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Nova Southeastern University

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For many, this may be your first time at college, your first time in Florida, or maybe even your first time in this country. Who would have thought to add a hurricane to the list? For Nova freshmen coming right from high school, this is not what one calls a smooth transition.

We can control many things here at Nova, but unfortunately, we cannot control Mother Nature. This year, hurricane season showed us what it is all about. His name was Andrew, and I don’t think he made many friends.

"At first, I thought it was over-publicized," began freshman Anthony Dominici. "Then as I saw the destruction and panic across South Florida, I knew it was serious." Anthony, along with many others, traveled many miles to come to Fort Lauderdale, Florida to attend school.

From Canada to the Bahamas, from Portugal to Panama, many students from around the world have had an impressionable first week of American life. Most people stuck it out and realized the situation was beyond anyone’s control.

Although they were scared, some people in the dorms seem to have had too much fun. "With all the partying going on, it was like we forgot what was going on outside. It was kind of cool. We all got to know each other," commented Michele See'CANE on Page 5

Dr. Judith Shulimson Honored at Convocation

The 3rd Annual Nova College Convocation was held August 26, 1992 at 3:30 pm. The ceremony, in the Mailman-Hollywood Center, both celebrated the new academic year and honored a distinguished faculty member.

Judith Shulimson, assistant professor of Liberal Arts, was honored for her outstanding work in both teaching and research in the cultural anthropology field.

In conferring the Dean’s Award for Outstanding Faculty Contribution, Dean Philip DeTurk praised Dr. Shulimson for her courage while battling cancer for the past two years. In her address, Shulimson thanked the students, faculty and members of the Nova Community for helping her to cope with her situation. After Shulimson’s speech, Dr. Stephen Feldman, Nova’s new president, gave
Kevin Hawkins is the Editor-in-Chief of the Nova Knight.

**The Nova Knight invites you to submit original short fiction manuscripts for its Short Fiction contest. Your work can be up to one-thousand words in length. Beginning with the next issue, the Knight will publish your brilliant submissions. At the end of October, a panel comprised of literary experts will evaluate the published entries and award a fifty-dollar (That ain’t just Halloween candy money) prize to the most original and riveting short fiction. Submit typed, double-spaced manuscript and disks, if possible, to the Nova Knight or Student Life offices in the Rosenthal building or call 452-1553 to arrange a drop-off.**

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**'Gerald had always wanted to turn his skin inside out...’**

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**Vicki L. Short** is the associate editor of the Nova Knight.

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**Call 452-1553 to inquire about joining the Knight.**

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**Letter and Editorial Policy**

The opinions reflected in this publication do not speak for the University administration, staff or faculty. Every individual speaks for him or herself. The Nova Knight is not responsible for the opinions of persons associated with this publication.

The Nova Knight editorial staff reserves the right to edit or discontinue advertisements, or bulletins due to space constraints.

Letters must be typed and signed. The Knight reserves the right to edit any published correspondence. Persons who wish to withhold their names from the public should include this statement in the letter. The editors will review this request and determine if printing the author's name will infringe on their right to privacy while respecting their right to be heard. If the name should be withheld, the Knight reserves the right to print the letter.
(our humble opinions)

Fighting the Wimp Factor

Ben Mulvey

So as not to offend those who might think that reference to the President's genitals would be in bad taste, I will euphemistically utilize in the following a word that I learned from my childhood friend Tim Scully.

When commanded by his grade school teacher, Sister John Thomas, never again to use the word balls when referring to male genitalia, Tim recalled Sister's own biology lesson and cleverly resorted to a more anatomically benign substitute for that forbidden phrase, i.e., gonads.

Thereafter, whenever Tim would remark on a schoolmate's playground display of courage, he would say, "What gonads!"

As I recall, Tim was always overly impressed with boyish displays of bravado.

What does this remarkable piece of autobiography have to do with the President of the United States? Stay with me; I'm getting to that.

