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# TheCurrent

The Student-Run Newspaper of Nova Southeastern University

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Going vegan isn't as hard as you might think



NFL players can protest; Trump needs to P. 7 learn about first amendment rights



Worth's "Call the Midwife" travels to the P. 9 1950s; teaches lessons for today



Students and faculty both need a reality check P. 10

# Call for applications for the Juan Pablo Correa **Memorial Scholarship**

By: Diego Galvez **Contributing Writer** 

As of Sept. 25, applications for the Juan Pablo Correa Memorial Scholarship are being accepted. The \$1,000 memorial award is presented to an international student leader during the annual Student Life Achievement Award (STUEYS) ceremony in memory of the late Correa. Recipients must be non-citizens who exemplify cultural celebration, awareness and unity and have impacted the NSU community.

Juan Pablo Correa was a business administration major at NSU and an active student leader who passed away following a hit-and-run accident in 1996. Correa left a huge legacy created through his involvement as the president of NSU's International Student Organization. He enjoyed helping "I'm so proud of my son because, although physically he's not with us, he's an inspiration to so many of the people at Nova and to his family. What is happening here is because of his good deeds."

- Sara Cardenas

fellow students, especially those who came to NSU from other countries. His work as the organization's president largely influenced his recognition as the 1994-95 Student of the Year.

Brad Williams, Vice President of Student Affairs, Dean of the College of Undergraduate Studies and visionary of the STUEYS, said that Correa was "a very, very special young man who was constantly trying to make life better for international students." The first Juan Pablo Correa Memorial Scholarship was awarded to Angelique Nixon, a Bahamian native studying business and manager of the student-run radio station RadioX. Last year, Leydi D. Arboleda was awarded this prestigious award for her involvement in the NSU community.

"I'm so proud of my son because, although physically he's not with us, he's an inspiration to so many of the people at Nova

and to his family," said Correa's mother, Sara Cardenas. "What is happening here is because of his good deeds."

Students who are currently enrolled may apply or be nominated for the 2018 Juan Pablo Correa Scholarship award by completing the OrgSync form found at orgsync.com/37641/ forms/65992. Each application will be reviewed by the Student Life Achievement Awards voting committee pending the 20th annual STUEYS award ceremony. Applications will be accepted through Jan. 10. For more information about the scholarship, contact The Office of International Affairs or email Renae Bollibon at rb2005@

# Sig Delt brings back Battleship

By: Jenna Kopec Co-Editor-in-Chief

Sigma Delta Tau will host its second annual Battleship event on Oct. 6 at NSU's competition pool to raise money for Jewish Women International (JWI), an organization dedicated to empowering women, preventing domestic violence and educating women about safe dating.

"It's definitely not your typical Greek event," said Mykenzee Munaco, marine biology major and philanthropy chair for Sigma Delta Tau.

The event will consist of about 20 teams of three in competition to sink each other's kayaks in the competition pool; the team that wins the most rounds will win a trophy and the title of Battleship champion.

Jenan Klingsick, president of Sigma Delta Tau and senior marine biology major, said that the organization is proud to hold the event as it strays from typical fundraising styles and venues.

"No one's really hosted any events [at



Fiji won last year's first annual Battleship, seen here posing with the women of Sigma Delta Tau

the first organization to do that. We're hoping popular," said Klingsick. the competition pool] before, so we're kind of we can really promote it and get it really

Klingsick said that the sorority welcomes

all students to the event to watch or participate.

"We don't want just Greek teams. We would love to have sports teams and any organization on campus," said Klingsick. " Even if people aren't in an organization but they just want to make a team, we're very open to that. We want the whole school to participate."

Munaco said that the preferred deadline for team registry is Oct. 4, but that team registrations may be accepted after the deadline based on availability. She said she hopes that the students will come out to the event for a unique experience.

"It gives you a rare opportunity to participate in something with a bunch of organizations you may not usually cross paths with," said Munaco.

Creating a team costs \$30 while general admission is free. The sorority also offers a "VIP Ticket" for \$10 that gives participants food and entry into a raffle. Contact Mykenzee Munaco at mm4201@mynsu.nova.edu for more information.

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NSUCURRENT.NOVA.EDU

# NewstAnchor

Stay up to date with international and national events.

#### Saudi Arabia officials to reverse ban restricting female drivers

Saudi Arabia announced on Sept. 26 in a royal decree broadcasted on state television that women will be allowed to drive starting June 2018. According to the New York Times, Saudi leaders hope the reversal of the country's longstanding ban on female drivers will boost its economy by increasing women's participation in the workforce. Saudi activists and rights groups have rallied against the ban since 1990, facing arrests and jail time for defying the law. The decision is expected to face fierce opposition inside the kingdom from conservative families and leaders, considering it is a highly patriarchal society ruled according to Sharia law.

#### Puerto Rico relief efforts underway as White **House waives Jones Act**

NBC News reports that the White House announced Sept. 28 it will waive a near century-old shipping law to speed up delivery of humanitarian aid to the hurricane-devastated island of Puerto Rico. Puerto Rico's governor Ricardo Rossello met the decision with praise but, pleas from Puerto Ricans asking for more help. In Maria's aftermath, the island's residents lack fuel, clean drinking water, food and electricity in many areas. The Jones Act decreased foreign competition and the United State's reliance on foreign-built ships since the end of World War I. However, it impeded the movement of critical supplies to the mainland after the destruction of hurricane Maria.

#### Rep. Scalise returns to Capitol Hill after sustaining gunshot wounds in June

Republican Rep. Steve Scalise returned to Congress Sept. 28 for the first time since a gunman opened fire — wounding Scalise and injuring several team members — at a congressional baseball practice in June, according to CNN. He received a standing ovation on the house floor while delivering an emotional speech saying, "I am definitely a living example that miracles really do happen". Scalise announced plans to resume his work in Congress

while continuing rehabilitation. World leaders like British Prime Minister Theresa May and Israeli PM Benjamin Netanyahu sent the congressional leader best wishes for a full recovery.

#### Iraqi Kurds support independence, regional powers object

CNN reported that the Kurdish Regional Government is ready to initiate a serious discussion regarding secession from Iraq. Voters in Iraqi Kurdistan overwhelmingly endorsed independence on Sept.25 through a referendum which was met with increasing tension in the region and worldwide. Citizens of Baghdad have called for a nullification of the referendum. The Kurdish forces play a critical role in helping world powers push back ISIS from Syria and Iraq, and believed the international community would support their pursuit of independence. However, the United States and the United Kingdom denounced the 92 percent vote. Additionally, Turkish officials have threatened to enforce oil trading restrictions with the Iraqi Kurds.

#### Myanmar's government cancels UN visit amidst Rohingya crisis

On Sept. 28, the Myanmar government canceled a planned visit by the United Nations to the Rakhine state, a region witnessing nearly half a million Rohingya Muslims fleeing dangerous persecution. The UN reports that they have not yet been briefed on the reason for the cancellation of the visit. UN officials have defined the brutal military crackdown of Rohingya villages as "ethnic cleansing" and around 480,000 Rohingya Muslims have fled to neighboring countries, largely to Bangladesh's overcrowded refugee camps. The head of the UN's migration council reported increasing cases of sexual violence on Rohingyas staying in the refugee camps. According to TIME, UN officials are unsure how many Rohingya have died since the attacks began in October 2016, but say that the death toll is in the thousands.

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# Trick or Treat for an Internship

By: Christina McLaughlin

**Opinions Editor** 

internship or research opportunity can go to their experiences and how they fit it into their "Trick to the Treat" hosted by the Halmos schedules, they see value in it." College of Natural Science and Oceanography (CNSO) and Career Development on Oct. 26 from 11:30-1p.m. in the Cotilla Gallery on the second floor of the Alvin Sherman Library.

