Guess Who's Coming to Nova?

Breakfast Speaker Series

Nova University's Executive Council Forum is a community service of the university. The purpose of the Forum is to provide business, industrial and civic leaders of South Florida an opportunity to hear nationally recognized speakers and to participate in discussions of current issues in politics, the economy, energy, defense and international affairs.

The 1980-81 Executive Council Forum Breakfast Series was such an astounding success that the university now will bring to Fort Lauderdale not only the Breakfast Series but also a Luncheon series as well. On this page you will see who's coming to Nova!

Both series meet at Stouffer's Anacapi Inn, 1901 N. Federal Highway, Fort Lauderdale. Breakfast Forums are held on Wednesday mornings. Breakfast is served beginning at 7:30 a.m. Speaker begins at 8 a.m. At luncheon forums lunch is served at 12:30 p.m. Speaker begins at 1 p.m.

Membership fee is $75 for each series. The membership fee covers attendance at Forums in each series, as well as breakfast or lunch. For further information, call 475-7406.

Luncheon Speaker Series

THE HONORABLE CLARE BOOTH LUCE... (October 1981) former American ambassador to Italy, former Congresswoman, playwright, editor, writer

GEORGE PLIMPTON... (February 17, 1982) author of Paper Lion, editor of the Paris Review, "professional amateur"

Margaret Truman Daniel... (December 2, 1981) lecturer and author of the best-selling biography of President Harry S. Truman

EDWIN NEWMAN... NBC News correspondent, provided network coverage of the Reagan assassination attempt, has written bestselling books on the death of the English language (September 30, 1981)

LIZ CARPENTER... (April 7, 1982) communicator, executive, author and writer, 32-year veteran on the Washington scene, executive assistant and later staff director and press secretary to Lady Bird Johnson... appointed by Gerald Ford to the International Women's Year Commission... appointed by Jimmy Carter as assistant secretary of education for public affairs.

JAMES DALE DAVIDSON... director of the National Taxpayers Union, the driving force behind the Constitutional Convention to Balance the Budget, author of The Square (an account of the decline of the American middle class) (January 20, 1982)

GEORGE GALLUP, JR.... the name in public opinion polls (November 4, 1981)

BESS MYERSON... former Commissioner of Consumer Affairs for the New York City, writer, diplomat, political candidate, former "Miss America" (March 10, 1982)
News Briefs

Auditions Set For Nova University Community Singers

The Nova University Community Singers, 125 members strong, will begin rehearsals this Fall on September 8th at Hollywood Hills High School from 7:00 p.m. - 9:45 p.m., under the talented direction of Peggy Joyce Barber. Dana Davis is the accompanist for the group.

Auditions for New Members Only will be held on Aug. 25th and Sept. 1st, Hollywood Hills High School from 7 - 9 p.m. For further information, please call Ginny Nelson at 431-9344.

Anyone who enjoys singing good choral literature will surely enjoy this group. Come join us!

Weight Management Program Offered At Coral Springs Campus

Dr. Martin Lerner, director of Nova's Eating Disorders Clinic has opened an office at Coral Springs. The clinic's Weight Management Program has been available at Nova's Coral Springs campus for several months. Treatment in the weight management program is in a workshop format and concentrates on changing eating habits rather than the traditional approach of dieting. Psychological services will be offered both in group and individual formats.

New Center For The Study Of Administration Clusters

The Center for the Advancement of Education has recently formalized plans for the national dissemination of excellent language and cultural programming submitted by Master's and Educational Specialist students. This will be accomplished through an agreement with Educational Service Group, Inc. in Scottsdale, N.Y., operations of the School Public Information File (SIPF). Through the computerized retrieval system, educators from across the country will have access to the best of our student work, first-hand insights created in response to educational problems.

Practicians On Display

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Nova University Topic Of Coral Springs September Chamber Meeting

The future of Nova University at Coral Springs will be the agenda for the Coral Springs Chamber of Commerce on Tuesday, September 15th at 7:30 a.m. at the Coral Springs Country Club.

Nova/Coral Springs director, Pat DeGraaff will discuss new academic and service programs, the development of plans for Nova's expansion into the Coral Springs, and the Nova/Coral Springs 1981-82 cultural calendar. Dr. Joseph Bandano will discuss Nova's acquisition of the Watson Field Academy which has become the

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Tuesday - 11:45 A.M. - 2:15 P.M. - 6:00 P.M. - 9:00 P.M.

