The Office of International Affairs will host the annual International Education Week from Nov. 12 - 16 with campus-wide events and programs that highlight the international initiatives and cultural awareness at NSU.

According to the U.S. Department of State and U.S. Department of Education, ‘International Education Week’ is an opportunity to celebrate the benefits of international education and exchange worldwide. This joint initiative is promoted to prepare individuals and institutions for a global environment and attract future leaders from abroad to study, learn, and exchange experiences.

At NSU, the Office of International Affairs along with the Razor’s Edge Global Scholars will host events to bring together student leaders, departments, programs, and campuses in celebration of the internationalization at NSU. Events throughout the week aim to engage the campus in global issues, empower students to pursue international experiences, and celebrate all of the diverse cultures represented on campus.

IEW kicks off Nov. 12 with an Opening Ceremony in the Alvin Sherman Library quad from 12:30 p.m. to 1:30 p.m. This ceremony will showcase a parade in which students from various countries will hold their country’s flag and parade around the campus beginning at the Hornsby building, going around the Gold Lake and ending at the library quad. This will allow international students to connect and interact with each other, displaying the diverse culture at NSU.

On Nov.14, the diverse student organizations on campus will host The Multicultural Fair at the HPD Terry Building Clocktower Courtyard from 11:30 a.m. to 1:00 p.m. to spread awareness on the cultural diversity at NSU. This event provides free food, giveaways, and a pleasant ambience with great music. Various organizations will also come together from 4:00 p.m. to 6:00 p.m. at the ‘Breaking Stereotypes: A Discussion and Celebration’ workshop at the Don Taft University Center.

Graduate Assistant for the Office of International Affairs, Sarah Brandt said, this event will include a discussion on stereotypes, on how to break those stereotypes and overcome them. From them, it will go into a celebration on how the organizations want to be recognized, what parts of their culture they want to share. They want to give students the right experience by portraying it properly.

Informational workshops such as Mini-Language Lessons with the Testing & Tutoring Center, Tips for Writing an Application Essay, Dating Across Cultures, Research Around the World, Career Advice and Pizza Slice, etc., will be held throughout the week. These workshops are a great opportunity to learn about the global environment and engage with other students.

On Nov.16 the Office of International Affairs will sponsor the Global Village event at the Don Taft University Center from 12:00 p.m. to 1:00 p.m. This event gives international as well as domestic students, an opportunity to represent and share their culture/country pride with the entire NSU community.

“By giving them the opportunity to share their culture and show international students that we care and that we want to learn more about where they are from, makes them feel more welcomed into our community,” Brandt said.

Various workshops like Sharks Abroad Info Session, OPT F-1 workshop, CPT F-1 workshop, H1-B & Beyond, etc., will be conducted on Nov.12, Nov.13, and Nov. 15. These workshops will cover the basics of finding, preparing and completing requirements for study abroad programs, tips and guidelines regarding OPT and CPT through F-1 visas, the process of sponsorship through H1-B, and information regarding permanent residency based on employment. These events require pre-registration.

Other activities include a movie night with the Nature Club, yoga and meditation sessions offered by SKY Meditation and Yoga, and NSU’s Amazing Race based on the popular reality show The Amazing Race. Here, participants in teams of two complete challenges related to the seven modern wonders of the world. This is a pre-registration event and the registration deadline is Tuesday, Nov. 13.

Students will also get to experience different kinds of international foods offered by Chartwells at the Razor’s Reel, Don Taft University Center during lunch time.

Brandt said she expects this year’s events to be more student-led as it is the best way to find out what students want. This way students can connect to their peers easily and without any hesitation.

She said, “celebrating cultures, promoting diversity, and raising awareness about globalization for all students so that they realize that globalization is becoming a very common thing and knowing how to interact in a global market is something that should be uploaded in any institution.”

For more information on the events please visit the Office of International Affairs page on the NSU website or contact Sarah Brandt at sb3002@nova.edu.
Mass shooting in California bar

A gunman entered the Borderline Bar and Grill, a country-music bar, in Thousand Oaks, Calif., on the evening of Nov. 7. Twelve people were killed in the mass shooting, including a sheriff’s deputy who arrived first on the scene. The bar was full of college students for the bar’s college night. The New York Times reported that the gunman was dead and that several witnesses credit their survival to other attendees. The Times reported that “witnesses also told local news media about patrons in the back of the bar who broke out a window and helped a number of people escape.” The gunman was identified as a 26-year-old Marine veteran.

Jeff Sessions replaced as Attorney General

At the request of President Trump, Jeff Sessions resigned as attorney general. Sessions served as a senator for Alabama for ten years prior to his role in the Trump administration. Trump tweeted, “We are pleased to announce that Matthew G. Whitaker, Chief of Staff to Attorney General Jeff Sessions at the Department of Justice, will become our new Acting Attorney General of the United States.” Whitaker will most likely become our new Acting Attorney General of the United States. Whitaker is an Iowan lawyer that joined the Department of Justice for the second time in his career in 2017.

Black woman dies in Borderline Bar shooting

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Google alters sexual misconduct policy for employees

On Thursday, Google announced that it would end its practice of forced arbitration for claims of sexual harassment or assault within the workplace. This is in response to the staged walkout of 20,000 employees two weeks ago. This protest was due to public outcry after Senior Executive Andy Rubin received a $90 million exit package from the company after he was accused of sexual harassment from credible sources. In an email to the staff, the chief executive said that the request to alter the sexual harassment policy was “taken seriously and committed to making the changes needed to improve” according to the New York Times.

47 dead after bus crash in Zimbabwe

Two long-distance buses crashed into one another near Rusape, Zimbabwe on Nov. 7. As of Thursday afternoon, 47 people had been pronounced dead, Elton Gwezidzambe, the provincial minister of Manicaland Province, told the press that “one bus tried to pass two large trucks on a stretch of road where overtaking is prohibited.” Both buses were speeding which also contributed to the collision. The death toll is expected to rise, and 80 people were take to the hospital following the crash. Rusape’s morgue was filled to capacity following the crash.

Facebook and Twitter affected by widespread outages

Facebook and Twitter were affected by widespread outages on Thursday, according to the Down Detector website. The Facebook page of President Trump was down as of the publication of this article.

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Former Miami Dolphins tackle mental health

Two former Miami Dolphins players, with NSU ties, Dwight Hollier and Julius Thomas, hosted a screening of "The Incredibles," a live-action film, on mental health in sports Tuesday Nov. 7. Linebacker Dwight Hollier was drafted by the Miami Dolphins in 1992 and played eight seasons with the team. He earned his master’s in mental health counseling from NSU in 2000 while still playing for the Dolphins. Hollier served as the NFL’s vice president of wellness and clinical services, and now is the senior associate athletic director at the University of North Carolina. In 2017, tight end Julius Thomas played with the Miami Dolphins. Thomas spent most of his career with the Denver Broncos and played in Super Bowl XLVIII, but also played for the Jacksonville Jaguars. Now retired, Thomas is pursuing a doctorate in clinical psychology at NSU. “I decided to get my doctorate in clinical psychology, so I could help athletes better understand what they are going through and, ultimately, have the quality of life that I want to see,” Thomas said in the NFL segment “Life After Football.” NSU faculty members Robert Seifert, Jamie Tartar, Mindy Dunagan and Charles Golden also served as members of the panel.

