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Nova Southeastern University

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# The Current

The Student-Run Newspaper of Nova Southeastern University

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## The immigration ban's impact on NSU

By: Li Cohen

President Donald Trump signed an executive order Jan. 27 banning people's entry from seven Muslim-majority countries. The title of the order is "Protecting the Nation from Foreign Terrorist Entry into the United States," and it bans residents of Iraq, Iran, Sudan, Libya, Somalia and Yemen, and permanently bans residents of Syria, including refugees.

With more than 1,000 NSU students, faculty and staff coming from more than 100 countries, including those listed on the order, the order's issuance affects the NSU community. In response to the order, NSU President Dr. George Hanbury released a statement on Jan. 30, encouraging those affected by the ban to refrain from leaving the country.

"As a university that has diversity as a core value, I felt it was important to give that advice, as well as to remind everyone that whether we are American citizens or foreign visitors coming to the university, we are here to gain knowledge, understanding and be culturally exposed," he said.

Some felt that Hanbury's statement was not a definitive stand for the protection of students. Mohab Idriss, senior biology major, said he thought the emailed statement was a good gesture but that Hanbury made no clear statement on the university's standing with Muslim students.

"He did not reassure us that no one can persecute anyone at NSU for being diverse and culturally different," Idriss explained. "I would

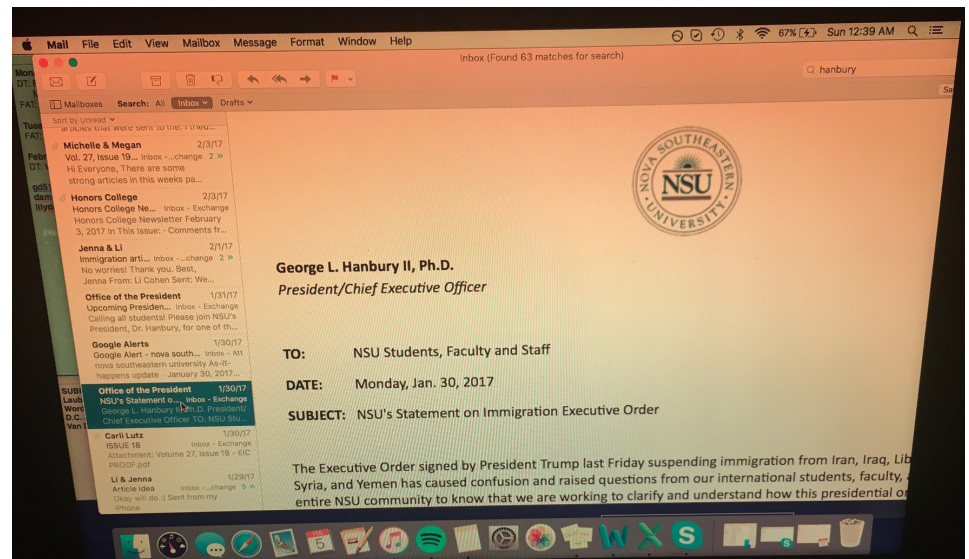
have liked to see more of an effort to reassure Muslims and anyone from the countries affected [that they] will be protected by NSU."

Anthony DeNapoli, associate dean of international affairs, said NSU is working with its immigration law firm, Fragomen, to stay updated on policy changes. He said NSU's attorneys are trying to learn more about specifics day-by-day. In the meantime, he said students who are from the listed countries are not guaranteed reentry if they leave the country.

"It's unfortunate," DeNapoli said. "NSU will continue to support our students who are here. And we will see what issues we have to deal with on a case-by-case basis."

In an interview, Hanbury explained that he was surprised by the order because there was no prior communication to the university from state or national legislatures about the policy. He said that his main concern is NSU students, and although he wants to see safe and secure borders, he doesn't want to see it affect those who do not have bad intentions.

Despite the lack of communication between federal officials and universities, Hanbury said that NSU's administration is working with legislatures in Washington D.C. and university associations, such as the National Association of International Colleges and Universities, to further their understanding. As part of this effort, Hanbury signed a document alongside other Florida colleges on Feb. 2 encouraging safe borders, but saying that universities are a



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Hanbury laid out NSU's statement on the immigration executive order in an email to NSU students, faculty and staff on Jan. 30.

safe harbor for students to gain knowledge and "be the melting pot of cultural and international exchange."

For those who are affected, Hanbury said to reach out and provide comfort. As long as those affected have legal visas, he said, "You are safe here."

"Diversity is one of our core values. I firmly believe that diversity gives you strength because it helps all of us understand that to live and to learn, we need to respect people," Hanbury said. "Not because of their race, religion or cultural background. It's to respect people for the

knowledge and the character they have."

DeNapoli emailed international students last week and plans to post updates regarding the immigration ban on the international affairs website. He said it's important for students to know they have a home at NSU and that the community will support them in any way.

"We look at students equally. We don't separate students by religion, sexual orientation or gender," he said. "We welcome every student here and will continue to do so."

See **IMMIGRATION BAN** on 3

By: Grace Ducanis  
@GraceDucanis

## Applications for student symposium close Feb. 10

The deadline for applications to the Undergraduate Student Symposium, a showcase of academic work organized annually by the Farquhar Honors College, closes Feb. 10 at midnight.

To apply, students are required to secure a faculty sponsor and submit an abstract of their presentation. The faculty sponsor must approve the abstract prior to submission. Students will be notified in March regarding their project's acceptance in the symposium after submissions are reviewed by NSU administration.

The symposium will take place on April 7. The event highlights student scholarship, research and creative works. Students can submit a poster presentation, oral presentation or film. At the symposium, the projects will be judged and awards will be given for first, second and third place projects.

Vanessa Mezquia, manager of academic programs for the Farquhar Honors College, said the symposium is good practice for students who go on to further their research and present at national conferences. Joshua Braverman, junior psychology major, presented along with a research team at the 2016 symposium with a poster on human lie detection ability. He presented the complete findings at a professional conference last month.

Mezquia also said that the symposium



Undergraduate students present their research at the 2016 symposium.

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helps participants become comfortable with public speaking, answering questions and communicating complicated topics.

"Once you've been selected to participate, you've already won," Mezquia said. "You're getting something out of it."

Alexis Good, sophomore marine biology major, said that her oral presentation on how society views the differences between

environmentalists and environmental scientists was stressful and took a lot more work than she thought it was going to. Her team placed second for oral presentations. While she is not applying for the 2017 symposium, she said she is glad she participated last year.

"I really hate public speaking, so it helped me get over that fear of presenting something that I believe in," she said. "I think that's one

of the hardest things – to present to a group of people when you don't know how they're going to take what you're saying."

Qaas Shoukat, sophomore biology major, read original first person biographical poems of historical figures at the 2016 symposium, placing first for oral presentations. Shoukat said he felt like an outsider at the symposium because his project wasn't as scientifically-based or analytical.

"But when I did [my presentation] and got a good response, I realized that there is a place for this and it is appreciated," he explained.

Shoukat is submitting to the symposium again this year.

"You learn a lot, not just by doing the research, but through the process of finding a mentor...and appreciating other people's work," he said.

"Anyone who's done any kind of research as a class assignment or anything like that, just talk to your faculty and say, 'Is this something that I should submit for the student symposium?'" Mezquia said.

For more information or to submit to the 2017 Undergraduate Student Symposium, go to [honors.nova.edu/student-symposium/index.html](http://honors.nova.edu/student-symposium/index.html).

# NEWS ANCHOR

Stay up to date with world events.

## U.S. eases restrictions on cyber security sales to Russian spy agency

According to USA Today, on Feb. 2, the U.S. Department of Treasury eased economic sanctions with Russia, allowing some cyber transactions from the Russian Federal Security Service, which was accused of messing with the U.S. electoral process. Russian officials saw this as a sign of better relations with the U.S. in the future. Some members of the U.S. congress, however, saw it as pandering to Russia.

## Denmark's Dong Energy to ditch coal by 2023

According to The Local, the Danish energy giant Dong has vowed to stop using coal by 2023. Dong is the largest wind energy producer in Europe and intends to cease the use of coal as they already have with oil and gas. As of right now, coal is used for 40 percent of the world's electricity production.

## North Korea says U.S., South Korea planning missile attack

According to CNN, after U.S. Defense Secretary James Mattis' visit to Seoul, South Korea, North Korea claimed that the U.S and South Korea are planning a preemptive nuclear attack on North Korea. During Mattis' visit, he said that he would use the Terminal High Altitude Area Defense system (THADD) to protect South Korean and U.S soldiers in the event of an attack by North Korea. China, along with North Korea, opposes the missile system.

## Using the phrase "breaking news" banned in Turkey

Per Birgun Daily, Turkish news sources will be limited in their ability to broadcast news immediately after the incident has occurred, especially regarding any incidents threatening national security, such as terrorist attacks. TV channels will also be unable to name perpetrators, victims or locations or share the views of the witnesses.

## Trump dissatisfied with Australian refugee resettlement plan

According to the Guardian, in his conversation with Australia's prime minister, Malcom Turnbull, Trump found former president Barack Obama's Australian refugee plan unwise. He states that he sees Australian refugees as illegal immigrants, and as such, they do not have a right to be in the U.S. The deal was originally brokered between Obama and Turnbull to take in 1,250 refugees from Australian offshore detention facilities. President Trump decided to look into this deal via a phone call between himself and Turnbull.

# NEWS BRIEFS

## CommunityFest

NSU will host CommunityFest on Feb. 11 from 12-4 p.m. around Gold Circle Lake. This year's festival will feature a petting zoo, music, food vendors, bounce houses and tables from NSU and community organizations. NSU students and organizations can volunteer at CommunityFest for Project Serve Points and Fin Points, respectively. The event is open to the community.

## Women in Distress 18th Annual SAFEWALK-RUN 5K

NSU will host the 18th annual SAFEWALK-RUN 5K on Feb. 25. The walk is presented by Ultimate Software and supports the fight against domestic violence. All walkers and runners, as well as their pets, can attend to raise awareness and funds for the free, confidential services provided by Women in Distress of Broward County. Registration begins at 7:30 a.m. The registration fee is \$25 for those 18 and older, \$15 for children 6-17, \$10 for canine companions and free for children 5 and under.

## NSU Takeover Night at the Panthers

On Feb. 24, NSU alumni, family and friends will take over the BB&T Center as the Florida Panthers take on the Calgary Flames. Ticketholders will be able to enjoy Lord Stanley's Loft, and unlimited food and drinks are included. Tickets range from \$35 early bird to \$45 regular price per person. Doors open at 6 p.m. and the game is estimated to run until 10 p.m.

## NSU hosts second Listen, Speak Dialogue

On Feb. 13 from 4:30-6:30 p.m. in room 1053 of the DeSantis building, NSU will host an open dialogue to review the recent executive orders relating to immigration, as well as NSU's core value of diversity. All students can attend and participate in the discussion.

