
The Current

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The Current Volume 30 : Issue 12

Nova Southeastern University

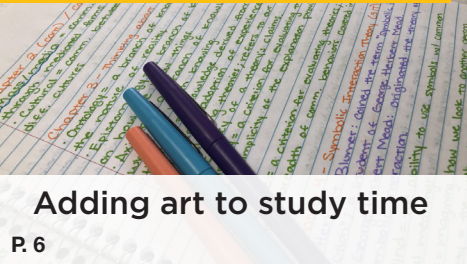
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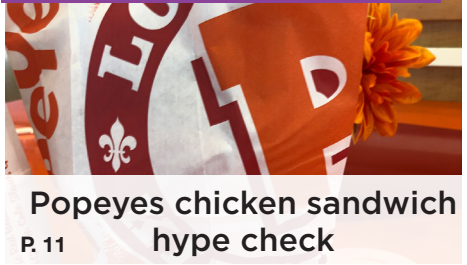
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Get immersed in the culture through International Education Week

By: Rick Esner
News Editor

International Education Week (IEW) will be taking place this year from Nov. 16-23. IEW is a week set forth by the U.S. Department of State and the U.S. Department of Education to promote international education, diversity on campus, multicultural competence, as well as celebrate international students. This is the fourth year that NSU is taking part in IEW, and will be hosted by the Office of International Affairs. However, for the second year in a row, the whole initiative is student-led by Razor's Edge Global and their IEW committee.

International Education Week will include a wide variety of events. There will be stem events, like the Picture Yourself Abroad: Virtual Reality Experience presented in the Alvin Sherman Library, and more personal events, like Dating Across Cultures: Strategies for Healthy Intercultural Relationships. Additional events include International Coffee Hour hosted by the Office of Residential Life and Housing and the Hunger Banquet hosted by the Office of Student Leadership and Civic Engagement.

NSU has over 1,000 students from over 100 countries. With that said, IEW is a big affair and is being celebrated by varying



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organizations and offices across NSU. Sarah Brandt, graduate assistant for International Affairs and Razor's Edge Global said IEW "[helps] students see how diverse NSU is [and] learn about all the international students around them and all the cultures that are at NSU. NSU is a really culturally diverse campus and we

really want students to see that and celebrate that, but also learn about it."

When asked about why NSU is participating in IEW and what NSU wants students to learn, Brandt answered that, "I think we would want people to take away that, when cultures come together, it's really

beautiful and people can prosper in those kinds of environments. Also, teaching them our world is becoming more culturally diverse and how they can navigate that successfully." Brandt also mentioned some events that students do not want to miss including the Opening Ceremony: Parade of Flags in the Carl DeSantis Atrium from 11:45 a.m. to 1 p.m. on Nov. 18, the Multicultural Shark Celebration in the Alvin Sherman Library Quad from 5 to 8 p.m. on Nov. 20, and the Global Village in the Don Taft University Center from noon to 1 p.m. on Nov. 22.

If students attend an IEW event earlier in the week, they will receive an event passport, and for every other event attended, they will receive a stamp. The student with the most stamps will win a \$50 Amazon gift card.

There will also be some Shark Cage Specials occurring during IEW. If students go to Natural Bowl Acai on Nov. 18, 20 or 22, they will receive 10% off if they present an IEW flyer or Instagram post. Students interested in attending any IEW event or Shark Cage special can see the full list of events on the IEW website, Nova.edu/IEW.

The logistics behind "When They See Us"

By: Rick Esner
News Editor

This year the Black Law Student Association (BLSA) will be holding a panel focusing on the Central Park Five, an infamous court case from New York that began in 1989. In the court case, five people of color, who at the time were teenagers, with four of the five being minors and one adult, were falsely found guilty of assault and murder among other charges. The four teenagers ended up serving 6-7 years in prison and the adult ended up serving 13 years before the convictions were vacated in 2002. Upon release, the five men sued the city for discrimination and emotional distress, which was settled in 2014.

The BLSA "When They See Us" panel will be held on Nov. 15 at NSU's Shepard Broad School of Law. The idea for the panel was sparked after the mini-series Netflix released this year, "When They See Us," which brought nationwide attention to the details of the case. This specific panel will focus on the legal aspects of the case from varying viewpoints. Those who attend will learn about the case, how it was handled, and its relation to the court system today.

Speakers on the panel will include The Honorable Ilona Maxine Holmes who is a retired judge of the 17th Judicial Circuit,

Colonel David Holmes of the Broward Sheriff's Office, Alisha Hurwood Chief Program Officer at Coast to Coast Legal Aid and two NSU law professors, Megan F. Chaney and Mark Dobson. The panel will also be moderated by Arturo Hodgson, Associate Director of Admissions at NSU Law School.

The BLSA encourages any student or member of NSU community to attend. Alexis Beckford, Secretary of BLSA explained, "It is a good way to [explain to those] who aren't familiar with the law as to what went on with the case. It extends beyond that case as well because we are also using the case to show the injustice that happened back in 1989 versus the injustice that is still prevalent in today's society, especially for people of color." BLSA is looking to inform a wide audience about the case in hopes that people learn a little bit more about the law and how it is handled, especially in the case of minors.

"We have opened it to the law school, the medical school, the undergrad, the high school across the street [and to] members of the community. There is literally no one person we don't want there," added Jordana Rostant Nunes, Vice President of BLSA

It is not necessary, but recommended,

to watch the mini-series prior to attending; in fact, President of BLSA Raven Holloway also recommends watching the PBS documentary on the case. Holloway mentioned how the PBS case shows a more unbiased retelling of the case and focuses on the real-world stories of these teenagers.

The check-in and reception starts at 5 p.m.

and the panel begins at 6 p.m., going through to 8 p.m. Students interested in attending should RSVP before Nov. 14, which can be done on the Shark Fins website, which provides a full event agenda. There will also be an open Q&A session during the panel for attendees to ask any questions they have on the case or about the law revolving around the case in general.

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global news, courtesy of the current

Mormon families massacred in Mexico

On Monday, Nov. 4, three mothers and their combined 14 children were attacked on the road by gunmen. According to The Washington Post, "Assailants killed at least nine members of a fundamentalist Mormon community in Northern Mexico," including all three mothers and six of their children whose ages ranged from eight months to 12 years. Several of the other children were injured and had to be airlifted to a nearby hospital. As of Tuesday, Nov. 5, one suspect has been arrested as the ministerial Agency for Criminal Investigations (AMIC) stated that the suspect "was holding two bound-and-gagged hostages in the hills of Agua Prieta in Sonora state," which directly correlated to the destination and community the women and children were involved in.

Scientists in Eastern Africa discovered that vulturine guineafowl live in societies reminiscent of our own

On Monday, Nov. 4, a study published in "Current Biology" explained how Eastern African vulturine guineafowls, red eyed, baldheaded, boldly plumaged birds, live in a societal structure very similar to humans. According to Damian Farine, the lead researcher of the study, "these hefty birds can fly, but rarely choose to. Instead, they stroll across the landscape in packs, often walking so closely that their bodies touch... And while most other social birds are very territorial, groups of vulturine guineafowl don't mind sharing turf." Despite their pe-sized brains, The New York Times states "there may be more birds and other animals out there that, although

cognitively unimpressive, [that] have societies as many-layered as our own."

France announces new measures on immigration

With municipal elections just months away, on Wednesday, Nov. 6, France's President, Emmanuel Macron, and his government announced steps to make the country less attractive to migrants. According to The New York Times, "among [Macron's] new get-tough measures is a provision that asylum seekers would have to wait three months before qualifying for non-urgent health care." In addition, officials have announced that informal migrant camps in and around Paris would have to clear out before the end of the year. "[France wants] to regain control over our immigration policy," said Prime Minister Édouard Philippe and will be establishing a system of annual quotas to grant visas to skilled immigrants for the first time.

China sentences man to death for trafficking fentanyl to the U.S.

On Thursday, Nov. 7, a court in Xingtai, China convicted and sentenced Liu Yong, a drug-ring member, to death for trafficking fentanyl, a synthetic opioid pain reliever that is 80-100 times stronger than morphine, into the United States. According to Chinese and American officials, "[Yong] led an illicit network of labs that produced and shipped packages of fentanyl to American users who were able to place orders online through a dealer simply known as 'Diana.'" Yong's death sentence has been suspended for two years, leaving open the possibility of life in prison.

