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Nova Southeastern University

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This year the Black Law Student Association (BLSA) will be holding a panel focusing on the Central Park Five, an infamous court case from New York that began in 1989. In the court case, five people of color, who at the time were teenagers, with four of the five being minors and one adult, were falsely found guilty of assault and murder among other charges. The four teenagers ended up serving 6-7 years in prison and the adult ended up serving 13 years before the convictions were vacated in 2002. Upon release, the five men were known as the Central Park Five, an infamous case in hopes that people learn a little more about the injustice that happened back in 1989 versus the injustice that is still prevalent in today’s society, especially for people of color.” BLSA is looking to inform a wide audience about the case in hopes that people learn a little bit more about the law and how it is handled, especially in the case of minors.

“We have opened it to the law school, the medical school, the undergrad, the high school across the street (and to) members of the community. There is literally no one person we don’t want there,” added Jordan Rount Rotman Nunes, Vice President of BLSA.

It is not necessary, but recommended, to watch the mini-series prior to attending. In fact, President of BLSA Raven Hollaway also recommends watching the PBS documentary on the case. Hollaway mentioned how the PBS case shows a more unbiased retelling of the case and focuses on the real-world stories of these teenagers.

The check-in and reception starts at 5 p.m. and the panel begins at 6 p.m., going through to 8 p.m. Students interested in attending should RSVP before Nov. 14, which can be done on the Shark Fins website, which provides a full list of events on the IEW website, Nova.edu/IEW.
Mormon families massacred in Mexico

On Monday, Nov. 4, three mothers and their combined 14 children were attacked on the road by gunmen.

According to The Washington Post, "Assailants killed at least nine members of a fundamentalist Mormon community in Northern Mexico," including all three mothers and six of their children whose ages ranged from eight months to 12 years. Several of the other children were injured and had to be airlifted to a nearby hospital. As of Tuesday, Nov. 5, one suspect has been arrested as the ministerial Agency for Criminal Investigations (AMIC) stated that the suspect "was holding two bound-and-gagged hostages in the hills of Aguas Prietas in Sonora state," which directly correlated to the destination and community the women and children were involved in.

Scientists in Eastern Africa discovered that vulturine guineafowl live in societies reminiscent of our own

On Monday, Nov. 4, a study published in "Current Biology" explained how Eastern African vulturine guineafowl, red-eyed, baldheaded, boldly plumaged birds, live in a societal structure very similar to humans. According to Damian Farine, the lead researcher of the study, "these hefty birds can fly, but rarely choose to. The lead researcher of the study, "these hefty birds can fly, but rarely choose to."

"[The vulturine guineafowl] are a model system to study social behavior because of their relatively simple life history," Farine said. "They are not very mobile, but they form large groups when they are not feeding."

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France announces new measures on immigration

With municipal elections just months away, on Wednesday, Nov. 6, France’s President, Emmanuel Macron, and his government announced steps to make the country less attractive to migrants. According to The New York Times, "among Macron’s new get-tough measures is a provision that asylum seekers would have to wait three months before qualifying for non-urgent health care."

In addition, officials have announced that informal migrant camps in and around Paris would have to clear out before the end of the year. "[ Macron] wants to review control over our immigration policy," said Prime Minister Edouard Philippe and will be establishing a system of annual quotas to grant visas to skilled immigrants for the first time.

China sentences man to death for trafficking fentanyl to the U.S.

On Thursday, Nov. 7, a court in Xinjiang, China, convicted and sentenced Lin Yang, a drug-ringing member, to death for trafficking fentanyl, a synthetic opioid pain reliever that is 80-100 times more potent than morphine. According to Chinese and American officials, "Yang led an illicit network of labs that produced and shipped packages of fentanyl to American users who were able to place orders online through a dealer simply known as ‘Diana.’" Yang’s death sentence has been suspended for two years, leaving open the possibility of life in prison.

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Career advice and a pizza slice

By: Tava Boeckel
Contributing Writer

On Nov. 20, there will be an exciting opportunity for NSU’s international students! The Office of Career Development is hosting an advice panel for international students seeking jobs and internships. The panel will feature five students who have had success in finding job and internship opportunities related to their respective fields of study.

The panelists will have varying majors ranging from pre-medicine to the arts. The panelists will tell attendees about their respective fields of study, what that first step is and maybe going to different offices and hearing from professionals may help, but I think that sometimes the most learning comes from hearing it from your peers.

This will be the second year that the Office of Career Development is hosting the event. Last year, the panel had resounding success with around 60 students attending. The office expects the number of attendees to double this year.

Jones explained that “the event will be in Desantis [with] the first hour [being] students hearing from the panel. Students will be able to ask questions and really engage with the panel. Then later, we will have pizza and students will have the opportunity to interact with the panelists one on one and ask questions that way if they’re a little more shy.”

The panel will allow students to gain knowledge about career opportunities they may have not been privy to. According to Jones, “Two of the students on the panel had internships that turned into full time jobs. So I think it’s really important for students to see that.”

