

3-20-2018

The Current Volume 28: Issue 24

Nova Southeastern University

Follow this and additional works at: https://nsuworks.nova.edu/nsudigital_newspaper

NSUWorks Citation

Nova Southeastern University, "The Current Volume 28: Issue 24" (2018). *The Current*. 651.
https://nsuworks.nova.edu/nsudigital_newspaper/651

This Article is brought to you for free and open access by the NSU Digital Collections at NSUWorks. It has been accepted for inclusion in The Current by an authorized administrator of NSUWorks. For more information, please contact nsuworks@nova.edu.



Features

Ever wondered what a conservative convention is like?
P. 4

Arts & Entertainment

Want cute nails? Here's nail art 101
P. 7

Sports

Spitting on fans is unacceptable, Carragher!
P. 8

Opinions

EQUALITY

News flash: Women want equality, not novelty chips
P. 10

NSU to break ground on \$80 million residence hall; parking garage to follow

By: **Michaela Greer**
Co-Editor-in-Chief

According to Daniel Alfonso, vice president of facilities management, on April 6, NSU will break ground on a new undergraduate residential building estimated to cost \$80 million.

The housing unit will be located near the Leo Goodwin residence hall, in the place of the practice soccer field.

Aarika Camp, associate dean of student services and director of Residential Life and Housing, said that, provided no major issues arise, the residence hall will be completed in time for the Fall 2019 semester and will hold an estimated 500-600 units.

"We have completed the design work and architecture for the building," said Camp. "Construction is scheduled to start this spring ... that is, avoiding any major issues."

Alfonso said that NSU is in the process of finalizing permits to begin construction on the property.

"As you can imagine, closing a contract that's worth \$80 million comes with a lot of crossing 'T's and dotting 'I's," said Alfonso. "We are at a point where we are supposed to break ground on April 6. That is what we're shooting for because if we break ground on April 6, [the residence hall is] supposed to be



PRINTED WITH PERMISSION FROM D. ALFONSO
Aerial view shows the locations of NSU's anticipated residential hall, temporary parking structure and parking garage.

completed by the beginning of August so that we can move in that class of 2019 students."

After NSU admitted its largest class of incoming students for the fall 2017 semester, and experiencing a "housing crunch," NSU began to make plans and implement changes in efforts to house current and future students.

Most recently on Feb. 23, NSU announced that graduate students living in the Rolling Hills apartments would have to relocate to off-campus housing to make room for students in the 2018-2019 year. NSU's residential upperclassmen

would be permitted to live in the Rolling Hills apartments for that duration. According to Alfonso and Camp, housing models will return to normal after the new hall is built.

"Rolling Hills will return to a graduate hall and the new building will be for upperclass students," said Camp.

The residence hall will feature 423-square foot studios, 575-square foot one-bedroom apartments, 798-square foot two bedroom units and 1295-square foot four-person units complete with two bathrooms and a common area.



PRINTED WITH PERMISSION FROM D. ALFONSO
The new, 3-shaped, residential building will hold 500-600 units and house upperclassmen

Alfonso stated that, for the first time, NSU will participate in what is known as a "3P," with a real estate company called Rise that is based in Atlanta. He explained that a "3P" is a public-private partnership which allows a company to build a residential facility and then manage the day-to-day operations upon its completion.

"They are going to manage and operate the day-to-day, whereas right now we're managing and operating the day to day; so, it's going to be a little different," said Alfonso. "Basically we will become, in effect, tenants for a long period

NEW RESIDENCE HALL CONTINUED ON 2

SGA passes legislation and budget to provide rentable swimsuits for students

By: **Madelyn Rinka**
News Editor

The Undergraduate Student Government Association (USGA) has passed the legislation and budget proposal necessary to create and fund a program that allows students to rent full-body swimsuits from RecWell for use in the leisure pool.

Mareena Kashif, USGA minority senator, said she decided to create this legislation after she and several female Muslim students, wearing exercise clothes in the pool, were asked to exit the pool in December of 2016.

"My friends and I went to the leisure pool... in [polyester] exercise wear, not your traditional bathing suit material, because due to our religion, we can't wear those types of clothing into the pool," said Kashif.

Kashif said they were asked to leave the pool by Recwell staff because they weren't allowed to wear athletic clothes in the pool. After asking to speak to a supervisor, they were told that the fabric of their clothes would

damage the pool.

"We were already wet, and we felt kind of uncomfortable in that situation ... we asked the person who was telling us this 'can you tell us why we can't swim?'" said Kashif. "And they told us it was because the material of our clothing would damage the pool."

Kashif, who at the time of the incident was not an SGA senator, wanted to find out more information about the policies related to Muslim students, or students who may just want more coverage with their swimwear, and what they may be able to wear in the pool. She worked with Sanya Rashad, USGA commuter senator, to investigate.

"First we looked into other schools to see what their pool policies are. One of the Florida schools had a similar policy to NSU's, but all the other schools we spoke to said that they don't let students wear whatever they want in the pool, like jeans and such, but they do allow athletic

wear," said Rashad.

According to Rashad and Kashif, they brought this information and a student survey that showed support for allowing athletic wear in the pool to Tec Clark, associate director of aquatics and scuba diving. They both were told that there would be no change to the policy that was in place.

"[Tec Clark] said that they do try to limit [other swimwear of undesirable materials] in the pool. Usually bikinis are made out of the correct material, is what he said, and they only allow certain types of shorts in the pool," said Rashad.

As of March 16, Clark did not provide a comment to The Current.

Clark allegedly suggested that the students buy a suit like a "burkini," which is a style of suit that covers most of the body, and has been popularized more recently in the Muslim community.

Rashad said that these suits can be quite

pricey, with prices from \$70 to over \$100. For students who would like to swim occasionally, in the pool that they pay fees for, Rashad said this is too pricey.

As a compromise, Rashad and Kashif came up with the idea to have full body suit rentals for the leisure pool. They worked with RecWell to ensure that the suits could be regularly cleaned and accessible.

Kashif and Rashad expressed that this would give students who may otherwise have felt "singled out" the opportunity to enjoy the pool and facilities just like any other NSU student.

SGA passed legislation that will fund the purchase of 12 full-body suits, with multiples of several sizes, that students can rent to wear in the pool. The suits are estimated to be accessible at RecWell within the coming month, depending on shipping.

News Anchor

Stay up to date with international and national events.

FIU pedestrian bridge under construction collapses

On March 15, a pedestrian bridge collapsed over Tamiami Trail at 1:30 p.m., killing at least six people. The collapse took place just a few days after construction began. The bridge was scheduled to open in 2019. According to the Miami Herald, eight cars were estimated to be completely crushed. Nine victims were transported to the trauma center at Kendall Regional Medical Center.

Stephen Hawking dies at 76

On March 14, physicist and cosmologist Stephen Hawking died in his home in Cambridge, United Kingdom. Hawking was well known for his studies on black holes. According to BBC, at the age of 76, Hawking was given a few years to live due to the autoimmune disease ALS. Hawking will be remembered for his "humor and brilliance," according to his three children.

Secretary of State Rex Tillerson fired by Trump

According to the New York Times, on March 13, President Trump fired Rex Tillerson from his position as secretary of state. Trump stated that he would be replacing Tillerson with C.I.A. director Mike Pompeo. New York Times stated that Tillerson found out he was fired from a tweet by the President.

United Airlines mishandles two dogs

On March 12, a bulldog who was less than one year old died while in the overhead bin of a United Airlines flight. According to USA Today, the family of the animal was forced to put the dog's carrier in the overhead bin by a flight attendant. Following the Monday incident, a German Shepherd was mistakenly flown to Japan instead of Kansas. The family of the missing animal told CNN they feared the animal would not survive the travels, since the ten year old dog had an ear infection. United Airlines said in a statement that the German Shepherd would be returning to the family in the following week.

News Briefs

Off-campus housing fair to take place on March 30

The Office of Residential Life and Housing will host an off-campus housing fair on March 30. Representatives of rental communities in the Broward County area will be present. The event will take place from 5 to 7 p.m. at the Rolling Hills pool. For more information, contact housing@nova.edu or call 954-262-7052.

Shark Advantage Networking Event to take place on March 28

The Office of Career Development will host Shark Advantage Networking Event on Thursday, March 28 from 5 to 6:30 p.m. Business executives and notable alumni from several companies will be present. The event will take place in the Carl DeSantis Building, Huizenga Sales Institute and business professional attire is required. Students can register at nova.joinhadshake.com/events/115073. For more information, contact SharkAdvantage@gmail.com or cl1205@mynsu.nova.edu.

PayPal Workshop to take place on March 29

The Office of Career Development and the Center of Opportunities in Research and Technology Emerging Experiences will host a Paypal Workshop on March 29. Business and IT professionals will be providing information on the company's history and culture. The event will take place from 12 to 1 p.m. in the Mailman-Hollywood Building room 309 CORTEX lab. To register, visit nova.joinhandshake.com or call 954-262-2701.

Alvin Sherman Library used book sale to take place April 11-14

The Alvin Sherman Library will host the 25th Semi-Annual Used Book Sale from April 11-14. Used books, CDs, DVDs and video games will be on sale. A presale for NSU faculty, staff and Circle of Friends will take place on April 11 from 4 to 6 p.m. Sales on April 12 and 13 will take place from 10 a.m. to 6 p.m. and April 14 from 10 a.m. to 3 p.m. All proceeds for the event will be donated to the "Donald E. Riggs Library Education Assistance Fund." For more information, call 954-262-4542.

