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## Trauma Sequelae in the Forensic Female Population: Working with Numbing Behaviors

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# PROGRAM GUIDE



ACA 2015 Conference & Expo | March 12 – 15

Pre-conference Learning Institutes | March 11 – 12





**Robert L. Smith**  
*ACA President*

## **Welcome to Your ACA 2015 Conference & Expo**

Thank you for joining us here in the sunshine state for the counseling event of the year. This is our time to come together as one unified community for the good of our profession. Let's connect like never before through education, inspiration, and some good old-fashioned fun.

Make the most of your time here. I know I will.

Enjoy!

Robert L. Smith, Ph.D., NCC  
*American Counseling Association, President 2014–2015*

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**AMERICAN COUNSELING  
ASSOCIATION**

|  |  |
|--|--|
| <b>Robert L. Smith, Ph.D., NCC</b><br><i>ACA President</i> | <b>Richard Yep, CAE, FASAE</b><br><i>CEO</i> |
|--|--|

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|  |   |
|--|---|
| <b>ACA Conference Staff</b>  | <b>Theresa Holmes, CMP</b><br><i>Manager, Conference &amp; Meeting Services</i>         |
| <b>Robin V. Hayes, CMP</b><br><i>Senior Director, Conference Planning &amp;<br/>Professional Education</i> | <b>Trinh Le, CMP</b><br><i>Senior Specialist, Conference &amp;<br/>Meeting Services</i> |
| <b>Debbie Beales</b><br><i>Director, Professional Education</i>  | <b>Crystal Turner</b><br><i>Senior Coordinator, Professional Education</i>              |

# General Information

## Badges

All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the Expo Hall. For your safety, no one will be allowed to enter without a proper badge. One-day badges are clearly marked and will be valid for admission on that day only. Replacement badges will cost \$25.00 each and may be purchased at the Registration Desk at the Hyatt Regency Orlando Hotel.

## Conference Programs and Events

This year, all programs and activities will be housed under one roof, the Hyatt Regency Orlando Hotel.

- ACA Bookstore
- ACA Meetings and Social Events
- Division Meetings and Social Events
- Education Sessions
- Expo and all Expo activities (*Career Center, Graduate Student Center, Membership Booth, and the ACA Pavilion*)
- Full Registration
- Keynote Sessions
- Pre-conference Learning Institutes and Red Cross Disaster Mental Fundamentals Training

## Message Board

A Message Board will be located in the Registration area to help locate friends and colleagues.

## Pre-conference Learning Institutes

These intensive workshops take place on Wednesday, March 11, and Thursday, March 12. Please refer to the “Pre-conference Learning Institutes” tab in the program guide for more details.

## Education and Poster Sessions

90, 60, and 30-minute education sessions will also be held at the Hyatt Regency Orlando Hotel Friday, March 13 through Sunday, March 15. Please refer to the “Education Sessions” tab for CE and sessions information. 30-minute poster sessions will be held in the Silver Spring and Rainbow Springs meeting rooms at the Hyatt Regency Orlando Friday, March 13 through Sunday, March 15. Refer to the “Poster Sessions” tab for more information.

## Expo Hall

All Expo activities will be held in the Regency Ballroom at the Hyatt Regency Orlando Hotel.

*Please refer to the “Conference Exhibitors” tab for more details.*

## Persons with Disabilities

We make every effort to accommodate all persons with disabilities, and that includes those persons disabled by chemical exposure and environmental illness. Please take this into consideration when applying any type of fragrances.

ACA asks each attendee who is disabled to identify him or herself in advance, and provide us with the information necessary to make the event more accessible and enjoyable, including any transportation needs, sign language interpreter, guides for the visually challenged, or any other special needs. Since all activities will be held at the Hyatt Regency Orlando Hotel, we will have one (1) shuttle bus available with limited hours. More details including days and time will be listed onsite and on the conference mobile app. The overflow hotels, the Rosen Plaza and the Rosen Inn are located on International Drive (I-Drive). International Drive

# General Information

offers the convenient I-Ride trolley service, making traveling a breeze. With more than 110 convenient stops scheduled every 20 minutes, this exclusive I-Drive transportation service offers easy access to the ACA hotels, restaurants, and even shopping destinations.

**IMPORTANT:** Requests such as sign interpreters require advance notice to ensure we have a sufficient number of interpreters on hand. Again, we will make every effort to accommodate any last-minute requests.



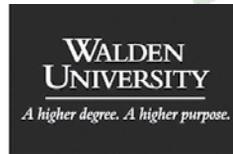
## Consent to Use of Photographic and Video Images

Registration and attendance at or participation in ACA meetings and other activities constitutes an agreement by the registrant to ACA's and its affiliates, use and distribution (both now and in the future) of the registrant or attendee's image or voice in photographs, videotapes, electronic reproductions, and audiotapes of such events and activities.

**Please note:** *Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.*

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# Thank you to our 2015 Sponsors!



# Conference Activities at-a-Glance

## Tuesday, March 10

9:00 am – 5:00 pm Governing Council Meeting

## Wednesday, March 11

8:00 am – 6:00 pm Registration  
8:00 am – 6:00 pm Division Business Meetings  
8:00 am – 6:00 pm ACA Bookstore Open  
9:00 am – 5:00 pm Governing Council  
9:00 am – 8:45 pm Pre-conference Learning Institutes

## Thursday, March 12

8:00 am – 5:00 pm ACA Business Meetings  
8:00 am – 5:00 pm Division Business Meetings  
8:00 am – 6:00 pm Registration  
8:00 am – 6:00 pm ACA Bookstore  
9:00 am – 1:00 pm Red Cross Disaster Mental  
Fundamentals Training  
9:00 am – 8:45 pm Pre-conference Learning Institutes  
12:00 pm – 2:00 pm Division Luncheons  
3:00 pm – 4:30 pm ACA First Timers Orientation and Reception  
4:00 pm – 6:00 pm Expo Grand Opening & Welcome Reception  
4:00 pm – 6:00 pm ACA Career Center  
4:30 pm – 5:30 pm ACA Author Book Signing

## Friday, March 13

7:00 am – 5:00 pm Registration  
7:30 am – 5:00 pm Education Sessions  
8:00 am – 5:00 pm ACA Business Meetings  
8:00 am – 5:00 pm Division Business Meetings  
8:00 am – 5:30 pm ACA Bookstore  
8:30 am – 2:30 pm Expo Hall  
9:00 am – 10:30 am Opening Keynote Session  
10:00 am – 5:30 pm ACA Career Center  
10:30 am – 11:30 am Keynote Book Signing  
11:00 am – 1:00 pm Division Brunches  
11:00 am – 4:30 pm Poster Sessions  
12:00 pm – 2:00 pm Division Luncheons  
3:00 pm – 4:00 pm ACA Authors Book Signing  
5:00 pm – 8:00 pm ACA Social Events  
5:00 pm – 8:00 pm Division Social Events  
6:30 pm – 7:30 pm International Reception  
8:00 pm – 11:00 pm ACA Opening Night Celebration

# Conference Activities at-a-Glance

## Saturday, March 14

|                     |                              |
|---------------------|------------------------------|
| 7:00 am – 5:00 pm   | Registration                 |
| 7:30 am – 9:00 am   | Division Breakfasts          |
| 7:30 am – 5:00 pm   | Education Sessions           |
| 8:00 am – 5:30 pm   | ACA Bookstore                |
| 8:00 am – 5:00 pm   | ACA Business Meetings        |
| 8:00 am – 5:00 pm   | Division Business Meetings   |
| 9:00 am – 10:00 am  | Keynote Session              |
| 9:00 am – 2:30 pm   | Expo Hall                    |
| 9:30 am – 5:30 pm   | ACA Career Center            |
| 10:00 am – 11:00 am | Keynote Book Signing         |
| 11:00 am – 1:00 pm  | Division Brunches            |
| 11:00 am – 4:30 pm  | Poster Sessions              |
| 12:00 pm – 2:00 pm  | Division Luncheons           |
| 5:00 pm – 12:00 am  | Division Social Events       |
| 6:00 pm – 7:00 pm   | ACA National Awards Ceremony |
| 7:30 pm – 9:00 pm   | ACA's Got Talent!            |

## Sunday, March 15

|                    |                                |
|--------------------|--------------------------------|
| 7:30 am – 1:15 pm  | Education Sessions             |
| 7:00 am – 12:00 pm | Registration                   |
| 8:00 am – 12:00 pm | Division Business Meetings     |
| 8:00 am – 12:30 pm | ACA Business Meetings          |
| 9:00 am – 12:30 pm | Poster Sessions                |
| 1:00 pm – 3:00 pm  | ACA General Membership Meeting |

## Plan Your Future at the ACA Career Center Expo Hall, Booth 901

- Job boards (academia, counseling agencies, community counseling centers, hospitals, the federal government, and more)
- Career Consults (search strategies, resume/cover letter critiques, and mock interviews)
- Private Practice Consults (with our very successful Private Practice Consultant/Counselor)
- Interviews (opportunities for both employers and candidates)



### Extended Hours

*(Please note that the Conference Career Center will stay open beyond the normal Expo hours.)*

**Thursday, March 12** • 4 pm – 6 pm    **Friday, March 13** • 8:30 am – 5:30 pm

**Saturday, March 14** • 9 am – 5:30 pm

# Keynote Speakers

MARIEL HEMINGWAY



## Actress Mariel Hemingway

Friday, March 13

9:00 am – 10:30 am

Windermere Ballroom

Renaissance woman Mariel Hemingway is not only an iconic Academy Award-nominated actor from a celebrated family, she is a prolific author, adventurer, eco-activist, and healthy lifestyle and mental health advocate. In 2013, she was the focus of a rich and evocative documentary, which examined her personal journey to understand the Hemingway family history of suicide and mental illness. Executive produced by Oprah Winfrey, *Running From Crazy* won a 2013 SAMHSA Voice Award

## Meet ACA's Keynote Speakers At Special Book Signings!

Friday, March 13 at 10:30 am

### Mariel Hemingway

- *Running With Nature: Stepping Into the Life You Were Meant to Live*

Saturday, March 14 at 10:00 am

### Jeffrey Kottler

- *Change: What Really Leads to Lasting Personal Transformation*
- *Divine Madness: Ten Stories of Creative Struggle*
- *Stories We've Heard, Stories We've Told: Life-Changing Narratives in Therapy and Everyday Life*
- *On Being a Master Therapist: Practicing What You Preach*
- *On Being a Therapist*
- *The Therapist's Workbook: Self-Assessment, Self-Care, and Self-Improvement Exercises for Mental Health Professionals*

**Please purchase books at the ACA Bookstore in advance of the signing.**

DR. BALKIN & DR. KOTTLER



**Dr. Richard Balkin and Dr. Jeffrey Kottler**

**Saturday, March 14 | 9:00 am – 10:00 am**

**Windermere Ballroom**

*The Power of Relationships in Counseling—and the Counselor’s Life*

What do you do to help people that matters most? What is it about your particular counseling style that leads to the best outcomes with clients, regardless of their background and presenting issues? After a century of investigation we have a definitive answer that transcends all our debates and differences: Regardless of the approach, theoretical model, or chosen intervention, it is the relationship that empowers everything else that we do. This provocative dialogue between two noted authorities on relationally based counseling will focus on some of the key factors that often make the most difference in successful outcomes. Jeffrey Kottler and Richard Balkin will integrate some of the key facets of relatively enduring changes that take place within counseling relationships, focusing on those variables that make the greatest difference. Although their approaches and styles are distinctly different, Jeffrey and Rick model ways that we can come to a consensus regarding what matters most in the work that we do.

**Friends of Bill W. (12-step recovery meeting)**

Hosted by Rein Therapeutic Counseling and Consulting  
Hyatt Regency Orlando

**Meeting times and locations**

**Thursday, March 12**

7:00 pm – 8:00 pm

Discovery 47

**Friday, March 13**

7:00 pm – 8:00 pm

Challenger 42

**Saturday, March 14**

7:00 pm – 8:00 pm

Challenger 38

# Highlights & Special Events

## Grand Opening & Welcome Reception

Thursday, March 12, 4:00 pm – 6:00 pm  
Expo Hall

Join your colleagues for food and entertainment at the opening of the Expo.

## Expo Hall

Friday, March 13, 8:30 am – 2:30 pm  
Saturday, March 14, 9:00 am – 2:30 pm

Explore the largest gathering in the world of providers of resources for all counselors. This is your best opportunity to preview and purchase the most up-to-date resources available.

## ACA Bookstore

Wednesday, March 11, 8:00 am – 6:00 pm  
Thursday, March 12, 8:00 am – 6:00 pm  
Friday, March 13, 8:00 am – 5:30 pm  
Saturday, March 14, 8:00 am – 5:30 pm  
Expo Hall Foyer

Visit the ACA Bookstore outside of the Expo Hall to browse through the full line of ACA publications, DVDs, and other merchandise from the premier counseling resource provider. Take a moment to talk with our associate publisher about your manuscript ideas.

## Keynote Speaker & ACA Author Book Signings

Expo Hall

### Keynote Speaker Signings

Friday, March 13, 10:30 am – 11:30 am

*Mariel Hemingway*

Saturday, March 14, 10:00 am – 11:00 am

*Jeffrey Kottler*

### ACA Author Book Signings

Thursday, March 12, 4:30 pm – 5:30 pm

Friday, March 13, 3:00 pm – 4:00 pm

Expo Hall Foyer

Attendees will have the opportunity to

converse with our keynote speakers and other influential and distinguished authors while they sign their latest publications. For graduate students and seasoned professionals alike, this experience is not to be missed.

## ACA Career Center

*Special extended hours for the Career Center only!*

Thursday, March 12, 4:00 pm – 6:00 pm  
Friday, March 13, 10:00 am – 5:30 pm  
Saturday, March 14, 9:00 am – 5:30 pm  
Expo Hall, Booth 901

Whether you are new to the profession or a seasoned counselor or educator, getting that counseling job is what the ACA Career Center is all about. Employer interviews will be occurring at the Career Center on Friday and Saturday. Although most interviews and consults will be scheduled ahead of time, stop by. If there are cancellations we will squeeze you in.

## ACA Pavilion & Membership Booth

Thursday, March 12, 4:00 pm – 6:00 pm  
Friday, March 13, 8:30 am – 2:30 pm  
Saturday, March 14, 10:00 am – 2:30 pm  
Expo Hall, Booth 700 & 701

The one-stop shop for information on ACA! Staff will be on hand to answer questions about ACA resources and membership. Find out what's happening on federal and state policy issues affecting the profession.

## ACA Graduate Student/ New Professional Center

Thursday, March 12, 4:00 pm – 6:00 pm  
Friday, March 13, 8:30 am – 2:30 pm  
Saturday, March 14, 9:00 am – 2:30 pm  
Expo Hall, Booth 923

Come network and meet ACA Graduate Students & New Professionals.

## ACA First Timer's Reception

Thursday, March 12, 3:00 pm – 4:30 pm  
Plaza International Ballroom D–F

If this is your first ACA Conference, then this is the ideal opportunity to network and hear a special presentation on how to get the most out of the ACA Conference & Expo. Whether you're a student, a new professional, or a first-time conference attendee, this session is for you! Reception is free for first-time attendees only! You must have a ticket to participate.

## International Student Panel & International Reception

Friday, March 13

5:00 pm – 6:30 pm (*Panel discussion*)

6:30 pm – 7:30 pm (*Reception*)

Rock Springs Meeting Room

A panel of graduate students from various countries discusses perceptions of counseling based upon their cultural contexts and their educational experiences in U.S. graduate programs. The International Reception will be held after the panel discussion.

## ACA Opening Night Celebration!

Friday, March 13, 8:00 pm – 11:00 pm  
Poolside

Join us for an evening of entertainment, live music, food, and dancing! There will be a display of foods synonymous with the city. Greet old friends and meet new ones at this social event of the year for counselors. *One ticket is included with each full registration. Additional tickets may be purchased for \$45 per person. Use the registration form or purchase additional tickets onsite.*

### We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.



## ACA National Awards Ceremony

Saturday, March 14, 6:00 pm – 7:00 pm  
Windermere Ballroom

Join your colleagues in this evening celebration to honor distinguished counseling professionals who are making an impact on the profession and to honor special achievements of several ACA branches. *Sponsored by the ACA Foundation.*



## ACA's Got Talent!

Saturday, March 14, 7:30 pm – 9:00 pm  
Windermere Ballroom

Join your colleagues to de-stress and heighten your spiritual awareness through artistic expressions. The talent show will showcase counselors with various talents including music, singing, dance, poetry, and much more. *Sponsored by the ACA Foundation.*

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

# ACA Governing Council Members

The Governing Council is the governing body of the American Counseling Association, providing long-range strategic leadership. Composed of elected ACA officers, including the president, president-elect, and immediate past president, the appointed treasurer, and one representative from each division and region, the Governing Council meets at least once annually held in conjunction with the ACA Conference & Expo. The association's executive director, treasurer, and parliamentarian serve as ex-officio members without voting rights.

|                               |                                      |
|-------------------------------|--------------------------------------|
| Alan Burkard.....             | ASCA Representative                  |
| Brian Canfield.....           | ACA Treasurer                        |
| Judy Daniels.....             | CSJ Representative                   |
| Thelma Duffey.....            | ACA President-elect                  |
| Brandé Flamez.....            | IAMFC Representative                 |
| Perry Francis.....            | ACCA Representative                  |
| Kimberly N. Frazier.....      | AMCD Representative                  |
| Sharon A. Guild-Stitt.....    | ACEG Representative                  |
| Shane Haberstroh.....         | ACC Representative                   |
| Dan Holdinghaus.....          | AMHCA Representative                 |
| Lisa Jackson-Cherry.....      | ASERVIC Representative               |
| Rachel B. Kristianson.....    | Western Region Representative        |
| Simone Lambert.....           | IAAOC Representative                 |
| Gerard Lawson.....            | ACES Representative                  |
| Lynn Linde.....               | ACA Process Observer                 |
| Anna Flores Locke.....        | Student Representative               |
| Don W. Locke.....             | ACA Parliamentarian                  |
| Niloufer M. Merchant.....     | ASGW Representative                  |
| Terry Mitchell.....           | North Atlantic Region Representative |
| Debra Osborn.....             | NCDA Representative                  |
| Michelle Perepiczka.....      | AHC Representative                   |
| Sue E. Pressman.....          | NECA Representative                  |
| Catherine Roland.....         | AADA Representative                  |
| Christopher Roseman.....      | Midwest Region Representative        |
| Robert Smith.....             | ACA President                        |
| Melanie J. Drake Wallace..... | Southern Region Representative       |
| Joshua C. Watson.....         | AACE Representative                  |
| Cirecie A. West-Olatunji..... | ACA Past President                   |
| Joy S. Whitman.....           | ALGBTIC Representative               |
| Caroline Wilde.....           | ARCA Representative                  |
| Richard Yep.....              | ACA CEO                              |

# ACA Regions, Divisions, & Organizational Affiliate

There are four regions, 19 divisions, and one organizational affiliate within the American Counseling Association. These groups provide leadership, resources, and information unique to specialized practice areas and/or principles of counseling.

|   |                                       |
|---|---------------------------------------|
| Midwest Region .....  | Kelly Collins, Chairperson            |
| North Atlantic Region .....   | John Yasenachak, Chairperson          |
| Southern Region.....  | Tammy Romines, Chairperson            |
| Western Regio .....   | Rosemarie Woodruff, Chairperson       |
| Association for Adult Development and Aging .....                                   | Robert Dobmeier, President            |
| Association for Assessment and Research<br>in Counseling .....                      | Shawn L. Spurgeon, President          |
| Association for Child and Adolescent Counseling .....                               | Elsa Soto Legett, President           |
| Association for Creativity in Counseling .....                                      | Jacqueline Swank, President           |
| American College Counseling Association .....                                       | Tamara Knapp-Grosz, President         |
| Association for Counselors and Educators<br>in Government .....                     | Lynna Meadows Morton, President       |
| Association for Counselor Education<br>and Supervision.....                         | Marty Jencius, President              |
| Association for Humanistic Counseling .....   | Brandé Flamez, President              |
| Association for Lesbian, Gay, Bisexual and Transgender<br>Issues in Counseling..... | Jane Rheineck, President              |
| Association for Multicultural Counseling and<br>Development .....                   | Carlos P. Hipolito-Delgado, President |
| American Mental Health Counselors Association.....                                  | Stephen Giunta, President             |
| American Rehabilitation Counseling Association .....                                | David Staten, President               |
| American School Counselor Association.....  | Doug Hauserman, Chair                 |
| Association for Spiritual, Ethical and Religious<br>Values in Counseling.....       | W. Bryce Hagedorn, President          |
| Association for Specialist in Group Work.....                                       | Jonathan J. Orr, President            |
| Counselors for Social Justice.....  | Fred Bemak, President                 |
| International Association of Addictions and Offender<br>Counselors.....             | Larry Ashley, President               |
| International Association of Marriage and<br>Family Counselors.....                 | Paul Peluso, President                |
| National Career Development Association .....                                       | Mark Danaher, President               |
| National Employment Counseling<br>Association .....                                 | Cynthia Marco Scanton, President      |

# Pre-conference Learning Institutes

## Pre-conference Learning Institutes (LI) CE Credit Information

Continuing Education (CE) credit is offered to attendees of the ACA 2015 Pre-conference Learning Institutes. Earn 6 CE hours per full-day session and 3 CE hours per full-evening session. ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at the CE/Evaluation kiosks or after conference at [prolibraries.com/counseling](http://prolibraries.com/counseling). After the conference, you will be able to print a copy of your CE certificate from your personal computer at no additional cost! See page 205 for more information.

All Learning Institutes have CE approval from:

- **National Board for Certified Counselors (NBCC).** ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- **Commission on Rehabilitation Counselor Certification**
- **NAADAC: The Association for Addiction Professionals**
- **California Board of Behavioral Sciences.** Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- **Washington Office of Superintendent of Public Instruction**



Select sessions, identified by symbol(s), have CE approval from the following organizations:

- ▲ **American Psychological Association (APA).** ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content.
- **Association for Play Therapy (APT).** APT-Approved Provider 09-265.
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board.** Counselor CE credit only.

*It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.*

## Key to Learning Institute Levels

Select an LI based not only on content but also on the level of knowledge you currently have and how attending will advance that knowledge.

### LEVELS

| Introductory   | Advanced   |
|--|--|
| Attendees should have some basic knowledge of the specific content area but do not need to have in-depth knowledge or skills; the LI will add to their basic knowledge of the topic. | To benefit fully, attendees should have substantial working knowledge or skills in the specific content area. Typically, they currently use that knowledge and skill in their jobs, and the LI will refine and expand their current expertise. |

WEDNESDAY

**Daytime Sessions**

9:00 am – 4:30 pm

Program ID #15001 ▲ ● ■

**Celebration 6**

**Therapy Inside the Box: Sandplay and Sand Tray Therapy with Children Through Adults**

Daytime - 6 hours, Advanced

*Rebecca A. Rudd, PhD*

Program ID #15002 ▲ ■

**Celebration 9**

**Life Designing in a Fluid Society: A Narrative Counseling Model, Methods, and Materials**

Daytime - 6 hours, Advanced

*Mark L. Savickas, PhD, Suzanne Savickas, MA*

Program ID #15003 ▲ ■

**Celebration 12 & 13**

**Prolonged Exposure Trauma Therapy for Clients in Ongoing Counseling**

Daytime - 6 hours, Advanced

*Joanne Cohen Hamilton, PhD*

Program ID #15004 ▲ ■

**Bayhill 29 & 30**

**Neurocounseling Across the Nation: Experts Join Forces for Practical, Brain-Based Counseling Applications**

Daytime - 6 hours, Advanced

*Lori A. Russell-Chapin, PhD, Allen E. Ivey, EdD, Laura K. Jones, PhD, Carlos P. Zallaquett, PhD, Ted J. Chapin, PhD, Thomas F. Collura, PhD*

Program ID #15005 ▲ ■

**Hyatt Regency Orlando Hotel, Celebration 7**

**The Role of Counselors In and Out of the Courtroom: Best Practices for Survival**

Daytime - 6 hours, Advanced

*Ruth Ouzts Moore, PhD, Ann M. Ordway, EdS*

Program ID #15006 ▲ ■

**Celebration 8**

**Medication Algorithms: A Sequenced Approach to Diagnosis and Pharmacotherapy**

Daytime - 6 hours, Advanced

*Gulnora Hundley, PhD, Matthew Munyon, PhD*

Program ID #15007 ▲ ■

**Celebration 10**

**Beyond Sexual Healing: Advanced Topics and Techniques in Sexuality Counseling from a Wellness Perspective**

Daytime - 6 hours, Advanced

*Wynn Dupkoski Mallicoat, PhD, Donna Gibson, PhD*

Program ID #15008 ■

**Celebration 1 & 2**

**You're Perfect as You Are and You Have To Change: An Introduction to Dialectical Behavior Therapy**

Daytime - 6 hours, Introductory

*Cynthia M. Miller, PhD*

Program ID #15009 ■

**Celebration 5**

**Distance Counseling and 2014 ACA Ethics Code: Best Practices**

Daytime - 6 hours, Introductory

*Donna M. Ford, MS, Marlene M. Maheu, PhD*

Program ID #15010 ■

**Celebration 3 & 4**

**Disaster Mental Health: Preparing Counselors To Respond**

Daytime - 6 hours, Introductory

*Jane M. Webber, PhD, J Barry Mascari, EdD, Michael Dubi, EdD, Gerard Lawson, PhD, Karin Jordan, PhD*

**Evening Sessions**

5:30 pm – 8:45 pm

Program ID #15011 ▲ ■

**Celebration 3 & 4****The New ABCs: Cognitive Behavior Therapy from a Neuroscience Perspective**

Evening - 3 hours, Advanced

*Eric T. Beeson, PhD, Thom A. Field, PhD*

Program ID #15012 ▲ ■

**Celebration 12 & 13****The Survivor Therapy Empowerment Program (STEP): An Intervention for Intimate Partner Violence Trauma**

Evening - 3 hours, Advanced

*Tara Sloan Jungersen, PhD, Lenore Walker, EdD, Stephanie Fariss Dailey, EdD*

Program ID #15013 ▲ ■

**Celebration 6****Kids from Hard Places: A Trauma-Informed Method of Care**

Evening - 3 hours, Advanced

*Theresa Hasting, MA*

Program ID #15014 ▲ ■

**Bayhill 29 & 30****Constructive Clinical Supervision in Counseling**

Evening - 3 hours, Advanced

*Douglas A. Guiffrida, PhD, Jason Duffy, PhD, Erin Halligan Avery, MA*

Program ID #15015 ▲ ■

**Celebration 7****Advanced Counseling Skills: Creative and Innovative Skills with Unique, Difficult, and Resistant Clients**

Evening - 3 hours, Advanced

*Ed Jacobs, PhD, Chris Schimmel, EdD*

Program ID #15016 ▲ ■

**Celebration 10****Family Resilience and Coping Well****Following Disability: Enhancing Counselors' Skills in Treating Families**

Evening - 3 hours, Advanced

*Susan Stuntzner, PhD, Michael T. Hartley, PhD*

Program ID #15017 ▲ ■

**Celebration 8****Cutting Through the Digital Haze: Helping Adolescents and Young Adults Thrive in the Social Media Age**

Evening - 3 hours, Introductory

*Craig Windham, PhD*

Program ID #15018 ▲ ■

**Celebration 9****Creative Parenting: Exploring the Effectiveness of Creative Parenting Techniques To Reduce ADHD Symptomatology**

Evening - 3 hours, Advanced

*Tra A. Ahia, PhD*

Program ID #15019 ■

**Celebration 1 & 2****Creative Couples Counseling**

Evening - 3 hours, Introductory

*Mark E. Young, PhD, Daniel Gutierrez, PhD*

Program ID #15020 ■

**Celebration 5****Roadmap for Building a 7-Figure Counseling Practice in 2015**

Evening - 3 hours, Introductory

*Anthony Centore, PhD***Conference Updates**

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

THURSDAY

**Thursday | Daytime Sessions**

9:00 am - 4:30 pm

Program ID #15021 ▲  
Celebration 9

Demystifying the Federal Hiring Process:  
Creating Counselor Confidence Through  
Knowledge and Practice

Daytime - 6 hours, Advanced  
*Karol I. Taylor, MA, Sue E. Pressman, PhD*

Program ID #15022 ▲ ■  
Celebration 1 & 2

The WDEP Method of Reality Therapy:  
A Cross-Cultural, Researched, Usable, and  
Adaptable System with Demonstrations

Daytime - 6 hours, Advanced  
*Robert E. Wubbolding, EdD*

Program ID #15023 ▲ ■  
Celebration 3 & 4

Counseling Challenging Teenagers

Daytime - 6 hours, Advanced  
*John Sommers-Flanagan, PhD*

Program ID #15025 ▲ ■  
Celebration 10

Crisis Intervention Strategies for  
Children and Adolescents with Autism  
Spectrum Disorders

Daytime - 6 hours, Advanced  
*Thom Field, PhD, Chad Steele, MEd, Selina Field, MEd*

Program ID #15026 ▲ ■  
Celebration 5

Mastering the DSM-5 To Transform  
Diagnosis and Treatment of  
Mental Disorders

Daytime - 6 hours, Advanced  
*Matthew R. Buckley, EdD, Jason H. King, PhD*

Program ID #15027 ▲ ● ■  
Celebration 12 & 13

Play Therapy for Children with History of  
Trauma/Attachment Issues: A Culturally  
Responsive, Systemic Approach

Daytime - 6 hours, Advanced  
*Sue C. Bratton, PhD*

Program ID #15028 ■  
Celebration 6

Counseling Technology from the Heart and  
from the Mind: Ethics, Regulation, and  
Effective Practice with Technology

Daytime - 6 hours, Introductory  
*Roy B. Huggins, MS, Robert A. Reinhardt, MEd*

Program ID #15029 ■  
Celebration 7

Counseling Theory in Practice

Daytime - 6 hours, Introductory  
*Gerald Corey, EdD, Jamie Bludworth, PhD*

Program ID #15030 ■  
Celebration 8

How To Address the “Best Interest of the  
Child” While Working in High-Conflict  
Divorce Cases

Daytime - 6 hours, Introductory  
*Jeanne D. Brooks, PhD*

Program ID #15041  
Celebration 14 & 15

Train-the-Trainer Certificate: Delivering  
ACA-Approved Presentations on the 2014  
ACA Code of Ethics

Daytime - 6 hours, Advanced  
*David Kaplan, PhD, Michelle E. Wade, EdD, Erin Shifflett, MEd*

**Conference Updates**

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## Evening Sessions

5:30 pm – 8:45 pm

Program ID #15031 ▲ ■

### Celebration 5

#### Addressing a Gap in Counselor Training: Counseling Transgender Adult Clients

Evening - 3 hours, Advanced  
*Yun H. Gardner, PhD, Brock Maylath, MBA, Tory Clark, DHS*

Program ID #15032 ▲ ■

### Celebration 6

#### The DSM-5: What Counselors Need To Know

Evening - 3 hours, Advanced  
*Victoria E. Kress, PhD, Matthew Paylo, PhD*

Program ID #15033 ▲ ■

### Celebration 7

#### Skills and Strategies for Working Effectively with Parents

Evening - 3 hours, Advanced  
*Sara A. Polanchek, EdD, John Sommers-Flanagan, PhD, Chelsea Bodnar, MD*

Program ID #15034 ▲ ● ■

### Celebration 8

#### Play-Based Disaster and Crisis Interventions

Evening - 3 hours, Advanced  
*Lennis G. Echterling, PhD, Anne L. Stewart, PhD*

Program ID #15035 ■

### Celebration 3 & 4

#### Integrating CBT and Executive Function Training When Counseling Individuals on the Autism Spectrum

Evening - 3 hours, Introductory  
*Chris Abildgaard, MEd*

Program ID #15036 ■

### Celebration 9

#### Neurofeedback Introduction for Mental Health Clinicians

Evening - 3 hours, Introductory

*Christen H. Stahl, MA, Thomas F. Collura, PhD*

Program ID #15037 ■

### Celebration 12 & 13

#### Advancing Your Suicide Prevention, Assessment, and Intervention Skills: Practical Information for Counselors

Evening - 3 hours, Introductory  
*Darcy Haag Granello, PhD, Paul F. Granello, PhD*

Program ID #15038 ■

### Celebration 14 & 15

#### Neurology and Psychopharmacology: Current Medications, How They Work, and the Counselor's Supportive Role

Evening - 3 hours, Introductory  
*Elisabeth Bennett, PhD, William Bennett, MD*

Program ID #15039 ■

### Celebration 10

#### Practical Steps To Avoid Malpractice Suits, Licensure Board Investigations, and Ethics Complaints

Evening - 3 hours, Introductory  
*Anne Marie "Nancy" Wheeler, JD*

Program ID #15040 ■

### Celebration 1 & 2

#### Out of the Toy Chest and into the Therapy Room: Integrating Sand Tray into Your Counseling Sessions

Evening - 3 hours, Introductory  
*J. Barry Mascari, EdD, Jane M. Webber, PhD, Rebekah R. Pender, PhD*

## Conference Updates

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# ACA Author Book Signings!

## Expo Foyer

### Thursday, March 12 • 4:30 pm – 5:30 pm

- **Stephanie Dailey, Carman Gill, & Shannon Karl**, *DSM-5 Learning Companion for Counselors*
- **Janice DeLucia-Waack**, *School Counselors Share Their Favorite Classroom Guidance Activities*
- **Matt Englar-Carlson & Thelma Duffey**, *A Counselor's Guide to Working With Men*
- **Maritza Gallardo-Cooper**, *Culturally Responsive Counseling With Latinas/os*
- **Barbara Herlihy & Gerald Corey**, *ACA Ethical Standards Casebook, 7th Edition and Boundary Issues in Counseling, 3rd Edition*
- **Robert Smith**, *Treatment Strategies for Substance and Process Addictions*

### Friday, March 13 • 3:00 pm – 4:00 pm

- **Patricia Arredondo**, *Culturally Responsive Counseling With Latinas/os*
- **Ford Brooks**, *A Contemporary Approach to Substance Use Disorders and Addiction Counseling, 2nd Edition*
- **Laura Choate**, *Eating Disorders and Obesity*
- **Jeffrey Guterman**, *Mastering the Art of Solution-Focused Counseling, 2nd Edition*
- **Charlene Kampfe**, *Counseling Older People*
- **Courtland Lee**, *Multicultural Issues in Counseling, 4th Edition*
- **John Murphy**, *Solution-Focused Counseling in Schools, 3rd Edition*
- **Manivong Ratts**, *Counseling for Multiculturalism and Social Justice, 4th Edition*
- **Tracey Robert**, *Critical Incidents in Integrating Spirituality Into Counseling*
- **Anne Marie "Nancy" Wheeler & Burt Bertram**, *The Counselor and the Law, 7th Edition*

# Continuing Education Credits

## Continuing Education Credits

You can earn 1 continuing education (CE) contact hour for each hour of attendance at:

- Pre-conference Learning Institutes (see page 13 for details)
- Keynote Sessions
- Education Sessions

**Please note:** 30-minute poster sessions are not approved for CE credit.

ACA is pleased to provide electronic evaluations and continuing education credits to attendees. Complete a session evaluation for each session you attended during conference at the CE/Evaluation kiosks or after conference at [prolibraries.com/counseling](http://prolibraries.com/counseling). After the conference, you will be able to print a copy of your CE certificate from your personal computer at no additional cost! *See page 205 for more information.*

All Education Sessions have CE approval from:

- **National Board for Certified Counselors (NBCC).** ACA is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.
- **Commission on Rehabilitation Counselor Certification**
- **NAADAC: The Association for Addiction Professionals**
- **California Board of Behavioral Sciences.** Course meets the qualifications for continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- **Washington Office of Superintendent of Public Instruction**



Select sessions, identified by symbol(s), have CE approval from the following organizations:

- ▲ **American Psychological Association (APA).** ACA is approved by the APA to sponsor continuing education for psychologists. ACA maintains responsibility for these programs and their content.
- **Association for Play Therapy (APT).** APT-Approved Provider 09-265.
- **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board.** Counselor CE credit only.

*It is the responsibility of the attendee to determine if his or her licensing board will accept these CEs.*

# Featured Education Sessions at-a-Glance

## For Graduate Students and New Professionals Only Series

### Friday, March 13

ID #125, Becoming a Professional Counselor

ID #174, Leadership Training for Graduate Students and New Professionals

### Saturday, March 14

ID #206, A New Opportunity: Getting a Job in Integrated Care

ID #269, Why Graduate Students and New Professionals Need To Know About Neuroscience

### Sunday, March 15

ID #304, What Graduate Students and New Professionals Need To Know About Microaggressions

## ACA Counseling in Action Demonstration Series

### Friday, March 13

ID #124, Assisting Clients Through Career Transitions Utilizing Schlossberg's Transition Model

### Saturday, March 14

ID #248, PTSD Counseling with a Returning Vet

### Sunday, March 15

ID #302, Technology: The Answer to Cyber-Bullying?

ID #326, Counseling Military Spouses and Families

## Waiting List Only Status Series

### Friday, March 13

ID #123, Meet Your Clients Where They're at—Online: Using Technology To Fill Your Schedule and Keep It That Way

ID #172, Practice for Profit: Charge What You're Worth and Fill Your Appointment Book by Dropping Your Money Issues

### Saturday, March 14

ID #210, Running Through Brick Walls: And Other Stuff To Be Successful in Private Practice

ID #273, If You Want More Clients, Spend Less Time Working with Them: The Irony of Working on Your Private Practice Rather Than for It

### Sunday, March 15

ID #307, Design a Process That Attracts Clients and Keeps Them Coming Back for More!

## ACA Client-Focused Research Series

### Friday, March 13

ID #145, Group Play Therapy: Effects on Social-Emotional Competencies

ID #167, An Examination of Executive Function, Stress, and Adolescent Attachment in a Social Neuroscience Model Using NICHD SECCYD

### Saturday, March 14

ID #223, Friending Former Clients: Client Perspectives of Post-Therapy Relationships

ID #245, Couples Counseling Research: Randomized Controlled Trial of Imago Relationship Therapy

ID #246, Understanding the Relationship Between Culture and Body Image in Asian-American Women: New Findings

ID #268, Counseling Refugees and Asylum Seekers: Critical Factors in Psychosocial Well-Being

## Sunday, March 15

ID #323, Couple Satisfaction, Family Services Counselor Visits, and Relationship Education: What Matters?

ID #324, Understanding the Relationship Between Culture and Body Image in Hispanic-American Women

ID #345, Dissociation as a Predictor of the Therapeutic Alliance: Findings and Clinical Applications

ID #346, Understanding the Influence of Breast Cancer on Latino/a Couples: A Consensual Qualitative Research Design

ID #347, Women, Ego, and Counseling: Empowered Consent

ID #348, Empirically Based Bullying Reduction Strategies for Middle School Students

ID #369, Today's Young Adult, the Black Church, and Perceptions of Counseling

ID #370, Toward Improving Client Outcomes: Exploring Attachment, Breathing, and Emotion Regulation

## Conference Updates

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## Clinician Education Sessions

### Friday, March 13

ID #103, Let's Talk About Meds

ID #106, Evidence-Based Social and Relationship Enhancement Training for Youth and Young Adults with Autism Spectrum Disorders

ID #109, Behavioral Mindfulness Techniques (Yoga in Counseling)

ID #114, University-Based Play Therapy Training Clinics: Practical, Logistical, and Essential Considerations

ID #116, Strategies and Tools in Eating Disorder Treatment: A Panel Discussion

ID #117, Cracked Vases Are Beautiful: Using Acceptance and Commitment Therapy with Survivors of Sexual Assault

ID #122, Expressive Yourself: Creative Strategies for Counseling Supervision

ID #129, Social and Informational Support Group Counseling for Parents with Children with Autism Spectrum Disorders

ID #135, Getting Unstuck: Five Keys for Fostering Change in Teens with Co-Occurring Disorders

ID #136, Controversies in the Diagnosis of PTSD: Practice Implications for Counselors

ID #140, Coloring Outside the Lines: Creative Approaches to Counseling Families with Children and Adolescents

ID #141, Strategies of Working with Asian-American Adolescents and University Students in the First Few Counseling Sessions

## Featured Education Sessions at-a-Glance

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ID #142, Gender-Responsive Addiction Counseling with Men: A Male-Specific Approach to Strengthening Recovery

ID #176, Social Justice: Strategies for Making Counseling Accessible for People with Intellectual Disabilities

ID #177, Sexual Addiction Among College Students: The Need for Screening

ID #179, The Personal Is Political: Applying Feminist Techniques Across the Counseling Spectrum

ID #181, Saying “I Do!”: The Impact of Gay Marriage on Dating and Relationships Among Gay Men and Lesbians

ID #186, Flipping the Team: Clients Reflecting on Counselors’ Struggle with the Problem

ID #188, A Model for Changing Relational Schema of Abused Children

### Saturday, March 14

ID #207, Incorporating Family Play Therapy in Treating Children and Adolescents with Autism Disorders

ID #208, A Social Justice Approach to Cognitive Behavioral Therapy

ID #209, Group Counseling Queer Youth in a High School Setting: Reflections and Lessons From a Six-Year Process

ID #211, Emerging Issues in the Symptomology and Diagnosis of Synthetic Marijuana Use

ID #217, But He’s Only 5...? Introducing the RESCUE Model for Counselors Encountering Suicidal Children 10 and Younger

ID #222, Mindfulness, Motivation, and Mentoring: Creating Synergy in Clinical Mental Health Supervision and Practice

ID #275, Safety Planning with Children Exposed to Domestic Violence

ID #277, Balancing Genuine Reactions with Empathic Responses to Challenging Situations in Play Therapy

ID #284, Managing Risk and Liability in the Treatment of Self-Injury

ID #285, Sexual Dysfunction: Best Practice Application Grounded in Attachment Theory

### Sunday, March 15

ID #301, Advanced Knowledge, Assessment, and Techniques in Self-Esteem for Licensed Clinicians

ID #303, Counseling the Sandwich Generation: Practical Help for the Parent/Caregiver

ID #314, Social Skills Development and School-Based Play Therapy Techniques: Educating and Empowering Students

ID #319, 10 Techniques for Better Parenting: Translating Ivory Tower Experiences to Clinical Application

ID #321, Cross-Cultural Outreach and Multicultural Counseling: A Transformative Experience for Counseling Students

ID #371, Identification and Diagnosis of Eating Disorders in Children: Understanding the DSM-5

ID #375, Fa-MI-ly: Infusing Family Counseling with the Spirit of Motivational Interviewing

ID #380, Competency-Based Clinical Supervision for Addiction Counseling

ID #383, From Pronouns to Practice: An Exploration of Trans-Affirming Language for Counselors

ID #384, Letting Her Voice Be Heard: A Framework for Counseling African American Women

ID #388, Mythic Play with Adolescents: Effective Use of Bibliotherapy and Heroic Mythology in Counseling Adolescents

ID #391, Extending the Impact, Developing Awareness: Clinical Homework for Sexual Identity Development Exploration

### ACA Author Featured Sessions

Friday, March 13

ID #104, Solution-Focused Counseling in Schools: Practical Ways To Help Students Change With Dignity

ID #126, The Counselor and the Law: 10 Tips To Reduce Risk While Helping Clients Thrive

ID #171, ACA Ethical Standards Casebook and Boundary Issues in Counseling

Saturday, March 14

ID #204, Becoming a Male-Sensitive Counselor

ID #272, Treatment Strategies for Substance and Process Addictions

### AADA Featured Sessions

Friday, March 13

ID #132, Touchpoint Transitions in Adulthood: Personal, Professional, and Relational Developments

Sunday, March 15

ID #328, Evidence-Based Counseling and Advocacy for Older Adults

### AARC Featured Sessions

Friday, March 13

ID #175, Autism and Counselors: Best Practices for Assessment and Intervention

Saturday, March 14

ID #240, Teaching Assessment Across the Curriculum: Challenges and Opportunities

### ACAC Featured Sessions

Saturday, March 14

ID #255, ACAC Presents: Creating Change with Creativity: Integrating the Expressive Arts into Counseling Children and Adolescents

Sunday, March 15

ID #305, ACAC Presents: Counseling Babies? Is That Even Possible?

### ACC Featured Sessions

Friday, March 13

ID #182, Bullying Prevention and Treatment: A Creative Approach

Saturday, March 14

ID #230, Creative Techniques To Use in Required Classes in CACREP-Accredited Counseling Program

### We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.

# Featured Education Sessions at-a-Glance

## ACCA Featured Sessions

Friday, March 13

ID #115, The Power of Positive: Utilizing Positive Psychology To Improve College Student Well-Being

## ACEG Featured Sessions

Friday, March 13

ID #158, Counselors Serving Veterans, Military Personnel, and Their Families: ACEG/MVCA Vision 2020

Sunday, March 15

ID #311, Embracing the Suck of Combat: Suicide in the Ranks

## ACES Featured Sessions

Saturday, March 14

ID #227, Traumatology: What Counselor Educators Need To Know To Prepare Our Graduates for the Real World

Sunday, March 15

ID #372, Joint ACES-CACREP Panel Discussion on Preparing Counselors To Work in School Settings

## AHC Featured Sessions

Friday, March 13

ID #153, Avenues to Awareness: Wellness Through Mindfulness, Art, and Culture

Saturday, March 14

ID #278, Take Your Dog to Work: Weaving Yoga into Your Workday

## ALGBTIC Featured Sessions

Friday, March 13

ID #133, Integrating the New 2014 ACA Code of Ethics into Counseling Practice with LGBTQ Individuals

Saturday, March 14

ID #251, Through the Looking Glass: The Intersectionality of Racism, Homonegativity, and Other “Isms”

## AMCD Featured Sessions

Friday, March 13

ID #156, Revision of the AMCD Multicultural Counseling Competencies: Future Directions in Counseling Practice and Research

Sunday, March 15

ID #309, Teaching Cross-Cultural Counseling with a Conceptual Approach

## AMHCA Featured Sessions

Friday, March 13

ID #138, What Did I Get Myself Into? How to Survive Your First Year as a Clinical Supervisor

Sunday, March 15

ID #353, Adding the Concept of “Mental Health” into the Title of Licensed Professional Counselor

### We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.

## ARCA Featured Sessions

**Friday, March 13**

ID #130, When in Rome? Assisting Persons with Disabilities To Negotiate the Culture of Their Organization

**Sunday, March 15**

ID #357, The CACREP-CORE Affiliation: Where Are We Now?