## Zeta Phi Beta hosts Valentine's Day Carnival

Zeta Phi Beta Sorority will host an event in celebration of Valentine's Day in the UC pit on Feb. 13 from 7-9 p.m. The event will feature Valentine's Day-themed games and food.

## SGA and RecPlex team up to extend hours of operation

The RecPlex will now remain open for an additional hour on the weekends. After feedback from students, SGA and the RecPlex have worked together to extend their hours temporarily.

# The Current

The Student-Run Newspaper of Nova Southeastern University

3301 College Avenue  
Student Affairs Building, Room 310  
Fort Lauderdale, FL 33314-7796

nsucurrent.nova.edu

## NEWSROOM

Phone: 954-262-8455  
Fax: 954-262-8456  
nsunews@nova.edu

## BUSINESS & ADVERTISING

Phone: 954-262-8461  
Fax: 954-262-8456  
thecurrentad@nova.edu

Grace Ducanis	Co Editor-in-Chief	nsunews@nova.edu
Jacqueline Lytle	Co Editor-in-Chief	nsunews@nova.edu
Nicole Chavannes	Copy Editor	thecurrentnews@nova.edu
Rachael Hirstein	News Editor	thecurrentnews@nova.edu
Jenna Kopec	Features Editor	thecurrentfeatures@nova.edu
Open	Sports Editor	sportseditor@nova.edu
Ben Underhill	Arts & Entertainment Editor	thecurrenta&e@nova.edu
Open	Opinions Editor	thecurrentfeatures@nova.edu
Danielle Pucillo	Multimedia Manager	nsunews@nova.edu
Carli Lutz	Chief of Visual Design	thecurrentad@nova.edu
Open	Visual Design Assistant	thecurrentad@nova.edu
Open	Business Manager	thecurrentad@nova.edu
Dom Oleson	Distribution Manager	thecurrentad@nova.edu
Trent Strafaci	Sports Intern	nsunews@nova.edu
Brianna Walker	News Intern	nsunews@nova.edu
Li Cohen	Writer	nsunews@nova.edu
Aldana Foigel	Writer	nsunews@nova.edu
Emilio Lorenzo	Writer	nsunews@nova.edu
Emily Tasca	Writer	nsunews@nova.edu
Heather Saltz	Writer	nsunews@nova.edu
Celina Mahabir	Writer	nsunews@nova.edu
Jeweliana Register	Writer	nsunews@nova.edu
Bianca Galan	Writer	nsunews@nova.edu
Nikki Chasteen	Writer	nsunews@nova.edu
Brittany Eyres	Writer	nsunews@nova.edu
Melanie Chapilliquen	Writer	nsunews@nova.edu
Gabrielle Thompson	Writer	nsunews@nova.edu
Monique Cole	Writer	nsunews@nova.edu
Megan Fitzgerald	Faculty Adviser	mf821@nova.edu
Michelle Manley	Adviser	mmichell@nova.edu

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# NSU's Career Development to host Internship 411 event

By: Brianna Walker

The Office of Career Development will host Internship 411 on Feb. 21 at 4:30 p.m. in the Huizenga Sales Institute located on the third floor of the Carl DeSantis building.

The event will feature a panel of representatives from companies like GEICO, JM Family Enterprises, Inc., CVS Health and Kaufman Rossin CPA, who will educate attendees on how to get an internship.

Niemah Butler, assistant director of employer relations and internships for Career Development, said that the event will have opportunities for students interested in multiple fields including business, healthcare, IT, accounting and finance. Career Development handpicked the employers on the panel to demonstrate a variety of opportunities to NSU students.

The panel of employers will answer questions on how to get an internship and how to succeed in a professional position. The employers will also provide insight on their own roles in their companies and the industry.

"It's a panel discussion, so we will

have representatives from each of the seven organizations listed and Diane Klein, associate director of Career Development, will be the moderator for the event," Butler said. "The employers will receive a range of questions, from what kind of skills and experience they look for when hiring an intern to how students can get internships with no experience."

After they go through all the prepared questions for the event, the floor will open for attendees to ask questions.

Devon Frasier, junior communication major, is attending the event and said she hopes to learn more about the internships and how to better prepare for interviewing.

"I'm looking forward to learning how internships actually work in the real world," Frasier said. "You see internships in movies or people talk about them, but this event will talk about how you get them and how it is different from being an employee and what is the etiquette for an intern."

This event leads up to Career Development's larger event, the Career and Internship Expo, in

April. Butler said the Internship 411 event is an opportunity for students to engage with and grab employers' attention.

"It's a great way to make a connection with a potential employer," Butler said.

Butler said that interning allows students to get real-world experience in the fields they may want to work in and allows students to realize whether they want to be in that field.

"I think this event is important because at Career Development we take on the mindset of 'try it, before you buy it,'" Butler said. "If I am a public relations major and I've never been on a public relations campaign, I need to get real-world experience through an internship. And through this internship I would realize that this is what I want to do, or maybe it isn't what I want to do, which is OK and there is no harm done, because you are learning."

The event is open to all NSU students. For more information and to register for the event, go to [nova.joinhandshake.com](http://nova.joinhandshake.com).

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## BLACK HISTORY MONTH AT NSU

### Afrotopia: Art and the Politics of Representation, an African Presence Art Exhibit

Feb. 3 to March 10 | Adolfo and Marisela Cotilla Gallery, Alvin Sherman Library

The Division of Public Relations and Marketing Communications will host Afrotopia, the 14th annual African Presence Art Exhibition. The exhibition will feature works by Philippe Dodard, Lorenzo Pace and Nakazzi.

### Black Superwomen

Feb. 9 | 6:30 p.m. | UC Pit

The Black Student Union is set to host a panel event Feb. 9 at 6:30 p.m. in the UC Pit. This event will focus on discussing and finding a resolution to the stigma in our society known as “Black Superwoman.” Panelists from the local NSU community will share their thoughts and experiences related to the topic.

### Black Gaming

Feb. 15 | 6:30 p.m. | UC Pit

The Black Student Union and the Society of Anime and Gaming (SAGE), will be teaming up to present a mixture of fun and education. Their event will educate the NSU population about Black History Month with regards to Gerald Lawson, the inventor of the game cartridge.

### Where Do We Stand

Feb. 16 | 6:00 p.m. | Carl DeSantis Building

The Black Law Student Association and the Caribbean Law Student Association are hosting a panel of legal professionals to discuss the current presidential election, policies and its effect on minority communities.

### Trump's In, Now What?

Feb. 21 | 6:30 p.m. | UC Pit

NSU's Black Student Union will host a community discussion, panel and forum between political and multicultural organizations on campus to discuss recent changes in the political climate. Outside community professionals may also be brought in to enrich conversation and present progressive ideas on the subject matter.

### “13” Movie Showing

Feb. 28 | 8 p.m.

Shepard Broad College of Law Library

The Black Law Student Association is hosting a showing of the movie “13.” The movie “13” explores the history of racial inequality in the United States. At the end of the movie there will be a student panel discussing the issues raised within the movie.

## IMMIGRATION BAN from 1

Idriss, a practicing Muslim, said that the chances of meeting a religious extremist are almost impossible and that people have even less a chance of meeting a terrorist.

“Being Muslim is not simply following a religion. For most, it is a guideline of how to live and is a pathway of self-discipline and love,” he said. “It is a way you formulate decisions and a way you carry yourself.”

According to the FBI, 94 percent of all terrorist attacks in the U.S. from 1980 to 2005 were committed by non-Muslims. NPR reported that there have only been seven foreign-led terrorist attacks since Sept. 11, 2001, none of which included people from the seven banned countries and many of them including people born or naturalized in the U.S.

President Hanbury said there are radical members of every religion, but those radicals don't define the meaning of the religion. He said it's a shame that people categorize radical terrorism with all Muslims, as Christians have

groups like the KKK and other religions have similar radicals.

“It's easy to throw a blanket over an entire religion,” he said. “It's harder to say we are against the particular sect [of a religion].”

Although Hanbury believes immigration policies need to be in place, he said the new policy became more political than logical.

“This country has always had a policy of trying to be a safe harbor for individuals who are being persecuted,” he said. “When logic is avoided, it creates this political deadlock we've experienced.”

Idriss explained that being part of a diverse university means exchanging cultural ideas, which is part of being able to mature and gain cultural knowledge. He said this helps people to understand cultural differences and makes people understand that one religion isn't the right religion, and all people have the right to express their theologies.

“When you have knowledge, you

hopefully avoid wars and bloodshed. When you have knowledge, you have understanding,” he said. “We should learn from history. In a democratic society, we have a right to worship without imposing our religious beliefs onto anybody.”

Idriss said he hopes that NSU continues supporting all of its students indiscriminately and makes sure that the community doesn't get attacked by bigotry and hate.

“It is important in times like these to find a common place for love and compassion for each other,” Idriss said. “Having respect for one another is the first step in that direction.”

NSU will provide updates on the immigration policy as administration learns more. For those who may be struggling with the policy, visit Henderson Student Counseling's website. For more information, contact DeNapoli at 954-262-7240 or visit nova.edu/international affairs.

## Theta Phi Alpha sews for charity

By: Jenna Kopec

@Jen\_Kopec

On Feb. 13, Theta Phi Alpha will hold their Spread the Love scarf-making event in the UC Pit from 11 a.m. to 3 p.m. Spread the Love is the sequel to an event held on Dec. 2, where 50 scarves were made for the colony's national philanthropy, Glenmary Home Missioners.

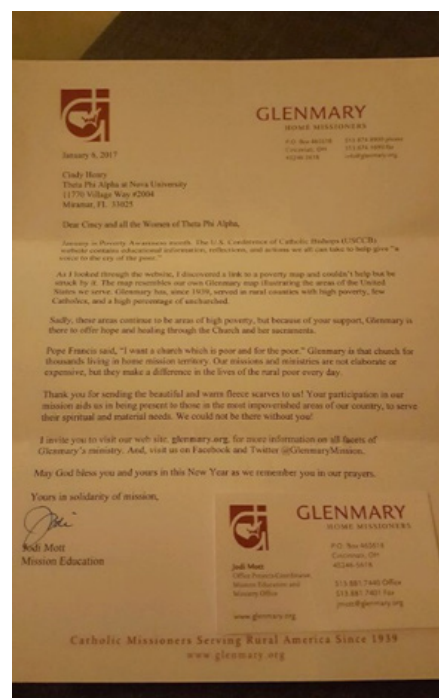
Kayla-Ann Wilkes, senior biology major and member of Theta Phi Alpha, said that they held the original event because Glenmary Home Missioners serves mainly in the north, where many sisters also have families, and the areas have been suffering a cold winter.

“Theta Phi Alpha, just like any Greek Life, philanthropy is such a big thing. You have values, and everything you do is based on those values,” said Mikayla Switzer, freshman biology major and president of Theta Phi Alpha.

Part of the motivation for holding the subsequent Spread the Love event comes from the handwritten letter the colony received from Glenmary Home Missioners, who received their donation while in 11 degree weather.