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The Current serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU's established vehicle for student reporting, opinion and the arts. All community members are invited to contribute.

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News Anchor

Stay up to date with national events.

Man pleads guilty in attack on Syrian refugee teen

Adrian Vergara, a San Diego man, pleaded guilty to hate crime accusations after he attacked a 17-year-old Syrian refugee on a San Diego trolley on Oct. 15, 2019. According to The New York Times, the 17 year-old was riding the trolley on his way home from school and speaking to a friend in Arabic over FaceTime. "Vergara sat down next to him, pulled his earbud out of his ear and asked, 'What trash are you speaking?'" to which the teen replied, "Arabic." Vergara then proceeded to punch the teen repeatedly, yelling obscenities and racial slurs. According to the unnamed teenager who has only spoken to local news outlets anonymously, none of the bystanders on the trolley car stepped in despite the teenager's repeated pleas for help. The emotionally

traumatized teenager has not been on the trolley since the attack and is being homeschooled until the end of the semester.

Airbnb regulations increased in Jersey City

Last Tuesday, residents of Jersey City, the second-largest city in New Jersey, voted in favor of stricter regulations on short-term rentals. The new regulations will likely shrink the number of Airbnb's in the city. According to the New York Times, the overwhelming support for regulations on the quickly expanding home-sharing industry follows concerns of increasing numbers of often-unruly tourists in residential areas which increases housing costs and accelerates gentrification. Other cities including Amsterdam, Paris, Vancouver and Los Angeles have also passed laws regulating short-term

rentals, and in some cities, including Palma de Mallorca in Spain, have chosen to outright ban Airbnb.

Key witness reverses testimony

Last week, a key witness in the House of Representatives' impeachment inquiry, Gordon D. Sondland, reversed his previous testimony and claimed that testimonies by other witnesses had "refreshed his recollection of the events" involving the United States' choice to withhold Ukrainian aid. According to The New York Times, Sondland revised his testimony in a written statement and admitted to telling a top Ukraine official that U.S. military aid was contingent on the country's publicly committing to investigations requested by President Trump.



Join the
Current

We meet Tuesdays,
12:30 p.m. to 1:30 p.m.,
in the Student Affairs
Building Room 104

Career advice and a pizza slice

By: Tava Boeckel
Contributing Writer

On Nov. 20, there will be an exciting opportunity for NSU's international students! The Office of Career Development is hosting an advice panel for international students seeking jobs and internships. The panel will feature five students who have had success in finding job and internship opportunities related to their respective fields of study.

The panelists will have varying majors ranging from pre-medicine to the art. The panelists will tell attendees about their experiences with internships and jobs that lead to further careers in the U.S. Attendees will also have a period to publicly ask the panelists questions regarding their stories and experiences.

"This event was started because we found

that it's sometimes hard to find out what those opportunities are for students who are under CPT [Curricular Practical Training] or OPT [Optional Practical Training] and so we wanted them to be able to connect with students who have found success under those opportunities and help their peers" explained Meagan Jones, Assistant Director of Career Advising for the Office of Career Development. Jones described it is a great way for international and domestic students to network with their peers. "Whether you're a domestic student or international student, I hope the students gain from this opportunity the power of networking... Sometimes in college it's hard to figure out what that first step is and maybe going to different offices and hearing from professionals

may help, but I think that sometimes the most learning comes from hearing it from your peers."

This will be the second year that the Office of Career Development is hosting the event. Last year, the panel had resounding success with around 60 students attending. The office expects the number of attendees to double this year.

Jones explained that "the event will be in Desantis [with] the first hour [being] students hearing from the panel. Students will be able to ask questions and really engage with the panel. Then later, we will have pizza and students will have the opportunity to interact with the panelists one on one and ask questions that way if they're a little more shy."

The panel will allow students to gain knowledge about career opportunities they may have not been privy to. According to Jones, "Two of the students on the panel had internships that turned into full time jobs. So I think it's really important for students to see that."

This is truly a chance for students to get guidance in their future career prospects in a relaxed setting allowing for them to absorb the information in an easy way. Career Advice and Pizza Slice will be held in room 3031 on the third floor of the DeSantis building. It will run from 6 p.m. until 7:30 p.m. Career Development looks forward to see students attend when they serve up career advice and a pizza slice!

News Briefs

get the scoop on events happening on campus

Holiday shark shuttles to FLL airport

To help NSU students travel home safely over the holidays, shark shuttles will be making runs to and from the Fort Lauderdale Hollywood Airport during both Thanksgiving and winter break. The service to FLL Airport for Thanksgiving break will be available on Nov. 26-27 at 7 a.m., 8 a.m., 9 a.m., 2 p.m., 3 p.m. and 4 p.m. with pick ups in the Commons Circle. A shuttle will also run from the airport on Dec. 1 from noon to 6 p.m. to bring students back to campus for finals week. The deadline to sign up for the Thanksgiving shuttle is Nov. 11. Winter break shuttles will also take students to FLL Airport from Commons Circle on Dec. 6-7 at 7 a.m., 8 a.m., 9 a.m., 2 p.m., 3 p.m. and 4 p.m. Airport pickup is available on Jan. 4-5, 2020, from noon to 6 p.m. The last day to sign up for the winter break shuttle is Dec. 2. Students can reserve their seats at nova.edu/airportshuttle. Additionally, all students will be asked to present their NSU student ID before riding the shuttle.

Top gun beach volleyball tournament and cookout

On Nov. 13, the Freedom Sharks and NSU's Women's Volleyball team will be hosting the Top Gun Beach Volleyball Tournament and Cookout at the FFV sand volleyball court and pavilion. Teams will battle in a winner-takes-all competition for gift cards, Top Gun memorabilia, and the

winning team's name forever memorialized on the Nick Bradshaw Memorial Trophy. Those interested in creating a team can sign up online and contact vrc@nova.edu with any questions.

Holiday care package for the troops

Students United for Returning Veterans (SURV) will be creating holiday care packages to send overseas to our troops and are in need of donations. They are signing holiday cards, hosting a bake sale, and collecting donations to send to U.S. troops. Starting on Nov. 12, they will be accepting donations in the Maltz Psychology building and the Veterans Resource Center until Nov. 22. Suggested donations include holiday candy, black socks, travel-sized toiletries, DVDs, handheld games, packaged snacks, kleenex, playing cards, hot chocolate/cider packages and more.

AAUW Latina Equal Pay Day

The American Association of Undergraduate Women will be hosting Professor JoAnn Ackerman on Monday, Nov. 18 from noon to 1 p.m. Ackerman will discuss advice on obtaining financial independence and the wage gap that women of every race and ethnicity experience. Latinas, especially, are known to experience this wage gap and were paid only 53% of what non-Hispanic white men were paid in 2017.

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Immigration in the US: a history

By: **Lauren Do Nascimento**
Contributing Writer

The United States has always been a country where millions of people wish to live. Each year, many people immigrate to our country from a variety of different countries. In 2016 alone, 1.18 million immigrants came legally to the U.S. Yet one location stands out as a symbol of immigration in the United States — Ellis Island. The island is located on the upper bay off the coast of New Jersey, slightly in the shadow of the legendary Statue of Liberty. Many people don't know much about Ellis Island or how it became so well known for immigrants coming to America. Ellis Island was much more than just a hub for immigration and has more history behind it than most people know.

Before it was used for immigration

purposes, Ellis Island was owned by a man named Samuel Ellis. Samuel Ellis owned the private island in the 1770s, and when he died, the island assumed different purposes. The island was even called different names like Gull Island or Kiosk. For a long time, Ellis Island was used for military purposes. The island was mostly used for storing military weapons and whatever else the military needed it for. It was only after 1892 that the island was used for immigration purposes.

Since 1892, Ellis Island has had its gates open to foreigners looking for a new home or seeking asylum from their native countries. The highest influx of immigrants into the United States via the island was from 1900 to 1914.

People came from all over Europe, Asia, Africa and many other countries, passing through Ellis Island on their way to a new life. 1907 was the year with the highest number of immigrants coming in through the island. In that year alone, almost two million immigrants traveled to Ellis Island— a record that was held for at least 80 years. However, there were moments in history when immigration through Ellis Island was not as popular. When the United States joined World War II, the levels of immigration decreased significantly.

