1-16-1995

The Knight Volume 6: Issue 8

Nova Southeastern University

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Two-Sport Athletes of NSU

by Gus Bravo

Remember when you were a little kid? You could practically play every sport better than most? (Well, of course if you happen to have been one of those kids who was always picked last then just ignore that last sentence.)

Back then, because of excessive energy (of which you wonder where that much-needed trait has gone today?) you participated in sports year-round. Eventually as your other responsibilities grew while your athletic motivations dwindled, you began to concentrate on just one sport.

Nowadays, even if you participate in a particular sport, whether competitively or recreationally, scholastic demands allow for very little time to focus on anything else, let alone a second sport. But you still wonder "man, I could have been great at (fill in the sport)."

Now, especially after watching all of those Deion Sanders commercials, you tend relive those glory days in the rugged playground yard when you "excelled" in more than one discipline. Just for a minute, try to imagine playing two sports in college... talk about strenuous time constraints.

Well, right here at NSU we have two individuals employing such an athletic feat.

Thelma White and Christian Larrivie are not only adequately complying with their academic demands but are also managing to compete on two NSU teams respectively.

Thelma, also a sisterhood chair of Delta Phi Epsilon, is captain of the volleyball team as well as the softball squad. Likewise, Christian splits double-duty between her involvement in both athletic teams.

SCORE: What Responsibilities are to me

by Nick Moore

Community service has been fun for me in general. The reason behind this is the fact that there is so much to do in that category here at NSU. There's WNSU, with various radio jobs ranging from reviewing music to playing it on the air. And then there's working for The Knight. Endless job opportunities here, you simply have to know where to find them.

But with these jobs come certain responsibilities from both the people you work for and the SCORE program itself.

SCORE requires that at least ten hours of community service be done a month, and includes an essay that answers the questions posed by the director, Madeline Penna. The program also requires that grades must be kept at a 2.5 GPA or better, and that you don't earn money on the hours you work. Some people are more creative than others about the sources of their hours. This is good.

But the responsibilities that come from the service are far greater. At the radio station, language on air must be kept clean, and being prompt and organized helps a lot with the work. If reviewing music is your work, then you must listen carefully for bad language no matter how bad the background noise is, and you also have to rate songs based on how good they are (completely subjective, of course, since October Project is in the booth although I'm not sure why).

At the newspaper office, the requirements are slightly different. You need leadership if your position requires it, the work must be done correctly whether it is writing an article or even searching for graphics to see SCORE on 7.
Editor Addresses Student Body

Dear students,

To say the least I am shocked and outraged at the apathy on this campus. I knew it was bad at the beginning of the year but this is just getting ridiculous.

You may be asking yourself why I’m so upset. Well considering that we, the university, are an educational, hopefully intellectual, institution I would’ve expected something more out of the student population than what I have been seeing.

It has been said that The Knight is one-sided; and has even been called a tabloid. It is this same kind of ideology that leads to dictatorial forms of government. If there is no feedback, with the exception of a few snickers and “coldshoulders” why should anything change. I have yet to receive a rebuttal editorial to any editorial published in The Knight and we’re already on our eighth issue.

What is wrong with you people? You can’t be illiterate; after all you did fill out applications to get into NSU, because the diet is designed to lose 20 pounds in 14 days! The basis of the diet is chemical food. By picking up a pen, or computer and writing an editorial, or letter to the editor if something is bothering you.

B) Shut up and endure! For change to occur voices must be heard. Unback and unexpressed opinions aren’t heeded.

With the utmost disgust,

Nathan S. Burgess
Editor-in-Chief, The Knight 1995/1996

Trivia Tidbits: Louis VIX Scandal

by Karina LeDezma

In July 1669 King Louis XIV of France, sent a man to prison for 34 years after capturing him off the port of Dunkirk. The mysterious man was kept in closed-quarters and forced to wear a velvet mask. The strict instructions were that no one permit him to reveal his identity, or any information. Revealing his past, under penalty of death. It was the evident taboo involved in the man’s identity that led to the further speculation as to his origin.

At one point the man was said to have written a message on a plate and to have thrown it out a window. A fisherman found it and went to the authorities to submit his findings.

Although, it was never revealed what the plate said the man was almost put to death, had it not been that the man was illiterate.

Voltaire, the French-writer, was incarcerated in Bastille in 1717. While there, he took to talking to the prisoners, from the many theories he concocted a story of the masked-man being Louis XIV’s brother. However, after the French Revolution it was theorized that the man was in actuality Louis XIV who had been displaced from the throne by his half-brother. He presumably married in jail, and eventually became the great grandfather of Napoleon Bonaparte.

Source: Reader’s Digest, Mysteries of the Unexplained, Montreal: 1982.

