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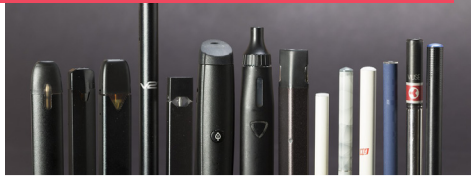
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Features



JUULs aren't healthy

P. 4

Arts & Entertainment



Celebrate the 20th Anniversary of Harry Potter like a true wizard

P. 7

Sports



The new NFL helmet rule is just confusing

P. 8

Opinions



Are small universities better?

P. 10

Shark Dining celebrates Hispanic Heritage Month

By: Christina McLaughlin
Opinions Editor

This year Hispanic Heritage Month spans from Sept. 15 to Oct. 15 and Shark Dining plans to celebrate the hispanic culture through special menu options in the University Center and the Health Professionals Division dining areas.

During the Friday lunch hour of each week, there will be special dishes that will feature four different countries: Peru, Ecuador, Argentina and the Dominican Republic. Each of these stations will feature the most popular dishes from each country. Some of the stations that will offer these dishes are Home Cooking, Create, Grill and 2mato.

According to Blas Baldepina, senior executive chef for Chartwells, “these dishes are based on the menu and set up to match each station. For instance, 2mato would fit best with the Choripan Pizza.”

The planning and ideas that went into these special dishes and the menu was a collaborative process between the chefs and other staff members.

“I’m from the Dominican Republic,

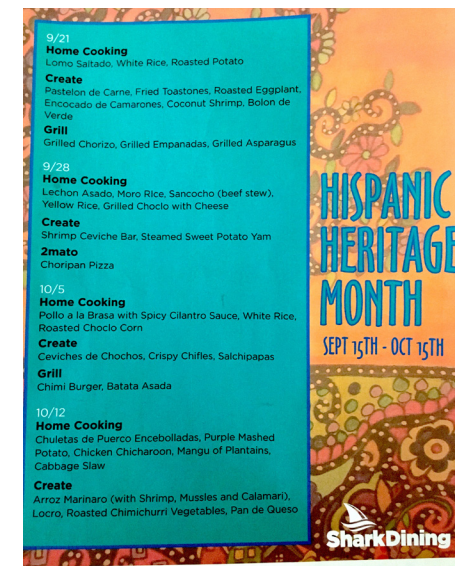
another chef is from Argentina and we have a cook from Ecuador. It was a collaboration where we came together and from experience, came up with the dishes for this menu,” said Baldepina.

These specials also work with student needs. For students with allergies or specific dietary restrictions, there are dishes that were integrated into the menu for that purpose so all students can enjoy the celebration.

With this event, Shark Dining hopes that students can experience some of these dishes that they would have never come across otherwise. They want students to experience the culture and food these countries have to offer and, in the future, maybe get the students involved.

“It is always great to get student organizations involved in [Chartwell events] to make it [more successful]. We are always open to student partnerships and collaborations,” said Katryna Vanande, senior director of dining.

The main festivities will take place at the UC but students in the HPD dining area will also experience these specials. But the amount of



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Here is a sample of what the menu will look like.

In the past, Shark Dining was known to decorate the dining area for special events but for this event, dining plans to bring the dishes to the forefront.

“There will be special menu boards [displayed on the monitors] but that will be the extent of the decorations. I want the food to speak for itself,” said Vanande.

There will be normal service for the rest of the week during this time including stir-fry and regular American classics currently featured on the menu but students are encouraged to try these new options and learn about the culture and representation of these countries through the culinary options.

All students are welcome to attend these special lunch hours. The dining operations will remain the same in regards to pricing for the lunch hour and during the week. Students are encouraged to reach out to Shark Dining if they want to collaborate in the future on this event or any other Shark Dining event.

dishes may be less due to the limitations in the kitchen space and serving areas in this building.

Sisters of Sigma Delta Tau to host third annual Battleship

By: Christina McLaughlin
Opinions Editor

This year marks the third annual live-action battleship event hosted by the Sigma Delta Tau, Delta Iota chapter at Nova Southeastern University. This event will take place on Sept. 28 from 6 - 9 p.m. at the competition pool behind the University Center and will benefit the sorority’s international philanthropy, JWI or Jewish Women International.

“We bring [the classic Milton Bradley] board game to life,” said Angela Merlino, philanthropy chair of Sigma Delta Tau.

In this event, three teams of three compete to sink or flip the other teams’ boats. Each round, a team is eliminated, similar to the bracket system seen in football pools or March Madness. The first place team will receive a prize of Menchie’s gift certificates and bragging rights.

These boats or ships are actually kayaks that are provided by Nautical Ventures in West Palm Beach. Each team gets three to four buckets to attempt and capsize the other boats they are competing against. There are additional



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Sig Delts pose behind their letters at last year’s award-winning Battleship event for JWI.

larger buckets available for purchase for teams that want an edge on the competition.

Battleship is free for all NSU students to attend. To participate, there is a \$10 fee per person or \$30 per team. The V.I.P. ticket includes food and refreshments from local restaurants

who donate their goods to this event. The V.I.P. ticket is \$10 for those in attendance and \$5 for those participating on teams.

“We get a ton of organizations to come out and compete. It’s a ton of fun and it definitely gets competitive,” said McCailey Brick,

president of Sigma Delta Tau

Students can cheer on their friends and teammates or enjoy music with friends on the sidelines and watch the competition unfold. There will also be an opportunity to purchase an OPI nail polish that is also another part of their philanthropy.

JWI has a longstanding relationship with Sigma Delta Tau, especially the Delta Iota chapter. The JWI Award from the Sigma Delta Tau national organization was awarded to the NSU chapter— they were one of three chapters to be awarded this special accolade. JWI is an organization to support and empower women by protecting them against domestic abuse, promote healthy relationships and encourage leadership skills.

Students interested in supporting JWI by buying a V.I.P. ticket or participating in this event can contact Angelina Merlino at am3441@mynsu.nova.edu for further information.

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News Anchor

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President Trump questions Puerto Rico hurricane death count

President Donald Trump denied the death count in Puerto Rico after Hurricanes Irma and Maria, according to the New York Times. Thursday morning, the President tweeted, “3000 people did not die in the two hurricanes that hit Puerto Rico.” The President then said that the Democrats were the ones to inflate the toll, saying that they are trying to “make [him] look as bad as possible.” San Juan Mayor Carmen Yulín Cruz responded to Trump’s comments saying, “Simply put: delusional, paranoid, and unhinged from any sense of reality.” Puerto Rico Gov. Ricardo Rosselló also responded, saying he “strongly denounced” the President’s tweet. George Washington University’s Milken School of Public Health conducted a study that was commissioned by the Puerto Rican government. Researchers determined that an estimated 2,975 died from Sept. 2017 to Feb. 2018.

Paul Manafort pleads guilty, will cooperate with special counsel Robert Mueller

Paul Manafort has pled guilty to two of his criminal conspiracy charges on Friday. As part of his plea deal, the Washington Post reported that Manafort will cooperate as a potential witness with special counsel Robert S. Mueller. Mueller has been investigating possible Russian interference in the 2016 presidential election. Manafort’s attorneys stated before that they would not cooperate with Muller, as he had no incriminating information about President Trump. Documents state that Manafort’s charges

include money laundering, tax fraud, failing to report foreign bank accounts, violating rules requiring registration of foreign agents, lying and witness tampering, according to CNBC.

FDA declares youth vaping an “epidemic”

The Food and Drug Administration Commissioner Scott Gottlieb declared youth vaping as an epidemic on Wednesday. Gottlieb stated that electronic cigarette companies are not doing enough to keep them out of teens hands, according to USA Today. The FDA is giving companies such as JUUL, Vuse, MarkTen XL, Blu and Logic 60 days to submit plans to prevent youth vaping. Those companies make up 95 percent of the electronic cigarette market. Studies predict that over 2 million middle school, high school and college students smoke some from an electronic cigarette.