It's no secret that for the past several years, perhaps beginning in George Bush's 1988 campaign for the presidency, he has been fighting against what the news media used to call the wimp factor.

However, in that campaign, with the help of professional campaign strategists, he began to fashion himself into the image of a strong leader. For instance, if elected, Bush claimed, he would be tough on crime. He wouldn't have furtuahged a Willie Horton; he would have stood up to him and kept him in jail.

Thus, one might say, what gonads! He would stand up against Congress and not allow them to raise our taxes. What gonads!

After his election to the Presidency, Bush continued battling the wimp factor. Perhaps he proved once and for all for his superior testosterone capacity by drawing a line in the sand, rattling his Tomahawk missiles, and challenging Saddam Hussein to a tank duel. What gonads!

But Bush's new-fashioned image of himself as emperor of the New World Order may not be enough.

The challenger, Clinton, is surging in the polls even after an alleged affair with a future Penthouse feature, perhaps because of it.

Consider what might be the logic of the Bush campaign strategists now. Barbara Bush is perceived as a strong woman. George may reign over the New World Order, but these strategists may fear that questions are emerging among the electorate as to who really wears the pants in the White House.

These are the same strategists who are pumping up the image of Hillary Clinton as some sort of crazed Amazon with hedge clippers hovering around the gonads of American males.

What more testosteroneic image can there be than the then Vice-President having a brazen sexual liaison in a Geneva hotel amid charges of diplomats and reporters? "There's no doubt who wears the pants in that family," strategists might now think reassuringly.

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I can see Tim Scully now in my mind's eye. He's just read about George Bush's alleged infidelity in Geneva, and is taking it over with his chums in the elevator on their way to work.

Still impressed with boyish displays, just as the Bush strategists had hoped. Tim playfully pokes his elbow into the rib cage next to him and says, "What gonads!"

Ben Mulvey is an instructor in Nova College's Liberal Arts program.

WE NEED A CHANGE

Larry Kerr

By now, stories about Texas billionaire Ross Perot quitting the presidential campaign race are old news. Actually, rumors have surfaced lately that the Perot campaign is not entirely dead.

However, whether Mr. Perot decides to make a run of it again is not what I think is important. What's more important is the lesson we can learn from the Perot campaign drive.

The Perot campaign drive showed that the American people can make a change. Before Mr. Perot came along, I thought the Republicans and Democrats were hopelessly entrenched in our government.

Yes. Mr. Perot is gone and the two parties are still there, but their very foundations were shaken by Mr. Perot's supporters, the disenfranchised American people.

Even though Mr. Perot deserted his supporters, we have now seen that if we rally together around someone or something we believe in we can begin to change the status quo.

Personally, I don't think Mr. Perot was the right individual to lead us in a new direction, but I hope the American people understand the significance of what they achieved by supporting him.

Because of Mr. Perot's supporters, the Republicans and Democrats were forced to stand up and take notice. They now understand that many Americans are willing to make a major change to improve the condition of our nation. (Just listen to the campaign promises flying around if you don't believe this is true.)

With or without Mr. Perot, we must continue to pressure our representatives and President to do the right thing. We must never forget that the United States Government exists to serve us.

When we are no longer being served, as appears to be happening at this time, then we replace our public servants with those who will truly represent us.

This is not something new; it is all there in the Constitution of the United States of America. The Constitution allows us to carry out a revolution when we are no longer being served.

No amount of money can win an election when the American people are united to oppose it. Thus, we possess the power to remove from office those no longer serve our needs.

I continually hear complaining that our country is degenerating and our government is unresponsive. So who is to blame?

I say we are, the American people. Either we are ignorant to the fact that we can make a change, or we just enjoy complaining about the state of our country and care nothing for actually changing it.

Since it is our constitutional right to change the government when we think it necessary, we can say that we are obliged to make a change in our government when we see our country being literally destroyed at the hands of our present lot of elected public servants.

