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The Current

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ELECTION DAY!

TRUMP PENCE

VS

DON'T FORGET TO VOTE!



How to survive the holidays with your family

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Cubs break the "Billy Goat Curse"

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Fort Lauderdale gets a Wynwood of its own

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Make way for #NoShoesNovember

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International Education Week: Around the world in five days

By: **Melissa Boneta**

The Office of Student Leadership and Civic Engagement (SLCE) and the Office of International Affairs will host International Education Week from Nov. 14-18 with events highlighting different cultures, international awareness and multicultural education.

International Education Week began at NSU about four years ago with the Office of International Affairs. This is the first year that the two offices have collaborated for International Education Week. Allison Foster, director of SLCE, said the collaboration has been a success.

"This all began when Dani McCalla, our graduate assistant for student leadership development, brought up the idea of collaborating with the Office of International Affairs for International Education week back in

May," Foster said. "This is something SLCE has always wanted to do to make the events a more university-wide week."

Nov. 14 kicks off the week with the OXFAM Hunger Banquet at 7 p.m. in the Alvin Sherman Library, room 4009. At the banquet, students will discuss how poverty affects certain countries and what can be done to overcome this global issue.

On Nov. 15, there will be a variety of international foods in the UC food court from 11 a.m. to 2:30 p.m. International students submitted recipes for the event.

On Nov. 16, a multicultural festival will take place in the Health Professions Division Library/Terry Building Clock Tower Courtyard from 11:30 a.m. to 1:00 p.m. At the festival, students can sample different foods from around the world, listen to live music and join

a multicultural club.

On Nov. 17, Global Village, an exhibit to highlight the countries represented on campus by the student body, will take place in the University Center Spine from 12-1 p.m. Also on Nov. 17, attorney Aaron Blumberg will hold a workshop to help international students understand the basics of student visas and work visas from 2-4 p.m. in Carl DeSantis Building, room 3031.

On Nov. 18, the Nova International Student Association (NISA) will host their first annual Tie-Dye event in the Alvin Sherman Library quad from 3:30-5 p.m., where students can customize white T-shirts to celebrate campus diversity.

NISA president, Leydi Arboleda, said she feels as though this year's International Education Week has more

student-friendly platforms.

"This year's activities are more student-oriented while also incorporating international awareness, even to the international students themselves," Arboleda said.

Alejandra Parra, co-coordinator of International Education Week, said she expects this year's events to reach farther into the student body and raise more awareness about the diversity on NSU's campus.

"NSU is a diverse community so we usually see different cultures interacting with people from different cultures," Parra said. "I think we should have more events like these throughout the year, maybe every month, to always have an active energy of international awareness."

For more information on International Education Week, students can contact Parra at aleparra@nova.edu.

Sleep outside to understand homelessness

By: **Rachael Hirstein**

@RachaelHirstein

The Office of Student Media and Phi Beta Sigma Fraternity Inc. will host SleepOut for the Homeless on the Commons Residence Hall lawn from 7 p.m. on Nov. 17 to 7 a.m. on Nov. 18.

D Bedford, graduate assistant in the Office of Student Media and brother of Phi Beta Sigma, said that SleepOut for the Homeless is a national event, hosted by the fraternity on many college campuses.

"This event is about raising homeless awareness," he said.

Participants will spend a night out in the open on the Commons lawn to replicate the life of someone who is homeless. At the event, participants will be able to donate money to raise awareness for homelessness and homeless shelters.

Bedford said it has been a few years since the last SleepOut for the Homeless.

"Speaking to my Phi Beta Sigma brothers, they say it has been over five years since this event has been done here," he said. "It was done on a much smaller scale in the past."

Johnny Smith, Radford University alumna and former president and vice president of his



PRINTED WITH PERMISSION FROM D. BEDFORD Brothers from the Rho Zeta Chapter from Radford University and brothers from the Mu Nu chapter at Virginia Tech posing for a picture

Phi Beta Sigma chapter, has attended SleepOut for the Homeless at Radford University.

"It is really important to understand the struggles a homeless person will go through... because that is a really rough life to go through," he said. "This event will impact NSU by making the campus more aware of homelessness."

Bedford shared his own personal experience with homelessness in college.

"I don't think most people know truly how



Small crowd walking by and receiving statistics on homelessness.

