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New major in the College of Business



By: Rick Esner
News Editor

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H. Wayne Huizenga College of Business and Entrepreneurship has partnered with Castle Group, a property management company in Plantation, FL, to develop a new Bachelor of Science in Business Administration program in property management and real estate. The new major is meant to encompass a variety of real estate principles and property management coursework.

The new major is an extension of the partnership that NSU has with Castle Group. James Donnelly, Castle Group's Founder and CEO, was appointed to NSU's Board of Trustees early last month. Donnelly has been an active member in the NSU community, as the recent recipient of the NSU's President's Award for Excellence in Community Service and member of Huizenga College of Business Hall of Fame.

The new program requires 18 credits in property management and real estate, or REE designated courses, and six credits in program-specific electives, including entrepreneurship, public administration and property management. The required courses for the program cover several aspects of the property management and real estate industries, including valuation, maintenance and operations.

According to a press release by NSU Newsroom, Andrew Rosman, Dean of the H. Wayne Huizenga College of Business and Entrepreneurship said, "This program fully encompasses a variety of real estate principles and property management course work to give our students the edge they need to be successful upon graduation."

In 2016, the Huizenga College of Business and Entrepreneurship partnered with Castle Group for its minor program in

property management. However, for this new program, the partnership provides a one of a kind experience with courses ranging from residential property management to hospitality, resort, cruise ship and casino management.

Fred Forgey, the department chair for the property management and real estate major, explained the importance of having a program like this at NSU.

"Specifically, the field of property management is very broad. It is not a field that gets a lot of attention at a number of schools. So, we thought there was simply a void in the educational environment to fill. I think students who go through this program will have instant opportunities for employment," said Forgey.

Forgey further explained the motivation behind students choosing to partake in the new program.

"I think that it, hopefully, is a program that is going to have a lot of interest. Hopefully, students take advantage of that by taking a couple of classes, even before they have it necessarily selected as their major. Inherently, I do not necessarily anticipate students will just right-out-of-the-box select property management as their major, but I think once they take one of the classes and they see how practical, applied and useful the information is, that it is something that will generate much more of an interest on their behalf and pursue it more," he said.

For more information on NSU's new B.S.B.A in property management and real estate, [visit the Huizenga College of Business section of NSU's website.](http://www.nova.edu/huizenga/business)

News Briefs

HOME COMING EDITION

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on homecoming events
happening on
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News Anchor

Stay up to date with national events.

Officials end gray wolf protections.

Last Thursday, the Trump administration announced the disassembly of protections for gray wolves under the Endangered Species Act in most of the U.S., according to the Associated Press. With the absence of these long-standing federal safeguards for the gray wolf under the Endangered Species Act, states and tribes are now in charge of overseeing the population of the predator. This announcement follows a series of administration actions on the environment that appeal to key regions of rural voters. While wildlife advocates are disappointed in the resumption of wolf hunting, farmers and hunters welcomed the news. Wolves were almost wiped out across the U.S. during the 1930s, but in recent years, thanks to the protections put on the wolves, the population had grown to over 4,000.

U.S. hits its worst week yet for virus cases

With the COVID-19 pandemic still ongoing, the U.S. is experiencing its worst weeks yet, according to The New York Times. Last week, the country reported a record of more than 500,000 new cases of the virus. Throughout the nation, half of U.S. counties saw new cases of COVID-19 hit their peak during the past month and a third of the counties have seen record numbers in the past week. Areas in the U.S., such as the Upper Midwest and the Mountain West, are breaking records of new cases almost daily, with some counties reporting up to 5% of the population testing positive. 21 states have reported the addition of more cases in the last week than in any other seven-day time period.

Actress Lori Loughlin reports to prison

Last Friday, "Full House" actress Lori Loughlin, known for her role as Aunt Becky, reported to a federal prison in California to begin serving her two-month sentence, according to the Associated Press. Loughlin was charged for her role in a college admission bribery scandal, along with her husband Mossimo Giannulli, who was sentenced to five months last August. The couple paid half a million dollars in bribes, funneled through a false charity operation, to get their two daughters into the University of Southern California. Loughlin is among 30 other prominent parents who also used the sham charity to offer bribes to colleges, including "Desperate Housewives" actor Felicity Huffman.

Cruise ships can set sail again

Federal health officials announced on Friday new rules that will allow for cruise ships to start sailing again in U.S. waters, according to the Associated Press. In mid-March, the Center for Disease Control (CDC) ordered cruise ships to stop sailing into U.S. ports due to several outbreaks of COVID-19. However, as of Saturday, under new guidelines, the no-sail order is being brought to an end. In order to resume carrying passengers, cruise companies must successfully demonstrate that they have procedures in place for testing, quarantining and isolating passengers and crew. In addition, all ships will be required to have a test lab on board before being allowed to set sail. The CDC is aware that while the no-sail order is officially raised, it will take time before cruise ships are back on the water.



Global news, courtesy of the current

69 killed in Nigerian protests

On Oct. 23, Nigerian President, Muhammadu Buhari, commented on the death of 51 civilians, 11 police officers and seven soldiers in an emergency meeting to find ways of ending the unrest due to recent protests. Protests began on Oct. 7, demanding the abolishment of a notorious national police unit, the Special Anti-Robbery Squad (SARS). Although the unit was dissolved only days later, the protests have continued, with shootings in Lagos, Nigeria's largest city, on Oct. 27. At an emergency meeting, Buhari said his administration was committed to fulfilling the needs of the protesters. However, he said that his government would not "Fold its arms and allow criminals who had hijacked the protests to continue to perpetrate hooliganism."

\$500 million worth of cocaine found hidden in charcoal shipment

Police in Paraguay found a record-breaking 2.3 tons of cocaine hidden among a charcoal shipment bound for Israel on Oct. 20. According to BBC, "Charcoal, a key Latin American export, has become a popular cover for trafficking cocaine across international borders." This was the largest drug seizure police have made in Paraguay. The drugs were found in a container at a private port in the city

of Villeta near the capital, Asunción. So far, two people have been arrested, one of which is a former director of a state TV channel. The police said that the cocaine parcels were found in one of six suspected containers and that the five remaining containers that have yet to be searched could contain drugs as well. Euclides Acvedo, Minister of the Interior, stated "The final haul could amount to more than three tons."