The reigning success of the island as a safe place for immigrants to land did not last forever. Ellis Island closed its doors to immigrants on Nov. 12, 1954. This doesn't mean that all history

is lost forever though. There are many museums with exhibits about the historical island, and one museum on the island itself. The impact that this one island had on millions of people in America can not be described in words. The United States has always been a symbol of freedom and liberty, not only to us as Americans but also to those who risked everything to be here. Ellis Island is the perfect personification of this and standing in front of it is the best symbol that we have, the Statue of Liberty. Ellis Island will forever be in our history as one of the most impactful places of our country.

NSU's Symbolic Sculptures and Art

By: **Linh Tran**
Contributing Writer

Go to nsucurrent.nova.edu for a matching photo story!

Spending so much time on campus, it's easy to lose sight of things we see often. We're so preoccupied with personal concerns that we're not aware of our surroundings. The sculptures around campus are art that we forget to appreciate. They're the embodiment of the school, and therefore they deserve some admiration.

The Shark Fountain

Located in front of the Don Taft University Center since 2008, the iconic Shark Fountain, designed by wildlife sculptor Kent Ullberg, symbolizes our prideful mascot: the mako shark—the fastest-swimming and highest-jumping shark in the ocean. "It used to be a planter before," said Brad Williams, Vice President of Student Affairs, "[The fountain] was the pinnacle of [NSU's] PAN-Student Government Association [as it was commissioned by them] that year."

A Tribute to Sharks

The world's largest shark mural is located inside of the Don Taft University Center and was created by marine artist and conservationist Guy Harvey, the namesake for NSU's Guy Harvey Oceanographic Center and a wonderful benefactor of the university," according to Williams. Featuring 19 distinct species of shark, both painted and three-dimensional, the mural powerfully reminds NSU students of their potential strength.

The statue of H. Wayne Huizenga

A bronze bench outside the Rose and Alfred Miniaci Performing Arts Center commemorates H. Wayne Huizenga, a member of the NSU Board of Trustee Emeritus and the namesake for the Huizenga College of Business and Entrepreneurship. According to Williams, it is the only college of business in the U.S. that has entrepreneurship in its name. Crafted by sculptor

Robert St. Croix, the bench and statue have been located in front of the Rose and Alfred Miniaci Arts Center since June 15, 2013 with Huizenga sitting and looking at his college under a shady tree. The plaque highlights President Hanbury's profound quote— "We all plant seeds for shade trees under which we may never sit; however, H. Wayne Huizenga planted far more than most."

Amaguk, Keeper of the Wisdom

This reminiscent of Native Americans oeuvre was created by renowned sculptor Marie Barbera and commissioned by Paul Hershey, the founder of the Center for Leadership Studies and a visiting professor at NSU for several years. Housed in the Carl DeSantis building since 2006, the piece is said to bring and preserve wisdom for students as Amaguk, the tribe member, is seen wearing a "robe of the wolf," which is only given to those who have demonstrated the "wisdom of the elders" in

Native American culture. With that said, there is a rumor that students will receive good luck on exams if they rub the tail of the wolf.

Tracor P-1

As the oldest sculpture on campus, this abstract piece has been in front of the Mailman-Hollywood Building since 1970 as an extended loan from the Museum of Art Fort Lauderdale by Mary McCahill, the former Chair of NSU's Board of Trustees. "It is not a shark [as many would think] because we did not 'become' the Sharks until 2004," said Williams, but "the discussion wasn't just to build [a sculpture. It was] to build something iconic that would signify who we are as a community. As a school that is as young as ours, the sculpture plays an even more important role in terms of galvanizing our community."



Career Corner



Tips to calm your interviewing fears

By: **Madison Owens**
Career Development

Madison Owens is a career advisor at NSU's Office of Career Development. Owens studied Business Administration as an undergraduate student and is currently in the College of Student Affairs M.S. program here at NSU. Owens has a background in Academic Advising and is passionate about helping students cross their finish line.

Picture this — it's Sunday evening and you have a job interview on Monday at 3 p.m. As you sit on the couch, you start to think about the thousands of questions they could ask you tomorrow. Questions like what type of cereal are you? Or the hardest one in the book: can you tell me about yourself? As you ponder the multiple different questions, you start to notice changes in your body. You feel an uneasy rumbling in the pit of your stomach, your hands get sweaty, your legs begin to go weak and you are just about to break a sweat. This is a normal feeling to have, and you are not alone. Many people feel this way too.

There are many ways to ease some of your nerves by prepping before your interview. The first step is to visit the Office of Career Development. Here, career advisors can do a plethora of things to help calm your nerves, like review and make suggestions on your resume. The advisor can also help you start and revise your cover letter or even do a mock interview with you. A career advisor will ask you field-specific questions and give you feedback on all aspects of the interview.

The next tip is to visit Razor's Career Closet. To visit Razor's Career Closet, you must have met with a career advisor once before. After at least one appointment, you can then schedule a Razor's Career Closet appointment on Handshake. Razor's Career Closet is a free resource that allows you to come, pick out a professional outfit and keep it! Razor's Career Closet is filled with professional clothes including pants, skirts, dresses, dress shirts, blouses, jackets and shoes. Razor's Career Closet also has many accessories such as

ties, handbags, and belts. You can make your appointment for Razor's Career closet Monday through Thursday from 9:00 a.m. – 5:00 p.m.

After you have prepared yourself for the interview with a career advisor and found the perfect outfit from Razor's Career Closet, it's time to get in front of other professionals. How do you get ready to be in front of professionals? Mock Interview Night, of course.

Mock Interview Night is an amazing opportunity to get in front of different human relations executives in a variety of industries. At the event, there will be human relations executives from companies like American Express, Southern Glazers Wine & Spirits, and more! To be involved in this event, you must RSVP on Handshake or email Emilio Lorenzo at e1541@nova.edu. Once you respond to the event or send an email to Emilio, you will need to send him your resume. Mock Interview Night will be held on Wednesday, Nov. 13 in the Carl DeSantis Building Atrium from 5 - 8:30 p.m.

I hope to see you there!



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CAREER DEVELOPMENT

California Wildfires

By: Madelyn Rinka
Co-Editor-in-Chief

Just as Florida is no stranger to hurricanes, California gets its fair share of wildfires — but that doesn't mean they aren't still devastating and damaging to the area. California has been plagued by wildfires this past October and November. The Kingcade Fire alone burned over 77,000 acres and has been only 65% contained, according to NPR. Governor Gavin Newsom declared a statewide emergency due to the conditions. Unfortunately, the frequency of these fires appears to be increasing. Fifteen of the 20 worst fires in the state's history have happened in the past 19 years or so, according to National Geographic.

California's dry environment (especially in the fall) combined with wind gusts that may reach as high as 80 miles per hour can

cause wildfires to spark and spread quickly, up to 14 miles per hour, according to National Geographic. Fires may be caused by sparked power lines, anthropogenic sources and more. Besides just the damage caused by the flames themselves, smoke can be a major hazard when it nears residential areas, cities, highways and roads. There's no clear end in sight either.

Global climate change may also be at least some of the reason these fires are becoming more and more of a threat to California. In the past hundred years alone, the United States Environmental Protection Agency has stated that the average temperature of Southern California has risen approximately three degrees Fahrenheit. Greenhouse gases like carbon dioxide have been increasing, heating up the planet. For California,

this means more heatwaves and less rain — a dangerous combination for a state already so prone to wildfires.

Beyond just the flames themselves, an increase in wildfires would mean an increase in all their negative side effects as well. Potential effects can include smoke endangering driving conditions due to poor visibility, impacts public health because of smoke inhalation, displacing wildlife and destroying their habitats, the damaging of property and associated costs and using resources to fight the flames.

Aside from ensuring that the risk of fires sparked from anthropogenic sources like bonfires or cigarettes is mitigated, making sure power companies maintain proper practices is crucial as well. Pacific Gas & Electric shut off

power in an attempt to prevent more fires from sparking. "This ended up leaving people without power in a time of crisis," criticized Newsom to NPR.

There's no one thing we can do to stop all wildfires in California — in fact, a lot of the landscape and ecosystems have adapted to the fires, but that doesn't mean they aren't still dangerous and damaging. Trying to limit our greenhouse gas release and mitigate sources of fires we can control may help, but the best answer for now may be to further educate citizens on climate change and let Californians know how they can stay safe in the event of a fire.

