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# Workplace Access to Journals: Is it Sufficient to Support Quality Healthcare Practice in Medical Imaging Workers?

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**Introduction:** Journals are important tools for disseminating new knowledge to health professionals. The purpose of this study was to investigate workplace access to journals. Medical imaging workers (MIWs) were the allied health professional group studied. **Methods:** A two phase sequential exploratory mixed methods design was adopted to collect data from MIWs to develop a list of professionally relevant journals and to examine accessibility of journals across the profession. In addition, the derived list of journals was further examined to determine open access and open article availability. **Results:** Twenty-seven percent (n=88) of survey respondents (N=362) reported that they have access to one (18%, n=58) or none (9%, n=30) of the 94 identified professionally relevant journals. Difference in access was statistically significant for work setting (university, clinical), health sector (public, private), workplace type (teaching, non-teaching hospital, clinic), and area of specialization (nuclear medicine, radiation therapy, radiography, sonography). A positive relationship was shown to exist between increased effective workplace access to journals and frequency of use. This study also identified that open access journals and articles are currently limited for Medical Imaging workers. **Conclusion:** Whilst journals provide access to current peer-reviewed evidence, this study established that workplace access is currently problematic for medical imaging workers. Workplaces must act to increase access to journals for Medical Imaging Workers so that these professionals can harness new knowledge and base their practice on current peer-reviewed evidence.

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### Author Bio(s)

Madeleine Shanahan, PhD, is a Senior Lecturer at the RMIT University, School of Medical Sciences in Australia. Madeleine's research has two broad foci. One area of interest is learning mediated by knowledge-tools with research conducted at the undergraduate and graduate Medical Imaging Worker (MIW) level. This research has employed quantitative and qualitative research methodologies. A second research focus examines technologies in medical imaging, where experimental design has been adopted.



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### ABSTRACT

**Introduction:** Journals are important tools for disseminating new knowledge to health professionals. The purpose of this study was to investigate workplace access to journals. Medical imaging workers (MIWs) were the allied health professional group studied. **Methods:** A two phase sequential exploratory mixed methods design was adopted to collect data from MIWs to develop a list of professionally relevant journals and to examine accessibility of journals across the profession. In addition, the derived list of journals was further examined to determine open access and open article availability. **Results:** Twenty-seven percent (n=88) of survey respondents (N=362) reported that they have access to one (18%, n=58) or none (9%, n=30) of the 94 identified professionally relevant journals. Difference in access was statistically significant for work setting (university, clinical), health sector (public, private), workplace type (teaching, non-teaching hospital, clinic), and area of specialization (nuclear medicine, radiation therapy, radiography, sonography). A positive relationship was shown to exist between increased effective workplace access to journals and frequency of use. This study also identified that open access journals and articles are currently limited for Medical Imaging workers. **Conclusion:** Whilst journals provide access to current peer-reviewed evidence, this study established that workplace access is currently problematic for medical imaging workers. Workplaces must act to increase access to journals for Medical Imaging Workers so that these professionals can harness new knowledge and base their practice on current peer-reviewed evidence.

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### INTRODUCTION

Rapidly evolving technology, advances in diagnosis and treatment, and increased role responsibilities are constant forces impacting on health professionals' knowledge and practice.<sup>1</sup> Healthcare standards set by government and professional bodies emphasise the importance of individuals maintaining currency of their professional knowledge. For example, the Health and Care Professions Council, United Kingdom, states that keeping skills and knowledge up to date is essential for safe and effective work practice.<sup>2</sup> The Australian CareTrack study compared healthcare delivered to patients against evidence-based or consensus guidelines and established that 43% of healthcare practice was not in accord with the latest standards.<sup>3</sup> This suggests that a large number of health professionals base clinical practice decisions on professional knowledge that may no longer be current.