PVA visits the darkside with “Little Shop of Horrors”

From Nov. 16 to 18, the department of performing and visual arts will present “Little Shop of Horrors,” the classic black comedy musical, in the Don Taft University Center’s Blackbox Theatre. This production, directed by Bill Adams, an associate professor in the department of performing and visual arts, will explore the darkside of the musical genre with the classic 60's horror comedy movie. The film evolved into a 1980s cult-classic film and a major Broadway production that has “devoured hearts for the past 30 years,” according to the musical’s description on the PVA website.

“This show is particularly current since the show follows the [German] Faustian legend, which is when Faust said his soul to the devil for love,” said Adams.

The performance mainly revolves around Seymour Krelborn, a floral assistant who discovers a new plant species he names “Audrey II,” after a girl he admires. The plant, the major description on the PVA website.

This show has a Tim Burton-esque scenic design throughout. The scene, set and location of the show have a futuristic 60's feeling. "The actors in this production have also been challenged as they will perform this entire show without the use of microphones. In music theater, actors traditionally wear microphones to save their voice from strain and allow for audience members to hear them clearly. “We are not using microphones for this show, so students must project or ‘pump it up’ to really let their audience hear them. I’ve challenged them to use their voices more appropriately, healthier and to [project],” said Adams.

For students new to the world of theater, this show has a Tim Burton-esque scenic design elements throughout. The scene, set and location of the show have a futuristic 60's feeling. “If you come to see ‘Little Shop of Horrors’ expect to dance, laugh and cry while listening to an upbeat and beautiful score. It is an exciting show you don’t want to miss,” said Kelly.

The show does have some relevant themes with underlying messages and the cast hopes audiences can learn from the show while enjoying the theatrics of it all. “It’s a tragedy, I think there are some classic lessons to be learned. Consider very carefully before you make choices in life and be true to yourself. That’s as old as it gets...and don’t sell your soul to the devil,” said Adams. Students interested in attending the show are encouraged to buy tickets in advance as ticket sales out quickly. Students with a valid NSU student ID can purchase tickets for $7. Visit www.brownpapertickets.com/rnp/994773 to purchase tickets for the show online.

Faculty symposium on service and therapy animals

A faculty symposium on the legal, ethical and health issues of service and therapy animals will be held on Nov. 15. The benefits of service animals will be discussed alongside the controversies. Presenters include Amadina Foster, NSU associate professor of law, and Shelley Green, NSU professor of family therapy. Foster teaches disability law courses and her scholarship focuses on disability law and insurance coverage issues for individuals with disabilities. Green is the director of NSU’s equine assisted family therapy program. The presenters will explore how service and therapy animals are affected by the Americans with Disabilities Act, Fair Housing Act and Air Carrier Access Act. RSVP by emailing facsymposium@nova.edu.

FINtastic Fridays is a new undergraduate admissions event that allows high school students to visit NSU. The events are an information session on the undergraduate admission process, and NSU’s academic programs and the premier programs offered. The visits will feature a Q&A panel of dean’s and faculty. Admissions is looking for representatives from each college and undergraduate program to serve as members of the panel. Admissions also needs Premier Program students to lead hands-on activities with the visiting students. For those interested in participating email valencia.fortes@nova.edu.

Library hosts final survival weeks

The Alvin Sherman Library is helping students prepare for finals with survival weeks. From Monday Nov. 26 to Friday Dec. 7 at 5 to 6 p.m., the library will be offering free snacks and coffee to students while supplies last. There will also be extra study rooms available to reserve. The library will extend their hours Saturday Nov. 24 to Saturday Dec. 8, 7 a.m. to midnight. For quiet individual study sessions, students can utilize the study carrels on the third and fourth floors. There are two collaborative study rooms in rooms 307B and 307F on the third floor of the library. Some of the study rooms are on a first come, first serve basis and others require an online reservation. To reserve a study room visit http://library.nova.edu/nsu/uc.

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When walking through a crowd, one tends to see the diversity in humanity: different heights, styles, surnames and, namely, postures. One tends to notice another person’s posture upon any encounter. Noticing whether someone slouches or “puffs out” their chest can be key to noticing whether they’re self-conscious or overconfident. Picking up on body language cues is advantageous in navigating both social and business situations. Perhaps the more compelling aspect of posture is not how it affects those around you but how it affects you. Knowing that you don’t look as poised and self-assured as those around you is bound to have a psychological impact. If you tend to compare yourself to others — something everyone does — then having subpar posture is another factor to consider when assessing your worth in particular social situations. Still, posture’s impact goes even further. Your regular posture has an effect, but manipulating your posture, even for a short period of time, can actually boost your confidence.

According to a TED Talk by Amy Cuddy, an American social psychologist, using power poses, essentially spreading your body into stances that take up space, has physiological effects that alter hormones such as testosterone and cortisol which are associated with stress and power. Testosterone increases one’s animalistic sense of power. It gives a person their fighting strength. On the other hand, excess cortisol is related to high levels of unresolved stress. Power posing for only two minutes by spreading out your arms and legs through starfishing or striking a “Wonder Woman!” pose will increase one’s testosterone level and decrease cortisol level — physiologically making one more capable in the situation at hand.

Cuddy’s findings, published in the 2010 addition of Psychological Science, are situational, but improving postural deficits also improves a person’s general mental state. A study conducted by Erik Peper, Richard Harvey, I-Mei Lin and Jacob Perez suggests that poor posture is not only correlated with negative emotional states but increases their likelihood. In the study, subjects were more capable of recalling negative memories while slouching and positive memories while sitting up straight. These finding certainly tie in with Cuddy’s: good posture encourages positive feedback from the brain and vice versa.

All considered, sitting up straight and keeping your chin held high can help some people get through rough patches and improve one’s general emotional health. Sometimes we are left powerless in the world, and this is a way to create your own power.

**Significance of Florida’s state symbols**

**Animal:**
**The Florida state animal, not to anyone’s surprise, is the Florida panther. The Florida panther is the one of the most endangered mammals in Florida and the world, with population numbers estimated between 120-230. It makes its home in pinelands, hardwood hammocks, and mixed swamp forests and feeds on deer. The Florida panther became the Florida state animal, in 1982, when students throughout the state got to vote on what they wanted the animal to be. It was between the manatee, the alligator, and the panther, and the Florida Key deer. The Florida panther is a part of captive breeding programs to prevent the species from going extinct and to increase the genetic diversity of the species population, but Florida’s expanding panther territory.