Slant on Film and the Arts

By Betty Leverentz

You did it! By sending your ballots from the Nova News, you have voted for a list of films for the 1981-82 Film Society season that promises to be one of the most exciting series we have ever had! With films such as Fellini’s City of Women, Kurosawa’s Kagemusha, and Reznik’s Mon Oncle D’Amérique, you have also selected what should be the finest such series in South Florida!

Here are the films you selected:

THE PLUMBER (Australia, 1979) Director: Peter Wier
THE CHANT OF JIMMIE BLACKSMITH (Australia, 1978) Director: Fred Schepisi
AUTUMN SONATA (Sweden, 1978) Director: Ingmar Bergman
EVERY MAN FOR HIMSELF (France, 1980) Director: Jean-Luc Godard
MON ONCLE D’AMÉRIQUE (France, 1980) Director: Alain Resnais

In THE REALM OF THE SENIORS (Japan, 1979) Director: Nagisa Oshima
CONFIDENCE (Hungary, 1980) Director: Istvan Szabo
LES PETITES FUGUES (Switzerland, 1979) Director: Yves Terrin
WOYZEK (set at no. 70, 1979) Director: Claudio Baglioni

KAGEMUSHA (Japan, 1980) Director: Akira Kurosawa
TO FORGET VENICE (Italy, 1980) Director: Franco Brusati
HANG THE DRUM SIMPLY (U.S., 1972) Director: John Hancock
THE SEDUCTION OF MIMI (Italy, 1974) Director: Lena Wertmuller
BREAKER MORANT (Australia, 1979) Director: Bruce Beresford
LOVE ON THE RUN (France, 1970) Director: Francois Truffaut

THE SPIRIT OF THE BEEHIVE (Spain, 1974) Director: Vincente Prunell
PRACTICE MAKES PERFECT (France, 1980) Director: Philippe De Broca

In A YEAR OF MOONS (Germany, 1979) Director: Rainer Fassbinder
CITY OF WOMEN (Italy, 1979) Director: Federico Fellini
LAST TANGO IN PARIS (France, 1972) Director: Bernardo Bertolucci

You also decided through your ballots that you like the times and places the films have been shown in the past. Thursdays, 7:30 p.m. in Coral Springs; Fridays, 7:30 p.m. in the Mallinak Hollywood Auditorium on campus. The only change you indicated was from 2:30 p.m. on Sundays on campus, to 5:00 p.m. So be it. We are adding a fourth showing this year to be held on Saturdays, 7:30 p.m., at the Law Center — so we should be showing near all of you.

Memberships will sell for $35.00 for the full series (20 films; $17.50 for the half series (any ten films); and $20.00 at the door for individual tickets. Senior citizens will be allowed a 6% discount on the full series. We are offering special discounts to Nova students, faculty, and staff, so, if you are interested, do call me at 475-7438.

Nova University’s cultural year — which is to be called, EXPONOVA — will be going into full swing in October. We promise to be a banner year! In addition to the opening presentations of the Film Society in early November, a full year of exciting cultural events are scheduled. Watch for the EXPONOVA cultural calendar coming up in the Nova News, October issue!

Starting off EXPONOVA in October will be a one-man show of the paintings of noted artist, Jonas Gerard, to be held at the Nova University at Coral Springs auditorium, starting Saturday, October 16th and will run through October 20th. Mr. Gerard did all of the works to be on display especially for this show. Admission will be free.

Nova University’s annual art competition and exhibition, now titled, The Francis McCall Memorial Art Exhibition, will be kicked off with the acceptance of the works submitted on October 5, 6 and 7, on campus. The judging will take place on October 8th, after which winning works will be moved to the Coral Springs Art and Culture Center for the exhibition, starting October 18 and running through November 5th. The exhibit will be free to the public. Those interested in submitting works of art for this competition should contact me at 475-7435.

On Saturday, October 5th, the first in a series of four original plays, titled, Copied Bird Songs (Top Roots II), will be presented by WoMans Showcase in collaboration with the Nova University at Coral Springs in their auditorium. Tickets for this event will sell for $5.00. For ticket information call either 733-7300 in Coral Springs or 475-7438 on campus.