Journals are recognised as important tools for disseminating new knowledge supporting health professionals to base their clinical practice on current health information.<sup>4,5</sup> For example, in a recent study examining evidence-based practice of Australian allied health professionals, 65% of respondents reported they read published research at least monthly.<sup>6</sup> Despite the recognised importance of journals in supporting best-practice healthcare, access to journals in the workplace may be problematic for many health professionals.<sup>6-8</sup> Lack of access to information/evidence was identified by Melnyk et al as a barrier preventing nurses from implementing evidence-based practice.<sup>8</sup> When respondents in the Melnyk et al study were asked "What is the "one thing" that would help you implement EBP in your daily practice?",<sup>8,p.414</sup> "access to information" was the second highest response (n=100), behind education (n=114). As journals are an important tool for disseminating new evidence, it is important to understand factors that influence their access in the workplace.<sup>4</sup> Health sector (public, private), work setting and workplace type (university, teaching or non-teaching hospital), and area of specialization of the health professional have been identified as influencing workplace access to journals.<sup>4,6,7</sup> However, these studies are over ten years old and accessibility of journals may now have changed. For instance, according to the Directory of Open Access Journals, there are currently 10,093 open access journals.<sup>10</sup> Many

subscription-based journals also publish open access articles. What is not known is how widespread this facility is for journals that are relevant to a given health profession. There is a need for further research to establish factors that currently influence health professionals' workplace access to journals and determine what journals are open access or have open access articles.

Professions have distinctive knowledge bases and so information sources, such as journals, are specific to the occupational group. This is apparent as core journals have been identified for many health professions.<sup>4,11-16</sup> The occupational group studied was Australian medical imaging workers (MIWs), which includes radiographers, radiation therapists, nuclear medicine technologists and sonographers.<sup>17</sup> This paper examined the following research questions:

1. How accessible are professional relevant journals to MIWs in their workplace?
2. Does workplace accessibility to journals influence frequency of use in MIWs?

## METHOD

This study adopted a two-phase sequential exploratory mixed methods design. Qualitative data (Phase 1) were collected, analysed, and then used to explicitly inform the quantitative phase (Phase 2).<sup>18,19</sup> This design is typically adopted when a survey instrument needs to be developed,<sup>19</sup> in this study to account for the contextually bound journals of the specialist health professionals of focus.<sup>6,19</sup>

Phase 1 involved semi-structured interviews with 28 MIWs. Stratified purposeful sampling was used to include participants from sub-groups of interest, namely *expert knowledge* (14 academic and 14 senior/ management clinical practitioners) and *area of specialization* (7 nuclear medicine, 7 radiation therapy, 8 radiography and 6 sonography).<sup>20</sup> Phase 1 sought to establish what journals are utilised by MIWs to update their professional knowledge. The findings from Phase 1 informed Phase 2, which involved the development and administration of a questionnaire to Australian MIWs. The questionnaire was pilot tested, with seven additional senior MIWs before it was administered. Responses indicated that the instrument had a clear layout and the questions were clearly written and easily understood. This approach also provided another opportunity to enhance content coverage of the instrument, with five more journal titles added to the final questionnaire. The sample population for Phase 2 of the study was Australian MIWs holding registration with the medical radiation practitioner board. Random sampling was used to obtain the survey sample (N=1142). Due to funding constraints, only one mail-out was undertaken. Prior to data collection the research gained ethics approval from the University of Wollongong, Australia.

Survey data were entered into IBM® SPSS® 22.0 and descriptive and inferential statistics used for analysis. Descriptive statistics were generated to ascertain the number and percent of MIWs that use journals to update their professional knowledge. Workplace access to journals was determined using two measures -physical access (number of journals MIWs report that they could access from the provided list of 94 journal titles), and *ease of access*, which measures an individual's effective access in practice.<sup>21</sup> After testing for assumption of equal variance, the test of difference (parametric or non-parametric) for physical access was determined by the number of sub-groups within the tested independent variables.<sup>20,22</sup> In relation to effective access to journals in the workplace, respondents were asked to rate their access to print and electronic journals using a five point scale from 1 *very easy* to 5 *not easy*. Respondents could also identify that they had *no access* to journals. Cross tabulation was performed to determine factors influencing workplace *ease of access* to journals and if *ease of access* was associated with self-reported frequency of journal use using chi-square and Fisher's exact test, when expected cell frequencies were below five.<sup>22</sup>

