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the condom question

You can do lots of things with condoms: blow them full of air; fill them with water and use them as water balloons; put them on your dog's tail; or even put them on your fingers and wave at people. But the central issue surrounding condoms is whether or not they are effective in preventing sexually transmitted diseases and unwanted pregnancies.

The Federal Drug Administration has been testing condoms for effectiveness since the 1950's. However, with the recent threat of AIDS, more is being done to help sexually active individuals protect themselves. Inspectors active unannounced at factories write off non-conforming products and perform standard water leakage tests to detect pinholes through which sperm or semen may escape. Many manufacturers themselves are now testing for pinholes electronically.

Another type test not performed by the FDA is the airburst test. During these tests, condoms are inflated under carefully controlled conditions until they burst, while the volume and pressure of air in the condom withstands before bursting are recorded. This helps determine a condom's potential to resist breakage during actual use.

An article in the Consumer Reports Magazine for March, 1989, tested several brands under both tests listed above. The following were rated the top five with a failure rate of 1.5 percent or less:

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the aids dilemma

by Tonya Cummings

Do you really know anything about the deadly virus AIDS? Or do you just think you know? Hundreds of thousands of articles are written about the subject each year to better inform the general public so they won't be as susceptible or ignorant, yet millions of Americans are still ill-informed about the facts. Take a few minutes to test your knowledge with the following mini-quiz.

1) What is the name of the AIDS virus?
   a) HIV b)TCB c) HFP

2) What are the symptoms of AIDS?
   a) dandruff & dry skin b)athlete's foot and asthma c) Pneumonia and Kaposi's Sarcoma (type of skin cancer)

3) How is AIDS contracted?
   a) body fluids, blood, and intravenous needles b) toilet seats and doorknobs c) a handshake or a kiss

4) Who is most at risk?
   a) homosexuals, hemophiliacs, and intravenous drug users b) friends and family members of victims c) Native Americans

5) What do you do if you suspect you have AIDS and are pregnant?
   a) become a recluse b) kill yourself and the baby c) notify a doctor immediately and get treatment.

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careful: construction ahead

by Erin Christensen

As you come upon the intersection a man in safety orange waves a flag at you. He lets the drivers on the other side pass by. This hold up has cost you about five minutes. That five minutes always seems to be the one that will make you late to class. Are you familiar with this scenario? If you answer yes, then you are acclimated to the continuous changes going on in our roads. If you answered no, then maybe you better get used to this scenario. This construction is going on all over town and soon, it will definitely affect you and your lifestyle.

The area that concerns me and a variety of others who travel to Iowa University each day is the intersection of Stirling Road and Davie Road. According to Peter Cowic, the construction manager of the project, work on Stirling Road will not be complete until October 1989. When the work is finished, Stirling Road will be six lanes wide, as compared to the current two lanes.

Cowic said that during the week of February 20, the workers begun transferring traffic to the new road (on the north side). This will be done so that the workers can begin

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Throughout this last month, while desperately trying to make this paper work, I realized the importance of commitments. In the past it was a rather strong word. It still possesses a great deal of meaning, however, in what sense is the question able. Most, never really think about, while the rest of us think too much about it.

What exactly does it mean to be committed? The answer to this question is harder than we think. Remember when giving someone your word e.g. "yes, I'll do it meant something"? It was back when dignity and integrity were part of everyday existence. Unfortunately, modern day society has lost that. Seeing has truly become an everyday existence. Unfortunately, modern day commitments. In the past it was a matter of commitments. Today, if something must get done, there are two choices, you can use force or do it yourself. Trust has gone out the window, and the concept of a commitment today, which is virtually worthless. As a result, the gap will continue to grow.

People are unreliable. If they're unreliable, you can't trust them. If you can't trust them, then you can't believe in them. If you can't believe in them, you'll probably not put much value on their word. If you don't value their word, commitments are meaningless.

The worse part about it is that every day more people begin to think in patterns like the one described above. As we continue to believe this, the gap will continue to grow between what use to be a real commitment based on mutual trust, and a commitment today, which is virtually worthless.

Commitments were once considered the easiest and best way to get a project underway. Before contracts and lawsuits, a simple handshake meant the job would get done. What has happened to society is that human beings have become trapped in ambiguity and empty words. Phrases like, "Don't worry about it," "It will get done," and "I'll take care of it" have all lost value.