## ASERVIC Featured Sessions

**Friday, March 13**

ID #162, On Common Ground: Counselors of Varied Spiritual and Religious Backgrounds Engage in Case Discussion

**Saturday, March 14**

ID #215, Spiritual Competency Scale: Development of an ASERVIC Competency-Based Measure

## ASGW Featured Sessions

**Friday, March 13**

ID #108, Shining a Light on Group Counseling: A Dynamic, Real-Life Group Experience

**Saturday, March 14**

ID #253, Therapeutic Groups for Substance Use Disorder: An Experiential Session

## Conference Updates

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## CSJ Featured Sessions

**Saturday, March 14**

ID #250, The Relevance of Neuroscience in Social Justice Counseling: Moving from Theory to Practice

**Sunday, March 15**

ID #312, Training Strategies To Develop Courage To Do Social Justice Counseling

## FCA Featured Sessions

**Friday, March 13**

ID #121, Trauma Sequelae in the Forensic Female Population: Working with Numbing Behaviors

ID #144, Community Re-Integration of Veterans with Traumatic Brain Injury: Addressing Barriers and Challenges

ID #166, Courageous Conversations with Women of Color in Counselor Education: Surviving and Thriving

**Saturday, March 14**

ID #267, Town Hall Meeting on African American Males, the Police and Counselors: A Call of Conscience

ID #290, Military Family Role and Needs: Culturally Competent Military Counseling

**Sunday, March 15**

ID #352, African American Males in Counselor Education: Courageous Conversations

ID #374, Grief and Loss in Mental Health Counseling

# Featured Education Sessions at-a-Glance

## IAAOC Featured Sessions

**Friday, March 13**

ID #152, Graduate Student Carousel

**Sunday, March 15**

ID #306, There's a Process Addictions Elephant in the Room: Do You See It?

## IAMFC Featured Sessions

**Friday, March 13**

ID #187, Ethical Issues Experienced by Couple and Family Counselors

**Sunday, March 15**

ID #327, "Live" Couples Counseling Demonstration

## NCDA Featured Sessions

**Friday, March 13**

ID #154, Reimagining Your Career Course for the 21st Century

**Sunday, March 15**

ID #310, Career and Mental Health Counseling: Integrating Theory, Research, and Practice

## NECA Featured Sessions

**Friday, March 13**

ID #160, An Action-Oriented, Hope-Centered Career Counseling Approach to Economic and Employment Stability

**Saturday, March 14**

ID #205, Increasing Personal Energy and Wellness

## CSI Featured Sessions

**Friday, March 13**

ID #107, Who Are You? Professional Identity Development of Students, Practitioners, and Educators in Counseling

ID #183, Integrating CACREP Program Accreditation as a Requirement in Counselor Licensure Laws: Lessons Learned

**Saturday, March 14**

ID #254, Grassroots Counselor Advocacy Using Social Media



**SAVE THE DATES!**

**MONTREAL  
ACA 2016  
Conference & Expo**

**ACA-CCPA Conference & Expo**  
March 31 – April 3, 2016

**Pre-conference Learning Institutes**  
March 30 – 31, 2016

Palais des congrès de Montreal  
(Montreal Convention Center)

# Education Session Descriptions

## Friday, March 13

### 7:30 am – 8:30 am ■

Program ID #101, Manatee Spring I & II  
**The Era of Mass Violence: What Counselors Need To Know About Prevention and Response**

60-Minute Education Session

*J. Barry Mascari, Jane M. Webber,  
Robert H. Kitzinger*

More mass shootings have occurred in the U.S. within the past decade than ever, and 2013 set a record for deaths. This session draws on FBI and New York City police studies, profiles of perpetrators of mass violence, and the experiences of survivors. There are proactive steps that counselors can take to assess vulnerability and identify potential perpetrators with the help of the community. We can raise awareness of the importance for individuals to be more mindful of their surroundings and trust “the gift of fear” as part of our organizational, community, or school leadership team.

### 7:30 am – 8:30 am ■

Program ID #102, Orlando Ballroom N  
**Mental Health Counseling in the Wake of the Elder Abuse Epidemic**

60-Minute Education Session, Advanced  
*Joanne Cohen Hamilton*

Mental health care for elder abuse is estimated to be about 25 years behind mental health care for child abuse (U.S. Senate Special Committee, 1980). Like child abuse, elder abuse is significantly under-reported, under-investigated, and unsuccessfully prosecuted (Acierno, Hernandez-Tejada, Muzzy, & Steve, 2009; Wasik, 2000). This session presents results of a mixed-methods research study of diverse data and actual cases that supports the counselor’s role in multidisciplinary

treatment for elder abuse identification, reporting, treatment, and advocacy.

### 7:30 am – 8:30 am ■

Program ID #103, Orlando Ballroom M  
**Let’s Talk About Meds**

60-Minute Clinician Education Session  
*Cynthia Miller*

Counselors are more likely than ever to see clients who are taking at least one psychotropic medication. These clients often have feelings and beliefs about medication that can impact the course of treatment. In this session, attendees will learn how to talk with clients about medications, promoting realistic treatment expectations while remaining within their scope of practice. They also will learn how to collaborate with prescribers to monitor the effectiveness of treatment. Late admission will not be permitted, due to live recording.

### 7:30 am – 8:30 am ■

**ACA Author Session**

Program ID #104, Bayhill 21 & 22

**Solution-Focused Counseling in Schools: Practical Ways To Help Students Change With Dignity**

60-Minute Education Session  
*John J. Murphy*

This session will provide practical strategies from Dr. Murphy’s award-winning book, *Solution-Focused Counseling in Schools*. Attendees will learn about building cooperative relationships with “resistant” students, using change-focused language, and building solutions from students’ strengths, successes, and other resources in their lives. Short demonstrations and exercises will help attendees to immediately apply solution-focused strategies the very next day on the job.

## FRIDAY

### 7:30 am – 8:30 am ■

Program ID #105, Celebration 5 & 6  
**Achieving Parity and Portability: CACREP's Role in Advancing the Profession**

60-Minute Education Session  
*Carol Bobby*

Great strides have been made in advancing the counseling profession as a distinct helping profession. Two challenges to further advancement are (1) parity with the other helping professions and (2) the ability for counselors to relocate and retain licenses to practice. This session explores the roles that national educational standards and CACREP accreditation can play in resolving these challenges and positioning the counseling profession for full recognition within the health services landscape.

### 7:30 am – 8:30 am ▲ ■

Program ID #106, Orlando Ballroom L  
**Evidence-Based Social and Relationship Enhancement Training for Youth and Young Adults with Autism Spectrum Disorders**

60-Minute Clinician Education Session  
*Tami Sullivan*

This session introduces the Program for the Evaluation and Enrichment of Relational Skills (PEERS), an evidence-based social skills and relationship enhancement program that teaches motivated youth and young adults with an autism spectrum disorder concrete rules and steps for making and keeping friends. This is a manualized, evidence-based approach aimed at improving social adaptive skills and friendship quality among individuals with an autism spectrum disorder. Learn strategies for teaching your clients the steps of

socialization activities for making and keeping friends.

### 7:30 am – 8:30 am ■

**CSI Session**

Program ID #107, Bayhill 19 & 20  
**Who Are You? Professional Identity Development of Students, Practitioners, and Educators in Counseling**

60-Minute Education Session  
*Donna M. Gibson*

Growing and strengthening the counseling profession has been a focus of our professional organizations for many years. In this session, attendees will learn how they do this at an individual level with their own professional identity development. The presenter will offer research to explain how counselors-in-training, counselors, doctoral students, and counselor educators develop their professional identity and how it is strengthened by involvement in service, advocacy, and leadership.

### 7:30 am – 8:30 am ■

**ASGW Session**

Program ID #108, Celebration 1 & 2  
**Shining a Light on Group Counseling: A Dynamic, Real-Life Group Experience**

60-Minute Education Session, Advanced

*Ed E. Jacobs, Christine Schimmel*

This unique session will combine a large-group experience followed by a live demonstration made up of six to eight volunteer members from the audience. The presenters will demonstrate the art of engagement along with the effective use of exercises and theories. The leaders will show how to engage all members while working with one member. The presenters will comment frequently regarding the skills being utilized during the live

demonstration. The leaders will show how to close a session.

**7:30 am – 8:30 am** ▲ ■

Program ID #110, Celebration 7 & 8  
**CSCORE's Annual Review of Research:  
 Identifying Best Practices for Counseling  
 in Schools**

60-Minute Education Session,  
 Advanced

*Catherine (Carey) L. Dimmitt,  
 Catherine Lamb Griffith*

The Fredrickson Center for School Counseling Outcome Research and Evaluation (CSCORE) provides an in-depth review of cutting-edge research that practicing counselors can use right now to improve their work in schools. Session attendees will learn more about innovative intervention strategies and programs as well as available evaluation evidence that supports these practices.

**7:30 am – 8:30 am** ■

Program ID #111, Celebration 9 & 10  
**Risk and Predictor Factors for PTSD and  
 PTG Among Military Veterans: A Strength-  
 Based Paradigm**

60-Minute Education Session,  
 Advanced

*Shedeh Tavakoli, Nicole M. Zook*

The multifaceted mental health needs of current American military personnel and veterans with post-traumatic stress disorder (PTSD) are immense. This veteran-specific research outlines the relationship between PTSD and post-traumatic growth, addressing risk and protective factors. Clinical implications derived from theory and innovative research on prevention and intervention are addressed.

**7:30 am – 8:30 am** ■

Program ID #112, Bayhill 29 & 30  
**"You Don't Look Like a Lesbian": Promoting  
 Awareness and Respect for Women in  
 Academia**

60-Minute Education Session

*Jennifer Gess, Stacy L. Speedlin,  
 Megan Speciale*

Counselors and counselor educators must be aware of heterosexism and heteronormativity in order to provide LGBTQ-competent care. Unfortunately, there are still stigmas within counselor education. In this session, the presenters will introduce queer theory to address microaggressions in counseling classrooms, supervision settings, and training clinics. Based on personal experience and research, the presenters will explore advocacy on behalf of LGBTQ students.

**7:30 am – 8:30 am** ■

Program ID #113, Bayhill 31 & 32  
**DSM-5: The Need for Change—Gender  
 Dysphoria and the Clinician's Role**

60-Minute Education Session,  
 Advanced

*Carla Swallow*

In the latest edition of the DSM-5, the term "gender identity disorder" has been replaced with the term "gender dysphoria." This was implemented by the APA due to efforts to most effectively illustrate the lived experiences of individuals whose gender at birth is different from the one they most directly align with. The contributors to the DSM-5 wanted to ensure that the issue of distress is emphasized in the diagnostic criteria. This session will highlight the criteria for diagnosis of gender dysphoria and also will

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discuss the challenges surrounding making a diagnosis and treatment.

### 7:30 am – 8:30 am ● ■

Program ID #114, Plaza Int'l Ballroom I  
**University-Based Play Therapy Training Clinics: Practical, Logistical, and Essential Considerations**

60-Minute Clinician Education Session

*Erin M. Dugan*

This dynamic session will present a model guide to setting up, implementing, and assessing progress in a university-based play therapy training clinic. Practical, logistical, and procedural considerations will be presented. In addition, the presenter will provide a model guide used in assessing and evaluating productivity. You will be eager to get back and begin setting up your own university-based play therapy training facility.

### 7:30 am – 8:30 am ■

**ACCA Session**

Program ID #115, Plaza Int'l Ballroom J  
**The Power of Positive: Utilizing Positive Psychology To Improve College Student Well-Being**

60-Minute Education Session

*Tamara Suzanne Knapp-Grosz*

This session will provide a basic orientation to the field of positive psychology and well-being theory. In addition, specific assessment tools and well-researched techniques for increasing overall student well-being will be presented and demonstrated. Finally, this session will present specific case studies highlighting the use of both interventions and assessment tools.

### 7:30 am – 8:30 am ■

Program ID #116

Plaza Int'l Ballroom K

**Strategies and Tools in Eating Disorder Treatment: A Panel Discussion**

60-Minute Clinician Education Session

*Tamara Duarte, Keesha Broome, Hilary Kinavey, Sarah A. Cohen*

The panel in this session, composed of professionals specializing in the treatment of eating disorders, will discuss effective treatment interventions that can be utilized by counselors and therapists working in this complex field. The panelists will share information, strategies, and tips that counselors can use to recognize eating disorder issues and motivate change and insight for clients and their families. Professionals working in the field of eating disorders as well as therapists in general will benefit from this session; attendees will have an opportunity to ask specific questions.

### 7:30 am – 8:30 am ■

Program ID #117, Celebration 12 & 13

**Cracked Vases Are Beautiful: Using Acceptance and Commitment Therapy with Survivors of Sexual Assault**

60-Minute Clinician Education Session

*Levi Shannon McClendon*

Trauma research emphasizes the use of exposure-based counseling, yet clinicians often do not utilize these approaches. Acceptance and Commitment Therapy offers an alternative approach to exposure-based counseling. This session will review key concepts and counseling literature regarding the efficacy of a variety of counseling approaches with

survivors of sexual assault. The session will introduce and emphasize the use of Acceptance and Commitment Therapy with survivors of sexual assault. Metaphors, techniques, and experiential exercises will be provided.

**7:30 am – 8:30 am ■**

Program ID #118, Celebration 14 & 15  
**Back from the Brink: Strategies for Infusing Innovation into an Old Counselor Education Framework**

60-Minute Education Session

*Alison L. DuBois, Molly A. Mistretta*

As a result of decreases in student enrollment, counselor education programs are finding new and progressive ways to attract the 21st-century learner. The information shared throughout this session will examine innovative, research-based strategies to deliver a quality counselor education program with limited resources. The session also will discuss ways to assess the efficacy of the instructional modalities, as well as the challenges associated with addressing outcomes-based state standards when managing a large adjunct faculty and multiple off-campus cohort sites.

**7:30 am – 8:30 am ■**

Program ID #119, Bayhill 17 & 18  
**A Silent Minority: Therapist Characteristics and Working with Male Sexual Assault Survivors**

60-Minute Education Session

*Kyle A. Wockenfuss, Maribeth Jorgensen*

Minimal research has specifically addressed how to prepare counselors to meet the unique needs of male sexual assault survivors. Previous studies have demonstrated that male sexual assault survivors do not seek help unless they need medical attention (Ellis, 2002; Monk-Turner

& Light, 2010). This study was conducted to better understand counselor variables that may contribute to the findings in previous research. An informative discussion will be utilized to facilitate awareness and specific strategies to more effectively reach and work with male sexual assault survivors.

**7:30 am – 8:30 am ■**

Program ID #120, Bayhill 23 & 24  
**Beyond Brain Basics: Exploring Advanced Research in Trauma Neurophysiology**

60-Minute Education Session, Advanced

*Laura K. Jones*

Trauma research and best practices emphasize the importance of understanding trauma neurophysiology in the efficacious care of survivors. Although any knowledge of the trauma neurophysiology can be beneficial, having an advanced understanding of acute stress, post-traumatic distress, and resilience can aid counselors in translating the burgeoning research in this area. This session will illustrate advances in trauma neurophysiology and discuss the neurophysiology of post-traumatic resilience.

**7:30 am – 8:30 am**

*FCA Session*

Program ID #121, Bayhill 25 & 26  
**Trauma Sequelae in the Forensic Female Population: Working with Numbing Behaviors**

60-Minute Education Session

*Tara Jungersen, Shannon Karl, Joseph Franco*

Women in the forensic system have extensive trauma histories that present as harmful behaviors, both during confinement and post-release.

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Incarcerated women who have experienced sexual and intimate partner violence engage in a variety of numbing behaviors, including substance use, child neglect, self-injurious behavior, and sexual acting-out. This session will review the limitations of in-house trauma work, and help counselors tailor strategies to mitigate numbing with forensic populations.

### 7:30 am – 8:30 am ■

Program ID #122, Bayhill 27  
**Expressive Yourself: Creative Strategies for Counseling Supervision**

60-Minute Clinician Education Session

*Kara Lauren Carnes-Holt, Kristen K. Meany-Walen, Andy Felton*

Expressive arts serve as a creative medium often creating new insight and awareness for individuals and can ignite creative energies of supervisees to expand their views of self and clients whom they are serving. Professional and intentional judgment as to deciding which expressive art to implement and the timing of the exercise is the responsibility of the supervisor. Holistic development of the counselor is the overarching framework for the supervision experience.

### 11:00 am – 12:00 pm

*Waiting List Only Status Series*

Program ID #123, Manatee Spring I & II

**Meet Your Clients Where They're at—Online: Using Technology To Fill Your Schedule and Keep It That Way**

60-Minute Education Session

*Robert Reinhardt*

Technology can help counselors not

only reach more clients, but also improve the quality of care provided. From social media marketing, to websites, to electronic health records, the presenter will share his technology expertise in explaining how counselors can reach, gain, and maintain more clients while providing excellent care. Focus on the counseling work you want to do by letting technology do more of the “other stuff.”

### 11:00 am – 12:00 pm ■

*ACA Counseling in Action Demonstration Series*

Program ID #124, Orlando Ballroom N

**Assisting Clients Through Career Transitions Utilizing Schlossberg's Transition Model**

60-Minute Education Session

*Karen Pruett, Mihaela Henderson*

Job loss, disengagement from the military, and changes in roles following significant events (divorce, childbirth, etc.) are a few of the common scenarios that lead to clients facing career transition issues. Whether viewed as a positive or negative change, this experience often entails redefining one's self-concept and can be overwhelming and stressful. In this demonstration, Schlossberg's Transition Model is used to illustrate how counselors can assist clients with career transition concerns.

### 11:00 am – 12:00 pm ■

*For Graduate Students and New Professionals Only Series*

Program ID #125, Orlando Ballroom M

**Becoming a Professional Counselor**

60-Minute Education Session

*Gerald Corey, Jamie Bludworth*

The presenters will address a range of topics related to the challenges of

becoming a professional counselor, such as creating a meaningful professional life, being aware of and managing your personal values, common concerns of beginning counselors, managing personal and professional boundaries, and the importance of self-care. There will be opportunities to raise questions of the presenters. Late admission will not be permitted, due to live recording.

**11:00 am – 12:00 pm ■**

*ACA Author Session*

Program ID #126, Bayhill 21 & 22

**The Counselor and the Law: 10 Tips To Reduce Risk While Helping Clients Thrive**

60-Minute Education Session

*Burt Bertram, Anne Marie “Nancy” Wheeler*

This session highlights important legal and ethical issues in counseling practice, as examined in the new edition of *The Counselor and the Law*. The presenters will offer strategies for managing current and future risks inherent in mental health practice. Issues discussed will include the legal/ethical decision-making model; confidentiality, privilege, and privacy (including HITECH, child custody, and subpoenas); cooccurring relationships; social media and online practice; records; reporting duties; gun violence; and making ethical referrals.

**11:00 am – 12:00 pm ■**

Program ID #127, Celebration 5 & 6

**Parents as Therapeutic Agents: Involving Parents in the Counseling Process with Children**

60-Minute Education Session

*Montserrat Casado-Kehoe, Diane Kimball Parker*

This session emphasizes the need

to involve parents as partners in the therapeutic play therapy process. It is directed toward the therapist working with children and their parents together in the playroom through a collaborative approach. Particular attention will be spent on training and empowering parents, through modeling, instruction, and active participation, and ultimately for the parents to be ongoing therapeutic change agents in the lives of their children after therapy has ended. Specific interventions, techniques, and tools will be discussed, illustrated, and experienced.

**11:00 am – 12:00 pm ■**

Program ID #128, Orlando Ballroom L

**How To Recruit and Retain an Exceptional Clinical Team in 2015**

60-Minute Education Session

*Anthony Centore*

Counseling practices thrive or fail based on their clinical teams. Hence, some practices struggle because they hire poorly. Others hire well, but their top-performing team members leave to work for the competition (or start a practice of their own). This session provides “road-tested” instruction for attracting, hiring, and retaining exceptional team members.

**11:00 am – 12:00 pm ▲ ■**

Program ID #129, Bayhill 19 & 20

**Social and Informational Support Group Counseling for Parents with Children with Autism Spectrum Disorders**

60-Minute Clinician Education Session

*Laura B. Kestemberg, Laura De Gennaro*

This educational session will highlight the high demand for a parent support group focusing on the emotional needs of parents caring

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for a child with a developmental disability such as autism spectrum disorder. Attendees will learn how to most effectively select group members, manage, and lead a successful support group. Case vignettes from group counseling sessions will be used to highlight specific techniques and demonstrate how to most effectively work with this unique population of parents.

### 11:00 am – 12:00 pm ■

#### *ARCA Session*

Program ID #130, Celebration 1 & 2

#### **When in Rome? Assisting Persons with Disabilities To Negotiate the Culture of Their Organization**

60-Minute Education Session

*Michelle L. Maultsby, Tammarra Petrill Thomas*

People with disabilities across various workplace settings experience countless barriers in their employment experiences. Many of these barriers have been related to attitudes, stereotypes, and stigma that exist within organizations. This session conceptualizes the importance of understanding organizational culture and how fit between the person and the organization, and obtainment of the necessary skills to negotiate organizational climates, can yield more positive employment outcomes.

### 11:00 am – 12:00 pm ■

Program ID #131, Celebration 3 & 4

#### **DSM-5 Feeding and Eating Disorders**

60-Minute Education Session,

Advanced

*K. Dayle Jones*

The new DSM-5 has a substantially revised section on feeding and eating disorders. Changes include revised diagnostic criteria for anorexia

nervosa and bulimia nervosa, the addition of the new binge eating disorder diagnosis, and the inclusion of feeding disorders to this chapter. Many counselors work with individuals experiencing eating disorders and need to be updated on these very important diagnostic changes. This session will provide an overview of the DSM-5 eating disorders section, including new disorders, specific diagnostic changes, and new specifiers.

### 11:00 am – 12:00 pm ■

#### *AADA Session*

Program ID #132, Celebration 7 & 8

#### **Touchpoint Transitions in Adulthood: Personal, Professional, and Relational Developments**

60-Minute Education Session

*Suzanne E. Degges-White, Catherine B. Roland, Carolyn A. Greer, Wendy K. Killam, Katherine Hermann, Radha Horton-Parker*

Cultural shifts over the past half century have created a world in which adulthood can unfold quite differently than a generation ago when life paths followed a more predictable pattern. This session will explore the contemporary transitions and challenges of adulthood that may bring clients into your office for counseling. Specific areas addressed are transitions in the spheres of personal, professional, and relational development for those in early adulthood, midlife, and older adulthood.

### 11:00 am – 12:00 pm ■

#### *ALGBTIC Session*

Program ID #133, Celebration 9 & 10

#### **Integrating the new 2014 ACA Code of Ethics into Counseling Practice with LGBTQ Individuals**

## 60-Minute Education Session

*Michael Mark Kocet, Colleen R. Logan,  
Joy Whitman*

This session will examine the new 2014 ACA Code of Ethics and fostering a deeper understanding of how to integrate this tool into counseling practice in a variety of settings with LGBTQ individuals. Discussion and case studies will focus on managing professional boundaries, the role of values in the therapeutic process, the unethical practice of reparative therapy, social media, and what it means to practice ethically and competently as an LGBTQ Professional Counselor.

**11:00 am – 12:00 pm ■**

Program ID #134, Bayhill 29 & 30

**Sheltering in Place and Lockdown:  
Evidence-Based Knowledge All Counselors  
Need To Know**

60-Minute Education Session,  
Advanced

*Stephanie F. Dailey, Tara Jungersen*

The 20th century has witnessed an increase in mass violence, many that mandate a shelter-in-place (SIP) response. Also called “lockdown,” individuals who SIP may experience emotional challenges. By reviewing research findings of 150 Boston residents required to SIP for 12 hours during the search for the Boston Marathon bombers, attendees will walk away with strategies for managing lockdown situations. Specific concerns of individuals, including children, will be highlighted, and evidence-based suggestions for use before, during, and after a SIP mandate will be provided.

**We want to know what you think!**

Visit the kiosks in the main foyer to complete a conference survey.

**11:00 am – 12:00 pm ▲ ■**

Program ID #135, Bayhill 31 & 32

**Getting Unstuck: Five Keys for Fostering  
Change in Teens with Co-Occurring  
Disorders**

60-Minute Clinician Education  
Session

*David Flack*

Teens with co-occurring disorders often seem stuck in an endless cycle of maladaptive behaviors, experiencing multiple treatment failures and frustrating even the most dedicated professional helpers. These teens often seem apathetic, ambivalent, or completely resistant. The truth, however, is much less pessimistic! In this session, we will explore five keys to helping these teens get unstuck. Attendees at past workshops have reported finding these five keys to “transform my work with teens” and “excellent, practical ideas for helping my clients start moving forward.”

**11:00 am – 12:00 pm ■**

Program ID #136, Plaza Int'l  
Ballroom I

**Controversies in the Diagnosis of PTSD:  
Practice Implications for Counselors**

60-Minute Clinician Education  
Session

*Lennis G. Echterling, Thomas Field,  
Anne L. Stewart*

Since its introduction in the DSM-III, the evolving diagnosis of PTSD has generated numerous and intense controversies. In recent years, counselors have been fulfilling increasingly important roles as service providers for both military and civilian survivors struggling with the consequences of traumatic events. This session prepares attendees to mindfully address the complex

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issues, cultural considerations, and developmental limitations that confront counselors using the DSM-5 criteria to diagnose PTSD.

### **11:00 am – 12:00 pm ■**

Program ID #137, Plaza Int'l Ballroom J

#### **An Examination of Clinical Supervision in the Addictions Treatment Field**

60-Minute Education Session, Advanced

*Paul L. West, Judith Warchal, Cheryl Wilson-Smith*

Clinical supervision is a distinct intervention and factors significantly into the development of professional counselors. This session presents research findings relevant to the training and self-reported perceived skill levels of clinical supervisors in the substance abuse treatment field in a particular state. Supervisory skills included teaching, counseling, consultation, and research. Inferences are drawn regarding the depth and breadth of preparation of addiction counselors in the areas of conceptualization, intervention, and personalization.

### **11:00 am – 12:00 pm ■**

*AMHCA Session*

Program ID #138, Plaza Int'l Ballroom K

#### **What Did I Get Myself Into? How To Survive Your First Year as a Clinical Supervisor**

60-Minute Education Session

*Heather E. Pierucki*

Have you thought about becoming a supervisor and mentoring young counselors? Got the job? Now you can be an awesome, easygoing boss ... and be influential! But wait. How do you balance supervisory duties with training, timecards, and employees calling in sick? Navigating

the first year is complicated! The presenter put out fires, managed personalities, and worked with upper management. Come learn from her experience. You'll be inspired by this inclusive, dynamic session and become equipped with the tools you need to be an incredible supervisor.

### **11:00 am – 12:00 pm ■**

Program ID #139, Celebration 12 & 13

#### **Preventing and Managing Harmful Supervision: Practical Suggestions for Supervisors and Supervisees**

60-Minute Education Session

*Alessandra Joy Rhinehart*

This session includes a literature review of effective, ineffective, and harmful supervision; details the results of a phenomenological study investigating beginning supervisees' lived experiences of harmful supervision; and offers practical suggestions for the prevention and management of harmful supervision. Attendees will engage in personal reflections, a case study, and group discussions to benefit their supervisory relationships, their clients, and the counseling profession.

### **11:00 am – 12:00 pm ■**

Program ID #140, Celebration 14 & 15

#### **Coloring Outside the Lines: Creative Approaches to Counseling Families with Children and Adolescents**

60-Minute Clinician Education Session

*Katherine E. Purswell, Dalena Dillman Taylor*

When counseling children and adolescents, effectively involving family members in developmentally appropriate ways can be challenging. During this interactive session, presenters will use case examples to

describe methods for assessing and meeting the needs of diverse family members through family counseling. Presenters also will share creative activities that can be utilized with family members of all ages.

**11:00 am – 12:00 pm ■**

Program ID #141, Bayhill 17 & 18  
**Strategies of Working with Asian-American Adolescents and University Students in the First Few Counseling Sessions**

60-Minute Clinician Education Session

*Baochun Zhou*

Presented by a professional counselor and emerging counselor educator who is licensed in both the U.S. and China, this session will focus on working effectively with Asian American adolescents and university students through addressing cultural responsiveness and sensitiveness. Counselors may gain awareness, knowledge, and skills through discussions of Asian clients' culturally related needs, counselor expectations, possible therapeutic factors and dynamics experienced by non-Asian counselors, and strategies designed for the first few counseling sessions.

**11:00 am – 12:00 pm ■**

Program ID #142, Bayhill 23 & 24  
**Gender-Responsive Addiction Counseling with Men: A Male-Specific Approach to Strengthening Recovery**

60-Minute Clinician Education Session

*Mark S. Woodford*

In the treatment realm for substance use disorders, males outnumber females two to one. While gender issues are seen as a key element of women's treatment, the acknowledgement that males

are "gendered beings" who have lived lives full of male-specific developmental challenges is often overlooked. This session will examine psychosocial factors associated with substance use disorders for males, specifically in relation to emotional growth and awareness, and how these areas affect the development of healthy relationships throughout the treatment and recovery processes.

**11:00 am – 12:00 pm ■**

Program ID #143, Bayhill 25 & 26  
**Practical Strategies for Hiring Professional Counselors in the Federal Health-Care System**

60-Minute Education Session

*Linda Renee Herbert*

This session will discuss practical issues and policies surrounding the hiring of counselors in the federal health-care system, and will instruct LPCs on how to find and apply for government positions. Attendees will learn about general employment requirements, hiring processes, and increasing their potential to get hired. Attendees will receive handouts on TRICARE, the federal health-care system, hiring processes, and applicable laws and regulations.

**11:00 am – 12:00 pm**

*FCA Session*

Program ID #144, Bayhill 27  
**Community Re-Integration of Veterans with Traumatic Brain Injury: Addressing Barriers and Challenges 60-Minute Education Session, Advanced**

*Michelle Bradham-Cosuar,*

*Christina Dillahunt-Aspillaga*

Since 2000, more than 280,000 incident diagnoses of TBI in all military personnel have been reported with most injuries being

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classified as mild and occurring stateside; most symptoms of TBI (e.g., somatic, cognitive impairment, and psychological) will resolve during the first few weeks to months post-injury, although some individuals continue to experience symptoms for longer periods of time. This session will focus on presenting information about veterans with TBI.

### 2:00 pm – 2:30 pm ● ■

*ACA Client-Focused Research Series*

Program ID #145, Bayhill 25 & 26

**Group Play Therapy: Effects on Social-Emotional Competencies**

30-Minute Research Education Session

*Dee C. Ray, Brittany Wilson, Liz Ener, LaKaavia Taylor*

Group play therapy is a unique modality merging child-centered play therapy and group therapy. Although strong evidence exists to support individual play therapy, limited research exists exploring the effectiveness of child-centered group play therapy. This clinically focused research session will present the findings of a pilot study involving 26 elementary school children participating in child-centered group play therapy. Specifically, researchers explored the effect of group play on the social and emotional competencies of young children.

### 2:00 pm – 3:30 pm ■

Program ID #146, Manatee Spring I & II

**Fostering Resiliency, Healing, and Trauma Recovery after the Sandy Hook School Shooting: A Trauma-Informed Model**

90-Minute Education Session, Advanced

*Deb Del Vecchio-Scully, Lori Leyden*  
Are you ready to work with clients

possibly traumatized by community violence? The presenters will share their work with Newtowners impacted by the school shooting tragedy there. In this experiential session, the presenters will define trauma-informed therapy and describe the brain science of trauma and the importance of identifying PTSD and fostering resiliency in those experiencing it. You will learn the importance of Limbic system regulation and fostering safety in trauma recovery as well as how to use the emotional freedom technique/tapping as a trauma-informed skill.

### 2:00 pm – 3:30 pm ■

*ACA Counseling in Action Demonstration Series*

Program ID #147, Orlando Ballroom N

**LGBTQ: After Coming Out, It Gets Easier, Right?**

90-Minute Education Session  
*MJ Raleigh*

At universities throughout the U.S., we assume a level of acceptance and safety because of the nature of the learning environment. However, LGBTQ adults on campus face a unique set of challenges. On-campus hate crimes and discrimination are too often the experience of our LGBTQ students who report a higher incident of hate speech, bullying, and exclusion compared to nonidentified peers. The session modeled here will be with a student and faculty mentor combating a negative campus climate.

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

**2:00 pm – 3:30 pm ■**

Program ID #148, Orlando Ballroom M  
**Role of the Counselor in Pharmacological Treatment of Children and Adolescents**  
 90-Minute Education Session, Advanced  
*Gulnora Hundley, Shaywanna Harris*  
 As the number of young patients being prescribed psychotropic medications grows, it becomes increasingly important for counselors to understand the positive and negative aspects of these drugs. Counselors equipped with a working knowledge of psychopharmacology of childhood disorders can provide comprehensive and collaborative therapy with their young clients who may be in need of or are currently using psychotropic medications and maximize the therapeutic benefit of medications. Late admission will not be permitted, due to live recording.

**2:00 pm – 3:30 pm ■**

Program ID #149, Bayhill 21 & 22  
**Is There a Book Within You To Be Written?**  
 90-Minute Education Session  
*Gerald Corey, Kellie Kirksey, Patrice Moulton, Michelle Muratori, George Williams, Robert E. Wubbolding, Mark Stebnicki, Rita Chi-Ying Chung, Fred Bemak*  
 Panelists will share the joys, self-doubts, struggles, strategies, personal experiences, and rewards of their experiences in writing. They will offer suggestions such as identifying an area of interest, pinpointing a central topic, designing a proposal, getting started and the revision process, finding and working effectively with a publisher, the review process, creating a realistic writing schedule, working with colleagues, testing out ideas, completing a project, and future revisions.

**2:00 pm – 3:30 pm ■**

Program ID #150, Celebration 5 & 6  
**Cross-Cultural/Multicultural Counseling in the 21st Century**  
 90-Minute Education Session, Advanced  
*Farah A. Ibrahim, Clemmont E. Vontress, Allen E. Ivey, Carlos P. Hipolito-Delgado*  
 The session will (1) highlight the inception and socio-historical factors that led to the development of cross-cultural/multicultural counseling initiatives; (2) identify the contributions of research on the brain and its implications; (3) present a relational-cultural empathy model, its use, and implications; (4) introduce the use of cultural assessments in making interventions specific to the needs of a client, providing information for cultural sensitivity, responsiveness, and consideration of social justice issues; and (5) present the need for dynamic cultural competencies for counseling.

**2:00 pm – 3:30 pm ■**

Program ID #151, Orlando Ballroom L  
**Emotionally Focused Therapy with Couples Facing Cancer: Advanced Overview and Case Study Application**  
 90-Minute Education Session, Advanced  
*Nicole A. Adamson Stargell, Emily C. Campbell*  
 Emotionally Focused Therapy (EFT) is an empirically supported intervention for couples; counselors integrate Person-Centered, Structural Systems, and Attachment Theory to address emotional distress in close relationships (Johnson, 2004). In this session, the empirical support for the use of EFT with couples facing breast

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cancer will be presented. The steps and stages of EFT will be introduced, and a case study will be used to demonstrate practical application of EFT with a couple facing a breast cancer diagnosis.

### 2:00 pm – 3:30 pm ■

#### IAAOC Session

Program ID #152, Bayhill 19 & 20

#### Graduate Student Carousel

90-Minute Education Session

*Keith Morgen, Mirsha Etienne Alexandre, Shamanda Burston, Kelsey Denison-Vesel, Tanya Johnson, Gemma E. Philage, George M. Walker, Eric Richardson, Amy Williams*

This session will feature the research poster presentations of IAAOC student members. Topics cover a range of issues relevant to the addictions and offender counseling populations. Students will be available for direct face-to-face dialogue regarding their research.

### 2:00 pm – 3:30 pm ■

#### AHC Session

Program ID #153, Celebration 1 & 2

#### Avenues to Awareness: Wellness Through Mindfulness, Art, and Culture

90-Minute Education Session

*Emma C. Burgin, Breanna Paige Banks, Dareen Basma, Jeffrey L. Cochran*

This session aims to teach attendees about three avenues to wellness: mindfulness, art, and culture. The session is divided into three sections to give attendees an opportunity to practice within each avenue. Attendees will experience a Vipassana mindfulness meditation, learn the method of Zentangling, and join in a cultural awareness exercise. Each segment will conclude with a chance to process the experience and

a discussion of how each method enhances self-awareness and wellness.

### 2:00 pm – 3:30 pm ■

#### NCDA Session

Program ID #154, Celebration 3 & 4

#### Reimagining Your Career Course for the 21st Century

90-Minute Education Session, Advanced

*Melinda M. Gibbons, Cynthia Marco-Scanlon, Kevin Glavin, Stephanie Burns, Seth C.W. Hayden*

In this interactive session, the ACES-NCDA Commission for the Preparation of Counselors for the 21st Century will present ideas on how to revitalize and reenergize your career counseling course. Through interactive activities, lively discussion, and role modeling, the presenters hope to help those new to teaching career counseling as well as those who want to reinvigorate their courses learn about the newest research on career development and how to teach this information in an engaging manner.

### 2:00 pm – 3:30 pm ■

Program ID #155, Celebration 7 & 8

#### How Do I Know If Someone Is Suicidal? A Discussion of Suicide Theory, Attitudes, and Interventions

90-Minute Education Session

*Eric Tod Beeson*

This session provides a brief survey of current literature related to suicide theory, attitudes, assessment, and intervention, which includes the results of original research regarding counseling students' attitudes toward suicide. Specific focus will be given to attitudes related to the acceptability, justification, and preventability of suicide. Attendees will have the

opportunity to identify personal attitudes toward suicide and create clinical conceptualizations of case scenarios using the information discussed.

**2:00 pm – 3:30 pm ■**

*AMCD Session*

Program ID #156, Celebration 9 & 10

**Revision of the AMCD Multicultural Counseling Competencies: Future Directions in Counseling Practice and Research**

90-Minute Education Session

*Manivong J. Ratts, Anneliese Singh, Sylvia C. Nassar-McMillan, S. Kent Butler, Rafe Julian McCullough*

Members of the AMCD Multicultural Counseling Competencies Revision Committee present updates on the revision of the multicultural counseling competencies (MCCs). Committee members were charged with revising and updating the MCCs and will describe the current working document. The presenters will discuss the theoretical grounding guiding the revision process and the revisions most relevant to future practice and research. Dialogue and feedback on the MCCs are welcomed.

**2:00 pm – 3:30 pm ■**

Program ID #157, Bayhill 29 & 30

**The Personal Is Political with Addictions: Clinical Applications of Feminist Theory to the 12 Steps**

90-Minute Education Session, Advanced

*Joanne Jodry, Kathleen McCleskey*

This interactive session will allow the counselor to explore the use of feminist theory and clinically apply it with addiction clients and the 12-step program. This advanced session will allow the counselor, who already has a basic knowledge of

feminist counseling theory and the 12 steps, to leave with an integrative knowledge of both concepts and practical techniques to empower clients toward healing. A developing model of a feminist 12-step program will be proposed with multiple clinical applications and techniques.

**2:00 pm – 3:30 pm ■**

*ACEG Session*

Program ID #158, Bayhill 31 & 32

**Counselors Serving Veterans, Military Personnel, and Their Families: ACEG/MVCA Vision 2020**

90-Minute Education Session, Advanced

*Angie Waliski, Lynna Meadows Morton*

Are you a counselor, a veteran, a military service member, a family member of a veteran or military service member, or a friend of a veteran or military service member? If so, you are needed! This session is for you. The session will identify strategies to advocate for counselors as mental health providers within the VA. This session includes several leaders of the ACA division and branches to all counselors to unite for the recognition of our clinical abilities and expertise.

**2:00 pm – 3:30 pm ■**

Program ID #159, Plaza Int'l Ballroom I

**Beyond the HIPAA Checklist: Relating to Technology, Clients, and Yourself**

90-Minute Education Session

*Roy B. Huggins*

Counselors are oriented on relationships, emotions, and human connection to ourselves and each other. So why limit our education on technology to checklists? Come explore together our relationships

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with technology, with security and privacy, and with the way our clients draw us toward engaging with them in the digital realm. This session will be part lecture and part workshop, and hopefully it will leave you feeling more comfortable in your relationship with technology.

### 2:00 pm – 3:30 pm ▲ ■

#### *NECA Session*

Program ID #160, Plaza Int'l Ballroom J

#### *An Action-Oriented, Hope-Centered Career Counseling Approach to Economic and Employment Stability*

90-Minute Education Session, Advanced

*Norman Edmond Amundson, Spencer Garey Niles*

Drawing upon the work of Rick Snyder, Douglas Hall, and Albert Bandura and the presenters' own research, the action-hope centered career counseling model identifies basic and essential career competencies for educational and career planning. The presenters' focus will be on seeking practical ways to enhance the "hope" dimension of career counseling and assessment for employment readiness.

### 2:00 pm – 3:30 pm ■

Program ID #161, Plaza Int'l Ballroom K

#### *What's in a Word: A New Frontline Treatment for Adolescents and Young Adults with Comorbidity*

90-Minute Education Session, Advanced

*James K. Matta Sr., Amanda C. Prugar, Karen Walters, Kristin Brown*

Effective behavioral change approaches developed for individuals identified with comorbid disorders are limited,

and those involving adolescents are even more uncommon. This session disseminates the findings of two studies that are one of the first large-scale, double-blind, placebo-controlled studies partly designed to determine the effectiveness of antidepressant medication versus placebo on adolescents with comorbid substance use and major depression. Special recognition is awarded to Dr. Jack R. Cornelius of Western Psychiatric Institute & Clinic of Pittsburgh, PA.

### 2:00 pm – 3:30 pm ■

#### *ASERVIC Session*

Program ID #162, Celebration 12 & 13

#### *On Common Ground: Counselors of Varied Spiritual and Religious Backgrounds Engage in Case Discussion*

90-Minute Education Session

*W. Bryce Hagedorn*

Counselors often find themselves challenged to explore clients' spiritual and religious perspectives when these are central to their worldview, whether the counselor believes similarly or differently. Panel members from a variety of religious and spiritual traditions will engage one another and the audience in case conceptualization exercises in ways that acknowledge differences, honor traditions, encourage dialogue, and advocate for best practices in client care.

### 2:00 pm – 3:30 pm ■

Program ID #163, Celebration 14 & 15

#### *When Worldviews Collide: Addressing Biased and Stereotyped Views About Returning Veterans*

90-Minute Education Session,

Advanced

*SeriaShia J. Chatters, Carlos P. Zalaquett*

Current public views and attitudes

toward returning veterans stand in sharp contrast to views and attitudes held toward veterans returning from the Vietnam War. In spite of more positive views, we continue to observe (1) negative stereotype and biases toward the military and (2) sharp contrasts between civilian views and military views. Such misconceptions negatively affect the reinsertion process of returning veterans. This session presents common misperceptions and biases, explains their potential consequences, and offers specific recommendations for change.

**2:00 pm – 3:30 pm ▲ ■**

Program ID #164, Bayhill 17 & 18

**East Meets West: Empowering Asian Americans Through Healing**

90-Minute Education Session

*Maria del Carmen Rodriguez, Ruba Qasem, Megan Cirello, Wahidah Conn, Meigan Fernandez*

The presenters have worked with creatively connecting with Asians' prevalent cultural norms. Among Korean Americans, mental symptoms and/or illness are not disclosed to those outside of family. These norms delay help seeking and compromise their relatives' chances of recovery. A cultural/historical overview will be provided about four major cultures: China, Japan, Vietnam, and South Korea. Three culturally relevant techniques will be demonstrated. The goal is to increase counselors' awareness and disposition to connect with Asian-American clients in a culturally relevant manner.

**We want to know what you think!**

Visit the kiosks in the main foyer to complete a conference survey.

**2:00 pm – 3:30 pm ■**

Program ID #165, Bayhill 23 & 24

**Peer Consultation in Private Practice: Reducing Isolation and Enhancing Opportunities for Counselors**

90-Minute Education Session

*Joanne Frederick Jefferson*

How can I improve my clinical effectiveness, provide more ethical care, and prevent burnout in my private practice? This session will address these questions by emphasizing the advantages of engaging in peer consultation. Peer consultation will be defined and discussed based on recent research that is specifically relevant to counselors in private practice. Case examples will be provided, and strategies for how and when to seek out peer consultation will be offered. Finally, opportunity will be given to brainstorm and network with the presenters and other attendees.

**2:00 pm – 3:30 pm**

**FCS Session**

Program ID #166, Bayhill 27

**Courageous Conversations with Women of Color in Counselor Education: Surviving and Thriving**

90-Minute Education Session

*Michelle A. Mitcham, Beverly J. O'Bryant, Cirecie West-Olatunji, Angela D. Coker, Rhonda M. Bryant, Cheryl Holcomb-McCoy, Tarrell Awe Agahe Portman, Wendy Greenidge, Norma L. Day-Vines*

Scholarly women of color will share lived experiences in their positions as professors, administrators and leaders in counselor education. Inclusion, social justice and multicultural competencies must be woven into the fabric of higher education organizational culture transforming practices

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that may otherwise marginalize women of color. Strategies for success, as well as protective factors that support success in higher education will be discussed.

### 3:00 pm – 3:30 pm ■

*ACA Client-Focused Research Series*  
Program ID #167, Bayhill 25 & 26  
**An Examination of Executive Function, Stress, and Adolescent Attachment in a Social Neuroscience Model Using NICHD SECCYD**

30-Minute Research Education Session

*Margaux Hanes Brown*

This poster session will explore the effects of stress on executive function in adolescence and how this effect may be influenced by adolescents' attachment to caregivers. The rationale for this research is to provide insight for researchers and practitioners on contextual and biological influences on executive function in adolescence. Executive function deficits have been documented extensively in youth and adults with ADHD. The research will examine executive function in a comprehensive model that incorporates contextual and biological factors that have been studied individually but not in conjunction with one another in adolescence. This study will employ data from the NICHD SECCYD, in a cohort of 1,364 children monitored from birth to age 15.

### 4:00 pm – 5:00 pm ■

Program ID #168, Manatee Spring I & II

**Working Through Client-Counselor Values Conflicts: Understanding Your Own Process of Ethical Decision-Making**

60-Minute Education Session, Advanced

*Harriet L. Glosoff, Stephanie F. Dailey*

What do you do when your values conflict with those held by clients? Is that an ethical reason to refer clients? This session is aimed at providing counselors with practical, real-life strategies for values conflict resolution. Based on professional literature, extensive clinical experience, and preliminary research regarding processes that counselors use when faced with values conflicts, attendees will begin to identify personal strategies they can use in clinical practice to navigate challenging values-laden ethical dilemmas.

### 4:00 pm – 5:00 pm ■

Program ID #169, Orlando Ballroom N  
**Marketing Yourself, Counselor Style!**

**Make a Difference and Make a Living!**

60-Minute Education Session  
*Cheryl Fulton*

Despite a growing need for counseling services, more clients are seeking help from physicians and medications. Learn the current trends in consumer use of counseling services, the common mistakes counselors make trying to communicate their services, and the ways to improve your messaging so that clients will better relate to what you offer. Discover resources that can help you get started in creating and marketing (i.e., “making known”) your unique identity and expertise using skills you already possess as a counselor. Receive 21 concrete ideas for how you can make a difference and make a living!