Apple announces iPhones XS, XR and XS Max

Apple has announced the release of three new iPhones to replace the iPhone X. The iPhone XS and XS Max are very similar internally and only differ in size. The iPhone XR will be a cheaper version of the iPhone XS. While the iPhone XR cost around \$799, the iPhones XS and XS Max will both be more than \$1,000. All three phones are very similar to the X, as they feature a full screen with no home button. The newest phones will feature newest technologies, including a new camera and an improved screen.

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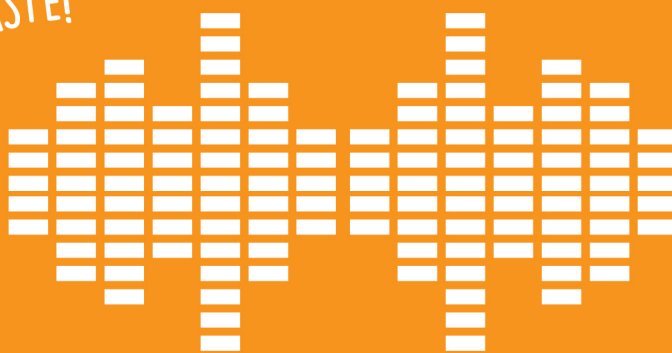
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News Briefs

NSU moves up seven spots in 2019 best college list

NSU has moved up seven spots in U.S. News & World Report's top 200 best college list. NSU's rank is now at 191. President Hanbury stated "being recognized as a preeminent teaching and research university is further proof that NSU provides a competitive edge to our students, that their time here will help them become leaders who excel in their chosen field and serve with integrity." The U.S. News & World Report bases their ranks on graduation and retention rates, assessment of excellence and student selectivity.

Davie Police presence to increase on campus

The Davie Police Department will be adding one officer to be stationed at the University School. With the new addition, seven Davie Police Officers are stationed at NSU. A new office space also will be available, located at the Campus Support Building.

Winter 2019 study abroad applications due

The deadline to submit Winter/Spring 2019 study abroad applications is Oct. 1. Students can go to the Office of International Affairs to discuss study abroad options with an advisor. Applications can be found at www.nova.edu/sharksabroad.

NSU's Sexual Misconduct training to be completed by Oct. 5.

All NSU students must complete "Think About It: Adult Learner" by Friday, Oct. 5. The hour long program is designed to strengthen knowledge of student resources, sexual misconduct and strategies for bystander intervention. Students can access the training through an email that was sent out to the school, titled "NSU Online Sexual Misconduct Prevention Training." If students are having trouble accessing the training, call the Campus Clarity Online Support Center at 1-844-348-1616.

NSU Students celebrated International Coastal Cleanup Day

By: Madelyn Rinka
News Editor

Saturday, Sept. 15, 2018 marked the Ocean Conservancy's International Coastal Cleanup Day, a movement over 30 years old. NSU's Nature Club and Green Sharks organized a beach cleanup to get students involved and mobilized to help our local environment. In addition, individuals who were not associated with either club came out to participate as well.

"We walked along the beach for about an hour combing for trash. There wasn't really a lot of debris compared to past years, which is great to see," said Tyrianna Richards, junior English major. "I think the event was a success. I love to see people coming together to do good for our environment."

"The beach cleanup was a fun and rewarding event. The organization that hosted it is an international [organization] that hosts multiple cleanups all over the world. The fact that we could make a difference locally was incredible," said Erin Keeley, freshman marine biology major, who took part in the clean up on Sept. 15.

Oceana, the organization that hosted the clean up, seeks to "make our oceans as rich, healthy and abundant as they once were," according to their website. In addition to supporting International Coastal Cleanup day, Oceana also works to "strengthen and maintain

responsible fishery management practices, prevent climate change and pollution, prevent seafood fraud and reduce illegal and unregulated fishing."

Last year, Oceana reported that more than 500,000 volunteers in over 100 countries lent their time to the event and were able to remove over 18 million pounds of trash from their local waterways. In addition to ridding the waters of debris and garbage, Oceana also collects information from the event to present to policy makers and researchers to further understand oceanic degradation and support efforts to keep our environment healthy in the future.

Students at the NSU Fort Lauderdale Campus weren't the only Sharks to get involved for this day. NSU Tampa students, SGA leaders and staff travelled to Cypress Point Park to participate in the movement and clean up their local lands. Together, they cleaned up more than 47 pounds of trash. This event aligned with the Sharks with a Purpose (SWAP) student organization's campaign, "Keep Tampa Bay Beautiful."

For more information about International Coastal Cleanup, to get involved in the future or learn about more volunteer opportunities available year-round, visit <https://oceanconservancy.org>.

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That Time I....

interned at a Law firm

By: **Lindsey Spina**
Contributing Writer

Lindsey Spina is a freshman communications major at NSU. She is originally from Orlando, Florida. Spina interned at the law firm for the summer of 2016 and 2017.

When I was 11, I decided that I was going to be an attorney. I had my entire future set and planned to go into family law. As years went on, I kept up with this dream and had my mind set. The summer before my junior year of high school I landed an internship at a law firm in downtown Orlando. I was so excited that I had this opportunity and so ready to step foot into a law firm and see what actually goes on. The first summer was fun and I enjoyed my time there but

left that summer a little dejected. As I entered my junior year I was a Dual-Enrollment student so I took all my classes at Valencia College. I made sure to take classes that would fuel my desire even more to become an attorney.

This was the best decision I ever made.

I left that school year even more discouraged than I left my internship because it wasn't what I expected. As a stubborn person, I didn't want to let up on what I thought was my dream so I reached out to the law firm and was happy when I heard that I was being brought back on as an intern. I had a few more responsibilities and actually got to work with people and not just my computer and the mail machine. The

people at this firm were amazing and wonderful to work with, so that summer was much more exciting— but it still didn't feel right. It felt as if something was missing when I looked back at that opportunity.

It wasn't until I finished my fall semester at Valencia and was half way done with my senior year that I realized what I was missing. Passion. I didn't leave that internship and pre-law classes with the same feeling that consumed me when I was in my journalism class. I made the heart stopping decision to no longer go the route that I thought I wanted to go down since I was 11. It was scary but deep down I think I always knew that journalism was my passion. I woke up every

day and didn't dread going to journalism class like I did my pre-law classes.

I know that I made the right decision about my future and I know that without that internship, I would probably still be on the pre-law route. Internships are extremely important and without them I would be going down a route that isn't for me and it wouldn't make me happy. That time I spent two summers of my life interning at a law firm were the best two summers of my life. I am so grateful for that time I spent at the firm because it truly changed my perspective on what I wanted my future to look like.

Are JUULs actually safe? Facts and fiction about vaping

By: **Madelyn Rinka**
News Editor

While the talk of e-cigarettes has existed since 1927, JUULs have become a phenomenon in our culture relatively recently, according to the Consumer Advocates for Smoke Free Alternatives Association.

When a curious consumer clicks onto JUUL's website, they are met with a pop-up immediately: "JUUL Labs' mission is to eliminate cigarettes. JUUL is intended for adult smokers who want to switch from combustible cigarettes," with a button that must be pressed stating the user is over the age of 21 before the site becomes accessible. Much of the website does appear to be geared towards former smokers, as a way to help them quit— which is the goal of many, if not all, e-cigarettes. But how many JUUL-users are actually trying to cut their addiction?

According to Dr. Mercola, a health website, a study conducted by the CDC reported that of people aged 18-24 who used vapes, approximately 40 percent had not previously been smokers. Potentially even more concerning, in 2016 it was estimated that more than 2 million middle and high schoolers had used vapes within the past 30 days. The website chalked up the JUUL's popularity to a few factors: it has fun flavors like mango, creme or cucumber, it



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JUUL Labs has created a cigarette alternative for adult smokers- but just how many users are "JUULing" away their addiction, and how many are gaining a new one?

can be easily recharged and, frankly, they look "cool." Unfortunately, many of these first-time nicotine users quickly get addicted to the pods, which contain as much of the chemical as a pack of cigarettes, according to Today.