Today, if something must get done, there are two choices, you can use force or do it yourself. Trust has gone out the window, and that's the problem with modern day commitments. There exists a vicious cycle, something like this:

1. The percentage of Nova freshmen who voted for Bush is equal to the number of Nova freshmen who voted for the number of Nova freshmen who voted for some other candidate, divided by the total number of Nova freshmen. 2. The percentage of Nova freshmen who voted for Bush is equal to the number of Nova freshmen who voted for some other candidate, divided by the total number of Nova freshmen.

At the present time, there are several positions available on the Nova Knight staff. If you are interested, please call (305) 475-7527.

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feature

How do you think you did? The answers are: 1) c; 2) a; 3) c; 4) c. And do you think you did? The answers are: 1) c; 2) c; 3) a; 4) a.

construction

by Erin Christensen

tearing up the old road and replacing it with new pavement level with that of the new road.

The money allocated for the project allows for the widening of Stirling Road from State Road 441 to 800 feet west of University Drive. Cowie expects that once this project is complete, they will be given a new project that extends the widened part of Stirling Road to Flamingo Road.

The construction is a necessary problem that we must face in the view of growing congestion on our currently existing roads. This widening of Stirling Road is only one part of the on-going construction in the area. As you come upon that intersection with the man in safety orange waving you down, remember, it's only part of progress and that it will not go on forever.

condoms

by Tonya Cummings

1 Gold Circle Coin
2 LifeStyles Extra
3 Saxon Wet Lubricated
4 Rameass Non-Lubricated Reservoir End
5 Shiek Non-Lubricated Reservoir End.

The five worst brands were as follows (in ascending order):

1 LifeStyles Nuda Plus
2 LifeStyles Extra Strength with Nonoxynol-9 (spermicide)
3 Life Styles Nuda
4 Mentor
5 Ramesse NuFORM

Several precautions should be heeded with condom use. Air pollution, heat, and light all can spoil latex condoms. Packets should be opened gently to avoid damaging the contents. If the condom shows signs of deterioration - sticky, discolored, wrinkled - discard it. Do NOT use oil-based lubricants with latex condoms, as they'll weaken latex considerably. These are vegetable oil, petroleum jelly, cold cream, and hand lotions containing such oils. Combined with body heat, oil make latex weaken in minutes. The safest lubricants to use are surgical jelly, or any water-based formulas. Ask a pharmacist for specifics.

Finally, a word on the proper use of condoms. Place the rolled condom over the tip of the erect penis. If the condom has a reservoir end, pull air out. Otherwise, leave a half inch space at the end (and squeeze the air out). Untie the condom down the length of the penis (uncircumcised men should first pull back the foreskin). Right after ejaculation, grasp the condom firmly at the ring and withdraw before losing the erection, thus preventing spilling. Use a new condom for each sexual act, and avoid any genital contact before putting the condom on. Condoms lubricated with a spermicide may offer some extra protection against pregnancy and disease, but separate vaginal spermicide, back the condom is most effective.

Tonya Cummings

beer

by Marc Rabinowitz

BEER OF THE MONTH

The other evening I was in a small pub named the "Billabong Pub" deciding which brew would wet my palate next. After a bit of hesitation, I calmly said, "One Oatmeal Stout, please." Within seconds, I was justly rewarded for making an excellent choice!

Most people are afraid to dabble into the stout -- an extra-dark, top-fermenting brew, often made with roasted malts. Only a few of us daring individuals know what you are missing. Samuel Smith's tasty "Oatmeal Stout" is brewed in slate, double-decker vessels with a little circulation of the yeast. Served in a frosted mug, this brew is sure to quench the thirst of a Nova College Student -- at least this Nova College student.

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The boys from New Jersey were back kickin' in Florida. Bon Jovi's latest album New Jersey was a hit back home for the group. It is an old fashioned rock-n-roll album. They graced the presence of the Miami Arena during their tour on February 9 almost two years after the last tour, "Slippery When Wet." Success came fast and hard to at Bon Jovi when they released the Slippery album pushing them to the top. Sending them touring all over the world with opening group Cinderella. They were not ready for it, because it showed in their performance on stage. The Slippery "When Wet" tour lacked many things, including good music.

