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Do Not Be Alarmed

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Do Not Be Alarmed

**Author Note**
Faren has lived in South Florida for most of her life, and has experienced a valuable four years at NSU in the Honors Program. She is moving on to pursue an MFA in Creative Writing with a poetry concentration, and hopes to publish her poetry, fiction, and creative nonfiction while also pursuing a career as a graduate professor. As a lover of words through and through, Faren is passionate about the purpose of Digressions, and is also a Writing Fellow tutor and former editor at The Current newspaper. In her spare time, she re-reads novels, day dreams about the American wilderness, and plays the violin.

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**Do Not Be Alarmed**

Faren Rajkumar

Do not be alarmed by the diamonds that glare in the tangle of my hair.
Does it scare you that my words are sharper than broken glass and brighter than the sun of your Universe?
Do you tremble when I exhale a fine mess of dust that shimmers like the crushed stars in which my inner pieces swim?
Do not be alarmed by me, a planet, no longer light years away, Close enough to shake the orbit of your Earth.
Embrace me, this satellite adrift covered in the powder of space and time.
I have seen the darkness, and I have set it ablaze.
Breathe in the gold that paints my being
Empty your bottle and fill it with the air left silver-hued by my laugh.
I can fill your nights with flame.
I can teach you to speak loud and dream louder, to burden the stars with the weight of greater wishes and chase fear into eternity.
Because as I search for all that glitters,
That is what I become.

**Numb**

Tory Njardvik

Stuck in this vicious cycle
Repetition and routine
My mind is numb
I can no longer feel the excitement
The alcohol, pills, and cocaine aren’t cutting it
They no longer take me high
Orgasms and vibrations no longer exist
Nothing but a runny nose
I am bored in this glass house
He finally comes home
I beg him to choke me
To pin me against the wall
And burn me with melted wax
Nothing
He lies on the bed exhausted
Covered in sweat
Annoyed, I go outside
He follows
Standing on the deck
Waves crash and beat against the rocks
Holding on to the railing
He stares at the moon
Triggered
I push him.
His scream gives me goose bumps
Finally
I can feel again
I run down our staircase that connects
Our home to the sand
Blood rushing between the sharp edges
Staining the shore
I can feel his heat
I can feel!
Fingers interlaced
Struggling to pull his heavy body
I cut into him
Coring him like an oyster
A trail of his body
Leads the way back home
Exhausted I lay down
Coming down from my fix
Arms strapped to my sides
I can’t move my legs
Belted in tight
Nothing on the walls
A room bleached and stale

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