“It was just rewarding. Something we did actually helped someone,” said Switzer.

Differing from last semester's event, at Spread the Love, participating students



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Letter from Glenmary Home Missioners thanking Theta Phi Alpha.

will create a scarf for donation and then get to make one for them to keep. Switzer said that she hopes the event will be

even more successful this time around.

“We have a lot of material left over,” said Wilkes. “Once we got this letter hearing that it was a success and that they could use more, we figured Valentine's Day is coming up and it's still winter up north, so it would be a great event.”

Switzer and Wilkes both said that they are excited for Theta Phi Alpha to put on the event and subsequent events in order to interact more with the NSU campus. Switzer said that after some hardships, which were not specified, the colony looks forward to recruiting new members in the future and continuing to make a difference in communities near and far.

“The eight members that we have are super solid,” said Switzer. “It's a new year, a new semester and we're starting fresh.”

Wilkes said that the letter they received helped prove that Theta Phi Alpha can make a difference, despite their small size.

“We're growing and everything is going back on track,” said Wilkes. “Hopefully, we'll be installing within the next semester or two.”

## NSU walks the aisle for domestic violence awareness

By: Jenna Kopec

@Jen\_Kopec

NSU will be one of several universities represented at the seventh annual College Brides Walk held at Barry University in Miami on Feb. 27. The walk is dedicated to raising awareness about domestic and dating violence.

Both the NSU chapters of Delta Kappa Omicron (DKO) and the American Association of University Women (AAUW) will be attending the walk at Barry.

“The AAUW is concerned with equity for women, and domestic violence is an issue that greatly impacts the health [of] and creates negative outcomes for women,” said Kara Erolin, assistant professor in the department of family therapy and board member for the AAUW.

Gladys Ricart, who was murdered on her wedding day by an ex-boyfriend in 1999, inspired the College Brides Walk, according to the walk's website. Two years later, Josie

Ashton walked 1,300 miles in her wedding dress from Ricart's home to Miami, Florida. In 2010, the College Brides Walk, which focuses on dating violence and sexual assault on college campuses, began and has been held at Barry University since

“The Brides Walk is an annual reminder that there are survivors of sexual abuse and dating violence. It's also a safe space to talk openly about these issues,” said Molly Scanlon, assistant professor in the Department of Writing and Communication and member of the professional chapter of the AAUW.

Randi Sims, president of the professional chapter of the AAUW, said that the walk “draws attention to some women [who] are still being abused by the men who are supposed to love them.”

Traditionally, participants walk in wedding dresses, although this is not a requirement. The

walk also features workshops and discussions on how to address, combat and prevent domestic violence and dating violence. Sims said that it is important for college students and women in general to recognize that domestic and dating violence is still an issue.

“Eighteen to 24-year-olds are the highest at-risk group for sexual assault or dating violence,” said Scanlon.

According to Sims and Scanlon, students are welcome to join DKO and the AAUW at the walk; however, students will have to provide their own transportation to the walk. The opening ceremony will take place at 10 a.m. in the Broad Auditorium at Barry University.

For more information on the College Brides Walk, visit CollegeBridesWalk.com. To attend the walk with DKO and the AAUW, please RSVP to dko@nova.edu by Feb. 12.

# The potential future of Planned Parenthood

By: **Heather Saltz**

Planned Parenthood is often thought of as an organization that provides women with options for terminating pregnancy. While this is true, Planned Parenthood also provides other services related to women's reproductive healthcare. Planned Parenthood clinics, which are located throughout the nation, provide a wide range of healthcare services, including preventative primary care through contraception, reducing the spread of sexually transmitted infections through testing and treatment and screening for cervical and other cancers, according to their website [plannedparenthood.org](http://plannedparenthood.org).

President Trump is pro-life, with certain exceptions in cases of rape, incest or when the life of the mother is at risk, according to Business Insider. Trump, along with the majority of Republicans in the Senate and the House, plans on passing a bill that would stop Planned Parenthood from receiving federal funding. Vice President Mike Pence attended The March for Life, a rally protesting abortions, on Jan.

27 to address the Trump administration's anti-abortion policies. The vice president said that the administration's focus will be on finding a conservative Supreme Court justice and ending taxpayer-funded abortion, according to the Chicago Tribune.

## Federal funding plays a major role

There is a common misconception that Planned Parenthood is specifically mentioned within the federal budget. In fact, the health clinic receives most of its funding through programs such as Medicaid and Title X, according to [plannedparenthoodaction.org](http://plannedparenthoodaction.org). So the question is, if Planned Parenthood were to experience a cut in funding, what are some of the possible repercussions?

"We have some idea of what will happen based on the experience in Texas, where legislators slashed the budgets for family planning clinics in 2011," Phyllis Coleman, professor in the NSU College of Law, said.

"While all the data has not yet been analyzed, I believe there is a correlation between withdrawing the funds and the fact that Texas now has the highest maternal mortality rate in the developed world."

If federal funding is discontinued, the clinic will still receive money from other sources. The Washington Post reported that about \$650 million in funding comes from non-governmental sources, private donors and fees charged for the clinics' services. Even with this extra funding, it is still unclear as to where it will leave the organization since federal dollars are the main source of funding for the nationwide clinics.

Kevin Cooper, NSU law student and Miami Dade GOP Executive Committeeman, supports defunding Planned Parenthood and said to send those funds to companies who provide equal or better services for women.

"For every one Planned Parenthood, there are twenty service providers who give

comprehensive care to women," said Cooper.

## Why it matters

According to the Hill, a political newspaper, the funding cut would affect one in six women who are enrolled in Medicaid, which amounts to millions around the nation.

Many individuals might have a certain perception of the typical patient who visits the clinic. However, Planned Parenthood serves people from a broad economic spectrum. Whether or not you personally seek the assistance provided by a Planned Parenthood health center, it is likely, according to the statistics, that you know someone who does.

Planned Parenthood is just one of the proposed changes that may take place early on in the Trump presidency. Whether you support these changes or are opposed to them, it is important to be informed about what is taking place.

# Love goes the distance: Valentine's Day for an LDR

By: **Jacqueline Lytle**

Where does your significant other live? Is face-to-face the norm in your relationship or does FaceTime delegate how often you see one another? According to The Center for the Study of Long Distance Relationships, research shows that roughly 4.4 million college students are in long distance relationships.

Whether this person is a significant other you're braving the distance for because you chose different colleges or a college partner who had to step into the real world in a different area after graduation, long distance isn't the easiest obstacle to manage. Spending some holidays apart can be a challenge — especially Valentine's Day. Who doesn't want to show their love and appreciation on a day dedicated to doing so?

My boyfriend is 1,356 miles away in Chicago, and we try to make time each month to see each other, but that doesn't always work out. Unfortunately, this Valentine's Day is one we'll have to spend apart. No worries though. There are plenty of ways to show affection from afar.

Here are a few you might try out if you're in the same long-distance love boat.

## Devise a long-distance date

Classes and work might be keeping you from your significant other this Valentine's Day, but that doesn't mean you can't enjoy dinner and a movie together. Thank goodness for the technology whizzes that invented platforms like FaceTime and Skype. Set up a time that works for both of you and share a special virtual evening together.

Grab some groceries beforehand and set up Netflix. Give your significant other a FaceTime or Skype call and spend the evening making your favorite meal together and watching a sappy movie while scarfing down homemade dinner. Although this evening won't include any cuddling, you're sure to feel like your significant other is right there with you.

## Send something sweet

You can't go wrong with flowers and chocolate. If you want to step it up a notch,

chocolate-covered strawberries are often a fan-favorite. Odds are, you'd probably be gifting something to your significant other if you were together on Valentine's Day, so take advantage of the many delivery services to send those romantic gifts, like From You Flowers or Shari's Berries. If you sign up to receive the companies' emails, you can receive deals like 30 percent off or free shipping that can help combat the cost.

Of course, you can send a specific gift, like clothing or perfume, if you know they'd like that better, but chocolate is a hit or hit.

And if dishing out moolah will make your bank account crumble, do not fear. Homemade gifts are just as meaningful, if not more meaningful. Send your babe a handwritten letter that expresses your affection and appreciation. Put together a CD with a bunch of sappy songs that remind you of him or her. If you're blessed with artistic abilities, create something that represents a memory, like a painting of that time you spent New Year's with friends in Tennessee.

## Fund a flight

I know, I know. You're "balling on a college budget." But if your schedule and bank account permit, look into purchasing a flight to see your love bug. If you search enough in advance, you might be able to find a good deal. I've never purchased a roundtrip flight to Chicago for over \$200. Traveling is all about planning, and according to Time Magazine and the Huffington Post, booking flights 54 days in advance usually results in the cheapest fares.

If you want to skip gifts to ensure the trip is possible, see if your significant other will split the cost with you. One hundred dollars is a smaller hit to the bank than two.

Long distance can be difficult, but it also brings out creativity as you figure out ways to enjoy each holiday "together." There are so many ways to show you care this Valentine's Day. Whether you talk on the phone for hours or fly 1,356 miles to see the smile that brightens your day in person, you have the opportunity to make Feb. 14 a holiday to remember.

## Career Corner

# How your personality and values affect your career goals

By: **Emilio Lorenzo and Emily Tasca**

*Emilio Lorenzo is the assistant director of career advisement in NSU's Office of Career Development. He understands the importance of helping students reach their career goals and works with all students, including undergraduate, graduate and professional level students, to achieve their professional goals.*

*Emily Tasca is a member of the career advisement team in NSU's Office of Career Development. She works with current students and alumni at the undergraduate, graduate and professional levels.*

Growing up, your interests probably fluctuated often. We all had our Hello Kitty, Tamagotchi or even Ninja Turtles phases, which is the beauty of our interests. We always learn more about ourselves as we pursue these new areas. Even though our interests may change over time, the underlying catalyst that motivates us and makes us who we are is the core values that make up our character.

If you can't articulate today what your core values are, they are embedded within us and at times may have been developed through

pursuits of past interests or passions. Our values can also be the compass that leads us to a career that will provide fulfillment in the three pillars of your life: social, personal and career. Uncovering, identifying and understanding your values can be an important step toward setting realistic career goals. You can't set a goal for what you want if you don't even know what you're looking for.

A value can be defined as something that you consider to be important or beneficial, and can therefore have an influence on your decision making, and in this case, your career planning. For example, let's say you are searching for jobs and you have found two that are similar. Both are high-paying positions, but one is located in South Florida, and the other in California. One of your strongest values is family and support. Although both will provide you financial support, if your family is primarily located in South Florida, only one of these options will satisfy your need to be near family. Understanding this value helps you to evaluate opportunities through a certain lens, as you will see the world much differently once you understand the components that contribute to your happiness.

There is an abundance of things that any

person might consider to be a value. That's the beauty of values: you can value anything as long as you are able to articulate what that value means to you. Your values could be big-picture things, like the environment you're working in or the company culture, or they could be more specific, like monetary compensation or job security. It can be difficult to articulate values that you don't even realize are important to you.

