

1-8-2019

The Current Volume 29 : Issue 16

Nova Southeastern University

Follow this and additional works at: https://nsuworks.nova.edu/nsudigital_newspaper

NSUWorks Citation

Nova Southeastern University, "The Current Volume 29 : Issue 16" (2019). *The Current*. 693.
https://nsuworks.nova.edu/nsudigital_newspaper/693

This Newspaper is brought to you for free and open access by the NSU Digital Collections at NSUWorks. It has been accepted for inclusion in The Current by an authorized administrator of NSUWorks. For more information, please contact nsuworks@nova.edu.



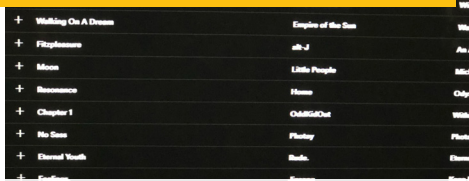
Features



Start the year right with these friendship tips

P. 7

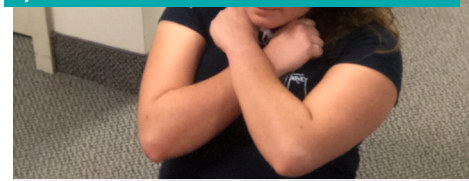
Arts & Entertainment



A playlist to have on repeat

P. 7

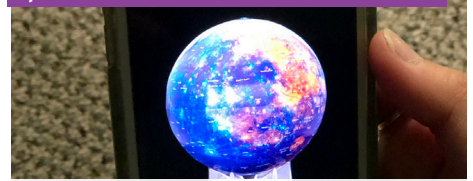
Sports



Keep up with your resolutions with these easy workouts

P. 8

Opinions



Should we be going to space?

P. 11

Sharks and Service to serve youth in California

By: **Krysyan Edler**
Contributing Writer

Sharks and Service, SAS, is giving eight NSU students the opportunity to work with youth at a summer camp in Boulder Creek, Calif. in the summer of 2019.

This will be a week-long trip from May 3 to May 9. SAS will be working with the YMCA's Camp Campbell to put on an environmental science camp for California youth. Students will take on the role of camp counselors. The youth camp is located between Santa Cruz, Calif. and San Jose, Calif.

"We are going to be working on youth development, so we are working with the YMCA. It's called Camp Campbell, and we are going to be working as camp counselors to fifth and sixth graders. It is like an environmental science camp," said Trisha Kate Cesar, the SAS summer trip student site leader.

Students can now register for one of the eight spots on the trip. The trip will cost \$725. There will be fundraiser opportunities offered throughout the semester to help pay for the trip's expenses like restaurant fundraisers and the annual Super Smash Bros. Tournament. Majaha wants students to realize there will be several fundraisers hosted by the organization to provide students with these opportunities.

"It's a once in a lifetime opportunity. A lot of students put it off like 'I'll do it my junior year. I'll do it my senior year.' When the time comes to graduate, they realize, 'I'm graduating, and I never got the opportunity to go to Costa Rica. I had the opportunity, but I never grabbed ahold of it,'" said Moira Majaha, SAS student site leader.

SAS is founded on four core values: service, leadership, education and community. This

summer trip places an emphasis on the value of service but will also incorporate the other three values. Students will take on leadership roles and will learn as they teach about environmental issues. Majaha said that these international and domestic trips give students a global and national perspective.

"When you put yourself out of an environment where you normally live and exist, you open up your eyes, so you get this huge scale to realize that hunger and homelessness is not just something that happens in South Florida. It affects almost every other person in the United States. That's why it is very important to give people the opportunity to travel to another community, so that they, themselves, can actually learn that this is not just a local issue. It's a global issue. It's a nationwide issue. It gives them that opportunity to connect the dots," said Majaha.

Having been a site leader for three years, Majaha has seen the growth of students that participate in the Sharks and Service trips. That is what inspired her to become a site leader. She has seen students expand their interests from the opportunities that they have been exposed to on the SAS trips.

"Some people go on a trip, and they are like 'I never thought about doing public health, but this really opened up my eyes to public health.' They are able to find out more about themselves through helping others," said Majaha.

Students interested in the summer trip can register on the SAS OrgSync page at <https://orgsync.com/139343/chapter>. Updates will be posted on the site as well.



PRINTED WITH PERMISSION FROM M.MAJAHA

Students who participate can serve nationally and other countries. For the summer of 2019, students can serve youth in Boulder Creek, Calif.



PRINTED WITH PERMISSION FROM M.MAJAHA

Sharks and Service gave students the opportunity to travel to Puerto Rico in the summer of 2018. SAS is an alternative break community service organization.

Are you into social media? YEAH, WE ARE TOO.

FOLLOW US ON TWITTER AND INSTAGRAM
FOR NEWS UPDATES AND ONLINE EXCLUSIVES.

@THECURRENTNSU

The Current





PRINTED WITH PERMISSION FROM S. GOLTSMAN

Madelyn Rinka, left, and Christina McLaughlin, right, return as Co-Editors-in-Chief.

The Current

The Student-Run Newspaper of Nova Southeastern University

3301 College Avenue
 Student Affairs Building, Room 310
 Fort Lauderdale, FL 33314-7796
 nsucurrent.nova.edu

NEWSROOM

Phone: 954-262-8455
 Fax: 954-262-8456
 nsunews@nova.edu

BUSINESS & ADVERTISING

Phone: 954-262-8461
 Fax: 954-262-8456
 thecurrentad@nova.edu

Madelyn Rinka	Co-Editor-in-Chief	nsunews@nova.edu
Christina McLaughlin	Co-Editor-in-Chief	nsunews@nova.edu
Aaron Banyard	Copy Editor	thecurrentnews@nova.edu
Open	News Editor	thecurrentnews@nova.edu
Emma Heineman	Features Editor	thecurrentfeatures@nova.edu
Alexandra Herlihy	Sports Editor	sportseditor@nova.edu
Kelsey Bruce	Arts & Entertainment Editor	thecurrenta&e@nova.edu
Alexander Martinie	Opinions Editor	thecurrentfeatures@nova.edu
Skylyr Vanderveer	Multimedia Manager	nsunews@nova.edu
Kathleen Crapson	Chief of Visual Design	thecurrentad@nova.edu
Open	Visual Design Assistant	thecurrentad@nova.edu
Mario Lorrimer	Business Manager	thecurrentad@nova.edu
Open	Distribution Manager	thecurrentad@nova.edu
Farhan Shaban	IT and Social Media Manager	thecurrentad@nova.edu
Krysyan Edler	Writer	nsunews@nova.edu
Nicole Cahill	Writer	nsunews@nova.edu
Taylor Murphy	Writer	nsunews@nova.edu
Ethan Lozano	Writer	nsunews@nova.edu
Sofia Celis	Writer	nsunews@nova.edu
Brittany Poore	Writer	nsunews@nova.edu
Flor Ana Mireles	Writer	nsunews@nova.edu
Megan Fitzgerald-Dunn	Faculty Adviser	mf821@nova.edu
Michelle Manley	Adviser	mmichell@nova.edu

LETTER FROM THE EDITORS

“I want every day to be a fresh start on expanding what is possible.”
 — Oprah Winfrey

Dear Sharks,

Welcome back! We hope that this winter brought you all the rest and relaxation you need to start the new year on the right foot. Whether your break was spent home on the couch or traveling the world, we hope you are ready for a fresh set of classes and another busy schedule. Yeah, neither are we.

But, look towards the positives. Relaxed and well-rested, we begin the winter semester with a fresh start and a whole world of new possibilities. New classes, new year’s resolutions and a new lease on life after those last finals. We have some fun events at NSU to look forward to, like the winter semester’s Week of Welcome and Community Fest on Feb. 9 for a much needed stress-relief to start off the semester right.

At The Current, we hope you face everything this semester throws at you with the courage of a Shark and the persistence of Florida’s thunderstorms. Whatever comes your way— we want to hear about it. If you ever have any questions, comments, article ideas or an itch to write for us, stop by our meetings on Tuesdays 12-1 p.m. in Carl DeSantis Building room 1048. After all, we’re your newspaper— we want it to reflect our diverse, creative and inspiring student body as best as we can, but we need your help.

Best of luck (and hope to see you soon),
 Madelyn & Christina

The Current serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU’s established vehicle for student reporting, opinion and the arts. All community members are invited to contribute.

Editorials, commentaries and advertisements in this publication reflect the opinions of the authors and do not necessarily reflect the views of the University or its officials, The Current staff or other advertisers. The Current will not publish unsigned letters except under special circumstances at the discretion of the Editor-in-Chief. The Current reserves the right to edit.

Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

News Anchor

Stay up to date with national events.

House Democrats to vote to end government shutdown

As of Jan. 3, “representatives approved two measures that would reopen government agencies that have been closed for nearly two weeks over a budget impasse,” according to the New York Times. Majority Leader Mitch McConnell said there would not be a vote for funding President Trump’s border wall. Representative Nancy Pelosi called financing the wall “an immorality”. Many government agencies were closed due to the shutdown, including TSA. According to the New York Times, 150 TSA employees took sick leave on Dec. 28 to as a “coordinated protest”. Union officials stated that some workers were seeking temporary jobs dues to unpaid wages.

was detained by the Russian government on Dec. 28 to exchange him for Maria Butina, a Russian foreign agent who acted to influence N.R.A. officials and Republicans, according to the New York Times. At the time, Whelan was carrying British, Irish and Canadian Passports.