This is truly a chance for students to get guidance in their future career prospects in a relaxed setting allowing for them to absorb the information in an easy way. Career Advice and Pizza Slice will be held in room 3033 on the third floor of the DeSantis building. It will run from 6 p.m. until 7:30 p.m. Career Development looks forward to see students attend when they serve up career advice and a pizza slice!
The United States has always been a country where millions of people wish to live. Each year, many people immigrate to the country from a variety of different countries. In 2016 alone, 1.18 million immigrants came legally to the United States. Yet one location stands out as a symbol of immigration in the United States — Ellis Island. The island is located on the upper bay off the coast of New Jersey, slightly in the shadow of the Statue of Liberty. Ellis Island was never a site for storing military weapons and whatever else the military needed. It was only after 1892 that the island was used for immigration purposes. Since 1892, Ellis Island has had its gates open to foreigners looking for a new home or seeking asylum from their native countries. The highest influx of immigrants into the United States via the island was from 1900 to 1914.

Ellis Island assumed different purposes. The island was even called different names like Gulf Island or Kiosk. For a long time, Ellis Island was used for military purposes. The island was mostly used for storing military weapons and whatever else the military needed for it. It was only after 1892 that the island was used for immigration purposes.

The United States has always been a symbol of freedom and liberty, not only to us as Americans but also to those who risked everything to be here. Ellis Island is the perfect personification of this and standing in front of it is the best symbol that we have, the Statue of Liberty. Ellis Island will forever be in our history as one of the most impactful places in our country.

Tips to calm your interviewing fears

By: Madison Owens
Career Development

Madison Owens is a career advisor at NSU’s Office of Career Development. Owens studied Business Administration as an undergraduate student and is currently in the College of Student Affairs M.S. program here at NSU. Owens has a background in Academic Advising and is passionate about helping students cross their finish line.

Picture this — it’s Sunday evening and you have a job interview on Monday at 3 p.m. As you sit on the couch, you start to think about the thousands of questions they could ask you tomorrow. Questions like what type of cereal are you? Or the hardest one in the book: can you tell me about yourself? As you ponder the multiple questions you are about to break a sweat to. This is a normal feeling to have, and you are not alone. Many people feel this way too.

There are many ways to ease some of your nerves by prepping before your interview. The first step is to visit the Office of Career Development. Here, career advisors can do a plethora of things to help calm your nerves, like review and make suggestions on your resume. The advisor can also help you start and revise your cover letter or even do a mock interview with you. A career advisor will ask you if you have specific questions and give you feedback on all aspects of the interview.

The next tip is to visit Razor’s Career Closet. To visit Razor’s Career Closet, you must have met with a career advisor once before. After at least one appointment, you can then schedule a Razor’s Career Closet appointment on Handshake. Razor’s Career Closet is a free resource that allows you to come, pick a professional outfit and keep it! Razor’s Career Closet is filled with professional clothes including pants, skirts, dresses, dress shirts, blouses, jackets and shoes. Razor’s Career Closet also has many accessories such as ties, handbags, and belts. You can make your appointment for Razor’s Career closet Monday through Thursday from 9:00 a.m. — 5:00 p.m.

After you have prepared yourself for the interview with a career advisor and found the perfect outfit from Razor’s Career Closet, it’s time to get in front of other professionals. How do you get ready to be in front of professionals? Meet Mock Interview Night, of course.

Mock Interview Night is an amazing opportunity to get in front of different human relations executives in a variety of industries. At the event, there will be human relations executives from companies like American Express, Southern Glazers Wine & Spirits, and more! To be involved in this event, you must RSVP on Handshake or email Emilio Lorenzo at el541@nova.edu. Once you respond to the event or send an email to Emilio, you will need to send him your resume. Mock Interview Night will be held on Wednesday, Nov. 13 in the Carl DeSantis Building Atrium from 5 - 8:30 p.m. I hope to see you there!
As of Oct. 8, the Supreme Court reviewed three cases that will decide whether employers can legally discriminate against individuals based on their sexual orientation or gender identity. All of the cases stem from LGBTQ+ individuals who have lost their jobs because of their gender identity or sexual orientation, and depending on the Court’s eventual decision, this kind of issue could keep arising without any legal boundary to stop it. Being aware of what these cases are and what their implications depend on the Court’s eventual decision, saying sexual orientation and gender identity, it will set a precedent for legal discrimination against LGBTQ+ individuals, and because of the nature of gender, transgender individuals may be at even further risk.

Just as Florida is no stranger to hurricanes, California gets its fair share of wildfires — but that doesn’t mean they aren’t still devastating and damaging to the area. California has been plagued by wildfires this past October and November. The King Fire alone burned over 77,000 acres and has been only been 65% contained, according to NPR. Governor Gavin Newsom declared a statewide emergency due to the conditions. Unfortunately, the frequency of these fires appears to be increasing. Fifteen of the 20 worst fires in the state’s history have happened in the past 19 years or so, according to National Geographic.

California’s dry environment (especially in the fall) combined with wind gusts that may reach as high as 80 miles per hour can cause wildfires to spark and spread quickly, up to 14 miles per hour, according to National Geographic. Fires may be caused by sparked power lines, anthropogenic sources and more. Besides just the damage caused by the flames themselves, smoke can be a major hazard when it means smoke plumes, towns, cities, highways and roads. There’s no clear end in sight either.