LOSE 20 POUNDS IN TWO WEEKS

Famous U.S. Women’s Alpine Ski Team Diet

During the non-snow off season the U.S. Women’s Alpine Ski Team members used the “Ski Team” diet to lose 20 pounds in two weeks. That’s right - 20 pounds in 14 days! The basis of the diet is chemical food and was devised by a famous Colorado physician especially for the U.S. Ski Team. Normal energy is maintained (very important!) while reducing. You keep “full” - no starvation - because the diet is designed that way. It’s a diet that is easy to follow whether you work, travel or stay at home.

This is, honestly, a fantastically successful diet. If it weren’t, the U.S. Women’s Alpine Ski Team wouldn’t be permitted to use it! Right? So, give yourself the same break the U.S. Ski Team gets. Lose weight the scientific, proven way. Even if you’ve tried all the other diets, you owe it to yourselves to try the U.S. Women’s Alpine Ski Team Diet. That is, if you really do want to lose 20 pounds in two weeks. Order today! Tear this out as a reminder.

Send only $8.95 ($9.60 in Calif.) add .50 cents RUSH service to: American Institute, 721 E. Main Street, Dept. 254, Santa Maria, CA 93454-4507. Don’t order unless you expect to lose 20 pounds in two weeks! Because that’s what the Ski Team Diet will do.

©1995
Christie’s Cyberroom: The Pasttime of Cybersex

by Christie MacDonald

His hand glides up her thigh and he caresses her soft skin. He wonders if she will allow him to unlock the door to her virtue.

She opens her mouth just a little to show her enjoyment of his exploration. She opens her legs and her invitation to seduction.

He guides his hand further and removes her black lace underwear.

The above may look like material for some sleazy, romance novel but this language of lust is the type of “intercourse” that many players on the net engage in daily. Notice that at the end, the user got excited and didn’t spell every word correctly.

Some people go on talkers to gain friends from all over the world and participate in interesting conversations on subjects ranging from politics to astrology. As in real life (irl), net.sex is a natural part of the net.world.

Students may have net.sex to relieve tension or explore fantasies. Married men or women may go on computer and indulge their extramaterial fantasies without jeopardizing their union. Still others, like clerical workers or professors, may engage in net.sex as a pleasant diversion instead of their monotonous work. Howard Stern even claims to have net.sex in his basement.

Net.sex, like sex irl, takes different forms. Some are one night stands while other interludes are an expression of true affection. Because people in the act of net.sex simply describe their actions through words, the range of sexual experiences on-line are as diverse as in the real world.

The range of sexual reactions are also diverse. Depending on the strength of the language and connection, emotional or even physical responses may result. In other words, some may “get off” from their on-line sexual escapade.

Net.sex is the safest form of sex one can have. The on-line world poses no fear of pregnancy or sexually transmitted diseases. The only danger is the emotional connection one has with net.partners.

“Since almost everyone feels some emotional attachment to a sexual partner (beyond that of physical desire), monogamous relationships are preferred by many. Those who lurk the on-line world simply for conquests are looked upon unfavorably as perverts.

“Real emotions and relationships extend from the net. Relationships that involve net.sex have great emotional connection. “Many find it hard, even impossible, to separate the feelings derived from the Internet from those derived from the real world. Most virtual couples either are or eventually become real life couples.”

Some spods have net.marriages, many elements of the real world.

Net.relationships do not escape sexual tension. It’s also one of the cheapest forms of pornography.

(Information taken from “Virtual Sexuality, and the Human Animal”, G. Johnson)
Get Up and Get Involved

from page 2

The celebration dies down, we return to life as usual. The promises of a new year are tossed away with yesterday’s trash.

Instead of treating this new year like every other new year, make this one different. The key to making that promise you made to yourself to get better grades, lose a little weight, or treat people a little kinder can only happen if you stay focused on the goal and hold onto the same commitment you had when you made the promise.

We all have the ability to dream. Those dreams are the beginning of change if we believe in them. Before most of us started our college education, we dreamed of one day becoming a lawyer, a teacher, a doctor, or just a better educated person. It was that dream that fueled our desire to be where we are today. What better place to make a dream come true than here at NSU. The tough thing for you to do is mustering enough motivation to try something you may have only dreamed of doing.

That could be as simple as dedicating more time to your school work to receive straight B’s or attending one of the many school sporting events to show your campus pride. It can be as complex as pioneering a new organization that reflects the values and belief of others on campus or running for a position on the Student Government. Even if you never dreamed of trying it, what is stopping you from giving it a chance?

In the weeks to come, you will see many events advertised around campus for you to try something new and different. Take a moment, even if you do not want to participate, to take a small peek at what goes on and all the fun everyone is having. Give all this University has to offer an opportunity to open your minds outside the classroom.

