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The Current

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11-19-2019

## The Current Volume 30 : Issue 13

Nova Southeastern University

## Features



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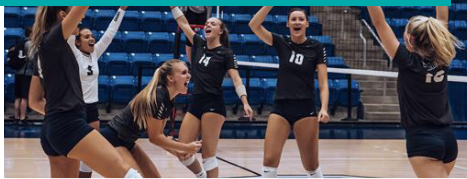
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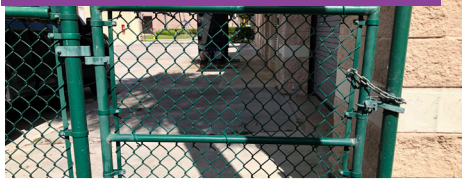
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## 2019 Provost Research and Scholarship Award Winners

By: Rick Esner  
News Editor



“What I saw when I got here was a place that really fosters creativity and originality. They let you kinda be you and that’s been the key to my success here. The building is great but the people are better...it’s just a joy to work here.”

-Dr. Tracey Sutton

PHOTO AT LEFT PRINTED WITH PERMISSION FROM DR. T SUTTON  
Dr. Sutton speaks at the Provost Research and Scholarship Award reception.

PHOTO BELOW PRINTED WITH PERMISSION FROM DEEPEND  
As part of DEEPEND Consortium, Dr. Sutton participates in research in the Gulf of Mexico.

Last month, the winners of the Provost’s Research and Scholarship Award (PRSA) were announced after a deliberation that started in mid September. The PRSA’s purpose is to recognize achievements demonstrated in research and scholarship by an NSU faculty member. This year’s winners were Dr. Mariana Morris and Dr. Tracey Sutton. Since the award started being presented nine years ago, this has been the second time in NSU’s history that two professors have been given the honor at the same time (the first time being in 2012).

With research and scholarship being two out of NSU’s eight core values, the award is a high honor to whomever it is presented to. The PRSA’s goal is to recognize innovative and sustained activities in scholarly pursuits while supporting NSU’s mission of fostering intellectual inquiry, academic excellence and scholarship. The announcement and awarding done by NSU’s Interim Provost and Executive Vice President, Dr. Ron Chenail, was made at the External Funding Recognition Reception hosted by Gary S. Margules, Vice President of NSU’s Office of Research and Technology

Transfer. This event recognizes varying faculty members from across all areas of the university.

Dr. Morris, a professor from the Dr. Kiran C. Patel College of Osteopathic Medicine, has been recognized as an outstanding academic leader in the field of Gulf War Illness. Morris’s critical focus in the last 10 years has been on cardiovascular toxicology and the effect of cholinergic antagonist and nerve agent including interest in exercise modulation.

Considered one of the world’s foremost authorities in pelagic ecosystem dynamics and deep sea research, Dr. Sutton, a professor from the Halmos College of Natural Sciences and Oceanography, has earned over \$24 million in research funding in his six years at NSU. Additionally, Sutton serves as the Director and Principal Investigator of the DEEPEND Consortium, a research program spanning participants from 22 institutions.

Sutton’s research direction focuses on life in the deep ocean, with the current project focusing on understanding the natural damage to the Gulf of Mexico after the deepwater horizon oil spill, described as a deep gulf interior



phenomenon. Sutton personally described his research work as a group effort, assisting many students through the university. “It’s been a very good program for NSU students. Getting the NSU brand out there because these are fairly substantial sized project,” described Sutton. He further added, “Our research has been fairly productive... and that really the main metric of success is where you able to get funding and where you able to be productive with that

funding.”

Dr. Sutton had only positive things to say about his time here at NSU and his influential research. “What I saw when I got here was a place that really fosters creativity and originality. They let you kinda be you and that’s been the key to my success here.” Sutton further added, “The building is great but the people are better...it’s just a joy to work here.”

## Veterans Access Clinic to open in January

By: Alexander Martinie  
Opinions Editor

Nova Southeastern University’s Veterans Resources Center is working with the Health Professions Division to create a Veterans Access Clinic. The Veterans Access Clinic will work to provide veterans and their immediate families access to interdisciplinary health practices.

According to Matthew Chenworth, the director of Veteran Affairs at NSU, “As soon as they really knew this was going to be a reality, one of the first things the Veterans Access Clinic did was reach out to me. They know that we already have a Veterans Resource Center on campus and they know that we have a lot of connections in the community. They

wanted to collaborate with the services and the relationships that we developed as we are going through this together as one NSU.”

The Veterans Access Clinic will provide all clinical services that NSU offers, including general medical practice, dentistry, optometry, audiology and speech-language pathology, psychological counseling, occupational therapy, physical therapy and family therapy. The Veterans Access Clinic will allow veterans effective health care efficiently.

According to Leonard Pounds, NSU’s Vice President of Clinical Operations, “Being a veteran, I’ve been with [NSU] for 12 years, I really think this is something that NSU can

be known for. I believe the veterans deserve this care and not only are we going to be seeing the veterans, but we wanted to differentiate ourselves from the [Veterans Affairs healthcare system.]”

If the child or dependent of a veteran does not have access to healthcare elsewhere, NSU’s Veteran’s Access Clinic will also provide them with services, unlike the Veterans Affairs healthcare system. “We decided that we could do that by not only offering these services to veterans but their dependents as well. So if [a veteran] comes here and their child [or] dependent doesn’t have healthcare, we can see them as well, [which] is something the VA

doesn’t do today,” said Pounds.

The starting funds for the Veterans Resource Center were provided by the Florida Department of Health. “We are really hopeful that this initial round of funding from the state is going to be seed money to be kept funded. This will be a first-of-its-kind clinic. I don’t believe there is another one like this in the state of Florida, or anywhere [else],” said Pounds.

Veterans can make appointments over the phone starting the first week of December by calling 954-262-FLAG. Appointments will be open as early as January.



## global news, courtesy of the current

### Dozens of koalas being treated for burned paws and singed fur

As of Tuesday, Nov. 12, more than 85 fires have burned across Australia's east coast, 40 of which officials warned were not controlled. The fires burned more than two million acres of land causing dozens of koalas to be rescued and treated for burned paws and singed fur at the Koala Hospital in Port Macquarie, the only facility of its kind in the world. Cheyne Flanagan, the clinical director of the Koala Hospital, stated "[the koalas] are terrified." According to The New York Times, "Rescuers have not yet been able to confirm the scope of the loss because some of the blazes are still raging."

### Germany mandates measles vaccine

On Thursday, Nov. 14, Germany passed a law aimed to stop the spread of measles. Commencing next March, all children seeking to attend preschool must get vaccinated for measles. According to The New York Times, "Under the law, immunizations will also be required for adults born after 1970 who work with children in public institutions, such as day care centers, schools or hospitals. Exceptions will only be allowed for medical reasons and only a doctor can grant them." Those who refuse to get vaccinated will face fines of several thousand euros.

### Chile to hold poll on new constitution

On Friday, Nov. 15, Chilean lawmakers agreed to hold a poll in April 2020 on the nation's constitution due to protests that have started in recent weeks about the

nation's dictatorship. According to the Washington Post, "The April referendum, according to the agreement, would ask voters if they want a new constitution and, if so, whether it should be drafted by ordinary Chileans or a combination of those citizens and lawmakers. The writers of a new constitution would be chosen in October 2020, when regional and municipal elections are scheduled to be held." While this is a milestone for Chile, analysts are cautioning that violence on the streets may continue.

### New Chinese browser promises legal access to banned websites

With China having banned many international social media websites, even having or using a VPN, a virtual private network, may cause a user jail time. However, on Friday, Nov. 15, a little-known Chinese company announced they would be releasing the first web browser that allows users legal access to Twitter, Facebook and YouTube. Kuniao, or Coolbird, is said to give Chinese users the ability to access these social media websites, but according to the Washington Post, there is a catch: "browsing history will be tracked... Users must also abide by a peculiar set of terms and conditions that seemed to echo government-speak: They must respect "The Seven Bottom Lines" — including the law, the socialist system and the national interest. And they must adhere to "The Nine Do Nots": Do not oppose the Chinese constitution, or harm national security, disclose state secrets, or subvert national sovereignty — the list goes on."

