The Current Volume 30 : Issue 8

Nova Southeastern University

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On Friday, Oct. 27, the NSU Art Museum will hold an exhibition opening for “Happy!,” curated by museum director Bonnie Clearwater. The exhibition will house a multitude of contemporary works ranging from 1938 to today that aim to affect viewers’ emotions. Artists involved in the exhibition include Andy Warhol, Keith Haring, Alma Thomas, Yayoi Kusama, Tracey Emin and more. Members of the NSU community have free membership to the museum and will be admitted at no cost.

According to communications manager Jessica Graves, “Happy!” is about more than just being happy, and in Clearwater’s words, “For many of these artists, art-making is a way to channel sadness, stress, depression and trauma. Their acts of creation reward them with a sense of euphoria or hope. Even when faced with a hopeless situation, they can usually find a solution.”

On opening day, LA based artist Alake Shilling will give a free tour at 1 p.m., and FriendsWithYou, a collaborative art duo from South Florida comprised of Samuel Bodur, and Artaud Sandoval III, will give an art talk regarding their installation and creative process at 2 p.m. The talk will cover their previous work, as well as never-seen-before pieces to be featured in “Happy!”

In regards to their work, Clearwater said, “FriendsWithYou have emerged as innovators in the field of experimental art, and their positive messages have universal appeal.”

Regardless of medium or form, the pieces are intended to juxtapose negative and positive emotions and to inspire a sense of hope and contemplation with any viewer.

Researchers at the Guy Harvey Research Institute, a collaborative program between Dr. Guy Harvey and NSU’s Halmos College of Natural Sciences and Oceanography, are tracking the migration of whale sharks off the coast of Mexico.

According to Dr. Mahmood Shivji, a professor in the Halmos College of Natural Sciences and Oceanography and director of the Guy Harvey Research Institute, “the project is about studying the migration patterns of whale sharks, and the work is being done out of Isla Mujeres, Mexico. The whale sharks form seasonal aggregations in large numbers at this particular place so they are easy to access. The study is being conducted [in international collaboration with] Mexican marine biologist, Rafael de la Parra.”

Whale sharks are the largest species of fish, growing up to 6 feet in length, and are migratory filter feeders. The research team is tagging the whale sharks by attaching tags to their dorsal fins while swimming beside them. This is the first time this methodology has been used and is expected to provide accurate and continuous updated information about their migration patterns. When the tag is raised above the water, it is detected by a satellite that tracks the whale shark’s movements.

The researchers are tracking these animals to gain greater insight on how their migration patterns interact with commercial fishing lanes and in efforts to reduce the number of whale sharks killed by ships. Whale sharks “are an endangered species, and by understanding their migration patterns and why they go a very long distance, we hope to put together a big picture of these migration pathways and see whether these shipping lanes are intersecting with the migration pathways of this endangered species,” said Shivji. “We feel that we have to determine how much overlap there is between the migratory pathways and shipping pathways. If there is not a lot of overlap, then no problem. If there is, that information can be used to try and change the regulations for shipping lanes.”

To learn more about the progress of the research, go to www.gbstracking.org.

Happy! on view at NSU Art Museum

By: Kelsey Bruce
Arts & Entertainment Editor

NSU’s Guy Harvey Research Institute tracks whale shark migration pathways

By: Alexander Martinie
Opinions Editor

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Elephants found dead at waterfall

Since Sept. 27 eleven elephants have been found dead at a waterfall in Thailand’s Khao Yai National Park. The bodies were found in the 260 foot drop called Hell’s Abyss. Kanchit Sitipongpawan, the director of the Khao Yai National Park, said, “We believe that the death of all these elephants happened at the same time because they wanted to save the little one.” There were no witnesses of the deaths, but park officials used the elephant tracks to confirm. Last week, two living elephants were found trapped in a canyon in the same park.

Migrant boat capsizes and kills 13

Last Monday, 13 bodies were recovered off the coast of Lampedusa, Italy. According to local officials, the boat was crowded with migrants from West Africa. According to the Italian Coast Guard, “the naval units approached the small boat, but the adverse weather conditions and the sudden movement of migrants caused the vessel to overturn.” The Italian Interior Ministry claims that about 8,000 migrants have entered Italy this year, which is a 63% decrease from last year.