Students will have a chance to talk to students who have participated in previous internships in small group discussions. Similar to a speed dating scenario, students will have 10-12 minutes at each table to ask questions about their research, the process of applying to that specific internship and even a few questions of their own. There will also be a table with faculty from the CNSO to give information about on-campus opportunities such as Career Shadowing or to discuss their

This annual event was started by CNSO to help give students the opportunity to learn how to get an internship and see what internship was right for them.

Emilio Lorenzo, the assistant director of the Office of Career Development, said,

Students interested in a science-related "When students hear from their peers about

This event is the kick-off of Career Development's season of internship and medical-based events to help students see where these internships might lead them and help them navigate what specifically they want to do in their future careers.

"Events like these seem to motivate students to explore the opportunities laid out for them [and] gives [students] the opportunity to personally reach out to faculty members and introduce themselves professionally to express interest in their respective work," said Lorenzo.

Students who RSVP on Handshake and attend this event will receive gift bags to collect candy from table to table while learning about internships and research opportunities. Each table will also have fliers and other handouts with crucial information about each internship and research opportunity. Pizza and drinks will also be provided at this RSVP exclusive event.



# **News Briefs**

# **NSU's Lifelong Learning Institute partners** with World and Center Eye for poetry slam

The Lifelong Learning Institute will present the Fort Lauderdale Story Slam. The event, which will be hosted by the duo on Oct. 6 and Nov. 18, encourages persons 15 years and older to share true-life stories in the form of a live storytelling contest. Visit worldandeye. com/storyslam or email helen@worldandeye. com for more information.

#### Halmos graduate students to host **International Coastal Cleanup**

On Oct. 7, graduate students of the Halmos College of Natural Sciences and Oceanography will host part of the International Coastal Cleanup. The event will run from 8 a.m. to 1 p.m. at the Dr. Von D. Mizell-Eula Johnson State Park, previously known as John U. Lloyd Beach State Park. For additional information, contact Alanna Waldman at aw1599@nova.

Community Service Award deadline extended to Oct. 6

The nomination deadline for the President's

Awards for Excellence in Community Service has been extended to Oct. 6. The awards highlight faculty, staff or administrators who partner with the World and Eye Center to exemplify NSU's core values regarding a sense of community. Winners of the award will receive a \$500 honorarium, a year-long membership to the Faculty Club, as well as a commemorative plaque. For additional information, email Barbara Packer-Muti at packerb@nova.edu or Nick Pascucci at npascucci@nova.edu

#### PanSGA accepts applications for general allocations

As of Sept. 26, PanSGA will be accepting applications which allow undergraduate and graduate registered student organizations to request funding for upcoming campus-wide events. Applications must be approved by the organization's SGA President prior to being heard on Oct. 11 at 6 p.m. The application form can be found on PanSGA's OrgSync page at orgsync.com/45617. For more information, email Hannah Marks at hm632@nova.edu.

**Want more News Briefs? Check out** nsucurrent.nova.edu.

By: Gabrielle Thompson

Features Editor

NSU is a unique and lively campus, but that doesn't mean Sharks can't band together and take an afternoon to explore the South Florida area — even if that just means finding a quaint place to study.

Located in FATVillage in downtown Fort Lauderdale, BREW Urban Café Next Door is a hidden gem as far as coffee shops go. The coffee shop is tucked away in the C&I Studios, off of Flagler Avenue.

When you first walk through the front entrance, you will see a small lobby with hallways on either side that lead to the coffee shop. The coffee shop is a large room with high, wood beam ceilings. The first thing you will notice is the giant wall of books behind the counter, the vintage-style furniture and natural wood decorations. There is even a half wall made entirely of windows that looks into the

# **BREW Urban Café Next Door**



PRINTED WITH PERMISSION FROM G. THOMPSON BREW Urban Cafe Next Door's wall of books is sure to catch your attention.

adjoining studio, so viewers can observe when a photo shoot is taking place. It's definitely a hipster's paradise.

BREW Urban Café Next Door offers many different coffee options for the self-described

caffeine addict, all at affordable prices. Some flavors of coffee include: cinnamon, maple, lavender and the seasonal pumpkin spice. With a variety of flavors of tea, such as Earl Grey, pomegranate, green and a citrus blend, there is sure to be something for everyone, including those who don't like coffee.

If you're not looking for a fancy drink, the pastries are to die for. Try one of their banana walnut muffins or chocolate croissants for a sweet treat. They also have gluten free options, including a pumpkin muffin.

With free wifi, an inspirational and inviting environment and an awesome selection of beverages and pastries, BREW Urban Café Next Door is the perfect place to study or just hang out with friends.

**BREW Urban Café Next Door** 537 NW 1st Ave.



PRINTED WITH PERMISSION FROM G. THOMPSON BREW Urban Cafe Next Door is every hipster's dream.

Fort Lauderdale, FL 33301 Mon. - Sat.: 7 a.m. – 7 p.m., Sun. 8 a.m. - 5 p.m. 954-357-3934

**Price range:** \$3-\$10 brewurbancafe.com

By: Nicole Chavannes
Copy Editor

# Swipe right with your first credit card

Getting a credit card in college is risky, but necessary if you hope to build your credit. If you use credit cards responsibly, you can build credit during your college years and be more likely to qualify for loans for the purchasing of a house or car once you've graduated. The trick is knowing how to apply for your first credit card, then educating yourself on how to use it responsibly.

Rebecca Abraham, who also has a doctorate in finance and is a professor at the H. Wayne Huizenga College of Business and Entrepreneurship, expressed her concerns for first-time cardholders.

"When banks compute your ability to afford a mortgage, they take into account all debts," said Abraham. "If a person has too much debt and has student loans on top of that, most

likely they will not be able to purchase a home."

According to Abraham, the best way to approach credit cards — especially for those with student loans — is to have a small balance that you pay off regularly, which helps establish your credit. "At the same time, [students] want to be careful [that] their balances and debt aren't too high, because that affects their ability to borrow for a significant purchase like a home or car," she said.

When choosing their first credit card, students should stay away from persistent offers that arrive in the mail.

"Usually you're flooded with companies you've never heard of who are offering cards. Just throw those out," Abraham said. "Don't do business with somebody you've never heard of."

Instead, opt for trusted companies like banks where you currently hold accounts or where someone you know and trust has banked. "The bank will restrict the amount of borrowing, so while an outside credit card will look more attractive because they all focus on incentives, the danger is the student may get into too much debt and end up paying high interest," said Abraham.

Ultimately, students should think long term. According to U.S. News & World Report, your FICO score is made up of several factors, the most influential of which are your payment history and debt. Your FICO score is derived from information obtained by the nation's three major credit reporting industry and used by lenders to determine risks of lending

and interest rates.

However, if you shy away from using credit cards and have no payment history, your credit will be virtually nonexistent which isn't a good place to be in either.

"I think students should [have a credit card]... but with a very small balance that they pay off regularly so they don't incur interest," Abraham said. "It gives a lender the feeling that this person has taken out revolving credit, has paid it off and is creditworthy."

To learn more about the basics of credit, visit nsucurrent.nova.edu/what-do-you-mean-i-need-a-credit-card/.

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# A day to celebrate for American businesswomen

By: Aldana Foigel Contributing Writer

Last week, Sept. 22 marked American Business Women's Day, a day for women to get together, help themselves and learn from each other's experiences. Women's involvement in business is even more significant in today's world. According to the National Association of Women Business Owners (NAWBO), the latest statistics claim that "more than 9.1 million firms are owned by women," generating about \$1.5 trillion in sales.

