NSUSGA Week: Did You Miss Anything?

by Caleb Kennedy
Staff Writer

Last week, September 18 through September 22, was Nova Southeastern University Student Government Association (NSUSGA) Week. The SGA planned this event to promote student government events and committees. Here is a recap of what happened on each day and what food you missed. There was FREE food at every event! I am a big fan of free food as I am a rather poor student even by college standards. So I feel it is my duty to inform Knight readers of the free food missed.

Monday: Meet your SGA

SGA members were out in force to pass out surveys, distribute Frisbees, cups, picture frame magnets, and, of course, food and drinks. The survey was designed to test students on their knowledge of the SGA. This was an informative event with SGA members available to answer questions that students might have about the SGA. Jessica Montes, Public Relations Director, challenged the senators to get to know their constituents by introducing themselves to constituents by introducing themselves to constituents by introducing themselves to constituents by introducing themselves to constituents.

Tuesday: Transportation Day

Several SGA members turned out for this event including Commuter Senators Stephen Richards and Francesca Russo. Representatives from Tri-Rail were present to inform commuters of alternatives to driving to school everyday. Cookies, water, and soda were available along with pens, water bottles, and Tri-Rail information. This event was okay but unfortunately the time did not seem to see NSUSGA on next page

A New Minor at NSU

by Peter Salerno
Associate Editor

A new minor is about to emerge out of a glass test tube here at Nova Southeastern University. The new minor is a part of the Math, Science, and Technology department’s various majors, which include Life Sciences (premedicine) and Ocean Studies.

The new minor will be in the field of general chemistry and will require the normal eighteen credits to complete. However, it is possible to apply three credits from the student’s major to his or her minor. Such classes could include biochemistry, one of the general chemistry offerings or organic chemistry (I or II) classes. Also, it may be possible to apply the credits from an independent study toward the student’s minor requirements. This would leave fifteen credit units for the student to complete to earn a minor in chemistry. A minor in chemistry may make a student’s profile more noticeable to future admissions committees in any of the various medical professions - medicine, optometry, dentistry, and the physician assistant program.

The minor consists of a tentative schedule of classes set to start this upcoming winter, including a plant drug analysis class taught by Dr. Robert Pomeroy. The rest of the classes will include environmental chemistry (the...
Health Corner:
October is National Breast Cancer Awareness Month

Press Release from the Wellness Center

Breast cancer is the most common type of cancer among women. Maybe you think you are too young to be worried about breast cancer, but you are never too young to take preventative measures. For anyone who has experienced the horror of being diagnosed with a cancerous cyst in their breast, or has been with a close loved one who has, they know it is not an easy thing to go through. No one knows how to prevent breast cancer, but there are certain things you can do to lower your risk.

REDUCE YOU RISK WITH LIFESTYLE CHANGES:
1. Exercise: Just 1 to 3 hours of exercise a week may lower your breast cancer risk by 30% or more.
2. Eat fruits and veggies!
3. Eat less fat.
4. Avoid alcohol: to lower your risk, avoid alcohol or limit yourself to no more than 3 to 5 drinks a week.
5. Get plenty of antioxidants (vitamins A, C, and E).
6. Be cautious about estrogen replacement therapy and do breastfeed your baby.
7. Check your breasts. Many breast lumps are found by women themselves. Ask your health care provider to show you how.
8. Have regular exams.
9. Find out about mammograms.
10. Attend “Eating to Reduce Breast Cancer Risk,” a presentation sponsored by the Wellness Center and the Women’s Resource Institute. Learn about the powerful foods that help reduce the risk of breast cancer, what makes them so powerful, and how to deliciously incorporate them into your life.

FEATURING:
Catherine H. Powers, MS, RD
Nationally known author and leader in the nutrition field

WHEN:
Thursday, October 5, 2000
12:00 – 1:00 p.m.

WHERE:
The Women’s Resource Institute
A healthy lunch will be provided.

Seating is limited. To reserve your seat, please call the Wellness Center at 262-7840 by Thursday, September 28th. If you have any further questions, call the Wellness Center, or the Women’s Resource Institute at 262-8451.

NSUSGA Week Review

from cover page

venient for most students, who did not stop by on their way to class.

Wednesday:
Campus Entertainment Committee (CEC) Day

This was by far the best event of SGA week. There was a mini club fair, music playing from Radio X, a barbecue, information about homecoming, bubble pens, beach balls, magnets and assorted other freebies.

CEC is sponsoring an trip to see the Counting Crows and Live in concert. CEC will pay the full cost of the tickets, transportation, food and drink so it only cost $20 for Nova students. It would cost at least $37 dollars for the ticket and transportation alone. This is a great deal! Craig Dean, the outside events chair for CEC, said, “I really look forward to seeing Live. They are a great band and I am happy to be able to make this a CEC event.”

German Coppola, Francesca Russo, and Jen White got into the spirit of SGA Week by dressing up for the occasion.

Chem Minor

from cover page

study of chemical reactions in natural systems, geochemistry (the study of the chemical compositions of the earth), great experiments in science (about important experiments in biology, chemistry, and physics), the history of chemistry (to discuss famous scientists and the theories they developed), plant drug analysis (about the production of medicinal drugs from plants) and special topics in chemistry (to further develop ideas in the general chemistry courses). Several other chemistry courses may be offered starting next year, including Bioinorganic Chemistry, Chemical Analysis, Clinical Chemistry, and the Chemistry of Natural Products.

Students who are interested in pursuing a minor in chemistry should become aware of these classes and look for them in the upcoming course schedules starting next semester. As of right now, freshman and sophomores should be able to complete the minor requirements throughout the rest of their time here at Nova.

The program is being designed to be completed by incoming freshman who know what their major is, preferably some field in science, and who also want to complete a minor in chemistry. Upperclassmen may find it hard to complete the minor without rearranging their schedules, including the addition of various summer sessions. Interested students should speak with their advisors for more information.

