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Time to Run

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Time to Run

Tara Rosenfeld

Sitting alone minding your own business
Wondering about the next time he will be drunk and violent
You hear the door open
Your body is numb and you feel paralyzed
You dread what awaits you

It has come
The time to run

He beats you like a piece of meat
Your bleeding and bruised body has had enough
You sit and cry inside
Fearful of his hearing you weep
You feel hopeless and angry

It has come
The time to run

It has been six days since he has hurt you
You thank God for this
You become angry and strong
You feel that you do not deserve the pain
You feel the need to break free

It has come
The time to run