Greenpeace claims that contaminated water could damage human DNA

According to a statement released from the environmental campaign group, Greenpeace, "Contaminated water from Japan's Fukushima nuclear plant contains a radioactive substance that has the potential to damage and alter human DNA." This statement follows media reports suggesting that the Japanese government plans to release this water into the open ocean. Reported plans state the water would first be diluted inside the plant in a process that would take several years. In the report "Stemming the tide 2020: The reality of the Fukushima radioactive water crisis," released on Oct. 23, Greenpeace claimed that the contaminated water contained "dangerous levels of carbon-14," a radioactive substance that "has the potential to damage human DNA." The group went on to accuse the

Japanese government of suggesting the water was "treated," misleading the public by giving the impression the water "only contains tritium." The government has not ultimately made any changes in regards to the water treatment, but instead is holding off on any decisions while listening to concerns. However, observers think that one could be announced within the following month.

Hundreds mourn the death of Syrian Mufti

Hundreds attended the funeral of the Sunni Muslim Mufti of Syria's capital, Damascus, who was assassinated by a car bomb last Thursday. The Mufti, Sheikh Mohammad Adnan al-Afiyuni, died after his vehicle was targeted with an explosive device from outside of the city. al-Afiyuni was known as an ally of the president, Bashar al-Assad, often conducting talks with rebels throughout regions in the country. The government now controls most of the country after nine years of civil war, more than 380,000 deaths and 13.2 million others displaced inside and outside Syria. al-Afiyuni died in the town of Qudsaya, near the capital, reported state news agency Sana.

What you need to know to vote today

By: Madelyn Rinka
Co-Editor-in-Chief

Tuesday, Nov. 3, is the last day to vote in the 2020 presidential election. For "everything you need to vote," including election deadlines, dates and rules by state, visit Vote.org. Additionally, for information specifically regarding how to find your polling place, regardless of whether or not you are currently living in Florida, visit Vote.org's [polling place locator](#) to find out where you can vote today.

While the option for absentee or early voting has passed, the opportunity to vote in person is still available in numerous locations. However, with the COVID-19 pandemic, it is important to look up information about local polling locations to see whether or not any new rules or regulations have been put in place. [Visit this link](#) for more

resources and information regarding voting and COVID-19. Additionally, should you decide to vote in-person, be sure to follow [CDC guidelines](#) to help reduce the risk of contracting and spreading COVID-19.

If you're not entirely sure who to vote for, visit [ISideWith](#) to take a quiz that can help you determine which parties and candidates best align with your beliefs and interests. They also have other quizzes to help with local elections as well. While the site states that they "are not affiliated with any investors, shareholders, political party or interest group," it's important to further research any quiz results, candidates and parties. To check for biases of specific news outlets and articles, [visit AllSides](#).

To read previous articles published by The Current about voting, [visit this link](#).



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Today is the last day to get
your voting ballots in.

No, You Can't Touch My Hair: A discussion on hairstyle discrimination

By: Rick Esner
News Editor

On Nov. 6, the Black Law Students Association (BLSA), as part of the NSU Shepard Broad College of Law, will hold their semi-annual panel for the fall 2020 semester, focusing on the 2019 CROWN Act. The panel, titled "No, You Can't Touch My Hair: The Importance, Necessity and Controversy of the CROWN Act," will be held on Zoom, starting at 6 p.m.

The CROWN Act, which stands for Creating A Respectful And Open World For Natural Hair, is a bill that prohibits racial discrimination based on hairstyle. This includes the denial of employment or educational opportunities because of hair texture or protective styles, such as braids, dreadlocks, twists or Bantu knots. The CROWN Act has been passed in

seven U.S. states, including New York and California, but for many states, including Florida, the act failed to pass in the Senate.

The panel will feature Florida state District 11 senator Randolph Bracy III as the keynote speaker and will focus on the legal perspective of the CROWN Act from different standpoints. Attendees can expect to learn more about the act, how it was handled in the Senate and the current political climate attached to the act. Panelists for the event include Adjoa B. Asamoah, Judge Ashleigh Parker Duston, Stephen Wigley, Linda Harrison and Doris 'Wendy' Greene.

Jordana Rostant Nunes, president of BLSA, said the CROWN Act is significant because, "Many men and women have been told that, in order for them to receive a certain employment

position or opportunity, they would have to shave their dreads, they would have to chemically straighten or materially alter their hair to fit archaic standards and roles that have been set."

While the CROWN Act may have failed to pass as law once, it is still an important topic of discussion among young professionals.

"The purpose of the CROWN Act is to change the narrative. It is to get people to understand and respect that you cannot deny someone an opportunity for advancement because of the way their hair biologically grows or the natural protective styles that people of the Black community chose to protect their hair," said Nunes.

Those interested in attending are required to register for the event prior via

this link, or going to the BLSA section of NSU's website. The panel is free for all students and members of BLSA and \$10 for the general public, faculty and staff; and attorneys can attend for \$20, as it qualifies for a Florida Bar CLE credit.

"Having conversations like these will not only help minorities, but also help people that do not come from these cultures and teach them to respect others. The phrasing of the CROWN Act is creating an open and respectful environment, and I would say that, as students, we are lacking a respectful environment when it comes to other cultures and identities. Having a conversation here, we can learn to respect others," said Nunes.

COVID-19 and prepping for the holidays

By: Emma Heineman
Features Editor

The holiday season is right around the corner, bringing hope to those thoroughly disappointed by the myriad of canceled events, prolonged periods of time in isolation and lack of social interaction 2020 has brought. For many, the holiday season is a time to get together with loved ones, reconnect with friends and take a break from the usual fast-paced routine of daily life. However, it is important to keep in mind that things this year might be a little different. Here are some tips to make your holiday break as COVID-19 safe and carefree as possible.

Go virtual

Everyone wants a “normal holiday.” There is no denying that. As Zoom sessions and FaceTime calls have replaced, or at least supplanted, face to face interactions, considering integrating virtual options into your holiday plans is at least worth thinking

about. Especially if you have older family members or immunocompromised individuals in your life who you generally spend time with during the holidays, opting for some virtual interactions might be the way to go to make sure everyone stays safe. Going virtual can also give people who may not be comfortable with in-person interactions a way to still feel included. Luckily, technology makes it easy for us to connect to people around the world at the touch of a button. If you do choose to interact with people in person, remember to wear a mask and follow all other CDC recommended protocols.

Think ahead

Whether you are hosting guests or going to see friends or relatives, planning ahead to make sure you are being safe this holiday season is essential. The CDC recommends restricting your contact to people within your household for 14 days before attending any

in-person holiday events. While quarantining may not be an ideal holiday activity, it’s important to make sure everyone stays safe. Even if you aren’t planning on attending large group gatherings, being upfront about how much social distancing you adhere to can help everybody make informed decisions about their own health.