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many homeless people there are. Just looking at the [national] data it will say at least 14 people at every school in the nation are homeless," he said. "This hits home for me because I was homeless for two months in my college years."

Bedford said that this event is important because it allows people to realize how fortunate they are.

"Sometimes you may be down in the dumps because you didn't do well on a test or

your boyfriend broke up with you," he said. "Just little everyday things we take for granted, such as having shelter over our heads, food to eat, clothes to put on, etc."

Bedford and Smith both said they have high hopes that NSU will raise money and awareness for homelessness through this event.

For more information, contact D Bedford at db2266@nova.edu or RadioX at wnsu@nova.edu or 954-262-8457

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NEWS ANCHOR

Stay up to date with world events.

Trump rushed off stage at rally in Reno, Nevada

While speaking to residents of Reno, Nevada on Nov. 5, Donald Trump was rushed off stage by Secret Service agents. A man holding a sign that read “Republicans Against Trump” was heard shouting that he had a gun, according to BBC. The attendee was tackled and searched by security agents. No gun was found. Trump returned to the stage shortly after.

Bombing in Turkey kills nine, injures 100

Targeting a police station in southeastern Turkey, a car bomb left seven civilians and two police officers dead and 100 people injured. The explosion occurred hours after more than 12 pro-Kurdish political party members were detained, leading Turkish authorities to blame the Kurdistan Workers’ Party for the incident, according to CNN. ISIS later claimed responsibility.

New Delhi smog becomes deadly

Air pollution has engulfed one of the world’s dirtiest cities. New Delhi, India’s capital, has halted construction, closed schools and ordered all roads be doused with water to reduce dust. In the city, PM2.5 levels – particulate matter that can clog lungs – rose to more than 90 times the level considered safe by the World Health Organization, according to NBC. New Delhi has further shut down a coal-fueled plant and banned diesel-powered electricity generators for 10 days.

Samsung recalls millions of washing machines

After receiving hundreds of reports from consumers regarding machines’ excessive vibrating, falling over and parts flying, Samsung has recalled approximately 2.8 million top-load washing machines, according to NPR. This is the second major recall Samsung has faced, as they were recently forced to recall the Galaxy Note 7 phone due to exploding batteries. The company is offering repairs, refunds and replacements to all recalled machines.

Hundreds of migrants dead after shipwrecks in Libya

The UN refugee agency believes more than 200 migrants drowned on Nov. 3 as a result of two shipwrecks off the coast of Libya. Twelve bodies have been recovered so far, and various survivors made it to the shore of the Italian island Lampedusa. More than 4,200 migrants have died making the journey across the Mediterranean Sea this year.

NEWS BRIEFS

Presidential election watch party

On Nov. 8, the Office of Student Leadership and Civic Engagement will host a Presidential Election Night Watch Party in the NSU Flight Deck Pub at 8 p.m. At the party, students can watch election results and enjoy pizza. For more information, contact the SLCE office at slce@nova.edu or 954-262-7195.

NSU presents Laugh Your Fins Off: Homecoming Comedy Show

Students can enjoy some of South Florida’s funniest comedians on Nov. 11. Starting at 10 p.m., the show will feature comedians like Justin Elliot and David Rosario. It will take place in the Performing and Visual Arts Theater and is free for NSU students, faculty, staff and alumni with a SharkCard. Non-NSU guests must pay an entrance fee of \$20. For more information, visit nova.edu/homecoming or contact the Office of Campus Life and Student Engagement at 954-262-7288.

Homecoming bash

On Nov. 10, NSU will host the Homecoming Bash from 10 p.m. to 2 a.m. at Passion Nightclub. Students can purchase tickets for themselves and guests at the Office of Campus Life and Student Engagement for \$10 from 9 a.m. to 6 p.m. Only cash will be accepted. Ticket prices will rise to \$15 the night of the event.

Nominations open for the 19th Annual Student Life Achievement Awards

NSU students, faculty and staff can now nominate candidates for the 19th Annual Student Life Achievement Awards, known as the Stueys. Nominations will be accepted through Jan. 16 at 5 p.m. Those interested in nominating can visit orgsync.com/37641/forms/84324. The NSU Office of Campus Life and Student Engagement Special Events and Projects can be contacted for information at specialprojects@nova.edu

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Out of the Darkness Walk brings suicide to light

By: Lexi King

Lambda Theta Alpha Sorority, Inc. will host the Out of the Darkness Walk, which promotes suicide prevention, on Nov. 13 from 9 a.m. to noon. The race will take place between the Carl DeSantis Building and the Miniaci Performing Arts Center.