A special thanks should be extended to Drs. Robert Pomeroy, Edward Keith, and Vic Shanbhag along with the rest of the MST staff for their time and efforts in making Nova and their students more competitive in the growing field of graduate school admissions. Hopefully, the new chemistry minor at Nova will be the fuel to launch the various other programs into expansion and further development.
IMAN Looks Forward to the Year Ahead

by Angel Ali
Contributing Writer

The International Muslim Association at Nova (IMAN) held its first meeting of the year on Tuesday, September 12 at the Flight Deck’s Conference Room. The meeting began with a brief overview of the organization’s origin by its new president Aliyya Hosein, who respectfully mentioned the club’s previous President and originator Rabia Halim, who began IMAN in 1998 and graduated last year. Hosein looked forward to increasing prosperity for the upcoming year, saying, “The club has grown tremendously since it was started a few years ago, and I hope to see this continue.”

A brief introduction of the all new e-board followed. The sense of newness was reflected by the burgeoning of thoughts and ideas and the multitude of bright prospects for the upcoming year. Among the events and topics planned and discussed were homeless shelter feedings, dinners for the opening of fast during the Muslim Holy Month of Ramadan, religious discussions, social activities, and perhaps the most innovative goal of weekly Friday prayers.

IMAN’s social coordinator Hina Siddiqui said “The majority of campuses in Florida offer Friday prayers for its Muslim students and Nova should not be the exception. This is a great way to solidify the Muslim population here.” Students seem to agree. Osman Qureshi, a freshman at Nova said, “As a new college student, seeing Muslim students united and coming together for prayer was a new experience for me.” The first prayer was held on Friday, September 15. A fifteen-minute speech was given by Imam Mufti Syed M. Hasan and prayer followed shortly after. Subsequent prayers for the year will include a brief speech from 1:30 to 1:50, followed immediately by prayer.

Aside from the new e-board, there were many new faces at IMAN’s first meeting of the year. Sanober Tapia stated, “I had never had the opportunity to be actively involved with my religion with other Muslims my age and I felt that IMAN might give me that opportunity.”

The turnout for the first prayer gathering was just as promising. Aside from the many new undergraduate students, HPD students and even members of the community were present. The e-board members stressed that Friday prayer was open to any individual wishing to attend. “Prayers are open to everyone,” said Mohsin Siddiqui, IMAN Secretary, “from faculty and staff to undergraduate and graduate students to members of the community, regardless of whether or not they are members of IMAN.”

Educating members about Islam is also an underlying goal for IMAN. For this reason, non-Muslims as well as Muslims are welcomed and even urged to attend IMAN meetings and activities. Vice President Ayaz Khan stated “We would like to see non-Muslim’s attend our meetings as well so that they can gain a better understanding of our religion, which will aid in alleviating misconceptions and bringing us together.” Anyone interested in IMAN should contact its President Aliyya Hosein at hoseina@nova.edu for any information.

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Saturday
9 - 5
Flight Deck Fun

by Dan Grenier
Contributing Writer

The Flight Deck, located above NSU's cafeteria, provides a nice atmosphere for fun, especially on Monday and Friday nights. On Monday the Flight Deck has its Monday Night Football party. Free food is provided, such as subs, nachos, and pizza. To reiterate, free food is provided. Drinks are no longer free, but soft drinks are inexpensive at $.50 apiece, while alcoholic drinks are well priced from $1 to $3.

If you don't have an early class on Tuesday morning, the Flight Deck is the place you should be on Monday nights. As always you can play ping-pong or pool for free all night long. The football game is on every single television, so you can get a good seat anywhere. The game is also shown in the theatre room on the large screen projector. The Flight Deck provides a relaxing and fun place to catch the game with your friends. It is also a great time to come out and meet new people on campus.

Everyone watched a great game when the Dallas Cowboys pulled a big upset as they edged out the Washington Redskins, 27-21. Washington is considered a Super Bowl contender due to their expensive off-season in which they brought in players such as Deion Sanders and Bruce Smith. They also had a very impressive draft getting LaVar Arrington from Penn State. Their revamped defense was supposed to carry them to the Super Bowl, but they have stumbled to a 1-2 start this season. Dallas is in a period of rebuilding right now. They have aging veterans, such as Troy Aikman and Emmitt Smith, and lost superstars Michael Irving and Joey Galloway to injuries. They are now lead by veteran quarterback Randal Cunningham who had an impressive game Monday with two touchdown passes, one of which was a 76 yard pass to Chris Warren. The Cowboys have defeated the Redskins in six straight meetings.

The Flight Deck offers even more fun on Friday nights when TGIF hosts a karaoke party. Once again, free food is provided, so make sure you hurry because it doesn’t last long. A large catalog of songs is available if you are brave enough to get up and sing. No matter how much of a fool you make of yourself, everyone will tell you that it is a blast to get up and sing your favorite hit. It may not be wise to stand next to the windows in the Flight Deck when your best friend sings. However, some students have been a big surprise and can sing very well, much to the delight of the crowd. Even if you don’t have the guts to get up and sing, karaoke nights are a great time to come out and mingle with the rest of the students before you head out for the real fun of a Friday night.

Karaoke in the Flight Deck...does it get any better than this?

In The Bathroom, Two is Not Better Than Three

by Caleb Kennedy
Staff Writer

Is two better than three? I ask myself this question as I go into the first, second, and third floor bathrooms in the Parker building. Yes, there has been some remodeling of the bathrooms. Yes, the bathrooms do look nicer in the omnipresent beige tile. But what about functionality? Why couldn’t the bathrooms just be remodeled with the new tile?

Instead, one of the very functional bathroom stalls is missing in each bathroom on each floor not to mention urinals. Some female students voiced their concern about the inconvenience of having 33% fewer bathroom stalls. Will the decrease in restroom capacity have an adverse effect on the female faculty, staff, and student body?