Global climate change may also be at least some of the reason these fires are becoming more and more of a threat to California. In the past hundred years alone, the United States Environmental Protection Agency has stated that the average temperature of Southern California has risen approximately three degrees Fahrenheit. Greenhouse gases like carbon dioxide have been increasing, heating up the planet. For California, this means more heatwaves and less rain — a dangerous combination for a state already prone to wildfires.

Beyond just the flames themselves, an increase in wildfires would mean an increase in all their negative side effects as well. Potential effects can include smoke inhalation, displacing wildlife and destroying their habitats, the damaging of property and associated costs and using resources to fight the flames.

Aside from ensuring that the risk of fires sparked from anthropogenic sources like bonfires or cigarettes is mitigated, making sure power companies maintain proper practices is crucial as well. Pacific Gas & Electric shut off power in an attempt to prevent more fires from sparking. “This ended up leaving people without power in a time of crisis,” criticized Newsom to NPR.

There’s no one thing we can do to stop all wildfires in California — in fact, a lot of the landscape and ecosystems have adapted to the fires, but that doesn’t mean they aren’t still dangerous and damaging. Trying to limit our greenhouse gas release and mitigate sources of fires we can control may help, but the best answer for now may be to further educate citizens on climate change and let Californians know how they can stay safe in the event of a fire.

LGBTQ+ rights are at stake

As of Oct. 8, the Supreme Court reviewed three cases that will decide whether employers can legally discriminate against individuals based on their sexual orientation or gender identity. All of the cases stem from LGBTQ+ individuals who have lost their jobs because of their gender identity or sexual orientation, and depending on the Court’s eventual decision, this kind of issue could keep arising without any legal boundary to stop it. Being aware of what these cases are and what their implications are is crucial to being an active member of our democracy.

R.G. & G.H. Harris Funeral Homes v. EEOC originally began when Aimee Stephens was fired from a family-owned funeral home in Detroit that she had worked at for six years after writing a coming-out letter to her employer explaining she would be presenting herself as a woman in the workplace, according to CNN.

Stephens then filed a complaint with the Equal Employment Opportunity Commission (EEOC) and the case went through a district court, which claimed that Title VII did not protect transgender people from discrimination. The EEOC appealed to the 6th Circuit Court of Appeals who ruled in Stephens’ favor, and then the funeral home representatives, coming from the Alliance Defending Freedom (ADF), requested that the Supreme Court hear the case. The ADF claims that Harris Funeral Homes fired Stephens based on her “[violation] of the company’s sex-specific dress code.” If the Supreme Court rules in favor of the ADF, not only will “sex” not encompass gender identity, but employers will be able to discriminate against any employee for not adhering to gender stereotypes.

In regards to the case, Stephens supplied The New York Times with a specific line from the letter which stated, “I have felt imprisoned in a body that does not match my mind. And this has caused me great despair and loneliness. With the support of my loving wife, I have decided to become the person that my mind always knew was me.”

Meanwhile, SCOTUSBlog has stated that Title VII did not apply to sexual orientation and managed to get the case dismissed on federal and appellate levels.

The decisions made in each case will have a profound impact on who has a right to make a living in the U.S. If the Supreme Court defines “sex” as separate from sexual orientation and gender identity, it will set a precedent for legal discrimination against LGBTQ+ individuals, and because of the nature of gender, transgender individuals may be at even further risk.

The Beverly Hills Cafe

The Beverly Hills Cafe is a restaurant situated in Countryside Shops in Cooper City, about 15 minutes from NSU. It is a great spot to spend time with family and friends, get a good photo for Instagram and enjoy some delicious pasta!

The Beverly Hills Cafe is a restaurant situated in Countryside Shops in Cooper City, about 15 minutes from NSU. It is a great spot to spend time with family and friends, get a good photo for Instagram and enjoy some delicious pasta!

The restaurant is absolutely gorgeous, with dim lighting, an organized setting and a friendly atmosphere. Not to mention spacious and able to hold a decent amount of people. When we entered the restaurant, my friend and I were welcomed and guided towards a table for two. We were given the menu and kindly asked if we wanted any drinks. For those who aren’t there to dine in, there are leather chairs available to patiently wait for a takeout order. The restaurant is filled with pretty pictures on the walls and the lighting above the tables are ideal for a good meal. If you love food blogging or just snapping pictures of food dishes, this place will not disappoint you.

The menu offers various kinds of food: soups, eggs, burgers, pasta, salads, desserts and a kid’s menu. Thus, if you visit The Beverly Hills Cafe, you will probably find a dish that suits your taste. I ordered a cheese ravioli, which came with the choice of soup or salad. I chose to have the soup of the day: spinach cream soup. My friend went with their grilled cheese option, which was accompanied by crispy fries. My cheese ravioli was packed with flavor. The filling and sauce complimented the dish well and filled my mouth with a heavenly taste. However, what really stood out to me was their spinach cream soup. When it comes to soup, I am very picky and it takes outstanding soup to make me go back for seconds, but The Beverly Hills Cafe definitely made the list. According to my friend, the scrumptious grilled cheese with crispy fries satisfied her hungry stomach.