Last year, the Out of the Darkness walk raised over \$50,000.

According to Andrea Holguin, senior biology major and event chair of Lambda Theta Alpha Sorority, Inc., this year’s goal is to raise \$55,000 and bring together 1,000 members of NSU and the community.

Holguin coordinated the walk, along with her sorority sisters and the American Foundation for Suicide Prevention.

“Our community really comes together to form teams and raise money,” Holguin said. “It’s so amazing bringing together families who walk for the loved ones that they have lost. Some teams make shirts and others carry large signs to represent their loved ones. We also see survivors who walk to support others and to share their stories.”

Autumn Cacicedo, senior sports recreational management major, attended the Out of the Darkness Walk two years ago.

“I remember going and lining the way with shoes of people that have passed,” she said. “It hit home for everyone there and brought the

community together. I’m excited for this coming walk.”

Roma Robinson, a sister of Lamba Theta Alpha Sorority, Inc., started participating in the walk in 2014, before she joined the sorority.

“My favorite part of the Out of the Darkness Walk is the positive energy it promotes,” she said. “The walk isn’t a time where we dwell on all the negative and hard times that we’ve had. It’s a celebration of life.”

Those interested in participating can register before the event at afsp.donordrive.com/index.cfm?fuseaction=register.start&eventID=4133. Participants can also register the day of the event, starting at 8 a.m.

Participants can choose to be a runner or virtual runner. A virtual runner is a participant that cannot attend the event but would still like to fundraise. Virtual runners must register online to set a donation amount and raise funds.

Lambda Theta Alpha Sorority, Inc., will also host a Live, Love, Hope event on Nov. 8 from 6-8 p.m. on the second floor of the Don Taft University Center, in honor of suicide prevention. This event kicks off the walk with a free dinner and introduces students to suicide prevention with an informational presentation.

For more information about the walk, contact Michelle Manley at mmichell@nova.edu.

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Learn about Islam through Fastathon

By: **Grace Ducanis**
@GraceDucanis

To inform students about Islamic culture, the Student Events and Activities (SEA) Board is collaborating with the International Muslims Association at NSU (IMAN) and the Pakistani Student Association to host the second annual Fastathon on Nov. 16.

The event will consist of a table in the UC Pit from 12-2 p.m., where students can try henna and wear hijabs, and a dinner from 6-8 p.m. in the Flight Deck featuring a guest speaker who will talk to students about Ramadan and Islamic culture.

Divy Mehra, senior biology major and multicultural and diversity chair for SEA Board, said the idea of Fastathon is for students to fast if they want to and that this event is meant to bring awareness to the biggest Islamic holiday, Ramadan.

"During [Ramadan], they take part in fasting," he said. "What we're trying to do is bring awareness to that fasting process and how it differs from other types of fasting traditions."

Fasting is one of the five pillars of Islam. According to Sarah Shareef, senior biology



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Students try henna at last year's Fastathon's tabling event.

major and IMAN's vice president of external affairs, fasting is a major part of Islam, along

with belief in God, prayer, pilgrimage and charity. She said that during the month of Ramadan Muslims wake up at sunrise to eat and pray then fast throughout the day until sunset.

Shareef also said that a lot of colleges hold Fastathons.

"It encourages people to try fasting for a day, whether or not they start from sunrise," Shareef explained. "It's not just a religious thing, but it has a lot of health benefits. Muslims aren't the only ones who can fast. Anyone can fast."

Shareef said that she's looking forward to hearing about the experiences of people who fast during the event.

"I feel like whoever attends should get a new experience from it, whether it's becoming more open-minded and seeing what it's like to fast, or seeing that it's...a spiritual experience as well as a religious experience," she said.

According to Mehra, Islamic culture is not well understood and often mischaracterized.

"The more students are acclimated to that

culture, the better they're able to understand the students around them, and just be more aware of all the different cultures that are present in the United States and around the world," Mehra said. "Islam is the world's second-largest religion. It's important for students to understand what the culture is."

Mehra said that taking part in Fastathon will benefit students in the long run, but that it might require them to step outside their comfort zone.

"There are a lot of Muslim students who not only attend this university but are present in our communities," he said. "The better we're able to understand them the more unified and diverse our country's population will be."

