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Tales of a local musician





Meet Brittany Landrum



Garden smart, not better

# GHOF to honor NSU President and celebrate the 20th anniversary of the GHRI

By: Madelyn Rinka Co-Editor-in-Chief



Nova Southeastern University's President, Dr. George L. Hanbury II, will be honored at the Guy Harvey Ocean Foundation's (GHOF) 11th annual ocean conservation fundraising dinner on Saturday, Nov. 2 from 6 - 10 p.m. at the Fort Lauderdale Marriott Harbor Beach Resort & Spa. The banquet will also celebrate the 20th anniversary of the NSU Guy Harvey Research Institute (GHRI).

"[The honor] is certainly because of our 20 year long relationship with Nova Southeastern University, the celebration of GHRI. This year we wanted to do something special for the university as a whole — Dr. Hanbury wasn't the president when the Guy Harvey Research

Institute was founded, but since he's come on he's really done a tremendous job driving revenue, interest and support for the work that the Guy Harvey Research Institute does," explained Greg Jacoski, executive director of the GHOF.

The event will feature a cocktail reception, a silent auction, a formal dinner with a live auction, live music and entertainment, with the proceeds benefiting the GHOF. The Guy Harvey Research Institute at NSU is the primary beneficiary for the funding done by the GHOF.

The GHRI specializes in pelagic fish conservation, or large open-ocean fish such as sharks, marlin and tuna. Their recent work

focuses on satellite tagging and tracking, as well as genetic research, among other topics. They also led a team that has successfully decoded the White Shark genome, which could potentially have applications for human health research due to their low incidences of cancer and rapid wound healing.

"The work that's being done at the GHRI is very cutting-edge, very high-level scientific research that's had some tremendous results for the conservation of our oceans and the big animals that live there," said Jacoski. "I know there's a lot of great research that the university turns out as a whole, but I think the work that is being done out of the Oceanographic Center and

the Guy Harvey Research Institute specifically is some of the best going on in the world right now, and [NSU] should be proud of the work that's being done there."

To learn more about the GHOF and research being conducted by the GHRI, visit www.guyharvey.com/oceanfoundation. For information about the 2019 banquet and fundraising dinner or to buy tickets, go to www.guyharvey.com/2019-ghof-banquet-andfundraiser.

# Do you know what your genes hold?

By: Rick Esner News Editor

Have you ever wondered what are in your genes? On Oct. 30, NSU will be hosting an event that allows students to participate in genetic screening in the Rick Case Arena at the Don Taft University Center from 10 a.m. - 2 p.m. The event is hosted by JScreen, a genetic screening program in association with Emory University.

The genetic screening will screen for 226 different diseases through saliva tests collected the day of the event. Within a few weeks, the genetic counselors at JScreen will get in touch with those tested to explain the results and answer any questions they may have. The screening does not diagnose any of the diseases, but rather it tells whether one is a carrier of said diseases.

"It's for later in life, for when these students are ready to have children. It is important to know what you're a carrier of so we can help prevent these diseases in our future kids," said Hillary Kenner, director of national outreach for JScreen.

While the screening may be aimed more at those with jewish ancestry and the diseases that follow with that particular background, the screening tests for diseases that anyone may have, as well as diseases that are more common in other ancestaries.

"We screen for all sorts of things. About half the diseases are more common in people with jewish ancestry, but the other half are just seen in the general population. It's important for everyone to get tested," explained Kenner. Although college students at this point may not be thinking about children or reproduction, the purpose behind the screening is awareness. Students who are carriers now will be carriers in the future when they are thinking about family planning. Kenner states "People are just really grateful because not only are we creating access to testing, but we're putting this on people's radar."

The Hillel organization on campus has been involved with putting the Genetic Screening event together. With the screening of diseases high for those of Jewish ancestry, Hillel has been getting the word out about the event. Lauren Oback, Director of Jewish Student Life for Hillel of Broward and Palm Beach, said, "Not only is this something interesting and

relative, but this is also something that is very important as far as our health goals."

The event does require prior registration, which you can do by going to Jscreen.org and filling out the information. JScreen also asks that you do not eat, drink or smoke 30 minutes prior to the screening. The screening is free for the first 50 students with insurance with the code Nova2019.

More news articles can be found at nsucurrent.nova.edu!



# Homeland Security to collect DNA from detained immigrants

The Trump administration plans to collect DNA samples from the people detained within the federal immigration systems custody. According to The New York Times, this would flood the FBI's DNA database with genetic markers. The FBI's database is meant to be used to keep a record of all criminal arrests. The Justice Department is developing a system for federal regulation for immigration officers.

# Bull tranquilized and captured in Baltimore

On Oct. 2, No. 33, a Black Angus bull, escaped from its trailer as it traveled through Baltimore back to its farm in western Maryland. According to the Baltimore Police Department, at 3:10 p.m., officers learned of a loose Black Angus bull spotted on North Avenue in Baltimore. They urged residents to avoid Presbury and Warwick Avenue. This is the third time that this bull has escaped this year.

# Doctor sentenced to 40 years for 800 counts of illegally prescribed opioids

On Wednesday, Joel Smithers was

convicted of over 800 counts of illegally prescribing opioids, as well as a prescription-caused death of one woman. According to The New York Times, "Dr. Smithers flooded a region with opioid prescriptions and 'hid behind his white doctor's coat as a large-scale drug dealer,' Jesse Fong, special agent in charge of the Washington division of the Drug Enforcement Administration, said in a statement on Wednesday." Over the last two years, Smithers has prescribed over 500,000 doses of opioids in the form of oxymorphone, fentanyl, hydromorphone and oxycodone.

#### MGM to pay Las Vegas shooting victims up to \$800,000,000

MGM Resorts International settled a lawsuit alleging their negligence in allowing the Las Vegas shooter to hoard ammunition and weapons at Mandalay Bay hotel. According to The New York Times, MGM used a federal law from the aftermath of Sept.11 to keep them from being liable as the shooting was considered an "act of terriorism" which kept the victims from suing the company. The settlement is mainly being paid by MGM's insurers.

# **C**TheCurrent

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# get the scoop on events happening on campus

# Trunk or Treat

On Oct. 31, the Office of Student Leadership and Civic Engagement will host the annual Trunk or Treat event from 5 - 7 p.m. in the Alvin Sherman Library North Circle near the parking garage. The event is free to the public and encourages family, friends and children to come out and trick or treat. The NSU community, as well as various NSU clubs and organizations will decorate their cars or a table and pass out candy. Free parking is available for the event in the Mailman Hollywood Building parking lot.

# Play The Cashflow Game

Students can come out on Wednesday Oct. 16 from 5:30 p.m. – 7:30 p.m. to the Alvin Sherman Library, room 4009, to play

CashFlow – How To Get Out Of The Rat Race. The game features an extension of Monopoly where each player selects a character to role play during the game. The event claims that "The objective of the game is to build your assets by learning how to invest in different types of investments and reaching the point that your passive income from your investments is greater than your expenses. The first player to accomplish this, wins." Seating is limited, but students can RSVP online or by calling 954-262-5477.

# Off-Campus Housing Fair

On Oct. 22, from 11:30 - 1:30 p.m. in the UC Spine, NSU students will have the opportunity to meet and speak with various property representatives from Broward County. For more information, students can contact Alex Ukey in the Office of Residential Life and Housing at au136@nova.edu.

# The 9th Annual Night In Roma

On Oct. 15, the 9th Annual Night in Roma will be held in the Rick Case Arena at 6 p.m. The annual fundraising event benefits the Tony Segreto Athletics Scholarship Fund, which directly impacts deserving NSU student-athletes. Registration includes options for a variety of sponsorship packages, as well as the purchase of individual tickets. The event will feature a variety of Italian food from Anthony's Runway 84, Anthony's Pronto, Italian Kitchen and Andy's Live Fire Grill and Bar. Desserts from Mimi's Ravioli and espresso from Cafe Ala Carte will also be available as well as live entertainment and bocce ball.



