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The Current

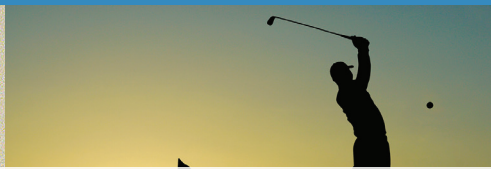
The Student-Run Newspaper of Nova Southeastern University

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Autism awareness

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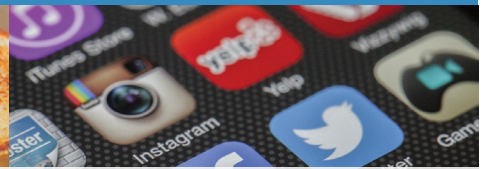
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Let's get cheesy

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#Activism

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Get ready for the 19th annual Student Life Achievement Awards

By: **Brianna Walker**

The Office of Special Events and Projects is set to host the 19th annual Student Life Achievement Awards on April 13 at 6 p.m. in the Rose and Alfred Miniaci Performing Arts Center.

The awards, also known as the Stueys, are an annual celebration of NSU's best. Every student, professor or staff member is eligible for nomination, and anyone within the NSU community can nominate another.

There are 15 categories and five finalists for each category. The categories include Alumni of the Year, Athletic Team of the Year, Professor of the Year, Student of the Year and more. All nominations are kept confidential.

Kaley Homan, graduate assistant for special

events and projects and co-chair for the Stueys, said that the awards ceremony allows NSU to give recognition to people that deserve it.

Homan said, "The Student Life Achievement Awards gives us a chance to recognize not only the students but the staff, professors and regional campus students."

The Office of Special Events and Projects has been planning for this upcoming Stueys since last year.

Homan said, "This has been a yearlong process for us. We started planning this back in October and I'm excited to see it all happen. This is my first Stueys. It's like, I've heard about it, but I'm ready to see what it's all about and see everyone dressed up."

Daniel McFadden, graduate assistant for campus life and student engagement, said that during the event there will be music, performances and awards.

McFadden said, "During the event we will find out who the winners will be for each nomination in each category. We will have a select couple of students host the event, and there will be a handful of different acts that go on between awards. The NSU Mako Band will also be there playing music throughout the show."

McFadden said one of his favorite parts about planning for the event is seeing it all come together.

"We put so much work and effort into all of this and it's good to see it all come together and

see that final project. It's also nice to see who the winners are," McFadden said.

The Stueys ceremony is open to the NSU community to attend, but tickets are required.

McFadden said, "We invited the nominees, we invited the committee and we would like to see the students come and see it as well. The event is also open to faculty and administration."

If you would like to attend the event, tickets are available in Rosenthal, room 211, from 9 a.m. to 5 p.m. until April 12. You must have your SharkCard to get a ticket, and there is a limit of one ticket per person. For more information contact specialprojects@nova.edu.

By: **Grace Ducanis**
@GraceDucanis

Former NSU president Abraham Fischler dies at 89

Former NSU president Abraham Fischler passed away on April 3 at 89 years old from natural causes, according to an NSU press release and the Sun Sentinel.

Fischler served as NSU's second president from 1970-1992, a total of 22 years. He is survived by his wife and five children. In honor of his death, NSU lowered its flags to half-mast on April 3. Fischler's funeral was held on April 5 at Temple Beth El in Hollywood, Florida.

According to current NSU President George Hanbury, who gave a eulogy at Fischler's funeral, Fischler was buried in a simple pine box. Hanbury said that Fischler was both humble and self-effacing.

"In the sense of the poet, he 'walked with kings but kept the common touch,'" Hanbury said. "In other words, he could communicate with the highest, but he was always humble and he never forgot where his roots were... He would be able to thrive in chaos without getting emotionally involved. He would always remain calm."

Hanbury said that Fischler was an innovator who foresaw distance learning and the importance of technology in the classroom



Fischler served as president of NSU from 1970-1992.

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before it was widely accepted. Hanbury added that Fischler had great perseverance and a wonderful vision. According to Hanbury, Fischler's greatest achievement was holding the

university together when it looked like it might fail in the early 70s and 80s.

"He was a great man," Hanbury said. "He was definitely a visionary before his time."

According to Hanbury's email announcement concerning Fischler's death, Fischler's academic career included a bachelor's degree in biochemistry from City College of New York, a master's in science education from New York University and a doctorate in education from Columbia University. He became a professor at the University of California, Berkeley and assistant professor at Harvard before finding his way to NSU in 1966, becoming president four years later.

During Fischler's presidency, the university grew from 57 students to over 10,000. He added to the Oceanographic Center, built new dorms, gained accreditation for NSU's law school and helped to create the University School.

NSU was the second-largest private university in the state when Fischler resigned in 1992. He continued his work with education as a member and chairman of Broward County's school board and wrote more than 25 articles, books and studies on educational topics.

"He maintained an office on east campus [almost] until the day he died - the last couple months obviously he was in great pain, but he was a fine man," Hanbury said.

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NEWS ANCHOR

Stay up to date world events.

Four people killed in Stockholm terror attack

According to the Evening Standard, two Swedish citizens, as well as a Belgian and British citizen, were killed when a truck was driven into pedestrians in a department store in Stockholm, Sweden. Four people were killed and 10, including a child, remain hospitalized, as of April 9. Police revealed that the suspected terrorist is a 39-year-old refugee from Uzbekistan who had his application rejected. He had a history of being sympathetic to extremist groups and has been sought out by the authorities for deportation. Swedish borders are now under tighter wraps, as per the request of Prime Minister Stefan Lofven who called the incident a terrorist attack.

ISIS takes responsibility for Egypt's Palm Sunday church bombings

According to CNN, there was an ISIS terror bombing at two Coptic churches in Egypt on Palm Sunday, April 9, killing 36 people. The terror group's media outlet Amaq said they sent a "security detachment" to carry out the attacks on the churches in the cities of Tanta and Alexandria. The first bomb was planted under a seat in the main prayer hall of a church in Tanta, killing 25 people and leaving 60 others wounded. The second attack in Alexandria was a suicide bomb attack, killing 11 and leaving 35 others wounded. The head of Egypt's Coptic Church, Pope Tawadros II, was inside the church when the blast occurred but was not injured.

Venezuelans hold anti-Maduro protests

Thousands of Venezuelan citizens poured into the streets of Caracas for five days to protest the presidency of Nicolas Maduro. According to CNN, the protests were triggered by the Supreme Court's decision to rule that all powers under the legislative body be transferred to the court itself, leaving Venezuela under a dictatorship because all three branches of government would be in socialist hands. The ruling was repealed afterwards due to the resentment from the people, but protests are going at a continuous rate due to the government's decision to ban popular opposition leader, Henrique Capriles, from doing political work. Capriles said, "This is repression. This is a crime. They're committing crimes and violating human rights by stepping on the rights of people. The government has staged a self-coup and what they're now doing to me is part of it."

Turkish flight crew delivers baby mid-flight

According to NBC News, the cabin crew on a Boeing 737 helped a woman give birth mid-flight to a baby girl named Kadiju. According to Turkish Airlines, the mother, who was 28 weeks pregnant, had complained of birthing pains while the plane cruised between the Guinean capital Conarky and Ougadougou in Burkina Faso. Both mother and daughter were in good health upon landing and promptly taken to the nearest hospital. The airline allows expectant mothers to fly up to the 28th week of pregnancy without a doctor's report. After those 28 weeks, the woman must have a doctor's note saying they are suitable for flight.

NEWS BRIEFS

"Tickling Giants" screening

On April 20, NSU is showing a screening of the new film "Tickling Giants" in the Performance Theater located in the Don Taft University Center. The film depicts comedian Bassem Yousef's fight to bring satire to the Middle East. The film highlights the employment of comedy rather than violence to bring a voice to the controversies regarding politics, the media and religion. Refreshments will be served at 4:30 p.m. and the screening will begin at 6 p.m. The event is free and open to the public, but tickets will be required to attend the screening. For more information call 954-262-7482 or email mmichell@nova.edu.

"Last Survivor" screening

NSU's College of Arts, Humanities and Social Sciences will be screening the film "The Last Survivor" on April 13 at 6 p.m. in the Knight Auditorium in the Carl DeSantis Building. April is Genocide Awareness Month and the April 13 is the 23rd anniversary of the Rwandan genocide. The film is aimed at presenting the lessons and mistakes of the past to learn from so that they don't recreate themselves in the future. For more information, please contact Carlyn Jorgensen at cj587@nova.edu.