LGBTQ+ rights are at stake

By: Kelsey Bruce
Arts & Entertainment Editor

As of Oct. 8, the Supreme Court reviewed three cases that will decide whether employers can legally discriminate against individuals based on their sexual orientation or gender identity. All of the cases stem from LGBTQ+ people who have lost their jobs because of their gender identity or sexual orientation, and depending on the Court's eventual decision, this kind of issue could keep arising without any legal boundary to stop it. Being aware of what these cases are and what their implications are is crucial to being an active member of our democracy.

R.G. & G.R. Harris Funeral Homes v. EEOC originally began when Aimee Stephens was fired from a family-owned funeral home in Detroit that she had worked at for six years after writing a coming-out letter to her employer explaining she would be presenting herself as a woman in the workplace, according to CNN.

Stephens then filed a complaint with the Equal Employment Opportunity Commission (EEOC) and the case went through a district court, which claimed that Title VII did not protect transgender people from discrimination.

The EEOC appealed to the 6th Circuit Court of Appeals who ruled in Stephens' favor, and then the funeral home representatives, coming from the Alliance Defending Freedom (ADF), requested that the Supreme Court hear the case. The ADF claims that Harris Funeral Homes fired Stephens based on her "[violation] of the company's sex-specific dress code." If the Supreme Court rules in favor of the ADF, not only will "sex" not encompass gender identity, but employers will be able to discriminate against any employee for not adhering to gender stereotypes.

In regards to the case, Stephens supplied The New York Times with a specific line from

the letter which stated, "I have felt imprisoned in a body that does not match my mind. And this has caused me great despair and loneliness. With the support of my loving wife, I have decided to become the person that my mind already is."

Meanwhile, SCOTUSblog has stated that Altitude Inc. v. Zarda the Court will determine whether employment discrimination laws apply to gay, lesbian and bisexual employees. In this case, skydiving company Altitude Express fired Donald Zarda because he was gay. Originally, Zarda went to a federal court but was told Title VII did not apply to sexual orientation. Upon appealing, the U.S. Court of Appeals reversed the previous holding, saying sexual orientation "is a subset of sex discrimination." Altitude Express then brought the case forward to the Supreme Court.

In a similar vein, in Bostock v. Clayton County, the Georgia case also reached the

Supreme Court. According to SCOTUSblog, Gerald Bostock worked as a child welfare services coordinator, and Clayton County accused him of mismanaging public money to fire him when in actuality, they fired him based on his sexuality. Clayton County initially argued that Title VII did not apply to sexual orientation and managed to get the case dismissed on federal and appellate levels.

The decisions made in each case will have a profound impact on who has a right to make a living in the U.S. If the Supreme Court defines "sex" as separate from sexual orientation and gender identity, it will set a precedent for legal discrimination against LGBTQ+ individuals, and because of the nature of gender, transgender individuals may be at even further risk.



The Beverly Hills Cafe

By: Nabeeha Nuba
Contributing Writer

The Beverly Hills Cafe

5544 S Flamingo Rd,

Cooper City, FL 33330

\$\$\$

The Beverly Hills Cafe is a restaurant situated in Countryside Shops in Cooper City, about 15 minutes from NSU. It is a great spot to spend time with family and friends, get a good photo for Instagram and enjoy some delicious pasta!

The restaurant is absolutely gorgeous, with dim lighting, an organized setting and a friendly atmosphere. Not to mention spacious and able to hold a decent amount of people. When we entered the restaurant, my friend and I were welcomed and guided towards a table for two. We were given the menu and kindly asked if we wanted any drinks. For those who aren't there

to dine in, there are leather chairs available to patiently wait for a takeout order. The restaurant is filled with pretty pictures on the walls and the lighting above the tables are ideal for a good photoshoot. If you love food blogging or just snapping pictures of food dishes, this place will not disappoint you.

The menu offers various kinds of food: soups, eggs, burgers, pastas, salads, desserts and a kid's menu. Thus, if you visit The Beverly Hills Cafe, you will probably find a dish that suits your taste. I ordered a cheese ravioli, which came with the choice of soup or salad. I chose to have the soup of the day: spinach cream soup. My friend went with their grilled cheese option, which was accompanied by crispy fries. My cheese ravioli was packed with flavor. The filling and sauce complimented the dish well and filled my mouth with a heavenly taste. However, what really stood out to me was their spinach cream soup. When it comes to soup, I am very picky and it takes outstanding soup to make me go back for seconds, but The Beverly

Hills Cafe definitely made the list. According to my friend, the scrumptious grilled cheese with crispy fries satisfied her hungry stomach.

The service at The Beverly Hills Cafe is commendable. Our waitress was friendly and gave me a lot of suggestions as to what I should choose from the menu. Every five to ten minutes, she would come to check on us and let us know that she was ready to help us any time we needed. I was satisfied with how much attention was given to the customers and how the heavy workload didn't stop my waitress from checking up on us every now and then. With the various tasty items on the menu, high-class service and beautiful setting, The Beverly Hills Cafe is the ideal place for you to have a good time with loved ones and take good photos to boost your rich presence in the online world.

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SOUNDBITE

“This Summer!” by Alessia Cara

By: Tava Boeckel
Contributing Writer

Alessia Cara released her EP “This Summer!” in September. In it, she stays true to her style of relaxed pop, which catches the listener’s attention and sways them to a catchy beat. At first glance, it’s an album that goes through the cycle of a classic summer romance. The six songs start off with Cara wanting a relationship and pining after the person of her affections and ends with a nostalgic reminiscent of the time she spent with her love interest. However, this is the only cue Cara takes from cliché storylines.

In her song “What’s On Your Mind?,” Cara immediately drops the trope of chase or be chased in favor of asking for a relationship on more equal ground. She is honest and upfront

with her emotions and confronts her love interest with lines like, “How am I supposed to know what’s on your mind?/I’m tired of cracking codes/If you want me let me know.” She calls for open communication and trust in one another as the foundation for a relationship, rather than just the initial passion. In her songs “Ready” and “Like You,” she subverts another toxic trope — needing a relationship to fix your own issues. Instead, they promote having a healthy sense of self and self-confidence without relying on others’ validation.

Arguably the best song on the album, “OKAY OKAY” is a song for someone who is okay on their own. Relationships don’t always work out, and Cara puts emphasis on having

a healthy platonic support system. With her friends, she creates an absolute bop that one can’t help but dance around to. It relies mainly on percussion and vocals, which makes it easy for people to interact by stomping, clapping or yelling the iconic phrase “On a scale of one to ten I’m at eleven OKAY OKAY.” Overall, it’s a very fun boost for anyone’s self confidence.

Finally, like the season itself, Cara’s summer relationships had to end. “Rooting for You” shows her disappointment. Written about a lost friendship, it works well with platonic and romantic strife.

The last song on the EP is the nostalgic melody of “October,” where Cara wishes her romance in summer never had to end. The

track brings a soft close to the album and an acceptance of the experiences Cara shared. “And we’re okay/we’ll live this way ‘til it’s done/I’m gonna miss this when it’s over/I hope we never see October” highlights just how intimate and relatable her music is, especially in songs such as “Out of Love.”

“This Summer!” makes a huge impact on the listener despite only being six songs. The soft pop style sticks in one’s head without becoming a nuisance while her lyrics cater to a range of emotions that help listeners through a variety of struggles. It’s one of the funnest and most compelling albums from this past summer, and at least one of its songs should be in your future playlists.

Fun food ideas on the go

By: Alexandra Eckert
Contributing Writer

Healthy food may be hard to come by in college, especially if you tend to wake up late. Instead of reaching for that Pop-Tart while rushing to class, here are some easy to make snacks that will help sustain you throughout the day.

Banana Cinnamon Pancakes

Banana and cinnamon pancakes are super simple, and they only consist of three ingredients: a banana, an egg and cinnamon.

1. Peel your banana, crack your egg and sprinkle your cinnamon.
2. Combine your ingredients in a blender, and mix together until homogenous.
3. Place a few spoonfuls of this pancake mix into a pan.
4. Then, let it sit until they are nice and

fluffy.

This is a delicious, easy breakfast option that is much healthier than normal pancakes.

Peanut Butter Banana Toast

Peanut butter banana toast is another nutritional breakfast option.

1. Simply toast a slice of whole grain bread.
2. Spread peanut butter on it.
3. Then, cut up a banana.
4. Arrange your slices on the toast.

If you have a sweet tooth, you could even drizzle some honey on it!