For information about any of the events in EXPONOVA, Nova’s wonderful year of the arts, call Betty Leverentz at 475-7438 or 733-7300 in Coral Springs.
Nova University, known in Florida and throughout the United States as one of the major forces for change in higher education, has been making an equally significant contribution to education at all levels in Central and South America. "In Chile, we have trained teachers. In Venezuela, and Argentina, to create a person-to-person educational model, and to leave knowing that the work will be continued," says President Fischer. "We are a catalyst for social change. We don't build buildings or a campus in another country. It is instead to create educational model, and to leave knowing that the work will be continued."

In Bogota, Nova has worked with high school teachers, offering them a master's in education and assisting them to upgrade their competence so that they could train the teachers of teachers.

"In Argentina, we've worked to upgrade the science curriculum," says President Fischer. "In Chile, we've trained teachers. In Venezuela, the Institute of Pedagogy at the University of Barquisimeto has offered our master's degree. But whenever we've gone, it's been almost the same story: Go to the source, to the teachers, if you want to see society change."

In Panama, Nova is the only foreign university licensed to provide higher education, working through a broad range of programs at the undergraduate, master's, and doctoral level.

With the large number of Latin American students coming to the United States to study full-time, Nova has also developed the intensive English Program for international students. The goal of the program is to prepare students for successful university or career experiences by helping them develop proficiency in speaking, writing, and reading English. The program is now offered in Panama and in Fort Lauderdale and tolerate a substantial number of students.

Because the State of Florida is in a unique position of being at the center of trade with South America, the Nova University Center for the Study of Latin America provides programs to train attorneys to deal with the scope of international trade. A program held in Miami with Latin America has explored the comparative law of the United States and of Latin America.

"The goal of a university," adds President Fischer, "is to transmit ideas. What a better way to do it than across the barriers of language, custom, and nationality, and who else should do it but a university."

Center for Behavioral Sciences
Anno nces New Doctor of Psychology Program

Dr. Abraham Fischer, President of Nova University, has announced the acquisition of the Florida School of Psychology in Miami by Nova University.

The school will be a component of the Behavioral Sciences Center of Nova University. The School of Psychology will be directed by Dr. John M. Flynn, Director of the Nova Behavioral Sciences Center.

Established in 1977 in Miami, the Florida School of Psychology, offered the Doctor of Psychology (Psy.D.) degree on a full-time basis to students seeking a career in psychology in a practically oriented, practitioner-oriented format rather than in a research-oriented manner.

Dr. John M. Flynn, who will now be offered by Nova University's Behavioral Sciences Center, has been working in collaboration with the Ph.D. (Doctor of Philosophy) in Clinical Psychology degree presently offered which is a research oriented program primarily oriented toward training scientists and practitioners in psychology.

"We have been planning to start a program of this nature for several years and were planning the in-epidemic fall of 1982. This enables us to be on stream a full year ahead of schedule."

According to Dr. Flynn, Director of both of the programs, a move began in the 1960's to develop psychology programs to educate highly skilled, practically oriented psychologists who results in what has come to be known as "professional psychology." An outcome of this movement in professional psychology has been the emergence of the Doctor of Psychology (Psy.D.) programs as alternatives to the more traditional Ph.D. programs. In general, the Psy.D. programs are practitioner oriented, turning out clinical psychologists who are members of the psychological services rather than researchers and academicians, the traditional products of the Ph.D. programs.

Nova will become one of more than 20 different schools in the nation offering the Doctor of Psychology (Psy.D.) program. Nova currently has 150 students enrolled in the school and all will be admitted to Nova for continuation in the program. All degrees earned by the students of the Florida School will be honored by Nova. Dr. Flynn added that the school is extremely excited about adding the school to Nova University and we are enthusiastic about developing a top-notch doctoral program.

We plan to seek accreditation by the American Psychological Association as soon as possible.

Dr. Henry Bessette, Chairman of the Board of the School of Psychology, said, "I feel that this will be a good marriage. Nova has been innovative and willing to pursue new avenues, I feel that for the continuation of the school and the profession of psychology and by following APA guidelines, this will be a good marriage where everyone benefits. I feel the School of Professional Psychology will grow and be a strong professional school which will be full accredited."
The Mailman Family Center: A First

Dr. Marilyn Segal, left, Dir. Family Center, and Joe Mailman assist Mrs. Abraham Mailman in cutting the rainbow ribbon of Family Center Building.