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

**4:00 pm – 5:00 pm ■**

Program ID #170, Orlando Ballroom M

**Humor in Counseling: Maximizing a Therapeutic Tool**

60-Minute Education Session

*Samuel T. Gladding*

Humor is a way of helping clients if used properly and with care. This session will look at various forms of humor and how they may be employed in therapeutic ways with clients to enhance their mental health and help them gain new perspectives on life. Different ways that humor may be introduced in counseling, for example, preplanned versus spontaneous, will be covered. In addition, attendees will be given a chance to evaluate their own humor and how it may be employed in varied but significant ways in counseling. Resources on using humor in varied situations will be provided.

**4:00 pm – 5:00 pm ■**

*ACA Author Session*

Program ID #171, Bayhill 21 & 22

**ACA Ethical Standards Casebook and Boundary Issues in Counseling**

60-Minute Education Session

*Barbara Herlihy, Gerald Corey*

Ethics expert, Herlihy and Corey will address a range of topics related to the 2014 *ACA Code of Ethics* and provide highlights on the new 7th edition of the *ACA Ethical Standards Casebook* and the 3rd edition of *Boundary Issues in Counseling*. The focus will be on competence, managing value conflicts, and counselor education and supervision. Emphasis also will be given to effectively and ethically managing boundary issues in counseling practice.

**4:00 pm – 5:00 pm ■**

*Waiting List Only Status Series*

Program ID #172, Celebration 5 & 6

**Practice for Profit: Charge What You're Worth and Fill Your Appointment Book by Dropping Your Money Issues**

60-Minute Education Session, Advanced

*Stephanie Ann Adams*

How did the presenter triple her private practice income from the first half of the year to the second? She believes that a great deal of the income increase was due to the fact that she raised her fees and transitioned into a cash-only practice. What she thought would doom her ended up saving her business, and none of it would have been possible unless she had ditched her money issues. This session will provide insight into the benefits of healthy financial boundaries for both the clinician and the client.

**4:00 pm – 5:00 pm ■**

Program ID #173, Orlando Ballroom L

**Have You Gone Gray? Making the Case for Gerocounseling**

60-Minute Education Session

*Matthew Fullen*

It is well documented that the U.S. population is “graying,” leading health-care leaders to call for an increase in professionals with specific training in geriatric mental health. This session will increase attendees’ awareness of demographic shifts that will impact mental health care; identify key myths and impediments to care surrounding older adults, including Medicare reimbursement; and identify how the counseling profession’s emphasis on wellness, multicultural competence, and adult

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development uniquely situates it to meet the needs of older adults.

### 4:00 pm – 5:00 pm ■

*For Graduate Students and New Professionals Only Series*

Program ID #174, Bayhill 19 & 20

### Leadership Training for Graduate Students and New Professionals

60-Minute Education Session

*Cirecie West-Olatunji*

Are you considering a leadership position with an ACA division, region, or branch, or becoming a student representative to the ACA Governing Council? Come learn from ACA's immediate past president about how to step into various leadership roles.

### 4:00 pm – 5:00 pm ■

*AARC Session*

Program ID #175, Celebration 1 & 2

### Autism and Counselors: Best Practices for Assessment and Intervention

60-Minute Education Session

*Donna Sheperis, Carl Sheperis, Rachael Ammons Whitaker, Sue Sadik, Joy-Del Snook*

Autism spectrum disorder is an epidemic that requires immediate attention from the counseling profession. With prevalence and associated costs so high, it is critical that counselors understand the disorder and best practices for assessment and intervention. In this session, we review procedures for multimodal, multi-informant, and multisetting assessment. Finally, we review best practices in intervention relevant to professional counselors.

### We want to know what you think!

Visit the kiosks in the main foyer to complete conference survey.

### 4:00 pm – 5:00 pm ▲ ■

Program ID #176, Celebration 3 & 4

### Social Justice: Strategies for Making Counseling Accessible for People with Intellectual Disabilities

60-Minute Clinician Education Session

*Lorraine Joyce Guth, Laura E. Marshak, Ellen E. Stewart, Courtney Williams*

This interactive session will highlight specific individual and group strategies for making counseling accessible for people with intellectual disabilities based on a client's strongest learning modalities and cognitive style. Relevant creative interventions to meet client visual, auditory, and kinesthetic learning styles will be highlighted. Ethics, social justice, and future practice issues also will be discussed.

### 4:00 pm – 5:00 pm ■

Program ID #177, Celebration 7 & 8

### Sexual Addiction Among College Students: The Need for Screening

60-Minute Clinician Education Session

*Craig S. Cashwell, Amanda L. Giordano, Todd F. Lewis*

Sexual addiction is a relevant concern across populations, but it may have particular relevance to college students. Unique features of the college culture may contribute to the development or maintenance of sexual addiction. The purpose of this session is to describe sexual addiction, identify aspects of college that may promote sexual addiction, and present a brief screening tool to help clinicians identify students who may be at risk for sexual addiction.

**4:00 pm – 5:00 pm ■**

Program ID #178, Celebration 9 & 10

**Counselor Self-Care: Let's Practice What We Preach!**

60-Minute Education Session  
*Cheryl W. Neale-McFall, Eric W. Owens, Christina R. Washington*

The importance of self-care for counselors is well documented in the literature; however, counselors struggle to practice self-care on a regular basis. The purpose of this session is to provide information on the possible detriments of ignoring self-care (countertransference, burnout, and secondary traumatic stress), while giving attendees a chance to share their own triggers, symptoms, and self-care strategies. The session then will end with the presenters sharing concrete applications to recognizing and improving counselor self-care.

**4:00 pm – 5:00 pm ■**

Program ID #179, Bayhill 29 & 30

**The Personal Is Political: Applying Feminist Techniques Across the Counseling Spectrum**

60-Minute Clinician Education Session, Advanced

*Joanne Jodry, Kathleen McCleskey*

This interactive session will allow the counselor to learn feminist counseling techniques consistent with third-wave feminist principles. This advanced session will expand the counselor, who already has a basic knowledge of feminist counseling theory, to integrate theory and clinical techniques. A collective discussion will review the vantage points surrounding putting technical constructs to feminist theory. Specific techniques will be suggested that are relevant to modern practices across the counseling spectrum.

**4:00 pm – 5:00 pm ■**

Program ID #180, Bayhill 31 & 32

**Beyond Risk Containment: The Suicidal Crisis as a Springboard for Growth**

60-Minute Education Session, Advanced

*Louisa L. Foss-Kelly*

Counselors often respond to client suicidality with strict attention to risk containment. However, an overemphasis on this approach may result in failure to maximize the opportunities that such crises hold for hope, growth, and wellness. This session will provide attendees with a brief review of best practices in basic assessment, safety planning, and early intervention, followed by an exploration of strategies for promoting client engagement, meaning-making, and the discovery of a life worth living.

**4:00 pm – 5:00 pm ■**

Program ID #181, Plaza Int'l

Ballroom I

**Saying "I Do!": The Impact of Same-Sex Marriage on Dating and Relationships Among Gay Men and Lesbians**

60-Minute Clinician Education Session

*Leslie Kooyman*

With the advent of same-sex marriage passing in a number of states, the question to consider now is: How will marriage affect gay relationships and dating? This interactive session will explore psychosocial issues in counseling gay couples and individuals in relation to dating, relationships, and same-sex marriage. Early research indicates that these psychosocial issues may be shifting within the context of same-sex marriage. Gender, race/ethnicity, and age differences will be discussed.

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Counseling strategies and resources will be provided to assist counselors working with gay clients.

### 4:00 pm – 5:00 pm ■

#### ACC Session

Program ID #182, Plaza Int'l Ballroom J

#### Bullying Prevention and Treatment: A Creative Approach

60-Minute Education Session

*Ruth Ouzts Moore*

This session will explain the dynamics of bullying from the targeted child's perspective, as well as that of the child who bullies. The presenter will provide creative strategies designed to help counselors reduce, cease, and prevent future episodes of bullying. This experiential session will provide specific techniques that can be used to help children work through their anger, pain, and frustration. These activities can be easily implemented in individual, group, and family settings.

### 4:00 pm – 5:00 pm

#### CSI Session

Program ID #183, Plaza Int'l Ballroom K

#### Integrating CACREP Program Accreditation as a Requirement in Counselor Licensure Laws: Lessons Learned

60-Minute Education Session

*Victoria Kress, Thomas W. Clawson, Gerard Lawson, J. Barry Mascari*

This session will address the process of infusing a CACREP program accreditation requirement into states' licensure laws. Counselors who have engaged in these professional advocacy efforts will discuss the historical context of their state's counselor laws, their experiences, and ways counselors can advocate for similar changes. Those interested in

developing the knowledge and skills needed to change their states' licensure laws will benefit from this session.

### 4:00 pm – 5:00 pm ■

Program ID #184, Celebration 12 & 13

#### Counseling Gifted Learners: Unique Challenges and Approaches

60-Minute Education Session

*Stacy M. Van Horn*

The focus of this session is to educate counselors and other professionals about the specific challenges facing gifted learners along with effective counseling approaches. The session will touch on defining the gifted student and recognizing and understanding dual exceptionalities. The counseling approaches addressed in this session will include individual and small-group counseling, classroom guidance and school-wide interventions, academic and career counseling, and family counseling. In addition, consultation strategies related to giftedness will be discussed.

### 4:00 pm – 5:00 pm ■

Program ID #185, Celebration 14 & 15

#### Using Motivational Interviewing Techniques with Children in a Disciplinary Alternative Education Program

60-Minute Education Session

*Wannigar Ratanavivan, Richard J. Ricard, K. Michelle Hunnicutt Hollenbaugh*

This session explores the impact of skills training based on the principles of motivational interviewing (MI) with children attending a disciplinary alternative education program. The session provides an overview of activities adapted from key strategies of MI such as acceptance and responsibilities, awareness of ambivalence and

discrepancy, recognition of self-efficacy, expression of empathy, and development of change talk. The results of a study will be discussed. Attendees will gain knowledge and ideas of how to utilize MI skills training with at-risk children.

#### 4:00 pm – 5:00 pm ■

Program ID #186, Bayhill 17 & 18  
**Flipping the Team: Clients Reflecting on Counselors' Struggle with the Problem**  
 60-Minute Clinician Education Session

*Shawn J. Patrick*

Through presentation of a critical incident occurring in a counseling session with an African-American family, attendees will learn about the use of narrative therapy-based outsider witness reflecting teams. Unique to this incident, the counselor generated a situation in which the family became the reflecting team and the counseling team became the "client" wrestling with the family's problem. Attendees will explore this phenomenon and generate ways to utilize this approach in their own work.

#### 4:00 pm – 5:00 pm ■

*IAMFC Session*

Program ID #187, Bayhill 23 & 24  
**Ethical Issues Experienced by Couple and Family Counselors**

60-Minute Education Session  
*Loretta J. Bradley, Paul Peluso, Bret Hendricks, Gerald Parr*

In an era of increased accountability, couple and family counselors must not only be familiar with family codes, but in addition, they must understand how to implement ethical codes into sound ethical practice. This session will focus on ethical issues encountered by counselors.

Using case studies, you will have the opportunity to become more cognizant of how ethical issues can be solved and/or avoided. Handouts will be provided.

#### 4:00 pm – 5:00 pm ▲ ■

Program ID #188, Bayhill 25 & 26

**A Model for Changing Relational Schema of Abused Children**

60-Minute Clinician Education Session

*Gary Michael Connell, Tammy J. Mitten-Connell*

Relational schemes are organized sets of beliefs and expectations about relationships based on early life experiences. If caretakers have been abusive, children experience rejection and distrust. Research has shown that children organize, select, and distort experiences based on existing schemes. This session will focus on how to assess relational schemes with projective techniques in clinical practice. The presenters will demonstrate how to integrate cognitive behavioral and experiential techniques via videotaped case examples to modify dysfunctional relational schemes.

### Saturday, March 14

#### 7:30 am – 8:30 am ▲ ■

Program ID #201, Manatee Spring I & II

**Metaphors and Mindsets: Language, Self-Concept, and the Counseling Process**

60-Minute Education Session

*Samuel T. Gladding*

Metaphors and figurative language make a difference in how people conceptualize themselves and function in society. Positive metaphors lead

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to increased confidence and often the ability to deal with problems and thus result in good mental health. Likewise, negative metaphors may result in depression, despondence, and the inability to adjust to setbacks. This session will focus on how clients and counselors from various backgrounds can problem-set and problem-solve by using metaphors and therapeutic language and thus improve their self-concepts and abilities in the process.

### 7:30 am – 8:30 am ▲ ■

Program ID #202, Orlando Ballroom N  
**The Application of Counseling Practice: From Tentative Training to the Tenacious Trenches**  
60-Minute Education Session  
*J. Scott Hinkle, Stephen Sharp, Traci C. Collins*

The training, education, and supervision of counselors and the transition of skills to clinical practice will be presented in a provocative manner in order to provoke contemplation in counselor training and practice.

### 7:30 am – 8:30 am ■

Program ID #203, Orlando Ballroom M  
**DSM-5 Substance-Related and Addictive Disorders**  
60-Minute Education Session, Advanced  
*K. Dayle Jones*

Significant changes have been made in the substance-related and addictive disorders section of the new DSM-5. The DSM-5 eliminated the traditionally separate categories of substance abuse and substance dependence, replacing them with one disorder called “substance use disorder.” Furthermore, the DSM-5 now recognizes “behavioral addictions” by adding gambling

disorder to this section. This session will provide an overview of DSM-5 substance use and addictive disorders, introduce gambling disorder, and discuss clinical implications of the new diagnostic categories. Late admission will not be permitted, due to live recording.

### 7:30 am – 8:30 am ■

**ACA Author Session**  
Program ID #204, Bayhill 21 & 22  
**Becoming a Male-Sensitive Counselor**  
60-Minute Education Session  
*Matt Englar-Carlson*

Men are vastly underrepresented as counseling clients with respect to their vast mental health needs. This session, based on the presenter’s new book *A Counselor’s Guide to Working With Men*, will provide evidence-based strategies to address the help-seeking process for men and assess the influence of masculine socialization on presenting concerns and the process of counseling. Attendees will learn to integrate a culturally informed, gender-aware perspective in practice; be exposed to practical strategies to engage men in counseling; and learn to integrate masculinity into case conceptualizations.

### 7:30 am – 8:30 am ■

**NECA Session**  
Program ID #205, Celebration 5 & 6  
**Increasing Personal Energy and Wellness**  
60-Minute Education Session  
*Michael Lazarchick*

Holistic integrity is the interplay of body, mind, and spirit. In this session, short discussions will be augmented with experiential processes: stretching, feeling universal energy, inspirational thought, Qigong, a little yoga, mind-

fulness, sound, and some surprises!  
Dress comfortably. This is interactive.  
Expect to have fun and be energized.

### 7:30 am – 8:30 am ■

*For Graduate Students and  
New Professionals Only Series*

Program ID #206, Blue Spring  
**A New Opportunity: Getting a Job in  
Integrated Care**

60-Minute Education Session  
*Rebecca Daniel-Burke, Danielle Irving*  
Integrated care is quickly gaining prominence as a new model for health care. What is integrated care? How will behavioral health clinicians work in tandem with physicians to provide mental health services in a medical setting? What does all of this mean for graduate counseling students and new professionals as they enter the work force? The presenters will discuss this newly emerging field and what counseling graduates can expect regarding employment opportunities in integrated care.

### 7:30 am – 8:30 am ■

Program ID #207, Bayhill 19 & 20  
**Incorporating Family Play Therapy in  
Treating Children and Adolescents with  
Autism Disorders**

60-Minute Clinician Education Session  
*Robert Jason Grant*  
This session focuses on family play therapy approaches that work well with treating autism disorders. Research-based effectiveness of family play therapy approaches will be presented. Dimensions of family play therapy that are most effective in treating autism will be covered, including a parent training component and directive play-based interventions.

### 7:30 am – 8:30 am ■

Program ID #208, Celebration 1 & 2  
**A Social Justice Approach to Cognitive  
Behavioral Therapy**

60-Minute Clinician Education Session  
*Justin D. Lauka*  
Social justice is a growing force in the counseling field, requiring counselors to consider interventions that extend beyond the office setting. The push toward evidence-based practices necessitates counseling advocacy strategies grounded in research. Cognitive Behavioral Therapy (CBT) is one approach that can be systematically applied to social justice advocacy by using the ACA Advocacy Competencies as a framework. Interventions that lie at the confluence of CBT and social justice paradigms will be presented and specific clinical implications discussed.

### 7:30 am – 8:30 am ■

Program ID #209, Celebration 3 & 4  
**Group Counseling Queer Youth in a High  
School Setting: Reflections and Lessons  
From a Six-Year Process**

60-Minute Clinician Education Session  
*Ken Jackson*  
This session examines foundations for working with queer high school students in group settings. There will be review of an LGBTQ group counseling intervention that has been utilized in a high school setting. Process, perception, and outcome data of the groups over a six-year period indicated positive effects for group members. Students managed challenging socio-emotional issues, experienced developmental identity

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growth, and maintained academic performance while under oppressive situations. You will examine systemic support structures needed in high schools.

### 7:30 am – 8:30 am ■

#### *Waiting List Only Status Series*

Program ID #210, Celebration 7 & 8

#### **Running Through Brick Walls: And Other Stuff To Be Successful in Private Practice**

60-Minute Education Session

*Anthony Centore*

Few roles require such a paradoxical set of attitudes and skills as running a private counseling practice: How does one serve as both a fully present clinical professional and also be a business-minded executive? This session will discuss internal and exterior barriers to practice progress (e.g., brick walls) and methods for achieving exceptional professional success in a health-care environment that presents an ever-increasing number of challenges to solo providers.

### 7:30 am – 8:30 am ■

Program ID #211, Celebration 9 & 10

#### **Emerging Issues in the Symptomology and Diagnosis of Synthetic Marijuana Use**

60-Minute Clinician Education Session

*Nicole L. Poulsen, Stephan Berry, Charles Crews, Elizabeth Jean Rogers, Janet Froeschle Hicks*

Synthetic marijuana use has grown exponentially and reports show no decline in the rates of medical and psychiatric hospitalizations related to its use. This session will examine the present trends in the use of synthetic marijuana and current intervention and treatment strategies. The session will use actual case studies to inform the diagnosis, intervention strategies,

clinical implications, and multicultural and ethical issues related to the use of synthetic marijuana.

### 7:30 am – 8:30 am ■

Program ID #212, Bayhill 29 & 30

#### **Counselor Values and Body Image in Counseling**

60-Minute Education Session

*Dana Heller Levitt, Connie S. Ducaine*

Body image and weightism remain prominent issues in counseling. We don't often consider counselor body image and its role in the counseling relationship. Research suggests that helping professionals are not immune to weightism, and the effects on the counseling relationship are unknown. The presenters will discuss the intersection of counselor body image, perceptions of weight and appearance, and treatment recommendations. The presenters will discuss the results of a national study exploring this phenomenon and explore strategies for ethical, reflective practice.

### 7:30 am – 8:30 am ■

Program ID #213, Bayhill 31 & 32

#### **The Impact of ADHD Symptoms on Recovery from Substance Use Disorder**

60-Minute Education Session, Advanced

*Susan Miller Smedema, Deborah Ebener*

This session addresses issues related to comorbid attention deficit hyperactivity disorder (ADHD) and substance use disorder. The literature related to comorbid ADHD and substance use disorder, including prevalence rates, theoretical and psychosocial issues, and treatment implications, will be presented. The results of a research study that evaluates the effects of ADHD

symptoms on recovery from substance use disorder will be outlined.

The implications of the research study, including best practices for simultaneously addressing ADHD symptoms and substance use disorder, will be discussed.

**7:30 am – 8:30 am ■**

Program ID #214, Plaza Int'l Ballroom I

**Salutogenesis: Using Strength-Based Approaches When Counseling Survivors of Trauma**

60-Minute Education Session

*Eric W. Owens, Debra Hyatt-Burkhart*

The development of trauma-informed counseling has undergone significant advancements in recent years, including such practices as trauma-focused cognitive behavioral therapy and exposure therapy, among others. The purpose of this session is to provide attendees with a new approach for the treatment of trauma; specifically, this session will incorporate the use of salutogenesis. Attendees will learn the theoretical underpinnings of salutogenesis, the research that supports the use of this approach, and specific treatment techniques.

**7:30 am – 8:30 am ■**

*ASERVIC Session*

Program ID #215, Plaza Int'l Ballroom J

**Spiritual Competency Scale: Development of an ASERVIC Competency-Based Measure**

60-Minute Education Session

*Carman S. Gill, Stephanie F. Dailey*

This session focuses on the history and development of the spiritual competencies of the Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC). An empirically validated scale for

measuring spiritual competence will be described, along with the development process of the scale. In addition, ethical use of this measurement instrument will be explored, as will ideas for future use and research.

**7:30 am – 8:30 am ■**

Program ID #216, Plaza Int'l Ballroom K

**Diversifying Counselor Education: Improving the Recruitment and Retention of Students of Color**

60-Minute Education Session

*Diane Estrada, Carlos P. Hipolito-Delgado*

Students of color continue to be underrepresented in counselor education programs. In order to address a void in the counselor education literature on the recruitment and retention of students of color, a grounded theory study was conducted. Students of color in counselor education programs were sampled to explore what attracted them to the counseling field, barriers to successfully completing a counseling degree, and resources for successfully completing a counseling degree. Implications for the recruitment and retention of students of color will be shared.

**7:30 am – 8:30 am ■**

Program ID #217, Celebration 12 & 13

**But He's Only 5...? Introducing the RESCUE Model for Counselors Encountering Suicidal Children 10 and Younger**

60-Minute Clinician Education Session

*Katherine Angela Heimsch*

Children's suicidality: It happens. Myths about suicidality in children ages 10 and younger have led to critical gaps in counselor preparedness.

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Suicidal children have needs that are distinct from those of adolescents and adults. This interactive, research-based session will train counselors to recognize key characteristics and risk factors of children's suicidality, and it will introduce the RESCUE model as a framework for counselors to best respond to suicidal children.

**7:30 am – 8:30 am ▲ ■**

Program ID #218, Celebration 14 & 15  
**International Counseling in the Warm Heart of Africa: Counselor Reflections and Current Research**

60-Minute Education Session,  
Advanced

*Lorraine Joyce Guth, Kimberly K. Asner-Self, Amanda A. Brookshear, Leah K. Clarke, Barry L. Jackson, Anita E. Jones, Donna K. Shannon, Julie Anne Strentzsch, Bellah Kiteki*

This session will overview the development of a collaborative relationship with key leaders in Malawi, Africa, to further develop counseling in the country; the process of organizing an outreach effort in which counselors from the U.S. went to Malawi to provide counseling and consultation; and the experiences of members of the delegation. The session will showcase cultural considerations, counseling needs and interventions, research, and current challenges. Recommendations for the future practice of counseling in the country will be included.

**7:30 am – 8:30 am ■**

Program ID #219, Bayhill 17 & 18  
**The Unique and Enduring Lessons for Counselors in Classic Longitudinal Studies**

60-Minute Education Session  
*Brandon R. Browning, John C. Dagley*

This session will assist counselors in accessing research that can help to simplify determining which factors historically have had the largest impact on life satisfaction and well-being at various developmental stages/phases. The information shared will be based on longitudinal studies that span over a 75-year period. Counselors will learn how being informed by these longitudinal studies can help them sort through currently hyped-up interventions or practices. Attendees will leave with information that can assist them in balancing productivity with well-founded research.

**7:30 am – 8:30 am ■**

Program ID #220, Bayhill 23 & 24  
**Invisible Families: Experiences of International Students and Their Families in the U.S.**

60-Minute Education Session  
*Myrsane Caze, Atsuko Seto*

This session invites attendees to gain insights into the experiences of both international students and their families who move to the U.S. to support the students. Acculturative stressors, ramifications of immigration laws, ethnic identity development within a new cultural context, and cross-cultural courtships will be discussed. Counseling strategies and alternative ways to support both international students and their families on college campuses will be explored.

**7:30 am – 8:30 am ■**

Program ID #221, Bayhill 25 & 26  
**The Future Looks Like Me: Making College Accessible to Low-Socioeconomic-Status African-American Students**

60-Minute Education Session  
*Jennifer R. Curry, Juterh Nmah,*

*Chris T. Belser*

This session outlines the rational, design, and implementation of a college tour program designed by a school counselor to promote African-American students' college efficacy. Students attending high school in Louisiana toured multiple campuses including Historically Black Colleges and Universities, Southeastern Conference schools, and more. The tour also included visits to sites of cultural significance: the Martin Luther King, Jr. Center for Nonviolent Social Change, the Civil Rights Museum, and Tuskegee. Data from follow-up interviews with participants and parents will be shared.

**7:30 am – 8:30 am ■**

Program ID #222, Bayhill 27

**Mindfulness, Motivation, and Mentoring:  
Creating Synergy in Clinical Mental Health  
Supervision and Practice**

60-Minute Clinician Education  
Session

*Fred L. Hall, Michael Gordon*

Counselor supervision is primarily developmental in nature. Various models of supervision attempt to help the novice therapist master the skills necessary for successful practice. Often times, counselors may be at differing stages of change in their personal and professional journey. This session will integrate several counseling constructs and techniques into a clinical mental health supervision model. The model incorporates mindfulness, motivation, mentoring, and choice theory. Diversity and cultural sensitivity is encouraged in this model.

**10:30 am – 11:00 am ■**

*ACA Client-Focused Research Series*

Program ID #223, Bayhill 25 & 26

**Friending Former Clients: Client  
Perspectives of Post-Therapy Relationships**

30-Minute Research Education  
Session

*Allison Kramer*

Multiple relationships with former clients are common for some counselors and at times seen as beneficial. Recent research suggests that counselors feel less ethically conflicted to enter post-therapy relationships with former clients than they have in the past. Ten former clients were interviewed about their experiences of having post-therapy relationships with their counselors. Results ranged from harmful to beneficial. Using the 2014 *ACA Code of Ethics*, participants are encouraged to discuss best practices regarding multiple relationships with former clients.

**10:30 am – 12:00 pm ■**

Program ID #226, Orlando Ballroom M

**Solution-Focused Counseling: Advanced  
Techniques and Applications**

90-Minute Education Session,  
Advanced

*Jeffrey Guterman, Clayton V. Martin*

This session provides an opportunity to learn advanced solution-focused counseling techniques and clinical applications. Solution-focused counseling is a comprehensive model that emphasizes clients' resources, strengths, and effective coping skills to bring about positive change. If these resources—called exceptions—are identified and amplified, then problem resolution can be brought about in an effective and efficient manner. Case examples illustrate

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using solution-focused counseling for a variety of clinical problems and populations. Late admission will not be permitted, due to live recording.

### 10:30 am – 12:00 pm ■

#### *ACES Session*

Program ID #227, Bayhill 21 & 22

#### Traumatology: What Counselor Educators Need To Know To Prepare Our Graduates for the Real World

90-Minute Education Session

Carol M. Smith, Karin Jordan

The presenters will explain implications of the Adverse Childhood Experiences Study, the largest epidemiological study of childhood trauma and lifelong sequelae. They will connect the study implications to counselor education and ethical practice. They will review competencies of trauma-sensitive counselor preparation. This is an introduction to what counseling programs need to prepare graduates for the trauma-affected clients they will encounter in the real world.

### 10:30 am – 12:00 pm ■

Program ID #228, Celebration 5 & 6

#### Group Counseling Demonstration: Using Reality Therapy with Difficult Client Behaviors

90-Minute Education Session,

Advanced

*Robert E. Wubbolding*

The group counseling demonstration emphasizes advanced skills immediately useful on the job. The WDEP system applies to culture-centered issues that emerge through group counseling. Attendees will learn to infuse multicultural competencies into their counseling practice. Practicality, usability, and universal applicability are three cornerstones in this session presented in an enjoyable, fast-moving manner. Research

validating the use of reality therapy provides the fourth cornerstone in this highly interactive session.

### 10:30 am – 12:00 pm ■

#### Program ID #229, Blue Spring Solution-Focused Approach to Career Counseling with Military Veterans

90-Minute Education Session,  
Advanced

*Seth C.W. Hayden, Mark B. Scholl*

In addition to coping with difficulties associated with injuries, returning veterans must cope with differences between military and civilian cultures. Solution-focused therapy has been reported to be an effective approach for addressing the career concerns of military veterans (Burwell & Chen, 2006). This session includes a description of the overall process and techniques for incorporating solution-focused therapy into career counseling practice. A case illustration will be provided.

### 10:30 am – 12:00 pm ■

#### *ACC Session*

Program ID #230, Bayhill 19 & 20

#### Creative Techniques To Use in Required Classes in CACREP-Accredited Counseling Programs

90-Minute Education Session,

Advanced

*Stella Beatriz Kerl-McClain,  
Julia Porter, Ruth Ouzts Moore,  
Christopher Lawrence*

In this session, presenters will discuss and/or demonstrate a number of different creative techniques that they have used to teach key concepts in required classes in CACREP-accredited counseling programs.

**10:30 am – 12:00 pm ■**

Program ID #231, Celebration 1 & 2  
**Counseling Skills and Neuroscience:  
 Applications for Social Justice-Oriented  
 Practice and Teaching**

90-Minute Education Session,  
 Advanced

*Allen Ivey, Mary Bradford Ivey*

What does neuroscience say that can clarify and improve our practice and teaching? This session will (1) show how empathic listening skills are key in improving the brain's cognitive executive functioning and emotional regulation; (2) illustrate neuroscience's relationship to social justice and multicultural action in the session; and (3) present a real DVD interview with a Cuban-American client who has experienced discrimination. In the session, you will see immediate change in cognition and emotion and an increase in cultural pride. (Handouts will be provided.)

**10:30 am – 12:00 pm ■**

Program ID #232, Celebration 3 & 4  
**Recognizing and Treating Complex PTSD**

90-Minute Education Session

*Cynthia M. Miller*

There is increasing recognition that individuals who survived chronic and repetitive trauma present with a unique cluster of symptoms now called complex PTSD. These clients require a substantially different form of treatment than what is traditionally offered for PTSD. This session will discuss the research on complex PTSD and present a three-stage model of treatment, focusing on counselor characteristics and evidence-based techniques that promote safety and healing within each stage.

**10:30 am – 12:00 pm ●■**

Program ID #233, Celebration 7 & 8  
**Play Therapy in a Paper Bag: 20 Play  
 Therapy Activities That Fit in a Brown  
 Paper Bag**

90-Minute Education Session

*Lori A. Fairgrieve, Sean J. Nixon*

In today's environment, counselors are asked to provide more with less. Many clinicians working with children are seeing an increased client load. Counselors working with children know the importance of play in the development of a child. The presenters will present 20 theory-based activities that fit in a brown paper bag and can be used for a multitude of issues. Clinicians will learn the techniques, how to develop techniques, and the materials needed to meet the needs of the children they counsel.

**10:30 am – 12:00 pm ▲■**

Program ID #234, Celebration 9 & 10

**The Role of Clinical Mental Health  
 Counselors in Assessing and Treating  
 Medical Symptoms and Diagnoses**

90-Minute Education Session,  
 Advanced

*Jori A. Berger-Greenstein, Stephen Brady*

The purpose of this session is to provide education and basic skill acquisition in order to effectively collaborate with multidisciplinary care providers. Behavioral medicine care offers many benefits, including (1) disentangling psychiatric vs. medical etiologies, (2) noting red flags for medical etiologies with psychiatric patients, (3) referring to appropriate expert providers, (4) providing concrete skills to help manage symptoms, and (5) helping clients to cope with emotional sequelae of illness. These and other

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services can provide an extremely valuable aspect of care.

### 10:30 am – 12:00 pm ■

Program ID #235, Bayhill 29 & 30  
**Cultural Competence for Working with LGBTQI+ Clients: Awareness, Knowledge, and Skills All Counselors Should Know**  
90-Minute Education Session, Advanced

*Misty M. Ginicola, Cheri Smith*

This session will cover LGBTQ+ counseling and cultural competence by reviewing ALGBTIC competencies through the lens of multicultural competence (awareness, knowledge, and skills). The session addresses the expanded community (LGBTQQIAAP-2S), issues in counseling, identity models, cultural elements, the role of oppression and discrimination, knowledge of current and past treatment, advocacy issues, and best counseling practices. This interactive session will help counselors to build a foundation for cultural competence when counseling LGBTQ+ clients.

### 10:30 am – 12:00 pm ■

Program ID #236, Bayhill 31 & 32  
**Using Mindfulness Techniques To Prevent Relapse in Addicted Clients**

90-Minute Education Session

*Mark J. Schwarze*

Traditional approaches to substance abuse counseling have not consistently provided effective treatment outcomes, with a 40–60% relapse rate (Bowen et al., 2014). Teaching mindfulness to our clients who struggle with addiction can assist with maintaining attention in the moment and practicing nonjudgment when urges and craving are initiated, thus possibly

reducing the desire to act on the desire to use. This experiential session will focus on how to integrate mindfulness into relapse prevention plans for the addicted client.

### 10:30 am – 12:00 pm ■

Program ID #237, Plaza Int'l Ballroom I

**Keeping Up with the Counseling Profession: Current Issues on the National Level**

90-Minute Education Session

*David Kaplan, Art Terrazas*

The counseling profession has made many advancements in the past few years including the coalescence of professional identity and new employment opportunities. An unintended consequence is that counselors who do not meet new requirements can feel left behind. ACA's chief professional officer and director of government affairs will discuss national efforts to both advance the profession and not leave any counselor behind. This will include such issues as educational requirements, licensing standards, and current legislative efforts.

### 10:30 am – 12:00 pm ■

Program ID #238, Plaza Int'l Ballroom J

**Creating Healing and Resilience with Survivors of Childhood Sexual Abuse and Their Families**

90-Minute Education Session

*Julaine Field*

Childhood sexual abuse forces children to deal with sexual, relationship, safety, and trust dynamics for which they do not have the cognitive, emotional, or behavioral repertoire to manage. It is essential that counselors know how to effectively work with parents and caregivers to develop and

implement constructive responses that promote healing in the aftermath of childhood sexual abuse. This interactive session will examine childhood sexual abuse from bio-psychosocial, neurological, and systems perspectives. Trauma-informed treatment strategies for children and their families will be presented.

**10:30 am – 12:00 pm ■**

Program ID #239, Plaza Int'l Ballroom K

**Sex Positivity as a Model for Integrating Sexuality into Counseling and Supervision**

90-Minute Education Session, Advanced

*Molli E. Bachenberg, Shannon B. Dermer*

Sexuality is a fundamental aspect of human development. Professionals, through their language and action, need to convey acceptance of others, challenge myths about sexuality, and be able to give information about typical and atypical sexual responses. The presenters will review the literature on counselor training and comfort level and discuss the concept of sexual positivity as a model for integrating comfort with sexual issues into training and the overall field of counseling.

**10:30 am – 12:00 pm ■**

*AARC Session*

Program ID #240, Celebration 12 & 13

**Teaching Assessment across the Curriculum: Challenges and Opportunities**

90-Minute Education Session

*Shawn L. Spurgeon, Jacqueline Swank, Donna Sheperis, Rachael Ammons Whitaker*

Assessment has and always will be a necessary and important component of counselor training.

Counselor educators have an increased responsibility for teaching counselors-in-training effective assessment measures for their future work with clients. This session is designed to introduce the role creativity can have in helping to bridge the gap between counselor educators and counselors-in-training as it relates to teaching assessment across the curriculum.

**10:30 am – 12:00 pm ■**

Program ID #241, Celebration 14 & 15

**Writing To Discover: Enhancing Therapeutic Practice Through Creative Writing**

90-Minute Education Session

*Karen L. Mackie, Amy A. Andrews*

Most of the time, therapists “write to report.” They write to document, to define, and to describe a client’s condition as part of their job, but for many counselors this feels taxing at best and drudgery at worst. Most significantly, “writing to report” positions the therapist as an expert, disallowing subjective engagement, limiting surprise, and narrowing potential connections. This session invites counselors to think critically about such writing and instead invites and helps counselors learn how to “write to discover” as a means of augmenting and co-creating meaning with clients.

**10:30 am – 12:00 pm ■**

Program ID #242, Bayhill 17 & 18

**Counselor-Advocate-Scholar Model: A Delphi Study**

90-Minute Education Session, Advanced

*Manivong J. Ratts*

The Counselor-Advocate-Scholar (CAS) model is introduced as an alternative discourse illustrating how

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the tripartite relationship among counseling, advocacy, and scholarship is necessary when working with culturally diverse client populations. Specifically, the presenters will highlight the competencies needed to fulfill the role of counselor, advocate, and scholar in the CAS model from a Delphi study. The competencies identified from the Delphi study can assist counselors with developing interventions and strategies that empower culturally diverse client populations.

### 10:30 am – 12:00 pm ▲ ■

Program ID #243, Bayhill 23 & 24  
**My \_\_\_\_\_ Is My Client! Counselor Self-Care in Small, Rural, or “Neighborhood” Settings**  
90-Minute Education Session  
*Mikal Crawford, Deborah Drew, John Yasenchak*

Ethical challenges arise when navigating the personal-professional interface in small, rural, and “neighborhood” settings. When your client is your neighbor, or appears on the treadmill next to you in the gym, what do you do? The stress of negotiating a healthy balance between personal and professional life is very real. Attendees will develop a plan for improving and maintaining healthy self-care while living and practicing in such communities.

### 10:30 am – 12:00 pm

Program ID #244, Bayhill 27  
**Connecting Through a Creative Multicultural Spirituality Group Experience**  
90-Minute Education Session, Advanced  
*Emi A. Lenes, Ana Puig, Adrienne Baggs*  
Attendees will get to experientially learn together through creative multicultural activities intended to evoke an authentic group learning

experience about spirituality. Diversity among participants with regards to race/ethnicity, spiritual/religious values or beliefs, socioeconomic status, sexual orientation, gender, age, and geographic area of origin will all be treated with the highest regard and celebration. The application of these tools to work with individuals, families, and groups, and counselor education and supervision, will be examined.

### 11:30 am – 12:00 pm ■

*ACA Client-Focused Research Series*  
Program ID #245, Bayhill 25 & 26  
**Couples Counseling Research: Randomized Controlled Trial of Imago Relationship Therapy**  
30-Minute Research Education Session

*Nathan C. Gehlert, Christopher Schmidt*  
Close relationships are the greatest contributing factor to personal happiness. This session presents findings from the first randomized controlled trial of Imago Relationship Therapy (IRT), a widely used treatment modality for working with distressed couples. Attendees will learn about the need for evidenced-based practices within marriage and family counseling and the intervention methods and basic tenants of IRT. The presenters will discuss the results, limitations, and implications of this study.

### 2:00 pm – 2:30 pm ■

*ACA Client-Focused Research Series*  
Program ID #246, Bayhill 25 & 26  
**Understanding the Relationship Between Culture and Body Image in Asian-American Women: New Findings**  
30-Minute Research Education Session

*Sara E. Pula*

The study being presented investigated the relationship between culture and body image in Asian-American college-aged women through a qualitative case study. Attendees will learn about body image themes important to Asian-American women, culturally defined body ideals, and important updates to the field of body image.

**2:00 pm – 3:30 pm ■**

Program ID #247, Manatee Spring I & II

**Depression in Girls and Women: Effective Counseling Interventions**

90-Minute Education Session, Advanced

*Laura H. Choate*

Girls and women are two to three times more likely than men to experience depression. Because of these differences, it is important for counselors to consider gender issues in the conceptualization and treatment of depression. The presenter will discuss factors that contribute to these gender differences, highlight the various subtypes of depression that are unique to girls and women such as premenstrual dysphoric disorder and postpartum depression, and detail evidence-based treatments for depression: cognitive behavior therapy and interpersonal therapy.

**2:00 pm – 3:30 pm ■**

**ACA Counseling in Action Demonstration Series**

Program ID #248, Orlando Ballroom N

**PTSD Counseling with a Returning Vet**

90-Minute Education Session

*Larry Ashley*

In this session the counselor will help the client modify how he thinks about trauma and its aftermath. The

goal is to understand how certain trauma-related thoughts cause stress and exacerbate symptoms. The client will learn to identify thoughts about the world and self that cause fear, anxiety and depression. With the help of the counselor, the client will learn to replace these thoughts with more accurate, less distressing thoughts. Late admission will not be permitted, due to live recording.

**2:00 pm – 3:30 pm ■**

Program ID #249, Orlando Ballroom M

**Being a Therapeutic Chameleon: Integrative Adlerian Procedures and Techniques for Effective Brief Counseling**

90-Minute Education Session, Advanced

*Richard E. Watts, Amanda C.*

*La Guardia*

Many counselors are seeking effective and easy-to-use methods for assisting clients in achieving fast and lasting behavioral change. This session is designed to provide attendees with advanced information of selected Adlerian techniques and advanced understanding of how they may be used in the counseling process. Because Adlerian theory lends itself to technical eclecticism, the techniques associated with this theory are also applicable in a variety of counseling settings and can be used by counselors who ascribe to any theoretical perspective. Late admission will not be permitted, due to live recording.

**2:00 pm – 3:30 pm ■**

**CSJ Session**

Program ID #250, Bayhill 21 & 22

**The Relevance of Neuroscience in Social Justice Counseling: Moving from Theory to Practice**

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90-Minute Education Session,  
Advanced

Judy A. Daniels, Michael J. D’Andrea  
The rising social justice counseling and neuro-counseling movements are transforming the mental health profession in important and complementary ways. While counselor educators and practitioners are becoming increasingly aware of the impact of these movements, many lack the knowledge and training to fully understand the relevance of neuroscience for counseling practice. The application of neuroscience research to social justice counseling and advocacy, including specific interventions to promote balanced neurological (brain) functioning, will be discussed.

**2:00 pm – 3:30 pm ■**

*ALGBTIC Session*

Program ID #251, Celebration 5 & 6  
*Through the Looking Glass:*

*The Intersectionality of Racism, Homonegativity, and Other “Isms”*

90-Minute Education Session

*Joel Marc Filmore, Richmond D. Wynn*

This session will explore power and privilege and the impact on counseling LGBT clients as well as how those self-same ideologies impact counseling professionals who do not identify with sexual or gender norms.

**2:00 pm – 3:30 pm ▲ ■**

Program ID #252, Blue Spring

*Counselors as Global Citizens: Developing Transcultural Counseling Competency*

90-Minute Education Session,  
Advanced

*Courtland Lee, Vivian Lee,  
Dione Mifsud*

If the counseling profession is to have an impact globally, it

will require individuals with the awareness, knowledge and skills to address worldwide challenges to mental health and well-being. As global interconnectedness narrows the physical and social distance between people, the future of counselor training will lie in preparing professionals with a global perspective. The purpose of this session is to present a set of transcultural competencies that are the foundation for preparing counselors to become global citizens.

**2:00 pm – 3:30 pm ■**

*ASGW Session*

Program ID #253, Bayhill 19 & 20

*Therapeutic Groups for Substance Use Disorder: An Experiential Session*

90-Minute Education Session

*Christine Suniti Bhat, Yegan Pillay,  
Priscilla Rose Selvaraj*

This is an experiential session based on the ASGW practical resource, “Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder.” The overall goals of the session are to (1) share activities from ASGW’s most recent resource, (2) provide attendees with an experience of group work focused on clients with substance use, and (3) provide attendees with a small cache of activities that they can then use in their own practice.

**2:00 pm – 3:30 pm ■**

*CSI Session*

Program ID #254, Celebration 1 & 2

*Grassroots Counselor Advocacy Using Social Media*

90-Minute Education Session

*Stephanie Tursic Burns, Daniel Rush  
Cruikshanks*

Counselors are making a big impact on our society with their work. Who knows about it? Social media is an important but often underutilized tool that counselors can use to promote themselves, advance the counseling profession, and advocate for client populations. In this session you will discover best practices in using social media to promote yourself and your profession. The session will cover various social media outlets and how to customize your message for social media outlets to speak to various audiences.

**2:00 pm – 3:30 pm ■**

*ACAC Session*

Program ID #255, Celebration 3 & 4

**ACAC Presents: Creating Change with Creativity: Integrating the Expressive Arts into Counseling Children and Adolescents**

90-Minute Education Session

*Suzanne Elizabeth Degges-White*

Finding the best path to engage children and adolescents in the counseling process can sometimes present a challenge. This session will explore the integration of the creative arts into your work with this population. The presenter will review the most frequently utilized modes of creative expression in counseling practice, and you will be able to try out a variety of specific techniques that you can introduce into your own clinical practice.

**2:00 pm – 3:30 pm ▲ ■**

Program ID #256, Celebration 7 & 8

**Positive Psychotherapy: An Integrative Multicultural Approach to Counseling and Therapy**

90-Minute Education Session,

Advanced

*Andre R. Marseille, Clemmont E.*

*Vontress, Maksim Goncharov*

Positive psychotherapy is an integrative multicultural approach to therapy that was begun in Germany in 1968 by Dr. Nossrat Peseschkian. It began as differentiation analysis and then in 1977 was named positive psychotherapy. This approach to therapy, as the name implies, focuses on the positives of a client; however, in this case, positive derives from the Latin term *positum*, meaning that which is “given” and what is “real.” What are givens for any client are not just difficulties or illness, but possibilities, capacities, and potentials for further development.

**2:00 pm – 3:30 pm ■**

Program ID #257, Celebration 9 & 10

**Military and Trauma Counseling: Treating the Mind, Body, and Spirit of Active-Duty Military and Veterans**

90-Minute Education Session,

Advanced

*Mark Stebnicki*

More servicemen and women are surviving combat injuries than ever before due to improved battlefield medicine, post-operative medical technology, and better body armor. Despite survival rates, many have acquired catastrophic physical injuries and disabilities and serious mental health concerns. Attendees will acquire knowledge related to the medical, physical, psychological, social, emotional, spiritual, and occupational/career aspects of working with active-duty military and veterans. Exploration of the mind, body, and spirit will be a focus of this session.

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### 2:00 pm – 3:30 pm

Program ID #258, Bayhill 29 & 30  
**Relationships in Counseling and the Counselor's Life**

90-Minute Education Session  
*Jeffrey Kottler*

The keynote speaker will discuss some of most interesting and provocative issues related to the power of relationships in a counselor's life. Attendees will explore the ways that exceptional practitioners, regardless of their preferred model, capitalize on the power of intimacy and collaboration to promote growth and healing for their clients—and themselves.

### 2:00 pm – 3:30 pm ■

Program ID #259, Bayhill 31 & 32  
**LGBTQIQA Experiential Learning: Going Beyond Attending Gay Pride**

90-Minute Education Session  
*Jill M. Krahwinkel*

This interactive session is geared for counselor educators and clinical supervisors who are interested in enhancing counseling students' and supervisees' ability to work more effectively with LGBTQIQA individuals. By learning specific experiential activities that counselor educators and clinical supervisors can use, in the classroom or in supervision, they will be able to promote awareness and knowledge and develop skills of their students and supervisees when working with members of the LGBTQIQA communities.