Created in 1975, NAWBO started as an organization with only 12 members who decided to come together to strengthen their business projects. In 2000, NAWBO moved its headquarters to Washington, D.C., and by 2002, NAWBO launched projects supported by the White House and now boasts over 5,000 members. Although entrepreneurship is one of the core interests of the association, inspiring women's involvement in economics and politics is also part of NAWBO's mission.

Diversity also plays a role in the association. According to their website, "NAWBO's goal is to effectively represent the full diversity of the women business owner community."

Anne Fiedler, who has a doctorate in management and master's degree in business administration, believes that since women represent 50 percent of today's workforce, they should not be afraid of being part of the business sphere. She explained that women's involvement in the business world is also important for the economy.

"In the past 50 years there has been a dramatic increase of mothers in American families being the sole or primary provider for the family. Therefore, it is important for women to have their share of high paying jobs in the business world," Fiedler said.

Randi L. Sims, professor of management in the Huizenga Business College with a doctorate in business administration, shared her thoughts on businesswomen and the positions they hold.

"While a greater number of women are employed, women continue to be underrepresented in the executive suite," Sims said. She explained that this is known as the glass ceiling, which means that when women acquire a better position in their jobs, they realize that "promotions to the highest levels in

"In the past 50 years there has been a dramatic increase of mothers in American families being the sole or primary provider for the family. Therefore, it is important for women to have their share of high paying jobs in the business world."

- Anne Fielder

the organization are rare."

Regardless of the significant number of employed women, equal pay has yet to be universally achieved, according to American Business Women's Association (ABWA). This is not only an issue in the business sphere, but

in almost every occupation in America. The National Women's Law Center's (NWLC) statistics show that women "are only paid 80 cents for every dollar paid to men." At the end of every year, the payment inequality is substantial.

"It is disappointing to learn that the wage gap continues to exist. At the current rate of progress, women will not achieve equal pay until 2119," Sims said. One of the NWLC's suggestions toward removing the pay gap is to improve and perfect the Equal Pay Act, which disparages wage gap between sexes, that has been lawful since 1963.

Although the number of businesswomen has increased significantly throughout the past 20 years, there is still room for more women to take initiative and join the business world. By empowering each other, women could put an end to pay inequality.

"Equal pay is not only the moral thing to do, but it is the law," said Fiedler. September 22 goes beyond a regular celebratory day, it is a reminder for businesswomen to get together and empower other women to aim high and work to make their goals happen all throughout the year.

# Trading beef for broccoli: Advice from a vegan

By: Madelyn Rinka Contributing Writer

College is a time of transitioning — from a new environment to new classes to new friends, it's hard to deny that students experience a plethora of changes during this period of their life. Maybe it's time to make an adjustment in diet, too. Veganism and vegetarianism have been circulating in the news recently as more celebrities and movements are making the lifestyles more relevant. Whether you're considering going meatless for your health, the environment, the animals or maybe you're just somewhat curious about what it has to offer. Here are some handy, healthy tips to make your experience a little easier.

# Do your research

In order to avoid being blindsided by curious questions like "Where do you get your protein?" read up on meat-free sources of protein and vitamins like B12. There are plenty of ways to get all the nutrients you need while on a vegan or vegetarian diet. Peanut butter, bread, tofu and even spinach and broccoli contain protein that's crucial to your health. If that's not enough to convince you, look up vegan



PRINTED WITH PERMISSION FROM M. RINKA Vegetarianism and veganism may be gaining more popularity within our culture, but often the transition can be easier said than done.

athletes and bodybuilders like Alex Dargatz and Pat Reeves for some plant-based fitspiration. As for vitamins, plant foods generally contain everything you need, with the occasional difficulty of B12. Overall, with practice and awareness, eating enough calories on a meat-

free diet usually ensures you're getting all your nutrition.

#### Get to the roots

No matter what your reason, you should know why you want to stop eating meat. Having a rationale to keep you motivated will help your transition overall. If you're looking to help animals, investigate into how factory farmed cows and chickens are treated and maybe watch a few documentaries if you're feeling up to it. From the environmental standpoint, find online calculators to see how much water a meatless diet saves vs. a standard one, or view statistics about food waste. Being aware of your beliefs and values greatly aids in the adjustment, as it gives you a reason to stick to it.

# Don't quit cold tofurkey

"But I could never live without cheese!"

Don't worry. Wanting to eat fewer animal products doesn't mean you need to go raw vegan tomorrow. Most people begin their path by cutting out foods one by one. Maybe you don't eat a lot of red meat — so stop eating that first. You can even try searching out plant-

based substitutes if you're finding one ingredient particularly difficult to remove. Plant-based cheeses and meats aren't hard to come by nowadays. Many pizza places like Blaze offer dairy-free cheese and joints like Burgerfi have a meatless burger option to curb your cravings. If completely cutting out foods isn't your style, consider "meatless Mondays," a practice where you avoid eating meat one day a week. Either way, try it out and see what works best for you as an individual.

# Find a plant-based pal

Going into something alone can be intimidating. Talk to someone who has knowledge on the subject, or pair up with a curious friend and make it a challenge. When you're spending time together, try visiting meatfree restaurants or cooking new foods. This will help to keep both of you accountable with some friendly competition. Even if your end goal isn't to completely go vegetarian or vegan, it can be fun to test it out with someone you're comfortable with — and who knows, you might even find a new hangout spot.





By: Jessica McDonald **Contributing Writer** 

# Studying based off your learning type

Jessica is an NSU doctoral student in the Clinical Psychology Program. She currently works as a writing tutor at the Tutoring and Testing Center.

Most people have heard of auditory, visual and kinesthetic learners, but knowing the specifics of each learning style can really help capitalize on the way we learn. Here are a few tips and tricks for studying that are effective and simple for each style.

# **Visual Learners**

#### Use colors

Color coding your notes, schedules or todo lists will help group related information that can later be recalled in more detail. According to psychology researchers Thomas Greene, Paul Bell and William Boyer, warm colors (i.e. red, yellow, and orange) stimulate mental activity and have a greater impact on memory than cool tones (i.e. blue, purple, and grey). Consider highlighting, writing in colored pens or pencils and drawing colored boxes around important information in these colors.

#### Invest in a whiteboard

It is super easy to use a whiteboard to list facts or draw models from memory. They're eco-friendly and easy to wipe clean and start over until you have the information down pat. They are also affordable and available just about everywhere.

#### Incorporate doodles and drawings into your studying

Drawing related pictures on your notes can help you recall the fact by remembering the picture. For example, you might remember that the left brain hemisphere is the more logical side and the right brain is more "artistic" by drawing a brain that has formulas on the left and abstract forms on the right.

#### In sight, in mind

Make sure all of your calendars and visual tools are readily available in your study space. Pin boards to the walls or have sticky notes posted on or around your desk — use whatever works, as long as you can see it.

#### **Auditory Learners**

#### Learn which sounds help or distract you

If you know that you are distracted by noises, use your resources on campus to find spaces that limit as much noise as possible the library study rooms are perfect for this. Conversely, if you need a little bit of noise to keep you focused, try listening to instrumentalonly music.

#### Audio record lectures, if given permission

If you can understand what was said better by knowing exactly how it was said, this might be the perfect way to review outside of class. You can listen to recordings in your downtime as background noise; it will help drill the information in without feeling like you are taking too much time out of your day to sit and

#### Teach what you've been taught

If you are able to correctly relate concepts to someone, chances are that you have encoded and retained them. If you struggle to fully explain a concept, it's a good indication that you might need to revisit your notes before trying again.