Almond Butter Rice Cakes

Rice cakes with almond butter are a great way to get full with something light. They can be

prepared for breakfast or for even an afternoon snack. These are also by far the easiest to make!

Simply spread almond butter on a whole grain rice cake, and if you’re feeling frisky, sprinkle some cinnamon on top as well.

Trail Mix

Trail mix is another snack that is easy to make and allows individuals to explore a variety of foods.

Combine almonds, peanuts, cashews and macadamia nuts as well as raisins, dried cranberries and dark chocolate chips in a ziplock bag or container.

Since sweet and savory foods are often complementary, they are fun flavors to use creatively.



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Art and Studying

By: Laurel Gallaudet
Contributing Writer

Lots of people doodle absentmindedly while taking notes — one of the big “taboos” of note-taking in class. Though drawing is sometimes thought of as a way for someone to do anything other than actually pay attention and take notes, different ways of incorporating art and creativity into your note-taking can actually greatly help those who are visual learners.

Doodling/Drawing

In high school, doodling on your notes and work seemed to be the bane of every teacher’s existence, but for many, doodling while taking notes can be very helpful and may help commit the things you’re hearing and writing to memory. Doing something like idly drawing shapes, figures or even detailed drawings of whatever you want can help you to conceptualize what you’re hearing. In fact, this held true in a study from Applied Cognitive Psychology where people who were asked to “doodle” while they listened to information were able to more accurately recite what they heard as opposed to those who were not asked to do so. Drawing something helps lead the brain away from simply daydreaming if one is bored, which takes up more mental energy and ensures you won’t actually hear or remember a lecture. So next time you’re in class, draw some pretty doodles during your lectures. It might help you out more than you think.

Color Coding

Using different colors and styles of writing utensils while you write is another way of organizing your notes that can help you in your studying and note-taking abilities. Doing something, like color coordinating the headers of different topics in a lecture, can not only help you navigate your notes better afterwards but might help keep your brain entertained. In trying to pick and decorate with different colors, your notes will be fun and interesting to take.

Digital Note-taking

Taking notes on something such as a touch-screen laptop, notepad or tablet device has been growing steadily in popularity. Taking notes electronically expands your artistic and visual possibilities incredibly — where you may have only owned four different colored pens before, now you can choose the exact color you want a certain section to be and change the colors easily with just the tap of a button instead of having to pick up a whole new pen, uncap it, and repeat this process every time you want to switch colors. While many people prefer pen, marker and paper for a number of reasons, extending from aesthetic to feel to memory function, those without a strong preference, may find that switching over to digital note-taking can expand possibilities in many different ways.

Fall in love with Floridian fall

By: Alexander Martinie
Opinions Editor

Oh, the glorious season of fall. What a wonderful time to enjoy the turning of the leaves and the cool welcoming weather... Who am I kidding? This is South Florida. We have three seasons — summer, hurricane season and snowbird season. Still, that doesn’t mean that we cannot celebrate fall here. If you are looking for some fun ways to do so, read the ideas below.

Seasonal plants for a garden

The Current has published great articles about spicing up your meals on campus, and another great way to do that is by adding fresh herbs to your food. In Florida, herbs are pretty easy to grow, especially if you start working with them in November and December. Herbs like thyme, cilantro or coriander, sage, and dill grow great in Florida, and you can easily grow these plants on the windowsill of a dorm room or in a little household garden.

Prepping for hurricanes

Like I said earlier, one of the three seasons we have down here in South Florida is hurricane season. Hurricane season just so happens to be right around that time when the rest of the country is celebrating fall. So, kick off the fall season with hurricane prep and stocking up for your next hurricane party, or plan how you’re going to leave the state in case of an impending category five hurricane.

Dealing with increased traffic from snowbirds

Well, it’s getting to be that time of year, that time that all Floridians dread: snowbird season. About now, all the tourists are leaving their icy abodes to settle in sunny South Florida and thaw out in the unbearable heat that we all know and love to hate. Given that, if you want to make your commute to campus easier, try taking some of the less-traveled roads to avoid the traffic from tourists and wintertime residents.

Seeing migrating manatees

Florida is pretty well known for being a habitat for manatees, and this time of year is the best time to see them in South Florida. While you can find these great aquatic greats across the state, you are more likely to see them down here as they migrate south towards slightly warmer waters. Manatees frequently migrate to many parks and rivers around the area to get to warmer waters, and you can visit any of them to celebrate your fall.

While we might not get the best weather for true fall down here, there are still some great things that can get you into the Floridian fall spirit, whether its avoiding snowbirds, seeking out manatees or anything in between.

Ring of Fire at the Actors' Playhouse

By: Madelyn Rinka
Co-Editor-in-Chief

"I think [Cash is so popular across such a wide spectrum of people] because he had a unique gift to speak for all of us, in a way. He was such an imperfect person, and I think we can all relate to that,"
Ben Hope, the director of "Ring of Fire."

The Actors' Playhouse at the Miracle Theatre is presenting "Ring of Fire: The Music of Johnny Cash" from Oct. 30 - Dec. 8 in Coral Gables. The musical showcases Cash's hits such as "I Walk the Line," "Folsom Prison Blues," "Jackson" and, of course, "Ring of Fire."

The musical features a star-studded cast of Scott Moreau, Katie Barton, Eric Scott Anthony, Marcy McGuigan and Spiff Wiegand. Each actor plays several instruments, bringing the music alive on stage right before the audience's eyes. The original Broadway production featured 13 individuals, but the Actors' Playhouse is performing a different version with a cast of only five.

"The real joy of the show, the way we've got it, is how intimate it can feel," said Ben Hope, the director of "Ring of Fire." "The dialogue in the show is all lifted from Johnny Cash's autobiography that was released in 2003,

and that book in itself is a real wonderful read. [Cash] is such a good storyteller, and he had such a big heart and such a self awareness about his own shortcomings and the things that were important for him in his life."

"Ring of Fire: The Music of Johnny Cash" tells the tale of Cash's legendary career and life within his own songs. "I think [Cash is so popular across such a wide spectrum of people] because he had a unique gift to speak for all of us, in a way. He was such an imperfect person, and I think we can all relate to that," explained Hope.

Tickets cost between \$30-\$75, but students can purchase special discounted tickets 15 minutes before any performance with their student ID at the box office. Group discounts are also available for 10 or more persons. Visit www.actorsplayhouse.org for tickets and performance dates.



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FROM ALBERTO
ROMEU.

Scott Moreau,
Spiff Wiegand
and Eric Scott
Anthony in Actors'
Playhouse at the
Miracle Theatre's
production of Ring
of Fire.

OFF SHORE CALENDAR

34th Annual Fort Lauderdale International Film Festival
Nov. 12 - 17 | Various times
@Savor Cinema | Ft. Lauderdale, FL

Sirens & Sailors, Aqua Burlesque Show
Nov. 13 | 9 p.m.
@1140 Seabreeze Blvd. | Ft. Lauderdale, FL

Sensory-Friendly Live Video Stream Mannheim Steamroller Christmas
Nov. 14 | 8 p.m.
@Rose Miniaci Arts Education Center | Ft. Lauderdale, FL

14th Annual Recycled Fashion Show
Nov. 15 | 7 p.m. - 11 p.m.
@751 SW 121 AVE | Davie, FL

Jonas Brothers
Nov. 15 | 3 p.m. - 8 p.m.
@BB&T Center | Sunrise, FL

Alicia Keys
Nov. 16 | 9:30 p.m.
@Hard Rock Live | Hollywood, FL

Third Eye Blind
Nov. 17 | 5 p.m.
@Seminole Casino | Coconut Creek, FL

Les Soirées des Arts: Program 6
Nov. 18 | 8 p.m.
@1395 NW 22 ST | Miami, FL



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THIS WEEK IN SPORTS HISTORY



By: Flor Ana Mireles
Copy Editor

November 5

Walter Johnson wins 416 games

On Nov. 5, 1940, Walter Johnson, MLB pitcher for the Washington Senators for 21 years, won his 416th game with the Senators. Two years later, Johnson would go on to pitch against Babe Ruth, gaining him a lot of fan attraction.

November 6

James Naismith is born

James Naismith, the Canadian-American physical educator and inventor of basketball and the football helmet, was born on Nov. 6, 1861. Naismith wrote the official basketball rule book and lived to see basketball be adopted into the Olympics in 1904.