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

### 2:00 pm – 3:30 pm ■

Program ID #260, Plaza Int'l  
Ballroom I

**Grief and the Silver Tsunami: Five Ways That Grief Will Be Different for the Aging Baby Boomers and What You Can Do About It**

90-Minute Education Session  
*Barbara Sheehan-Zeidler*

The “silver tsunami” is coming in full force soon. Are you ready? The overwhelming number of retiring aging baby boomers will inevitably shift parts of your practice, and the traditional counseling ways of working with these clients will likely not be as effective as they once were. As a clinician wanting to work most effectively with this clientele, knowing the differences and the unique qualities of this culture will help inform your practice in powerful ways. Having a “readiness for retirement” assessment to use right away will help map out your clients' successful retirement journeys.

### 2:00 pm – 3:30 pm ■

Program ID #261, Plaza Int'l  
Ballroom J

**Sign Language Interpreters in a Counseling Session: Third-Party Assistance or Interference?**

90-Minute Education Session

*Bitu Ashouri Rivas, Leland Paul Reeck*

This session introduces the counselor to the Deaf world and the interpreter who accompanies him or her into the counseling session. The presenters will give attention to the work of the interpreter, the language process, and sociolinguistic implications. They will discuss the protocol of a third-party language facilitator and best practices for the counselor who utilizes an interpreter. In the

discussion, the presenters will welcome all experiences concerning interpreters and any questions that may arise as well. The goal is to empower the counselor through knowledge.

**2:00 pm – 3:30 pm ■**

Program ID #262, Plaza Int'l Ballroom K

**The Assessment of Spirituality and Religious Sentiments Scale: Its Value for Research and Practice**

90-Minute Education Session, Advanced

*Ralph L. Piedmont*

While many scales assess spirituality, most provide little or no empirical documentation on how scores complement existing psychosocial measures. The Assessment of Spirituality and Religious Sentiments (ASPIRES) scale was developed to provide an empirically sustainable measure of spirituality that generalizes across faiths and cultures. Research has demonstrated it to capture a universal motivational construct that uniquely predicts a wide array of mental health outcomes. This presentation will demonstrate the value of ASPIRES for counseling research and practice.

**2:00 pm – 3:30 pm ■**

Program ID #263, Celebration 12 & 13

**Packed: A Film Review and Counseling Perspective on Post-Disaster Resilience**

90-Minute Education Session

*Julie A. Uhernik*

In the face of imminent danger and threat to life and property, decisions are made, actions are taken, and lives are impacted. This session includes a showing of the documentary short film *Packed* and highlights the

recovery and resilience of survivors of the Colorado Four Mile Canyon wildfire. Discussion following the film will include research on decision-making during disaster, pointing to resiliency, self-efficacy, and community recovery. Counselors involved in disaster response will gain a better understanding of acute stress responses and post-disaster resiliency.

**2:00 pm – 3:30 pm ■**

Program ID #264, Celebration 14 & 15

**The Power in Partnerships: A Model for Collaborating with Client, Family, Community, and School Stakeholders**

90-Minute Education Session, Advanced

*Julia A. Bryan, Lynette M. Henry*

Would you like to collaborate effectively with community stakeholders or teach your students how to? This interactive session provides counselors and educators with a forum to discuss the rationale, benefits, strategies, and principles for community collaboration and partnerships. The presenters will share a seven-stage model to help counselors navigate the partnership process and will present real-life examples of a partnership project they have implemented in an urban community. Attendees will hear the voices of children and families as they discuss what the partnership means to them.

**2:00 pm – 3:30 pm ■**

Program ID #265, Bayhill 17 & 18

**Get Your Clients in the Groove: The Use of Dance as Technique in Counseling**

90-Minute Education Session

*Ray Backlund, Michelle Backlund, Adriana Llaurodo*

More than 70 years of research pro-

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vides validity to the notion that dance is a powerful medium to utilize as a technique for many presenting issues in counseling, ranging from cerebral vascular injury to couple's issues to the development of self-esteem in an adolescent. The session will provide a firm foundation regarding evidence-based practice as well as hands-on techniques for utilizing dance with clients upon the attendee's return home.

### 2:00 pm – 3:30 pm ■

Program ID #266, Bayhill 23 & 24  
**Counseling Students' Attitude and Interest in Research: How Can Educators Make Outcome Research More Interesting?**

90-Minute Education Session,  
Advanced

*Mildred Sue Dukic*

This session will point out the importance of counselors being aware of outcome research and how it is our job as educators/supervisors to inspire master's-level students to embrace outcome research. A literature review will be presented regarding student attitude and interest toward research, as well as a discussion of a current dissertation study examining these constructs. Suggestions on a pedagogical teaching method will be discussed, along with one or two of the techniques practiced in the session. This session is experiential, meaning short lectures and hands-on activities.

### 2:00 pm – 3:30 pm

*FCA Session*

Program ID #267, Bayhill 27  
**Town Hall Meeting on African American Males, the Police and Counselors: A Call of Conscience**

90-Minute Education Session

*Shon D. Smith, Fred Bemak, Kimberly N. Frazier, Deryl F. Bailey, David Staten*

This Town Hall meeting serves as an intentional response and purposeful dialogue to the recent and historical actions of gun violence, police, African American males and death and the counseling professions response. Members of the panel will discuss how these issues have impacted the profession; how the profession can support each other, clients and our communities. Mentoring and advocacy strategies, as well as protective factors that are supportive will be discussed.

### 3:00 pm – 3:30 pm ■

*ACA Client-Focused Research Series*

Program ID #268, Bayhill 25 & 26  
**Counseling Refugees and Asylum Seekers: Critical Factors in Psychosocial Well-Being**  
30-Minute Research Education Session

*Courtland Lee, Vivian Lee, Anabel Mifsud*

Migration is on the increase globally. Arrival in a new country generally entails adjustment to new environments and is often found to be a challenging experience for many refugees and asylum seekers, with the potential to significantly impact quality of life. This session will offer findings from a mixed-methods study of acculturative stress, coping, and quality of life among refugees and asylum seekers, with implications for how counselors can address the needs of these client populations.

### **We want to know what you think!**

Visit the kiosks in the main foyer to complete conference survey.

**4:00 pm – 5:00 pm ■***For Graduate Students and New Professionals Only Series*

Program ID #269, Manatee Spring I & II

**Why Graduate Students and New Professionals Need To Know About Neuroscience**

60-Minute Education Session  
*Allen Ivey, Mary Bradford Ivey*  
Neuroscience and neurobiology research are changing our counseling practice and will have an even more significant impact in the coming decade. Mary and Allen Ivey have been keynoting, presenting workshops, and writing about neuroscience and counseling for 10 years and look forward to sharing their knowledge with graduate counseling students and new professionals as we go through this major paradigm shift.

**4:00 pm – 5:00 pm ■**

Program ID #270, Orlando Ballroom N

**Legal and Ethical Dimensions of Counselor-Assisted End-of-Life Decisions**

60-Minute Education Session, Advanced

*Richard W. Halstead, Anderanna McKinzie*

As a large segment of the population ages, counselors will increasingly be called upon to assist clients nearing the end of their lives. It is critical, therefore, to possess a practice-based model for assessing not only the type of end-of-life options that clients have but also to understand the various factors that are important to all stakeholders who weigh in on the decision-making process. This session provides specific content regarding the social, cultural, legal, and ethical factors that serve to shape counseling

interventions when working with clients who are in the last phase of life.

**4:00 pm – 5:00 pm ■**

Program ID #271, Orlando Ballroom M

**Microaggressions in Everyday Life: Implications for Mental Health Practice**

60-Minute Education Session, Advanced

*Derald Wing Sue*

Microaggressions are the everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, that communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership. In many cases these hidden messages affect the mental health of recipients and can cause a rupture in the counselor-client relationship when the therapist unknowingly engages in them. Implications for mental health counseling and the education and training of culturally competent counselors will be presented. Late admission will not be permitted, due to live recording.

**4:00 pm – 5:00 pm ■****ACA Author Session**

Program ID #272, Bayhill 21 & 22

**Treatment Strategies for Substance and Process Addictions**

60-Minute Education Session, Advanced

*Robert L. Smith, Stephen J. Southern, Summer Reiner, Joshua Watson*

This session will offer the most up-to-date information and research findings on addictions. Both substance and process addictions are covered, including gambling, sex, disordered eating, shopping, exercise, work, and Internet. The presenters' focus will be

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on defining addictions, identifying criteria used in determining when a behavior pattern becomes an addiction, and discussing evidence-based practices recommended when counseling clients with addictions.

### 4:00 pm – 5:00 pm ■

#### *Waiting List Only Status Series*

Program ID #273, Celebration 5 & 6  
**If You Want More Clients, Spend Less Time Working with Them: The Irony of Working on Your Private Practice Rather Than for It**  
60-Minute Education Session

*Ryan Thomas Neace*

Most counselor education programs contain no instruction on successful small-business practices. As a result, private practitioners often make poor business owners, spending most of their time in technical or managerial work, working “for” the business rather than “on” it. This session will provide effective strategies for adopting a more savvy and profitable approach, drawing from research and the presenter’s experience gained across two successful private practices.

### 4:00 pm – 5:00 pm ■

Program ID #274, Blue Spring  
**Entrepreneurship for Counselors: Everything We Never Learned in School (But Should Have)**  
60-Minute Education Session

*Cynthia Briggs*

In this tight economy, many counselors find full-time jobs scarce. Yet the soft skills of helping professionals are in demand across corporate and non-profit settings. How can counselors innovate and create job opportunities that make the most of their education and skills, contribute to the community, and facilitate a living wage? In this educational session, counselors will

learn the fundamentals of entrepreneurship, small-business ownership, and marketing. They will leave with a toolbox of resources for creating the career of their dreams.

### 4:00 pm – 5:00 pm ■

Program ID #275, Bayhill 19 & 20  
**Safety Planning with Children Exposed to Domestic Violence**

60-Minute Clinician Education Session

*Evette Horton*

While safety planning is a frequently used tool for adult victims of domestic violence, less attention has been paid to safety planning with the child victims. This session will (a) review the research on the impact of domestic violence on children of all ages, (b) review recent research findings on safety planning with children, and (c) give counselors some child safety planning tools and templates to use in their own professional settings.

### 4:00 pm – 5:00 pm ■

Program ID #276, Celebration 1 & 2  
**Career-Related Counseling for Clients with Intellectual Disabilities and Autism**

60-Minute Education Session

*Melinda M. Gibbons, Lauren Bussey, Amanda DeDiego*

Adolescents and adults with intellectual disabilities and autism face career and educational challenges. This session will describe their unique career-related needs, introduce new postsecondary options available to them, and demonstrate effective career interventions designed to help these clientele. Counselors and educators will gain important information on how to best serve clients with intellectual disabilities and autism to improve their career futures.

**4:00 pm – 5:00 pm** ● ■

Program ID #277, Celebration 3 & 4  
**Balancing Genuine Reactions with Empathic Responses to Challenging Situations in Play Therapy**  
 60-Minute Clinician Education Session

*Brittany J. Wilson, Liz D. Ener*  
 Clinicians routinely face challenging situations in play therapy and are sometimes left feeling uncertain as to what the most genuine and empathic responses may be. This clinically focused session will include case examples and video recordings demonstrating such situations. Discussion will be facilitated regarding play therapists' abilities to genuinely accept children while simultaneously accepting their own authentic feelings in response to certain situations.

**4:00 pm – 5:00 pm**

*AHC Session*  
 Program ID #278, Celebration 7 & 8  
**Take Your Dog to Work: Weaving Yoga into Your Workday**  
 60-Minute Education Session  
*Sara W. Bailey*  
 Self-care is important, but time is scarce. It's hard to incorporate mindfulness and a physical practice into busy days with barely enough time to eat lunch, much less roll out a yoga mat. The beauty of yoga is in its flexibility of application, and in this session you'll learn how to integrate a physical practice into your daily routine and, when appropriate, with clients. Come as you are to gain awareness, share experiences, and identify strategies to weave yoga into your workday.

**4:00 pm – 5:00 pm** ■

Program ID #280, Bayhill 29 & 30  
**When Catastrophe Hits: A Grounded Theory of School Counselors in Crisis Events**  
 60-Minute Education Session, Advanced  
*Stephan Frank Berry, Charles Crews, Nicole Poulsen, Janet Froeschle Hicks*  
 Modern schools need to be ready to respond to a crisis at a moment's notice. This session will review the current literature on school crisis management and best-practice interventions for use in school settings. Trends in the prevention and management of school crises will be discussed. In addition, a visual model of the school counselor's experiences developed from the presenter's own research will be shared.

**4:00 pm – 5:00 pm** ■

Program ID #281, Bayhill 31 & 32  
**Counseling and Coming Out: Understanding the Process of Sexual Minority Disclosure**  
 60-Minute Education Session  
*Shainna Ali, Coralie Solomon*  
 As a consequence of heterosexist bias in society, sexual minorities are often faced with the task of identity disclosure. Individuals often seek counseling to assist in their coming-out process; however, counselors often utilize narrow, linear models to guide their practice that are inconsistent with the recurring coming-out process. In this session, attendees will explore the antecedents, variables, and potential consequences that are essential to address with clients within the process of coming out.

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### 4:00 pm – 5:00 pm ■

Program ID #282, Plaza Int'l Ballroom I

#### Demonstration of a Systematic Developmental Model for Teaching Case Conceptualization and Treatment Planning

60-Minute Education Session, Advanced  
*Richard Craig Williams, Paul A. Carrola*  
Forming a useful and culturally competent case conceptualization is a complex process. Very often practicum/internship students and novice counselors struggle with case conceptualization and treatment planning. Research suggests that a systematic approach to teaching the specific skills of case conceptualization can be effective in improving case conceptualization abilities. This session demonstrates a model for teaching and learning a culturally competent case conceptualization and treatment planning process through the use of online learning modules.

### 4:00 pm – 5:00 pm ■

Program ID #283, Plaza Int'l Ballroom J

#### ACA's Legislative Agenda and Advocacy Efforts

60-Minute Education Session  
*Art E. Terrazas, William Green*  
This session is aimed at providing an update on the legislative efforts that ACA has undertaken to promote and protect the counseling profession. Attendees also will learn how they can help promote ACA's legislative agenda and are encouraged to share public policy challenges that they may have encountered.

### 4:00 pm – 5:00 pm ■

Program ID #284, Plaza Int'l Ballroom K

#### Managing Risk and Liability in the Treatment of Self-Injury

60-Minute Clinician Education Session  
*Julia Whisenhunt, Nicole Adamson Stargell, Victoria Kress, Caroline Perjessy, Chelsey A. Zoldan*  
Self-injury is a challenging and complex clinical issue. Legal and ethical considerations for counselors who work with self-injury include client welfare and safety, informed consent regarding treatment modalities, and counselor competence. This session will (a) provide an overview of self-injury and established treatment strategies, (b) discuss common legal and ethical issues surrounding self-injury and practical considerations for addressing these issues, and (c) focus on ways counselors can minimize safety risk and professional liability.

### 4:00 pm – 5:00 pm ▲ ■

Program ID #285, Celebration 12 & 13

#### Sexual Dysfunction: Best Practice Application Grounded in Attachment Theory

60-Minute Clinician Education Session  
*Elisabeth D. Bennett, Jennifer Cataldi, Kelsi Rugo, Mary Graydon, Annette Perales*  
Sexual dysfunction is a common couples concern. Counseling couples in distress or dysfunction merits a thorough assessment of sexual functioning. The counselor needs to be familiar with assessment of symptoms, diagnosis, and effective treatment of sexual dysfunctions within the dynamics of the couple's attachment

style. This session provides a foundation for the counselor to provide effective assistance through the lens of attachment to couples struggling with sexual dysfunction.

**4:00 pm – 5:00 pm ▲ ■**

Program ID #286, Celebration 14 & 15

**New Disorders and Specifiers in DSM-5: What We Know and What Works**

60-Minute Education Session, Advanced

*Gary G. Gintner*

The DSM-5 introduced a number of new disorders and specifiers that may be unfamiliar to many practitioners, students, and counselor educators. These include disorders such as disruptive mood dysregulation disorder, hoarding disorder, persistent depressive disorder, and binge-eating disorder, and specifiers such as mixed features and peripartum onset. This session examines each of these in terms of rationale for inclusion, differential diagnosis, and treatment implications.

**4:00 pm – 5:00 pm ■**

Program ID #287, Bayhill 17 & 18

**Strategies for Improving the Efficacy of Skill Acquisition in Multicultural Counselor Education**

60-Minute Education Session, Advanced

*Demond E. Bledsoe*

The expected changes in the demographic makeup of the U.S. over the next 40 years represent a significant challenge that the counseling profession has yet to address. Current educational strategies for counselor trainees are effective in increasing multicultural knowledge and awareness, but they do not necessarily increase

multicultural counseling skill.

This session highlights specific pedagogical and course strategies and activities designed to improve multicultural skill-based efficacy.

**4:00 pm – 5:00 pm ■**

Program ID #288, Bayhill 23 & 24

**Being With: Theravada Mindfulness in the Counselor's Way of Being**

60-Minute Education Session

*Breanna Paige Banks, Emma C. Burgin, Jeffrey L. Cochran*

This session offers a conceptualization of mindfulness based in the original Theravada Buddhist tradition of mindfulness, as described per Vipassana (insight) meditation, and its application to the core of what counselors do. The session includes description of the origins of Theravada-informed mindfulness; links with the key common factors of empathy, unconditional positive regard, and congruence; and engages participants in mindfulness practices for being with self and for being with clients.

**4:00 pm – 5:00 pm ■**

Program ID #289, Bayhill 25 & 26

**An Analysis of School Counselor Multicultural Education Behaviors and Implications for Helping All Students Succeed**

60-Minute Education Session

*Clare Merlin*

Multicultural education and school counseling are separate fields focused on the same goal—helping all students succeed. This session will feature findings of a study that examined school counselors' multicultural education behaviors. These findings highlight the relationship between school counseling and multicultural education, as well as implications for how professional school counselors

can implement multicultural education in their schools in order to better help all students succeed.

**4:00 pm – 5:00 pm**

*FCA Session*

Program ID #290, Bayhill 27

**Military Family Role and Needs: Culturally Competent Military Counseling**

60-Minute Education Session

*Carmen Stein, Michelle Bradham-Cosuar*

This session will review the culture of the U.S. military and the special needs of the service members and their families. Special topics such as PTSD, MST and TBI will also be discussed and suggestions for evidence-based therapies will be made available. This session will be facilitated by veterans, family members and psychotherapist who have experience working with servicemen and their families.

**Sunday, March 15**

**7:30 am – 8:30 am ■**

Program ID #301, Manatee Spring I & II

**Advanced Knowledge, Assessment, and Techniques in Self-Esteem for Licensed Clinicians**

60-Minute Clinician Education Session, Advanced

*Stacey Chadwick Brown*

Positive self-esteem is the foundation of a healthy personality and a healthy life. However, not everyone understands how self-esteem got damaged in the first place, how to identify the source of the problem, and how to change it. Licensed clinicians have the opportunity to discuss cases, receive supervision and peer consultation,

and improve skills in this advanced session on self-esteem. Through case review, questions and answers, role play, and the sharing of resources, clinicians will fine-tune their knowledge and skills for helping themselves and their clients with self-esteem.

**7:30 am – 8:30 am ■**

**ACA Counseling in Action Demonstration Series**

Program ID #302, Orlando Ballroom N

**Technology: The Answer to Cyber-Bullying?**

60-Minute Education Session

*Janet Froeschle Hicks, Charles Crews*

Despite needing parental support, cyber-bullied children suffer silently and even attempt suicide. School based family programs that build cohesion and trust within the family and school/family systems can help counteract these consequences.

Technology is used as a counseling tool because it motivates participation, builds family communication, bridges the electronic generation gap, decreases fear of the Internet, and reinforces school/family connections. This presentation demonstrates a unique family program that utilizes technology as a medium for creating resilience in cyber-bullied children.

**7:30 am – 8:30 am ■**

Program ID #303, Orlando Ballroom M

**Counseling the Sandwich Generation: Practical Help for the Parent/Caregiver**

60-Minute Clinician Education Session

*Meg Stoltzfus*

Are you seeing clients who are struggling to juggle parenting while also caring for their own aging family members? As Americans live longer, the likelihood that we will find ourselves squeezed between

these two groups in the “Sandwich Generation” increases. In this session you will learn techniques to help your clients as they plan for and manage the competing demands of work, parenting, and caregiving. Leave with a greater understanding of the issues these clients face and practical tools to help. Late admission will not be permitted, due to live recording.

**7:30 am – 8:30 am ▲ ■**

*For Graduate Students and New Professionals Only Series*

Program ID #304, Bayhill 21 & 22

**What Graduate Students and New Professionals Need To Know About Microaggressions**

60-Minute Education Session

*Derald Wing Sue*

New research on the manifestation, dynamics, and harmful impact of microaggressions on socially devalued groups has become of high importance to the fields of counseling and psychology. Microaggressions are the everyday slights, snubs, or insults that communicate hostile, derogatory, or negative messages to target persons or groups. This session will provide information about what all helping professionals should know about microaggressions.

**7:30 am – 8:30 am ■**

*ACAC Session*

Program ID #305, Celebration 5 & 6

**ACAC Presents: Counseling Babies? Is That Even Possible?**

60-Minute Education Session

*Evette Horton*

Infant mental health is the period between birth and 3 years of age when children learn emotional expression, trust in relationships, and how to explore their world. The

infant mental health movement has been growing over the past decade and has compelling evidence to show why all counselors should be aware of this research. In this session, you will learn what infant mental health is, why it impacts all levels of the counseling profession, and how to assess and treat this population.

**7:30 am – 8:30 am ■**

*IAAOC Session*

Program ID #306, Orlando Ballroom L

**There's a Process Addictions Elephant in the Room: Do You See It?**

60-Minute Education Session

*Angie D. Wilson, Leigh Holman, Stephanie Carroll, Joseph Graham, Regina Moro, Christine Baker*

General counseling clients are increasingly presenting with process addiction issues. There are ethical concerns regarding the lack of knowledge in this area. This panel of the IAAOC Process Addictions Committee will address diagnostic considerations, and attendees will practice two quick process addiction screening instruments that can be used in general counseling practice. A free Web-based resource to aid participants in learning more about these process addictions, including assessment, diagnosis, and treatment resources, will be revealed.

**7:30 am – 8:30 am ■**

*Waiting List Only Status Series*

Program ID #307, Bayhill 19 & 20

**Design a Process That Attracts Clients and Keeps Them Coming Back for More!**

60-Minute Education Session

*Deb Legge*

In this session, you will learn how to reach out to potential referrers by offering services, programs, and

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products designed to increase your credibility and establish the trust needed for you to get more clients.

### 7:30 am – 8:30 am ■

Program ID #308, Celebration 1 & 2  
**Tech It Out: Implementing an Online Peer Supervision Network for Rural Supervisors**  
60-Minute Education Session,  
Advanced

*Lauren Renee Paulson, William Casile, Danielle Jones*

Rural workers face many unique challenges and need to have supervision to ensure competencies, facilitate development, reduce feelings of isolation, and ensure ethical practice. However, finding and accessing continuing education and support is frequently a challenge. The use of technology can combat some of these critical issues. This interactive session will review the findings of an online peer supervision and consultation project that can readily be implemented in other rural settings.

### 7:30 am – 8:30 am ■

**AMCD Session**

Program ID #309, Celebration 3 & 4  
**Teaching Cross-Cultural Counseling with a Conceptual Approach**  
60-Minute Education Session,  
Advanced

*Courtland C. Lee, Marja Brown Humphrey, Jessica Diaz-McKechnie*

This session will present a conceptual approach to teaching cross-cultural counseling. Rather than focus on specific groups of people, this session will offer an alternative approach—exploring key concepts that are crucial for culturally competent counseling.

### 7:30 am – 8:30 am ▲ ■

**NCDA Session**

Program ID #310, Celebration 7 & 8  
**Career and Mental Health Counseling: Integrating Theory, Research, and Practice**  
60-Minute Education Session  
*Deb S. Osborn, Jim P. Sampson Jr., Janet Lenz, Casey Dozier, Seth C.W. Hayden*

Often, clients seeking mental health counseling express career concerns; career clients also present with mental health concerns. This session includes theoretical foundations, research findings, and practical strategies from theorists, researchers, and practitioners on meeting clients' career and emotional needs.

### 7:30 am – 8:30 am ■

**ACEG Session**

Program ID #311, Celebration 9 & 10  
**Embracing the Suck of Combat: Suicide in the Ranks**  
60-Minute Education Session  
*Dixielynn Johnson*

This session addresses the unique needs of veterans during the journey of online and face-to-face counseling according to the veterans' needs, rather than what civilian society attempts to define. It will utilize one-on-one therapy video sessions and testimonials with veterans who attempted suicide as they share ongoing struggles and successes with the “demons of combat,” coping, the importance of battle buddies, trustworthiness, story-telling, and connecting with a therapist.

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

**7:30 am – 8:30 am ■***CSJ Session*

Program ID #312, Bayhill 29 & 30  
**Training Strategies To Develop Courage To Do Social Justice Counseling**

60-Minute Education Session  
*Fred Bemak, Rita Chi-Ying Chung*  
 Social justice advocacy counseling requires courage to challenge the status quo. Do you have courage to challenge injustices? Were you born courageous or was it learned? Can courage be taught? Based on research findings, a model of social justice courage will be presented, discussing why some counselors have courage to act and advocate while others with the same moral commitment and critical consciousness do not act. Implementation for training will be discussed.

**7:30 am – 8:30 am ■**

Program ID #313, Bayhill 31 & 32  
**“Am I Fine?” Social Skills Intervention for Adolescents with Autism Spectrum Disorders**

60-Minute Education Session, Advanced  
*Alina Siddiqui, Shainna Ali*  
 Adolescents with autism spectrum disorder (ASD) experience various social deficits, especially those that are high functioning, and are more aware of their atypical social development compared to other peers in their age group. Therefore, this six-week group curriculum was designed to teach certain core skills to individuals with ASD, such as trading information, empathizing, complimenting, conversational skills, and team-building skills. Professionals working with this population can add to the discussions,

while everyone can benefit from a refresher on social etiquettes.

**7:30 am – 8:30 am ● ■**

Program ID #314, Plaza Int'l Ballroom I  
**Social Skills Development and School-Based Play Therapy Techniques: Educating and Empowering Students**

60-Minute Clinician Education Session  
*Laura Jean Fazio-Griffith, Reshelle Marino*  
 This session is developed for clinicians who desire to enhance their working knowledge of Cognitive Behavioral Play Therapy (CBPT) interventions utilized to facilitate school-based social skills groups. This session will address the basic tenets of CBPT and the rationale for using this approach when facilitating school-based social skills groups for elementary school children. The content in this session will include an eight-session social skills group curriculum utilizing the CBPT approach to enhance academic and social functioning.

**7:30 am – 8:30 am ■**

Program ID #315, Plaza Int'l Ballroom J  
**When Worlds Converge: Intersectionality of Spiritual/Religious Identity and Sexual Orientation Identity**

60-Minute Education Session, Advanced  
*Myra Jordan, Craig Cashwell*  
 Many hypotheses exist about the ways in which lesbian, gay, bisexual, or questioning individuals reconcile their sexual orientation identities with spiritual or religious identities. Social Identity Complexity (SIC; Roccas & Brewer, 2002) offers a

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framework for considering reconciliation of contradictory social identities. In this session, the presenters will provide an overview of literature about spiritual or religious identities, sexual orientation identities, and SIC. The presenters also will offer implications for practice, teaching, and future research.

**7:30 am – 8:30 am** ▲ ■

Program ID #316, Plaza Int'l Ballroom K

### Prevention and Intervention Strategies for International Students: Implications of Research Findings

60-Minute Education Session, Advanced

*Mei Tang, Binbin Wang, Yanzhi Wang*

The diverse cultural backgrounds of international students bring multicultural and multilingual perspectives to counselors and educators. The findings of two studies that investigated the impact of acculturation level on academic performance, psychological well-being, and the career decision-making process will be illustrated. Discussion will focus on developing prevention and intervention strategies for international students in their process of adjusting to the U.S. academic context and making career decisions.

**7:30 am – 8:30 am** ■

Program ID #317, Celebration 12 & 13

### A Systemic Approach to Structural Family Therapy with Same-Sex Parents

60-Minute Education Session, Advanced

*Amanda C. DeDiego*

Same-sex parents face unique challenges when establishing an identity as parent and partner. This

interactive session offers a systemic view of the challenges couples face in marriage and parenting. The session examines how counselors can provide support to these couples. The presenters will discuss using structural family therapy to incorporate systemic factors in counseling work with same-sex couples. Counselors will gain a greater conceptualization of same-sex parents and how to help this population.

**7:30 am – 8:30 am** ■

Program ID #318, Celebration 14 & 15

### The Counselor's Role on a Multidisciplinary Threat Assessment Team

60-Minute Education Session

*Meggen Sixbey, Sara Nash*

In an era of widely publicized violence, mental health professionals are being called upon to provide assessment, consultation, and intervention for persons who pose potential safety risks. This session provides information on the nature and function of the counseling professional's role on a multidisciplinary threat assessment team and a review of clinical, ethical, and interdisciplinary factors that define the purpose and scope of the counselor's contributions to behavioral health consultation, with the use of a complex case study simulation to clarify real-world issues.

**7:30 am – 8:30 am** ■

Program ID #319, Bayhill 17 & 18

### 10 Techniques for Better Parenting: Translating Ivory Tower Experiences to Clinical Application

60-Minute Clinician Education Session

*Kirsten W. Murray, Carrie Alexander-Albritton*

This session will focus on extending

parenting knowledge from the ivory tower to application with clients. Research revealed 10 techniques learned in counselor training that enhanced students' relationships with their children. A model for implementing these techniques with clients will be introduced and applied. The techniques shared are grounded in ongoing qualitative research with counselors-in-training, and their application is guided by more than 10 years of clinical counseling experience with couples and families.

**7:30 am – 8:30 am ■**

Program ID #320, Bayhill 23 & 24  
**Understanding the Manifestations of Classism: We Don't Know What We Don't Know**

60-Minute Education Session

*Jennifer M. Cook*

Social class and socioeconomic status are cultural aspects experienced by all people, yet often absent from multicultural counseling literature, and frequently not attended to in the counseling relationship. Attendees will learn from a current qualitative research study what classism is and how it may manifest; gain tools to understand and identify classism; learn how to work through values and beliefs that may demonstrate classism; and acquire strategies about how to become more class-competent by examining their values and biases related to classism.

**7:30 am – 8:30 am ■**

Program ID #321, Bayhill 25 & 26  
**Cross-Cultural Outreach and Multicultural Counseling: A Transformative Experience for Counseling Students**

60-Minute Clinician Education

Session

*Eliina Belenkiy, Brian Jacobs, Heather Streetman, Rachael D. Goodman, Elizabeth Warson*

Counselors today are faced with learning how to be culturally competent in the field of counseling for the diverse populations they will serve. The presenters will share research results on how a cross-cultural outreach was beneficial to master's-level counseling students on the Pine Ridge Indian Reservation. They also will provide an alternate cultural lens that will enhance counseling effectiveness when working with clients from native populations and, in turn, how to effectively implement culturally appropriate helping strategies with other marginalized populations we serve.

**7:30 am – 8:30 am ■**

Program ID #322, Bayhill 27  
**After the Media Has Gone: The Post-Disaster Work of Responding to Grief and Loss in Community and Schools**

60-Minute Education Session

*Daniel M. Linnenberg, Bonnie J. Rubenstein*

Soon after a disaster, the national agencies, along with the media, all leave the area. It is local counselors, many who have been traumatized by the event, who have to deal with the psychological aftermath. This session will address how these counselors can intervene and assist their community with post-disaster mental health, including post-trauma interventions, means to address extended grief and bereavement issues, and the use of groups, primarily the use of local self-care groups.

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### 8:45 am – 9:15 am ■

*ACA Client-Focused Research Series*

Program ID #323, Bayhill 23 & 24

**Couple Satisfaction, Family Services  
Counselor Visits, and Relationship  
Education: What Matters?**

30-Minute Research Education  
Session

*Jenene Case Pease, Ryan G. Carlson,  
Naomi J. Wheeler*

This session adds to the current literature by examining the relationship between couples' satisfaction and family services counselor visits, in couples and relationship education, using an empirically based, manualized curriculum. The study participants were low- to moderate-income, racially and ethnically diverse couples in an urban setting. The social and professional significance of the study, findings, and recommendations for future research will be addressed. Professional counselors with an interest in promoting healthy relationships will benefit from this session.

### 8:45 am – 9:15 am ■

*ACA Client-Focused Research Series*

Program ID #324, Bayhill 25 & 26

**Understanding the Relationship  
Between Culture and Body Image in  
Hispanic-American Women**

30-Minute Research Education  
Session

*Sara E. Pula*

This study being presented investigated the relationship between culture and body image in Hispanic-American college-aged women through a qualitative case study. Attendees will learn about body image themes important to Hispanic-American women,

culturally defined body ideals, and important updates to the field of body image.

### 8:45 am – 10:15 am ■

Program ID #325, Manatee Spring  
I & II

**The DSM-5: A Postmodern Re-Vision  
for Counseling**

90-Minute Education Session,  
Advanced

*Jeffrey T. Guterman, Clayton V. Martin*

If counselors intend to function effectively in mental health systems, it is necessary to address the limiting and stigmatizing diagnostic nosology of the DSM-5. In this session, postmodernism is presented as a framework for counselors to use the DSM-5 in keeping with both their personal values and defining features of the counseling profession. Postmodern conceptual frameworks and counseling techniques are presented to assist clients in overcoming the potentially oppressive effects of diagnosis.

### 8:45 am – 10:15 am ■

*ACA Counseling in Action  
Demonstration Series*

Program ID #326, Orlando Ballroom N

**Counseling Military Spouses and Families**

90-Minute Education Session

*Larry Ashley*

In this session, the counselor will work to address the PTSD symptoms to strengthen a family's cohesiveness and supportiveness, as well as deal with family problems that arise as a result of PTSD. The counselor will help families move beyond a focus on the veteran's diagnosis as a way to explain or rationalize the veteran's behavior. The counselor may also challenge the family to make positive,

sustainable changes in order to create more balanced, interdependent relationships. Late admission will not be permitted, due to live recording.

**8:45 am – 10:15 am ■**

*IAMFC Session*

Program ID #327, Orlando Ballroom M  
**“Live” Couples Counseling Demonstration**

90-Minute Education Session,  
 Advanced

*Jon Carlson, Len Sperry,  
 Shannon Dermer*

This session will involve an actual counseling session with a master counselor and a local couple. The counselor will model the four steps of couples counseling: creating treatment alliance; assessment of individual and couple dynamics; developing insight; and co-creating a plan of action. The session will then be critiqued by two master couples counseling supervisors. Late admission will not be permitted, due to live recording.

**8:45 am – 10:15 am ▲ ■**

*AADA Session*

Program ID #328, Bayhill 21 & 22

**Evidence-Based Counseling and Advocacy for Older Adults**

90-Minute Education Session

*Andrew P. Daire, Robert A. Dobmeier,  
 Rebecca E. Michel*

Advocacy aims to influence public policy and resource allocation within varied systems and institutions. With the surge of advocacy in counseling and counselor education, are we basing these efforts on evidenced-based data or opinions? Attendees will (1) identify counseling issues facing older adults, (2) learn strategies for counseling and advocacy with older adults, and (3)

identify research topics and funding opportunities to support evidenced-based counseling and advocacy with older adults.

**8:45 am – 10:15 am ■**

Program ID #329, Celebration 5 & 6

**Selfies: Helping Girls Embrace Positive and Strong Visions of Themselves**

90-Minute Education Session,  
 Advanced

*Michelle Bruno, Alisha Bashaw,  
 Courtney Williams*

This didactic and experiential session aims to increase awareness of critical issues facing adolescent girls. Attendees will learn what the current literature reports, what adolescent girls who participated in an evidenced-based program report, and strategies to impact adolescent girl clients served in an empowering manner.

**8:45 am – 10:15 am ▲ ■**

Program ID #330, Orlando Ballroom L

**Modismos: Mindfulness and the Importance of Language with Latin-American Clients**

90-Minute Education Session

*Peter J. Economou, Marcela Farfan,  
 Ana M. Idarraga, Vanessa H. Chafos*

This session will introduce the process and result of a study that translated and validated the Philadelphia Mindfulness Scale. Attendees can expect to learn the rationale for developing a scale for individuals from Latin-American descent, understand the significance of dialects and language when working with Hispanic individuals (e.g., *estoy* vs. *soy*), and learn clinical implications of using third-wave cognitive and behavioral therapies with the Hispanic population.

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### 8:45 am – 10:15 am ■

Program ID #331, Bayhill 19 & 20

#### The Role of Mindfulness in Improving Counselors' Susceptibility to Vicarious Trauma

90-Minute Education Session, Advanced

*Charles J. Jacob, Gregory Roth, Djouher Bessai, Stephanie G. Ruggiero, Azlen O. Theobald*

Given the humanistic nature of counseling practice, there exists the potential for emotional damage to the counselor as a result of working with victims of trauma. However, developing methods to prevent pathology from occurring initially may be of greater benefit than implementing self-care strategies after the fact. This session describes the use of mindfulness-based activities before trauma-focused sessions, during trauma-focused interventions, and as a routine daily practice for clinicians regularly exposed to trauma-focused client narratives.

### 8:45 am – 10:15 am ■

Program ID #332, Celebration 1 & 2

#### Transforming the Urgent Intervention: Advanced Crisis Work for Children and Adolescents

90-Minute Education Session, Advanced

*Heather D. Dahl, Amanda A. Brookshear, Katherine A. Heimsch*

This advanced session will share relevant information from current literature in crisis intervention and prevention as well as counseling children, adolescents, and their families and the implications for both counselors and counselor educators. By attending this education session, counselors and counselor educators

will learn about trauma-informed care, emerging treatment modalities, and the distinction between crisis intervention in children and adolescents and their families at an advanced level.

### 8:45 am – 10:15 am ■

Program ID #333, Celebration 3 & 4

#### The Game of Oppression: An Interactive Tool for Diversity Education

90-Minute Education Session

*Deborah L. McGriff, Julius Austin, Kim Coggins*

The Game of Oppression® is an interactive game developed for diversity training. Attendees will have the opportunity to experience the game and engage in dialogue around issues of oppression, privilege, and becoming allies. The Game of Oppression is a powerful, thought-provoking tool for examining multicultural and social justice issues.

### 8:45 am – 10:15 am ■

Program ID #334, Celebration 7 & 8

#### Counselor Licensure Supervision Across the U.S.: A Comparative Look

90-Minute Education Session, Advanced

*Richard C. Henriksen Jr., Ya-Wen Melissa Liang, Susan E. Henderson*

Supervision standards are developed to ensure the training of competent professional counselors. Supervisors ensure the competence of new counselors entering the profession, demonstrating the need for uniformity across the country regarding supervision of professional counselors-in-training. This session will highlight some of the key findings in the presenters' research on counselor prelicensure supervision across the country and provide a

proposed uniform set of requirements for prelicensure supervision.

**8:45 am – 10:15 am ■**

Program ID #335, Celebration 9 & 10  
**ArtBreak Creative Group Counseling for Children: Framework, Practice Points, and Research**

90-Minute Education Session, Advanced

*Katherine Ziff, Nathaniel Ivers*

This session gives you the “why’s” and “how-to’s” of ArtBreak, an integrative choice-based art studio approach to personal/social development for children. A small-group program developed and tested in schools, ArtBreak also has application to clinical practice. This session will present its theoretical frameworks and how these play out in practice; review its latest process and perception data; and provide you with key ArtBreak program elements and practice points via lecture, examples, handouts, and discussion. Ethical and multicultural aspects of the practice will be addressed.

**8:45 am – 10:15 am ■**

Program ID #336, Bayhill 29 & 30  
**Affordable Care Act: The Need for Counselors To Become Integrated Behavioral Medicine Specialists**

90-Minute Education Session, Advanced

*James J. Messina*

Here is your chance to do the following: (a) Learn about the impact of the Affordable Care Act and the importance of its focus on wellness and the emerging entities of patient-centered homes and affordable care organizations. (b) Learn about integrated behavioral medicine specialists and how you might fit into

this emerging role. (c) Learn how to use the DSM-5 to diagnose and treat the emerging baby boomers and patients of all ages with comorbid mental health disorders and medical conditions. (d) Finally, learn how you can market yourself to the medical community as an integrated behavioral medicine specialist.

**8:45 am – 10:15 am**

Program ID #337, Bayhill 31 & 32  
**Reality TV: Bane or Bounty for Training Counselors?**

90-Minute Education Session

*Richard Gifford Deaner, Summer Breeze Allen*

This session will discuss the phenomenon of reality television and its potential to enhance awareness, knowledge, and skills for counselors and counselors-in-training. Utilizing reality TV as a dynamic educational tool from a counseling perspective will be emphasized. The evolution of reality TV will be briefly outlined; however, the main focus of the session will include specific episodes, clips, and personalities that offer practical glimpses into issues related to human behavior, therapeutic skills, disorders, development through the lifespan, and diversity.

**8:45 am – 10:15 am ■**

Program ID #338, Plaza Int'l Ballroom I

**Multicultural Stories That Heal: Literature, Verse, and Song—A Narrative Approach to Crisis Response**

90-Minute Education Session, Advanced

*Bogusia J. Skudrzyk*

Healing through words, verse, and song: a multicultural crisis response approach for group work. You will

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have an opportunity to experience the integration of narrative therapy, mindful mediation, and guided imagery, along with multicultural creative expressions as instruments for bringing healing and restoring wellness. Implications for crisis response in schools and community settings will be addressed. The presenters will share a model that they implemented with community members in response to crises in New Orleans, New York, and Sandy Hook.

**8:45 am – 10:15 am ■**

Program ID #339, Plaza Int'l Ballroom J

**Freud for Counselors: A Practical, Common Factors Perspective on Psychoanalysis**

90-Minute Education Session, Advanced

*Fred J. Redekop*

Do you teach Freud to your students without knowing exactly how or why? Do you feel drawn to psychoanalytic approaches? If so, this session will help you rationally examine these urges. The presenter, through his experience working with clients, talking with colleagues, and teaching graduate counselors-in-training, offers a strategy that presents Freud in a clinically relevant fashion. Learn how to apply Freud's ideas from a multiculturally aware, relationally and neuroscientifically informed, common factors perspective.

**8:45 am – 10:15 am ■**

Program ID #340, Plaza Int'l Ballroom K

**Domestic Violence in the World of Immigration: Counselor Role and the Violence Against Women Act**

90-Minute Education Session

*Patricia Timerman, Silvia P. Reyes*

This session focuses on the impact of immigration in counseling as it related to domestic violence. Learn about the Violence Against Women Act (VAWA) immigration relief, and how it can be used as a vehicle for change and empowerment in therapeutic approaches such as narrative therapy. See how VAWA can enable clients to rewrite their stories from a state of oppression to one of creation, from victims to survivors. Expand your knowledge on the myths, barriers, and misconceptions deterring immigrant victims of domestic violence from seeking help and how VAWA can break such barriers.

**8:45 am – 10:15 am ■**

Program ID #341, Celebration 12 & 13

**Helping Build a Suicide-Safer Campus: Suicide Intervention Training for Faculty and Staff in Rural Schools**

90-Minute Education Session, Advanced

*Yung-Wei Lin, Laura Shannonhouse*

Suicide is becoming a serious concern on elementary, middle, and high school campuses. Schools in rural areas often experience more severe challenges responding to suicide incidents due to a shortage of professionals and proper training. Come and learn how to build cooperation between counselor educators and K-12 schools and develop a suicide intervention that fits school systems. Attendees also will learn empirical evidence of an intervention model on enhancing comfort level, confidence, and competence of school teachers and staff in helping students at risk of suicide.

**8:45 am – 10:15 am ■**

Program ID #342, Celebration 14 & 15

### How to Integrate Neuroscience into Counseling Without Going Out of Your Mind

90-Minute Education Session

*Chad Luke*

If you have wondered about neuroscience, but felt intimidated by it, or overwhelmed by applying it to counseling, then this session is for you! It includes a brief overview of key brain structures for counselors, and then integrates these findings with the major theoretical paradigms. It then applies these to four groups of clinical presentations: depression, anxiety, stress/wellness, and addictions. And it does all this in a nonthreatening, clinician-friendly, and engaging way. Neuroscience is incredible; counseling is powerful; combined, they're incredibly powerful!

**8:45 am – 10:15 am ■**

Program ID #343, Bayhill 17 & 18

### Through the Looking Glass: Portrayals of Counseling on Television, Social Media, and the Big Screen

90-Minute Education Session

*Kristy Alaine Brumfield*

The potential negative impact of media on our understanding of mental illness has been explored and documented, but we seem to overlook the other side of the story. Just as movies and television shows sometimes choose entertainment value over accuracy in portrayals of individuals with diagnoses, the same choice is frequently made when it comes to Hollywood's interpretation of the helping professional. Many people are curious about what happens within a counselor's walls. The media often leads to incorrect

assumptions about the process, which can be confusing for consumers and students.

**8:45 am – 10:15 am**

Program ID #344, Bayhill 27

### A Practitioner's Guide for Providing Effective Practicum/Internship Site Supervision

90-Minute Education Session, Advanced

*W. Matthew Shurts, Derick J.*

*Williams, Melinda M. Gibbons*

Despite lacking formal training in clinical supervision, many practicing counselors are asked to provide internship site supervision. The purpose of this interactive session is to provide a framework that will allow attendees to provide internship site supervision with intentionality. We will address (1) the multiple foci and roles of supervisors, (2) potential interventions in and formats for supervision, (3) common ethical issues involving supervision, and (4) how to begin developing your own personal supervisory style.

**9:45 am – 10:15 am ■**

*ACA Client-Focused Research Series*

Program ID #345, Bayhill 23 & 24

### Dissociation as a Predictor of the Therapeutic Alliance: Findings and Clinical Applications

30-Minute Research Education Session

*David M. Lawson*

Dissociation is a major symptom for individuals exposed to trauma. Although it has been suggested that dissociation negatively impacts the therapeutic alliance, little or no empirical research exists that addresses the relationship between mild to moderate client dissociation and its

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influence on therapeutic alliance across several points in time during treatment. The current study will examine these relationships as well as provide recommendations for counselors based on the research results.