#### **Kinesthetic Learners**

#### Take hand-written notes

Writing by hand is linked to improved critical thinking and broader conceptual development because it engages more of the brain than typing does. Handwriting your notes better connects you to the information you write and helps with information retention and recall.

#### Move while you study

Walking, bouncing a ball, tapping your foot and squeezing a stress ball all incorporate movement into your studying. Kinesthetic learners typically move or wiggle a lot naturally, so incorporating purposeful movement into your studying allows you to channel your physical energy into controlled, non-distracting movements. Ultimately, the more you move, the better you focus.

#### **Study in bursts**

Kinesthetic learners are more prone to needing frequent breaks because they are more physically active. Set a routine of intense, focused studying for half an hour, then take a ten-minute break, and repeat. This will help keep attention where it needs to be.

#### Scope out your study space

Make sure your study space has all the tools you need to get your jitters out. This could mean working outside so you can get up and stretch or walk around a bit, or by sitting in a swivel chair that lets you move while you study.

# By: Monique Cole

**Contributing Writer** 

# What to do if your roommate or coworker is being distant

It can be hurtful, concerning or even awkward when a roommate or colleague doesn't respond to your attempts to make conversation. However, there are ways of going about the situation before calling it quits.

#### **Understanding boundaries and personal** space

According to the United States Institute of Peace, "individualism is associated with values like self-sufficiency, individual responsibilities and personal autonomy. Collectivism, on the other hand, is the norm in societies that tend to emphasize 'we' over 'I'." Americans tend to lean towards individualism, meaning that personal space is valued. One of the factors that can contribute to a roommate or colleague acting closed off could indicate a problem with personal space.

Kristin Stover, a licensed psychologist and assistant clinical professor at NSU's College of Psychology, believes that one of the first steps in breaking down the social barrier is being able to respect the other person's boundaries.

"Always remember good relationships are built on a firm understanding of boundaries ...

Understanding your roommate's boundaries [is] really very important. I would rather have a roommate who was respectful of my boundaries than one who wanted to be friendly with me," said Stover.

# Antisocial, asocial or other?

There are many factors that contribute to how a person communicates, but there is a difference between those who are antisocial or asocial.

"Antisocial suggests a person who commits actions that are against societies' norms. So, we would [say] a person who, for example, harms others, has very little respect for others [and] is perhaps a potentially dangerous person. A person who has less of a drive for social interaction than the average person would likely be described as avoidant or asocial," said Stover.

Remember that there can be other reasons a roommate or coworker might act distant. Big responsibilities, stress or personal problems can also play a role.

"A good way to start distinguishing or determining what the case is with your colleague or with your roommate would be to start by making small, very manageable gestures indicating that you would like to interact with them. A shy person when their comfort level has been reached [will be able to] overcome and calm their hesitation and interact with another person," said Stover.

# Solving the problem

Regarding an asocial roommate, "There are a lot of ways we can approach increasing our connection with other people. One way is to remember to be an inclusive person and start making small offers and attempts to include your roommate or coworker in some of your social activities. Another way to deal [with this problem], particularly in the roommate scenario, is to create or ask for maybe one night or afternoon a week where you can meet for coffee ... set your expectations at a very manageable level and try to work from there," said Stoyer.

Stover advises that if a coworker's silence is affecting work ethic or causing problems, different methods should be utilized.

"When in doubt, consult with others. Not gossiping, but going to the person who is your direct supervisor or mentor and discussing your impressions on how the communication deficiencies that you are experiencing with this other individual are impacting your work... A team approach towards improving communication skills have far better outcomes,"

# Stover's final advice

"My main advice for anyone would be: if you have a roommate who is less interactive in a social way than you would like them to be, but is respectful of your boundaries and understands your needs as a person, then you're not in the worst place," said Stover.

Stover also wants students to know that it is normal to try and ignite change.

"As a person of good faith, we all want to have emotional reactions and connections with other people. And being that person that opens vourself up and puts vourself out there to try and establish a relationship is a really good place to be. You can't take it personally when others don't return that same level of desire," said Stover. "They may have a lot of different factors influencing how comfortable they are interacting with others."

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# ATHLETE OF THE WEEK:

Simone Pratt



By: Sydney Stoneback
Visual Design Assistant

Since transferring to NSU last year from ASA College located in Miami, senior Simone Pratt has proven to be a vital addition to the NSU tennis team. After returning from an impressive showing in both singles and doubles at the 2017 Intercollegiate Tennis Association Regional Championships held in Valdosta, Georgia, I sat down with Pratt to get her take on the last collegiate season and find out more about her future plans.

# Where are you originally from? Do you visit home a lot?

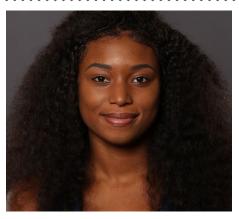
"I am from Freeport, Bahamas; it's about a 25-minute plane ride from here so I do get to visit home a lot during the year."

#### How long have you been playing tennis?

"Well I am 21 years old now and I've been playing since I was six years old, so it's been a while."

#### Is tennis a big sport in the Bahamas?

"No, not really. My dad got me into playing and ever since I just continued it. Just my dad



PRINTED WITH PERMISSION FROM S. STONEBACK
Pratt secured the second place position in the 2017 Sunshine State Conference after posting a 12 - 3 record.

and my cousin play in my family, so it's not a huge thing in my family either."

# Why did you transfer to NSU? Was there something specific that made you want to come here?

"Well I was at ASA College in Miami and so I wanted to stay in Florida, and Nova is a very good recognized school so I decided to transfer

here. I had a friend that was here as well and I talked to her and asked her about it and she gave a really good recommendation ... I also talked to the coach; we traveled [together while] playing in juniors so that's how I knew her."

# Did you always want to play tennis in college?

"Well, the original thought was to play professionally, but I decided it would be better to go to school and then try again after. I definitely want to play in some professional tournaments and travel. I have to put together a schedule and look at tournaments and see which ones will fit for me to play."

#### Do you like singles or doubles better? Why?

"Singles. You are playing by yourself so you determine your own mistakes rather than playing with another person. Playing with another person is still fun as well, but I prefer playing singles."

#### Do you ever get nervous before playing?

"Sometimes. I am pretty calm before

matches ... everybody gets a little nervous especially if it's important."

# How does being a senior impact your perspective?

"Well, I guess I feel a little more comfortable, and whatever is going to happen is going to happen."

# What is different about this season compared to last season?

"We definitely have a lot more people. I think last season we had like five girls and this year we have around nine or ten, which gives us a lot more diversity."

#### What are some of your goals for this season?

"Obviously this season I want to win, [but I also want us to] also to come together as a team even if we don't win and to try and make it as far as we can."

# Finding Fitness: Pole Dancing

By: Christina McLaughlin

Opinions Editor

Pole Fitness is one of the hottest new trends on the block. Pole Dancing, which is typically associated with gentlemen's clubs and other erotic dance venues, is turning over a new leaf as a fun, refreshing way to work out.

Studio 595 in Davie is an alternative fitness studio which combines multiple aerial style fitness classes such as Pole Fitness, Aerial Silks and more to bring a light-hearted approach to your routine. Carolina Zeldin, an instructor and part-owner of Studio 595, wanted to bring Pole Fitness to Davie as "it hasn't been seen here before" and was a great opportunity to introduce this fitness style to the community of South Florida.