Further analysis of the generated list of journals was undertaken to identify which, if any, were available as open access or had open access articles by searching the Directory of Open Access Journals (<http://doaj.org/> accessed 1 December, 2014) and SHERPA/RoMEO (<http://www.sherpa.ac.uk/romeo/search.php> accessed 2 December, 2014) databases. In addition, for a subset of five journals, the number of open access articles for the period 2013-2014 was determined by using Science Direct (<http://www.sciencedirect.com/science/jrnlallbooks/all-open-access/a> accessed 9 December, 2014) to access the journal, then sum the number of open access and full text articles and total number of original research papers, technical notes, review articles, and clinical guidelines for each issue of the journal within the nominated time period.

## RESULTS

The response rate for the survey was 31.7% (N=362) of all MIWs sampled. A summary of key demographic characteristics of survey respondents is presented in Table 1. The distribution for area of specialization and gender was similar to available national data suggesting that the demographic profile of the respondents is representative of the broader Australian population of MIWs.<sup>17</sup>

**Table 1. Demographic Characteristics of Survey Participants (N=362)**

Characteristic		No. (Valid Percent) <sup>a</sup>
Area of Specialization	Nuclear Medicine	43 (11.9)
	Radiation therapy	77 (21.3)
	Radiography	184 (50.8)
	Sonography	58 (16.0)
Geographic Location	Metropolitan	208 (58.3)
	Regional	95 (26.6)
	Rural and remote	54 (15.1)
Primary Role	Practitioner	151 (43.1)
	Senior Practitioner	84 (24.0)
	Manager	57 (16.3)
	Clinical Educator	19 (5.4)
	Academic	28 (8.0)
	Other	11 (3.0)
Gender	Female	246 (68.5)
	Male	113 (31.5)
Years of Professional Experience	< 5 years	64 (17.7)
	5 – 10 years	64 (17.1)
	11- 15 years	51 (14.1)
	>15 years	183 (50.6)
Health Sector <sup>b</sup>	Public	169 (53.1)
	Private	149 (46.9)
Work Environment <sup>b</sup>	Teaching hospital	173 (55.4)
	Non-teaching hospital	46 (14.7)
	Clinic	93 (29.8)
<sup>a</sup> Percentages are based upon number of respondents answering each question.		
<sup>b</sup> The responses to these organisation factors are limited to clinical practitioners (N=320) and exclude those who indicated they worked in more than one type of these environments or who selected "other"		

#### 1. How accessible are professional relevant journals to MIWs in their workplace?

Table 2 displays the specific titles (former title in brackets) read by MIWs (Column 2, Phase 1 interview data). MIWs report that they read a broad range of journals to update their professional knowledge including discipline-specific journals for nuclear medicine, radiation therapy, radiography and sonography as well as broad categories of medicine, education, oncology and physics. Journal titles in bold were previously identified as core journals.<sup>12-16</sup>

The number of MIWs who report having access to each of the listed journal titles is presented in Table 2, Column 3. The majority of respondents (91%, n=295) indicated that they had access to one (18%, n=58) or more (73%, n=237) of the listed journals. The median number of journals respondents could access was four (IQR =11). Nine percent of respondents (n=30) reported they had access to none of the journals listed.