But are JUULs and other e-cigarettes safe? Unfortunately, because vaping has recently

become extremely popular, not a lot of studies have been conducted on the long-term effects of using them. JUUL Labs' website has two fine-printed warnings on the bottom of their webpage: one declaring that JUULs contain nicotine, which is an addictive chemical, and another, slightly more concerning caution: the California

Proposition 65 Warning. The warning, written as "this product contains chemicals known to the state of California to cause cancer and birth defects or other reproductive harm," has been used since 1986, according to the American Cancer Society. It can be found on many things, from pesticides and electrical wires to food items and jewelry. The law is updated every year with newfound chemicals that are known to have some potential risk of causing cancer or birth defects, with the full list now totaling about 800. It is not immediately clear exactly which of those chemicals can be found in JUULs.

In the end, vapes like JUUL were made for smokers to cut their habit, even warning "those who don't currently use nicotine products should not start," and several other messages that stress the fact that this device is not intended for minors. But no matter which way you spin it, adults under the age of 21, minors and non-smokers are getting their hands on these products and getting addicted to nicotine. While they could potentially be a safer alternative to cigarettes as they are marketed, that doesn't mean they are wholly safe. For now, we have to hope that vaping and e-cigarettes don't become the equivalent of the cigarette epidemic for our generation in the future.

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 TheCurrent



Our Everyday Rainbow: The Science Behind Colorful Skies

By: **Flor Ana Mireles**
Contributing Writer

Living in South Florida, we see an abundance of different types of clouds and skies ranging in almost all colors of the rainbow. On a clear sunny day, we see a blue sky. At sunrise and sunset we see shades of red, orange, yellow, blue and pink. Marmalade and cotton candy skies are admired by so many, yet so little of us know why the sky even changes colors. While some might think the vibrancy of our sunsets and sunrises here in South Florida are the cause of pollution, the true explanation is more scientific and less manmade. However, we first need to ask the question of why the sky is any color in the first place.

The daytime sky is seen as blue because blue light has one of the shortest visible wavelengths of the rainbow's colors and is most sensitive to our eyes. When light passes through air filled with different kinds of particles, it changes direction and results in a phenomenon called scattering. Blue light scatters stronger than other colors because it travels in shorter, smaller waves. While violet light has the shortest wavelength, the sky is not purple because its wavelengths are absorbed by high atmosphere creating less violet in light. Our eyes are also

less sensitive to purple due to its evolution and how we see things. All in all, it can be argued that our vision is actually subjective.

National Geographic reported that "what we see with our human eyes is just a tiny part of the electromagnetic radiation that's given off by the sun."

Our eyes are only sensitive to the visible wavelengths within a wide spectrum of that radiation and different wavelengths are connected to different colors. Can you imagine all the different wavelengths we can't see? Oxygen and nitrogen, the two main molecules present in the air, preferentially scatter the shortest wavelengths: blues and purples. Yet, when sunlight travels through more of our atmosphere, we begin to see pinks and oranges.

While many have believed that pollution is causing sunrises and sunsets to be more vibrant in color, this is not entirely true. Yes, pollution causes our sunrises and sunsets to appear more red, but this pollution can either be caused by human activity or just natural aerosols created in nature. The sky's changing colors occur because these particles either interact or destroy the natural particles in the air. When the air is clear

and there are no disrupting particles, the sky at sunrise or sunset is supposed to appear yellow due to sunlight passing long distances through air and most of the blue light scattering away.

NOAA, the National Oceanic and Atmospheric Administration, states that "clean air is the main ingredient common to brightly colored sunsets and sunsets".

Truthfully, these changes could not be visible if the sky did not appear blue in the first place. Living in South Florida and being surrounded by water, our sunsets also tend to have orange shades caused by the salt particles in the air. We also see shades of pink in our sunrises and sunsets due to dust particles in the air. The United States Geological Survey believes that this pink-sky-causing-dust is actually African dust that has periodically affected the eastern United States and the Caribbean islands due to "influxes of the airborne [particles]."

Surprisingly, the sky has also shown rare shades of green in certain parts of the world. While green skies are extremely unusual, physicist Craig Bohren of Pennsylvania State University states that "green skies are associated with severe weather." Green skies have been

seen during severe thunderstorms, tornadoes, and even hailstorms. Why this occurs has still not been entirely determined but what meteorologists and scientists do know is that it involves liquid water content in the air.

No matter what color the sky may appear, the truth is that, the position of the sun and the sky we are seeing is not entirely accurate. Fraser Cain, founder of Universe Today, did the math and it turns out that the sun and sky we see are approximately eight minutes delayed. With the sun 93 million miles away and light moving at 300,000 kilometers per second, it takes sunlight around eight minutes and 20 seconds to reach Earth. Despite not many changes occurring in this short span of time, it's interesting to note that there is a delay.

The sky's ranging colors are a beautiful sight to see. Whether you're seeing a vibrant sunrise or sunset or enjoying clear, blue skies, we should be appreciative of what we see above us on a daily basis. It's a great view when needing to relax, reflect or think things through and it's fascinating to know that you are also, in a way, looking into the past.

Celebrate National Public Lands Day on Sept. 22

By: **Madelyn Rinka**
News Editor

Sept. 22 marks the National Environmental Education Foundation's (NEEF) 25th annual National Public Lands Day, the largest, single-day volunteer event for public lands. NPLD is also a "fee-free day" according to NEEF's website, meaning national parks and other public lands will waive their entrance fee. Federal agencies that take part in NPLD include the Bureau of Land Management, Department of Defense, the Environmental Protection Agency, National Park Service, U.S. Army Corps of Engineers, U.S. Fish and Wildlife Service and the USDA Forest Service. Not only federal lands are able to participate, however—state, country, regional or local public lands, including school grounds and community gardens, fall under NEEF's celebration of NPLD and are encouraged to participate as well. The theme of NPLD 2018 is Resilience and Restoration— as in, our public lands are resilient, but we need to treat them with respect and restore them when needed.

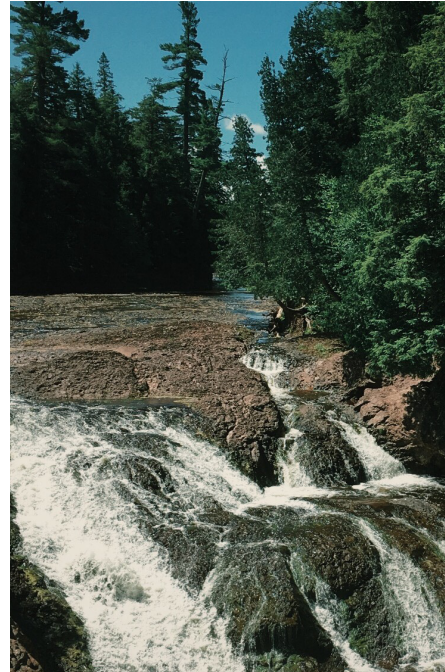
The NEEF was chartered by congress in 1990 to join with the Environmental Protection Agency to further environmental knowledge and literacy nationwide. NEEF has a valiant vision: that by 2022, "300 million Americans actively use environmental knowledge to ensure the

well-being of the earth and its people." NPLD gives the public the opportunity to learn about their local lands and volunteer to help restore and conserve them.

For the past 25 years, NPLD has supported the mobilization of volunteer groups as small as single families to as large as entire communities in support of conserving the world's remaining wild places. In 2017, NEEF's impact report states that over 2,100 sites in the U.S. were registered, 169,000 volunteers participated, 680,000 hours of service were donated, and \$16.7 million in volunteer hours were generated. While the impact across the country has been huge, there's a few things anyone can do to help their community closer to home.

