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The Current

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WELCOME BACK SHARKS



Hanging out with Hanbury

P. 4



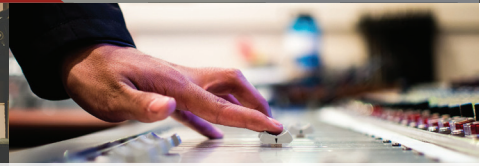
All that Jazzercise

P. 6



"Hidden Figures" = cinematic triumph

P. 9



Pop stars can't shine alone

P. 11

NSU WOWs for the winter semester

By: **Grace Ducanis**
@GraceDucanis

Many Sharks have migrated to South Florida for the winter semester, and NSU is ready to welcome them with a sea of events.

To help students connect and get excited about the new semester, several NSU organizations and departments, including the Office of Campus Life and Student Engagement, the Office of Recreation and Wellness, and Shark Dining, will host the 2017 Winter Week of Welcome [WWOW] from Jan. 9-13.

During the week, students can learn about wellness opportunities on campus at the Wellness Bash, sample campus food at the Welcome Back Food Bash, learn more about student organizations at the Involvement Fair and design their own dry-erase board. Other events include a karaoke night, a pajama game night and a Unified Greek Council (UGC) picnic.

Shannon Booker, assistant director of Campus Life and Student Engagement, said that it's important for students to get engaged so that they can find a balance at school.

"Yes, you're here for academics," he said. "But it's very important for students to have that balance because when you're so stressed out from school and tests, you need something to...get your mind off of it, to relax you. Getting engaged and connecting with students within your major or finding people that enjoy the same things you do will help alleviate the stress and [you'll] have a more enjoyable college experience."

According to Booker, events were planned at different times during each day of the Winter Week of Welcome so that students would still be able to attend some events even if class or work schedules interfered.

"We're trying to connect everyone and not make anyone feel left out," he explained. "This is a way to be inclusive of everyone's schedule and try to get everyone out to engage and have a good time at NSU."

Elora Thomas, freshman undecided major, attended Weeks of Welcome in August 2016. She said that she met most of her friends through the events and that she's planning on participating in the Winter Week of Welcome.

"[WOW is a] great way for everyone to get together, meet more people and experience the college experience," Thomas explained. "I'd definitely encourage new students to attend because that's how you make friends, that's how you decide to be in clubs."

Booker said that the overall goal is for students to engage with NSU, stay at NSU and graduate from NSU.

"Come out, get involved, meet new people, and you may find a connection that you never knew you had here at NSU... We do these things to create an atmosphere for students to connect organically," Booker said.

For more information about the Winter Week of Welcome, contact the Office of Campus Life and Student Engagement at campuslife@nova.edu or 954-262-7288.



Students at a karaoke night during Weeks of Welcome in August 2016.

COURTESY OF STUDENT AFFAIRS

WINTER WEEK OF WELCOME

JAN. 9	JAN. 10	JAN. 11	JAN. 12	JAN. 13
Wellness Bash: Fresh.Fit.Fun 12 p.m. to 1 p.m. UC Spine	Welcome Back Food Bash 11:30 a.m. to 2:30 p.m. UC Food Court	Make Your Name Art Dry Erase Boards 11 a.m. to 2 p.m. UC Pit	Involvement Fair 11 a.m. to 1 p.m. UC Spine	UGC Greek Picnic 6 to 10 p.m. Library Quad
RecWellCome 4-6 p.m. RecPlex	Karaoke Night 8-11 p.m. Flight Deck		Commuter Lounge Grand Opening 11 a.m. to 1 p.m. Shark Fountain	
			Thursday Night Live: Pajama Jam Night 8 to 11 p.m. Flight Deck	

Commuters to 'lounge' around in the Student Affairs Building

By: **Rachael Hirstein**
@RachaelHirstein

The Undergraduate Student Government Association (SGA) at NSU is hosting a grand opening and ribbon-cutting ceremony for the new commuter lounge in the Student Affairs Building (SAB) room 105 on Jan. 12 from 11 a.m. to 1 p.m. during the Winter Weeks of Welcome.

The lounge will be stocked with refrigerated drinks and has a TV with a Wii and a Netflix account for students to use. Plans for this lounge have been in the works for many years. Bethany Warlich, senior business administration major and president of SGA, explained that students, primarily commuter students, have been asking for the lounge for a long time.

"[SGA] has always been pushing for a commuter lounge. Finally, we were able to get a lounge," Warlich said. "This was to help commuter students who have classes from 9:15-11:45 a.m. and then they have a 6-10 p.m. class. For those hours, where are they going to?"



The grand opening of the new commuter student lounge will take place on Jan. 12.

COURTESY OF N. CHAVANNES

Brad Williams, vice president of student affairs and dean of the College of Undergraduate Studies, worked with SGA to turn the idea for the lounge into reality. Warlich said that Williams is dedicated to NSU and its students.

"He listens and advocates for the students

all the time, and he was the one that realized this was something that the students were pushing for and undergraduate SGA really, really wanted," she said.

Benjamin Lowery, junior chemistry major and former SGA member, said that his impact

plan for the Razor's Edge Leadership program also helped bring SGA's student lounge idea to the attention of Williams.

"I know so much about the SGA portion [of this plan] because I used to be a part of SGA and for my impact plan, I was required to research the history of the project I was working on," he explained. "At one point in time SGA actually had a petition with over 2,000 signatures to build a commuter lounge; however, it did not occur. The university has seen the need for a student lounge for a long time. I was just the student leader who finally made enough waves for it to actually happen."

All students are welcome to attend the ribbon-cutting ceremony and use the lounge, although the space was primarily designed for commuter students. The lounge will be open to students during the SAB's hours of operation.

For more information, contact Warlich at bw726@nova.edu.

NEWS ANCHOR

Stay up to date with world events.

Shooting at Fort Lauderdale-Hollywood International Airport

Around 1:30 p.m. on Jan. 6, gunshots broke out at Fort Lauderdale-Hollywood International Airport in Florida, according to CNN. According to the Broward Sheriff's Office, the lone gunman was taken into custody after killing five people and wounding eight. Later identified as Esteban Santiago, 26, the former Alaska National Guard member pulled the gun from his checked baggage at the carousel, according to Local 10 News.

Large iceberg to break off from Antarctica

An iceberg the size of Delaware is set to break away from the continent of Antarctica, making it one of the largest breaks of its kind reported, according to CNN. Researcher Martin O'Leary said the split will largely change the landscape of Antarctica, potentially leaving it unstable.

Mexico raises fuel prices, sparking outrage

The Mexican government at Tlalpan Avenue in Mexico City raised fuel prices 20 percent over the weekend of Dec. 31, according to NBC News. The price increase resulted in protests that included vandalism, blocking roads and boycotting gas stations and transportation.

105-year-old Frenchman sets one hour track cycling world record

On Jan. 4, French cyclist Robert Marchand biked a record-setting 14.08 miles in one hour at the age of 105, according to NBC News. After setting a record of 16.73 miles in the over-100s category at 102 years old, Marchand had a large fan base cheering him on at the velodrome at Saint-Quentin-en-Yvelines.

Turks accept Russian air support in fight against ISIS

According to NBC News, the Turks have accepted Russian air power aid, while declining U.S. help, in their battle to remove ISIS from al-Bab, Syria. Defense officials say that several Russian airstrikes were launched in support of the Turks.

NEWS BRIEFS

Brunch with the LTAs

Lambda Theta Alpha (LTA) Sorority Inc. is having a "build your own waffle bar" event on Jan. 15 from 10 a.m. to 2 p.m. in Commons room 123. This brunch is for students potentially interested in becoming an LTA. For more information, contact LTA president Roma Robinson at rr1440@nova.edu.

Weekend SAS trip – Give Where You Live

The Office of Student Leadership and Civic Engagement (SLCE) and their organization Sharks and Service (SAS) are organizing a weekend trip called Give Where You Live from Jan. 13-15. During the trip, students will stay on campus and participate in community service in Broward County and Miami-Dade County. There is a fee of \$30 for the trip and food and transportation are provided. To sign up, go to orgsync.com/139343/forms/232690 and fill out the appropriate form. For more information, contact SLCE president Allison Foster at af885@nova.edu.

Make scarves for orphans

Alpha Phi Omega is hosting a Harry Potter-themed scarf-making event on Jan. 25 from 6-8 p.m. in Commons room 123. The purpose of this event is to make scarves for orphans in areas with cold climates. For more information, contact Alpha Phi Omega president Morgan Thorn at mt1067@nova.edu.

SLCE holds winter volunteer fair

The Office of Student Leadership and Civic Engagement (SLCE) is hosting a winter volunteer fair on Jan. 18 from 11 a.m. to 1 p.m. in the University Center Spine. Local organizations will attend to talk to students about service projects and opportunities. For more information, contact the SLCE office at 954-262-7195 or slce@nova.edu.