The service at The Beverly Hills Cafe is commendable. Our waitress was friendly and gave me a lot of suggestions as to what I should choose from the menu. Every five to ten minutes, she would come to check on us and let us know that she was ready to help us any time we needed. I was satisfied with how much attention was given to the customers and how the heavy workload didn’t stop my waitress from checking up on us every now and then. With the various tasty items on the menu, high-class service and beautiful setting, The Beverly Hills Cafe is the ideal place for you to have a good time with loved ones and take good photos to boost your rich presence in the online world.

The Beverly Hills Cafe

By: Nabeeha Nuba
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The Beverly Hills Cafe

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The Beverly Hills Cafe

By: Kelsey Bruce
Arts & Entertainment Editor

The Beverly Hills Cafe

By: Madelyn Rinka
Co-Editor-in-Chief

The Beverly Hills Cafe
Healthy food may be hard to come by in college, especially if you tend to wake up late. Instead of reaching for that Pop-Tart while rushing to class, here are some easy-to-make snacks that will help sustain you throughout the day.

**Fun food ideas on the go**

By: Tava Boeckel
Contributing Writer

Banana Cinnamon Pancakes

- Super simple, and they only consist of three ingredients: a banana, an egg and cinnamon.
- Peel your banana, crack your egg and sprinkle your cinnamon.
- Combine your ingredients in a blender, mix together until homogenous.
- Place a few spoonfuls of this pancake mix into an pan.
- Then, let it sit until they are nice and fluffy.

**This is a delicious, easy breakfast option that is much healthier than normal pancakes.**

**Peanut Butter Banana Toast**

Peanut butter banana toast is another nutritional breakfast option.

1. Simply toast a slice of whole grain bread.
2. Spread peanut butter on it.
3. Then, cut up a banana.
4. Arrange your slices on the toast. If you have a sweet tooth, you could even drizzle some honey on it!

**Almond Butter Rice Cakes**

Rice cakes with almond butter are a great way to get full with something light. They can be prepared for breakfast or for an afternoon snack. These are also far by the easiest to make!

- Simply spread almond butter on a whole grain rice cake, and if you’re feeling fancy, sprinkle some cinnamon on top as well.

**Trail Mix**

Trail mix is another snack that is easy to make and allows individuals to explore a variety of foods.

- Combine almonds, peanuts, cashews and macadamia nuts as well as raisins, dried cranberries and dark chocolate chips in a ziplock bag or container.
- Since sweet and savory foods are often complementary, they are fun flavors to use creatively.

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**Color Coding**

Using different colors and styles of writing utensils while you write is another way of organizing your notes that can help you in your studying and note-taking abilities. Doing something, like color coordinating the headers of different topics in a lecture, can not only help you navigate your notes better afterwards but might help keep your brain entertained. In trying to pick and choose with different colors, your notes will be fun and interesting to take.

**Digital Note-taking**

Taking notes on something as touch-screen laptop, notepad or tablet device has been growing steadily in popularity. Taking notes electronically expands your artistic and visual possibilities incredibly – where you may have only owned four different colored pens before, now you can choose the exact color you want a certain section to be and change the colors easily with just the tap of a button instead of having to pick up a whole new pen, uncap it, and repeat this process every time you want to switch colors. While many people prefer pen, marker and paper for a number of reasons, extending from aesthetic to feel to memory function, those without a strong preference, may find that switching over to digital note-taking can expand possibilities in many different ways.

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**Fall in love with Floridian fall**

By: Alexander Martine
Opinion Editor

Oh, the glorious season of fall. What a wonderful time to enjoy the turning of the leaves and the cool welcoming weather… Who am I kidding? This is South Florida. We have three seasons — summer, hurricane season and snowbird season. Still, that doesn’t mean that we cannot celebrate fall here. If you are looking for some fun ways to do so, read the ideas below.

**Seasonal plants for a garden**

The Current has published great articles about spicing up your meals on campus, and another great way to do that is by adding fresh herbs to your food. In Florida, herbs are pretty easy to grow, especially if you start working with them in November and December. Herbs like thyme, cilantro or coriander, sage, and dill grow great in Florida, and you can easily grow these plants on the window sill of a dorm room or in a little household garden.

**Prepping for hurricanes**

Like I said earlier, one of the three seasons we have down here in South Florida is hurricane season. Hurricane season just so happens to be right around that time when the rest of the country is celebrating fall. So, kick off the fall season with hurricane prep and stocking up for your next hurricane party, or plan how you’re going to leave the state in case of an impending category five hurricane.

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**Seeing migrating manatees**

Florida is pretty well known for being a habitat for manatees, and this time of year is the best time to see them in South Florida. While you can find these great aquatic greats across the state, you are more likely to see them down here as they migrate south towards slightly warmer waters. Manatees frequently migrate to many parks and rivers around the area to get warmer waters, and you can visit any of them to celebrate your fall.