Clean up after yourself

When you visit public lands, don't leave anything behind— that's kind of a given. But to go even further, try switching out single-use items for more sustainable options, like bamboo straws, metal forks and reusable sandwich bags. Remember, just because you don't primarily leave something in your public lands doesn't mean it won't float or drift over there from a landfill or waste bucket.



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Celebrate NPLD by making an impact on the national-- or local-- scale.

Get educated

Take the time to research problems facing the public lands on a local level. Are there invasive species of plants nearby? Is fertilizer

runoff polluting the water? Will controlled burning be taking place anytime soon? The first step in helping restore public lands is understanding just what it is that needs help. Do your best to learn about your local landscape so you don't spread invasives, tread on an endangered plant, cause accidental pollution or harm the wildlife.

Spend time outside

One of the best ways to appreciate the natural beauty of our public lands is to spend time in them. It's all great and fine to donate money or follow Twitter pages dedicated to help the environment, but you won't get the same experience as if you go out in nature for yourself, if you're able. Get a firsthand look at local beauty, and even local problems. Consider even reaching out to parks and green spaces and seeing if they need volunteers.

Fall back on NEEF

If you're not sure exactly what you should do to celebrate NPLD, visit <https://www.neefusa.org/npld> for information about the event, the history of it and even get in contact with public land offices near you to volunteer or learn more.

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SOUNDBITE

Fickle Friends for your fickle friends

By: **KaliVictoria Wilson**
Contributing Writer

There's something about music that makes people feel something. Despite everyone's different taste in music, there's a certain genre for everyone that makes people tap their toes or dance around their room. Often times even our friends prefer their favorite artists over our own. If your group of fickle friends never give you the auxiliary cord because they constantly argue over which artists to play, it's time for you to grab the aux cord back! There's one band that'll make them rethink your playlist and that band is Fickle Friends.

The members of Fickle Friends were simple college students with a passion for music. All five members met through the British and Irish

Modern Music Institute, a notable performing arts institute in the UK. Their hyper indie-pop style comes as no surprise since BIMM Brighton is known for producing other indie/pop artists like the Kooks, James Bay and Pale Waves.

Despite the well-known alumni from the British and Irish Modern Music Institute, there are numerous American artists that inspired Fickle's Friends debut album "You Are Someone Else". According to an interview with HisKind, lead vocalist Natassja Shiner said artists like Chance the Rapper, Michael Jackson, Paramore had heavy influence in the band's debut album. The inspirations from popular American songs like Ain't It Fun are apparent and contribute to

the fun and unique sound that Fickle Friends has produced throughout their album. It's not only artists from across the pond that inspired Fickle Friend's debut album. The indie-pop band was also influenced by other indie bands in the UK, such as The 1975, Everything Everything and Friendly Fires.

After two years of touring and selling out shows without a record label, Fickle Friends signed a record deal with Polydor Records. From there, Fickle Friends releases their debut album You Are Someone Else on March 16 of this year. The overall theme of You Are Someone Else is about the problems in a relationship. The upbeat and fun tunes on this album distracts the

listeners from the real and relatable lyrics that people in relationships go through, making it fun and enjoyable to yell lyrics about the lack of communication in a relationship. The fusion of an energetic pop sound with relatable lyrics has landed Fickle Friends at the top of the charts in the UK. Within a week of release You Are Someone Else landed at number 9 on the UK Album Chart. The debut album even landed on the UK Album Cassette Charts at number 1.

After blowing up on the charts with their debut, Fickle Friends is on tour in the US, UK and Canada. The You Are Someone Else Tour starts October 11 but this is only just the beginning for this band.

The 90's-era movies are back

By: **Marti Bennett**
Contributing Writer

The 1990's filled our TV screens, and hearts, with not only suspenseful action movies, but more importantly, lovable coming of age stories of high school adolescence. As soon as this "Golden Age" of film peaked, it soon saw its demise. Young adult films such as "Clueless" and "10 Things I Hate About You" once dominated the movie industry, serving as the 90's attempt at reviving the John Hughes styled classics. Unfortunately, as Freddie Prinze Jr. grew out of his role as a teenage heartthrob, the movie industry also decided to switch gears to other genres, deserting the teenage romantic-comedy. Now they seem to be making a comeback, and archetypes such as our fearless

female heroine and "brooding" male lead are returning back to the spotlight. Hollywood has slowly been trying to revamp this 90's teenage coming of age story in film for a few years now.

In 2016, the movie "The Edge of Seventeen" featured Hailee Steinfeld as Nadine, a female lead forced to accept herself in a world where no one understands her. She even wears 90's style jean jackets and plaid skirts, paying homage to the era. After a few years of silence, Hollywood strikes back with "Eighth Grade", a film that documents a youth's last week of eighth grade where she struggles to achieve self-awareness. Director Bo Burnham's authentic film captivates the essence of the 90's teenage

quest to understand one's self while surviving school.

Though some of these films are released on the big screen, their most popular platform of delivery is on Netflix. This streaming website has started to fill the void in cinema for young adult films. Movies such as "The Kissing Booth" and "To All the Boys I've Loved Before" have gained mass popularity among the teenage crowd. They both center around a female protagonist who enters into a relationship with the school's resident "Mr. Popularity" and becomes of age navigating the confusing social scene of high school.

In a New York Times article, "It's the Movie

Hit of the Summer: Why 'The Kissing Booth' Clicked", Mr. Marcello, director of the film says, "The John Hughes films and movies like '10 Things I Hate About You' were formative for me...Hollywood hasn't been making those kinds of films in recent years, and that's the reason we're so hungry for them."

Teenagers are craving films to relate to, and Netflix is stepping up to the plate. Even though they are meant for the teenage crowd, these films entice those nostalgic for years gone by. Like flare jeans and graphic tees, eventually all things cycle back, and the 90's teenage coming of age films have come full circle.

Bring NYFW trends to your look with less time and money

By: **Madelyn Rinka**
News Editor

New York Fashion Week is easily one of the most anticipated fashion events of the year. Filled with high fashion, supermodels, occasionally outlandish makeup and wallet-breaking garment prices, the trends shown on the runway aren't always accessible to say, college students. Here are a few budget-friendly ways you can rock NYFW looks on the daily.

Shine bright like a diamond

One prominent makeup look last week was the dewy face. Not just straight-up highlighter: actual dewiness. Luckily, especially in the humidity of Florida, this look isn't super hard to replicate. Try adding an extra layer of your usual moisturizer below your foundation, or preferably a BB cream (or just skip it all together) and dab a bit of salve on your cheekbones. Try C.O. Bigelow's Rosebud Salve for \$5.50 or Lush's Ultrabalm for \$16.95.

Give your look some movement with tassels

Move over cowboys, tassels aren't just for leather jackets and boots anymore. You can go shopping for some dupes of the tasseled looks at places like TJ Maxx or Goodwill, but you might have a better, cheaper chance making it yourself. Take any loose-hemmed article of clothing—like the bottom of a dress, the cuffs of a pair of jeans or sleeves of a t-shirt—grab some tasseled ribbon from a craft store, and attach it. Try using seam glue if you don't know how to sew, or stitch it up yourself.

Denim on Denim on Denim

If you're a fan of Britney Spears' and Justin Timberlake's all-denim looks at the 2001 AMA's, this next trend is right up your alley. While the looks on the runway feature jean bodysuits, pencil skirts and much more, you don't exactly have to push the envelope to get the idea. Try mixing light wash jeans with a dark denim jacket for a bit of contrast if you're not willing to commit to a monotone look just yet.

Plain t-shirts: cut it out

Another trend that's easily replicable on the daily is that of geometric cutouts. It's not hard to find clothes with cutouts at stores like Forever 21 or H&M, and it's even easier to make them yourself. Either take an old shirt or dress you already own or buy one from a thrift store, find a pattern you like from NYFW and go at it. Consider buying a tube of seam glue so your garment doesn't fray after a few wears.