# global news, courtesy of the current

# Military bases is Somalia hit by car bombers

An American Air Force base in Somalia was attacked by a car bomber and gunman from the Shabab militant group last Monday. According to The New York Times, the Shabab claimed responsibility for this attack. They claimed that their militia "stormed the military complex, engaging the crusaders in an intense firefight." Reports stated that gunfire was heard after the initial explosion. Later on the same day, another bombing took place in the Somali capital, Mogadishu, at the base of an Italian peacekeeping group.

#### Four dead after knife attack in Paris

Last Thursday, four police officers were killed in the Paris Police Headquarters after an unidentified employee attacked them with a knife. According to The New York Times, the attacker was a 45-year-

old man that worked in the Paris Police's intelligence division. While going to his office, the attacker killed three men and one woman. The attacker was shot and killed at the scene

# Egyptian government tracking and targeting citizens

A series of cyberattacks targeting lawyers, academics, journalists, dissenting politicians and human rights advocates in Egypt have been traced back to the Egyptian government. According to The New York Times, "The cyberattack began in 2016, according to the Check Point report. The number of victims is unknown, but Check Point identified 33 people, mostly well-known civil society and opposition figures, who had been targeted in one part of the operation." Some of those targeted were arrested in what was called "a roundup of prominent opposition figures" by The New York Times.

# NSU hosts 3rd annual "All Write" workshop

By: Rick Esner News Editor

On Oct. 26 in the Alvin Sherman Library, The Florida Chapter of The Mystery Writers of America will be holding the 3rd Annual All Write. The event consists of four workshops in a span of five hours, featuring four professional authors from varying genres. Every year, there are new authors and topics, but all relate to the theme of improving narrative writing.

The event is designed to help writers hone their skills through workshops, whether it is a "student who wants to write their first novel, or the retiree who might have always wanted to write a novel too, and anyone in between," claims Allison Horton, chair of the All Write program and director of the Florida Chapter of the Mystery Writers of America.

Another aim of the event is to advance the careers of those interested in narrative writing. "Our goal is to help professional writers with their careers and support new writers on their road to getting published, or whatever they'd like to do," said Horton.

The four workshops will consist of "The Plot Clock" with Joyce Sweeney, which aims at helping direct and formulate the plot of a story, "Writing Fitness" with Chris Jackson to remove unnecessary words from a story, "Understanding the Scene" with Janice Hardy

to learn the mechanics of a scene and how to develop it, and "Dos and Don'ts of Dialogue" with Miriam Auerbach for achieving authentic dialogue.

Regarding the expertise of those holding the event, Adult Services Librarian, Serena Smith, who helped organize the All Write this year states that the authors, "bring experience, know exactly what a writer needs, know exactly where they need to start, where they need to get to, how they're going to get someone to publish their book and where they need to go. So, it's great having them come into our library and lend their expertise to novice writers."

After the workshops are over, there will be time for follow up questions as well as time to talk to the authors or purchase their books.

While registration is full, anyone interested in attending can call the Public Library Services department of the Alvin Sherman Library at (954) 262-5477 and space can be made. Additionally, The Florida chapter of The Mystery Writers of America hold similar events throughout the year on writing and improving the trade, such as their yearly sleuth fest event. All the information can be found at MWAflorida.org.

# "Lift the Mask" on mental illness

By: Kelsey Bruce
Arts & Entertainment Editor

Mental health advocacy organization, The Quell Foundation, along with NSU's Marriage and Family Therapy Department will screen the documentary "Lift the Mask: Portraits of Life with Mental Illness" on Wednesday, Oct. 16 from 6 - 8 p.m. The screening will take place at the Knight Auditorium in the Huizenga School of Business, and participants from The Quell Foundation will hold an open discussion panel directly after the film.

The Quell Foundation made "Lift the Mask" in alignment with its mission to "reduce the number of suicides, overdoses and incarcerations of people with mental illness," as provided by its website. Moreover, professor of family therapy, Shelly Green, added that the foundation made the documentary in hopes of illustrating genuine stories of those living with mental illness — showing how it profoundly affects each individual's life.

"Lift the Mask" accomplishes its goal of "raising awareness of sensitivity and understanding of the complex nature of what people's struggles" through "the emotional honesty that the people in the film demonstrate so profoundly," said Green. It also works to address and correct common misconceptions about mental illness. According to Green, the most common belief is that people with mental health issues are unable to function in professional, academic and even social settings.

The continuation of this stigma, which Green described as "anything that minimizes people's ability to thrive," is a huge obstacle for those with mental illness when it comes to getting and holding jobs. The Quell Foundation also conducts outreach for different facilities and businesses to reduce the trying impact of these negative beliefs.

The documentary also addresses stigma

on a more personal level, particulary in terms of suicide. In the film, one of the individuals talks openly with a loved one about his suicidal tendencies, and Green noted this point as an "aha" moments for audience members. "People realize these conversations [about suicide] that are taboo, that we don't want to have, are the very conversations that we need to have. Often, we want to minimize and reassure people, but that kind of [rhetoric] can leave people feeling unheard."

Green shared that previous audiences have had strong emotional reactions to the film, especially in regards to the part previously discussed, but said, "sometimes we have to push past our comfort zone to get understanding, so I appreciate that the filmmakers pushed it to that level.

Indeed, understanding is especially important when one considers Kevin Lynch,

The Quell Foundation's founder, shared at a previous event, "we could fill the Don Taft University Center (UC) Performance Theatre several times over with NSU students struggling with suicidal thoughts and mental illness."

Additionally, Green added that previous reception has not included many undergraduate students and heavily encourages them to come, especially since many undergraduate students already struggle with or develop mental health issues upon entering college, which can exacerbate mental stress and related issues.

In the past, the event has filled up quickly, leaving only standing space, so those interested are encouraged to register soon at www. eventbrite.com/e/lift-the-mask-screening-tickets-73037285487.

# RADIO X

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# That Time I....

# recorded an album

By: Flor Ana Mireles Copy Editor



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Flor Mireles is the lead singer of Leather and Lace.

Since I was 13 years old, I have been singing in a classic rock cover band. Despite having had original music tucked away in journals, we continued our musical journey with only cover songs for almost eight years. Recently, over the summer, we decided it was time to venture into the world of original music and get those songs out for listeners to enjoy. In August, we began working with M Plus Media, a recording studio in Miami, to get our songs professionally produced.

Working with a studio has definitely been a beneficial and great experience. The studio itself was very aesthetically pleasing and filled with lots of Grammys, platinum records, musical equipment and changing lights. The band and I recorded all eight of our songs together rather than going one instrument at a time, and therefore, the process was quicker. As the singer, I got to be in a room by myself with great acoustics. It was a ton of fun to communicate simply through mics and headsets with everyone.

It took us two days to get eight songs recorded with the main work done that first day and backup vocals and additional instrumental recordings the second day. It has been a month since we began this journey and it has been really cool to see the songs slowly get polished and sound ready for the radio. Once the songs are ready, we plan to release them on different music platforms like Spotify, Apple Music and YouTube. One thing I really like about our music is that it's a mix of rock and alternative music, which is a pretty good representation of what the band likes to listen to.

The album is called "Freedom Lines," after the last song we decided to add to the album and made pretty much out of nowhere. It's a rad song because it mixes two separate lyrical pieces into one melody and flow. There's even a part where both choruses are sung at the same time and the sounds flow through different sides of the speakers or headphones. Other songs on the album include "The City," which is one of the first songs the band ever composed and has since had many changes done to it, "Guardian Angel," a song our bass guitarist, Andy, wrote for his mom, "For the Night," a song made while goofing around one day at practice, "Missin' You," which was the band's first original song,

"Carousel," a song that talks about familial hardships, "Synchronicity," which starts off with the sound effect of a radio changing frequencies and "Fly," which features me playing the ukulele.

Each song has a relatable element to it and they're all definitely jammable. I can't wait for them to be out and get to hear what other people think. Although the album is not yet finished, we're hoping to have it ready for release before the year ends. As for the album cover art, we're very happy to say we will be working with Nicole Otaola, an animation student studying at the School of Visual Arts in New York City with a beautifully crafted style.

Given this is our first album, we hope that audiences like it and it opens doors for everyone involved in the project. The band and I began in 2012 playing free shows and rehearsing in a living room. Now, we're playing all around South Florida and about to release our own music. I'm proud of how far we've come and look forward to the rest of this musical journey.