Volunteer for the 4th Annual Million Meal Pack

The American Association of Retired Persons Foundation and the Miami Dolphins will be holding the Million Meal Pack at the Rick Case Arena on April 30 to pack and deliver meals in Miami-Dade, Broward and Palm Beach counties. Volunteers will have chances to win prizes, play activities, enjoy music and get a free T-shirt. Register now to volunteer at dolphins.com/aarpfoundation or call 305-943-7900.

Proposals for intellectual conversation are now being accepted

NSU's College of Arts, Humanities and Social Sciences has announced a call for proposals for its Intellectual Conversations 2017-2018 series, with this month's theme being "Resilience and Resistance." Intellectual conversations are typically held in the Alvin Sherman Library from 12-1 p.m., lasting about 45 minutes with 15 minutes left for conversation. The submissions can include multimedia presentations, written papers or both. Those interested in submitting work should turn in a title along with a 100-200 word abstract by April 24 to Stephen Levitt at levitts@nova.edu.

The Current

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Undergraduate student journal now accepting submissions

By: **Melissa Boneta**

Students can now begin submitting any works of scholarship to the Mako Undergraduate Student Journal. After remaining dormant for a few years, this relaunched journal is an opportunity for students to get their scholarly material published and recognized by their peers and faculty.

Aarti Raja, editor-in-chief of the journal and a professor of the Halmos College of Natural Sciences and Oceanography, said that this is an opportunity for the undergraduate population to showcase their work. Raja said that she understands that students have different backgrounds and there are a variety of things students study.

"The biggest benefit in my mind is when a student is involved in any kind of project, it's your own project. You have ownership of it and it's always nice to publish it somewhere where it gets recognized as your work, as something you did when you were an undergraduate student at

NSU," said Raja.

Raja works alongside other faculty members to put the journal together. The submissions will be reviewed by professors from all colleges.

Raja said, "We encourage [students] to submit their written work. If they are unsure if it is something that we would accept for publication or not, always check in with us... It can be lab research, it can be an analysis of texts, reviews, social science studies, historical research, analytical essays, thought pieces. There is a whole variety of things we are willing to accept."

Michael Reiter, associate editor and professor of family therapy at the College of Arts, Humanities, and Social Sciences, originally developed the journal back when it was called the Farquhar Student Journal and when it was designated for the Farquhar College of Arts and Sciences. He was editor-in-chief for about seven

to eight years before he decided to revamp the journal and pass his torch on to Raja.

"I very much appreciated the journal and wanted to continue to be a part of it," he said. "We haven't published an issue in a few years so this year is the renaming and relaunch of the journal."

There will be three determinations in the submission process: accepted without revisions, accepted with revisions and not accepted. So far, every submission to the journal has been accepted with revisions, including the faculty submissions. In this case, students receive feedback on their work, they are given a chance to apply those edits and then they are eligible for resubmission of their work.

"We have undergraduate students that are in a lot of different colleges here at the university so I want to make sure that we are inclusive... We clearly state that we're looking for everybody, from nursing to education to biology

to psychology. Every undergraduate student here at NSU has a place where their voice and what they're learning about can be honored," Reiter said.

The goal is to have this year's issue published by the end of the year. The web journal is based on a rolling submission basis, so there is no deadline for students to meet.

Reiter said, "The journal gives students the opportunity to take their work beyond the classroom. That used to be a slogan of NSU, 'Beyond the Classroom.' To show that you're not just learning things in class and it stays only there. Have you put what you've learned into practice? Students gain knowledge and students create knowledge. We want students to do both while also helping other people understand that knowledge. That's where the journal can come into play."

For more information, visit the journal website at nsuworks.nova.edu/mako.

New success series to launch April 19

By: **Melissa Boneta**

The Huizenga College of Business and Entrepreneurship is launching its Women's Success Series on April 19 in the Carl DeSantis Building, room 3000, from 6-8 p.m. According to advertising for the event, students will have the opportunity to learn from women leaders across South Florida about getting their career on the right path or taking their career to the next level.

Kathleen O'Leary, associate professor of marketing at the Huizenga College of Business and Entrepreneurship and one of the advisers for the Women's Success Series, said that this is something that can be beneficial to young women, not just to women in one college or even NSU, but across the spectrum of females in the workforce.

O'Leary said, "When you get into the workplace, there are gender issues. There's been a lot of research done and it's been found that women don't negotiate like men do. Therefore, the statistics show that women start with a much lower salary because it's not something they're comfortable with. We wanted to run a series of seminars inviting local women business leaders to talk to our female students."

Andria Cunningham, professor at the Huizenga College of Business and Entrepreneurship and one of the advisers for the Women's Success Series, said that the program began as a conversation between faculty at the Huizenga College of Business and Entrepreneurship. They toyed around with the idea a couple of years ago about the importance of a women's program for our students. Cunningham heard about this idea and helped make it happen.

"If there is one thing I want to see students take from this series is to feel empowered and to walk out and feel like they can be assertive when they're negotiating a salary or asking for a raise or looking for a new opportunity," Cunningham said.

The event will take the format of a panel discussion followed by a breakout session of one-on-one interactions with business leaders and faculty members. Tracy Miller from Miller Construction will be discussing overcoming doubt. Judy Walker, vice president of marketing at Anago Cleaning Systems, will talk about marketing. Other speakers will discuss franchising and leadership skills, along with other topics related to women in the

workforce.

Cunningham said, "I think this is important because, as women, we talk about the need for women to have equal pay, but we don't look at the challenges and the opportunities for growth that women have, and one of those is women not being as assertive. Women not going and asking for the same pay."

The series is aimed at being an inclusive space for all students from all disciplines across NSU to join and be a part of the discussion. According to Cunningham, although it is geared for women, men need to be aware of the series as well.

O'Leary said, "The bottom line is we want our students to be successful and we want them to get good jobs. This is one way we can help do that... Men are invited too. I just got up in my faculty meeting and said, 'Look, you men are invited.' [Men] all have mothers, sisters, wives, girlfriends; they're all in the workforce so it'd help them to understand these differences also."

For additional information, students can contact Andria Cunningham at 954-262-5007. To RSVP, students can email Kedene Smith at ks1889@nova.edu.

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How to go back home after you lived on your own

By: **Nikki Chasteen**

We are almost at the end of the semester. Finals are coming up and those are stressful enough, yet what may be weighing on your mind more is having to live at home all summer. Sure, you have, essentially, been living on your own since the fall, but what happens when you go back home to live with your parents or other relatives? They might set a curfew for you, or they might want you to do chores around the house, but don't worry.

Here are a few helpful tips for spending the summer back home with your family.

Curfew

You haven't had a curfew in forever, but you may be expected to abide by one when you go home. How are you going to handle that? That's what you keep asking yourself. Of course, having a curfew may suck, but try negotiating with your parents. If you feel they are being unreasonable, see if you can compromise. If they start by saying your curfew is midnight, and you ask for 2 a.m., try to meet in the middle around 1 a.m. The worst thing they can say is 'no,' but you aren't any worse off than you were before. If they happen to say yes, then it will be a success. This will give you some good experience when it comes time to negotiate your salary in the real world.

Meals

Look on the possible bright side of living at home for the summer. No more Chartwells' food. You get to have mom or dad's pancakes

on the weekends. They'll be glad you are home, so go ahead, ask for those pancakes. If you're like me and your mom or dad doesn't cook often -- or that well --, you still have Zaxby's or White Castle to look forward to at home. Take advantage of whatever your favorite hometown restaurant and home-cooked meals are.

Work

Not again... Miss Peggy wants you to come back to the local coffee shop you worked at in high school. Well, it's time to look at the silver lining. Working over the summer means less time at home, money in your pocket -- hopefully so you can travel somewhere cool -- and maybe even do some networking with your customers. You never know who you might meet or talk to by serving them coffee. If returning to your old job isn't your thing, try doing some volunteer work around your town. Check with your local animal shelter or after school program. To reiterate, this gets you out of the house.

Whether you take some of these suggestions or not, remember, your parents will just be happy that you are home. Spend some time with them, but also let them know you've spent a lot of time at school living on your own. You are an adult now, and adults are entitled to a little space and "me" time. Having a healthy, mature conversation about your needs will show your parents you respect their rules, but also need to be an adult. Don't let being home with your parents over the summer get you down. Make the best of it.

Places to 'gill' out: *Atelier3*

By: **Nicole Chavannes**

NSU is a unique and lively campus, but that doesn't mean Sharks can't band together and take an afternoon to explore the South Florida area — even if that just means finding a quaint place to study.

When you're searching for a trendy spot to read, study, spend time with friends or even fly solo, look no further than Atelier3: Coffee Bar & Shop. Located in downtown Hollywood, Atelier3 is a larger-than-it-looks coffee shop that somehow feels simultaneously cluttered and spacious.