Turkey continues assault on Syria

After Trump pulled U.S. forces from Syria that supported Kurdish forces in northern Syria, Turkey began launching air and ground assaults. According to the Associated Press, “More than a dozen columns of thick smoke rose in and around the town of Tel Abyad, one of the offensive’s first main targets. Turkish officials said the Kurdish militia has fired dozens of mortars into Turkish border towns the past two days, including Alcakale.” National defense experts claim that Trump’s decision disrupted regional stability and U.S. credibility in the region.

Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current will not publish unsigned letters except under special circumstances at the discretion of the Editor-in-Chief. Copyright 2015, NSU Current. All rights reserved.
California man cyberstalked Parkland victims’ families

Last Tuesday, a California man, Brandon Michael Fleury, was convicted of cyberstalking and threatening to kidnap some of the families of the Parkland Marjory Stoneman Douglas High School shooting that occurred in February 2018. According to the U.S. Attorney for the Southern District of Florida, Ariana Fajardo Orshan, Fleury was sentenced to a maximum of 24 years in prison starting on Dec. 2 on three charges of cyberstalking and one count of threatening kidnapping. Fleury posed as Nikolas Cruz and ‘Ted Bundy’ to target the survivors’ families.

The inspiration behind this research is thanks to a discovery through a mapping study with the government and the preliminary ROV work of Dr. Brian Walker, research scientist of the GIS & Spatial Ecology Laboratory, in which a specific area of interest off the coast of Ft. Lauderdale was found to be entirely covered in sediment. The area is about 30 to 45 meters down and speculatively covered in sediment due to the initial creation of Port Everglades, an inlet that was originally a freshwater lake and later drenched about 100 years ago. “That inspired this study to go to those areas and compare and see what kind of impacts there were,” explained associate professor Paul Arena at arena@nova.edu.

Additionally, the ROVs need to be named utilising [ROVs] to really study the unexplored more and more of in universities and researchers really critical. This is a tool that we’re seeing beneficial for both undergraduate and graduate students. “The value of having these units is really critical. This is a tool that we’re seeing more and more of in universities and researchers utilize [ROVs] to really study the unexplored portions of the ocean,” said Arena. As of now, there are graduate students that are helping with the study in hopes of it leading to their masters’ thesis, and one undergraduate student is doing independent study with the project as well. One of Arena’s goals with this project is “to get as many students involved using this equipment and seeing how it’s utilized so that they can take the skills with them into graduate fields or into a workplace.”

The Halmos College of Natural Sciences and Oceanography purchased two ROVs, remotely operated vehicles that contain pressurized units and cameras which allows for exploration of deeper oceanic areas. The purchases of the ROVs was made possible through the internal President’s Faculty Research and Development Grant that was awarded last year. The purpose of the ROVs was made possible for exploration of deeper oceanic areas. The pressurized units and cameras which allows many students involved using this equipment and seeing how it’s utilized so that they can take the skills with them into graduate fields or into a workplace.”

Bernie Sanders slows campaign after health problems

Following a recent heart attack, Vermont senator and 2020 Democratic presidential candidate, Bernie Sanders announced last Tuesday that he will slow the pace of his campaign. According to Sanders, “I think we’re going to change the nature of the campaign a bit. Make sure that I have the strength to do what I have to do.”

The study is still in the early stages since the college received the technology in August. Actually, Arena said that this study is “really just starting.” It is, however, projected to be growing in those areas, if anything, and then see what’s happening 100 years later, what’s growing in those areas, if anything, and then compare it to areas to the north and south that are relatively undisturbed and unharbored, compare and see what kind of impacts there were,” explained associate professor Paul Arena of the department of Biological Sciences.

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Most of us are guilty of taking a bit too much dirt, dust, and dirt off, hitting borer, letting produce go bad in the back of the fridge and having to throw it in the garbage. Food waste is a major problem. According to the Food and Agriculture Organization of the United Nations, approximately one-third of food (about 1.3 billion tons) produced for humans is wasted every year, while more than 820 million people lack access to proper nutrition around the globe. If you want to help fight the food waste problem, follow these tips below.

Eating the ugly food

Ever search through a bin of apples just to find the perfect ones to take home? Most of the time, a few blemishes and bruises don’t impact the flavor or texture of your produce, but many people avoid them anyways. Instead of tossing these aside, grab some of the uglier produce and save it from rotting and being wasted.