# Career Corner



# Earn where you learn; the benefits of on-campus employment

By: Michael Rutkowki Contributing Writer



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Michael Rutkowski is one of the many career advisors available for consultation with the Office of Career Development.

Michael works as a Career Advisor at NSU's Office of Career Development. He studied interpersonal communication and sociology as an undergraduate student and is currently in the College Student Affairs M.S. program here

at NSU. He has a background in training and development of student staff at universities and is passionate about creating transformational out-of-the-classroom learning opportunities for students. Michael is originally from Wisconsin and loves traveling, cooking and doing things outdoors.

Consistently, 70-80% of college students work full or part-time. Being employed while studying brings the benefit of an income and the competitive edge of practical work experience but can also be stressful to manage with a rigorous course load. Because of the expectation of college students to have work experience upon graduation, remaining unemployed during undergraduate years is not pragmatic. Tuition, books and living expenses also add financial pressure on students, often making work necessary. One way to mitigate the stressors caused by being an employed student is to seek out an on-campus job. On-campus employers are looking for students like you, and the benefits of earning where you learn are numerous. Here are five of the top reasons you should earn where

# Gain career experience

Gaining work experience before you

graduate is crucial. An on-campus job can help you learn the skills future employers are looking for. Being employed on campus will teach you time management, communication, professionalism and work ethic. You will also build relationships with supervisors who can then serve as references, vouching for your skills when the time comes for an internship or full-time job.

# Build connections on campus

Working on campus will bring you closer to the people and programs in your campus community. The faculty, staff and students you will meet help keep you informed and connected to the pulse of campus. In addition, you will have direct access to staff who know about various resources available to students. Working on campus comes with the perk of a network of helpful university staff who are always willing to support you.

# Flexibility with your student schedule

When on-campus employers hire students, they understand your busy schedule. They will make sure your academics have priority and will always be accommodating of class schedules. Many campus jobs also give their student staff

time off for Thanksgiving, winter break, spring break and summer.

# No commute

What better commute than a short walk down a campus sidewalk? Of course, on-campus jobs are great for students who do not have a car, but residential students who have cars and even commuter students can benefit from earning and learning in the same place. Working on campus saves you time, vehicle expenses and commute frustrations compared to jobs off campus.

# Make friends

Working on campus exposes you to people you might not otherwise spend time with. They help you create friendships with other students beyond your major, residence hall floor or clubs you may be a part of. You will be introduced to diverse ideas, viewpoints, hobbies and form lasting friendships.

If you think an on-campus job could benefit you, click on the green JobX tile on your Sharklink homepage to see available opportunities.

Visit **sutv.nova.edu** for access to shows and movies **before** they hit Netflix or Redbox!







# The what, the why and how of minors

By: Christina McLaughlin Co-Editor-in-Chief

At NSU, most students are enthusiastic about their area of study in their respective majors. Minors, however, are an option that some students haven't explored. According to the Merriam-Webster Dictionary, minors are "of or relating to an academic subject requiring fewer courses than a major," but it can be argued that minors are more than just a subject with fewer courses. According to Alkin Cadet, an academic advisor at NSU, minors can be a way for students to explore their interests and passions related or unrelated to their degree.

According to the 2020 undergraduate student catalog, NSU offers 76 minor fields of study to its students, which can be combined in a variety of ways with their current degree program. Most of the minors require 15-18 credits to complete, meaning minors generally average five to six courses in a specific subject area. It is generally misunderstood that a student's minor(s) are displayed along with their major on their diploma when they graduate; however, that is not the case.

"A minor gives your open electives (if you have room for open elective courses) a focus. If you don't have open elective room, then minors provide another subject area to your learning experience. They are not displayed on your degree when you graduate, but they are

displayed on your transcripts which you receive when you graduate NSU and move on to other pursuits," said Cadet.

Speaking of open electives, it's important to note that minors are not for every student. Taking a minor or adding one or more to a degree plan is something that should be discussed personally between the student and their assigned academic advisor. Some students come in with transfer credits, meaning they can graduate with just taking core classes for their major, while others will need to take open elective courses to fulfill the 120 credit requirement to graduate from NSU. Open electives provide students the opportunity to explore various academic pursuits across a spectrum of fields. Students are welcome to take courses for fun or even pick random academic pursuits that interests them to fulfill these requirements. But for students who are strategic or goal-focused, it might be best for them to centralize their interests into a minor that can double as an academic exploration and an achievable short-term goal for a new area of expertise.

This can impact a student's future by centralizing their specific career path, helping them dive into a lifelong passion and helping them find a newfound appreciation for it.

As college students enter the workforce,

they hear the term "well-rounded applicant" being thrown around, which is supposed to encourage a diverse set of skills in the workplace and the opportunity for new ideas in all professional settings. Minors are one way that students earn the designation of a "well-rounded" individual. As Cadet explained, an art major with aspirations to own an art gallery may try to minor in business or arts administration. An international studies student with aspirations of impacting world relations might benefit from second language minors or legal-based minors and so on. Exploring these complementary avenues to your major, or even seemingly unrelated avenues, might lead to a future opportunity.

"At the end of the day, you are taking these [classes] and have that knowledge and familiarity with the subject matter you are honing in on. It's okay to explore while you here at NSU, especially in your undergraduate years. This is the time to figure out what you want to do in your life and your career. If you have a small interest, take a course or add a minor. This is one of the only times in your life you will have the opportunity to explore, take advantage of it,"

For students interested in adding a minor to their degree, reach out to your assigned

academic advisor and career development advisors to explore possible paths to reaching your goals. Students are also encouraged to explore the undergraduate majors and minors page on NSU's website or the undergraduate academic catalog to explore different interests and see if a minor may be the right fit for them.

Thinking of adding a minor?

Ask yourself...

What are you passionate about?

What does your schedule look like?

Does it truly interest you?

Could it potentially supplement

your major?

# National Go On A Field Trip Month - explore South Florida

By: Madelyn Rinka Co-Editor-in-Chief

Ever miss the excitement of getting a day off of school to hang out with your friends and explore someplace new? Field trips are one of the highlights of elementary through highschool, but they don't have to stop once you get to college. In honor of national go on a field trip month, visit some of these local treasures for a quick adventure.

#### Flamingo Gardens Botanical Garden and Everglades Wildlife Sanctuary

Price: \$19.95 for adults, with a 20% off discount with a college student ID 3750 S. Flamingo Rd,
Davie, FL 33330
Hours: 9:30 a.m. - 5:00 p.m.,
Monday-Sunday

Flamingo Gardens is the perfect retreat for nature and wildlife lovers. Their gardens feature over 3,000 species of plants and hosts the largest collection of native wildlife, according to their website. While visiting, check out some of their "Champion" trees (the largest tree of that species), the butterfly garden, the Everglades Wildlife Sanctuary and the Historic Wray Home

# NSU Art Museum

Price: free for NSU students with ID
One East Las Olas Boulevard,
Fort Lauderdale, FL 33301
Hours: 12 - 5 p.m., Sunday; 11 a.m. - 5
p.m., Tuesday-Saturday, 11 a.m. - 8 p.m.,
1st Thursday of every month.
Closed on Mondays.

The NSU Art Museum was founded in 1958, but joined with the university in 2008. It is also now free to NSU students and hosts more than 6,000 pieces in their permanent collection. Special exhibits are also featured and can be found on their website. If you're in the mood for a quiet, contemplative atmosphere, this is the field trip to take.

# Tree Tops Park

Price: \$1.50 per person on weekends and holidays 3900 SW 100th Ave, Davie, FL 33328 Hours: 8 a.m. - 7:30 p.m., Monday-Sunday

Take a trip right down the road and visit Tree Tops Park. Just a little over a ten minute drive, this park will make you feel like you're deep in nature. With nature trails for hiking, a freshwater marsh for wildlife viewing, a lookout tower and plenty of areas to picnic, spending your day at Tree Tops with some friends — or alone — is a great way to get reconnected with nature

# Wynwood Walls

Price: Free to walk around the streets, although parking may be paid. Some individual businesses may have associated fees. 2520 NW 2nd Ave, Miami, FL 33127

While this location is a bit more of a trek, it can be an all-day excursion if you choose. The Wynwood Walls aren't a specific location but more of an area within the Wynwood District in Miami where the streets are lined with colorful murals (perfect for taking pictures), small art galleries, cafes, restaurants and more. Take a trip down to Wynwood if you love art, exploring Miami, and taking in some of the local culture.