Nancy Pelosi elected as Speaker of the House for the second time

On Thursday Jan. 3, California Representative Nancy Pelosi was elected as Speaker of the House of Representatives. According to the New York Times, Pelosi “pledge to run a ‘unifying’ Congress that would bridge partisan divides and heal rifts in a polarized country.” Pelosi started her new term as Speaker by calling for indictments on President Trump.

Ex-marine charged as spy by Russian government

Marine Corps veteran Paul Whelan has been accused of spying in Russia. Whelan

RADIOX IS NOW STREAMING ONLINE
 EVERY NIGHT FROM 6PM TO MIDNIGHT!

TUNE IN AT
nova.edu/radiox/listen.html
 TO ROCK OUT WITH US!

Welcome to
TRIPP LAKE CAMP
 Teach tennis, swim, canoe, gymnastics,
 kayak, water ski, photo and more

Tripp Lake Camp is looking for males and females who like to travel, meet new people, and teach activities to children. If you’re interested in spending your summer in MAINE, give us a call or stop by our website for more information.

1-800-997-4347
www.triplakecamp.com
TRIPP LAKE CAMP for Girls

Gear Up enhances skills for professional and personal life

By: **Krysyian Edler**
Contributing Writer

The Alvin Sherman Library will kickoff the winter semester with the Power Publishing Day on Thursday Jan. 24 and Technology Lightning Rounds workshop on Tuesday Feb. 5 as part of their Gear Up series.

The fourth annual Power Publishing Day will bring individuals from the publishing industry to campus to teach students, faculty, staff, alumni and the public about the processing of getting academically published. The event will be held in the Cotilla Gallery on the second floor of the Alvin Sherman library from 8 a.m. to 3:30 p.m. A complimentary breakfast and lunch will be provided.

“The purpose of Power Publishing Day is to support the university’s core values of research and scholarship. We bring in publishers as well as faculty and staff that will talk about getting published,” said Susan Berkman, the chairperson of Power Publishing Day.

Topics that will be presented include why your manuscript may have been rejected and how to get it accepted, writing a book proposal and leveraging open education resources for classroom affordability. Those unable to attend the entire event are welcome to attend any of the presentations that fit their schedule. Wiley, IEEE, Clarivate, Elsevier, Barnes and Noble, Emerald Publishing and Taylor and Francis are the sponsors of the event. Vendors, faculty and staff will be presenting, and the Writing Center

will also be at the event. The presentations will be delivered twice: in the morning and afternoon. The presenters and sponsors will be available after their presentations to answer questions that attendees may have and to meet potential new authors.

“It is a great opportunity for attendees to learn about how to get published and to actually meet editors face-to-face. Which a lot times they don’t have that opportunity. [Normally] They are just applying, sending their manuscript online [and] uploading it, and they may never have contact with the editor or the publisher,” said Berkman.

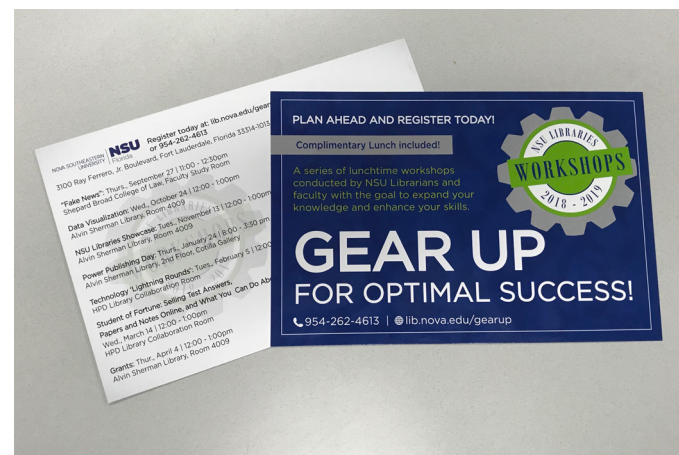
The Technology Lightning Rounds will be held from 12 to 1 p.m. in the HPD library and will include the lightning rounds, Q&A and lunch. Innovative technology, applications and software will be showcased by librarians and faculty in five minute lightning rounds.

“This is a session that is all about innovative technology. Specifically, it will be technological innovations, applications and even potentially hardware that is meant to make the routines of our students, faculty and community easier,” said Craig Amos, chairperson of the Gear Up committee.

This session is not catered to only tech savvy students. Amos stressed that the library encourages all students to learn how to become more technologically efficient by presenting

**PRINTED WITH
PERMISSION FROM
K. EDLER**

The Alvin Sherman Library is hosting Gear Up workshops throughout the winter semester to enhance student’s professional skills and spread awareness of the library’s resources.



the complex and daunting technology in nontechnical language.

“Not all of the sessions will be complex or talking about an advanced technology. We try to use natural language. These sessions are designed to help students in their work. They are not designed to be presented in cryptic language. Especially with that lightning round format, they’ve got five minutes. They want to use natural language,” said Amos.

The Gear Up workshops are designed to help attendees fully utilize the resources available through the library. The events are open to all members of the NSU community and public.

“Students are really VIPS here, so that’s

the ultimate reason that the library itself is here. That’s the reason that we hold these sessions, so we can bring something of value directly to the students. We are a service profession, and this is the student’s library. We want them to think of this as the student’s library. This is their space. This is their resources,” said Amos.

Registration is highly encouraged to ensure a spot in the desired session. Students interested in attending the Power Publishing session can register now at lib.nova.edu/powerpub. To register for Technology Lightning Rounds visit lib.nova.edu/gearup. All sessions are recorded and can be accessed from the library’s website. These sessions can also be attended online, but registration is still required.

2018: NSU in Review

By: **Madelyn Rinka**
Co-Editor-in-Chief

2018 was a great time to be a Shark. Take a look at some of The Current’s biggest news stories from last year- we can’t wait to see what 2019 has in store for NSU.

NSU works to revamp the residential experience

After welcoming a large incoming class in Aug. 2017, NSU announced that the university will build a new residence hall to house new students. The new facility will hold approximately 500-600 students, and is set to open in Aug. 2019.

The 20th annual Celebration of Excellence made history

At the 20th annual Celebration of Excellence, NSU made history when the university received substantial gifts from several generous donors, among them, Drs. Patel and Ron and Kathy Assaf. The Patel’s gift went to the College of Allopathic Medicine, which was renamed the Dr. Kiran C. Patel College of Allopathic Medicine, and the Assaf’s donation went to NSU’s College of Nursing, which is now the Ron and Kathy Assaf College of Nursing.

Andy the tiger shark went the distance

In 2018, four years after being tagged in Bermuda by Guy Harvey Research Institute (GHRI) scientists, Andy the tiger shark became the longest tracked tiger shark. The main goal of this program is to better understand the sharks’ movements in detail, and to assist with conservation efforts.

NSU community responded to the Marjory Stoneman Douglas tragedy

On Feb. 19, NSU held a vigil to memorialize and show support for the 17 victims and others impacted by the Marjory Stoneman Douglas High School tragedy that had occurred five days prior. The Don Taft University Center held hundreds of students, faculty and members of the community as speeches, poems and prayer were delivered.

NSU’s first combined White Coat ceremony took place

On July 28, the university welcomed approximately 300 incoming medical students in the nation’s first combined White Coat Ceremony, celebrating the Doctor of Osteopathic Medicine and Doctor of Medicine

students together. Additionally, this ceremony marks NSU’s accomplishment of being the third university in the U.S. with two medical colleges.

Rolling Hills opened to undergraduate students

In response to the large influx of freshman in the 2021 class, NSU made the decision to bar graduate students from housing in Rolling Hills following the Winter 2018 semester. Undergraduate students moved in for the 2018-19 school year. The university said that this would be a temporary change until the new residence hall opens.

The new hybrid dining plan was created

The new dining hall, which opened Aug. 2018, implemented a one-price, “all you care to eat” dinner time where students are given the option to enter the dining hall and enjoy food in a buffet style. Prior to this change, all meals were served as a one-serving, one-price deal.

The Fischler Academy began Fall 2018

The Abraham S. Fischler College of Education launched its new program, The Fischler Academy. Students in this program

are able to pursue a bachelor’s and master’s degree at the same time on either a four or five year track. They are also guaranteed a job offer in either Broward, Palm Beach, Collier or Lee county upon successful completion of their degrees.

Students were promised the NSU Edge

The university revamped its image, promising students the NSU Edge. The new brand phased out the traditional sun logo that the university had been using in favor of a sleeker, shark-themed one. New slogans such as “be a force of nature”, “we put the edge in education” and “the NSU Edge” are being utilized as well.

New Interfaith Room gave students the space they’ve wanted

NSU opened the Interfaith Room on the third floor of the student affairs building. This room gives students the space to celebrate holidays for all religions. Any students of any faith are welcome to use the room to respectfully pray, meditate or practice their beliefs on campus.

News Briefs

Kapila Family Foundation Feeding Disorder Clinic receives grant

The Kapila Family Foundation Feeding Disorder Clinic in the Mailman Segal Center at Nova Southeastern University received a \$669,282 grant for the Florida department of Education to provide and fund feeding service until June. According to Roni Cohen Leiderman, the dean of the Mailman Segal Center for Human Development, “we are honored and grateful to be the recipient of this funding for the Kapila Family Foundation Feeding Disorders Clinic. By offering these clinical services at no cost to children who reside in the State of Florida, many more

children will receive our evidence-based treatment that has a remarkably high success rate”.