Females represent almost 70% of the student body. The only reasonable, possible, or acceptable explanation for the reduction in bathroom capacity is that the previous layout of bathrooms stalls here at NSU violated the Americans with Disabilities Act of 1990 (ADA).

On the web anyone can find out more about the ADA, obtained at http://www.lstate.com/smoke/ADA_Handbook/ADA.txt, which might be pertinent to the Nova community. The law says that any person, group, or organization must make reasonable accommodation to persons with disabilities. The law defines “reasonable accommodation” as making existing facilities used by employees readily accessible to and usable by individuals with disabilities.

Finally, if a violation of the ADA is not the case, was the whole remodeling just an attempt to increase the aesthetic appeal of the bathroom? Bathrooms in Parker are not used because they are splendidly decorated or exciting but because they are functional. There should be a good explanation for the drastic reduction in bathroom capacity. Keep in mind the student, who just ate his/her Aramark lunch and now has to run to the bathroom, of course.

Stressed? Can’t Deal?
Help is Available.

by Althea Mease
Staff Writer

Feeling stressed out? Need someone to talk to? Help is available from the student counselors at the Wellness Center. The University provides free counseling services to all registered students (aside from masters and doctoral students in the psychology program) by appointment.

All counseling sessions are confidential, and are held with student counselors. The counselors are practicum students from the Psychology Doctoral program, participating in the optional program to fulfill a requirement for graduation. Six therapists work at the clinic, and each has ten to twelve clients at any point in time. Counseling sessions are typically held on a weekly basis, but biweekly appointments are available as well. Appointments are available for both individual and couple therapy.

The clinic is located on-campus in the Maltz Psychology Building. Appointments are available from Monday through Thursday, 8AM to 9PM, and Friday from 8AM to 9PM. Walk-in appointments are only available for emergency cases. To make an appointment with a counselor, call the clinic hotline at 262-7050. For more information on the services, call the Wellness Center at 262-7040.
MD vs. DO - What is the Difference?

by Peter Salerno
Associate Editor

Two types of physicians are licensed to practice in all 50 states, MD (Doctor of Medicine) and DO (Doctor of Osteopathic Medicine). Both degrees require four years of medical school plus internship and residency training in a specific field such as surgery or internal medicine. Nearly everyone is familiar with the MD degree, but DO trained physicians are becoming more recognized and noticeable. There are currently 19 osteopathic (DO) and about 120 medical (MD) schools in the United States with new programs developing every year. Florida State University is starting an MD program in August of 2001.

So what (if any) is the difference between the two types of doctors? Actually, there is a distinction between the two types of doctors and it lies in their philosophy and approach to the treatment of disease. Osteopathic medicine is distinguished by an emphasis on primary care, utilization of manipulative medicine, and a tradition of caring for patients in undeserved rural and urban areas.

A Civil War battlefield doctor by the name of Andrew Taylor Still (1828-1917) grew quite discouraged with contemporary medicine after losing three of his children to meningitis in 1864. In 1874, the soured Missouri country doctor combined his own beliefs and experiences with the practices of several alternative disciplines to form osteopathy (from "the word os [bone] and the word pathology," Still wrote), which emphasized the interconnectedness of the musculoskeletal system and the body's innate ability to heal itself. Dr. Still developed the first school of osteopathic medicine in Kirksville, Missouri. It taught his revolutionary theories and ideas of alternative healing through body manipulation and the realignment of various bones like the cervical spine.

Up until this time, MD doctors were the only recognized physicians and this caused Dr. Still many problems as he tried to introduce his alternative treatment methods. Osteopaths were considered "bonecrackers," "quacks," and "wannabes" as they began to fan out into the communities. Tradition and prestige caused MD doctors to resort to lobbying to the government to prevent osteopaths from practicing medicine and force them to give up the profession and its "ridiculous" alternative treatments.

Miraculously, the DO degree evolved with the help of various clinical centers and other hospitals, allowing them to learn and further develop their craft. Colleges began to develop and incorporate some of the conventional clinical MD curricula along with Dr. Still's theories. Interestingly, many osteopaths did not fully agree with Dr. Still's avoidance of the newly developing pharmaceuticals and surgical techniques of the 20th century. In some ways, a blend of MD and DO medicine took place throughout the evolution of the osteopathic profession.

Today, nearly 40,000 DO physicians have been trained in Dr. Still's philosophy through a series of classes called OPP (Osteopathic Principles and Practices). These classes are particular to DO students and teach the art of body manipulation, which is what Dr. Still developed to help alleviate many of the body's ailments, such as manipulating the cervical spine to help open nasal passages and to relieve nerve and back pain. DO physicians have been described as the perfect combination of an MD physician and a chiropractor. DO physicians can write prescriptions just like an MD, and utilize traditional medicine when necessary.

As a future student of osteopathic medicine I recommend visiting a DO doctor because I can guarantee that the "alternative" experience to medical treatment that DOs offer is the future of medicine. We are hearing more and more about the tremendous growing studies on the negative side effects of all kinds of common and prescribed drugs, but medication and their negative side effects do not have to be the only option for patients. It is important for people to be active patients and ask their doctor if an optional treatment exists. This is where the DO profession steps in and medicine takes on a whole new approach. Dr. Still could never realize how ingenious and advanced his radical ideas really were or appreciate the tremendous impact he has had on the practice of medicine.

Drinking and Personality

by John Malouff & Nicola Schutte
Special to the Knight

College students often drink socially. However, heavy drinking can create social handicaps. A study we published in 1992 showed that college students preferred to date and marry individuals who drank less than an average of three alcoholic drinks a day. Why the preference for light drinkers or nondrinkers? A study we just completed in September at NSU provides some answers.