**9:45 am – 10:15 am ■**

*ACA Client-Focused Research Series*  
Program ID #346, Bayhill 25 & 26  
**Understanding the Influence of Breast Cancer on Latino/a Couples: A Consensual Qualitative Research Design**

30-Minute Research Education Session

*Sejal Barden, Jessica Gonzalez, Daniel Gutierrez, Shainna Ali*

Latinas have higher rates of more advanced cancer and report heightened psychological burdens when compared to all other cancer survivors, yet they are the least represented in psychosocial interventions. The goal of this session is to highlight our findings from a qualitative research study focused on understanding the influence of breast cancer on Latino couples and the individual, social, and cultural factors that influence or impede Latino couples from engaging in couples-based psychosocial interventions.

**10:30 am – 11:00 am ■**

*ACA Client-Focused Research Series*  
Program ID #347, Bayhill 23 & 24  
**Women, Ego, and Counseling: Empowered Consent**

30-Minute Research Education Session

*Oliver McMahan, Laura R. Land, Tyler Orr, Mark L. Carpenter*

Women and men experience the therapeutic relationship differently. What if therapy could be enhanced by accounting for these differences?

Counseling effectiveness can be enhanced, even empowered, if these differences are recognized in the initial and ongoing therapeutic process. A clinical study over nine months verified differing gender expectations and responses to therapy as well as differing responses to an empowered consent process. Significant differences included ego identity formulation versus ego diffusion effects demonstrated in therapy.

**10:30 am – 11:00 am ■**

*ACA Client-Focused Research Series*  
Program ID #348, Bayhill 25 & 26  
**Empirically Based Bullying Reduction Strategies for Middle School Students**

30-Minute Research Education Session

*Aida H. Midgett, Robin Hausheer*

Bullying is one of the greatest public health risks for children in our society (AERA, 2013). Overall, there is a lack of empirical data about effective interventions used in schools (Espelage, 2013). This session will discuss the effectiveness of a school-wide, peer-based intervention program that equips student-advocates to identify physical bullying, verbal and socio-emotional bullying, and cyberbullying and to intervene using developmentally appropriate strategies. The intervention will help empower students to address bullying, with the involvement and support of school counselors.

**10:30 am – 12:00 pm ■**

Program ID #349, Manatee Spring I & II

**A Picture Is Worth a Thousand Words: Using Photojournaling To Process Reactions to Race-Based Topics**

90-Minute Education Session

*Tina R. Paone, Krista M. Malott*  
Photojournaling is an exciting way to creatively process reactions to taboo topics. In this experiential session, attendees will learn how to incorporate the use of photojournaling in making meaning of a race-related course—a counseling topic typically perceived as “taboo.” The presenters will provide examples of using photojournaling to process students’ reactions as well as to suggest ways to apply photojournaling with clients, demonstrating its use in processing sensitive topics in clinical settings.

**10:30 am – 12:00 pm ■**

Program ID #350, Orlando Ballroom N  
**Grit, Gratitude, and Gumption:**

**Counselors Cultivating Growth**

90-Minute Education Session

*Hannah Reidy, Elisabeth Bennett, Jeanette Perales, Kelsi Rugo, Adriana Llauro, Shannon Pedlar, Pam Price, KiEun Jeon, Tin Weng Mak*

Grit, gratitude, and gumption are three character traits that are significantly related to well-being, productivity, joy, and learning. This engaging educational session actively involves attendees in the process of the growth and development of these attributes. The session will provide hands-on means for instilling and developing these attributes in students and clients via comprehensive programs and counseling practice. Immerse yourself in an experience that will increase your knowledge, skill, and technique for growing grit, gratitude, and gumption.

**We want to know what you think!**

Visit the kiosks in the main foyer to complete a conference survey.

**10:30 am – 12:00 pm ■**

Program ID #351, Orlando Ballroom M  
**Treatment Models and Advanced Clinical Interventions for Oppositional Defiant Disorder and Conduct Disorder**  
90-Minute Education Session, Advanced

*Nicole A. Adamson Stargell, Emily C. Campbell, Kelli E. Scanlon*

This session will begin with a brief check-in of each attendee’s experience with clients who have oppositional defiant disorder (ODD) and conduct disorder (CD); approximately 7% of the population is diagnosed with these disorders in any given year (APA, 2013). An overview of the DSM-5 diagnostic criteria and assessment strategies will be followed by an organized presentation of empirically supported interventions for ODD and CD. Counselors will be provided with a case example to develop an advanced intervention plan, and the session will conclude with a check-in and opportunity for questions. Late admission will not be permitted, due to live recording.

**10:30 am – 12:00 pm**

Program ID #352, Bayhill 21 &22

**African American Males in Counselor Education: Courageous Conversations**

90-Minute Education Session

*Shon D. Smith, Michael Brooks, S. Kent Butler, Keith Dempsey, Courtland Lee, Don C. Locke, Linwood Vereen, Cyrus R. Williams III*

African American males will share lived experiences in their positions as professors, administrators, mentors and leaders in counselor education. For them, systemic and often invisible barriers to advancement exist within the subjective walls of academe. Inclusion, social

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justice and multicultural competencies must be woven into the fabric of higher education organizational culture transforming practices that may otherwise marginalize African American men. Mentoring and advocacy strategies, as well as protective factors that support success in higher education will be discussed.

### 10:30 am – 12:00 pm

#### *AMHCA Session*

Program ID #353, Celebration 5 & 6  
**Adding the Concept of “Mental Health” into the Title of Licensed Professional Counselor**

90-Minute Education Session  
*Stephen A. Giunta, Sara Baker, Victoria Thompson*

This session will provide licensed professional counselors with an overview of the trends within the current political environment which impact the connotation of “mental health” with the title of LPC. Participants will be provided with suggestions on how they can independently establish themselves as “mental health” practitioners and reinforce the association of our profession with “mental health.”

### 10:30 am – 12:00 pm ■

Program ID #354, Orlando Ballroom L  
**Career Support Group: A Postmodern Counseling Intervention Designed for Members of the Ex-Offender Population**

90-Minute Education Session, Advanced  
*Mark B. Scholl*

Community ex-offenders seeking employment commonly present with a host of unique challenges including a low sense of self-efficacy resulting from a history of failing at school, relationships at work, and a need to reestablish their sense of autonomy. Postmodern strength-

based approaches have been reported to be effective for addressing the career concerns and needs of the ex-offender population (Veysey et al., 2013; Wormith, 2007). This session includes a description of an eight-session group counseling model specifically designed to address the needs of this population.

### 10:30 am – 12:00 pm ■

Program ID #355, Bayhill 19 & 20  
**Say What? Effective Cross-Cultural Communication in the Therapeutic Relationship**

90-Minute Education Session  
*Brenda L. Jones, Beth Durodoye, Angelica M. Tello*

Communicating across cultures can be a daunting experience. Although the importance of communicating across cultures is emphasized in counselor education courses, the depth and breadth of this effort is still emerging. A lack of counselor responsiveness can result in miscommunication that can impede and impair the therapeutic relationship. The goal is to facilitate the process for counselors in order to optimize their skill sets while working in a fast-changing demographics.

### 10:30 am – 12:00 pm ▲ ■

Program ID #356, Celebration 1 & 2  
**Preventive Counseling Without Borders: Using Mobile Devices for Teaching, Training, and Wellness Promotion**

90-Minute Education Session  
*Maxine L. Rawlins, Elizabeth Hughes*  
Despite documented benefits regarding the utilization of technology in counseling, it has been underutilized by school, mental health, and student affairs counselors. Even less information has been

available regarding the professional use of mobile devices by counselors in this area. This hands-on session will focus on the utilization of iPads in preventive counseling for instruction, training, social marketing, and wellness promotion. Attendees are encouraged to bring their iPads.

**10:30 am – 12:00 pm ■**

*ARCA Session*

Program ID #357, Celebration 3 & 4

**The CACREP-CORE Affiliation:  
Where Are We Now?**

90-Minute Education Session

*Frank J. Lane, Patricia Nunez,  
Carol Bobby, Sylvia Fernandez*

The objective of this session is for counselor educators from programs interested in becoming accredited with the new Clinical Rehabilitation Counseling standards to become knowledgeable on the review process and timeline for implementation of phase II. In addition, educators and practitioner attendees will develop an understanding of the clinical training requirements and practice options for clinical rehabilitation counseling.

**10:30 am – 12:00 pm ■**

Program ID #358, Celebration 7 & 8

**The Biology of Marginality: Epigenetics  
and Social Justice Counseling**

90-Minute Education Session,  
Advanced

*Kathryn Z. Douthit*

Epigenetics is a rapidly expanding science that explores how our environment can actually take control of how our genes function. This session introduces attendees to the field of epigenetics, with particular emphasis on how this emerging field can explain, biologically, the ways in which harmful psychological

consequences can develop from environmental hardship. The session will underscore how knowledge of epigenetics can inform interventions targeting marginalized populations.

**10:30 am – 12:00 pm ■**

Program ID #359, Celebration 9 & 10

**A Healthy Gut and a Healthy Brain:  
Implications for Counseling and Lifestyle**

90-Minute Education Session

*Harriet A. Bachner*

This session will discuss the theories of emotion, the gut-brain feedback loop, and the ways the gut microbial environment impacts the etiology of stress-related disorders, depression, and anxiety. Case examples show the impact of lifestyle, diet, and developmental factors on psychological well-being. Emerging research about the role that gut bacteria may play in depression and how microbiota may alter mood also will be presented. Attendees will discuss ways to integrate this research toward counseling clients about lifestyle and diet strategies as alternatives to pharmaceutical interventions.

**10:30 am – 12:00 pm ■**

Program ID #360, Bayhill 29 & 30

**The Role of Professional Counselors in  
Promoting Gender Transition: Assessment  
and Treatment Strategies**

90-Minute Education Session,  
Advanced

*Varunee Faii Sangganjanavanich,  
Jessica Headley*

Gender transition presents unique opportunities and challenges to transsexual individuals in various life areas including physical, psychological, and social functioning. Research shows that these individuals are

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unable to access quality counseling services that promote a successful transition. To promote effective practice, the presenters provide an overview of gender transition and its impact on one's mental health, discuss the role of counselors, and offer practical assessment and treatment strategies that counselors can utilize to facilitate one's gender transition.

### 10:30 am – 12:00 pm ■

Program ID #361, Bayhill 31 & 32  
**Creative Couples Counseling Directive Techniques: Advanced Ways To Help Clients Avoid Failure To Connect**

90-Minute Education Session, Advanced

*Barbara A. Mahaffey, Mary Jane Preece*

This session includes an interactive “tool kit” for couples counselors. Engage in a discussion about the “Miscommunication Model” directive technique for use in couples counseling. This model helps counselors build therapeutic alliances, understand diversities, set goals, and promote insight. Creative techniques to facilitate self-disclosures, boundary setting, and forgiveness, and adaptations on techniques originated by Satir, Maslow, and Berne, will be discussed. Innovative games and homework activities for couples are included.

### 10:30 am – 12:00 pm ■

Program ID #362, Plaza Int'l Ballroom I

**PTSD and the Returning Soldier: A Farm-Based Approach To Reduce the Effects of This Disorder**

90-Minute Education Session

*Doc Warren Corson III, Lisa Marie Corson*

For generations, veterans returning

from active duty have experienced various difficulties returning to civilian, noncombat situations. Traditional approaches have been shown to be ineffective in many ways. The use of therapeutic farm programs shows much promise in the way that we treat our returning soldiers. This approach has seen a resurgence as of late with the government and private-sector funding programs that help GIs reconnect with themselves, nature, and society in order to reduce the effects of PTSD. Case studies, program design, and implementation are included.

### 10:30 am – 12:00 pm ■

Program ID #363, Plaza Int'l Ballroom J

**Clarifying Mindfulness and Common Factors: Dispositional and State Mindfulness, Empathy, and the Working Alliance**

90-Minute Education Session, Advanced

*David A. Johnson*

This session reviews the results of an SEM study that estimated the relationship between dispositional mindfulness and the working alliance while controlling for dispositional empathy among 200 master's-level practicum and internship students. The students examined whether state-specific in-session empathy mediated the relationship between state-specific mindfulness and the working alliance. A discussion of dispositional and state-specific mindfulness and empathy is presented, as well as suggestions for using mindfulness practices in counselor education and supervision.

**10:30 am – 12:00 pm ■**

Program ID #364, Plaza Int'l Ballroom K

**The Power of Metaphor: Creatively Using Metaphoric Stories To Facilitate the Navigation of Transitions**

90-Minute Education Session, Advanced

*Jason T. Duffy, Steve J. Kassirer, Michelle N. Saltis*

The presenters will overview the use of metaphor in counseling and counselor supervision and present innovative activities employing metaphoric stories that can be used for counseling and training purposes. A recent qualitative study examining the efficacy of the approach in the context of counselors transitioning to the role of counselor supervisor will be discussed.

**10:30 am – 12:00 pm ■**

Program ID #366, Celebration 14 & 15

**The Internationalization of Counseling: Challenges and Rewards of Admitting International Students**

90-Minute Education Session

*Melanie C. Harper, Julie A. Strentzsch, Yasir Kurt, Mehmet Avci*

The international diversification of the students in counseling programs can help all students become more aware of cultural differences and practice cultural and diversity sensitivity within the classroom and through professional and social activities. The presenters will provide information about how admission policies and procedures affect international students and how counseling programs can support the admission and retention of qualified international students. The presenters will encourage discussion on these topics.

**10:30 am – 12:00 pm ■**

Program ID #367, Bayhill 17 & 18

**Addressing the Challenges and Needs of Caribbean Immigrant Students: Implications for School Counselors**

90-Minute Education Session

*Stephaney Morrison, Julia Bryan*

How do counselors address the unique challenges and needs of Caribbean immigrant students? The presenters will discuss the acculturation, emotional, and academic challenges that Caribbean immigrant students face that create obstacles to their academic and personal/social success. The presenters will lead attendees in a discussion on culturally specific guidelines that counselors can use to promote the healthy adjustment and success of Caribbean immigrant students.

**11:30 am – 12:00 pm ■**

*ACA Client-Focused Research Series*

Program ID #368, Bayhill 23 & 24

**Toward Improving Client Outcomes: Exploring Attachment, Breathing, and Emotion Regulation**

30-Minute Research Education Session

*Jamie E. Crockett*

Learn about the hypothesized and empirically supported relationships among attachment, breathing, and emotion regulation. The results of a recent empirical study exploring these relationships will be presented and the implications for multiculturally competent clinical practice will be discussed. The presenter will provide a conceptual framework and address how integrating attachment and breath-based approaches could promote greater emotion regulation and thus potentially improve client outcomes.

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### 11:30 am – 12:00 pm ■

*ACA Client-Focused Research Series*

Program ID #369, Bayhill 25 & 26

*Today's Young Adult, the Black Church, and Perceptions of Counseling*

30-Minute Research Education Session

*Janeé R. Avent, Christine D. Wong, Hope Bell*

African-American college students are less likely than many of their peers to have positive attitudes about seeking professional mental health services. This session will provide results from a qualitative study that explores the role of the Black church in today's African-American young adult population and its influence on their help-seeking behaviors and perceptions of professional counseling. Implications for counselors and clinical supervisors will be provided.

### 11:30 am – 12:00 pm ■

*ACA Client-Focused Research Series*

Program ID #370, Bayhill 23 & 24

*Toward Improving Client Outcomes: Exploring Attachment, Breathing, and Emotion Regulation*

30-Minute Research Education Session

*Jamie E. Crockett*

Learn about the hypothesized and empirically supported relationships among attachment, breathing, and emotion regulation. The results of a recent empirical study exploring these relationships will be presented and the implications for multiculturally competent clinical practice will be discussed. The presenter will provide a conceptual framework and address how integrating attachment and breath-based approaches could promote greater emotion regulation

and thus potentially improve client outcomes.

### 12:15 pm – 1:15 pm ▲ ■

Program ID #371, Manatee Spring I & II

*Identification and Diagnosis of Eating Disorders in Children: Understanding the DSM-5*

60-Minute Clinician Education Session

*Maureen C. Kenny, Merode V. Ward-Lichterman*

This session will expose attendees to newly revised DSM-5 criteria for eating disorders, with particular attention to presentation in children. Criteria changes, additions, and deletions will be reviewed, with a focus on avoidant/restrictive food intake disorder, anorexia nervosa, and bulimia nervosa. Childhood obesity, while not in the DSM-5, will be addressed due to its prevalence. Identification and assessment of these disorders will be explored, with an emphasis on diverse populations.

### 12:15 pm – 1:15 pm ■

*ACES Session*

Program ID #372, Orlando Ballroom N

*Joint ACES-CACREP Panel Discussion on Preparing Counselors To Work in School Settings*

60-Minute Education Session

*Robert Urofsky, Marty Jencius*

A growing number of voices including the federal government's have been discussing the role and functions of school counselors. With increasing attention focused on college and career readiness and access, a central question often raised is whether or not school counselors are adequately prepared for working in schools in the 21st century. A panel

of experts will discuss the impact of recent trends on future directions for school counselor education. Audience participation is encouraged.

### 12:15 pm – 1:15 pm ■

Program ID #373, Orlando Ballroom M  
**Building and Managing a Successful Private Practice: How To Be Sustaining in Less Than One Year**

60-Minute Education Session

*Kimberly Joy Desmond*

This session examines the highs and lows of starting a private practice. Specific tips and strategies for avoiding pitfalls and challenges will be provided. In addition, resources for information and support will be included. Examples from a viable and successful private practice will be included. This session will consist of group discussion, handouts, multimedia clips, and question-and-answer session time at the end. The intent of this session is to lessen the slope of the learning curve, enabling owners to focus more attention on providing quality services to clients. Late admission will not be permitted, due to live recording.

### 12:15 pm – 1:15 pm ■

*FCA Session*

Program ID #374, Bayhill 21 & 22  
**Grief and Loss in Mental Health Counseling**

60-Minute Education Session

*Beverly Mustaine*

This session will focus on the importance of identifying and helping clients work through the various tasks of grief work. The definition of loss, important terms related to grief work, categories of loss, the importance of assessing past, recent and present losses, the need for the counselor to reframe the presenting problem as

related to loss and unresolved grief if applicable, identifying the meaning(s) of the loss, and the difference in individual and family loss(es).

### 12:15 pm – 1:15 pm ■

Program ID #375, Celebration 5 & 6  
**Fa-MI-ly: Infusing Family Counseling with the Spirit of Motivational Interviewing**

60-Minute Clinician Education Session

*Jessica Lloyd-Hazlett, Eleni Maria*

*Honderich, Karena J. Heyward*

Motivational interviewing (MI) is guided by rolling with resistance, expressing empathy, developing discrepancies, and supporting self-efficacy. Infusing the spirit of MI in family counseling helps foster empathy, promote therapeutic alliances, and tailor matched interventions. Intended for clinicians with basic knowledge of both MI and family systems, this session outlines five specific MI-informed family interventions framed by the “Stages of Change.”

### 12:15 pm – 1:15 pm ■

Program ID #376, Orlando Ballroom L  
**Best Practices for Leading Qualitative Research Teams**

60-Minute Education Session

*Anita A. Neuer Colburn*

Coding teams enhance the trustworthiness of qualitative research if the individual members produce quality coding. The presenter conducted a phenomenology of coding team members’ lived experiences and shares what was learned about how team leaders can directly impact the quality of the coding produced by the team. Further, This session shares a leadership model to help maximize rigor on coding teams.

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### 12:15 pm – 1:15 pm ■

Program ID #377, Bayhill 19 & 20  
**Behind the Graffiti Wall: Addressing Gang Violence, Disabilities, Multiculturalism, and Counseling Services**  
 60-Minute Education Session  
*Valerie E. D. Russell, Paige N. Dunlap*  
 This research was the initial investigation into understanding how gang violence and disability can impact counseling. The objectives focus on increasing attendees' knowledge, understanding multicultural competency, identifying available counseling services, and effective theories and interventions. Results of the research study will be presented and discussed. The goal is to increase counselors' understanding of this population to enhance service delivery practices.

### 12:15 pm – 1:15 pm ▲ ■

Program ID #378, Celebration 1 & 2  
**Current Trends in Ethics: A Discussion with the ACA Ethics Committee**  
 60-Minute Education Session  
*Kirk G. Bowden, Stephanie F. Dailey, Erin Shifflett*  
 Members of the ACA Ethics Committee and the ACA Director of Ethics and Professional Standards will present as a panel on trends in ethical issues that have been addressed by the committee. Common ethical issues that will be presented include social media and technology, duty to warn and breaching confidentiality, and the appropriate referral of clients. The role of informal resolution during ethical conflicts between members will be discussed. Attendees will have the opportunity to participate in a question-and-answer session related to ethical standards and common concerns.

### 12:15 pm – 1:15 pm ■

Program ID #379, Celebration 3 & 4  
**The Quarter Life Crisis: Career and Psychological Distress in Young Adulthood**  
 60-Minute Education Session  
*Cyrus R. Williams III, Melissa A. Nelson*  
 The Quarter Life Crisis reflects psychological distress experienced in young adulthood as a result of increased career, relational, and psychological stressors typical of normal development (Amett, 2004). While many transition to adulthood without distress, complexities of today's culture make this increasingly difficult (Gray, 2005). This session seeks to address the cultural and developmental implications of the Quarter Life Crisis as well as offer recommendations for best practices.

### 12:15 pm – 1:15 pm ■

Program ID #380, Celebration 7 & 8  
**Competency-Based Clinical Supervision for Addiction Counseling**  
 60-Minute Clinician Education Session  
*Christine L. Chasek, Douglas R. Tillman, Jessica Estes, Chuanyao Zheng*  
 Supervision requirements in addiction counseling place a great deal of responsibility on clinical supervisors to provide supervision that is competent, relevant, developmental, and grounded in a model. The newly defined Competency Based Alcohol and Drug Clinical Supervision Model outlined in this session is consistent with these current practice needs in the counseling field. The application of the model will be presented with tools and a plan for using the model in clinical practice.

**12:15 pm – 1:15 pm ■**

Program ID #381, Celebration 9 & 10  
**Can We Do More in Assessing Potential Violence?**

60-Minute Education Session  
*Michelle R. Ghoston*

There is a need for professionals to better identify and assess potential perpetrators of violence. Incidents such as the Virginia Tech and Sandy Hook shootings in 2007 and 2012 are indicators of this need. Virginia, Illinois, and Connecticut have implemented state-mandated threat assessment teams that assist with identifying such threats. This session will analyze the existing assessments in an effort to better understand how such tragedies can be detected and perhaps even prevented.

**12:15 pm – 1:15 pm ■**

Program ID #382, Bayhill 29 & 30  
**The New Code Meets Old School: Ethics Preparation Best Practices and Tips**

60-Minute Education Session  
*Dana Heller Levitt, Kelly Gentry*

The 2014 ACA Code of Ethics presents an opportunity to examine ethics education and principle application. The focus of personal values in the new code calls to attention the intersection of values and ethics and how counselors are prepared to address them in their work. In this session, the presenters will discuss current and best practices in ethics education and explore new directions to contribute to preparedness, responsiveness, and reflexivity for counselors across settings.

**We want to know what you think!**

Visit the kiosks in the main foyer to complete conference survey.

**12:15 pm – 1:15 pm ■**

Program ID #383, Bayhill 31 & 32  
**From Pronouns to Practice: An Exploration of Trans-Affirming Language for Counselors**  
 60-Minute Clinician Education Session

*Deanna N. Cor, Stacey Karpen*  
 Are you using the “right” terminology in session? This multimedia session will highlight the importance of language when working with clients who are exploring their gender identity by incorporating the use of inclusive terms such as *trans\**, *gender nonconforming*, and *gender queer*. The session will explore recommendations for improving paperwork and documentation, identifying potential microaggressions, strategies for creating safe environments, and acknowledging changes in terminology in the DSM-5.

**12:15 pm – 1:15 pm ■**

Program ID #384, Plaza Int'l  
 Ballroom I

**Letting Her Voice Be Heard: A Framework for Counseling African-American Women**

60-Minute Clinician Education Session

*Angela James*

Issues unique to African-American women may have been overlooked in counseling research. This is possibly due to prior research focusing on either gender or race without taking into account how these two intersecting areas could create different concerns in the counseling context. As a result, important cultural considerations may be missed in the counseling relationship. The purpose of this proposal is explore issues that are unique to African-American women and

## SUNDAY

establish a counseling framework that addresses the intersectionality of race and gender for African-American women.

### 12:15 pm – 1:15 pm ■

Program ID #385, Plaza Int'l Ballroom J

#### Disordered Eating Across the Lifespan: Beyond Detection at Adolescence

60-Minute Education Session, Advanced

*Sarah I. Springer, Connie S. Ducaine*

This session will address disordered eating behaviors in clients across the lifespan. A specific focus on the developmental needs of the elementary age, midlife adult, and older adult populations will be highlighted. Using case examples, presenters will provide detection and prevention strategies and engage in dialogue around the need for professional development specific to disordered eating behaviors and body image disturbance in the school and community counseling settings.

### 12:15 pm – 1:15 pm ■

Program ID #386, Plaza Int'l Ballroom K

#### International Counseling: Lessons Learned from Teaching Group Work in Botswana

60-Minute Education Session, Advanced

*Angela D. Coker, Aaron R. Majuta*

The internationalization of counseling has received steady attention in counselor education literature. This session highlights the experiences of two U.S.-trained counselor educators who taught a group counseling course at a public university in Botswana. The presenters describe cultural challenges they encountered, discuss the ways in which they

addressed those challenges, and make recommendations for future international group work training, practice, and research.

### 12:15 pm – 1:15 pm ■

Program ID #388, Celebration 14 & 15

#### Mythic Play with Adolescents: Effective Use of Bibliotherapy and Heroic Mythology in Counseling Adolescents

60-Minute Clinician Education Session

*Elizabeth “Betsy” A. Hall*

Grounded in principles of developmental theory, play therapy, and bibliotherapy, this session provides a creative treatment strategy for counseling adolescents. Attendees will learn how to use heroic myths and fairy tales as guiding metaphors for understanding and counseling adolescents. Through powerful images, a brief lecture, and an experiential exercise, the presenter will demonstrate how to effectively use heroic mythology in working with adolescents in both individual and group therapy. Handouts that detail treatment strategies and a bibliography will be provided.

### 12:15 pm – 1:15 pm ■

Program ID #389, Bayhill 17 & 18

#### The State of Counseling in India: A Cultural Immersion Experience

60-Minute Education Session, Advanced

*Suneetha Manyam, Diane M. Clark, Sachin Jain*

In November 2014, two counselor educators and several counselors-in-training took a 10-day trip to India in order to immerse themselves in Indian culture and assess the state of the counseling profession in India. The presenters will explore the

benefits and challenges of the immersion experience in addition to discussing the guidelines for planning such trips. Counseling as a profession is a new construct in India that is just “coming of age” in the country. The Indian government has allocated funding to train counselors and establish a counseling center in each of its universities throughout the country.

### **12:15 pm – 1:15 pm ■**

Program ID #390, Bayhill 23 & 24

#### **The Relationship Between Attachment Style, Self-Disclosure, and Marital Intimacy in Male Veterans from the Iraq War**

60-Minute Education Session

*Cheryl A. Mark, Brandé Flamez, Kristi B. Cannon*

Over 2 million U.S. service members have experienced a deployment to the Middle East. A consequence of war is impaired marital intimacy. Relational functioning is critical to mental health. When marital strain is ongoing, it contributes to psychological problems. Understanding attachment style, disclosure, and the effect on marital intimacy will prepare counselors to strengthen marriages. This

session serves to lay a foundation for a better understanding of attachment style and likelihood of self-disclosure, and the effect on marital intimacy in veterans from the Iraq war.

### **12:15 pm – 1:15 pm ■**

Program ID #391, Bayhill 25 & 26

#### **Extending the Impact, Developing Awareness: Clinical Homework for Sexual Identity Development Exploration**

60-Minute Clinician Education Session

*Kylie P. Dotson-Blake, Angela McDonald*

Sexuality is a critical aspect of lifespan development, personal wellness, and relationship satisfaction, and counselors must address the dynamic and interpersonal aspects of sexuality with clients. Exploring the client’s trajectory of sexual identity development provides vital insight into factors influencing relationships and processes of interpersonal engagement. This session provides clinicians with homework activities to explore sexual identity with particular attention to social and cultural influences and ways to reflect on power and privilege with clients.



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### **ACA Conference & Expo**

**March 31 – April 3, 2016**

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# Featured Poster Sessions at-a-Glance

## AADA Featured Sessions

Friday, March 13

ID #444, The Impact of Intersectionality of Identity Across the Lifespan: Implications for Counselors and Educators

Saturday, March 14

ID #532, The LifeBraid Model

## AARC Featured Sessions

Saturday, March 14

ID #543, Empirically Supported Model and Measure of the Process of Clients' Work Through Forgiveness and Conflict

Sunday, March 15

ID #604, Predictors of Adolescent Persistence in Counseling: Results and Implications

## ACAC Featured Sessions

Friday, March 13

ID #402, ACAC Presents: Factors Impacting Use of Play Therapy by Elementary School Counselors

ID #453, ACAC Presents: Mental Health Counseling in the Schools, a Must!

## ACC Featured Sessions

Saturday, March 14

ID #533, Nature-Based Child-Centered Play Therapy: Creatively Using Play in Nature

Sunday, March 15

ID #633, Creativity-Based iPad Applications in Counseling Practice

## ACCA Featured Sessions

Friday, March 13

ID #442, ACCA's Community College Survey: Research, Trends, and Challenges for Community College Counselors

Saturday, March 14

ID #446, 10 Years of the Gallagher College Counseling Center Survey: A Look at the Past, Present, and Future

## ACEG Featured Sessions

Saturday, March 14

ID #524, Left Behind: Army Wives' Afghanistan Deployment Experiences

## ACES Featured Sessions

Friday, March 13

ID #443, Getting Involved: Leadership and Service Guide for Graduate Students

Sunday, March 15

ID #606, Supervision and Leadership for Novice Supervisors: How ACES Plays a Role

## Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

# Featured Poster Sessions at-a-Glance

## AHC Featured Sessions

Friday, March 13

ID #401, How to Integrate Clients' Strengths and Resources into Counseling and Treatment Planning

Sunday, March 15

ID #602, Reflecting As If: An Encouragement-Focused Process for Helping Others and Ourselves

## ALGBTIC Featured Sessions

Saturday, March 14

ID #555, Important Themes Identified in Same-Sex Relationships: Beginning the Dialogue

Sunday, March 15

ID #607, The Association for LGBT Issues in Counseling: A 40-Year Retrospective

## AMCD Featured Sessions

Friday, March 13

ID #407, Understanding Practices of Allies to Communities of Color: Implications for Counselor Education

Saturday, March 14

ID #522, Mentoring Graduate Students and New Professionals of Color: Lessons Learned from the Latino Network

## Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

## AMHCA Featured Sessions

Friday, March 13

ID #412, Advocating for and Accommodating Clients with Sensory Processing Disorder in Session and Beyond

Saturday, March 14

ID #534, Hegemonic Masculinity, Depression, and Its Impact on Couples: Tools for Growing Emotional Intimacy

## ARCA Featured Sessions

Saturday, March 14

ID #516, Recruiting African-American Students in Rehabilitation Counseling Programs: An HBCU Perspective

ID #556, Survey of Roles and Functions in Transition Services Between Vocational Rehabilitation and Schools

## ASERVIC Featured Sessions

Saturday, March 14

ID #506, When Clients Disclose Experiences of Child Sexual Abuse: What Are the Ethical and Legal Implications?

Sunday, March 15

ID #608, Connecting Across the Miles: Spiritual Integration in Distance Clinical Supervision

## We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.

### ASGW Featured Sessions

Friday, March 13

ID #404, Research in Group Work: Where We Have Been, Where We Are, and Where We Hope To Go

Sunday, March 15

ID #612, Dialectical Behavioral Therapy Style Groups

### IAAOC Featured Sessions

Friday, March 13

ID #451, Integration of LPC and Addictions Licensure: IAAOC Task Force Findings

Saturday, March 14

ID #501, Correctional Counselor Burnout and Implications

### IAMFC Featured Sessions

Friday, March 13

ID #405, Counselor Competency in Divorce and Disputes with Military Families

### NCD A Featured Sessions

Saturday, March 14

ID #502, Discover Your APptitude: Exploring New Technologies To Enhance Counseling Service

ID #551, Adding Career Biographies and Career Narratives to Career Interest Inventories

### NECA Featured Sessions

Friday, March 13

ID #446, Follow Your Inner Heroes to the Work You Love

Saturday, March 14

ID #541, Global Career Development Facilitator — Why Get Certified?

### CSJ Featured Sessions

Friday, March 13

ID #434, An Exploratory Study of Mexican Mental Health Professionals' Conceptualizations of Social Justice Counseling

Saturday, March 14

ID #557, Counseling, Human Rights, and Indigenous Healing: The Peruvian Experience

### CSI Featured Sessions

Friday, March 13

ID #410, Counselor Community Engagement in Collectivistic and Confucian Societies: Measuring Multicultural Competence

ID #414, Building Professional Identity on Day 1: Developing an Orientation Program for Counselor Education

ID #420, Standards Among Local CSI Chapters: Developing a Professional Identity

ID #426, Counselors as Social Justice Advocates Within High-Poverty Schools and Communities

## Featured Poster Sessions at-a-Glance

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ID #430, Counselor Community Engagement Through Social Networking: Enhancing Professional Identity and Advocacy

ID #435, Enhancing the Community and Developing Counseling Skills Through a Youth Mentoring Program

ID #447, Appalachian Counselor Advocacy Through Community Engagement in the Expressive Arts

ID #450, Professional Advocacy: Raising the Bar of Research Competency Among Master-Level Students

ID #457, Lighting the Way: Shining a Spotlight on Suicide Prevention Through Advocacy

ID #459, What Does the Public Know About Professional Counseling? A Study of Public Perception of Counselors

### Saturday, March 14

ID #507, Live Well: Promoting the Virtues of Wellness in the Communities Counselors Serve

ID #510, A Seat at the Table: Resolving Micro-Aggression Conflicts for Transgender Persons using Social Media

ID #518, Using the CSI Counselors' Bookshelf To Support Professional Identity and Advocacy

ID #520, Fostering Professional Counseling Competencies Through Social Justice, Advocacy, and Multicultural Awareness

ID #530, Military Sexual Trauma: Informed Advocacy in Caring for America's Veterans and Survivors of Sexual Misconduct

ID #539, Fostering Relational Leadership Development in Counselor Education

ID #547, Building Counselor Identity: New Ways To Incorporate Advocacy into Supervision

ID #550, Treating Intimate Partner Violence/Domestic Violence Beyond the Session Room: A Call for Counselor Advocacy

ID #558, A New Model: Using a Research Team To Promote Excellence, Professional Identity, and Advocacy in Counseling

ID #560, ASAP: Advocating for Student's Academic and Professional Development

ID #610, Enhancing Community Engagement: Motivational Interviewing Training Workshop for Professionals and Students

### Sunday, March 15

ID #614, Promoting Wellness in At-Risk Adolescent Girls: The "Girl Talk" Group

ID #615, Transforming Students into Counselor-Advocates: How Advocacy Efforts Promote Students' Professional Identity

ID #626, Ethnically Diverse Women and How We Create a Strong Professional Counselor Identity. Who Are Our Mentors?

ID #636, Becoming a Better Counselor: Enhancing Professional Identity Through Research

# Poster Session Descriptions

## Friday, March 13

### 11:00 am – 11:30 am

#### *AHC Session*

Program ID #401, Rainbow Spring,  
Poster 1

#### **How To Integrate Clients' Strengths and Resources into Counseling and Treatment Planning**

30-Minute Poster Session

*Victoria Kress, Matthew J. Paylo,  
Chelsey A. Zoldan*

Counselors often receive little training on integrating clients' strengths into treatment. Clients can benefit from the empowerment that comes from having their strengths and resources integrated into counseling. This session will provide a model of treatment planning that includes a strength-based approach. You will be presented with guidelines for assessing and incorporating clients' various potential strengths into the treatment process.

### 11:00 am – 11:30 am

#### *ACAC Session*

Program ID #402, Rainbow Spring,  
Poster 2

#### **ACAC Presents: Factors Impacting Use of Play Therapy by Elementary School Counselors**

30-Minute Poster Session

*Jill W. Van Horne, Phyllis B. Post*

Play therapy in your elementary school? Come see what recent research shows us about the use or non-use of play therapy among elementary school counselors. There will be information for beginners through seasoned play therapists, as well as supervisors. The findings of this research indicate statistically significant correlations among predictor variables of this study. Learn not only what predicts

the use of play therapy in elementary schools, but discuss how an impact can be made in schools!

### 11:00 am – 11:30 am

#### *ASGW Session*

Program ID #404, Rainbow Spring,  
Poster 4

#### **Research in Group Work: Where We Have Been, Where We Are, and Where We Hope To Go**

30-Minute Poster Session

*Melissa Luke, Kristopher M. Goodrich*

This poster session will review the historic and current state of group work research, identifying some of the contemporary dilemmas, including incorporation of best practices and ethical guidelines. The presenters will review the use of qualitative, quantitative, and mixed-method designs, as well as describe the necessary next steps related to connecting research to practice in the future. Identifying and accessing group work literature and the publication process also will be discussed.

### 11:00 am – 11:30 am

#### *IAMFC Session*

Program ID #405, Rainbow Spring,  
Poster 5

#### **Counselor Competency in Divorce and Disputes with Military Families**

30-Minute Poster Session

*Brandé Flamez, Joshua D. Francis, Cheryl A. Mark, Ann M. Ordway, Fred L. Hall, Mark A. Mayfield, Martina Moore*

Counselors may exceed the bounds of competence in matters of divorce and custody disputes, violating licensure laws and ethical guidelines. Understanding of divorce and disputes in military families is lacking. Skills and knowledge of this clinical role are necessary. The presenters will review important considerations for

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competency, current research, and practice related to this service. An overview of the common clinical dynamics is provided, as well as assessment and case conceptualization.

### **11:00 am – 11:30 am**

Program ID #406, Silver Spring, Poster 1

#### **The Impact of Training Mental Health Counselors in Sensory Integrative Approaches on Treatment Planning**

30-Minute Poster Session

*Ryan Melton, Simone Lambert, Emily Goodman-Scott, Gurpal “Pali” Gill*

Given the integral role of sensory integration (SI) in normal functioning, as well as the impact of the disorders that commonly co-occur with SI impairment, there is an impetus for research that analyzes how these sensory integrative approaches could inform and enhance mental health treatment. This study was a pilot exploration to address that need. Researchers assessed the ability of mental health counselors to understand and utilize sensory integrative approaches and examine the impact of a related learned skill set on their treatment planning and diagnosis.

### **11:00 am – 11:30 am**

*AMCD Session*

Program ID #407, Silver Spring, Poster 2

#### **Understanding Practices of Allies to Communities of Color: Implications for Counselor Education**

30-Minute Poster Session

*Rachel Reinders-Saeman, Carlos Hipolito-Delgado*

This poster session highlights the findings of a grounded theory study that aimed to identify the counseling

interventions, advocacy strategies, and professional dispositions employed by counselors whose exemplary practice makes them an ally to communities of color. You will learn specific counseling practices and training activities that will aid in developing the skills necessary to work effectively with communities of color.

### **11:00 am – 11:30 am**

Program ID #408, Silver Spring, Poster 3

#### **Metaphors of School Counselor Induction: Fed to the Wolves, Sink or Swim, Trial by Fire**

30-Minute Poster Session

*Jennifer Curry, Chris T. Belser*

Novice school counselors need personal and professional support to effectively develop as professionals within their first two years of practice. However, little is known about induction supports for new school counselors. This research poster highlights findings from multiple case studies about the metaphors that school counselors used to describe their induction experiences and the support, or lack thereof, received in their transition from graduate student to professional.

### **11:00 am – 11:30 am**

Program ID #409, Silver Spring, Poster 4

#### **These Parents Wear Combat Boots: The Implications of Caregiver Stress Syndrome in Autism**

30-Minute Poster Session

*Tamara Mckleen, Antoinette C. Hollis*

The combined effects of chronic emotional distress and physical exhaustion experienced by caregivers of children with autism have been likened to the symptoms of post-traumatic stress disorder experienced

by combat veterans (Diament, 2009). This poster session teaches practitioners to have a greater understanding of and sensitivity to the symptoms of caregiver stress syndrome (CSS), including the signs and symptoms of CSS as well as treatment strategies. The impact of cultural values on CSS also will be discussed.

**11:00 am – 11:30 am**

*CSI Session*

Program ID #410, Silver Spring, Poster 5

**Counselor Community Engagement in Collectivistic and Confucian Societies: Measuring Multicultural Competence**

30-Minute Poster Session

*Pei-Chun Chen, Cheryl Wolf*

Counselor community engagement is beneficial to clients from collectivistic and/or Confucian cultures. Culturally competent counselors must access clients' individual and cultural resources including family, friends, indigenous advisors, and spiritual leaders to assist their clients. This poster highlights the need for counselor community engagement in collectivistic and/or Confucian cultures and offers examples from expert counselors who work with clients in those communities.

**12:00 pm – 12:30 pm**

Program ID #411, Rainbow Spring, Poster 1

**College Student for a Day: Introducing High School Students with Disabilities to College Campus Support Services**

30-Minute Poster Session

*Alexandra Novakovic*

This poster will describe a collaborative project between two high schools and a university aimed

at introducing low-income students with disabilities to various resources and support programs on a college campus. The program, entitled "College Student for a Day," included two major components: activity-based learning and mentoring. Data demonstrating the efficacy of the program and recommendations for educators implementing similar programs at other universities will be provided.

**12:00 pm – 12:30 pm**

*AMHCA Session*

Program ID #412, Rainbow Spring, Poster 2

**Advocating for and Accommodating Clients with Sensory Processing Disorder in Session and Beyond**

30-Minute Poster Session

*Simone Lambert, Emily Goodman-Scott, Ryan Melton, Gurpal "Pali" Gill*

Sensory processing disorder (SPD) includes the maladaptive integration of senses. The presenters will provide information on how to recognize SPD across the lifespan. Practical accommodations for clients with SPD in session, including creating an optimal therapeutic environment, will be provided. Additionally, counselors will learn strategies to advocate for clients with SPD with other allied professionals, medical professionals, school teachers and administrators, as well as family members.

**12:00 pm – 12:30 pm**

Program ID #413, Rainbow Spring, Poster 3

**Site Supervisors: Identifying and Responding to Intern Counselors-in-Training Exhibiting Problematic Behaviors**

30-Minute Poster Session

*Elizabeth A. Hancock*

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This research poster will discuss the results of a grounded theory study on the experiences of site supervisors working with interns exhibiting problematic behavior. One of the most significant experiences for counselors-in-training is the internship experience, which provides counselors-in-training the opportunity to apply what they have learned in the classroom to their work with clients. Although not expected or desired, an intern counselor-in-training may exhibit problematic behavior while at the internship site.

### 12:00 pm – 12:30 pm

#### *CSI Session*

Program ID #414, Rainbow Spring, Poster 4

#### **Building Professional Identity on Day 1: Developing an Orientation Program for Counselor Education**

30-Minute Poster Session

*Sarah Grace Nadler, Stephani Babcock, Laura Dahlin, Mercedes Machado, Jacob MacGibbon, Johnson Callaway, Sondra Smith*

Chi Sigma Iota Beta Chapter presents a pilot orientation program for incoming counseling master's students. Student leaders implemented a curriculum designed to increase awareness, understanding, professionalism, and morale on day 1 for new counselors-in-training. Poster details include the rationale for the event, guiding leadership principles, activity examples, outcome feedback, and guidelines for chapter leaders interested in bringing aspects of this helpful event to their programs.

### 12:00 pm – 12:30 pm

Program ID #415, Rainbow Spring, Poster 5

#### **Judge Not: Counselor Attitudes Toward Sexual Orientation, Abortion, Sexual Offenses, and Sexual Behaviors**

30-Minute Poster Session

*Elizabeth A. Maynard*

Counselor features such as gender, sexual orientation, age, education, relationship status, ethnicity, and religious orientation often impact the counselor's attitudes toward the client. The relationships between these variables and counselor attitudes toward gay and lesbian adults, abortion, sexual offenses, and a range of sexual behaviors are explored in this empirical study of professional counseling graduate students.

### 12:00 pm – 12:30 pm

Program ID #416, Silver Spring, Poster 1

#### **Burnout and Caregiver Attitudes: The Impact on Quality of Care in Nursing Homes**

30-Minute Poster Session

*Sandra Gallimore, Paul Boyd*

This poster explores the relationship between burnout and caregiver attitudes and the abuse, neglect, and exploitation of people with disabilities and older adults living in nursing homes. As counselors, can we improve-quality of care and prevent incidents of abuse and neglect by appropriately identifying symptoms and effectively addressing caregiver burnout through treatment? With input from conference attendees, interview data with direct care professionals, and review of current literature, we will discuss relevant findings and explore opportunities for counselor advocacy.

**12:00 pm – 12:30 pm**

Program ID #417, Silver Spring,  
Poster 2

**Digital Dilemmas: Social Media and the Counselor**

30-Minute Poster Session

*Sandra S. Lee, Hailey Arbus*

This poster will identify and describe various ethical dilemmas that occur with the use of social media, such as Facebook, by the counselor. Specific ethical issues include the following: (a) The privacy of a Facebook page. (b) Should I let a client “friend” me? (c) How do I discuss this with the client? (d) Is it ethical to search a client on Facebook without permission? Solutions are proposed for the practicing counselor, who will likely face these issues from clients.

**12:00 pm – 12:30 pm**

Program ID #418, Silver Spring,  
Poster 3

**Are Women of Minority Populations More Likely To Be Victims of Violent Intimate Partner Violence?**

30-Minute Poster Session

*Shana Denise Lewis, Krystin Jolly*

This poster will uncover the predictors and prevalence of intimate partner violence as it impacts the minority woman in our community. This woman is someone who you know but who suffers in silence, and she may have specific needs that traditional methods do not effectively meet due to mitigating factors including the higher levels of violence that she may be exposed to. This poster also will uncover the potential predictive differences between the minority woman and her majority counterpart and their individual experiences of violence. Is one culture prone to more violence than another?

**12:00 pm – 12:30 pm**

Program ID #419, Silver Spring,  
Poster 4

**Acculturation Experience of Asian International Counseling Students in Clinical Training**

30-Minute Poster Session

*Ying Yang*

Although the number of Asian international students is growing steadily in the U.S., limited research focuses on the acculturation process during clinical training. This poster focuses on presenting the results of a qualitative study examining Asian international students’ acculturation experience during their clinical training. Recommendations for counselor preparation programs also will be discussed.