How can we continue to allow two political parties to control our lives in such a way when we have the power to do something about it?

The writers of the Constitution were fearful of a two party government. Now, unfortunately, we know the reason for their fear. However, all is not lost. Believe it or not there are alternatives to the Republicans and Democrats. Of course, you won't hear much about these other parties because they don't have money to burn on public relations like the two major parties.

If you want a change, then take the time to investigate these alternative parties for yourself. See which ones think along the same lines you do. You just might be surprised at what you find! Then support the party and let others know about it.

These alternative parties need more than money; they need the power of word-of-mouth. And don't forget, be sure to vote with your heart and mind, not with public opinion, on November 3.

A complete change will not occur at once. However, since we are in an election year we can sow the seeds of change now.

Larry Kerr is an accountant-turned-Nova Liberal Studies graduate student.
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Rugged 100% cotton compacted heavyweight jersey with quality taped shoulders & double-needle coverstitched hems. #1010984.

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Heavyweight 50% cotton/50% polyester fleece features quality construction and seamless aesthetics. Choose black, blue or red. #1010985.

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Heavy-duty plastic calculator. Features high-speed printing, 12-digit display. AC power. #3003919.
Many parents, such as those of and education. People who have their house, to help finance their trip, which began on August 7 this year. They will travel around North America on bicycles, pulling trailers, sleeping in a tent. They will use a solar-powered battery charger to supply power for their lights and radio.

They will —
- not pollute; —use no gasoline or electricity; —use only biodegradable soaps and cleaning products —eat low on the food chain; —try their best to be kind and friendly to everyone they meet; —be ready to help everyone else if they need it.

They are Tim Boissey and Bill Najger (with the image of Organic Farmer, Bill Najger (left) and Tim Boissey (right).)

Just before they left, they answered questions about their trip.

Q: What are your goals and how do you expect realistically to accomplish them?

A: We want to talk to people about the environment.

B: It’s a matter of communication.

Q: What is your itinerary?

A: It’s not set. We’ll go up the East Coast to Toronto and visit some friends there, and come back down the Coast.

B: We have no final destination. We want to go to some natural healing centers there and spend the winter.

Q: All people, but we all have to try to pollute less. How do you think you can do this?

A: Everybody needs to do their part.

B: For example, with overpackaging, we can ask the people at the stores not to put so much wrapping on the food. We shouldn’t buy fruit and vegetables that are wrapped.

B: If everybody does something, we can make a difference.

Q: You’ve said that organic farming is the answer to our global food needs. How can you win over meat-eaters and meat industries to this way of thinking? Think about how hard the tobacco industry is fighting to stay alive.

A: Not only organic farming. Remineralization of the soil is also important. We have to grind rock dust and put it into the soil.

B: It’s a matter of information and education. People who have been in the tobacco industry are starting to speak out.

A: Yeah, and in the dairy industry. Too much protein isn’t good for us, because the more we eat, the more calcium is leached from our bones to balance it in the blood. It’s a matter of advertising.

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Recreational Sports
Open Forum 1992

Got an idea concerning Recreational Sports?
Wondering if bobsledding will be coming to campus?
Do you want to know the who, what and why of the new Office of Recreational Sports?

Then Please Join Us!

The Office of Recreational Sports is hosting the first ever Open Forum on Recreational Sports. All and any students, faculty and staff are invited to offer opinions, ask questions, voice concerns, and even constructively criticize the current and future offerings of the recreational sports program.

Where: Rosenthal Student Center, Second Floor Conference Room

When: Thursday, September 3 - 7:30 pm

Who: The entire Nova University campus community is invited

Questions should be addressed to Mike Mansfield, Coordinator of Recreational Sports (476-4780)

See You All There!