Summer Institute in Early Childhood Education Brought Students, Ideas Together at Sonesta Beach

Sixty students, all doctoral candidates in early childhood education from states as far away as New Jersey and New York, met on Key Biscayne July 20-25 for their Summer Institute, a part of their degree requirements.

Dr. Polly Ebbs, Program Director, welcomed students to a program that represented a potpourri of topics that were requested by the participants.

National lecturers spoke, students gave presentations to one another, and there was much sharing of information and ideas, as well as the excitement of meeting.

Dr. Joanne Nurss, Dept. of Early Childhood Education, Georgia State University, spoke on "Research & Issues: Assessment of Young Children." In speaking of various testing situations, Dr. Nurss pointed out that the old theory that children are better off tested by a person of the same race and same sex has been discounted by new research. The new research shows that as long as the person is a warm and caring person, testing goes well. She spoke about various types of bias that enter the testing picture. An example given was "regional" bias, not just socioeconomic bias. For example, in Denver, Colo., where United Airlines runs its headquarters, a "man in uniform" to children was not a policeman, but a United Airlines employee.

Dr. Dot Goldenberg, and Dr. Carol Mardell, developers of the DIAL testing system used in all Broward County schools for the pre-screening of kindergarten students, gave their presentation of "Administration/Scoring of the DIAL Concepts Area: Practice and Issues." In Florida, the DIAL system is used by 76% of counties statewide. Dr. Mardell was quick to point out that "There is no perfect test," but added that "We tried to pick behaviors that are not biased."

The administration of the DIAL test is called an operator, and it is interesting to note that, according to the developers of the test, the better testers are neither too skilled nor so inquisitive that they ask too many questions and throw the testing off!

On Wednesday of the seminar week, students shared activities and ideas formally with groups of other students; Harolene Storr, Center Director at the Joseph Cabot Community Center in Miami, exhibited "The Art of Communication through Movement and Music" with her auto harp.

Dr. Wendi Masi, Dir., Family Programs, can often be found engaged in meaningful play activities with toddlers at the Family Center.

Michael F. Cox, noted sculptor, stands beside The Embrace, a translucent sculpture of his own original art which he presented to the Family Center.

The Family Center is exciting both in its physical layout as well as its concepts. A special feature of the family center are the parent/child programs. In these parent and child activities, their children from 6 weeks to 51/2 years old attend weekly and bi-weekly play sessions. Parents have the opportunity of sharing a variety of learning experiences with their children. Together, parents and children participate in music, movement, sensory, art, language and imaginative play activities. Experiences designed to encourage creativity, develop thinking skills, and provide opportunities for social interaction. In each class, activities are specifically geared to the developmental level of the children.

On the first floor there are five stories after a field trip, and in many other ways.

Volunteers have yielded Ms. Parker such treasures as a husband and wife architect team who built a playhouse for the kindergarten children.

Allan Redmond, a student in the Orlando cluster and a representative for a small charge for a parent to help a child adjust to a hospital stay.

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Allan Redmond, a student in the Orlando cluster and a representative
model learning environments for toddlers and pre-school children. The Green Room is for Problem Skills, and is dominated by a large tent, where young people do their problem solving, in their own special hide-a-way. The Blue Room, focusing on language development, includes a puppet stage, a grocery store, and a block building area. The Red Room, a Toddler Science Laboratory. It includes a real kitchen for toddler-size chefs, water and sand play areas, and miniature roadways for would-be traffic controllers or highway engineers. The fourth room, the Yellow Room, is designed to inspire creativity. It includes a full-size dollhouse with a well equipped bedroom-dressing rooms, and a modern doll kitchen.

The Pink Room, on the second floor, is probably the most exciting of all. It was designed by Dr. Segal and her staff and is unlike any other such room in the country. Dominating this room is the BEHABE CLIMBING structure where young infants, and handicapped children can share the joy of climbing to new height...together.

The second floor also houses five therapy rooms which are managed by clinical psychologists from the University. A consulting psychiatrist and pediatrician complete this area. Hearing tests are administered upstairs, as well as testing and evaluations, family counseling, and group counseling.