The outside of the building, like many of the buildings in downtown Hollywood, features a large colorful mural that juxtaposes harsh black and white stripes with soft floral pastels. Similarly, when you step inside, it feels like the perfect cross between your artistic friend's dream flat in New York and your grandmother's cozy living room. The décor is a mix of contemporary and traditional styles. Once you walk down the hall -- past the ivy-covered wall -- you'll find the counter to order food and drinks. The menu features café staples, like lattes and croissants, and some non-traditional additions, like empanadas and cortaditos.

From Monday to Thursday, Atelier3 is a quiet place to grab coffee and lounge in the 'living room' atmosphere the shop creates. Low, relaxing music of varying genres plays in the background and different forms of artwork cover the walls. Littered with eclectic furniture -- including anything from coffee tables made of artfully arranged crates to traditional loveseats -- the coffee shop has comfortable seating for any purpose.

Looking to pass the time with your friends? The large bistro tables available



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From Monday to Thursday, Atelier3 is a quiet place to grab coffee and lounge in the 'living room' atmosphere the shop creates.

are ideal. If you'd prefer a more intimate setting, there are cozy chairs arranged in pairs throughout the café. The stage is a good option when you are by yourself. When not in use for entertainment, it has several armchairs perfect for reading a good book or even writing your own.

On Fridays and Saturdays, Atelier3 is open later and hosts events like open mic nights, live performances, art shows and musical improv nights. Gone are the cozy armchairs that normally inhabit the stage. Instead, you'll find either the featured artist of the night or the patrons partaking in the open mic night.

Whether you're looking for a place to study that gets your creative juices flowing or you want to unwind with some local artistry and music, Atelier3 is the place to go. For more information, visit Atelier3's Facebook page: facebook.com/3atelier.

Atelier3: Coffee Bar & Shop

1901 Harrison Street
Hollywood, Florida

Hours: Monday to Thursday 9 a.m. to 9 p.m.
and Friday to Saturday 9 a.m. to 11 p.m.

Price Range: \$3-\$12

Career Corner

Thinking outside of the box: Applying psychology and social sciences majors to multiple industries

By: **Emilio Lorenzo and Emily Tasca**

Emilio Lorenzo is the assistant director of career advisement in NSU's Office of Career Development. He understands the importance of helping students reach their career goals and works with all students, including undergraduate, graduate and professional level students, to achieve their professional goals.

Emily Tasca is a member of the career advisement team in NSU's Office of Career Development. She works with current students and alumni at the undergraduate, graduate and professional levels.

In today's globalized world, the need for a Swiss Army Knife approach to skills, abilities and knowledge is more advantageous than ever. Just like a Swiss Army Knife can assist a savvy hunter in a multitude of settings and situations, a Swiss Army Knife approach to your career is an asset for an organization, because you will have not just the ability but the flexibility to use a variety of skills to reach desired outcomes. One common denominator you will find in the majority of every growing industry is "people." Regardless of your job title, you're going to be working in settings that will challenge you to communicate effectively, work collaboratively with others, embrace the diversity of others and be able to think critically while solving problems with an analytical mindset.

In the majority of today's college majors,

like accounting, marketing or finance, you are learning hard skill sets in your courses that relate directly to the industry. However, very rarely do you hear how these majors prepare a student for the real world. Soft skills are not only needed, but employers regularly identify them as important to the success of an organization and the value of a position. Psychology and other social science majors live in a paradigm that is opposite of those majors stated above. Within these majors, instead of learning hard skill sets that can be applied to one specific industry, students often gain a variety of transferable soft skills that can be utilized in many different industries and contexts.

Although this major can be seen as a challenge at times because it's not always a directly laid-out path for your career goals, it puts you in a position where many lucrative doors will open based on the value you can add. A social science background also provides you a chance to further explore your passions. For example: If you are a psychology major, but after seeing the counseling industry up close you decided it was not the best fit. However, through your courses and experiences you came to gain a better understanding of how to communicate effectively orally and in writing, analyze situations strategically and work through conflict appropriately. These skills can be applied to a variety of industries.. In human resources such

skill sets can be applied when leading trainings for new hires, writing or communicating policies within an organization or in diffusing situations within a workplace that require an objective mindset and systematic approach to following company procedures.

Connecting the dots for the employer is key. Just as we were able to help you understand how a psychology background can be useful within a human resources setting, you must be able to articulate such connections to the employer in your resume and through interviews. A good rule of thumb when evaluating a job or career is to put yourself in the shoes of the hiring manager: "If I was going to hire for this position, based on what I know about the industry, what are the key skills, knowledge and abilities I would be looking for?" Although some of these abilities will seem obvious, like communication and problem solving, remember to read between the lines as well. If, for example, you are working as a manager in a business, then chances are the team you manage is going to be very diverse. Therefore, dealing with and embracing diversity becomes an importance factor for this position. Coming from a social science background provides a better understanding on different cultures, and, more than anything, gives you a handle on what makes people tick, which can be key when dealing with as well as mediating conflicts.

Outside of assisting with your on-the-job success, a social science background can also put you in a better position to be successful within a graduate program. Social science as an undergraduate major challenges you to think and act on multiple fronts including analyzing situations, developing arguments, gathering resources to support your stance and then presenting findings in a comprehensible manner through writing. The level of work expected of a graduate student is exponentially higher than that found in your undergraduate years. Being accustomed to this type of work as an undergraduate will provide the necessary foundation for success in graduate school. As a whole, based on the nature of work involved with studying social science concentrations, students will be able to communicate at a very high level. This is impressive for employers, because in many jobs you have to take complex concepts and articulate them in understandable terms, whether to customers, new employees or at times supervisors.

Overall, every major has its benefits and will provide foundational skills needed to reach your career goals. Social science majors take a Swiss Army Knife approach to building a broad set of transferable skills. This type of development provides the student with freedom to make a career change but has prepared them to be successful in their next career chapter.

Becoming aware of autism spectrum disorder

By: **Monique Cole**

According to the Center for Disease Control and Prevention, “One in sixty-eight school-aged children have autism.” April is National Autism Awareness Month, which is dedicated to raising awareness, acceptance and support for people with autism spectrum disorder, or ASD.

Understanding autism spectrum disorder

“To an extent it is a communications disorder when the individual is often not able to read social cues...they don’t read body language or nonverbal cues,” said Madhavi Menon, developmental psychologist and professor.

A person with ASD does not recognize communication traits like sarcasm, smiling or even nodding to show understanding.

Another component of understanding ASD is theory of mind. Menon continued her explanation, “[Those with ASD] don’t really realize that other people are thinking differently than them.”

This lack of understanding can lead to miscommunication, because the person with ASD may have trouble understanding the other person’s emotions, thoughts or why something is considered inappropriate.

The name says it all

ASD varies by person.

“There is no one autism. Everybody with autism actually has a very different type of autism. It’s a variety,” said Michael Voltaire, developmental psychologist, board certified behavior analyst and professor.

Since the disorder is very diverse in nature, diagnosing a patient with ASD can be difficult.

According to autismspeaks.org, psychologists and psychiatrists often diagnose

autism within three levels of severity. Level one is described as higher level of functionality that “requires support,” while level three is the highest severity that requires “very substantial support.” Each severity level carries its own challenges, and can be physically, emotionally and financial draining for the patient and their support unit.

Due to the complexity of autism, there is no medical test to confirm diagnosis. Diagnosis is based on observation.

“The only way you can tell is observing... there is no biological marker for the disorder... genes don’t act in a vacuum, they need to be in an environment...it’s not really clear what causes autism,” said Voltaire.

Behavior modification and ASD

While autism can’t be cured, social and communication skills can be improved through behavior modification.

“Behavioral modification basically is designed to teach children or adults with some kind of disability, including autism, to learn certain things usually in a socially acceptable way... So they may not fundamentally understand why it’s not appropriate to say what they have on their mind, but then they can learn the socially acceptable behavior,” said Aya Shigeto, developmental psychologist and professor.

Time is also valuable in treating a patient with autism.

“Early intervention and access to therapy has a lot of benefits for the individual,” said Menon.

However, it is important to note that autism varies from case to case. While improvement

takes time, there is currently no permanent cure for autism. The patient may improve their communication skills, but still may never understand the meaning behind their actions.

Autism and college

While autism is considered a disability, it still hasn’t stopped those with the condition to excel academically. Examples include Albert Einstein and Thomas Edison, but what about students with autism who attend college?

According to Shigeto, Voltaire and Menon those students that are coming into college with autism are considered to be “high functioning.” These students are able to speak, read and write.