SATURDAY
SEPT. 5
1 9 9 2

SIGN UP NOW FOR THIS WEEKEND'S 2 ON 2 VOLLEYBALL TOURNAMENT
ENTRIES BEING TAKEN IN THE REC SPORTS OFFICE
( FIRST FLOOR OF ROSENTHAL STUDENT CENTER )

ANY QUESTIONS? STOP BY, OR CALL REC SPORTS AT 476.4780
Dr. Doan on the Emerald Isle

James E. Doan

This summer I had spent three weeks in the Republic of Ireland and in Northern Ireland. I left Miami on an Aeroflot flight at 10:00 p.m. on July 3, and arrived in Shannon Airport on Saturday morning.

Their baby girl, Christine Marie Elizabeth Schutte-Malouff, made her world premiere appearance on Monday, July 6. Christine Marie weighed in at nine and a half pounds and measured twenty-three inches from her dark-haired head to the tiny nails on her little pink tootsies. Lately, Christine Marie has hunkered down in her crib, playing around with two stuffed dogs, one ray and furry and another of red round with two stuffed dogs, one

Dr. Hall has a rich and exciting viewpoint to classroom. We welcome her to Nova.

A memorable slide-to-be of Thoor Ballylee. Galway, Ireland.

Dr. Hall has an extensive background, having taught at the Miami Institute of Psychology, Kenyon College, and the University of Florida. She completed her undergraduate work in Toronto, and her graduate work at Columbia University in New York, and the University of Florida in Gainesville.

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One immediately notices the quality of the air when landing in Ireland, cool and dry. The traveler also notices the color green which dominates the landscape, hence the name The Emerald Isle.

Dr. Hall has a rich and exciting viewpoint to classroom. We welcome her to Nova.

A memorable slide-to-be of Thoor Ballylee. Galway, Ireland.
"IT COULD HAVE BEEN DIFFERENT.

PEOPLE IN SOUTH DADE NEED RELIEF.

NOVA UNIVERSITY STUDENT BODY GOING THE DISTANCE !!!!

BEGINNING AUG. 31 THRU SEPT. 25

WE NEED YOUR HELP WITH DONATIONS OF NON-PERISHABLE GOODS.
AVE BEEN US''

- AREAS OF SEVERE DAMAGE

CHECK DROP OFF LOCATIONS FOR DAILY UPDATES ON NEEDED SUPPLIES.

- PARKER BLDG.
- ROSENTHAL STUDENT CENTER
- UNIVERSITY HALL
- UNIVERSITY SCHOOL
- SHEPARD BROAD LAW CENTER
- MAILMAN HOLLYWOOD BLDG.
**Culture Commentary**

**Skeletons in Gilligan's Closet**

Ari Roloff

I guess it's about time someone just came out with it and finally had the journalistic responsibility integrity to confront the Brady dilemma. Yes, the Brady Bunch.

The image of Robert Reed from the AIDS virus has brought to a head an evil pimple of a possible situation involving sex scandals, drug abuse, and Satanic rituals. When it was originally discovered that Florence Henderson was allegedly having intimate relations with "Greg" (who actually knows his guy's name?), people knew something even more heinous was going on behind the scenes.

Alice, the maid, is in reality the leader of a coven of witches who are so powerful they control the world through hypnotic images seen through television. As for Marsh, it is a well-known fact that she runs a bisexual motorcycle gang known as the "used-to-be-a-somebody" gang. Did you know Greg is balding?

Why is it that every time I bother to watch television I can only tune in a talk show involving women with large breasts who used to be cross-dressing males who were in reality bisexual lesbians who dated Elvis last week?

Actually, television is better than it was when I was raised on it. My generation was the experimental generation, drugged by shows such as "Gilligan's Island," " Bewitched," and " The Beverly Hillbillies.

It is no surprise to me where all of the good drugs were going in the late '60s and early '70s. Television scriptwriters were all beamed down to earth from the Planet Krypton, and they came complete with their own Kryptonite.