The Current

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NSU plans new residential building

By: Shennel Warner

With the NSU population growing, a new residential building is in the process of coming to campus in the near future. The timing and location of the building is yet to be determined.

According to Aarika Camp, assistant dean of student services as well as director of residential life, the new residential building is supposed to accommodate students who want new housing options, as well as add more dining options to campus.

"We have a lot of students coming from Commons and Goodwin that want apartments, and we don't have that inventory right now," Camp said.

The goal is to create apartment-style dorms for students. The new dorms will allow more students to live and be more active on campus.

"Students who live on campus are often more engaged. They go to more programs, they are on campus more, it's easier to study," Camp says.

One of the biggest changes this project will bring are the new dining options for students. In President Hanbury's 2020 vision, he wants there to be more dining options for students on campus. The new dining option is meant for students to pay at the door and eat at different food stations. The new dining options will not only impact residential students, but commuter and graduate students as well.

Another part of President Hanbury's 2020 vision, according to Jessica Brumley, vice president of the office of facilities management, is that they are trying to increase the undergraduate population.

To make sure that students input is being considered, Brumley said the school hired a third party consultant called Brailsford and Dunlavey, and their purpose is to run through the undergraduate student enrollment projections. The school also goes through a student survey process to better understand what students are looking for in housing.

There is not a specific date for when the residential building will be built because there are still many things to consider, such as pricing, funding and location. Camp said that it should be in the next year or so.

The new residential building location is yet to be determined as well, but Jessica Brumley said, "The game plan right now is to have any new residential development situated where the current residential halls are."

As of now, it is not clear who will be living in the dorms. Camp said that they are still fleshing that out, but the goal is to house between 300-500 students with no less than 300.

For more information about the dorms, contact Aarika Camp at aarika@nova.edu or Jessica Brumley at jw1263@nova.edu.

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NSU welcomes involvement

By: **Rachael Hirstein**

[@RachaelHirstein](#)

The Office of Campus Life and Student Engagement and the Student Events and Activities (SEA) Board will host the Involvement Fair during the Winter Week of Welcome on Jan. 12 from 11 a.m. to 1 p.m. at the Shark Circle.

Yabi Demissie, graduate assistant for student programming, explained that the Involvement Fair will be a bigger version of SEA Thursday but a smaller version of Sharkapalooza.

“It’s a tabling event, and students will be able to come out and see what jobs the departments have to offer as well as the student organizations,” she said.

The event will also feature free food and inflatable hamster balls.

Though there have been other events like the Involvement Fair, this is the first time NSU will host this particular event. Demissie went on to explain that the Involvement Fair will only occur during the winter semester because Sharkapalooza occurs during the fall.

Sandra Philius, graduate assistant for student organizations, explained that the



The Involvement Fair will be a hybrid of SEA Thursday and Sharkapalooza.

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Involvement Fair is a brand-new initiative.

“I noticed we didn’t have a fair opportunity during the winter term,” she said. “Why not do something for winter to really help the organizations gain new members since we do have transfer students coming to NSU and students who really didn’t find their niche their first semester?”

Philius said that she wants to continue this fair in the future and make

it even bigger.

Both Demissie and Philius emphasized that the fair will be important, not only so organizations can find new members, but so students can find their niche on campus if they didn’t during the fall semester. Philius said the Involvement Fair will have a great positive impact on the students’ lives.

“This is a way to learn so much about yourself, meet new friends and learn new skills

that actually translate to what you do in your future,” she said. “It’s a learning experience that I think is very beneficial for us as students in transitioning into our future roles in society.”

For more information, contact the Office of Campus Life and Student Engagement at 954-262-7288 or studentactivities@nova.edu, or contact SEA Board at 954-262-7223 or sea-board@nova.edu.



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Hanbury is no fish out of water

By: **Grace Ducanis**

@GraceDucanis

Struggling with time management and wanting to spend time in the water both sound like they could be the everyday realities of life for an NSU student. It turns out, they're also day-to-day realities for NSU's president, George Hanbury.

In his office, which is decorated with green, colonial-inspired furniture, NSU's president appeared polished but relaxed in his environment. To him, this job fits right.

"When I first came to the university 18 years ago I thought it made sense," Hanbury explained. "But prior to that I knew I wanted to teach and be with students because I've always enjoyed working with young people and trying to mentor young people. So teaching was important to me."

Hanbury calls himself NSU's number one cheerleader. His average day consists of meetings with administrative staff, donors and students. When he has the time, he likes to walk through the University Center or attend a game and talk to students. He said that some students find him unapproachable at first, but get more comfortable during the conversation.

"I'll ask students how things are going, what they're studying, what they're interested in," Hanbury said. "Usually I find them very engaging. But I'm usually the one that needs to crack the ice. I think sometimes students won't come up to me. But if I go up to them and ask how things are going they'll start a conversation."

While Hanbury said that he doesn't always relate to students on a social level, he hasn't

found that there's a generational gap. But then again, he may have a lot in common with them. He struggled to find his passion and to pay for college.

"When I was a young man and graduated from high school...maybe you can tell by my white hair, financial aid was not available," he joked.

So, the future president of a university had to work for his tuition. He got a job with his father, who was a dock master in Norfolk, Virginia on the Chesapeake Bay. Hanbury worked on floating cranes, firing boilers and operating cranes and bulldozers to pay his way through college. He said that his experiences on the bay gave him an appreciation for people of all income levels and their stories.

As a junior in college, Hanbury wanted to go to law school, because he thought that lawyers made a lot of money. His career path changed when he heard a line from U.S. president John F. Kennedy's inaugural address after Kennedy was assassinated in 1963: "Ask not what your country can do for you, ask what you can do for your country."

"That changed my whole perspective and caused me to go into public service," Hanbury said. "And that became my passion."

After graduating, Hanbury spent 30 years as a city manager in four different cities: Ft. Lauderdale and three other cities in Virginia. While working for eight years as city manager in Ft. Lauderdale, he went to night school at FAU and got his PhD. Of course, he said that NSU is a better school.



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For NSU President George Hanbury, the students are the most rewarding part of his job.

Now, as president of a university, Hanbury said that he struggles most with time management and prioritizing. To cope, he keeps the bigger picture in mind.

"I look at a vision of where we want to go," Hanbury explained. "On each day I prioritize and have a pretty good idea of what my week looks like. I put the greatest amount of time into the things that would help to accomplish that vision."

When he's not working, Hanbury said he likes to sail, but that's no secret. Almost every wall in his office has a picture or a painting of a sailboat, and in one of the corners sits a replica of the USS Constitution, one of the first battleships built by the U.S. Navy. Hanbury has a 20 foot fishing boat that he likes to take out, although he said he hasn't had much time for that lately. Sometimes, he takes his wife out on the boat to go to dinner.

Hanbury noted that he's never really left the water. He said, "I enjoyed sailing on the Chesapeake Bay, and I've always enjoyed seas. And it looks like I've always enjoyed rough seas."

Every place I've been, whether in Virginia or in Florida has been on the water. Some body of water."

Hanbury also listed swimming and power-walking among his hobbies, saying that his hobbies aren't that great. On the personality scale, he said he falls somewhere between introversion and extroversion.

"I know that in order to do my job I've got to be more outgoing and extroverted," he said. "But when I'm home I enjoy reading a book and some solitude and I need thinking...I'm not always outgoing and energetic. When I want to relax I enjoy reading a good book." But Hanbury said that work really is his hobby, and that the most rewarding thing about his job is the students.

"I enjoy the interaction," he said. "I enjoy hearing their ideas about how to make the university a better university. I enjoy hearing of their experiences and how they feel they're learning something."

Hanbury's advice to students is to seek their passion, not their fortune. He said that if students follow their passion, their fortune will follow. From aspiring lawyer to city manager to educator to president, Hanbury followed his own advice. Despite 30 years in public service, Hanbury values his role as president above any other occupation he's held.

"During my six years as president I feel like it's been the most noble thing I've ever done," Hanbury said.

Places to 'gill' out: Roasting Buddies



By: **Jenna Kopec**

@Jen_Kopec

NSU is a unique and lively campus, but that doesn't mean Sharks can't band together and take an afternoon to explore the South Florida area — even if that just means finding a quaint place to study.

Caffeine enthusiasts and interior design admirers can find a sweet escape at Roasting Buddies coffee shop. Located in west Pembroke Pines, Roasting Buddies offers spacious seating and a variety of drinks for customers.

As its name suggests, the shop doesn't play around when it comes to brewing styles. Along with their espresso and specialty selection, the shop has a few different brewing methods to choose from, including cold brew and French press. The "house coffee" blend changes each week and the shop also offers a "coffee of the month" which can be bought in the store or on their website.