Some upcoming events include a video scavenger hunt, The Great Superbowl Party, Hypnotist Tom Deluca, Family Weekend, The 1996 Collegiate Health and Fitness Tour, a Billiards Tournament, The Annual 24 hours of Softball, Hollywood Squares (Nova style), and so much more. If you’re not into social partying but still want to be involved there will be in-depth discussion groups on topics ranging from dolphin habitat to eating vegetarian. If you are feeling ambitious, you can even join one of the many clubs and organizations on campus. There is an organization for almost every type of interest, and if there is not, we will help you get one started.

Join me and other students on campus who know what it means to believe in a dream and work for change in our lives. Do not wait another minute, make a promise to get involved for a change!

Sincerely,

Anthony Dominici

Anthony Dominici, President Nova College Student Government

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Heavy Drinking . . . Is It Really Worth It?

You may think heavy drinking is an acceptable part of the college experience. But have you considered the consequences? When you drink, you run the risk of doing something you’ll regret later. When you’re under the influence of alcohol, you’re more likely to expose yourself to a sexually transmitted disease (STD) by having unprotected sex. You could get yourself into a situation you may not be able to handle—or get out of. Falling grades and dropping out become a reality because college students who drink the most get the lowest grades.

All students need to ask, “Is it really worth taking the kind of risk that could negatively affect the rest of my life?” For free materials and other resource information on alcohol and illicit drugs, call the National Clearinghouse for Alcohol and Drug Information at 1-800-729-6686.

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Nick Moore’s Art Gallery

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ON JANUARY 26TH

THE SCREAMING BEGINS

PETER Weller

The last scream you hear will be your own.

AT THEATERS JANUARY 26TH

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Volunteerism Benefits Children of Pompano

by Cindy Milloy

On Saturday, December 2, Kim Bruback and I embarked on a journey to the Pompano Beach Boys and Girls Club to help with a health fair. Upon arrival we met with the volunteer coordinator who gave us a tour of the club and showed us the activities that were to take place that day. Kim was assigned to the face painting table and I assisted with the dental exams.

I could not tell you how many children or adults attended this event but it seemed as if the stream of people entering the dental area with their painted faces would never end. Each child that walked through the door had a story to tell. Mainly, that their brother or sister had more cavities than they did.

Dr. Kanglely, was great (and this is from someone that is terrified of dentists). His patience with each child and his ability to get even the youngest to "open wide" and "look up" was done with such ease.

Young Knights are Having Difficulties

by Gus Bravo

A rebuilding year indeed. After falling to Eckerd College 94-56 on Saturday, December 9, the men's basketball team dropped its record to 1-8.

Although some difficulty, because of the loss of four starters, was expected, nobody could forecast this nightmarish start. Nevertheless, first-year coach Tony McAndrews remains optimistic.

Because he was only awarded the NSU job barely a month and a half prior to the start of the season, McAndrews inherited a fairly inexperienced team he knew very little about. However, as evident to most who applied for the job, Nova offers a distinct opportunity of coaching in a rapidly growing institution with an expanding athletic program.

Moreover, McAndrews', whose credentials are extremely impressive, will begin to stamp his label on Nova Basketball this summer when he commences his recruiting visits. As the newly-hired coach points out, South Florida is a "hotbed for recruiting basketball players."

Besides, "not everyone can go to the University of Miami," McAndrews logically explains. But getting back to this season, the Knights are not quite ready to roll over and play possum. Without having yet to play a single conference game, Nova can still salvage the season by getting hot in January when the crucial part of the schedule arrives.

As has been the case throughout much of the early games, the Knights have been consistently led by the play of James Johnson. Johnson amassed 18 points (7-10 from the field) and collected 10 rebounds against Eckerd. Similarly, Freshman Sherard Hernandez contributed with 10 points and 7 boards on Saturday.

Hopefully NSU's slide can be stopped by an upcoming five-game home stand. Nonetheless, as these young Knights gain experience they might be leaving these tumultuous times behind them. In regards to the future, the best definitely lies on the road ahead.
Boys and Girls Club Hosts Health Fair

from page 5

 citas for the kids was the tour of the fire truck parked outside. I know when the announcement was made that the firemen were ready to give tours of their engine and the kids could climb on the truck—the dental area became quiet.

At the end of the health fair, the two grand prizes were to be given away—one boys bike and one girls bike. As the numbers were called you could feel the excitement in the room. There was a very happy little girl who looked like she may have to grow a bit and maybe add some training wheels to her new vehicle. This didn't seem to phase her in the least. The winner of the boys bike appeared to be just the right size.

Both winners walked away with grins that went from ear to ear.

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Bar #238953

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SCORE Student says, “Treat us with respect”

I feel that these are good requirements, and I probably have left out some of the rules that I think are important, and you can fit them any way you like.