I have a theory about "Gilligan's Island." It is obvious to me that Gilligan was really a vegan god in human form who needed human sacrifices. The episode that proves this theory is the one in which Gilligan's image is engraved on an ancient island totem pole. The barbaric island natives (who in reality must be actors, because they all look Jewish) worship Gilligan as their god. This could not be a coincidence.

Gilligan is a malevolent god who seeks to keep the castaways on his island, living in an eternal Hell created by the evil god Gilligan. That Hell is obvious. It is one in which you are stuck on a desert island with two hot babes, one a flaming redhead, the other a sultry brunette, and you never have sex or even think about it. We can merely assume the only guy that was getting any action was Mr. Howell. Lovey looks like she could take a licking and keep on ticking.

Why does the Skipper always call Gilligan "little buddy"? Gilligan is just as tall as the Skipper. Why did Gilligan and the Skipper sleep in hammocks directly over each other? Wasn't there enough room in the cabin to set up a separate hammock? I'd be scared to death if I had to sleep beneath the "Skipper".

One more point: how is it that on a deserted island the professor is able to put together nuclear missiles? The barbaric island natives (who in reality must be actors, because they all look Jewish) worship Gilligan as their god. This could not be a coincidence.

Jax Margo

I am about to tell you something. You may be shocked, appalled, and never read this column again, but it is something I feel so ashamed about that I must share it.

I got a speeding ticket.

Is that how the police expect you to act? I mean, ooooh—the horror of driving ten miles over the speed limit. Just lock me away for a few years until I learn to be a good machine (Midnight Express).

Let me tell you what happened. I was driving behind a city bus that had stopped three times in a row. I was on my way to Joe Robbie Stadium to meet with my royalness, Emperor Hawkins, to pick up some photos for a background check, the license check, the 16 point tube job, oil change, etc., thus making me even later and giving me more reason to speed.

So, Smokey comes over, hands me the ticket and makes me sign. As he's leaving, I caught myself saying, "Thank you." What the hell is that? Why was I saying thank you to a donut-man who just gave me four hours of bliss at driving school?

I guess it's because I'm so happy that the police force, which I support with my tax dollars, works so hard to protect me.

Yeah, and I'll never speed again!

Jax Margo has a continuing relationship with the B.S.O.—not that you care or anything.

**Faster Than A Speeding Ticket**

Jax Margo

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Science Fiction by Ken Cook

"Ray, I lost my ration card," Men heard himself saying.

Sure, he thought. He would volunteer to turn himself in and have his face burned as a reward for his good citizenship. No, he decided.

Although it was only Tuesday, he would say nothing and suffer another without out eating until Saturday when he would be issued another card. Already the other Workers were lining up for dinner. Rather than risk being seen outside the Dining Area, he pushed open the Front Doors and slipped Outside the Building.

He walked past the smoldering piles of destruction that had once been other Buildings. Filthy Creatures glared and growled at him. He wasn't afraid of them. While he wore his Uniform, he was guaranteed protection by the Laser from every kind of physical violence. However, he felt uneasy because he was doing something he had never done before.

This was the first time that he had ever walked around with nothing to do. He looked at his watch. 8:15. In just forty-five minutes, he'd be able to sneak back and mingle with the other Workers. Nobody would know that he had lost his card. If anyone asked him where he had been, he'd say that he had never done before.

He wondered where the card had gone. It had to be somewhere; it just couldn't disappear. He had to think.

The last time he had used it was at lunchtime. He'd taken it out of his wallet from his front pocket, as he always did, and given it to Ray. Next, as usual, he'd put it back in his wallet, or—wait! some young Workers in a hurry, as usual, had pressed it into him and he'd never touched it. The Laser, like a giant red sun in the sky, was their deterrent. Any of the Filthy Creatures always followed him, staring at him, imitating his breathing, his gestures, always inches away from him but never touching him. The Laser would instantly transform them into dust.

By Friday night, Men's hunger had become very great. He was growing weaker. He had trouble working on nothing by a diet of tea for three days.