Nominations for the STUEY’s close Jan. 11

Nominations for the Student Life Achievement Awards (the “STUEY”)-the annual event recognizing academic excellence, integrity, innovation, scholarship, research diversity and community- will be accepted until Jan. 11. The 21 annual “STUEY’s” will take place on April 16, 2019 in the Rose and Alfred Miniaci Performing Arts Center. Any current Nova staff, student

or faculty member may be nominated. Nomination forms can be submitted on OrgSync. Nominations can be sent in for any of the following categories: Student of the Year, Executive of the Year, Administrator of the Year, Staff Person of the Year, Student Government of the Year, Graduate Organization of the Year, Undergraduate Organization of the Year, Athletic Team of the Year, Corporate Partner of the Year, Professor of the Year, Co-curricular Advisor of the Year, Alumnus of the Year and Regional campuses Student of the Year.

Crossroads of the Transatlantic Humanities Student Conference

NSU’s College of Arts, Humanities a Social Sciences is looking for abstract submissions for the Humanities Student Conference that is being held on March 23. This year’s theme is “Crossroads of the Transatlantic”. Perspectives and topics for the submissions include history, politics, communication, conflict resolution, international relations, philosophy and literature. The deadline for submissions is Jan. 18.



Billy's Tavern

By: Nicole Cahill
Contributing Writer



PRINTED WITH PERMISSION FROM N.CAHILL

Billy's Tavern is located right off of SR84, and offers a variety of American treats.

Billy's Tavern
8580 W. State Road 84
Davie, FL 33324
954-475-9464

Living in South Florida, it's nearly impossible to be a Pittsburgh Steelers' season ticket holder. As a second-generation Pittsburger, I can confidently say that Billy's Tavern is the next best thing.

But you don't have to be a Steelers fan to enjoy Billy's Tavern. Football games are a special event at Billy's Tavern. It's always a packed house – to the point that tents and TVs are set up in the parking lot. Reservations on game days are needed if you want to reserve a spot in what is like a “standing-room only” section with other die-hard football fans.

A weeknight game from earlier this season between the Panthers and the Steelers brought many fans out to Billy's Tavern. With the tents and TVs set up, service was extended to the parking lot. Many fans had a rooting interest, but many did not. Good food and a great atmosphere are the winning game plan for any sports fan.

It doesn't have to be a game day for Billy's

Tavern to be the right place to enjoy lunch or dinner with good company. The staff is friendly and sports are always on the TVs. An assortment of wings, burgers and much more are on the menu, but their wings truly stand out. For six years in a row, their wings have been voted the “Best of Davie and Cooper City” by Sun-Sentinel's readers.

You can get their award-winning wings doused in one of 18 different sauces – “myong wings,” with loads of garlic, are the fan favorites. Keeping with the Pittsburgh Steelers theme, Billy's Tavern also has a “Roethlisburger” which is claimed to be “large enough for Big Ben!” Lastly, if you're looking for a classic Western Pennsylvania dish, go with the “Steel City Pierogies.” They won't disappoint.

You'll find Billy's Tavern located on State Road 84, just east of Pine Island Road. It's about a 10 minute drive from NSU.

If you don't take advantage of NSU's Fins

Football or just want a great environment to watch Monday Night Football games, Billy's Tavern is the place to be.

Heinz Field may be 1,156 miles North, but Billy's Tavern makes you feel right at home.

PRINTED WITH PERMISSION FROM N.CAHILL

Eclectic decor like this is common at Billy's Tavern.



TheCurrent

GAIN REAL WORLD EXPERIENCE
USE STATE-OF-THE-ART EQUIPMENT
BECOME AN ON-AIR DJ
WRITE FOR THE SCHOOL NEWSPAPER
WORK BEHIND THE CAMERA
WORK IN FRONT OF THE CAMERA

RADIOX
Nova Southeastern University 88.5 FM

CHANNEL 96 SUTV
NOVA SOUTHEASTERN UNIVERSITY

STUDENT MEDIA

FOR MORE INFORMATION ON JOBS AND VOLUNTEER OPPORTUNITIES
AT THE OFFICE OF STUDENT MEDIA, PLEASE CONTACT
JARROD BAILEY AT JBAILEY1@NOVA.EDU OR CALL (954)-262-7188.

A History of the Calendar

By: **Madelyn Rinka**
Co-Editor-in-Chief

Most people know that one day is a full rotation of the earth and a year is a cycle around the sun. Besides that, the common person doesn't really know that much about the science that essentially rules our lives. Here's a brief history about time that will make you think twice next time you look at your watch.

Ever notice that September, October, November and December all have prefixes for seven, eight, nine and ten, respectively, despite being the ninth, tenth, eleventh and twelfth months? Blame it on the Romans. The original Roman calendar consisted of 10 months, and began in March, with a 61-day period at the end of the year that was possibly unnamed, according to Owlcation. This was because the Romans mainly used their calendar to track agricultural seasons and major festivals, and it's likely that they didn't really need to name the winter months. The months of Quintilis and Sextilis — the former fifth and sixth months — were renamed after Julius and Augustus Cesar. Other months were named after Roman gods, festivals and seasonal happenings.

In 713 BC, King Numa Pompilius reformed the calendar and added two new months, Ianuarius and Februarius, into the wintertime period. All of the months were between 28 and 31 days, to match up with 12 lunar cycles, equalling 355 days.

However, an intercalary month consisting of 27 days, called Mercedonius, or sometimes Intercalaris, was added by a higher-up in Roman religion in order to realign the calendar with the months, according to Dictionary.com. However, sometimes Mercedonius was rumored to be inserted into a year for political motivations, in order to keep an official in power for longer.

Astronomer Sosigenes of Alexandria was commissioned in 46 BC to recreate the new calendar under the reign of Julius Cesar — which is when the name changes of Quintilis and Sextilis occurred, according to Owlcation. The intercalary month was abolished, and all months were set to 30 or 31 days, besides Februarius, which was given 28, and then 29 every fourth year.

In 1582, Pope Gregory XIII introduced the

Gregorian Calendar we know and use today, as the Julian Calendar had been used up until that point, as stated by History.com. The Julian Calendar miscalculated the solar year by 11 minutes — still impressive for 46 BC — and thus the months had fallen out of sync with the season. As Pope, this concerned him, since that meant Easter, which was traditionally celebrated on March 21, was getting further and further away from the spring equinox.

In the Gregorian Calendar, leap years aren't actually every 4 years, either. If the year is divisible by 4, but not by 100, a leap day is added. However, if the year is divisible by 400, a leap day is added anyway. This seems confusing to most, but it mostly solved Cesar's lag in time.

According to Live Science, the Julian Calendar did put the new year as Jan. 1 — but many European countries didn't observe this, as they believed the celebration of New Year was a Pagan tradition. Therefore, the Christian Church declared Dec. 25 or March 25 the beginning of the year. Pope Gregory put an end to that, re-declaring Jan. 1 the beginning of the year.

Believe it or not, time wasn't completely accurate after the Gregorian Calendar we still use today was implemented. The Coordinated Universal Time (UTC) has two parts — the International Atomic Time (TAI) and the Universal Time (UT1), according to Time and Date.com. When the UTC and the UT1 reach a difference of 0.9 seconds, a leap second is added to clocks around the world, essentially allowing an extra second for the Earth to catch up. In 1972, the time was approximately 10 seconds behind the true time, which is when the first leap second was added. Since then, there has been a total of 27, with the most recent being Dec. 31, 2016, and the next one being approximately June 30, 2020.

If all that is making your head spin around faster than hand on a clock, don't fret. Leave it to the experts to figure out when we need some time to catch up. At least next time you check your planner, you'll know — somewhat — why our calendar is the way it is.

Esports: a new culture of athleticism

By: **Emma Heineman**
Features Editor

Finally, the years of sitting in your basement or living room, spending hundreds and even thousands of hours honing your video game skills might just pay off as online streaming capabilities give rise to a quickly growing category of sports industry- esports.

Esports is a form of competition usually based on multiplayer video games such as League of Nations, Call of Duty, Fortnite Battle Royale, Dota 2 and others. These games feature multiplayer functions which allow players to interact and compete in online worlds. Online streaming takes the competition public by allowing viewers everywhere to stream these competitions from the comfort of their own homes as well as in organized conventions and competitions. Teams and leagues have been formed in order to showcase this newly popularized sport, and even the Olympic committee has considered adding esports events to the Olympic games.

Since various companies including BBC, ESPN, SkySports and Yahoo have begun to

stream these events, the fan and player base has expanding immensely. The online trend has quickly become a high grossing industry with millions of vocal fans and avid players.

The world of esports has only recently stepped into the limelight. Only a decade ago, amateur competitions drew the attention of a few thousand online and in-person viewers, compared to the 427 million which are estimated to watch online gaming in 2019. According to Variety.com, only about 103 million viewers tuned in to watch this year's Super Bowl which is largely considered the largest sporting event of the year, garnering the attention of less than one fourth the number of fans esports do.

The popularity of esports is also evident on college campuses around the US which have begun to include gaming scholarships in addition to their traditional athletic scholarships. According to Forbes, colleges have been building esports varsity teams since 2014 when Robert Morris University in Illinois announced a scholarship-sponsored League of Legends team.