If you have ever wished that your coffee provider could also assist with your skincare needs, Roasting Buddies has your back. They offer a coffee body scrub online for \$10 and in store for \$9. For anyone who might not be on a caffeine craze, the shop also offers tea and juice options.

If you end up spending the morning or afternoon in the shop, don't worry about getting hungry — you have options. Roasting Buddies offers sandwiches, salads, bagels, croissants, rice and quinoa bowls. The shop also sells

assorted pastries.

Unlike some other coffee shops and even restaurants, Roasting Buddies has some seating options for large groups. This shop may be the perfect destination for larger study groups. But don't be mistaken — the cozy two-seaters and couches provide the ideal atmosphere for an afternoon chat with a friend too. Open until 9 p.m. every night except Sunday, there's plenty of time for a date, with a person or textbook, at the shop.

Variety comes together to form one cohesive experience at Roasting Buddies. If you have a Saturday free for exploration, take a ride out west and see what the shop can offer you. For more information, go to roastingbuddies.com.

Roasting Buddies

18457 Pines Boulevard,
Pembroke Pines, FL 33029

Monday through Friday 7 a.m. to 9 p.m.,
Saturday 8 a.m. to 9 p.m.,
Sunday 9 a.m. to 6 p.m.

Price Range: \$2-\$10

Fashion Finatics: *Veganism is more than a diet*

By: **Rachael Hirstein**

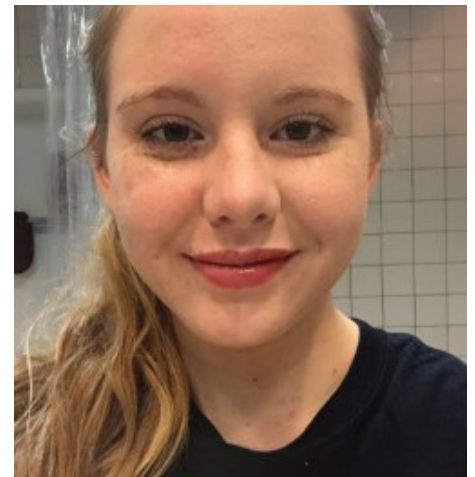
The vegan lifestyle is taking the world by storm with its diet and clothing choices, and according to a 2016 poll conducted by the Vegetarian Resource Group, about 3.7 million Americans ages 18 and up are vegans. Veganism, according to vegan.org, is choosing to refrain from not only consuming but also using anything containing animal products.

This trending movement is becoming easier to keep up with because the makeup industry is changing its ways, making its products not only cruelty-free but vegan-friendly. PETA stated that cruelty-free makeup is makeup that was not tested on animals, while vegan makeup has not been tested on animals nor does it include any ingredients derived from animals.

Many well-known cosmetic brands, such as Too Faced, Tarte and wet n wild, are converting to the new vegan trend. Eyeshadows, lipsticks, foundations, brushes and many other cosmetic products are being made without using any animal-derived ingredients, so an entire face of makeup can be completely vegan. But how good can vegan makeup really be? I tested both cruelty-free and vegan versions of three types of cosmetics - foundation, mascara and lip gloss - to see if there were any differences between the two types.

The vegan products were Milani Smooth Finish Cream-to-Powder foundation in the color soft beige, wet n wild Mega Volume Mascara in the color C138 very black and wet n wild MegaSlicks lip gloss in the shade 553C rasp-berry voice. The cruelty-free products were CoverGirl CG Smoothers BB cream in the color 805 fair to light, Maybelline The Falsies Push Up Angel waterproof mascara in the color black and CoverGirl Outlast All Day Lipcolor in the shade 541 crushed shells.

The foundations had the most significant differences in application. The vegan foundation from Milani had far better coverage than the non-vegan foundation from CoverGirl. The



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Left: Non-vegan makeup
\$7.99 CoverGirl CG Smoothers BB cream in 805 fair to light
\$9.49 Maybelline The Falsies Push Up Angel mascara waterproof in black
\$8.49 CG Outlast All-Day Lipcolor in 541 crushed shells

Right: Vegan makeup
\$9 Milani Smooth Finish Cream-to-Powder makeup in 13 soft beige
\$2.99 Wet n wild MegaVolume mascara in C138 very black
\$1.99 Wet n wild MegaSlicks lip gloss in 553C rasp-berry voice

Milani foundation was very light on my skin but covered up the marks and redness on my face. With the CoverGirl foundation, I felt like I had to keep applying the foundation and it still did not cover anything. The different mascaras and lipsticks, however, had very similar, positive results. Both mascaras provided great lash lengthening results and had a deep, black color. Both lip colors were vibrant, with easy application and a light feel.

It is simple to find vegan cosmetics by searching online, but the product label will show this as well. Products displaying a rabbit signify that the makeup is cruelty-free, but the ingredients list is the key to determining if the product is really vegan. PETA's website has a list of ingredients found in non-vegan cosmetics and foods.

No diets have to change to take part in this animal-loving trend.

Sharks battle food insecurity

By: **John Jaeger**

What does it mean to serve? This winter break a group of 16 NSU students, including myself, got the opportunity to answer that question by working with the YMCA of Western North Carolina (YMCA-WNC) through the Sharks and Service program run by Office of Student Leadership and Civic Engagement (SLCE).

In the Black Mountains of western North Carolina, the temperature brisk and the air crisp, one could say a desert exists. Just outside of Buncombe County, and in some parts of it, lies Tier-1 food deserts, areas denoted by low socioeconomic status and limited or no access to grocery stores within 10 miles.

To help combat food insecurity in these areas, the YMCA-WNC has been putting their pedal to the metal, quite literally. Last year, with their fleet of mobile kitchens, they facilitated 240 healthy food distributions of over 65 metric tons, focusing on providing fresh produce and low-sugar foods to the communities that need them at no cost.

Humble origins

When the YMCA first had the idea to pair food distribution with healthy eating, they were not sure if it would take off. Cory Jackson, Nutrition and Wellness Director of YMCA-WNC and architect of the program, said that at their first distribution, a stationary distribution at the Y in November 2013, only eight people showed up over a two hour period. However, by January 2014 they were seeing 30 to 40 people per week.

Jackson realized the potential for the

program and decided that to be able to impact more families, they would bring food and education directly to these communities. So, the YMCA-WNC created Healthy Living Mobile Kitchens, trucks and a bus altered to include a full kitchen and seating for on-site cooking demonstrations and distributions.

"It's about breaking down the stereotype and a lot of preconceived notions that folks that are living in poverty, that are going through hunger, don't want to eat healthy," Jackson said.

A class act

Lisa Riggsbee, the Healthy Living Manager of Nutrition Programs at YMCA-WNC, said that many of their distribution points are schools where half or more students are on free or reduced lunches. They are able to pair food distribution for adults with nutrition education and fun activities for students. Every distribution has an on-site demonstration to go with it, from making crockpot applesauce to cranberry juice spritzers.

By educating students and getting them excited about eating healthy, Riggsbee said they can affect change in their homes and in their lives.

"Things start in the school. Kids can start influencing the shopping," said Riggsbee.

Sharks and Service

During the trip, NSU students helped sort donated food, distributed out of the Healthy Living Mobile Market and participated in demonstrations for the community, largely with elementary and middle school children. Some of the children they worked with had never tried some of the vegetables they brought: items like

cucumbers, tomatoes and sugar snap peas.

"It is truly the small things that make a difference. Whether it be just smiling as someone comes up to the table to collect some food or watching a child try a vegetable for the first time, those are the things that matter," said Johnson.

Site leaders Moira Majaha, sophomore biology major, and Michaela Johnson, sophomore marine biology and biology double major, both agreed that the trip was very student-driven this year.

Johnson said, "[Students] choose the issues, the locations, where to eat, where to stay and almost everything else in between. Of course they receive guidance from professional staff, but the SLCE office really empowers the students to go out and really make the trip their own."

This year, the SLCE office switched its programming model and joined the Break Away program, which focuses on strong direct service, education and reflection. Reflection is a large part of the trip each evening, as participants and site leaders facilitate activities that help put the week into perspective.

Liz Mazorowicz, graduate assistant for SLCE, said, "The cool thing about having such a big group is that all 16 people bring their different perspectives and their different experiences and that helps all of us have a really good comprehensive understanding of the issue that we're serving with."

What ends up being a common thread among participants is how much impact the service has on them.

"What's so special about the alternative break [is that] you get something out of it.

Explore a new place, make new friends. Make impact in many communities," said Majaha.

Voting with your dollar

One of the big takeaways for the group was how individual spending affected donations. According to endhunger.org, approximately 40 percent of food is wasted from production to the dinner table. By being diligent with their spending and mindful of their eating habits, consumers can help lower the amount of food waste.

Riggsbee explained that, on an individual level, buying more produce can affect the supply chain and increase production and lower costs of healthy food items.

"Whatever decisions you're making, how you spend your time, how you spend your money, who you spend your time with, how does that affect what goes on in the whole system? Because we vote with our money and we vote with our time," said Riggsbee.