Things that people don't always think about are the types of recognition they receive for their work, support received from management or even things like enjoying the relationships you have with your coworkers. Realistically, you end up spending more time with coworkers than family, so if you value a work setting that promotes teamwork and requires cohesiveness, then working with others that you generally enjoy the company of cannot only make your job easier, but more enjoyable. Similarly, if you value financial gain, but at the same time value being acknowledged for your work, you might find that even a job that pays well won't be satisfying if your colleagues don't recognize the hard work you are putting in each day.

The challenge with following your values is that, especially early on in your career, you

may not be able to find an opportunity that fulfills all the values you are looking for, which is why prioritizing your values is just as important as defining them. For example, let's say your long-term goal is to enter the medical field as a doctor, and your top three values are financial gain, helping others and having a family life, in that order. In looking for your first position after medical school, you may find that you can fulfill two of those three values easily. This career path might provide all three values at some point, but early in your career, you may have to trade off one for another. Trade-offs are a part of our everyday life, and so they are present in this process of finding our true passions and how values align with those passions.

Overall, there are many factors that go into deciding on a career path. A good way of looking at it would be in the context of a trip or planned destination. The end destination is decided upon by your interests and passions, but the path you take to get there is guided by your core values. Self-reflection and taking an inventory of what's important in your life will help you identify and understand your values.

## How to survive Single Awareness Day

By: **Jeweliana Register**

So it's officially February, which means love is in the air... And the songs on the radio and the sappy Instagram posts and the heart adorned candy isles. Here comes the day that we single people often want to avoid like the plague: Valentine's Day.

While it is not ideal to be single on a day focused on romance and love, there's no need to retreat into your dorm and cry while watching "The Notebook." Instead, try one of these ideas, and choose to celebrate love anyway.

### Have a 'Gal'entine's day

Ladies celebrating ladies. This is named after all of the ladies, but guys can throw a similar party. The idea of 'Gal'entine's is to get together with a group of friends and spend time celebrating friendship. This could be simple, like a night spent at home with pizza, face masks and movies, or it could be fancier. Get dressed up and pig out at a nice restaurant with your favorite people. Just because you are single

doesn't mean you can't celebrate love – like how much you love your friends! In the words of the fictional character Leslie Knope of "Parks and Recreation," "'Gal'entine's Day is only the single best day of the year."

### Throw an Anti-V-Day party

Instead of sitting inside and moping, host a party for you and the rest of your solo friends. If you're not wanting to get all dressed in red and eat heart shaped cookies, throw an anti-Valentine's Day party and do everything opposite of the cupid-focused holiday. Have an attire requirement of all-black, throw up a "love stinks" sign and bake cupcakes with broken hearts on them. You can go all out and make the party as sinister as you want. It's anti-Valentine's Day!

### Treat yo'self

Instead of sitting around wondering why you are not enough, remind yourself of just

how awesome you are. Go ahead and buy that expensive lipstick you've been eyeing or those new shoes you've been drooling over for months. Take yourself out for a fancy dessert or order your favorite meal in. Send yourself flowers. Just give yourself a break and treat yourself – you deserve it! Valentine's Day is the perfect time to show yourself just how amazing you are, and you do not need another guy or girl to do that for you; you can do it yourself.

### Try something new

The perfect way to avoid being sad on Valentine's Day is to distract yourself with something fun. Today is the perfect day to try out that new café you read a review about weeks ago, or the ideal time to take a trip to that area you've been putting off going to until "the time is right." There's no better time than Valentine's Day to get excited and go on a new adventure.

### Host a candy tasting party

All of the best chocolates and desserts seem to come out during the holidays – and Valentine's Day is no different. Swing by a local bakery and grab some treats on your way home from class and have your friends over for a candy tasting party. You could even get creative and bake some Pinterest inspired desserts and buy fancy chocolates. Invite a few friends over and exchange Valentine cards and watch a comedy. You can never be too sad when you're surrounded by your best friends and chocolate.

If all else fails, just remember that on Feb. 15 all of the expensive chocolate will be on sale. If that doesn't make you smile, I'm not sure what will. In all seriousness, you do not have to be in a relationship to celebrate the holiday of love. You can always spend it with your friends making memories. While being single can seem like the worst thing in the world, just remember that it is always better to be alone than to be with the wrong person.

## Fashion Finatics: *First Lady fashion*

By: **Celina Mahabir**

Whatever news outlet you rely on for a glimpse into what's going on in the world, one thing's for sure – politics, post-election events and our newly appointed president are prevalent topics in the media. Away from the heated debates on controversial topics, top fashion editorials like VOGUE, Harper's Bazaar and Marie Claire have been on top of assessing the fashion wins and faux pas of First Lady Melania Trump. Their coverage of her ensembles down to the last stitch has inspired me to take a look at former First Lady fashion.

### 1780s: Martha Washington

The first-ever First Lady was known for her classy attire: silk gowns, garnets and stockings. Her style resembled what was popular in Britain at the time and reflected the political culture of the United States as a newly independent country. According to the Smithsonian National Museum of American History, her dresses were often adorned with intricate patterns and layers of material in order to create a flowing, graceful effect.

### 1860s: Mary Todd Lincoln

Coming from an upper-class household, Mary Todd Lincoln was able to keep a near-perfect appearance, while her husband battled civil war, slavery conflicts and national reformation. According to TIME Magazine, despite her five-foot tall stature, she'd splurge on dresses that were roughly \$2,000 apiece. Lincoln often mirrored French style, with low-cut bodices and floral headaddresses. Her costly wardrobe exceeded the \$20,000 attire budget set in place.

### 1930s: Eleanor Roosevelt

Eleanor Roosevelt assumed the position of First Lady soon after women began to make revolutionary strides in society. As PBS states, the 1900s Victorian society had strict ideals for how a woman should act and present herself, and the "Bloomer Girl" style began taking streets by storm. In other words, women began to suppress the belief that they should hypersexualize their attire in order to emphasize their hourglass figure. Cheaper, durable fabric was used in exchange for corsets donated to the military for

materials, while trousers, loose waistlines and coats became popularized. Despite breaking away from cultural norms, Roosevelt still managed to look elegant.

### 1960s: Jacqueline Kennedy

Jacqueline Kennedy is considered the "pioneer" of First Lady fashion by numerous fashion editorials such as VOGUE and Harper's Bazaar. Her pillbox hat, color-coordinated skirt suits and white gloves are just a few of her iconic articles of clothing that shaped her into the fashion icon she still is. Kennedy was also recognized for experimenting with different trends: color blocking, patterns, round sunglasses and others. She was sure to make a statement wherever she went.

### 1970s: Rosalynn Carter

If Jacqueline Kennedy was a fashion risk-taker, Rosalynn Carter was the same – in an entirely different way. While the fashion industry was booming with innovative styles never seen before, The Washington Post said that Carter took it back to basics with high necklines, vintage fabric and embroidery. Her lack of

flashy jewelry and skin exposure highlighted a more conservative personality that showed through her clothing.

### 1990s: Hillary Clinton

During the 1990s, Hillary Clinton's fashion was similar to her presidential campaign wardrobe. Solid colors, suits and flowing materials have always been a part of her style regime, although she has taken the industry by storm with her appreciation of tailored pantsuits. CNN identifies this as her way to break gender stereotypes. However, her wardrobe still maintains a feminine, elegant aura.

### 2010s: Michelle Obama

Michelle Obama is often credited for being one of the most fashionable First Ladies, following Jacqueline Kennedy's legacy. Her love of jaw-dropping designer dresses, gowns and suits has made headlines on numerous fashion editorials, including the likes of Jason Wu, Versace and Altuzarra. She experimented with a number of patterns, fabrics and prints, making it nearly impossible to encapsulate her style with a single label.



## Places to 'gill' out: *Delicious Raw Juice Bar*

By: **Aldana Foigel**

NSU is a unique and lively campus, but that doesn't mean that Sharks can't band together and take an afternoon to explore the South Florida area — even if that just means finding a quaint place to study.

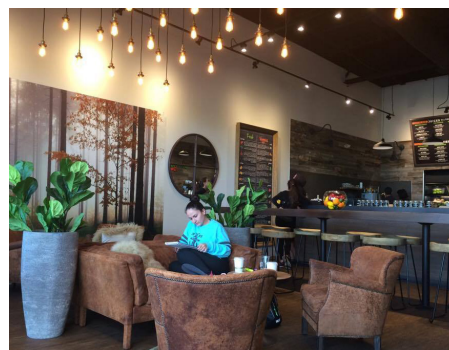
If you're a Shark looking for a place to relax and take a break from assignments and classes without having to trek far, look no longer. Lucky for you, there is a place located only seven minutes away from our beautiful campus. From delicious smoothies to healthy soups and salads, Delicious Raw Juice Bar has it all.

Located in the Tower Shops Plaza, Delicious Raw Juice Bar is the perfect place to

visit with friends, go study or just grab lunch. There is both indoor and outdoor seating; inside you can sit on the sofas or at the bar, both very comfortable options.

The variety of healthy options on the menu is what makes this place so special. From crafted raw juices to smoothies, from tartines made-to-order on vegan, gluten-free toast to acai and health bowls, Delicious Raw offers all kinds of healthy food and beverages. One of their specialties is homemade almond and coconut milks. You can order a cappuccino or a latte and add homemade almond or coconut milk for \$1.50 extra.

If you like fruity and sweet brews more than coffee, go for the juice or smoothie. Be warned, you might be amazed by all the colorful options



PRINTED WITH PERMISSION FROM A. FOIGEL  
Delicious Raw has a variety of comfortable seating.

presented on the menu. Juices are divided into three categories: revitalizers, the roots and green goodness. Smoothies are also divided into three different types: activators, fruitatious and super

food. Breakfast, snacks, brunch or lunch, Delicious Raw Juices Bar covers it all.

Although Delicious Raw opened its location in Davie around the end of October, other locations have been promoting this healthy eating lifestyle since 2013, according to Naples Daily News. If you are looking for a comfortable and welcoming place to either go and read a book on your own, grab something to eat or drink before class, or just have a good time with friends, Delicious Raw Juice Bar can be the perfect place to gill out.

**Delicious Raw Juices Bar**  
2276 South University Drive, Davie, FL  
33324, \$6-\$20  
Mon.-Sun. 7:00 am. - 9:00 p.m.

# Finding Fitness: BODYCOMBAT

By: Bianca Galan

When you hear the phrase “body combat,” what’s the first thing you think about? Soldiers?

BODYCOMBAT is not what many of us expect. It is one of the most fun HIIT, or high-intensity interval training, cardio exercises you can do. Most days, we feel so stressed that we literally want to punch someone. Unfortunately, you can’t punch anyone in BODYCOMBAT, since it’s a no-contact workout, but the adrenaline rush is still amazing.