Bulk shop for grains and baking supplies

If you’re making a recipe that calls for an ingredient you won’t use often, try getting it from the bulk section at your grocery store rather than in a package. You can often even have measuring cups in their bulk bins so you can be sure to get the exact amount you need rather than having to store bags upon bags of specialty flour or grains. Bringing your own reusable containers helps save the environment, too.

... But don’t bulk shop for produce

Instead of getting a bulk bag of carrots or onions once a week, try grocery shopping for produce 2-3 times a week. This way, you can use up what you’ve already bought before it goes bad so you don’t end up with a grayed-out space in your produce drawer. Try going on your way from home or work or school so you don’t have to waste gas.

Learn how to store fruits and vegetables

Do some research into your produce. Some fruits and vegetables are best stored on the counter, in the fridge, in the freezer, in a dark place, etc. to help keep them fresh longer. Additionally, some foods shouldn’t be stored together because one will make the other ripen quicker.

Can, blend, dry, cook and bake

If you realize you’re stuck with a lot of food that’s going bad or you just had to save a few bucks on a big bulk bag, consider canning, blending, drying, cooking or baking it before it’s able to rot. Look up some pickling recipes to keep vegetables longer or making jams and preserves. Blending up produce into smoothies or drying them can help when the texture might become a bit undesirable, but the flavor is still always. Lastly, try cooking wellness into a stirred fry or soup, and baking fruits into pies or crumbles.

Keep an inventory

Consider placing a whiteboard on your fridge or somewhere in your kitchen, and writing down the food you have in your stock. Seeing it written might help you remember to use it, or remind you not to get more of it when you’re going to the store. Try picking a few items you already have and looking up recipes that use them all up instead of centering a meal around just one ingredient.

Why are you studying? What is your purpose?

Is it to get a good grade or gain more knowledge? Is it to have a good career in the future? Whatever it is, you have to realize that it is up to you to fulfill that purpose. You are the only person who can take responsibility for yourself. Thus, open your books if you need to study, pick up your pen if you need to take notes or turn on your laptop if you need to finish that project. It is important to take initiative and build a mindset that puts your full concentration into your schedule. Now, that you have the obvious activities, class, extracurricular activities, nap times, lunch, dinner, bedtime, work, commute time and any other activities that you do on a regular basis. Be honest with yourself! It is important to schedule breaks. Also, you should make your schedule flexible enough so that you are comfortable making necessary adjustments. Don’t hesitate to cut off activities that are interfering with your schedule. Now, that you have the obvious activities down on the schedule, you have the duty of finding time before and after class to revise and go through the notes you took in class.

Working Condition

It is important to study in an environment where you are able to concentrate and put your mind into what you are studying. You should prepare your study supplies beforehand so that you aren’t constantly getting up to gather your items. Having adequate light, keeping your study space clean and putting all your supplies in one place will help create a study habit that will boost your efficiency. If you like quiet places, try going to the Alvin Sherman Library where you can find a lot of empty tables on the third and fourth floors. There are also study rooms in the library that you can book beforehand, and there are rooms where you can interact with your group members and practice your presentations.

Learning

It is important to engage with your study materials and learn effectively. If you are having trouble with a particular course, it is important to utilize the resources that are available to you on campus: tutoring and testing center, SI Sessions, the professor’s office hours, the library database and so on.

National Hispanic Heritage Month

By: Valeria Ravachi

Contribution Writer

National Hispanic Heritage Month takes place from Sept. 15 to Oct. 15, every year. It started all in 1968, on the anniversary of the independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. It started in 1968, when President Lyndon B. Johnson approved Hispanic Heritage Week, but later, President Reagan expanded it to a month. This is a very special time of the year, among other things, October is a time to reflect on how we treat the people around us and how we make our impact in the world, how our impact has been in the world, and since then, they have created a united front to protect each other. We have become a family where we are open to every different belief. This is what we celebrate during National Hispanic Heritage Month.

Everyone should see the history of our community. Everything is connected as one, and the more we are informed about our past, the better we can be in the future. Some times, I encourage everyone to learn about my people and my community, go to events and ask questions. We are always open to talking about ourselves and how strong we are and how we have overcome difficult obstacles in our life to become what we are today. They motivate us to start thinking about the future and how we can contribute to the world. Viva la raza Hispana!