In the recent study, 84 NSU undergraduates read information about two individuals, one an attorney and one a college student. For some of the individuals reading the attorney description, the attorney was a heavy drinker. For others, the attorney had the same lifestyle description but without any mention of drinking. The NSU students then rated their version of the attorney on 46 items that make up a measure of five important, broad elements of personality. These five elements of personality are agreeableness, extraversion, conscientiousness, neuroticism, and openness to experience.

The heavy drinking version of the attorney was rated as less agreeable, less conscientious, and more neurotic than the other version of the attorney. The same pattern was found for ratings of the college student.

The findings suggest that college students expect heavy drinkers to have three broad, undesirable personality characteristics. That expectation may explain the previously found preference for dating and marrying individuals who are not heavy drinkers. The expectation findings mirror reality in that other researchers have found that heavy drinkers as a group are indeed less agreeable, less conscientious, and more neurotic than other individuals.
Homecoming 2000

October 4th - 7th
“Caribbean Knights”

Wednesday, October 4th
11:00 a.m.-1:00 p.m.
Parker Building
CEC Day with Laser Tag

Thursday, October 5th
5:00 p.m.-11:00 p.m.
Gold Circle Lake
10th Annual “Anything that Floats Raft Race”
5th Annual Bed Race
2nd Annual Carnival

Friday, October 6th
3:00 p.m. NSU Men’s Soccer vs. Life University
8:30 p.m. NSU Women’s Volleyball vs. Warner Southern
9:00 p.m.-12:00 a.m.
Rosenthal Student Center Flight Deck
Comedy “Knight”

Saturday, October 7th
11:00 a.m. Alumni Golf Outing
12 noon NSU Women’s Volleyball vs. Webber College
7:00 p.m. Alumni Reception
8:00 p.m.-1:00 a.m.
Doubletree Guest Suites, Galleria Mall
Homecoming Dance
It is Thursday, July 20th. I am standing in front of my hotel in Berlin waiting for my friend and former Professor, Dr. Stephen Levitt to arrive by taxi so we can proceed to the ceremony to celebrate the attempted assassination of Adolph Hitler. This is one of the most important dates in the history of this country. Klaus Von Steffenberg was a member of German nobility and a high-ranking Nazi official. Together with 2,000 other members of the German military he maneuvered an attempt to interrupt the unspeakable deeds of horror perpetrated by Hitler. Von Steffenberg placed a bomb in a suitcase and placed the case under an oak table in a room where he was meeting with Hitler and a group of their military peers. However, just before the bomb exploded Hitler rose from the table and changed his seat. As a result, Von Steffenberg and hundreds of his accomplices were murdered for their participation in this assassination attempt.

As I await Dr. Levitt's arrival I notice the back seat feeling very comfortable. The taxi arrives and I climb into it and tell the driver, "We are the only two Americans who have been invited to attend this ceremony. There are a total of 400 guests, many of whom are nobility and high-ranking political and military officials. Dr. Levitt has a friend, highly placed in the Ministry of Interior Affairs, who has made arrangements for us. My affiliation with Steven Spielberg and the 50 Interviews I previously did with Holocaust Survivors for the Shoah Foundation gives me a historical foundation to this ceremony, which I feel very privileged to attend. Dr. Levitt has letters from the Ministry announcing our arrival, which he shows to several heavily armed guards at the entryway to the building and we are given immediate access. Dr. Levitt is to act as my interpreter as the ceremony will be exclusively in German.

As we walk through the entryway into a large courtyard, I am astounded at what I am viewing. From the back of the courtyard soldiers from the German marines are marching in a straight row and lining up at strict attention against the right wall. They look magnificent in their uniforms. Seats have been placed on either side of the courtyard with an aisle running down the middle. We take this path to the center of the courtyard where we see approximately three-dozen gorgeous floral arrangements delicately placed. Dr. Levitt and I walk among them, straightening the ribbons in the arrangements and reading the inscriptions as we go.

Next to the wreath which has been laid at the place where Von Stauffenberg was shot in 1944, two soldiers stand on
The Business World

by Dan Grenier
Staff Writer

The recent stock market can only be described as a roller coaster ride. After the down summer, both major markets, Dow Jones and Nasdaq, are left without any basis for a sustained rally. On a day when optimism seems high and investors are buying, things seem as if they are due for a turn around. The Dow and Nasdaq are both down roughly 6% from where they began the year, but the Nasdaq is down approximately 20% from its all-time high of around 5000. Unfortunately, the days when you could start a company called Isellint.com (not an actual company) and see your stock price rise 500% are long gone. Investors are no longer willing to buy any .com company. The big boys have been looking closely to earnings, though a decent earnings season provided very little lift to the market.

The Nasdaq, especially, has been like a lost boy in a toy store. All these goodies are lined up, but he has no idea what he wants. The most recent and dramatic story of the market was the amazing sell-off on heavy-weight Intel. The company had just reached an all-time high of roughly $75, but then experienced a huge sell-off due to news that its third quarter sales will fall short of expectations because of weaker sales in Europe. This is the kind of news that can send a strong company such as Intel from its all-time high to a bargain price of $48. Many investors may see this as an entry point into this company.

Meanwhile, the Dow has been without much direction as well. Investors are still waiting for the effect of the AOL-Time Warner deal to be felt. The deal is taking a long time to wrap up, but should be completed by the end of this year. Forecasters are expecting the completion of the deal to sky rocket both companies' share prices. Many see AOL possibly reaching $100, but right now it stands around $54.

The issue of oil prices is perhaps the biggest dark cloud hanging over the Dow right now. With uncertainty as to where the price of oil may go, the market seems just as lost as those at OPEC. With the price of oil in the mid 30s, many investors would like to see that price come down to the mid to high 20s; however, others feel that the price of oil could reach the $40 range. As we all have felt, the price of gas can put a huge kink in our pockets, especially with the price of regular unleaded at around $1.50. As recently as the summer of '99, regular unleaded could be found for about $1. Perhaps people were spoiled with cheap gas for too long and are paying for it now.