- Don’t be afraid to admit you made a mistake and made us do the wrong job.
- More importantly, make sure we actually have work to do when you say we have work.
- Accept that we aren’t on call twenty-four/seven, and that yes, we have a life too.
- Treat us with respect. Don’t act like a pompous fool and taunt us; it makes our work harder to do.

I’m sure there are more rules, but that’s all I can come up with. If you can make more, use them, and maybe even share them with others. Cooperation is always a good thing in today’s world.

If I’ve worked forty hours for SCORE, then I’ve probably done sixty in reality. I have worked hard to maintain my grades as high as they are (2.92, not bad for a first-year freshman,) and to actually get up in the mornings for those dreadful Tuesday morning meetings - I admit I’m not a morning person at all - but basically overcoming difficulties to get the work done. I would like to thank WNSU for always being there when I needed them (thanks, Kym!) and for letting me review those really cool laser discs (and for not running out of them, too).

But I also want to thank The Knight for taking me on as Assistant Layout Editor and for teaching me a lot about layout. I had no idea it would be this interesting. Both organizations have been good to me and that’s terrific. Every SCORE student should be so lucky.

Twice the Work

from the cover
termark, and (again) being on time when you are asked or required to work is a good idea.

I feel that these are good requirements, and I probably have left out some that you might find at another time. But what of your expectations and requirements that everyone must follow for success? What do you think makes the service better? There are some rules that I think are important, and you can fit them any way you like.

- Don’t be afraid to admit you made a mistake and made us do the wrong job.
- More importantly, make sure we actually have work to do when you say we have work.
- Accept that we aren’t on call twenty-four/seven, and that yes, we have a life too.
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BECOME A RESIDENT ADVISOR!!

Resident Advisor (RA) applications for the 1996-97 academic year are available ONLY at the following RA Information Sessions:

Wednesday, January 17 at 7:00 pm*
Thursday, January 18 at 7:00 pm*
Sunday, January 21 at 7:00 pm*
Tuesday, January 23 at 7:00 pm*

*All RA Information Sessions are located in Goodwin Residence Hall Classroom.

For more information, please contact Rick Mayfield, Assistant Director for Residential Life at 475-7052.
Collegiate Health and Fitness Tour Visits NSU

Press Release

Nova Southeastern University is among 100 campuses throughout the nation chosen to host the 1996 National Collegiate Health & Fitness Tour. It is the most requested on campus event in the nation.

Students from Nova Southeastern University, Broward Community College, and Florida Atlantic University will participate in a number of sporting events, including artificial rock climbing (30 foot wall), bungee running, mountain biking challenge, ladder crawl, bouncy boxing, human bowling, gladiator joust, sumo wrestling and the velcro fly wall.

The tour will also be providing literature, health and exercise equipment, computer related games, and complete fitness assessments as well as much more.

The goal of this tour is to spread a message to students that health and fitness are as much a choice as any other part of a student’s life.

The event will be held at the North Entrance (west of the Law School), on Thursday, Jan. 25 and Friday, Jan. 26, from 10 a.m. to 4 p.m.

This event will be free to all and as well there will be free giveaways, such as, T-Shirts, Squeeze bottles, Hackey Sacs, Frisbees, Caps, etc.

Students can register to win the following: a Jeep Wrangler or Eagle Talon, a 7-day cruise vacation, Bic Sailboards, Mopar Ski/Bike Racks, His & Hers Reebok Footwear, Perry Ellis Gift Certificates, Sprint Tour jackets, Hawaiian Tropic Gift Boxes and Infinity Systems, Inc.

So join us at the biggest event of this year, if you have any further questions call the Wellness Center at 452-6401.

Bravo Compares Athletes

from page 7

quite sure whether she would have continued playing two sports.

Volleyball, for whom she helped guide to the NAIA Regional Finals, is Thelma’s personal love. She might have played “without a scholarship.”

However, she cannot state the same for softball, a sport which she truly enjoys but does not “love.”

As for Christian, the choice is much easier. Cross-country was the only sport that provided monetary funding for his education. He simply joined the soccer team because he had juggled those two sports in high school. Besides, he saw it as good opportunity to “meet some new friends.”

Evidently, a major component in Thelma and Christian’s success with the added workload or lack thereof can be attributed to their class rank. Larrivie was a new student fresh out of high school when he decided to take part in a second sport. Perhaps it was his lack of experience that “could not dedicate himself fully to both sports.” In contrast, White, a senior, was a key component for both softball and volleyball last year. Her experience allowed Thelma to equally distribute her time between school, volleyball, sorority, and other miscellaneous demands.

Unlike Christian, she knew what to expect. That is why Christian hopes a year of experience as well as a more stringent off-season training will enable him to better accommodate the stressful requirements next season.

The two are quick to point out that if offered to participate under the same circumstances but on a professional level, they’d jump at the chance. There goes that competitive fire taking over again.