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Nova Southeastern University

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On Wednesday, Aug, 15, NSU unveiled their new brand in the university’s Shark Store in the Don Taft University Center. The new look features slick NSU lettering containing a hidden shark symbol in the “N,” a new CGI animated mako shark as well as new headlines such as “be a force of nature”; “we put the edge in education” and “the NSU Edge.” The new campaign also retires the old sun logo that has been a part of the brand for years, and the university will be slowly phasing it out around campus and on products.

The NSU Edge, which is at the heart of this campaign, clearly states on their website to promise to give students the competitive edge they need when they graduate and head out into the workforce.

“We feel like it’s the promise we should lead with when we talk with new students to introduce ourselves. There’s lots of wonderful things you can say about NSU— we have a great multicultural diversity here, we have different disciplines here, we have a great location,” explained Kyle Fisher, vice president for public relations and marketing communications for NSU. “We tested all of these promises, but this NSU Edge promise, the competitive advantage, that is the one that was authentic and true for the people that are here. It also resonated in the most powerful way in the outside world.”

Much of the overall aesthetic of the new brand focuses on the usage of the mako shark, including a CGI animated rendering that can be seen in videos and images across the campaign. According to the university’s website, the mako shark represents the NSU community because “we’re fast moving, we have a desire to succeed, we swim forward,” among other “mako mantras.” In addition, the image is easily recognizable and strongly associated with the university’s current identity.

Another addition to the brand is placing Florida at the forefront, including in the new Instagram and Twitter handles, @NSUFlorida. Fisher explained this choice to promote the sunny campus location, which can be a draw for prospective out-of-state students. In addition, the site of the campuses are prime for many areas of research and education, such as in the fields of environmental science, public health, urban development issues, cultural studies and much more.

Students do generally seem to agree that the location is an enticing pull to potential students. “I think [including Florida] is smart, because most of the people I talk to say one of the reasons they came here is for the location. If I wasn’t from Florida, I think I would have wanted to move here anyway,” said Rachel Sheppard, sophomore psychology major. Also, all the other universities in Florida have the name Florida in it- for example The University of Florida, or FSU. I feel like it draws out-of-state people.

While the campaign brings a new look to NSU, rebranding an entire university can be potentially costly. Fisher assured students that the new campaign will not be taking away from other funding. “We’re not going to spend money on [replacing the old images], we’re not going to take money from more important things. What we plan to do is, when we do something new or we’re improving something...that’s when we would make the more expensive logo changes. We’re not going to just spend money to change a logo. We have more important things— students— to invest in” said Fisher. When the new logo is being displayed, the university plans to use more cost effective ways, such as decals, to introduce it. As for the current branding that is seen around campus, some of the advertising dollars that would otherwise be allocated to promote the school in general are promoting the university and the campaign at the same time.

The university’s renovated website includes a video of “NSU Edge Testimonials,” among other explanations as to how the NSU campaign embodies the new promises. Students are also encouraged to share stories of what The Edge means to them using the hashtag #MyNSUEdge. For more information on the campaign, or to see the new brand, visit nova.edu/sharks.

An Update on Construction and Parking on NSU’s Main Campus

By: Christina McLaughlin
Opinions Editor

Starting last May, Juneau Construction of Miami-Dade County broke ground on a new residential hall to be built for undergraduate students. This new undergraduate residential hall will be focused on the former practice soccer field and on the corner of College Drive and Perimeter Rd. It will hold 669 beds and 208 units. As of now, it is slated to be completed for July of 2019 and be ready for move-in for residential students in late August 2019.

The Residence Hall is made from concrete components that come precast and prefabricated with installation. These pieces are then transported over from the Tampa Facility and erected on site. According to Daniel Alfonso, Vice President of Facilities Management at NSU, the influx of new students coming in and in the other overflow lots are filled there’s not much left to do except get the inevitable $40 parking ticket. “Students have resorted to parking on the grass parallel parking on the sides of the lots and over yellow security lines as well parking in unauthorized lots.

Public Safety will begin issuing tickets to parking violators starting this week, as parking in these locations illegally can become a safety hazard to oncoming cars and emergency vehicles. But still, some students feel that these quick fines aren’t enough.

“It’s nice that we have a new parking lot for residents but it isn’t enough for our current student population” said Arelia Poon, sophomore biology major.

The university hopes that the plans they have in place for some future projects can help with current complaints. Along with the new parking garage and residence hall they plan to add even more parking in front of the existing residence halls and add a driving lane between Leo Goodwin and Commons for easy accessibility.

“The CLC is one of the older buildings on campus so the south elevation will get hurricane-rated windows because they have much more sound attenuation,” said Seneff.

This project is still in the early stages but it is estimated to completed in the coming months as it will involve extensive planning from various sources. Seneff said that this will be a project that will need Public Safety to notify the students and organized through The Office of Residential Life and Housing.

“We’re going to work as much as we can to minimize the inconvenience for the students and we ask that people bear with us as much as possible. Anytime there is any construction it’s not pleasant but we are going to do everything we can to respect the students and give them a good product for next year”. Sniff.

As construction continues on campus, students are welcome to share any questions or concerns they have with The Office of Residential Life of Housing by contacting them at their email housing@nova.edu or by phone at (954) 262-7802.