Smudge your lipstick—on purpose

The days of stark, sharp liquid lipsticks might not be completely over, but the trend was definitely under favored compared to smudgy lips at NYFW. The ombre-esque look gives the wearer a tinted balmy look, which can easily be a bold statement or a barely-there homage to high fashion. Recreate it for yourself by swiping on a bit of clear gloss or chapstick (for easy blending) and rub a bit of lip pencil or lipstick along the inner rim of your lips, closest to your mouth. Use your finger to smudge it outwards until you get an even fade, and viola! You'll have a fun and unique look in less than a minute.

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The Autumnal Equinox is FALLing upon Us

By: **Gaby Holmes**
Contributing Writer

The Autumnal Equinox is near. On Sept. 22, autumn or fall officially starts. However, as we all know, here in South Florida, we do not get the fall season weather and benefits. Nevertheless, there are still ways that we can celebrate fall. So, here's a quick guide on ways to celebrate fall in South Florida.

Fall Clothing

South Florida's leaves may not turn red and orange, and it may be not drop below 70 degrees, but we can still transition our clothing for fall. One tip is to simply dress in fall colors. Wearing various shades of reds, oranges, yellows, and browns will help put you in the mood for fall without having to wear a sweater. However, if you want to wear a sweater to feel like it is fall and a full length sweater is too hot for you, then get a cropped one. Cropped sweaters are a good alternative to full length because you're able to wear a sweater without making a thousand pounds of sweat. Another way is to invest in fall shoes and socks. Shoes like booties and flats are easier to wear in the South Florida heat because there are a variety of styles. They have open toed, backless and low cut designs. Fall socks are fun because there are millions of them in stores and it is a cute way to celebrate fall without overheating. Furthermore, layering is a great way to dress for fall. If it gets too hot, then it is easy to take a piece off, but it is just as easy to put a piece of clothing on.

Fall Food

If there is one thing that screams fall is food. Pumpkin and cinnamon drinks are a fall staple. So, stop by your local Starbucks and order yourself a PSL or one of the new drinks like the Salted Caramel Mocha. If you want to save some money, you can make your own like an Apple Cider Float. You can even try recreating Pinterest fall drinks like this 10 minute Pumpkin White Hot Chocolate. You will need:

- 1 1/2 cups of milk
- 1/2 cup canned pumpkin puree
- 1/2 teaspoon pumpkin pie spice
- A pinch of ground cloves
- 1/2 teaspoon vanilla

- A pinch sea salt
- 2 ounces of white chocolate (roughly chopped)

In a small saucepan over medium heat, combine milk, pumpkin and spices. Cook string constantly until just simmering. Remove from heat and add chocolate, but make sure to reserve some chocolate for garnish. Just before serving, top each mug with a generous mound of whipped cream, a few shavings of white chocolate, and a sprinkle of pumpkin pie spice or cinnamon.

In addition, fall treats are a great way to celebrate the season as well. Making leaf shaped and fall colored Rice Krispie treats are an easy and cheap way to make a fall treat. If Rice Krispies are not your thing, then another treat could be to make chocolate acorns. Chocolate acorns are Nilla wafers and chocolate chips put together by melted chocolate.

Fall Décor

Diffusers or plug-in air fresheners are a great way to make your dorm room smell like fall. Bath & Body Works have a whole line ranging from light and sweet to spicy and musk. If you want a more affordable option then try TJ MAXX or Ross who sell them for relatively cheap. Wreaths are a nice way to decorate outside your dorm room. Party City has a bunch and there 18 inch ones which only costs \$5.99. Lights are an inexpensive way to make your room feel like fall. Amazon has a maple leaf fall garland for only \$9.59 and they have other varieties as well. Decorative pumpkins are sold at several craft stores and most of the time are on sale.

Fall Events

Fall events are always going on in South Florida between September or November. Eventbrite is a great website to see the events going on in your area. For instance, there are three upcoming events in September and October. On Sept. 22, the Riverwalk Fall Festival is happening from 12 to 4 p.m. and it is free admission. There are two events being thrown in October. It is easy to celebrate fall in Florida, you just have to find them.



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Throw a Harry Potter themed party

By: **Lindsey Spina**
Contributing Writer

As the first semester starts to get into full swing and stress creeps in to every available space, it becomes the perfect time to let your worries go for a day and celebrate the twentieth anniversary of Harry Potter! These few simple tips just cover an inch of the wand for the possibilities of how to throw your party!

Make house themed invitations

To get everybody in the mood I suggest handing out invites with the four different houses on them. If you know your friends really well you can sort them into the house you think they belong to. Slytherin, Gryffindor, Hufflepuff, and Ravenclaw all have different traits and it should be easy to sort people in them, but if you are having trouble I suggest putting Gryffindor on the invite since that is the house Harry Potter himself got sorted into! The invites should be short and sweet and the colors should go with the house so it ties it all together.

Decorate like you're at Hogwarts

Hogwarts is a gorgeous building inside and out, so try not to get discouraged when it comes to decorating! Decorating can be as simple as hanging streamers and balloons of the different house colors! The Gryffindor colors consist of red and gold. The Ravenclaw colors consist of



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Head over to universal studios hogwarts to get some inspiration.

blue and bronze. The Slytherin colors consist of green and silver. Lastly, the Hufflepuff colors consist of yellow and black. If you want to take your decorating to the next level, I suggest making or even buying the house banners. A poster board will work or if you want to be extra like Hogwarts you can look up the house banners online and purchase them that way. You can even take your decorating to an extreme level and include all the above while adding look alike props from the movies! These could include potion bottles, spell books, wands, brooms, and even Mandrakes (the screaming plants from

Harry Potter and the Chamber of Secrets).

Spellbound your guests with the perfect snacks

The snacks portion, I think, is where you can get even more creative than the decorating portion! Snacks are what makes a party and the food in Harry Potter is something that makes you salivate everytime you watch the films. You can incorporate Potter themed snacks such as cookies that resemble the sorting hat, chocolate covered pretzel sticks to resemble the wands, and even cake pops that resemble the Golden Snitch! If you wanted to copy the feast scene from Harry Potter and the Sorcerer's Stone and outdo everybody you can do that as well! These food items could include corn on the cob, chicken wings, turkey, a fruit bowl, and mashed potatoes!

Dress like Snape is grading your outfit

What is a Harry Potter party without dressing up in your Hogwarts uniform! If you don't have the full get up no need to worry, you just need these few simple items! Start off with a grey sweater with your houses, or any houses, tie colors, black pants or a skirt, and put a black robe on top of that ensemble. If you chose to go with the skirt I suggest pairing it with either



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Add some street signs and locations from the Wizarding World.

black tights or knee high grey socks with black shoes. If you want to go an extra mile I suggest having a wand or broom in one hand! You can do so much with dressing up and even if you do the bare minimum your outfit is going to look amazing!

On The Bench:

Vague NFL helmet rule sacks America's pastime

By: **Krysyian Edler**
Contributing Writer

The NFL has taken greater measures to insure player safety. The 2018 season features the debut of the new helmet rule. According to the National Football League's 2018 rulebook, yellow flags will be thrown if a player lowers his head to initiate and makes contact with another player's head, neck, torso, hips and lower body. The result is a 15 yard penalty that has the power to change the momentum of the game. A player can also be ejected for committing the penalty. The new rule has players and commentators shaking their heads. There is a lack of consistency involved in the penalties that have been called. Anytime a player lowers his head, he is flagged, even if he was leading with his shoulder. If the league wants to make the game of football better, they need clear, realistic safety rules.

The goal of the new rule is to eliminate any chances of repeating last season's tragic

incident that left Pittsburgh Steeler Linebacker, Ryan Shazier, with a severe spinal injury after he lowered his head to make a tackle. The 26 year old athlete is currently working through rehab and, as of August, is finally able to walk unassisted. He is working towards the goal of playing professional football again. The incident was a wake-up call for the league offices. The NFL's number one priority should be its players and that includes their safety. The league's concern is not misguided. According to ESPN, helmet-to-helmet contact was the source of 46 percent of all concussions discovered during the 2017 season. New safety rules will eliminate the severe side effects from playing the beloved game, but those new rules cannot continue to be broad.