Some people may still be hesitant to participate in this type of workout because of its connotation, but Zeldin and her studio intend to "take the taboo" out of the pole. By offering beginner classes such as stretching and



PRINTED WITH PERMISSION FROM C. ZELDIN Studio 595 offers pole dancing as an alternative fitness activity for anyone to enjoy.

flexibility, they allow people to try it without judgment in an open and safe environment. For those who enjoy these classes, they have more advanced classes such as "SexyFlow" with a BYOH (bring your own heels) option that adds to the experience and challenges you to learn more advanced techniques.

"Not everyone climbs [the pole] on their first day so having those beginner classes allows people to learn at their own pace," Zeldin said.

According to Zeldin, the environment in these classes allows for a mental exercise component as well. These classes are music-based and are very expressive which helps with confidence, self-worth and other components to improve your mental health.

"The more movement and rotation of your joints and other body components can help people with less active careers such as desk jobs," she said.

One great thing about this new workout regime is the focus on what some people consider the "problem areas" of the body that tend to maintain water weight and body mass.

"Pole fitness is a very holistic workout. It combines flexibility, upper body, lower body, dance, cardio and core work to create the ideal workout for everyone," Zeldin said.

Studio 595 calls themselves an open to everyone establishment, so anyone is welcome to start classes; gender, race and other social groupings are left at the door. Males and females alike are welcome to take these classes as long as you are a participant. Spectators may be great, but at Studio 595, they focus on participating in pole and other classes as an art form and encouraging students to learn at their own pace in the comfort of their own space — without the fear of judgment from others.

As college students, new experiences are welcome, especially in fitness and hobbies, but gym memberships can be costly. Studio 595 offers opportunities for new clients at a discounted price for three classes. That way, you can try out their classes and see how you like them. For more information, call Studio 595 at 954-861-0889.

# **OUT OF THE SHARKZONE**

# Dwyane Wade signs veteran's deal with Cleveland

On Sept. 24, NBA player Dwyane Wade agreed to a buyout contract with the Chicago Bulls, putting him on the open market in need of a team. Wade received multiple offers from teams such as the San Antonio Spurs and the Golden State Warriors. However, he ultimately turned them down to play with his former teammate, Lebron James, with the Cleveland Cavaliers. According to ESPN, Wade signed a one -year "veteran's minimum" contract for \$2.3 million.

# A Chicago Cub collides with nachos

During the Cubs-Cardinals game four series this week, Chicago Cubs shortstop Addison Russell dove after a foul ball in the stands, straight into a fan's plate of nachos. While fans knew that sitting in an un-netted area provided its own risks, Russell brought out a brand-new plate of nachos for the fan a couple of innings later. According to NBC, when Russell was questioned about his actions, he said "You don't want to get in the way of a man and his nachos." The Chicago Cubs won the game with a score of 10 - 2

Find out more about the latest sports
happenings with the complete Out of the
Shark Zone at nsucurrent.nova.edu.



# Sports shorts



# **Cross Country**

The men's and women's cross country teams competed in two meets on Sept. 25 and Sept. 29. At the Trevecca DII Showcase in Nashville, Tennessee, the men's team placed twelfth overall and the women's team placed thirteenth. The teams competed again at the FLRUNNERS.COM18 Invitational. Overall, there were four runners that finished in the top ten, leading to a first-place finish for the men and a second place finish for the women. Top finishers for both races were graduate student Scott Greeves on the men's side and freshman Michelle Bauer on the women's side.

# **Men's Soccer**

The men's soccer team traveled to Flagler College's home field for a match on Sept. 23, and wasted no time in getting down to business. Junior Darwin Lom gave the Sharks their first of four goals within six minutes of the start of the game. The final score was a convincing 5 - 1 win against the Saints. In the Sunshine State Conference opener game against Florida Tech, the Sharks suffered a tough 1-3 loss when facing one of the conference's best offensive attacks in a game on Sept. 26

Our Sharks are up to a lot; check out the complete Sports Shorts at nsucurrent.nova.edu.

# On The Bench: Donald Trump should stick to playing 18 holes and commit to keeping one shut

By: Michaela Greer Co-Editor-in-Chief

protests.

In addition to picking a fight with North Korea's leader, Kim Jong-Un, President Donald Trump decided to add his unsolicited two cents to the conversation surrounding the recent kneeling protests within the sports world. On Sept. 22, while addressing an Alabama audience, instead of talks of relief efforts for Puerto Rico following the devastation of hurricane Maria, the president chose to lash out at NFL players who "take the knee" during the national anthem. He called on team owners to take action by getting the "son of a bitch off the field," suggesting the firing of NFL players who participate in the

This was at least the second time for the month that the White House has called for the firing of persons who exercised their rights to free speech in the name of equality and justice. In a conference on Sept. 13, press secretary Sarah Huckabee Sanders mentioned that she was unsure whether the president was aware of tweets made by Jemele Hill, where the ESPN host called the president a white supremacist. However, Sanders did say that she thought the host's comments were a fireable offense. Two days later, Trump took to Twitter to personally call for Hill's firing.

Here's the thing: as Americans, we have

the right to free speech and freedom of the press. So, perhaps Trump's press secretary should take a few moments to educate the president about what the first amendment means and what type of comments are protected. The president cannot insist that a person's actions are a fireable offense just because someone says or does something that the leader doesn't like. If that was the case, I'm sure former president Barack Obama might have tried to have Trump silenced for repeated remarks made throughout his presidency, including the suggestion that Obama was the "founder of ISIS" and not a U.S. citizen. You know where leaders can do that? North Korea. But since the president has been busy making comments about the nation, I'll just chalk his ignorant comments up to a bout of momentary confusion.

Since we're talking about America and its culture, I must insist that based on history, the combination of athletes and protests, seem to me, as American as they come. Who could forget how track and field athletes Tommie Smith and John Carlos stood atop the medal platform, arms raised in a black power salute during the playing of the national anthem at the 1968 Mexico City Games? How about when Vince Matthews and Wayne Collett got barred from the Olympics when the athletes refused to face the flag in 1972? Too far back for you? Okay, how about when

the NBA suspended basketball star Mahmoud Abdul-Rauf for refusing to stand for the anthem in 1996? Then there was the time in 2004 when Toronto first baseman Carlos Delgado sat in the dugout during the anthem following the 9/11 attacks. Surely the president remembers when the Phoenix Suns owner, Robert Sarver, requested that the Los Suns players wear special jerseys to protest newly passed immigration laws in 2010?

Whether the president likes it or not, athletes do not give their rights away upon the signing of their contracts. Owners cannot simply whisk someone away at the president's request — even if they are his friends and campaign donors — unless the players have acted in a way which contradicts the explicit requirements of said contracts. It also isn't against the law for persons to refrain from "standing at attention" during the singing of the national anthem. Therefore, Donald Trump can have many seats; hopefully on transportation en route to areas in need, or in boardrooms working with officials on issues that really need the POTUS's attention, such as tax reform, relief efforts for Houston, South Florida and Puerto Rico or the systematic discrimination and treatment of minorities that gave rise to the protests in the first place.

# **ON DECK**

# **MEN'S CROSS COUNTRY**

@ Disney Classic Oct. 7 | 8 a.m. Orlando, Fla.

# **MEN'S GOLF**

vs. Golfrank Invitational Oct. 9 - Oct. 10 Palm Beach Gardens, Fla.

#### **MEN'S SOCCER**

vs. Barry Oct. 4 I 7 p.m. NSU Soccer Complex

vs. Florida Southern Oct. 7 | 7 p.m. NSU Soccer Complex

# **WOMEN'S GOLF**

vs. Golfrank Invitational Oct. 9 - Oct. 10 Palm Beach Gardens, Fla.

# **WOMEN'S SOCCER**

vs. Barry Oct. 4 | 6 p.m. Miami Shores, Fla.

vs. Florida Southern Oct. 7 I 7 p.m. Lakeland, Fla.