The NSU Edge promises students the tools they need to succeed

By: Madelyn Rinka
News Editor

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**News Briefs**

**Waterworks to take place Aug. 31**

The Undergraduate Student Government Association and the Student Event and Activities Board will host Waterworks on Aug. 31, from 8:30 p.m. to 11 p.m. in the Alvin Sherman Library Quad. The event will include free t-shirts, food trucks, music and dancing. Students can look forward to paint canvases, water sprinklers and water games as well. Waterworks is open to all NSU Students.

**Alvin Sherman Library to host “Cine Argentino Films Festival”**

The Alvin Sherman Library will host a free art exhibit and film series called the “The Artist’s Vision of Ecuador and Argentina.” The exhibit, curated by Adriana Blanco, will be displayed through Sept. 2 in the Cortilla Gallery. The film viewings will be on Sundays throughout the month. For more information, visit www.nova.edu/artisticheritage.

**NSU Recruit a Shark Day to take place Sept. 12**

The Office of Career Development and the Office of Student Leadership and Civic Engagement will be hosting NSU Recruit a Shark Day on Sept. 12 from 3:30 p.m. until 6 p.m. Employers will recruit for internships, jobs and research positions, as well as volunteer and service groups. Professional attire or scrubs are required. For more information, visit nova.joinhandshake.com.

**NSU Ranked among the Top Universities for Online Education in the Nation**

NSU has been ranked third in Florida and twelfth in the nation for online educational opportunities, according to OnlineGrads.com. In addition, the university received recognition for being eighth for overall opportunities for service members, 10th for doctoral degrees and 11th for bachelor’s and master’s degrees and credit for military training. “We pioneered what was needed to provide as many educational options for military training. ‘We are the ideal fit for this position. Her extensive knowledge and ability to enhance the student learning experience, create positive change in the college’s programs and curriculum as well as guide faculty and staff to greater achievement and recognition will be a great asset to Fitchler College of Education and the University as a whole.” said Dr. George Hanbury, President and CEO, Nova Southeastern University.

**NSU Hosts White Coat Ceremony for First M.D. Class**

On July 28, 2018, NSU welcomed approximately 300 incoming medical students in the nation’s first combined White Coat Ceremony celebrating Doctor of Osteopathic Medicine (D.O.) and Doctor of Medicine (M.D.) program students together. This marks NSU as the third university in the U.S. with two medical colleges. In addition, both colleges are named after the same person, Dr. Kiran C. Patel, making him the first person with two colleges to bear his name. “As emphasized by many leading physician organizations, we are facing a physician shortage,” said Dr. Ceret, D.O., chief of clinical education, for the American Association of Colleges of Osteopathic Medicine, who spoke at the ceremony. “This will have drastic effects on the future of healthcare, our economy, and our collective well-being.” The university is planning to open a 250,000-square-foot medical education building to hold its health professions facilities and healthcare centers in the future.

**The Current** serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU’s established vehicle for student reporting, opinion and the arts. All community members are invited to contribute. Editorialists, commentators and advertisements in this publication reflect the opinions of the authors and do not necessarily reflect the views of the University or its officials. The Current staff or other advertisers. The Current will not publish unsigned letters or signed letters not signed by contributing writers. The Current reserves the right to edit. Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

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**Quick Summer News Catch-up**

**By:** Madelyn Rinka

**News Editor**

While NSU students may have returned home for the summer, the university’s got the right to write, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

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**Kimberly Durham, Psy.D. named Abraham S. Fischler College of Education Dean**

Kimberly Durham, Psy.D. has been named the new dean of the Abraham S. Fischler College of Education. Dr. Durham will oversee the development and enhancement of curriculum, institutional assessment, long-term planning and policy setting, among other responsibilities. “Dr. Durham is a valued member of NSU and the ideal fit for this position. Her extensive knowledge and ability to enhance the student learning experience, create positive change in the college’s programs and curriculum as well as guide faculty and staff to greater achievement and recognition will be a great asset to Fitchler College of Education and the University as a whole.” said Dr. George Hanbury, President and CEO, Nova Southeastern University. Dr. Durham’s career with NSU has spanned 27 years, during which she has held positions for numerous academic and community councils, boards and committees.
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Features

The Nationwide Housing Epidemic

By: Madelyn Rinka

News Editor

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Am I in an unhealthy relationship?  

By: Christina McLaughlin

Opinions Editor

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The idea of a beach day might conjure up a variety of imagery: splashing through the waves, shellning or just relaxing on a towel. Usually the most uncomfortable aspect about it would be sand in swimsuit bottoms or a sunburn—not tons of dead animals, stinging sea air and deadly blooms. While Florida’s Gulf Coast battles the red tide during National Water Quality Month, here’s what you need to know about the algae blooms and how to stay safe.

According to the National Oceanic and Atmospheric Administration, harmful algae blooms or HABs, occur when colonies of algae grow at high rates, creating toxic or harmful effects on humans and marine life. The “Red Tide,” coined for the blood-red algae that blooms in Florida’s Gulf Coast, is one of the best known HABs in the nation. While not all algae blooms are harmful, Florida’s Red Tide can prove fatal to marine life, dangerous for human fish or shellfish consumption and renders the sea air painful to breathe in.

