

5-1-2002

# Remember

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## Recommended Citation

Vernon, Lauren (2002) "Remember," *Hieroglyphics: the NSU University School Literary Magazine*: Vol. 9 , Article 72.  
Available at: [https://nsuworks.nova.edu/uschool\\_litmag/vol9/iss1/72](https://nsuworks.nova.edu/uschool_litmag/vol9/iss1/72)

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## Remember

*Lauren Vernon*

These are the people not to forget:  
The woman who nurtures and loves,  
The man who supports and cares,  
The martyr who died to save others,  
And the ancestral spirit, who is a heritage and  
a conscience,  
These are the people to remember.

These are the things not to forget:  
Truth is what is remembered, destiny is  
etched in sand,  
Character should be effortless and heartfelt,  
Shooting stars fall off the end of the world,  
And the fragrance of hope smells sweeter than  
a dream,  
These are the things to remember.

These are the times not to forget:  
The time there was rejoicing without fear,  
The time that it hurt and there was pain,  
The time there was love and family,  
These are the times to remember.

This is the time not to forget:  
That in the future, now will be history, a  
memory, and a dream,  
This is the time to remember.

Now is the time to love and be loved.  
Now is the time to be at peace with life.  
Now is the time to remember.