However, during that time, he had done some serious thinking about his existence; there was such a senselessness that Ray expected from everyone, a subservience, blind obedience, unsupported by any solid reasons as to why these were the best ways to do things.

After taking these dinnertime walks, Men had seen that the Filthy Creatures always followed him, staring at him, imitating his breathing, his gestures, always inches away from him but never touching him. The Laser would instantly transform them into dust.

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Film, Food and More Fiction

Wesley ‘n Woody—ONE ON ONE!

Owen Huntley

Every once in a while there comes an event that seems to join us together as a nation, a nation that looks beyond the color of one’s skin. Direct from the big screen to home video. White Men Can’t Jump is that type of event.

We begin in Los Angeles at a neighborhood basketball court. We find Wesley Snipes, one of the co-stars of the movie, playing the role of a flamboyant basketball hustler. He completes some shots that would make Michael Jordan blush.

When his opponent begins to argue a regard to the score of the game, Wesley approaches Woody Harrelson, his co-star. Wesley asks Woody if he knows what the score is, but he doesn’t.

A short dialogue of name-calling ensues and Woody challenges Wesley to a shootout: the best of the movie, playing the role of Woody if he knows what the score is, but he doesn’t. Woody has an underlying problem of managing money. He is long on non-smokers, joggers, weight-lifters, and countless others. But what is it?

First of all, there are two kinds of physical fitness. One is the medical definition of well-being, and then there is the media’s cracked-out and over-rated gosh of garbage.

Which of these two ideas does the public believe? Consumers believe whatever a group of board members, lunching in some expensive Italian restaurant on a fatty lasagna that would make cardiac arrest inevitable, decide to advertise.

All those Scandinavian commercials with Cher, who has had more plastic surgery than a vissicive addict, have done a number on the unsuspecting public.

What about the neat, new products that seem to appear in times of such fashion? One of these discoveries seems to be the fascination with yogurt, particularly, no fat and sugar free varieties.

I am familiar with various yogurt shops around the South Florida area and these are just terms to get the ‘buy into that healthy image.

Four main types of yogurt are currently available on the market: “Regular low-fat yogurt” is yogurt made with all-natural ingredients. There are no artificial colors or flavors. This type is still as fat because yogurt, by nature, is less fattening than its counterpart, ice cream.

This quality could mainly be due to the company’s use of skim milk and non-dairy substances, which would cut down on the amount of fat in the final product. This types runs about 27-30 calories an ounce. “No-fat yogurt” is made with all-natural ingredients, which means no artificial colors or flavorings are added. Fructose is the sweetener used, which is a form of sugar, although not pure cane sugar. Basically, there is no digesting aftertaste.

This kind of yogurt contains 13 calories an ounce for vanilla, and 16 calories an ounce for any other flavor. “Dietary yogurt” can vary and quite a few brands are out on the market. The more popular ones are Jersey Maid, Gise, and Frace.

They range anywhere from 8-10 calories an ounce. Again, they contain fructose.

Taste is the main differentiating factor, as they can be more icy and less creamy. They also have a slight waxyt and bland taste.

They are popular, though, mainly due to their calorie content. They are also advertised as being safe for diabetics.

“Sugar-free yogurt” (also fat-free) contains the artificial sweetener NutraSweet and artificial flavors and colors. It has approximately 18 calories an ounce and is safe for diabetics.

Yogurt, however, is not to be devoled alone! It must be accompanied by a wide variety of toppings, ranging from fresh fruit and granola all the way to wet nuts [walnuts drowned in maple syrup] and hot fudge.

More Mistakes...with Ken Cook’s Men

(Continued from Page 11)

Creatures managed to live outside of the Building, among the rubble of their own decaying buildings. They survived and they apparently did just about anything they wanted to do.