# TheCurrent

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The Current serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU's established vehicle for student reporting, opinion and the arts. All community members are invited to contribute.

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Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

## News Briefs

## get the scoop on events happening on campus

### Annual Thanksgiving Dinner

The Office of Residential Life and Housing will host the annual Thanksgiving dinner on Nov. 28 from 12:30-3 p.m. in the NSU Flight Deck Pub. Students can enjoy friends, football and holiday food. All residential and commuter students are welcome to attend.

### Shark Survival Week

The Alvin Sherman Library will be hosting the 2019 Sharks Survival Week Dec. 2 - 6, every day from 5-6 p.m. The event will feature free study snacks and coffee, extra study rooms, librarians to help with your research questions and extended library hours to accommodate your finals week needs. The extended hours will begin on Saturday, Nov. 30

and continue through Thursday, Dec. 4 during which the library will be open from 7 a.m. until midnight.

### Annual Stanley and Pearl Goodman Lecture

On Nov. 21 at 6 p.m., Teresa Arcq, a noted art historian and curator of the work of women Surrealists and Mexican modernism, will deliver NSU Art Museum Fort Lauderdale's Annual Stanley and Pearl Goodman Lecture on Latin American Art. This year's lecture is titled "Leonora Carrington in Mexico: The Mirror of the Marvelous" and will discuss the influences of Mexico on Surrealist artist Leonora Carrington. Admission is \$10 for non-members and free for Museum members. For

additional information, visit [nsuartmuseum.org](http://nsuartmuseum.org) or call 954-525-5500.

### Gilda's Club Hosting Screening of "Ginger"

On Nov. 23, Gilda's Club South Florida will host a free screening of "Ginger," a movie about a young woman's experiences with breast cancer from 11:30 a.m.-3:30 p.m. at Savor Cinema Fort Lauderdale. The Department of Clinical and School Psychology of NSU's College of Psychology has partnered for several years with the South Florida chapter of Gilda's Club, a nonprofit organization named for comedian and actress Gilda Radner, who died of ovarian cancer in 1989. To RSVP, visit [www.bit.ly/GingerMovie](http://www.bit.ly/GingerMovie).

# News Anchor

Stay up to date with national events.

## Student body president of the University of Florida under fire for using student fees to host one of President Trump's sons

On Tuesday, Nov. 12, student representatives at the University of Florida introduced a bill to impeach student body president Michael Murphey for improperly using student fees to pay one of President Trump's sons, Donald Trump Jr., and former Fox News host and adviser Kimberly Guilfoyle to speak on campus. According to The New York Times, "[Murphy] paid them \$50,000 with university funds [and] some students say the payment was a violation of the Student Senate code — and possibly the law." Murphy has not responded to multiple requests for comments and a thorough investigation is now taking place to determine his impeachment.

## Greta Thunberg sets sail for home and the U.N. Climate Conference

On Wednesday Nov. 13, 16-year-old Greta Thunberg posted a picture and tweet on Twitter saying, "So happy to say I'll hopefully make it to COP25 in Madrid.

I've been offered a ride from Virginia on the 48ft catamaran La Vagabonde." As the conference takes place Dec. 2-13, Thunberg hopes to reach Spain in time for the conference, and those interested in Thunberg's journey can also track the boat's location online at <https://sailing-lavagabonde.com/>. According to NPR, "[Thunberg] had one more message for Americans: Vote. 'We must realize this is a crisis, and we must do what we can now to spread awareness about this and to put pressure on the people in power,' she told The Guardian."

## Former Massachusetts Gov. Deval Patrick joins Democratic presidential race

Making a late entry into the Democratic race with less than three months before the primary vote, former Massachusetts Gov. Deval Patrick, announced on Thursday, Nov. 14 that he would be running for president becoming the 18th Democratic candidate. According to The New York Times, "In his announcement video, [Patrick] offered a hint of what he hoped would be a unifying message in the weeks ahead. 'We will build as we climb, to welcome

other teachers and learners, other seekers of a better way and builders of a better future... This won't be easy, and it shouldn't be."

## Scientists are looking for 10,000 pets for the largest study ever of aging in canines

On Thursday, Nov. 14 at the GSA Annual Scientific Meeting in Austin, Texas, a five-year project was launched to study canine longevity in the hopes of understanding human longevity as well. According to the Associated Press, "The project will collect a pile of pooch data: vet records, DNA samples, gut microbes and information on food and walks... 'What we learn will potentially be good for dogs and has great potential to translate to human health,' said project co-director Daniel Promislow of the University of Washington School of Medicine." With the study, the dogs will continue to live at home with their owners and follow their regular routines. All ages, sizes, purebreds and mutts are welcomed to join the study and owners can nominate their pets by going to the project's website, <https://dogagingproject.org/>.

## NSU's STUEY's are open for voting

By: Rick Esner  
News Editor



The STUEY celebration from 2019 depicted above.

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The nominations for the 22nd Annual Student Life Achievement Awards, more affectionately known as the STUEY's, are officially open for voting. Every current member of NSU's community, including students, faculty and staff have the option to nominate someone or student group for the varying awards being presented this year.

Christina A. Rajkumar-Castillo, associate director of Campus Life & Student Engagement describes the event as "a celebration of our students, staff, our student organizations on campus and all the great things they do... it's basically our chance to highlight and

recognize those students, faculty, and staff members who have exemplified NSU's core values." Rajkumar-Castillo further added "it is a spectacular [and] traditional event here at NSU. It NSU's version of the Oscars. It is definitely something I would encourage all students, faculty and staff members to come out to because it is definitely a treat."

The awards this year are the traditional favorites from prior years including: Student of the Year, Executive of the Year, Administrator of the Year, Staff Person of the Year, Student Government of the Year, Graduate Organization of the Year, Undergraduate Organization of

the Year, Athletic Team of the Year, Corporate Partner of the Year, Professor of the Year, Co-Curricular Advisor of the Year, Alumnus of the Year and Regional Campuses Student of the Year.

Anyone interested in nominating a group or individual should go onto their SharkHub page and under the forms tab find the application for voting. Voting for nominations are open until Jan. 13 at 5 p.m and most categories will have a total of five finalists.

All students, staff and faculty are welcome to attend the STUEY's on April 14, and anyone interested in attending can get their free event

ticket after Mar. 30 in the Office of Campus Life and Student Engagement in the University Center. The STUEY's will be held in the Rose and Alfred Miniaci Performing Arts Center with a pre-reception starting at 5 p.m. in the atrium of Carl DeSantis building. After the show, there will be a post-reception event to celebrate the award recipients outside of the Rose and Alfred Miniaci Performing Arts Center.

For a further outline of the STUEY's, students can visit <https://www.nova.edu/campuslife/stueys> where there is more information, pictures and frequently asked questions about the event.

# Impeachment: what is it and why are we still talking about it?

By: Emma Heineman  
Features Editor

Unless you've somehow managed to avoid switching on the television, checking social media or conversing with anyone with a basic understanding of the American political system for the past year, then you are most likely aware, at least to some degree, about the impeachment inquiry President Trump is facing. But whether you have followed the inquiry from its onset or have only heard about it in passing, everyone could benefit from a quick refresher on this important and relevant political process.

The power of impeachment can be found in Article II, Section IV of the United States Constitution which states, "the President, Vice President and all civil Officers of the United States, shall be removed from Office on Impeachment for, and Conviction of, Treason, Bribery, or other high Crimes and Misdemeanors." While we most often associate impeachment with the President, it can also be used to remove the Vice President, Cabinet

secretaries, other executive officers, as well as judges.