“If they have a severe case of ASD, they might not be able to function academically very well in a college situation...No matter how functioning they are, you always have this social awkwardness,” stated Shigeto.

Challenges for students with autism can vary; it really depends on where they fall on the spectrum.

“Coming to college there is a newfound independence which is typically appreciated by the typically developing young adult, but maybe not so much by an autistic individual who has usually had someone guiding them...there can be a sense of isolation,” said Menon.

Professors who have students with any disability are notified by Student Disability Services. However, professors are not notified of that student’s specific condition. Shigeto and Voltaire both expressed that some students are “forthcoming” with informing them about their condition of autism, while others have been more secretive about disclosing their diagnosis.

“I would love to be alerted that there is

someone in my class with ASD...Now if I know someone has autism I would probably give the person some extra support, like come to my office hours once a week so [we can] talk about the difficulty that you have,” said Voltaire, who has a special interest in ASD. “But I am not asked to do that. I’m only asked to give that person accommodation like twice as much time to take exam[s]. That doesn’t do much.”

Acceptance, integration and respect

While Voltaire, Menon and Shigeto all agreed that awareness of autism has improved, each emphasized that more can be done for greater acceptance.

Menon said “acceptance and integration into society” can help generate more awareness. Not only does integration help us determine what’s normal, but it can also help make people feel less isolated.

While Shigeto agreed that change will come with acceptance, she said there still has to be that element of respect. Shigeto said to “treat them as normal students.” Don’t just point out the flaws or signal that someone is different. Behavioral modification needs to be done in a respectful, instead of forceful, manner.

“We have to welcome them. Because there is the notion of neurodiversity. In other words, they are simply different,” said Voltaire.

NSU provides an Access Plus Program that helps provide assistance for students with autism. For more information about NSU autism programs, call 954-262-7129.

Community resources for survivors of sexual assault and domestic violence

By: **Jenna Kopec**
@Jen_Kopec

Although we hope it’ll never happen to us, domestic violence and sexual assault are large problems that regularly affect thousands of people. According to the Rape Abuse and Incest National Network, 321,500 individuals who are 12 or older are raped or sexually assaulted every year in the U.S. According to the National Coalition Against Domestic Violence, one in four women and one in seven men have been victims of severe physical violence from a partner in their lifetime.

These same sources state that only 34 percent of people injured by intimate partner violence seek medical treatment and two out of every three sexual assaults go unreported. Although it is the survivor’s choice to report a case of sexual assault or domestic violence, it’s important to know what resources are available. Below are resources available to Broward and Miami-Dade County survivors of sexual assault and domestic violence. All of these resources serve both men and women.

Women in Distress

Women in Distress of Broward County, Inc. aims to provide intervention, support and advocacy for survivors of domestic violence. They can provide safe shelter, counseling and therapy sessions for both adults and children who have been impacted by domestic violence. Their hotline is accessible 24/7 and can be reached at 954-761-1133.

Nancy J. Cotterman Center

The Nancy J. Cotterman Center is Broward County’s Rape Crisis and Children’s Advocacy Center. They serve sexual assault and child abuse survivors of all ages. Their Crisis Unit is open 24/7 and provides immediate crisis intervention, advocacy and forensic medical examinations. Their Counseling Unit provides private, confidential mental health services to survivors and non-offending family members of all ages. All services at the center are provided at no cost to the clients. Center staff can be reached 24/7 at 954-761-7273.

Roxcy Bolton Rape Treatment Center

Located at Jackson Memorial Hospital in Miami, Roxcy Bolton Rape Treatment Center is a nonprofit that serves survivors of rape and sexual assault of all ages. Some of the services they provide include medical treatment, crisis intervention, referral services, support groups and therapy sessions. Advocates at the center can also help survivors with compensation, relocation and human trafficking application processes. The center’s mental health services are available for survivors of recent or past sexual assault trauma and for non-offending family members. Their crisis hotline operates 24/7 and can be reached at 305-585-7283.

Forget Me Not

Forget Me Not is an advocacy organization whose main goal is to prevent domestic violence and give voices to survivors. About eight months ago, Forget Me Not started a peer group for survivors of domestic violence. For information

on the peer group or to be connected to other resources, contact Forget Me Not at 813-390-6214 or info@forgetmenotgroup.org.

The National Domestic Violence Hotline

The National Domestic Violence Hotline can connect survivors around the U.S. of domestic violence to resources that can be accessed in their local areas. Their phone hotline is available 24/7 at 1-800-799-7233. Their online hotline chat, which is available every day from 8-3 a.m. can be found at thehotline.org

Rape Abuse and Incest National Network

The Rape Abuse and Incest National Network is the largest anti-sexual violence organization. They work toward prevention and advocacy of sexual violence. Their national hotline works around the clock and can help connect survivors to resources for intervention and counseling. The hotline number is 800-656-46713. There’s also an online hotline chat, which can be accessed at online.rainn.org.

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Rosenthal Student Center, Room 104



OUT OF THE SHARKZONE

North Carolina wins National Championship

According to ESPN, the University of North Carolina's Tar Heels men's basketball team won the 2017 National Championship by defeating the Gonzaga Bulldogs 71-65. Justin Jackson was able to hit the go-head three-point play with 1:40 left in the April 3 game to help lift the Tar Heels to victory. The Tar Heels were able to win their sixth national championship game despite a rather rough shooting night from three-point land, going 4 for 27. The Tar Heels were led in scoring by junior Joel Berry II with 22 points, three assists and six rebounds. He was followed by Justin Jackson with 16 points.

Tony Romo retires

Dallas Cowboys quarterback Tony Romo has decided to retire after a 14-year career, according to the NFL. Romo will end his career as a Cowboy as the leader in passing yards with 34,183, leader in touchdowns with 248 and leader in game-winning drives with 30. Over the last two years Romo has only played in five games due to a broken collarbone and a bad back. Tony Romo's next chapter takes him to CBS, where he will be a broadcaster for NFL games.

Cavelier center sprains thumb

According to ESPN, Cavaliers center Tristan Thompson suffered a thumb sprain against the Orlando Magic on April 4, which caused him to sit out the April 5 game against the Boston Celtics and also the April 7 game against the Atlanta Hawks. The injury sees his streak of 447 straight games coming to an end.

SPORTSSHORTS

Women's Tennis

The women's tennis team is raking in the victories after a four-match losing streak, beating the Palm Beach Atlantic Sailfish 5-4 on April 5, Eckerd College 8-1 on April 8 and Florida Tech 6-3 on April 8. With these three games, the team finished 5-4 in the Sunshine State Conference under coach Doug Neagle. The team will play St. Thomas next on April 12 in Miami.

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NSU Libraries' UC Takeover

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Games Prizes Music Treats

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LIBRARIES TRANSFORM

Athlete of the Week:

Wade White

By: **Kerrigan McVicker**

A two-time steeplechase conference champion, school record-holder for steeplechase and school record-holder for the 5k in cross country, senior Wade White is the prime example of a dedicated, hard-working and humble student-athlete. I sat down with White to discuss his experience throughout his career at NSU and what he aspires to do in the future.

and it is always one circle where cross country can be different depending on where you are running. One course may have hills with turns everywhere, while another may be flat and all straight lines. You just don't know what you are going to get."

What has been your greatest accomplishment/memory during your career at NSU?

"I think one of my favorite memories was my freshman year. I tried out the steeplechase for the first time and worked on it all season long. It came down to the conference 3,000 meter final race. I was in this really tight race with a bunch of really good kids, and I ended up out-kicking this guy in the final 100 meters as we were coming over the hurdle dead-even with each other. I out-kicked him as a freshman and won the conference title for the steeplechase. That is one of my most fond memories I have, especially because I was a freshman and no one expected it. I also won the conference championship in the same event again the next year before getting injured my junior year."

What is your major and why did you choose NSU?

"I am a business administration major with a minor in marketing. I chose [NSU] because I just really loved the campus when I visited and after meeting Coach Hagopian for the first time. I realized that he is someone I could really talk to and knew that he was going to have my back and make me a better runner that I wanted to be."

At what age did you begin your cross country and track career?

"I started track in the spring of my freshman year of high school, so I was 15 years old. And then I started cross country the following fall of my sophomore year, so I was still 15 then, too."

How do you handle being a two-sport athlete in college?

"It takes a lot of time management for sure. I really have to plan my classes accordingly with my schedule because that is a priority and I am in season all year long. So, making sure that you are using your time wisely and being smart with how you take care of yourself and your schoolwork is very important."

Do you like the two sports equally?