The Current

The Student-Run Newspaper of Nova Southeastern University

3301 College Avenue
Student Affairs Building, Room 310
Fort Lauderdale, FL 33314-7796

nsucurrent.nova.edu

NEWSROOM

Phone: 954-262-8455
Fax: 954-262-8456
nsunews@nova.edu

BUSINESS & ADVERTISING

Phone: 954-262-8461
Fax: 954-262-8456
thecurrentad@nova.edu

Jenna Kopec	Co-Editor-in-Chief	nsunews@nova.edu
Michaela Greer	Co-Editor-in-Chief	nsunews@nova.edu
Nicole Chavannes	Copy Editor	thecurrentnews@nova.edu
Madelyn Rinka	News Editor	thecurrentnews@nova.edu
Open	Features Editor	thecurrentfeatures@nova.edu
Diego Galvez	Sports Editor	sportseditor@nova.edu
Open	Arts & Entertainment Editor	thecurrenta&e@nova.edu
Christina McLaughlin	Opinions Editor	thecurrentfeatures@nova.edu
Skylyr Vanderveer	Multimedia Manager	nsunews@nova.edu
Carli Lutz	Chief of Visual Design	thecurrentad@nova.edu
Sydney Stoneback	Visual Design Assistant	thecurrentad@nova.edu
Open	Business Manager	thecurrentad@nova.edu
Open	Distribution Manager	thecurrentad@nova.edu
Megan Springer	Writer	nsunews@nova.edu
Ashley Hintermeyer	Writer	nsunews@nova.edu
Adam DeRoss	Writer	nsunews@nova.edu
Siena Berardi	Writer	nsunews@nova.edu
Marti Bennett	Writer	nsunews@nova.edu
Megan Fitzgerald-Dunn	Faculty Adviser	mf821@nova.edu
Michelle Manley	Adviser	mmichell@nova.edu

The Current serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU's established vehicle for student reporting, opinion and the arts. All community members are invited to contribute.

Editorials, commentaries and advertisements in this publication reflect the opinions of the authors and do not necessarily reflect the views of the University or its officials, The Current staff or other advertisers. The Current will not publish unsigned letters except under special circumstances at the discretion of the Editor-in-Chief. The Current reserves the right to edit.

Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

NEW RESIDENCE HALL CONTINUED FROM 1

of time."

He adds that many factors went into the decision process, but stated that one of the reasons why NSU decided to enter into a "3P-agreement" was based on finances.

"It's an \$80 million project so the university is attempting to allow for that construction to happen, while at the same time maintaining its ability to finance other projects because we're also looking to expand the Health Professions Division, etc.," said Alfonso. "So, that's why we're entering into this private partnership where the private partner owns and operates campus housing which allows the university to focus its resources in other areas that also need growth."

According to Alfonso, whether this model will be used more in the future will depend on the success of the new residential building.

"This is a first time so we'll see how this goes and if it's successful, then it may be a model that we continue to follow in the future," said Alfonso. "And if not, then it will be a one-time shot."

Additionally, NSU has begun making plans to construct a 1300-space parking structure near the future residence hall. According to Alfonso, since the construction of the parking garage will

remove surface parking in the area, a temporary parking lot will be erected on the lot facing the Shark Athletics Building.

"It's a sizable parking garage. I think it'll rival the west parking garage. Though actually it might be a little bigger because I don't think the other parking garage has 1200 spaces," said Alfonso.

"Initially, we think the 1300 parking spaces will be more than what's needed for the level of residences that we have right now so we may, in the near term, allow for some parking during things like sporting events," said Alfonso. "I think eventually, if the President's vision for 2020 bears out, there's going to be more residential facilities coming so I told him, the President, yesterday [Feb. 27] that those 1300 parking spaces are going to be all students."

Alfonso also stated that President Hanbury has requested that the parking structure be made "smarter" with the use of technology which can display parking space availability. Whether the technology will be patterned after most advanced models like those at Sawgrass Mall or the Fort Lauderdale International Airport which can locate lost cars or highlight locations of empty spaces will depend on practicality and financing, according to Alfonso. Eventually,

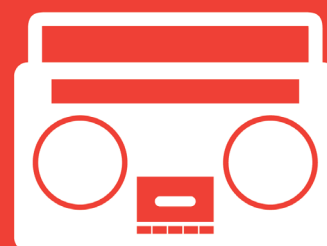
the goal will be to update all of NSU's parking structures.

"We have all levels of capability and we've talked to a number of companies already," said

Alfonso. "We're going to go to the president with some options. My goal is to keep it functional and affordable."

FREE CONCERT TICKETS.
OKAY. NOW THAT WE HAVE YOUR
ATTENTION — FOLLOW US ON
SOCIAL MEDIA TO KNOW WHEN
WE'RE ON AIR AND WHEN WE'RE
HAVING TICKET GIVEAWAYS.

@NSURADIOX



SLCE to host 'Advocacy' event focused on women's leadership

By: **Michaela Greer**
Co-Editor-in-Chief

The Office of Student Leadership and Civic Engagement will host "Advocacy," a women's leadership event which is part of the Diversity in Action series on March 22 at 5:30 p.m. in the Flight Deck Multipurpose room.

According to Garrett Horejsi, graduate assistant for the Office of Student Leadership and Civic Engagement, the Diversity in Action series events were created to encourage inclusion, learning and awareness within the NSU community. "Advocacy," the third installment in the series, was developed to celebrate women, especially since March is Women's History Month.

"The Diversity in Action series was created to shed light on all aspects of diversity," said Horejsi. "March is Women's History Month, so we knew this would be a great time to work towards a more equal future for our female leaders. Hopefully, this event will educate and inspire NSU students of all identities."

Horejsi said that a panel of Broward-based, female community leaders who come from a variety of backgrounds and career paths will share their stories and insights at the event. He went on to say that students will learn how to advocate for their female counterparts, explaining that both women and men need to use their voices to empower women all around the

world.

"Students should expect to listen to and have the option to ask questions to a panel of successful and empowered female leaders from the Broward and NSU community," said Horejsi. "This panel will talk a lot about those decisions and action steps. So, hopefully students can learn a little more about some of the issues women face on a day-to-day basis in a variety of lifestyles."

According to Horejsi, a facilitator will assist in guiding the discussion, though the floor will remain open for participants to ask questions throughout. Free food will also be available for attendees.

"Our focus word for this month is 'advocate,' so I hope students will learn what that means in their own lives," said Horejsi. "It can be easy to forget that life outside of the college bubble exists, and that our generation holds a lot of power in terms of advocating for the things we believe. This event will hopefully give students the tools necessary to navigate conversations around gender equality."

The Diversity in Action series will conclude next month on April 9 with "Ally," an event which will focus on the LGBTQ+ community. For more information on either of these events, contact Garrett Horejsi at gh591@nova.edu or call 954-262-7293.

Green Sharks to hold final events of NSU's Recyclemania

By: **Madelyn Rinka**
News Editor

NSU's Recyclemania, hosted by Green Sharks, began on Feb. 5 and lasts until March 31. Recyclemania is a competition between colleges and universities in the U.S. and Canada, with the ultimate goal of improving waste management and recycling on campus. With just over a week remaining in the competition, students, staff and faculty can still participate to help NSU's ranking in the competition.

According to Alexis Good, president of Green Sharks, NSU's participation has ranked almost last in past years.

"We have a greater amount of recycling, probably just because the student population has

gone up, but our percent recycled [compared to the population] has not been as good as it has been in past years," said Good, about this year's progress as of March 15.

Green Sharks will still hold events for students to get involved if they have not already done so. There will be a plastic bag drive on March 26 where students will be encouraged to bring in plastic bags rather than throwing them out, so that the club can handle them in an eco-friendly manner.

"You can bring in plastic bags from grocery stores, and we will collect them, measure them and then take them to Publix or Walmart [to

recycle them]," said Good. "Students can also bring clear cereal bags, ziploc bags and produce bags."

In addition, there will be a Sustainability 101 lecture on March 28 in DeSantis 3000.

"That's going to be the [Director of Physical Plant Seth Mangasarian] talking about what kind of sustainable initiatives we have on campus and what they're doing behind the scenes that we don't know about as students," explained Good.

All of those in the NSU community are highly encouraged to participate in Recyclemania activities.

Megan Knights, vice president of Green Sharks, said, "Recycling in general is really important. It's one way that you, personally, can make a difference. If you just avoid throwing one straw in the trash instead of putting it in the recycling, that could save a turtle's life. That's what I keep reminding myself everytime I recycle, because I want to save animals, and I want to save our planet."

For more information, visit Green Shark on NSU's OrgSync, email NSURecyclemania@gmail.com or go to recyclemania.org.

THE ORIGINAL
Del Vecchio's
PIZZALOFT

SAME PIZZA LOFT
RECIPES AND STAFF
YOU'VE GROWN
TO LOVE



2060 S University Dr, Davie, FL 33324
(954) 476-9336

That Time I.... *went to the Conservative Political Action Conference*

By: **Megan Springer**
Contributing Writer

Megan Springer is a sophomore legal studies major at Nova Southeastern University from Indiana. She is the president and founder of NSU's chapter of Turning Point USA (TPUSA), an organization dedicated to educating students on free speech, limited government and fiscal responsibility.

In February, I was invited by my employer to attend the Conservative Political Action Conference in Washington, D.C. after starting a chapter at NSU for Turning Point, USA. When I found out that I was invited, I was overjoyed. I had never been to our nation's capital — or even close to it — and now I was going to spend four days exploring D.C. and spending time with 100 of my coworkers and friends, some of whom I consider family.

The Conservative Political Action Conference (CPAC) is a four-day long conference with thousands of like-minded individuals. I got to interact, hang out and have full conversations with Tomi Lahren, Ben Shapiro and Dana Loesch. I was only 100 feet away from the Vice President of the United States and my past governor Mike Pence, and the President of the United States, Donald Trump.