The largest room on the second floor is a multi purpose room, with a dividing door that houses the Learning Disability program and the Reading clinic. This room is fully equipped with the most up-to-date media and learning aids and will be used for a variety of educational purposes. Three small rooms provide opportunity for one-to-one tutorials.

Truly the Mailman Family Center is geared to the entire family. Dr. Segal states emphatically, "The center is the place for our families to learn from our families and they learn from us. The Mailman Family Center is a resource for our child care facilities; we are a model. As we become aware of new and emerging needs, we will be developing products for families and recording developmental material to use with infants and toddlers. The Family Center is in every sense a resource for families in Broward and a model for the nation."

with Childcraft, spoke to his fellow students about "Unit Block-Cornerstone to Learning," Redmond's presentation was doubly exciting not only does he sell the Dial system to schools (which block building) but he enrolled in the Nova program in early childhood education in order to know more about what he is doing with Childcraft.

Chancellor Alexander Schure speaks at Family Center dedication.

By Dr. Marvin Silverman

In January, 1980 I received an Ed.D. degree from Nova University in early childhood education. After having spent seven years as an elementary school counselor, I decided to enter into the world of self-employment, at age 40, and join Dr. Abraham Emeritus Brandeis University.

Dr. Abraham Sächar, Chancellor Emeritus Brandeis University gives address at dedication.

Nova Graduate Becomes Unwed Father

Peter Anthony Silverman (his new American name). All of my assumptions from my training in psychology and education were in the back of my mind. Peter never wore shoes, never flushed a toilet that connected to a sewer, he never attended school and he probably did not have a tremendous amount of specialized stimulation in the orphanage. He was accustomed to washing his underwear in the shower because his wardrobe was so limited. He could not read numbers of letters and he thought that I was stealing when I placed a can of soup in the Publix shopping basket because I had not yet paid for it. Since I knew how important sensory stimulation, verbal interaction, and pre-school education was during the first few years of life, I assumed that my son's learning potential might be limited but, since my love for him was unconditional, whatever he could achieve would be fine.

My first concern was to establish a loving, caring, and nurturing relationship with Peter, while simultaneously bringing him adjust to his new culture and environment. From the moment my son arrived, he was outgoing, happy, and curious about everything.

(Continued on Page 8)

Center for the Advancement of Education Initiates Interact

Students studying for master's degrees in various fields of education were brought together for an intensive three-and-one-half week workshop on Nova University's main campus in Davie, FL where they practiced "learning by doing."

Directed by Dr. Georgianna Lowen, Center for the Advancement of Education, Interact provided a unique content-oriented, multidisciplinary approach to the study of graduate education. The Interact format included major modules in early childhood, elementary education, emotionally handicapped, gifted child education, and reading and specific learning disabilities.

Meeting daily, participants were active in enjoyable and meaningful study, as well as planning and instructional contact, with pupils from the University School Summer Camp all over the direction of a masters teaching team.

Dr. Richard Goldman Director of the Center for the Advancement of Education, was a guest speaker who gave the students, mostly teachers, from the Dade and Broward school systems, advice on "Parent Involvement." Dr. Goldman presented a model on parent involvement showing the parent as a resource, decision-maker, teacher, and as a better parent. Students were most enthusiastic during this session, not just as teachers, but as parents themselves.

Dr. Goldman shared anecdotes of life within his own family of two working parents and three school-age children.

Dr. Goldman pointed out various national programs involving parents. He noted that Dr. Jack Gorden from Georgia, who compiled a followup of Headstart programs in kindergarten through grade three, showed that it didn't matter what the curriculum was, it was the parents' involvement, whether or not parents were working with their children, that made all the difference.

Dr. Goldman pointed out that private and parochial schools have much to offer in part because the parents have chosen the schools and are committed to them.
Graduation Activities

Dr. Abraham Fischler, left, prepares for University-wide graduation ceremonies with Chancellor Schure.

Marilyn Nagel, left, enjoys graduation festivities at Alumni dinner dance with Dr. & Mrs. Abbey Manburg, center.

Lawrence R. Belli (left), newly-elected board member for the National Association of Elementary School Principals, is congratulated by NAESP President John Ourch.

President Fischler chats with Dr. Roy W. Crawley, who received an honorary Doctor of Laws degree in graduation ceremonies.

Dr. Polly Ebbs & husband Steve Siplet at dinner dance.