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By: Miguel Gonzalez

**Contributing Writer** 

# "Gemini" by Macklemore

"Gemini" is Macklemore's newest album and also the singer's first solo album in 12 years without Ryan Lewis since the two met back in 2006. In this album, Macklemore raps about anything that comes to him. He wanted to make something that he could bump to in his car, and he wanted something that didn't touch any controversy like his previous album "This Unruly Mess I've Made" where he sang about white privilege. Nevertheless, he kept the piano and other beats he used in previous albums.

He is an artist who enjoys collaborating with others who aren't so well-known like he did in this album in the romantic song "Zara" where he collaborates with Abir, a Moroccan-born singer who has a tremendous voice. Other artists he collaborated with were Offset and Lil Yachty.

Offset appears in the song "Willy Wonka," which is one of the best songs of this album since it involves Offset's outstanding lyrical game. Lil Yachty is responsible for the song "Marmalade",



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which is another one of the most popular songs because of his popularity and the song's similar beat to one of Lil Yachty's most famous singles "Broccoli." "Glorious" featuring Skylar Grey, is another outstanding performance with the best video Macklemore has made since "Thrift Shop." Macklemore dedicated the song to his grandmother, who recently turned 100-years-

old, and he even featured her in the video. He showed his charisma, as well as both his serious and funny sides when he rapped "My grandma smilin' down on me like, 'Woo, that boy got bars,' Okay, okay, yes I do."

"Gemini" sounds like another album with a partying flow, but he demonstrates it has other touching sides in the song "Good Old Days" featuring Kesha where he sings about aging. Another touching song is "Excavate" featuring Saint Claire, which is the song he uses to close the album. It's inspiring and moving, especially when he claims that his greatest life achievement is his daughter, showing his sensibility as a caring father.

After his Grammy-winning album, "The Heist," it was hard to believe that Macklemore was going to be able to write something as great again, but "Gemini" is strong. While it may have some songs that you probably will forget, it has others that are worth listening to.



By: Aldana Foigel Contributing Writer

# Coffee shop lovers, this one is for you

Coffee, smoothie, and pastry lovers, you do not want to miss out on the opportunity to visit some of these coffee shops around NSU. Even if you just want to grab a coffee on the go, any of these places offer an awesome menu with a variety of treats. Maybe you're looking for a place to study other than the library or your residence hall, or maybe you want to take the time to relax, have a study break, and enjoy some good snacks. If so, these are good places to consider checking out.

# M&H Café

# 2875 S. University Drive, Davie, FL 33328

Offering a colorful menu with plenty of options, M&H Café is a good choice when it comes to lunch or dinner, as well as fresh beverages. Located about five minutes away from NSU, M&H Café is a great place to enjoy a cold beverage and a great meal. Food options include paninis, soups, salads, sandwiches and wraps. They also offer daily lunch specials and happy hour deals on smoothies and bubble tea every day from 4 - 6 p.m. You'll find more than 60 flavors for smoothies and bubble tea, and you can also choose to mix up to three flavors. Though one thing is sure: it will take you a long



PRINTED WITH PERMISSION FROM J. REGISTER A white mocha iced latte and blueberry pastry from Paris

time to try every flavor.

#### **Paris Morning Bakery** 4900 S. University Drive, Davie, FL 33328

Located on University Drive, Paris Morning Bakery could become your go-to before or after class coffee shop. The inside has a very cute and welcoming setup and the menu is huge, offering a variety of food so that you won't run out of things to try. Pastries, cakes, bread and croquettes are just some options. In addition to the typical French-style food

options, it also offers traditional Korean food. If you feel like trying a new dessert, you can go for a Bingsoo, a Korean dessert made of ice cream, sweet toppings, condensed milk and sweet powders. Or if you go at lunchtime, you can try the ZipBop, a typical Korean dish served with rice and varied ingredients. Paris Morning Bakery is a great place to spend a morning studying or afternoon catching up with friends.

#### Ella Café 9743 W. Broward Blvd., Plantation, FL 33324

If you are looking to have a good time in a cozy and cute environment while enjoying a very tasty meal, Ella Café is the place to go. This is also the perfect place for a successful study session. If you happen to be a latte lover, consider trying the "hazelnutella" iced latte. The food options are amazing, but the presentations are even better as they are served on top of cute wooden boards etched with their logo. So, if you order a sandwich, instead of receiving it on the typical plate, you will receive it on the "Ella signature" board.



PRINTED WITH PERMISSION FROM J. KOPEC Juan Valdez Cafe offers many traditional coffee stapl including espressos, cappuccinos and flat whites.

#### Juan Valdez Café 8751 Stirling Road, Cooper City, FL 33328

If you are crazy for coffee, this is your place. Juan Valdez is a well-known Colombian coffee brand that has locations not only close to NSU but also others in Miami. In this shop, you'll find a flavor of coffee that's just right for you. From strong coffees to lattes and cappuccinos to caffeine-free hot beverages, this place has it all. And who doesn't like to accompany their coffee with a snack? At Juan Valdez, you have a varied menu of salty and sweet snacks, including almojábana, a typical bread from Colombia.



# Book Shell-f

By: Clarisse El Khouri

**Contributing Writer** 

# Jennifer Worth's "Call the Midwife"

"Why did I ever start this? I must have been mad!" is all Jenny Lee muttered as she rode her bike through the early morning to prepare a home delivery for an expecting mother. It could also quite possibly sum up my initial impression when reading "Call the Midwife" for the first

But, I was enthralled. I couldn't resist falling in love with every story behind a baby's delivery during the post-war 1950s as described in this book. Packed with medical terminology, Jennifer Worth's memoir is filled with those heart-wrenching and endearing moments that make life worthwhile. I admired her heroic life's work as a midwife — serving London's povertystricken East End — and had no problem reading all three volumes.

Readers will be captivated by Worth's attempt to convey a Cockney accent in writing as well as vividly portraying Poplar's crowded tenements — housing families with 10 and even 20 children. In just 300 or so pages, "Call



Jennifer Worth's memoir entitled "Call The Midwife" tells the tales of her experience as a midwife in London's East End.

the Midwife" could well be one's life guide to helping others.

The characters, based on real people, will become your best friends or siblings who you feel you simply can't live without. Your stomach will hurt while laughing at Sister Evangeline's witty humor and bad temper. No one will ever forget Chummy's clumsiness and good-hearted nature after the large woman, who measures more than six feet tall, learns to ride a bicycle for the very first time from a 13 year old boy. Your eyes will well up with tears when you learn that she uses her funds to buy the greatest present any kid at that time could ever want in order to

Then there are painful-to-read passages describing mothers giving birth to simple days of solemn prayer in Nonnatus House; there's a surprise at the turn of every page. A child has rickets, a mother gives birth in the most unconventional place and a baby is left alone next to a boiling kettle. Whatever the case may be, the midwives are just a phone call away, tending to a variety of concerns

on the streets of Poplar.

Learning the backstory of the family that receives a new member wrapped in blankets proves to be most rewarding as Worth always draws in a life lesson that relates to everyone no matter the age range or gender. She recalls her youthful memories, like caring for a homeless elderly woman whose life and sanity were stolen in London's infamous workhouse. Worth expresses that, up to that point in her life, she was oblivious to how fortunate her upbringing really was — one protected with innocence from the real world. In another story, she finds tending for a mother during her postpartum depression to be the most difficult, life-altering experience that carries her into adulthood.

Just as Jenny Worth matures in wisdom and knowledge, with every experience she gathers in London's East End — where birth rates boom and families grow — you'll learn to love, cry, laugh and enjoy all of life's simplicities and mysteries it unfolds.