November 7

Magic Johnson retires from the

Los Angeles Lakers

In 1991, NBA legend Magic Johnson retired from the Los Angeles Lakers all the while announcing to the world that he had the HIV virus. The L.A. Lakers would go on to retire Johnson's jersey, #32, on Feb. 16, 1992.

November 8

President Lyndon B. Johnson signs antitrust immunity to AFL-NFL merger

On Nov. 8, 1966, the 36th U.S. President, Lyndon B. Johnson, signed an antitrust immunity to the AFL-NFL merger. The AFL, or American Football League, and the NFL, or National Football League, were the United States' two major professional American football leagues and were officially merged June 8, 1966.

November 9

PGA eliminates caucasians only rule

In 1961, the Professional Golfers Association, PGA, eliminated their "caucasians only" rule after years of protest from African American golfers Bill Spiller and Ted Rhodes. This elimination of segregation paved the way for golfers like Tiger Woods and Calvin Peete to dominate and heavily influence the sport.

November 10

Marc Márquez wins the 2013 MotoGP World Championship

Marc Márquez, a Spanish motorcycle road racer nicknamed 'Ant of Cervera,' won the 2013 MotoGP World Championship race held in Qatar. Márquez would become the youngest person ever to win the MotoGP World Championship at only 20 years old at the time.

November 11

Samsung Lions win 2014 Korean Series

The Samsung Lions, one of South Korea's professional baseball teams founded in 1982, won the 2014 Korean Series in baseball. 2014 would be the last winning year for the team, and they have not qualified for the series since 2016.

November 12

NHL greats inducted into the Hockey Hall of Fame

On Nov. 12, 2012, Joe Sakic, Mats Sundin, Pavel Bure and Adam Oates, all hockey legends, were inducted into the Hockey Hall of Fame. As of 2016, there have been 271 players, four of which have been women, inducted into the Hockey Hall of Fame.

FANTASY FAVORITES



By: Cameron Pritchett
Sports Editor

Sports Editor Cameron Pritchett shares his fantasy football advice.

Quarterbacks

Kyle Allen vs. Atlanta

Cam Newton's foot has not been getting better, according to Ian Rappaport of ESPN. With that in mind, Allen should continue to see the start against the Falcons, who rank 30th in defense against opposing quarterbacks. Curtis Samuel has broken out after last week and should continue to bolster Allen's floor.

Lamar Jackson vs. Houston

What a season Jackson has been having! In addition to revolutionizing the game with his legs, he's averaging almost 227 passing yards per game, with 18 touchdowns compared to only eight interceptions. He just came off a monster game against the Patriots number one ranked defense and should continue to be a fantasy beast against the Texans who have been giving up a generous 22.44 points per game to quarterbacks.

Jimmy Garoppolo vs. Arizona

Garoppolo has been an average fantasy

quarterback this year, but he just dotted up the Cardinals back in week nine. I don't see that slowing down. In their closest game of the season, winning by 3 points in a 28-25 victory over the Cardinals, Garoppolo put up over 30 fantasy points. Start him with confidence again.

Running Backs

Melvin Gordon vs. Kansas City

Gordon has gotten back to his old self recently and I expect that to continue against the Chiefs at home in week 11. The Chiefs have proven time and time again that they cannot guard the run; start Gordon and Austin Ekeler in week 11.

Devonta Freeman @ Carolina

Carolina's fantasy defense has been good this year, but as a team, they're having some trouble against opposing running backs, giving up an average of 23.25 fantasy points per game to rushers. Devonta Freeman has had an up and down season, but unless you have a better option, you should still start with Freeman.

Josh Jacobs vs. Cincinnati

Cincinnati has been horrible against the

run, and that's probably an understatement. Jacobs is the clear workhorse back in Oakland and is in the RB1 mix for the remainder of the season. Start Jacobs and reap the benefits.

Wide Receivers

Jameson Crowder @ Washington

Crowder has been average in fantasy this year; we know that. However, I do think he can do some damage against a Redskins squad that has allowed a touchdown on deep throws at the fifth-highest rate this season. Giving up an average of 29 yards per deep completion, Crowder ranks eighth, according to fantasy analyst Matthew Berry.

Cole Beasley vs. Miami

As you can tell, I'm high on my slot receivers this week. I'm especially high on Beasley because he's playing Miami. According to Berry, Miami has given up the highest touchdown percentage from the slot. Not to mention they've also given up an average of 16 yards per completion from the slot. Fire up Beasley if you have him.

Julian Edelman @ Philadelphia

Edelman is the clear cut WR1 in the Patriot's high powered offense, and the common theme of this year is: start your wide-outs against the Eagles. Don't let Allen Robinson's dud from last week skew you from starting Edelman; this is Tom Brady under center, not Mitchell Trubisky.

Tight Ends

George Kittle vs. Arizona

Kittle has started to pick it up and he just tore up the Cardinals back in week nine. Were you ever really planning to sit Kittle though?

Jared Cook @ Tampa Bay

Tampa Bay ranks 31st against tight ends, giving up an average of 12.5 points per game to the position. Drew Brees is back and likes to target his tight ends more than Teddy Bridgewater; I think Cook can do some damage this week.

Gerald Everett @ Chicago

The Bears' defense has fallen off significantly, besides the pass rush. They rank in the bottom 10 against the tight end position, and Everett has made a name for himself in this offense. Start him up against the Bears.

OUT OF THE SHARKZONE

Black cat interrupts game

Last Monday, Nov. 4, at the Dallas Cowboys vs New York Giants game at MetLife Stadium, a black cat delayed the game after finding its way onto the field and sprinting across. The cat was on the far side of the field away from the action, then wandered to the south end zone where security and officials attempted to capture the cat. The cat eventually ended up running off the field behind a barricade. This mischievous feline has yet to be captured and its whereabouts are still unknown. The delay only lasted two minutes, and with many players on both sides being superstitious, allergic, or just scared, no one wanted to approach the cat. In the end, the Cowboys won 37-18. According to the MetLife Stadium's Twitter account, "The

black cat ran off the field and disappeared under a seating section. Once we locate and safely capture the cat, we will take it to a veterinarian for examination."

Lewis Hamilton receives his sixth Formula One Title

Last Sunday, Nov. 3, Lewis Hamilton won his sixth Formula One championship with a second-place finish at the United States Grand Prix. Hamilton lost to his Mercedes teammate Valtteri Bottas. The championship has been secured by Hamilton after having 10 victories out of the 19 races this season. Hamilton is now second in Formula One history for most titles, passing Juan Manuel Fangio and right behind Michael Schumacher who has seven titles.

caution: your sports news is now leaving NSU

More money to the World Anti-Doping Agency

The International Olympic Committee has pledged \$10 million to the World Anti-Doping Agency (WADA). The pledge, approved by IOC president Thomas Bach, aims to cut doping in sports. The money is going toward 10 years of pre-Olympics testing and toward investigation and research. The WADA's budget was previously less than \$40 million, so this contribution is substantial. Witold Banka, a Polish former 400 meters sprinter turned politician, told the Associated Press, "It is ridiculous that an organization with the status of a global regulator has a budget of less than \$40 million."

Under Armour under fire

On Nov. 3, Under Armour announced some bad news. The company, based in Baltimore, announced it was assisting federal employees who were looking into their accounting practices and related activities dating back to 2017. Under Armour also reported that the company has been in decline in North America, its largest market, for the fifth quarter in a row. In the fall of 2015, Under Armour's stock was more than \$51 a share, but as of last Monday, their stock has decreased to a little over \$15 a share. Under Armour, previously credited for creating high-tech athletic wear, is now struggling to compete with other major brands like Nike and Adidas.

On The Bench: Leave Racism at the door

By: **Christina McLaughlin**
Co-Editor-in-Chief

Across the spectrum of European professional soccer leagues, an epidemic of racism has emerged. Now, unexpectedly, these racist and discrimination-based incidents don't take place on the field, but in the stands. You've heard that right. Fans supporting these teams that score a goal or fans cheering on their favorite players are inciting and introducing racist behaviors, usually against the opposing teams' star players, as a way to knock down their morale.