The language of the Constitution also lays out the foundation of how and who should control the different aspects of the process. The impeachment inquiry takes place in the House of Representatives where, generally, the House Judiciary Committee first investigates the action for which the inquiry is being conducted. Once a resolution of impeachment is passed by a simple majority in the committee, it is opened to the floor of the House for a full vote. If a simple majority of representatives present in the House vote in favor of the resolution, the individual is considered impeached.

One of the main misconceptions about impeachment stems from the confusion many people have about the difference between impeachment and conviction. Contrary to common belief, formal impeachment is only the first half of the process to remove someone from

office. After a person is impeached by the House, the Senate is responsible for trying the case, which the Chief Justice of the Supreme Court presides over. After arguments are presented and evidence is shown, the Senate reconvenes as a whole and votes to either convict or acquit. A two-thirds majority is required to convict. In the case of the President, if a two-thirds majority is reached, the President will be removed from office, and the Vice President will be sworn in.

Although a powerful tool, impeachment is seldom used as a redress. According to the History, Art & Archives, a collaborative project between the Office of the Historian and the Clerk of the House's Office of Art and Archives, only 19 individuals have been impeached, of which only eight were found guilty and removed from office by the Senate.

Historically, only four presidents have faced impeachment. Andrew Johnson and Bill Clinton were both impeached, Nixon

faced impeachment but resigned before the proceedings could occur, and President Trump now faces impeachment due to his dealings with Ukraine. In the wake of the beginning of the public hearings against President Trump last week, the coming weeks will determine whether President Trump's choice to withhold foreign aid from Ukraine is using the power of his office to solicit interference from a foreign country in the 2020 US election and whether the offense constitutes a "high crime or misdemeanor" as outlined by the Constitution.

While knowing every detail of the impeachment process and the intricacies of the allegations against the President may seem burdensome, having at least a basic understanding of what the process is and why every news source is buzzing about it will help you to be a more active and informed citizen.



**Poke Ramen Asian Soul Kitchen (Tower Shops)**  
1908 S University Dr, Davie, FL 33324  
Monday-Saturday: 11 a.m. - 10 p.m.  
\$\$\$

By: Madelyn Rinka  
Co-Editor-in-Chief

NSU is a unique and lively campus, but that doesn't mean Sharks can't band together and take an afternoon to explore the South Florida area — even if that just means finding a quaint place to study.

If you're looking for a new and exciting place to Gill Out near campus, Poke Ramen is your place. Poke Ramen is a self-proclaimed Asian soul kitchen, and for good reason — their dishes are delicious and their staff is friendly and willing to explain any menu item for you.

As the name implies, poke and ramen are the stars of the menu. They offer build-your-own style poke bowls, with bases of rice or greens, proteins such as ahi tuna, tofu, shrimp and even eel or octopus for the more adventurous diner and sauces and toppings (you can even get Hot Cheetos added to your bowl). You can also get any of the poke ingredients wrapped up in seaweed paper to make a sushi burrito for a meal that's ready to go. If you're not quite ready to make your own dish, they have combinations such as the Twin Dragon or Godzilla for you to order without any of the extra steps.

For something that's a bit more comforting and warm, try one of their ramen dishes. They have classic flavors like pork and miso along

with some less traditional ones like cilantro lime chicken and vegan with kale noodles. They also offer curry ramen and rice bowls, with pork, chicken and vegan options for both, and a shrimp rice bowl. Besides just poke and ramen, their menu features small plates and appetizers such as edamame, gyoza (pork and vegetable), takoyaki, Korean chicken wings and an assortment of bao buns.

I had visited Poke Ramen shortly after their somewhat recent opening before they had their full menu rolled out. At the time, I had ordered the regular vegan ramen, and I did enjoy it. However, when I returned more recently, I was eager to try their spicier curry ramen, and it did not disappoint. The broth has just enough kick to keep you coming back for more without lighting your mouth on fire, and it's perfect to warm you up on a rainy day. I also ordered a plate of their sweet chili bao buns to test out one of their small plates. As someone who has eaten a lot of tofu in their life, I can confidently say Poke Ramen ranks among the best for how well they cook and season it. While the prices aren't necessarily the cheapest you'll find around town, it's worth it for the portion sizes — come hungry or be prepared to take home plenty of leftovers.



Poke Ramen has offerings for your local vegan too!



BOTH PHOTOS PRINTED WITH PERMISSION FROM M. RINKA

## Budgeting for the holidays

By: Kelsey Bruce  
Arts & Entertainment Editor

Winter is coming, and for many people, that means a whole lot of holidays. Lots of holidays traditionally require gifts, which can be tough to afford for even the most financially stable fellow. Here are some tips to make the most out of your winter — and your wallet.

### Plan ahead

Before anything, make a list of all the people you want to buy gifts for. Will you buy gifts for your professors? Your coworkers? All your friends? Extended family? Knowing how many people you plan to gift to is important to not overspend your money. Honestly, you shouldn't spend more than the amount of one paycheck on the holidays, and even that number can be a bit too high. It can be easier to build with smaller limits for each person, adding those numbers up and reducing your limits as needed.

### Set multiple limits

Breaking up your giftee list into categories is a good place to start breaking up your bucks. You can set a limit for professors from \$10 - \$20; for siblings, parents and grandparents from \$15 - \$25; and nieces and nephews at \$20 - \$25. You can appropriately adjust these suggested ranges; after all, everyone's priorities are different. A helpful tip regarding close friends and significant others is not to spend more on a present than you would in a singular hang out, meaning if \$50 is your date limit for taking out your S.O., then don't spend more than that. If you have a lot of people to shop for, you can definitely lower these ranges to suit your needs.

### Talk it out

Another good way to avoid overspending, especially in terms of friends, is to discuss how

much you are spending on each other, or if you even want to do gifts at all. Many friend groups or workplaces do gift exchanges that greatly reduce the number of gifts you need to purchase while still making sure the holiday spirit is in the air, and if that tradition isn't already established, you can always suggest it. You can do similar things in terms of family, especially if your family members are the same age as you or older.

### Go homemade

If your bank account just isn't saying "yes" to any of this, no worries. You can easily look up free tutorials to make everyone an individualized craft that they can use year-round, such as crocheted items, hand-sewn stuffed animals or art pieces. Buying materials for these might cost a little, but it's a one-time sum rather than several

mid-price gifts that are sure to add up. Moreover, you can make your own gift sets by mass-buying products most people like, such as tea or candy. Plus, if you can get access to free or inexpensive product samples — perfume, lotions, face masks — you can throw those in to really flesh out the gift basket concept. Really, this is an area where you have the most wiggle room, and if you put effort into your gifts, people are sure to notice and appreciate it.

Check out  
[nsucurrent.nova.edu](https://nsucurrent.nova.edu)  
for online exclusives!

## Further your career this summer

By: Madelyn Rinka  
Co-Editor-in-Chief

While summer is a great time for relaxing and taking a break from school, it can also be the perfect opportunity to gain experience that could be crucial to your career. Maggie Morrissey, an NSU career advisor for Experiential Education and Learning, explained that "[summer internships are] important because — until you get hands-on experience in your career field and see what a day in the life in that profession is — you really don't know if it's for you or if you're on the right path."

Getting experience in a potential field can help set individuals apart from other applicants for job opportunities and graduate schools, as well as help them to gain references and make connections that can be beneficial to their future. Summer internships also help confirm your passion for the field, or may make you realize that field isn't for you.

"Sometimes, it seems really simple, but you may be gaining that confirmation or realizing that [that field is] not for you... It's one of the most important things in doing an internship. If you do an internship and realize 'oh wow, I need to change directions' — that's extremely important to find that out now versus when you're already in a graduate program or when you're already in a full time position," said Morrissey.

There are endless opportunities to be gained from the experience. Follow a few of the steps below to secure your spot for a summer internship.