# **SHORE** CALENDAR

**Starry Nights** Oct. 5 | 4 p.m. @NSU Art Museum

**Drop in Arts for Teens & Adults** Oct. 5 | 5 p.m. @NSU Art Museum

**Building the Wall** Oct. 5 | 7:30 p.m. @Adrienne Arsht Center for the Performing Arts

Oct. 6 | 7:30 p.m. @The Vanguard Sanctuary for

The Fort Lauderdale Story

The Music of ABBA Oct. 6 | 8:00 p.m. @Coral Springs Center for the

**SEU Jorge Presents: The Life Aquatic, A Tribute to David Bowie** Oct. 7 | 8 p.m. @Broward Center for the Performing Arts

**Julius Caesar** Oct. 9 | 10 a.m. @Broward Center for the Performing Arts

#### By: Jeweliana Register Arts & Entertainment Editor

With midterms quickly approaching, you may be looking to get out of your dorm room to study. If you are sick of your current surroundings and want a change of scenery to find the motivation to review your course notes, check out these places both on and off campus that are ideal for studying.

# **Pretty parks**

Sometimes the fluorescent lighting of dorm rooms and the busy energy in the library can have you itching for the great outdoors. Luckily, we are in a prime spot for many great parks that help you experience nature in a calm environment ideal for studying. Check out Tree Tops Park where you can sit at the picnic tables and study, or take a break and hit the trails. Grab a picnic blanket, your favorite study snack and your notes and head to the park for some muchneeded sun exposure and relaxing nature views.

Where to go to change your study scenery

# **Cute coffee shops**

Coffee shops are known by many students as the perfect study spots. With their relaxing atmospheres, Wi-Fi offerings and caffeine availabilities, coffee shops offer students everything they need to work on schoolwork and study for exams. Some great options surrounding NSU are The Alchemist in Wilton Manors, Warsaw Coffee Company in Fort Lauderdale and Atelier 3 Coffee Bar & Shop in Hollywood.

# On campus gems

Maybe you don't want to venture off campus to study, but you find the typical study spots to be full or too loud. Consider studying out by the Gold Circle Lake with a blanket and

How to tackle fall fashion in SoFlo

your favorite coffee. If you are looking for a place to sit, try the tables outside of Flight Deck, complete with a fan and a covering from the sun. Other great places include the lounges in DeSantis, the Parker lobby or the West End Deli in the Alvin Sherman Library.

# **Sunny beaches**

If you are feeling the call of the ocean, consider packing up your textbooks and study guides and bringing them seaside. Sometimes the simple sound of the waves can help ease your tension for exams. Head to your favorite beach spot, after piling on the SPF, and set up your study space in a shady area. The answer to your midterm exam may not be at the beach, but shouldn't you at least check?

#### By: Jeweliana Register Arts & Entertainment Editor

During this time of year, the weather can tones is always a great idea for a fall look. be excruciatingly hot. While it's still a perfect time to soak up some rays at the beach, pumpkin spice-flavored goods can be seen in almost every coffee shop; it's officially fall in South Florida. Although we may not have a typical and picturesque autumn in Fort Lauderdale, our wardrobes can still transition in a way that makes compromises for the heat as well as the season.

# **Incorporate autumn colors**

Switch out the bright yellows and neon pinks for more muted, fall tones. Pantone's 2017 fall color palette is rich with muted tones like autumn maple and shaded spruce, as well as neutrals like navy peony, neutral gray and butterum. These can serve as inspiration to make it easy to create a put-together look with a variety of colors. The palette also features a pop of ballerina pink that adds a fun twist to a darker look without being too in-your-face and bright. In addition to these colors, adding in a few jewel

# **Invest in booties**

While the idea of thigh-high boots may seem good, execution of that look in the Florida heat almost never ends well. Opt for a pair of neutral booties instead. Not only will they pull your look together, but they will also keep you semi-cool since they stop at your ankle. Booties are a perfect addition to any fall wardrobe, and with a variety of styles sold from different textures to an assortment of colors, you are sure to find your next go-to footwear.

# Choose lightweight fabrics for layering

The thought of layering in the over 90-degree heat may send you reaching for a simple t-shirt, shorts and flip-flops, but there are ways to get away with layering even when it is hot outside. Instead of reaching for the cable knit sweaters and flannels, try finding fabrics that are lightweight and practical. Fabrics like silk, cotton and chiffon are ideal for layering. A lightweight bomber jacket or cardigan can easily transition your simple t-shirt and leans into a perfect fall ensemble.

# Choose a darker wash

The simple switch out of your lighter wash jeans for a darker pair can be great for amping up your wardrobe. Dark wash jeans are great in almost every season, but as we head into "cooler" months, they are perfect for pairing with any blouse or flannel.

# Reach for skirts and dresses

When in doubt, always reach for a dress or skirt. With the trend of textured skirts on the rise, finding a button up or zippered skirt you love is easier than ever. These skirts can serve as a statement piece in your fall outfit, so you can easily pair them with a simple top and be ready to go. There are also a variety of options for fall dresses like muted florals, dark textures and fun cutout styles that are perfect for South Florida's

By: Michaela Greer
Co-Editor-in-Chief

# Students and faculty should be realistic about class workload

College can be rough. Add to that a job or two, an internship, the delicate balance of a social life, as well as extracurricular activities and a student can easily begin to feel overwhelmed. This is especially true if they are attending traditional day-time college classes for the first time. For this reason, it is imperative that both students and faculty keep a realistic goal in mind when it comes to addressing class workload.

Often when students complain about feeling overwhelmed by particular courses, persons belonging to prior generations are quick to share all of the "back-in-my-day" responses stored in their wheelhouses. While there may be some validity to their claims of would-be superiority, naysayers should try to keep in mind that times have changed, and so have expectations of the average college student.

A degree that once solidified a graduate's high marketability now has to be accompanied

by testaments of community involvement, additional test scores like the GRE, letters of recommendation and at least three years of experience within those fields, just to be considered. The only way to garner that experience is by picking up extracurricular activities that takes up precious time.

Yes, students who complain about having to read 40 pages of a book chock-full of pictures before the next class should look around and realize where they are. They shouldn't feel emboldened by the silence of their peers sitting next to them because sometimes their peers don't see what the big deal even is. Sure, assignments aren't always presented at the most opportune times, but as student we should understand that a substantial amount of material has to be covered in a fast-paced eight or sixteen-week course.

Assignments will be more challenging in comparison to high school and deadlines are not

flexible. Yet, this is necessary to keep the class on route to finishing, and aren't we all excited for classes to be over? I know I'm counting down the days until I graduate, and the only way for that to happen is if classes progress in a timely fashion.

However, I know that as college students we can really be overwhelmed. So, students who are truly inundated should consider addressing their concerns with their faculty and academic advisers. Many professors welcome "cometo-Jesus" moments because they are sincerely interested in the students they teach and may be able to offer feasible solutions. Additionally, academic advisors can assist by helping students figure out what is best for them, whether that be enrolling in fewer courses the next go-around or by suggesting alternative course combinations which aren't as taxing.

I have been in a classes where a faculty

members did not have realistic expectations of students, so I also know what the other side is like. In fact, while school was canceled this month in preparation and after Hurricane Irma, one of my professors insisted on holding class via email. Needless to say, this was quite a stressful and difficult task given difficulties with power outages and the fact that we were experiencing an actual hurricane.

Demands like these are quite frankly outrageous. I implore professors to sit with their syllabi, remember that students have other responsibilities and decide what can reasonably be accomplished, because sometimes when students complain, it really might be the professor who is being impractical.