One of the coolest experiences was that I was able to be on Fox News twice and was actually shown in a pan of the crowd on Fox's



PRINTED WITH PERMISSION FROM M. SPRINGER
Springer poses with her colleagues at the 2018 Conservative Political Action Conference.

“Hannity.” Listening and being so close to these “big names” — some of whom I look up to as role models — in the conservative movement was one of the most eye-opening and affirming experiences of my life. There was just something magical about being surrounded with those who have the same values and ideas as you, and at CPAC there were thousands of people to speak to. Throughout my time at CPAC, I was able to connect with on-campus gun advocate Antonia Okafor.

I was also gifted a five-year NRA membership to help support the Second Amendment. I got to learn more about the Second Amendment from Dick Heller, who fought for gun rights in the famous Heller vs.



PRINTED WITH PERMISSION FROM M. SPRINGER
Springer poses with Fox News commentator Tomi Lahren.

DC case. I spent an entire night hanging out and speaking with him at the Annual Ronald Reagan Dinner where I was invited to eat, mingle and listen to judge Jeanine Pirro and Environmental Protection Agency administrator Scott Pruitt speak.

Each day, for an hour I would volunteer at the Turning Point USA booth that we had set up. That was also a really cool experience, because working for TPUSA through the NSU chapter, I travel to college campuses to get students involved and educate them on topics such as free markets, free speech and limited government. But at CPAC, instead of doing the traveling myself, we had hundreds of activists come to us to learn more about us or to get free

merchandise. I actually talked to a 7-year-old girl about what TPUSA does and she told me that when she goes to college that she wants to join TPUSA.

There were people there from all walks of life, all ages and all states. It was an amazing experience to be able to meet people who I probably would have never met without going to CPAC. Because of this conference, I truly do know myself to be a conservative, and it only reaffirmed my values and what I deem to be important.

Even if you don't consider yourself on the “right,” I would really recommend attending CPAC next year, if only to listen to different view points to further understand both sides. Overall, this was an amazing experience — one which I hope to have again next year.

If you are interested in having similar experiences or want to come to one of our discussions or events, consider joining TPUSA. There is a conference this June in Dallas called the TPUSA Young Women's Leadership Summit, where young women will be able to meet political commentator Ben Shapiro, Charlie Kirk, Tomi Lahren, Jeanine Pirro and many more — just like I did at CPAC. You can apply at tpusa.com/ywls.

The worldwide water crisis: a break down

By: **Madelyn Rinka**
News Editor

Water is one of the fundamental building blocks for life on Earth. Today, 844 million people around the globe live without access to safe water, and 2.3 billion are living without access to improved sanitation, according to Water.org. To be informed about World Water Day on March 22, here's what you need to know about the worldwide water crisis.

Areas affected

It's no secret that countries with higher rates of poverty tend to have more problems with clean and accessible water, since it's generally more difficult to outfit homes and villages with utilities like sinks, filters and disposals. According to the UN, places with the highest economic scarcity are Central Africa, Central and South America and South Asia, whereas areas with physical water scarcity include Southwestern North America, the Middle East and Southern Australia. The Mel and Enid Zuckerman College of Public Health states that the five countries with the greatest scarcity issues are Yemen, Libya, Jordan, the Western Sahara and Djibouti, although locations such as South Africa, Michigan, California and Australia have been in the news for water-related problems recently as well. It's important to realize that no country or region, regardless of economic power, is ever entirely safe from an

impending water crisis.

The woman's problem

Women are disproportionately affected by the water crisis, as stated by Water.org. This is because in many societies, especially those in underdeveloped countries, women are largely expected to care for their family. It is estimated that some girls and women spend six hours a day gathering water for their relatives, totaling 266 million hours worldwide per day. According to a graphic created by the UN, women above the age of 15, especially in Sub-Saharan Africa and Asia, are shown to be the largely responsible for water collection.

Health impacts

Water, at the very base of life, when taken away, leaves many issues. For one, contaminated water can cause a variety of maladies. From diarrhea to giardia to cholera, people without reliable access to potable water are at great risk for disease, especially children, pregnant women and the elderly. Every 90 seconds a child dies from a water-related disease, and 1 million people are killed from a water-related causes each year, according to Water.org. In addition, many suffer from pains related to carrying buckets of water and infections from not being able to bathe. Females are also more susceptible

to rape, sexual assault and abduction due to having to travel to remote locations to find water.

How it affects education

Since many children in these areas need to take time to gather water or are afflicted by illness, they end up putting less energy into schooling. If children are not able to access education as readily, the cycle of poverty continues. In general, these populations continue to have low rates of education because of the time spent on the fulfillment of their basic needs and survival before they are able to focus on higher purposes. Thus, these societies face lowered levels comprehension regarding water safety, parasites, epidemiology and sanitation processes.

Flushing out the economy

Similar to the interaction with education, time spent searching for water is time wasted in improving the economy. Less people are able to work due to the near constant grapple for potable water or being stricken with water-related illness, which may render them disabled or too sick to function at full capacity. In addition, less children who complete a formal education means less adults able to perform highly-skilled jobs that pay a livable salary. It is estimated by Water.org that \$206 billion is lost globally every

year due to lack of basic water and sanitation. On the flip side, if access to clean water became universal, \$32 billion may benefit the economy because of the reduction in healthcare costs.

The future of water

According to the World Wildlife Fund, by 2025, two-thirds of the world may be facing water shortages. This would wreak havoc, concentrated in areas of overpopulation, regions with lowered access to universal healthcare and, outside of the human experience, ecosystems, especially those located in hotspots for biodiversity like wetlands and rainforests.

The UN is looking at ways to remedy this crisis. They have dubbed March 22, 2018 (World Water Day) to March 22, 2028 as the International Decade for Action. The decade will focus on “accelerating efforts towards meeting water-related challenges, including limited access to safe water and sanitation, increasing pressure on water resources and ecosystems and an exacerbated risk of droughts and floods,” as stated on their website. This is a call to action for nations worldwide, regardless of socioeconomic status and water-related issues to step up to solve this global problem.

Are you into social media? YEAH, WE ARE TOO.

FOLLOW US ON TWITTER AND INSTAGRAM
FOR NEWS UPDATES AND ONLINE EXCLUSIVES.

@THECURRENTNSU

TheCurrent
The Student-Run Newspaper of Nova Southeastern University





Career Corner



Career Corner: Finding passion in your career

By: **Ashley Hintermeyer**
Contributing Writer

Ashley Hintermeyer joined the Office of Career Development in July as the Experiential Education Career Coordinator and is pursuing her master's degree in College Student Affairs. Through her role in Career Development, she hopes to help incoming students find their home and passion with NSU.



PRINTED WITH PERMISSION FROM THE OFFICE OF CAREER DEVELOPMENT
Experiential Education Career Coordinator Ashley Hintermeyer hopes to inspire students to find their passion through involvement opportunities.

During my freshman year of college, I went to a tiny, private school near enough to my hometown to commute. I was admitted as a nursing student, although I really didn't think about or know about all of the specific things that went into that profession. I made some friends during my first semester — who are still my friends today — but I also made some mistakes. I received my first "C" in my history class and I was dropped from the nursing program.

It was tough not being a part of campus, and driving home every night to go to my off-campus job. I was incredibly discouraged after my first semester and began thinking about other career paths. I switched to education, but too late into my second semester to switch my classes. I continued with classes that I didn't enjoy, and I continued to drive home after class each day to my off-campus job.

Eventually, I realized that I wasn't happy and that there wasn't anything connecting me

to the campus. I decided to transfer to a larger, public institution that was farther from home, forcing me to live on campus. I also decided that I wanted things to be different. I wanted a support system. I wanted to feel connected to my campus and I wanted to have a reason to stay.

I became a Big Sister through Big Brothers, Big Sisters. I joined University Council on Family Relations — an organization related to my new major: family and consumer sciences. I went through sorority recruitment and I found

my home in Gamma Phi Delta. I also got an on-campus job in the student activities office.

Through Big Brothers, Big Sisters I found that I did not want to go into social work, although Sociology was my minor. I was able to not only work with the organization and my Little Sister, but also to shadow another person who worked in the organization. I saw from the other side the hard work that it takes and how it wasn't all just about interaction with the participants. I wanted a different setting for myself. I learned so much about my new community and about people who come from different backgrounds than I do.

Through University Council on Family Relations I was able to attend a conference in Baltimore during my first year. At the conference I learned about different career pathways I could take and how to network and dress professionally — and to always go early to the breakfasts to get the good food.

The next year, I was able to attend the conference, this time in Vancouver, Canada. I was also able to conduct a grant-funded research study with a team of other students which we presented at the conference. I never would have gotten that opportunity if I hadn't been involved in that organization. Now I can put the experience of having published research on my resume.

My biggest influence throughout my college career was my sorority. Through my experience, I made lifelong friends. But, I also learned how to manage a team, delegate tasks, run large-scale events and work with people that I really didn't see eye to eye with. I was also connected to two of my on-campus jobs through this organization and then to two more opportunities from there.

By now you can tell I changed my major quite often — six times to be exact — and it took until spring semester of my junior year for me to pick the major I would graduate with. This is where I learned about graduate programs that I could go into to help me reach my goal of one day working on a college campus. I met my mentors — the people who would connect me to my future graduate school — and the people who would help me learn all of the valuable and important skills I would need to succeed in my future career.

My advice to you is to get involved. Discover the friendships and connections that will push you farther in life. Step out of your comfort zone and challenge yourself to learn new things. Find an area of passion that you can turn into your career. If you are doing something that makes you happy, you'll never work a day in your life.