When a wrongly called penalty forces the ejection of a star player, a team's hopes for a win will be dashed. Every win counts in the race for

the playoffs. When the yellow flags are flying, there should be no question in that referee's mind that the tackle endangered a player's safety and violated the league's rule. Teams should not suffer because of the league's vagueness or a referee's misinterpretation. The players are doing everything they can to avoid the personal foul, but in some cases, helmet contact is unavoidable due to poor timing and high speed.

For instance in the Arizona Cardinals week one preseason game against the Chargers, Cardinals' safeties AJ Howard and Travell Dixon were both penalized for lowering their head while tackling. The officials claimed that in Howard's low tackle he made contact using his helmet. The personal foul was a result of a misjudged tackle by Howard. The tackle resulted in a fumble recovered by the Cardinals and would have given the team excellent scoring position, but the fumble was overturned by the

officials because of the penalty. In Dixon's case, the safety did not make a linear motion when he tackled his opponent and used his shoulder to tackle, not his head. Whether these plays were actually penalties is in the eye of the beholder. The vague helmet rule needs to be revised with the players in mind. This can only be accomplished by involving players in the creative process of the rules.

Leading with the head is a natural part of tackling. Players are confused as to how they should adapt such an integral component of their game. The league officials need the help of advisers that actually know the game of football. Clear, consistent rules based on player approval need to be issued by the league before America's pastime loses its fire. The league will eventually realize that their biggest allies in player safety are the players themselves.

ON DECK

MEN'S CROSS COUNTRY

@ Mountain Dew Invitational
Sept. 22 | 7:55 a.m.
Gainesville, FL

WOMEN'S CROSS COUNTRY

@ Mountain Dew Invitational
Sept. 22 | 7:55 a.m.
Gainesville, FL

MEN'S GOLF

@ Griffin Invitational
Sept. 24-25 | All day
TPC Tampa Bay/Lutz, FL

MEN'S SOCCER

V.s. Flagler
Sept. 18 | 7 p.m.
NSU Soccer Complex

WOMEN'S SOCCER

V.s. Embry Riddle
Sept. 19 | 7 p.m.
NSU Soccer Complex

V.s. Florida National
Sept. 21 | 7 p.m.
NSU Soccer Complex

WOMEN'S VOLLEYBALL

V.s. Lynn
Sept. 18 | 7 p.m.
Fort Lauderdale, FL

V.s. Rollins
Sept. 21 | 7 p.m.
Fort Lauderdale, FL

V.s. Tampa
Sept. 22 | 7 p.m.
Fort Lauderdale, FL



SPORTS SHORTS

Men's Soccer

On Wednesday, the Sharks dominated Embry-Riddle in a 4-1 victory in the Sunshine State Conference opener. The keeper, junior Titouan Le Roux, gave six quality passes to help the club get on the board. Junior Ignacio Goya made his first score of the year and the first of the game. The second goal of the night came from sophomore Sebastian Loibl with an assist by freshman Aleks Berg. In the 32 minute of the game, senior Darwin Lom wanted a piece of the action and scored the third goal of the night hitting the top right corner of the goal. Loibl finished it up with a second goal of the game in the 50 minute. This marked the fourth straight win for the Sharks.

On Sept. 15 the Sharks defeated Tampa 1-0 marking the teams five game winning streak. The Shark were on the offensive with six shots and five corner kicks in the first 15 minutes but Tampa kept them off the board. In the 35 minute, freshman Juan Nunez scored his first career goal with the Sharks assisted by sophomore Sebastian Loibl. In the 59 minute, junior keeper Titouan Le Roux made a pivotal save in the corner of the net. This game marked a impressive win in a 14-game winless streak in series history against Tampa. The Sharks improve 2-0 in the Sunshine State Conference.

Women's Soccer

On Sept. 12, the women's soccer team suffered a loss against No. 10 Barry 2-1. A last-second block by junior Emma Heikkila prevented a would-be goal in the eight minute of the game. Barry eventually broke through the defense to gain early momentum in the game. The second goal for Barry came from a missed block by sophomore keeper Shannon Hearty. In the 72 minute of the game sophomore Adanna Edwards scored her third goal of the season from inside the box. A free kick by Barry bounced off graduate student Gabriela Alfaro but fell wide, preventing any chance of overtime.

On Saturday, the Sharks suffered a loss to Tampa in the Sunshine State Conference opener 3-0. Tampa gained early momentum with the first goal of the night in the 12 minute of the game and the second in the 18 minute. NSU tried to cut the deficit with a shot by junior Emma Heikkila but it was blocked by Tampa. Tampa added another goal in the 67 minute of the game with the Sharks only recording three shots on goal, all shot by Heikkila. This marked the first loss in the conference opener since 2015.

Women's Volleyball

On Friday, the Sharks fell to Florida Tech 0-3. In the first set, the Sharks fell behind early in the set. Eventually coming with three points shy of outscoring Florida Tech with a kill by sophomore Maya Patterson and back-to-back kills by graduate student, Leslie Atherton. Later in the set, the Sharks again fought hard with a kill by senior Denvyr Tyler-Palmer but ultimately, NSU didn't hold momentum losing the first set 25-21. In the second set, NSU led for a majority of the set with a 11-7 edge. But Florida Tech prevailed to steal the lead 25-23 for an overall lead. In the final set of the game the Sharks were down by 4 and rallied with 6-1 run to lead 13-12. There were seven ties until Florida Tech took the third set 26-24.

On Sept. 15, the Sharks were defeated 3-0 by Embry-Riddle. In the first set, the teams were tied 4-4 before Embry-Riddle shot back-to-back kills to take the lead. The Sharks came within two points later on in the set but Embry-Riddle ran a three-point run ending the set 25-21. Early in the second set, lead a 3-2 edge but Embry-Riddle soon took a 8-1 run to force a 10-4 lead. Down 20-14 the Sharks scored a 5-0 run with three kills by sophomore Gabby Bauch. Embry-Riddle soon answered back with a 5-0 to finish the set 25-19. In the final set there were 11 ties leading up to 14-14. Embry-Riddle advanced with errors from the Sharks which left the score 17-14. The Sharks came within three points with 22-19 late in the set but three consecutive points by Embry-Riddle tied up the match with a 25-19 victory. Senior Denvyr Tyler-Palmer led the Sharks with eight kills and Bauch earned a career high with seven kills and nine digs. Senior Maddie Uilk helped the Sharks with six kills for the second-straight game and senior Megan Burns added 16 digs.



ATHLETE OF THE WEEK: Carli Etrick



By: **Christina McLaughlin**
Opinions Editor

Carli Etrick is a freshman biology major with a pre-dental concentration. She was born in Melbourne, FL and completed three years of track and field and two years of cross country at Melbourne High School. She was named to the 2017 All-Cape Coast Conference cross country team and set a cross country 5K personal best of 19:46:48 at the 2017 FSHSAA Championships in Tallahassee, Florida.

What got you into cross-country and track?

"I only started three years ago. When I was a sophomore I did track and I did cross-country my junior year. I always played soccer but I started to shy away from that and I wanted to just focus on running."

What interested you in cross-country?

"I would say the fact that it is your own success and you still have a team. That's the biggest positive [takeaway] from this sport. It's your own success whether you do good or bad and that's all on you and no one can take that from you, in a way."

What is your support system when you have a long day?

"My teammates for sure. We clicked very easily early on since there are a lot of freshman on the team. My teammates always got me through, even in high school."



A photo of Etrick taken on Media Day 2018.

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How does NSU compare to the team you had in high school?

"In high school it was less serious. Here [at NSU] everyone has the same goal and we will always pick each other up when we get off track. We always have each other to lean on."

What is your go-to thing to do after a big run?