When asked what she learned on the trip, Mazorowicz said, "How much I as a human can contribute to creating less food waste but also contribute to positive change on a level of food insecurity. We talked a lot about voting with your dollar and how the food I buy will trickle down to be the food that might be donated... or more available for others."

Any student that wants to participate on future service trips can go to OrgSync and check out Sharks and Service or contact the SLCE office at slce@nova.edu or 954-262-7195.

For more information about the YMCA of Western North Carolina, visit their site at ymca-wnc.org/nutritionprograms.

Career Corner



Wearing hot pink heels and other interview "don'ts"

By: **Emilio Lorenzo and Emily Tasca**

Emilio Lorenzo is the assistant director of career advisement in NSU's Office of Career Development. He understands the importance of helping students reach their career goals and works with all students, including undergraduate, graduate and professional level students, to achieve their professional goals.

Emily Tasca is a member of the career advisement team in NSU's Office of Career Development. She works with current students and alumni at the undergraduate, graduate and professional levels.

Have you ever tried making a positive first impression on someone, and it didn't go as planned? Maybe you accidentally called someone the wrong name or spilled their drink onto their lap. Awareness of social rules and norms can help you avoid these awkward situations, and the same principle applies when making a good first impression in an interview.

During an interview, there is much more on the line, and the party you are trying to make an impression on knows that you have an agenda which entails obtaining a job from them. There are a multitude of common mistakes often made within interviews, and the tips below can help you to avoid them and market the best version of yourself.

Game-plan for the interview

Have you ever been waiting for someone for a lunch date or a planned meeting, and they show up late? It can be annoying because the message they're really sending is that they don't respect your time. This can be one of the

first mistakes you make during the interview process that would be hard to recover from. That employer might jump to conclusions as to your work ethic. If you do not care enough to show up on time for a meeting that will determine if you get the job, what will happen when it comes to your day-to-day work?

A good rule of thumb for avoiding this is planning accordingly, which could entail driving to the interview site the day before to ensure that you know how long it will take to arrive and where to park.

Another strategic step that can be taken as you game-plan for the interview is to review all communication you've had with the employer thus far to solidify who you are meeting with, what their official title is and where their office is located within the building.

Game-planning can also include having the right mindset going into the interview. Understand that the interview is your chance to land the job and that you will be evaluated the moment you walk into the building. Taking this into consideration, you should shut off your cell phone and not be tempted to browse the web or play with apps while in the waiting room, as this also contributes to the first impression.

Research the company and yourself

Knowing the employer means more than just knowing where they are located. Researching the company before your interview is key to making a good first impression and will deliver a strong message in terms of your excitement and passion. When researching a company, try to identify key areas, including the company's core values and mission, website

resources, presence on social media and any recent news stories or updates on new projects or initiatives. The more you know about a company, the more you are able to connect the dots as to why you're the right fit and how your past experiences relate to the position and add value to the company.

The only way to make these connections is to not just research the company, but to evaluate yourself. You should have an understanding of your strengths, shortcomings, transferrable knowledge and skills, your interest in growing with the company and how that will contribute to your career goals, as well as how you solidified your passion for the industry.

Professional attire and greeting

Breaking social norms when it comes to attire and overall appearance can lead to mixed messages between you and the employer. It's best to stick to conservative, business professional attire for an interview, which means a matching suit jacket and slacks or a skirt, as well as an ironed collared shirt. Even if the company has a very casual culture, you still want to make a strong first impression. You can assimilate and adapt your attire accordingly once hired. Dressing to impress is only half the battle, as a firm and professional handshake coupled with proper body language and an overall positive demeanor will set the proper tone going into the interview.

Ask the right questions and avoiding negativity

You may have heard that you should always ask questions in a job interview. While this is

correct, the key is to ask the right questions. Depending on where you are in the interview process, different questions may be appropriate. For example, if you are in the first interview, you want to stick to questions that are more focused on the job responsibilities and overall trajectory of the position. Later in the process, the questions can be geared more towards goals set within the position, specific initiatives planned and what type of applicant would contribute to the organization's success.

On the other side of the spectrum, questions about salary, time off or other benefits should be avoided until the employer has made an offer and you enter the negotiating portion of the process. At this point, both parties have determined that they are a good fit for one another, and although discussing salary is awkward at times, it's a necessary component and should occur at the proper time in the process.

Asking questions is important to making a positive impression, but how you answer questions factors into the employer's decision to extend an offer. You should always focus on the positives in your stories and examples when responding to questions. Even if a past experience wasn't the most pleasant in terms of how that organization you worked for treated their employees, you should still frame your answer in a manner that does not showcase the employer in a negative light.

Making a positive first impression in the interview process starts long before the interview actually begins and requires you to have the right mindset and strategic approach to get the employer to buy into your candidacy.

Finding Fitness: Jazzercise

By: **Grace Ducanis**
@GraceDucanis

Finding Fitness is about more than just scoping out the latest fitness trends; it's about finding exciting new ways to focus on the most important subject of any story: you. From extreme sports to strange and, sometimes, uncomfortable classes, this feature is all about finding the best fitness to maximize your health. Stay tuned to find out what new and exciting fitness endeavors are in the area.

What is Jazzercise?

Kerrie Shechter, who has been a certified jazzercise instructor for over 20 years, said that jazzercise is cardio, strength training and stretching set to popular music.

"We put all the songs into a format that gives you everything you need to have in one hour," Shechter said. "[Jazzercise is] basic dance moves. All of our routines are choreographed."

According to Shechter, Jazzercise comes in many class formats, including Dance Mixx, kickboxing, circuit workouts and body sculpting. Different Jazzercise classes have different levels of intensity. There are classes for children and seniors.

Jazzercise instructors are sent 30 new routines each month, so the classes change frequently. Most classes consist of a dance opening, a warm-up of all the major muscles, increasingly difficult cardio and a cool-down. Some classes also include a leg or weight routine.

"We mix it up so you get both," Shechter said. "It's an interval, heart-rate class."

What are the benefits?

According to the official Jazzercise website, it's possible to burn between 600-800 calories during an hour-long Jazzercise class.

"You get all your cardio-vascular benefits, you get the strength training benefits," Shechter said. "We also do a lot of stretching. So you get everything that you really need to do put into an hour class."

Shechter said that because of the variety of classes that focus on exercising different parts of the body, participants always get a great workout. According to the Jazzercise website, Jazzercise fuses cardio, resistance training, Pilates, yoga, kickboxing and modern dance and offers different formats for the variety participants need to motivate themselves.

Despite these benefits, for Shechter, one of the best things about Jazzercise is the atmosphere.

"It's a friendly atmosphere," she said. "You make lifelong friends. It's a place for people to go not only to get fit but to make friends. We're like a family."

What are the risks?

Shechter said that Jazzercise routines can be amended for participants with health issues. According to Shechter, Jazzercise instructors can give participants different options for each move.

"Our focus is to have a safe and effective class," she said.

Places to Try Jazzercise

Davie Recreation Center

3801 S. Pine Island Road, Davie, FL 33328
Cost: \$15 per class

Weston West Broward Int'l Dance Academy

825 Shotgun Road, Weston, FL 33326
Cost: \$15 per class

ON DECK

MEN'S BASKETBALL

vs. Rollins

NSU Arena
Jan. 11 | 7:30 p.m.

vs. Eckerd

St. Petersburg, Fla.
Jan. 18 | 7:30 p.m.

vs. Barry

NSU Arena
Jan. 21 | 4 p.m.

vs. Tampa

NSU Arena
Jan. 25 | 7:30 p.m.

MEN & WOMEN'S SWIMMING

vs. Florida Southern

NSU Aquatic Complex
Jan 14 | 2 p.m.

vs. Keiser University

West Palm Beach, Fla.
Nov. 11 | 2 p.m.

WOMEN'S BASKETBALL

vs. Rollins

NSU Arena
Jan. 11 | 5:30 p.m.

vs. Eckerd

St. Petersburg, Fla.
Jan. 18 | 5:30 p.m.

vs. Barry

NSU Arena
Jan. 21 | 2 p.m.

vs. Tampa

NSU Arena
Jan. 25 | 7:30 p.m.

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Athlete of the Week:

Christen Prasse

By: **Rachael Hirstein**
 @RachaelHirstein

Christen Prasse is a senior business administration and management double major from Naperville, Illinois, and a junior point guard for the women's basketball team.

Prasse played basketball throughout high school, where she was selected as All-Area by the Chicago Sun Times and Class 4A Illinois Third Team All-State honors.

Prasse said she is going to be the best player she can be despite any obstacles in her way so she can end her basketball career on a good note.

How did you end up at NSU?