Staying productive for the second half of the semester

By: **Michaela Greer**
Co-Editor-in-Chief

We're not sure if March Madness is entirely to blame for low levels of productivity this month, or whether March is simply the month where a new year begins taking a toll on individuals, but according to sources like Aftermarq, US News and Marketplace.org, March is statistically the worst month for productivity.

With the second half of the semester just getting started, students everywhere can agree that now isn't the time to drop the ball. Here are some tips to help you push through and finish strong.

Take a tip from the experts

Maggie Morrissey, career advisor for experiential education and learning in the Office of Career Development, said that a few years ago she read a book called "The Power of Habit: Why We Do What We Do in Life and Business" by Mike Chamberlain which really helped her to create a better routine and boost her productive habits.

She also suggested visiting themuse.com, a career and professional development website which has advice regarding increasing productivity and seeking developmental opportunities.

"It can be difficult transitioning from a structured schedule in high school to having so much flexibility in college," said Morrissey. "I recommend forming positive habits. For instance, every morning I come to work early, drink a cup of tea, read the news and "The Chronicle of Higher Education" for current events in higher education, and catch up on emails from the previous night. This helps me to set the stage for a productive day."

She adds that since class schedules do not typically span the entire length of a student's day, it's important to create schedules and stick to set routines. This allows students to focus on tasks which need to get done, instead of getting "sucked into a day of binge-watching shows on Netflix."

Get a good night's sleep

Those all-nighters may be doing you more harm than good. According to Fast Company, not getting enough sleep can cause you to feel lethargic during the day, greatly impacting the quality and quantity of the work that you are able to do during the day. The key to being at peak performance level? Going to bed at a reasonable hour and getting an early start on your day, ensuring that you have a balanced, nutritious breakfast.

Move your body

Even if you did manage to get a good night's rest, according to Business Collective, studies show that staying in one place for a prolonged period of time can negatively impact energy levels. Instead, consider taking breaks to go on a walk, jog or run. Not only can this help increase energy levels, but it can also brighten your overall disposition.

Tidy your workspace; remove distractions

Morrissey also said students should have a clean workspace to study and complete homework as messy areas are less inviting, meaning that you will be less likely to stay put and get work done.

"Have a clean workspace to study and do homework at, create goals, learn how to say 'no,' and take a break from electronics," said Morrissey.

Watch what you're eating

According to Forbes, comfort foods and sugar-filled drinks are likely to make you feel bloated and sluggish. So, instead of having a heavy meal for lunch or reaching for a candy bar, watch your sugar and carbohydrate intake. Opt for a weekday diet filled with a variety of fresh fruits, vegetables and refreshing cups of tea or glasses of water.

Ask for help

If you find that you're struggling to stay productive, remember that there are resources

available to you on and off campus.

"Advisors within the Office of Career Development can help create a plan with you to develop more direction and a timeline for applying to internships, jobs or graduate programs," said Morrissey. "We also can assist with goal setting, professional development and help to inspire you to start developing your professional skills early on."

Consider reaching out to your professors, tutors, supplemental instruction (SI) leaders and even your peers for assistance. Additionally, staff within departments and organizations like the Academic Advising Center, NSU Writing and Communication Center, and Tutoring and Testing Center are available to assist so you never have to tough it out on your own; in March or at any other time in the year.

ROOM FOR RENT

FORT LAUDERDALE AREA
\$650 PER MONTH
INCLUDES ACCESS TO KITCHEN AND POOL,
WI-FI, CABLE
FIRST MONTH RENT AND SECURITY



FOR MORE INFORMATION
CONTACT PEGGY: 954.683.7663



SOUNDBITE



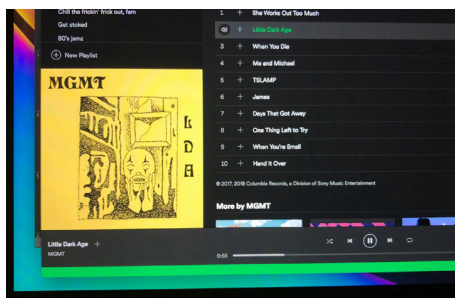
'Little Dark Age' by MGMT

By: Adam DeRoss
Contributing Writer

Psychedelic rock indie outfit MGMT, comprised of Andrew VanWyngarden and Ben Goldwasser, stole the hearts of indie rock fans everywhere with their debut studio album "Oracular Spectacular" back in 2007. The project was a novel, fresh and groovy collection of cuts, such as the still popular "Time to Pretend" and "Electric Feel," that defined MGMT as one of the most promising indie projects in recent memory. Since their debut, MGMT continues to push their creative efforts forward with every album sounding familiar and welcoming while keeping their ideas fresh. Their most recent project, "Little Dark Age," released Feb. 9, does not break this pattern. The record is chock full of MGMT's usual personality and charm while taking sonic inspiration from the grungy, synth heavy sounds of the '80s new wave movement.

Best cuts

The intro track "She Works Out Too Much" is a fitting kickoff to the record that sets the tone exceptionally well. The instrumentation takes obvious inspiration from cheesy '80s aerobic workout videos complete with squeaky analog synths, sweeping keytar riffs, improvised horns and slightly vocoded vocal samples. The entire track is driven by a relentlessly energetic bass and percussion line that makes the cut infectiously fun and bouncy. The lyrics are



PRINTED WITH PERMISSION FROM C. LUTZ
MGMT brought their best again on their latest release "Little Dark Age."

equally amusing, detailing the singers distress and frustration in his relationship with a girl who is obsessed with working out and improving her image. The writing is rife with clever puns and metaphors such as the singer's character relating his routine of keeping up with indulging his girlfriend on social media with the overall theme of a workout routine.

"Me and Michael" is another great cut that sounds like it would be best suited for play at an '80s high school dance. The instrumentation is an amalgamation of syrupy and nostalgic synth chimes with a heavy, chugging bassline and crisp snares. The echoed vocals and consistent thumping melody evoke feelings of longing and a tinge of melancholy which gives the whole track a very dramatic and atmospheric aesthetic. Perfect for a prom slow dance bathed in neon

pink and blue lights.

The title track "Little Dark Age" is a dark and brooding, bass-heavy ode to '80s goth anthems. The serrated and distorted bass synths give some texture to the eerie and wispy modulated horror movie strings. The bridges of the song feature some captivating electronic organ melodies that tie everything together with the clean cut chorus structures and modulated vocals.

MGMT is a duo that is highly adaptable and aware of what is creatively appealing to them at each stage of their career. "Little Dark Age" is a love letter to the catchy and unmistakable club sound of the 1980s that also incorporates their own unique sense of modern lyricism and song structure. The album is both nostalgic and refreshing, bringing a unique take on thematic indie pop to early 2018. The success of the project is a testament to how much fans of the genre appreciate the callbacks to classics of previous time periods as well as their continued support of experimentation in the genre moving forward. Only time will tell what aesthetic influences MGMT will take their creativity from in the future.

Other great cuts

"One Thing Left to Try," "TSLAMP," "James"

All the reasons I wasn't ready for 'Red Sparrow'

By: Jenna Kopec
Co-Editor-in-Chief

I knew that Jennifer Lawrence was going to bring her A-game in her latest spy-flick "Red Sparrow." Following the story of Dominika Egorova, who is forced to work for the Russian government as a covert spy known as a sparrow after being tricked by her uncle and witnessing a murder she shouldn't have, the previews just screamed "this is going to be a good movie." What I wasn't ready for was just how it would be a great movie. "Red Sparrow," though a worthy watch, certainly had its fair share of surprises.

All the violence — and rape

Don't get me wrong, I knew people were going to die. It's a spy movie after all. However, silly old me thought it would be in explosions, gunshots or some spy-like martial arts moves.

Apparently, the Russians aren't about that. The movie has a lot of slaughters, torture and more than one rape scene. Seeing a rated R spy film sort of guarantees you'll see some violence, but if you're a super baby like me, this brand of violence might be a little hard to stomach. On the brightside, this is the worst part of the film, so if you can handle that, you're good to go.

JLaw barely kills anyone

That's right. For all the violence and straight up gore that this movie brings to the table, almost none of it is committed by Dominika herself. She only physically hurts people in a fit of passion at the beginning of the movie or when she has no other choice. Otherwise, Dominika survives through manipulation and intellect

alone, which is really impressive.

The multiple important female characters

There was certainly potential to make "Red Sparrow" a love story between Dominika and Nate Nash (Joel Edgerton), the American CIA agent in the film, and thus making Lawrence the only notable female character. Thankfully that's not the case. While Dominika and Nate do develop some level of a relationship, it isn't at all overwhelming or even close to the central plot of the movie. Moreover, there are several female characters, good and bad, that advance the plot of the film including a chief of staff to a senator, trainer in military school and fellow sparrow.

The unpredictable nature

It wouldn't be a spy movie if there weren't some questions about loyalty, right? What's impressive about "Red Sparrow" is that it's not really clear where Dominika's loyalty lies — or if she has any at all. The writers and Lawrence do a great job of keeping you guessing and many of the reveals in the film aren't obvious.

Overall, "Red Sparrow" met expectations in a surprising way. If you're into spy-flicks, this is definitely worth the watch.



STAFF PICKS: WHAT MUSICAL ARTIST HAS HAD THE MOST IMPACT ON YOU AND WHY?

By: The Current Staff

Carli Lutz, chief of visual design, said:

"I think Getter has had the most impact on me, especially recently. He's supported me through my art and inspired me to keep going even when I felt like I wanted to give up on my art and just throw it all away. But, he inspired me to keep pushing and to not care about what people think because there's always going to be people who support you no matter what."