Alumni Association

On The National Level

In Memorium

John W. Fry, Ed.D., '80, director of community services at Kapolei Community Colleges and program specialist at Leeward Community College, died in June, 1980.

Dr. Fry founded the Hawaii Association for Staff, Program and Organizational Development (in higher education). He received the 1980 Distinguished Service Award from the American Association of Community and Junior Colleges national council for staff, program and organizational development and was recognized by the Hawaii Legislature in a resolution passed in March 1981.

He is survived by his mother, Mrs. Sarah E. Fry of Martinsburg, W.Va., a sister and two brothers.

Carmen F. Ross, Ed. D., '79, died suddenly, Tuesday, June 9th, 1981. At the time of her death, she was a Professor at the University of Miami School of Nursing and an active leader in nursing locally, statewide and nationally.

Her professional career in South Florida since 1955, was both in nursing service and education. She instilled dynamic and progressive techniques in health care delivery as Director of Nursing Service and Nursing Education at Mt. Sinai Hospital of Greater Miami from 1954 to 1964.

Dr. Ross was also Director of the School for Practical Nursing at Mt. Sinai Medical Center and was instrumental in the school achieving state and national accreditation.

She recently completed the 5th edition of her text "Personal and Vocational Relations in Practical Nursing."

Her contributions to the advancement of professional nursing were in Ethical/legal issues, leadership and administration. Dr. Ross was appointed by Governor Askew to the Florida State Board of Nursing in 1970 and served as President from 1973 to 1977. She was an active participant in the FMA/FNA Joint Practice Commission and assisted in the revision of the Nurse Practice Act, 1975. She was the recipient of numerous meritorious awards and honors.
— International —

MAKING NEWS . . . .

On the State Level

JAMES L. SPARTZ, Ed.D., '79, has been named assistant state superintendent for administration at the State Department of Public Instruction. Dr. Spartz, a resident of Camden, had been state director of finance and school services since 1977 and earlier was supervisor of evaluation. The department works as staff of the State Board of Education to supervise the school system and help school district officials improve instruction.

Alumni Represents Nova

BRICE W. HARRIS, Ed.D., '77, represented Nova University at the inauguration of Gene A. Budig as Chancellor, The University of Kansas, Lawrence, Kansas, on August 24, 1981.

In Their Regions

Region II

MARK S. COLTRIN, MBA, '78, has been promoted to vice president by North Carolina National Bank.

North Carolina National Bank, the major subsidiary of NCNB Corp., is the largest bank in the Southeast. Headquartered in Charlotte, the bank has 176 branches in 59 communities throughout North Carolina and offices in New York City and six foreign countries.

Region V

LOIS ELIAS, Ed.D., '77, has initiated legal action to gain a promotion which she claims was denied because of gender. The suit states that a less-qualified man was given the position.

Dr. Elias is asking the U.S. District Judge in El Paso, Texas, to appoint her to the position with back pay and to prohibit the college from continuing promotion practices that discriminate by sex.

Regional Meeting

Graduates in Region VI were invited to a President’s Cocktail Party at the Sun Francisco Hotel, San Francisco on Friday, August 7, 1981. Graduates were also invited to stay for the banquet following which was arranged by the Ed.D. Leaders program during their Summer Institute. The guest speaker for the occasion was Dr. Alonzo Crimm, Superintendent, Atlanta Schools. Between 55 and 60 persons attended.

Dr. Joe Thomas, DPA ‘80

Father, Patriot, Educator

Dr. Joe Thomas, who holds a doctorate in public administration from Nova University, never guessed when he was beginning his illustrious career with the Navy over two decades ago that he would return to Lowell, Mass., place of his birth and home of his family for over 150 years.

And yet, today he resides there and is combining experiences of his Navy career years with his doctoral degree in public administration by teaching at nearby Assumption College in Worcester, Mass.

Assumption College is a liberal arts school with 1,500 students that has just recently added a business curriculum and Dr. Thomas! Thomas has much to bring to his students. A graduate of Annapolis, he was a member of the Explosive Disposal division in the Navy.

Dr. Thomas and his wife Evelyn, a registered nurse, whom Thomas also labels “a real estate salesperson and licensed mother,” are the parents of three sons and a daughter.