Bullying Awareness Month

By: Kelsey Bruce

Arts & Entertainment Editor

We talk a lot about respect and personal connections, but often we fail to talk about what happens when people refuse to be a part of that. Amongst other things, October is a time to reflect on how we treat the people around us and how we make our impact in the world, and how our impact has been in the world, and since then, they have created a united front to protect each other. We have become a family where we are open to every different belief. This is what we celebrate during National Hispanic Heritage Month.

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By: Madelyn Rinka

Co-Editor-in-Chief

More features articles can be found online at nsucurrent.nova.edu

By: Nabeeha Nuba

Contributing Writer

Consistency

It is important to remain consistent in changing your schedule every week can affect your study habits. Without consistent behaviors, it is hard to grow effective habits. However, life happens and we have to shift things around every week, but try to find a consistent time slot that you can keep aside just for study purposes. For that you have to take some time to analyze your schedule and monitor your regular behavior. It is also essential to time yourself when you are doing an activity and how many breaks you take to create a schedule as realistic as possible. As for the bullied themselves, it is important to remember that changing your schedule every week can affect your study habits. Without consistent behaviors, it is hard to grow effective habits. However, life happens and we have to shift things around every week, but try to find a consistent time slot that you can keep aside just for study purposes. For that you have to take some time to analyze your schedule and monitor your regular behavior. It is also essential to time yourself when you are doing an activity and how many breaks you take to create a schedule as realistic as possible.

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Celebration Artsage

Edward Villella
Legendary American danseur, choreographer, and founding artistic director of Miami City Ballet

featuring performances by Razors Edge Shark Talent Scholars

Thursday, October 24, 2019
NSU’s Performance Theatre at the Don Taft University Center

FREE for NSU students, faculty and staff

$50 to general public

Reception
6:00 p.m.
(refreshments served)

Salon Concert
7:00 p.m.

Meet and Greet
8:15 p.m.

For ticket information, visit https://venetianartssociety.org/events/the-history-of-modern-dance/
The time has come upon us when — unless you’re already singing Christmas carols — everyone is wearing their skeletons on the outside, spiders are our friends, pumpkins are our favorite plants and there’s never a shortage of fun to be had no matter where we are. For those looking for a good time, look no further than what we’ve gathered together here, and get ready to be terrified — in the best way.

**Halloween Party at Davie Ranch ($10)**
From 10 a.m. to 2 p.m. on Oct. 26, come down to the Davie Ranch for an epic good-time! With a slew of activities, featuring unlimited horse and pony rides, hayrides, free entry to a petting zoo, a treehouse playground and a bounce-house, there’s never a dull moment. If you need a little kick to get yourself into the spooky-spirit, this is the place to be no matter what age you are. Price is $15 for children and $10 for adults over 18.

**Butterbeer**
In “Buffy the Vampire Slayer” lore, it’s said that demons and vampires really prefer to take Halloweens off — after all, it can be hard to identify the tantric snacks when they’re covered in gory masks. However, the title character and monster maven, Buffy Summers, has a way of attracting misflick even on monster meditation night. Check out these cult-classic: Halloweens specials to make your spooks more spookierful.

**Chase the Halloween spirit through “Buffy the Vampire Slayer”**

It’s spooky season, and that means all things that go bump in the night are coming out to boogie. Where’s that party at? TheHellmouth of course, located in Sunnydale, California. In “Buffy the Vampire Slayer” lore, it’s said that demons and vampires really prefer to take Halloweens off — after all, it can be hard to identify the tantric snacks when they’re covered in gory masks. However, the title character and monster maven, Buffy Summers, has a way of attracting misflick even on monster meditation night. Check out these cult-classic: Halloweens specials to make your spooks more spookierful.

Season 4 Episode 4: “Fear, Iself” Fun for anyone, including newbie vampire slayers

“Fear, Iself” has many merits, the primary one being its unpacking reliability. The twist on Halloween this time around centers on fear. We all have a few go-to’s when it comes to what we’re afraid of — the dark, spiders, finals and so on — but when we think of our deepest, most unsettling terrors, they’re likely to have some basis in our insecurities. In this episode, the Scooby Gang, a running nickname for Buffy and her friends, get trapped inside a haunted house that actualizes their deepest insecurities. At the end, the characters have a little more understanding of how their fears are driving their transition to adulthood, and they even kill a demon to boot.