The first time I went to this class, I was somewhat intimidated by the energy in the room. But after 10 minutes, I felt like one of them, and their energy rubbed off on me. When the class started, I felt like a professional kickboxer, which made me feel comfortable.

No matter how tired I was, the class, the instructor and the music wouldn’t let me cool down. There was so much adrenaline in the room that it was impossible for me to say, “Okay, I’m done.” I wasn’t going to be able to live with myself if I went halfway. The next day, I couldn’t even move - my body was too sore for me to laugh. It was a satisfactory type of pain, because I knew I gave it my all.

BODYCOMBAT is a martial arts-based exercise that doesn’t require formal training. It



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A BODYCOMBAT class in action.

is a combination of Kung-Fu, Tae Kwan Do and kickboxing. The best part is that in this class, you never see blood, unless you hit someone by accident.

Each BODYCOMBAT session lasts about one hour and has the most updated and upbeat playlist you can think of, depending on the instructor. You might enjoy kicking and punching to some My Chemical Romance or Blink-182 songs. This class starts off with a 20-minute warm up, then proceeds with 40 minutes of extreme blood pumping exercises and finishes with a cooldown at the end.

Taking BODYCOMBAT a few times

a week is a great way to maintain fitness. It strengthens your core and tones your muscles. According to a study done by Jinger Gottschall, professor of integrative physiology at Penn State University, “BODYCOMBAT is a supreme vehicle for delivering one of the best core workouts around.” BODYCOMBAT is a great and effective core workout because of something called reactive core training. According to Bryce Hastings in “BODYCOMBAT - The kick-ass way to build core strength,” “Reactive core training is what happens when you exploit your body’s muscle wiring and natural reflexes by doing movements that force your core muscles to automatically respond as they’re meant to.”

Even if you don’t go to this class every day, it’s something to look forward to. This is the best way to enjoy HIIT cardio, forget about all of the week’s stress and put your whole heart in it. This may not be the kind of class that you would usually attend, but why not set a new goal for a change? Embrace the “new year, new you” concept and try BODYCOMBAT. You will be going back, just like me.

The RecPlex on campus doesn’t offer BODYCOMBAT, but you can try BODYCOMBAT on Saturdays at 10:30 a.m. at 24 Hour Fitness in Miramar.

## OUT OF THE SHARKZONE

**Pat McAfee retires from NFL after 8 seasons**

According to NFL.com, Pat McAfee, punter for the Indianapolis Colts, announced his retirement from the NFL on Feb. 2 at the age of 28 after seasons in the NFL. He was drafted in the seventh round of the 2009 NFL draft. His longest career punt ever covered 74 yards, a feat he obtained in 2016.

**Larry Fitzgerald announces his comeback for 2017 season**

Larry Fitzgerald, 10 time pro-bowler and wide receiver for the Arizona Cardinals, has confirmed he will be coming back for his 14th season, according to NFL.com. Fitzgerald led the NFL with 107 catches in 2016. This could be a positive sign that Carson Palmer, 37-year-old Cardinals quarterback, will also be returning.

**Tiger Woods misses cut at Torrey Pines**

Tiger Woods, in his second start in nearly two years, missed the cut at Torrey Pines in San Diego, according to PGATour.com, meaning that his score did not qualify him to play the remaining rounds. Woods posted rounds of 76-72. This is the first time in his historic career that he missed the cut at Torrey Pines. Woods will be playing in the Omega Dubai Desert Classic next week.

## SPORTSSHORTS

### Men’s Basketball

After two games on Jan. 28 and Feb. 1 against Florida Southern and Palm Beach Atlantic, respectively, the men’s basketball team sits with a 2-11 season record in the Sunshine State Conference. During the Jan. 28 game against Florida Southern, the Sharks fought until the buzzer, but could not execute to win, losing 73-71 at Florida Southern. On Feb. 1, the men came out ready to fight against PBA with enthusiasm and integrity in the first half. The Sharks demonstrated a great fight, as Dwayne Gibson totaled 20 points, Harrison Goodrick had 13, and Troy Spears added 11 points. However, they were unable to conquer the Sailfish. With PBA’s fluid movements in defense and offense, the Sharks could not prevail, with a final score of 71-82.

### Men’s Baseball

The reigning 2016 National Champions did not disappoint a sold-out crowd on Friday, Feb. 3, against their opponent, Tusculum College. Before the game, the team honored their late teammate, Dallas Perez, in an emotional tribute with the Perez family and fans at NSU. With “Dallas Strong” stitched on their hats and printed on a banner in center field, the Sharks began their weekend long tournament with a bang. Blasting four homeruns and throwing strikes from the mound, the Sharks demolished the Pioneers with a final score of 11-2, starting their season with a great win and a very thrilling performance.



*Was getting a job one of your  
New Year resolutions? If so, try Student Employment!*



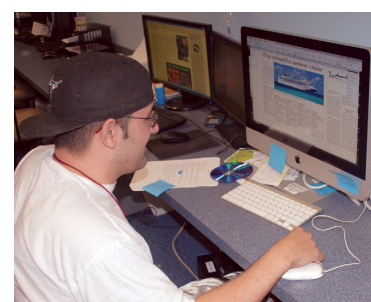
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for information on how to apply.

# ON DECK

## WOMEN'S BASKETBALL

vs. Rollins College  
Winter Garden, Fla.  
Feb. 8 | 7:30 p.m.

vs. Eckerd  
Rick Case Arena  
Feb. 11 | 2 p.m.

## MEN'S BASKETBALL

vs. Rollins  
Winter Park  
Feb. 8 | 7:30 p.m.

vs. Eckerd  
Rick Case Arena  
Feb. 11 | 4 p.m.

## MEN'S BASEBALL

vs. St. Thomas  
NSU Baseball Complex  
Feb. 7 | 6 p.m.

vs. North Georgia  
Dahlonega, Ga.  
Feb. 10 | 4 p.m.

vs. North Georgia  
Dahlonega, Ga.  
Feb. 11 | 1 p.m.

vs. North Georgia  
Dahlonega, Ga.  
Feb. 12 | 2 p.m.

## MEN'S GOLF

Matlock Invitational  
Lakeland, Fla.  
Feb. 13-14

## WOMEN'S GOLF

World Golf Invitational  
St. Augustine, Fla.  
Feb. 5-6

# Athlete of the Week: *Nastassia Rubel*

By: **Trent Strafaci**



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Rubel's knee injuries forced her to quit professional tennis, but they didn't keep her off the court.

Nastassia Rubel, a senior international studies major from Minsk, Belarus, plans to make tennis a part of the rest of her life.

Rubel has a very impressive high school resume. She had an International Tennis Federation junior tennis ranking of 188, and she also competed numerous times for her national team. She came to NSU in 2016 after two years at the University of Arkansas. In her first season as a Shark, she played a very critical role in the team's success, where she notched the third best singles record of the 2016 season at 14-4 and 6-2 in the conference. In doubles she was 11-7, and her most notable win of the season was in the South Region of NCAA tournament against No. 10 West Florida with teammate Klaudia Boczova.

**What encouraged you to play tennis?**

"My friends were the ones that encouraged me to play tennis. They took me to a tennis club in the small town that I grew up in. I decided to give it a try. There was no pressure. The first month of playing I won my first match at the club, and from that point on I fell in love with the sport. I was eight at the time. I started to become motivated to play the sport competitively from that point on."

**Who was the most important person in your tennis career?**

"I have to say my parents were the biggest influence in my life. They gave me an opportunity. They always encouraged me to play sports but to play something that makes me happy."

**What was the biggest challenge you had playing tennis?**

"Well, I have to say the biggest challenge had to be me coming back from knee injuries

I had. It forced me to quit trying to play professional tennis, which is why I am playing college tennis here. So I can get my education and keep playing tennis."

**Who is your favorite tennis player?**

"I actually have two favorite tennis players. I have to say Maria Sharapova and Roger Federer. I was happy that Roger won the Australian Open because it has been so long since he won, and he fought through some adversity like me when he injured his knee last summer."

**What is your biggest accomplishment?**

"My biggest accomplishment has to be winning seven singles matches in a row last year. But the most important thing to me is that the team wins and we have a successful season this year."

# On the Bench: Be loyal to your team

By: **Nikki Chasteen**

We all have that friend who was a Miami Heat fan in 2012, a Golden State Warriors fan in 2015, and the Cleveland Cavaliers fan in 2016. You get my point. Who is your team? Who do you root for on any given day? Where does your loyalty lie?

I must admit, it is appealing to start cheering for a team that is winning. However, I feel if you can't be loyal to one team, you may struggle to be loyal in life. Loyalty goes a long way in any kind of relationship, romantic and business relationships alike. In this case, loyalty to a sports team is important.

Sports teams don't change locations often. Only last year did NFL teams begin to consider moving to a new location, or market to increase revenue. In fact, the last team to change locations since the most recent LA Rams was the Houston Oilers, who moved to Memphis in 1997 and changed their name to the Tennessee Titans. They then relocated to Nashville in 1998. So why is it that sports fans find it hard to be loyal to their teams?

There are instances where the city you live in may not have a home team. I remember when, as a Miamian, you rooted for the Atlanta Braves. There was no Miami—formerly Florida—Marlins, or even Tampa Bay—formerly Devil Rays—Rays. Floridians rooted for the closest home team they had, the Braves. If your

hometown doesn't have a team and then suddenly they bring a team to your city, this may be the only appropriate team switch a fan can make. It was only natural for sports fans to switch from rooting for the Atlanta Braves, to rooting for the Miami Marlins or the Tampa Bay Rays. I would even give a pass to the die-hard, Floridian, Atlanta Braves fans who stayed true to their team.

It's OK to root for the winning team, but don't call them your team. Your team should be the team you were ingrained to root for from your earliest memories. If you want to root for Steph Curry and the Golden State Warriors because, let's be honest, the Miami Heat are struggling these days, that's fine. But stay true to the Miami Heat. All teams go through waxes and wanes, periods of great times and not-so-great times. That's the nature of the industry. Have a little faith; the Miami Heat will prevail and be great again. That's what I keep telling myself about the Miami Dolphins.

My entire life, we have been lousy, but I have faith that one day in my lifetime I will see them reach the Big Game. So even through the trials and tribulations of my beloved team, I still buy apparel, I still go to games and I still cheer as if they are the best team in the NFL. Being loyal to my team is important to me, and I pride myself on being a loyal fan.

Keep calm and go Dolphins.

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# Javier Gutierrez on directing "Rings"

By: **Danielle Pucillo**

"The Ring" movie series returns from a 12-year hiatus with its latest installment, "Rings." This film examines the origins of the vengeful spirit of Samara Morgan and introduces a new way for her to reign terror: today's technology. I had the opportunity to interview the director, Javier Gutierrez.

**Where did you want this film to fall on the "Rings" timeline? Did you want it to be a sequel, prequel or an interpretation of your original idea?**

"I would say it's like a sequel. We talk about the original movie, we talk about how they found the body, Rachel's character, and we acknowledge that those things happen. It's like an evolution of what happened in the first one.