"I got recruited out of high school to go to St. Louis University in St. Louis, Missouri where they have a Division I basketball team. I was on a full scholarship there. I was there the summer going into my freshman year and part of my first semester. Right before the season started, I was just too overwhelmed. It was too much, and I just couldn't balance everything. My older sister, who played at a National Association of Intercollegiate Athletics college in Chicago, had a Christmas tournament down here at NSU, and my mom and dad came. This was when I was applying for colleges, and they were like, 'Oh my gosh, this campus is beautiful. You should apply.' I applied, and I visited over spring break, and I loved it. My whole sophomore year I was just a student, and last year, as a junior, I was itching to play [basketball] again. I emailed

Coach Freeland, and she emailed me back in five minutes. I told her I wanted to try out this year as a senior, and she said, 'Come into my office tomorrow and we'll discuss what your options are.' She basically said that if I wanted to, I could join the team on the spot, so I did and I started playing basketball the second semester of last year."

How did you start playing?

"I have an older sister and she got into it. My dad built an outdoor basketball court at my house, and he would go out with my big sister when I was younger and I was kind of jealous that they were playing...Then my dad kept asking me to go out and play and go out and shoot. Then he ended up being my club coach, and he still comes down and watches me play and coaches me from the sidelines. My dad really got me into it."

How do you balance being a student and an athlete?

"Each week, I look at my calendar for basketball and what I have upcoming for the school week, and I make a to-do list and check things off as I go through them."

What is the hardest part of basketball?

"It's a big time commitment. The hardest part is balancing friends, family and schoolwork on top of practices and traveling."



PRINTED WITH PERMISSION FROM M. SHATTUCK Prasse, junior point guard for the women's basketball team, started late in the game but wants to finish strong.

What is the most rewarding aspect of basketball?

"The relationships I've made along the way. I love my coaches. I love the girls on my team. We have a really good record right now, 5-1, so winning is [also] a huge reward right now because we see all the hard work and all the little details we've been doing and that they make a difference."

Are there any professional players that you look up to?

"Candace Parker. As a female figure, she did a lot for the sport. She played at Naperville Central High School, which is five minutes

away from [my hometown]. Then she went to the University of Tennessee and played under Pat Summitt, and now she's in the WNBA. She was cool to watch because I watched her play when she was growing up, so I look up to her."

Do you have any team goals for your sport?

"We just want to keep winning. We just had some injuries that are pretty big [this year]...so a lot of our players have stepped up to fill the voids. Working hard every day and doing the little things we need to do to get the win."

What are your greatest weaknesses as an athlete?

"One of my weaknesses is that I will see something in my head but I won't voice it, so I'm not communicating as well as I should be. Being louder and more assertive is one of my weaknesses that I'm really working on."

What are your greatest strengths as an athlete?

"My greatest strength is my basketball IQ because I'm a point guard, so I have to be able to see the floor and look out for my team to see what is the best option for that possession."

Is there anything you wish you could change about your sport?

"The way college sports are becoming more of jobs. I know people who lose their passion for the sport once they get to college because of that and coaches don't see that."

On the Bench:

ATTN Sharks, school spirit is attainable

By: **Lexi King**

Being a cheerleader means many things: interacting with the community, being positive role models and getting the crowd to cheer on its team. When cheerleaders fantasize about school spirit, we see the bright lights that fade out the crowd. We know the crowd is packed because we can hear the excitement. The crowd wears our school colors and repeats what we yell. Our eyes adjust to the lights and we see the fans painted blue with the letters N S U painted on the chests of the fraternity guys who are front and center.

Alcohol probably fuels their enthusiasm, but we don't care. Our school spirit is exploding through the gym as the team runs out onto the court. Then, as we walk out to stand for the national anthem, reality masks our fantasy. The fans are not painted blue and their faces are lit up with the light from their phone screens.

I have been on the cheer team since my first year at NSU. The turnout for basketball games usually results in about four away team fans to our one Shark fan. I have even had classmates say, "Wait... Nova has a cheer team?" Don't get me wrong, we appreciate the fans we do have. But, with over 4,000 undergrad students, it's reasonable to expect more than a handful would have some school spirit and attend the games.

Attending games might not seem like a big deal now, but a few years from now it will be. Having a "college experience" is important. When our kids are older, they will want to hear stories of things we did in college, like that time we bonded with our roommate, who is now like an uncle to them. We can tell them about the Miami Dolphins being treated like our home football team and how amazing the tailgates leading up to their games were.

Maybe the undergraduate population doesn't know NSU has 17 sports teams. Between the cheerleaders, Sharkettes and pep band, it's easy to stay entertained. It may seem like just a game, but it's more of an experience. Win or lose, you will make memories with the people around you.

So, the next time you hear a fellow Shark say, "Man, Nova's school spirit stinks," politely reply "Well, let's do something about it." If everyone has a mindset that we have the power to make it better, then it will happen. Instead of shooting freshman down for getting excited at a soccer game, we should be jealous that they are showing the upperclassmen how it's done. We make our own spirit, and it can all be improved with more participation. Before we know it, we may all be doing the wave at a basketball game.

SPORTS SHORTS



MEN'S BASKETBALL

WINS

vs. Indianapolis; Dec. 16
82 TO 78
 vs. Point; Dec. 18
88 TO 86

LOSSES

vs. Lynn; Dec. 10
58 TO 80
 vs. West Liberty; Dec. 13
67 TO 84
 vs. Puerto Rico-Rio Pedras; Dec. 19
79 TO 84
 vs. Embry-Riddle; Dec. 30
71 TO 89
 vs. Saint Leo; Jan. 4
61 TO 62

WOMEN'S BASKETBALL



WINS

vs. Lynn; Dec. 10
75 TO 71
 vs. Concordia; Dec. 16
60 TO 51
 vs. Saint Leo; Jan 4
78 TO 66

LOSSES

vs. No.14 Seattle-Pacific; Dec. 17
50 TO 75
 vs. Simon Fraser; Dec. 19
56 TO 76
 vs. Embry-Riddle; Dec. 30
53 TO 57
 vs. Saint Leo; Jan 4
61 TO 62

Into the spotlight: Amazing lesser-known musicians

By: **Athena Edwards**

With mass media outlets like YouTube around, it's difficult to go unnoticed and undiscovered. In fact, several celebrities started out on YouTube and then made it big. Justin Bieber, Carly Rae Jepsen and Christina Grimmie are just a few of these YouTube-to-mainstream stars. Nonetheless, there are still talented individuals floating around the internet who haven't quite made it to that kind of fame yet, although they deserve to.

Anna Clendening

Genre: Pop

Clendening has not only been circulating YouTube but was also a quarterfinalist on "America's Got Talent" in 2014. She started her YouTube channel off with a cover of "Wagon Wheel" in 2012. Her somber music is incredibly relatable and powerful as she struggles with anxiety and depression disorders. Her music touches on subjects like feeling like you're disappointing your parents, finding yourself, learning to love yourself and alcoholism. Her best original songs are "Who I Am" and "I Found Myself." Her music is on YouTube, Spotify and iTunes.

Alex Goot

Genre: Pop

A talented YouTube singer, Goot creates solo covers, collaboration covers and his own original songs. It was his cover of "Beauty and a Beat" by Justin Bieber that got me into his work, along with the work of several other musicians that appear in his music videos,

some of which you can find listed below. His sound is comparable to that of 5 Seconds of Summer and The Summer Set, and some of my favorite original songs of his are "Right Where I Belong," "The Real You" and "Secret Girl." All of his songs, including his covers, can also be found on Spotify and iTunes.

Lucy Hale

Genre: Pop, country

Many know her as Aria from the TV show "Pretty Little Liars," but Hale also has an amazing voice to pair with her acting skills. She started out singing pop music for "A Cinderella Story: Once Upon a Song," where I fell in love with her song "Bless Myself." She has recently gone back to her roots and started releasing country music, which at times demonstrates a youthful summertime vibe. My favorites of her new works include "You Sound Good to Me," "Lie a Little Better" and "Red Dress," the last of which was sung with Joe Nichols. These songs and others can be found on Spotify and iTunes.

Jessie James Decker

Genre: Country, pop

Decker has been a musician since before she got married and changed her name from Jessie James to Jessie James Decker. Her style has a similar sound to that of country singer Shania Twain, and my favorites of her songs are "I Look So Good (Without You)," "Boys in the Summer" and "My Cowboy." She can be found on both Spotify and iTunes.

The Green Children

Genre: Electronic pop

This European duo sings a considerably different tune than all the other artists included on this list, but they are by no means less amazing. While the vocalist sounds similar to Ellie Goulding, this group still boasts a unique style that is hard to replicate. In particular, my favorite songs of theirs are "Outline" and "Dragons." They can be found on Spotify and iTunes as well as YouTube.

Bea Miller

Genre: Pop rock, electronic pop

Another amazing voice, this girl appeared on the "X-Factor" and took ninth place. My favorites of her songs are "Open Your Eyes" and "I Dare You." Her song "Enemy Fire" also has an enjoyably edgy feel. Her sound sometimes resembles a mix of Avicii and Paramore. She can be found on Spotify and iTunes.