It is common for the red tide to appear in Florida at least once per year, but this summer’s bloom has been particularly lethal. Upon washing up on the shore, it is easy to see the damage. Dead fish and sea life litter the coast, and humans are very scare—but those who do choose to have a beach day often find difficulty breathing after an extended period of time. The Inertia reported that over 100 tons of dead animals have washed up onto shore, including 12 dolphins in one week. The cream-colored, karenia brevis, can release a deadly neurotoxin, causes depolarization of nerve cells, immune depression, bronchial constriction and hemorrhaging, according to The National Center for Environmental Information.

While there have been many theories about what is to blame for the bloom, this year’s red tide has been directly linked to the agriculture industry. When run off dumps large amounts of nutrients and fertilizers into the ocean, the algae flourishes.

Beyond just dying fish, this epidemic can have unforeseen impacts on a variety of other systems. When fish become infected, larger animals higher in the food chain lose a portion of their diet, even when the tide isn’t toxic enough to take down bigger marine life itself, starvation can play a big hand in the total death count. In addition, Florida’s economy thrives on tourism. With the state’s proud sandy beaches nearly unaccessible due to covered in catarrh, tourist towns feel the burn.

Governor Rick Scott has since declared a state of emergency in seven counties, which now may need to be used to help the issue—although it likely won’t resolve it. In the meantime, it is recommended that residents of these areas limit their beach time until a cold snap stops the bloom.
Farmers markets can be a great resource for local and fresh produce, as well as fresh baked treats, traditional bakery, herbs, spices and anything else the mind can dream of. Taking your weekly shopping list to these vendors can reduce your carbon footprint, expose you to new cuisines and even save on your budget. Check out some of these local farmers markets.

Yellow Green Farmers Market
If you’re really looking to experience all of what SoFlo has to offer, Yellow Green is the tropical South Florida.

Brother’s Farmers Market
Located in a quaint, inviting strip mall, Brother’s Market is anything but your average grocery store. Rather than having several vendors all selling the same products, Brother’s has simplified it all under one roof, so you know you’re always getting the highest quality and best price at the market. Aside from the usual apples, carrots and bananas, check by often for unique produce like passionfruit and pitaya. They also offer a variety of fresh juices, deli items and bulk-priced foods.

Wilton Manors Green Market
Wilton Manors Green Market offers plenty of produce for any palate. From juicy local oranges, strawberries and tomatoes to exotic varieties of cherimoya, red flesh dragon fruits and sugarcane juice, there’s sure to be something to please the most adventurous or reserved eater. Reviewers also love locally sourced eggs, honey, fish and more.

How to vote this year
The term “voting” can cause a host of visual associations to come to mind: a booth stationed outside the local grocery store surrounded by people in clipboards; a plethora of signs littering government property; or even blue or red pins attached to shirts. For some, voting is as much a necessity as breathing. For others, it’s just a day off. No matter how you view voting, it is an essential part to running the American democratic system.

Before candidates can get to a November general election, they must be voted through a primary election. Currently, Broward County is holding primaries for the November general elections. Early voting for the primary has ended, but Aug. 28 is the official primary election day. This year, the general election is Nov. 6. There are a few things to keep in mind before heading out to vote.

Register
Prior to visiting your local voting booth, register to vote. Your voter’s registration card is the key to being able to vote in Florida. If you don’t remember whether you have registered already, head to RegisterToVoteFlorida.gov for more information.

For students who have moved to Florida from out of state, contact your local supervisor of elections office. To vote in local elections and on state laws, you must have a Florida voter’s registration, which also requires you to provide proof of residency, such as a Florida’s driver’s license or identification card. The deadline to register to vote is 29 days prior to the election. Registration is no longer open before the primary elections, but you can still register before Oct. 9.

Consult your voting guide
If you are registered to vote with a Florida address, check your mailbox. For each election, the Office of the Broward County Supervisor of Elections sends out a sample ballot including candidates, local laws, and state laws. If you have not received one, be sure to visit www.browardhcc.org, and click on “2018 Primary Election Sample Ballot.” Download it or print it, and review each section of laws and candidates.

The ballot is divided into three different sections, for Democratic, nonpartisan and Republican ballots. From there, you can find all the information you need to know, even including candidates running for nonpartisan government positions. Each law, whether local or statewide has a brief overview.

Research issues and candidates
Keeping track of all the candidates and laws can be difficult, but there are resources available to help navigate all the issues. Ballotpedia.org provides information on local, state and national issues and candidates. For further information on candidates, consult the Sun Sentinel’s endorsement guide. While the endorsement guide is based on the opinions of their editorial board, through their explanations and judge for yourself whether you agree with their positions.

How, now you’re about ready to go vote. But first, make sure you’re in the right place. Occasionally, new voter’s registration cards are sent out with new voting locations. Don’t forget to bring the all important voter’s registration card, and your newfound voting guide. Once you know your choices, your time at the voting booth can be drastically reduced.