While we might not get the best weather for true fall down here, there are still some great things that can get you into the Floridian fall spirit, whether its avoiding snowbirds, seeking out manatees or anything in between.
Ring of Fire at the Actors’ Playhouse

By: Madelyn Rinka
Co-Editor-in-Chief

The Actors’ Playhouse at the Miracle Theatre is presenting “Ring of Fire: The Music of Johnny Cash” from Oct. 30 - Dec. 8 in Coral Gables. The musical showcases Cash’s hits such as “I Walk the Line,” “Folsom Prison Blues,” “Jackson” and, of course, “Ring of Fire.” The musical features a star-studded cast of Scott Moreau, Katie Barton, Eric Scott Anthony, Marcy McGuigan and Spiff Wiegand. Each actor plays several instruments, bringing the music alive on stage right before the audience’s eyes. The original Broadway production featured 13 individuals, but the Actors’ Playhouse is performing a different version with a cast of only five.

“The real joy of the show, the way we’ve got it, is how intimate it can feel,” said Ben Hope, the director of “Ring of Fire.” “The dialogue in the show is all lifted from Johnny Cash’s autobiography that was released in 2003, and that book in itself is a real wonderful read. (Cash) is such a good storyteller, and he had such a big heart and such a self-awareness about his own shortcomings and the things that were important for him in his life.”

“Ring of Fire: The Music of Johnny Cash” tells the tale of Cash’s legendary career and life within his own songs. “I think (Cash is so popular across such a wide spectrum of people) because he had a unique gift to speak for all of us, in a way. He was such an imperfect person, and I think we can all relate to that,” explained Hope.

Tickets cost between $30-$75, but students can purchase special discounted tickets 15 minutes before any performance with their student ID at the box office. Group discounts are also available for 10 or more persons. Visit www.actorsplayhouse.org for tickets and performance dates.

“I think (Cash is so popular across such a wide spectrum of people) because he had a unique gift to speak for all of us, in a way. He was such an imperfect person, and I think we can all relate to that,” Ben Hope, the director of “Ring of Fire.”
November 5

Walter Johnson wins 416 games
On Nov. 5, 1940, Walter Johnson, MLB pitcher for the Washington Senators for 21 years, won his 416th game with the Senators. Two years later, Johnson would go on to pitch against Babe Ruth, gaining him a lot of fan attraction.

November 6

James Naismith is born
James Naismith, the Canadian-American physical educator and inventor of basketball and the football helmet, was born on Nov. 6, 1861. Naismith wrote the official basketball rule book and lived to see basketball be adopted into the Olympics in 1904.

November 7

Magic Johnson retires from the
Los Angeles Lakers
In 1989, NBA legend Magic Johnson retired from the Los Angeles Lakers all the while announcing to the world that he had the HIV virus. The L.A. Lakers would go on to retire Johnson’s jersey, #32, on Feb. 16, 1992.

November 8

President Lyndon B. Johnson signs antitrust immunity to AFL-NFL merger
On Nov. 8, 1966, the 36th U.S. President, Lyndon B. Johnson, signed an antitrust immunity to the AFL-NFL merger. The AFL, or American Football League, and the NFL, or National Football League, were the United States’ two major professional American football leagues and were officially merged June 8, 1966.

November 9

PGA eliminates caucasians only rule
In 1961, the Professional Golfers Association, PGA, eliminated their “caucasion only” rule after years of protest from African American golfers Bill Spiller and Ted Rhodes. This elimination of segregation paved the way for golfers like Tiger Woods and Calvin Peete to dominate and heavily influence the sport.

November 10

Marc Márquez wins the 2013 MotoGP World Championship
Marc Márquez, a Spanish motorcycle road racer nicknamed ‘Ant of Cervera,’ won the 2013 MotoGP World Championship race held in Qatar. Márquez would become the youngest person ever to win the MotoGP World Championship at only 20 years old at the time.

November 11

Samsung Lions win 2014 Korean Series
The Samsung Lions, one of South Korea’s professional baseball teams founded in 1982, won the 2014 Korean Series in baseball. 2014 would be the last winning year for the team, and they have not qualified for the series since 2016.

November 12

NHL greats inducted into the Hockey Hall of Fame
On Nov. 12, 2012, Joe Sakic, Marc Sundin, Pavel Bure and Adam Oates, all hockey legends, were inducted into the Hockey Hall of Fame. As of 2016, there have been 271 players, four of which have been women, inducted into the Hockey Hall of Fame.

For more sports news, visit nsucurrent.nova.edu

OUT OF THE SHARKZONE

Black cat interrupts game
Last Monday, Nov. 4, at the Dallas Cowboys vs New York Giants game at MetLife Stadium, a black cat delayed the game after finding its way onto the field and sprinting across. The cat was on the far side of the field away from the action, then wandered to the south end zone where security and officials attempted to capture the cat. The cat eventually ended up running off the field behind a barricade. This mischievous feline has yet to be captured and its whereabouts are still unknown. The delay lasted only two minutes, and with many players on both sides being superstitious, allergic, or just scared, no one wanted to approach the cat. In the end, the Cowboys won 37-18. According to Ian Rappaport of ESPN, “It is ridiculous that an organization that has a budget of less than $40 million.”

Sportswriter Cameron Pritchett shares his fantasy football advice.