Season 5 Episode 6: “All the Way” For experienced creatures of the night only

“All the Way” is every viewer’s dream Halloweens special, and it makes more use of internal drama than external spell-casting. In it, the characters all have rough relationship issues. Willow and Tara fight about Willow’s excess use of magic, and Dawn runs off to cause mischief with a boy who’s hiding his true identity behind more than a costume. Of all the Halloween specials, “All the Way” is pretty plot-heavy, so I would only recommend this episode if you’ve seen more than just a few episodes of “Buffy” before.
October 15, 2019 | nsucurrent.nova.edu

Arts & Entertainment

Spark some self reflection with these personality quizzes

By: Madelyn Rinka
Co-Editor-in-Chief

Ever fallen down the rabbit hole of personality quizzes late at night instead of doing homework or sleeping? Rather than finding out which city you should live in based off of your favorite foods or having an algorithm try to guess your hair color based off of your favorite 2000’s songs, there are some personality tests that go a bit deeper and might spark a bit of self reflection. If you’re looking for some fun ways to potentially learn more about yourself, look up some of the tests mentioned below.

MBTI (Myers-Briggs Test)

The Myers-Briggs personality test ranks your answers on four different factors: extroversion (E) or introversion (I), sensing (S) or intuition (N), thinking (T) or feeling (F) and judging (J) or perceiving (P). This results in 16 different personality combinations, such as INFP, ISTP or ESTJ. According to their website, since the test first launched in 1962, millions of people around the world have taken it. The goal of the test is to “understand and appreciate differences between people” and may be useful in workplaces and classrooms to understand others’ points of view or approaches to a subject. A lot of speculative studies have also placed historical figures in MBTI types, letting curious test-takers see who may have potentially had their personality type.

The Enneagram

Enneagram has been gaining a lot of attention on social media lately with Instagram accounts popping up depicting the nine personality types through references to pop culture and the like. Even if you don’t care what Starbucks order is most like your Enneagram type, the quiz can offer some intriguing insights. The Enneagram types are nine strategies relating to the self, others and the world, and reveals patterns of thinking, feeling and acting, according to their website. Each type is broken down into another word, such as “The Giver,” “The Mediator” or “The Observer,” and categorized into the head, the heart or the body. Supposedly, approaching situations with the Enneagram in mind can help foster healthy relationships and solve conflicts.

Multiple Intelligences Test

While many multiple intelligences-type tests exist online, many of them have the same or similar results. Multiple intelligences may refer to one’s strengths or styles of learning and understanding the world. Depending on the test, your results may be something along the lines of visual intelligence, interpersonal intelligence, kinesthetic intelligence, and more or some blend of them. Tests like these might be able to give you insight as to how you (or others) learn or potentially how you should be studying. It might be fun to learn about and try to implement, but it shouldn’t necessarily be used in place of visiting an academic or career advisor.

Online personality tests should be thought of as entertainment or potential ways to spark reflection and should not be used in place of visiting doctors or other mental health professionals, if necessary. They should also not be used as a way to prove someone is “better” than another.

OFF SHORE CALENDAR

Food Trucks Wednesday Festival
Oct. 16 | 5 p.m. - 10 p.m.
@ Pelican Harbor Marina | Miami, FL

Deerwood Bonita Lakes Park Food Truck Festival
Oct. 17 | 5 p.m. - 10 p.m.
@ Kendall Lakes Park | Miami, FL

Fall Fest
Oct. 19 | 10 a.m. - 2 p.m.
@ Davie Ranch | Davie, FL

Lantern Festival
Oct. 19 | 3 p.m. - 8 p.m.
@ Morikami Museum and Japanese Gardens | Delray Beach, FL

South Florida SeaFood Festival
Oct. 19 - 20 | 11 a.m. - 7 p.m.
@ Miami Marine Stadium | Miami, FL

Jazz in the Pines Concert
Oct. 20 | 3 p.m. - 5 p.m.
@ Charles F. Dodge City Center | Pembroke Pines, FL

Halloween Party
Oct. 26 | 10 a.m. - 2 p.m.
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@ Charles F. Dodge City Center | Pembroke Pines, FL

Halloween Party
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ATHLETE OF THE WEEK: Carly Rothert

By: Cameron Pritchett
Sports Editor

What inspired you to start running track?
Initially, it started as just something to stay in shape for soccer; that was the first sport I was playing. I got a really bad concussion and wasn’t able to play soccer anymore; I just fell in love with track because that was what I had left. I started getting more specialized in events, and started to actually like the events; it wasn’t just running anymore. Now, I do high jump, hurdles, triple jump, and sometimes open events.