**Table 2. List of Professionally Relevant Journals and their Accessibility to MIWs**

Data Source  Journal Title (previous title)	Number who read journal	Number who have access	Journal is listed as Open Access	Paid Open Access Available (Author pays per article)
	Phase 1 Interview (N=28)	Phase 2 Survey (n=227)	DOAJ	SHERPA/RoMEO
Academic Radiology	1	43	N	Y
Acta Radiologica (Acta Radiologica. Diagnosis)	1	42	N	Y
American Journal of Hematology	1	26	N	Y
<b>American Journal of Neuroradiology</b> <sup>a b</sup>		37	N	Y
<b>American Journal of Obstetrics &amp; Gynecology</b> <sup>d</sup>		40	N	Y
<b>American Journal of Roentgenology</b> <sup>a b d</sup>	5	92	N	NS
<b>Applied Radiology</b> <sup>c</sup>		41	N	NS
Australian Journal of Rural Health	1	24	N	Y
Australasian Journal of Ultrasound Medicine (Ultrasound Bulletin)	4	42	N	NL
Australasian Physical & Engineering Sciences in Medicine	1	34	N	Y
Biomedical Imaging and Intervention Journal	1	20	Y	-
Blood	1	29	N	Y
Brain: a journal of neurology	1	22	N	Y
Breast	1	39	N	Y
Breast Journal <sup>g</sup>		36	N	Y
British Journal of Cancer <sup>f</sup>		50	N	Y
British Journal of Haematology	1	29	N	Y
<b>British Journal of Radiology</b> <sup>b d</sup>	5	85	N	Y
British Medical Journal (BMJ)	1	79	N	Y
<b>Cancer</b> <sup>a d</sup>		53	N	Y
Cancer Treatment Reviews	1	33	N	Y
Clinical Nuclear Medicine	2	45	N	N
Clinical Oncology	1	59	N	Y
<b>Clinical Radiology</b> <sup>b</sup>	1	77	N	Y
Cognition	1	14	N	Y
Diagnostic Imaging	1	50	N	NL
European Heart Journal	1	24	N	Y
European Journal of Cancer	1	37	N	Y
European Journal of Nuclear Medicine & Molecular Imaging	6	31	N	Y
Gamma Gazette (ANZ Nuclear Medicine)	5	57	N	NL
Health Physics <sup>f</sup>		36	N	N
<b>Heart</b> <sup>d</sup>	1	26	N	Y
IEEE Transactions on Medical Imaging	1	17	N	Y
<b>International Journal of Radiation Oncology Biology -Physics</b> <sup>a</sup>	7	54	N	Y
<b>Investigative Radiology</b> <sup>b</sup>		30	N	N
<b>Journal of the American College of Cardiology</b> <sup>de</sup>	1	26	N	Y
<b>Journal of the American Society of Echocardiography</b> <sup>c</sup>	3	24	N	Y
<b>Journal of Bone &amp; Joint Surgery</b> <sup>a</sup>	1	30	N	NS
Journal of Clinical Oncology <sup>f</sup>		56	N	Y
Journal of Clinical Ultrasound	1	55	N	Y
<b>Journal of Computed Assisted Tomography</b> <sup>a b</sup>	2	36	N	N
<b>Journal of Diagnostic Medical Sonography</b> <sup>c</sup>	2	30	N	Y
Journal of Digital Imaging	1	33	N	Y
Journal of Medical Imaging and Radiation Oncology (Australasian Radiology)	6	100	N	Y
Journal of Medical Imaging and Radiation Sciences (Canadian Journal of Medical Radiation)	2	34	N	Y
Journal of Medical Radiation Science <sup>h</sup> (The Radiographer and Shadows)	13	180	Y	NL
Journal of Neurosurgery	1	26	N	NS
Journal of Nuclear Cardiology	1	36	N	Y
<b>Journal of Nuclear Medicine</b> <sup>a b</sup>	7	52	N	NS
<b>Journal of Nuclear Medicine Technology</b> <sup>c</sup>	7	42	N	NS