For more information about Fastathon, contact SEA Board at 954-262-7223 or sea-board@nova.edu.

SGA advocates for Muslim prayer room

By: **Grace Ducanis**
@GraceDucanis

The Student Government Association (SGA) passed legislation to create a worship room specifically for Muslim students and is planning to meet with school administrators to discuss possible locations.

According to surveys conducted by SGA, 330 students, 60 percent of whom identified as non-Muslim, signed a petition in favor of the creation of a prayer room specifically for students of the Islamic faith.

Mohammad Farraj, senior biology major, minority senator for SGA and co-sponsor of the legislation, said that he and other Muslim students often pray outside the library, in the corners of the library, and in the grass outside of the UC. According to Farraj, a prayer room for Muslim students would be an attraction for the large Muslim population in South Florida.

"NSU claims diversity, and we push to give a life to students that comforts students of all colors, all ethnicities and all religions," he said. "So if we push for all that, advocating for

a prayer room will have zero negative impact on the school. It could only help."

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn't designated because there wasn't enough persistence from the students.

"Because we're trying to be very efficient with how we use our spaces, higher administration needs to see that there's a big push for things," Ahmed said. "I think this second push is what's really going to help them see that this is necessary."

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Sahar El-Talla, first year optometry student and Muslim who signed the petition, said that it's mandatory that Muslims pray five times a day.

"This [prayer room] is not something that's not going to be useful," El-Talla said. "[Prayer] isn't something that we only do if we want to. It's something that's mandatory. So, no matter what we're doing, even if we're at school, we have to stop what we're doing for a certain time and have to go pray."

El-Talla said that the University of Miami, Broward College and Florida International University all have prayer rooms.

Jonatan Salazar, senior marketing major, Inter Organizational Council senator for SGA, co-sponsor of the prayer room legislation and non-Muslim student, said that last year he would see Muslim students praying outside and in the hallways in the Carl DeSantis building.

"It's almost like you're starving a culture," he said. "There's churches around that

you can go to that are right down the street if you're a Christian and you want to go pray, but especially in the difficult times we're in now where there's a lot of division amongst different groups, it's important that we come together to support every religion in practicing its faith."

Salazar said many Muslims he's spoken with have expressed that they need a prayer room and that many prayer rooms open to all religions don't meet requirements for the Muslim faith.

Farraj said now that the legislation has passed, the creation of the room isn't up to students.

"The choice for this will be made by the higher-ups," he said. "I'm at NSU more than I am at my own home, and as comfortable as I am here, student life and my personal experience here can be enhanced by this prayer room, because I'm one of the ones that leaves every day to go pray."

Veterans Resource Center to honor NSU's veterans

By: **Erin Herbert**
@Erin_Herbert

To celebrate and honor NSU's veterans, the Veterans Resource Center will host a Veterans Day event on Nov. 11 from 2-3:30 p.m. in the Flight Deck.

The event will feature a number of speeches and special performances designed to honor and recognize NSU's veterans, including an introduction by Captain Lee Hediger, founding chair of The Veterans Trust and retired member of the U.S. Army, a speech by Carlos Garcia, veteran alumni and a graduate of the College of Psychology, and a performance by the Broward Sheriff's Office color guard. There will also be a postcard station set up during the event where attendees will be able to write a Veterans Day postcard to an active veteran. All postage will be complimentary.

Peter Caspari from the Department of Defense will also be presenting President Hanbury with the Department of Defense Seven Seals award to recognize NSU's efforts toward veteran employment and education.

According to the Employer Support of the Guard and Reserve, a program within the Department of Defense, the Seven Seals award

is given to any individual or organization that "develops and promotes supportive work environments for Service members in the Reserve Components through outreach, recognition, and educational opportunities that increase awareness of applicable laws, and resolves employment conflicts between the Service members and their employers."

According to Kimberly Durham, chair of the department of justice and human services in the College of Arts, Humanities and Social Sciences, NSU is the only educational institution in the state of Florida to receive the award.

Durham has been an integral part of putting on this event at NSU and said she believes this event is a great opportunity for students, faculty and community members to support and connect with veterans on campus.

She said, "I think coming out to the event and joining in on the festivities is one way that a student can actively say 'thank you' to our veterans and show support for NSU's causes related to veterans."