Before track, did you play any other sport(s) that have carried over to running?
Like I mentioned, I played soccer to get in shape for track; in addition, I did ballet, tap dancing, tumbling, basketball; I pretty much did everything. I always loved track as the end of the day though.

How do you balance studying, training, and having relaxation time?
We’re not in season right now, so we don’t have to worry about the competition aspect. I have a planner I use and basically live out of it; everything is planned to a tee in my day. We have practice in the morning, so after that I make sure I have time to get breakfast, and go to class. At the end of the day, I make sure I study a bit and go to bed early. Fridays, I do nothing school related; Friday is my recovery day.

What is your favorite part of the sport?
The team aspect. It’s an individual sport that isn’t individual, if that makes sense. Everybody trains together, everybody practices together; during competition you’re the only one obviously, but you still have your teammates backing you.

Do you have any pre-meet rituals?
I really don’t; I have always been against pre-meet rituals. It’s an individual sport that isn’t necessarily qualitative for something would be awesome.

For some athletes, traveling to off-campus meets is tiring; do you like traveling to other schools to compete?
I absolutely love it. That’s one of my favorite things because it gets me more in the zone; I get in the mindset of ‘this is real’. It feels more professional; it’s not like we’re just going to the practice field. It makes me feel more ready for competition; I just sleep the whole way there and I get to experience different schools in different parts of Florida.

What are your hobbies or passions when you’re not training or competing?
I like to read and enjoy yoga. I took up yoga during my concussion because it was the only thing I could do and it’s actually carried over to sports. It calms me down and worsens for the day. I try to get members of the team to come with me and I’ll get a few people.

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On Oct. 6, head coach of the Dallas Cowboys, Jason Garrett, was penalized for unsportsmanlike conduct on the sidelines. What looked like a really dramatic flag throwing march became much more because, as the officials put it, Garrett was flagged for abusive language towards said official after throwing a challenge flag to the most recent call. This event was later joked about online, and even encouraged Jerry Jones, the general manager and owner of the Dallas Cowboys, to take to Twitter saying, “I hope the little darling didn’t hear something he hadn’t heard before. We should all stop the wheel over that if he got [a penalty for] abusive language.”

Even though the comments are obviously condensing, I think this does point out an obvious problem in the culture of a team. Garrett and Jerry Jones are not the only examples of these absurd and arbitrary rules. According to Article 1 subsection F: “Prolonged or excessive trash talk is considered unsportsmanlike conduct and what penalties are considered unsportsmanlike. We had touched down, tension between players, accidental run-ins during tackle and even trips and falls, all falling under the unsportsmanlike umbrella.

Now, the 2019 NFL rulebook outlines these absurd and arbitrary rules. According to Article 1 subsection F: “Prolonged or excessive celebrations or demonstrations by an individual player or multiple players” is considered a penalty.

But what is considered prolonged or even excessive? There are many times I watch a game and think that the team imitating a “breezing out” celebration is excessive, but it really seems to depend on the official on the field that day. Some find it harmless and some immediately flag all and any celebrations in the endzone.

Another interesting rule is subsection C, which states that the use of baiting or taunting acts or words that may endanger ill between the teams is also prohibited. If you watch any game and can catch some of the side comments from the field, you’d know that this type of talk, commonly referred to as “trash talk” is part of the football culture, whether the officials like it or not. Trash talk is used to throw the other team off their game, making them flustered so that the other team can overpower them. All teams use these methods, and most of the guys on the team are used to this sort of culture. If this rule is seriously going to be implemented, then there will be a thousand unsportsmanlike calls this season. However, I don’t think that’s going to be the case.