With such a volatile market, many investors are afraid to suggest a sector to buy into because no one known how any sector will perform. However, the semiconductors and energy sectors seem to be the favorite of investors as of late. The technology sector will never fall out of favor with most investors.

As always, if you have any stock information or tips, feel free to email me at grenierd@nova.edu.

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Nova Southeastern University

‘Wave and Ride’
Main Campus Shuttle Bus Service

NSU Press Release

To accommodate NSU students, faculty, and staff, a fleet of four shuttle buses has been added to service the 40 permanent buildings on its 232-acre main campus.

A fixed route transit circulator system consisting of one two-directional route will be running on the Nova Southeastern University campus weekdays from 7 a.m.-7 p.m. NSU's 'Wave and Ride' fleet begins operation on October 1 and will pick passengers up from various locations throughout the university.

The route will run approximately 1.7 miles east to west and 2.2 miles west to east. It will connect residential halls, classrooms, offices, athletic and recreational facilities, campus health center, parking garages, and parking lots. The 16-passenger, American Disability Act-compliant, NSU campus shuttles will be easily identified by their silver and purple color with NSU logos and graphics.

With four buses, the frequency should work out to be every five-to-seven minutes. Although the buses will have a designated path to follow around the university, there are no "set" bus stops on the campus. Rather, those wishing for a lift are encouraged to "wave and ride" as the buses make their respective rounds, or greet the buses in front of university buildings.

There will be no service during the summer months for approximately 90 days.

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“Wave and Ride” Quick Facts

- Scheduled to begin October 1, 2000
- Four 16 passenger, ADA-compliant shuttle buses
- Easily identifiable! Silver and purple, with NSU logos and graphics
- Running weekdays from 7 a.m.-7 p.m.
- Need a lift? Simply "Wave and Ride!"
The Coffee Table Takes the Cake for Treats and a Cup of Joe

by Allison Piranio
Contributing Writer

When you walk into the Coffee Table, a coffee bar located on the corner of Nova and University Drive, the east wall greets you with a mural of three influential women: Mona Lisa, Madonna, and Whistler's Mother. These three were picked by the original owners of the Coffee Table because they were all strong women in history.

It seems only fitting that a new, strong woman has taken over the reins of the 5-year-old establishment. Emily McCall, a 21-year-old Florida native, acquired ownership of the Coffee Table in January of 2000. McCall had worked in the shop as an employee for four and a half years before purchasing the business. "When I was offered the chance to take over the business I knew I couldn't pass it up," McCall said.

Since taking over ownership, McCall has worked hard to preserve the ambiance that draws regular customers to the Coffee Table. Being college age herself, she is in touch with what college students want at a local hangout. However, she has also made some improvements, offering live music several nights a week, and a comfortable couch for patrons to enjoy their coffee, chat, or play one of the variety of games the restaurant offers.

For people with a sweet tooth, there is a variety of cakes and cookies available. "People seem to really like Black and White Madness," says McCall. "It's a chocolate cheesecake with a thick layer of white chocolate mouse completely covered with dark chocolate with chocolate shavings." The Coffee Table also has a popular lunch menu which draws many students from NSU as well as nearby BCC and FAU.

Gourmet sandwiches such as Frasier's Favorite, a smoked turkey sandwich on pumpernickel marble bread with a cream cheese, mayo, mustard and roasted red pepper spread, satisfy lunch time urges. There are also many choices for vegetarians, such as hummus roll-ups and homemade soups.

It's not just the food and coffee that makes the Coffee Table popular with the college crowd. The atmosphere is really the shop's main draw. "I like to come here to hang out." Says Pete Dorfman, a regular customer, "I can get a good cup of coffee and I always run into a friend or two." Even if you don't already have "a friend or two" at the Coffee Table, a visit will ensure that you'll make one.

Conversation is always lively at the cluster of outside tables, and the clientele and staff are friendly and welcoming. The shop is open 11 a.m. until 10:30 p.m. Monday through Thursday, 11:00 a.m. until midnight on Fridays, and 6:00 p.m. until midnight on Saturdays. If you have a break between classes, need somewhere to study, or just a place to unwind, the Coffee Table fits the bill.

Von Steffenberg

from page 7

that in a city of 2 million people, there are only 30,000 Jews today, and I wonder how many there would be if Von Steffenberg had stopped Hitler.

People are pouring into their seats now. The front row is for the V.I.P. guests and I marvel when I see two little old women arrive. One is in a wheel chair, but she is there nevertheless. Perhaps they are widows of some of Von Steffenberg's accom­panists. The President of the German Parliament arrives, looking very impressive. I think about the fact that in a city of 2 million people, there are only 30,000 Jews today, and I wonder how many there would be if Von Steffenberg had stopped Hitler.

Sometimes you can assassinate a leader without firing a shot.

Gary Oldman
Joan Allen
Jeff Bridges
Christian Slater

THE CONTENDER

Coming Soon To A Theatre Near You
Old Movie Still Good
by Caleb Kennedy
Staff Writer

So you have seen all the movies at Blockbuster; try an old movie. You won't go wrong if you rent "The Princess Bride".

The movie begins with a grandfather reading a story to his reluctant but bedridden grandson. The viewer is then introduced to the characters in the book.

First we meet Buttercup, a beautiful girl, living in the country ordering her hired peasant, Wesley, around all day. They fall in love but Wesley must go away to make his fortune before he can marry Buttercup. He is thought to have been killed by a pirate. Five years later Buttercup is engaged to Prince Humperdinck but she doesn't love him.

Prince Humperdinck, who has an ambiguous sexual preference, plots to have Buttercup killed throughout the movie so he can start a war with the neighboring country of Gilda.

Wesley lives and thwarts Humperdinck's quest to kill him and his love. During the movie, viewers encounter the comical trio of Vizzini, Inigo Montoya, and Fezzik among other memorable characters.