The Importance of an Internship
By: Katy Popplewell
Career Advisor

Why is internship experience more important than ever? College students need to balance work, friends, family, and assignments. Employers value internship experience because they provide students with the skills and experience that they cannot acquire in a school setting. It can be easy to overlook the critical importance of getting a great internship experience. However, in today’s competitive economy, it is crucial that students make an internship a top priority. If you have a relevant internship displayed on your resume, it will give you a competitive advantage over all the candidates applying for the same position. Employers understand that graduates that do not have any practical experience may lack the skills required to excel on the first day of their employment. Employers value internship experience because they provide students with the skills and experience that they cannot acquire in a school setting.

There’s a few things you must know when searching for an internship, like when is the best time to search for an internship? Surveys suggest that the best time to start searching for an internship is right before you start your junior year. This way, you will have two years to complete competitive internships before you graduate. Most companies start hiring interns for the summer up to one year in advance. So, the ideal time to start looking for an internship is now! When beginning your internship search, take these things into consideration. You need to ensure that the internship you are choosing is related to the field that you wish to go in once you graduate. Don’t let location stop you from interning for an organization that can possibly open professional doors for you below the line. If you find a valuable interning opportunity abroad, take it. There’s a lot you can learn from interning abroad and the experience can help you strengthen your resume. Also, don’t let money be the deciding factor when you’re thinking of interning. Gaining useful experience is what you should be aiming for. Whether the internship is at a local organization or abroad, think of the value it will offer to your resume or CV.
Hungry? UC food got you stuck in a rut? Feel like nothing on the menu is your cup of tea? Don’t fret. Even if you’re known to burn a Hot Pocket, these quick and easy meals are fool proof and accessible. With just a few ingredients and a couple of minutes, you can whip up a satisfying meal that’s sure to have your neighbors knocking on your door for the recipe. Be sure to check up on Cutamale or Green to see what ingredients you can re-purpose with your declining balance.

**EASY MEAL—PREPARED BURRITOS**

**Ingredients:**
- Tortillas
- Refried beans
- Pre-cooked protein of your choice (crumbled tofu, beef or shredded chicken)
- Mix-ins like onion, green chile, taco seasoning
- Lettuce, guacamole, tomatoes, olives, etc.
- Mix in beans, protein and any other ingredients you choose in a large bowl. Chop up vegetables, and set aside. Lay out tortillas, and scoop the filling onto them, making sure not to overfill. Roll up the burritos, and either freeze or refrigerate them in plastic wrap or aluminum foil. Reheat in the microwave for 1-2 minutes when you’re ready to eat.

**PRE-MADE GRILLED CHEESE**

**Ingredients:**
- Bread
- Cheese or dairy-free alternative
- Butter or margarine
- Extras like tomatoes, basil, protein or onion

Start by lightly coating both sides of bread with butter or margarine. Add all other ingredients to one side of bread, and top with another. Cover in plastic wrap, and refrigerate until ready to eat. While you’re getting dressed or doing homework, pop a sandwich in a toaster oven on the “toast setting” for 2-5 minutes, flipping halfway through. Be sure to keep checking the first few minutes you heat one, as different toaster ovens may burn quicker than others.

**BREAKFAST PARFAITS**

**Ingredients:**
- Yogurt of your choice
- Fruit
- Granola
- Chia seeds or nuts

In Mason jars or tupperware containers, spoon in one serving of yogurt. Add fruits like strawberries, blueberries, passion fruit or cubed melon to the top. In a sandwich bag, add dry ingredients like granola and chia seeds or nuts, so they don’t get soggy sitting on top of the fruit. When you’re ready to eat, simply pour the dry ingredients into the yogurt and fruit and enjoy.

Whether you’re from a land-locked northern state or you grow up in a condo next to an ocean, there’s always a few ways to improve your next beach day. Take a break from classes and head on over to the shore for some fun in the sun.

**Top tips for a better beach day**

It’s pre-season football which means it’s almost time for tailgating season. So before you bust out the grills and barbecues why not catch a few quick tips to make your tailgate the best in the (parking) lot? Here are 12 tips to improve your tailgate and make the other team envious before you even walk into the stadium.

**Freeze your water bottles**
All those drinks have to stay cold right? Instead of buying bags of ice and having them melt halfway through the tailgate, freeze some water bottles. That way, you can have your ice and drink it too!

**Pack the night before**
To save time and be prepared on tailgate day, pack all the essentials into your car the night before. Make sure to organize it all for easy unpacking and cooking as well. That way you can leave early and find the best parking spot.

**Six packs for condiments**
Everyone is gonna want condiments on their hot dogs and burgers so why not give them options and make it an easy clean up? Use empty six packs or carton trays to hold all your topping needs.

**Decorate your Spot**
To help your friends find your tailgate or to help make those new friends make sure to decorate your space. Ballons are always a good change up but make sure to have your own bags. Make your tailgate the one with the most Shark pride.

**Easy Trash Cans**
Most parking lots are fully stocked with trash cans on game day but they fill up quick or your space is far from the nearest one. So just in case bring some pop-up hampers and some garbage bags as liners for a super quick trash can. At the end of the game,just pop it in a nearby dumpster and not have to worry about it.

**DIY bug repellent**
Where there is some food there is bound to be some creepy crawly’s. So maybe place some sage or rosemary on the charcoal to create a natural bug repellent. It may also add a little gourmet feel to your entrees.