Communicate

Although everyone is going through the COVID-19 pandemic together, it’s important to remember and acknowledge that we all have had different experiences. Ensuring that you consider everyone’s comfort levels when planning get-togethers and other social interactions can avoid people feeling pressured to do something they aren’t comfortable doing. The best way to avoid this is to check in periodically as you make plans. Normalizing discussions about how much social interactions

individuals are comfortable with can help take some of the stress out of the planning. Even if you are comfortable being in social settings, that doesn’t mean everyone else is. For example, while you might see going out to eat as a harmless activity, some people might only be comfortable with restaurant dining if that restaurant offers outdoor seating. Similarly, someone else might not be comfortable with that at all. Reassuring friends and family that their different levels of comfort are okay is an important step to making the holidays enjoyable for all.

Holidays this year will inevitably look different, but that doesn’t mean they have to have less cheer. By following CDC regulations and making sure to keep an open mind and an open heart, we can all enjoy a safe, festive holiday break.

Care for your car

By: Aliyah Gomez
Contributing Writer

Our car goes everywhere with us, almost as if it is our right-hand man. It takes us to those 8 a.m. classes, back to our house and everywhere in between. With that, it is often common to forget about the upkeep of having a car when you are busy or far away from home.

Many college students can recall a time when their oil change or tire pressure was taken care of by someone else. Leaving for college or becoming more independent leaves these major tasks to you. Whether it is your first time going to a body shop to get an oil change or not, it is essential to stay up to date with your car’s needed “appointments.”

Although it may be easy to leave an oil change for later or put off checking the tire pressure of your car after your 8 a.m. class, it may not end up happening. If you’re planning on driving home for the holidays, putting off these significant tasks not only damages your car, but in the end, can affect your holiday season. Here are many ways to keep your “right-hand man” in good condition.

Get that oil change you have been putting off for months

How long can you go without getting an oil change? There are about two million results on Google with answers as to how long a car can last without getting an oil change. Many mechanics advise you to bring your car in when an oil change is alerted on your dashboard. Getting this done on time can prevent more money wasted on other parts of

your car that may be impacted by procrastinating an oil change.

According to Car Talk, “Changing your vehicle’s oil is one of the most important things you can do to avoid bringing large bags of money to your mechanic later on.”

Make sure to check the windshield wiper blades frequently

It is common for it to rain in South Florida, and sometimes, it almost feels as if it never stops. Checking the windshield wipers on your car will prevent you from risking an accident if it’s raining and your wipers are not cleaning off the rain as you drive.

Check your tires

It is common for tires to lose their grip. Once this occurs, it’s easy for your car to skid across roads when it’s raining outside. Although tires might be a little more on the expensive side, spending money on new or used tires before it is too late is what counts.

There are many ways to stay up to date with car maintenance as a college student. Whether you’re far away from home or becoming more independent, your car is something that’s with you all the time — that’s why it’s important to stay up to date with its needs.

Below is a maintenance checklist that’s very helpful for those who are not familiar with car needs. <https://www.bridgestonetire.com/tread-and-trend/drivers-ed/ultimate-car-maintenance-checklist>



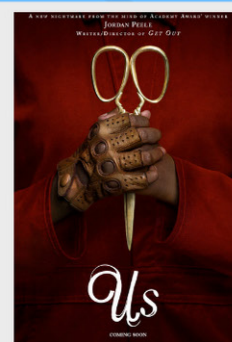
Looking under the hood of a Honda

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That time I... saw a play that changed my life

By: **Nyla Whyte**
Contributing Writer



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Broadway show "Wicked" Box Office in NYC

Nyla Whyte is a freshman communication major with a focus in digital media from Pembroke Pines, FL.

When I was 15 years old, my father sent my mother and I on a trip to New York City. It was my first time leaving Florida, so it was a pretty big deal for me. Our itinerary was filled with all of the major tourist sites: the Empire State Building, the Statue of Liberty and the Metropolitan. My mom and I planned the trip on our own, but the one thing my dad was adamant about was watching a play on Broadway. He left me in charge of choosing the play and I chose "Wicked."

If you don't know, "Wicked" is a musical that follows the story of "The Wizard of Oz" from the

perspective of the witches. As I sat during the show's intermission, my eyes began wandering.

No longer wrapped up in the story, I started to notice the hidden behind-the-scenes elements of

the show. The orchestra and conductor just underneath the main stage, the sound and lighting directors sitting in the rafters. Even the obvious components, like the background dancers moving props and set pieces to transform the set from scene to scene stole my attention away

from the story on occasion. The set was beautiful and the show was utterly captivating.

Everything about the play was thought out. The music, the costumes, even the lighting was intricately detailed.

I was entranced. I had never seen anything like it before. Seeing how the crew and the performers were all able to move together

seamlessly and put on a show successfully even with

so many moving parts was inspiring to me. As dramatic as it sounds, watching this musical

changed me. It was like a craving had washed over me. Suddenly, I was itching to be a part of a

project like that.

Seeing this musical drew me to the field of production. Before then, I wasn't sure what I wanted

to do with my life or where I wanted to go with my future career, but while watching that show, I saw a world of opportunities before me. I saw all the different aspects of the show that had been so carefully tailored down to the smallest of details and I knew that there was a person behind each one of those details. Behind every musical cue, every practical effect and every prop, there was a job and that job could be mine.

I realized that I've always had a habit of finishing a movie or a show and then watching the

behind-the-scenes clips from the filming process and I've always liked working with a team and the feeling that comes with finishing a project that took time and effort to prepare.

That's when I knew that working on a set could be a legitimate career choice for me. Today, I'm working my way towards a degree that will allow me to pursue that career and I don't think I'd be on this track if I hadn't watched that play.

Italian cookie knots

By: **Bella Ameiorsano**
Contributing Writer

Italian cookie knots are sweet knotted cookies with a key flavoring of anise. They are airy, yet packed with flavor. They are also topped with a sweet frosting mixture. Additionally, sprinkles are added for extra texture or as my family likes to call them, "Jimmies."

These cookies are a tradition in my family that my dad always makes around Christmas time. My dad comes from a strong Italian background, and for that reason, my family is very strongly rooted in our Italian heritage. With that, we have always been big fans of fine Italian meals and desserts.

This recipe has been passed down for years and my dad ensures to carry on the appreciation for these traditional holiday treats every single year. These cookies add to the sweetness of the holiday season and are nothing short of delicious.