"I am definitely a little more biased towards track. I always have been, ever since I started. I have always had a love for the track, and I think it is kind of funny because most cross country people hate track. I like that track never changes



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White is a two-time steeplechase conference champion, school record-holder for steeplechase and school record-holder for the 5k in cross country.

am. I always just knew that if there was ever a problem, I could call him at any second of the day. He has flown down from Pennsylvania twice to see me race this track season because he wants to be there and see those moments. He knows how much it means for me and how much harder I will push myself knowing that he is there watching."

What do you plan/want to do after graduation?

"I am working that out. My dream is to own my own business. I love working on cars, so I would want to do performance and restoration on any type of car ever. In the next year, I will do whatever is necessary and maybe continue working as a manager at Smokey Bones, or move back to Pennsylvania to try to start something closer to my family. To me, family is really important, so I am considering one of those two options."

What's going to be your biggest takeaway as you graduate college?

"My biggest takeaway is going to be the relationships that I have built. At the end of the day, there are records and championships that will always mean something to me, but records are meant to be broken. I cannot wait for someone to break mine and I would love to shake their hand when they do it. But, I know that the friendships that I have made are going to last a lifetime. My teammates, guys and girls, are people that I will meet up with as much as I possibly can no matter where they are because that is how much time we have spent together. We have been through all of the early practices, training and meets together every single day for the past four years, and that creates a relationship I will always cherish."

running, work, and having a social life. All of these things play some major key factors to when one becomes an adult, and I definitely have built some lasting relationships with my teammates who I will go to bat for every single day. The whole thing has shaped me into who I am because of the experiences that my teammates and I have been through and it really made me into my own person."

Who has been your biggest inspiration throughout your career?

"My biggest inspiration is my dad, definitely. I was a soccer player since I was four. I played all the way through high school, but decided to run in college instead. He was my coach from day one and was always there to push me and make me into the athlete that I

On the Bench:

Spring is in the air and so is the Masters

By: **Trent Strafaci**

When you think of a sporting event, you probably think of the World Series, the Super Bowl, the World Cup, March Madness or even the College Football Playoffs. But to me the greatest event of them all is the Masters Golf Tournament in Augusta, Georgia. I admit I have a personal connection to this special tournament because my grandfather played in it twice and I attended the tournament in 2012 and 2014. The Masters is one of a kind. It is an international test of skill, but more importantly, it's all about tradition. Nothing ever changes about the Masters except the participants.

From the time my brother and I were old enough to swing a golf club, watching the Masters has been an emotional high for us. We grew up on tales of glory and watching old highlights of Ben Hogan, Arnold Palmer, Jack Nicklaus and Tiger Woods. So when I got the opportunity to attend in 2012, it was a dream come true. I literally counted the days

until I left for Augusta.

Not only did I watch the best golfers in the world, I was treated to the true traditions of the Masters. In route to the parking lot for spectators, we had the pleasure of driving past one of the greatest traditions of the tournament, Magnolia Lane. The trees were almost white with fragrant magnolias, a site that has greeted golfers since 1934.

Tradition is never lost in the Masters. Every year in April, Augusta National Golf Club is alive with flowers, pristine greens, and hundreds of reporters. I felt like I was in golf heaven. I was walking along the same fairway that some of the greatest golfers in the world have passed through.

Although my grandfather passed away before I was born, I could visualize myself walking beside him on the first tee. The memories my father and my aunt have shared were vivid reminders of what an honor it was

for me to be there. The sights and sounds must have been the same for him as they were for me. The landscape has not changed and neither has the enthusiasm of the crowds. Fans still roar for great shots and still root for their favorite players. The Masters is a great sporting event with a good dose of history.

The Masters is truly the greatest sporting event on Earth. Players from 23 countries have the distinct honor of being invited to play in this tournament. I was there when Tiger Woods went out early, but it made no difference to his fans. I was hoping to take a picture with him, but there was no way to battle the crowds around him. However, I did see Bubba Watson, the eventual winner.

I am so amped up that it is spring again, and the golf season officially starts with the Masters. I am a fool for magnolias and great golf.

ON DECK

MEN'S BASEBALL
vs. Palm Beach Atlantic
West Palm Beach, Fla.
April 11 | 6 p.m.

vs. Rollins
Winter Park, Fla.
April 13 | 6 p.m.

WOMEN'S SOFTBALL
vs. Palm Beach Atlantic
West Palm Beach, Fla.
April 13 | 6 p.m.
April 14 | 1 & 3 p.m.

WOMEN'S TENNIS
vs. St. Thomas
Miami, Fla.
April 12 | 2 p.m.

vs. Embry-Riddle
NSU Tennis Complex
April 15 | 1 p.m.

Old movies worth watching

By: **Danielle Pucillo**

Have you ever heard the phrase “old but gold”? It doesn’t just apply to Betty White or the treasures of King Tut’s tomb. It also applies to many films throughout the 20th century that have stood the test of time. These older films have been paramount in the development of pop culture and have influenced many current movies. Here are some older films you should add to your DVD collection.

“Jacob’s Ladder” (1990)

The lesser-known horror film, “Jacob’s Ladder” is a story about a Vietnam veteran who is suffering from hallucinations after returning home from war. This film, like many others between the years 1989 and 1992, was produced during an interesting era in the industry. This was the time when many characteristics of films in the 80s were dwindling and the 90s style of film began to emerge. While the graphics are fairly subtle compared to the blood and guts body horror of “Hellraiser,” “Jacob’s Ladder” can be just as surreal and horrifying. While completely fictional, it veers into territory that may hit home for some: themes about PTSD, drugs and the atrocities of war.

“The Man Who Laughs” (1928)

Based on the novel of the same name by Victor Hugo, “The Man Who Laughs” tells the story of Gwynplaine, a traveling performer who thrills audiences with his unnerving appearance. He was disfigured as a child by the comprachicos, or child traffickers, so that he can be sold as a court jester. He is abandoned but discovered by a hustler with a heart of gold, and travels in a sideshow with his blind love interest, Dea. Conrad Veidt’s perpetually grinning character is supposedly the basis for the Joker from the Batman series. A great example of German expressionism and a haunting, melodramatic romance, this silent film speaks volumes about true love.

“Faster Pussycat, Kill! Kill!” (1965)

This film was far ahead of its time. It opens with three exotic dancers who have a need for speed and enjoy racing their cars in the California desert. When they encounter a naïve young couple, this offsets a bloody chain of events that include grand theft auto and murder. Considered an exploitation film, the sexual overtones and provocatively bold behavior of the women was shocking to many during the era that it was released. However, this

film had a significant influence on the work of directors such as Quentin Tarantino and Robert Rodriguez. And as with their films, you’re sure to have a bloody good time.

“Eraserhead” (1977)

“Eraserhead” was the debut film of master surrealism director David Lynch. The film’s bizarre visuals and composition can be unsettling, but once you look past the initial discomfort you can relate to the everyman figure portrayed by Jack Nance. One day he returns home from work to find that his girlfriend is pregnant and he is forced to marry her. However, the child does not appear to be human. This leads to bizarre sequences that leave viewers hooked on the plot. While not mainstream in any capacity, this film does highlight themes that many can relate to, such as infidelity and the stress of becoming a parent.

“Mommie Dearest” (1981)

This cult classic box office bomb has been a subject of controversy in the past. There has been a question of the validity of Joan Crawford’s character as the sadistic, psychologically abusive mother of her adopted children. This

film examines the behind-the-scenes reality of the glamour of Hollywood and exposing the pressure and despair experienced by many actresses who struggle to maintain their looks in order to keep job security. Faye Dunaway’s performance is completely unhinged, illustrating a character who in the pursuit of vanity devolves as the film progresses, losing grip on her sanity as she tries to construct a camera-ready family.

“Lake Placid” (1999)

If “Jaws” had a rival in the creature feature arena, this would be it. Starring Bridget Fonda, Bill Pullman, Oliver Platt and Betty White, “Lake Placid” is an action/adventure film that also qualifies as a dark comedy. When a diver dies in a brutal and mysterious death in the lake, experts are sent in to identify the animal that killed him. The script is quite clever, and the combination of CGI and practical effects strike a perfect balance. The cinematography is fantastic, showcasing the eerie beauty of the lake. An example being the haunting shots of like the mist settling over Lake Placid’s deep, dark waters. This alone will stir up your most primal fears of the unknown and send chills down your spine.

Senior Spotlight: Viktor Jonsson

By: **Jeweliana Register**

Viktor Jonsson is a senior international studies major with a minor in theatre. Jonsson is an international student from Iceland who came to NSU on a soccer scholarship. Jonsson wants to encourage those who are involved in the arts to work hard and never be afraid to put in the work it takes to succeed.

How long have you been involved in the arts?