# Email etiquette: the do's and don'ts of sending professional emails

By: Emma Heineman Features Editor

Despite the popularity of texting and social media, email remains the primary mode of communication within the professional setting. Incidentally, it is also one of the most misunderstood and misused. While it may be difficult to switch from having casual conversations over text to writing professional emails, the importance of portraying yourself well over email holds significant importance in the age of technology. But whether you are wondering how to start an email or are questioning whether or not it's appropriate to add a smiley face emoji to an email, here are a few tips to help make sure you are always putting your best face forward:

# Write a meaningful headline

I have heard professors complain time and time again, about the unprofessional emails they

receive from students and the unprofessional image students paint for themselves by neglecting the few basic principles of appropriate online discourse. One of the main mistakes students make is putting vague meaningless email headlines. It's important to remember that professors, employers and other people you may be conversing with over email are busy people too and likely have inboxes overflowing with messages, so receiving emails with vague headlines makes it difficult to remember and respond to emails effectively. By writing a clear, concise headline, your recipient knows the content and nature of your email before they open it, making it easier for them to identify and subsequently respond to your inquiry.

# Be succinct

Another tip for writing professional emails

is to make sure you keep the body of the email clear and organized. Rather than rambling on before going to the purpose of your email, start off clear so the recipient doesn't have to scour through the text to find out how to respond. If you are emailing about missing a class, for example, tell them that you are missing class first before giving an explanation or elaborating on the situation.

# Read your audience

One of the most important things to keep in mind is your audience. The tone, style and structure of your email may vary depending on who it is intended for. While displaying yourself in a positive, respectful light is always important, there are levels of professionalism that can be used for different situations. If you don't trust using your own discretion to decide

how professional an email needs to be, make sure to run it by a coworker or friend who can help you decide.

# Proofread

This one speaks for itself, but sadly, it is most often overlooked. Using a word processor to make sure your grammar, punctuation and word use is correct should always be a first step, but there are often mistakes that word processors don't catch. A fail-safe way to ensure your email reads the way you want it to is by reading it out loud before sending it. Reading your email aloud before sending helps you catch mistakes that make it seem like you didn't put much time or thought into your email. You always want to ensure that the recipient of your email feels like they were worth the time and effort it takes to write a well constructed email.

# SOUNDBITE (MAINE 1922)

"NINE" by blink-182

By: Kathleen Crapson Chief of Visual Design

For many, blink-182 (affectionately known as "blink") brings up images of green iPod nanos and album covers with Britney Spearsesque models (I'm looking at you, Enema of the State) as well as the first exposure to 2000's era pop punk music.

For millennials like me, the release of the newest album from blink brought along a sense of nostalgia. The album cover for "NINE," decked out with a neon rainbow background and matching neon lights, embraces the range of emotional diversity of the album. Rest assured, the teenage angst found in favorites like "All the

Small Things" and "What's My Age Again?" are still tangible throughout "NINE."

In chronological order, blink carries listeners through lighter vibes found in "The First Time" and "Happy Days," and then through "Heaven" and "Darkside," listeners are converted to blink's darkside. "Blame It On My Youth" and "Generational Divide" are examples of Mark Hoppus and Matt Skiba shrugging their shoulders when you weren't convinced to join their darkside.

Ironically, the album really shines in the last nine songs. These songs are the other side

of the bridge with darker topics like love, loss, abandonment, tragedy and self-identity.

"No Heart To Speak Of" is a percussion remedy to every heartache you've ever felt. I recommend having this one on repeat when you feel particularly upset. Songs 13-15 on the album are my favorite trio. Check out song No.13 on the tracklist for my own personal favorite and for everything you want in a song. The moody melody that Hoppus sings carries listeners through time spent with a lost love: "Thinking back to times in Manhattan / And that SoHo gallery / Saw the sights and your favorite

paintings / You were as priceless as can be."

The album ends with "Remember to Forget Me," the most somber of all the songs. It touches on parental abandonment and how that sometimes is carried over into our darkest fears in other relationships. "We both made a left, it don't make it right / I'm trying to forget, but remember the times," sings Skiba in "Remember to Forget Me." I promise you, this album is not worth forgetting.

# OFF SHORE CALENDAR

The Black Dahlia Murder
Oct. 8 | 6 p.m.
@Revolution Live | Ft. Lauderdale, FL

Luminosa! Festival of Lights Oct. 9 | 5-11:59 p.m. @Jungle Island | Miami, FL

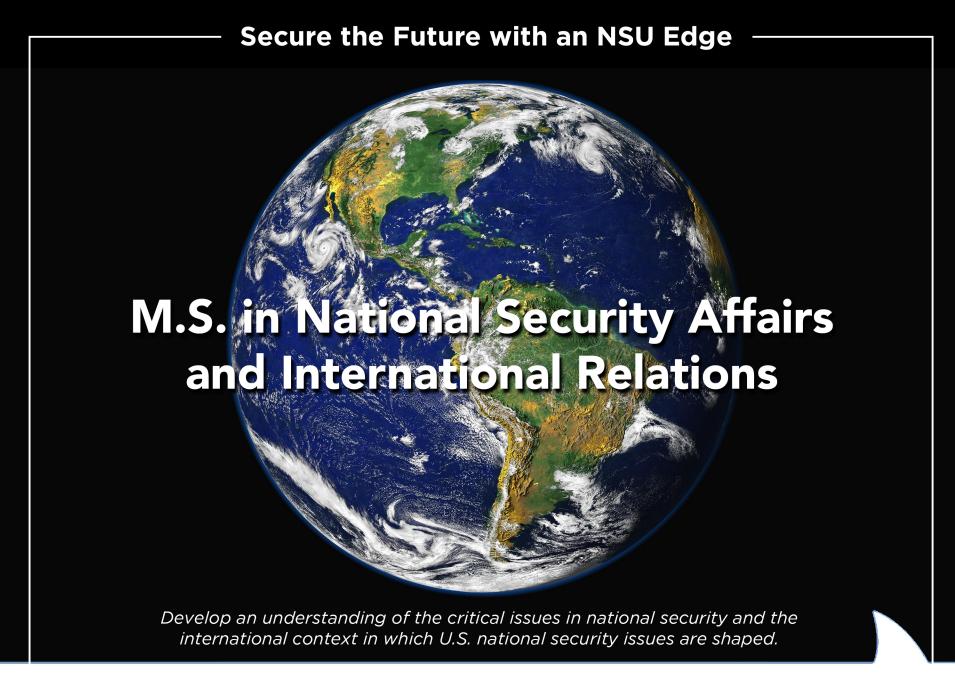
Food In Motion: Street Food & Shopping Under the Stars! Oct. 11 | 5-11 p.m. @Peter Feldman Park | Ft. Lauderdale, FL Riverwalk Ft. Lauderdale Lobsterfest Oct. 11 | 6 p.m.

@The River House | Ft. Lauderdale,

2nd Annual Coconut Creek Craft
Festival
Oct. 12 | 10 a.m.-5 p.m.
@4443 Lyons Rd | Coconut Creek, FL

Historic LGBTQ+ festival HIALEAH PRIDE Oct. 13 | 1-9 p.m. @Hialeah Park Racing & Casino |
Hialeah, FL
Miami Dolphins vs. Washington Redskins,
Oct. 13 | 1-4 p.m.
@Hard Rock Stadium | Miami Gardens, FL

Bahamas Relief Volleyball
Tournament
Oct. 13 | 9 a.m.-10:30 p.m.
@Samuel M. & Helene Soref Jewish
Community Center | Plantation, FL













# Halloween Horror Nights: The '80s are back

By: Rick Esner News Editor

Halloween Horror Nights is a seasonal event hosted by Universal Studios that, at night, transforms the park into a haunted nightmare. The transformation includes haunted houses, entertainment, attractions, and "Scare Zones" that runs from Sep. 2 to Nov. 2. It occurs at the Universal theme parks located in California, Singapore, Japan and Florida, and this year, Florida's theme is '80s horror, with one of the main focal points of the ten haunted houses being Netflix's series' "Stranger Things."

