

5-1-2003

Numb

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Recommended Citation

Bieglesen, Anna (2003) "Numb," *Hieroglyphics: the NSU University School Literary Magazine*: Vol. 10 , Article 46.
Available at: https://nsuworks.nova.edu/uschool_litmag/vol10/iss1/46

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Numb

Anna Biegelsen

Sit in an empty room, alone, on the floor,
the cold, hard floor,
'til you are numb.

And if you still feel after sitting there a while,
lean against the walls,
the cold, hard walls,
'til you are numb.

And if you still feel after leaning there a while,
call out into the yellow light,
the cold, hard, yellow light;
the empty echo is sure to make you numb.

And if you still feel after hearing the empty
echo,
take a moment to realize your loneliness.
You are alone –
alone, sitting on the cold, hard floor,
alone, leaning against the cold, hard walls,
alone, calling out into the cold, hard, yellow
light,
totally and utterly alone.

And that cold, hard solitude sends a shiver your
way.
Numb?