“I took Acting I as an elective my freshman year. I came here on a soccer scholarship from Iceland so I never really planned on doing anything in the arts, but I took Acting I and I had a lot of fun. Then I took Acting II, and after that it sort of just took off and I wanted to keep doing it.”

How did you end up at NSU?

“In my country, it is hard to be a student and a soccer player at the same time, but here they offer a really nice balance of being both. My dad was a soccer player, too, and he used the opportunity to get his degree as well as play, so he told me about that and I took that advice. I wanted to be in either Florida or New York, and coming from Iceland I liked Florida for the warm weather. I found NSU and I really like it here.”

Can you tell us more about your involvements in the arts at NSU?

“As I said, I took my first acting class my freshman year and then I took a class called Comedy and Improvisation, taught by Mark Duncan, who is now head of the PVA department. That sort of opened a new door for me. Improv has no script and it’s just going off the top of your head, and if I do say so myself, I was pretty good at it. That surprised me because of course it’s in English and that is not my mother language. So, I got really into that and I looked forward to that class every week. Then at the end of the semester, he told me that in January we would have the chance to perform at the ‘Improv Jam’ where you go and do these improv games for other people and you put on a show. So, I auditioned for that and I was asked to be in the show, which went really well. That was my first experience, but I have done a few plays and ‘One Acts,’ which are the student works directed and performed by students. I’ve done



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Viktor Jonsson opened up for Trevor Noah in March 2017.

a couple of those. Then I played a small part in Hamlet in the fall of 2015, and I played the wizard in ‘Once Upon A Mattress’ this spring. I am also involved in the production of ‘Suddenly Last Summer’ where I play the lead male role.”

What is the best part of being involved in the arts at NSU?

“We are a very close group because there are not that many of us. You get to build a really close friendship with everyone. Being on stage with your group, you are so vulnerable in your partnership with them. The best part of it is how close you get to the teachers and students here.”

What has been the most rewarding moment in your arts career?

“The ‘Improv Jam’ has always been sort of my baby because that is where I feel the most comfortable, even though I have no lines. You

sort of just go out there and do whatever you feel. I think my favorite moment was probably when I got cast as the wizard in ‘Once Upon A Mattress’. I’ve always had soccer, even in the spring, but since I am a senior this year I did not have spring practice. So, I decided to make the decision to dedicate as much time to theatre as I have to soccer. That put me into a place where I was able to create this whole character for myself. I worked really hard and I knew my lines very early on, which gave me the chance to really run with it. I think that since then I realized that this is what I want to do with my life. I think that was the most rewarding moment, when I not only created the character but also when I got the reaction for the work I put into that character.”

What advice would you give to someone who wants to get involved in the arts?

“Don’t be afraid. It is a scary thing to be onstage and have so many people waiting to see what you are going to do, but that’s the beauty of it, too. You are able to have a platform where you get to express your emotions and feelings in such an honest way, which is what is so beautiful about theatre. It’s different all the time. It’s not like the movies. I am also a fan of movies, but theatre especially is different, it is so honest every time. You never know, someone may fumble a line, but it’s that partnership that you develop with your cast. It’s just very, very pure. For people who want to get into that, just don’t be afraid. Take the first step because you won’t regret it. No one is going to judge you or laugh at you if you are not awesome at it right away. It’s a process just like everything else.”

What are your plans for after graduation?

“My plans have been changed very recently. I am going to take the opportunity of the fifth year of the Visa that you get offered as an undergrad that you can have to stay here and just work. I am going to take that and get a job and work on my acting craft. There are a lot of opportunities for non-professional actors here in South Florida, so I am going to take that year to try and do some stuff to improve myself. After that year, the plan is to go to grad school for acting in either London or New York. That’s the dream.”

OFF SHORE CALENDAR

Gold Coast Jazz: Ken Peplowski & Diego Figueiredo
April 12 | 7:45 p.m.
@Broward Center for the Performing Arts

The Chainsmokers
April 13 | 7 p.m.
@American Airlines Arena

Ariana Grande
April 14 | 7:30 p.m.
@American Airlines Arena

Panic! At the Disco
April 15 | 7 p.m.
@BB&T Center

Chris Brown
April 15 | 7:30 p.m.
@American Airlines Arena

Here Comes the Funny Tour: Featuring Adam Sandler, David Spade, Nick Swardson, Rob Schneider
April 16 | 7 p.m.
@Broward Center for the Performing Arts

SOUNDBITE

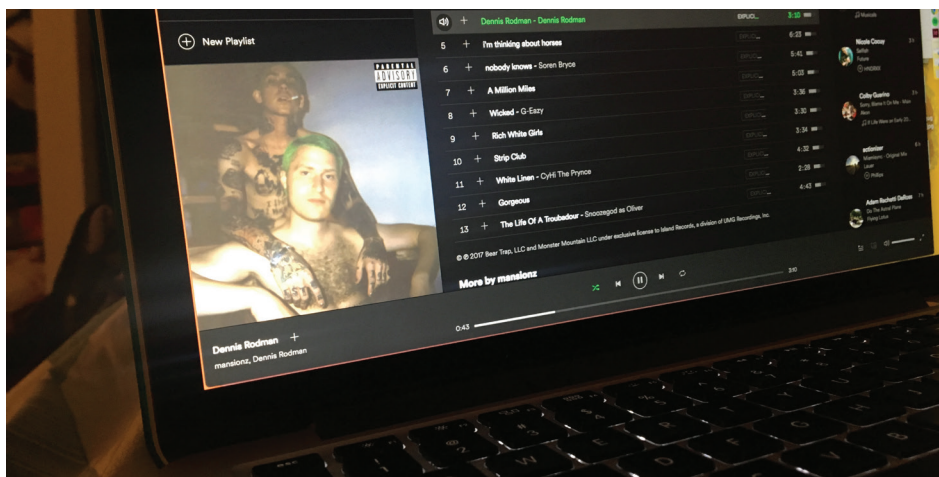
“Mansionz” by Mansionz

By: Aidan Rivas

First things first, this album is tight. I’ll rank it an 8.5 out of 10 right now before the review even starts. Onwards to the musicians themselves: Mansionz is an alternative hip-hop and R&B duo consisting of singer-songwriter Mike Posner and producer/singer Matthew Musto, known more commonly by his stage name Blackbear. Their album “Manzionz” dropped March 24 and exemplifies one of my favorite things music can do, which is transition from one song to another seamlessly.

The album opens up with “Snoozefest,” a short psychedelic introduction to a new-sounding album. Mansionz seems to have a divine understanding of what kind of production appeals to people right now because the sound falls somewhere in between Lorde and Twenty One Pilots, with a few disconcerting sounds thrown in as well to separate themselves from the norm. Right after that soothing intro song to set the tone, it flows directly into “My Beloved,” a song that features harmonic singing and snapping before laying down a chilled-out groove overlaid with soft rapping. The song ends with piano and a dramatic crescendo before picking up with “STFU.”

The piano from the end of “My Beloved” turns to a slow Red Hot Chili Pepper-esque



“Mansionz” is infectious and seamless.

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guitar riff with a passionate rhyming chorus and verses of quick raps in “STFU.” The song continues with Blackbear softly suggesting that one certain girl leave him alone and stop trying to contact him. A hip-hop beat with heavier bass takes precedence, followed by the end of the song. There’s no neat transition for the next one, but it is a song titled “Dennis Rodman” featuring the retired basketball player of the same name. The song makes references to simply living

their lives and having a good time regardless of what people think. The song title is a direct comparison of themselves to Dennis Rodman, a person with a controversial public image, as they, too, are known for eccentricity and odd behaviors in public environments. The song “Dennis Rodman” does transition into one track displaying that eccentricity in full.

The song “I’m thinking about horses” is a six-and-a-half minute long journey through

Mike Posner’s thoughts about the universe, God and his own life over a spatial procession of keyboard strokes. Posner uses the phrase “I’m thinking about” to transition between each of these thoughts about his own state as a young man and the world around him. One lyric is “People’ll probably like my music more when I die, ‘cause they’ll know no more is coming. You see, people love stories with endings.” That song then is abruptly sliced in two by several loud bass hits. The song “Nobody knows,” featuring Soren Bryce, is an introspective look into the rap duo, as they rap about the fact that people who see them will most likely never truly understand them. The song is split into two parts, one with a slow trap beat and heavy bass, followed by a softer piece with lyrics from Blackbear expressing distaste with religion before exploding into a heavier trap beat and dying down once more to Mike Posner singing of his woes.

After detailing six of the 13 songs on the album, I can’t recommend enough that people listen to “Mansionz” by Mansionz. The album is a unique take on hip-hop, and any fans of hip-hop that features infectious melodies should definitely check them out. I know that they’ve found a new permanent spot on my playlist.