While "Stranger Things" initially premiered in 2016, the show centers around a group of kids in a small town during the '80s who investigate and prevent some strange happenings occurring

in their town. The show has grown in popularity and in late September was renewed for a fourth season. Other leading haunted houses following the '80s theme include classic "Ghostbusters" and the more obscure cult-following film "Killer Klowns from Outer Space."

Deviating from the major theme, Halloween Horror Nights is also featuring haunted houses based on the 2019 film "US" by director Jordan Peele as well as Rob Zombies' "House of 1000 Corpses." There are also houses based on Universal's monsters from classical horror stories such as Dracula, The Wolfman and Frankenstein. To round it off, there are generic haunted houses with no licensed themes,

such as "Graveyard Games" and "Yeti: Terror of the Yukon."

"Scare Zones" are specific areas within the park that follow themes in which employees are dressed according to the theme with the intent to scare patrons walking around the park. Some of the "Scare Zones" themes include Rob Zombies' "Hellbilly Deluxe" and "Vikings Undead." In tune with this years overarching theme, there is a "Scare Zone" revolving around an '80s themed arcade. However, most anticipated is likely the "Scare Zone" focusing on the movie "Zombieland: Double Tap," which releases on Oct. 18

And of course, there will be special

spooky dining options, such as food from the Starcourt Mall and "Run" donuts from "Stranger Things," as well as ghost trap popcorn from "Ghostbusters."

To jump in on the '80s action, Halloween Horror Nights is offering online both Single-Night tickets starting at \$67.99, plus tax, as well as Multi-Night tickets starting at \$119.99, plus tax. The prices do, however, increase on weekends and select dates closer to Halloween and are also available for purchase at the gate. Each night event has the chance to sell out, so if you're interested in all the spooky fun, get your tickets quick.

# DIY Halloween decor on a budget

By: Ashley Diaz Contributing Writer

It's Halloween season, so here are a few fun ways to make your home look scary. They are easy and work on a budget. Have fun with them alone or with friends.

# Handmade floating candles

If you want a cheap and easy way to decorate your house for Halloween just make floating candles. These candles are based off the levitating candles that fill the grand ceiling of Hogwarts from the "Harry Potter" series.

# Supplies

Empty toilet paper or paper towel rolls Hot glue gun White paint Fishing line Needles or push pin Small battery powered tealights Scissors

# Instructions

1. Get an empty toilet paper roll and use your glue gun to create drips from the top down to look like candle wax.

Thumbtacks

2. Once the glue dries, paint the whole tube

with white acrylic paint to create the illusion of a waxed candle.

- 3. When the paint dries, insert your fishing line into the needle. Get the tube and make four holes from a quarter or a half inch at the top. The holes you create at the top of the tube should be made on either side.
- 4. Use the fishing line to hang the candle and hold the tealight.

If you want the candles to look like they're straight from the "Harry Potter" movies, hang the candles at different lengths. It's easy and so much fun to do.

# Melted crayon pumpkins

This DIY idea is not at all scary, but it is colorful and beautiful, and if you do want it to be scarier, only use red crayons.

# Supplies

Large white pumpkin (real or fake) Glue

Crayons

Table cloth or newspaper as surface cover

# Instructions

1. Take off the paper labels of the crayons

before placing and melting them onto the pumpkin.

- 2. Break the crayon in half.
- 3. Set up the surface cover to be able to melt the crayons without making a mess on your kitchen table.
- 4. Glue the crayons around the stem of the pumpkin.
- 5. Once the glue has dried and the crayons have been placed, get the hairdryer and apply heat to the crayons on the highest setting. It will take one to 30 minutes to melt each crayon.
  - 6. Wait for the melted crayons to dry.

# **Eyeball flowers**

Want your house to look nice but also creepy at the same time? Then you should make an eyeball flower bouquet. To make this weird creation, you follow the instructions below.

# Supplies

Plastic eyeballs

Wiggly eyes

Artificial flowers (Any kind of fake flower will work, but for a creepy aesthetic, use dark red roses.)

A vase

Small rocks or glass marbles

# Instructions

Hot glue gun your flowers and select your eyeballs.

Place a dab of hot glue in the middle of the flower, and then put the eye into the flower before the glue dries.

Once you have made enough eyeball flowers, grab your vase and fill it with small rocks or marbles to hold down your creepy bouquet.

Go to

# nsucurrent.nova.edu

for more online exclusive Halloween articles!

# Get your spook on with music

By: Flor Ana Mireles
Copy Editor

We've all listened to classic songs like "Monster Mash," to put us in the Halloween or spooky spirit. We've also heard songs that, although not outrightly Halloween-ish, can help spread those kooky, fun-spirited vibes. Here are two playlists for both moods! Like the playlist name suggests, "This is Halloween" is a Halloween playlist consisting of classic Halloween music as well as soundtracks from spooky movies and shows like "Stranger Things" and "The Nightmare Before Christmas." On the other hand, "give me the spooks" is the perfect playlist for getting into the Halloween spirit with songs that you might

already love from artists like Stevie Wonder, The Rolling Stones, ACDC and Michael Jackson.

# This is Halloween Playlist

"This is Halloween" - The Citizens of Halloween

"Monster Mash" - Bobby "Boris" Pickett

"Stranger Things" - Kyle Dixon & Michael Stein "Time Warp" - Little Neil, Patricia

Quinn "Grim, Grinning Ghosts" - Ghosts "999 Happy Haunts" - The Happy

# Haunts

"Goosebumps Theme" - Cinematixx

"Halloween Theme" - John

Carpenter

"I Put A Spell on You" - Screamin'

Jay Hawkins

# give me the spooks Playlist

"Thriller" - Michael Jackson
"Werewolves of London" - Warren
Zevon
"(Don't Fear) The Reaper" - Blue
Oyster Cult

"Season of the Witch" - Donovan "Witchy Woman" - Eagles "People Are Strange" - The Doors

"Black Magic Woman" - Santana
"Superstition" - Stevie Wonder
"Highway to Hell" - ACDC
"Children of the Grave" - Black

Sabbath
"Sweet Dreams (Are Made Of This)"
- Marilyn Manson

"Runnin' with the Devil" - Van Halen
"Voodoo" - Godsmack



# ATHLETE OF THE WEEK: **Brittany Landrum**



By: Cameron Pritchett Sports Editor



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Brittany Landrum is a freshman from Saint Cloud, FL. In addition to playing volleyball at NSU, she is majoring in psychology and minoring in criminology. In their game this past weekend, Brittany had 8 kills and 5 blocks, guiding the Sharks to their first conference win.

#### At what age did you start playing volleyball, and what got you started in the sport?

So, I started playing around 11 years old. My mom has experience playing, and she got me

#### Can you talk to the role that the coaching staff plays in the teams success?

Just overall feedback from the coach, whether it be positive or negative, helps the player know if they are doing something right, or if they need to fix something during the game. That's honestly how I learned to play the game.

#### In terms of preparation for a game, how do you prepare mentally?

Definitely jamming out with my team in the locker room before a game.

#### How do you prepare for a week you know is going to be busy with both athletics and academics?

I always write everything down in an agenda and on my calendar in my room. This helps me to make sure I'm fully prepared for the week.

#### What are your expectations for the season?

I personally just want to grow as an athlete

mentally. I think that our team overall needs to focus on getting right into a game. Our sense of urgency needs to get better, but when we take care of that, the talent is definitely there to dominate a lot of these teams.

#### How do you handle mistakes that you've made?

I always tell myself "one and done." Once that mistake is done, you can't go back; you can't fix it. You just have to make the next opportunity better. In fact, I usually tell my setter to set me

#### Who is your biggest inspiration?

My mom, definitely. She inspires me to be a better person, and she knows volleyball really well, and after a game, she's the first person that will be straight up with me and tell me if I had a good game or not and what to improve on. I respect her advice regardless of how I feel about

#### What do you do when you're not training or studying?

Most of our team likes to go to the beach; it's kind of like a relaxation time for us outside of volleyball.