Quarterbacks
Kyle Allen vs. Atlanta
Cam Newton’s foot has not been getting better, according to Ian Rapoport of ESPN. With that in mind, Allen should continue to see the start against the Falcons, who rank 30th in defense against opposing quarterbacks. Curtis Samuel has broken out over last week and should continue to bolster Allen’s floor.

Lamar Jackson vs. Houston
What a season Jackson has been having! In addition to revolutionizing the game with his legs, he’s averaging almost 227 passing yards per game, with 18 touchdowns compared to only eight interceptions. He just came off a monster game against the Patriots in which number one ranked defense and should continue to be a fantasy beast against the Texans who have been struggling. According to Ian Rappaport of ESPN, “What a season Jackson has been having!”

Wide Receivers
Jameson Crowder @ Washington
Crowder has been an average fantasy football advice. According to ESPN analyst Matthew Berry, “The Bears’ defense has fallen off and that’s probably an understatement. Marcas is the clear workhorse back in Oakland and is in the RB1 mix for the remainder of the season. Start Jacobs and rope the benefits.”

Tight Ends
George Kittle vs. Arizona
Kittle has started to pick it up and he just tore up the Cardinals in week nine. While you are really planning to sit Kittle though?

Under Armour under fire
On Nov. 3, Under Armour announced some bad news. The company, based in Baltimore, announced it was assisting federal employees who were looking into the company’s accounting practices and related activities dating back to 2017. Under Armour also reported that the company has been in decline in North America, its largest market, for the fifth quarter in a row. In the fall of 2015, Under Armour’s stock was more than $51 a share, but as of last Monday, their stock has decreased to a little over $13 a share. Under Armour, previously credited for creating high-tech athletic wear, is now struggling to compete with other major brands like Nike and Adidas.

Sports
November 12, 2019 | nsucurrent.nova.edu

By: Flor Ana Mireles
Copy Editor

By: Cameron Pritchett
Sports Editor

Tight Ends
George Kittle @ Arizona
Kittle has started to pick it up and he just tore up the Cardinals back in week nine. Were you ever really planning to sit Kittle though?

Jared Cook @ Tampa Bay
Tampa Bay ranks 31st against tight ends, giving an average of 12.5 points per game to the position. Drew Brees is back and likes to target his tight ends more than Teddy Bridgewater; I think Cook can do some damage this week.

Gerald Everett @ Chicago
The Bears’ defense has fallen off significantly, besides the pass rush. They rank in the bottom 10 against the tight end position, and Everett has made a name for himself in this offense. Start him up against the Bears.

Sandwich Series
On Nov. 8, 1966, the 36th U.S. President, Jameson Crowder @ Washington Crowder has been in average fantasy football advice. According to ESPN analyst Matthew Berry, “The Bears’ defense has fallen off and that’s probably an understatement. Marcas is the clear workhorse back in Oakland and is in the RB1 mix for the remainder of the season. Start Jacobs and rope the benefits.”

By: Cameron Pritchett
Sports Editor

By: Flor Ana Mireles
Copy Editor

Fantasy Favor

Fantasy beast against the Texans who have been struggling. According to Ian Rappaport of ESPN, “What a season Jackson has been having!”

Deanta Freeman @ Carolina
Carolina’s fantasy football advice. According to ESPN analyst Matthew Berry, “The Bears’ defense has fallen off and that’s probably an understatement. Marcas is the clear workhorse back in Oakland and is in the RB1 mix for the remainder of the season. Start Jacobs and rope the benefits.”

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The Bears’ defense has fallen off significantly, besides the pass rush. They rank in the bottom 10 against the tight end position, and Everett has made a name for himself in this offense. Start him up against the Bears.

Sandwich Series
On Nov. 8, 1966, the 36th U.S. President, Jameson Crowder @ Washington Crowder has been in average fantasy football advice. According to ESPN analyst Matthew Berry, “The Bears’ defense has fallen off and that’s probably an understatement. Marcas is the clear workhorse back in Oakland and is in the RB1 mix for the remainder of the season. Start Jacobs and rope the benefits.”

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NSU Athletics hosts 12th Hall of Fame Induction

By: Cameron Pickett
Sports Editor

On Tuesday, Nov. 5, NSU hosted its 12th Athletics Hall of Fame Induction Ceremony at the Don Taft University Center. This particular class had stand out athletes setting numerous program records, making lasting impacts on NSU athletics programs. Four former student athletes, Miles Mikolas of the 2007-2009 baseball team, Erin Black of the 2011-2013 swim team, Taylor Collins of the 2007-2011 golf team and Oskar Nordstrand of the 2011-2013 swim team were honored for their efforts in their respective programs, as well as former Rowing coach John Gartin. The event was hosted by Tony Segroto, former news anchor for NBC 6 News, who introduced the representatives and recognized their contributions to their sports.

Oskar Nordstrand
Nordstrand kicked off the night with his speech. A former 12x All-American, and 5x Sunshine State Conference champion, Nordstrand set many records for the Men’s Swimming program for years to come. “Three of the most important things I was taught was that the Sharks were the importance of team spirit, trust in your coaches and the program, and the third, which I think is the most important of all, hard work always pays off.”