**Show up early and stake your claim**
While peak sun might be around 2 p.m., don’t wait until just after noon to trek down to the ocean. Try showing up earlier than normal, around 9 or 10 a.m. to lay down your things and hold your spot. This way, you can avoid shoving yourself between a few sand-throwing toddlers or greasy snowbirds all day long.

**Avoid expensive beach vendor prices**
There’s no reason a day at the beach needs to bust out the wallet. Water vendors tend to overprice their products, selling water from upwards of $3 or more. Instead of losing ten dollars for a sandwich, pack your food and beverages ahead of time. Most beaches don’t have a lot of rules when it comes to what you can bring to the beach, but it’s safe to avoid glass containers, foods with wrappers, and alcohol at some locations. Try packing no-fuss sandwiches, water bottles and granola bars that way you don’t need to worry about getting a little seasoning of sand or sunscreen in your snack.

**Be responsible with your sunblock**
Sunscreen almost seems like a no-brainer when it comes to what to pack for the beach. However, with a lot of sunscreens containing heavy metals and harmful chemicals, going in the water slathered in sunblock can hurt marine life and coral reefs. Instead, try going for an all natural lotion, or even better, find another way to keep the sun away. Bring an umbrella or large brimmed hat to keep that sunburn in its tracks without harming the environment.

**Hide your belongings**
If you’re planning on heading into the water, it can be a big hassle and risk to take your belongings with you. Rather than leaving them out in the open for any sticky fingers to snatch up, sneak them away for no one to see. Try digging a little trench in the sand and placing valuables like phones, wallets and keys inside, and cover them with your towel. Try placing something over the top of that as well to make sure no one steps on them as well. Even if you try this hack, it’s smart to keep an eye on your things from the waterways anyways.

**Morning Game Menu Change**
All those great treats are sure going to leave some messy hands so why not take a easy lunch to go and fill it with water. That way your guests can wash up before they get in on their phones or perfect game-day outfits.

**Put your Drinks on Ice**
The cooler is going to need ice but so are those drinks. Instead of just buying ice that will water down your drink use frozen water balloons to keep them cold. Get some blue and grey balloons to keep the Shark pride in your hand at all times.

**Cleaning Station**
All these great treats are sure going to leave some messy hands so why not take a easy lunch to go and fill it with water. That way your guests can wash up before they get in on their phones or perfect game-day outfits.

**DIY SUSHI BOWLS**

**Ingredients:**
- Precooked white or brown rice
- Protein like tofu or cubed chicken
- Premade asian stir-fry or gyoza sauce
- Assorted vegetables, such as shredded carrot, cucumber, edamame or peppers
- Spoon rice into tupperware containers. Coat or marinate the protein in the sauce and pour over rice, being sure to put extra sauce over it. Add in vegetables of choice. Alternatively, keep rice, marinated protein and vegetables in separate containers and portion it out when desired.

By: Madeelyn Rinka
News Editor

**Top tips for a better beach day**

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By: Madeelyn Rinka
News Editor
Meet your new friend: Groupon

Unfortunately, our human desires sometimes make it so that the first things that catch your eye are the money whether that be going bowling, to the spa or taking a road trip. That’s where your new friend Groupon comes in. With a wide array of deals for groups of people — because leaving out your friends would be truly un-Grouponish— lets you try new things without making you spend the grocery money. Students at NSU have used Groupon to take Aerial yoga classes, go kayaking and get restaurant and bar specials.

Eating and drink at home, jeez

Your mama was right all those times she told you that you had food in the house and that still holds true whether you’re still living at home or in the residence halls. Whenever possible, eat before you go out on the weekends. You’ve already spent the money on either your declining balance or the food you have at home anyway so why would you spend even more money on overpriced outside options if you don’t have it? Assuming you’re of legal age and not driving, the same goes for drinking. If you’re going out for a long time, pregame with food or drinks make you feel better and you’ll spend that night less detrimental. That way, you can focus on dancing, bowling, alligator riding — whatever it is you decide to do with your night out.

As much as you’ll come to love the big, beautiful campus that is NSU, trust me when I tell you that you will be some weekends where you will want to be anywhere but here. #dyevalise.

That being said, because you’re a college student with a likely limited budget, you may find that going out on the weekends is far easier said than done. Don’t worry, there are certain strategies that you can use to make sure you can live your best life on the weekends without breaking that precious bank account.

Go to places that are free

First things first. The easiest way to save your wallet is by opting for activities that are free — that way you only have to worry about how you’re going to get there. Places like the beaches are versatile locations that can fit the needs of both the invervven and the extrovert. You can opt for daytime trips featuring swimming and tanning or nighttime trips featuring bonfires. Bring along some music and games and voila, you have a beautiful outing with your friends.

Another option is utilizing downtown areas and events. Downtown Fort Lauderdale’s Fat Village has an ArtWalk on the last Saturday of every month with loads of music and activities that are free. Also not too far away, Hollywood’s Young Circle usually features live music on the weekends and a monthly ArtWalk of its own.