# THIS WEEK IN SPORTS HISTORY



By: Laurel Gallaudet Contributing Writer

#### October 8, 1983 First NHL overtime game occurs between the Washington Capitals and the New York Islanders.

The first overtime in a regular-season game in the NHL made history as the New York Islanders beat the Washington Capitals 8-7. Because of war-time restrictions, overtime which was previously a 10 minute period— had been suspended until the 1983-84 season, where it was shortened to five minutes. It was changed so that whoever scored first in those five minutes won, and if no one scored, the game ended in a tie.

> October 9, 1989 Art Shell leads Los Angeles

# Raiders to a win in the first modern NFL game to be coached by a black

Art Shell became the first African-American man to be head coach of an NFL team because Al Davis, the owner of the LA Raiders, called him and asked Shell if he wanted to be head coach. Formerly a player, Shell eventually led the Raiders to the first game ever coached by an African-American coach, which resulted in the Raiders winning against the New York Jets

#### October 10, 1964 XVIII Summer Olympic Games are held in Tokyo, Japan

A turning point for Japan after WWII, the

1964 Summer Olympics open in Tokyo with the commencement ceremony. Oct. 10 is now "National Health and Sports Day" in Japan to honor the 1964 Olympics. Japan won 16 gold medals overall and ended respectively in third behind the Soviet Union and the United States.

# October 12, 1968

#### XIX Summer Olympics are held in Mexico City, as Norma Enriqueta Basilia Sotelo is first woman to light the Olympic flame

Norma Enriqueta Basilia Sotelo, also known as simply Enriqueta Sotelo, a Mexican track runner, made history when she became the first woman to take the torch and light the official Olympic flame at the Opening Ceremony, Her

performance earned her fame, opening up more paths for women across the world.

# October 13, 1964

#### U.S. wins the 200m backstroke at the XVIII Summer Olympics, winning gold, silver, and bronze, as Jed Graef wins world record

During the 1964 Tokyo Olympics swimming competition, the United States swept in the 200-meter backstroke with Jed Graef, Gary Dilley, and Bob Bennet taking the gold, silver, and bronze medals. Also claiming the world record at the time, Graef swam a 2:10.3, which then stood for three more years.

# **OUT OF THE SHARKZONE**

#### Labor union calls for inspections at Olympic venues

Last Thursday, the general secretary of the Building and Wood Workers' International, Ambet Yuson requested that the Tokyo organizing committee, the Japan Sport Council and the Tokyo Metropolitan Government agree to third party inspections of all Olympic construction sites. According to the Associated Press, "Many sports governing bodies have signed onto the UN Guiding Principles on Business and Human Rights, which spell out practices for businesses and government. They

include soccer governing bodies FIFA and UEFA, the Commonwealth Games Federation, the International Paralympic Committee and Qatar's 2022 World Cup." However, this excludes the Tokyo Olympics and the 2020 Beijing Winter Olympics.

# Crotch cameras reduced after

Track athletes were previously filmed from their starting blocks with what are called "crotch cameras." According to the Associated Press, "An official complaint came from the

German track and field federation. It led to the Korea Professional Golfer's Association after cameras has been reduced.

#### Korean golfer suspended for 3 years

Last Tuesday, Bio Kim was suspended from noise from an onlooker's cell phone. playing professionally for three years by the

competition organizers rolling back the use of making a rude gesture on camera. According to the cameras that were introduced in Doha as the Associated Press, "It was not immediately part of a technology push to attract new viewers. clear whether Kim would be eligible to play They've also introduced pre-race dimming other tours around the world, including the PGA of the lights and graphics being projected on Tour-sanctioned circuits in China, Canada and the track." After backlash, the usage of these Latin America, while serving his three-year Korea PGA suspension. The PGA Tour said he would not be eligible pending its own review to determine whether to restrict Kim's access to its tournaments." The gesture was because of a

# On The Bench:

# "Fair Pay to Play": A game changer

By: Cameron Pritchett **Sports Editor** 

In a somewhat controversial bid, California Governor, Gavin Newsom, signed into law the Fair Pay to Play Act on Sep. 30, allowing student athletes in the state to be compensated for use of their name and likeness in marketing materials. Seated alongside Newsom were social activist and NBA All-Pro LeBron James and Ed O'Bannon, the former No.9 pick in the 1995 NBA draft. O'Bannon and James have been advocates of college athletes being compensated for the billions of dollars they bring into the NCAA for quite some time now. Back in 2009, O'Bannon filed a lawsuit against the NCAA for a similar purpose, but it was ultimately denied by the Supreme Court. James has also spoken out on the topic. In 2018, he went as far as to create the documentary, "Student Athlete," which helped raise awareness of the hidden struggles many student athletes face every day in their collegiate careers. In the documentary, James notes, "If you're a reasonable person, it's insane to build a \$150 million recruiting facility, pay your head coach \$10 million, the rest of your staff \$20 million cumulative, but then say there's not enough money to help the players." He recently took to Twitter ith his 43.7 million

following to praise Newsom for making the law official. The official signing was broadcast on James' HBO show "The Shop" and took place in a unique setting: a Los Angeles barbershop.

To clarify, the act does not require schools to pay students; however, it does address how businesses are able to use the athletes for promotion purposes. This opens up the opportunity for athletes who do not continue onto the pro level to make money from their sport in college. Athletes are now able to hire agents to represent them in legal and business matters, including endorsements. Allowing student athletes endorsements was one of the most heavily restricted rules in the NCAA; many companies and athletes alike have gotten in trouble for even discussing potential endorsements deals for athletes attempting to "go pro" after college. Student athletes will now be permitted to endorse companies and products, which opens up a whole new realm of profit besides scholarships they receive from their respective school. The NCAA -- which brings in over one billion dollars in revenue on average each year -- is against the act. They argue that it can bring "chaos to college sports" and that

"[NCAA athletes profiting] is unattainable of providing a fair and level playing field." Sports economist Andy Schwarz argues otherwise stating, "The belief that talent is fairly evenly distributed across the country is blatantly false." The NCAA has made it apparent that they will not go down without a fight. The bottom line is top universities have made billions of dollars in revenue from their athletes' image, likeness and name; to say that the individuals who create this revenue are not allowed to touch a single cent of it is absurd. In addition, it is not direct compensation from the school; rather, it is compensation for companies being allowed to market and advertise the players. The fact that major corporations can use these athletes for their promotions such as TV commercials or merchandise without paying them is simply unfair, and some professional athletes such as Draymond Green of the Golden State Warriors have been quoted as calling it a "rip-off." It calls into question the ethics of the NCAA and could potentially harm their image if they continue to fight this law. Going into effect in 2023, the Fair Pay to Play act is a turning point in what could be a major revolution in the sports world.

# ON DECK



#### **MEN'S SOCCER**

@ Palm Beach Atlantic Oct. 09 | 7 p.m. West Palm Beach, FL.

@ Tampa Oct. 12 | 6 p.m. Tampa, FL.

#### **WOMEN'S SOCCER**

v.s. Palm Beach Atlantic Oct. 09 | 7 p.m. **NSU Soccer Complex** 

v.s. Tampa Camper Appreciation Night Oct. 12 | 7 p.m. **NSU Soccer Complex** 

#### **MEN'S SWIM**

Shark Invite Oct. 11 | 5:00 p.m. NSU Aquatic Center



Shark Invite Oct. 12 | 8:30 a.m. **NSU Aquatic Center** 

#### **WOMEN'S SWIM**

Shark Invite Oct. 11 | 5:00 p.m. **NSU Aquatic Center** 

Shark Invite Oct. 12 | 8:30 a.m. **NSU Aquatic Center** 

# **MEN'S GOLF**

Shark Invitational @ PGA National Golf Club Oct. 08 | all day Palm Beach Gardens, FL. v.s. Copperhead Oct. 14 | all day Palm Harbor, FL.

# **WOMEN'S GOLF**

Shark Invitational @ PGA National Golf Club Oct. 08 | all day Palm Beach Gardens, FL.

v.s. Jupiter @ Jonathan's Landing Golf Oct. 14 | all day Jupiter, FL.

# **WOMEN'S VOLLEYBALL**

@ Eckerd Oct. 11 | 7:00 p.m. St. Petersburg, FL.

@ Florida Southern Oct. 12 | 4:00 p.m. Lakeland, FL.