Journal of Radiotherapy in Practice	2	35	N	Y
Journal of Ultrasound in Medicine	3	37	N	NS
Journal for Vascular Ultrasound	3	21	N	NS
Lancet, The	1	70	N	Y
Magnetic Resonance Imaging Clinics of North America	1	34	N	Y
Magnetic Resonance in Medicine	1	28	N	Y
Management Today	1	15	N	NS
Medical Dosimetry	2	38	N	Y
Medical Education	2	28	N	Y
Medical Journal of Australia	2	73	N	Y
Medical Physics	2	37	N	NS
Medical Teacher	2	18	N	Y
<b>New England Journal of Medicine</b> <sup>a</sup>		56	N	NS
NeuroImage	1	16	N	Y
Neuroimaging Clinics of North America	1	19	N	Y
Neuropsychologia	1	14	N	Y
<b>Neuroradiology</b> <sup>b</sup>		34	N	Y
Neurosurgery	1	19	N	N
Nuclear Medicine and Biology	1	24	N	Y
Nuclear Medicine Communications	2	29	N	N
Nurse Educator	1	23	N	N
Obstetric & Gynecology Clinics of North America	1	22	N	Y
<b>Oncology</b> <sup>e</sup>	3	41	N	Y
Patient education and counselling	1	20	N	Y
Pediatric Radiology <sup>f</sup>		33	N	Y
Physics in Medicine & Biology	1	30	N	Y
Radiation Therapist <sup>g</sup> not listed BY RoMEO		29	N	NL
RadioGraphics	3	51	N	NS
Radiography	10	77	N	Y
<b>Radiologic Clinics of North America</b> <sup>d</sup>	1	69	N	Y
<b>Radiologic Technology</b> <sup>a,c</sup>	5	33	N	NS
<b>Radiology</b> <sup>a,b,d</sup>	9	79	N	NS
Radiotherapy & Oncology	6	53	N	Y
<b>RöFo</b> <sup>b</sup>		12	N	NS
Seminars in Nuclear Medicine	4	47	N	Y
Seminars in Radiation Oncology	1	32	N	Y
Seminars in Ultrasound, CT & MRI	3	44	N	Y
Soundeffects (ASA)	4	46	N	NL
Strahlentherapie und Onkologie	1	15	N	Y
Surgical Clinics of North America	1	20	N	Y
<b>Ultrasonic Imaging</b> <sup>d</sup>		20	N	N
Ultrasound in Medicine & Biology	3	25	N	Y
Ultrasound in Obstetrics and Gynecology	4	35	N	Y
Year Book of Nuclear Medicine	2	35	N	Y

Journal title in bold identified as a core journal in the following studies: <sup>a</sup> Burnham,<sup>13</sup> <sup>b</sup>Chew,<sup>15</sup> <sup>c</sup>Hill et al.<sup>16</sup>, <sup>d</sup>Hill et al.,<sup>23</sup> <sup>e</sup>Walcott<sup>14</sup>

<sup>f</sup> Journal title identified in pilot testing of questionnaire and added to list of journals

<sup>g</sup> Journal title added due to similarity in title name Breast and Breast Journal. Breast identified as read by interview participant R1P3.

<sup>h</sup> At the time of data collection, previous title *The Radiographer* was not open access

NL indicates this journal title was not listed in SHERPA / RoMEO

NS indicates that there was no statement in SHERPA / RoMEO regarding open access articles for this journal

The relationship between five factors and number of journals respondents MIWs could access is displayed in Table 3. Respondents employed in universities report access to a higher number of journals compared to those in clinical healthcare settings. Twenty-nine percent of the MIWs in clinical healthcare settings (n=284) reported having access to one (19%, n=54) or none (10%, n=28) of the 94 listed journals. A statistically significant difference in number of journals that respondents could access was also observed across different types of clinical healthcare settings. For example, public sector medical imaging employees reported access to a higher number of journals than their colleagues in the private sector with 34% of private sector respondents (n=130) indicating they had access to one (22%, n=29) or none (12%, n=15) of the journals. Also 42% MIWs in non-



teaching hospitals and 40% in clinics reported access to one (28%, n=12; 28%, n=22) or none (14%, n=6; 12%, n=9) of the listed journals, respectively.