Erin Black
Black, another swimmer from NSU, is the first female swimmer in the history of the program to become an NCAA Division II Champion, and after her induction in the hall of fame, became the first female swimmer to accomplish that feat. “Life doesn’t always end up the way you think it will, but sometimes it ends up much better,” said Black. “It’s really nice to be a part of the program and start something for a lot of people to come through.”

John Gartin
Gartin, who played a crucial role in the foundation of the Rowing program and their success early on, was honored earlier this year with the Varsity #4 boat being dedicated to him. When asked about what it meant to see the program go so far as it has today, Gartin’s passion took over. “Knowing that we started from literally dirt, and seeing where the program, where the school, where the athletic department has gone, is really impressive... Just walking through the UC, this wasn’t even here when I was a coach.”

Taylor Collins
Collins’ efforts in Golf still hold a place in the record book of NSU; after competing at NSU, she became one of the most well known athletes in school history, guiding the Sharks to three national championships and one individual championship in her four year tenure. “I’ve known since I was a child that all I ever wanted to do was be a professional golfer. Every choice I made growing up revolved around this future passion took over: “Knowing that we started from literally dirt, and seeing where the program, where the school, where the athletic department has gone, is really impressive... Just walking through the UC, this wasn’t even here when I was a coach.”

On Tuesday, in response to Verona’s game, the Serie A disciplinary tribunal ordered the club to close the Poltronara Est Stand, the section in which the behavior occurred, and banned the head of the club’s Ultras Supporters Group, Luca Castellini, the leader of the hardcore spectators or “ultras,” which incited these racist behaviors. Castellini later made comments on a radio show Monday claiming that these fans were being “irreverent” and didn’t take the situation seriously.

Sadly, Castellini isn’t the only one who took this incident with a grain of salt. Verona F.C. and many other clubs have officially claimed that these incidents are being blown out of proportion or that nothing serious happened. But that’s not the point; it doesn’t matter if it’s just one fan in the stands whose drunk and making racist slurs or a full-out brawl over discrimination. Both shouldn’t be allowed in the stands or anywhere near the sport; ideally, we shouldn’t see the same in society, but we don’t live in a perfect world and I understand that red. I can’t give a pass, however, to sports in which people and their interactions are on the world’s stage. Just be cordial, enjoy the game, cheer on the team and leave racism at the door.
What are you going to do?

By: Isadora De Abreu
Contribution Writer

I never understood why some people got upset with the question “what are you going to do after you graduate?” until this semester. For some unknown reason, it seems like everybody decided to make a group effort to ask this one specific question to me countless times. I am talking parents, family friends, close friends, acquaintances, classmates, professors, and the list goes on and on. When answering the question, sometimes I choose to say, “I have no clue” or “I am not sure” and I am usually met with interesting reactions. The reactions fall between passive-aggressively making sure it is okay to be unsure, no one has it figured out, and I have “plenty” of time to decide. On the other end, I had people, with a condescending tone, also passive-aggressively make sure I understand the “huge” importance attached to knowing where to aim professionally as early as possible. I am aware I could always come up with a generic enough answer like “something in the health field” or “something in research.” It is practical, avoids the unnecessary discomfort my initial answer produces and it makes it seem like I have a feasible path to follow. However, I choose not to do this.

The fact that we base our identity and “personality” traits on the future professionals we aspire to be says a lot about what higher education becomes when you are constantly surrounded by hyper-focused, goal-oriented overachievers. I am not going to preach about whether people should or shouldn’t know what they want for the future, or if there are more benefits in trying everything out before committing to a professional plan. College already does it for you. Because if we are honest, despite the whole notion that college pairs you on the back when you go through new experiences and changes your perceptions, college is always there to slap you in the face and remind you that time and money require you to have a clear notion of what you are here for while also wishing you the “best of luck” figuring it out by yourself.

Burnout. We hear about it like it’s some scary monster who creeps into the shadows, but it’s not some fantastical thing; it can happen to anyone anywhere at any time. According to the World Health Organization, burnout is a syndrome resulting from chronic workplace stress that has not been successfully managed. It is characterized by four dimensions: feelings of energy depletion or exhaustion, increased mental distance from one’s job, feelings of negativism or cynicism related to one’s job and reduced professional efficacy.

Just because this definition focuses on the professional environment, I wouldn’t say it is limited to that. Despite what people may think, college is a full-time job. Studying for classes, working on assignments on a weekly basis and focusing on extracurriculars or career-based pursuits equals one stressed-out college student. Especially, if you are one of those students who also have freelancers of obligations on top of your education— as many of us do. Adding onto the already overflowing plate of stressors that we have to balance, it’s important to take burnout seriously and truly understand what that might mean for you when it’s time for you to take a break.

Listen, I get it. Not everyone can take a break and drop everything for some positive self-care. Heck, half of us probably don’t even really understand what that means. Most of us say “I’m about to take some ‘me time,’” which means that we eat our favorite food or treat ourselves to a mini-break away from work, school or a mixture of both; just because you take that mini-break, it doesn’t mean it’s productive in preventing the eventual burnout.