# WOMEN'S ROWING

Head of the Indian Creek Oct. 12 | TBA Miami Beach, FL.

# **MEN'S CROSS COUNTRY**

FSU Invitational Oct. 11 | 7:40 a.m. Tallahassee, FL

# **WOMEN'S CROSS COUNTRY**

FSU Invitational Oct. 11 | 8:20 a.m. Tallahassee. FL



# SPORTS SHORTS





# Women's Tennis

NSU Women's Tennis got off to a strong start to their season on Sep. 27, going 7-2 at ITA South Regional. Sophomore Natalie Espinal started her season off hot, with a 6-0, 6-1 singles victory over Aneta Golawska of Mississippi College in the first round, which she followed up with a 6-0 retirement in the second round. Doubles had another great effort, with the duo of Espinal and senior Sarah Wardenburg taking an 8-1 win.

# **Men's Cross Country**

Men's Cross Country team posted a fourth overall finish out of nine qualifying teams in their meet on Sept. 27. Freshman Trey May continued to improve his time from his last race, posting a 27:45.7 in the 8K, placing him fifth overall in his respective category. Freshman Inigo Cillero placed 15th, followed by senior Joel Lacy in 16th place. On Oct. 11, Sharks will travel north to Tallahassee for the FSU Invitational.

# Men's Swim

Men's Swim team hosted the University of Florida and Indian State College in a trimeet on Sep. 27, coming in second out of the three teams. In the 100 breaststroke, sophomore Alessandro Xella finished in third with a time of 58.32, while junior Matteo Masiero took second in the 100 butterfly. The Sharks will host their 10th Annual Shark Invitational on Oct. 11-12 at the NSU aquatic

# **Men's Soccer**

On Sept. 28, Men's Soccer lost in overtime to Florida Southern, 2-1. After going down 1-0 early in the first half, the Sharks came back in the 29th minute to tie it up 1-1. In overtime, Florida Southern was

able to score the golden goal in the 94th minute to take the win. Our Sharks look to improve on the road next Tues., Oct. 1 when they take on Flagler College.

# Women's Golf

In their season opener at the BUBBA Burger Jacksonville Classic, Women's Golf continued to improve on their success last season, placing first out of 13 teams in the tournament. Head coach Heather Walls guided her team to a record score (+11) of 299, which was an impressive 8 shots over the second place score (+16). The Sharks were just one of four non-Division I teams in the tournament and are now the only team currently with three players in the Top 10 of the leaderboard. They look to continue their early season success when the final round continues on Oct. 1.

# **Now Hiring!!** Mitch's Westside Bagels

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# Do you remember when they did surgery on a grape?

By: Alexander Martinie Opinions Editor They did surgery on a grape. They did surgery on a grape. Ah, memes. So loved, yet so short lived. They give us great joy before fading away into the forgotten, deepest depths of our minds. But, why don't we keep these great jokes going? I still remember one of the first memes: "badger badger badger." Even today, well over a decade after the birth of that meme, I still find myself mumbling the words to that hilarious video. Other than a few constant memes, others just fall off the radar, never to be heard from again. Just like Kevin

Ionas

It happens so often that we keep a good joke going for just a few days before it dies off. But nowadays, these jokes could be kept going for months, if not years. A good meme should be able to withstand the test of time. There are just some memes that if you were to see today, you would still find them hilarious. If only people would just remember these memes and not have the attention span of a goldfish, these memes would stand the test of

# When gardening goes wrong

By: Madelyn Rinka Co-Editor-in-Chief

Raising plants can be an educational hobby or an entertaining pastime, but what many people don't realize is that this seemingly innocent activity can potentially damage surrounding natural habitat.

According to the National Wildlife Federation, an invasive species can be any non-native living organism that does damage to another ecosystem. These species can take advantage of the ecosystem wherein they may not have natural predators, making it easier to reproduce quickly and take over native plants' habitats, damaging biodiversity in the process. Invasive plants don't even have to be from some tropical region overseas — they can originate from just a few states over, or you can buy them at your local gardening store.

Unfortunately, many landscaping and gardening retailers focus too much on beauty

over functionality. For example, the Brazilian pepper was introduced to Florida for ornamental purposes, and with brilliant red berries and white and yellow flowers, it's not hard to understand why. The South American plant may be visually appealing, but it can wreak havoc on the environment, depriving other plants of sunlight and even causing skin irritation in humans. The Brazilian pepper isn't alone either. Mother-inlaw's tongue or snake plant, air potato or oyster plants are just a few of Florida's invasive plants that can outcompete native species and damage their ecosystems — that you can buy in stores or order online. Now, there's nothing wrong with keeping plants or landscaping your yard, but it's imperative to be an educated consumer.

When looking for a plant in stores or online, do some research before you buy. Sometimes employees don't always know every detail about every plant in their store. Cross check information given to you in stores by looking up the plant online, especially if you're unsure about the species. Just because it's sold in stores doesn't mean it's safe. Therefore, using reputable resources (educational or research papers, government websites, local public libraries to name a few) can give you the knowledge needed to keep your home environmentally friendly. Additionally, try supporting local, native nurseries or drawing inspiration from natural areas and gardens (like the Nature Club's garden on campus).

While wanting your home to be filled with beautiful plants isn't inherently bad, picking aesthetically-pleasing plant species that can damage our natural ecosystems is. Even if you think these invasive plants will be well-contained within your land, birds, wind, bugs

and more can transport seeds across property lines and into protected native areas. To sum it up, it's just safer not to keep them.

Instead, grow native plants that are pleasing to the eye, but support the local biodiversity. Coontie cycads and native milkweed species (there are species of milkweed that are not native to the area, like tropical milkweed) are just two plants that are both attractive and beneficial to native butterfly species — just make sure they're compatible with your location.

Research the habitat you reside in. Be an educated consumer. Look into native plants. Help support ecosystems, not destroy them. You have the resources to help the environment — use them.

# Stop leaving students in the dark

By: Christina McLaughlin Co-Editor-in-Chief

As a junior at NSU, I'm aware that NSU has been trying to grow as a university well before my introduction to it's programs. I support NSU's continued mission of growing and adding on more programs and new academic experiences, but I do not support students being left in the dark about changes and adjustments to their programs.

Our core mission as NSU students, other than to be engaged in the community during our stay here is to, well, graduate, which I feel is made exponentially harder when there are changes to your program that you need to abide by that you have no clue about. There is never a notification, an email, a smoke signal, nothing.

Luckily, throughout my years and the changes I've experienced in my own program, I usually have my ear low enough to the ground to pick up on the gossip and confirm the rumors with my academic advisor. However, what if I wasn't so studious or involved? How would I possibly know about these changes unless I'm

sitting in a meeting or speaking with someone who is aware of those changes? The answer is I wouldn't, and honestly, I feel that's why some students have to extend their planned four years. They find out too little too late about changes in their majors and minors.

Now, this isn't just from the "higher ups" who work in our program, but some of our professors are in the dark too. Take one class I found out was cut from our core curriculum; I was told this through a stroke of luck with my professor in a meeting during his office hours, and when I mentioned this to another professor in the same program, I was met with a shrugged "Oh, really, huh" response. This wasn't the first time that I noticed that the communication between students, professors and program leaders was so strained. Another interaction I had was during a class in which the professor told us that a certain class most of us signed up for next semester doesn't count towards our major as we were led to believe. The room became a chorus

of panic as we all started making appointments with our advisors and asked the usual "what, why, how, when" questions.

There are numerous interactions that I can speak to from other students in my program and many others, but at this point, it would sound more like complaining and be less conducive to an actual solution.

I just don't understand why we aren't told about these things or are even slightly involved in the decision making process. I mean it's our education, in the end, and I'd like to know what classes aren't being taught or why certain majors have priority for signing up for classes over majors in the same program. I understand we can't be involved in strategic things, like scheduling classes or course curriculum, but we should have an open dialogue, monthly meetings, a suggestion box, e-newsletter or some sort of communication between those who run a program and the participants in the program because as of now, that doesn't exist. It doesn't

make sense why nothing is communicated.

