

