In "The Princess Bride" the viewer discovers a movie that is funny, romantic, and entertaining. This movie manages to combine action, comedy, and romance in a way that many movies cannot seem to do without losing track of the plot. It does not suffer from the current trend in action movies, to focus on cinematography and special effects and neglect the dialogue. I highly recommend this movie for any audience.

In the dueling scene at the top of the Cliffs of Insanity, Westley and Inigo are matching athletic ability in the form of gymast style jumps. Watch the floor as each person lands. You can see the mat under the dirt covering as it dents and re-puffs to soften their landings.

In the scene where Fezzik throws a rock at Wesley (played by Cary Elwes) watch carefully and you'll see the rock do something mystifying. It explodes before it actually hits anything. All in the name of protecting such a beautiful man (admit it, Cary is a lovely sight, like you didn't enjoy seeing him in Robin Hood: Men in Tights)

In the scene where Prince Humperdinck and the Count are standing in front of the entrance to the Pit of Despair, look to the top of the screen. A mike can be scene dancing about over there heads.
Local Spotlight: Black Line Grind

by Althea Mease
Staff Writer

Black Line Grind is a South Florida hardcore band with an interesting history. Surviving a constantly changing roster of band members, an evolving sound and a turbulent local scene, this band has developed a unique sound and a small fan base. Black Line Grind is very different from the other hardcore bands out there, and I knew that from the moment they set foot on stage.

It is difficult to pinpoint exactly what is different about Black Line Grind. It could be a smoothly integrated punk sound, reflecting their old-school punk background. It could also be the contrasting personalities of each of the band members or the way they express themselves onstage and musically. In any case, I recommend you check these guys out, especially if you’re bored by the usual hardcore sound.

Request Black Line Grind on Radio X 88.5 FM, Thursday nights from 8-9, during the Local Show. The request line is 262-8460. Also, support your local scene by dropping a line to the author at measekitty@aol.com to let her know what local bands you want to see featured in the paper. Look for a new exclusive review and interview on a great local band next issue!

Interview With Black Line Grind

A: Tell me a little bit about how the band started
BLG: Well, strangely, we all just met each other the night that we played our first show. We jammed out in front of a bunch of people, and that was our first show. We sucked but that was what initiated the band. You can also add that we’re looking for another guitarist, so if anyone wants to try out, contact us (gastonBLG@aol.com).

A: What’s with the punk stick-ers everywhere?
BLG: When we first started as a band, back in the summer of 1996, our music was kind of Rancid-style. Not exactly sounding like Rancid, but with that old-school flavor. As the years went by, we’ve just carried more towards the hardcore side. We still stay true to our punk, though.

A: Do you guys have anything released yet?
BLG: We’re going to be recording in October and November, and eventually put out first an EP, then we’ll put out a full length album.

A: So you guys have nothing out yet?
BLG: Just a song on a compilation. It’s called “Revise.” It’s on a compilation put out by Underfoot Records called God Save the Scene. (Call Radio X and request this song!)

A: OK, what do you do for fun?
BLG: Uh... you wouldn’t like what I do for fun... I burn brain cells. No, but I regrow them again! But then... I burn them again. And the cycle goes on and on forever! We’re not druggies, by the way. We just smoke marijuana.

A: What bands would you play with on a dream tour?
BLG: (mumbles, deciding amongst themselves) Strung Out, AFI, Shai Halud, Derranged, and Nirvana!

A: What do you guys think about the local scene here?
BLG: Well, we’re trying to put it back together. The local scene here has its ups and downs, but we’d like for it to be all ups and no downs. We’d like there to be everyone involved with no tension. As long as no fights break out and there’s no hate upon hate, it’s cool.

If you know of or are in a good local band for me to review, drop me a line at measekitty@aol.com. Support your scene and check out Black Line Grind.

By the way, Black Line Grind would also like you to know that marijuana is an all natural plant, and they certainly are not druggies.
“Comedy Knight”

by Courtney Abbott
Contributing Writer

As Homecoming approaches, stress increases. What dress to buy? Is she going to want me to buy the tickets? So, why not come out and laugh the night away at The Flight Deck. CEC presents Comedy “Knight” on October 6, starting at 9:00pm. Performing live will be professional comedians Tim Kelly, Michael Panzeca, and Terrance Crowley. Along with the comedians there will be an amateur contest for prizes. Sign ups for the contest will be held along with Homecoming nominations on September 25th and 26th, from 10am-12pm, in front of the Parker Building. Come out for free food and beverages, and save your money for Homecoming.

After much of the crowd files out, an elderly gentleman arrives carrying a wreath. He has his wife and son with him. He explains he is a defector from the Nazi army and this is the first year he will be allowed to place a wreath.

The news cameras span the courtyard and rest upon the image of the President of the German Parliament giving his moving speech. Very prominently placed behind him is a clear picture of Dr. Levitt and me standing there looking awed as we absorb this moment of history.

That night, as I lie on my bed in my hotel room, I flip through the channels on the television. Every major news outlet, including the BBC (British Broadcasting Network), is featuring this story as the major event of the day. The news cameras span the courtyard and rest upon the image of the President of the German Parliament giving his moving speech. Very prominently placed behind him is a clear picture of Dr. Levitt and me standing there looking awed as we absorb this moment of history.

I click the television off, yawn, and pull the covers up tightly — it has been a very long and emotional day.
Controversial Music Marketing Plan Suppressed

by Althea Mease
Staff Writer

As my colleague Erica Diaz informed you in the first issue of this paper, Napster has been causing a stir in the courts, the media, and the music industry. The free distribution of a product that can cost up to $20 has incited much debate among users and producers alike. Record labels have cited much debate among users and generally taken the negative view of MP3s, only seeing the competitive problem and not the potential of free music sampling.