**Table 3. Relationship between Five Factors and Number of Journals from List (N=94) That MIWS Could Access In Their Workplace**

Factor	Median Number (IQR)	Test of Difference	P value
<b>Work Setting</b> University Clinical healthcare setting	23 (60) 4 (8)	-6.033 <sup>a</sup>	p < .001
<b>Clinical healthcare setting</b> <b>Health Sector</b> Public Private	5 (11) 3 (5)	-3.258 <sup>a</sup>	p < .001
<b>Clinical healthcare setting</b> <b>Geographic location</b> Metropolitan Regional Rural or remote	4 (11) 3 (6) 2 (4)	7.343 <sup>b</sup>	p = .025
<b>Clinical healthcare setting</b> <b>Workplace type</b> Teaching hospital Non-teaching hospital Clinic	5 (9) 3 (5) 2 (4)	19.950 <sup>b</sup>	p < .001
<b>Clinical healthcare setting</b> <b>Area of Specialization</b> Nuclear medicine Radiography Radiation therapy Sonography	4 (10) 3 (6) 6 (11) 4 (5)	9.491 <sup>b</sup>	p = .023
<sup>a</sup> Mann Whitney U test, <sup>b</sup> Kruskal-Wallis test			

Table 4 presents the relationship between five factors and effective access to print and electronic journals in the workplace of MIWs. In relation to work setting, effective access to electronic journals was lower in clinical healthcare settings, with 25% (n=78) rating their workplace access to electronic journals as *not easy* (12%) or *no access* (13%) compared to 0% (n=0) universities. Similarly, effective access to print journals was lower in the clinical environment, with 29% (n=90) rating their access to print journals as *not easy* (20%) or *no access* (9%) compared to 4% (n=1) in universities. Apart from geographic location, statistically significant difference in effective access to journals was observed across clinical healthcare settings. Thirty-three percent (n=47) in the private sector rated their workplace access to electronic journals as *not easy* (13%) or *no access* (20%) compared to 18% (n=30) in the public sector (11%, 7%). Similarly, for print journals 35% (n=50) private sector respondents rated their access as *not easy* (24%) or *no access* (11%) compared to 24% (n=40) in the public sector (18%, 6%). In relation to workplace type, over 40% of MIWs in non-teaching hospitals and clinics rated their workplace access to electronic journals as *not easy* (14%, 16%) or *no access* (27%, 24%), respectively compared to 14% (11%, 3%) in teaching hospitals. Area of specialization of the health professional also was associated with difference in effective access to journals in the workplace. MIWs specializing in radiography reported the lowest effective access, with 27% (n=43) rating their workplace access to electronic journals as *not easy* (13%) or *no access* (14%).



**Table 4. Relationship between Five Factors and Effective Access to Electronic and Print Journals in the Workplace of MIWs**

Factor	Journal format	Test of Difference	P value
<b>Work Setting</b> University Clinical health care setting	Electronic Print	61.236 <sup>a†</sup> 18.905 <sup>a†</sup>	p <.001 p <.001
<b>Clinical healthcare setting</b> <b>Health Sector</b> Public Private	Electronic Print	19.880 <sup>c</sup> 11.516 <sup>c</sup>	p <.001 p=.042
<b>Clinical healthcare setting</b> <b>Geographic location</b> Metropolitan Regional Rural or remote	Electronic Print	10.967 <sup>b NS</sup> 14.284 <sup>a† NS</sup>	p=.360 p=.154
<b>Clinical healthcare setting</b> <b>Workplace type</b> Teaching hospital Non-teaching hospital Clinic	Electronic Print	43.943 <sup>b</sup> 28.606 <sup>a†</sup>	p=.001 p <.001
<b>Clinical healthcare setting</b> <b>Area of Specialization</b> Nuclear medicine Radiography Radiation therapy Sonography	Electronic Print	27.858 <sup>a†</sup> 22.067 <sup>a† NS</sup>	p=.015 p=.092