### Know your field

What field you're looking to go into can greatly impact how and when you have to search for internships for the summer. For example, some experiences for prospective healthcare

practitioners may be labelled as shadowing, research or programs rather than "internships." Additionally, the field determines the timeline in which applicants are considered as well. According to Morrissey, some finance and accounting recruiting is already being wrapped up for summer 2020. Make sure you know how far in advance your industry fills positions so you don't miss any important deadlines.

### Visit your career advisor

NSU's career advisors can be great resources for students while they are on their summer internship search. Morrissey recommends that students either meet with their individual advisor or attend a drop-in appointment to look over their resume and cover letters. Since a resume is one of the most important ways to market yourself, making sure it's up to date and polished is crucial.

### Check out online resources

Websites and networking resources such as LinkedIn, Indeed, Handshake and even Google can help you filter through potential opportunities and find something that could be right for you. The Office of Career Development directly works with employers on Handshake for recruiting, and students can submit their resumes to be considered for inclusion in one of NSU's resume books on the website as well.

For more information on NSU's Office of Career Development, visit [nova.edu/career](https://nova.edu/career).

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**LAW, SCIENCE, & TECHNOLOGY MINOR**

LAUNCHING WINTER 2020

Shepard Broad College of Law  
NOVA SOUTHEASTERN UNIVERSITY

**NSU**  
Florida

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## OFF SHORE CALENDAR

**Riptide Music Festival 2019**  
Nov. 23 - 24 | various times  
@1005 Seabreeze Blvd | Fort  
Lauderdale, FL

**Sara Bareilles**  
Nov. 23 | 8 p.m.  
@BB&T Center

**Escape to Margaritaville**  
Nov. 19 - Dec. 1 | various  
times  
@Broward Center for the  
Performing Arts | Fort  
Lauderdale, FL

**9th Annual Fort Lauderdale  
Turkey Trot**  
Nov. 28 | 7:30-10 a.m.  
@501 S Fort Lauderdale  
Beach Blvd | Fort  
Lauderdale, FL

**Fort Lauderdale Children's  
Ballet Theatre: Sleeping  
Beauty**  
Nov. 23 | 4:30 p.m.  
@Amaturo Theater | Fort  
Lauderdale, FL

**Ghost Tour**  
Nov. 22 | 7-10 p.m.  
@Old Davie School Historical  
Museum | Davie, FL

**Corn Hole Tournament**  
Nov. 28 | 5-10 p.m.  
@Marando Farms & Ranch |  
Davie, FL

**Van Gogh's Lilies**  
Nov. 24 | 7-9 p.m.  
@Painting with a Twist |  
Davie, FL

# SOUNDBITE

## "K-12" by Melanie Martinez

By: Flor Ana Mireles  
Copy Editor

Melanie Martinez is perhaps one of the most unique artists of the decade. Debuting on the stage of "The Voice" in 2012 with a smooth and bluesy rendition of Britney Spears' "Toxic," Martinez won over many hearts with her voice and original style. In May of 2014, she released her first EP, "Dollhouse," which focused on topics like family and romantic hardships. Then, in August of 2015, she released "Cry Baby," from which developed the character of Cry Baby, Martinez's alter ego.

After the release of "Cry Baby," Martinez fell under the radar and was accused of sexual misconduct in 2017 as Timothy Heller, a close friend of Martinez, claimed she had raped her. Martinez denied the accusations, saying that Heller had voiced her consent, yet some fans and critics did not know what to believe. While I do not condone Martinez's actions, I feel her work stands alone.

On Sept. 6, Martinez released her sophomore album "K-12" and a film of the same title to go along with it. Both the film and album explore Cry Baby's experience from kindergarten to 12th grade at K-12 Sleepaway School, and according to Martinez, is meant to showcase Cry Baby's perspective and "[learn] about the place that she's in" with titles like "The Principle," "Nurse's Office," "Drama



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The track "Show & Tell" can be found on Spotify, and other major music streaming services.

Club," "Detention," "Teacher's Pet" and "High School Sweethearts."

The first track on the album is "Wheels on the Bus," which starts off with an instrumental version of the children's nursery rhyme of the same title and sets the tone for the rest of the album. The song's original innocence is contrasted by Martinez's explicit lyrics. "There will be a lot of recurring themes that contrast between light and dark or just duality in general," said Martinez in an interview with

the Alternative Press. Listeners will see and hear this in every single song.

My two personal favorites on the album are "Show & Tell" and "Recess." The lyrics of "Show & Tell" convey the feeling of being trapped in an endless cycle. There's a repetitive, eerily pleasant cranking sound in the background, and lyrics like "You pull me by my hair so I don't go nowhere/Tell me you love me, but you treat me like I'm never there," imply a song about a romantic interest. Listening closer, they are actually about the struggles of stardom and constantly being in the public eye, better understood through the lyrics "There are strangers takin' pictures of me when I ask 'No more'" and "Buy and sell/Like I'm a product to society."

"Recess" is the last track on the album and reminds listeners of the importance of maintaining their own mental health. As the title implies, the message behind the song is about knowing it's okay to take a break from individuals whose energies negatively drain you and can be heard in lyrics like "Don't let them hurt you, baby/Just say, 'Recess, I'm tired.'"

Martinez's music may not suit everyone's taste, but "K-12" is worth checking out, and you can even listen to the whole album just by watching the film.

## Find a platform for your art

By: Kelsey Bruce  
Arts & Entertainment Editor

A lot of students are also creators, and on a college budget, making money off the art we create certainly has an appeal. More than that, knowing that someone out there might be experiencing and loving your art is a wonderful feeling. Still, when it comes to publishing poetry or selling paintings, it can be difficult to get started. Here are a few ways you can try to show the world your talent.

### Submit to publications

If you write poetry or short stories, there are plenty of magazines out there that accept submissions. However, it can be tough to find ones that pay you or don't charge you to submit in the first place. On top of that, before deciding to submit, take the time to get an overview of the content typically published in that magazine or journal. No matter how good your love poem is, a journal or magazine that follows a creepy or somber theme won't want it. No worries though, there are plenty of options. Check requirements for Poetry Magazine, The New Yorker, The

Kenyon Review and the Threepenny Review — all of which pay and don't charge to submit. Check out [trishhopkinson.com/2018/08/17/best-places-to-submit-poetry-a-ranking-of-literary-magazines-by-john-fox-updated-with-payment-submission-fees/](http://trishhopkinson.com/2018/08/17/best-places-to-submit-poetry-a-ranking-of-literary-magazines-by-john-fox-updated-with-payment-submission-fees/) for full ranking of different magazines that accept poetry.

### Become your own social media manager

Marketing is a huge part of selling anything, and art is no exception. If you'd like to start selling paintings, drawings, prints or graphic designs, you'll need to create a consistent public image as well as gradually gain a following. Don't worry if you only start off with a few followers — everyone does. Instead, focus on producing quality content and the rest will come to you. Try following other local artists. They'll likely inspire you and have good advice — directly or indirectly — for setting prices and running your business. It's a good idea to start off simply posting your art, and then negotiate

pricing down the line. Still, keep in mind the cost of your materials and your time when it comes to setting prices, and don't let anyone tell you your art isn't worth it.

### Participate in local vending events

This option is more risky than the others, but if you have a lot of quality art on hand, it's well worth it. Art Walks are all over South Florida, and while they usually charge an entry fee, you're encountering a mass amount of possible consumers and potentially gaining genuine fans. If you're interested, look into the Fat Village Artwalk or the Ft. Lauderdale Artwalk.

These aren't the only ways to get your art out there, but they're a good place to start. If you need any more tips on where to start, it's an excellent idea to ask local artists or visual art professors here on campus.

## Gratefulness Playlist

By: Madelyn Rinka  
Co-Editor-in-Chief

'Tis the season to be thankful. Discover some new songs with this playlist, and get more in touch with the little things (and people) you might be grateful for — or take a moment to make your own mix.

