

2019

## Beauty in Brokenness

Maria Valladares  
*Nova Southeastern University*

Follow this and additional works at: <https://nsuworks.nova.edu/digressions>



Part of the [Art and Design Commons](#), and the [Creative Writing Commons](#)

---

### Recommended Citation

Valladares, Maria (2019) "Beauty in Brokenness," *Digressions Literary Magazine*: Vol. 16 , Article 6.  
Available at: <https://nsuworks.nova.edu/digressions/vol16/iss1/6>

This Poetry is brought to you for free and open access by the CAHSS Journals at NSUWorks. It has been accepted for inclusion in Digressions Literary Magazine by an authorized editor of NSUWorks. For more information, please contact [nsuworks@nova.edu](mailto:nsuworks@nova.edu).

# Beauty in Brokenness

Maria Valladares

Brokenness is not ugliness,  
Every wonderful thing suffers a degree of imperfection.  
For all things must go through a trial of fire,  
To become what they were destined to be.  
At times, the fire consumes and defies us,  
But it also reveals what we have always been:  
Champions.  
Your flaws do not define you.  
Your mistakes do not define you.  
Your insecurities do not define you.  
You define yourself.  
So when you break,  
When you shatter into many pieces,  
Realize that this is your moment of healing,  
A moment of growth.  
There is no need for shame,  
Since everything must break to be able to appreciate being whole.  
Your damage does not opaque you,  
It adds worth.  
Do not be afraid to fill your broken parts with gold.  
Pour pure gold into every heartbreak, every loss, every disappointment, and  
Every battle.  
Let those golden streaks remind you that your brokenness has not merely scarred you —  
It's made you beautiful.