Megan Nicole

Genre: Pop

This singer started out with covers on YouTube and has done many collaboration covers with several musicians on this list. My favorites of her songs are "Escape," "Into the Fire" and "B-e-a-utiful." She can also be found on both Spotify and iTunes.

Sam Tsui

Genre: Pop, soul, synthetic pop

Tsui is another awesome YouTube cover artist who has branched out with his own music.

My favorites of his works include "Secret" and "Grey Area." His musical style is comparable to that of the Jonas Brothers. He can be found on Spotify and iTunes.

Jason Chen

Genre: Pop, R&B, soul, rock, Mandarin popular music

Another cover artist who branched out, Chen sings a variety of music. Nonetheless, most of his music holds a quality reminiscent of David Archuleta's work. My favorites of his songs include "Burns," "Bittersweet," "Invisible" and "Best Friend." These songs and more can be found on Spotify and iTunes.

Against the Current

Genre: Pop rock, pop punk

This band started out by producing covers and has gained popularity for their original songs. My favorites of their songs are "Young and Relentless" and "Fireproof." Their sounds are similar to those of Paramore and Avril Lavigne. Against the Current can be found on Spotify and iTunes.

There's some amazing talent out there in the world. With an increasingly digitalized world, it is easier than ever to witness their skills, no matter where they are. So check out these amazing lesser-known artists. They each have their own style and message that deserves to be recognized.

Upcoming movies, TV shows and albums of 2017

By: **Athena Edwards**

The new year is a time to look back at what you have accomplished. However, it's also a time to look forward to some movies, TV shows and albums that are coming out in 2017.

Movies

According to IMDb and the movies' trailers, here are just some of the movies coming out this year.

"Fifty Shades Darker" – Feb. 10

While Christian battles his past in this sequel to "Fifty Shades of Grey," Ana must simultaneously resume their relationship and confront his ex.

"Logan" – March 3

"Logan" is a continuation of the Wolverine and X-Men series. In the future, Logan and Professor Xavier must cope with the loss of the X-Men and defeat Nathaniel Essex while dealing with the loss of Logan's healing abilities and the advancement of Xavier's Alzheimer's. They must also get help from a young girl who is a female clone of Wolverine.

"Beauty and the Beast" – March 17

This film is a live-action remake of the childhood Disney classic and fairytale. "Beauty and the Beast" stars Emma Watson as Belle, a girl who falls in love with a prince cursed to remain a monster.

"Power Rangers" – March 24

This movie is a reboot of a children's show of the same name in which a group of high school kids gain powers and must use their supernatural abilities to save the world.

"Fast 8" – April 14

"Fast 8" is the eighth installment of the "Fast and Furious" movie series in which Vin Diesel and other cast members go on action-packed and race-filled adventures in the name of family.

"Guardians of the Galaxy Vol. 2" – May 5

Continuing where the first movie left off, the "Guardians of the Galaxy" team travels space to figure out Peter Quill's true parentage and battle various foes.

"Pirates of the Caribbean: Dead Men Tell No Tales" – May 26

This movie is the fifth installment of the Pirates of the Caribbean movie series. When Captain Jack Sparrow's old nemesis Captain Salazar comes back from the dead to kill all pirates, Sparrow's only hope is to find and take control of Poseidon's Trident.

"Wonder Woman" – June 2

Diana, an Amazonian princess, leaves her island sanctuary to stop a war. In the process, she discovers her full powers and becomes the superhero Wonder Woman.

"Cars 3" – June 16

In this continuation of the Disney-Pixar movie "Cars," Lightning McQueen must set out to prove to a younger generation that he is still the best racecar in the world.

"Transformers: The Last Knight" – June 23

In the fifth installment of the Transformers movie series, Optimus Prime returns to Earth after looking for the Creators.

"Despicable Me 3" – June 30

Gru and his wife Lucy must stop Balthazar Bratt, a star from the 1980s, from achieving world domination.

"Spiderman: Homecoming" – July 7

This movie is a remake of the Spiderman movies, featuring the Spiderman that premiered in "Captain America: Civil War" as he comes to terms with his new identity.

"The Dark Tower" – July 28

"The Dark Tower" is a movie adaptation of Stephen King's novels of the same name. In the movie and books, a man wanders through the Old West in search of the dark tower in the hopes that it will save the dying world.

"Pitch Perfect 3" – Aug. 4

This film is the third installment of the popular a cappella movie series. Plot details are currently unavailable.

"Thor: Ragnarok" – Nov. 3

This is the third installment of the Thor movies and a continuation of the Marvel Cinematic Universe. Plot details are currently unavailable.

"Justice League" – Nov. 17

Bruce Wayne, after restoring his faith in humanity, enlists the help of newfound ally Wonder Woman and others to face a bigger enemy.

"Star Wars Episode VIII" – Dec. 15

After her journey started in "Star Wars: The Force Awakens," Rey continues her adventures with Finn, Poe, Luke and BB8 in Episode VIII.

"Jumanji" – Dec. 22

"Jumanji" is an adventure movie based on the 1995 fantasy adventure film of the same name. The characters must take on a board game come to life to survive and make it back to the real world.

TV shows

IMDb reported that these TV shows will premiere 2017.

"Sherlock," BBC – Jan. 2017

After a three-year hiatus, Benedict Cumberbatch's representation of Sherlock Holmes will return to the TV screen. The final episode will premiere on PBS on Jan. 15 at 7 p.m.

"A Series of Unfortunate Events," Netflix – Jan. 13

This series is a TV adaptation of Lemony Snicket's book series of the same name. In the series, three children will face various trials as they try to decipher the mysteries surrounding their family after their parents die mysteriously.

"Legion," FOX – Feb. 2017

In this series that takes place in the X-Men cinematic universe, David Haller's split personalities each have control over a part of his power. He must fight back against insanity when he meets a girl who also appears to have a special power.

"Star Trek: Discovery," CBS - May 2017

Set on the USS Discovery, this series occurs twenty years before the events covered in the original Star Trek series and stands apart from the current timeline.

"Making History," FOX – TBA

In this series, friends from different centuries time travel and change history to make each of their lives better.

"American Gods," STARZ – TBA

Based on a book by the same name, a mysterious man approaches Shadow with intimate knowledge of his shadowy past.

Albums

According to Metacritic and the artists' individual websites, here are some of the albums coming out in 2017.

Iggy Azalea, "Digital Distortion" – Jan.

Christina Aguilera, "Blonde" – Jan.

Natalie Hemby, "Puxico" – Jan. 13

Train, "A Girl, A Bottle, A Boat" – Jan. 27

Big Sean, "I Decided" – Feb. 3

Nelly Furtado, "The Ride" – March

Fergie, "Double Dutchess" – Spring

Depeche Mode, "Spirit" – Spring

Gorillaz – Spring

John Mayer, "The Search for Everything" – Spring

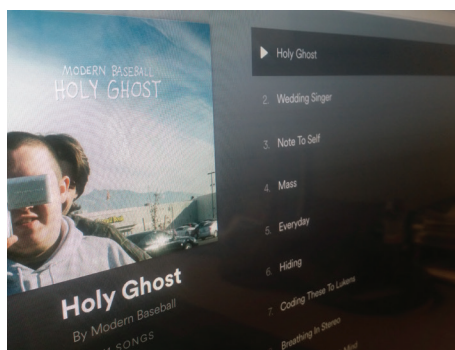
SOUNDBITE

Holy Ghost by Modern Baseball

By: **Ben Underhill**

With the introduction of their third studio album “Holy Ghost” on May 13, 2016, Modern Baseball proved that their electric, energetic style of indie punk rock mixed with just the right amount of adventurous young adult angst has no signs of stopping. The 11 track album is adventurous, heartbreaking and personal, tugging at the heartstrings in the best possible way and making the album as great as it is.

“Holy Ghost,” the first track and namesake of the album, lulls the listener in with a soft acoustic guitar and backup vocals, with an electric guitar offering some auditorily pleasing feedback about 45 seconds into the one minute song. The electric guitar builds up and beautifully throws the listener into the second song, “Wedding Singer.” The high-energy, drum-and-lead-guitar-dominated introduction to the song switches gears between the first and second songs faster than you can say MOBO, the band’s abbreviated name. The verses – despite sounding like run-on sentences, with references to at least two different locations within the song when written out, as is the band’s style – have



PRINTED WITH PERMISSION FROM B. UNDERHILL
Modern Baseball’s third studio album is strong and relatable.

a summer-romance, almost wanderlust, feel to them.