These scholarships are like most other athletic scholarships and are awarded based on merit, academic excellence and athletic abilities.

The main governing body for these organizations, the National Association of College Esports (NACE), focuses on the development and support of collegiate level esports programs. NACE currently consists of 45 schools and their esports programs, and is expected to grow as more and more colleges jump on the gaming bandwagon.

The largest obstacle esports face is respectability. When people see gamers, "athlete" is not the first word that comes to mind; however, as viewership and support increase, esports are gaining more worldwide attention and respect. While the sport may have a ways to go, one thing is for certain- esports are here to stay.

Dangerous Habits

By: **Taylor Murphy**
Contributing Writer

When people think of dangerous habits, most think about drugs and alcohol, but not all habits that are dangerous are chemically related. Any habit that endangers your happiness or safety can be considered dangerous. Whether that is lying, cheating, stealing, keeping things to yourself or even not putting your happiness first, anything that threatens your pursuit of happiness is probably a habit you need to break.

LYING

Sometimes we lie unnecessarily. We lie to ourselves because the truth is more painful to comprehend. It may be a temporary fix, but to continually let ourselves and the people around us down by lying can put a strain on yourself and your friendships. While the truth might be a harder pill to swallow, it's a pill that will help in the long run because in the end, the truth is a better alternative. It hurts more initially, but after that the pain fades away compared to lying which only delays the inevitable and makes you suffer more.

INTERNALIZING

When you keep things inside and choose not to rely on anyone else, you can lead yourself down a destructive path. It doesn't give you a chance to heal or move on from whatever situation is causing you pain. However, for some people, it is more difficult to rely on someone else for comfort. If that is the case, writing your thoughts in a private journal or even on your computer can be a healthy catharsis. In some way, shape or form, you need an outlet for your emotions.

TOXIC FRIENDSHIPS

We all have those few friends we probably shouldn't hang out with, people who may not bring out the best in us. These people may pressure you to make decisions that are normally out of your comfort zone, but you do because of the social pressures to "fit in." This may cause an individual to overlook what's truly important - from academics to your family. Not everyone in your life is in your life help you. You need to have the discipline to know when someone in your life is harming rather than helping you.

Your priorities should lie with you and your loved ones first. Will Smith said it best. "Set your life on fire and seek those who fan your flames."

GOSSIP

Everyone knows that one person who likes to talk about others in a negative light. They tell you they heard it from someone else who heard it from someone you don't even know. While it may be amusing temporarily, it serves no purpose other than spreading rumors that don't help anyone. And if anything, it also reflects badly on you.

LACK OF EMPATHY

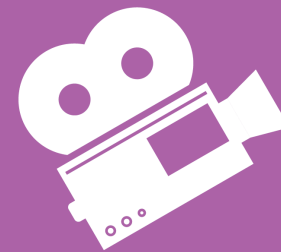
Empathy is something that most of us seem to lack. As people, we naturally find humor in someone else's downfalls. We do it all the time. We listen to comedians make fun of other people. We watch funny movies where people embarrass themselves. We grew up watching cartoons like Tom and Jerry where Tom continually gets hurt and even almost

committed suicide in one episode, but we watch it because it's amusing to us; however, as we laugh, we often don't think about how we are making the other person feel. When we tell an offensive joke, we don't think about who it hurts. Sometimes it is better to stop and consider the fact that not everyone has the same sense of humor. You can lose valuable people and friends this way. So, the next time you laugh at a joke that is made at someone else's expense, think about how that affects them.

This list goes on because potentially any habit can be harmful, so evaluate yourself. Look around at the things you do. Do you lie? Do you bottle up your feelings? Do you allow yourself to stay in toxic relationships? Do you gossip? Constantly evaluate your friendships and your relationships. Never forget to remove those who hold you back because the only way to truly grow from your past mistakes is to learn from them and keep moving forward.

Looking to get behind the camera or on screen?

MAKE AN APPEARANCE AT OUR WEEKLY MEETINGS ON FRIDAYS FROM NOON – 1PM IN ROOM 104 IN THE STUDENT AFFAIRS BUILDING TO GET YOUR PART!



CHANNEL 96 SUTV
NOVA SOUTHEASTERN UNIVERSITY

RICK CASE

Rita & Rick Case



New Year New Car *Sale*

NSU Students, Faculty & Staff
You can save \$1000s Now thru 9PM Monday

Plus, buy now, pay nothing 'til Spring.
Make no payments 'til April.

Available on all new vehicles with approved credit financed through Ally Auto Finance. Payments deferred for 90 days. Interest accrues from date of sale. Finance offers & discounts cannot be combined.

Save Time, Buy Online!

We make it fast & easy to buy a
new or pre-owned car.

Complete the entire purchase online,
start to finish, from anywhere, even on
your phone in just minutes.

Shop our entire new and pre-owned inventory online.
Pick out your car. Pick a payment or price. Get your
credit approved. Get an instant cash offer for your trade.
If you like, we'll deliver your car to you at work or home.

Get our **Guaranteed Lowest Price
& Payment, or Your Money-Back.**

If you are not completely satisfied, return the vehicle within 3 days or 300 miles for a complete refund. Excludes Maserati & Alfa Romeo.

Only Rick Case Doubles the
Nationwide Factory Warranty
up to 20 Years/ 200,000 Miles

Powertrain Warranty With Every New Hyundai, Genesis, KIA, Volkswagen, Acura, Alfa Romeo, FIAT, or Honda Car, SUV, or Truck Sold.
Excludes Alfa Romeo Quadrifoglio and Maserati. See dealer for copy of limited warranty.

NSU Students, Faculty & Staff

Stop by any Rick Case Showroom, present
your NSU ID Card and get your **FREE**
Exclusive Rick Case Rewards Card.

Get free car washes anytime and discount gas.

Earn Rewards Points with every
purchase and use your earned
points toward future purchases of
new and used cars, vans, trucks,
SUVs, motorcycles, scooters,
ATVs, home generators, service,
parts, and accessories.



AUTOMOTIVE GROUP
Since 1962

Honda Cars
I-75 at Griffin Road
888-332-2353

Honda Cycles
I-75 at Griffin Road
888-717-5262

Hyundai • Genesis
I-75 Auto Row on Weston Road
888-618-1568

Hyundai • Genesis
On 441 at Sunrise Blvd.
866-270-0168

Acura
On 441 at Sunrise Blvd.
888-596-9647

Volkswagen
I-75 Auto Row on Weston Road
888-603-9672

KIA
Sunrise Blvd. at Sawgrass
888-603-0957

Maserati • Alfa Romeo
I-75 Auto Row on Weston Road
855-893-6275

FIAT
I-75 Auto Row on Weston Road
888-514-0274

Rick Case Nationally recognized as USA Today,
Time Magazine, Sports Illustrated, & Automotive News Dealer of the Year.

rickcase.com



PRINTED WITH PERMISSION FROM E. LOZANO

Lulu's Bait Shack, pictured above, is just one suggestion for beach eating on a budget.

Beach eats: College budget edition

By: **Ethan Lozano**
Contributing Writer

It's winter, so obviously that means it's time for the beach. Since we don't have seasonal weather in Florida — besides hurricane season — everyday is a great day to enjoy the beach. Just like any activity we do while in college, we want it to be affordable. Even on a budget, we would still like to treat ourselves to some good eats. To make sure you keep your bank account safe at the beach, here is compiled list of Krusty Krab quality food, so you don't have to feel like you're eating at the Chum Bucket.

Florida being a popular tourist state has resulted in numerous restaurants populating beaches. Many of these restaurants are too expensive for most college students. But just like Guy Fieri says, there is always a way to find good food for a reasonable price. If you are in the mood for pizza, two pizza shops at the beach that offer great options and pricing. They're

called Beach Pizza and Pizza on the Beach. And don't forget to get the best topping, pineapple. If you are really trying to "treat yo self," then have some greasy food. Primanti Brothers and Lulu's Bait Shack have got you covered on your fried food cravings. For those who want to indulge in the Cuban cuisine of the area, 925 Nuevo's Cubano has you covered.

So, you have a sweet tooth? Well, a hot day at the beach pairs well with some ice cream. Yo Mama's Ice Cream has many offerings that will cool you down on a warm evening, like a milkshake or a create-your-own ice cream sundae. Or, get fancy and get gelato at Gelato-Go. If cold ice cream makes your teeth hurt, don't worry because there are still popular bakeries at the beach. At Nanou French Bakery & Café, you can fill up with a cinnamon roll or an almond croissant.



PRINTED WITH PERMISSION FROM E. LOZANO

After a beach day in SoFlo, there is nothing better than satisfying your food cravings. So get some ice cream or the perfect slice of pizza to make the lazy day even better.

SOUNDBITE

HOAX

By: **Madelyn Rinka**
Co-Editor-in-Chief

HOAX is an indie band from Long Island, NY. Their vibe is something between groovy pop, "the sound of beautiful sadness" and 70s-esque jams; it's heavy on head-bopping drum beats and melodic chimes. HOAX is comprised of members Mike Raj (lead vocals and guitar), Frantz Cesar (bass), Paul Brower and Kevin Lopez (guitar) and Jacob Lopez (drums). The band might appeal to fans of Young the Giant, Frank Ocean or The XX.