UK based experimental drummer & bass electronics producer Seamus Malliagh, better known by his moniker Iglooghost, is one of the most uniquely strange musicians to make an appearance on the scene to date. Taking heavy inspiration from other experimental electronic artists, such as his Brainfeeders Records comrade Flying Lotus, Malliagh is known for his colorful and complex maximalist approach to his music. As shown from his numerous EP releases in the past, as well as in his full studio album debut “Neo Wax Bloom” released in 2017, Malliagh has a penchant for making four-minute tracks sound like odysseys of sound. It is not uncommon to hear a single Iglooghost track containing at least 30 different layers of instruments, effects and synthesized vocal samples. As if that weren’t enough, Malliagh has also taken it upon himself to create an overarching narrative spanning his releases complete with colorful characters decorating his track flows, his own made up language and even a comic book detailing the story of “Neo Wax Bloom.” The most recent projects under his belt are the gritty, hard hitting “Steel Mogu” EP and the more melodic and harmonic “Clear Tamei” EP.

If you haven’t heard of Iglooghost, then you are missing out on some highly unique production style. Only time will tell how his music, and the narrative surrounding it, will expand further.

By: Adam DeRoss
Contributing Writer

Steel Mogu EP & Clear Tamei EP by Iglooghost

The dark, gritty textures of the beats on Iglooghost’s projects have been some of the most unique, memorable and exhilarating musical experiences released in recent memory.

“Steel Mogu” is just as, if not collectively more, enjoyable and consistent as it’s counterpart. While “Steel Mogu” focuses on a furious energy, “Clear Tamei” presents tracks centered around beautiful, goosebumps inducing melodies. Although, it’s still no slacker in the heavy bass department. “New Venus” illustrates this perfectly with its plucky piano chords, hair raising string sections and a gorgeous collection of choir samples. The end result of this track flows perfectly into the syrupy smooth violin strings to the chunky xylophone scales to the stringing flames to the clanging of swords tying the hits-bas together, this track is a marvelous example of modern production. Swomenting the deal is a surprise vocal sample of rapper Danny Brown from his 2016 song “Ain’t It Funny?” Brown’s croaky, frantic rapping fits in perfectly with the orchestra of sounds, even bending and the ticking of a clock. This then drops into the fading sounds of flutes and chimes. Where “Neo Wax Bloom” was a constantly changing and evolving experience, “Steel Mogu” and “Clear Tamei” are much more thematically consistent and provide an overarching narrative spanning his releases.

Meanwhile, “Clear Tamei” is just as, if not collectively more, enjoyable and consistent as it’s counterpart. While “Steel Mogu” focuses on a furious energy, “Clear Tamei” presents tracks centered around beautiful, goosebumps inducing melodies. Although, it’s still no slacker in the heavy bass department. “New Venus” illustrates this perfectly with its plucky piano chords, hair raising string sections and a gorgeous collection of choir samples. The end result of this track flows perfectly into the syrupy smooth violin strings to the chunky xylophone scales to the stringing flames to the clanging of swords tying the hits-bas together, this track is a marvelous example of modern production. Swomenting the deal is a surprise vocal sample of rapper Danny Brown from his 2016 song “Ain’t It Funny?” Brown’s croaky, frantic rapping fits in perfectly with the orchestra of sounds, even bending and the ticking of a clock. This then drops into the fading sounds of flutes and chimes. Where “Neo Wax Bloom” was a constantly changing and evolving experience, “Steel Mogu” and “Clear Tamei” are much more thematically consistent and provide an overarching narrative spanning his releases.

By: Jenna Kopec
Contributing Writer

The 2019s Are Here • All 2018s Must Go

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The Internal Struggles of Being a Student Athlete

By: Christina McLaughlin
Opinions Editor

The stereotypes of student-athletes in television and movies may make it seem that these so-called “jocks” have it all: the easy social life. But when you leave Hollywood and get back to reality, the student-athletes in the real world don’t have it so easy. In 2013, the Internal Struggles of Being a Student Athlete says that athletic programs in college-settings should have a positive or negative influence on them. Of injury status, perceive their coaches as either supportive coaches are more likely to in turn, rehabilitation, were less supportive of athlete’s coaches cared less, were not directly involved in with negatively viewed coaches perceived that coaches cared less, were not directly involved in rehabilitation, were less supportive of athlete’s pain, and pressured the athletes to return to play.” So injured student-athletes with less supportive coaches are more likely to in turn, perform while injured, overtrain or partake in other negative behaviors to appease coaches requests. NATA says that, “Many of these behaviors positively correlate with depression; however, to what extent this risk taking and unhealthy behavior among student athletes is caused by depression is inconclusive and requires further investigation.” An article in the Huffington Post suggested that athletic programs in college-settings should look into Sport Psychology to improve on some of these issues. As they tend to improve mental health skills to facilitate emotional healing and empower athletes to feel in control and connect with others who understand their struggles.

OUT OF THE SHARKZONE

Trump responds to ESPN's Anthem Decision in email to supporters

President Trump has responded to ESPN’s decision over not to broadcast or televise the National Anthem. The President responded in an email newsletter sent to his supporters, calling for them to sign a petition to reverse the change. Trump called the decision “SPINELESS” according to The New York Times.

Ohio State Football Coach suspended for three games

Ohio State has suspended their football coach, Urban Meyer, for three games following an investigation by the Board of Trustees. The investigation looked into the way Meyer handled the alleged domestic violence of one of his former assistant coaches. USA Today states that he is suspended without pay.