**Marine Mammal:**
The title for the Florida state marine mammal goes to the West Indian manatee. This manatee makes its home in the southeastern United States and the Bahamas, but can migrate all the way to Texas or even Rhode Island with the cold waters. In 1975, legislation was passed to designate the manatee as the state marine mammal. There’s been a lot of movement to threaten this species because of boat strikes threatening their numbers. Even though they’ve recently been moved from endangered to threatened, the management strategies will remain to ensure their long-term survival.

**Saltwater Mammal:**
The Florida State Saltwater Mammal is the dolphin. In 1975, the same legislation that designated the marine mammal also designated the “porpoise” as the state saltwater mammal. While the bottlenose dolphin is often referred to as a porpoise, it is actually a mammal. These dolphins are known to be very playful, often racing alongside boats or in their wake. This animal is not on the endangered species list, and is historically seen by sailors as a sign of good luck.

**Saltwater Fish:**
The Atlantic sailfish is Florida’s saltwater fish. They are popular as a saltwater game fish in Florida offshore waters. They are infamous for putting up impressive fights when they are caught by anglers, as their brilliantly large and vibrant sail raises when they are excited or when they come to the surface. In recent years, however, the population has been decreased because of overfishing and accidental harvesting by commercial fishers.

**Stone:**
The state stone is agatized coral. It was named the state stone in 1979 and is fossilized remains of coral, which become goeddes lined with smooth, spherical agate over time. Corals become fossils after acidic groundwater dissolves calcium carbonate skeletons of coral. Dissolved silica replaces calcium carbonate and the groundwater deposits minerals, giving the coral the appearance of stone.

**Gem:**
The Florida State Gem is not even found in Florida. It’s the Moonstone, which is a form of the mining fieldspar. Moonstones are often found in New Mexico, but can also be found in Brazil, India, Germany, Sri Lanka, Madagascar, Myanmar, Mexico and Tanzania. The moonstone is a Florida state symbol because of all the space expeditions that were launched from Kennedy Space Center in Brevard County.

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**Features**
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**By: Kelsey Bruce**
Arts & Entertainment Editor

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**By: Alexandra Herlihy**
Sports Editor

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If you play the lottery, your chances of winning are one in 13,983,816. Although these chances are slimmer than slim, thousands of Americans play the lottery on a daily basis. According to Lotterylegend.com’s 2018 Lottery Study, the average American will spend $229 on a year on lottery tickets and seldom be a winner. If this is the case, why do we continue to test our odds?

The modern lottery system dates back to 1539 and has become a significant source of revenue for all the states that offer it. It has raised over $167.6 billion in profits and continues to rise.

Despite endless individuals testing their luck with the lottery in hopes of winning, many winners end up regretful of having crossed the victory line.

Don McNay, a financial consultant for lottery winners, states that many lottery winners “wind up unhappy or win up broke.” According to the ticket delivery company Lotto Agent, 70 percent of winners end up bankrupt in seven years. With that said, there is also the supposed “curse of the lottery” where winners find themselves spending their fortunes or meeting tragic ends.

Sienna Konstan, a personal finance writer, states that you might not want to win the lottery because “your friends will take advantage of you,” your relationship could fail, “you’ll have an increased risk of bankruptcy, you might have to fight off a host of long-lost family members and you’ll be a target with a litany of lawsuits and scams.” Winners of the lottery have fallen victim to substance and drug abuse, fraud scams, depression, anxiety, murder and financial debt.

There are, of course, many advantages to winning the lottery. With the winnings one could become financially free and pay off any debts, mortgages or loans they may have, change their lifestyle, invest, travel and donate to charity. However, the agent also states that “The more money you have, the more of the things you can choose from.” Thus, winning the lottery allows the winner to have more options that might not have been available before.

With winning the lottery also comes the inevitable cut of your fortune in taxes. Lottery winnings are taxed as if they were income, so the IRS taxed 39.6 percent of the money. The government also withholds 25 percent of the lottery money before it even gets to the winner. There are not only national taxes to be paid when having won the lottery but also local taxes. Depending on your state, winners may have to pay between three and nine percent in these taxes. How much you owe, however, depends on how much you have won and how you have chosen to receive that money. Lottery winners have the option to take the lump sum or the cash payout or annual payments over the next 30 years. In addition, many financial experts suggest that winners take the one-time payout as tax bills may increase over the next 30 years.

Oct. 23 marked the second highest lottery in the United States with the Mega Millions at $1.537 billion. Although it was only $94 million away from the highest lottery so far (Powerball at 1.586 billion on Jan. 13, 2016), it is still a tremendous amount of money. May the winner be wise with their finances and not fall victim to the supposed “curse of the lottery.”

Modern Royalty

By: Danielle White
Contributing Writer

The union of Prince Harry and Meghan Markle this past May was one of the most watched television broadcasts, bringing in over 20 million viewers worldwide. As Meghan Markle is an American, audiences in the United States were naturally interested in the nuptials of the new royal couple.

The retired actress is now a member of the British Royal Family and is expecting her first child in 2019. While she’s taking the years-long process to become a British citizen, the Duchess of Sussex has a royal protocol she must abide by due to her new title. For all fans of the Royal Family wondering what they do on day to day basis and how Meghan is adjusting, here’s a glimpse into the life of modern day royals.

The role of a Royal

As Duchess of Sussex, Meghan’s role is to be a working representative of the British monarchy. All members of the Royal Family must undertake duties of the Queen in the United Kingdom and overseas. This includes being an official patron of the Royal Foundation, becoming a Commonwealth Youth Ambassador, and doing charity work for organizations of her choice. Members of the Royal Family represent the Queen and play an important role of encouraging public and charity sectors.

In addition, members of the Royal Family play a role in promoting national unity and recognizing the work of the Armed Services. Every year, the Royal Family as a whole carry out over 2,000 official engagements worldwide. Since their big day, Markle and Prince Harry’s first royal tour as a married couple took place in Australia, New Zealand, Tonga and Fiji. The 15 day tour focused on youth leadership, environmental and conservation efforts, as well as introducing new Queen’s Commonwealth Canopy projects. One of the Royal Foundation’s notable events created by Prince Harry, the Invictus Games, was a highlight of their trip. The biggest role of all for the Duchess is taking over the Queen’s position of welcoming the youth in the Queen’s Young Leaders program.

School violence: a changing culture

By: Emma Heineman
Features Editor

Schools across the United States are facing a surge in the number of school shootings within the last few decades—leaving parents, students and communities to ponder the influx in these tragic events. People widely disagree on the formal definition of a school shooting, and many people argue that the media falsely classifies incidents occurring near schools as “school shootings.” This discrepancy makes it difficult to know for sure how many incidents have occurred.

Scott Poland, an adjunct professor in NSU’s college of psychology and the co-director for the suicide and violence prevention office said, “There is a great deal of concern that the media has given everyone the impression that schools are very dangerous, when in reality they remain the safest places that children in America go.”