To put it in perspective, I myself, start to burnout at least once right around this time of year. We’ve only got a few weeks until finals and winter break seems to be right around the corner; it’s the homestretch. Yet, I always seem to feel stuck, like I’ve pushed myself so far that I don’t have it in me to continue for another three or four weeks, especially if I just came off a mentally exhausting few days. It usually ends in a minor freak out, I panic, drop everything and take care of myself for a few days— which usually entails a full session of vegging out, pity party included—and I bounce back and tackle the next few weeks and crash again when I’m on that final ride back home for winter break.

Now I’m not saying my way is entirely healthy, but I’m working on it. Just like everyone should. It’s important to find a healthy balance where you can focus on yourself, your own happiness and other pursuits unrelated to work or school. I don’t have all the answers and I don’t claim to. I also am not going to sit here and recommend things for you to take a break because everyone has a different barometer for stress and what they can and can’t handle, it’s important to learn what works for you and what doesn’t. I do recommend that if you feel like you are burning out, that you are burning the candle at two ends or don’t have the energy to keep working at the level you are currently, take a break. Even if that means a walk around Gold Circle Lake to regroup, going to a mental health professional or using a sick day to binge on some Netflix and eat your feelings. Do what works for you, but most importantly, do what’s best for yourself so that way you can achieve everything you set out to do in the best and healthiest way possible.

Just fix something

By: Alexander Martinie
Opinions Editor

This is just my second year going to school here at good old Nova Southeastern University, but I could go on and on about all the things that the university could and should definitely fix. Most of the time NSU does not fix the things that students need, but instead gives them completely unnecessary things — when they added that AI system instead of just fixing their website.

One of the biggest issues that I have had recently is registering for classes. I dread that time of the semester because everything just shuts down as pretty much the entire school jumps on their Webstar profile to try and sign up for classes that are probably already filled. I get on the registration site ready to sign up for classes at 11:59 Sunday night, and I still have trouble getting into classes. This year, many people just got a screen full of red error text as they tried to get on to register. It is a terrible idea to try and have the entire school register for their classes at the same time while still using a server that could barely handle one user logged in.

Not only are course registration numbers not linked right, but so many courses are full even before the vast majority of students get access to these offered courses. Last year, when I was trying — keyword: trying — to sign up for General Chemistry I, all 128 seats were filled before I could even log in to Shark link. Those seats were full before registration was even open to non-athletes and non-honors students. Classes that several majors are required to take, like general chemistry, should have more seats than just a little over 100, especially in a school full of biology majors that all take chemistry in droves.

Then there is the problem of priority. The University has decided that some students deserve to be able to register for classes early. And for the most part, that is just ridiculous. For athletes, I get it. They should be able to have a class schedule that works around their practice schedule. But, then there is the Honors College. Honors students get priority for no logical reason whatsoever. They already have classes that only they can take so why should they get the first pick of all the courses on campus?
Opinions

All this hype...over a chicken sandwich?

By: Cameron Pritchett
Sports Editor

We’ve all heard about the Popeyes chicken sandwich, whether it be from social media or from the mass marketing campaign done to promote the product. Popeyes has made quite a name for itself in the fast-food industry as of late, and this can be attributed to the return of the chicken sandwich on Nov. 3, which was originally released Aug. 12 but sold out worldwide. Now, I like good fried chicken just as much as the next person; with this in mind, I believe there is simply too much hype surrounding the return of this menu item, which, according to Forbes, was a “$65 million marketing win” for the company.

As a business major, I truly appreciate the marketing that has gone into the advertising of the chicken sandwich. They have made it about competing with Chick-Fil-A, and many foodies on YouTube have even made comparisons between the two. There comes a point, however, when too much is too much. According to NBC New York, “A group of people [were] already in the line at the restaurant in the 6200 block of Livingston Road when Kevin Davis arrived about 7 p.m. ‘For 15 minutes, he methodically cut in front of people to [reach] the front of the line, where he was confronted by another customer,’ Prince George’s County Police Chief Hank Stawinski said. Fifteen seconds later, Davis was stabbed outside one time by the man who confronted him, police said.” Is getting your hands on the newest hyped item on social media worth taking the life of another human being? The rational answer is no, but these are the extents that some people are taking. Popeyes has yet to speak out about the murder.

Something that I have personally seen on my social media is my friends buying the sandwiches, whether they be spicy or regular, and putting outposts on their stories saying they are “swilling” the sandwich. I’ve seen this tactic with more practical items, such as shoes, textbooks and even cars, but...chicken? Really? People put a lot of value into things that mean a lot to them; for example, I mentioned shoes, and have seen pairs of Yeezys sell for a lot more than people actually bought them for. Some people collect shoes, so this is an understandable upcharge. However, the sandwich costs $3.99, which includes a generous serving of chicken, two pickles, mayo and some bread. The fact that people are willing to pay more than that amount just to say they’ve tried it is something I don’t think I’ll ever understand.

We can all agree that fried chicken is good. Some people collect shoes, some people collect cars, and some people collect chicken sandwiches. If that’s what you want to do, then go for it. But I truly believe there is more to this world than cheap chicken sandwiches and making a dollar off of people who are willing to pay more than they should.

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Cameron Pritchett was finally able to acquire a Popeyes chicken sandwich.
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