Most of the time, students figure these changes out and just theorize the "why" to the change, but most of the time, we don't ever know the "why" and we just chalk it up to "well, That's NSU." I don't want to say that anymore, I want to actually know why something was changed or didn't change. I want to have more of a dialogue in the decisions in my program. As a student, I'm not trying to gossip or complain, I'm just genuinely trying to figure out a way I can graduate within four years and sometimes it feels like aspects of my program are working against me rather than with me. I want to graduate from NSU, I want to take these classes and learn new things, but these changes are just so constant, to a point there is no way to keep track of what's going on. I'm constantly updating my four year plan like an endless, frustratingly complicated jigsaw puzzle with a blindfold on. I just want someone to remove the blindfold.

# Faculty members are worthwhile "friends" to invest in

By: Linh Tran
Contributing Writer

Half of my first semester at NSU has come and went and my mind is blown away by how fast things are changing. Recently, I've reflected back on the advice I was given during the first couple weeks, such as keeping your room's door open, going to WOW events, and joining campus organizations, all useful suggestions, of course, but unfortunately aimed towards the same goal - socialization. College life is not only about socialization, is it? I personally have done more than just make friends. I've realized the importance of other relationships one can create at school to help in the long run.

Establishing relationships with professors and faculty members is what I am implying, but somehow not what most upperclassmen tend to mention when advising freshmen. I realized this

after a talk with a professor who did not even teach any of my classes. A tight connection with a professor can have a positive impact on a student's college experience.

We have to remember that professors were once students, and to get to this point in their lives, standing in front of hundreds of students and talking, our professors were once one of those sitting down and listening. They know exactly what a homework meltdown is, a student-loan, and generally, what it means to be a college student. Their teaching experience gives them a different lens to look deeper into the world they used to be a part of, and now are interacting with every day. Their experience makes it easy for them to empathize with you and your situation in an advisory and profound

way. Why not have a "friend" like that?

A professor is like a lighthouse of knowledge in the middle of the ocean. If you express to a professor in your field of interest your specific career goals and interests, they are more than willing to show you the shortest path that leads you there. They are also more than willing to be your mentor for a research study and assist you with assignments. Most importantly, they never hesitate to spend their office hours giving you information on internships or employment. Even faculty members that are not in your department are eager to help you. If, for example, they know of any available volunteer, internship, or job opportunities that fits your interest, they might think of you and share that information. The more professors you are reaching out to and the longer they have known you, the more likely you will fulfill your ambition beyond your expectations

In a way, your success is their success. To some professors, each of their students are an investment. They have tirelessly devoted time and energy in ensuring you've learned something when walking out of their classroom. Starting a conversation with a professor is one way to draw their attention to you and show your respect and even gratitude towards their efforts. Feeling valued and appreciated, the professor is given motivation to provide a better instruction, which only boosts your success in the long run.

# Crying in public is punk rock

By: Kelsey Bruce Arts & Entertainment Editor

We have all probably averted eye contact with a person who was sobbing in a public place, like a coffee shop or restaurant. We've also probably all been that person and honestly there's no shame in that. Crying is a cathartic experience, and when there's a lot going on in your life, it can feel like a form of self-care.

More than that, crying happens as a result of a variety of emotions, meaning it isn't always some melancholy, overdramatic experience. It's just the point when all those feelings you haven't had time to feel bubble up and toil out, and there's nothing wrong with feeling your feelings. In fact, I would argue that is exactly what you are supposed to do with feelings.

So why do we place an unspoken universal taboo on crying? I believe we are afraid of vulnerability; our own and other peoples. When we are confronted with vulnerability in a setting we do not expect it, we are caught off guard. Because we don't trust other people with our vulnerability, we hide it; therefore, we feel a little weird when we end up crying in public, to say the least. Meanwhile, when we see other people crying in public, our instinct is to avoid that fearful manifestation of vulnerability

because we project our own sense of shame and insecurity about that state of being onto the person, we see in it.

It doesn't have to be that way. If we approached human emotion with a bit more bravery, we could make serious strides in increasing society's sense of empathy in general. That women crying at Starbucks wouldn't be nutty or a relatable meme. Instead, she would be a person who perhaps just got fired and lost a loved one who you could maybe even look in the eyes and give a sympathetic nod to. Similarly, the next time you let a few tears slip at a gas

station, don't think, "Wow, what a pathetic baby I'm being." Instead, think, "Hey, I'm human and this is reasonable. Maybe I should reach out to a friend or give myself a night of self-care."

Creating a culture of understanding is crucial to removing the taboo of expressing emotions. Sure, there's a time and place for everything, but when everything boils over, the time is now and the place is here. Since we've all experienced that, there's really no reason to act like an incomprehensible alien abduction is taking place right before our eyes.

# Columbus doesn't deserve the celebration

By: Tava Boeckel Contributing Writer

"Columbus sailed the ocean blue in 1492." This is about the only accurate information in the story of Christopher Columbus taught by the American school system. While praised by many Americans, Columbus was a man regarded by many of his time as a fool. Columbus' travels were fueled by greed, even under the guise of sailing for Spain. He lied to and backstabbed his crew members for rewards all under his pious religious attitude. This does not even begin to compare to the atrocities he committed against the native peoples. In 1492, the trio of ships made land at what is modern-day Cuba. The native people welcomed Columbus and his crew with gifts of parrots and fruit. Columbus then took their kindness for weakness and intensely exploited the Arawak people. Columbus forced them into mining camps, threatening and beating them to meet a hopeless gold quota.

When the riverbanks had not shown to be

as prosperous as he had spun in his letters to Spain, Columbus rounded up and chained 500 people, of which only 300 survived. His men who stayed kept 1,500 people as servants and workers. Columbus made multiple voyages repeating this process of abuse and enslavement across the Caribbean islands; women and girls as young as nine were forced into sex slavery, according to Columbus himself. He was very proud of this fact and even would reward his men with enslaved women to rape.

Colonist, writer, and historian Bartolome de las Casa wrote of Columbus' rule, "Such inhumanities and barbarisms were committed in my sight as no age can parallel... My eyes have seen these acts so foreign to human nature that now I tremble as I write."

If even people of his own time recognized he wasn't a good person or voyager, why do we have a day for him? The answer lies in

the wave of Italian immigration in the early 1900s. They had darker complexions and were heavily catholic, which went against the pale and protestant majority that had come to rule American society. They were forced into the worst areas and often unfairly raided by police who accused them of being anarchists and Anti-American. These Italian immigrants tried to find a way to improve their social rank and public view. They wanted to use the image of an Italian explorer "discovering" America as proof that their culture is important to American culture. Most people at the time did not know of Columbus' atrocities, so in 1934, Congress officially made Columbus Day a national holiday. It is easy to see why Italian immigrants at the time would campaign for something like this, as it would lessen the danger to them posed by anti-immigrant organizations.

My only wonder is, why do we still need

this holiday in 2019? It is not being used to teach the hardships the Natives faced at the hands of settlers, nor is it used to show assimilation efforts by Italian immigrants. Many Italian descendants believe keeping it to be an insult to their culture. This holiday is being used to lie to school children and adults alike about the history of colonialism. We cannot go back in time and fix the bad deeds of our ancestors, but we also can't just pretend like they didn't happen. Christopher Columbus was a genocidal maniac who cared about gold more than human life. His legacy should be that he started a leg of the transatlantic slave trade, not as a founder of a piece of land that already had native peoples living on it.





What would you suggest to NSU to improve your future pursuits and career opportunities?









I'm not sure. I haven't been here for that long. From what I've heard, there's a lot of stuff already in place and on campus that is available.

-Christopher Glanzmann, Freshman, Marine Biology major They have career development where you can go and have someone help you with the right path and what career you want to pursue. I would definitely say talking to an academic advisor is helpful. [They should try to implement] shadowing someone that's in the career you want to go in is also helpful to make sure it's the career you want to go in.

-Brianna Whitehead, Senior, Nursing major Maybe they can give more advice, such as professional advice, instead of just basics. Maybe follow a process of some sort. Shadowing is a really great thing.

-Henrique Jian Hong Yeh, Junior, Business management major If they actually have a plan where they can help plan a schedule for each semester. Career services offers a lot for each college. I'm in the college of engineering, so I know they have offered a lot of options to me and I use them.

-Alonso Chigne, Sophomore, Engineering major



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