With over 130,000 schools in the US, the probability of a violent school incident, though increasing, is still low. Poland has worked extensively on the topic of school shootings for several decades, presenting to parents, students, and schools across the nation on the importance of violence prevention measures in schools.

The first rediness he offers is a focus on gun responsibility.

He said, “It means that adults who have the rights to own guns need to keep those guns out of the hands of their children. The vast majority of school shootings got their guns from their very own homes, so it is not a question of trying to take away people’s guns, it’s a question of how can they become more responsible.”

The second point Poland makes is the importance of prior knowledge in the prevention of these incidents. According to a federal study conducted in 2004, in 81 percent of cases, at least one person knew about the perpetrator’s intentions before the attack. 59 percent of the time, the perpetrator told two or more people.

“T here is a tremendous option to prevent shootings if we could get students more involved… I also believe strongly that school safety needs to be primarily considered an inside job, meaning that we need to get students involved in their own safety,” said Poland.

Mental health and detection of potentially dangerous psychiatric conditions also play a major role in the frequency of school shootings. The National Association for College Admission Counseling (NACAC) recommends a student to counselor ratio of 250:1, which is greatly surpassed by most states, including Florida, which averages one mental health professional for every 485 students. Without the resources available for students to seek adequate help, many turn to violence.

Poland explained, “The more we were to increased mental health services in our schools and provide intervention to disturbed students, then we would greatly increase our ability to prevent school shootings... [schools’ focus on students’ mental health] needs to be dramatically changed. The ratio of all of those personnel to the students in Florida is simply insurmountable.”

School shooters are largely categorized into one of three types: psychopathic, an individual without any conscience or remorse; narcissistic - someone without a firm grasp on reality and traumatized, individuals who come from a traumatic background, home life, etc. If adequate mental health services were available to students, the probability of these incidents could be decreased.

According to the Nation Threat Assessment
It happens to the best of us: The weekend before classes started, I had just finished my seventh book in two months. Upon closing the book, I found myself impatiently shuffling through my “to read” stack for my next road—except that was two and a half months ago. I never did crack open that next book. The most difficult part of reading is picking a good book and starting it. I’ve taken care of the first step for you. Here are five recommendations for books to read when you want to get back into reading. Take your pick, grab a big cup of coffee, find a cozy spot and get cracking.

“The Double Bind” by Chris Bohjalian

Psychological thrillers are my favorite. “The Double Bind” is slightly different, though. The main character has demons just like the rest of us, but she’s likable. I found myself feeling empathetic and rooting for her. Still, woven into the novel are snapshots of topics that are not addressed like they should be: sexual assault, mental illness and homelessness. Bohjalian does tie in F. Scott Fitzgerald’s classic, “The Great Gatsby” to the plot story. (Trigger Warning: This novel contains chapters that depict sexual assault and/or violence.)

“The Double Bind” was a page-turner that I couldn’t put down (except that was two and a half months ago). I never did crack open that next book. The most difficult part of reading is picking a good book and starting it. I’ve taken care of the first step for you. Here are five recommendations for books to read when you want to get back into reading. Take your pick, grab a big cup of coffee, find a cozy spot and get cracking.

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“The Double Bind” was a page-turner that I couldn’t put down. In the beginning: A father’s best friend is the last to see your shirt as a powerful reminder.

Tune in at Nova.edu/radiox/listen.html

RadioX is now streaming online every night from 6PM to Midnight! To rock out with us!

Books to read when you want to get back into reading

By: Nicole Cahill

Co-Editor-in-Chief

Nicole Cahill

By: Christina McLaughlin

Co-Editor-in-Chief

Christina McLaughlin

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SOUNDDBITE

“Petaluma” by This Wild Life

Sometimes it seems that the music industry is clouded with auto-tune, electronic and computer-based tech and meaningless lyrics to the point that many listeners have forgotten what the simplicity of music can be: just a guitar and a lyricist. But acoustic bands like This Wild Life are working to change that narrative in the music scene. This acoustic two-piece—Kevin Jordan and Anthony Del Grosso—hail from Long Beach, CA and spent years playing shows and marketing themselves to record producers and fans. The band transformed during that time, switching from a mainly pop-punk sound to an acoustic one after realizing it fit better with the band’s vision. In 2013, their acoustic cover of “Sleepwalking” by Bring Me the Horizon, a popular metalcore band, put them on the map. Since then, Epitaph Records signed them, and in 2014, they released their first full-length record “Clouded.” In 2016 they came out with another album “Low Tides.” Fast forward to five months ago in June, This Wild Life released their third album “Petaluma.”

“Petaluma” incorporates the same sound and messages from previous albums but has a light and airy vibe that is perfect for a beach day or a nice, quiet drive. In the past, the band has made it a point to release singles that have string messages such as “No More Bad Days” which is dedicated to Kevin Jordan’s mother and all women who are battling breast cancer. “Petaluma” is no different with its single “Westside” focusing on supporting the victims of sexual assault, reassuring them that “you can never be a burden” through the chorus.

Each song on this album features unique melodies and meaningful, sometimes somber lyrics which have a resonating sound of peace and relaxation. This album feels like a love letter to summer: love, memories and hardships are all brought a sense of realism to the album and connect on an intensely personal level with listeners. Two stand out songs on this album are “Positively Negative” and “Come Back Down.”

In the music video for “Positively Negative,” the duo are on the open-road skateboarding, driving, stopping at a gas station and playing various instruments in the car during what seems like a sunny summer road trip. This perfectly embodies the summer wanderlust feelings in the lyrics of the song like “it is time to get away” and “I’m breaking out...I’m catching my breath now”.

“Come Back Down” has an upbeat take on what it is like to lose a loved one. The music video features the relationship between an owner and his dog, but it can apply to a family member or friend. In the song, they recognize the feelings of missing the individual during the more somber parts but focus on an upbeat chorus section that forces listeners to think of the beautiful and fun memories they’ve shared instead of focusing on the bad. The song stresses not to forget or repress the connection with this individual but memorialize them properly in a healthy way, something all listeners can relate to.

For fans who want to learn how to play some of these songs, the band features a guitar tab section on their website thiswildlifeband.com with video tutorials and pdf versions of the songs. This really shows how the band is willing to bridge with the fans not only to share their music but to give their fans a chance to connect to the creators in learning how to play these songs.

This Wild Life is currently on tour and will be playing at Revolution Live on Nov. 24 in Ft. Lauderdale.

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Here, This Life Life opened for Real Friends and Myday Parade for the AP Tour 2015.

By: Amy Poehler

Who doesn’t love Amy Poehler? From “Saturday Night Live” to “Parks and Recreation,” Poehler is a comedy staple. Her memoir includes humorous yet down to earth stories, pictures, advice and so much more. Once you finish reading, you’re definitely allowed to proudly pin—Pawnee Goddess style—a “be the Leslie Knope of whatever you do” badge on your shirt as a powerful reminder.