Michaela Greer, co-editor-in-chief, said:

"I simply cannot say that any one artist has had the most impact on me because my music collection is just too expansive; not to sound like a 'stereohead' but it's true. So, I'll narrow it down to the women — since it's Women's History Month — and choose from the artists whose

tracks have been on repeat for me lately and go with India.Arie. For me, it's almost as if her soft, silky voice massages and plants within me true words of wisdom, hope and encouragement with songs like "Talk to Her," "There's Hope," "I Am Not My Hair," "This Too Shall Pass," "Wings of Forgiveness" and "Breathe."

Skylyr Vanderveer, multimedia manager, said:

"Music has always been a major part of my life. When thinking about the artist that has had the most impact, my mind instantly goes to Bono from U2. My parent's all-time favorite band is U2 and I have grown up listening to their music. There's something about knowing how passionate he is about life and his art that

inspires me. Bono also donates a lot of his money to those in need. Seeing someone so talented and willing to help the community around him truly does inspire me every day."

Jenna Kopec, co-editor-in-chief, said:

"I'm never going to admit this to my mother, but if I guess if I had to pick an artist that had a significant impact on me it would be Bon Jovi. My mom has had me listening to that band since I was in diapers. I remember when I was around 10, I finally began to understand 'Someday I'll Be Saturday Night' and it became my I-can-do-anything-song. Every now and then, when life kicks me in the ribs, I listen to it."

Nicole Chavannes, copy editor, said:

"It's difficult for me to pinpoint one musical artist that has impacted me most. As with all things, I'm indecisive. Right now, though, the artist that comes to mind is Shakira. Aside from her intelligence, her talent and her body positivity, I also admire the range within her music's subject matter. I find many of what I think are the facets of womanhood in her music, from independence and strength to heartbreak and being in love, and I think oftentimes I can find a song of hers to listen to no matter my mood."

OFF SHORE CALENDAR

Escape and Chill
March 20 | 7 p.m.
@Think Escape Games

Alice Cooper
March 21 | 8 p.m.
@Broward Center for the Performing Arts

Memphis
March 22 | 7:30 p.m.
@Broward Center for the Performing Arts

Friday Night Sound Waves
Presents Goodnicks
March 26 | 6 p.m.
@The Fort Lauderdale Beach Hub

Riverwalk Burger Battle IX
March 23 | 7 p.m.
@New River

FemAle
March 24 | 2 p.m.
@Huizenga Plaza

HAUTE
March 24 | 2 p.m.
@Ashanti Cultural Arts

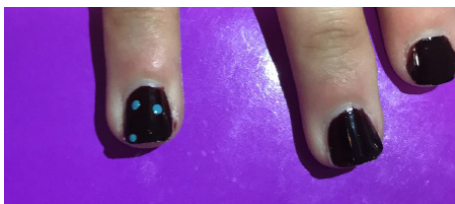
Easy and subtle: Cheetah print nail art

By: **Siena Berardi**
Contributing Writer

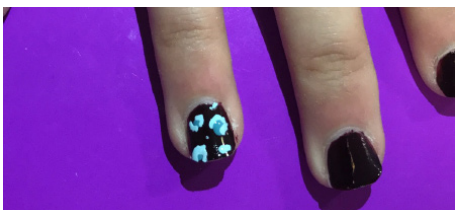
Nail art doesn't have to be difficult or pricey. If you like to have nice nails, but also like to be nice to your wallet, check out this step-by-step guide to a cheetah print design that is quick and easy.

Items needed:

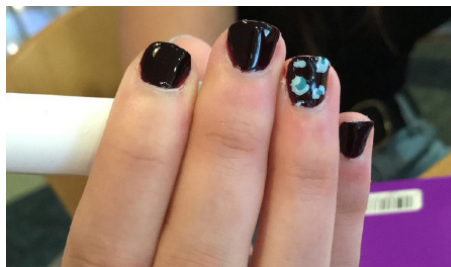
- Toothpick
- Bobby pin
- Base color of your choice
- Two different shades of the same color, one light one dark
- Top coat



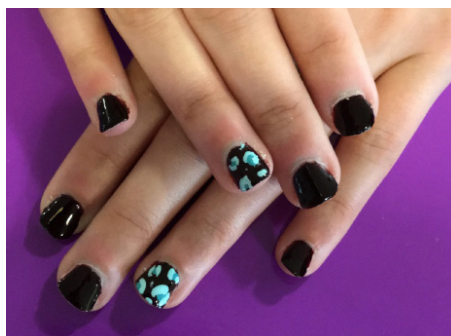
STEP 2: WITH THE DARKEST OF YOUR TWO COLORS, PLACE THREE DOTS ANYWHERE ON YOUR RING FINGER USING THE END OF THE BOBBY PIN



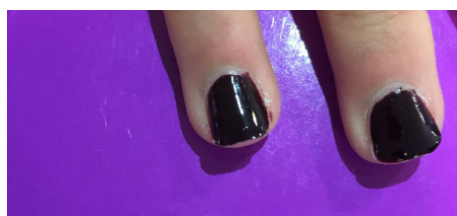
STEP 3: WITH THE LIGHTER COLOR AND TOOTHPICK, TRACE A HALF MOON SHAPE AROUND BOTH SIDES OF THE DOTS AND PLACE A FEW SMALL SPECKS IN THE EMPTY SPACES. LET DRY FOR FIVE MINUTES.



STEP 4: APPLY TOP COAT.



Now you've got a fresh, trendy manicure that didn't break your budget.



STEP 1: PAINT ALL OF YOUR NAILS A BASE COLOR. LET DRY.

FOLLOW US ON SOCIAL MEDIA FOR LOTS OF #QUALITYCONTENT INCLUDING NEWS UPDATES, VIDEOS AND MEMES.

@SUTVCH96

CHANNEL 96 SUTV
NOVA SOUTHEASTERN UNIVERSITY

Feel-good songs to get you through this half of the semester

By: **Siena Berardi**
Contributing Writer



PRINTED WITH PERMISSION FROM S. VANDERVEER
Music makes the semester a little bit better. Check out Siena's playlist for some feel-good jams

With the second half of the semester in full swing, everyone could use a playlist that helps them feel calm. As summer approaches, hopefully this collection of feel-good music will brighten your days.

“Good Life” by OneRepublic

OneRepublic has a knack for producing songs that elicit a feeling of being forever young. Sing this song loud into existence.

“Come and Be Alone with Me” by The Jungle Giants

“It’s alright, it’s okay, I didn’t need my sanity anyway.” Letting go and just living your life is this song’s theme. Its upbeat melody will inspire you to roll down your windows and drive anywhere.

“Just What I Needed” by The Cars

Whether you have a certain someone special in your life or not, this drum and synthesizer hit will have you tapping your foot. The ‘80s were full of feel-good music so this had to make the list.

“Unwritten” by Natasha Bedingfield

This inspirational pop classic has the power to uplift any spirit.

“Mine” by Bazzi

Becoming popular after a commonly used Snapchat lens, this single has the ability to make any listener feel warm and fuzzy inside.

“Waves (Tame Impala Remix)” by Miguel

Close your eyes and let this song’s flow move you to happiness.

“Pop Thieves (Make It Feel Good) [feat. Jaden Smith]” by Childish Gambino

This tropical track will have you feeling like it’s summer all year long. This is the perfect song for anyone looking for a happy track.

“King’s Dead” by Jay Rock, Kendrick Lamar, Future, James Blake

The most recent song on the list. All the features on this track make for a perfect blend that will have you singing along.

“Sky Walker (feat. Travis Scott)” by Miguel

Miguel will have you taming bulls and enjoying the moment.

“September” by Earth, Wind & Fire

Do you remember the 21st night of September? It doesn’t matter as long as you know how to dance and have a good time. Get your cowbell fix with this classic.

“Could You Be Loved” by Bob Marley & The Wailers

No matter your answer to that question, this song assures you that it is “yes.”

“Werewolves of London” by Warren Zevon

From the very first line of the song, you can’t help but grin at this musical oddity. It’s a silly song with no deep meaning where you can howl along. Who doesn’t love a good song they can howl along with?

“Peace Train” by Cat Stevens

Made in the decade of free love, there’s no doubt this soft song will make you feel light and free as if you’re right there on stage with him.

Feeling Anxious About Food? You have options. We can help.

Milestones in Recovery, located in Cooper City, has been helping both men and women recover from their issues with food addiction, bulimia, anorexia and binge eating, for over 18 years.

We understand the pressures adults are under with college, new living arrangements and new challenges. These stresses can trigger an eating disorder or revive a dormant one.

In addition to counseling, we teach our clients to shop and prepare meals, so they can navigate recovery in the real world.

You don’t have to navigate recovery alone, our therapists can help, so your eating disorder does not become your life.

We offer a free eBook “A Guide to Eating Disorder Recovery” that was written by Dr. Lerner our CEO. It gives an overview of our treatment philosophy, and practical ideas for support and recovery.

Free eBook



Contact Us:

Milestones in Recovery
2525 Embassy Drive, Suite 10
Cooper City, FL 33026
www.milestonesprogram.org
877 690-0218



ON DECK

BASEBALL

vs. Palm Beach Atlantic
March 23 | 6 p.m.
NSU Baseball Complex

vs. Palm Beach Atlantic
March 24 | 3 p.m.
NSU Baseball Complex

vs. Palm Beach Atlantic
March 25 | 1 p.m.
NSU Baseball Complex

TRACK & FIELD

@North Florida
March 23 | All Day
Jacksonville, Fla.

SOFTBALL

@Flagler
March 20 | 4 p.m.
St. Augustine, Fla.