"We are familiar with the whole story of Aidan and Rachel and the position of the second one, 'The Ring 2.' We go back a little bit to the root of the original, the first 'The Ring.' And everything started in the college actually. Everything originates there because a young girl dies and it's like, 'What happened?' And then she starts to investigate, right? So we are following the thread of that path at the college 15 years later... So it's like an evolution, not exactly a sequel. It's a next step following the original."



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In "Rings," director Javier Gutierrez said he attempted to find a balance between the original films and a new vision.

**When you had the final product and saw how everything came out, how was that experience?**

"I was happy. I think it was a good balance of light and dark. I think the movie does a pretty good job of keeping the darkness of the original as well as the visuals. I like to bring the movie to my own world and I like to play with the colors, the textures. I did some tributes to the original colors of 'The Ring,' but I wanted to work with

new layers, you know?

"...And at the same time people like myself are very attached to the original... So I wanted to feel some of the flavor of the original..."

"There are moments of classic suspense and classic horror. That is a bit [different from] trends in horror where they show specifics like blood and gore...we wanted to do a classic horror movie. We wanted it to be adapted to the current times but not get too crazy or too violent. We wanted to focus on the psychology of the characters... That was very intense, because you're put in situations where you have to make decisions and sometimes the wrong decision gets you in trouble."

**There's a few really interesting scenes in the film; my favorite being the one in the cemetery. Which one would you say was the most difficult to film?**

"The one in the cemetery was pretty complicated. That one was one of the hardest. We don't want any spoilers. But everything was real. It was pretty practical. It was rough for the actress too. I'd ask her, 'Please, do it for me.' I want it to be real, I want it to be yourself and to be able to see your face. So it was pretty hard.

"And technologically, a real challenge was Samara coming out of the TV. Because I love

the original film, I love when she walks out. And I thought '[Expletive], I have to do something different.' I wanted to play with what a real girl would do in 2017. In this movie, she would be aggressive and she would say '... you're not coming out from my computer. You're not coming out from my TV.' I like to work with female characters where they are strong."

**You directed a film that was meant to frighten your audience and inspire suspense. What would you say personally frightens you, and did you incorporate any of your own fears into this film?**

"I'd have to say where I really portray my own fears is in my previous film, 'Before the Fall,' which is more based on my childhood. And this film has nothing to do with my childhood. I'm a fighter, and you see Sky fighting the darkness of the entity. No matter if you fight and fight, sometimes you cannot avoid a dark ending. It's the core idea of fighting against your destiny... So I think that's the personal link, to know that we are all going to die somehow. Seven days, 10 days, seven years, and all the decisions we make in that time. I think that's scary."

"Rings" is currently in theaters and is rated PG-13.

## Warning: Extreme Valentine's cheesiness ensues

By: **Rachael Hirstein**

@RachaelHirstein

Valentine's Day is just around the corner, which means candy hearts, chocolates, teddy bears and frilly red and pink cards will abound, and the cheesiest movies and songs will play all day.

### Songs

Music is a big part of this holiday because it can set the mood. Here is a list of some classic songs to play if you want to cheese it up this February.

#### "Let's Get It On" by Marvin Gaye, 1973

Most will immediately recognize the guitar intro to this classic steamy song. This song has been used in many movies, TV shows and commercials for romantic scenes of intimacy. Spice up the night of love with a little bit of Marvin Gaye.

#### "My Heart Will Go On" by Céline Dion, 1997

The well-known song from the film "Titanic" is perfect for any declaration of love this Feb. 14. Let the flute lift your spirits and make your heart light as you sing along with Céline and imagine being "king of the world."

#### "Sugar, Sugar" by The Archies, 1969

This little number is incredibly catchy and your significant other will love listening to it as you spend the day together. There's nothing like being someone's candy girl to know they really care about you. The Archies make every Valentine's Day a special day.

### Movies

Songs may be a great addition to the day

of romance, but let us not forget the movies that make Valentine's Day complete. Who doesn't love watching two people hate each other, then fall in love by some miracle coincidence? Following are some handpicked lovey-dovey movies to watch this hearts day.

#### "Dear John," 2010

You cannot have Valentine's Day without Nicholas Sparks, who is the king of cheesy romance, and "Dear John" is one of his top stories. Like various others, this movie consists of a cliché couple separated by tragedy. Returning home from deployment, a soldier, John, falls in love with a college student, Savannah. The couple faces a long distance relationship when John is deployed once more. This is a "must-watch" for Valentine's Day.

#### "Love Actually," 2003

This classic flick screams love because it references many different love stories throughout the entire movie. It isn't hard to see why this movie, with its complex relationships, is perfect for Valentine's Day.

#### "Valentine's Day," 2010

It's no surprise this movie made the list when it's called "Valentine's Day." Similar to "Love Actually," this movie has multiple different love stories filled with happiness and sadness. If you want to see more well-known American actors and actresses, watch this updated version of "Love Actually."

This Valentine's Day will be the cheesiest yet with this selection of entertainment. Sit back with your significant other and embrace the "true" meaning of Valentine's Day.

## Senior Spotlight:

Brianne Bailey

By: **Brittany Eyres**

Brianne Bailey is a communication major. Originally from Sunrise, Fla., Bailey's focus is in media studies but she also holds minors in dance and theater. Bailey spent her four years at NSU doing things she loved with people she will never forget. She has been involved in the Department of Performing and Visual Arts since she was a freshman, with involvement in the Student One-Acts, "Improv Jam," "Hamlet," "Once Upon a Mattress" and more.

**At what age did you become interested in theater?**

My mom put me in every possible after-school activity, but I started musical theater when I was in kindergarten through eighth grade, then picked it back up again in college.

**Who has had a major impact on your life?**

I think it has been a group effort to help me achieve all of my goals and push me towards opportunities and experiences I would've been too afraid to try myself. My mom, dad, brother and sister have had the greatest impact on me. They always push me to do more and go above and beyond.

**What is the theatre program like at NSU? How is it different from communication?**

It's like a giant family, because I feel like we do everything together, since we're rehearsing every single night until late hours. I also think we're the biggest support group here. We go to all the sporting and dance events together.

It's different from my communication courses because those are more lecture centered, whereas theatre classes are more you doing most of the speaking in front of the class, entertaining the class and stepping out of your comfort zone.

**What has been the biggest challenge for you during your time at NSU?**

Nova's attendance policy because I have to balance auditions, video-shoots, photoshoots



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Bailey encourages students to experience the arts in some way during college.

and interviews, which makes it extremely difficult to skip class when you can only have about two to three absences per semester or else you fail the class.

**What has been the most rewarding experience for you at NSU?**

Probably working as one of the lead roles in "Dog Sees God," the show that just happened. Just working so close with everybody so much, I think will stick with me for life.

**What are your plans for after graduation?**

Internship with NBC 6 hopefully, then save enough money to move to Los Angeles and become a sports broadcaster.

**If you could leave one thing to the students at NSU, what would it be?**

Theater and auditions are open to everyone. You don't need to have experience to be in the arts, and I think it's something everyone should experience at least once during college.



# SOUNDBITE

## "Chill, dummy" by P.O.S

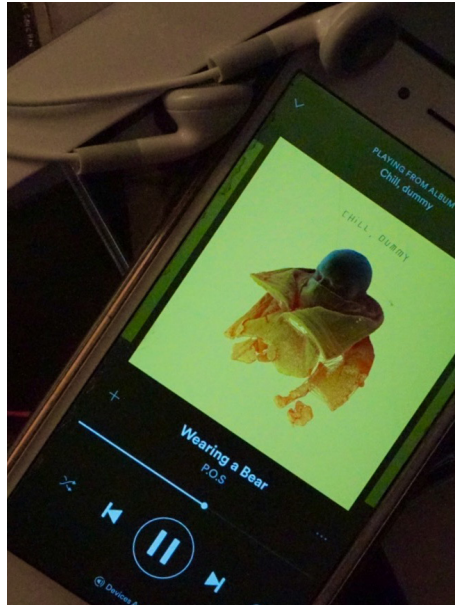
By: **Carli Lutz**

The underground hip-hop scene is more prevalent today than ever before, as people are beginning to look for deeper meaning in songs and for music that strikes up conversations about race and politics. This is all thanks to the current political climate surrounding our country, as well as the state of the world overall. With this thought in mind, one rap-visionary stands out: P.O.S.

Stefon Alexander, better known by his stage name P.O.S, is an indie hip-hop artist hailing from Minneapolis, Minnesota and signed to Rhymesayers Entertainment. P.O.S isn't just a rapper. He's pretty much a jack of all trades in terms of music. He's a producer, punk rock vocalist, guitarist, keyboardist and a man with many projects, ranging from his punk band Building Better Bombs to his involvement as a founding member of Doomtree, a hip-hop group with seven different rappers, producers and DJs.

On Jan. 27, P.O.S released his long-awaited fifth studio album, "Chill, dummy."

"Chill, dummy" is, honestly, exactly what I hoped for it to be. While it is a lot more laid back and chill than his previous 2012 release, "We Don't Even Live Here," "Chill, dummy" shows that even after 16 years in the rap game, P.O.S still has it. P.O.S is a rapper that is typically motivated by anger and the passion he has for what he does.



PRINTED WITH PERMISSION FROM C. LUTZ  
"Chill, dummy" is P.O.S's fifth studio album and is available on iTunes and Spotify.

P.O.S doesn't speak about typical things that mainstream rappers do; instead his words have more meaning. He raps about racism, politics, the state of the world itself and struggles he's dealt with. One thing that I truly admire about indie hip-hop artists is the fact that their words, more often than not, carry more meaning. They don't rap about trivial things, but instead try to make a statement with their music and use

their words to bring about a change in the world where we often feel as if our voices don't matter.

A more politically charged track, and my favorite off the album, is "Wearing a Bear." The lyrics in this track show that P.O.S is ready to fight for what he believes is right and that he's not going to give up. They show that, even though he's had some struggles over the past few years with his health, he's back and ready to speak his mind through song and isn't going to let anything stop him.

Compared to more mainstream hip-hop, I think the production quality of this album is much higher. Everything is more thought out and isn't just made to fit the typical structure of a "Top 40" song.

While it isn't necessarily full of club-bangers, the instrumentals are definitely catchy with lots of bass-y booms and drum beats that are more reminiscent of rock and punk music. P.O.S is an artist that is known for constantly defying genres, and it truly shows throughout this album.

After listening through all of "Chill, dummy," it seems as if P.O.S has found the inspiration he needs in order to write an album that sounds like some of his older, higher quality work. Without a doubt, "Chill, dummy" is one of P.O.S's best works, and I'm looking forward to hearing what he'll put out next.