"Landslide" — Oh Wonder  
"Same Dark Places" — JR JR  
"Saltwater" — Geowulf  
"We're Going Home" — Vance Joy  
"Bloom" — The Paper Kites  
"Sweetest Thing" — Allman Brown  
"Coastline" — Hollow Coves  
"Honeybody" — Kishi Bashi  
"Old Pine" — Ben Howard  
"Time After Time" — Iron & Wine  
"Brave" — Freedom Fry  
"Kept" — Stolen Jars

Visit [sutv.nova.edu](http://sutv.nova.edu) for access to shows and movies **before** they hit Netflix or Redbox!





## STAFF PICKS:

What small thing makes you happy?

By: The Current Staff

**Madelyn Rinka, co-editor-in-chief, said:**

“There’s a lot of small things that make me happy — but I think being able to find extra time to be outside is important to me. I already spend a lot of time out in nature for classes, but I’ve been trying to find other reasons to be outside: studying, sitting at restaurants and cafes or waiting outside on a bench instead of staying indoors. Appreciating the environment has always been a big part of my life, so finding little ways to do so always brightens my day.”

**Rick Esner, news editor, said:**

“One small thing that always makes me happy is going outside and breathing in the fresh air after being inside for a prolonged time. The feeling of just breathing in the air and looking up at the sky is euphoric and like no other. Especially when it is night time, the cool breeze flowing by and the night sky a dark purple is unimaginable. Take a moment and just breathe. ‘Live in each season as it passes; breathe the air, drink the drink, taste the fruit and resign yourself to the influence of the earth.’ Henry David Thoreau.”

**Kathleen Crapson, chief of visual design, said:**

“The instant I have coffee or tea, my heart soars with a deep sigh of “ahh, caffeine.” I know plenty of money saving blogs tout, “save

x amount of money by skipping your morning latte,” but I can’t kick the habit. If a cafe has chai tea or cold brew coffee, I have to splurge and give it a try. It’s my goal to sample new flavor combinations and concoctions, and it makes me feel like I have a mini adventure in a cup.”

**Flor Mireles, copy editor, said:**

“Something really small that always makes me happy is finding mushrooms while walking around campus or taking nature walks. In fact, just a few weeks ago I found a half fairy ring — a circle of mushrooms — near Gold Circle Lake. Actually, I feel there are a lot of things that make me happy: music, food, nature, life; the list is infinite. At the end of the day, happiness is subjective and different for each person. Happiness is all in the eye of the beholder.”

**Mario Lorrimer, business manager, said:**

“I am grateful for many things in life, and I definitely think the small things that I’m grateful for can be overlooked. I am grateful for tiny little lizards that live in flowers. They are very cute and they always look so happy and comfortable. I enjoy seeing them every time I pass by. I also enjoy the smell of fresh crisp air. There’s just something about good air without gas fumes that floats my boat. Please take care of our environment so I can continue to enjoy breathing.

The final small thing that I am very grateful for is having conversations with my friends. I really enjoy chatting and learning new things from those around me.”

**Kelsey Bruce, arts and entertainment editor, said:**

“I am grateful to have adopted a cuddly, sometimes dumb cat. I have wanted a cat my whole life, and when I finally got one, my quality of life has increased tenfold. It’s delightful to watch Penelope do cat things that don’t make sense and then share those things with my loved ones. When I get down because of how much stress I’m under or something bad that has happened in my life, it helps to remember that I am also lucky in a lot of ways — familiarly, educationally, financially — and that those aspects of my life allow so many other wonderful things to come into it — like my meowling kitty.”

**Emma Heineman, features editor, said:**

“I am someone who finds joy in lots of little things. As cliché as it sounds, I think it is the little things that make life big. One small thing that never fails to make me happy are my plants. I have a habit of buying plants — lots of plants, especially when I’m stressed or sad. Filling my apartment with unique plants of all shapes and sizes is an oddly cathartic experience and adds a

calming element to my daily routine. I hate to be cooped up inside, especially when I live in such a gorgeous place, but my plants bring a little bit of nature into my life.”

**Cameron Pritchett, sports editor, said:**

“One thing that never fails to make me happy is music, particularly live music. I could be in the worst mood; if I turn on the right song, it will instantly fix that. As for concerts, I’m not sure what I love so much about them; you’re elbow to elbow with strangers, there’s no water and you have to wait a while. But as soon as the artist(s) come out, I lose my mind. My friends Sean and Matthew like the same music as me, and they have become some of my closest friends through our love of going to live shows. The excitement and adrenaline rush you get from seeing your favorite artist live is incomparable to anything else for me.”

Interested in writing for *the Current*? Reach out to @thecurrentnsu on Instagram or Twitter, or the Current on Facebook to learn more!

## Craft your own greeting cards

By: Kelsey Bruce  
Arts & Entertainment Editor

While not everyone feels the need to pair a gift with a greeting card, many believe a personalized message gives a gift more depth. However, buying multiple greeting cards can add up fast, so a great way to incorporate them into your holiday season is to make your own. They’ll look great and add a layer of personalization to your gift that you can’t buy in a store.

**Gather nice paper**

You don’t have to go too wild with this step. All you really need is paper that is thicker than printer paper, so a pile of old cardstock in

your closet is fine. If you don’t have any, you can find some at an art supply store, or even Walmart or Target, for fairly cheap. Next, cut your paper into about double the size you would like your cards to be. Now, all you have to do is fold the paper in half, and you have the start of a good quality card.

**Get scribbly**

Now it’s time to add your personal touch! If you’re not artsy, don’t worry. You can keep it simple just by writing in your neatest handwriting possible and wishing your giftee a happy holiday season. If you like doodling, then

add a few cute little animals or plants to add to the overall aesthetic of your card, and if you’ve got any stickers lying around, now is a great opportunity to use them.

**Don’t forget to add sentiment**

One of the best things about cards is that they can be keepsakes for a long time. If you have family or friends who are sentimental, they’ll probably stash away your card, so be sure to write the date and sign your name, that way years down the line, your gift recipient can remember how much effort you put into it.

**Presentation is key**

Your card gains creativity bonus points when you have lovely envelopes to put them in. You can buy large packs of envelopes pretty much anywhere, and even if they’re plain, you can adorn them to make them shine. When people receive a card in a wax-sealed envelope, they’ll probably even enjoy the wrapping. Even if you don’t want to go through the extra effort to melt wax, you can always use your stickers where a seal would go, or even sign your initials in cursive for a more personal touch.



# On The Bench:

## Load management needs to be managed

By: Cameron Pritchett  
Sports Editor

Load management is the NBA's all-too-fancy term for "rest." While resting is something that should be expected for athletes, lately, it has become a controversy, whether it be from former NBA players, fans, or current general managers (GMs). Recently, the Los Angeles Clippers came under fire when they failed to disclose an injury of their star player, former Finals MVP Kawhi Leonard. Early in this NBA season, Leonard sat out a game against the Milwaukee Bucks, and head coach of the Clippers, Doc Rivers, stated that there was "no concern" about Leonard's health status after the loss against Milwaukee. The Clippers were subsequently charged \$50,000 by the NBA after this statement, which, according to the Los Angeles Times, was implemented because of Rivers' claims that there

was "no concern" about the injury. The team had determined that there was indeed concern about the injury, yet Rivers came back and denied it.

Michael Jordan, arguably the most iconic athlete in the history of the NBA and current owner of the Charlotte Hornets, bashed the concept of load management, stating that as an NBA athlete, "You're paid to play 72 games." In addition to Jordan, when asked about rookie RJ Barrett playing 41 minutes in a loss to the Sacramento Kings, New York Knicks' head coach David Fizdale came out and said "He's got the day off tomorrow... We gotta get off this load management crap. Latrell Sprewell averaged 42 minutes for a season. This kid's 19-years-old. Drop it."