**12:00 pm – 12:30 pm**

**CSI Session**

Program ID #420, Silver Spring,  
Poster 5

**Standards Among Local CSI Chapters: Developing a Professional Identity**

30-Minute Poster Session

*Annie Day, Esther McCartney,*

*Leilani Brower, Briana Dishongh*

One of the goals of Chi Sigma Iota is to encourage students to develop a strong professional identity. With over 350 different local chapters, initiatives to promote a professional identity vary greatly and may be offered inconsistently among the local CSI chapters. This presentation will attempt to promote standards for mentorship, education, and research within local CSI chapters to facilitate the development of professional identity and foster leadership potential among members.

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### 1:00 pm – 1:30 pm

Program ID #421, Rainbow Spring,  
Poster 1

#### **Integrating Counselor Supervision and Leadership: Recommendations for Clinical and Administrative Supervisors**

30-Minute Poster Session

*Amanda M. Evans, Jamie Carney,  
Melanie M. Iarussi*

This poster will examine the use of leadership models in counseling supervision. Leadership models are an affordable, practical, and accessible training approach in working with new counselors. Leadership models possess a strong research base and reflect current trends. This poster will focus exclusively on three leadership models (situational, transformational, and servant) and how these parallel supervision practice. This poster also will address gatekeeping, the new ACA Code of Ethics, and blending supervision with agency responsibilities.

### 1:00 pm – 1:30 pm

Program ID #422, Rainbow Spring,  
Poster 2

#### **Counseling Experiences of Elderly Adults: An International Comparison**

30-Minute Poster Session

*Mohd Khairul Anuar Rahimi,  
Suleyman Akcil*

Gerontological counseling is increasingly becoming more common in countries outside of the U.S. However, there are major differences in clients' experiences of undergoing counseling in the U.S. and in the rest of the world. This poster will present the results of qualitative and quantitative studies on elderly clients from different

cultures and compare it with findings from the U.S. Differences among the multicultural experiences will be highlighted. Implications for counselors will be presented.

### 1:00 pm – 1:30 pm

Program ID #423, Rainbow Spring,  
Poster 3

#### **Grit: The "It" Factor in Addressing Counselor Burnout**

30-Minute Poster Session

*Alexandra D. Varela, Bethany A.  
Novotny*

Counseling is an intense profession that often leads to burnout. Current research primarily addresses reactive approaches to remediating counselor burnout, with little to say about preventative strategies. However, research from related fields on the concept of grit shows promise as a potential protective factor against burnout. This poster will bring to bear this body of grit literature on counselor burnout, as well as describe and demonstrate grit-build-ing exercises for both professionals and students.

### 1:00 pm – 1:30 pm

Program ID #424, Rainbow Spring,  
Poster 4

#### **Video Confessionals To Assess Personal Development and Program Outcomes for First-Generation Pre-College Students**

30-Minute Poster Session

*Kara P. Ieva, Jill E. Schwarz, Tracy  
Hutchinson, Monica Leppma*

Video confessionals can be an excellent tool for assessing personal growth and counseling outcomes. This poster will share the results of a qualitative study that analyzed video confessionals to investigate the influence of a pre-college STEM

program for low-income and first-generation college students. The video confessional included personal reflections of each component of the program (academic, personal/social, and career development). The population investigated was four groups of 40 low-income high school students over a four-year period ( $N = 147$ ; summer 2011–2014).

**1:00 pm – 1:30 pm**

Program ID #425, Rainbow Spring, Poster 5

**Decoding the Legal and Ethical Requirements for the Use of Technology in Supervision**

30-Minute Poster Session

*Robert M. Carlisle*

Although the 2014 ACA Code of Ethics provides additional guidance for the use of technology in supervision, many questions are still left unaddressed. There are also no peer-reviewed journal articles in the field of counseling that directly address the interpretation of legal mandates as applied to the use of technology in supervision. This poster session will review related ethical codes, decode HIPAA and FERPA legal mandates, interpret CACREP standards as applied to distance supervision, and provide research-supported best practice guidelines.

**1:00 pm – 1:30 pm**

*CSI Session*

Program ID #426, Silver Spring, Poster 1

**Counselors as Social Justice Advocates Within High-Poverty Schools and Communities**

30-Minute Poster Session

*La Vera Brown, Regina Gavin*

Advocacy efforts of counselors serving

children and adolescents in high-poverty schools and communities will be explored, including (a) the effects of cumulative risk on child development and achievement, (b) the lack of clear consensus of counselors' responsibilities and priorities, (c) the lack of accessibility and underutilization of mental health services, and (d) stigmatization associated with mental illness. Additionally, ethical issues and overcoming barriers to advocacy will be highlighted.

**1:00 pm – 1:30 pm**

Program ID #427, Silver Spring, Poster 2

**Implementing Motivational Interviewing in Home Visiting Programs: Impact on Home Visitor Practice**

30-Minute Poster Session

*Amanda M. Backer*

This poster will present data from home visitors' motivational interviewing (MI) training sessions, from the Working Alliance Inventory, and from interviews. The qualitative and quantitative data will offer a detailed look at the home visitors' training and self-reported use of MI. Attendees will gain insight into the use of MI with a diverse population from urban Wyandotte County and rural southeast Kansas. Implications and suggested practices for counselors will be presented.

**1:00 pm – 1:30 pm**

Program ID #428, Silver Spring, Poster 3

**Preparing To Work with Spanish-Speaking Clients: *Lo Esencial***

30-Minute Poster Session

*Daniel R. Romero, Stephen E. Craig*

This poster will highlight key findings and implications from a study of the

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experiences of counselors who work with Spanish-speaking clients. The study was conducted in a region that has seen a significant growth in the Spanish-speaking population. Two groups of counselors were recruited and sampled for this study: those who use interpreters in their work with Spanish-speaking clients and those who work without the use of interpreters. Significance of the study, a literature review, methodology, key findings, and recommendations for practitioners and educators will be presented.

### 1:00 pm – 1:30 pm

Program ID #429, Silver Spring, Poster 4

#### Understanding Interpersonal Neurobiology and Its Implications for Client-Counselor Relationships

30-Minute Poster Session

*Jessica Yost, Zachary D. Bloom*

Neural pathways that remain during childhood development and experience intersect to shape how individuals see the world. This poster is a critical analysis of the literature on the intersection of these traits: interpersonal neurobiology. This poster will discuss the overlay of attachment theory and pruning in neural development and with implications for an individual's ability to create secure attachment relationships later in life. Finally, it gives practical suggestions for professional counselors.

### 1:00 pm – 1:30 pm

*CSI Session*

Program ID #430, Silver Spring, Poster 5

#### Counselor Community Engagement Through Social Networking: Enhancing Professional Identity and Advocacy

30-Minute Poster Session

*Matthew Glowiak*

Attaining a strong presence is key for counselors to enhance professional identity and advocacy. With an ability to reach mass populations in a near instantaneous fashion, contemporary social networking online allows for numerous new ways in which counselors may advocate for the counseling profession to enhance the visibility and identity of professional counselors. This poster will inform on creative and efficient strategies to meet this component of counselor community engagement.

### 2:00 pm – 2:30 pm

Program ID #431, Rainbow Spring, Poster 1

#### Using Motivational Interviewing To Promote Change Among Offenders

30-Minute Poster Session

*Melanie M. Iarussi, Dixie F. Powers, Sarah J. Fucillo*

Motivational interviewing (MI) is a collaborative conversation style used to elicit and strengthen a person's own motivation and commitment to change (Miller & Rollnick, 2013). MI is currently being incorporated into offender rehabilitation nationwide (National Institute of Corrections, 2012). This poster will describe how MI is used with offenders and describe the presenters' current outreach work, which includes training professionals who work with offenders in MI.

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

**2:00 pm – 2:30 pm**

Program ID #432, Rainbow Spring, Poster 2

**Improving LGBT Counselor Competency Through Ally Training**

30-Minute Poster Session

*Brittany Lauren Rivers, Jacqueline Swank*

Although there is a greater prevalence of LGBT issues in conversation, counseling programs are still struggling to provide adequate training for competent treatment. University ally trainings can offer an informative supplement to coursework, may improve competency, and provide a solid foundation for counselors to seek further research on community needs and treatments. The presenters will discuss the components of ally training and the findings of a mixed-methods study examining how ally training may improve counselor competency with the LGBT populations.

**2:00 pm – 2:30 pm**

Program ID #433, Rainbow Spring, Poster 3

**Life Balance: A Validation Study of the Juhnke-Balkin Life Balance Inventory, Turkish Version**

30-Minute Poster Session

*Mehmet A. Karaman, Richard S. Balkin, Gerald A. Juhnke*

Life balance is an important concept in regards to wellness and well-being. As globalization continues to bring the world closer, it is necessary to assess the usefulness of transferring Western counseling philosophies to cultures that are very different from the West. The Juhnke-Balkin Life Balance Inventory (JBLI) was

designed to measure the life balance construct. This poster will present the adaptation of JBLI to Turkish language and culture. Results from the study and clinical use of the instrument will be presented.

**2:00 pm – 2:30 pm**

*CSJ Session*

Program ID #434, Rainbow Spring, Poster 4

**An Exploratory Study of Mexican Mental Health Professionals' Conceptualizations of Social Justice Counseling**

30-Minute Poster Session

*Elsa Sánchez-Corral*

Findings of exploratory research with Mexican counselors and psychotherapists will show the attitudes, perceptions, and behaviors about the Social Justice Model within their own clinical practices. Information gathered shows the knowledge and opinions that Mexican mental health professionals have regarding intervention strategies that go beyond the clinical traditional roles and demonstrates the resistance and fears they have in working with a social justice paradigm.

**2:00 pm – 2:30 pm**

*CSI Session*

Program ID #435, Rainbow Spring, Poster 5

**Enhancing the Community and Developing Counseling Skills Through a Youth Mentoring Program**

30-Minute Poster Session

*Rebecca Szanto, Alison Zins, Mike Leskosky, Chelsey Zoldan, Jake Protivnak, Matthew J. Paylo*

Service learning provides a variety of benefits to developing counselors. The impact of a community-based mentoring program for both clients and coun-

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selors-in-training will be discussed. Implications for counselors, such as increased counseling knowledge and skills, connection to the community, and multicultural development, will be explored as well as recommendations for community-based mentoring programs at other universities.

### **2:00 pm – 2:30 pm**

Program ID #436, Silver Spring, Poster 1

#### **A Model To Address the Needs of International Students in Counselor Education Doctoral Programs**

30-Minute Poster Session

*Hannah E. Acquaye, Hang Jo, Abdi Gungor*

With the ever-increasing number of international students attending universities in the U.S., there is a growing number of them in counselor education doctoral programs. These students are highly important given that many return home upon graduating and assist in expanding the counseling profession worldwide. The poster aims to provide information about the academic needs of international students in U.S. counselor education programs. We propose an international student “accommodation model,” which provides guidelines for ensuring students’ academic success.

### **2:00 pm – 2:30 pm**

Program ID #437, Silver Spring, Poster 2

#### **Counseling Self-Efficacy Among Graduate Students: The Significance of Personal Adjustment**

30-Minute Poster Session

*Kelly Christine Donohue, Danielle Richards, Alani Rabiano*

This poster will analyze the extent that healthy personal adjustment variables predict counseling self-efficacy among counseling graduate students. Healthy personal adjustment variables will be composed of wellness measured by the Five Factor Wellness Inventory, self-compassion measured by the Self-Compassion Scale, and mindfulness measured by the Five Facet Mindfulness Questionnaire. Counseling self-efficacy will be measured by the Counselor Self Efficacy Scale. The findings will assess the incorporation of healthy personal adjustment learning into counselor education programs.

### **2:00 pm – 2:30 pm**

Program ID #438, Silver Spring, Poster 3

#### **Implementing a Pre-K–6 Comprehensive Career and College Readiness Curriculum: Year 1**

30-Minute Poster Session

*Tristen J. Bergholtz*

This poster will discuss the importance and logistics of implementing a comprehensive career and college readiness curriculum specifically for the pre-K–sixth grade setting. Delivering such a curriculum to multiple systems and stakeholders helps compensate for students who may not have had exposure to such information at an earlier age as well as students whose nonschool environments do not adequately foster such growth. Making the connection between the world of work and academics, students are more likely to experience academic, personal, and future postsecondary success.

**2:00 pm – 2:30 pm**

Program ID #439, Silver Spring,  
Poster 4

**Coming Out in College: Results of a Phenomenological Study of Gay Men**

30-Minute Poster Session

*Adam W. Carter, Aaron S. Hymes*

This poster highlights the results of a phenomenological study of gay men who came out while in college. Campus Pride’s “State of Higher Education for LGBT People” underscores LGBT individuals as the least accepted group on college campuses when compared with other underserved populations. With respondents who identified as gay or similar most often being targets of derogatory remarks (66%), it led the researcher to wonder why—or even how—a male college student would come out as gay while in college?

**2:00 pm – 2:30 pm**

Program ID #440, Silver Spring,  
Poster 5

**A Secure Base and a Trustworthy Confidante: Why Fathers Are Also Important in Attachment Theory**

30-Minute Poster Session

*Ashley Cosentino*

According to Attachment Theory, children need both a secure base and someone they can explore with. While mothers are commonly involved in caregiving and providing emotional refuge, fathers are particularly involved in play and exploration. The role of father-child play is alleged to be critical for child development and adds to the expansion of attachment relationships. There are fluctuating amounts of commonality between the two attachment roles; however, each parent will typically offer one type or

the other. When children do not have both, they struggle throughout life.

**3:00 pm – 3:30 pm**

Program ID #441, Rainbow Spring,  
Poster 1

**Career Counseling with Juvenile Offenders: Effects on Self-Efficacy and Career Maturity**

30-Minute Poster Session

*Loretta J. Bradley*

In the U.S., more than 110,000 juvenile offenders are placed in correctional facilities each year. These offenders are at an increased risk for deficient adjustment. The purpose of the current study was to investigate the effect of a career counseling intervention on this at-risk population. Following a 12-week counseling intervention, the current study found significantly higher levels of career maturity and self-efficacy as compared to a group that did not receive the intervention. The results of this study suggest several opportunities for both practice and research.

**3:00 pm – 3:30 pm**

**ACCA Session**

Program ID #442, Rainbow Spring,  
Poster 2

**ACCA’s Community College Survey: Research, Trends, and Challenges for Community College Counselors**

30-Minute Poster Session

*Amy M. Lenhart*

ACCA has conducted the fourth survey that is specific to community/two-year college counselors. Counselors in this setting have a unique set of concerns and dynamics that are different from their four-year counterparts, such as fewer counselors, varied and multiple responsibilities beyond the role of counselor, and fewer resources. This poster will focus

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on exploring the research, discuss emerging trends, and identify the potential challenges that community college counselors face.

### **3:00 pm – 3:30 pm**

#### *ACES Session*

Program ID #443, Rainbow Spring, Poster 3

#### **Getting Involved: Leadership and Service Guide for Graduate Students**

30-Minute Poster Session

*Nedeljko Golubovic, Pamela Wells, Farhana Sabri*

Professional service plays an integral role in the development of counselors' identity. As soon as students enter a counseling program, they start hearing about the importance of "getting involved." However, students are often left with no guidance on how to accomplish this task. In this interactive session, the presenters will give a "practical guide" to help you identify, and successfully attain, a leadership and/or service position that will assist your development as a counselor.

### **3:00 pm – 3:30 pm**

#### *ADA Session*

Program ID #444, Rainbow Spring, Poster 4

#### **The Impact of Intersectionality of Identity Across the Lifespan: Implications for Counselors and Educators**

30-Minute Poster Session

*Marcela Kepicova, Amy Zavadil, Christian D. Chan*

This poster session will accentuate the Theory of Intersectionality and its effects on identity. As intersectionality relates to transitioning adults, the focus will be on emerging adults transitioning to college and the world of work, middle-aged adults

reconsidering work and family, and older adults disengaging from the workforce. Moreover, the poster will highlight issues related to privilege and oppression across and within different adult groups.

### **3:00 pm – 3:30 pm**

Program ID #445, Rainbow Spring, Poster 5

#### **Practice and Principles of Eco-Therapy: Facilitating Counselor Wellness Through Nature-Relatedness**

30-Minute Poster Session

*Megan Speciale*

Eco-wellness, or the enrichment of an individual's wellness through feelings of connectedness with the environment, has been shown to increase cognitive functioning, stress management capability, and self-acceptance. The presenters will use eco-wellness principles as a strategy of counselor self-care rooted in nature-relatedness. Attendees will gain insight into the theory and application of eco-wellness, explore the practice of eco-wellness-based counseling and supervision, and learn ways to facilitate personal self-care through nature-relatedness practice.

### **3:00 pm – 3:30 pm**

#### *NECA Session*

Program ID #446, Silver Spring, Poster 1

#### **Follow Your Inner Heroes to the Work You Love**

30-Minute Poster Session

*Kay Brawley, Carolyn Kalil*

As Bob Dylan said, "The times they are a-changin'," and so are we. Recently we've gone from typewriters to computers, phone booths to cell phones, and cassette tapes to

MP3s. Personality assessments also have moved on. Instead of a color metaphor for personality types as with the popular True Colors, a more current approach capitalizes on an “inner hero” theme. It’s time to learn how to become the hero of our own life instead of emulating outside models. That is the purpose of the new Inner Heroes system in Carolyn Kalil’s book, *Follow Your Inner Heroes™ To The Work You Love*. Free assessment provided.

**3:00 pm – 3:30 pm**

*CSI Session*

Program ID #447, Silver Spring, Poster 2

**Appalachian Counselor Advocacy Through Community Engagement in the Expressive Arts**

30-Minute Poster Session

*Mary Feamster*

Expressive Arts Therapy is the practice of using integrated creative modalities and processes to foster human growth, development, and healing. The Expressive Arts Therapy program at Appalachian State promotes counselor advocacy, professional development, and community engagement through activities, workshops, and open studios. This model offers a creative example of how counselors can advocate for the profession by involving the community in activities and events.

**3:00 pm – 3:30 pm**

Program ID #448, Silver Spring, Poster 3

**The Effect of Loving Kindness Meditation on Counselor Education Students’ Empathy Development**

30-Minute Poster Session

*Emeric Imre Csaszar*

Counselor education students often face a great deal of stress in the development of skills and knowledge as they progress through their training programs. At the same time, they are charged with developing a greater sense of empathy and compassion for others. Yet, stress can increase emotional exhaustion and subsequently decrease empathy and compassion. This poster highlights findings from a multicultural course in which the instructor integrated Loving Kindness Meditation and measured symptom distress, empathy, and stress reduction. Implications also are shared.

**3:00 pm – 3:30 pm**

Program ID #449, Silver Spring, Poster 4

**Acknowledging the Many Shades of the Latino/a Community: Skin Color, Counseling, and the Immigrant Experience**

30-Minute Poster Session

*Leah Hirsch, Janet M. Manthey*

Multiculturalism and diversity have received increasing attention in the counseling literature. A number of critical foundational publications have provided a framework and starting point that facilitates professional discourses on multiculturalism, privilege, and oppression. However, little attention has been given to within-group differences such as skin color. The unique experiences faced by many darker-skin-color individuals within minoritized ethnic groups need to be taken into account by counselors in their treatment planning and service delivery.

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### 3:00 pm – 3:30 pm

#### *CSI Session*

Program ID #450, Silver Spring,  
Poster 5

#### **Professional Advocacy: Raising the Bar of Research Competency Among Master-Level Students**

30-Minute Poster Session

*Seyma Saritoprak, Paula Britton,  
Nathan Gehlert*

This poster addresses the importance of research competency in the advocacy of professional counselors and the promotion of effective, evidenced-based practice. While prior attempts have focused primarily on training counseling doctoral students, we propose a greater focus on master-level counseling students in order to increase scientifically minded graduates. Attendees will learn innovative strategies in encouraging the application of research competency among master-level students.

### 4:00 pm – 4:30 pm

#### *IAAOC Session*

Program ID #451, Rainbow Spring,  
Poster 1

#### **Integration of LPC and Addictions Licensure: IAAOC Task Force Findings**

30-Minute Poster Session

*Keith Morgen, Geri Miller,  
Christine L. Chasek, Kristina DePue,  
Nathaniel Ivers*

An entire licensure/certification body centers on the DSM substance use disorders (SUD), a structure that exists for no other DSM disorder. While rigorous training is required to work with SUD, there must be a recalibration of training/licensure requirements that are currently burdensome. IAAOC commissioned

a task force to research the issue on a national/state scale. This poster will review findings thus far with a larger discussion presented as the keynote at the IAAOC breakfast.

### 4:00 pm – 4:30 pm

Program ID #452, Rainbow Spring,  
Poster 2

#### **Value of Cognitive Ability Assessment in Informing an Interest-Based Career Trajectory**

30-Minute Poster Session

*Jennifer Falkoski*

This poster reviews applied research conducted during a pilot program to promote insight into how three constructs related to career guidance—namely, cognitive ability, interests, and coping—are most effectively integrated to inform the career trajectories of adolescent and young adult clients. Information on the best way to assess cognitive ability so the results can be applied most effectively to job analysis research is provided, as well as how to use results from cognitive ability assessment to address distorted perceptions of low academic self-efficacy.

### 4:00 pm – 4:30 pm

#### *ACAC Session*

Program ID #453, Rainbow Spring,  
Poster 3

#### **ACAC Presents: Mental Health Counseling in the Schools, a Must!**

30-Minute Poster Session

*Elsa M. Leggett*

This poster will focus on providing mental health counseling in schools. Data on need will be furnished. Research on “best practices” will be provided as well as formats and strategies for getting mental health counseling implemented. Also

included in this session will be the importance of professional advocacy for providing counseling services for children and adolescents in schools.

### 4:00 pm – 4:30 pm

Program ID #454, Rainbow Spring, Poster 4

#### Spirituality Salience as a Predictor of the Valance of Attitudes Toward Persons with Disabilities

30-Minute Poster Session

*Daniel Luke Fioramonti, Deborah Ebener*

The purpose of this poster is to offer information on findings concerning the association between spirituality salience and the nature of attitudes toward persons with disabilities. These findings may serve as a foundation upon which rehabilitation psychologists can study causal links between spirituality salience and attitude formation, and ultimately, it may indicate new directions along which to devise attitude-modifying interventions that can ultimately lead to a better quality of life for persons with disabilities.

### 4:00 pm – 4:30 pm

Program ID #455, Rainbow Spring, Poster 5

#### Examining the Multicultural Counseling Competency and Self-Awareness of Counselor Trainees and Professionals

30-Minute Poster Session

*Elliot E. Isom, Carrie Hemmings, Steven Wright*

The U.S. continues to undergo a population shift in cultural, racial, and economic demographics. Multicultural counseling competency (MCC)—one's ability to counsel diverse populations—remains the standard for ethical practice. Despite MCC's

role in counseling, how one acquires the ability still remains unclear.

Some theorize self-awareness as a pretext for developing multicultural counseling abilities. The poster will present research data, examining the multicultural competency and self-awareness among counseling students and professionals.

### 4:00 pm – 4:30 pm

Program ID #456, Silver Spring, Poster 1

#### The Positive Potential and Ethical/Legal Challenges of Social Media Use in Counseling and Counselor Education

30-Minute Poster Session

*David D. Hof, Sara Klingelhofer*

This poster will discuss the ways that counselor educators can use social media to enhance recruitment, instruction, extracurricular student contact, and alumni connections, as well as the ethical use of social media in clinical practice as articulated in the 2014 Code of Ethics update. Privacy, confidentiality, informed consent, boundaries, copyright, liability, and free speech issues are outlined, as well as a proposed social media policy to assure ethical use of this potent tool. The session also will provide ways that social media can be used to unify the counseling profession both nationally and globally.

### 4:00 pm – 4:30 pm

#### CSI Session

Program ID #457, Silver Spring, Poster 2

#### Lighting the Way: Shining a Spotlight on Suicide Prevention Through Advocacy

30-Minute Poster Session

*Kendra Jackson, Megan Dean, Christine Bhat*

Suicide is a mental health imperative

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that requires concerted advocacy. Counselors are uniquely positioned to lead the way with suicide prevention. In university settings, effective advocacy targets both the university and the wider community. This poster showcases initiatives of the Alpha Chapter of Chi Sigma Iota, focusing on educating about myths and stigma of suicide, highlighting the links between depression and suicide and how counselors can help, and developing a community of care and support.

### **4:00 pm – 4:30 pm**

Program ID #458, Silver Spring, Poster 3

#### **The Influence of Counseling and Social Support on Depression in Mothers of Fragile Families**

30-Minute Poster Session

*Megan Delaney*

Using longitudinal data from the Fragile Families and Child Wellbeing Study ( $n = 3,325$ ), the researcher explored the relationship of mental health counseling and social support on depression in mothers of fragile families (those unmarried at the birth of their child). Demographic variables as well as depression (measured by the CIDI-SF), use of mental health counseling, and access to social support were examined over two waves of data to create predictor models for future depression. Findings, implications for counselors and counselor educators, and future research will be discussed.

### **4:00 pm – 4:30 pm**

*CSI Session*

Program ID #459, Silver Spring, Poster 4

#### **What Does the Public Know About**

#### **Professional Counseling? A Study of Public Perception of Counselors**

30-Minute Poster Session

*Bailey MacLeod, James McMullen*

Following the 20/20 counseling initiative, there has been a call to better address professional identity, improve public perception, and increase recognition of the field in order to advocate for professional issues. This poster will review the survey results of 300 participants from 43 states about their perception of professional counseling, mental health, and their preferences for services. Implications for counselors' advocacy efforts and initiatives will be provided based on the results.

### **4:00 pm – 4:30 pm**

Program ID #460, Silver Spring, Poster 5

#### **Self-Perception of the Functionality and Alcohol Use Among Elderly Puerto Rican Females**

30-Minute Poster Session

*Ruth N. Mercado-Cruz*

This presentation will contribute to the knowledge of the cultural characteristics and psychosocial aspects of older Puerto Rican females regarding their alcohol use to promote better outcomes. This presentation will address some suggestions for finding a balance between alcohol use and function in order to prevent disabilities. In spite of the hidden epidemic of alcohol misuse, the various roles of counselors working with older people continue to develop; indeed, there are some isolated but promising projects within the community and in health settings.

**Saturday, March 14**

**11:00 am – 11:30 am**

*IAAOC Session*

Program ID #501, Rainbow Spring, Poster 1

**Correctional Counselor Burnout and Implications**

30-Minute Poster Session

*Paul A. Carrola*

The purpose of this study is to better understand the experience of correctional counselors and how it compares to counselors in other settings. The Counselor Burnout Inventory was used as the outcome measure comparing burnout levels among correctional counselors in this study to burnout among counselors who work in noncorrectional. The results provide a basis to argue that counselors who work in corrections necessitate increased support and resources to address their experiences of burnout.

**11:00 am – 11:30 am**

*NCDA Session*

Program ID #502, Rainbow Spring, Poster 2

**Discover Your APptitude: Exploring New Technologies To Enhance Counseling Service**

30-Minute Poster Session

*Anastasia M. Cantonis, Julia F. Kronholz, J. Tyler Finklea, Deb S. Osborn*

Do you have a tablet, but aren't sure how you might use it in the counseling session? You know there are apps "out there"—but how might you use them with your clients? Stop by this high-tech, high-touch poster session to see and experience several apps and tools focusing on mental health and career counseling

that have the potential to enhance your counseling service with today's techno-savvy client.

**11:00 am – 11:30 am**

*ACCA Session*

Program ID #503, Rainbow Spring, Poster 3

**10 Years of the Gallagher College Counseling Center Survey: A Look at the Past, Present, and Future**

30-Minute Poster Session

*Perry C. Francis*

The Gallagher Survey of College Counseling Centers and Directors has been running for more than 20 years. This is the last year that the survey will be completed. Using the past 10 years, this poster session will trace the major issues that have shaped college counseling today and offer suggestions on future trends and challenges facing this profession and service.

**11:00 am – 11:30 am**

Program ID #504, Rainbow Spring, Poster 4

**Power-Based Personal Violence: A 20-Year Content Analysis of ACA Journals To Inform Practice**

30-Minute Poster Session

*Abigail Holland Conley, Catherine Lamb Griffith, Sejal Barden*

Intimate partner violence, sexual violence, and stalking are pervasive in the U.S., and the effects that this type of power-based personal violence (PBPV) has on mental health can be devastating. There is no consensus on the most effective approach in counseling survivors. And yet, competency in counseling survivors of PBPV is directly tied to CACREP standards. Therefore a content analysis of ACA journals was performed to evaluate the existing literature on PBPV. An

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analysis of major findings, gaps in the literature, and recommendations for future research will be presented in this poster.

### **11:00 am – 11:30 am**

Program ID #505, Rainbow Spring, Poster 5

#### **Incorporating Post-Traumatic Growth Techniques When Addressing Race-Based Trauma in African-American Men**

30-Minute Poster Session

*Amanda M. Evans, Kristine Ramsay, Todd Prater, Patrick Murphy*

Race-based discrimination, as it relates to mental health, can be separated into three categories: (a) institutional racism, (b) racism that impacts one's identity, and (c) internalized racism (Williams & Williams-Morris, 2000). This poster addresses all three categories of racism and conceptualizes negative racial experiences as traumatic. Focusing exclusively on African-American men, this poster incorporates Post-Traumatic Growth, a resiliency-based intervention, in counseling African-American men who report race-based trauma.

### **11:00 am – 11:30 am**

*ASERVIC Session*

Program ID #506, Silver Spring, Poster 1

#### **When Clients Disclose Experiences of Child Sexual Abuse: What Are the Ethical and Legal Implications?**

30-Minute Poster Session

*Kristina M. Nelson*

As counselors face the possibility of encountering a client who discloses having experienced child sexual abuse, we must be prepared to appropriately address such situations in accordance with the ACA Code

of Ethics as well as state and federal laws. Given the delicate nature of abuse disclosures, counselors must pay attention to their actions—ensuring client safety, while also working to maintain the therapeutic alliance. This session offers valuable information to guide counselors through the process of appropriately addressing client disclosures of abuse.

### **11:00 am – 11:30 am**

*CSI Session*

Program ID #507, Silver Spring, Poster 2

#### **Live Well: Promoting the Virtues of Wellness in the Communities Counselors Serve**

30-Minute Poster Session

*Jeff Cline, Jennifer Park*

Wellness and strengths-based approaches to client care serve as the principal paradigm for the theory and practice of counseling, yet remain underidentified within the mental health profession and broader society. This informative poster session will highlight the empirical validity of holistic wellness methodologies, provide strategies for developing psycho-educational resources, and promote professional counselor identity in the communities in which counselors serve.

### **11:00 am – 11:30 am**

Program ID #508, Silver Spring, Poster 3

#### **A Grounded Theory Study of Theoretical Orientation Development in Counselors-in-Training**

30-Minute Poster Session

*Courtney E. Allen, Sondra Smith-Adcock*

Counseling from a grounded theoretical framework increases counselor confidence, lends

accountability, fosters critical thinking, and sharpens case conceptualization. However, there is a paucity of research examining theoretical orientation development. The current Constructivist Grounded Theory study examines this process from the perspective of counselors-in-preparation and presents a substantive model. Implications for teaching and supervision are discussed, and strategies for fostering theoretical orientation development are offered.

### 11:00 am – 11:30 am

Program ID #509, Silver Spring,  
Poster 4

#### *“What Do You Mean You Are Gay?” Messages That Christian Parents Hear When LGBT Youth Are Coming Out*

30-Minute Poster Session

*Olga Zaporozhets, Dara Houp,  
Christine Baker*

This poster will report the results of a study that included an analysis of about 200 interviews with Christian parents of LGBT youth and young adults. The poster will discuss meaning that parents derive from communication with their LGBT children during their coming out. Thematic analysis suggested several themes. The presenters will identify primary parental concerns that counselors need to attend to when helping Christian parents of LGBT youth. Specific recommendations will be made to counselors about building rapport with Christian parents based on the research findings.

#### **We want to know what you think!**

Visit the kiosks in the main foyer to complete a conference survey.

### 11:00 am – 11:30 am

#### *CSI Session*

Program ID #510, Silver Spring,  
Poster 5

#### *A Seat at the Table: Resolving Micro-Aggression Conflicts for Transgender Persons Using Social Media*

30-Minute Poster Session

*Stacy Speedlin, Yuliya Zholu, Joe Avera,  
Mercedes Vaughn, Ashley Prado*

In this poster presentation the presenters will (a) define transgender as a construct and transgender culture, (b) define micro-aggression and examine how micro-aggressions affect transgender persons, (c) discuss the impact of social media on transgender persons' well-being, and (d) propose some possible methods that can be used to effect these micro-changes to influence inclusion.

### 12:00 pm – 12:30 pm

Program ID #511, Rainbow Spring,  
Poster 1

#### *Implementing Transitional Mentoring Programs Within Correctional Facilities To Reduce Recidivism Rates*

30-Minute Poster Session

*Bethany Ashton Lanier, Steven Wright*

Historically, inmates return to the communities from which they are sentenced, generally to live with family members, attempt to find a job, and successfully avoid future criminality. The environment to which they return is drastically different from the one they left concerning the availability of jobs, family support, community resources, and willingness to assist ex-offenders. To succeed, inmates need an individualized transition plan that begins during incarceration and continues after release.

## 12:00 pm – 12:30 pm

Program ID #512, Rainbow Spring, Poster 2

### Self-Efficacy Beliefs of Internationally Adopted Adolescents

30-Minute Poster Session

*JoLynne Reynolds, Taryn Campbell*

This poster summarizes the results of research conducted with 622 bicultural/biracial internationally adopted adolescents in their perceptions of personal self-efficacy. Significant differences were found in self-reports of self-efficacy among different cultural groups of teens who participated in the This is Me™ program, an identity development workshop for adolescents. Significant differences also were found between adopted and non-adopted teens who participated in the program.

## 12:00 pm – 12:30 pm

Program ID #513, Rainbow Spring, Poster 3

### Title IX and the Clery Act: Ethical, Instructional, and Policy Challenges for Counselors and Counselor Educators

30-Minute Poster Session

*Douglas R. Tillman, Hannah Vontz, David D. Hof*

Counseling centers and counselor education programs on university campuses are directly impacted by Title IX and the Clery Act's mandatory reporting requirements. Balancing reporting requirements with ethical expectations for informed consent and confidentiality presents challenges in didactic and clinical coursework as well as counseling center/clinic practice. Finding a balance that protects student/client privacy rights involves proactive advocacy with university officials to establish policies specific

to counselor education. A sample policy will be presented.

## 12:00 pm – 12:30 pm

Program ID #514, Rainbow Spring, Poster 4

### Risk and Resiliency: The Prevention and Aftermath of School Violence

30-Minute Poster Session

*Laura A. Smith, Mark Lepore*

The increasing prevalence of incidents of school violence has illuminated the need for a better understanding of the risk and resiliency factors that predict outcomes for students, teachers, school administrators, first responders, and adjacent school communities. Specifically, this poster will explore vicarious and secondary traumatization after an incident of school violence and possible treatment strategies for affected individuals. A public health model will be introduced with the goal of preventing incidents of mass school violence.

## 12:00 pm – 12:30 pm

Program ID #515, Rainbow Spring, Poster 5

### Integrating the Wellness Model in Counselor Training in the Czech Republic: A Phenomenological Study

30-Minute Poster Session

*Charles J. Jacob, Gregory Roth*

This poster expounds on continuing research examining counseling in the Czech Republic. The contrast between non-Western/wellness approaches in the Czech Republic and the endorsed model in the U.S. is explored, with a focus on integration of the wellness model despite potential barriers related to existing social norms. Findings of a phenomenological study examining the experiences of Czech students will be reviewed.

**12:00 pm – 12:30 pm**

*ARCA Session*

Program ID #516, Silver Spring,  
Poster 1

**Recruiting African-American Students  
in Rehabilitation Counseling Programs:  
An HBCU Perspective**

30-Minute Poster Session

*Tyra Turner Whittaker, L'Tanya  
Fish, Pamela Siobohn Moye,  
Melanie K. Marshall*

Recruiting African-American rehabilitation counseling professionals is becoming increasingly critical given the graying of the profession and the diversity of consumers with disabilities. Historically Black Colleges and Universities (HBCUs) have experienced a proliferation of rehabilitation counseling programs that boast significant enrollment rates. This session explores culturally specific strategies used to recruit African-American students into rehabilitation counseling programs.

**12:00 pm – 12:30 pm**

Program ID #517, Silver Spring,  
Poster 2

**Does Intuition Exist? A Task Analysis  
of 40 Expert Counselors**

30-Minute Poster Session

*Jesse Fox, W. Bryce Hagedorn,  
Jessica Haas*

Intuition is a controversial concept in counseling. Critics stress its ambiguity and its esoteric qualities while many counselors continue to report that their intuition is critical to the work they do. This study examined 40 expert counselors' intuitive decisions based upon their perceptions of brief segments of actual client sessions. The results suggested that intuition does exist

and is substantially uniform within experts despite adhering to differing schools of counseling theory. The implications for counseling practice in light of the findings will be discussed.

**12:00 pm – 12:30 pm**

*CSI Session*

Program ID #518, Silver Spring,  
Poster 3

**Using the CSI Counselors' Bookshelf to  
Support Professional Identity and Advocacy**

30-Minute Poster Session

*Vanessa Doran, Robyn Hale, Jarrett  
Evans, Nicole Adamson Stargell,  
Jeffrey Warren*

The Chi Sigma Iota Counselors' Bookshelf is an interactive electronic forum that fosters professional identity and advocacy by offering peer-reviewed reviews of books and media applicable to the counseling profession. This poster explains how the bookshelf is used to support the professional identity of counselors, and as a resource in professional advocacy efforts. Counselors working in a variety of settings, including counselor educators, will find this poster informative and enlightening.

**12:00 pm – 12:30 pm**

Program ID #519, Silver Spring,  
Poster 4

**Young Adults Seeking Help from Health  
and Mental-Health Professionals, Mystics,  
and Religious Authorities**

30-Minute Poster Session

*Sima Amram-Vaknin*

The present research, based on the reports of 1,212 Israeli young adults, investigated major aspects of seeking help from health and mental-health professionals, mystics, and religious authorities. The research examined

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aspects of the decision-making processes that characterize turning for help to each of these providers, including the considerations, difficulties, and indecisions involved. A special focus was given to the contribution of gender, religiosity, and cultural background as well as to specific psychological characteristics of the participants.

### **12:00 pm – 12:30 pm**

#### *CSI Session*

Program ID #520, Silver Spring, Poster 5

#### **Fostering Professional Counseling Competencies Through Social Justice, Advocacy, and Multicultural Awareness**

30-Minute Poster Session

*Christian D. Chan, Ellie Hoptman, Matthew Mueller, Meegan Tiffany, Jennie Whitlock*

This poster will stress the importance of social justice, advocacy, and multiculturalism as competencies in the counseling profession. Encouraging these values reinforces the counseling profession with its own distinct approach as a helping profession. Structuring our counseling approaches around the values of social justice, advocacy, and multiculturalism will continue to strengthen the professional identity of counselors and their contribution to working with clients.

### **1:00 pm – 1:30 pm**

Program ID #521, Rainbow Spring, Poster 1

#### **Exploring Substance Use Treatment Seeking Among Older Drug Users: Implications for Practice**

30-Minute Poster Session

*Yin Luo*

Substance use concerns among older adults are common but are largely

ignored. The current study aimed to explore the effects of the prevalence and correlates of different substance use treatments across different drugs of choice among older drug users. A multivariate analysis will be used to discern these relationships. Findings can inform clinical practice by helping clinicians better understand the types of substance use treatment that older drug users are more likely to seek, thereby helping clinicians develop potentially useful protocols for referring.

### **1:00 pm – 1:30 pm**

#### *AMCD Session*

Program ID #522, Rainbow Spring, Poster 2

#### **Mentoring Graduate Students and New Professionals of Color: Lessons Learned from the Latino Network**

30-Minute Poster Session

*Luis Antonio Tosado, Syntia D. Santos Figueroa, Katherine Mejia*

This poster provides an overview of LATNET's 2013-2014 mentoring program, a program designed to mentor Latina/o graduate students and Latina/o new professionals. The poster will highlight pros and cons provided by mentees and mentors who participated in the program. Implications related to mentoring graduate students of color and new professionals will be addressed.

### **1:00 pm – 1:30 pm**

Program ID #523, Rainbow Spring, Poster 3

#### **Multicultural Considerations in Infertility Counseling**

30-Minute Poster Session

*Ebru Buluc-Halper*

Infertility affects 15% of the world's populations. It has pervasive social

and psychological consequences. Over the past few decades, more research has been dedicated to the biomedical causes and treatment of infertility and the psychological impact of the experience. Less attention is given to counseling implications. Outlining key topics of exploration and discussion with infertile clients through the prism of multiculturalism will provide a reliable guideline for mental health counselors as they encounter more culturally diverse individuals within their practices.

### 1:00 pm – 1:30 pm

#### *ACEG Session*

Program ID #524, Rainbow Spring, Poster 4

#### **Left Behind: Army Wives' Afghanistan Deployment Experiences**

30-Minute Poster Session

*Jennifer Sztalkoper, Benjamin V. Noah*  
Army wives describe their personal experiences during an Afghanistan spousal deployment and the supports that they use in order to cope during the spousal separation.

### 1:00 pm – 1:30 pm

Program ID #525, Rainbow Spring, Poster 5

#### **Effective Supervision: A Cross-Cultural Study of Supervision Leading to Increased Counseling Self-Efficacy**

30-Minute Poster Session

*Blake Sandusky, Suhyun Suh, Dedrick Ford, Stephanie Carroll*

The presenters will discuss the outcomes of research from a cross-cultural study on the importance of supervision style on counseling self-efficacy between American and Korean counseling trainees. Supervisors with trainees from various cultures will gain knowledge

of various supervision styles and the importance of supervision style on trainees' self-efficacy. Counselors-in-training will gain knowledge on the importance of counseling self-efficacy as well as the importance of supervision style on their own development.

### 1:00 pm – 1:30 pm

Program ID #526, Silver Spring, Poster 1

#### **Connecting Rural Mental Health Workers Through Online Peer Supervision and Consultation: A Pilot Study**

30-Minute Poster Session

*Lauren Paulson, William Casile*

Rural mental health workers are faced with several unique challenges and need to collaborate to ensure competencies, facilitate development, reduce feelings of isolation, and ensure ethical practice. However, finding and accessing continuing education and support is frequently a challenge. The purpose of this poster session is to review the quantitative and qualitative findings from an online peer supervision and consultation pilot project. Suggestions for replication and further study will be reviewed.

### 1:00 pm – 1:30 pm

Program ID #527, Silver Spring, Poster 2

#### **Engaging Society, Growing the Self: The Impact of Participating in a Mentoring-Based Youth Conference on Women**

30-Minute Poster Session

*Stacey L. Karpen, Andrew J. Campbell*

The Model World Conference on the Rights of Women and Girls brings together diverse urban high school students with university undergraduate and graduate mentors

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in a full-day conference to explore the lives of women and girls worldwide. Researchers studied whether participation in the conference had an impact on hope, self-efficacy, civic engagement, empathy, and educational aspirations for high school students. Results showed a statistically significant increase in hope, self-efficacy, and educational aspiration. Conclusions and research limitations will be discussed.

### **1:00 pm – 1:30 pm**

Program ID #528, Silver Spring,  
Poster 3

#### **Breath Assessment in Counseling: What, Why, and How?**

30-Minute Poster Session

*Jamie E. Crockett*

The presenter will provide a brief overview of the current literature on the mind-body connection with a focus on breathing, wellness, and symptoms of psychological distress. Attendees will learn about the what, why, and how of assessing for healthy versus dysfunctional breathing patterns as a first step toward integrating breath-based approaches in clinical practice. The presenter will provide information about visual assessment, self-assessment, and free-access paper-and-pencil instruments that have been empirically shown to be both valid and reliable.

### **1:00 pm – 1:30 pm**

Program ID #529, Silver Spring,  
Poster 4

#### **Relationship Enhancement for Adults with Autism Spectrum Disorder Interested in Romantic Relationships**

30-Minute Poster Session

*Ali Cunningham*

Adults with autism spectrum

disorders face challenges in social relationships, including romantic relationships. Healthy romantic relationships yield physical and mental health benefits important to quality of life. Social skills, empathy, and social support were measured pre- and post-intervention within and between groups. Both groups significantly improved in social skills and empathy. Differences in social support did not reach significance. The results support the use of Relationship Enhancement® to increase social skills and empathy among this population.

### **1:00 pm – 1:30 pm**

#### **CSI Session**

Program ID #530, Silver Spring,  
Poster 5

#### **Military Sexual Trauma: Informed Advocacy in Caring for America's Veterans and Survivors of Sexual Misconduct**

30-Minute Poster Session

*Elizabeth Sherr, Jody Huntington*

The poster will highlight how MST differs from other sexual traumas, general symptoms, obstacles (military mindset and loyalty) and resources for therapists to gain a better understanding as it relates to post-traumatic stress disorder, and services and advocacy available to veterans and service members. The poster will also include a literature review.

### **2:00 pm – 2:30 pm**

Program ID #531, Rainbow Spring,  
Poster 1

#### **Beyond the Scoreboard: Fostering Successful Life Transitions and Identity Exploration of Collegiate Athletes**

30-Minute Poster Session

*Kristina DePue, Eric Richardson,  
Stephen Alli, Clarence Anthony Jr.*

The athletic population experiences developmental challenges that center on three transitions: not making a team, injury, and early-age retirement. Considering the high investment that college athletes put into their sport and the pressure to perform both academically and physically, what types of mental health challenges do student-athletes face? How can a multidimensional view of the self develop in a collegiate athletic environment? This poster will discuss these concepts and share a strengths-based career intervention to use with collegiate athletes.

**2:00 pm – 2:30 pm**

*AADA Session*

Program ID #532, Rainbow Spring, Poster 2

*The LifeBraid Model*

30-Minute Poster Session

*Summer M. Reiner, E. Christine Moll*

The LifeBraid Human Development Model offers a new conceptualization of adult development. The LifeBraid creates a weave of identity domains (i.e., gender, racial-cultural, career and leisure, family and nurturing, sexuality, and spirituality) within the dimensions (i.e., physical, cognitive, and social) of human development. Historical and marker moments in life are highlighted as crossover events that impact the braid and often lead to an experience of recycling of developmental processes.

**2:00 pm – 2:30 pm**

*ACC Session*

Program ID #533, Rainbow Spring, Poster 3

*Nature-Based Child-Centered Play Therapy: Creatively Using Play in Nature*

30-Minute Poster Session

*Jacqueline Swank, SangMin Shin, Carla Cabrita, Chris Cheung, Brittany Rivers*

Play is a child's language and nature is a child's playground. This session focuses on the integration of child-centered play therapy within the natural environment, called nature-based child-centered play therapy. The presenters will discuss the key components of this approach and discuss the findings from a single-case research design study examining the effectiveness of this intervention with children.