In 2018, the band released two singles, "Moon Moon Baby" and "Grow," which are precursors to their next project titled "b?" which will likely come out in the near future. They have previously released one seven-song album titled "Words That End with Wh(y)," an EP "The Truth and other Lies" and a handful of other singles. Some of their earlier songs are a little more relaxed than their most recent releases but are still worth playing on repeat. Off of "Words That End with Wh(y)," the song "Sway" is a press-favorite and worth listening to.

In an interview with Steereo, Raj explained that the group's genre-blending has been a liberating experience. As a brown man, people

always expected him to like certain things growing up, but he experienced different people and interests, never limiting himself to one clique. Raj explained that music tastes fluctuates just like emotion or creativity, and told the interviewer that "[Genre-less music is] as close to humanity as it gets."

Outside of their music, fans celebrate the group's online presence and activism. Several outlets like Earmilk note the diversity among the group, as the members have a mix of nationalities— Indian, Puerto Rican, Haitian, Ecuadorian, Irish and Italian. Earlier in 2018, they also shared feminist-inspired valentine cards to their Facebook page, with pick up lines like "Did it hurt? When you broke the glass ceiling?" If that wasn't enough, they also presented a benefit concert called P.R.O.M. (Puerto Rico on Our Minds) in 2017 for those affected by the hurricane in Puerto Rico. If you're looking for a band that you can feel comfortable and confident supporting beyond just their music, HOAX is the up-and-coming group for you. Follow the band on Twitter and Instagram at @hoax_band to see more of their lives and work.

Good Luck Cat Café

By: **Mario Lorrimer**
Business Manager

If you like relaxing on a couch surrounded by cats, then this café is for you.

The café has been around for 2.5 years and has saved 127 cats through adoption. When you walk through the entrance, you see that it's a normal thrift store. However, as you make your way through, a little room in the back reveals itself. As you approach the room you can see the swift swipes of multiple paws, the bellies ready for scratching and many toys to have fun with. It's a small but cozy room. There are numerous cat towers and pictures in the room, there's even a television for the cats' enjoyment.

Many drinks and small snacks are available for purchase and all proceeds go towards the maintenance of the café. Upon entering the room, it is apparent that it is clean and well maintained. It is obvious that the volunteers worked hard on maintaining such excellent quality. I had the pleasure of meeting some of these volunteers. They were all very friendly and introduced me to each of the cats they had on hand. After the introductions, I made my way to the couch. The coffee table beside the couch had a variety of magazines and toys.

Of course, the first toy I went for was the laser pointer. The laser pointer was a favored toy by Nala, one of the cats that resided there. She ran all over the room pursuing the elusive dot. As popular as the laser point was, nothing could top the sack. The sack had holes in it that you could put your fingers through and then the cats would try to nibble on them. It was by far the toy they most interacted with. One of the cats wasn't as playful, but it was powerless when it came to the sack. It began playing and pouncing on the other cats as it grew more comfortable. The cats stay at the café until they are adopted.

You have to be 21 to adopt, so that you're more settled and living on your own — hopefully.

Laura Summers, volunteer coordinator and



PRINTED WITH PERMISSION FROM M. LORRIMER

Good Luck Cat Cafe is nestled in Boomerangs Thrift Store, located in Wilton Manors.

manager said, "There is a problem with cats being returned by adults."

So, there's an online application that asks you various questions, that judges if you are fit to adopt. The rescues handle the applications, not the volunteers at the café. The application fee is \$75 and it includes their spay, neuter, microchip and vaccines. They raise money for the cats through donations and snacks they provide.

Summers said, "If we're not too busy, we don't care how long people stay but if it is busy we tend to limit the time spent per person."

Boomerangs gave them the space for free, so you'll know your proceeds are going to a

good cause.

Summers also said "about 90 percent of the people that do come in aren't going to adopt. But that's good because they get to visit the cats, and they learn to socialize with humans."

When you go to visit, make sure you show them some love by leaving a donation or buying a snack. Also, make sure you close the door quickly because the cats like to go shopping, especially Gregggy D, who has been on multiple shopping sprees so far. Make sure you follow them on Facebook and Instagram @_goodluckcatcafé to see all the latest cats you can play with — or adopt.

OFF SHORE CALENDAR

Free Community Yoga
Jan. 8 | 6 p.m. -7 p.m.
@Peacock Park | Miami

Green Market Pompano Beach
Every Saturday | 8:30 a.m.-1:30 p.m. | @Pompano Beach | Pompano Beach

Gold Coast Jazz
Jan. 9 | 7:45 p.m.
@Amaturo Theater at The Broward Center for the Performing Arts | Fort Lauderdale

Hamilton
Dec. 18 - Jan. 20 | 8 p.m.
@ Au-Rene Theater at the Broward Center | Fort Lauderdale

Jacob Velazquez
Jan. 9 | 7:30 p.m.
@Aventura Arts and Cultural Center | Aventura

Mineral
Jan. 9 | 8 p.m.
@The Ground | Miami

Remembering Elvis
Jan. 11 | 8 p.m.
@Rose and Alfred Miniaci Performing Arts Center | Fort Lauderdale

Dania After Dark
Jan. 12 | 5-10 p.m.
@City Hall | Dania Beach

Uses of essential oils

By: **Sofia Celis**
Contributing Writer

Diffusers, necklaces and other products were in high-demand this holiday season. So it is safe to say that essential oils are an up-and-coming trend in society that you might want to give a try. Every day we see them used all around us. Most popularly, essential oil therapy claims to improve mental health and skin, but it can help with any issue that springs to mind: each type has its own benefit, ranging from curing headaches to relieving anxiety.

Don't get too ahead of yourself though. You might want to spring for popular essential oils like eucalyptus, peppermint, rosemary or lemon, but just rubbing any kind on your body may be harmful to your health. It is important to note that some essential oils should not be applied directly to the skin. In fact, there are many different methods of application. Some of the most popular methods are diffusers, dry evaporation, direct application, bath and

massage.

Dilution is necessary because oils are usually too strong alone and may cause allergic reactions. To dilute an oil, add vegetable oil or cream. Only use small amounts at a time. The following are three of my favorite oils:

FRANKINCENSE

Frankincense oil can be used to benefit both mental health and skin care. Its most popular uses are stress alleviation and mental pain relief. When applied directly to skin, frankincense oil helps to treat dry skin, wrinkles, age spots, scars and stretch marks. Most commonly, Frankincense oil is used in aromatherapy.

LAVENDER

Lavender oil is known to help with

insomnia, anxiety, hair loss, premenstrual tension and headache relief. Lavender oil is common in bath bombs and candles to encouraging relaxation. This oil is also useful for anti-inflammatory purposes, especially when targeting irritation and redness.

TEA TREE

Tea Tree oil is most popular for helping with skin related issues. It helps with dry skin, eczema, itchy skin, inflammation, infections, cuts, acne and psoriasis, and it may be used for hair and scalp treatments. Apply tea tree oil in small amounts directly to the focus area. Along with the other essential oils, dilute tea tree oil using a carrier oil.

Make sure the essential oils you choose are beneficial and safe for your purposes by carefully

checking labels or aromaweb.com. There is a quality difference between edible oils and oils meant for external use. Cumin and citrus oils are only beneficial when consumed and can be harmful if applied to skin, while eucalyptus and sage oils are beneficial for external use but can have dangerous side effects when consumed.

When buying an essential oil, make sure to check the ingredients and production details. Lean towards purchasing pure oils that don't have additives. Everyone has a different reaction to essential oils, so before purchasing one, patch test your body's reaction to it or consult a doctor.

Overall, essential oils can benefit people greatly and are fun to use. As long as they are used properly and with care, essential oils can be a great addition to your daily care routine.

Pump up playlist

By: **Madelyn Rinka**
Co-Editor-in-Chief

Everyone needs something to hype them up before a workout, a test or just getting themselves out of bed every once in a while. Pump yourself up and feel like you own the place with this playlist.

1. "NO ROOTS" BY ALICE MERTON

2. "WAY DOWN WE GO" BY KALEO

3. "FEEL IT STILL" BY PORTUGAL. THE MAN

4. "RIVER" BY BISHOP BRIGGS

5. "YOU CAN RUN" BY ADAM JONES

6. "SWEET DISASTER" BY DREAMERS

7. "SEVEN NATION ARMY" BY

THE WHITE STRIPES

8. "I'M A MESS" BY BEBE REXHA

9. "TOO LATE TO SAY GOODBYE"

BY CAGE THE ELEPHANT

10. "MOUNTAIN" BY JONATHAN JEREMIAH

11. "CALL ME" BY BLONDIE

12. "LET ME LIVE / LET ME DIE"

BY DES ROCS

13. "TROUBLE" BY VALERIE BROUSSARD

14. "HIGH HOPES" BY PANIC! AT THE DISCO

15. "DO I WANNA KNOW?" BY ARCTIC

MONKEYS

Easy Dorm Workouts

By: **Alexandra Herlihy**
Sports Editor

Whether you're trying to keep that New Year's resolution or you're just trying to stay in shape in the offseason, finding time to go to the gym is hard. It's even harder when you don't know what workouts to do or how to do them. Many people would just quit on their resolution, but you don't have to. Instead of going to the gym, try these easy workouts that you can do in your dorm room:

Squats

Squats are probably the easiest exercise to do. You just stand with your feet shoulder-width apart and squat down until your legs form a right angle at your knees, or until your thighs are parallel with the ground. For more of a challenge, you can add weight by holding something heavy in front of you, like a stack of textbooks your professor said you would need

and you've never opened.