Channeling the best from YouTube

By: Bianca Galan

We sometimes have moments when we feel like we need a distraction. Maybe you want to learn something or just laugh. YouTube is a great way to do so because it is filled with great videos to either make you laugh or try something new. You can also find tutorials, tips and videos full of advice for any given moment. By category, here are some YouTube entertainers that you might enjoy.

Comedy

Someone who has been on YouTube for years now is NigaHiga. You might have laughed at NigaHiga’s videos throughout high school but with time forgot how hilarious he is. His videos are still funny and creative today.

Another great comedy channel is Liza Koshy’s. She is adorable and her pun videos are the best, especially her “Driving

with Liza” videos.

Logan Paul is another great vlogger and comedian on YouTube. His videos are maybe some of the most creative ones on the web. He always finds a way to make people laugh, either by being dorky or simply by being insanely hilarious.

For a combination of sports and comedy, look to Dude Perfect. This team of vloggers consists of five best friends and a panda – yes, a panda – making videos together. They perform different stunts and extreme sports, and they even have a giant Pictionary battle. Dude Perfect also has funny videos on stereotyping.

Fitness

There comes a day when some people decide that they should live a healthier or more fit life. Watching these fitness vloggers is a great

way to do so.

Whitney Simmons features videos on her channel that are super simple and helpful for those who are beginners or more advanced. In her vlog, she shows her daily workout routines, how she works out each every muscle group, what she eats on a daily basis and many other fitness tips that might help you be healthier.

Another great women’s fitness vlogger is Kayla Itsines. Kayla’s channel is usually focused on cardio workouts, but she also has an app that allows you to have her as a personal trainer adjusted to your needs. In her vlog, she goes through many types of cardio/resistance exercises that you can do.

For men, a great fitness vlogger is Jeremy Buendia. In his vlogs he focuses a lot on his daily life, his fitness routines and his transformation process.

Daily Tips

There are many ways to work on a beautiful self, both inside and out.

For those who really want to learn more about tips for makeup, fashion and lifestyle, look to Olivia Jade. Olivia has great daily tips to get you ready to look your best every day.

To work on a healthier version of you, try out The Health Nerd. This channel showcases videos on different weight loss tips, how to eat right and how to better yourself.

Men, if you’ve never watched Dre Drexler, you should. Dre has amazing tips on hair, fashion, fitness and inspiration. Dre explains his purpose in his YouTube description by stating that he wants to “help individuals dress and look powerful while living powerful.”

A cheesy kind of love

By: Jeweliana Register

Settled in a quaint spot on Wilton Drive is New York Grilled Cheese, a shop specializing in creative grilled cheeses and tomato soup.

The shop features a bright pink exterior with the company’s logo: the Statue of Liberty holding up a grilled cheese. The interior is cozy but cool, making it a great place to chill out with friends or simply get away for a while. The restaurant plays popular music and is sure to make you feel as though you have been transported to New York City with their panoramic photos in little mock windows around the room. The view of the city features Central Park and the city skyline that brings to life the illusion that you are no longer in South Florida but in the Big Apple instead.

New York Grilled Cheese is the home of the Waffled Grilled Cheese, and it does not disappoint. The restaurant offers a variety of different grilled cheeses, like the “Broadway



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New York Grilled Cheese serves up the most delicious grilled cheeses in waffle form.

Classic” with garlic-y American and Swiss cheese on sourdough and the “Manhattan Grilled Mac + Cheese” that is bursting with macaroni and cheese, cheese and more cheese.

Each sandwich is served with a creamy tomato soup that you may be tempted to eat on its own. There are other options, like the “Soho Sweet Cheeses” that offer a sweet twist to the grilled cheese waffle creation. The shop also allows you to customize your order into your idea of the perfect grilled cheese.

The waffle fries are offered in traditional potato form and sweet potato form, and a variety of toppings are available, like “New York Fries” with chili, bacon and melted cheese, or “Disco Fries” inspired by the Canadian classic: poutine. Some other items on the menu include the chicken tenders boat, mac and cheese served solo, bacon lollipops covered in a maple glaze and their signature bread pudding waffled dessert.

The food ranges in price from \$5 and up, depending on how you customize your cheesy meal. The entire experience is a must-try for

foodies and cheese lovers alike, and can really turn a bad day around. There is something about the comfort of an amazing grilled cheese that can always turn your frown upside down. New York Grilled Cheese is certainly worth the trip and will have you falling in love with cheese with every bite. Was that joke too cheesy?

New York Grilled Cheese

2207 Wilton Drive
Wilton Manors, FL 33305
954-564-6887

Hours of Operation:

Monday-Wednesday 12–11 p.m.
Thursday 12 p.m. to 3 a.m.
Friday 12 p.m. to 4 a.m.
Saturday 11–4 a.m.
Sunday 11–3 a.m.

Seriously Kidding

a satire column

Student attends “Suddenly Last Summer,” misses plotline by talking the whole time

By: **Jenna Kopec**

@Jenna_Kopec

When Gabby Silverstein, sophomore business administration major, found out that she had to review a play for the theater class she took as an elective, she thought the PVA’s showing of “Suddenly Last Summer” would be the perfect opportunity. The cast and production team have a reputation for putting on great performances, and Silverstein loved the idea of not having to leave campus.

“It’s just seems like so much work, as a residential student, to go outside of Davie where I have to pay for food with real money,” said Silverstein.

But on Saturday night when she went to the play, she left without the slightest idea of what to write in her review.

“She would not stop asking questions,” said Silverstein’s boyfriend, Jack Silencia.

According to Silencia, and literally every person whose seat was within a five-foot radius, Silverstein began asking questions about the

play, its plot and characters from the moment the curtain rose.

“I just wanted to know what was going to happen,” said Silverstein.

About 10 minutes into the show, Silencia said he began to ignore Silverstein.

“She’s always like this. She talks through movies, songs, TV shows and, I guess, plays now, too,” said Silencia.

Despite having little to no idea what happened in the play and not being able to provide even a partial summary of the plot, Silverstein said she “really loved” the play and that the cast “was, like, the best I’ve ever seen.” She also said she got some incredible posts for Snapchat and Instagram.

Silverstein said she’s disappointed that she can’t see “Suddenly Last Summer” again before she writes her review. She plans to watch another play she found recorded on YouTube to review instead. That way, she can rewind all the parts she talks through.

Technology addiction is socially mandated

By: **Jacqueline Lytle**

Millennials and technology seem to go hand-in-hand. The constant commentary made by non-millennials is a recurring reminder that apparently millennials, or those of us born between 1981 and 1997 according to Pew Research Center, can’t live without a phone in our hands or a computer in our faces. And while that may be true because of the world we grew up in, I actually don’t like technology all that much and adored my childhood before the invention of Facebook and the necessity of the internet.

While many of my generation cling to their laptops and pout when their phones aren’t acting right – the latter I’m occasionally guilty of – we don’t necessarily feed off these devices because we want to. I mean, how can we complete a college assignment without a computer? How can I maintain constant communication with my colleagues and stay alert for important emails without a cell phone? Last time I checked, I couldn’t write up a report and submit it to turnitin.com. I also can’t answer a review question on TopHat without access to a mobile phone or tablet. And I surely can’t be readily available – a necessity as an editor-in-chief of a newspaper – without keeping my iPhone on me at all times.

Of course, we also use technology for personal reasons. Texting and social media help us stay in contact and up-to-date with our friends, numerous applications give us music to listen to and games to play, television keeps us alert to daily news and trending shows, and the internet affords us the ability to online shop, order food and search the meaning of words.

Yet, while we surely utilize technology for fun, without it, we’d get left behind. Think about it. Is it even possible to complete a college course without some form of technology? Can you think of a job that doesn’t require the use of technology in some way or another? I can’t, and that says something about our society, not about millennials. Whether owned or borrowed, liked or disliked, technology has become a necessity.

Non-millennials can continue to claim we millennials can’t survive without our eyes glued to a phone or our fingers fused to a keyboard, but that just isn’t true. I’m a millennial, and if I could ditch my phone and computer for even two weeks without losing my job or damaging my grades, I would. I’m sure I’m not alone.

Social media activism isn’t enough

By: **Grace Ducanis**

@GraceDucanis

While scrolling newsfeeds full of widespread and seemingly insurmountable tragedies like cancer, shootings and hurricanes, it’s easy to feel powerless. And the answer, too often, turns out to be a click of the mouse or tap of the screen, manifesting as a like or a favorite. If the issue seems extremely important, it might merit an entire tweet, status or even profile picture filter. “Hashtag activism,” critics call it. And while there’s nothing wrong with spreading awareness about an issue, perhaps our need to feel as though we’ve done something to make the world a better place is too easily satisfied by social media.