The ingredients that you will need include:

- Two cups of flour
- Two teaspoons of baking powder
- Half a teaspoon of salt
- One cup of sugar
- Three eggs
- Two teaspoons of vanilla
- Three tablespoons of anise
- Half a cup of margarine
- Two cups of powdered sugar
- Two tablespoons of water
- Rainbow sprinkles ("Jimmies")
- Any oil spray to spray cookie sheet

Recipe:

1. Preheat the oven to 375 degrees Fahrenheit.
2. Take one bowl and mix together the

following ingredients:

3. Two cups of flour
4. Two teaspoons of baking powder
5. Half a teaspoon of salt
6. One cup of sugar
7. Take another bowl and mix the following ingredients:
8. Three (well beaten) eggs
9. Two teaspoons of vanilla
10. Three tablespoons of anise
11. Combine the mixtures from steps one and two.
12. Melt half a cup of margarine and add to the mixture.
13. Roll out the batter using a roller and take one piece of batter at a time and form it into a knot.
14. Once you have all your knotted cookies, place them on a cookie sheet (make sure to spray the sheet first) and bake for 10-15 minutes.

Topping mix

1. Take a new bowl and mix together these ingredients:
2. 2 cups of powdered sugar
3. 2 tablespoons of cold water
4. Mix until the frosting mix is nice and thick.
5. Add some rainbow sprinkles, or "Jimmies."
6. Once the cookies are done baking, pour the frosting mixture over the cookies while they are still warm so that the frosting melts right into the cookies.

These Italian cookies are perfect to bake around the holiday season to spread some extra cheer and sweetness. Enjoy, or as we say in Italian, "Mangi."



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Some freshly baked Italian cookie knots

What to do with leftover Halloween candy

By: Veronica Richard &
Briana Ramnauth
Contributing Writer

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The remains of the halloween candy



Halloween is a holiday filled with candy and creativity. Even after a night of sugar rushes, there are always leftovers for the next day. Instead of throwing the leftover candy away, you can put it to use in a variety of ways.

There are many baked goods that can be made using the candy. Looking for some delicious and creative recipes to use? You're in the right place.

Bake your leftovers: Halloween candy cookie bars

Making Halloween candy cookie bars is fun and easy. To make this recipe you are going to need the following:

- 1 cup white sugar
- 1 cup brown sugar
- 1 cup butter, melted
- 2 eggs

- 1 tablespoon vanilla
- 1/2 teaspoon salt
- 2 cups flour
- 2 cups assorted candy of your choosing, chopped

1. To prepare this recipe, begin with preheating the oven to 350 degrees Fahrenheit.
2. Take the candy of your choosing and chop it into bite-sized pieces.
3. In a large bowl, mix the sugars as well as the melted butter. Whisk the ingredients for approximately eight minutes.
4. Once the ingredients are mixed thoroughly, add in the eggs, vanilla, salt and flour.
5. After these ingredients are added in, mix everything thoroughly because then it is time to add in the candy.
6. Pour the batter into a baking pan and bake the candy cookie bars for 45-50 minutes.
7. Allow the candy cookie bars to cool down before cutting them into squares.
8. Once the baked goods have been cooled and cut, they are now ready to be served.

Donate your leftovers

If you don't feel like baking, some places take candy donations that will be given to different charities and organizations. Operation Gratitude, an organization aimed to help deployed Soldiers, veterans and first responders by sending care packages, does a yearly Halloween donation. Give a portion

of your leftover Halloween candy to them, and it will be sent to someone fighting for our country. Due to COVID-19, first responders are in need of a smile more than ever and this may be the perfect way to do so. Follow this [link](#) to learn more.

Another organization aiming to help bring a smile year-round to our troops is Operation Stars and Stripes. From Oct. 15 - Nov. 15, the organization takes donations of excess Halloween candy that will be used in their "Operation Holiday Stockings Campaign." Your candy donations will be shipped, along with Christmas gifts, to deployed soldiers. Other organizations that take candy donations for soldiers include Soldiers' Angels, Operation Shoebox, Treats for Troops and Any Soldier. Do good and spread cheer during this time of year and donate to a soldier in need.

Other charities, such as The Ronald McDonald House Charities, also take Halloween candy donations this time of year. The donations will be given to families with sick children. Call your local Ronald McDonald House to see how and when they're taking donations this year.

Lastly, check your local shelters, nursing homes and food pantries to see if they would like your donation. Any size donation is welcome, and you will be doing good for those in the South Florida community and beyond.

Whether you decide to make a delicious treat or donate some candy this year, we hope you had a great, socially distanced Halloween.

Alternatives: Get your Starbucks fix on a budget

By: Flor Ana Mireles
Copy Editor

Whether you go to Starbucks every day or save it for special occasions, one thing is for sure: it's an expense. Starbucks is a go-to spot for coffee and tea for many people, but it really punctures a hole in their wallets. Here are some alternatives that will give you that great Starbucks taste for a lesser price.

Dunkin': Matcha and chai tea lattes

Many may say that Dunkin's coffee is a bit too sweet, but it all depends on what you get. If you love ordering vanilla chai tea lattes at Starbucks, Dunkin' is a good place to get the same drink for way less. Instead of paying \$4 for a tall vanilla chai tea latte at Starbucks, pay \$4 for a large at Dunkin' -- trust me, it tastes the same. The same goes for green matcha iced lattes. In fact, I would say the matcha iced latte at Dunkin' tastes better than the one at Starbucks -- and it doesn't hurt my wallet.

Chick-Fil-A: Iced coffee

If your go-to iced coffee is vanilla or original, Chick-Fil-A gives you quality for a lesser price than Starbucks. For only \$2 for a medium and \$3 for a large, you're getting delicious iced coffee without even reaching \$5. Your wallet will definitely thank you for it.

McDonald's: Frappuccinos

Starbucks really rose to fame with its signature frappuccinos, but did you know you could get them elsewhere too? McDonald's McCafe frappes cost way less than the ones at Starbucks and taste very similar. Looking for a caramel, vanilla, mocha or cookies and cream frappe? McDonald's has got you covered for a fraction of the price. Here, you can pay as low as \$1 for a small, which is a sweet treat in and of itself.

Local coffee shops: All of the above

While Starbucks gets a lot of hype, oftentimes, the best place for coffee and tea is your local coffee shop. There are many coffee shops near NSU, including The Groves Coffee House, The Neutral Ground Cafe and Constant Grind, that serve a variety of coffees and teas, similar to those at Starbucks, but for a lesser price. In addition, when you go to a local coffee shop, you're helping a small business, which is something very much needed in times like these.

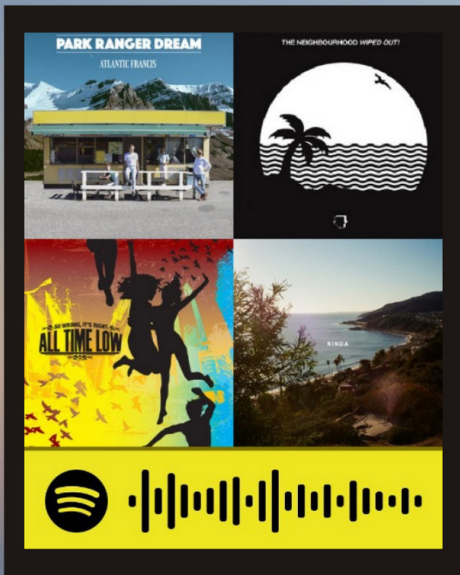
Starbucks may get its rep for its name and customer service, but as college students, we shouldn't be spending all our money on a coffee fix. You can get great quality drinks with great customer service elsewhere -- and for way cheaper, too.