Mountain Climbers

This exercise is a little more difficult to perform and you will need more room. Get into a pushup position and move your right leg up to your right hand. Then move your right leg back and do the same with your left leg. Do this as fast as you can for as long as you can.

Push Ups

This exercise is often overlooked, but it's great for core and upper arm strength. If you can't do a regular pushup, doing a modified pushup with your knees on the ground is fine. Try moving your hands closer or farther apart to work different muscles in your shoulders.

Sit Ups

This is another common workout that's also great for your core. Any variation of a sit up will do. Try elevating your legs to make your sit up more of a V-Up, or get a friend to hold your feet down so that you can do faster sit ups.

Wall Sits

This is less of an aerobic exercise but can still be beneficial. Just find a wall and place your back against it and pretend you're sitting in a chair. Make sure that there is a right angle both at your knees and at your hips. This is a great way to strengthen your quads. Tip: engage your core to help you stay up.

Burpees

This full body exercise is usually used by athletes. You would start by jumping up in the

air, then you go down into a plank position and you put your entire body on the ground. Then, you would get into a squat position and from there you would jump back up. To make it more difficult, instead of letting your body fall on the ground, do a pushup.

Planks

This is mainly to work your core. It's simple enough, just get into a pushup position and hold it for as long as possible. For more alternates, try putting your forearms on the ground, or doing a side plank by putting one forearm on the ground and the other arm up in the air.

Following these simple workouts, anyone can look and feel happier and healthier for the new year.

ON DECK

WOMEN'S BASKETBALL

V.s. Eckerd
Jan. 9 | 5:30 p.m.
Fort Lauderdale, FL

V.s. Tampa
Jan. 12 | 2 p.m.
Fort Lauderdale, FL

MEN'S BASKETBALL

V.s. Eckerd
Jan. 9 | 7:30 p.m.
Rick Case Arena

V.s. Tampa
Jan. 12 | 4 p.m.
Rick Case Arena

MEN'S SWIMMING

V.s. Florida Southern
Jan. 12 | 1 p.m.
NSU Aquatic Center

WOMEN'S SWIMMING

V.s. Florida Southern
Jan. 12 | 1 p.m.
NSU Aquatic Center

On The Bench:

The crack down on endzone celebrations

By: **Krysyne Edler**
Contributing Writer

It is week 11 of football season and as playoffs are on the horizon, every touchdown is significant. As it is a pivotal part of the game to get touchdowns, it's understandable for the players to be excited but it isn't okay when they take it too far.

Endzone celebrations are a choreographed or "in the moment" display of excitement and sometimes a form of entertainment for the fans. In the past, players have pretended to nap on the ground, jumped into the fan's section and created some dances with teammates.

The NFL has cracked down on end zone celebrations and ran some significant fines to keep the players in-line. But since 2017, most of these bans were lifted, which has created some creative and, at times, distasteful displays.

Tyreek Hill, the Kansas City Chiefs receiver, took over as a camera operator during his celebration in Week 10 and positioned the camera on his teammates and the crowd. Hill seemed to enjoy the display yet, the NFL did not and he was given an unsportsmanlike conduct penalty during the game for this action. Another player Kevin Byard, a safety for the Tennessee Titans, received an \$10,000 fine for unsportsmanlike conduct when he celebrated an

end-zone reception on the opponent's midfield logo.

As these displays are usually encouraged by fans and discouraged by the league, it's hard to decide which side is in the right. These end zone celebrations have become a sort of entertainment value for fans to see how their favorite players celebrate their touchdowns. Some even becoming a signature for the player like Tim Tebow's "Tebowing" where the player took a knee before games and when he scored. So while these players are looking for their signature stunt in the endzone, a majority of the time they care more about the fan interaction than the actual issues that come with it.

When Hill jumped into the stands and flipped the camera around, he could have easily hurt a fan or caused a riot or even gotten himself hurt in the adrenaline rush of it all. The same goes for Byard. Adrenaline and tensions are ever present on the field and a stunt like that could easily anger the opposing team and cause a disturbance on the field. In any case, if there is a safety risk to the players or the fans, these endzones need some sort of limitation.

There are some celebrations like the one of Ben Watson, a New Orleans Saints tight end,

who used the time to announce that him and his wife are expecting a child, which got too harsh of a judgement call. This has been his endzone celebration on two occasions. Once in 2009, when he got fined for using the ball as a prop and last week, when he used the ball the same way, he wasn't fined. Watson credits this to changes in the league standards but there is more to it. As more advanced displays in the endzone have been demonstrated, the league has lessened the strictness of what they deem unsportsmanlike. If you compare it in retrospect, putting the ball under your shirt and rubbing it to indicate a pregnancy or standing on another team's logo have two completely different connotations.

It's human nature to celebrate successes, especially in a competitive atmosphere like football but when the line is crossed and you begin to make a spectacle of yourself or crossing the boundary of being a "good sport" there needs to be a line drawn somewhere in the sand. The fact that there aren't any clear conditions drawn out by the league only makes the issue worse and until they do so, expect some more creative displays of celebrations and the fines that come with them.

OUT OF THE SHARKZONE

NFL to review the Rooney Rule

In early December, the NFL's 32 team owners made an announcement about strengthening rules that obligate teams to consider hiring minorities for coaching and executive staff. The league's chief human resources officer said it was to "beef up" an already existing regulation (called the Rooney Rule), and not a response to criticism that teams have been receiving in recent years. On December 31, the number of minority coaches fired in 2018 went up to five, leaving only two coaches left in a league that 70 percent of the players are minorities. A requirement is each team that has a position to fill has to interview at least one minority candidate from a list by the NFL's Career Development Advisory Panel or a minority candidate who doesn't already have a position in the NFL.

Olympic swimmer retires at age 23

The female Olympic swimmer Missy Franklin announced on December 19 that she will be retiring. Her retirement decision was hastened by chronic shoulder pain. She is leaving the sport with five Olympic medals and the world record for the 200-meter backstroke. Franklin said, "I choose to look at this as a new beginning."

She used her farewell address to talk about all of her positive experiences, from meeting her lifelong friends to the lessons she learned from the sport. Franklin was a legend in the sport

of swimming: winning four gold medals at the 2012 Olympics, six gold medals at the 2013 World Championships, the 2015 NCAA team title with University of California at Berkeley. She capped it off when she won gold at the 2016 Olympics in the relay.

UCONN loses winning streak

The University of Connecticut or UCONN, women's basketball team is one of the most well-known college basketball teams in the NCAA, racking up championship titles year after year. This season they had a regular-season winning streak of 126 games in a row. This streak started over four years ago and came to an unfortunate end against the number eight ranked Baylor. This was the first time that Baylor won against a number one ranked team. The UCONN Huskies last loss was an 88-86 game against Stanford in 2014. Head Coach Geno Auriemma stated that she is not disappointed in the loss, only disappointed that her offense had so much trouble during the game.



ATHLETE OF THE WEEK:

Aldana Foigel



By: **Christina McLaughlin**
Editor-in-Chief



PRINTED WITH PERMISSION FROM A. FOIGEL
Aldana Foigel, pictured above, is seen mid-swing.

Aldana Foigel is a senior communication major with a journalism track and a business minor. Foigel is an international student from Plottier, Argentina, who was once part of the Argentinian Golf Team. Last year, she competed at the NSU GolfRank Invitational and was selected to the Spring SSC Commissioner's Honor Roll.

What are the pros and cons of being a student athlete?

"[Athletes] have so many things to keep up with and a team that is always there for you, so you always want to try your best. Since we are trying to keep up with [academics, athletics and a social life] we become very responsible and

self-reliant. We are very reliable too because we are so disciplined, too. The friends I've made here and the environment at NSU is the best. Being an international student, being a student-athlete made the [acclimation] process so much easier."

What is your favorite thing to do after a tournament?

"My favorite thing to do is eat. When we play tournaments, we are generally on the golf course for 11 hours straight. So when we finish, I can't wait for some carbs and protein. So eating and sitting down with my teammates is my favorite thing."

Who do you consider your biggest role model?

"I'd say my parents. Both of my parents inspire me every single day. When I'm struggling, need something or when I'm happy or sad, they are always there. I've learned so much from them. They are very responsible people and very supportive. They don't care what [sports I focused on], they were just there for me. They were very supportive of me coming to America which was very important to me."

What do you plan to do after graduation?

"I'd like to try professional golf. There is something called the Qualifying school, or Q School, in August where athletes can compete for a place in the [Ladies Professional Golf Association]. There are three stages, so if you make a certain cut then you can go through the

stages. I'd like to try that either this year or next year. If not this year, then I'm going work on a masters degree. But I would like to stick around in America for a little bit."

What drove you to play golf during college?

"In Argentina, you devote your life to university and the student-athlete opportunity doesn't exist. So it's really hard to keep playing a sport the way I wanted to [in Argentina]. I talked to my parents and we looked into colleges from America. NSU was the one I liked the most and I thought why not try because the worst case scenario is I just go [back to Argentina]. So I took the risk and I'm so happy I did."

What has been your favorite moment of the season so far?

"Winning. We won two out of the four tournaments and we placed second overall for the season. My favorite thing was playing again. I was injured the whole season last spring and I had surgery in June back in Argentina. Before I came back, I was doing rehabilitation and when I came back [to NSU] I made the lineup and it was really exciting because I was feeling healthy again and we go to that tournament and we win. It was very exciting"

What are some of your goals as an athlete?