“Tuesdays with Morrie” by Mitch Albom

If I were to make a list of books everyone should read, this memoir would be at the top. After graduating and making a life for himself, Albom drifted away from his college professor and mentor. They reconnect years later when the professor has just months to live. Full of wisdom and a whirlwind of emotions, this is a vital read for college students.

“Baseball Life Advice: Loving the Game That Saved Me” by Stacey May Fowles

When I think of the quote, “How can you not be romantic about baseball?” in “Moneyball” by Michael Lewis, I think of Fowles’ book. Her writing is passionate and candid as she beautifully dives into a sports fandom that is far more than balls and strikes. Her collection of short essays remind the reader why they love the game so much. “It’s Enough That We’re Here: Thoughts on Baseball and Recovery.” “It’s Okay to Have the Hots for Baseball Players: A Manifesto” and “The Magic of the No-Hitter” are just some of the topics you’ll explore in Fowles’ romantic baseball masterpiece.

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Whether you’re trying to cut back on meat for the environment, your health, ethical reasons or because those PETA commercials finally got to you, there’s plenty of benefits to cutting back on the cow— but it can be difficult. Here’s a few recipes that make it easier to eat plant-based once or twice a week.

Taco night
Tacos and burritos are some of the easiest foods to make vegan. There’s a couple things you can add to your fiesta without being humbled about the lack of beef.

**Ingredients**
- Soytipo (find it at Trader Joe’s or other healthier grocery stores)
- Vegetarian refried beans
- Roasted green chiles, canned
- White rice
- Salsa
- Torilla
- Lettuce, tomatoes, onion, olives, or any other toppings you’d like

**Recipe**:
Heat up the Soytipo in a pan, making sure it hits the temperature designated on the package. Add a small can of refried beans and heat. For the rice, make it according to the package, but take out 1 cup of the water and add an extra 1/2 cup of salsa to the pot before boiling. Serve on corn or flour tortillas, and sprinkle on your favorite toppings.

**Vegetable paninis**
There’s nothing a vegetarian or vegan fears more than a soggy “grilled” vegetable wrap at a party. But that sandwich doesn’t have to be a disappointment.

**Ingredients**
- Eggplant
- Zucchini
- 3 tomatoes
- Pickled onion
- Olives
- Spinach
- Bakery bread, like Italian or a baguette

**Recipe**:
Cut the eggplant, zucchini and tomatoes, and place on a clean dish towel or paper towel. Tub off all the extra moisture. In a nonstick pan, put the vegetables in and wait until they blister, or begin to darken and get soft. While the vegetables are cooking, chop up the pickled onion and olives (use kalamata for a more tangy touch, black for a classic flavor or pickled green to be a bit sour) into small pieces. Mix the pieces in with the hummus so that they don’t fall off the sides. Put all of the ingredients including the spinach onto the bread, and put it back into the hot pan. Flip it over until it’s toasted, or use another hot pan to press it down.

**Sushi bowls**
I love sushi just as much as the next vegan— but sometimes it’s hard not to get sick of the same boring rolls over and over again. If you’re craving the flavors of sushi but want a bit more texture, this recipe is for you.

**Ingredients**
- Tofu (one block)

**Recipe**:
Pack a football, volleyball or frisbee to pass time. Spend quality time with your friends for Friendsgiving watching the sunset over the horizon.

**Thanks Giving by Yourself**
Now that we’re in college with busy schedules, we students have developed a sense of independence and responsibility. Maybe celebrating Thanksgiving by ourselves is another responsibility. While I do not advise buying all the food your mom normally would tell you not to eat and gorging yourself into a food coma, as an adult you have the power to celebrate Thanksgiving anyway you’d like. Cook a meal for yourself, and have a quiet night in. You can also prepare for Black Friday deals and go shopping at the mall. How you choose to spend Thanksgiving is up to you.

**Winning the Wardrobe War**

**Cardigans**
Everyone has an article of clothing or two that is a must-have and works with any outfit. If you’re looking to acquire more of these wardrobe style staples, here are some suggestions that could help.

**Tips**
- Everyone needs denim in their closet. Denim is great because it goes with anything and can be dressed up or down, so a denim jacket is a wardrobe staple that’s perfect for every age, but they’ll complete any outfit. You can wear it with shorts, jeans, skirts or dresses, and without denim.
- Cardigans cool at any age, but they’ll complete your outfit. You can wear it with shorts, jeans, skirts or dresses, and without denim.
- Without denim, your body is missing out on comfort.

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**Recipe**

**SHORE CALENDAR**

**Farmer’s Market**
Nov. 14 | 10:30 a.m. - 7:00 p.m.
**@Etain Plaza at The Shops at Pembroke Gardens | Pembroke Pines**

**The Color Purple**
Nov. 15-18 | 7:30 p.m.
(4:00 p.m. Nov. 18)
@Oillard Center for the Arts - Mainstage | Fort Lauderdale, FL

**Hedwig and the Angry Inch**
Nov. 15-25 | see times at www.browardcenter.org
@Broward Center for the Performing Arts | Fort Lauderdale

**Marc Anthony**
Nov. 16 & 17 | 7:00 p.m.
@American Airlines Arena | Miami

**Dare and Migos Concert**
Nov. 13 & 14 | 8:00 p.m.
(13) 7:00 (14)
@American Airlines Arena | Miami

**John Legend**
Nov. 17 | 9:00 p.m.
@FIlimore Miami Beach | Miami

**Dale Chihuly Art Installation**
Nov. 13 - Dec. 21 | 10:00 a.m. - 5:00 p.m.
@Wiener Museum of Decorative Arts | Dania Beach

**Cupcake World Turns 1**
Nov. 18 | 2:00 p.m. - 5:00 p.m.
@Cupcake World | Coral Gables
Keeping up with NSU's different standings in the SSC

By: Matthew Frank
Contributing Writer

As many teams’ seasons march on, it’s time to start looking at where NSU stands and how our teams are doing.

Soccer
Most notably, the soccer season wrapped up as the men’s season was cut short in a loss to Palm Beach Atlantic. However, they still had a really great year, finishing at 12-4-1 overall and 7-2-1 in the SSC, which places them in third place for the year in their conference. The women, on the other hand, went against Barry for the SSC Championship of the Women’s Soccer Division and lost. They finished the season at 13-6-1 overall and 7-2-1 in the conference, which puts them in second for the year.

The day before midterm elections, the Miami Dolphins tweeted a photo encouraging Florida voters to vote against Amendment 3, an act which blurred the line between politics and sports. Floridians voted in favor of the amendment, giving Florida voters, not politicians, control over casino gambling.