Recording artists have taken wildly different stances on Napster and MP3s. Some artists, such as Metallica and Dr. Dre, have initiated litigation against Napster and banned from the service users who downloaded their music. On the other side of the scale, Limp Bizkit has supported Napster, and The Offspring have taken some very unusual approaches to showing their support for the service, and for MP3 technology.

The Offspring were originally reported to be on the opposite side of the Napster fence, joining Metallica and other bands in lawsuits against the company. However, such rumors were false and quickly dispelled by a public statement made by The Offspring on their website (www.offspring.com) and in the media: "The Offspring view Napster as being a vital and necessary means to promote music and foster better relationships with our fans. The Offspring are dedicated to understanding our fans and are committed to developing the best possible Internet presence that promotes The Offspring's music and helps us stay in touch with the people who provide us with our livelihood, our devoted fans."

The Offspring have more reason than any band to be anti-Napster, since the release of their album Americana. Their single "Pretty Fly for a White Guy" was the most downloaded song on the internet. Shortly thereafter, The Offspring began selling "Save Napster" merchandise on their website, without the consent or copyright from Napster. Rumors flew about a copyright lawsuit against The Offspring for use of the name and logo, but the band merely laughed at the hidden implication. Could Napster profit from the use of The Offspring's copyrights, but not vice versa? The rumors were never confirmed, but The Offspring are still selling Napster merchandise with no interference from the company.

After the merchandise controversy settled down, the band planned their next bold move in support of MP3 technology. For the release of their next album, Conspiracy of One, they contrived an innovative marketing theory. The Offspring trust their fans. They decided to gamble that their fans would buy CDs despite the opportunity to obtain the tracks for free.

So, two weeks ago they announced on their website that not only would the entire album be available in MP3 format on the website, but fans could download it for free well before the release date. To sweeten the deal, anyone who downloaded even one track from the album (provided it was downloaded before the release date) would be entered in a contest to win $1,000,000 of The Offspring's own personal cash. As if this incredible offer wasn't enough, anyone who went out and bought the CD anyway would have access to a special, new fan club.

The band figured that the free tracks would only serve to promote the album and cause more sales. Their album Americana sold 10.5 million copies, despite Napster, so they expected their plan to generate more success. So, what was the problem? Their record label disagreed.

Immediately after the announcement, Sony threatened a lawsuit for contract violation. The Offspring planned their own countersuit for the same reason. After a two-day standoff, the band and the label negotiated a compromise. The whole album will not be available on the website. However, the band's first single, "Original Prankster," is already available, and the $1,000,000 contest will go on for those who download the single.

The Offspring recently made this altered announcement on their website under the heading "We Got F**ked! The Latest News." Unfortunately, it is so, not just for The Offspring, but for the fans, and all because of the greed and shortsightedness of record labels. Far too many assume that, simply because the music is available for free, people will not buy the CDs.

Those who actually download the music, on the other hand, know the truth. Downloading tracks from a CD reduces the gamble involved with buying music. CDs cannot be returned to the store if one doesn't like the music, so if someone isn't absolutely sure they will like the CD it's a risk to buy it. The Offspring could've proven the promotional value of MP3s. No one can know the truth about the effect of MP3s on album sales without such an innovative experiment.
## The Knight's a Fright at The Flight Deck in October

### Schedule of Events

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<tr>
<th>Monday, Oct. 2nd</th>
<th>Monday, Oct. 16th</th>
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<tbody>
<tr>
<td>Monday Night Football</td>
<td>Monday Night Football</td>
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<tr>
<td>Seattle vs Kansas City</td>
<td>Jacksonville vs Tennessee</td>
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<tr>
<td>Pre-game begins at 8pm</td>
<td>Pre-game begins at 8pm</td>
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<td>Kick-off is at 9pm</td>
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<th>Tuesday, Oct. 3rd</th>
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<tr>
<td>Billiards 8-Ball Tournament</td>
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<tr>
<td>Compete for a chance to win a pool cue or Novabucks.</td>
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<tr>
<td>Tournament starts at 7pm.</td>
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<tr>
<th>Friday, Oct. 6th</th>
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<tr>
<td>TGIF - Homecoming</td>
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<tr>
<td>Join us for some laughs at The Flight Deck when CEC sponsors &quot;Comedy Knight&quot;.</td>
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<tr>
<td>TGIF begins at 5pm.</td>
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<tr>
<td>Comedian begins at 9pm.</td>
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<tr>
<th>Monday, Oct. 9th</th>
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<tr>
<td>Yom Kippur - The Flight Deck will be open for your enjoyment.</td>
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<tr>
<td>Monday Night Football</td>
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<tr>
<td>Tampa Bay vs Minnesota</td>
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<tr>
<td>Pre-game begins at 8pm, Kick-off is at 9pm.</td>
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<tr>
<th>Tuesday, Oct. 10th</th>
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<tr>
<td>Billiards 9-Ball Tournament</td>
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<tr>
<td>Registration Deadline</td>
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<tr>
<td>Registration forms and information can be picked up in The Flight Deck Office.</td>
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<tr>
<td>(Tournament date is Tues., Oct. 17th at 7pm)</td>
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<tr>
<th>Friday, Oct. 13th</th>
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<tr>
<td>TGIF - Smart Drink Contest</td>
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<tr>
<td>The Wellness Center presents its annual Smart Drink contest. For more information contact The Wellness Center at 262-7040.</td>
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<tr>
<td>Activities begin at 5pm.</td>
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Free buffet served throughout each Monday Night Football and each TGIF.

Beer and wine is available (Did I mention $1 Coronals) Mon.-Fri. 5pm-11pm and Sat. & Sun. 1pm-7pm.

Don't Forget, every Wednesday at 6:30 is Buck Bingo!

$1.00 gets you 4 bingo cards a soda and a candy bar. Win Novabucks!