"My number one goal is to play in the LPGA tour someday. I would like to keep up with the lifestyle when I graduate. I want to keep

up with this athletic lifestyle and pass it on to my children one day. I'd also like to give back to NSU all the gave to me. I'm never going to be able to help [the community] in the same way they helped me but I really want to try. Once a shark, always a shark and I know NSU will always be a major part of my life."

What has golf taught you?

"Golf relates to life so much sometimes. I always say that I give so much [of myself] to golf and It doesn't give it back to me. It's hard. Its practicing four hours a day and then going to a tournament and maybe not doing too well. Golf taught me patience and discipline. If you work hard for what you want, good things will happen. It has taught me that nothing is impossible so set your goals and work towards those goals, you can achieve them. It taught me to be honest. Sportsmanship is so important to golf that being an honest person is at the core."

How would you describe the relationship with your teammates?

"We are like a family. We are a team of seven so we spend a lot of time together. For tournaments we ride in a van for five or six hours and we can all rely on each other. They are like my second family. All seven of us are international students and since we feel so far away from home, it's nice that we can be close and create this group while we are here [at NSU]."



This Week in Sports History



By: **Christina McLaughlin**
Editor-in-Chief

From the original Ancient Grecian olympics to last year's Super Bowl, sports have been around for millenia. Today's public, however, often don't know the history of some of the nation's favorite sports. Here you can find some relevant, monumental, and inspiring games that have changed the future of sports forever.

JAN. 8, 1993

Michael Jordan scores 20,000 career point

Chicago Bull Michael Jordan reached a career high of 20,000 points when he scored 35 points against the Milwaukee Bucks in Chicago Stadium. This game also marked his 620 NBA game. During the game, he also had eight rebounds, seven assists and four steals.

JAN. 9, 1979

Bobby Orr's jersey is retired

Bobby Orr, a Boston Bruins defenseman had his jersey number 4 retired on this day. He won a record eight consecutive Norris Trophies for NHL's best defenseman and three consecutive Hart Trophies as the league's MVP.

JAN. 10, 1982

The iconic NFC championship game catch

The San Francisco 49ers beat the Dallas Cowboys 28-27 with a touchdown reception that went down in history. With 58 seconds left on the clock, quarterback Joe Montana made a six yard touchdown pass to tight-end Dwight Clark in the endzone with a leaping grab in the back of the endzone. It's said to have represented the end of the Cowboys domination in the NFC. .

JAN. 11, 1973

American League creates

designated hitter rule

The owners of 24 MLB teams vote to allow teams in the American League to use a "designated pinch-hitter" that could bat for the pitcher so the pitcher could stay in the game. This is done by adding a tenth man to the baseball lineup to bat for the pitcher. This idea was originally suggested as early as 1906 by Connie Mack, manager of Philadelphia Athletics at the time.

JAN. 12, 1966

Red Auerbach wins 1,000 game

Boston Celtics Head Coach won his thousandth game. Over the span of his career he won 938 games and nine NBA championships. He later became the team president in which he won an additional seven NBA titles making him one of the most successful team officials in North American professional sports.

JAN. 13, 1962

Wilt Chamberlain breaks NBA record

Wilt Chamberlain of the Philadelphia Warriors broke an NBA record by scoring 73 points in one game against Chicago which was the most points ever scored at the time. He later broke his own record two months later by scoring 100 points over the New York Knicks.

JAN. 14, 1976

Ted Turner becomes CEO of Atlanta Braves

He is most well known as the founder of the Cable News Network, or CNN. But from 1976-1996 he owned the Atlanta Braves. He later was named Time Magazine "Man of the Year" in 1991 and gave \$1 billion to the United Nations and created the United Nations Foundation.

LOOKING FOR



SPORTS SHORTS



CHECK OUT NSUCURRENT.NOVA.EDU!

Native American historical sites are only gilded attempts at respect

By: **Kelsey Bruce**
Arts & Entertainment Editor

The Sunshine State is certainly a popular tourist destination amongst U.S. residents. Even Florida natives must admit there is much to see and do all within driving distance of their homes. Unfortunately, the bloodier parts of Florida's history have been sun-bleached away and replaced with airy promises of family fun and simple beauty.

Before the violent Native American removal in the 19th century, Florida was home to a variety of tribes which resisted the Spaniards. According to the Seminole Tribe's website, these tribes described themselves as "yat'siminoli" meaning "free people," a term Americans refashioned into "Seminoles" as a blanket term for all Florida natives. Historically, there were two Seminole Wars, the first of which was Andrew Jackson conducting merciless string attacks against natives across Florida, and the second was a seven-year-long product of the 1830 Indian Removal Act.

The juxtaposition between the informational perspective on the overall cost of the Second Seminole War is jarring. On its website, the Trail of Florida's Indian Heritage organization neglects to delve deeper than surface-level regarding the malicious motivations of Americans in the war. While exact Seminole casualties are unknown, the website largely describes fallout in terms of US soldiers and Americans. It's only reference to the malicious motivations of Americans is an acknowledgment of "the obvious duplicity of the U.S. government's tactics," but the organization fails to identify just what those tactics are. Meanwhile, they do not shy away from the wrongs their tribe experienced.

Considering this tragic history that the tourism industry intentionally waters down, it is safe to say protected Native American historical sites don't do nearly enough to acknowledge past transgressions or contribute to significant



PRINTED WITH PERMISSION FROM K. BRUCE

The statue above is unavoidable in the Carl DeSantis building.

reparations. One such site listed by the Trail of Florida's Indian Heritage is Deering Estate, grounds historically home to "Paleo Indians, Tequestas, Seminoles, Afro-Bahamians and Anglo-Americans."

This estate has undoubtedly seen endless cruelty and bloodshed over time — but many couples who marry in South Florida host their wedding there. Its unsettling to think that people are allowed to happily cement their relationships over the same soil where people watched their family die or where they thought they would spend their lives before being dragged out. Another reserved site is Fort Pierce in Old Fort

Park. Aside from the fact this site is named after Lt. Col. Benjamin K. Pierce who was part of the effort to fight the Seminoles off their own land, visitors will only know about the US-perpetuated violence that occurred on the land if they take the time to stray from their paths and read signs that provide brief information. Further, Loxahatchee River Battlefield Park within Riverbend Park only became official in 2,010 years and years after the government dehumanized those with a birthright to the land. Within the park is the 300-year-old "Tree of Tears," a Seminole burial mound designated only by a wooden fence. Even then, the wooden

fence is less to pay respect to the significance of the tree. According to Indian Country Today, the dying tree is "currently fenced in to protect visitors from the falling branches."

That's right: a burial mound for those who died being pushed out of their homes is only marked mainly because of safety to park visitors and not to venerate the countless lives lost.

The US treated Native Americans horribly and their history should not be hidden behind tourist attractions when it's convenient or profitable. The government should do more to educate Florida residents and tourists alike about the land they explore.



Face Off

Are New Year's Resolutions worth it?

By: **Emma Heineman and Alexander Martinic**
Features Editor and Opinions Editor



Yes - Emma Heineman

Although studies show that only 10 percent of Americans succeed with their New Year's Resolutions, it isn't the outcome of these goals that matter. The decision to make a resolution in the first place demonstrates the desire of an individual to make a change: the first step in a long process of initiating actual change. Nobody is perfect, and the chances of messing up a few times along the way are high, but that doesn't defeat the purpose of making a resolution.

Procrastination is a disease that plagues our society. Even if an individual wants to improve an area of their lives, they will often

put it off until a time is more convenient. There will always be a more convenient time to do something, and sure, maybe next week or next month might seem like a better time to commit to a long term goal, but when that day arrives, another future date will still seem like a better option. By setting a specific day and time to begin working towards a resolution, New Year's allows time for people to prepare in advance to stick with their goals.

Of course, throughout the year, individuals should still make well thought out goals with the intent of bettering themselves, but starting with a New Year's Resolution certainly isn't a bad start.

No - Alexander Martinic

Emma brought up a good point: only 10 percent of those who make New Year's Resolutions actually succeed in them. So why make them in the first place? The short answer you shouldn't. You will eventually give up on your resolution, so why even bother? People's expectations for New Year's Resolutions are unrealistic and improperly defined, among several other problems.

When people make a New Year's Resolution, most of the time they choose things that they can't possibly stick with. Like quitting bad habits cold turkey. Resolutions like this are

likely to fail since they take large amounts of time and willpower to fulfill.

New Year's Resolutions are unlikely to succeed, you might as well not try, but waiting until the last possible minute to decide to change may make you feel better about your past year. Procrastination may be a disease, but there is no way that I am not going to wait till the last minute to do something. That includes a feeble attempt at bettering myself. There is no better way to motivate yourself to be better than by having the societal pressure of having and keeping a New Year's Resolution.

DO YOU LIKE THE SOUND OF YOUR OWN VOICE?
HAVE GOOD MUSIC TASTE?



JOIN OUR TEAM! WE'RE ALWAYS LOOKING FOR VOLUNTEER DJ'S. COME TO OUR WEEKLY MEETINGS ON WEDNESDAYS FROM NOON — 1PM IN COMMONS I13 TO HANG WITH US.



Blame it on your Horoscope

By: **Brittany Poore**
Contributing Writer

Every morning to start my day I unlock my phone and read my horoscope for the day so I know what I should expect to happen.