## OFF SHORE CALENDAR

**"Aventura Foreign Film Series: 'In Harmony'"**  
Feb. 7 | 7 p.m.  
@Aventura Arts & Cultural Center

**"Wynwood Second Saturdays Art Walk"**  
Feb. 11 | 6-10 p.m.  
@Wynwood, Miami

**"National Danish Performance Team"**  
Feb. 11 | 2-3:30 p.m.  
@Scandinavian Center, Davie

**"Bon Jovi's 'This House is Not for Sale Tour'"**  
Feb. 12 | 7:30 p.m.  
@BB&T Center

**"Twyla Tharp Master Class"**  
Feb. 12 | 3 p.m.  
@JM Family Studio Theater, Broward Center for the Performing Arts

## Young Danish gymnasts' lives on tour

By: **Grace Ducanis**  
@GraceDucanis

For Jacob Lund, 22, and Cecilie Lindegaard Broe, 25, gymnastics isn't a competition. It's a performance.

Lund and Broe are members of the National Danish Performance Team, a group comprised of 14 male and 14 female Danish gymnasts aged 20-26. During the tour's six month run, these artists and athletes have already visited Germany, Tanzania, Australia, China and Mexico. This month the team will visit South Florida, holding events on Feb. 7, Feb. 9, Feb. 11 and Feb. 18 in Davie, Coral Springs, Davie and Miami, respectively. In addition to performing, the team continues to train and also teaches workshops on dancing and acrobatics while on tour.

Lund and Broe shared what they love about gymnastics and their favorite memories from the tour.

### How long have you been training in gymnastics?

**Broe:** "I started when I was maybe three years old. I went with my mom, and then when I started school I started going on my own. So almost my whole life."

**Lund:** "Same with me. I've also played a lot of [other sports] as well besides gymnastics. It was only a couple years ago that I really started focusing on gymnastics. So I've always been doing lots of sports, and I finally decided that I wanted to join this team and that I needed to focus on only gymnastics."

### How did you get on the National Danish Performance Team? What was that process like?

**Broe:** "It was in February last year. We went to audition for a whole weekend in Denmark... A few days after we went to talk to all the people who are in charge of the team and two days after that we were selected. I think there were about 100 girls and 70 boys [that auditioned]."

**Lund:** "It's a high privilege to join the team. It's a good team - one of the best in Denmark. Everyone doing gymnastics on a high



Lund (left) and Broe (right) performing in the National Danish Performance Team's show, "IMANI."

level will try to make the team... I feel lucky to have made it to this team. I think this may be the peak of my career because it's really good."

### The style of gymnastics that the team does is not what Americans may think of as gymnastics. What is the difference between American gymnastics and what you do?

**Lund:** "[Americans] do a lot of artistic gymnastics with the high bar and the rings and the floor. We do a different kind. We do a lot of tumbling, but on other equipment. We do power tumbling, but on long tracks [filled] with air... and we use a mini trampoline... [our gymnastics] has been inspired by dance."

**Broe:** "Our gymnastics isn't competitive. We just do the show. It's more about having fun and showing what we can do in that way."

**Lund:** "We don't compete, not even when we tumble. We train all year, and at the end of the year we do a performance that we've been training on to show everyone. So it's a lot more for the community and the society."

### What keeps you personally motivated?

**Lund:** "My biggest motivation is the team. Being together with these amazing guys. I love doing workshops to see the kids smile, and it's



always fun together with your teammates. To keep the show improving and becoming a better gymnast is also one of my main motivations."

**Broe:** "[I'm motivated by] meeting so many people out in the world."

### What's the most challenging thing about being on the team?

**Broe:** "There's always something to do. It's not like you can just relax one day... We still have a lot of fun, but you can't go into your own living room and be yourself."

**Lund:** "You always have to be prepared to do something else. You've been told that you have a workshop with 2,000 boy scouts in the age group 12-15, and you go there and there's 50 elderly women ready to do a workshop. So you never know what to expect."

### What's your favorite memory from the tour so far?

**Lund:** "We were in Indonesia and we had to do a workshop at a school with 3,000 school kids. We came and we put up all the equipment, and suddenly we had to go to a classroom and the classroom was full of chairs. We got to sit down, and they did a performance for us instead with singing and dancing. They invited us up to

sing along and dance and it was a lot of fun... That was an amazing day."

**Broe:** "One of my favorite moments was the first time in the first country where we had to do the show. It was in Germany. There was so many people, and it was like, now this tour is starting. It was not only the Danish people watching. And the first time in Africa and the first time in Australia, it was very special."

### Do you have any funny stories from being on tour?

**Lund:** "We were going to take a picture in front of the opera house in Sydney, and we had to wear our white clothes from the show. That's a long white shirt and long white pants. Then one of the boys forgot all his clothes. So luckily someone had a white towel, and he wrapped it around his waist. One of the other guys bought a new white shirt that same day, so he had that to wear. He was put in the background and we actually got a pretty good photo that day."

### Why did you choose gymnastics instead of doing other things with your life?

**Broe:** "It's about the friendships you make, and the team spirit. You're doing it together with a lot of people and not just yourself. That means a lot for me. You get a lot of experiences with someone else."

**Lund:** "If you make a mistake, the whole team backs you up and says, 'It's OK, go again.' It's not like when you lose a goal in soccer or anything like that. It's the community of gymnastics that's nice."

The team's current show is "IMANI," which means "faith" in Swahili. According to Lund, the show represents not just religious faith, but faith in the community. For more information on the National Danish Performance Team's tour schedule, visit [dgi.dk/ndpt/world-tour/tour-calender](http://dgi.dk/ndpt/world-tour/tour-calender).

# Seriously Kidding

*a satire column*

## President Hanbury leaves NSU to follow music dream

By: **Ben Underhill**  
@ActualBenU

President George Hanbury announced recently that he will not be returning as NSU's president starting with the summer 2017 semester. The announcement came as a shock as no other administrator besides Vice President Jacqueline Travisano had been informed.

"This decision has been thought out for quite a while now," Hanbury stated in the announcement. "It wasn't something to be hastily acted upon, but I believe now is a reasonable time to transfer power to Vice President Travisano."

The vague announcement did not specify why Hanbury would be leaving, so the Current decided to investigate.

As it turns out, Hanbury has spent the past two and a half years not only brainstorming NSU's 2020 Vision, but also writing a "fire" mixtape. The nine-song album, titled "Shark Attack," describes Hanbury's personal experiences both on and off campus.

"My passion for hip-hop has stuck with me since I was a teenager. I guess you could say I was hip to it before many NSU students were even born," Hanbury continued. "These songs directly reflect different points in my life."

One song that Hanbury is especially proud of is "No School for U(School)," his attempt to bridge the gap between the University School students and NSU students. The lyrics "Catch me looking too cool / catch me at the U School / catch me at Nova Southeast U" express

Hanbury's confidence in the One NSU concept. He did admit this song was the only cheesy song on the album, but he felt it was necessary to tie into his roots as NSU's president.

Travisano mentioned she had her suspicions but never thought it would go this far.

"There were quite a few days I would hear rap beats coming from his office, but the door was always shut and locked so I could never see what was going on," she said. "I always figured it was just his taste in contemplation music."

Working with Aftermath Entertainment, the record label owned by rapper Dr. Dre, Hanbury hopes his first album delivers the same punch as famed wrappers like Dre, Eminem, Tupac Shakur, Jay-Z and, oddly enough, Macklemore.

"These rappers have each changed the [hip-hop] game in their own unique way. I'm hoping this mixtape makes its own impact on the industry," Hanbury said. "I focused as much as I could on creating an alter-ego, Razor Bite. I thought to myself, 'NSU is and will always be important to me,' so I figured I'd incorporate it into my work in some way."

Hanbury emphasized that this album was just the first of many and that a national tour was being discussed. He did confirm that the tour would begin and end at NSU's Fort Lauderdale campus. "Shark Attack" will be available on iTunes, Spotify and SoundCloud at a to-be-determined date.

## Drinking alcohol doesn't get better with age

By: **Nicole Chavannes**

As a 21-year-old college student who attended a public high school, I've seen my fair share of underage drinking. More often than not, that underage drinking was performed by teenagers behind their parents' backs, because their parents were concerned with the legality – or rather, illegality – of underage drinking.

If Florida were to reduce the legal drinking age to 18 years of age and underage consumption of alcohol were legal with permission from a parent or legal guardian, we would have fewer lawbreakers.

Although the minimum legal drinking age is 21 in the U.S., there are several states that allow exceptions with the underage consumption of alcohol, according to the Federal Trade Commission. In fact, no less than 22 states allow minors to consume alcohol on private property with the consent of a parent or legal guardian, including Colorado, Delaware, Louisiana, Maine, Oregon and Texas. Florida, however, does not allow this exception.

To clarify, this is not an encouragement to drink illegally or provide minors with alcohol. There are definite dangers to consuming alcohol, especially in unsafe conditions or in excess. That, however, is entirely the point.

It makes sense to allow the consumption of alcohol in a safe, controlled environment with an experienced and responsible adult present to mediate the situation, especially when the alternative is prohibiting it to such an extent that a teenager feels the need to sneak around and consume alcohol in an unsafe environment.

All too often teenagers consume alcohol regardless of its legality, and because parents cannot even offer it to their maturing children

legally, they drink it with their peers who are just as inexperienced and unaware about alcohol and its effects.

When you take into account everything that becomes legal once you turn 18, it seems ridiculous that consuming alcohol isn't one of those things. An 18-year-old in Florida can vote for the next president of the United States, purchase tobacco, marry without parental approval and be tried as a legal adult, according to the Florida Legislature's website. The latter "privilege" is particularly ironic, considering the fact that an 18-year-old can be charged as an adult for drinking "underage."

18-year-olds can also join the military, invade another country and subsequently kill someone legally. Men are required to register for the Selective Service System within 30 days of their 18th birthday, according to the Selective Service System's official website. This means that in the case of a national emergency requiring the rapid expansion of our Armed Forces, those registered would be entered in a draft and could possibly be forced to join the military.

How is it possible to be considered adult enough for these very serious privileges and responsibilities, but not adult enough to consume alcohol? For parents not to have a legal say in when their children are introduced to alcohol and for teenagers to be considered adult enough to fight and die for their country but not to consume alcohol seems inequitable. As long as drinking is done responsibly, it should be legal for both parents to decide whether their children drink in their own home and for 18-year-olds to consume alcohol.

## Swim against the current, don't follow the tide

By: **Melanie Chapilliquen**

My mother instilled these wise words in me by the time I was five years old: "Pick any job that you want, but you might as well be the best at whatever you choose to do."

I've never been able to understand why people choose to study a major where they have to drag their feet to class every day.

With this in mind, it's best if you actually enjoy whatever you're learning about. There is no guarantee that just because you choose a major that pays well, you'll secure employment. While a career is a long-term consideration when choosing a major, you may feel stuck surrounded by a subject that bores you or barely interests you. As college students, we're forced to take typical general requirements for math, science and so on. That's thirty credits we are coerced to take before we get into the "good stuff."