PHOTO PRINTED PERMISSION BY F. MIRELES

Iced chai tea lattes at Dunkin' are more affordable

WAVES OF THE WEEK: SONGS FOR A BEACH DAY



A relaxing day at the beach is not complete without a soothing soundtrack to back it. These 10 songs perfectly capture that one-of-a-kind feeling of lying down in the sunshine.

"Six Feet Under The Stars"

(Acoustic)

All Time Low

"current location"

LANY

"Let's Get Tanned"

Atlantic Francis

"Wiped Out!"

The Neighbourhood

"Love You For A Long Time"

Maggie Rogers

"Coconut Water"

Milk & Bone

"Summer Of '69"

Bryan Adams

"Caught Up In You"

38 Special

"Summer on You - Bonfire

Remix"

PRETTYMUCH

"Sunshine"

khai dreams, Atwood

OFFSHORE CALENDAR

Live Guided Meditation:
Hosted by Meditation Breaks
Nov. 4 | 6:30 - 7:30 p.m.
[RSVP](#)

The Academy of Women's Leadership: Online Leadership Training For Women
Nov. 5 | 6:30 - 7:30 p.m.
[RSVP](#)

Leading Racial Equity, Inclusion, and Diversity at Work and in Society
Nov. 6 | 1 - 2 p.m.
[Register](#)

Louvre Museum Live Interactive Virtual Tour
Nov. 7 | 11 a.m. - 12 p.m.
[Get Tickets](#)

Blackthorn & Brannen Talk Botanical Witchcraft
Nov. 8 | 4 - 6 p.m.
[Register](#)

Monday Night Fever- Online Stay at Home Yoga
Nov. 9 | 7 - 8 p.m.
[Register](#)

2020 presidential election: Where to watch and how to stream

By: Sofia Gallus
Arts & Entertainment Editor

The 2020 presidential election takes place tonight, Nov. 3. While many of the major news channels are holding 24-hour coverage of the event, people who may not have cable or television access are left hopelessly Googling result updates if they want to stay informed.

Luckily, the presidential election coverage won't be too hard to find this year. Not only are major news channels holding extensive coverage of the event, but late night talk shows and streaming services are sharing live updates as well. While the election's final results may be delayed until the following day, it's still a good thing to stay informed on election night and not let social media misinform you.

News channels online

If you don't have access to a television, you can easily find election coverage on news organizations' websites. Television channels have been working hard to grant their audience access to their content online -- and the election is no different. If you're on campus and the news site you're trying to watch requires a cable subscription, it may be a good reminder that all NSU students have access to free cable through Xfinity while on NSU's WiFi -- all you have to do is log in with your NSU email and password. While channels such as Fox News and CNN are planning to hold

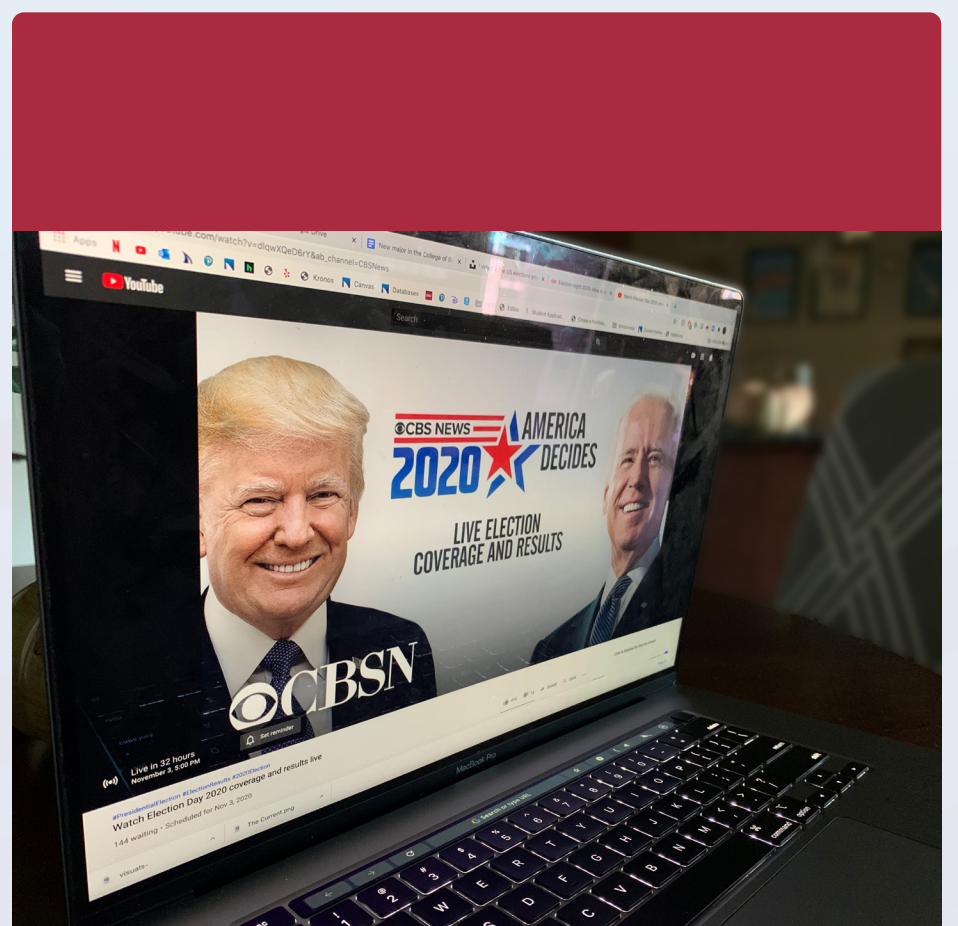
around-the-clock coverage online and on television, consider looking for a less biased channel, such as CBS or PBS.

Late night talk shows

Multiple late night talk show hosts, like Trevor Noah and Stephen Colbert, will be hosting live election night coverage events. If you're a bit more stressed out about this year's election and don't want to hear all the babble from news hosts, these streams might be for you. Noah's coverage has a star studded special guest list for performances and will be providing updates about the election. Colbert's show will be a bit laid back, letting viewers watch his and his guests' live reactions to election updates. These shows provide a humorous and less stressful way to keep up to date on election night and might even be fun to watch with your roommates. Both shows can be streamed online via their respective stations website.