Now, we have all booed an opposing team when they scored or made a lot of noise to try and distract players and that's all well and good, but a line is crossed when you are personally affecting the players and calling them out on more than just their performance, especially when it comes to their race or ethnic background. Take last Sunday's Serie A game between Italian football club Hellas Verona and Brescia; Mario Balotelli, a striker for Brescia who was born in Italy to Ghanaian parents, tried to leave the soccer pitch following an outburst where he kicked a ball towards the fans that were abusing him with "monkey chants." Teammates, and

even the opposing team, consoled Balotelli and persuaded him to finish the match.

The fact that chants and cries from the fans can get to a point that it affects not only players' morale, but it can potentially cause a team to walk off the field, as we saw with the FA Cup game between Haringey Borough and Yeovil Town on Saturday, which was absolutely insane. No one in society should be discriminated against based on their race or ethnicity, especially if it interferes with their job productivity. I can't believe that I have to actually write that, but here we are.

The only silver lining that I can see in this extremely bleak picture is that some of these clubs and football associations are actually taking action. In Everton F.C.'s case, after a fan was pictured in the stands making racist gestures against Tottenham Hotspur player Son Heung-Min, the team is investigating the supporter and the team stated in a tweet, "Everton strongly condemns any form of racism. Any such behavior has no place within our stadium, our club, our community or our game."

On Tuesday, in response to Verona's game, the Serie A disciplinary tribunal ordered the club

to close the Poltrona Est Stand, the section in which the behavior occurred, and banned the head of the club's Ultras Supporters Group, Luca Castellini, the leader of the hardcore spectators or "ultras," which incited these racist behaviors. Castellini later made comments on a radio show Monday claiming that these fans were being "irreverent" and didn't take the situation seriously.

Sadly, Castellini isn't the only one who took this incident with a grain of salt. Verona F.C. and many other clubs have officially claimed that these incidents are being blown out of proportion or that nothing serious happened. But that's not the point; it doesn't matter if it's just one fan in the stands whose drunk and making racist slurs or a full-out brawl over discrimination. Both shouldn't be allowed in the stands or anywhere near the sport; ideally, we shouldn't even see it in society, but we don't live in a perfect world and I understand that. I can't give a pass, however, to sports in which people and their interactions are on the world's stage. Just be cordial, enjoy the game, cheer on the team and leave racism at the door.

ON DECK



WOMEN'S VOLLEYBALL

v.s. Florida Southern
Nov. 15 | 7 p.m.
Rick Case Arena

v.s. Eckerd
Nov. 16 | 4 p.m.
Rick Case Arena



MEN'S BASKETBALL

v.s. College of Staten Island
Nov. 13 | 4 p.m.
Rick Case Arena

v.s. Trevecca Nazarene
Nov. 16 | 7 p.m.
Rick Case Arena

WOMEN'S BASKETBALL

v.s. Bentley University
Nov. 18 | 5:30 p.m.
Rick Case Arena

NSU Athletics hosts 12th Hall of Fame Induction

By: **Cameron Pritchett**
Sports Editor

On Tuesday, Nov. 5, NSU hosted its 12th Athletics Hall of Fame Induction Ceremony at the Don Taft University Center. This particular class had stand out athletes setting numerous program records, making lasting impacts on NSU athletics programs. Four former student athletes, Miles Mikolas of the 2007-2009 Baseball team, Erin Black of the 2011-2013 Swim team, Taylor Collins of the 2007-2011 Golf team and Oskar Nordstrand of the 2011-2013 swim team were honored for their efforts in their respective programs, as well as former Rowing coach John Gartin. The event was hosted by Tony Segreto, former news anchor for NBC 6 News, who introduced the representatives and recognized their contributions to their sports.

Oskar Nordstrand

Nordstrand kicked off the night with his speech. A former 12x All-American, and 5x Sunshine State Conference champion, Nordstrand set many records for the Men's Swimming program for years to come. "Three

of the most important things I was taught as a Shark were the importance of team spirit, trust your coaches and the program, and the third, which I think is the most important of all, hard work always pays off."

Erin Black

Black, another swimmer from NSU, is the first female swimmer in the history of the program to become an NCAA Division II Champion, and after her induction in the hall of fame, became the first female swimmer to accomplish that feat. "Life doesn't always end up the way you think it will, but sometimes it ends up much better," said Black. "It's really nice to be a part of the program and start something for a lot of people to come through."

John Gartin

Gartin, who played a crucial role in the foundation of the Rowing program and their success early on, was honored earlier this year with the Varsity #4 boat being dedicated to

him. When asked about what it meant to see the program go so far as it has today, Gartin's passion took over: "Knowing that we started from literally dirt, and seeing where the program, where the school, where the athletic department has gone, is really impressive... Just walking through the UC, this wasn't even here when I was a coach."

Taylor Collins

Collins' efforts in Golf still hold a place in the record book of NSU; after competing at NSU, she became one of the most well known athletes in school history, guiding the Sharks to three national championships and one individual championship in her four year tenure. "I've known since I was a child that all I ever wanted to do was be a professional golfer. Every choice I made growing up revolved around this future goal. So when it came time to choose a college, that was a very heavy weight on me." It appears Collins made the right choice, as she has gone pro and earned her LPGA card in her first

attempt at LPGA qualifying school.

Miles Mikolas

The final athlete, Miles Mikolas, is the highest drafted player in NSU athletics history, being drafted by the San Diego Padres in the seventh round of the 2009 MLB draft. Mikolas recorded the second most starts in SSC history, and had a 15-8 record as a starting pitcher. Mikolas was a MLB All-Star in 2018, and was top-10 in ERA, innings pitched, WHIP, and strikeout to walk ratio. Mikolas remembers his time here at NSU very thoroughly: "Just the way NSU cares for its student athletes is incredible; if you need tutors, they've got you. They've got great coaches, a great atmosphere, and the university is always growing." After his induction, Mikolas stated that "It [meant] a lot to me. I wasn't a stand out in high school by any means, and by the end of my time at [NSU], I was starting to stand out a little bit. To be honored where it all started means a lot."



Women's Soccer

Women's Soccer came to play on Nov. 2, defeating Embry-Riddle 2-0, helping to maintain third place in the SSC conference. Two goals from senior Hannah Christophe led the way for the Sharks, spoiling Embry-Riddle's senior night. The team has now posted 12 shutouts in 15 games and looks to improve when they host the SSC leader Rollins on Nov. 5.

Women's Volleyball

The Sharks came up just short on Nov. 2, falling to Rollins by a count of 2-3. Rollins came out firing, winning the first set 25-20. NSU went on to win sets two and three, but were eventually closed out by the Tars in sets four and five. They look to get back on track on Nov. 5 when they travel to Boca Raton to take on the Lynn Fighting Knights.

Women's Tennis

Women's Tennis closed out the Stetson Invite on a high note, adding five more singles wins coupled with seven doubles wins. Over the weekend, the Sharks finished with seven doubles wins and 12 singles wins with the No. 1 duo of Sarah Wardenburg and Natalie Espinal routing the Miami University Redhawks' duo of Romana Tarajova and Ksenyia Zonova 6-1.

Men's Soccer

On Nov. 2, Men's Soccer had their way with Embry-Riddle with a commanding 4-1 victory over the Eagles. Junior Sebastian Loibl's hat trick led the way for the Sharks and the win is the fifth straight for the team, which is a new program record. The Sharks stand strong in the SSC, now qualifying for playoffs.



What are you going to do?

By: Isadora De Abreu
Contributing Writer

I never understood why some people got upset with the question “what are you going to do after you graduate?” until this semester. For some unknown reason, it seems like everybody decided to make a group effort to ask this one specific question to me countless times. I am talking parents, family friends, close friends, acquaintances, classmates, professors and the list goes on and on. When answering the question, sometimes I choose to say, “I have no clue” or “I am not sure” and I am usually met with interesting reactions. The reactions fall between passive-aggressively making sure it is okay to be unsure, no one has it figured out, and I have “plenty” of time to decide. On the other end, I had people, with a condescending tone, also passive-aggressively make sure I understand the “huge” importance attached to knowing where to aim professionally as early as possible. I am aware I could always come up with a generic enough answer like “something in the health field” or “something in research.” It is practical, avoids the unnecessary discomfort my initial answer

produces and it makes it seem like I have a feasible path to follow. However, I choose not to do this.

The fact that we base our identity and “personality” traits on the future professionals we aspire to be says a lot about what higher education becomes when you are constantly surrounded by hyper-focused, goal-oriented overachievers. I am not going to preach about whether people should or shouldn’t know what they want for the future, or if there are more benefits in trying everything out before committing to a professional plan. College already does it for you. Because if we are honest, despite the whole notion that college pats you on the back when you go through new experiences and changes your misconceptions, college is always there to slap you in the face and remind you that time and money require you to have a clear notion of what you are here for while also wishing you the “best of luck” figuring it out by yourself.