Former Michigan State gymnastic coach charged in Nassar Case

Kathie Ann Klages, ex-head coach for Michigan State Gymnastics is charged with lying to investigators in the Larry Nassar Case. Klages resigned in 2017 after being suspended for supporting Nassar during trial, according to ABC News. The warrant issued claimed that Klages “knowingly and willfully” made false statements in support of Nassar. Klages could face up to four years in prison for the charge.

Travis Frederick cut indefinetly due to autoimmune disease

Cowboy’s center Travis Frederick has announced that he was diagnosed with an autoimmune disease called Guillain Barre Syndrome. Guillain Barre Syndrome, according to CBS News, causes the body’s immune system to attack nerves. Patients with GBS commonly suffer from muscle weakness and paralysis. In a tweet, Frederick stated that he had recently received two treatments for GBS, saying he is “very optimistic” about his condition.

August 31, 2018 | nsucurrent.nova.edu
ON DECK

MEN’S SOCCER
Vs Mississippi College
August 30 | 7 pm
NSU Soccer Complex

Vs Delta State
September 1 | 12 pm
NSU Soccer Complex

WOMEN’S SOCCER
@Tusculum
August 31 | 5 pm
Greeneville, Tennessee

@King
September 1 | 11 am
Bristol, Tennessee

Alabama Huntsville
September 2 | 10 am
Greeneville, Tennessee

WOMEN’S VOLLEYBALL
2018 Shark Invitational
Vs Missouri S&T
August 31 | 7 pm
Fort Lauderdale, Florida

Vs Babson
Saturday, September 1 | 3 pm
Fort Lauderdale, Florida

Vs Texas A&M International
September 1 | 6 pm
Fort Lauderdale, Florida

MEN’S CROSS COUNTRY
@ FAU Cross Country Invitational
August 31 | 6 pm
Boca Raton, Florida

WOMEN’S CROSS COUNTRY
@ FAU Cross Country Invitational
August 31 | 6 pm
Boca Raton, Florida

STUDENT MEDIA

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AT THE OFFICE OF STUDENT MEDIA, PLEASE CONTACT
JARROD BAILEY AT JBAILEY@NOVA.EDU OR CALL (954)-262-7188.
Opinions

I don’t want to say Thank You

By: Christina McLaughlin
Opinions Editor

On my drive down to NSU this year I stopped at a few gas stations along the way and at each one I experienced at least some form of street harassment or “catcalling.” A man over the age of 40 looked me up and down and initiated conversation. This one-sided conversation directed at me sounded less like throw away compliments and more like commands. He started with calling me “strong, happy, positive” which was written on my shirt, and ended with “beautiful, sexy” and an ongoing collection of compliments and more like commands. The whole time I found myself looking around aimlessly for someone or somewhere to go to get away from him but to no avail. I feltcornered and in all honesty, I had no clue what to do. Looking back on this encounter and on the many other encounters I’ve experienced, I’ve always said thank you to the person and walked away. But, I don’t want to say that anymore.

According to a study conducted by EIR and Hollaback!, a non-profit organization, 85 percent of women in the United States experience street harassment before the age of 17. So I can’t be alone when I say that catcalling is a prevalent issue and can be a scary experience. These experiences are usually initiated by strangers who have unknown strengths and motives and as a female college student with no self-defense experience, it’s debilitating. The unknown when it comes to these situations is why I don’t try and defend myself. The fear of not knowing if this stranger might just back off or act in anger once I stand up for myself is why I and many other women I know just say thank you and walk away.

An article on Bustle, an online American women’s magazine, asked ten women’s advice they had for other females in these situations and the answers were varied. Some opted to just say “No, thank you” or outrightly ignore the interactions while others said to fire back, report it to police or protect yourself. But, all of these suggestions depend on this interaction and on the confidence of the individual. For someone like me, I can’t say something back, I’m too scared of the consequences of what could happen and I can bet there are people out there that feel the same way.

Yet, there are many people that criticise others and men who experience catcalling. Some saying they can’t take a compliment or read into a situation. But it’s easy to distinguish the two. For instance, “I like your pants” and “I like the way you look in those pants”.

There is also another clear factor that separates a compliment from a catcall: lingering. In a study conducted by the Youth Development Study, 27 percent of women surveyed pinpointed common harassment behaviors as lingering, excessive staring or repeatedly “asking out.”

In most situations, catcalls include cornering, lingering or following the individual with the verbal interaction and that in itself adds eerie vibe to the whole situation.

But we shouldn’t have to feel this way. I should be able to walk down the street without unsolicited interactions pointing out the way I look or what these individuals would like to do with me. Simple as that. I should feel safe walking to work, or meeting up with my friends but that just isn’t the case. For those confident enough to stand up for themselves and feel secure in responding in these interactions: great. But if you’re like me, and you don’t like confrontation and are afraid of the consequences, than there really isn’t much to do then say thank you and move on with your day. I just wish there was something else.
Opinions

Social Anxiety can crush your social life
By: Kathleen Crapson
Visual Design Assistant

This semester marks the start of my second year at NSU. But it also marks another year of my life that I have to deal with some form of anxiety in general, including social anxiety. As a transfer, commuter student, I face an even greater challenge than those who are first-year residential students. While those who live on campus are able to connect to peers through orientation, events and by living at the dorms, commuters have less chances to connect through those methods.