Streaming channels

This year, Hulu is planning on broadcasting live election coverage as part of their partnership with the ABC news channel. This may be the easiest way for people without television access to watch the election coverage. Hulu has previously live streamed both of the presidential debates, as well as the vice presidential debate. All you have to do to find the live stream is log on to Hulu and it will appear on their homepage.



Stream the election via Youtube

PHOTO PRINTED PERMISSION BY F. SHABAN

THIS WEEK SPORTS IN HISTORY

November 3: NBA legend with 4th highest point total

In 1962, San Francisco Warrior Wilt Chamberlain scored 72 points against the Los Angeles Lakers, which is the fourth highest point total in NBA History. Chamberlain scored 29 field goals and 14 free throws.

November 4: Another victory by Serena Williams

In 2001, tennis star Serena Williams won the WTA Tour Championship in Munich, Germany. She won after Lindsay Davenport defaulted the final due to a serious knee injury.

November 5: Maddens wins 100 NFL games

In 1978, Oakland Raiders' John Madden became the 13th coach to win 100 NFL games. His journey to 100 wins was the third fastest in NFL annals.

November 6: Creator of basketball's birthday

In 1861, James Naismith was born in Almonte, Ontario. Naismith was a Canadian-American physical educator and inventor. He created basketball and invented the football helmet.

November 7: Death of Joe Frazier

In 2011, American boxer Joe Frazier, who was an olympic gold heavyweight champion, died of liver cancer at 67.

November 8: Strawberry signs contract with Los Angeles Dodgers

In 1990, Darryl Strawberry signed a five-year contract with the Los Angeles Dodgers. Strawberry would go on to play 17 seasons in Major League Baseball.

November 9: Youngest Chess Champion

In 1985, Garry Kasparov became the youngest ever world chess champion at 22. He won with a 13-11 score over fellow Russian, Anatoly Karpov.

On The Bench:

Let's hold off on bringing back fans

By: Gabriel J. Stone
Contributing Writer

As we all venture through these trying times, we must ask how we can return to normal in the most effective and safest way possible. From local businesses, schools and elderly care facilities, to national quarantines and sports, many questions are present in the discussion on how to best manage such urgencies.

Since the start of the quarantine, we have seen quite the roller-coaster of responses from the likes of the National Football League (NFL), National Baseball Association (NBA), Major League Baseball (MLB) and more when it comes to the combinations of player safety and fan safety guidelines.

Since March, athletic competitions have hosted with no audience; empty coliseums and

stadiums alike. In Europe, many top leagues, like La Liga in Spain and Serie A in Italy, competed with strict guidelines, and now, in the U.S., we are seeing small crowds finally starting to come back to the stands to watch teams, like the Tampa Bay Lightning or the Miami Dolphins, but are the ones who are calling the shots jumping the gun on giving the okay to safely returning fans?

How do these guidelines for reopening stadiums compare when going up against social distancing and other COVID-19 regulations as recommended by the CDC and other trusted institutions? Are these workplaces safe for competing athletes and fans?

Many of the major league sports are considered contact sports, meaning "a sport in which the participants necessarily come into bodily contact with

one another." It is one thing to say that every player in the league is responsible enough to be precautious enough on their own time to not carelessly contract the virus and spread it to others, but it is another to deliver on such a promise.

The first NBA player to contract coronavirus was Rudy Gobert during an interview in which he was saying he didn't think the virus was a big problem, proceeding to touch all the mics and other equipment during his press conference. Later, his teammates said he was acting cavalier towards the pandemic and that Gobert would be physical with other players on the team as well as mess with people's belongings in their locker. It shows how careless people can be towards this virus -- and many others are just like that.

As of June, 16 of 302 NBA players

have tested positive for coronavirus, according to ESPN. The NFL had both Carolina Panthers and the Atlanta Falcons shut down their facilities because coaches, players and other staff members had positive test results. The Tennessee Titans had one positive test turn into an outbreak of 24 total cases.

Are organized sports risking the lives of the players at the expense of a few careless individuals? Not only in the professional setting do these risks apply, but in our communities' schools where children can bring this virus accidently home. There is no clear path ahead of us as we try to navigate this storm together, but we should remember the value of life and to put the safety of others and ourselves before anything else.

Deep cleaning: Good for mind and body

By: **Christina McLaughlin**
Co-Editor-in-Chief

If you are like me, cleaning your living space may cause you to work up a sweat and maybe even leave you a little sore the next day. As absurd as it may sound, cleaning your bedroom, bathroom and general living space can actually be

even improve your immune system, prevent illness and help manage allergy symptoms.

Numerous studies have linked organization and cleanliness, at least on a continued basis, to a positive boost in daily mood and help with focusing throughout the

“According to Healthline, keeping our homes clean and organized could provide us with a lot of health benefits. A deep clean of all the nooks and crannies can get rid of the pollutants in the air and even improve your immune system,

considered a workout in itself. According to a Washington Post article published in May, routine household chores like vacuuming, dusting and doing laundry can burn as many calories as a workout. The exact amount of calories may range depending on factors like weight and the amount of physical activity with each task, but it still gets your blood pumping and can make up for some missed time in the gym.

If you are looking for another reason to clean up or if you just need a little more encouragement, it's safe to say that COVID-19 is making us all feel a little gloomy. Even though we don't have control over what is going on in the world, we should take advantage of what we can control, like the state of our rooms.

According to Healthline, keeping our homes clean and organized could provide us with a lot of health benefits. A deep clean of all the nooks and crannies can get rid of the pollutants in the air and

day. Now, what college kid doesn't need a boost of serotonin or help focusing? I think we all know that coffee can only do so much when it comes time to study for the big test or even power through that 10-page essay. So, maybe it's time for us to consider putting away some of the clothes on the floor or running a vacuum or mop through the house.

Now, what if you are a star cleaner and set up a day to clean your apartment each week or don't have a messy streak in your body? Not to worry. A deep clean can still apply as a workout, just with some minor adjustments. Stay with me here, but have you ever considered turning that weekly cleaning into an actual workout with reps?

At-home workouts online suggest doing just that by adding lunges to your mopping or vacuuming, squats for the hard-to-reach places and some arm extensions for dusting. As a reminder, just like with any other physical activity, don't forget to do a full-body stretch beforehand to prevent any type of injuries. Trust me, you don't want to be the person who rolls their ankle wrong



PHOTO PRINTED PERMISSION BY F. MIRELES

Frequent cleaning of common areas like a bedroom can help alleviate stress and sweat off the extra few calories

slipping on a wet floor or throws out their back from scrubbing too hard on the bathtub.

So, if you are looking for a new, engaging way to burn some calories while

also doing something good for your health and mind, consider making the most of your next cleaning session.