The third track, “Note to Self,” continues MOBO’s wanderlust-y style. It incorporates the classic “I hate my town” mantra, often seen in pop-punk, as the song’s chorus begins with, “Where I want to be still seems a thousand miles away/ But pretending we feel safe right here gets harder every day.” This song can easily be added to a road trip and, if the band was more popular, would easily become a classic car ride sing-along.

Among the more somber songs of the

album lie “Hiding” and “Just Another Face.” “Hiding” easily reels you in with its melodic, calm acoustic guitar and lighter vocals. The song is lyrically reminiscent of some of The Smiths’ acoustic songs like “Asleep” and “Please, Please, Please Let Me Get What I Want,” while musically reminiscent of some of The Wonder Years’ acoustic pieces like “Madelyn” and “No Closer To Heaven.” However, even these comparisons are a stretch because MOBO has developed such a unique sound that even though it’s similar to certain bands, there’s still that distinct sound. As for “Just Another Face,” the song still has the drums and electric guitar, but it feels as if you can listen to it on a mellow night drive without sacrificing the serenity. The crash cymbals on the drums are slightly softened during the verses, so they feel smooth with the rhythm instead of jerking you back into the song. The overall melody brings a calmer peace of mind, if indie punk rock brings any peace of mind to you in the first place, that is.

My favorite song on the album is easily “Mass,” the fourth track. The song jumps right into the lyrics, and, true to what I mentioned earlier with naming locations, the song mentions

not one, not two, but eight different cities and states. The song’s missing-a-significant-other theme easily catches the mind, but the sense of travel and exploration is captivating and fun. Of the memorable lyrics from the song some of my favorites include, “Days like this I miss listening to records/ Making coffee together/ Snow globes and Jersey sheets” and a particularly funny one for a New Yorker like myself, “Bury me beneath New York state/ It’s the only place where I feel dead.”

Overall, the album comes as a strong third studio album for the band. It has fun lyrics, catchy lead guitar, simple yet effective drum rhythms and emotionally relatable themes. These assets, combined with their strong stage presence in which they feel comfortable and actively engage their audience, show the band is ready for the mainstream – against the wishes of many fans who want to keep MOBO their little secret. And mainstream they go, playing nationwide and worldwide tours, even performing at Lollapalooza. Needless to say, it will be exciting to see what they come out with next.

Where to get your jam on: Music festivals of 2017

By: **Ben Underhill**

@ActualBenU

Another year means another great batch of fun, energetic concerts filled with favorite artists. This year offers a myriad of music festival locations across the country and world with varying price ranges and music styles.

Okeechobee Music & Arts Festival March 2-5

About two hours north of campus lies the city of Okeechobee, home of a huge music festival that is sure to take the edge off of midterm week. Some of the dozens of popular artists that will be performing are Kings of Leon, Usher & The Roots, Bassnectar and The Lumineers. This festival has a little bit of everything and tickets are currently on sale for \$301.46 for all four days. Buy tickets at okeechobee.com/lineup/artists/ and a link will appear at the bottom of the screen.

Ultra Miami March 24-26

Boasting popular electronica and EDM music, Ultra is sure to be a fun weekend in March with famous DJs like David Guetta, DJ Snake and Tiesto. The three-day event will be held at Bayfront Park in Miami. Three-day general admission tickets are currently \$349.95 plus \$77.96 in taxes and fees, but tickets are almost sold out. Tickets can be purchased at ultramusicfestival.com/tickets/miami.

Coachella Valley Music and Arts Festival April 14-16 and 21-23

The fact that tickets are no longer available this year shows how popular this dual-weekend festival is. With artists such as Bastille, DJ Khaled, Radiohead and Kendrick Lamar, it’s no wonder the stereotypical flower crown music festival is already sold out. This show takes place annually in Indio, California.

Fort Rock April 29-30

Rock and roll in all its variations will appear in Fort Myers, Florida at the end of April this year. With headlining artists such as The Offspring, Three Days Grace and Motionless in White, the concert offers a rocking weekend getaway. Tickets are on sale now for \$109.50 at fortrockfestival.com/tickets/.

SunFest May 3-7

In West Palm Beach, three stages will pop up for more than 50 artists this May for another great Floridian music festival. Hurry and buy tickets now though: a five day pass costs \$75 until March 10 according to festival website sunfest.com/get-your-tickets. If it’s anything like last year, when the lineup included Train, Death Cab for Cutie, Lukas Graham and Walk the Moon, SunFest is sure to be a blast.

Vans Warped Tour June 16 to Aug. 6

The famous cross-country rock festival brings the best in punk, alternative, ska, pop punk, metal, emo and even some indie to multiple stages during the festival. Warped Tour was the birthplace of multiple popular bands, including Blink-182. This year, Warped Tour will be stopping in 40 cities across the country with dozens of different bands for a low price that is usually between \$40 and \$50. Tickets can be purchased on Ticketmaster when they go on sale.

Download Festival June 9-11

If you want a few more stamps on your passport while listening to rock music, then Download Fest is for you. Hosted in the United Kingdom and multiple other European countries, this rock concert features artists such as Simple Plan, System of a Down, Pierce the Veil, The Story So Far and many more. Tickets for both the show and camping at the festival are available at downloadfestival.co.uk/tickets for a little over \$220 for the U.K. show. Other Download Festival shows will be held in Madrid, Spain and Paris, France.

Summerfest June 28, July 2 and July 4-9

Summerfest claims to be the largest music festival in the world and it’s easy to see why: Summerfest’s 50th anniversary offers 850,000 people the chance to see 800 bands over the course of 11 days in Milwaukee. Last year’s lineup included Paul McCartney, Weezer, Panic! At the Disco, Blink-182, Jason Derulo, Selena Gomez and Weird Al Yankovic, just to name a few. Tickets are available for a mere \$90 for all 11 days, or three-day passes are available for \$48, among other options, at summerfest.com/ticket-info/.

Tomorrowland July 21-23 and July 28-30

If electronica and EDM are your style, then Tomorrowland is the place to be. This massive Belgian festival pops up as a miniature city to host the thousands of fans from across the globe that come to see artists such as Marshmello, Deadmau5, David Guetta and Afrojack. The festival has a vast variety of travel packages that can get a bit pricey. Tickets can be purchased at tomorrowland.com/en/festival/tickets.

Lollapalooza Aug. 3-6

This Chicago-based music festival brings together some of the most popular artists today across multiple genres. Although the lineup for this year has not been announced, last year featured 170 acts including Lana Del Rey, Future, Red Hot Chili Peppers, The Front Bottoms and Halsey. Tickets are not yet on sale, but will be available for purchase on lollapalooza.com/tickets/ and, if they are like last year’s prices, will be around \$335 for the weekend or \$120 for single days.

“Hidden Figures” reveals silenced heroines

By: **Danielle Pucillo**

“Hidden Figures” is a portrayal of three African-American women who played vital roles in making America’s first excursions into space possible. These women were Katherine Goble, a physicist and mathematician and her colleagues, Mary Jackson, an aeronautical engineer and Dorothy Vaughan, a mathematician and computer programmer.

Set in the early 1960s in West Virginia, the film examines the day to day obstacles characters face due to their race and gender. They strive to keep up with the pressure of working at NASA during the historical “Space Race,” as well as moving up professionally while maintaining their families.

Taraji P. Henson provides a stellar performance, pun intended, as Katherine Goble, child prodigy turned computer scientist for NASA. Her character develops over time, initially a soft-spoken widow of three. For most of her life, she demonstrated her intelligence and value by performing jaw dropping calculations on chalk boards which, from a layman’s point of view, is dazzling in itself. But when asked to perform and verify calculations for the first space launch in the US, she is prompted to defend her position and her rights when confronted by discrimination. She musters the courage and tenacity to find her voice, and when she does it is spectacular. Her character is graceful and admirable, so rooting for her came naturally.

The supporting characters’ subplots do not swallow the main plot, and the roles they play extend beyond that of NASA’s goal to reach orbit while also highlighting how African-American

women achieved progress in the context of civil rights.

The most striking feature about this biopic comedy-drama are the visuals. There is a masterful use of contrast and colors, as well as leading lines that focus on objects. The noir-like use of lighting and strategic use of composition hold your attention and compensate for the sometimes dry, jargon-filled dialogue. Images of rocket launches and the glowing earth’s surface instill a sense of wonder, enhanced by the fact that this was during a time when space travel was a revolutionary feat. The cars, fashion and interior décor all reflect a strong feeling of inexplicable nostalgia.

But while the clothes are fitted to perfection and the chrome on the turquoise 1957 Chevy Bel-Air is polished bright, there were also grim reminders of systematic racism and discrimination. Restrooms and water fountains boldly labeled “colored,” snarling police dogs and protestors. This film uses subtle contrast to its advantage to illustrate the division of Americans.