**2:00 pm – 2:30 pm**

*AMHCA Session*

Program ID #534, Rainbow Spring, Poster 4

*Hegemonic Masculinity, Depression, and Its Impact on Couples: Tools for Growing Emotional Intimacy*

30-Minute Poster Session

*Jason Southall Orrock, Ashley Pittman*

This poster will discuss the influence that hegemonic masculinity and male depression have on the satisfaction of heterosexual couples. The presenters will share the results of a current quantitative study in addition to providing counselors with tools to help males manage emotional restriction and depression while increasing their ability to be vulnerable and emotionally intimate with their partner.

**2:00 pm – 2:30 pm**

Program ID #535, Rainbow Spring, Poster 5

*Too Close for Comfort: The Experience of Countertransference During Internship*

30-Minute Poster Session

*Jessica Burkholder, Stephen Marks, Leanice Smith*

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Countertransference can be challenging to the trainee and significant to the counseling process. How are we preparing students to deal with countertransference? How are we helping them address it in supervision? This session addresses countertransference from the perspective of interns and reports on the qualitative analysis of 15 interviews of interns from five programs. Implications for training and supervision drawn from this research will be presented.

### **2:00 pm – 2:30 pm**

Program ID #536, Silver Spring, Poster 1

#### **Conversations of Privilege and Power: Reflections of Malaysian Counselors-in-Training**

30-Minute Poster Session

*Deborah L. McGriff*

The purpose of this study is to add the voices of international counselors-in-training to a larger conversation in the counselor education field regarding issues of privilege, power, and oppression and how these issues impact us as practitioners. Students in a multicultural counseling course from a major university in Malaysia were invited to participate in a writing activity modeled from the narrative project from the Dulwich Centre, Adeline, Australia. Preliminary results of narratives created by the students will be discussed.

### **2:00 pm – 2:30 pm**

Program ID #537, Silver Spring, Poster 2

#### **A Comparison of Addiction Counseling Standards, Competencies, and Curricula in CACREP-Accredited Programs**

30-Minute Poster Session

*Christine L. Chasek, Sara W. Ramsay, Victoria Mexcur*

Employment opportunities for counselors who treat addictions are expected to grow by 27%. This growing need has implications for counselor education programs; however, there are no uniform national addiction counseling standards to guide programs in developing training curricula. This poster will present the results of a survey of CACREP programs, with a sample curriculum plan to outline steps to be taken to include addiction counseling competencies into the curriculum of counselor education programs.

### **2:00 pm – 2:30 pm**

Program ID #538, Silver Spring, Poster 3

#### **College Student Transition: Influence of School Counselor Services on Adjustment and Well-Being**

30-Minute Poster Session

*Jonathan Ohrt, Lindsay Webster*

Multiple nonacademic factors (e.g., affectivity, adjustment) affect college students' ability to persist in their education. Professional school counselors are responsible for preparing all students to successfully transition to postsecondary education. The purpose of this exploratory study was to investigate the relationship between high school counselor services (academic, career, and personal/social) and college students' well-being and adjustment. The presenters will discuss implications for professional school counselors, counselor educators, and future research.

**2:00 pm – 2:30 pm**

*CSI Session*

Program ID #539, Silver Spring, Poster 4

**Fostering Relational Leadership Development in Counselor Education**

30-Minute Poster Session

*Marlise Lonn, Angelica Tello*

Chi Sigma Iota (CSI) chapters, as part of the preparation program experience, can provide opportunities for students to learn valuable leadership skills. This poster presentation will provide reflections and lessons learned from past and current leaders and advisors of one CSI chapter. They will provide their thoughts on how CSI chapters can incorporate activities that would provide opportunities to facilitate counselor leadership identity development.

**2:00 pm – 2:30 pm**

Program ID #540, Silver Spring, Poster 5

**The Dynamic Model of Counseling Leadership: Understanding Leadership Within the Profession of Counseling**

30-Minute Poster Session

*Lindsey K. Umstead*

This poster presents a theory of counseling leadership derived from a content analysis of leadership literature. Leadership is an underappreciated concept in counseling, but attendees will learn what the theory means and how to use leadership effectively as practitioners, supervisors, administrators, educators, and advocates. This poster will highlight how counselors can use leadership to effect change with clients, colleagues, communities, the counseling profession, and social/political systems.

**3:00 pm – 3:30 pm**

*NECA Session*

Program ID #541, Rainbow Spring, Poster 1

**Global Career Development Facilitator — Why Get Certified?**

30-Minute Poster Session

*Michael Lazarchick, Kay Brawley, Andree M. Sutton*

Working Ahead, Moving Forward™, now in its fifth year of ongoing development, is a fully online, state-of-the-Art, solution-focused training that is approved by the Center for Credentialing & Education for those desiring to become GCDF certified. Find out why you might want to be certified. Consider becoming an online instructor.

**3:00 pm – 3:30 pm**

Program ID #542, Rainbow Spring, Poster 2

**Current Trends and Effective Counseling Practices for At-Risk Youth in Residential and Outpatient Settings**

30-Minute Poster Session

*David A. Scott, Adair Black*

The struggles of at-risk youth are very real. Treatment options consist of a wide range of interventions including outpatient, inpatient, and community-based services (therapeutic group homes, foster care, and in-home preservation services). This poster examines two possible treatment modalities, a multisystemic outpatient program and a residential program. Attendees will be provided with data from current research as to effective (and evidence-based) treatment modalities that counselors can use when working with at-risk youth and their families.

## 3:00 pm – 3:30 pm

### AARC Session

Program ID #543, Rainbow Spring,  
Poster 3

### Empirically Supported Model and Measure of the Process of Clients' Work Through Forgiveness and Conflict

30-Minute Poster Session

*Michelle Perepiczka, Richard S. Balkin, Shaun Michelle Sowell, Kish Cumi*

The Forgiveness-Reconciliation Model (FRM) outlines a process of working with clients who struggle with issues related to forgiveness and conflict. The presenters will describe how the FRM was empirically supported by statistical modeling with the Forgiveness Reconciliation Inventory and goes beyond the theoretical forgiveness models currently available. The presenters will explain how to implement this unique research-based forgiveness model and forgiveness measurement tool into counseling practice.

## 3:00 pm – 3:30 pm

Program ID #544, Rainbow Spring,  
Poster 4

### The Influence of Specialization-Specific Supervision on School Counselor Training

30-Minute Poster Session

*Reshelle Catherine Marino*

Research was conducted to evaluate the influence of specialization-specific supervision on school counselors' perceptions of their preparedness, professional identity, and perceived supervisor effectiveness. The results will indicate how specialization-specific supervision influences the perceptions of school counselors in an effort to enhance and standardize school counselor preparedness, professional identity, and supervisor

effectiveness while advancing school counseling research, theory, and practice as an avenue for enhanced preparation of school counseling trainees and practitioners.

## 3:00 pm – 3:30 pm

Program ID #545, Rainbow Spring,  
Poster 5

### The Need for Gender- and Age-Responsive Substance Abuse Treatment for Adolescents

30-Minute Poster Session

*Christopher Wing-Yan Cheung, Yi-Wen Su, Sunni S. Lutton, Taneshia Greenidge, Huzeyfe Cakmakci*

Substance abuse treatment has become more comprehensive in recent years and counseling remains one of the more important factor in the recovery process. In this session, you will learn about the challenges that are unique to both male and female adolescents with substance use disorder. There is a general lack of gender- and age-responsive approaches in treating clients in many substance treatment facilities. Learners will be challenged to meet the needs of this specific group within the substance abuse population.

## 3:00 pm – 3:30 pm

Program ID #546, Silver Spring,  
Poster 1

### International Professional Counseling Identity: To Be or Not To Be?

30-Minute Poster Session

*Karena Jacqueline Heyward, Eleni Maria Honderich, Jessica Lloyd-Hazlett, Charles "Rick" Gressard*

As the counseling profession continues to grow internationally, research is warranted on how to create a unified professional identity. Unification does not

equate a strict identity of the “right way” but instead builds on the phenomenological similarities of the counseling profession across cultures. Research findings that interviewed professionals in various countries focused on expressing the unique identity of counseling while also conceptualizing the participants’ view of the benefits and challenges of establishing an international identity.

**3:00 pm – 3:30 pm**

*CSI Session*

Program ID #547, Silver Spring, Poster 2

**Building Counselor Identity: New Ways To Incorporate Advocacy into Supervision**

30-Minute Poster Session

*Carrie Merino, Cyrus Williams, III*

One important element of a strong counselor identity is engaging in advocacy. For many counselors there is a sense of uncertainty about how to begin working for social justice. This presentation proposes that supervision is an ideal platform for introducing and expanding counselor competencies in advocacy. This poster will introduce ways that both supervisors and supervisees can address advocacy and social justice within supervision.

**3:00 pm – 3:30 pm**

Program ID #548, Silver Spring, Poster 3

**Let’s Hear It from the Client: What Clients Think About Their Counselors’ Cultural Competencies**

30-Minute Poster Session

*Jessica Gonzalez*

Multicultural counseling is a driving force in the counseling profession. The discussion of cultural competencies is often had between counselors

and academics. However, what about the client’s perspective? This poster session will discuss what the most current literature says about cultural competencies and highlight preliminary findings from an empirical study on client and counselor perspective on cultural competencies.

**3:00 pm – 3:30 pm**

Program ID #549, Silver Spring, Poster 4

**Counselor Religiosity and Spirituality: Considerations in Working With Lesbian, Gay, and Bisexual Clients**

30-Minute Poster Session

*Laura Boyd Farmer*

This poster will describe the results of a research study examining the self-perceived competency of counselors working with lesbian, gay, and bisexual (LGB) clients. The poster will focus on factors that are related to and predictive of counselor competency with the LGB population, specifically focusing on counselor religiosity and spirituality. Implications for counselor education, training, and supervision will be shared. The presenter invites feedback and discussion related to experiences with LGB counseling, counselor training, and supervision.

**3:00 pm – 3:30 pm**

*CSI Session*

Program ID #550, Silver Spring, Poster 5

**Treating Intimate Partner Violence/ Domestic Violence Beyond the Session Room: A Call for Counselor Advocacy**

30-Minute Poster Session

*Shana Lewis, Krystin Jolly, Richard Henriksen, Jr.*

This presentation will advocate for counselor involvement in the

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battle against intimate partner violence/domestic violence. It will call for counseling professionals to take steps to increase effectiveness when working with survivors of abuse in traditional and non-traditional settings, specifically emphasizing nontraditional community-based interventions outside of the counseling session room. Additionally, the use of social media as a vehicle for education and prevention will be explored.

### **4:00 pm – 4:30 pm**

#### *NCDA Session*

Program ID #551, Rainbow Spring, Poster 1

#### **Adding Career Biographies and Career Narratives to Career Interest Inventories**

30-Minute Poster Session

*Stephanie Tursic Burns*

Would you like career interest assessments to help clients create a future they are actively willing to pursue? The researcher examined whether career interest assessments would be more valuable to individuals when career biographies and writing a career narrative were added to the career interest assessment report process. This study offers a way to incorporate narratives and story to explore the self and self-in-context to activate meaning-making processes in career interest assessment reports.

### **4:00 pm – 4:30 pm**

Program ID #552, Rainbow Spring, Poster 2

#### **Clinical Interventions with Adolescents Using a Family Systems Approach**

30-Minute Poster Session

*Jered B. Kolbert, Debra Hyatt-Burkhart, Richard Joseph Behun*

This poster describes a model for

Bowen family systems theory in individual counseling with adolescents when family involvement is not possible or contraindicated, and it includes specific strategies. The poster identifies the unique contributions that Bowen family systems offer professional counselors in assisting adolescents to understand how their functioning and sense of self have been influenced by their family dynamics and role within the family.

### **4:00 pm – 4:30 pm**

Program ID #553, Rainbow Spring, Poster 3

#### **Developing Students' Multicultural Competence and Social Justice Advocacy Skills Through Service Learning**

30-Minute Poster Session

*Aida H. Midgett, Robin Hausheer*

This poster discusses a study that examined the effectiveness and curriculum placement of a service-learning project in which counselors-in-training assisted refugee families in moving toward economic and social self-sufficiency. A quasi-experimental, repeated-measures design was used to assess changes in multicultural competence and social justice advocacy skills. Results indicated an increase in multicultural knowledge and advocacy skills, with a greater change demonstrated among first-year students. Counseling and curriculum implications are discussed.

### **4:00 pm – 4:30 pm**

Program ID #554, Rainbow Spring, Poster 4

#### **Brief Counseling Interventions for Severe-Risk Drinkers: Predicting Reduction in Alcohol Consumption**

30-Minute Poster Session

*Regina R. Moro*

The WHO (2011) identified alcohol use as the eighth leading cause of death worldwide, roughly 2.5 million deaths each year. Many of these deaths are not due to the disease of addiction but are the result of traumatic injury. About 50% of individuals hospitalized from a traumatic accident had alcohol in their system when injured (ACS, 2006). This poster will examine the use of brief counseling interventions with severe-risk drinkers. The results of original research will be presented with a discussion for how professional counselors can utilize this information in their own clinical work.

**4:00 pm – 4:30 pm**

*ALGBTIC Session*

Program ID #555, Rainbow Spring, Poster 5

**Important Themes Identified in Same-Sex Relationships: Beginning the Dialogue**

30-Minute Poster Session

*Hugh C. Crethar, Tonya R. Hammer, Lawrence Richardson*

This poster will inform conference attendees on important themes identified from first-person accounts with individuals who have been in same-sex relationships. Interpretations will be made through a relational, health-oriented view of well-being. Implications for various practitioners and researchers are made regarding a gap in counseling and psychological literature.

**4:00 pm – 4:30 pm**

*ARCA Session*

Program ID #556, Silver Spring, Poster 1

**Survey of Roles and Functions in Transition Services Between Vocational Rehabilitation and Schools**

30-Minute Poster Session

*Robin E. Dock, Charlisa Sharp, Nancy D. Riddick-McClelland, Donna Hardee*

Individual planning is integral to the transition process of youth with disabilities. According to IDEA, this process is interdisciplinary and begins at least by 16 years of age. Although vocational rehabilitation counselors potentially play a vital role in the transition process, literature suggests that their participation has been limited. This study examines the perceptions and actions regarding the roles and functions of vocational rehabilitation and school personnel in the provision of transition services.

**4:00 pm – 4:30 pm**

*CSJ Session*

Program ID #557, Silver Spring, Poster 2

**Counseling, Human Rights, and Indigenous Healing: The Peruvian Experience**

30-Minute Poster Session

*Ricardo O. Sanchez, Brian Jacobs, Heather Streetman, Deborah A. McGhee*

This poster will share the social justice counseling perspective applied in the cross-cultural counseling summer program in Peru. Learn about the unique Inca-indigenous perspective to well-being, and its differences and commonalities with our Western perspective. You also will learn about the overall situation of shelters, education, and mental health organizations in remote indigenous communities around Cuzco's Sacred Valley.

**Conference Updates**

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

## 4:00 pm – 4:30 pm

### *CSI Session*

Program ID #558, Silver Spring,  
Poster 3

### **A New Model: Using a Research Team To Promote Excellence, Professional Identity and Advocacy in Counseling**

30-Minute Poster Session

*C. Peeper McDonald, Catharina Chang, Kan Guvensel, Cory Viehl, Nedeljko Golubovic, Amanda Rumsey, Tom Murphy*

Counseling professionals and students are expected to be knowledgeable about client and supervisee issues. One way that this is accomplished is by designing and implementing research projects that add to the counseling literature. Despite this expectation, there have been expressed concerns about the quality of research training in the social sciences. The purpose of this poster is to present a research team model that addresses this deficit and promotes professional identity and advocacy.

## 4:00 pm – 4:30 pm

Program ID #559, Silver Spring,  
Poster 4

### **The Professional Experiences of International Counseling Graduates Upon Return to Their Home Country**

30-Minute Poster Session

*Deborah L Duenyas*

With modern advances in global communication and travel, counselors have greater access to international perspectives on mental health, theories, techniques and scholarship. International counseling graduates have an unparalleled ability to adapt their Western training to meet the cultural beliefs, values, and norms in their home country. The voices and

perspectives of these professionals are essential to the development of counseling as a global profession. This poster session will provide data analysis of a phenomenological investigation into this topic.

## 4:00 pm – 4:30 pm

### *CSI Session*

Program ID #560, Silver Spring,  
Poster 5

### **ASAP: Advocating for Students' Academic and Professional Development**

30-Minute Poster Session

*Robin Pietzsch, Jamie Chrisman Low, Jennifer Jordan*

To celebrate CSI's 30 Years of Excellence, ASAP presents 30 excellent ways that counseling interns engage communities through professional advocacy. ASAP promotes the often-unrecognized opportunities to combine skills, intelligence, and training to engage, inform, and educate communities through professional advocacy. Counseling interns are offered a list of ideas to begin building an identity early in their career as an advocate for the profession through community engagement.

## Sunday, March 15

## 9:00 am – 9:30 am

Program ID #601, Rainbow Spring,  
Poster 1

### **Grief, Loss, and Substance Abuse: Making Sense of the Intersection of Complex Symptomology and Addiction Recovery**

30-Minute Poster Session

*Ellen Suzanne Hefner, Carrie Lynn Patterson Barto*

This session will encourage the examination of both grief and

substance abuse counseling from a different angle. Ways to meld the two together in better service to clients will be covered, as will information regarding the complex nature of both grief and substance abuse. Attendees will be inspired to examine the delicate balance between encouraging clients to delve deeper into their grief work in sessions and ensuring clients' safety and sobriety as much as possible.

**9:00 am – 9:30 am**

*AHC Session*

Program ID #602, Rainbow Spring, Poster 2

**Reflecting As If: An Encouragement-Focused Process for Helping Others and Ourselves**

30-Minute Poster Session

*Richard E. Watts*

Reflecting As If (RAI), an encouragement-focused brief counseling process, is a procedural expansion of the traditional Adlerian acting "as if" technique. RAI draws on Adlerian and constructivist perspectives, while integrating evidenced-based counseling procedures. Adlerian counseling, identified by Maslow as the first humanistic counseling approach, views encouragement as a crucial aspect of human development and wellness. RAI is an optimistic, strength-based, encouragement-focused process for helping others and ourselves.

**9:00 am – 9:30 am**

*AARC Session*

Program ID #604, Rainbow Spring, Poster 4

**Predictors of Adolescent Persistence in Counseling: Results and Implications**

30-Minute Poster Session

*Jessica M. Holm, Casey A. Barrio Minton*

Adolescence is a developmental period characterized by profound social and emotional changes. Counseling can serve as a protective factor for decreasing the long-term emotional effects. Despite this, counselors continue to struggle with high rates of attrition. The presenters will present the results of an archival study in which they developed a predictive model of adolescent persistence in counseling. Clinical implications will be discussed.

**9:00 am – 9:30 am**

Program ID #605, Rainbow Spring, Poster 5

**Investigation of Body Image Issues and Muscle Dysmorphic Disorder Tendencies Among College Students**

30-Minute Poster Session

*Sandra K. Terneus*

Muscle dysmorphic disorder is a new specifier for body dysmorphic disorder in the DSM 5. A research grant was awarded to investigate the current consensus regarding the perceptions of body image and potential muscle dysmorphia among college students. This poster session will provide an overview of muscle dysmorphia, the research results, and implications for treatment.

**9:00 am – 9:30 am**

*ACES Session*

Program ID #606, Silver Spring, Poster 1

**Supervision and Leadership for Novice Supervisors: How ACES Plays a Role**

30-Minute Poster Session

*Farhana Sabri, Pamela Wells, Nedeljko Golubovic*

This poster addresses the needs

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of novice supervisors, including doctoral students who are starting their supervision training/experience, as well as the needs of the new field supervisors. A framework is presented by incorporating the concept of leadership in the process of supervision and the standard practice for counseling supervisors, including strategies in supervision that consider the feasibility and practicality for novice supervisors. Supportive and informative materials will be provided and explained, for instance, the Supervision Interest Network by the Association for Counselor Education and Supervision, with regards to supervision and leadership for graduate students and field supervisors.

### **9:00 am – 9:30 am**

#### *ALGBTIC Session*

Program ID #607, Silver Spring, Poster 2

#### *The Association for LGBT Issues in Counseling: A 40-Year Retrospective* 30-Minute Poster Session

*Michael P. Chaney, Phyllis Mogielski-Watson, Kristopher M. Goodrich*

This poster provides the results of an ongoing archival project of the Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (ALGBTIC). Accomplishments, obstacles, and developmental milestones of ALGBTIC, in honor of its 40th anniversary, are discussed. The history and leaders of the organization, its development, and its struggle to achieve divisional status are explored. The current focus of the organization in relation to emergent issues in counseling is shared.

### **9:00 am – 9:30 am**

#### *ASERVIC Session*

Program ID #608, Silver Spring, Poster 3

#### *Connecting Across the Miles: Spiritual Integration in Distance Clinical Supervision* 30-Minute Poster Session

*Holly J. Hartwig Moorhead, Anita Neuer Colburn, Brenda Stewart*

Literature suggests increased needs for effective distance supervision strategies, along with adherence to ethical obligations (ACA Code of Ethics, 2014; NBCC Code of Ethics, 2013), to address spirituality as a multicultural competency in counseling. However, little has been written about how to competently synthesize these constructs. This session will help you identify best practices for ethically integrating spirituality, a multicultural competency, into distance supervision.

### **9:00 am – 9:30 am**

Program ID #609, Silver Spring, Poster 4

#### *The Effects of a Success Skills Group on Adolescents' Self-Regulation, Self-Esteem, and Learning Competence* 30-Minute Poster Session

*Jonathan Ohrt, Lindsay Webster*

The purpose of this study was to evaluate the effects of a Student Success Skills (Brigman, Campbell, & Webb, 2010) group counseling curriculum on adolescent students' self-regulation, self-esteem, and competence for learning. The researchers found significant increases in students' self-regulation and perceived learning competence from pretest to posttest. Additionally, they found significant increases in self-esteem from pretest to posttest

and at two-month follow-up. Implications for school counselors and future research will be discussed.

**9:00 am – 9:30 am**

*CSI Session*

Program ID #610, Silver Spring,  
Poster 5

**Enhancing Community Engagement:  
Motivational Interviewing Training  
Workshop for Professionals and Students**

30-Minute Poster Session

*Bethany Lanier, Blake Sandusky,  
Melanie Iarussi*

Iota Delta Sigma hosted a two-day workshop to train AU students, faculty, and community professionals in motivational interviewing (MI). The workshop trained participants at beginning level of competency in MI, allowing them to use this approach with the clients they serve. The impact of this workshop may be exponential if participants apply MI with their clients following the workshop. Anticipated benefits included knowledge and skill development in an evidence-based practice for participants.

**10:00 am – 10:30 am**

Program ID #611, Rainbow Spring,  
Poster 1

**Voices Within: Experiences of Men with  
Dissociative Identity Disorder**

30-Minute Poster Session

*Melissa Zeligman, Joseph Graham Jr.,  
Zachary D. Bloom, Jennifer H. Greene*

The fifth edition of the *Diagnostic and Statistical Manual of Mental Disorders* (APA, 2013), defines dissociative identity disorder (DID) as a disruption of identity characterized by two or more distinct personality traits. Research and treatment approaches have typically focused

on women with DID, due to women being diagnosed with DID at significantly higher rates than men. This poster draws directly from interviews held with men living with DID in an attempt to gain a better understanding of the experiences and clinical needs of male clients with DID.

**10:00 am – 10:30 am**

*ASGW Session*

Program ID #612, Rainbow Spring,  
Poster 2

**Dialectical Behavioral Therapy Style Groups**

30-Minute Poster Session

*Allison Spargo, Lynn Boyd*

Dialectical behavioral therapy (DBT) is a highly structured, multifaceted approach blending aspects of cognitive, behaviorism, and mindfulness training. DBT suggests inclusion in a group to reinforce skills learned in individual DBT sessions. This poster session will focus on group work using DBT. The poster will review fundamentals of DBT group work, explore challenges for group counselors who use DBT, as well as provide information on cultural and ethical considerations in DBT counseling groups.

**10:00 am – 10:30 am**

Program ID #613, Rainbow Spring,  
Poster 3

**Why Do Counselors Need To Be Altruistic?  
Using Altruistic Caring To Predict  
Counseling Competency**

30-Minute Poster Session

*Andrew W. Wood*

Altruism is often considered to be an important part of developing counselors' character. Altruistic caring has been shown to predict individuals' drive to pursue a helping profession such as counseling. The

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current study looks beyond wants and drives to pursue a helping profession to look at the ways in which altruistic caring predicts counseling skills, professional dispositions, and professional behaviors. Implications for counselor education programs will be discussed with attendees.

### **10:00 am – 10:30 am**

#### *CSI Session*

Program ID #614, Rainbow Spring, Poster 4

#### **Promoting Wellness in At-Risk Adolescent Girls: The “Girl Talk” Group**

30-Minute Poster Session

*Lauren Treacy, Helen Wilson, Tristen Bergholtz, Melissa Hansell*

Girls experience multiple life transitions as they enter middle school, including academic, physical, and social challenges. While they are in need of support and guidance, it is often challenging for counselors to build connections with girls to provide them with the support they need. This poster will describe a group counseling model for an urban, ethnically diverse group of middle school girls that is designed to provide positive support and promote their overall wellness and development.

### **10:00 am – 10:30 am**

#### *CSI Session*

Program ID #615, Rainbow Spring, Poster 5

#### **Transforming Students into Counselor-Advocates: How Advocacy Efforts Promote Students’ Professional Identity**

30-Minute Poster Session

*Matthew Fullen*

Cultivating professional identity is a key part of counseling student

development. Participation in organized legislative advocacy (a) increases students’ knowledge of key legislation, (b) involves students in direct advocacy, and (c) creates alliances with other counselors and counselor educators. Each outcome catalyzes students’ professional identity development and increases commitment to ongoing advocacy. This poster explores the impact of a recent advocacy event through this paradigm.

### **10:00 am – 10:30 am**

Program ID #617, Silver Spring, Poster 2

#### **The Best Educational Practices That Make the Most Culturally Competent Counselors**

30-Minute Poster Session

*GoEun Na*

With the ever-changing demographic landscape of the U.S., the counseling profession has focused its attention on the unique circumstances among diverse cultures and the needs of different cultural backgrounds. Professional counselors should possess multicultural counseling competence in order to effectively provide services for their clients. The purpose of this poster is to examine the counselor trainees’ perceived level of multicultural counseling competence and explore the best educational training practices to become culturally competent counselors.

### **10:00 am – 10:30 am**

Program ID #618, Silver Spring, Poster 3

#### **College Student Perceived Mental Health Stigma: The Influence on Help-Seeking Attitudes and Intentions**

30-Minute Poster Session

*Alyson Pompeo-Fargnoli*

Mental health stigma is a barrier to seeking mental health services, and the greatest among college students. Results of this quantitative study revealed that peer and campus stigma is overestimated by college students, as perceptions of peer stigma were significantly greater than actual stigma. Higher levels of perceived stigma were associated with less favorable help-seeking attitudes and intentions. Findings will supply a better understanding of stigma and help-seeking attitudes and intentions. Implications for clinical and educational use are presented.

**10:00 am – 10:30 am**

Program ID #619, Silver Spring, Poster 4

**Counseling Victims of Sexual Assault: A Five-Session Model**

30-Minute Poster Session

*Brooke Lynn Bagley, Joel Diambra*

Approximately every two minutes a person in the U.S. is sexually assaulted, resulting in shame, guilt, and self-blame. Attendees will learn about a five-session treatment model, explore facets to facilitate a therapeutic relationship, and discover impactful therapeutic tools for supporting these clients. Attendees also can discuss their own professional experiences with this population and identify ways in which to incorporate the five-session model in future client interactions.

**10:00 am – 10:30 am**

Program ID #620, Silver Spring, Poster 5

**Factors Influencing Career Choice of International Students in Counseling**

30-Minute Poster Session

*Sangmin Park*

This poster will investigate the career placement concerns and needs of international graduate students leaving the U.S. or remaining in the country. The purpose of this poster is to qualitatively explore factors influencing on international students' various career decisions. Attendees may get better understanding of what helps international counselor trainees to be successful in terms of career development.

**11:00 am – 11:30 am**

Program ID #621, Rainbow Spring, Poster 1

**Play Therapy and Neuroscience: Experiences with Integration in Residential Treatment**

30-Minute Poster Session

*Emily Donald*

Neurobiology-informed approaches are being used with children. It's important that play therapists integrate into this model and demonstrate how play therapy aligns with these approaches. This poster will help play therapists understand the unique skills they have to offer, show how child-centered play therapy aligns with a specific neurobiology-informed approach to treatment, and present the challenges to integrating into this treatment model in a psychiatric residential treatment facility for children.

**11:00 am – 11:30 am**

Program ID #622, Rainbow Spring, Poster 2

**Head Above Water: A Group Curriculum for Couples with Traumatic Brain Injuries**

30-Minute Poster Session

*Chelsea Cameron*

Due to increasing traumatic brain injuries (TBIs), a serious need exists

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for counselors who understand and are able to assist clients with a TBI and their romantic partners. A group therapy format has been shown to provide members with a sense of empowerment, increase self-efficacy, and provide a support system with validation. This poster will explore using a group curriculum fusing cognitive behavioral therapy, narrative therapy, and motivational interviewing to treat victims of TBI and their romantic partners who are experiencing psychological distress.

### **11:00 am – 11:30 am**

Program ID #623, Rainbow Spring, Poster 3

#### **Wellness Matters: Navigating the Discrepancy Between Perceived and Ideal Well-Being in Counselors**

30-Minute Poster Session

*Ashley J. Blount, Patrick R. Mullen*

In this poster, attendees will gain knowledge on healthy and unhealthy lifestyles and behaviors. Further, attendees will learn about a new wellness scale that aims at assessing counselor wellness and discrepancies between counselors' perceived wellness and counselors' actual wellness. Additionally, self-care strategies for counselors and clients will be addressed.

### **11:00 am – 11:30 am**

Program ID #624, Rainbow Spring, Poster 4

#### **Counselors on the Front Line: Social Justice Counselor Activities**

30-Minute Poster Session

*Mariaimee Gonzalez, Dixie Meyer, Erika Cameron, Stacy L. Henning*

This poster aims to provide a plethora of experiential activities for counselor and counselor educators

to utilize to provide the best social justice practice and service for clients. CACREP has communicated that the 2016 CACREP standards will include social justice and advocacy objectives; as a result, counselors learn to be an ally for their clients and stand on the front line for social change. The purpose of this poster is to provide step-by-step social justice and advocacy activities to use within a counseling curriculum/program and client sessions.

### **11:00 am – 11:30 am**

Program ID #625, Rainbow Spring, Poster 5

#### **Campus Romance and Facebook: The Lived Experiences of College Students**

30-Minute Poster Session

*Renee S. Sherrell*

As Facebook users experience more crossover between their Facebook behaviors and their offline relationships, counseling research is warranted to examine individuals' Facebook experiences and their relationship development and maintenance. This poster session will focus on a qualitative research study conducted on the lived experiences of college students regarding their Facebook usage, their intimate relationships, and their relationship satisfaction.

### **11:00 am – 11:30 am**

*CSI Session*

Program ID #626, Silver Spring, Poster 1

#### **Ethnically Diverse Women and How We Create a Strong Professional Counselor Identity. Who Are Our Mentors?**

30-Minute Poster Session

*Vanessa Teixeira, Lenese Stephens*

This poster presentation focuses on

diversity, leadership and professional identity development for counselors. This poster contains three components: challenges to being an ethnically diverse woman leader, practical strategies for becoming a leader and advocating for leadership and professional development. Students and practitioners who desire practical suggestions about leadership and professional development from the perspective of ethnically diverse women will benefit from this presentation.

**11:00 am – 11:30 am**

Program ID #627, Silver Spring, Poster 2

**Counselors' Ethical Compliance: The Real Story from a Four-State Study**

30-Minute Poster Session

*Kathie T. Erwin, Holly Hartwig Moorhead, Mark Newmeyer*

What does it take to be an ethical counselor? What happens when ethics and law collide? Counselors need to be more aware of the ethical standards promoted by professional membership (ACA) and credentialing (NBCC). This study reports the top five ethical and legal infractions of licensed counselors and interns as found in a review of four state counselor licensure boards in different geographic regions of the U.S. over a three-year period. Based on the findings, the poster will offer practical ways to improve counselor training and continuing education for ethical compliance.

**11:00 am – 11:30 am**

Program ID #628, Silver Spring, Poster 3

**The Effect of Case Conceptualization Training on Competence and Its**

**Relationship to Cognitive Complexity**

30-Minute Poster Session

*Elizabeth Smith Kelsey*

Research suggests that in order for counselors to be effective, they must be able to identify the multiple factors that influence a client's presenting problem and integrate these factors into a meaningful framework. In order for counselor-trainees to be prepared to practice competently and to maximize client outcomes, they must develop a broader understanding and explanation, called a case conceptualization, of their clients' presenting problems, personality, and systemic dynamics.

**11:00 am – 11:30 am**

Program ID #629, Silver Spring, Poster 4

**Factors That Influence Acculturation in Latino Adults**

30-Minute Poster Session

*Alejandra U. Delgado*

"Acculturation" refers to an individual's adaptation to a new culture as well as the changes of the interaction of cultures. In this poster, factors that influence the level of difficulty of adaptation in Latino adults to the United States will be discussed. As the Latino population rapidly increases in the U.S., it is important that counselors help this population to ease this process in order to prevent psychological consequences. Handouts will be available.

**Conference Updates**

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### 11:00 am – 11:30 am

Program ID #630, Silver Spring,  
Poster 5

#### Four Perspectives on Family-School Collaboration

30-Minute Poster Session

*Shannon N. McCarthy, Sandi M.  
Logan, Dayna M. Watson*

School counselors have long been expected to enact certain roles in working with students' families. A typology is presented categorizing these distinctive perspectives on school counselor involvement with students' families, traditional problem-solving, family relationship building, addressing community needs, and community development. By understanding these perspectives, school counselors can better address the needs of their students and families.

### 12:00 pm – 12:30 pm

Program ID #631, Rainbow Spring,  
Poster 1

#### Addicted to Internet Gaming: A Case Study

30-Minute Poster Session

*Charles Carrington, Kristy Carlisle*

The poster will present data collected from individual interviews and reflective journal entries of a self-identified Internet gaming addict, as well as key findings. The study examines the nature of personal development within the framework of Erikson's psychosocial stages. Attendees will gain knowledge on the social, familial, and developmental risk factors for problematic Internet gaming. Presenters will facilitate discussion on implications for counseling professionals regarding prevalence, consequences, and treatment of excessive Internet gaming.

### 12:00 pm – 12:30 pm

Program ID #632, Rainbow Spring,  
Poster 2

#### Culturally Competent Career Development Interventions for Marginalized Student Populations

30-Minute Poster Session

*Daniel A. Cinotti, Megyn Shea*

Many school counselors are implementing career services for their students, but how many are targeting their interventions to address their underserved student populations? This poster will include a discussion of career interventions aimed directly at assisting students of color, young women, students from low-socioeconomic-status backgrounds, and those in extreme urban and rural districts. Specific examples of programs that can be modified for your district will be included, and the presenters will speak from experience as former elementary and middle school counselors.

### 12:00 pm – 12:30 pm

#### ACC Session

Program ID #633, Rainbow Spring,  
Poster 3

#### Creativity-Based iPad Applications in Counseling Practice

30-Minute Poster Session

*Emily L. Dennis*

With rapid advances in technology and acceptance of such devices in daily life, counselors may want to incorporate newer technology into the counseling session. This unique poster features creative, therapeutic interventions designed for use with tablet technology and applications. Examples and demonstrations of using the iPad or comparable tablet and a variety of creative applications

(more than 30 applications!) and interventions will be shared and discussed.

**12:00 pm – 12:30 pm**

Program ID #634, Rainbow Spring, Poster 4

**Training the Reflective Practitioner: Reflective Journaling in Counselor Education**

30-Minute Poster Session

*Deborah Kay Buchanan*

Becoming a reflective practitioner is essential to the counseling profession, and it is a skill that needs to be developed early in a counselor’s training. This poster looks at how reflective journaling was used in a Counseling Techniques course to develop reflective practice in counselors-in-training; and how reflective journaling can be used by counselor educators to understand how their students are thinking about and process their counseling skills development.

**12:00 pm – 12:30 pm**

Program ID #635, Rainbow Spring, Poster 5

**Responding to the Mental Health Needs of the Deaf Culture: Advocacy, Education, and Practice**

30-Minute Poster Session

*Caroline M. Brackette, Tavarous Saint-Louis*

Competence in counseling the Deaf culture is rarely explored in counselor training programs. This poster will provide an overview of the challenges faced by the Deaf population as it pertains to access to adequate mental health care. Appropriate training and curricula, supervision, and ethical interpretive services when working with this culture also will be presented. The presenters will share

experiences from advocating for the educational and mental health needs of this culture and share best practices and theoretical interventions when counseling Deaf clients.

**12:00 pm – 12:30 pm**

**CSI Session**

Program ID #636, Silver Spring, Poster 1

**Becoming a Better Counselor: Enhancing Professional Identity Through Research**

30-Minute Poster Session

*Jennifer Gonzalez*

This poster aims to present a research model that fosters the professional development and identity of master’s/post-master’s-level counselors while introducing the role that a research identity plays in expanding counselor efficacy and competency.

**12:00 pm – 12:30 pm**

Program ID #637, Silver Spring, Poster 2

**Multicultural Course Pedagogy: Experiences of Master’s-Level Students of Color**

30-Minute Poster Session

*Derek X. Seward*

Multicultural training courses are intended to assist in the cultural development of all students; however, limited research on racial minority experiences in multicultural training raises questions regarding whether racial minority training needs are being met. This session presents preliminary results of a qualitative study exploring racial minority student perceptions of multicultural training courses. Attendees are invited to share personal stories and discuss ways to improve multicultural training for racial minorities.

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### 12:00 pm – 12:30 pm

Program ID #638, Silver Spring,  
Poster 3

#### Counselors as Advocates: Examining Adolescent Girls' Perspectives of Childhood Obesity Through Photovoice

30-Minute Poster Session

*Corrine Rae Sackett, Alyssa Jenkins*

The presenters will relay the findings of a study exploring adolescent girls' perspectives of environmental influences on childhood obesity using Photovoice, and they will present implications for counselor advocacy. In addition to learning adolescent girls' perspectives of childhood obesity and how they can advocate for change in this area, counselors will learn how they can conduct Photovoice projects on other issues of concern in their communities in order to capture the issue from the lens of those affected and to influence social policy.

### 12:00 pm – 12:30 pm

Program ID #639, Silver Spring,  
Poster 4

#### Exploring the Resiliencies of Lesbian and Bisexual Females Who Experienced Dating Violence During Adolescence

30-Minute Poster Session

*Rachel Henesy*

The purpose of this poster is to disseminate information from a qualitative study on the strengths and resiliencies of lesbian and bisexual females who experienced dating violence during adolescence. Attendees will learn about what was helpful and not helpful to the participants while they were overcoming trauma. Attendees will learn from the participants' insight on how they experienced cultural competence

or lack of cultural competence from institutions and helping professionals. Attendees will gain information that can inform both practice and future research.

### 12:00 pm – 12:30 pm

Program ID #640, Silver Spring,  
Poster 5

#### The Relationships Among Emotional Approach Coping, Hope, and Flourishing

30-Minute Poster Session

*Katherine Kandaris, Darrick Tovar-Murray, Philip B. Gnilka*

Finding ways to assist people in creating optimal mental health/flourishing is greatly needed. One way to promote flourishing is through effectively coping with life's stressors. There is some debate in the coping literature about which coping method is most effective for dealing with life's stressors. Some recent research has shown that emotional approach coping could predict and increase mental health. The presenters examined whether emotional approach coping could predict flourishing, and how hope could moderate that relationship. Implications for counselors and researchers also will be presented.



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# Business Meetings & Social Events

## ACA, ACA Affiliates and Divisions – Business Meetings and Social Events

Meetings and social events by organization for ACA are listed in chronological order under the appropriate acronym.

**AADA** – Association for Adult Development and Aging

**AARC** – Association for Assessment and Research in Counseling

**ACA** – American Counseling Association

### **ACA Branches**

FCA – Florida Counseling Association

### **ACA Regions**

Midwest Region

North Atlantic Region

Southern Region

Western Region

**ACAC** – Association for Child and Adolescence Counseling

**ACAF** – American Counseling Association Foundation

**ACC** – Association for Creativity in Counseling

**ACCA** – American College Counseling Association

**ACEG** – Association for Counselors and Educators in Government

**ACES** – Association of Counselors in Education and Supervision

**AHC** – The Association for Humanistic Counseling

**ALGBTIC** – Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling

**AMCD** – Association for Multicultural Counseling and Development

**ARCA** – American Rehabilitation Counseling Association

**ASERVIC** – Association for Spiritual, Ethical and Religious Values in Counseling

**ASGW** – Association for Specialists in Group Work

**CSI** – Chi Sigma Iota

**CSJ** – Counselors for Social Justice

**IAAOC** – International Association of Addictions and Offenders Counselors

**IAMFC** – International Association of Marriage and Family Counselors

**NCDA** – National Career Development Association

**NECA** – National Employment Counseling Association

### **Divisions not holding events**

**AMHCA** – American Mental Health Counselors Association

**ASCA** – American School Counselor Association

## AADA

Thursday, March 12

**9:00 am – 4:00 pm**

AADA Board Meeting  
Columbia 34

Friday, March 13

**8:00 am – 9:00 am**

AADA Lifebraid Task Force Meeting  
Challenger 41

**6:00 pm – 8:00 pm**

AADA, AARC, ACAC, ASERVIC,  
AHC & IAAOC Joint Reception  
Barrel Springs 2

Saturday, March 14

**8:00 am – 9:00 am**

AADA Awards and Business Meeting  
Discovery 44

**11:00 am – 12:00 pm**

AADA *Adultspan* Journal Editorial Board Meeting  
Challenger 38

**2:00 pm – 3:00 pm**

AADA New Board Meeting  
Winter Park 49

## AARC

Thursday, March 12

**9:00 am – 4:00 pm**

AARC Executive Council Meeting  
Barrel Springs 2

Friday, March 13

**8:00 am – 9:00 am**

AARC Committee & Interest Meeting  
Discovery 48

**8:00 am – 11:00 am**

AARC New Executive Council Meeting  
Challenger 40

**6:00 pm – 8:00 pm**

AARC, AADA, ACAC, ASERVIC, A  
HC & IAAOC Joint Reception  
Barrel Springs 2

## ACA

Tuesday, March 10

**9:00 am – 5:00 pm**

ACA Governing Council  
Plaza International Ballroom H

Wednesday, March 11

**9:00 am – 5:00 pm**

ACA Governing Council  
Plaza International Ballroom H

Thursday, March 12

**2:00 pm – 3:00 pm**

ACA Branch Executives Meeting  
Discovery 48

**3:00 pm – 4:30 pm**

ACA First Timers Orientation and Reception  
Plaza International Ballroom D–F

**5:00 pm – 7:00 pm**

ACA Divisions Presidents and President-Elect  
Meeting  
Rock Spring

**7:00 pm – 8:00 pm**

Friends of Bill

Discovery 47

### Friday, March 13

**7:30 am – 8:30 am**

ACA Animal Assisted Therapy in Mental Health Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Children's Counseling Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Developing Leaders Task Force

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Elections Review Task Force

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Ethics Appeal Panel Task Force

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Forensic Counseling Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Grief and Bereavement Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Governance, Organizational Affiliate, and Division Task Force

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Historical Issues in Counseling Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Interest Network for Intergrated Care

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Interest Network for Advances in Therapeutic Humor

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Interest Network for Professional Counselors in Schools

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA International Counseling Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Leadership Development Task Force

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Multi-racial/Multi-ethnic Counseling Concerns Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Network for Jewish Interests

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Sexual Wellness in Counseling

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Sports Counseling Interest Network

International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Task Force for School Counseling

International Tower – 6th floor

# Business Meetings & Social Events

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**7:30 am – 8:30 am**

ACA Traumatology Interest Network  
International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Wellness Interest Network  
International Tower – 6th floor

**7:30 am – 8:30 am**

ACA Women's Interest Network  
International Tower – 6th floor

**7:30 am – 8:30 am**

Counseling Vision Advisory Task Force  
International Tower – 6th floor

**7:30 am – 8:30 am**

Counseling Veterans Interest Network  
International Tower – 6th floor

**7:30 am – 8:30 am**

Professional Identity and Membership  
Employment Task Force  
International Tower – 6th floor

**10:00 am – 12:00 pm**

ACA International Committee  
Challenger 38

**11:00 am – 1:00 pm**

ACA Region Officers Meeting  
Discovery 44

**1:00 pm – 2:00 pm**

ACA Governing Council New Member Orientation  
Discovery 45

**1:30 pm – 3:00 pm**

ACA Awards Committee Meeting  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Branch Development Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Bylaws and Policy Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Graduate Student Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Human Rights Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA International Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Nominations and Elections Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Professional Standards Committee  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Public Policy and Legislation  
Committee Meeting  
International Tower – 6th floor

**1:30 pm – 3:00 pm**

ACA Research and Knowledge Committee  
International Tower – 6th floor

**3:30 pm – 4:30 pm**

ACA Committee Chairs Meeting  
Discovery 47

**4:00 pm – 5:00 pm**

JCD Editorial Board Meeting  
Columbia 34

**5:00 pm – 6:30 pm**

ACA International Student Panel  
Rock Spring

### **6:00 pm – 8:00 pm**

*ACA Change Agents in Public Policy –  
A Reception Honoring Those Supporting ACA's  
Legislative Agenda*

Bayhill 28

### **6:30 pm – 7:30 pm**

*ACA International Reception*  
Rock Spring

### **7:00 pm – 8:00 pm**

*Friends of Bill*  
Challenger 42

### **8:00 pm – 11:00 pm**

*ACA Opening Party*  
Terrace Pool Side

## Saturday, March 14

### **11:00 am – 12:00 pm**

*ACA Council of Journal Editors Meeting*  
Discovery 45

### **11:00 am – 12:00 pm**

*Meet the Candidates for ACA President*  
Orlando Ballroom N

### **2:00 pm – 3:00 pm**

*ACA-NY Meeting*  
Discovery 48

### **2:00 pm – 3:00 pm**

*Counseling and Technology Meeting*  
Discovery 44

### **2:00 pm – 3:30 pm**

*Publishing in ACA-Refereed Journals*  
International Ballroom H

This meeting, led by the ACA Council of Editors, is designed to promote research and scholarship and to provide the skills needed for successful publishing in ACA refereed journals. Guidelines, insights, and practical tips on publishing will be

offered by ACA field editors to clarify and demystify the publication process. Participants will have the opportunity to discuss article topic possibilities in a question-and-answer, roundtable format.

