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A Moment in Time

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A Moment in Time

Steven Cohen

A little boy sits by a pond
as the birds fly by and the water glistens.
The winds blows and the leaves rustle
while the boy sits motionless upon a log.

He watches intently as a butterfly glides beside him
and gently lands on his shoulder.
He smiles and all his worries fade away
as he watches the enervated sun begin to set.

He thinks of his mother,
and the memories which he holds in his heart.
Feeling warm inside, he relaxes
and takes a journey back through his childhood.

He remembers her tying his shoes
and waking him up each morning.
He thinks about the courage he has been given
to overcome the obstacles which stand in his way.

He opens his eyes and sees her,
his inspiration.
He feels the gentle breeze blowing through his hair
once more as he sits upon a log
and watches the birds fly overhead.