Therefore, I ask each complaining student and annoyed faculty member to ask themselves this question: Is the other party being uncooperative, or am I being illogical?



# Investigation proves White House Economic Adviser Gary Cohn is actually from a different planet

By: **Jenna Kopec** Co-Editor-in-Chief

It didn't take much for Leonardo Averegio, NSU doctoral student in the College of Common Sense, to realize what he found — after all he had been studying it for years. As he sat and watched a press conference on Sept. 28 where White House Economic Adviser Gary Cohn discussed the baseline for President Trump's new tax plan, he knew that there was no way this man was from planet Earth.

Oddly enough, this inclination had little to do with the actual cuts and changes discussed by Cohn.

"Yeah, I mean I think the plan is a crock load but that's not what set me off," said Averegio.

Instead, it was the fact that Cohn thinks the average American family makes \$100,000 a year, that made Averegio do a double take.

"Was he talking about monopoly money?" Averegio wondered.

That was strike one. Strike two? Cohn claimed that with \$1,000 dollars a family could remodel their kitchen or buy a new car.

"That was it for me," said Averegio. "No

one could get THAT good of a deal on a car...but Cohn seemed to genuinely believe the blatant lies he was telling, so I decided to call in my suspicion."

Averegio called Lauren Nobul, chief investigative officer at the department of stuff-the government-doesn't-want-to-tell-us-about, who he had interned with while pursuing his master's degree. After a week of investigation, Nobul released documentation stating that Cohn is indeed an extraterrestrial being from a planet, with a set-up similar to that of the board game

"Monopoly".

"It sounds crazy, and I could go into the quantum mechanics of it, but just think of it this way," said Nobul. "Cohn's also a businessman on his home planet, which is literally like the game itself. And when he's there, he gets money just by passing landmarks and he has no idea what it's like to always land on the rent or tax squares."

# Construction delays should not By: Athena Edwards be worrisome

Contributing Writer

Anyone on campus has probably noticed the numerous construction projects occurring on and around campus. We are expecting a new residence hall, a new bookstore location, a new hospital in University Park Plaza and many more new or improved buildings. Naturally, many students find the seeming lack of progress frustrating as projects are prolonged.

While I acknowledge that the expected date does not always line up with the actual completion date, I do not find it all that worrisome. Construction is one of the most complex manual labor jobs out there. It is a field that requires its workers to be in good health and the weather to be on their side. There are many things, such as pouring concrete, that cannot be done when it is raining or when the ground is wet. Living in South Florida, these two conditions alone do a lot to reduce the number of hours workers can put in. Heat is also a dangerous condition to work in throughout the work day and may require workers to take more frequent breaks or not show up at all, if too extreme.

You also cannot do strenuous physical activities required on a work site when sick or bedridden with other physical ailments. Many construction workers are burdened with various body pains that go hand-in-hand with the work they do within their field. Unlike many of us, who work in places such as offices, restaurants or stores, there are extreme limits to what conditions and ailments construction workers can come to work with. Additionally, accidents can occur on a work site, reducing the number of workers available during the timeframe.

In addition to these physical and environmental limitations, just like any field, there are many things that can go wrong or go in an unexpected direction. Permits, materials and owners' input are all things that take time to get and limit the amount of work that can be done.

So, yes, construction projects are taking longer than expected. However, is it really that surprising? Would you rather it be done on time or done correctly?



For more information contact the Office of Student Media at sharktv@nova.edu or (954)-262-2602.

By: Christina McLaughlin Opinions Editor

# We're too quick to make decisions on public figures

Celebrities, athletes and politicians are all seen as public figures. Being a public figure in today's age means upholding to a variety of standards with unwritten guidelines. Sometimes these figures stray from said guidelines and chaos ensues. Reputations are tarnished, jobs are lost and their image in the public eye might never recover. So why is it that some are forgiven for their wrongdoings while others are ostracized for it?

In 2009, Chris Brown accepted a plea deal for domestic violence against his then-girlfriend, Rihanna. At first, Brown was seen negatively after this event occurred but now, it's old news. Brown regained most of his fanbase and is as popular as he once was before the incident.

On the other hand, Ray Rice, a former

Baltimore Ravens football player indicted for domestic violence, has never fully recovered from the scandal. Even though both celebrities committed the same crime, Brown got a slap on the wrist compared to Rice who lost his career and any possibility of returning to the league.

A slew of other public figures have been involved in court allegations, drug-related offenses and other misconduct but only a few are truly reprimanded for these transgressions. So where do we draw the line? What dictates what is unforgivable or forgivable?

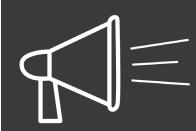
There are many reasons that could explain why some people get off easy while others don't. It could involve moral standards, societal value or even basic "money talks" ideology. But, whatever the case may be, I think we tend to

ignore the old adage we were taught as children: forgive, but never forget.

Everyone deserves a second chance and it would be impractical to think that public figures wouldn't make mistakes every once and awhile. The figures who commit crimes should face ramifications, but when the public jumps the gun on a judgment of a public figure, people who are falsely accused suffer. For example, Chris Andersen, former center for the Miami Heat, was part of an elaborate "catfishing scheme", which caused him to be falsely accused of possession of child pornography. This case is a long story, but the short version is that an investigation found that someone created a fake profile of Andersen, posed as him online and released photos of an underage girl he was associated with. Though

he was innocent, the damage was already done. Andersen's career was on the line and the Miami Heat threatened to release him from his contract.

I think we forget sometimes that these public figures rely on their image as their livelihoods. Without a positive image or an attempt to eradicate the negative image, these people lose their position of influence which makes them ineffective at their job. When we judge a figure based on a one-time mishap or a case of mistaken identity and don't give them a chance to explain themselves or restore their image, it can ruin someone's life and put them in a position where they can't grow as an individual or contribute to society.



# ON A SCALE FROM 1 TO 5, HOW WOULD YOU RATE NSU EVENTS ON CAMPUS?

# SHARK SPEAK



"I will give it a 3.5 because some events are boring and some are hyped up and fun. It really depends on what it is, and if it is related to what I am interested in or not."

> - Jeneil Davis, sophomore biology major



"They don't happen often enough, and there's not that many. Plus, I am on the soccer team so I miss everything. They put them at bad times, not often enough and not on the weekends. I give it a 2."

business major



"I think I will give it a 3.5 because I think there is a lot of improvement for it to work out. The events sometimes are not prepared or they just give out fliers. There's not much of a wide announcement for people. like if they reschedule or try to I hope they would improve - Brianna King, freshman on that. The major events are pretty well-organized, I just wished that the lower class events would be thought of and [I think it] would help make it better."



"They need to plan it differently. On a Shark Night, soccer, volleyball and Water Works were going on. Shark Night is supposed to be when everyone comes to your game. I feel schedule things [differently], more people would be able to come to the different events. I give the events a 2."

- Mackenzie Ramey, freshman marketing major



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- Mackenzie Ramey, freshman marketing major

- Kylie Galvez, biology major

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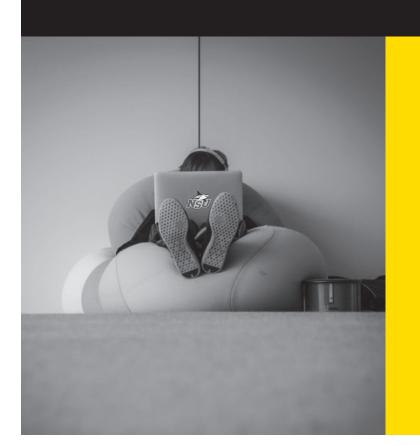




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