On the opposite side of the spectrum, Mark

Cuban, owner of the Dallas Mavericks, has called load management "the best thing to ever happen to the league... I think teams have to be smarter about when to load manage. I'm all for load management. Worse than missing a player in a (regular season) game is missing him in the playoffs."

Athletes are evolving, and that has become extremely noticeable. Take No. 1 overall pick Zion Williamson who stands at 6'6, and weighs in at 284 pounds; he has the athleticism to 360 windmill dunk. These kinds of features are becoming more regular among athletes, and it can take a toll on the body.

Load management was also a tactic initially used by the San Antonio Spurs for star players Tony Parker, Tim Duncan and Manu Ginobili.

In their prime, these players helped the Spurs win multiple championships. I'm all for load management when used appropriately; if players feel they need to rest because something is bothering them, whether it be physically or mentally, then by all means they should be allowed to. Load management has guided many teams to more success later on in the season, and more specifically in the playoffs. Injuries can be chronic and come back continuously no matter how much treatment the athlete receives. Head coaches are hired to facilitate the team and win games, and if they feel giving this player the night off would help to win more games down the road, then they reserve the right to do so. I believe load management should be seen more as an opportunity than a threat.

## OUT OF THE SHARKZONE

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### Wiseman withdraws lawsuit against NCAA

University of Memphis freshman James Wiseman withdrew his lawsuit against the University of Memphis and the NCAA for declaring him ineligible to play. According to the Associated Press, "Memphis officials say they are immediately applying for Wiseman to be reinstated. Until then, Wiseman will be held out of games but can practice with the No. 13 Tigers." The NCAA has declined to comment on the withdrawal of the lawsuit.

### Nadal beats Medvedev for first win

During a match against Daniil Medvedev, Rafael Nadal was losing 5-1 in the third set. According to the Associated Press, "Nadal [was] headed for a second straight loss at the season-ending tournament, but won five games in a row to go 6-5 up in the deciding set." However, during the third set, Nadal saved the match point and beat Medvedev 6-7, 6-3 and 7-6 in three separate matches.

### Denver arena security told women to remove hijab

Last Wednesday, Gazella Bensreiti was told by a guard at the Colorado arena to remove her hijab. According to The New York Times, "Bensreiti said she explained the scarf was for religious purposes. She said the guard replied that she didn't care. After speaking with a supervisor, the guard ushered her inside." The Council on American-Islamic Relations is protesting the arena.

### Browns suspend Garrett

After removing Pittsburgh Steeler's quarterback, Mason Rudolph's helmet and hitting him with it, the NFL has decided to suspend Cleveland Browns' defensive star, Myles Garrett indefinitely. According to the Associated Press, "It's tough. He was playing like a possible Defensive Player of the Year candidate and that is what I think everyone knows him as," Browns guard Joel Bitonio said. "He's a guy that gets after the quarterback, plays the run well. He is a great player. It is tough. Anytime you lose a guy to injury, to suspension or to anything of that nature, it is something that you have to try and fill that spot."

## SPORTS SHORTS



### Women's Volleyball

On Nov. 8, Women's Volleyball had a commanding victory over Saint Leo with a score of 3-1. After finding themselves in a hole after dropping the first set, the Sharks were able to pick up the pieces and sweep the next three sets, guiding themselves to their 15th win of the season. They will look to continue their winning ways on Nov. 15 when they battle Florida Southern College.

### Women's Swimming

In a duel meet hosted by rival Tampa on Nov. 9, the Sharks were able to cage the competition, topping Tampa 152-110. Junior Emma Sundstedt was able to earn the individual win in the 1000 freestyle with a time of 10:28.22 while the 400 style relay team of Solana Capalbo, Elizabeth Zubero, Cassandra Wright and Jenna Johns were also able to pick up first place, posting a time of 3:30.97. The Sharks will look to compete again in Charlotte, N.C. on Nov. 22-24 at the Fall Frenzy at Queens.

### Men's Soccer

In the SSC quarterfinal on Nov. 11, Men's Soccer narrowly defeated Rollins by a score of 2-1, moving onto the next round. After letting in a goal in the second minute of the match, Men's Soccer was able to score late in the second half at the 84th minute, leading to sudden death in overtime. After a scoreless first half of overtime, sophomore Aleks Berg sent a deep ball to Matty Cormish, who was able to secure the 2-1 victory. Men's Soccer will play again on Nov. 14, where they take on Lynn in the semi-finals.

### Men's Basketball

After kicking off the season with an exhibition win against Florida National, Men's Basketball was able to blow out College of Staten Island with a score of 130-62 on Nov. 13. The Sharks shot a very efficient 64.1% while grabbing 30 more rebounds than their competition. Sophomore Lukas Speidel led all scorers with 26 points, and Speidel and redshirt senior Mark Matthews combined for 50, leading the Sharks to their first regular season victory. They will host Trevecca Nazarene on Nov. 16 at 7 p.m.



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## THIS WEEK IN SPORTS HISTORY



By: Rick Esner  
News Editor

## November 19

## First million dollar man

Nolan Ryan signed a four-year \$4.5 million free agent contract with the Houston Astros in 1979. The deal made Ryan the highest paid baseball player at the time and the game's first million-dollar-a-year man. After being on the New York Mets and the California Angels, he was eager to play with his hometown team. In 1999, Ryan was inducted into the Baseball Hall of Fame.

## November 20

## Tour de France created

In 1902, Géo Lefèvre, a French sports journalist, pitched the idea of the Tour de France at a meeting with Henri Desgrange, an editor for the daily sports newspaper L'Auto. Lefèvre originally worked at a competing newspaper company until he was recruited by Desgrange to work as a rugby and cycling correspondent. The name was previously used with another race around France in 1889, but with automobiles. Desgrange accepted Lefèvre's idea of creating the Tour de France, and on July 1, 1903, the race officially started. In interviews following the race, Lefèvre admitted that he only suggested the idea because he had nothing else to say during the meeting.

## November 21

## Australian National Tennis

## Championships begin

On Nov. 21, 1905, the first match of the Australian Open, managed by the governing body Tennis Australia, and formerly known as the Lawn Tennis Association of Australia, was held. The match was played in Melbourne at the Warehouseman's Cricket Ground. The winner of the championship that year was Rodney Heath, who went on to win again in 1910. Since 1905, the Australian Open has been held 107 times in five Australian cities and two New Zealand cities with winners from all around the globe.

## November 22

## Youngest Heavyweight champion

In 1986, 20-year-old Mike Tyson became the youngest Heavyweight champion in history. Tyson hit a TKO against 33-year-old Trevor Berbick in the second round at the time stamp of five minutes and 35 seconds. Before winning the match, Tyson had won 26 matches, knocking out all 26 of his opponents. Tyson kept his title for nine more matches until 1990 when he lost against Buster Douglas.

## November 23

## Gretzky hits 600

Iconic NHL player Wayne Gretzky scored his 600th goal in 1988 against the Detroit Red Wings. The Los Angeles Kings won the game with a score of 8-3 in the Joe Louis Arena in Downtown Detroit. In his 718th regular season

game, Gretzky became the fifth player in NHL history to reach 600 goals. By the end of his career, Gretzky scored over 850 goals.

## November 24

## Rebound record set in NBA

In 1960, Wilt Chamberlain set the record of 55 rebounds in a single game. Chamberlain played for the Philadelphia Warriors, and in a losing effort against the Boston Celtics, grabbed 31 rebounds in one half. In 1979, Chamberlain was later inducted into the Basketball Hall of Fame.

## November 25

## Iconic Duo

Pat Summerall, former New York Giants kicker, and John Madden, former Oakland Raider coach, paired as broadcasters for the Minnesota Vikings vs. Tampa Bay Buccaneers game in 1979. This pairing would last for 22 seasons on two networks—CBS and FOX—becoming one of the most known broadcasting partnerships in TV sportscasting history. Together, they called eight NFL Super Bowl championships. Their long time partnership ended after Super Bowl XXXVI in 2002.