Overall, the film fills you with a lingering sense of joy and conquest. I felt proud of these women’s efforts to revolutionize modern technology despite living in such a pivotal time in our country’s history. The film’s score reflected those feelings. It is uplifting and inspiring, with touches of gospel that go along with the spectacular visuals of outer space that allow you to feel awe. It showed a place beyond the stratosphere that detaches you and provides perspective. I left this film feeling good, with a little more faith in humanity. It was a reminder for Americans how far we have come, and how far we can still go.

Seriously Kidding

a satire column

Blackboard wins award for innovative technology

By: **Jenna Kopec**
 @Jen_Kopec

Nova Southeastern University, revered for its leadership in innovative technology, has just received another award for their use of the online classroom software Blackboard.

“Ironclad Irony” is the title of the National University Technology Network’s (NUTN) newest award category, in which an institution is recognized for their use of some of the most basic technologies. NSU has taken the first award for their use of Blackboard.

“You would think that since the university is so innovative they could find a way to create a new system for operating online class that would make students want to punch themselves in the face,” said Crystal Lozcano, senior political science major. “But I guess that they figured Blackboard is frustrating enough, so why reinvent the wheel?”

Lozcano, who will be graduating in May, said that she will really miss the miniature panic attacks she used to have when Blackboard unexpectedly crashed in the middle of her exams.

The management system for online classes is especially popular with professors.

“I just love the idea that my students will have to search endlessly to find the file folder

with class information that I thought I had put on the first page,” said Lee Yolen, biology professor. “I became a teacher so I could make young people cry, and this just makes it easier.”

University administration said they plan to keep the program well into the future. They said they think it will be a nice reminder of the olden times.

“I guess it’ll be neat when the university goes full touch screen, and we can still watch professors struggle to show us the syllabus on Blackboard,” said Edwin McFaulty, freshman psychology major.

McFaulty said he came to NSU because of their dedication to progress. He figured that they would employ a more user-friendly program for their online classes but appreciates the joke they are playing on the student body.

There’s no word yet on how NSU will receive the award, but there’s speculation that the award will arrive by pigeon in three to four months. NUTN said they tip their hat to any university who has the means for digital progress but chooses to use archaic methods. Congratulations, NSU.

Functional is better than flashy

By: **Steven Wang**

Deciding what to buy has never been an easy task. The necessary essentials aside, people tend to get caught up when buying things like clothes, accessories and other products they feel they need to have. As a college student, this task is even more difficult. Many students manage a tight budget due to the costs of school and living. Quite frankly, most of us just need the essentials to get by. But as teenagers and young adults, we also tend to buy things for show. Flashy clothes, accessories, technology, while they do serve their intended purpose, are often bought to show off to others. This leads to the question, is it better to buy something for practicality or to buy for show? The answer is without a doubt, for practicality.

Why do people buy flashy goods and products when there are cheaper alternatives that are just as functional? Being able to afford and own luxury items boosts a person’s self-esteem. It makes them feel accomplished because they own a product or item that few others can own. It also helps them feel socially accepted because the societal norm is to look up to and be friendlier to those perceived to be wealthy or affluent. Luxury goods create a false sense of accomplishment, fueled by our attraction to wealth. Basically, to buy flashy products is to buy for the sake of feeling satisfied.

To buy for practicality, on the other hand, is to buy for purpose. This is what sets this method of purchasing items above buying for show. Items should be made and purchased solely for the use they were designed for. Yes, there may not be the euphoric rush and pleasure of buying

something flashier, but in the long run, the satisfaction of knowing you’re getting the most out of a product for less money can be equally satisfying, because now you have more money in your hands.

The math is there. Brand name or flashy items can cost much more than their generic counterparts. For example, in today’s society, a smartphone has become a relative necessity. But is it really worth shelling out nearly \$700 for a top-of-the-line smartphone from Apple or Samsung, when there are phones that offer the same features as the iPhone or Galaxy for nearly half the price? The ZTE Axon 7, an Android phone that offers just as many features as the top-of-the-line models, is only \$400. That’s \$300 that can be saved or spent elsewhere. This can be applied to almost every product: watches, glasses, clothes, etc. No matter what we’re talking about, it’s always been the case that a flashier product is generally a waste of money.

There are more benefits to buying for function than to buying for show. Buying for show gives mental and social satisfaction, which is good but not tangible or realistically useful. Buying for function brings financial satisfaction and assurance, which is much more tangible and important. People can live off the money saved by buying frugal, but not off the pride of owning a product made by Gucci or Chanel. Buying for function is less wasteful and makes your money last longer. It’s the secure option for the long run.

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Music producers and songwriters deserve more recognition

By: **Adam DeRoss**

Music politics change depending on where you're looking. In the hip-hop scene, it's not uncommon to see artists supporting each other and praising artists and musicians who helped them get their stuff out there. But in the world of mainstream music, the politics are a lot more complicated and annoying.

Major popular artists like Bruno Mars, Shawn Mendes and Justin Bieber continue to release music that fans lose their minds over, even though most of it follows the exact same formula — simple but catchy lyrics on top of an equally catchy beat. Despite this repetitive formula, most pop listeners continue to give these artists undying praise and treat them like music gods — even though most of them only do a mere fraction of the work that it takes to produce an album.

Music producers are severely under-recognized in all music communities, but especially in pop and top 40's hits. For example, Justin Bieber's 2015 album "Purpose" was met with critical acclaim. Some reviewers even

called it "the best album of his career." But does Bieber deserve all that praise? Why don't we ask the 26 producers who collaborated to perfect the music? Or the 26 contributing writers who helped him write the lyrics? While music critics and journalists may know that Bieber wasn't the only talent on the record, none of that information is widely discussed among his audience and most listeners still think Bieber put forth most of the effort.

Even when popular artists only appear as features on a lesser-known producer's track, they still receive more recognition for that track than the producer does. Let's take a song like "Uptown Funk." The parent album that this single comes from, "Uptown Special," belongs to and was produced by Mark Ronson, which is no secret. All the singers featured on the tracks are just that, features. But chances are if you ask people about "Uptown Funk," the majority will call it a Bruno Mars song instead of a Mark Ronson song, even though Mars is just a feature on the track.

Mars' vocals are a crucial part of the song, but if the backing music wasn't catchy or sounded like garbage, the song wouldn't be nearly as popular. Not to mention, in addition to Mars, writers Jeff Bhasker, Philip Lawrence, Lonnie Simmons, Nicholas Williams, Devon Gallaspy, The Gap Band and Rudolph Taylor also created the lyrics. So, with all this collaboration on one track, why should Mars receive so much of the praise when all he did was lend his voice and, perhaps, a few ideas for the lyrics?

As pop artists continue to neglect their production teams, hip-hop artists do much more to provide producers and writers with recognition for their work. For example, many people don't know that Kanye West started as a producer for Jay Z. After producing a few tracks for Jay Z he broke off into his own career, but Z was always ready to credit and support him.

Following this example, many hip-hop producers now have just as many fans as the rappers who utilize them. When it comes to hip-hop, half the song is the quality of the vocals and

the other half is a great beat. Now that listeners are becoming more interested in the production side of hip-hop, they are more willing to listen to obscure rappers' tracks if they were produced by beatmakers like Clams Casino, DJ Mustard, or No I.D. Because of this, fans of the genre are exposed to a larger variety of artists and both the performers and the producers reap the benefits.

Even if the writers and producers themselves don't care, it's unfair that they aren't given recognition for their hard work. While pop artists pay good money to put their services to use, and the names of writers and producers are credited on the albums, that's no excuse for fans not to recognize that the person singing or the pop icon plastered on the album cover isn't the only talent responsible for the record's content.

DO YOU WANT NSU TO CHANGE IN 2017? IF SO, HOW?



SHARK SPEAK



"I am very happy with NSU...you can get free food almost every day if you're vigilant. I think that maybe in some buildings there could be more of a lively feel. I know that people have complained about NSU being too corporate and there's some validity to that. Like in the business building. In all fairness it looks like a business building, but it doesn't look like a college campus. There's murals of old white guys that have contributed to the making of it all over the place instead of looking like...a college campus."

- Michael Rosario,
senior exercise science major



"This year was my first year as a commuter, so I wish there were more things that would make me want to be on campus...so fun activities... They do a lot of stuff but only people on campus would notice it. It's not like [commuters] come in the UC every single day or people are talking about [events]...We don't get informed about that because we just don't go through the UC."

- Valentina Clouse,
junior criminal justice major



"I'm very excited about the opening of the commuter student lounge in the student affairs building. That's going to be really fun because they don't have a lot of stuff for commuters on campus. But now they will."

- Shakeeva Yaa Nti,
senior legal studies major



"I'd like to see more scholarship options be available on the internet. When I check, there aren't a lot of scholarships available for people like me...I usually see business and aviation scholarships but I don't see biology scholarships. I also wish registration was done differently because there are some classes that I need for my major but by the time I am able to register they are already full...so I guess I wish the availability of the classes I need was better."

- Widelyne Dorsainval,
junior biology major



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