During his walks he had seen broad fields planted with various crops. These must be food for the Filthy Creatures, who certainly looked healthy enough, despite their disgusting manners. However, he had a hard time imagining any of those horrid creatures doing any real work. He had been brought up to believe that only the Workers in his Building did any work, and all the Outsiders were nothing but Filthy Creatures.

A voice with a familiar sound called to him. Startled, he looked up. It was an old man with a heavily scarred face. He stood in the doorway beckoning. “Young man, I know you’re hungry,” the old man said eagerly. “I have some bro. Come and eat it.”

Men looked at him hesitantly. He shouldn’t trust a Filthy Creature. This old man wasn’t wearing a Uniform. His face was hideous, but there was something in his voice that made Men feel comfortable. And he was hungry, hungrier than he had ever been before in his life.

He walked, almost staggered, toward the old man, his salvation, who stood in the doorway beckoning. Forgetting for the moment that it went inside the shack he would be out of range of the Laser, he let his temptation to eat get the best of him.

He stepped inside. There was a crude table, with several steaming dishes set on it. "Please sit down and eat," said the old man pleasantly. Men walked to the table.

Immediately, the door closed and three Filthy Creatures jumped out at him. Two of them attacked high, and one grabbed his legs. He struggled, and they were too strong. Rapidly and efficiently, they stripped him of his Uniform, threw him out of the shack and shut the door.

Ken Cook is a frequent, dependable writer for the Nova Knight.

The 90’s have started what will undoubtedly be called the Health Years. Suddenly, there are no fatty foods! Health and exercise are in—fat is out. Shaping up in the 90’s? Not! The idea of physical fitness with all its ideals has gotten to the point of idiocy.

There are no fatloads of all sorts: low-calorie frozen dinners, vegetables, desserts, and even gum. Doesn’t this all seem so desperately random? What is it that manufacturers are trying to sell? Fitness.

Physical fitness is the one product that has been selling and selling. It is what drives non-smokers, joggers, weight-lifters, and countless others. But what is it?

First of all, there are two kinds of physical fitness. One is the medical definition of well-being, and then there is the media’s cracked-out and over-rated gosh of garbage.

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Rollerblading Crashes Nova!

Mike Mansfield

The Office of Recreational Sports kicks off the new year this weekend with two events guaranteed to keep even the most dedicated couch potatoes off the sofa.

Sign-ups for the Fall 2-Person Volleyball Tournament will continue through Thursday, Sept. 3. The tournament itself will be held on Saturday, Sept. 5 with first games beginning at 9:00 am.

Players can participate in Men's, Women's, and Co-Rec divisions and entry to the tournament is a mere five dollars per team. Not bad considering at 9:00 am.

Anything to do Saturday, the rest of the weekend? Well, as Women's, and Co-Rec divisions and Volleyball Tournament can do so in the current economic conditions.

You're still welcome to come out and polish your skills with the instructors and join everyone for a big group skate around campus following the clinic.

As much fun as this will be, there is some minimal responsibility if you'd like to be a participant. All you have to do is come to the Student Life Office and sign up by Thursday, September 3.

Best of all, the whole deal only costs you, the skater, a measly two dollars. That's right--hours and hours of outdoor fun for less than the cost of a triple cheeseburger at McDonald's.

OK, you say, "so I've got something to do Saturday, but what about the rest of the weekend?" Well, as the Gumby Knife people say "But wait, there's more!!"

Continuing with the theme of activity for the first holiday weekend of the '92-'93 school year (Remember, Monday is Labor Day so start putting up your Labor Day decorations now) Sunday will keep you moving as well.

Those who think they've got what it takes (or just want to watch those who do) can participate in one of the fastest growing sports in America by joining us in the Mallman-Hollywood parking lot for a few hours of In-Line Skating.

A Representative from Rollerblade will be bringing skates to campus for people to use, and a staff of professional instructors will be leading a learn-to-skate clinic for beginning and intermediate level skaters.

If you have your own blades, you're still welcome to come out and polish your skills with the instructors and join everyone for a big group skate around campus following the clinic.