@Flagler
March 20 | 6 p.m.
St. Augustine, Fla.
Feb. 7 | 6 p.m.

WOMEN'S GOLF

vs. Barry's Women Invitational
March 26-27
Miami Lakes, Fla.

WOMEN'S TENNIS

@Rollins
March 24 | 11 a.m.
Winter Park, Fla.

vs. No. 6 Academy of Art
March 25 | 10 a.m.
Winter Park, Fla.

**Baseball**

On March 8, the Sharks won their third consecutive game 12-6 against Lander. Senior Dylan Harris went 4-for-4 with four runs scored while senior Christian Kuzemka had three RBIs. Freshman Nathan Chevalier and sophomore Andrew Labosky had a combined four hits and five runs scored. The Sharks have averaged 11 runs per game in their three-win streak.

The following day, senior Nick Gallo delivered the game-winning single in the 12th inning after the Sharks let a 2-1 lead slip in the ninth. In their fourth consecutive win, Chevalier and Gallo finished with two hits each, and senior Michael Gizzi contributed three of the team's 18 strikeouts.

The Sharks' winning streak against Lander ended on March 10 when they lost 7-5. Chevalier had his first four-hit game, finishing the weekend 8-of-13 at the plate, and the three starting pitchers had a combined 31 strikeouts in the series.

On March 13, NSU won 10-2 against Southern New Hampshire with 15 hits combined and a season-high seven stolen bases. In his first career start, junior Gabriel Rodriguez struck out four in two innings before he was relieved by freshman Jarret Krzyzanowski who surrendered two hits over five innings. Juniors Ian Acevedo and Christian Demby, as well as Harris, finished with at least three hits each. Six different players swiped at least one base.

Men's Golf

The Sharks won 10th overall out of 18 teams at the Southeastern Collegiate on March 13. Junior Finlay Mason tied for ninth at even-par and earned his second consecutive top-10 finish. Freshman Tomas Millet tied for 27th at six-over par, while junior Juan Jose Guerra tied for 39th. Martin Larrea and Victor Jimenez tied for 63rd and 65th, respectively.

Men's & Women's Swimming

The Sharks had four Top 10 finishes on the first day of the 2018 NCAA Division II National Swimming and Diving Championships on March 14. Senior Franco Lupoli earned silver in the 1,000-metre freestyle — the highest medal of the day — while the women's 200-metre medley, consisting of senior Courtney DeVeny, senior Malin Westman, freshman Jenna Johns and senior Sydney Panzarino, won bronze.

On the second day of the championships, DeVeny earned her second national championship title in the 400-metre individual medley with a time of 4:15.39. Freshman Emma Sundstedt earned bronze in the 200-metre freestyle. In the 400-metre medley relay, DeVeny, Westman, Panzarino and junior Caroline Oster, took third as well.

Women's Tennis

Despite a strong start on March 8, the Sharks lost against the No.5 West Florida Argonauts 7-2. Junior Ana Navas and sophomore Isabella Lowrey tied the match 1-1 with an 8-4 win at No. 2. Sophomore Daniela Obando and junior Andrea Ivanovic gave NSU their only lead of the day winning 8-6.

The following day the Sharks fell short 5-4 against the West Alabama Tigers. The Tigers ended Ivanovic and Obando's seven-match unbeaten streak, though Navas and Lowrey prevented the sweep with an 8-6 win at No. 2.

On March 14, Obando had the only win for the team as the Sharks fell 6-1 to the Richmond Spiders.

Men's & Women's Track and Field

At the third annual Shark Invitational on March 14, senior Sydney Molina finished first in the discus for the third year in a row. Meanwhile, junior Kamaria Johnson won in shot put for her third consecutive year as well. Graduate student Daniel Polinski swept the throwing events on the men's side, setting a new school and Shark Invitational record in shot put, tossing only .07 meters shy of the Peach Belt Conference record. Senior Jazmine Elleston placed first in the long jump with 11.80 meters, while graduate student Amira Bendrif set a personal best in the triple jump with 11.81 meters.

Junior Brianna Law set a personal best and meet record in the pole vault, winning first, while senior Krystine Sora placed second. Junior Kyle Forsythe placed second for the men's team.

Senior Maddy Kenyon finished first in the 400-meter dash, while sophomore Nisha Bryant placed second in the 100-meter and sophomore Tiffany Brand placed second in the 800-meter run.

On The Bench:**Does Carragher really think that it's okay to spit on people?**

By: **Marti Bennett**
Contributing Writer

One can only wonder if Jamie Carragher would have ever spit on one of his rivals during his 17-year career as a defender for Premier League Club Liverpool, a prominent soccer team in England. Though soccer players tend to spit often, this maneuver is especially sickening when carried out upon a person.

This didn't seem to stop Jamie Carragher since a video surfaced on March 10 of him doing that exact thing. The clip shows Carragher spitting on a 14-year-old girl after her father taunts the soccer player following a loss — all of this occurring while the two men drive along

a highway. Viewers are able to hear the teen voice that Carragher had spit on her as the video comes to an end.

Though some might say that reaching this level of spit-trading intimacy with one's idol is a dream come true, this vile act proves Carragher's disgusting nature, and an apology isn't going to cut it — not that he's offered a real apology since the incident.

Numerous sites like ESPN.com have broadcasted Carragher's post-incident statements regarding the fan's daughter, where he said, "I wish she wasn't involved. I hate that

she was involved more than anything."

As a man hoping to preserve his image, Carragher's "apology" lacks sincerity and it doesn't really address the fact that spitting at anyone, regardless of age, is not okay. His statements really only prove his sole intention of trying to prevent himself from being negatively labeled.

Unfortunately for him, it seems as though many people, including his employer, feel the same way. Carragher was suspended from his job as a TV commentator for Sky Zone. Though his formal punishment has not yet been determined,

one can only hope that strong action will further condemn this unprofessional behavior. After all, as a representative of Sky Zone and as a Liverpool alumni, he has tarnished their image instead of improving it through his despicable actions.

Regardless of his punishment, Carragher's legacy will never be the same. Carragher must understand that with fame comes responsibility, and spitting on fans is not the type of publicity that will endear him to the public.

Finding Fitness: Functional Fitness

By: **Christina McLaughlin**

Opinions Editor

In the fitness community, a trend that has reached the surface is Functional Fitness. Basically, Functional Fitness is the term used for a type of fitness regime that focuses on making participants' daily life more productive. Ashley Borden, a celebrity trainer, stated on Rodale Wellness.com that it "focuses on exercises that mimic everyday life movement patterns that includes squatting, reaching, rotating and lifting."

Our daily lives involve exerting a lot of energy, and when you don't have the time or finances to go to the gym or a group exercise, something like functional fitness might be the next best thing. Not only does this style enhance and help daily activities, it also encourages those who don't consider themselves athletic to improve their health and wellness. Most of

these exercises have striking similarities to strength and conditioning classes which would be a perfect alternative if working out alone isn't your thing. Here are some daily activities that can be improved and supported by functional fitness:

Sitting: squats, lunges, core exercises

College students spend countless hours in the day sitting down taking notes and writing essays on computers and notebooks. All of these hours sitting can cause many problems in the lower back and legs. By doing activities that focus on this area a few times a week like dumbbell squats and walking lunges, can vastly improve the strain that is put on student's back and legs.

Lifting: arms, shoulders

Carrying around textbooks, groceries or other things can cause injury and muscle strains if the body isn't properly prepared to withstand the weight of these activities. Deadlifts, push-ups, kettlebell swings and similar exercises can improve upper body strength and take the strain off the upper body.

Walking: legs

It might seem like a simple activity that all children learn from a young age but if you walk too much or improperly, you can easily sprain an ankle or cause overworked muscles. By walking short distances or jogging you can improve your stamina. Another simple way to move your joints is to add a daily stretch to your morning routine. This can decrease the likelihood of injury and

further complications like arthritis and knee or other joint issues.

Neck strain: stretches, posture

Students are guilty of slouching and staring into their phone or computer. This seemingly harmless activity can lead to numerous neck and spine problems for most students. This can be improved by light stretches in the neck and trying to keep your head level when walking or even trying to improve slouching with the old "book method" of placing a book on your head and walking. This, of course, can be an extreme, so even sitting far into a seat and using the chair as a guide for your spine is a simple trick to improve pain and injury in the neck area.



ATHLETE OF THE WEEK: Sophie Madden



By: **Diego Galvez**

Sports Editor

Born in London, junior sports management major Sophie Madden is part of the women's golf team and was chosen as Honorable Mention All-American by the Women's Golf Coaches Association for the 2015-2016 season.

How did you start playing golf?

"When I was 8 years old, my granddad played. No one in my family played golf except for him. In my family, they are all soccer players — especially the boys — and my granddad is the captain of one of the golf clubs back home in England. He took me out for group lessons one day and he told me that I had a natural ability for it. Then, I took single lessons and carried on playing till this day."

How did you find NSU given that you are from England?

"I got recruited by the coach that was here before. She went to England to watch tournaments and I went here to play tournaments and that's how she found me."

How is it different being in the golf team here?

"In the golf side, it is very similar. The only difference is the American culture and the weather here in Florida — which it's a lot better — at least for my game since it's better here."

What's your relationship like with your teammates?

"We get along super well. We are super



PRINTED WITH PERMISSION FROM D. HENDRICKS
Sophie Madden started her junior season with three Top-15 finishes and was part of the English School's golf team.

close. I mean, it's only seven of us. We are not all best friends, but we are really close in many aspects and any one of us would definitely help another one."

What about your relationship with your coaches?

"It's really good. We have a good ratio of coaches and the men's coach now was our assistant before, so we get along with him pretty well and Heather [the women's golf head coach] is great. She's always helping us."