<sup>a</sup> Fisher's exact test, <sup>b</sup> Pearson chi-square test, <sup>NS</sup> Results not significant at p=.05 level  
<sup>†</sup> Monte Carlo method used for Fisher's exact test (95% CI) based on 10000 sampled tables with starting seed 2000000

With regards to open access, only two of the reviewed 94 journals were listed as open access (Table 2, Column 4). Many of the journals offer the facility of open access articles (Table 2, Column 5). To discover what was available as open access articles, 2013-2014 issues for five journals were reviewed, with results presented in Table 5. Only a small percentage (0.7-19.5%) of articles were available as open access.

**Table 5. Number and Percent of Open Access Research and Evidence-Based Articles 2013-2014 for Five Journals**

Journal Title	Articles that are original research, technical notes, reviews and clinical guidelines 2013-2014		
	Open Access & Full Text Number	Total Number	Percent
Academic Radiology	3	407	0.7
Cancer Treatment Reviews	36	232	15.5
Radiography	15	114	13.2
Radiotherapy & Oncology	115	589	19.5
Ultrasound in Medicine & Biology	16	529	3.0

## 2. Does workplace accessibility to journals influence frequency of use?

Eighty-eight percent (n=317) of MIWs report that they use journals to update their professional knowledge. Cross tabulations were performed to determine if workplace access was associated with frequency of use. Statistically significant results were observed for electronic and print journals (Table 6). For instance, 33% of respondents who rated their ease of access to electronic journals as *very easy* (n=92) read journals at least several times a week, compared to 7% who described their access as *not easy* (n=38).

Half of respondents who never read journals (n=38) described their access to electronic journals as either *not easy* (16%) or *no access* (33%).

**Table 6. Relationship between Effective Workplace Access of Tools and Frequency of Use in MIWs**

Mediating Tool	Test of Difference	P value	Difference in experience of MIWs at least several times a month			
			<i>Effective access to journals "very easy"</i>		<i>Effective access to journals "not easy"</i>	
			%	n	%	n
Electronic journals (n=346)	62.574 † <sup>a</sup>	p < .001	33	92	7	38
Print journals (n=347)	67.618 † <sup>a</sup>	p < .001	34	53	5	65

<sup>a</sup> Monte Carlo method used for Fisher's exact test (95% CI) 10000 sampled tables with starting seed 62438734

† Fisher's exact test

## DISCUSSION

This study has extended knowledge on journals of relevance to MIWs. Of the 84 journals identified in this study as read by Australian MIWs, 68 were not previously identified as relevant journals for this allied health group<sup>13,16,23</sup> (Table 2). This study established that for many MIWs, journals are not readily available in their workplace. Overall 27% (n=88) of respondents had access to just one or none of the listed journals, rising to 42% for employees in non-teaching hospitals. This means that a large proportion of MIWs do not have access to the tools that they need to update their professional knowledge and base their practice on current health information.

The findings from this study support and build upon the earlier work of McClusky, who reported that private sector allied health professionals had less access to journals than colleagues in the public sector.<sup>7</sup> This study supports McClusky's finding and demonstrates that this differential access exists across both print and electronic journals for MIWs.<sup>7</sup> As demonstrated in Tables 4 and 5, statistically significant difference in access to journals in the workplace of MIWs was shown to exist for the factors investigated. These are important findings. For example, in educational institutions, there is increased accessibility, physical and effective, to journals for MIWs. Translation of results from research undertaken where health professionals are given full access to university libraries such as Evans et al into clinical healthcare settings, where lower levels of access exist, needs to consider the issue of journal accessibility, so that learning outcomes and changes to professional practice are not compromised.<sup>24</sup>