NSU's Veterans Resource Center was established two years ago after Durham and a

number of other faculty members and students noticed that NSU did not have adequate space or specialized resources to help veterans academically and professionally. The Veterans Resource Center is a room on campus specifically created for veteran students and is equipped with computers, refrigerators, television and a lounging and study area for our veterans to call their own, according to Durham.

Though she is not a veteran herself, Durham said she believes that it is important to offer support to veterans, which prompted her to work with the Veterans Resource Center.

She said, "I've always had a passion for veterans. I am not a veteran myself, but I've always had a passion for working with them as a group."

The Veterans Resource Center will be accepting monetary donations during the event to support NSU's veterans, though no donations are required to attend.

For more information or to make a donation, contact Kathleen Doyle at 954-262-FLAG.

Stay updated
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you know
exactly when to
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with us!

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THAT TIME I... WENT BUNGEE JUMPING IN SWITZERLAND

By: **Joanna Ramirez**

Joanna Ramirez is a senior communication major with a concentration in public relations. She has a hunger for travel and enjoys experiencing different parts of the world.

While studying abroad in Lugano, Switzerland, my classmates and I decided to take a weekend trip to Interlaken, Switzerland, the capital of extreme sports, located two and a half hours northeast of Lugano.

While planning our trip, my friends and I decided that we must participate in a sport. We narrowed our options down to three different sports: skydiving, paragliding and bungee jumping. We found bungee jumping to be the most appealing and within our budget. After making our decision, my classmates and I booked our activity and were off to Interlaken.

The day of our excursion came and we waited at the hotel for the excursion leaders. Once they arrived, 12 of us climbed into a small bus. We were offered some beers from a cooler by a couple of Australians who were living in Interlaken and run the tour. The ride from Interlaken to Stockhorn took about 45 minutes.

We arrived at Stockhorn and met with another group of 12. We then took a 15 minute gondola ride up the mountain. Once we made it

to the top, we found an incredible view of the Stockhorn lake surrounded by incredibly large mountains. We were informed that we would be jumping out of the same 5x7 foot gondola that we took up the mountain. That's when the nerves kicked in.

We were dropped off on the side of the mountain to get weighed and put in chronological order based on height and weight. My friends and I were placed in the second group of 12. This put my mind a bit at ease, since I would now be able to see the first group jump. While waiting for the other jumpers to go, the Australians offered us a couple of vodka shots. At first, I was confused as to why they would offer me alcoholic beverages before doing something so extreme. Quickly, I realized that they use this to help with nerves. I now had gained courage and was ready to make the jump of a lifetime.

We got settled into the gondola to go over the lake for the jump. The excursion leader asked which one of us would like to go first, and without thinking, I yelled back to him, "Me!"

I wanted to get this over with. Immediately, the guy started harnessing on my straps, first around my shoulders, then between my legs and finally around my feet.

The excursion leader then said, "I'm going



Joanna Ramirez went over the edge, in a very different way, in Switzerland.

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to count to three. Once I say the number three, you will jump. OK?"

I answered him, "OK."

"1...2...3," he counted.

I found myself jumping out of the gondola into the fresh, crisp air of the Swiss Alps.

For a moment, I thought I was going to pass out. It was as if time stopped for a couple of seconds, and I got to soak in the spectacular

view. The rope whipped me back and forth, up and down. Finally, they lowered me down into a canoe in the lake where another Australian held a pole up towards me to grab it. Once I got in the canoe, I grabbed the Australian and gave him big a hug. I was thankful that everything had gone OK and that I had actually done something this extraordinary.

It was truly an experience of a lifetime.

Did I choose the right major?

By: **Jessica Tavares and Chris Densmore**

Jessica Tavares is an academic adviser within the Undergraduate Academic Advising Center. She works with undergraduate students within NSU's online and off-site populations. She helps students cultivate degree plans to attain their goals.

Christopher Densmore is a NSU alumnus and an academic adviser in the Undergraduate Academic Advising Center. He works to encourage students at the undergraduate level to achieve their highest learning potential and pursue academic challenges.

Students may often feel stressed when committing to a particular academic track, and

for good reason. Choosing the right program can be overwhelming. But there's no need to fret. Rarely is there a wrong choice when choosing to expand one's depth and breadth of any subject. Choosing a major is important but what also matters is understanding the content of each course in the curriculum and the academic experience.