For more information on any of these events please contact The Flight Deck Office at 262-7288. We look forward to seeing you!
The Wide World of Sports

by Dan Grenier
Staff Writer

The sports world is in high gear right now with football, baseball, and hockey all playing. To top that, the Olympics are going on in Sydney, Australia. The United States is performing very well in this 27th Olympiad. The U.S. swimming teams have compiled 33 medals, dominating the field. U.S. track and field is also starting off quite strong with U.S. runners Marion Jones and Maurice Green winning the 100 meters event. Marion Jones is seeking to win five gold medals in track and field at this Olympics, and she is on the right track (pun intended) to do so. As of Sunday the 24th, the U.S. was in the lead with 51 total medals, including 20 gold.

Hockey: The NHL preseason is in full swing, and the Florida Panthers look as if they are ready for the regular season to begin. The Panthers defeated the Boston Bruins to improve to 4-1, to make this preseason their most successful preseason in their 8 year history. Pavel Bure is in midseason form with six goals in the preseason. The Panthers, also, finally signed left-winger Peter Worrell after a 12-day holdout. Roberto Luongo is impressing the coaches in preseason and may be the starting goalie in the regular season.

Basketball: The NBA off-season has been filled with dozens of trades, but none as surprising as this one. In an anticipated move, the New York Knicks moved Patrick Ewing, their center for 15 seasons, to the Seattle Supersonics. In a 4-team trade, 12 player deal the Knicks received forward Glen Rice and center Travis Knight from the Los Angeles Lakers, along with center Vladimir Stepania, guard Vernon Maxwell, and forward Lazaro Borrell from Seattle, and center Luc Longley from the Phoenix Suns. The Lakers received forwards Horace Grant, Greg Foster, Chuck Person, and Emanuel Davis from Seattle. Phoenix obtained center Chris Dudley from the Knicks.

Baseball: The baseball season is winding down, and the chase for playoff spots is heating up. In the American League, Oakland, Seattle, Cleveland, and Toronto are fighting for the final two playoff spots. Oakland or Seattle will win the West division, and leave the other three teams to fight for the wild-card spot. The other two playoff spots are almost locked up for the Yankees and the White Sox. Virtually all the races are over in the National League with the Braves, Cardinals, Giants, and Mets headed for the playoffs. Expect some exciting games as this season comes to an end, and look out for the thrill of October baseball.

The Knight Newspaper is always looking for writers interested in printing their work.

The Knight is always looking for anyone who would like to write about sports.

Those interested can contact Piper Griff, the Editor, at 262-8455, or email at griffpip@nova.edu

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Car Show
by Dan Grenier
Staff Writer

Every Friday night a car show is held at the Tower Shops, located down the road from NSU at University and I-595. Car owners come out to show off their pride and joy. The show began as a classic car show, but as time passed, more and more modern cars began to show up. Now the show is split between new and old cars, a mixing of generations. Many booths are set up, selling various things such as models and car accessories. Classic oldies can be heard throughout the entire parking lot. All the car owners are willing to share their stories, whether it is how much they spent restoring their car or how fast they ran in the quarter-mile.

If you are looking for a crowd to which you can really relate, bring your car to the parking lot in front of the Home Depot. There you will find a much younger crowd, sporting their tricked-up cars. The cars here are mostly imports, so if you have those loud, annoying domestic cars, you better stick with the old folks on the other side of the plaza.

Every once and a while, an impromptu hydro contest might start up, or the ever popular burnout contest will get going. The kids here do have a great knowledge of their cars, and some do the work themselves.

Shy Today, Not Tomorrow
by Melissa Fogle
Contributing Writer

Jeffrey excitedly watches the other children play tag. He watches, but he doesn’t join in. In fact, he rarely even speaks to the other children, his classmates. Why not? He’s too shy.

The term shyness refers to pervasive anxiety and fearfulness of social situations. At times all children can be shy, but some children experience shyness to a debilitating degree, which interferes with their ability to make friends and excel academically. When children are exceedingly shy they miss out on a lot of the excitement of childhood and numerous opportunities to practice valuable social skills. Often children’s shy behavior troubles their parents who would like them to experience and enjoy life’s activities. Experts suggest that parents show empathy for their children’s feelings and try to increase their level of outgoingness by small increments. If these techniques do not work, seeking the assistance of a professional may be beneficial.

Dr. John Malouff and I are conducting a research project intended to increase the outgoingness of shy children ages 4-8. This is a free program and is being carried out through September and October. The intervention consists of three 90-minute parent-training sessions and a consultation with the child’s main teacher. If you have a shy child who is between the ages of 4 and 8 and would like to participate in the program, please contact Dr. Malouff at 262-7914.

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(954) 262-7201
Remember, the Knight Newspaper is always looking for new contributing writers. Contact Piper Griff, the Editor, at (954) 262-8455 for more info.

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<th>Name</th>
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<td>Editor in Chief</td>
<td>The Knight serves Nova Southeastern University's Farquhar Center for Undergraduate Studies from its office in the Academic Services modular, located directly South of the Parker Science Annex on NSU's main campus. The Knight is NSU's established vehicle for the transmission of student reporting, opinion, and arts. All community members are invited to contribute anything they desire to The Knight. The Knight is readily available at several sites around the main campus, for locations please call (954) 262-8455. Address all distribution concerns to Peter Salerno, Associate Editor, at (954) 262-8455. The deadline for submissions for Volume 11, Issue 4, is 9 October, 2000. The advertising deadline is 11 October, 2000. DISCLAIMER: Editorials, commentaries, and advertisements in this publication do not express the views of the University or its officials, The Knight staff or other advertisers. Editorials, commentaries, and advertisements reflect only the opinion of the authors. The Knight will not publish unsigned letters except in special circumstances, at the editors' discretion. The Knight reserves the right to edit letters for clarity, brevity, and accuracy.</td>
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<td>Althea Mease</td>
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