Of particular importance for clinical healthcare settings is the impact that limited or no access to journals may have on patient care for MIWs. For instance, this research has established that MIWs employment in the private health sector is associated with lower physical and effective access to journals in the workplace. Forty-four per cent of hospitals in Australia operate in the private sector and account for 40% (3.6 million) of all hospital admissions in Australia.<sup>25</sup> The importance of this sector contributing toward positive health outcomes for Australia is apparent. However, the finding from this study that private sector employment of MIWs is negatively associated with access to journals suggests that the ability of these health professionals to utilise current discipline knowledge to improve patient care is compromised. In Australia, government provided electronic health information portals, such as Clinicians Health Channel and Clinicians Knowledge Network, provide health professionals with access to electronic journals and health and medical databases to support evidence based practice.<sup>26,27</sup> However, these portals restrict access to those employed in the public sector.<sup>26,27</sup> It would be timely for governments to review access restrictions so that all health professionals, regardless of their sector of employment, can access peer-reviewed evidence to support high quality health care.

While open access journals overcome access limitations their availability is currently limited. As shown in this study, only two of the 94 journals are listed as open access. This finding is in accord with Bail et al who identified that only 12% (27/224) of journals relevant to nursing had unrestricted open access.<sup>28</sup> In addition, whilst many journals offer open access articles (Table 2), only a small percentage of published articles are currently available (Table 5). This indicates that open access journals and articles are unlikely to currently provide health professionals with the range of journal articles they need. Greater availability of open access journals for allied health professionals is needed. While open access journals for a given allied health professional group remain

limited, workplaces must continue to provide access to subscription-based journals so these professionals can base their practice on current, peer-reviewed evidence. In addition, to enhance access to currently available open access journals, workplaces must also address access limitation that health professionals experience accessing the Internet in their workplace.<sup>29</sup>

This current study also established that a statistically significant positive association exists between effective access to journals in the workplace and frequency of use in MIWs. As health professionals use information sources such as journals to modify and improve patient care reduced accessibility in the workplace constrains their ability to harness new knowledge disseminated through journals and apply it to practice.<sup>30,31</sup> The implication is that by improving access to journals within workplaces, health professionals can continue to adopt current health information into their professional practice providing high quality current evidence-based patient care.

Access to information sources in the workplace is problematic for other health professions. For example, Gilmore et al identified that 21% of nurses working in medical wards were not satisfied with their workplace access to online health information.<sup>32</sup> As noted previously, McClusky demonstrated that access to journals was more difficult for private sector occupational therapists.<sup>7</sup> It is therefore important that each health profession investigate workplace accessibility of key information sources that underpin high-quality patient care.

### Limitations

This study has several limitations. The first included the low survey response rate. However, the relatively large sample size (N=362) together with several indications suggests that survey participants were representative of the Australian population of MIWs. Some caution should however be exercised when interpreting the findings in relation to the broader Australian population of MIWs. It should also be acknowledged that MIWs may not be aware of what journals they can access in their workplace. If this is the case, then effectively, these journals are not accessible to the individual. It is recommended that workplaces review the journals that are available and ensure that staff are aware of and have access to relevant titles so that their professional practice can be based on the latest available evidence.

This study has examined a single Australian allied health profession, MIWs. Although problematic access to journals and online information sources in the workplace has been identified in occupational therapy and nursing, further research is needed with these and other health professional groups so that a more detailed understanding of workplace access to journals and its implications for quality healthcare is developed.<sup>7,31</sup>

### CONCLUSION

Journals provide current, relevant health information and must be readily accessible in the workplace so that care of the patient is current with peer-reviewed evidence. The results of this research demonstrate that for many clinical MIWs, access to journals is currently limited with 42% percent of MIWs in non-teaching hospitals having access to none or only one professionally relevant journal. As only two of the examined journals are currently open access, and very few open access articles are currently available, it is unlikely that open access will provide MIWs with the range of journal articles they need to base their practice on current peer-reviewed evidence. It is recommended that workplaces review what journals are available to MIWs, make them known to staff, and also act to reduce the identified inequity of access that currently exists, so that regardless of where they are employed, MIWs can access professionally relevant journals and base their practice on current, peer-reviewed evidence.

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