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Take care before you burnout

By: Christina McLaughlin
Co-Editor-in-Chief

Burnout. We hear about it like it’s some scary menacing creature that lurks in the shadows, but it’s not some fantastical thing; it can happen to anyone anywhere at any time. According to the World Health Organization, burnout is a syndrome resulting from chronic workplace stress that has not been successfully managed. It is characterized by four dimensions: feelings of energy depletion or exhaustion, increased mental distance from one’s job, feelings of negativism or cynicism related to one’s job and reduced professional efficacy.

Just because this definition focuses on the professional environment, I wouldn’t say it is limited to that. Despite what people may think, college is a full-time job. Studying for classes, working on assignments on a weekly basis and focusing on extracurriculars or career-based pursuits equals one stressed-out college student.

Especially, if you are one of those students who also have financial obligations on top of your education— as many of us do. Adding onto the already overflowing plate of stressors that we have to balance, it’s important to take burnout seriously and truly understand what that might mean for you when it’s time for you to take a break.

Listen, I get it. Not everyone can take a break and drop everything for some positive self-care. Heck, half of us probably don’t even really understand what that means. Most of us say “I’m about to take some ‘me time,’” which means that we eat our favorite food or treat ourselves to a mini-break away from work, school or a mixture of both, but just because you take that mini-break, it doesn’t mean it’s productive in preventing the eventual burnout.

To put it in perspective, I myself, start to

burnout at least once right around this time of year. We’ve only got a few weeks until finals and winter break seems to be right around the corner; it’s the homestretch. Yet, I always seem to feel stuck, like I’ve pushed myself so far that I don’t have it in me to continue for another three or four weeks, especially if I just came off a mentally exhausting few days. It usually ends in a minor freak out. I panic, drop everything and take care of myself for a few days— which usually entails a full session of vegging out, pity party included— and I bounce back and tackle the next few weeks and crash again when I’m on that final ride back home for winter break.

Now I’m not saying my way is entirely healthy, but I’m working on it. Just like everyone should. It’s important to find a healthy balance where you can focus on yourself, your own happiness and other pursuits unrelated to

work or school. I don’t have all the answers and I don’t claim to. I also am not going to sit here and recommend things for you to take a break because everyone has a different barometer for stress and what they can and can’t handle, but it’s important to learn what works for you and what doesn’t. I do recommend that if you feel like you are burning out, that you are burning the candle at two ends or don’t have the energy to keep working at the level you are currently, take a break. Even if that means a walk around Gold Circle Lake to regroup, going to a mental health professional or using a sick day to binge on some Netflix and eat your feelings. Do what works for you, but most importantly, do what’s best for yourself so that way you can achieve everything you set out to do in the best and healthiest way possible.

Just fix something

By: Alexander Martinie
Opinions Editor

This is just my second year going to school here at good old Nova Southeastern University, but I could go on and on about all the things that the university could and should definitely fix. Most of the time NSU does not fix the things that students need, but instead gives them completely unnecessary things — when they added that AI system instead of just fixing their website.

One of the biggest issues that I have had recently is registering for classes. I dread that time of the semester because everything just shuts down as pretty much the entire school

jumps on their Webstar profile to try and sign up for classes that are probably already filled. I get on the registration site ready to sign up for classes at 11:59 Sunday night, and I still have trouble getting into classes. This year, many people just got a screen full of red error text as they tried to get on to register. It is a terrible idea to try and have the entire school register for their classes at the same time while still using a server that could barely handle one user logged in.

Not only are course registration numbers not linked right, but so many courses are full

even before the vast majority of students get access to these offered courses. Last year, when I was trying — keyword: trying — to sign up for General Chemistry I, all 128 seats were filled before I could even log in to Shark link. Those seats were full before registration was even open to non-athletes and non-honors students. Classes that several majors are required to take, like general chemistry, should have more seats than just a little over 100, especially in a school full of biology majors that all take chemistry in droves.

Then there is the problem of priority.

The University has decided that some students deserve to be able to register for classes early. And for the most part, that is just ridiculous. For athletes, I get it. They should be able to have a class schedule that works around their practice schedule. But, then there is the Honors College. Honors students get priority for no logical reason whatsoever. They already have classes that only they can take so why should they get the first pick of all the courses on campus?

All this hype...over a chicken sandwich?

By: Cameron Pritchett
Sports Editor

We've all heard about the Popeyes chicken sandwich, whether it be from social media or from the mass marketing campaign done to promote the product. Popeyes has made quite a name for itself in the fast-food industry as of late, and this can be attributed to the return of the chicken sandwich on Nov. 3, which was originally released Aug. 12 but sold out worldwide. Now, I like good fried chicken just as much as the next person; with this in mind, I believe there is simply too much hype surrounding the return of this menu item, which, according to Forbes, was a "\$65 million marketing win" for the company.

As a business major, I truly appreciate the marketing that has gone into the advertising of the chicken sandwich. They have made it about competing with Chick-Fil-A, and many foodies on YouTube have even made comparisons between the two. There comes a point, however, when too much is too much. According to NBC New York, "A group of people [were] already in the line at the restaurant in the 6200 block of Livingston Road when Kevin Davis arrived about 7 p.m. 'For 15 minutes, he methodically cut in front of people to [reach] the front of the line, where he was confronted by another customer,' Prince George's County Police Chief

Hank Stawinski said. Fifteen seconds later, Davis was stabbed outside one time by the man who confronted him, police said." Is getting your hands on the newest hyped item on social media worth taking the life of another human being? The rational answer is no, but these are the extents that some people are taking. Popeyes has yet to speak out about the murder.

Something that I have personally seen on my social media is my friends buying the sandwiches, whether they be spicy or regular, and putting outposts on their stories saying they are "reselling" the sandwich. I've seen this tactic with more practical items, such as shoes, textbooks and even cars, but...chicken? Really? People put a lot of value into things that mean a lot to them; for example, I mentioned shoes, and have seen pairs of Yeezys sell for a lot more than people actually bought them for. Some people collect shoes, so this is an understandable upcharge. However, the sandwich costs \$3.99, which includes a generous serving of chicken, two pickles, mayo and some bread. The fact that people are willing to pay more than that amount just to say they've tried it is something I don't think I'll ever understand.



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Cameron Pritchett was finally able to acquire a Popeyes chicken sandwich.

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Nov. 13 is World Kindness Day; what was the last act of kindness you did for someone?



"The last act of kindness I did was [when] I was going into my dorm and there was a girl with a lot of groceries; I held open the door for her. I could see she was struggling and I would want someone to hold the door open for me. I think it's little acts of kindness like that that can kind of just make everyone's day better."

-CJ Bullard, second-year master's student in college student affairs.

"I feel I've done small ones here and there, like opening the door for people, holding it for them, but I'd say one of the ones that I remember the most was last week when I went to Publix. There was someone that was struggling to carry their bags to their car so I just helped them out."

-Daycia Frye, freshman marine biology major.

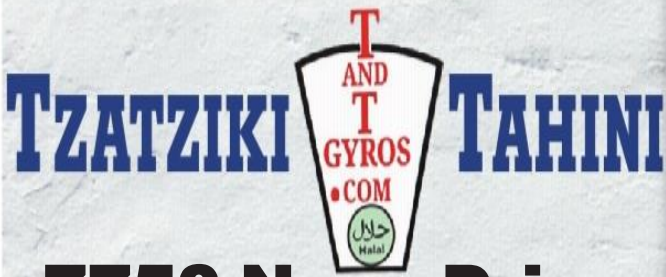
"Every single day whenever I work and I'm helping people with their papers, I get a sense of fulfillment... Earlier, I had this lady who I helped with a personal statement. She was [trying] to get [into] an internship program, and as soon as we were done, she was so excited about everything. Honestly, it just brought happiness to me knowing that she felt confident in her paper."

-Anthony Laboriel, first-year graduate student.

"When I was at the West End Ave Deli, I let a couple of people cut me in line because they weren't ordering anything, they were just getting stuff from the Ready-To-Go [section]. Since the register was [down,] I just thought 'might as well just let them in,'"

-Frank Natale, freshman business administration major.

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