That’s the one thing about rules, especially at this caliber in which not only are the players and officials paying attention, but so are a vast majority of sport spectators. This picking and choosing of the rules they follow and how strictly officials will follow them is ridiculous. It should either be implemented fully or not implemented at all. By picking and choosing when it’s convenient, as it seems, is leaving windows open for misunderstanding amongst players as to what they can and cannot do on the field, which can cause serious mess ups. Should the touchdown celebration last ten seconds or five seconds? Is a player allowed to accidentally trip another player in a tackle or trash talk their opponent before running a play? There is no true answer to these questions; if these rules aren’t being implemented accurately.

Listen, I get it. When you are playing a game that is as intense as football, there is a tendency for adrenaline and emotions to run high. Things are said and done that aren’t exactly pleasant, but that is the game; there are tackles and rival tension between players, just to mention some. For me, as long as both teams can shake hands at the end of the game and support each other’s endeavors — despite team rivalries or different positions or styles — then that is the mark of true sportsmanlike conduct, and anything other than that should be deemed unsportsmanlike.

American gymnast, Simone Biles, won the all-around title at the gymnastics world championships for the fifth time on Oct. 10. Biles has a total of 22 world championship medals.

Simone Biles wins the all-around title

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Men’s Golf

On Oct. 8, Men’s Golf competed at the Shark Invitational, finishing 7th overall. Benjamin Hjort, the only senior in the lineup, had a 74-73-74 finish, marking his best finish since October of last year. Freshman Mike May narrowly missed his second straight top-10 finish, earning 11th with a final score of 239. The Sharks will look to improve in their next tournament on Oct. 14-15.

Women’s Volleyball

In a game on the road against Saint Leo, the NSU Women’s Volleyball team suffered a 3-0 loss against the Lions. The Sharks managed to keep the early portion of the first set within three points, however a run by Saint Leo closed out the first set 25-17. After quickly facing a 3-0 deficit in the second set, freshman Brittany Landing helped take charge of a 4-0 run by the Sharks; however, the Sharks took a 25-22 second set loss. The third and final set proved to be costly for the Sharks, as they quickly found themselves down 7-2; they would go on to lose the set 25-9.

Simone Biles wins the all-around title

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Public service announcement compares concussions to smoking

The “Tackle Can Wait” campaign, part of the Concussion Legacy Foundation, is trying to discourage children under 14 from playing tackle football and instead encouraging them to play flag football as a way to reduce the number of children who develop a degenerative brain disease called chronic traumatic encephalopathy. According to the Associated Press, “The PSA, which will be released on all platforms, carries a note that the smoking shown on screen is simulated. The behind the scenes video notes that the [onscreen] football was also safe.” Some states have also proposed banning children under the age of 12 from playing tackle football.

Boxer injured in crash

Eriel Spence, a welterweight boxing champion, was severely injured after crashing a speeding Ferrari early Thursday morning. Spence’s vehicle flipped multiple times after hitting a median. Spence was ejected from the vehicle as a result of the crash and later placed in intensive care. Spence’s family stated that “Spence is awake and responding and his condition is listed as stable. He did not sustain any broken bones or fractures, but he has some facial lacerations. He is expected to make a full recovery.”

Visit nsu.current.nova.edu for access to shows and movies before they hit Netflix or Redbox.
Opinions

Don’t limit yourself on Halloween.

By: Rick Esner
News Editor

When a person hits a certain age and October 31 rolls around, they are inevitably told that “they’re too old for trick-or-treating,” or they are pressured by societal norms, making trick-or-treating simply not cool anymore. Those people usually end up turning to Halloween parties, whether it’s in a friend’s basement or at a Halloween event at a club. That is how the adults celebrate Halloween, right? Wrong. Why do we have societal norms for a holiday that was meant to be celebrated with fun games, tricks and candy? Throw it all out the window, get rid of those Halloween societal norms and just do what you want on Halloween.

Do you remember when you were little on Halloween and you could not wait to get home and put on your costume just so you could race out and start collecting as much candy as possible? What a great feeling, and there is no reason to rid yourself of that feeling. My mother used to speak about other parents in the neighborhood complaining about college students trick-or-treating in their neighborhood, but my parents would always give those college students candy with the mindset of “Who cares, they’re having fun!” The idea that just because those college students are older, all of a sudden they don’t like free candy is ridiculous. I do not care how old the person is, if someone comes to my door on Halloween in a costume, they are getting candy.