What is the franchise tag?

By: **Blake Mallick**
Contributing Writer

The franchise tag is something that each National Football League (NFL) team has every offseason. It is used on players that are free agents and gives their team the power to retain their rights without a long-term deal in place. Players are not forced to sign the tag, but if they don't, they will still belong to the team and cannot become a free agent until the next season. A player can be tagged multiple years in a row, but the salary will continuously improve.

There are three different types of tags: exclusive, non-exclusive and transition.

The exclusive tag means that the player cannot negotiate with any other team, so they are locked in with their team. The non-exclusive tag allows the player to negotiate with other teams, but if that player signs with a new team, the former team gets two first round picks in return. In this scenario, a team has to

be comfortable with giving up two first round picks for signing that player. With the exclusive and non-exclusive tags, the player is paid an average of the top five salaries at their position. Then, the transition tag allows players to freely negotiate with other teams, but the original team gets no compensation if the player signs with a new team. The transition tag pays the player an average of the top 10 salaries at their position.

A lot of players will play under the one-year deal of the franchise tag. For example, Dak Prescott, the quarterback for the Dallas Cowboys, was tagged during the 2019 offseason. He didn't like the long-term offer from the Cowboys and wasn't able to get to the open market, so he agreed to sign the franchise tag. He bet on himself and wanted to hit the open market in 2020's free agency. In Week 5 against the New York Giants, Prescott would suffer a compound right ankle fracture and dislocation. It was a season ending injury and could possibly be worse.

Prescott now faces financial uncertainty for the future. Yes, he could be fine in time and get the contract he deserves, but what if this is a career altering injury?

A case of a player refusing to play under the franchise tag is Le'Veon Bell in 2018. In 2017, Bell played under the franchise tag. Coming off of 1,946 total yards, he was hoping to get a long-term deal with the Steelers, but they elected to franchise tag him for the second season in a row. The 26-year-old running back had dealt with serious injuries before and wanted long-term stability. The Steelers' offer to Bell wasn't what he thought he was worth and he didn't like the guarantees, so he refused to sign it and sat out the entire season in 2018.

Bell signed with the New York Jets in 2019 on a four-year \$52.5 million contract with \$27 million guaranteed. The 27-year-old was coming off of a year of sitting out due to refusing to play on the tag and the market for him wasn't as large as he anticipated it to be.

Due to franchise tag rules, he wasn't able to negotiate a deal the prior year and lost a lot of money when he was sitting out, considering that he was offered a five-year, \$70 million deal from the Pittsburgh Steelers.

Players who are tagged are forced to make a difficult decision. Is it worth it to risk their financial stability for one year or do they sign a long-term contract with their team without even getting to explore their market in free agency? A team may only be willing to pay their player a certain amount of money, but they can't test their market if they get the exclusive tag. It becomes a difficult decision to make. What if they suffer a career altering injury while on that one-year franchise tag? It seems that these rules benefit the franchises much more than they benefit the players.



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It's not Christmas yet

By: **Rey Perez**
Contributing Writer

On my way home one day, I passed Dunkin'. There wasn't anything particularly special about this Dunkin,' except a three-foot-tall Christmas tree in the window that caught my eye. It was mid-October. Stores and restaurants putting up Christmas decorations around Halloween is like wearing a parka in the summer. It's out of place. However, that's not all it does. It takes away from the time dedicated to celebrate Halloween, and later on, Thanksgiving.

Each holiday is supposed to get its due time. That way, we can fully enjoy the holidays each month has to offer. Now, that's not to say that I can't understand seeing Christmas decorations going up in November. Thanksgiving is a pretty boring holiday, and because of that, it gets dunked on by the powerhouse that is Christmas. Don't get me wrong, Thanksgiving has its uniqueness, but it does not match the Christmas spirit. You know what I'm talking about: "It's beginning to look a lot like Christmas," that Christmas magic. No one ever sang about turkey and gravy, although maybe they should have.

Now, let's say you get all jazzed for Christmas and go all out in November -- the music, the garland, the sweaters that make living in South Florida worse, the cookies, the movies, the Douglas Fir air fresheners. All of

it. By the time December rolls around, you will be exhausted of it all. Trust me, I've done it. Christmas day will come and you will be glad when it goes back into its year-long slumber.

Besides, why skip Halloween? The decorations are truly unique and it gives people an excuse to dress up in costumes. For one day, that's not considered weird. It's also a great opportunity to meet your neighbors, and what makes for a better first impression than them handing you candy? If you're too old for that, then you get to sit at home and witness an endless parade of costumes float by your doorstep all night. Even if you don't want to do that, you can grab a nice cold mug of apple cider and sit down to your favorite horror movie. There's a lot to do and drowning October in Christmas is just as unfair as the Christmas colonization of November.

It seems every year the Christmas decorations get whipped out in retail stores across the country earlier. While this might be great for business to get the ball rolling for the major Christmas cash flow, it isn't for the rest of us who would prefer a balance in our holidays. Like eating pancakes for dinner, too much of a good thing is a bad thing. So, put the garland back in the cardboard box -- it can wait another month.



Taking classes remotely has helped my anxiety

By: **Veronica Richard**
Contributing Writer

NSU has recently announced they are continuing the Blend Flex model, a combination of online and in-person learning, into the new semester, and I could not be more excited.

I have generalized anxiety disorder (GAD), which is constant anxiety over practically anything and everything. Being anywhere but home is always a struggle. With online learning, I have the option to take classes from the comfort of home without my attendance faltering, needing to worry about anxiety attacks or dealing with the constant fear of panicking in front of my peers. I can participate in in-class lectures, live discussions and club meetings in a space where I feel comfortable and at ease.

While it has helped me keep calm, I understand not everyone feels the same. Students are begging for things to go back to normal so they can continue their social lives. I miss seeing my friends and it is hard to find the effort to wake up every morning just to continue working from bed. However, if we focus on the positives, we gain the effort we need to succeed.

This will not last forever and things are settling into a new normal for everybody. Who knows, maybe I will attend a class or two in-person next semester and see how I feel. This pandemic has me starting to feel more open to change and branching out of my comfort zone more each and every day.

Senate Republicans may have won the vote, but they will never recover their credibility

By: **Sofia Gallus**
Arts & Entertainment Editor

On March 16, 2016, former president Barack Obama nominated Judge Merrick Garland for the Supreme Court. Garland was to replace Justice Antonin Scalia, who had passed away a month earlier. Usually, when there is an open seat on the Supreme Court, a president is able to nominate a judge to fill it. The candidate goes through a process of confirmation and the Senate votes on whether the candidate is viable to serve on the Supreme Court.

