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## For He Who Gives Can Also Take

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## For He Who Gives Can Also Take

### Author Bio

Samantha's passions lie within the realm of public health and serving others. As such, she hopes to further explore her hidden talent for writing and how it can enable her to give a voice to those who have, unfortunately, been neglected by society. Ready to enter the unknown, Samantha is excited about her upcoming graduation and to see where life takes her.

# FOR HE WHO GIVES CAN ALSO TAKE

SAMANTHA KWAN

To he who encourages me to fly yet clips my small, frail wings

He who whispers words of motivation then turns me towards a path of desperation

Holds me up to bring me down

Waters my seeds and barely meets my needs  
Even threatens an affair; sometimes I think our problems are beyond repair

Left to overthink and evaluate my actions when it is he who caused these factions

Wounded by his words, I listen relentlessly to hear an apologetic word in return

The five-letter word is spoken and yet my heart and trust are still broken  
Time after time, things are the same and my feelings remain

Worried, regretful, dumb, and insecure are a few, but to him, they're like the morning dew

Appear in the morning and are gone by night but to me, they leave the relationship in fright and our future together out of sight

Nevertheless, I am said to be loved and told to put this above

Tears are wiped away and a smile forms at bay

For she who doesn't conceal her pain is the one who is seen as insane

## Author Statement

"'For He Who Gives Can Also Take' is a poem of despair and represents a partner's longing for change, love, respect, and support. As such, the author's wish is for those who read it to always recognize their worth, understand that they have the power to demand change from their partner, and walk away when a relationship no longer serves them. When loving others, the author asks that you do yourself justice and never stop loving yourself in the process."