In this past year, I got involved with two amazing organizations: Campus Cursive and Student Media (specifically The Current). My respective roles in each of these organizations require me to “table,” which is the practice of setting up a table at an event with a bit of marketing to recruit new members. Organizations tend to do this at freshmen orientation, but also at Weeks of Welcome during the first two weeks of school. If you saw me speaking at a table, you’re bound to have seen me stumble a bit on my words, and blush profusely. I even had the occasional panic attack.

My boyfriend recently transferred to NSU, as a commuter student, too. As a new student who was not sure how to find locations on campus, he wanted me to join him at his orientation. So I sat through another three hour seminar on a Saturday morning, and with the knowledge I have now, I found myself criticizing the event. I reflected on my own orientation last year, where I heard very little about clubs and organizations. After learning more about the freshman orientation process in the past year, I expected there to be more than just links to certain organizations’ websites in the transfer seminar.

I say this with a heavy heart, but as a commuter and transfer student, I feel like an afterthought. Weeks of Welcome events tend to be the only way to access clubs for a commuter/transfer, and these events can be inconvenient to my demographic, if you are not already required to be on campus. I find myself questioning whether enhancing the transfer/commuter experience would help reduce the nerves of incoming students. If last year, I had access to walking through my own transfer student club fair, would I have felt less nervous about my first time tabling? Would I have joined as a leadership member sooner rather than April of this year? Would I have joined more than just Campus Cursive and Student Media?

There is no denying that freshmen orientation is necessary to their success. Although, I would love to see some adaptation to the transfer/commuter experience.

The real struggle of being a commuter
By: Mario Lorrimer
Business Manager

A commuter is someone who travels over some distance to arrive at work or school. Being a commuter myself, I can say for certain, I travel “some” distance. I commute from Coral Springs, so I usually have to take the highway on a daily basis. Taking the highway awakens something within me that I never knew was there. I usually have to deal with various types of drivers on my daily travels. From the wonderful driver who doesn’t know what a turn signal is to those who got their license from a cereal box. You might think to yourself “commuting sounds horrible,” but it isn’t all bad. You tend to appreciate the true beauty of your surroundings when you’re stuck going fifteen miles an hour, in a sixty five speed limit zone.

Now you might say “but Mario, if the highway is so terrible then just take the normal roads.” Well that’s another story. Have you ever been in a small elevator with ten other people? It’s along the lines of that, somehow the cars drive even closer to you than normal. So if you have claustrophobia or anxiety, I would not recommend this route.

It unfortunately does not end there. Once I get off the highway, I have to play a game of “choose the right road,” where there are no winners. It’s basically me choosing which line I want to wait in, because all the entrances to NSU have lines. Once I finally arrive on campus after what feels like eternity, I wander around surveying the area for a parking spot. This is a skill in itself, because you have to understand how the parking lot works and enter the minds of the other students also searching frantically. Being behind someone is the worst thing that can happen to you because that means they will get any spots that open up first. My best advice would be to take a lane and make it your own, draw your name on it, or you have to see how fast they smell it.

Finally once I have given up, I find my way to the parking garage which is around 50 miles away from where I need to be. I make my way to the third floor because the parking garage is surprise, surprise, filled as well. This is where it gets interesting, because when Florida isn’t trying to bake me alive, the elevator in the parking garage is lucky. That experience only lasts about ten seconds. Out of breath, time, patience and sweat, I stumble in to my first class of the day, looking like I just did the backstroke in an Olympic size swimming pool.

As a commuter, I want to attend all the fun events on campus but they are usually quite some time after my classes, so I have to choose between my bed now or my bed hours from now. I usually go with the former. You might say “Mario that’s a silly reason not to go to fun events with free food and possible prizes.” Well, after numerous near collisions, a game show with no winners, gladiator style battles for parking spots and unfathomable conditions, heading back to my bed seems like paradise.
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Internship Opportunities

Vitas Healthcare: Health Care Intern
Florida Panthers: HR Intern
Focal Point Data Risk: Financial Audit Intern
NSU Library: Technology Support Intern
Junior Orange Bowl: Event Marketing and Public Relations Internship
Premia Global Advisors: Health Management & Marketing Intern
TCG Capital LLC: Software Developer Intern

Research Opportunities

Dental Medicine Research
• Student Participation: College of Engineering and Computing interested in helping create a virtual patient that will be used as a teaching tool for future students.
• Time Commitment: 5-10 hours per week; summer hours may be available.
• Minimum GPA & Major: 3.0 GPA/College of Engineering/Computing
• Skills/Experience: Candidates for this project are ideally creative, great problem solvers and able to code the program we will be creating.

Marine Biology Research
• Student Participation: We are looking for undergraduate students interested in assisting with the collection of scientific papers and journal articles pertaining to the 30+ non-native species of fish found in Florida marine waters.
• Time Commitment: 10 hours per week; summer hours may be available.
• Minimum GPA & Major: 3.0 GPA/Any STEM major
• Skills/Experience: Biology and Marine Biology

All events, internships and job opportunities can be found on handshakes.com
NSU Career Development (954) 262-7201
Locations: Horvitz Office (1st Floor of the Horvitz Building, Room 152)
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