Want the scoop on NSU athletes?

Check out [nsucurrent.nova.edu](http://nsucurrent.nova.edu)

for athlete of the week!

## ON DECK



## MEN'S BASKETBALL

@Tampa

Nov. 23 | 4 p.m.

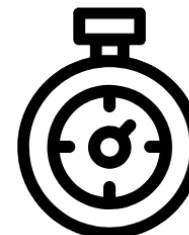
Tampa, FL

## WOMEN'S BASKETBALL

@RV University of Tampa

Nov. 23 | 2 p.m.

Tampa, FL

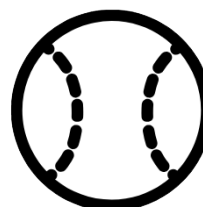


## MEN AND WOMEN'S SWIMMING

Fall Frenzy

Nov. 22-24 | various times

Charlotte, NC



## WOMEN'S VOLLEYBALL

@Embry-Riddle

Nov. 22 | 7 p.m.

Daytona Beach, FL

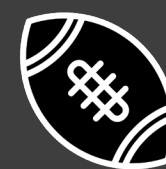
@Florida Tech

Nov. 23 | 4 p.m.

Melbourne, FL



## FANTASY FAVORITES



By: Cameron Pritchett  
Sports Editor

## Quarterbacks

## Jameis Winston @Atlanta

Winston may be the most turnover prone quarterback in the NFL; however, he has proven time and time again that he is able to outdo these turnovers with his strong arm, averaging 307.2 yards per game. It helps to have two outstanding wide receivers on your team, and I think Winston can dice up the Falcons' weak secondary in week 12.

## Derek Carr @New York Jets

The Jets' secondary is weak, giving up an average of 22.22 points per game to opposing quarterbacks. Carr is no average quarterback though, and the Jets have also given up an average of 27.78 points per game to wide receivers; Carr should be able to connect with a lot of his targets in week 12.

## Mason Rudolph @Cincinnati

I like Rudolph as a streaming option against a tanking Bengals team that ranks 28th in points allowed to quarterbacks; however, if you have a

better option, start them, but Rudolph can fill in nicely in a tight pinch.

## Running backs

## Alvin Kamara vs. Carolina

You were already going to start Kamara, but just in case you had any more doubts, Carolina ranks 31st in defense against opposing running backs. Fire up Kamara.

## Tevin Coleman vs. Green Bay

This should be a fantastic game, and I expect San Fran to run the ball a lot considering Green Bay's pass defense is significantly improved this season. Coleman has obviously taken the lead role in this offense; continue to start him.

## Devin Singletary vs. Denver

Singletary has not been extremely productive in the touchdown department this year, but has been an efficient runner nonetheless. I expect him to put up some standout numbers (and possibly a touchdown) against a Broncos

defense that gives up almost 17 points per game to opposing backs; having Frank Gore to change pace will help significantly this game.

## Wide Receivers

## Calvin Ridley vs. Tampa Bay

Start your wide receivers against Tampa Bay this week; they are probably the worst secondary in the NFL, and they just released Vernon Hargreaves. They're struggling and the Falcons will take advantage of that.

## Tyrell Williams @New York Jets

Similarly to my rationale with Ridley, Oakland ranks 31st in defense against opposing wide outs and are struggling in the secondary. Tyrell has fallen off a bit from his pre-season success, but play him against the weak Jets.

## Kenny Golladay @Washington

Golladay has personally surprised me with his efficiency this year and I expect to continue to be surprised in week 12 when they play a Redskins defense that has given up almost

22 points per game to wide receivers. Start Golladay.

## Tight ends

## Tyler Eifert vs. Pittsburgh

Sitting Andy Dalton has certainly helped Eifert's numbers, and that should continue against the 26th ranked defense against tight ends in Pittsburgh.

## Zach Ertz vs. Seattle

Seattle has made it known that their defense is extremely good at the pass rush, but lackluster elsewhere. This game should be a shootout, and Ertz will see plenty of volume. He is a TE1 this week.

## Evan Engram @Chicago

Chicago's defense looked to be fantastic earlier this season, but have since fallen off and given up the 8th most points per game to opposing tight ends. Engram should feast against the Bears.



## Open the green gate

By: Flor Ana Mireles  
Copy Editor

We've all thought about it: jumping over the green gate that is behind the Alvin Sherman Library by Gold Circle Lake in an effort to get to the Carl DeSantis building faster. In fact, last week I actually saw a student sneakily jump the gate, and I'll admit, I thought about doing the same thing right after.

We get it. The gate is most likely closed due to the fact the area is a loading dock and it presents a safety concern for students and staff. However, as the educated individuals we are, I think we are all more than capable of avoiding the parked vehicles that are only sometimes in the dock. I mean, we easily maneuver our way around other loading docks and car-trafficked areas around campus, this one should not be very different.

NSU's campus is not as small as some might think. It takes approximately eight minutes to get from the Student Affairs building to the Carl DeSantis building. Now, I know this is not necessarily a long walk to begin with, but with the opening of the green gate, we can easily take off three minutes as we no longer would have to walk around the facilities plant.

Now, I realize this issue may seem insignificant to some readers, but I know I am



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not the only one irked by the little green gate; many other students and faculty members are also fed up. In fact, when I brought up this topic as an article suggestion, almost everyone in the room immediately knew what I was talking about with their tones of voice reflecting my same attitude. Efficiency is important, and in a college environment where we are constantly juggling a variety of tasks all at once, saving three minutes while walking to class can be day-altering. Imagine having three more minutes to get everything ready for class, work on assignment or even pick up food. All this could be made easier with the opening of a little green gate.

## Thanksgiving is a lie

By: Mario Lorrimer  
Business Manager

Thanksgiving is a day in which we gorge ourselves on turkey and cranberry sauce. Then once the feast is over, we become human burritos unable to move for at least a month. I personally have never celebrated Thanksgiving in relation to the pilgrims and Native Americans; it has always been a family event about food and giving thanks for life. It upsets me when I see misinformation about the relations between the Native Americans and pilgrims. The pilgrims were never kind to the Native Americans. They brought disease, stole from graves, raped women and murdered many.

The original Thanksgiving was merely a typical political dinner. A peace treaty with one of the Native American tribes was signed some time prior, so it's said that the dinner was to be a common event at that time. However, within the prior year, the pilgrims were up to their usual activities of stealing, killing and doing whatever they wanted. Thanksgiving, as we know it, only started to popularize during the Civil War thanks to Abraham Lincoln. People should stop glorifying the pilgrims and discounting what the Native Americans had to go through.

Thanksgiving should be about giving thanks — as its name suggests. I don't want to see pilgrims anywhere near this holiday. Many individuals already celebrate Thanksgiving without referencing the pilgrims and this is the direction the holiday needs to go. Some Native American groups see Thanksgiving as a day of mourning. The information passed down in their

tribes is very different to what was passed down to us, so they see Thanksgiving in a different light, putting the phrase "the winners write history," into perspective.

Much like Columbus Day, Thanksgiving has spread a long-kept lie. It really makes me think, what else in history is a lie? The truth is very important when it comes to things like this. I refuse to honor people that take what they want with violence. I want to honor those that succumbed to this pain while also being thankful for my life. As the upcoming generation, we need to set the tone for how we want to live our lives. That means we have to break traditions and create our own.

Thanksgiving shouldn't be completely erased as a holiday, but instead we should celebrate it as a day of thanks, which most of us already do. This means throwing away all the pilgrim hats and focusing on family. We should also find some way to honor those that have fallen due to the horrendous acts of the pilgrims. So, how can we as a society make this change? I believe that the power of our generation is information. We have access to all this knowledge at the tip of our fingers and the ability to spread it. We need to use it and spread the truth to those who do not know. It's not a bad thing to not know, but it is bad to know and not do anything. As the world's next leaders, let's spread the truth so that we can all stay informed.