"I eat a lot. I have a big sweet tooth so I love eating cookies and other sweets after. I also like to hang out with friends or teammates to celebrate or just relax and have fun."

What made you choose NSU?

"I always wanted to go here since freshman year. I wanted to stay in-state for sure because I can't handle the cold. I like the academic offerings which is why I ultimately picked NSU. It's the perfect division for me to run in and get better with my coaches and teammates."

How has your transition to college, as a freshman, been so far?

"It hasn't been too bad. I did dual-enrollment in high school so it hasn't been too difficult academic wise. Being in-state helps, I still travel home in the weekends. The biggest

[challenge] is being on my own officially, for the first time and trying to figure things on my own."

How do you balance academics and the sport as a student athlete?

"It's definitely hard at times like today I had two tests which was stressful. But time management is a really important thing which I feel like I'm getting the hang of. My classes so far are challenging but they are going to be worth it in the end."

Any pre-run superstitions?

"I always pray before I run and I have a lucky sports bra that I have to wear. A lot of people don't know this but I have to crack all my toes before I run"

What are some of your hobbies?

"I'm a total beach girl and I like shopping. I like to try out new restaurants and new food. I don't travel as much as I'd like to but in the future I would love to do that one day."

What are some of your future goals?

"My main focus is to go to graduate school and go to a specialty school to become an orthodontist. I want to travel but I still want to live in Florida. My family is from Melbourne and I would really like to stay near them if that is possible."

OUT OF THE SHARKZONE

American golfer comes out as gay in Instagram post

In an Instagram post for World Suicide Prevention Day, Tadd Fujikawa announced that he is gay. Fujikawa stated that he hopes to become an "inspiration" for the LGBTQ community and help make a "difference in someone's life." In the Instagram post, Fujikawa starts off by saying, "So... I'm gay." The golfer then reflects on the fact that people within the LGBTQ community inspired him to come out and says that he wants to fight for equality. The 27-year-old athlete is said to be the first openly gay male professional golfer, according to CNN.

Floyd Mayweather says rematch with Manny Pacquiao will be happening this year

Floyd Mayweather announced in an Instagram post that he will be fighting Manny Pacquiao again soon. The duo first fought in 2015, where Mayweather won the fight. Mayweather has fought twice since the match, once in 2016 and another in 2017. Manny Pacquiao is an eight-division champion and a Philippines senator.

Manu Ginobili opens up about retirement from NBA

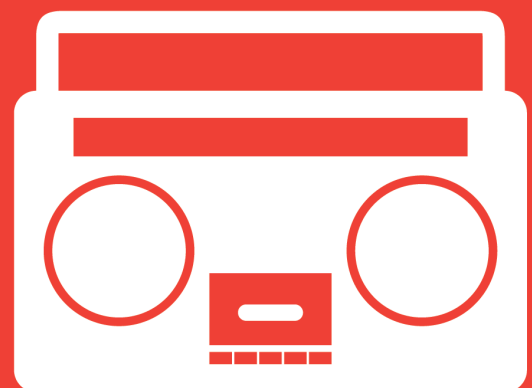
Former Spurs guard Manu Ginobili recently retired from the NBA after playing for 16 seasons. During a press conference, Ginobili noted that his family and physicality were big factors in making his decision, according to SportingNews. Ginobili was said to be extremely nervous before announcing his retirement on Twitter. He explained that he is "very sure about the decision," but that it was a difficult one to make.

Marcus Peters fined for Marshawn Lynch tribute

The NFL has fined Los Angeles Rams cornerback Marcus Peters for his tribute to Oakland Raiders running back Marshawn Lynch. The \$13,369 fine was for Peters grabbing his crotch in the end zone after a season opening victory. Peters and Lynch are very close, CNN states. Peter's says his fine "was worth it."

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Seriously Kidding

A satire column.

NSU to enforce a new dress code

By: **Taylor Murphy**
Contributing Writer

Recent scientific studies brought to NSU's attention proved students have a higher graduation rate when a dress code or uniform is enforced. Because of this recent development, NSU has decided that implementing a uniform would be the best decision for the student body.

"We just want everyone to have a safe place to work towards their education. If implementing uniforms are what is going to help our students, then that is the way it will be," said NSU secretary of student unity, Nora Sanders-Ugas.

We aren't sure of what exactly the uniform is going to be, but we are sure that it will be expensive. Sources say that the projected price of these prestigious, mind stimulating uniforms

could cost up to \$500. They will also look different for each year of college you are in. They aren't particularly sure how the uniforms would distinguish each year, but I bet it will go by the color of the tops.

As for shoes, they have decided there will be no sneakers for anyone allowed on campus unless you are going to go work out. For everyday wear, they expect you to walk around in dress shoes or loafers.

NSU would also like to enforce a uniform for those using a gym. That means no more matching leggings with sports bras. They will expect you to be dressed in a gym outfit that will be separate from the uniform package. The gym outfit is expected to only be about \$250 to order.

And only NSU students will have these uniforms. This way it is easier to tell who students are and who are not. This not only maximizes your safety, but it makes the security's job easier.

Nova Southeastern University is aware of how outrageous the uniform fee sounds so for a select few, they have decided to have different scholarships for the uniforms. The newly formed uniform committee has estimated the launch date of the dress code will be after the New Year. That will give students two months to apply for uniform scholarships or to get the money for them. They haven't released any qualifications yet so remember to stay tuned in the future for more updates.



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VS

Cons of a Small University

By: **Kathleen Crapson**
Visual Design Assistant

Are small universities better? It's all relative. Every individual is different, and their experiences may vary. In terms of cost, equal promotion of programs, accessible class times, and the size of campus small universities are lacking. Although NSU is getting larger and larger every year, by definition, we are a small university.

When I graduated high school, NSU seemingly did not have my major. Due to the stressing of science majors, I did not even know that the department of performing and visual arts (PVA) existed until two years ago. In this aspect, the promotion of all the university had to offer was small. If I knew that NSU had PVA, I may have skipped community college and came straight to NSU.

Small universities also tend to be private. And in our case, small, private universities mean a large price tag. Since the cost of salaries, utilities, and facilities are not shared amongst multiple students, the price per student is higher. "NSU graduates make higher wages upon graduation" is a highlight of promotional flyers. But do higher wages mean higher take home pay or are the numbers by those who are in lucrative fields?

For many programs at a small university, there is less staff on hand. This leads to registration being an interesting jenga challenge. If you need to take certain classes at certain times, you may be out of luck. Specialized programs and classes may only have one professor at a time teaching that class. It leads to prioritization of which classes may not be best for your career skills, but what you need to graduate.

Once you get to your first day of class, you begin to realize that classes have many of the same faces. Sure, you may find that you have things in common, but if you cannot connect beyond your major, it can be isolating. In that respect, it can feel like middle or high school. Some thrive on this university experience, where they can meet new people with every class, and retain some form of anonymity. But some don't.

Pros of Smaller Schools

By: **Skylyr VanDerveer**
Multimedia Manager

I went on a ton of college tours throughout my high school career. Both my younger brother and I travelled up and down the east coast to find our perfect school. When looking into the schools more, I found myself drawn to the idea of going to a smaller university.

One of the classic favorite parts of attending a smaller school is having smaller class sizes. I can easily focus on the professor, since I don't have to worry about a million conversations behind me. It's also really easy to develop a one-on-one relationship with the professors. Having the same professor for multiple classes a semester is amazing, in my opinion. I also like knowing most of the students who share my major and/or minor.

Another pro to smaller schools is housing. Although NSU's resident halls aren't a five-star hotel, a lot of the options are so much nicer than ones offered by larger universities. No communal showers and bathrooms! My room in Goodwin last year is twice, maybe three the size of my brother's at Florida Atlantic University.

My absolute favorite part about attending a smaller university is the sense of community we have. I know it's cliché and all, but we really can rely on each other when times are rough. Celebrating the good stuff is also really fun, as everyone seems to cheer each other on. It almost feels as if the NSU community is my second family.