Now, two years later they are back on top, and they have all intent on standing there. Now, touring with opening band Skid Row (a local New Jersey band), Bon Jovi has made a good decision to include this promising new band. The talent is quite apparent in Skid Row, unlike that of Cinderella, who went along for the ride when Bon Jovi hit #1. Skid Row put on an amazing show for being an unknown, open supporting band. They exerted the energy needed to be successful. Skid Row had the crowd roaring with excitement, exactly what an opening band should do.

By the time Bon Jovi came on the audience was absolutely ecstatic. They opened with "Lay Your Hands On Me" from their new album. The melodies to follow were a wide selection from their other three albums such as "Runaway," "Tokyo Road," "Get Ready," "Livin' On A Prayer," "Wanted Dead Or Alive," all suitable selections for the occasion. But not many thought that they are trying to project on their "New Jersey" bus. Bon Jovi sounded the best they ever have in South Florida, which was a pleasant surprise to this writer. If you did not see the show you missed a killer concert!

This is how to play the game I pick one of two from a song and you guess the title and artist.

1. I sit here on the stair case I'd rather be alone.
2. I'm through with sergio, he treats me like a ragdoll.
3. Love should be more than a one night stand.
4. Boss screamin' in my ear, 'but who I'm supposed to be.'
5. What more can I do there's nothing that I haven't tried.
6. I've got the bell.
7. Beware the girl.
8. I'm going off the rails on a
9. Oh Lord I pray you give me strength to carry on.
10. I got the itch and a restless soul.

All of these songs can be heard 97BTR and on 1039. I'm sure I would love to listen to rock and roll, then I don't expect you to get any of these songs.

Sure, it's only a game. But for my young man, his frail body perched way, way out in left field, it's much more than that. It's an opportunity to learn about concentration, sharing, caring, sharing, sharing, sharing, caring, an opportunity to learn about what it means to grow up. As the ball arches over his little frame, I can see his years from now, entering law school, becoming a man. His eyes mist over as the other children scream his name.

Puppies. Five of them, pushing, shoving, fighting all attentions with each other for lunch. Their mother was off food on the plane next to me, her eyes misty and far away, lost the joy of new motherhood. A short clear brown, they looked like me with the wisdom common in the dam. Those eyes, surrounded by brown fur, seemed to offer so much more than the "arf, arf," she shared with me.

Francesca Galarraga

Laying on its side, it just looked dead. Although I detest the creatures, seeing the animal on the street struck me as sad. It did not appear to have any intact limbs, so I don't think that it was run over by a car, but it lay on the sidewalk, with three legs visible. Whether or not the other leg was there, I don't know.

Funny thing is that when something is alive it is totally different than when it is dead. If I had seen that cat alive I probably wouldn't have thought twice about it, but now I am sympathetic towards it. There was blood on the sidewalk so I can imagine how it was killed. Just think, some lunatic could have been walking down the street, just not liking the sight of a dog, probably strung out on crack, and killed the cat for no apparent reason. But that is only a sad possibility, of course.

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Getting real can't do by Dr. Steve Alford

I've been away. Off to school, a new job in a town far, far away, a new place to gather, new habits, new material possessions, doing all the things that, caught up in the frenzied daily life, I was fooled into thinking were important. Now standing by my car, parked off Alligator Alley deep in the Everglades, watching the sun dip ever lower on the horizon, I think once again of my childhood here. I'm back, once again. I look down and see the fallen foot, alligator, creeping ever closer to my leg. His eyes, I notice, are misted over.

Most of the bathers and sun worshippers have left, and the only ones remaining, friendly and solitary on this summer beach, by myself after a day filled with children's shouts, frenzied games of volleyball, and boom boxes playing their tribal chants. I turn and walk away from the ocean, toward the town, and life, feeling the gentle heat of the warm sand between my toes. As I check into the Motel, but there, in the eyes of the attendant next mine, knowing eyes. I'm haunted, my eyes, misty eyes, and she repeats those sad, wise words to me, "Second guest, I look like, second degree."

I'm alone, by myself in a room, the world processor my only companion. Outside the window, I hear the joyous shouts of the children on the playground, discovering something new in the dumpster. Doutstairs, a dog in heat greets her territory. I'm secluded here, in this room, writing for The New York Times. Sure, I'm alone now, later, the article finishes, I'll be writing over in the Knight office, smiling at the knowledge, saying, "Perhaps that Francisco Galarraga as she handed me the check. Thanks, Francesca, I say, my eyes misting over. "Thanks."