How do you manage school while being a student athlete?

"It's ok. Sometimes it's super hard. If

you have tournament after tournament after tournament, that makes it hard to keep up to date. For example, if you have an eight-week Monday night class, it's hard because you miss like four of them. It's not easy, but you just manage your time and figure things out. The professors here at NSU are really helpful so that makes it better."

Do you think that golf is going to play a big part on your life later on?

"Yeah, definitely. It is something I love. I love it. It's something that I enjoy. So, if I'm coaching or anything, as long as I enjoy it, it is going to be fine."

What are your future plans?

"Right now, my plan is to graduate. After I graduate, I'm going to try and be a graduate assistant here in South Florida for a golf team, get my master's in business or marketing — which could take me up to 18 months — and then focus on my profession if things are going well in my plan. But you never know, I could go home back to England. But, right now that's the plan."

Do you have any anecdotes from your years spent on the team?

"In my freshman year, it was the National Festival DII, which means that it wasn't just golf, but it was everybody's nationals. It was golf, softball and track and field all in the same place in Denver, Col. That was pretty cool because I had activities every day and we ended

up coming third. I came ninth by myself, so I did pretty good as a freshman. It was really my favorite [because] I had never been to Denver. We stayed in the downtown which was pretty crazy."

How do you see yourself differently from your freshman year?

"You can ask literally every one of my teammates because I'm a totally different person. My freshman year I was so homesick — like really, really homesick. Just because everything was different, you know? The culture, the people and I missed my family and friends. My golf game has gotten a lot better. I've learned how to score better and now some of my best friends are here. I also got a car which was something that I didn't have in my freshman year and that is a big factor since I've gotten to use it."

What do you like most about Florida?

"The weather definitely. That was a really easy question for me. But also, America in general is cool, especially South Florida since it's like a melting pot of everyone. But, the weather is my number one reason."

What's the thing that you miss the most about your home?

"As a whole, probably the culture. We have like a big, social culture. Not just with your friends, but with your family. So, I do miss my family, I am really close to my family and my two younger brothers who are twins. And the

OUT OF THE SHARKZONE

UMBC becomes first 16 seed to beat No. 1 seed

The University of Maryland, Baltimore County caused the biggest upset in NCAA tournament history on March 16 when the No. 16 Retrievers defeated the No. 1 Virginia Cavaliers 74-54. According to ESPN, the Retrievers never trailed in the second half, beginning it with a 17-3 run. Nolan Gerrity, forward for the Retrievers, said of the win, "We knew we could play with them. Somebody had to be the first [16 to win]."

Daria Kasatkina wins BNP match against Venus Williams

20-year-old Daria Kasatkina beat 37-year-old Venus Williams in their semifinal match at the 2018 BNP Paribas Open on March 16, according to USA Today Sports. Kasatkina had a 4-6, 6-4, 7-5 win against Williams and secured her first ticket to the final of a Masters series. Later, Williams said of the defeat, "Yeah, you know, she just played a little better at the end. It was really pretty much that simple."

Nate Oats sparks NCAA controversy for criticizing Kentucky coach for 'whining'

Buffalo basketball coach Nate Oats came under fire on March 15 after claiming Kentucky coach John Calipari was "whining" about his team's youth. According to USA Today Sports, Oats said of the Kentucky coach, "Calipari's been whining about no experience — young, young, young. Well, we don't have that problem. We got some veteran guys." Oats then "clarified" his comments on March 16, saying he meant no disrespect to Kentucky and that he misused the word "whining," but maintained that "We're experienced, they're inexperienced. It is what it is."

Tiger Woods disappoints at Arnold Palmer Invitational

Though he started off strong in the opening round on March 16, Tiger Woods will begin the third round of the Arnold Palmer Invitational seven shots behind the lead. According to USA Today Sports, Woods started the day with a bogey, made another bogey at the ninth hole and finished with only two birdies. Woods said of his performance, "Today was a hard fight ... I didn't hit the ball close, I didn't hit the ball well, but I was just hanging in there."

It's not a drinking holiday

By: **Christina McLaughlin**

Opinions Editor

The spring months are fast approaching which means time for outdoor events, barbecues and other gatherings for friends and family. Most of these events are sanctioned around popular holidays like St. Patrick's Day, Cinco De Mayo, New Year's Eve and Fourth of July. These holidays serve a significant purpose of celebrating historical triumphs and celebrating the lives of important figures in our community and in our personal lives. These holidays are all well and good until they turn into an excuse to drink alcohol and ignore the actual significance of these holidays.

According to Encyclopedia Britannica, St. Patrick's Day is celebrated on March 17 to honor the life of the Patron Saint of Ireland who spread Christianity throughout Ireland and taught Christianity by using the shamrock to explain

the Holy Trinity. Major cities in the U.S. with a strong influx of Irish-American immigrants hold lavish celebrations, festivals and parades to celebrate this holiday such as Boston, New York, Chicago and Pittsburgh. Even though this holiday is steeped in the tradition of wearing green and shamrocks in Ireland, it has evolved in America to involve drinking in heavy excess and pub or bar hopping throughout the day trying to find the best pint.

An article in the Chicago Tribune found that on St. Patrick's Day, "spending in the U.S. has climbed to more than 4 billion dollars annually." That's a lot of alcohol and green drinks. But this hasn't always been the case. In fact, Time magazine states that until the late 1970s, pubs in Ireland were actually closed on this holiday because it fell within the season of

Lent. Strict Catholics felt it was sinful to indulge in drinking during lent.

Another unofficial drinking holiday in the U.S. is Cinco De Mayo. According to the History Channel, on May 5 the Mexican people celebrate the unlikely victory against France in the Battle of Puebla during the Franco-Mexican war in the late 1800s. In Mexico, this holiday isn't heavily celebrated, but in the U.S. it's become an excuse for people to wear sombreros and down tequila. It's evolved to the point that the pride of Mexican heritage on this day has led people to confuse this day with Mexican Independence Day, which is actually celebrated on Sept. 16.

These holidays represent the histories of both of these countries and hold strong symbolism of national pride for immigrants

from both Ireland and Mexico. Over the years, the truth behind these celebrations has been overshadowed by over-the-top alcoholic displays that Americans tend to put on in solidarity with these immigrants. But if that's the reason, then why encourage the stereotypes that come with these cultures? Don't call yourself an Irish drunkard, leprechaun, a mariachi or a "border-jumper." That is perpetuating the toxic stereotypes that these immigrants face every day and it turns a celebration of their culture into a day to correct the ignorance of others. There is nothing wrong with drinking some tequila or Guinness on these holidays since these countries do both create these alcoholic beverages, but don't make it the reason and only way you celebrate these holidays.

Easter: From religious tradition to shallow marketing

By: **Diego Galvez**

Sports Editor

When you think of Easter, what's the first thing that comes to your mind? For Christians, the word means the resurrection of Jesus. According to crosswalk.com, this Christian tradition began in 325 A.D. as a way to remember the resurrection of Jesus from the tomb on the third day after his crucifixion. However, for many individuals, the word Easter is often associated with a bunny hopping through the woods and laying colorful eggs all around.

Easter has been considered a predominantly Christian tradition since the inception of the celebration. However, according to History.com, many historians believe that German immigrants spread the use of the rabbit as a symbol for this celebration although those associations come from pagan celebrations or beliefs.

In countries where Christianity is the prominent religion, this celebration is very

personal. Yet, in the U.S., this tradition has shifted from religion to a marketing strategy that companies use in order to boost their sales within the season. Such is the case from one of the first companies that commercialize the holiday, David C. Cook Company. This large Protestant publisher from Chicago was one of the first companies that saw the profit in selling suitable decorations and inexpensive gifts, especially targeted toward religious schools where teachers would give their students small holiday mementos. This approach must have made the company a lot of profit since it began to sell more merchandise around the holiday since.

Following the success of companies like the aforementioned, Easter celebrations became what is now a marketing exploitation of a religious event. Many people, especially kids,

only associate this celebration with chocolate bunnies, stuffed eggs and egg hunting – which has no religious significance to Easter and was later introduced once the holiday was established in the U.S.

The religious aspect has become a secondary theme when it comes to Easter. This is a clear example of how companies exploit all kinds of holidays to make it profitable for them, even if it's disrespectful for those celebrating from a religious aspect. Halloween and Christmas are other examples of how companies have commercialized holidays to make a profit.

Trying to take advantage of a holiday, religious or not, is a clever way for companies to boost their sales and try to be more relevant in those seasons. Almost every single candy company releases an Easter limited edition for of their product. Reese's, for example, releases

multiple Easter-themed candies that are widely popular during this season. The Cadbury Creme Eggs are another example of these famous Easter candies that are only released during this season. The options are unlimited but the fact that they go above and beyond to exploit the holiday for their benefit says a lot about their ethics.

Although not every company tries to do this on purpose and some of them stay away from religious merchandise for a reason, that doesn't make it any less wrong. Companies should try to draw a line that separates responsible and ethical sale strategies that take advantage of a holiday to make the public buy their products. I'm not saying that they can't sell products at all to commemorate these holidays, but it should only be done if the companies recognize and value the holiday for what it is.

Hold the chips and double up on the action

By: **Jenna Kopec**

Co-Editor-in-Chief

Ladies, in case you didn't think that all of your problems were solved when Doritos announced the release of chips that won't stain our delicate lady hands or give away the fact that we eat by making a crunch, McDonald's wants you to know that they have your back. That's right, everyone's favorite nugget supplier flipped its logo on social media and in some locations on International Women's Day to show the world that they get it.