In the sports that are just beginning their seasons yet, and each of those teams did excellent last year. We’ll see soon enough how all of NSU’s teams will do as they begin the season out rocky, the Women’s Volleyball team is 6-23 overall, having gone 4-15 in the SSC. They are currently in tenth place in the conference with one game left to finish out the season.

Begining Seasons
In the sports that are just beginning their seasons, both the men and the women's swim teams finished in 1st place at the Shark Invitational. The men are currently 1-2 in their meets and the women are 3-2 in theirs. The Women’s Rowing team has only had one real regatta so far in their fall season, finishing ninth out of 40 teams at the “Head of the Charles” in Cambridge, Massachusetts.

Overall, NSU has been faring quite well in most sports so far this year. This is also without the baseball, softball, and basketball teams beginning their seasons yet, and each of those teams did excellent last year. We’ll see soon enough how all of NSU’s teams will do as they come down the stretch.

Golf
The golf season is in full swing, with both the men and women doing well in their respective divisions. On the women’s side, they’ve finished in the top half in all of their competitions thus far. Most recently, they tied for second place out of nine on the second day of the Saint Leo Invitational. The men most recently finished in first place on both days of the Miami Intercollegiate. As that was their final scheduled competition on the season, they finished as one of the most elite golf teams in the state.

Cross-Country
Our cross-country teams have also been competing solidly as of late. The men have completed three out of their first six competitions in the top 50 percent of competitors, with the women completing two out of their first six competitions in the top 50 percent. Recently, at the Florida Tech Invitational, the men finished second with the women finishing third.

ON DECK

ON THE BENCH: Stay in bounds and out of politics

By: Kryssyan Elder
News Editor

On Aug. 13, Atlanta, Ga. news station, Fox 11, reported that an event flier listed the Atlanta Braves as co-hosts for an event that supported Brian Kemp’s gubernatorial campaign. Although the event was not held at the Braves’ stadium, they were listed as hosts, and according to the flier, those hosts each donated $13,200. The Braves released a statement that they contribute to candidates of both parties and have been doing so for years now, but by the public releasing of their political contributions, the Braves are telling their fans that they support Brian Kemp for governor.

As entertainers, sports teams have a private and public side that needs to be kept separate and that includes the release of their political contributions. Teams have their platform because they are paid entertainers. They are paid by the fans, so the fans can have a good time. The fans are not paying their favorite teams to make public statements and contributions to political campaigns. They should not be using the platform that sports fans have given them to make political statements. Sports teams need to keep their focus on winning and entertaining their paying fans not on the ballot.

OUT OF THE SHARKZONE

Floyd Mayweather cancelizes New Years Fight in Japan

On Wednesday, Nov. 7, the MMA fighter Floyd Mayweather canceled his much-anticipated fight against the Japanese featherweight kickboxer Tenshin Nasukawa. He and his team decided to cancel the fight just three days after a news conference in Tokyo. They were apparently completely caught off guard with the whole event since Mayweather never agreed to an official bout. This fight was supposed to be a small, three-round exhibition for a group of wealthy spectators and just for entertainment, not for an official score. At the press conference, Mayweather admitted that they should have put a stop to the entire thing then and there. He also apologized to his fans for not completing the fight. He made it clear that he is a long-time fan of social media about the whole debacle, and many fans think that this confirms the rumor that Mayweather is no longer looking for competitive fights as a boxer.

US Olympic Committee revokes USA Gymnastics’ status

The United States Olympic Committee (USOC) has been talking about revoking the USA Gymnastics’ status after the sexual abuse scandal with the former team doctor, Larry Nassar. The current CEO of the USOC Sarah Hirshland offered for the USA Gymnastics the option of just suspending its status voluntarily. She was rejected in an open letter to the entire gymnastics community on Nov. 5 that she believes that these challenges are too much to come back from. The USA Gymnastics responded with saying that they’re evaluating a plan for the athletes and other professional staff. Hirshland also stated in her open letter that the certification process doesn’t necessarily guarantee an exact outcome. So far, the USA Gymnastics has been quiet on what it’s planning on doing, whether to be forcibly decertified or to leave voluntarily.

Jacksonville Jaguars refuse to back down

The Jacksonville Jaguars had some strong promises to their fans early in the season regarding Super Bowl aspirations. The Jaguars currently have a 3-5 record and are on a four-game losing streak. Their next game is against their rivals, the Indianapolis Colts (6-3), and they’re routing this game as a playoff game. Myers also said, “This is a thousand percent a must-win...it’s a conference game that we’ve got to win. And then we’re on a four-game losing streak, so we can’t lose another game.” Having an attitude like this is almost taboo for a regular season game because the teams don’t want to put that much emphasis on a mid-season game. There has been a key component missing the running back Leonard Fournette. The Jaguars offensive line is almost completely build around him, and having him gone for the past month has been really hard on the team. The players, however, are content with that the much awaited return of Fournette, that they will play against the Indianapolis Colts and think this will give in an open letter to the entire gymnastics community on Nov. 5 that she believes that these challenges are too much to come back from. The USA Gymnastics responded with saying that they’re evaluating a plan for the athletes and other professional staff. Hirshland also stated in her open letter that the certification process doesn’t necessarily guarantee an exact outcome. So far, the USA Gymnastics has been quiet on what it’s planning on doing, whether to be forcibly decertified or to leave voluntarily.
**ATHLETE OF THE WEEK:**

**Curtis Thorn**

By: Emma Heineman
Features Editor

Curtis Thorn is an international graduate student from England. He is currently doing his MBA here at NSU. He completed his undergraduate degree in sports science in England.

How and why did you get into soccer? My dad. He played since a young age, and I’ve just followed in his footsteps. Ever since I was young, about 6 or 7, I’ve carried on playing, and it has taken me around numerous places which I am fortunate for.

What is your favorite thing about playing soccer? The competition. I’m a competitive person. I am never satisfied with my performance or where I am so I think that gives me an edge over other people. [Also], just the thrill of it all.

Why did you come to Nova? I’ve been playing in America now for two summers previous to coming [to NSU]. During those two summers I loved every minute. I had a coach come to me during one of the games in the summer and ask me what I was doing in terms of study and it kinda gave me an [opportunity] to do my master abroad while trying to experience new things: a new culture [and] a new lifestyle.

What are your goals for soccer in the future? My main goal is to turn professional. Hopefully I will have the chance to do that. I just need to make sure that everyday I get advice from coaches. It’s about becoming better than what I am today, and hopefully I get that chance. I’m just trying to cement my place in a professional environment.

How would you describe the relationship with your teammates? We are all more or less on the same wavelength. Our main goal this season was to get into the competition. We also thought that we were good enough to win the whole thing. We were so close both times we went against [Palm Beach Atlantic], and it shows how far we have come as a program and how close we are to becoming the number one team in the entire state.

What is difficult about being a student athlete? Balancing everything out, for sure. Being in a masters as well, it’s a little more intense. So it’s just making sure my work is up to scratch and obviously getting enough rest, recovery and everything else alongside soccer.