Garland wasn't nominated at any old time, though. Garland was nominated during an election year.

Mere hours after Scalia's passing and a month before Garland was nominated by the president, Senator Mitch McConnell had already voiced his opposition. He cited that a nominee this close to the election is immoral and an injustice to voters, who he said should have a voice in the confirmation of a new Supreme Court Justice.

In fact, many Senate Republicans who

are still serving on the Senate this year voiced their opposition to filling Justice Scalia's seat. Lindsey Graham promised the public they could use his words against him in 2016 when he said the Republicans were setting a precedent as to not confirm a new Justice during an election year. Cory Gardner said the stakes were too high to consider a new Justice at that time. The list of quotes from various Republican senators goes on and on, vowing that the primary reason they would choose not to consider a new Justice was that the American people should elect a new president who better reflects their voices. Garland was never confirmed; in fact, he was never even granted a hearing. Sure enough, Donald Trump was able to nominate and confirm his own candidate in 2017.

This year, the Republican senators have changed their tune completely. Again during an election year, an opening on the Supreme Court became available. This time, though, it was only 46 days before the presidential election. Justice Ruth Bader Ginsburg's dying wish was to not be

replaced before a new president was sworn in.

Hours after her death, McConnell spoke again, this time promising his support of the

“There was no concern for the American people this time. There was no respect for the former Justice, who was considered a political legend by many. There was no hesitation. In your life, South Florida has got some great unique trails for you to walk, run or bike on. All you have to do is get out there,

president's nominee. A week after Ginsburg's death, President Donald Trump chose his nominee. Finally, after only about a month of hearings and eight days before election day, Amy Coney Barrett was confirmed to the Supreme Court on Oct. 26.

There was no concern for the American people this time. There was no respect for the former Justice, who was considered a political legend by many. There was no hesitation. Nearly every Republican that spoke publicly in opposition of Garland's nomination in 2016 voted for

Barrett's confirmation. Their excuses for her quick confirmation no longer echoed concerns for voters. Instead, they cited that they were

simply doing their jobs.

In a situation with so many parallels, it is clear that the Senate Republicans do not care about their jobs, the American people or even the late Justice Ginsburg. They only care about winning. While they may have won the confirmation vote, they will never recover their credibility.

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Is turkey even good or just tradition?

By: **Jaden Wilson**
Contributing Writer

As soon as most of us hear the word “Thanksgiving,” an image of a turkey pops up into our minds. However, on Thanksgiving, there are so many other foods on the table. You have macaroni and cheese, mashed potatoes and even pie. So, why do we make the blandest and driest food on the planet the centerpiece of it all?

When I see a family member bring turkey on Thanksgiving, I am not amused. Of course, I’ll have a piece, just to be nice, but in all honesty, I hate it.

After talking to some people and getting their perspective, it seems that I’m not the only one who dislikes turkey. If a majority of people find turkey distasteful, then why is it even on our tables on Thanksgiving?

Essentially, the turkey is a useless animal as opposed to a chicken or a cow, so eating them is one way that society can enjoy their existence. So, why is turkey the centerpiece on the table during Thanksgiving? It may have been due to the influence of Abraham Lincoln. Thanksgiving was recognized as a national holiday during Lincoln’s presidency in 1863, but three years earlier, Lincoln had started the tradition with an unofficial Thanksgiving dinner that included roasted turkey. After the recognition of Thanksgiving as a national holiday, organizations across the country made sure that people had all of



Thanksgiving meal at the dinner table

PHOTO PRINTED PERMISSION BY B. LAPA

the necessities for celebrating Thanksgiving, which included the presence of a turkey. At the time, since Lincoln was president and turkey was his favorite meal, people across the nation would make the turkey the main course on Thanksgiving.

People in the 20th century in the U.S. loved to have turkey as a meal because turkeys were abundant and plentiful at the time. Even one of America’s founding fathers, Benjamin Franklin, thought the turkey should be the national bird. He thought it would’ve been a more appropriate national symbol than the bald eagle due to his belief of a turkey being a more “respectable bird.”

After learning a bit about the tradition of turkeys on Thanksgiving, I still think that they do not need to be on the table on Thanksgiving. Despite the American tradition of cooking the turkey, filling it with stuffing and having it sit largely in the middle of a table, it is still not delicious in any way.

The turkey is bland, dry and simply not good. I’d much rather have a heaping plate of mac and cheese than even the smallest bit of turkey on Thanksgiving. Of course, people are going to love going the traditional route, but if good taste is in the equation, turkey simply cannot be the outcome. So, to answer the question: no, turkey is not good. It is in fact just tradition.

#Keeptheconversationgoing

By: **Chloe Rousseau**
Contributing Writer

Now more than ever, being an activist on social media and in person is incredibly important. Social movements took the summer by storm, especially the Black Lives Matter movement, but now, the hashtags for social movements are not trending.

Maria Rativa, a sophomore communication major at NSU, is notably active about expressing her views on social media pertaining to social and political movements.

“Social activism is really important, especially after a hashtag dies because you can’t just wait and only [post] when things are at their peak. When a topic is important and you are passionate about it, it is important to keep it up,” she said.

After a hashtag, such as #blacklivesmatter, is no longer trending, the conversation about protecting people of color (POC) and their rights does not need to end. Speaking to friends, family and those with opposing views plays a momentous role in social and political movements. It is possible to receive backlash from people, and to an extent, this means the posts are being seen and the information is being received.

Social and political movements largely impact POC and people who are part of minority groups. POC and minorities make up a large

group of the voter population in the U.S., according to the Pew Research Center.

Staying active, even after a hashtag is no longer trending, greatly improves the chances of the voices of minorities and POC being heard. Even if a person is not a POC or a part of a minority group, advocating for the rights and protections of those who are incredibly important.

Many people on social media are millennials (people between 24 and 39 in 2020) and Generation Z (people under the age of 24 in 2020). In the 2016 election, millennials became the second largest voting group, surpassing Generation X (people between 40 and 55 in 2020), according to the Pew Research Center.

With older Generation Z and younger millennials forming the majority of Instagram users, it is clear why posting and using hashtags for information on social and political movements is so critical, even when they are no longer trending and it is no longer “cool” to be an activist.

Only posting or speaking out once at the peak of a movement and never again does not even begin to be enough. Speaking out on social and political injustice is how improvements are made to the system.

1 · Celebrities · Trending

Voted

More than 97 million Americans have voted with one sleep left until Election Day

US elections

Scenes from the 2020 early voting season



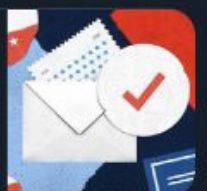
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2 · Trending · Trending

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US elections

What you need to know about this year's election results, and when t...



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