If you don't feel impressed by this grand gesture, you're not alone. The internet, particularly Twitter, ran just as far with the McDonald's story as it did with Lady Doritos and Bic for Her pens. And rightfully so. As feminism is becoming what seems like a larger part of the national conversation, businesses of all kinds have tried to incorporate it into their marketing. Some of them laughably fail while

others, like Garnier Fructis and CoverGirl, seem to get away with it. But, what every company seems to miss about marketing to feminists, or women in general, is that none of their products or stunts actually help women. They're just really, really stupid.

Women are fighting a social narrative that works against them, threatens their reproductive rights, encourages discrimination in the workplace, and facilitates unequal pay, bias in education, unpaid work in the home and rape culture — you get the picture. The upside down 'M' is nice and all, but that doesn't matter much in a society where my right to accessible birth control is up for debate and acts of violence against me are framed as being my own fault.

We don't see advertising campaigns or programming incorporating these issues, despite their roots in actual feminist discussion and

agenda. We don't see these in our marketing campaigns that "empower" women because they are all controversial issues that aren't marketable on a mass scale. A beauty campaign that takes aim at the pay gap or a woman's access to abortion will surely isolate some part of the public, and may even garner bad press if there's any level of contradiction to these values within the corporation. Feminist ideas and social change aren't a natural fit for businesses, especially for those with a broad audience. It's much easier to give a backhanded compliment to women in the form of half-hearted advertisement than to speak out about what women actually need.

So, instead of a "Jane" Walker printed on a whiskey bottle — yes, that's an actual thing — why not create a campaign that gives a portion of proceeds to non-profit organizations that support women, women's shelters or even Planned

Parenthood? Instead of wasting your efforts developing chips that don't crunch too loudly, why not raise awareness about or donate to organizations that combat eating disorders, which disproportionately impact women? Instead of turning your logo upside down, why not raise the wages of your employees and advocate for a raise in the national minimum wage which would help the millions of women who Oxfam America says make up the majority of lower wage workers?

The answer is probably because all of those campaigns would cause some backlash or are a lot of work that companies aren't willing to put in. But the truth is that's how you support women. Actions speak louder than logos.

Kendall needs us, too

By: **Jenna Kopec**

Co-Editor-in-Chief

It seems like South Florida just can't catch a break. From Hurricane Irma last year, the Parkland shooting just a month ago and now the bridge collapsing at Florida International University, there's a lot of tragedies that we've been asked to give our attention to. And even though it may feel exhausting, we need to show support for the families that were impacted by the bridge collapse, the same way we showed up before because that's what communities do.

After Irma, I remember several fundraisers to support people who lost their house and we all started talking about climate change. After the unthinkable happened in Parkland, the community rallied, raised money and forced a national dialogue to ensue. We all know that it could've have very well been us or our families in either of those situations.

It could've very well been any of us driving under that bridge on March 15.

After learning that at least six people have died as of March 16, including FIU student Alexa Duran, and with so many still missing at the time of this writing, it shouldn't be a question that we show support in whatever way we can; whether that be through donating to GoFundMe pages set up to support families, or through an honest dialog about how this could've been prevented.

According to Local 10 News, the bridge was supposed to be built with "time saving

technology" by a construction company that was being sued by Florida International Airport for shoddy work on a bridge there. Don't let that fact fall through the cracks in the discussions that follow this tragedy, as we make steps to make sure this never happens again. Also, keep FIU, the victims and their families in your hearts.



Seriously Kidding

A satire column.

Young man angry, claims he was falsely accused of being mad

By: **Jenna Kopec**
Co-Editor-in-Chief

In response to what he says was an inflammatory comment made by the university administration, Andy Gree, sophomore biology major, posted a 15-minute Facebook video explaining “his side of the story.”

For 12 minutes, Gree addressed the inflammatory comment which was “I know you are upset, sir.” Gree said he wasn’t upset and the attribution cast him in a negative light. The remaining three minutes were a plug for Gree’s blog, “Rant About It.”

The video comes two days after what Gree calls a “major incident” with a staff member at the university bookstore, who he insists is a member of the “university administration” despite facts and definition of the word administration proving otherwise.

After requesting a specific sweater from the store, Inno Sents, a freshman who started working at the bookstore at the beginning of the semester, informed Gree that the store was in

fact no longer carrying the sweater. What ensued was what witnesses called “a full on rant.”

“He seemed really worked up about it,” said Sents. “So I was just trying to do my job and I said ‘I know you are upset, sir’ and he went completely ballistic.”

Sents and witnesses say Gree accused her of being purposefully inflammatory.

“I wasn’t upset, I just felt personally attacked. People are always trying to put a negative stint on emotions,” said Gree. “And for the record, I wasn’t yelling; I just felt really passionately about what I had to say.”

Gree has filed a formal complaint with the university, to which Human Resource representatives have replied. The office recommended that Gree consider counseling, which he said was also inflammatory. He said he plans to take further legal action against the university.



‘Automatic’ doors should open automatically

By: **Jenna Kopec**
Co-Editor-in-Chief

NSU students are opinionated about all kinds of things, from universal social issues to NSU-specific concerns. Sometimes, however, we Sharks just need to rant about the smaller things in life to let off some steam. In this column, The Current asks: water your thoughts?

In general, I ask for very little. I don’t complain often about having back-to-back classes in different buildings or that I can never get a semester without a morning class. But I’m drawing the line at what the university claims are “automatic doors.”

Those stickers are all over campus — you see them more than you see advertising

for events. It seems like only a handful of the doors actually open automatically; I thank Alvin Sherman for those every day. The rest you’re expected to pry open with whatever strength you’re able to muster like a starved mole rat trying to lift the lid off a pothole. It feels like those doors weigh three tons more than normal, so I don’t dangle the hope that they might open themselves in front of me. That’s just cold.

I don’t care that I have to open the door; I’m not that self-entitled. But, for the sake of all that is Carl Desantis or Don Taft, can we just take the stupid stickers off the door so that I don’t get my hopes up every time I’m late for my 9 a.m. class?

SHARK SPEAK

WHAT ARE YOUR THOUGHTS TO THE ANNOUNCEMENT OF THE RECENT CHANGES IN RESIDENTIAL LIFE AND HOUSING SLATED FOR NEXT YEAR?



“Nothing really changed for me since I’m in Razor’s Edge because we have to stay in Commons. However, I really don’t like that fact since there are no facilities like a community kitchen in Commons so it’s [going to be] another year of not being able to cook food on my own. [Even though] Razor’s Edge is a scholarship and a privilege to be part of, we should be able to have rooms with a kitchen or something that resembles a kitchen.”

- **Aaliyah Rigby, freshman environmental science major**



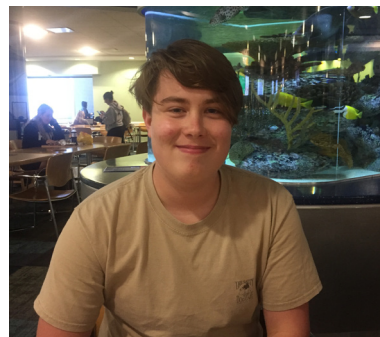
“As for the new changes to residential life and housing for the junior and seniors who have to move to Rolling Hills, I personally do not like the idea because many residential students do not have cars. So, they will have to rely on the Shark Shuttle, which does not work. So, they would have to change that and as for the pricing, I feel like it is it an exaggeration because the rooms are exactly the same. Nothing has changed for it to be more expensive and especially for those students who don’t have scholarships and have to pay from their own [pockets] and have to live on campus because they have no other option, it’s just very inconvenient.” mething that resembles a kitchen.”

- **Oriana Lopez, sophomore international studies major**



“I believe that the rise in prices is unfair to all residential students who are currently living on campus as well as incoming freshman and I also believe that the new housing process is definitely not ideal, not efficient and should be completely looked at and overhauled.”

- **Luke Dombroski, freshman political science major**



“I don’t really know much about the housing process. The only thing I really know about it is the big changes with who are living in what apartments and [residence halls]. I honestly don’t mind the changes, I don’t really see a big deal, but the rise in prices is not ideal at all.”

- **Garrett Hardy, freshman marine biology major**



“Being a freshman right now and upcoming sophomore, I have more options because we have to move in to either FFV, CLC or Commons or one of the apartments if you have enough credits. I feel like it’s better for us because moving in to one of the apartments makes us more independent since we have our own space.”

- **Dominique Brown, freshman behavioral neuroscience major**



NOW OPEN

**Monday - Friday
7:30am - 8:30pm**

**Saturday
7:30am - 2:00pm**

DeSantis Building



We'll Help you survive exams!

NSU ALVIN SHERMAN LIBRARY

Monday, April 23 - Friday, May 4

**FREE SNACKS, COFFEE, AND MORE!
5pm - 6pm (while supplies last)
& EXTRA STUDY ROOMS**

Library Extended Hours

Saturday, April 21 - Saturday, May 5, 2018

7 a.m. - midnight



Night Owl Study

Midnight to 7 am

Safe & Secure

NSU STUDENTS ONLY
(must show your NSU ID)

**HPD Assembly II Building
3200 South University Drive
954-262-3106**

<http://nova.campusguides.com/hpdhrs>

Alvin Sherman Library REFERENCE HOURS

Sunday: 11:00 a.m. - 7:00 p.m.
Monday: 10:00 a.m. - 8:00 p.m.
Tuesday: 10:00 a.m. - 8:00 p.m.
Wednesday: 10:00 a.m. - 8:00 p.m.
Thursday: 10:00 a.m. - 8:00 p.m.
Friday: 10:00 a.m. - 6:00 p.m.
Saturday: 12:00 p.m. - 8:00 p.m.

refdesk@nova.edu

954-262-4613