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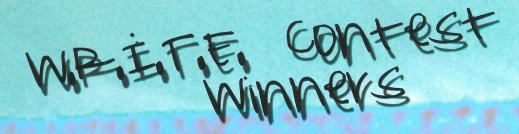
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FIRST PLOGE B

Back in the Day By Raquelle Newman

My grandparents seldom speak of what it was like ... back in the day. When the smoke was smoggier, And when cigarettes were still cool. They've never mentioned what it was like to raise up 5 kids in the city ... back in the day. One boy and 4 girls, during the 60's; during the King's time... During our time, that pivotal time in history. We never talk about what it was like to witness the whites put up "For Sale Signs" At first sight of the new "colored family" in the neighborhood ... back in the day. When candy cost a dime and when shoulder pads were still fashionable. I'm sure they could recall The gall people had: Making them live in constant fear, Sheltering their family from the blatant hate, The irate people, the blind ignorance ....back in the day. They would not dare mention the pain and betrayal that they must have felt, To see all those indications of the bigotry that they would have preferred to ignore. Now my grandma looks white, she's guite fair actually, but she couldn't pass as "accepted" because she married a carpenter Cuban. That was a double whammy ... back in the day. And her oldest daughter would never conform or perform how the racists wanted her to... She's fair, too. She chose to identify with her family, To take the low road, if you will. She protested on the streets alongside some of the greatest ... back in the day. Progressive she was, but my grandparents rarely talk about their oldest son. A good looking man, of course, coming from a good looking family. But the streets and the hard times took hold of him, A halfway house consumed his teenage years ... back in the day. But regardless, my grandparents always tell me to look forward, And help avoid a repeat of history, The struggle that we never talk about because "It was so long ago" as they say, It was, 👗 ... back in the day.

Photo By Sami Ginsberg

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## Fhiled Place Change of Pace By Aubree Sepler

Last year I wanted a change of pace so you know what I did? I had the bored, gum-snapping waitress put my ice cream in a cup instead of a cone. I ultimately sent it back because I missed the satisfying crack as I fractured bits of the cone between my munching molars but

You know what that means?

Change is possible, ladies and gentlemen!

Why, just the other day I had a startling revelation. I took a trip to Boston in one of those little commuter planes. You know, the one with twenty-four seats and little to no protection against Mother Nature? That's the one! I was armed with a Cosmopolitan (magazine, that is) and a pair of Dolce shades people would kill for when my little commuter plane started tilting and tottering.

Our pilot came on the loudspeaker and announced we were just hitting a little bit of turbulence at this high altitude of 36,000 feet but not to worry, folks, we'll touch down in Boston in about an hour or three. I'll tell you right now I have never been so terrified in my entire life. Not anxious or apprehensive, but frightened for the future of me.

Do you know what that feels like?

It made me feel human.

and when we touched down in Boston three hours later, I felt changed. Of course, I had to go out and celebrate my triumph over the wrath of the elements, so I journeyed to a sweet little bistro in Quincy Market to purchase a delectable ice cream.

Want to guess how I asked for it?

In a cup! And with a copious mountain of rainbow sprinkles.

Hey, if you're going to change, you may as well go for the rainbow sprinkles. 55

Change Is Heaven By Valerie Perczek

Change is heaven that exists as a field of lavender, filling the collective soul with the smell of peace. (Peace exists as a lingering, blue cloud). It is you emerging from the painted field with a loud stride and the courage to create something different. The past has never been heard or seen and all there is is now to change as the earth has always done. Change calls for action as the heart shouts guidance.