## Time Management: The key to success in college

By: Christina McLaughlin  
Co-Editor-in-Chief

I think it's safe to say that we have heard this all before, but why is it such a big deal to manage our time? Why should I schedule my weeks and meal-times on extremely detailed planners and deal with constant notifications on my phone? The simple answer is this: you really have no other choice. Yes, it's the cold hard truth, but someone's got to say it. Frankly, it is nearly impossible to succeed in life, or college, without some forms of time management skills, and that could mean different things for different people.

For some, that means having a Google Calendar, to-do list, weekly calendar, the whole nine yards constantly updated and checked off. For others, it might mean scheduling a break from work or school that is reserved strictly for "me-time" or time to unwind. Whatever the case may be, across the board the answer is

clear: without a plan of action for your time in a day, nothing will get done or at least, nothing will get done successfully without a little bit of unnecessary stress. According to a survey conducted by Greenfield Online, 88 percent of college students want to improve their ability to manage their time and 87 percent of students say that better time management and organization skills would help them get better grades.

Time management has always been a constant struggle for me. I'm always teetering between having my day planned out to the milli-second and just setting aside blocks of time to de-stress and unwind. I'm not going to claim that it is all rainbows and sunshine because it isn't. It's not easy to plan out a day so meticulously without some form of adjustment. That's why it's called "time management," it's

learning how to plan and control the hours of the day effectively to accomplish the most goals efficiently. And that's just it, it is a learning process, just like everything else in life. Did you learn how to ride a bike the first time you hopped on the seat? Of course not, it took time, energy, dedication and maybe even some test drives and training wheels.

That is what time management in college is: the test drive and training wheels of accomplishing your goals and succeeding in your professional careers. There will be the occasional pothole where you mess up and miss an assignment or are late to an important class, but it's just like the concept of riding a bicycle and wiping out; you need to brush yourself off and try again. Maybe this time instead of just writing it down on a piece of paper at home,

bring it with you or make it digital and add it to the reminders on your phone. Reward yourself with a break when you get halfway done with a project or plan out your meals while doing something productive. These suggestions and more might work for you and for some they might not, but it's important to manage your time and figure out what's right for you so that you can succeed not only in college but in life as well. Use this time as the training wheels stage of your journey through your career. Let yourself stumble and maybe fall once or twice. Just don't forget to get back up and try again and learn how to manage your time in a way that works best for you.



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# The Death Penalty: It's not Justice, it's Vengeance

By: Eva Fournel  
Contributing Writer

We are constantly evolving, undeniably, as a society and as individuals. Though, whether or not we seem to grow, is a different story. One of the oldest forms of law, the Code of Hammurabi, the famous "eye for an eye," goes as far back as 1700 B.C.E. in ancient Babylon. We would like to believe we are past that, however, to a certain extent, we are not. The death penalty still exists, even though it continues to exhibit numerous and obvious flaws. The modern death penalty is an evolution and reinforcement of society's desire for vengeance, rather than justice.

If supporters of the death penalty argue that the practice is to ensure public safety, then the statistics quickly debunk it. According to

The New York Times, "Murder rates in states that have death penalty statutes are no lower than those in states that do not. Texas, which has executed more people than any other state, nevertheless had four cities on the roster of those with the highest homicide rates last year."

The death penalty is ineffective, which disproves any argument that the practice is to teach any sort of lesson, as no lessons have been taught and no changes have been made. Nevertheless, for a sentence so inhumane, people are still willing to pay the price: a price that adds up when considering the usual legal costs: lawyers, pre-trial costs, jury selection, the trial, the unpredictable incarceration

while on death row which includes maximum security and isolated facilities and the appeals, as reported by The Death Penalty Information Center. In Pennsylvania, the death penalty costs approximately \$350 million.

Apart from its expenses and its lack of apparent societal improvements, the death penalty postulates the concept of justice while being explicitly unjust and biased, particularly to people of color. Justice does not come to mind when the flawed justice system promotes social inequalities when life and death are on the line, a matter far deeper than race.

Now, with all these faults in the system, why do we still allow the death penalty? If life

is to be preserved, then why is a murderer's punishment for taking it away also death? If katharsis, or peace of mind, is achieved through this practice, then why is that encouraged? Why is vengeance peace of mind? Why do people in this country, on the news, in the newspaper, hope for these people's death? If vengeance is a possible trait of human nature, then it does not mean the justice system has to encourage it to satisfy the public. Before choosing to take any more lives through the death penalty, I hope someone asks themselves, "Why am I doing this?"

## Let's all strive to be kind and help others

By: Flor Ana Mireles  
Copy Editor

The other day on my way to school, my car alternator died on me and I was left stranded in the middle of the road. Given it was so early in the morning, everyone that I could reach out to for help and a jumpstart was still sleeping. I had to do something. I couldn't just stay there waiting for someone to come to my rescue. I went to my backpack, grabbed a notebook and on a page wrote, "Can you give me a jumpstart please?" Five minutes passed me by, and although everyone looked, no one was actually willing to help. Eventually, two men in a work van gave me a jumpstart and I safely got to a parking area where I could wait for an alternator

to save the day.

When I told my mother that two random strangers had helped me, she all of a sudden began putting fears into my head, saying things like, "Don't tell them anything. You should've just waited for someone you know to come help. You can't trust people. The world is not a friendly place."

Granted, I am aware of the amount of violence that occurs daily and the schemes that have occurred to kidnap and traffic individuals, but I don't think we should be looking at the world like it is out to get us, or is a scary and unfriendly place. We can't live in fear of living,

If we do, we're not living at all. We have to be willing to take risks, and with that, we also have to be willing to trust others. It's important to be cautious, but being cautious shouldn't stop us from actually doing something. Sometimes, we need the help of a stranger or a stranger needs our help. We can't put into our mindset that everyone we meet will be unkind or has a hidden agenda. We should be thinking the opposite: everyone we meet can be kind and can teach us something we don't know.

Standing out on the road, watching dozens of cars pass me by in a moment of need really made me think about mankind. Were people

afraid to help me because they thought I was trying to scheme them somehow? Were they too caught up in their own rush to get to where they were going that they thought, "Not me. Someone else can help her." But what if no one else had helped?

The world needs us to be more kind and more willing to help others. Regardless of what we look like, believe in and do, on the inside, we're the same. Let's stop being so in our own heads and make the world a better place.



*In honor of Thanksgiving, what are some things that you are thankful for that NSU offers students?*



"I'm thankful for NSU granting [students] the opportunity to join any clubs or organizations that they want. I'm in Phi Sigma Sigma and I'm grateful for that because I've met so many people that have become my best friends."

**-Sofia Alfonso,**  
sophomore  
psychology major.



"I'm thankful [of NSU] for the warm environment [it's] provided me. It's refreshing to see people actually care. I'm thankful [for] the staff and everyone that has helped me: from [Shark Dining] for providing meals for us to the professors for helping us reach our potential."

**-Mia Joseph,** freshman  
business management  
major.



"I'm thankful for the opportunities [NSU] gives us. Not all schools show that they care for their students [like] NSU does. Things like [Supplemental Instruction] have made a difference. I haven't seen other schools do that. As a musician, I'm also thankful to have access to the equipment that NSU provides."

**-Rodrigo Vidal,**  
sophomore business  
management major.



"I'm thankful for the scholarships [NSU] provides students because it helps [students choose NSU] and we have a very calm environment on campus. The libraries are open till late at night, the students that go here are easy to talk to and it helps create friends groups so that we can all succeed."

**-Gianfranco Morales,**  
sophomore finance  
major.



"I'm thankful for campus involvement and campus life. Being involved in NSU's small community helped me flourish within Greek Life, my job at [Campus Life and Student Engagement] and research opportunities. It's been able to help me with my own professional development and leadership growth, which I don't think I would have gotten anywhere else."

**-Rithin Maninaleth,**  
junior exercise and sport  
science major.

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