What is your favorite thing to do after a big game? Eat junk food. I tend to go all out after a game. I’m quite strict with food and everything else before the game, but afterwards I let myself go. Just eat and watch films. Just Netflix and eat junk. It’s perfect.

Do you have any pre-game rituals? I’m so superstitious. I wake up early and then get a nap in the afternoon. I come out as soon as I wake up just so I’m prepared for the game. I listen to music, eat the right foods, chill out really and make sure the day isn’t too intense. I make sure I do all my studies beforehand so I can make sure I’m ready for the game.

What does your downtime look like? When I get home I eat and then watch a film. All my friends are like “you watch a film everyday, really?” They think I’m unproductive but I know what I’m doing. It’s my downtime. I love to go to the beach, especially here. I’m an outdoors person and I’m always on the move.

Do you or have you ever considered playing another sport? I have. I was representing my country in cross country. I was actually gonna quit soccer to participate in cross country running but I trained intensely for around a year and I [decided] I didn’t love it as much as soccer. Fortunately enough, I think I’ve made the right decision.

What is advice you would give to other student athletes? In today’s society, it’s who you know, and [the coaches] have plenty of contacts to go forward [and help you in your career].

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**this week in sports history**

By: Krysyan Edler
News Editor

From the original Ancient Greek olympics to last year’s Super Bowl, sports have been around for millennia. Today’s public, however, often don’t know the history of some of the nation’s favorite sports. Here you can find some relevant, monumental, and inspiring games that have changed the future of sports forever.

**NOVEMBER 12, 1972:**

Richard Petty won his second straight NASCAR championship.

The next five seasons Petty finished in the top five each season and secured two more championships. Richard “The King” Petty went on to become a NASCAR legend. His career included seven championships and 200 career wins making him the winningest NASCAR driver of all-time. Hall of Famer David Pearson is the closest to Petty’s record with 105 wins.

**NOVEMBER 13, 1875:**

First college football game with uniforms.

This hallmark in sports history is attributed to Harvard and Yale. The two Ivy League teams played each other in the first college football game with team uniforms. The two teams played a rugby and soccer combination of football. This was the first of many meetings between the two teams. Harvard won the historic game 4-0.

**NOVEMBER 14, 1993:**

Don Shula becomes the winningest head coach with the Miami Dolphins.

The 19-14 win against the Philadelphia Eagles propelled Shula to 325 victories throughout his 31 seasons as a head coach. The record was previously held by George Halas. Shula spent 25 seasons coaching the Miami Dolphins, including the perfect 1972 season and Super Bowl win, and retired in 1995. Shula remains the winningest NFL head coach with 328 wins. The closest threat to Shula’s record is the Pantons’ Bill Belichick with 255 wins. His illustrious football career started as a player for the Cleveland Browns and ended with a Hall of Fame induction in 1997.

**NOVEMBER 15, 1960:**

Elgin Baylor scored 71 points in NBA game.

In his third NBA season, Baylor dominated against the New York Knicks leading the Lakers to a 123-108 victory. A performance like Baylor’s was unheard of in the NBA at the time.

At the time, there was no three point line in the NBA. Only five other players have scored 70 points or more in a game since Baylor. Those men are Wilt Chamberlain with six of those feats and a 100 point game in the early 1960s, David Thompson in 1978, David Robinson in 1994, Kobe Bryant in 2006 with 81 points and Devin Booker in 2017.

**NOVEMBER 16, 1926:**

The New York Rangers win their first game.

The Rangers beat the Montreal Maroons 1-0. The Blueshirts went onto play in the playoffs in all of their first 16 seasons except for their 1935-1936 tenth year anniversary season. They are currently in their 92 season. The Rangers have appeared in the playoffs for 59 seasons and hoisted the Stanley Cup four times.
Didn't your momma ever teach you how to say “I'm sorry” and mean it?

By: Kelsey Bruce
Arts & Entertainment Editor

Imagine I came up to you, slapped you in the face and then told you that I felt sorry for your face hurt. You might think, “wait… is she going to apologize? Can I please believe she feels bad?” After all, if I can’t take responsibility for the actions I took that led to your pain, am I sorry for what I did, or am I only sorry that it affected your view of me? The answer is undoubtedly the latter.

I’ve experienced this type of nonapologies too many times. The world accepts the phrase “I’m sorry” as a remedy to woes when the phrase should be only a uttered for a real apology. A real apology involves remorse, responsibility and intention to change. The goal should be to express genuine sorrow for our one’s actions and to improve the situation, even if the solution is undeniability for them. Please head into a genuine apology, they should ask themselves how the person they have hurt is feeling. Apologies involve communication, so if a wrongdoer is unsure how the person they have wronged is feeling, asking trusted peers or maybe even the individual for advice is okay. The key to giving genuine apologies is opening your mind to the idea your actions may be less than perfect, but you can change, but certainly towards who you have hurt.

How do you know if you’ve given a genuine apology? Well, if you find yourself claiming that you make mistakes but are a good person, then you should investigate whether you are making the same “mistakes”. If you are, then you shouldn’t be calling those actions mistakes. Back to my earlier example: If I slap you again the next day, then we both know I was not sorry the first time. I just wanted it to appear as such. In that case, I am rationalizing my behavior as out of my control and remaining morally stagnant. Being sorry is a continual state, not just a 12 minute conversation to clear the conscious. If you care about hurting people, you have to take the time to ensure that you won’t hurt people in the same way, and that doesn’t happen overnight — it requires commitment and effort.

So, next time you apologize, ask yourself who you are apologizing for: yourself or who you hurt. Ask yourself what you are trying to improve upon: your image or the individual’s current reality. If you do something to hurt someone else, investigate what moral wrongs you need to acknowledge and then actually work to fix it. Every person makes mistakes, and we all have room to grow. Learning to admit when you are wrong is pivotal to being a better person, and how a person apologizes is a reflection of their emotional maturity and will to improve.