By itself, a like or retweet doesn’t provide better educational opportunities for underserved communities, or improve access to water in drought-ridden countries, or change policies to make businesses more eco-friendly or cure cancer. Someone has to create the initiatives, write the laws and do the research. And while people are often able to step up and get things done because of increased awareness, awareness is just the first step in solving an issue.

If we really cared about solving problems, we would look past the first step. Essentially, we’re allowing ourselves to feel like we’ve become part of the solution when all we’ve done

is pass the responsibility of effecting change in the concrete world on to someone else.

Admittedly, there are issues in which social media awareness makes a huge impact, because they are almost exclusively impacted by awareness. For example, social media can help break unfair stereotypes and other damaging social conceptions. But even that doesn’t mean anything if it doesn’t change the way we act.

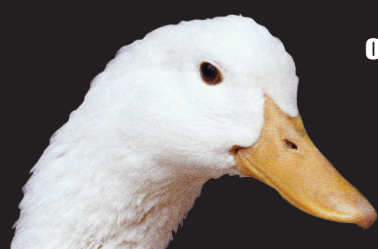
We can’t, obviously, fully devote our time and resources to every problem that happens to pop up on our feeds. It’s simply not possible or practical, or even healthy. Sometimes expressing our support through social media is the best that

we can do, and we don’t have to stop doing that. But if something happens that touches us deeply and that we have the opportunity to change for the better, how can we tell ourselves we’ve done enough with a like or a favorite if we have no idea whether it made a difference? How can we express our outrage, dismay or sorrow over an issue and expect it to get fixed when all we’ve done is express our outrage, dismay or sorrow?

Let’s not fool ourselves into thinking we’ve done humanity a great service by channeling our philanthropic tendencies into a tweet or status. We can do better.

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On Demand: sutv.nova.edu

Date	12:30a	2:30a	4:30a	6:30a	8:30a	11:00a	1:00p	3:30p	5:30p	8:00p	10:00p
1-Apr	Ali And Nino	Man Down	Trespass Against Us	Arsenal	Jack Reacher: Never Go Back	100 Streets	20Th Century Women	A Kind Of Murder	Allied	Collateral Beauty	Passengers
2-Apr	Arsenal	Solace	Man Down	Sing	Miss Sloane	A Monster Calls	Fantastic Beasts And Where To Find Them	Moonlight	Fences	Nocturnal Animals	The Love Witch
3-Apr	Sing	100 Streets	Solace	A Kind Of Murder	Passengers	Collateral Beauty	Allied	Trespass Against Us	The Love Witch	Ali And Nino	Jack Reacher: Never Go Back
4-Apr	A Kind Of Murder	A Monster Calls	100 Streets	Moonlight	Fantastic Beasts And Where To Find Them	Nocturnal Animals	Fences	Man Down	20Th Century Women	Arsenal	Miss Sloane
5-Apr	Moonlight	Collateral Beauty	A Monster Calls	Trespass Against Us	The Love Witch	Ali And Nino	Miss Sloane	Solace	Fantastic Beasts And Where To Find Them	Sing	Allied
6-Apr	Trespass Against Us	Nocturnal Animals	Collateral Beauty	Man Down	Allied	Arsenal	Passengers	100 Streets	Jack Reacher: Never Go Back	A Kind Of Murder	Fences
7-Apr	Man Down	Ali And Nino	Nocturnal Animals	Solace	Miss Sloane	Sing	Fantastic Beasts And Where To Find Them	A Monster Calls	Fences	Moonlight	20Th Century Women
8-Apr	Solace	Arsenal	Ali And Nino	100 Streets	Jack Reacher: Never Go Back	A Kind Of Murder	20Th Century Women	Collateral Beauty	Allied	Trespass Against Us	Passengers
9-Apr	100 Streets	Sing	Arsenal	A Monster Calls	Miss Sloane	Moonlight	Fantastic Beasts And Where To Find Them	Nocturnal Animals	Fences	Man Down	The Love Witch
10-Apr	A Monster Calls	A Kind Of Murder	Sing	Collateral Beauty	Passengers	Trespass Against Us	Allied	Ali And Nino	The Love Witch	Solace	Jack Reacher: Never Go Back
11-Apr	Collateral Beauty	Moonlight	A Kind Of Murder	Nocturnal Animals	Fantastic Beasts And Where To Find Them	Man Down	Fences	Arsenal	20Th Century Women	100 Streets	Miss Sloane
12-Apr	Nocturnal Animals	Trespass Against Us	Moonlight	Ali And Nino	The Love Witch	Solace	Miss Sloane	Sing	Fantastic Beasts And Where To Find Them	A Monster Calls	Allied
13-Apr	Ali And Nino	Man Down	Trespass Against Us	Arsenal	Jack Reacher: Never Go Back	100 Streets	20Th Century Women	A Kind Of Murder	Allied	Collateral Beauty	Passengers
14-Apr	Arsenal	Solace	Man Down	Sing	Miss Sloane	A Monster Calls	Fantastic Beasts And Where To Find Them	Moonlight	Fences	Nocturnal Animals	The Love Witch
15-Apr	Sing	100 Streets	Solace	A Kind Of Murder	Passengers	Collateral Beauty	Allied	Trespass Against Us	The Love Witch	Ali And Nino	Jack Reacher: Never Go Back
16-Apr	A Kind Of Murder	A Monster Calls	100 Streets	Moonlight	Fantastic Beasts And Where To Find Them	Nocturnal Animals	Fences	Man Down	20Th Century Women	Arsenal	Miss Sloane
17-Apr	Moonlight	Collateral Beauty	A Monster Calls	Trespass Against Us	The Love Witch	Ali And Nino	Miss Sloane	Solace	Fantastic Beasts And Where To Find Them	Sing	Allied
18-Apr	Trespass Against Us	Nocturnal Animals	Collateral Beauty	Man Down	Allied	Arsenal	Passengers	100 Streets	Jack Reacher: Never Go Back	A Kind Of Murder	Fences
19-Apr	Man Down	Ali And Nino	Nocturnal Animals	Solace	Miss Sloane	Sing	Fantastic Beasts And Where To Find Them	A Monster Calls	Fences	Moonlight	20Th Century Women
20-Apr	Solace	Arsenal	Ali And Nino	100 Streets	Jack Reacher: Never Go Back	A Kind Of Murder	20Th Century Women	Collateral Beauty	Allied	Trespass Against Us	Passengers
21-Apr	100 Streets	Sing	Arsenal	A Monster Calls	Miss Sloane	Moonlight	Fantastic Beasts And Where To Find Them	Nocturnal Animals	Fences	Man Down	The Love Witch
22-Apr	A Monster Calls	A Kind Of Murder	Sing	Collateral Beauty	Passengers	Trespass Against Us	Allied	Ali And Nino	The Love Witch	Solace	Jack Reacher: Never Go Back
23-Apr	Collateral Beauty	Moonlight	A Kind Of Murder	Nocturnal Animals	Fantastic Beasts And Where To Find Them	Man Down	Fences	Arsenal	20Th Century Women	100 Streets	Miss Sloane
24-Apr	Nocturnal Animals	Trespass Against Us	Moonlight	Ali And Nino	The Love Witch	Solace	Miss Sloane	Sing	Fantastic Beasts And Where To Find Them	A Monster Calls	Allied
25-Apr	Ali And Nino	Man Down	Trespass Against Us	Arsenal	Jack Reacher: Never Go Back	100 Streets	20Th Century Women	A Kind Of Murder	Allied	Collateral Beauty	Passengers
26-Apr	Arsenal	Solace	Man Down	Sing	Miss Sloane	A Monster Calls	Fantastic Beasts And Where To Find Them	Moonlight	Fences	Nocturnal Animals	The Love Witch
27-Apr	Sing	100 Streets	Solace	A Kind Of Murder	Passengers	Collateral Beauty	Allied	Trespass Against Us	The Love Witch	Ali And Nino	Jack Reacher: Never Go Back
28-Apr	A Kind Of Murder	A Monster Calls	100 Streets	Moonlight	Fantastic Beasts And Where To Find Them	Nocturnal Animals	Fences	Man Down	20Th Century Women	Arsenal	Miss Sloane
29-Apr	Moonlight	Collateral Beauty	A Monster Calls	Trespass Against Us	The Love Witch	Ali And Nino	Miss Sloane	Solace	Fantastic Beasts And Where To Find Them	Sing	Allied
30-Apr	Trespass Against Us	Nocturnal Animals	Collateral Beauty	Man Down	Allied	Arsenal	Passengers	100 Streets	Jack Reacher: Never Go Back	A Kind Of Murder	Fences

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