Being a Pisces, I already know what good and bad qualities I possess. Some positive qualities include imaginative, intuitive and sensitive. Some negative traits include weak-willed, over-sensitive, idealistic and pessimistic. Part of life is trying to figure out how to not let our bad qualities get in the way while trying to project how capable we are because of our good qualities.

We're definitely complicated. Even the most stable, well-rounded and kind people have their downfalls or personal challenges. We all have flaws. Some of those flaws are things that we can work on, but some of them are just pieces of who we are and sometimes it's better to simply accept those things about ourselves rather than fighting against our personality type.

We all have stories of feeling deceived, confused to the point of questioning our own

sanity, the disappointment and disheartenment we may feel when we discover that which we were certain was there, disappears. Pisces' tend to be escapists by nature, so when things go wrong, they will blame it on their bad luck or something else and avoid dealing with it fair and square. Hence, maybe why I am writing this and blaming certain events on my horoscope.

Many people think that astrology is just something someone who was bored just came up with. However, some scientists think that the way the Earth is aligned in space can cause humans to act in a particular way, whether we notice it or not. This would prove that our behaviors and moods are revolved around the stars.

As you can see, I am a huge believer in horoscopes. I believe that stars control our destiny.... or not. Anyways, they are always a good enough reason for explaining our most embarrassing and odd moments.

Is there too much funding in space exploration?

By: **Flor Ana Mireles**
Contributing Writer

Technological advances have helped us to explore space further than we ever had in human history, but is there too much funding space exploration? According to BBC Future, the farthest region we have been able to observe of the universe is 435 sextillion km away from the edge of our solar system. While this may not cover the entire universe, it still covers a fairly massive chunk of it. Since the Soviets launched the first artificial satellite, Sputnik 1, into space 57 years ago, we have made revolutionary discoveries about space and what it holds. We have been able to uncover planets similar to ours and galaxies light-years away. While more funding for space exploration brings hope for new discoveries, the amount of funding currently allotted for space exploration should be enough until new technological advances breakthrough.

According to Euroconsult, in 2017, the global government investment for space exploration was a total of \$14.6 billion. This was six percent over the amount of 2016, and it is expected to surpass \$20 billion by 2027. With this money, we have been able to launch 19 planetary exploration missions. NASA is budgeting \$19.5 million for 2019, with an additional \$400 million from supplemental funds for space station operations, deep-space explorations and small

satellite groups. The Trump administration is also planning to continue increasing funds by encouraging public-private partnerships. The administration's goal is to "return humans to the moon" and according to Kimberly Amadeo— in her article NASA Budget, Current Funding, History, and Economic Impact— this acts as the "base for human missions to Mars and deep space."

While these small steps for man may be giant leaps for mankind, we do not yet have the technological advances to get there. The current annual budget NASA has for 2018 is \$20.736 million. This is a good amount of funding for what we can achieve with space exploration for now. While the funding should not be decreased, it should not necessarily be increased either. Unless a new scientific breakthrough presents us with something that can further our space expeditions.

Right now, we can only explore as much as the technology we have allows us to. Therefore, before we entertain the idea of adding more funding, we should think about what this money would be going to and how it can provide us with new findings about the universe. Perhaps one day we will have all the technology and knowledge to uncover everything the universe has to offer.

Stop snacking on hearts

By: **Kelsey Bruce**
Arts & Entertainment Editor

Forming connections in a world filled with people with ulterior and selfish motivations can be difficult. What better way to combat that than by parading your emotional vulnerabilities all over semi-scripted reality TV shows designed to stimulate as much drama — translation, heartache — as possible? Sure, letting someone else deliver romance to your lap sounds tempting, until you realize love is much more complex than something you can just order on UberEats when you don't feel like going out.

Reality TV shows like "The Bachelor/Bachelorette," "Love Island," "Are You the One" and countless others make a mockery of

the human condition. They encourage viewers to shut off their sense of empathy and mindlessly digest others' hardship. Not to mention, these shows display their participant's tendencies to manipulate and lie without thought to how the normalization of malice contributes towards persistent social trends of emotional toxicity.

Most people who choose to be part of these shows are not yet emotionally developed enough to be in a relationship for various reasons. Some of these people are simply emotionally unstable and desperate for any form of affection without regard to whom it comes from and while there's nothing wrong with still needing time to grow,

rushing into a relationship is unhealthy for both parties. People in relationships like this are in danger of being placed on a pedestal where there's nowhere to go but down, being valued only for their superficial aspects or ability to give attention rather than their unique qualities or becoming dependent on their partner for validation they should work on building in themselves. Worse, some of the people on these shows are there to take advantage of the insecure personalities they are sure to encounter. Especially on shows that offer chances at shifting romantic focus to different love interests, many players are there to manipulate their way into

emotional and sexual gratification from already-vulnerable people.

Not to mention, this disregard for an individual's humanity does not end when the season does. Many media outlets continue to pursue reality stars, dishing out any "juicy" detail of their lives and ignoring what emotionally impact any breaches of privacy or boundaries may have on these very real people. This gross digestion of other people's lives should stop, or at least be reformed. It's heartless — the exact opposite of what shows like this purport to be.

SHARK SPEAK

WHAT STYLE OF CLASSROOM LEARNING EXPERIENCE DO YOU PREFER: LECTURE OR DISCUSSION BASED AND WHY?



"Discussion based because it gives you an opportunity to understand the material and then discuss it with your professor versus in a lecture setting, your teacher could be talking to you and you wouldn't understand anything and then you'd just go home."

-Alina Hussain, junior public health major



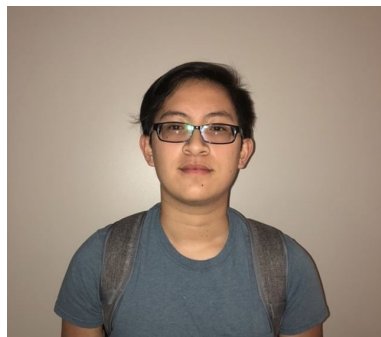
"Discussion based because you get to interact a lot more one on one with the professor and you get to really get to know your subject more than sitting in a lecture and just taking down notes."

-Sejul Phanord, freshman engineering major



"Discussion based because I like hearing other people's ideas and opinions on topics."

- Halle Hevener, sophomore marine biology major



"Lecture learning because sometimes with discussions, the other students might repeat the same topic over and over again. Sometimes the material is just really complicated and it's best for the professor to explain that topic."

-Ken Bui, freshman biology major



"A mixture of both. I like the lectures [with professors] but the discussion helps me [understand] the information better."

-Stephen Reinking, junior biology major

THE ORIGINAL
Del Vecchio's
PIZZALOFT

SAME PIZZA LOFT
 RECIPES AND STAFF
 YOU'VE GROWN
 TO LOVE



2060 S University Dr, Davie, FL 33324
 (954) 476-9336

INTERNSHIPS AND RESEARCH CENTER

Spring Recruit a Shark Day

INTERNSHIP OPPORTUNITIES

RESEARCH OPPORTUNITIES

Are you looking for an internship, job,
 research or volunteer opportunity?

Gain an edge this fall by
 finding your dream internship!
 Career Development is here to
 help. Find a few internships
 below...

Dental Medicine

Student Participation: We are looking for undergraduate students interested in examining the possible association of periodontal disease with Alzheimer's disease. The results of the project will be used for poster presentations and for an eventual publication.

Time Commitment: 10 hours per week
 Minimum GPA & Major: 3.0 GPA/ Any STEM major

Skills/Experience: Basic lab experience

Dental Medicine

Student Participation: We are looking for undergraduate students interested in examining the molecular mechanisms underlying ceramide-mediated fusion of senescent osteoclast precursors in vitro through a cathepsin B-induced Myh9 degradation pathway. These results are expected to challenge the long-standing belief that LPS/TLR signaling is the main pathway of oral innate immune responses and will lay the foundation for opening a new paradigm of ceramide-mediated periodontitis pathology. The results of the project will be used for poster presentations and for an eventual publication.

Time Commitment: 10 hours per week
 Minimum GPA & Major: 3.0 GPA/ Any STEM major

Skills/Experience: Basic lab experience

NSU Recruit a Shark Day

Tuesday, March 14, 2019
 3:30 p.m. – 6:00 p.m.

The Rick Case Arena at the Don Taft University Center

Connect with talented NSU students and alumni for:

VOLUNTEER/SERVICE

RESEARCH POSITIONS

JOBS

INTERNSHIPS

For more information, call (954) 262-7195 or email cdalessio@nova.edu

NOVA SOUTHEASTERN UNIVERSITY
NSU
 Florida

- U.S. Department of Homeland Security: [Student Volunteer Internship](#)

[Changing The Present: Human Resources/ Organizational Psychology Internship](#)

[Jaime Peralta State Farm Insurance: State Farm Office Associate/Intern](#)

[USDA-Agricultural Research Service: Environmental Science Internship](#)

[Discovery Inc.: Spring 2019 Internship](#)

[MOD Pizza Florida: Local Store Marketer](#)

[Psychological Assessment and Treatment Services: Psychology/Mental Health Internship](#)

All events, internships and job opportunities can be found on **handshake**
 at nova.joinhandshake.com

NSU Career Development ☎ (954) 262-7201

Locations: Horvitz Office (1st Floor of the Horvitz Building, Room 152)
 DeSantis Office (Carl DeSantis Building, Room 1042)

This event is hosted by Career Development and the Office of Student Leadership and Civic Engagement