### **4:00 pm – 5:00 pm**

*ACA-NJCA Hospitality Room*  
Challenger 39

### **4:00 pm – 5:00 pm**

*ACA Past President's Social*  
Challenger 38

### **6:00 pm – 7:00 pm**

*ACA National Awards*  
Windermere Ballroom Y & Z

### **7:00 pm – 8:00 pm**

*Friends of Bill*  
Challenger 38

### **7:30 pm – 9:00 pm**

*ACA Talent Show*  
Windermere Ballroom Y & Z

## Sunday, March 15

### **8:00 am – 10:00 am**

*ACA Midwest Region Business Meeting*  
Barrel Spring 1

### **8:00 am – 10:00 am**

*ACA Western Region Business Meeting*  
Barrel Spring 2

### **8:00 am – 12:00 pm**

*ACA Ethics Committee Meeting*  
Rock Springs

### **10:30 am – 12:30 pm**

*ACA North Atlantic Region Business Meeting*  
Barrel Spring 2

# Business Meetings & Social Events

**10:30 am – 12:30 pm**

ACA Southern Region Business Meeting  
Barrel Spring 1

**1:00 pm – 3:00 pm**

ACA Annual Membership Meeting  
Blue Spring

## ACAC

Thursday, March 12

**4:00 pm – 5:00 pm**

ACAC Board Meeting  
Discovery 48

Friday, March 13

**6:00 pm – 8:00 pm**

ACAC, AADA, AARC, AHC, ASERVIC  
& IAAOC Joint Reception  
Barrel Springs 2

Saturday, March 14

**11:00 am – 12:00 pm**

ACAC Membership Meeting  
Discovery 48

## ACC

Thursday, March 12

**2:00 pm – 4:00 pm**

ACC Board Meeting  
Cancelled  
Discovery 44

**4:00 pm – 5:00 pm**

ACC Business Meeting  
Cancelled  
Discovery 44

Friday, March 13

**6:00 pm – 8:00 pm**

ACC, ACES, ASGW Joint Reception  
International Ballroom D–F

## ACCA

Friday, March 13

**6:00 pm – 8:00 pm**

ACCA Reception  
Bayhill 33

## ACEG

Thursday, March 12

**8:00 am – 5:00 pm**

ACEG & NECA Professional Development  
Institute  
Blue Spring

**12:00 pm – 2:00 pm**

ACEG & NECA Annual Awards Luncheon  
Rainbow Spring 1

**6:00 pm – 8:00 pm**

ACEG & NECA Military University Reception  
Orchid

Friday, March 13

**2:00 pm – 3:00 pm**

ACEG Annual Director's Board Meeting  
Challenger 42

**3:00 pm – 4:00 pm**

ACEG Membership Business Meeting  
Discovery 46

## ACES

### Thursday, March 12

#### 1:00 pm – 5:00 pm

ACES 2014 – 2015 Executive Council Meeting  
Challenger 39

#### 2:00 pm – 3:30 pm

ACES, NCD A Commission on the Future  
of Career Development  
Discovery 43

#### 5:00 pm – 6:00 pm

ACES 2015 – 2016 Executive Council Meeting  
Challenger 39

#### 6:00 pm – 7:30 pm

ACES Leadership Program  
Blue Spring 2

### Friday, March 13

#### 8:00 am – 9:00 am

North Atlantic ACES  
Discovery 45

#### 8:00 am – 9:00 am

North Central ACES  
Discovery 43

#### 8:00 am – 9:00 am

Rocky Mountain ACES  
Discovery 46

#### 8:00 am – 9:00 am

Southern ACES  
Discovery 44

#### 8:00 am – 9:00 am

Western ACES  
Discovery 47

#### 9:00 am – 10:00 am

ACES Advocacy Interest Network  
ACES Suite

#### 10:00 am – 11:00 am

ACES Teaching Interest Network/Initiative  
ACES Suite

#### 11:00 am – 12:00 pm

ACES Clinic Director/Placement Coordinator  
Interest Network  
ACES Suite

#### 11:00 am – 12:00 pm

ACES Clinical Mental Health Interest Network  
International Tower – 6th floor

#### 11:00 am – 12:00 pm

ACES College Student Affairs Interest Network  
International Tower – 6th floor

#### 11:00 am – 12:00 pm

ACES Counselor Educator Qualitative  
Research Interest Network  
ACES Suite

#### 11:00 am – 12:00 pm

ACES Department Chairs Interest Network  
International Tower – 6th floor

#### 11:00 am – 12:00 pm

ACES Ethics & Professional Issues Interest Network  
International Tower – 6th floor

#### 11:00 am – 12:00 pm

ACES Multicultural Counseling Interest Network  
International Tower – 6th floor

#### 11:00 am – 12:00 pm

ACES Rural Counseling Interest Network  
International Tower – 6th floor

#### 11:00 am – 12:00 pm

ACES School Counseling Interest Network  
International Tower – 6th floor

# Business Meetings & Social Events

**11:00 am – 12:00 pm**

ACES Technology Interest Network  
International Tower – 6th floor

**12:00 pm – 1:00 pm**

ACES Doctoral Programs Interest Network  
ACES Suite

**2:00 pm – 3:00 pm**

ACES International Counseling Interest Network  
ACES Suite

**3:00 pm – 4:00 pm**

ACES New Faculty Interest Network  
Hyatt Regency Orlando – ACES Suite

**4:00 pm – 5:00 pm**

ACES Supervision Interest Network/Initiative  
ACES Suite

**6:00 pm – 8:00 pm**

ACES, ACC, ASGW Joint Reception  
Plaza International Ballroom D–F

## Saturday, March 14

**8:00 am – 9:00 am**

ACES Product Development Committee  
Meeting  
Bayhill 28

**8:00 am – 9:00 am**

ACES Social Justice and Human Rights  
Committee  
Bayhill 33

**8:00 am – 9:00 am**

ACES Strategic Planning  
ACES Suite

**9:00 am – 10:00 am**

ACES Research Grants Committee  
ACES Suite

**10:00 am – 11:00 am**

ACES Graduate Student Meeting  
ACES Suite

**11:00 am – 12:00 am**

ACES Membership Committee Meeting  
ACES Suite

**12:00 pm – 2:00 pm**

ACES Luncheon  
Barrel Spring 2

**2:00 pm – 3:00 pm**

ACES Women's Interest Group  
ACES Suite

**3:00 pm – 4:00 pm**

ACES Awards Committee Meeting  
ACES Suite

**3:00 pm – 5:00 pm**

ACES CE&S Editorial Board Meeting  
Winter Park 51

**4:00 pm – 5:00 pm**

ACES 2015 Conference Committee Meeting  
ACES Suite

**6:00 pm – 7:00 pm**

ACES Graduate Student Reception  
Bayhill 28

## AHC

## Wednesday, March 11

**2:00 pm – 5:00 pm**

AHC Board Meeting  
~~Cancelled~~  
Challenger 41

### We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.

## Thursday, March 12

**9:00 am – 1:00 pm**

AHC Board Meeting

Challenger 41

**2:00 pm – 4:00 pm**

AHC Editorial Board Meeting

Discovery 46

## Friday, March 13

**6:00 pm – 8:00 pm**

AHC, AARC, AADA, ACAC, ASERVIC

& IAAOC Joint Reception

Barrel Springs 2

## Saturday, March 14

**10:00 am – 11:30 am**

AHC Town Hall Meeting

Bayhill 33

## ALGBTIC

## Thursday, March 12

**1:00 pm – 5:00 pm**

ALGBTIC Board Meeting

Challenger 42

## Friday, March 13

**2:00 pm – 3:00 pm**

ALGBTIC Queer People of Color Gathering

Challenger 39

**3:00 pm – 4:00 pm**

ALGBTIC Graduate Student Gathering

Challenger 40

**6:00 pm – 7:30 pm**

ALGBTIC Reception

Blue Spring 2

## Saturday, March 14

**11:00 am – 1:00 pm**

ALGBTIC Brunch

Rock Spring

## Sunday, March 15

**7:00 am – 9:00 am**

ALGBTIC Rainbow 5K Run

Off Site

**10:00 am – 11:30 am**

ALGBTIC Annual Open Member Meeting &

Nominations

Bayhill 28

## AMCD

## Wednesday, March 11

**5:00 pm – 7:00 pm**

AMCD Service Day Volunteer Check-In

Columbia 34

## Thursday, March 12

**9:00 am – 11:00 am**

AMCD Executive Council & Annual

Business Meeting

Challenger 42

**3:00 pm – 4:00 pm**

AMCD Regional Representatives Meeting

Challenger 41

**4:00 pm – 5:00 pm**

AMCD Ethnic Concerns Vice-President's Meeting

Challenger 40

### We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.

## Friday, March 13

**11:00 am – 12:30 pm**

AMCD Mentor/Mentee Meeting

Discovery 43

**11:30 am – 12:30 pm**

AMCD Latino Concerns Business Meeting

Discovery 48

**12:30 pm – 1:30 pm**

AMCD African American Concerns Meeting

Discovery 48

**1:30 pm – 2:30 pm**

AMCD American Indian Concerns Meeting

Discovery 48

**2:30 pm – 3:30 pm**

AMCD Asian American Concerns Meeting

Discovery 48

**5:00 pm – 6:00 pm**

AMCD Past President's Meeting

Discovery 44

**6:00 pm – 8:00 pm**

AMCD Past President's Awards & Graduate  
Student Reception

Barrel Springs 1

## Saturday, March 14

**11:00 am – 12:00 pm**

AMCD *JMCD* Editorial Board Meeting

Discovery 44

**12:00 pm – 2:00 pm**

AMCD Luncheon

Barrel Spring 1

**9:00 pm – 12:00 am**

AMCD Dance & Mixer

Barrel Spring

## Sunday, March 15

**10:00 am – 12:00 pm**

AMCD Membership Meeting & Executive

Council Debriefing

Bayhill 33

## ARCA

### Wednesday, March 11

**2:00 pm – 5:00 pm**

ARCA Board Meeting

Challenger 40

### Thursday, March 12

**9:00 am – 1:00 pm**

ARCA Board Meeting

Challenger 40

### Friday, March 13

**8:00 am – 9:00 am**

ARCA *RCB* Editorial Board Meeting

Rock Springs 1

**11:00 am – 1:00 pm**

ARCA Past President and Future Leaders Meeting

Discovery 46

**2:00 pm – 3:00 pm**

ARCA Business Meeting

Columbia 34

**6:00 pm – 8:00 pm**

ARCA Awards Reception

Blue Spring 1

### Saturday, March 14

**11:00 am – 1:00 pm**

ARCA Student Activities

Discovery 46

**1:00 pm – 3:00 pm**

ARCA Student Research Forum

Discovery 46

## ASERVIC

Thursday, March 12

**9:00 am – 4:00 pm**

ASERVIC Board Meeting

Discovery 47

Friday, March 13

**8:00 am – 9:00 am**

ASERVIC Editorial Board Meeting

Challenger 42

**12:00 pm – 2:00 pm**

ASERVIC Luncheon

Barrel Springs 1

**2:00 pm – 3:00 pm**

ASERVIC Graduate Student Meeting

Challenger 38

**6:00 pm – 8:00 pm**

ASERVIC, AARC, AADA, ACAC, AHC  
& IAAOC Joint Reception

Barrel Springs 2

Saturday, March 14

**2:00 pm – 3:00 pm**

ASERVIC State Presidents Meeting

Discovery 47

Sunday, March 15

**9:00 am – 10:00 am**

ASERVIC Interfaith Service

Blue Spring

## ASGW

Wednesday, March 11

**9:00 am – 5:00 pm**

ASGW Executive Board Meeting

Challenger 39

Thursday, March 12

**9:00 am – 4:00 pm**

ASGW Executive Board Meeting

Barrel Springs 1

Friday, March 13

**12:00 pm – 2:00 pm**

ASGW Luncheon

Barrel Springs 2

**2:00 pm – 3:00 pm**

ASGW 2014 Fellows Recognition

Discovery 44

**3:00 pm – 4:00 pm**

ASGW Fellows Committee Meeting

Discovery 44

**4:30 pm – 5:30 pm**

ASGW *Journal for Specialists in Group Work*

Discovery 43

**6:00 pm – 8:00 pm**

ASGW, ACC, ACES Joint Reception

International Ballroom D–F

Saturday, March 14

**7:30 am – 9:00 am**

ASGW Member Community Breakfast,  
Annual & Committee Meeting

Hyatt Regency Orlando – Rock Spring

## Chi Sigma Iota

### Thursday, March 12

#### 2:00 pm – 5:00 pm

Chi Sigma Iota Executive Council Meeting & Leadership Fellow Orientation  
Rosen Plaza Hotel – Salon 11

### Friday, March 13

#### 10:30 am – 1:00 pm

Chi Sigma Iota Leadership Workshop  
Rosen Plaza Hotel – Salon 9 & 10

#### 2:00 pm – 3:30 pm

Chi Sigma Iota Delegate Business Meeting  
Rosen Plaza Hotel – Salon 9 & 10

#### 3:30 pm – 4:30 pm

Chi Sigma Iota Annual Awards  
Rosen Plaza Hotel – Salon 9 & 10

#### 4:30 pm – 6:00 pm

Chi Sigma Iota Showcase of Chapters  
Rosen Plaza Hotel – Ballroom B

#### 6:00 pm – 7:30 pm

Chi Sigma Iota Reception  
Rosen Plaza Hotel – Salon 3

### Saturday, March 14

#### 7:00 am – 8:00 am

Chi Sigma Iota Committee Chairs  
Barrel Springs 1

#### 7:00 am – 8:00 am

JCLA Editorial Board Meeting  
Discovery 45

#### 8:00 am – 9:00 am

Chi Sigma Iota Awards Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Chapter Development Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Chapter Faculty Advisors Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Counselor Community Engagement Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Excellence in Counseling Research Grants Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Leadership Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Life Member Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Professional Advocacy Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Professional Member Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Publications Committee  
International Tower – 6th floor

#### 8:00 am – 9:00 am

Chi Sigma Iota Strategic Planning Committee  
International Tower – 6th floor

**10:00 am – 11:00 am**

Chi Sigma Iota Fellows/Intern  
Reflections Meeting  
Bayhill 28

**2:00 pm – 3:30 pm**

Chi Sigma Iota Chapter Faculty Advisors  
Bayhill 28

**2:00 pm – 3:30 pm**

Chi Sigma Iota Chapter Leaders  
Bayhill 33

## CSJ

Wednesday, March 11

**9:00 am – 4:00 pm**

CSJ Board & Strategic Planning Meeting  
Challenger 38

Friday, March 13

**1:30 pm – 3:00 pm**

CSJ Town Hall Business Meeting  
Bayhill 28

At this business meeting there will be a discussion of licensure, accreditation, and training standards as it relates to social justice and the field of counseling. The goal of the meeting is to develop recommendations that can be shared with ACA and other divisions to more effectively address these issues. This CSJ business meeting is open to all members of ACA.

### Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

## FCA

Thursday, March 12

**6:00 pm – 8:00 pm**

Florida Counseling Association – Sunshine  
Social Reception  
Barrel Spring

## IAAOC

Thursday, March 12

**1:00 pm – 4:00 pm**

IAAOC Executive Committee Meeting  
Challenger 38

Friday, March 13

**6:00 pm – 8:00 pm**

IAAOC, AARC, AADA, ACAC, ASERVIC  
& AHC Joint Reception  
Barrel Springs 2

Saturday, March 14

**7:30 am – 9:00 am**

IAAOC Breakfast  
Barrel Springs 2

**11:00 am – 12:00 pm**

IAAOC Membership Meeting  
Discovery 47

**2:00 pm – 3:00 pm**

IAOC Editorial Board Meeting  
Discovery 45

### We want to know what you think!

Visit the kiosks in the main foyer to complete a conference survey.

## IAMFC

Thursday, March 12

**1:00 pm – 6:00 pm**

IAMFC Executive Board Meeting  
Discovery 45

Friday, March 13

**12:00 pm – 2:00 pm**

IAMFC Luncheon  
Blue Spring

**3:00 pm – 4:00 pm**

IAMFC Business Meeting  
Discovery 45

Saturday, March 14

**3:00 pm – 4:00 pm**

IAMFC *Family Journal* Editorial Board Meeting  
Winter Park 50

## NCDA

Thursday, March 12

**2:00 pm – 3:30 pm**

NCDA, ACES Commission on the Future  
of Career Development  
Challenger 38

## NECA

Thursday, March 12

**8:00 am – 5:00 pm**

NECA & ACEG Professional Development Institute  
Blue Spring

**12:00 pm – 2:00 pm**

NECA & ACEG Awards Luncheon  
Rainbow Springs 1

**12:00 pm – 2:00 pm**

NECA Executive Committee Meeting  
Winter Park 52

Thursday, March 12

**6:00 pm – 8:00 pm**

NECA & ACEG Military University Reception  
Orchid

## Universities

Thursday, March 12

**6:00 pm – 7:30 pm**

John Hopkins University Reception  
Rainbow Spring 2

**6:00 pm – 8:00 pm**

University of Central Florida Reception  
Rainbow Spring 1

**6:00 pm – 8:00 pm**

University of North Carolina – Greensboro  
Reception  
Blue Spring 1

Friday, March 13

**6:00 pm – 8:00 pm**

NOVA Southeastern University Reception  
Discovery 46

## Conference Updates

Changes, updates, and cancellations are listed in the ACA Mobile App and on bulletin boards on each floor at the Hyatt Regency Orlando Hotel.

# Expo Information



## Expo Hours

**Thursday, March 12**

**4:00 pm – 6:00 pm**

Grand Opening & Welcome Reception  
in the Expo!

*Sponsored by Walden University*

**Friday, March 13**

**8:30 am – 2:30 pm**

Lunch in the Expo

12:00 – 1:00 pm

**Saturday, March 14**

**9:00 am – 2:30 pm**

Snack lunch in the Expo

12:00 – 1:00 pm

## Be sure to visit the ACA Pavilion consisting of:

- ACA Government Affairs
- ACA Professional Affairs and Ethics

## And there's much more happening in the Expo:

- Snack lunch
- Reception
- ACA Pavilion
- ACA Career Center
- Networking Lounge
- ACA Membership Booth
- Graduate Student & New Professional Center

*Exhibitors and descriptions listed as of 1/7/2015. Please see Mobile app and [counseling.org](http://counseling.org) for additional information.*



## ACA Bookstore and Author Book Signings

Expo Hall Foyer

See the impressive line of new ACA releases, books by keynote presenters, counseling classics, and much more. Have an idea for a book you'd like to write? Meet with the associate publisher to discuss how to submit a book proposal. Converse with some of the most influential and distinguished counselors in the field while they autograph their book for you at the ACA Author Book Signings!

## **AATBS – Association for Advanced Training in the Behavioral Sciences**

### **Booth 613**

[www.aatbs.com](http://www.aatbs.com)

AATBS has supported the needs of more than 500,000 mental health professionals and is the recognized leader in providing licensing exam preparation and continuing education throughout the United States and Canada since 1976.

## **ACA Bookstore**

### **Expo Hall Foyer**

[www.counseling.org/bookstore](http://www.counseling.org/bookstore)

## **ACA Membership**

### **Booth 700**

[www.counseling.org/membership](http://www.counseling.org/membership)

## **ACA Pavilion**

### **Booth 701**

[www.counseling.org](http://www.counseling.org)

## **Alexander Street Press**

### **Booth 713**

[www.alexanderstreet.com](http://www.alexanderstreet.com)

Alexander Street Press, together with imprint Microtraining Associates, is a leading provider of films and books for multicultural, competency-based therapist education. Come learn about our award-winning collections, including the Counseling and Psychotherapy Transcripts series and the Counseling in Video series.

## **Alpine Academy**

### **Booth 422**

[www.alpineacademy.org](http://www.alpineacademy.org)

Alpine Academy is an RTC for girls ages 12–18 with emotional disturbances. Students live on campus in homes with trained and certified families; attend an accredited school; and receive weekly individual, family, and group therapy.

## **American Dance Therapy Association**

### **Booth 506**

[www.adta.org](http://www.adta.org)

The ADTA is a professional organization dedicated to the profession of dance/movement therapy (DMT). DMT uses movement to “further the emotional, cognitive, physical and social integration of the individual.” DMT can help individuals with a wide range of psychological disorders achieve greater self-expression.

## **American Mental Health Counselors Association (AMHCA)**

### **Booth 616**

[www.amhca.org](http://www.amhca.org)

AMHCA is a growing community of more than 7,000 clinical mental health counselors and succeeds in giving a voice to our profession nationwide and in helping to serve you and your colleagues in your state.

## **American Psychological Association**

### **Booth 618**

[www.apa.org](http://www.apa.org)

American Psychological Association (APA) is the premier source for information in psychology. APA delivers this information through its expansive collection of books, journals, newsletters, electronic products, and its website.

## **Argosy University**

### **Booth 401**

[www.argosy.edu](http://www.argosy.edu)

Argosy University, with 28 locations across the country, offers a variety of graduate degree programs in the mental health area, including mental health counseling, community counseling, counselor education and supervision, and marriage and family therapy. Visit us online at [argosy.edu](http://argosy.edu).

## Association Book Exhibit

### Booth 902

[www.bookexhibit.com](http://www.bookexhibit.com)

A combined display of scholarly/professional titles from leading publishers. Free ordering catalog available.

## Association for Child and Adolescent Counseling (ACAC)

### Booth 523

[www.acachild.com](http://www.acachild.com)

The Association for Child and Adolescent Counseling, or ACAC, is a division of the American Counseling Association devoted to therapy for infants through adolescents in all settings.

## Association for Counseling and Technology (ACT)

### Booth 306

[www.counselingtech.com](http://www.counselingtech.com)

ACT promotes adoption of emerging technologies by counselors across the entire spectrum of practice. Doing so enables professional counselors to keep pace with the changes the digital revolution has brought to their clients' lives and expand services to underserved populations.

## Association for Counselor Education & Supervision (ACES)

### Booth 812

[www.acesonline.net](http://www.acesonline.net)

The Association for Counselor Education and Supervision (ACES) supports quality education and supervision of all counselors. ACES produces a top-tier journal dedicated to research and best practices in counselor education and supervision, and supports regional and national conferences.

## Association for Counselors and Educators in Government (ACEG)

### Booth 825

[www.acegonline.org](http://www.acegonline.org)

The Association of Counselors and Educators in Government is the military division of ACA. Our purpose is to encourage and deliver meaningful guidance, counseling, and educational programs to members of the armed services, family members, and civilian employees of state/federal agencies.

## Association for Creativity in Counseling (ACC)

### Booth 814

[www.creativecounselor.org](http://www.creativecounselor.org)

ACC is designed for counselors and counselor educators interested in creative, diverse, and relational approaches to counseling, including music, literature, theater, art, and dance.

## Association for Humanistic Counseling (AHC)

### Booth 815

[ahfc.camp9.org](http://ahfc.camp9.org)

AHC, one of the founding divisions of ACA, consists of counseling professionals who work in a variety of settings whose bond is a philosophy and who use their skills and expertise to encourage the development of the whole person.

## Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (ALGBTIC)

### Booth 816

[www.algbtic.com](http://www.algbtic.com)

The Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling is a division of the American Counseling Association. Our mission is to promote greater awareness and understanding of lesbian, gay, bisexual, and transgender

# Exhibitor Descriptions

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issues among members of the counseling profession and related helping occupations.

## **Association for Multicultural Counseling and Development (AMCD)**

### **Booth 307**

[www.multiculturalcounseling.org](http://www.multiculturalcounseling.org)  
The Association for Multicultural Counseling and Development seeks to develop programs to improve ethnic and racial empathy and understanding. Its activities are designed to advance and sustain personal growth and improve educational opportunities for members from diverse cultural backgrounds.

## **Association for Specialists in Group Work (ASGW)**

### **Booth 305**

[www.asgw.org](http://www.asgw.org)

## **Association for Spiritual, Ethical and Religious Values in Counseling (ASERVIC)**

### **Booth 818**

[www.aservic.org](http://www.aservic.org)

## **Barry University**

### **Booth 808**

[www.barry.edu](http://www.barry.edu)  
Located in Miami, FL, Barry University offers graduate and doctoral counseling degrees in a variety of specializations. With its CACREP accreditation, Barry's Counseling Program provides an inclusive academic community where clinical experiences are highly valued. Learn more at [www.barry.edu/education](http://www.barry.edu/education)

## **BrainMaster Technologies, Inc.**

### **Booth 717**

[www.brainmaster.com](http://www.brainmaster.com)  
BrainMaster software and hardware has the versatility to span clinical needs from

simple, user-friendly interventions to the ability for advanced clinicians to create specially designed feedback programs. As practitioners advance in competency, excellent technical and educational support is available.

## **Casa Palmera**

### **Booth 803**

[www.casapalmera.com](http://www.casapalmera.com)  
Casa Palmera provides a 12-step, evidenced-based treatment combined with an integrated traditional/holistic component to individuals and families needing treatment for the disease of addiction, eating disorders, and trauma/mood disorders. We offer residential treatment, partial hospitalization intensive outpatient program, and continuing care.

## **Cengage Learning**

### **Booth 500**

[www.cengage.com](http://www.cengage.com)  
Cengage Learning is a leading educational content, software, and services company for the academic, professional, and library markets worldwide. The company provides personalized services and course-driven digital solutions that enhance the educational process resulting in a more engaged learner.

## **CCE – Center for Credentialing & Education**

### **Booth 503**

[www.cce-global.org](http://www.cce-global.org)  
The Center for Credentialing & Education (CCE), an affiliate of the National Board for Certified Counselors (NBCC), provides practitioners and organizations with credentialing, assessment and business services. CCE credentials more than 25,000 practitioners worldwide. Visit CCE at booth #503.

## Center for Reality Therapy

### Booth 513

[www.realitytherapywub.com](http://www.realitytherapywub.com)  
Robert E. Wubbolding, EdD, director of the Center for Reality Therapy, author of 13 books, trainer in USA, Europe, Asia, the Middle East, provides practical ideas and tools to enhance work of counselors, therapists, educators, and others seeking to elevate skill levels.

## Center Institute: Build an Awesome Practice

### Booth 612

[www.centerinstitute.com](http://www.centerinstitute.com)  
Center Institute provides therapists with the tools and strategies they need to build a lucrative and sustainable private practice; one that meets both clients' therapists' treatment needs and needs as a clinician and person. You too can generate abundant, predictable income (even with vacations) while providing excellent care.

## Claire Lynn Designs

### Booth 622

[www.clairelynn.com](http://www.clairelynn.com)

## Counselors for Social Justice (CSJ)

### Booth 914

[www.counselorsforsocialjustice.net](http://www.counselorsforsocialjustice.net)

## Date Safe Project

### Booth 423

[www.datesafeproject.org](http://www.datesafeproject.org)

## Defense Center of Excellence (DCOE) For Psychological Health & Traumatic Brain Injury

### Booth 906

[www.dcoe.mil](http://www.dcoe.mil)

## EdITS

### Booth 608

[www.edits.net](http://www.edits.net)  
For over 50 years, EdITS has been the industry leader in guidance and instructional material. Our online version of the COPS Interest Inventory, the CAPS ability battery, and the COPEs values survey is currently available.

## Education Management Solutions

### Booth 600

[www.SIMULATIONiQ.com](http://www.SIMULATIONiQ.com)  
SIMULATIONiQ™ Counseling is a turnkey solution for counselor education and practicing counselors. SIMULATIONiQ Counseling can help your organization adhere to CACREP standards, maintain HIPAA compliance, enhance client and counselor outcomes, and improve operational efficiencies. SIMULATIONiQ Counseling helps enable “role play” teaching and learning with clients.

## Elavon

### Booth 704

[www.elavon.com](http://www.elavon.com)



## Enovative Technologies

### Booth 900

[www.enovativetech.com](http://www.enovativetech.com)  
Enovative Technologies designs products that help improve people's lives. Our brands focus on enhancing comfort, well-being, and convenience for our consumers. We are the leading manufacturer of TENS units in the U.S. and U.K.

## European Branch of the American Counseling Association

### Booth 817

[www.eb-aca.jimdo.com](http://www.eb-aca.jimdo.com)  
The European Branch of the American Counseling Association is a unified

## Exhibitor Descriptions

partnership of diverse counseling professionals promoting the shared purpose of developing a deeper understanding of the profession, oneself, and the individuals we serve. We strive to promote public confidence and trust in the counseling profession.

### Feelings Unlimited

#### Booth 712

[www.feelingsunlimited.com](http://www.feelingsunlimited.com)  
Feelings Unlimited offers practical tools for facilitating the identification, management and sharing of feelings. Clients of all ages appreciate these engaging and colorful products uniquely designed to bring understanding and healing into their emotional world.

### Florida Atlantic University, Department of Counselor Ed

#### Booth 406

[www.fau.edu](http://www.fau.edu)

### Florida Council on Compulsive Gambling

#### Booth 602

[www.gamblinghelp.org](http://www.gamblinghelp.org)

### Florida Counseling Association

#### Booth 304

[www.flacounseling.org](http://www.flacounseling.org)  
The mission of the Florida Counseling Association is to promote the value of professional counseling as well as supporting and unifying professional counselors in all settings resulting in high quality practices in Florida.

### Florida State University - College of Medicine

#### Booth 805

[www.med.fsu.edu](http://www.med.fsu.edu)  
The Tobacco Free Florida Program at FSU College of Medicine provides technical

assistance and education to organizations and health professionals in the area of tobacco addiction treatment.

### From Stressed to Best

#### Booth 813

[www.stressedtobest.com](http://www.stressedtobest.com)  
Go *From Stressed to Best*<sup>™</sup> using Personality Type. Our proven, practical program helps you understand the root causes of stress and use it to help yourself (and your clients) reduce stress, gain new insights, improve relationships and move forward.

### Healthcare Providers Service Organization – HPSO

#### Booth 706

[www.aon.com](http://www.aon.com)  
For more than 20 years, Healthcare Providers Service Organization (HPSO) has been protecting counselors from medical malpractice lawsuits and regulatory board complaints. HPSO is endorsed by the American Counseling Association as well as 45 additional professional healthcare associations.



### Holistix By The Sea

#### Booth 308

[www.holistixbythesea.com](http://www.holistixbythesea.com)  
Holistix by the Sea offers addiction treatment to adults struggling with an addictive/co-existing disorder. Our holistic approach in conjunction with DBT, CBT, and motivational interviewing aids our clients in overcoming habitual, self-defeating behaviors and facilitates positive steps toward optimal health.

### Indiana University

#### Booth 804

[education.indiana.edu/graduate/programs/counseling-psychology/index.html](http://education.indiana.edu/graduate/programs/counseling-psychology/index.html)

Indiana University welcomes applications to our PhD program in counseling psychology (accredited by the American Psychological Association) and our master's programs in community and school counseling (accredited by CACREP). Our faculty members are internationally known for their leadership in the profession.

### **International Institute for Trauma & Addiction Professionals (IITAP)**

#### **Booth 515**

[www.iitap.com](http://www.iitap.com)

Through the task-centered curriculum developed by Patrick Carnes, PhD, IITAP trains and certifies therapists as Certified Sex Addiction Therapists (CSATs®). The training is a series of four training modules (courses) offered in various locations.

### **Kasa Practice Solutions**

#### **Booth 806**

[www.kasa-solutions.com](http://www.kasa-solutions.com)

### **Love Publishing**

#### **Booth 509**

[www.lovepublishing.com](http://www.lovepublishing.com)

Established in 1968, Love Publishing is a worldwide academic publisher in special education, counseling, school psychology, social work, and gifted education. New textbook proposals are welcome.

### **McCallum Place Eating Disorder Centers**

#### **Booth 522**

[www.mcallumplace.com](http://www.mcallumplace.com)

### **Milestones in Recovery**

#### **Booth 402**

[www.milestonesprogram.org](http://www.milestonesprogram.org)

Milestones in Recovery offers eating disorder treatment for men and women over the age of 18. We have been in

business over 15 years, so if you have a client that needs help with an eating disorder, please contact us. We can help.

### **Mississippi College, Doctor of Professional Counseling Program**

#### **Booth 519**

[www.mc.edu](http://www.mc.edu)

The doctor of professional counseling is a post-master's degree clinical doctorate for those interested in attaining high standards of professional practice.

### **Monte Nido & Affiliates Eating Disorder Programs**

#### **Booth 714**

[www.montenido.com](http://www.montenido.com)

Monte Nido offers residential and day eating disorder treatment for adolescents and adults, combining evidenced-based treatment to help clients gain symptom control and address underlying psychological issues. Treatment includes individual, family and group therapy, nutrition education, meal support, and mindfulness training, all within our unique level system.

### **NAADAC, the Association for Addiction Professionals**

#### **Booth 614**

[www.naadac.org](http://www.naadac.org)

NAADAC, the Association for Addiction Professionals, represents the professional interests of more than 85,000 addiction counselors, educators and other addiction-focused health care professionals who specialize in addiction prevention, treatment, recovery support and education in the United States, Canada, and abroad.

#### **We want to know what you think!**

Visit the kiosks in the main foyer to complete a conference survey.

## National Board for Certified Counselors (NBCC)

### Booth 501

[www.nbcc.org](http://www.nbcc.org)

The National Board for Certified Counselors, Inc. and Affiliates (NBCC), an independent nonprofit, is the nation's premier and largest counselor certification organization. Visit booth #501 to meet staff, learn about the NBCC Foundation, and obtain certification ribbons and other NBCC materials.

## National Institute of Mental Health (NIMH)

### Booth 505

[www.NIMH.NIH.gov](http://www.NIMH.NIH.gov)

The National Institute of Mental Health (NIMH) is part of the National Institutes of Health, an agency of the U.S. Department of Health and Human Services. NIMH conducts and supports research on the brain and disorders of mental health.

## NOVA Southeastern University

### Booth 517

[www.nova.edu](http://www.nova.edu)

NSU's master's degree training is based on a model that emphasizes interdisciplinary collaboration, prevention of dysfunction, and direct service. The coursework provides broad-based training designed to equip people with the competencies necessary to confront a wide variety of contemporary challenges.

## Oxford University Press

### Booth 508

[www.oup.com](http://www.oup.com)

## PESI, Inc.

### PREMIUM Booth located in lobby

[www.pesi.com](http://www.pesi.com)

Since 1979, PESI Inc., has provided

cutting-edge continuing education to counselors across the nation. We work alongside the world's leading experts to create seminars, conferences, videos, and books that meet the needs of adult learners. All of our continuing education seminars and products ensure that counselors can meet the changing demands of their work by providing practical strategies, methods, and interventions they can use immediately to improve the outcomes of their clients.

## Rahab's Rope

### Booth 301

[www.rehabsrope.com](http://www.rehabsrope.com)

Rahab's Rope brings hope and opportunity to women and girls, at-risk or are trapped in commercial sex work in India. Working in four locations, we build relationships, provide training, share the gospel, and offer employment to at-risk populations.

## Regent University

### Booth 309

[www.regent.edu/counseling](http://www.regent.edu/counseling)

Regent University's School of Psychology & Counseling provides professional counselors an opportunity to pursue advanced counselor educator training online. We house the first online Ph.D. in Counselor Education & Supervision accredited by CACREP. Students complete coursework online and participate in a one-week residency each summer.

## Research Press

### Booth 606

[www.researchpress.com](http://www.researchpress.com)

Rahab's Rope brings hope and opportunity to women and girls, at-risk or are trapped in commercial sex work in India. Working in four locations, we build relationships, provide training, share the gospel, and offer employment to at-risk populations.

## **Richmont Graduate University**

### **Booth 409**

[www.richmont.edu](http://www.richmont.edu)

## **Routledge**

### **Booth 404**

[www.routledge.com](http://www.routledge.com)  
Routledge publishes an impressive portfolio of textbooks and professional books in counseling, psychotherapy, and clinical psychology. For more information, to request examination copies, or to browse our full selection, please visit [www.routledge.com](http://www.routledge.com).

## **Routledge Journals**

### **Booth 405**

[www.taylorandfrancis.com](http://www.taylorandfrancis.com)  
Routledge Journals, a division of Taylor & Francis, is an international publisher of scholarly research. Visit the Routledge Journals booth to learn about our products and services, and to request free copies of our essential publications in the field of counseling.

## **Sage Publications**

### **Booth 601**

[www.sagepub.com](http://www.sagepub.com)  
SAGE—an independent international publisher in the social sciences, technology and medicine—provides journals, books, and electronic media of the highest caliber.

## **Saybrook University**

### **Booth 605**

[www.saybrook.edu](http://www.saybrook.edu)

## **Simple Practice**

### **Booth 623**

[www.simplepractice.com](http://www.simplepractice.com)

## **Southern Adventist University**

### **Booth 722**

[www.southern.edu/graduatestudies](http://www.southern.edu/graduatestudies)  
Southern Adventist University is situated in Collegedale, TN, just minutes from Chattanooga. Southern offers a doctor of nursing practice (DNP) and master's degrees in business, computer science, counseling, education, global community development, nursing, religion, and social work.

## **Springer Publishing Company**

### **Booth 609**

[www.SpringerPub.com](http://www.SpringerPub.com)  
Springer Publishing Company serves the health care and medical industries in the professional and educational fields. Our books and journals provide vital information for practitioners, students, academics, and researchers in nursing, psychology, gerontology, social work and counseling, public health, and medical education.

## **St. Mary's University**

### **Booth 801**

[www.stmarytx.edu](http://www.stmarytx.edu)  
St. Mary's University offers a CACREP accredited Ph.D. in Counselor Education and Supervision, and a MA in Clinical Mental Health Counseling. The programs serve students from all faiths and backgrounds and operate in a state-of-the-art educational and training facility.

## **Telemental Health Institute, Inc.**

### **Booth 323**

[www.telehealth.org](http://www.telehealth.org)

## **The Refuge - A Healing Place**

### **Booth 617**

[www.therefuge-ahealingplace.com](http://www.therefuge-ahealingplace.com)  
The Refuge is a leader in specialized trauma, addiction and co-occurring disorder treatment located on a safe, serene 96 acre campus. Holistic,

# Exhibitor Descriptions

individualized, and experiential therapies are provided in our intensive treatment program with a full continuum of services.

## The Tova Company

### Booth 718

[www.thetovacompany.com](http://www.thetovacompany.com)

The Test of Variables of Attention (T.O.V.A.) is designed for counselors working with attention-related problems (ADHD, concussions, autism spectrum disorders, dementia). Normed, objective research grade tool for your office. Easily administered. Free support. Offer your clients the best.

## The University of Alabama College of Continuing Studies

### Booth 504

[www.ccs.ua.edu](http://www.ccs.ua.edu)

## Therabill LLC

### Booth 408

[www.therabill.com](http://www.therabill.com)

TheraBill is a Web-based electronic billing and practice management system designed for independent healthcare providers, billing services, or health-care facilities. TheraBill is specifically designed for behavioral, developmental, occupational, physical, speech, and other health-care therapists.

## thera-LINK

### Booth 400

[www.thera-LINK.com](http://www.thera-LINK.com)

Thera-LINK provides a safe, HIPAA-compliant video platform for professionals to conduct therapy sessions online with clients who are unable to get to the office. In addition to secure video, we offer features like client payment, group therapy, colleagues, and customized waiting rooms at an affordable price for practices of all sizes.

## Therapeutics

### Booth 809

[www.plan-it-therapy.com](http://www.plan-it-therapy.com)

Therapeutics is a company devoted to helping people in helping professions. We specialize in the development of innovative tools for counselors. Our Plan-it Therapy cards offer peer-reviewed CBT, motivational interviewing, and play therapy interventions in a convenient card format.

## TherapyCharts

### Booth 403

[www.therapycharts.com](http://www.therapycharts.com)

TherapyCharts™ award winning treatment planning electronic health record system provides a pleasant and affordable way to manage your patient records, keep up with best practices, and stay on top of insurance claim requirements.

## Thriveworks

### Booth 908

[www.thriveworks.com](http://www.thriveworks.com)

At Thriveworks, we believe that everyone has the potential to grow—to thrive. Thriveworks practices offer premium counseling and coaching, at locations across eight states. We are currently recruiting new clinicians, and franchise opportunities are available!

2015  
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## Thriving Therapy Practice

### Booth 300

[www.thrivingtherapypractice.com](http://www.thrivingtherapypractice.com)

Thriving Therapy Practice is dedicated to helping counselors build six-figure private practices. If you want more ideal clients in your practice, visit our booth for a free copy of the bestselling book, *Building a 6-Figure Private Practice*.

[www.thrivingtherapypractice.com](http://www.thrivingtherapypractice.com)

## University of Texas - San Antonio

### Booth 604

<http://education.utsa.edu>

The College of Education and Human Development at UTSA offers both a CACREP-accredited Master of Arts in Counseling and a Doctor of Philosophy in Counselor Education and Supervision.

## USMEPCOM/ASVAB Career Exploration Program

### Booth 716

[www.asvabprogram.com](http://www.asvabprogram.com)

The ASVAB Career Exploration Program is a tool designed to help 10th, 11th, 12th grade, and postsecondary students make career decisions. This free of charge program includes a multi-aptitude test batter and an interest inventory. Students learn where and how to obtain career information that matches their interests, abilities, and preferences.

## Utila

### Booth 607

[www.utila.us](http://www.utila.us)

Utila is a client-centered treatment support app that works on any device. Clients access treatment tasks, meditations, psychoeducation, and homework shared by their therapist. Utila helps clients practice the skills they are learning in session outside of the office.

## Walden University

### Booth 707

[www.waldenu.edu](http://www.waldenu.edu)

Walden University, an accredited institution, has been serving the higher education needs of adult learners for more than 40 years. Today, more than 50,000 students from all 50 U.S. states and more than 145 countries are pursuing their bachelor's, master's, or doctoral degrees or certificates online at Walden.



## Wayne State University - Counselor Education

### Booth 807

[www.wayne.edu](http://www.wayne.edu)

## White Deer Run

### Booth 507

[www.whitdeerrun.com](http://www.whitdeerrun.com)

White Deer Run/Cove Forge BHS/ Bowling Green Brandywine is one of the leading systems in the treatment of drug and alcohol addiction in Pennsylvania and offers a comprehensive network of specialized behavioral health care services. It is a member of CRC Health Group.

## Wiley

### Booth 800

[www.wiley.com](http://www.wiley.com)

Wiley is the leading society publisher offering libraries and individuals 1,250 online journals. We also publish thousands of books, e-books, reviews, reference works, and databases. Our business includes online courses, resources, and interactive learning tools.

## YouthLight, Inc.

### Booth 615

[www.youthlight.com](http://www.youthlight.com)

YouthLight is an educational publishing company dedicated to providing counselors, educators, and other professionals with useful materials to help maximize their effectiveness with youth. Books, interactive lessons, games, and products relate to topics such as relational aggression, self-regulation, social skills, biblio-guidance and developmental counseling tools.

## Zynnyme

### Booth 619

[www.zynnyme.com](http://www.zynnyme.com)

# ACA BOOKSTORE

## EXPO HALL FOYER

March 11, 8:00 am – 6:00 pm    March 13, 8:00 am – 5:30 pm  
March 12, 8:00 am – 6:00 pm    March 14, 8:00 am – 5:30 pm

### NEW RELEASES FROM ACA!

- 2014 State of the Profession: Counselor Compensation
- ACA Ethical Standards Casebook, 7th Edition by *Barbara Herlihy and Gerald Corey*
- Boundary Issues in Counseling, 3rd Edition by *Barbara Herlihy and Gerald Corey*
- Career Counseling, 4th Edition by *Norman Gysbers, Mary Heppner, and Joseph Johnston*
- A Contemporary Approach to Substance Use Disorders and Addiction Counseling, 2nd Edition by *Ford Brooks and Bill McHenry*
- Counseling for Multiculturalism and Social Justice, 4th Edition by *Manivong Ratts and Paul Pedersen*
- Counseling Older People by *Charlene Kampfe*
- The Counselor and the Law, 7th Edition by *Anne Marie "Nancy" Wheeler and Burt Bertram*
- A Counselor's Guide to Working With Men edited by *Matt Englar-Carlson, Marcheta Evans, and Thelma Duffey*
- Critical Incidents in Integrating Spirituality Into Counseling edited by *Tracey Robert and Virginia Kelly*
- Culturally Responsive Counseling With Latinas/os by *Patricia Arredondo, Maritza Gallardo-Cooper, Edward Delgado-Romero, and Angela Zapata*
- DSM-5 Learning Companion for Counselors by *Stephanie Dailey, Carman Gill, Shannon Karl, and Casey Barrio Minton*
- Ethics Desk Reference for Counselors, 2nd Edition by *Jeffrey Barnett and W. Brad Johnson*
- Group Work Experts Share Their Favorite Activities, Vol. 2 edited by *Kerrie Fineran, Amy Nitza, Benjamin Houlberg, Jackie McCoy, and Sarah Roberts*
- Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders edited by *Christine Suniti Bhat, Yegan Pillay, and Priscilla Rose Selvaraj*
- Harm to Others: The Assessment and Treatment of Dangerousness by *Brian Van Brunt*
- Licensure Requirements for Professional Counselors, 2014 Edition
- School Counselors Share Their Favorite Classroom Guidance Activities edited by *Janice DeLucia-Waack, Meghan Mercurio, Faith Colvin, Sarah Korta, Katherine Maertin, Eric Martin, and Lily Zawadski*
- School Counselors Share Their Favorite Group Activities, Vol. 2 edited by *Rebecca Schumacher and Khristi Keefe*
- Solution-Focused Counseling in Schools, 3rd Edition by *John Murphy*
- Treatment Strategies for Substance and Process Addictions by *Robert Smith*
- VISTAS and the Counselor of Tomorrow edited by *Garry Walz and Jeanne Bleuer*
- Youth at Risk, 6th Edition edited by *David Capuzzi and Douglas Gross*

# Conference Session Index

## Addictions, Offenders, and Correction Counseling

- ID #135, Getting Unstuck: Five Keys for Fostering Change in Teens with Co-Occurring Disorders
- ID #137, An Examination of Clinical Supervision in the Addictions Treatment Field
- ID #142, Gender-Responsive Addiction Counseling with Men: A Male-Specific Approach to Strengthening Recovery
- ID #152, Graduate Student Carousel
- ID #157, The Personal Is Political with Addictions: Clinical Applications of Feminist Theory to the 12 Steps
- ID #161, What's in a Word: A New Front-line Treatment for Adolescents and Young Adults with Comorbidity
- ID #177, Sexual Addiction Among College Students: The Need for Screening
- ID #213, The Impact of ADHD Symptoms on Recovery from Substance Use Disorder
- ID #236, Using Mindfulness Techniques To Prevent Relapse in Addicted Clients
- ID #253, Therapeutic Groups for Substance Use Disorder: An Experiential Session
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| Paessler-Chesterton,    | Staten, David             |                         |

# SAVE THE DATES!



**ACA-CCPA Conference & Expo**

March 31 – April 3, 2016

**Pre-conference Learning Institutes**

March 30 – 31, 2016

Palais des congrés de Montreal (Montreal Convention Center)