Recently, daughter Cathleen became the third family member to graduate from Annapolis when her father proudly commissioned her at graduation ceremonies in May. Brother Richard is a physician stationed in Norfolk and also a graduate of Annapolis. John is busy serving an internship at the Center for the Arts (SUNY) College at Purchase and working on a master’s in theater arts management. Bill is the only offspring who hasn’t left home yet. He manages Fred Locke Stereo in Lowell.

Dr. Joe Thomas commissions daughter Cathleen an Ensign in the U.S. Navy.

Mrs. Harold E. Branhm, Patrick Air Force Base, FL, accepts the prize of weekend for two at Sonesta Beach hotel from Toni Steinberg, Alumni Affairs Asst. Dir. at annual dinner dance.
HEALTHSCRIPTS
by Richard F. Gerson, Ph.D.

Editor's Note: The following column is being written by Dr. Gerson in response to numerous letters he has received on the subject of phobias.

One of the greatest obstacles to total health is to be phobic. A person with a phobia has irrational fears about seemingly normal events such as shopping, flying, or simply leaving the house. The more thought of having to engage in any of these activities sends the phobic into a state of panic.

Panic, or a severe anxiety attack, is a behavior the phobic fears as much as anything else. It is both medically or psychologically wrong with phobias. There are hypersensitive to perceptions of situations as threatening, and they overreact. Their minds become flooded with negative thoughts and images of the worst possible happenings. Their bodies become extremely tense. Their ability to perform in this situation decreases markedly. In fact, it is possible for a phobic to become completely incapacitated while under their extreme stress. This is obviously a very unhealthy state of being.

Phobias should realize that their panic response is learned. They have associated a particular situation, such as driving on an interstate, with their past exposure. In reality, the situation in which the response occurred was probably not the actual cause of the panic. Rather, the situation was probably the proverbial "straw that broke the camel's back." The result was a stress overload leading to extreme psychic and physical tension - a panic attack.

There are two effective methods for phobics to overcome their irrational fears. The first is for them to cognitively re-evaluate and re-appraise the situation in which the panic feelings were first aroused. Then, through intellectualization, or cognitive re-interpretation, the phobic can begin to dissociate the irrational fear from the situation. The second method is for the phobic to learn a deep relaxation technique. In this relaxed state, the person can visualize the fear-producing event in stages from the least stressful to the most stressful. When the thought process is repeated, the anxiety steadily disappears. When the situational panic response has been psychologically overcome, the "former" phobic should physically engage in a stress-producing activity under normal circumstances, not in a panic. With these methods may be implemented by the phobic alone, is recommended that a competent therapist be sought for constructive guidance.

If you have a question you would like to have Dr. Gerson answer, just write to him, 8301 College Ave., Ft. Lauderdale, FL 33304.

Dr. Abraham Fischler, President of Nova University, has announced the official opening of the University School of Nova University at Coral Springs for kindergarten through grade 6, at the site of the former Westford Academy.

Dr. Joseph Randazzo, Headmaster for both the University School on the main campus and the new University School in Coral Springs, said, "Our goals for the Coral Springs campus are exactly the same goals we have for the University School on the Davie campus. We will have the same curriculum, the same admission procedures and the same programs. That philosophy, said Randazzo, is a commitment to personalizing and individualizing the student's experience with us. We are committed to high academic standards and equally committed to the child's personal development." He added that the University School believes in close, continuous, two-way communication with the parents. We are a school of quality education for school children in the range of normal to above-normal.

Classes began September 1 with a staff of fully-credentialed teachers. Dr. Randazzo points out that high school students will be fed through the high school on the Davie campus where plans are underway for a new building for the high school and a new field house.

Director of the Coral Springs campus will be Mr. James Schroeder. Dr. Sherri Solomon, formerly of Westford Academy, will be on the administrative staff, with as many of the former staff of Westford Academy as possible.

The University School of Nova University at Coral Springs is located at 3521 N.W. 101st Ave., Coral Springs. For further information, call 756-3202.

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The University School of Nova University at Coral Springs opened

Calendar
September 1991

Orientation Meeting

Meeting
1 Student meeting for doctor of psychology program: 7:30 p.m., Malman Auditorium.

22 First meeting for the Association for Children with Learning Disabilities, Family Center. Call Dr. Susan Talpina at 475-7670 for details.

Seminars

Coming Up

Father
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