To be fair, however, Halloween parties can get crazy fun too. The first Halloween party I attended was my freshman year of high school and it is a night I will never forget. The feeling of walking into a dark room filled with smoke and skulls hanging from the ceiling sent a spooky feeling down my spine that was impossible to recreate any other time of year. Getting together with a group of people all decked out in their scariest costumes and just having some fun for a night can be a great time, so if you’re invited to a party, then go for it.

Moral of the story: Halloween is a day to celebrate, so do whatever you want. There is no need to listen to those societal norms about age and Halloween. If you have fun trick-or-treating, do it. If you have fun going to a party, then do that. So wear a costume, have fun, and soak in the Halloween spirit no matter what anyone says.

Appreciate culture, don’t appropriates it

By: Emma Heineman
Features Editor

With Halloween and Thanksgiving right around the corner, the controversy surrounding the appropriation of Native American culture again comes to the forefront of discussions and debates. From college and professional team mascots, culturally insensitive Halloween costumes with Native American symbols and caricatures plastered on advertisements for food brands and more, various groups have drawn different conclusions on where the line should be drawn between cultural appreciation and cultural appropriation.

According to National Geographic, Native Americans “make up only 1% of the population in the United States, but images and names of Indians are everywhere... these symbols of the European-American narrative ignore the genocide, disease and cultural devastation brought to native communities.”

Much of the controversy surrounding the use of Native American images, names and symbols stems from the tumultuous relationship established by the European conquest and settlement of the "New World." Even the term “American-Indian” is regarded as a label that many of the things we do and say relating to indigenous cultures are done without so much as a second thought, but taking a moment to reflect on the consequences of our actions can make all the difference. Even if your intentions are not to be harmful, if you don’t know how something you have said or done may be perceived, stop and think or even ask a friend. When in doubt, take the extra time and effort to ensure that you are respecting Native American culture. Make sure you are appreciating, not appropriating.

Driving tests should be retaken by senior drivers for safety

By: Flor Ana Mireles
Copy Editor

In 2014, about 221,000 senior drivers were injured in traffic crashes and 5,709 were killed. AAA states that “to be injured, fatal crash rates increase beginning at age 75 and rise sharply after age 80... due to increased risk of injury and medical complications.” Senior drivers who use one or more medications often times are not aware of the potential impact these medications have on driving performance. As we age, we usually begin to lose our eyesight and hearing, essential senses used while driving. Therefore, it should be taken into consideration for seniors over the age of 65 to retake their driver’s license exam in order to remain on the roads.

Some states have already taken this suggestion into account and have implemented it into their driving laws. In Arizona, once an individual turns 65, their license expires and they must retake the driving exam in order to stay out on the roads. In Florida, after turning 80, individuals must renew their licenses every six years and pass an eye exam with each renewal.

This rules, however, needed to be more strictly enforced. Growing older is inevitable, and while our minds might still be young, sometimes our bodies are not. While driving and out on the road, this can become a hazard to not only ourselves, but others as well. Retaking a driver’s license exam after a certain age is not meant to be degrading, but rather a safety precaution in reducing the amount of vehicular accidents we see in the U.S. on a daily basis. Think of your elderly loved ones. Tell you to be a safe driver, but they should be one too.
How can NSU better serve your major or program?

“I think NSU can work on promoting more of a connection between graduate students and undergraduate students to allow for us graduates to guide undergraduates and help them find what they want to do in their careers.”
-Emily Heere, first-year student in the occupational therapy graduate program

“NSU can start by providing more diversity in the criminal justice faculty. A lot of them operate on a very hands off basis. I wish that the professors were more involved with us rather than just assigning students a paper to write and telling us to read chapters in our textbook.”
-Julien Stephenson, junior psychology major

“NSU should provide more of an outlet on social media for research projects and extra-curricular activities. My major is involved in athletic training and I know of only a few work studies and internship opportunities. We had one social mixer this year, but besides that, it’s kind of free for all to find opportunities in the field, which I don’t feel is the case with some of the other majors.”
-Anna Baretincic, sophomore exercise and sports science major

“I feel there is not a great way to get in contact with professors to explore the major. The biology major is broad and you can’t really do a lot with the biology major as an undergraduate student. If there was a better way to talk to professors, or a research program that students could do [to narrow down their interests], I think that would help.”
-Stephanie Shneydman, freshman biology major
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