Not only do we have to take the classes, but we are sometimes also subjected to a teacher that genuinely bores the daylight out of us. A minute can seem like an endless hour, and by the time we leave the class, we most likely have no idea what went on. It isn't to say that the teacher was unsatisfactory. You just didn't care. That was one semester – imagine that for the next three years. You sit in classes listening to a teacher passionately speak about a subject while you yearn to be anywhere else.

School becomes a routine. You wake up, get to class, do homework and life becomes

mundane. You no longer see the beauty in learning. You no longer appreciate the opportunity of higher education, no longer value that you attend a school focused on embracing diversity. NSU has thousands of students that take pride in having genuine interests in what they study. These are the students you see with smiles on their faces, whose sanity you question. You think no one could ever be that happy attending college. However, that's the thing: it is possible to learn and find joy in the things you're passionate about, and it's an opportunity that needs to be taken advantage of.

You do your best work when it revolves around your passion. Whether you love art, science, dance or criminal justice, there are thousands of other individuals competing for the same job opportunities.

That's my point exactly – why not wake up every morning excited to learn something new while meeting people along the way instead of dreading the alarm clock? Money comes from successfully completing jobs. The more passionate an individual is about the job the better the result. Before you wake up dreading that 7 a.m. class that has you questioning your major, reflect: Is this really what I want to do for the rest of my life? Or would I rather have my sanity questioned because I actually enjoy waking up and learning about things I am passionate about?

## Opening Doors: Why Alvin Sherman Library needs another entrance, or two

By: **Nikki Chasteen**

As an NSU student, I have had several classes in the Alvin Sherman Library. This semester, I have three of my six classes in the library. I enjoy classes in the library. My classes have always been on the first floor and I like being able to access computers and printing services before class. Unfortunately, I have one major peeve with the library any time I need to use it: There is only one entrance on the west side of the building.

I work in the Horvitz Administration building this semester and tend to park in the Horvitz parking lot, as it is closer than parking in the garage. Any time I am coming from my on-campus job to class in the library, I can only get in by walking all the way around to the front – the only entrance to the library.

Prahasi Kacham, a computer science master's student, said, "Allowing students to use the doors near the classrooms on the first floor would enable students to make it to class more quickly when they are running late."

One day I decided to count the number of doors I pass while making my way to the front. On the south side of the building alone, there are six doors. The West End Deli has two doors that lead to the back of the library. However, they seem to only be emergency exits.

Claudia Stevens, sophomore biology and sociology double major suggested having usable doors where the West End Deli is located, and I completely agree. There are countless times I want to grab a coffee or yogurt before class in the library, but I must walk all the way around to the front, just to walk all the way to the deli despite passing eight doors closer to the deli three minutes before. Three minutes may not sound like a lot of time, but sometimes you only have 15 minutes in between classes.

While it is necessary to have multiple exits available in emergency situations, it seems that at least a few of these exits could be opened for students to use when walking from the east side



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The library only has one entrance for public traffic.

of campus to the library.

To get to the bottom of the mystery behind why the library only has one usable entrance, I reached out to the Public Safety office who referred me directly to the Alvin Sherman Library staff. Unfortunately, although I contacted the library several times, the library has not reached out to clarify the reason they have only one usable entrance.

Justina Joseph, a junior biology major, said, "Having a separate door by the kid's section would be nice so it is easier for families to get in and out without disturbing students who are trying to study."

While we love that NSU opens itself up to the community and our library is open to the public, sometimes there are class trips, or parents bringing their children to the library at various times during the day. It would streamline entering the library for those trying to go to class versus those headed to an exhibit or the children's section. Having separate entrances for students and non-students would be helpful for all parties using the library.

# Live your life to impress yourself

By: **Gabrielle Thompson**

No matter who you are or where you're from, there will always be somebody who does not agree with your personal choices. Pleasing every person you meet on a given day is an impossible task, and the attempt would only cause immense exhaustion and frustration. This leads to the big question: Why do we care what people think?

According to Psychology Today, the need to be included in a group was prominent for our ancestors in order to survive against predators such as saber-toothed tigers and woolly mammoths. However, the need for acceptance

by others is still something that influences our daily actions and thoughts. We dress and act like everyone else around us so we can have a closer relationship with them.

Sure, it feels good to be liked by other people. It feels comfortable to blend in with the crowd. But people who don't blend in aren't trying to spite people. No, they're just doing what they want, what makes them happy. They will get weird looks and people will talk about them behind their back, but, in reality, the people who try to blend in will get the same treatment. Social media is an easy way to examine this

paradox. People who are considered overweight often receive rude comments from strangers, but the same can be said for people who are naturally very thin.

People will always find a reason to think negatively of you. Even I, the person who is writing an article about being whoever you want to be, have judged people for their choices. Everybody does it and everybody gets judged. It doesn't matter what you wear, what your opinions are, how you talk, who you are friends with or what city you are from. Somebody, somewhere is looking at your life and deciding a

certain aspect of it is wrong.

It's time to stop being afraid about what people might think of you and time to start living how you want. Dye your hair bright pink. State your opinions proudly. Wear your fancy dress with Converse — I do this frequently. Eat that second bowl of ice cream. Shout the words to your favorite song so everybody can hear. What's the worst that could happen? You might get an odd look from a stranger, but you're having fun. Life isn't worth living if you are not doing what you love. As Bobby McFerrin said, "Don't worry, be happy."

# Why everybody should take a theater class

By: **Monique Cole**

Sometimes students need to push themselves out of their comfort zones to try something new. While it might be difficult to do this, sometimes it's necessary to advance skill sets and change our perspectives. Because of this, every college student should take a theater class before graduation. Through theater classes, students can gain a sense of creativity, self-respect and become more career-savvy. These additional skills can develop a well-rounded student. Theater for some students can also be their escape from daily stresses and a place for self-expression. In other words, theater classes offer more than just improving one's acting skills.

Some students' blood pressure might skyrocket at the thought of taking a theater class. Fear of humiliation, rejection, failure, interaction and public speaking can cause a student's palms to sweat in regards to performing in front of others.

To kill off a common misconception, theater is not all about acting. Theater is a very diverse field of study, just like any other major. While part of theater involves acting, it also involves the history of theater, technical theater and analyzing different aspects of theater and production. Technical theater involves all the people behind the stage making sure the production goes on. This can include:

set designers, sound and lighting operators, costume designers, makeup artists and everyone else that isn't in the play. There is something for everyone. In the words of Constantin Stanislavski, "There are no small parts, only small actors." A student's role in theater is what they make of the experience.

Theater can be a place to learn how to become a better student and human being. Theater is always live. Each performance is different in some aspect as a result. Every performance requires a team of people who are willing to work hard to achieve success. Theater classes are scholarly, utilizing constant creative and critical thinking. Icebreaker and warm up activities alone can improve a student's patience, attentiveness and memory. Theater classes help develop a strong student mindset. Taking a theater class also demands students to sustain a level of respect, dedication, teamwork and become more receptive to listening to feedback for self-improvement. These principles have the effect of making students more grounded. Most importantly, taking a theater class makes students realize that all of these principles have to be earned, not just given out freely.

Theater classes often test students through application and completion of tasks. When I took comedy and improvisation, it was the only class I took that year that required no textbook. I

would only learn from my classmates' feedback. I didn't just have to listen to the feedback I received, but I also had to keep it in mind for my next performance. Even if it was a great performance, I always knew that the next one could be better. I practiced with my classmates for larger performances and found myself working hard to get that A.

Theater classes can help students prepare for their future careers. Employers aren't just looking for someone with a degree or experience, but also for someone with a personality and a productive work ethic. A student can go to multiple workshops based on career development, but workshops don't test the mastery level of individual understanding of what is being presented. A successful employee is one who can identify expectations, solve problems, effectively communicate and have a sense of confidence. Theater also helps students develop their own work ethic. Students have to create a work ethic that can be applied through performances and complete tasks. Performances and actives suffer greatly when just one person is not carrying their weight, and the same can happen in a real-life work setting. Therefore, students can realize the importance of their work ethic through application, instead of sitting in a workshop just listening.

Taking a theater class can ease stress,

boost confidence and even make students more involved in the arts. When students take a very heavy course load, it's complicated trying to find time to squeeze in a bit of fun or some form of entertainment. If you are still afraid of theater, understand that one of the best things about theater is that it is a place for self-expression and support. Everyone in the class is in the same boat.

We have humanities to learn about human experience. Theater can be a place to discover one's voice and identity. Being able to endure public speaking and feel comfortable in front of others increases a student's self-esteem. By feeling more confident and at ease, students tend to stand up a bit straighter, speak a little more and feel like they can accomplish anything. If for some reason you can't sign up for a theater class, NSU does put on performances throughout the year. You don't have to be a theater major or minor to audition.

Every college student should take a theater class before graduation. Taking a theater class can be a fun and interesting way to learn about yourself alongside other scholarly endeavors. Signing up for a theater class can be intimidating, and might even be terrifying to attend on some days, but by the end of the semester, students who choose theater will gain a new perspective.

## WHAT DO YOU THINK OF THE TRUMP ADMINISTRATION'S DECISIONS SO FAR?

## SHARK SPEAK



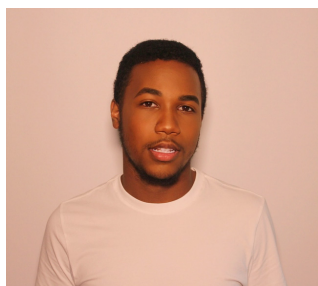
"I don't agree with a lot of the stuff that he's doing, especially with the banning of a lot of Muslim nations. Also, a lot of his policies involving environmental change, like banning the EPA from speaking out, it really, really bothers me. Especially because I consider myself environmentally friendly, so it hurts me and makes me feel unhappy."

- Jacob Grey, sophomore marine biology major



"I don't really care; don't really have an opinion on it."

- Alec Wilde, senior biology major



"I really feel like Trump is a huge bully because he's really dividing the country. We are more powerful as one, not separate entities. The whole Muslim ban is ridiculous; the last attack from somebody from those banned countries was in 2001 [which was] years and years ago. Just for him to do that shows that he is nothing but full of hate."

- Michael Mackenzie, sophomore global marketing major



"I obviously don't really approve of him. I'm kind of a liberal person and don't approve of his racism and sexism, and don't think his policies are very effective and are just going to hurt America. I think the best thing we can do right now is work against him, hope for the best and make sure his policies are not hurting us."

- Shona Joseph, senior biology major



"I'm an environmental science major, and I'm headed toward the naturalist field so I kind of feel obligated to not be a Trump supporter, because he doesn't believe in climate change and the steps he's taking currently are extremely extreme, I guess, and kind of terrifying. The protests are hard to get behind because it is hard to think that they will change anything."

- Emily Harrington, senior environmental science major



"I think he's putting people in places that they don't really know much about. Betsy DeVos, as the head as education. I don't think she's fit to to be head of education, and I think he should just do better."

- Jocelyn Hunter, freshman biology major

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