Of course not everything is perfect when attending any university. In the end, you have to choose the best place that suits your needs. It's important that you feel comfortable in your community. Does that mean you have to attend a smaller school? No, each individual has different needs when going to college. But, if I had to recommend, I would say smaller schools.

Wolf in Sheep's Clothing: Greenwashing in Today's Markets

By: **Alexander Martinie**
Contributing Writer

With the combined force of an extended season of red tide to the West and the onslaught of green slime to the North, environmentally friendly products are becoming even more of a hot-button item in Florida. Companies have greenwashed their products for a possible bump in their product's sales for years. Knowing whether these products are really environmentally friendly or greenwashed has become a much-needed skill for those who care about protecting the environment.

A greenwashed product or organization is described as a product or marketing campaign that is falsely marketed as environmentally-friendly when it is clearly not.

Greenwashing as a marketing tactic arose in 1985, with Chevron's advertisements claiming that their use, extraction, and refining of oil was friendly and overall beneficial to the environment. BP has also used greenwashing to boost their profits. Shortly after their oil spill in the Gulf of Mexico, BP ran advertisements about their efforts to fund programs that rehabilitated the animals harmed and displaced by oil spills. This was an attempt to divert attention from their involvement in the oil spill that displaced and injured numerous species.

Greenwashing is not only limited to the companies actions themselves, but also to the packaging used and the products. Many companies have begun to label the packaging of their products as "recyclable" or "biodegradable" when neither is the case. Companies will also market products that are comprised of substances that are detrimental to the environment as eco-

friendly because it contains some "natural ingredients". Marketing tactics such as these show a blatant lack of regard for the safety and preservation of the environment given that these techniques allow for dangerous pollutants to seep into the environment without people using them knowing of the harm that they are causing.

Being able to determine if a product truly is eco-friendly or merely a greenwashed, sulfate-filled mess is just as important. Avoid vague claims and ambiguous ingredients on product labels, pay attention to how companies design, package, and market their products. Marketing tactics such as these are commonly used to throw off consumers who quickly look at the products without doing research into the products. Use of terminology such as "clean coal" or BP's marketing of "clean energy" are perfect examples of greenwashing.

In the beverage industry, Nestle's bottled water products are marketed as "the most environmentally friendly consumer product in the world," according to Nestle.

While Fiji products, another water bottle company, have led to several outbreaks of Typhoid due to the fact that the exportation of Fiji water has caused the majority of Fiji's population no access to clean drinking water.

The legality of greenwashing raises many concerns of the environmental protection both domestically and abroad. While greenwashing is legal, it should not be in order to show a step in the right direction towards an environmentally friendly world.

Quit Saying You Have It Worse

By: **Scott Black**
Contributing Writer

The old euphemism, "It could be worse," is a great anecdote when we are facing dire situations. We live in a first world country versus third world countries that live on pennies a day. We may be all born equal but we are all presented with different circumstances. Some are born with a silver spoon in their mouth, whereas, others are born into poverty. And, it is up to the individual to overcome trial and error in reference to the environment and attributes that spawns our birth.

The initial adage, "It could be worse," is an interesting worldview perspective. There is anarchy, dictatorship, and famine in other

countries that make living miserable. There are children in impoverished countries that are working from knee high to support their family and still striving to put food on the table. We live in a fortunate country that offers the continual haven of food, housing, and education. So quit saying you have it worse while driving your luxury car and attending a private university just because you failed a term paper. We are pampered and spoiled university brats that consistently make mountains out of mole hills. Get over it already. And, considering the aforementioned, don't cry over spilled milk.

Crying about your three month summer

European excursion ending, crying about an ending relationship, and for heaven's sake crying about attending work and college simultaneously. So what. Pick yourself up. Grab yourself by the bootstraps and get over it already! These are all situational situations that other countries would simply envy. Most countries are not privileged enough to even look at these as feasible options. They are facing non-opportunist environmental crises that college students could not even fathom.

Our circumstances are simply situational where time will simply heal these exasperated wounds. Other countries have long-term

environmental concerns that affect all citizens. We live in the most advanced society in modern times that allows us to comeback from any circumstance. We should feel privileged to live in a Free World where we have favorable rights and opportunities to succeed, despite our individual setbacks. So quit saying you have it worse when there are starving amputees without education and healthcare. Think outside the box, watch the news occasionally, pick up the daily newspaper, and you'll see a litany of people that make our situations seem less bleak. So pick yourself up, and quit saying you have it worse.

Support your Support Animal

By: **Kelsey Bruce**
Arts & Entertainment Editor

One of the most bleak ways one can feel is alone, but unfortunately, the disarray of college life has a way of making most college students feel just that at times. Some students may have mental illnesses that exacerbate this already too-common adolescent disposition, so they might seek out an emotional support animal for an extra boost out of bed in the morning.

In theory, this sounds like a win for everyone involved: a dog gets some love and a student some encouragement. In practice though, this is not always the case. In my time at NSU, I have seen what I consider an ideal service animal relationship that involved lots of nurture, but I have also heard of students who neglect to give their pet the love they need.

Keeping any animal, regardless of reason, requires taking responsibility for not only the animal's physical health but its psychological health as well. Pets need plenty of exercise,

access to open space, lots of playtime, and a regular feeding schedule. Still, with small dorm rooms, a full academic plate, and a college student's budget, fulfilling a pet's need takes more dedication than some students are willing to give. On more than one occasion, I have heard stories of students with emotional support pets who leave them cooped up in their rooms while in class or spending time with friends. This situation is completely unfair to the animal in question. If a student wants an emotional support animal, they should first question if they need it and then be frank with themselves about whether or not they are prepared to be responsible for it. After all, with loneliness being such a bleak state, one's answer to loneliness should never be so botched as to create more of it for another being.

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SHARK SPEAK

SHOULD JUULS OR VAPES BE ALLOWED ON NSU'S CAMPUS?



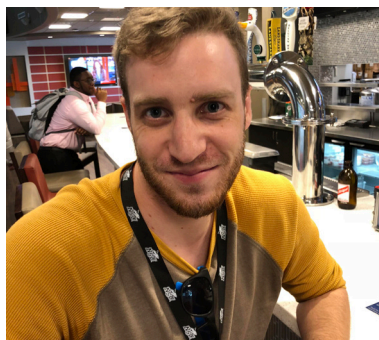
"I think just for campus purposes [juuls and vapes] don't stink, so I don't think that bother people as much as an actual cigarette would. There's no ash or anything so it's not like they are going to be thrown on the floor so they keep the campus clean. But for people [healthwise], no, because one juul pod is like a pack of cigarettes."

- Sheyla King, senior political science major



"I think [juuls and vapes] should be allowed on campus, just the same as out in public. I don't see why they wouldn't be allowed here under different rules than public spaces."

- Liam White, senior computer science major



"I think [juuls and vapes] could be allowed on campus in certain areas. NSU used to have designated smoking areas on campus. In general, they are less pervasive than cigarette smoke would be, so they may even help people cope with or wean off [cigarettes]."

- Benjamin Herrin, junior legal studies major



"I think in certain areas [it should be allowed]. I don't think they should be used in classrooms or anything like that. I know sometimes when I inhale [secondary smoke] I get a bit of a headache, but I'll just move away. [Juuls and vapes] aren't really a huge deal to me."

- Tatiana Machado, freshman psychology major



"I feel that vapes should be allowed mainly because you have an open between nicotine, TBC or just juice. But Juuls, not so much because it is mainly based around nicotine."

- Kayla Mackenzie Henriques, freshman biology major

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a look at Disney Professional Internships with Wayne Hampton and Juliana Holcombe, Recruiters for Disney Campus Recruitment

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Sponsored by Title V Grant U.S. Department of Education
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A look at Disney Professional Internships and College Program with Wayne Hampton, Manager for Disney Campus Recruitment.

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All events, internships and job opportunities can be found on nova.joinhandshake.com

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