Bullying isn’t limited to the schoolyard playground

By: Alexander Martinie
Opinions Editor

How is it that the wife of America’s most prominent bully decides to become a spokesperson against cyberbullying? Through selective attention and blatant disregard for what cyberbullying means, that’s how. The first lady, Melania Trump, claims that social media can be “destructive and harmful when used incorrectly,” which is completely true. Mean and degrading comments posted online have led to destructive and harmful. Comments like calling Senator Bill Nelson a “stiff,” saying that journalists are the enemy of the American people, or calling supporters of Elizabeth Warren “very low I.Q. individuals” can be very harmful, but does the first lady feel the same way about President Trump’s comments? Probably not. A key feature of Trump’s presidency has been his constant bullying of anyone and everyone that stands in his way. Bulling, smear campaigns and belittling opponents has been a prominent feature in political campaigns since the founding of this country. But just because something has a long history of occurring does not mean that it needs to continue. Political campaigns would run just as smoothly, with less bad blood being spread in the current political climate, without having to smear and badmouth an opponent. If a candidate resorts to the use of a smear campaign, then they must have nothing of merit in their own campaign, and if they think that their only chance of winning is by bullying their opponents. Just look at this year’s gubernatorial election for an example of a campaign hiring on smear attacks. Oppenon, Ron DeSantis, the Florida governor-elect’s, entire campaign platform was pulled from Trump’s. DeSantis needed to step up his game to the idea, “the enemy of the American people.” Trump claims that major media outlets, such as the New York Times and CNN, are “fake news.” He decreases credibility by an individual, then actually work to fix it. (Continued)

More than occasionally, being alive is a difficult process. There are many situations that range from not being too depressed to get out of bed, grieving the loss of loved ones, or feeling alienated in a new environment. Luckily for them, Henderson Student Counseling service is there to help — but only if they seek it. Madison can make it through the stress of phone calls while making an appointment and then another month on a waiting list for that appointment. If they make it that long, they’ll be blessed with access to access counseling, on a case-then other individuals, asking trusted peers or maybe even the individual for advice is okay. The key to giving genuine apologies is opening your mind to the idea your actions may be less than perfect, but you can change, but certainly towards who you have hurt.

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In the past year, the Current has written 13 articles about mass shootings in the United States—not including the articles in this week’s issue. It is safe to say that this topic is not only something college students are concerned about, but are actually a part of. We hear these stories on the news, we hear from the survivors who “never thought this would happen in (place location here)”. But it did happen and it will continue to happen unless something changes.

According to the Sun Sentinel, 16 states have tightened gun control laws and passed legislation to improve school safety since the Parkland school shooting last February and several other states are currently reviewing proposed legislation. Obviously, this isn’t working since these shooters are still somehow slipping through the cracks.

Everyone has a theory as to why these people are slipping through the cracks and on what solutions can solve these issues but it seems that, overall, it is still inchoate on all sides. Some blame mental health, some blame gun ownership laws, some blame background checks and, in general, everyone blames the government for not doing anything that is effective. But how could anyone find the “smoking gun”, so to speak, if we aren’t devoting the time and resources to this issue. Through recent shootings, a general timeline seems to be followed: the event occurs, an investigation is conducted, thoughts and prayers are mentioned, a slow return to normalcy, an increase in security presence, rarely a legislation change and then, the issue magically disappears — Until, another shooting occurs and then this process is repeated again and again. As these events occur it’s expected that areas around these attacks heighten security but then, nothing changes. Take Parkland for example. These students encouraged a massive response after the shooting. They hosted marches, a nationwide school walkout, an activism tour and spoke with countless media outlets about the issue and made this a discussion arguably, at every dinner table across America. Yet, according to the GunViolenceArchive.org, 278 mass shootings have occurred since Parkland. The Gun Violence Archive defines a mass shooting as “5 or more shot and/or killed in a single event [incident], at the same general time and location not including the shooter.”

So what have we learned since Parkland? Not much, since it seems that we are nowhere near fixing this problem even with the upswing of the victims fighting against gun violence. It’s only natural to ask yourself after such a high number, will I be involved in the next incident? The short answer is no one knows, which is a scary thought to say the least. But the fact of the matter is that there is no way to prevent these events. Even if security measures are taken, the security guard can be shot or not be able to prevent the problem as seen in Parkland and more recently at Borderline Bar & Grill in Thousand Oaks, Ca. According to the New York Times, a sophomore from California State Channel Islands said, “You can stay out all night at Borderline because there’s major security.”

When you bring this issue closer to home, some major red flags are raised when it comes to NSU. Visitors to the University can pull into the Shark Circle at any time without much security presence other than the police vehicles outside the UC. But most of the time there isn’t actually a police officer in the vehicle. The Alvis Sherman Library has a security personnel sitting inside the building to scan either a SharkCard or public library card. But, they don’t check backpacks or any baggage that is coming inside the area. They might do so during large public events but on a daily basis, there’s not an obvious security presence. The bottom line is anyone can walk onto campus and do anything they want and that worries me and it should worry you.

“NSU should consider the aspects of mental health when talking about gun control. I think most of these people that are committing these crimes are unstable and they need help. As for helping in crisis situations, I’d say having more armed security such as Campus Police, rather than public safety or providing public safety more training or non-lethal weapons would be reassuring to me. What needs to be put in place. Right now, it would be a flood of people running for exits and that wouldn’t be safe,”

- Joseelyn Phillips, junior environmental science major

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- Justin Jackson, sophomore sports and recreation management major

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- Dayna Cyr-Parker, sophomore criminal justice and elementary education major

“I would feel safer if teachers, professors and veterans who felt comfortable carrying guns were allowed to have guns on campus. Also, people who are trained properly should have mental evaluations [and background checks] to make sure they are safely and of sound mind [to carry on campus] would make me feel a lot safer. Keeping our open areas more restricted in the sense of knowing who is coming in and out [of our campus] would also help,”

- Joseph Altallahm, freshman biology major

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- Christina McLaughlin

Co-Editor-in-Chief
Career Advice & Pizza Slice

Engage in international career opportunities through experienced students at NSU and enjoy a slice of pizza too!

Student Participation: We are looking for undergraduate students interested in examining the possible association of periodontal disease with Alzheimer’s disease. The results of the project will be used for poster presentations and for an eventual publication.

Time Commitment: 10 hours per week
Minimum GPA & Major: 3.0 GPA/ Any STEM major
Skills/Experience: Basic lab experience

Internship Opportunities

Gain an edge this fall by finding your dream internship!
Career Development is here to help. Find a few internships below...

U.S. Department of Homeland Security: Student Volunteer Internship
Changing The Present: Human Resources/ Organizational Psychology Internship
Jaime Perez State Farm Insurance: State Farm Office Associate Internship
USDA-Agricultural Research Service: Environmental Science Internship
Discovery Inc.: Spring 2019 Internship
MOD Pizza Florida: Local Store Marketer
Psychological Assessment and Treatment Services: Psychology/Mental Health Internship

RESEARCH OPPORTUNITIES

Dental Medicine
Student Participation: We are looking for undergraduate students interested in examining the possible association of periodontal disease with Alzheimer’s disease. The results of the project will be used for poster presentations and for an eventual publication.
Time Commitment: 10 hours per week
Minimum GPA & Major: 3.0 GPA/ Any STEM major
Skills/Experience: Basic lab experience

Dental Medicine
Student Participation: We are looking for undergraduate students interested in examining the molecular mechanisms underlying ceramide-mediated fusion of senescent osteoclast precursors in vitro through a cathepsin B-induced Myh9 degradation pathway. These results are expected to challenge the long-standing belief that LPS/TLR signaling is the main pathway of oral innate immune responses and will lay the foundation for opening a new paradigm of ceramide-mediated periodontitis pathology. The results of the project will be used for poster presentations and for an eventual publication.
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