All you'll remember is the grin. Sure you'll sweat. You'll breathe. Rollerblade calls this a workout. Sure you'll sweat. You'll breathe. You'll push. But all you'll remember is the grin.

Spokesperson for Rollerblade® and Skate Smart™

SPONSORED BY THE OFFICE OF RECREATIONAL SPORTS 476-4780

So plan to spend the weekend with Rec Sports. If you play with us on Saturday and Sunday, we'll give you Monday off. That way you can still have a big Labor Day feast and exchange gifts and all that stuff.

Kind of sounds like the perfect holiday weekend, huh?

Mike Mansfield returns borrowed items on time...we've seen proof!

Nova Catches Alumnus Pitching Coach

Adrienne Bucci and Scott Vrabel

Former Nova University baseball player Bob Deutschman recently accepted a new role with the Nova University Knights' coaching staff. Deutschman took over the role of Pitching Coach and Recruiting Coordinator for the baseball team after Pat Jones resigned from that position after the '92 season. He joined Head Baseball Coach Sonny Hansley and Assistant Coach Scott Vrabel on staff.

During the spring of 1992 Deutschman served as the team's Assistant Pitching Coach. "My experiences last season included being given the opportunity to make mistakes. It was a learning year for me where I started to develop my own philosophies and techniques. I'm looking forward to the upcoming season."

He is a welcome addition to our staff," said Hansley. "He did a credible job assisting Pat Jones with the pitching staff throughout last year. What he may lack in experience, he'll more than make up with desire, energy, and the will to be around this game.

Deutschman has been working for Nova over the past couple of months, attempting to bring in good student-athletes who can help the baseball program to improve. The Knights coaching staff is in union when they talk about some of the new recruits who will be coming in the fall.

"I think Bobby has done a good job in picking up where Pat left off with our recruiting," said Hansley. "Bobby started doing the recruiting late in the recruiting season, but we still feel like we have landed the students who should be able to help us improve."

Deutschman hails from Lely H.S. in Naples, Florida where he lettered in baseball and football. He was recruited by current Head Baseball Coach and Athletic Director Sonny Hansley to attend Nova and participate on Nova's first baseball team in 88.

Deutschman was one of the original Knights players, who helped to lay the groundwork for some of the success the team has recently enjoyed. He is currently one class away from earning his Bachelor's Degree in Education with concentration in Social Studies. He will graduate from Nova in the fall.

Adrienne Bucci loves Nova sports and Scott Vrabel does, too.

Nova University Baseball

Deutschman (left) accepts an award from Head Coach Hansley.
"My Mom, she thinks all I ever do is go through 'phases.' You changed your major again? Now it's Ethnic Dance Forms? When are you going to come to your senses and pick something sensible? (Sigh) Well, I guess it's just another phase. So I told her, 'Give me a break Ma. I mean I kept the same phone company all four years... She was impressed.'

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**Fad or Food?**

(Continued from Page 12)

These toppings are hardly no- nal. All the people who wander in and out of the yogurt stores searching for the healthy snacks are frantically searching for something ideal, while at the same time being very unrealis- tic.

Customers looking for physical fitness come in to eat a hot fudge sundae. Then they want it to be free of fat, sugar, and calories. Well, sorry! Life doesn't work that way.

Yogurt gives people the impres- sion that they are searching for a way to be naughty, and then forgive themselves because it is healthy to eat yogurt.

They want something that will not cause them to gain weight, something that will make them look like America's ideal of health fitness. What is the secret to true physi- cal fitness? Eat right, exercise, and don't believe a drop of the advertis- ing you see or hear on television and the radio.

Media perpetuates a myth of that voluptuous women and muscular men represent the most desirable of our society. But you only have to look around you to see that these are only images. Turn a page or a channel and they are gone.

Kimber Sharp, a.k.a. The Grampus, is still looking for Static!