In recent times, graduate school admission committees and respective admission exams are focusing more on the entire student and not just their major. An example would be the often-pursued pre-med programs. Major in a science program and all the prerequisite courses will be perfectly positioned over the next four years. This plan may be the straightest track

to applying to the school you have always dreamed, but other options exist. More and more pre-med focused students are majoring outside of traditional science programs. There are many excellent majors to explore that can help you attain your ultimate goals but the key to making all of this applicable is to still take the required courses for graduate school. Think carefully and be sure to consider the major's emphasis and not just its requirements. Remember to meet with your adviser to research the prerequisite courses for that dream graduate program so that you are always up-to-date.

Traditionally, a student's GPA is what graduate schools and employers focus on, but that isn't so much the case for today's academic and professional arenas. As our world becomes

both more complex and interlaced, excellent grades may not always be enough. Many graduate schools prefer exceptional students who can understand content from several different areas. It's important to be able to collaborate with others from diverse backgrounds and reach places you aren't already familiar with.

Last but not least is the passion component of choosing a major. To reach one's full potential and excel in any field a certain level of talent is required, but not at the expense of your highest interests.

Picture yourself as a future professional who embodies aspects of commitment, talent and readiness to conquer any endeavor. If your major inspires you this way, you know you have chosen correctly.

NSU isn't horsing around when it comes to therapy

By: **Jenna Kopec**
@Jen_Kopec

Watch out talk therapists, a new form of practice is trotting from the office to the stable. Through efforts from NSU faculty, anyone can build relationships with horses through equine therapy.

Stable Place, founded by Shelley Green, professor of family therapy, and Valerie Judd, is a non-profit organization that provides equine therapy at affordable rates for couples, families and individuals.

Yes, equine therapy, as in horse therapy. According to Green, equine therapy is relatively new to the world of therapy. It was conceived about 20 years ago and recognized as a practice around 10 years ago. So, there's a lot of development to be done in the field.

That's where Stable Place comes in.

This past year, the organization received a grant with FIU's Bridge Program and the Ware Foundation that will allow them to run therapy programs with foster children while FIU does



China (left) and Jasper (right) are two horses used in therapy at Stable Place

clinical research on their work. Green said she is excited to have data that will provide credibility to the field.

While this research is being done, however, Stable Place staff said they see benefits of the practice regularly.

Sheila Santage, equine specialist at Stable Place said, "Just a small little thing can completely change [clients] in such a way and make them see something that they could never see just in everyday life. Just to be a witness to that is such a privilege."

In equine therapy, horses are not trained like therapy dogs often are. Green said that because horses are animals of prey, they are very perceptive of the environment. The animals are able to pick up on the slight nuances of a client's movements and attitudes, and they naturally react to it. This creates the basis for therapy.

Diana Giraldez, adjunct professor of family therapy and staff therapist at Stable Place, said, "I think that unique opportunity that is nonverbal is what creates our approach. It's just unique and magical and really impactful."

A typical equine therapy session is hands-on. The client is asked to perform a simple task

or obstacle with the horse. The therapist will then ask questions and make connections based on observation. For example, Giraldez said that if a person suddenly gets nervous and the horse reacts, she might talk about why that happened with the client. She said that she then ties it back to psychotherapy and tries to create a metaphor.

Ellen Rondino, a NSU master's intern at Stable Place, said she thinks that equine therapy might be even more applicable than talk therapy because some individuals may be unwilling or unable to express the issues they may be struggling with.

Green said, "This is so much not about the words, but it's about the experience."

Because Stable Place's goal is to provide therapy to those who may be unable to afford it otherwise, they are able to offer some services for free. Individuals who are interested in equine therapy can contact Stable Place at 954-790-0270.

What is freedom?

By: **Grace Ducanis**

Today, citizens will exercise their constitutional freedom by voting for federal, state, county and local officials.

The national anthem states that the United States is “the land of the free,” but what does that mean, exactly? Cato Institute and Fraser Institute’s Human Freedom Index, which attempts to measure personal, civil and economic freedom, ranked the U.S. the ninth out of 152 countries in 2012.

Tim Dixon, associate professor of legal studies and history, said freedom is the ability to positively enjoy social, political or economic rights and privileges.

“It’s freedom of private action that’s protected from government intervention,” he said.

However, Dixon also said that the concept of freedom is often ambiguous and can mean different things to different people.

So, what does freedom mean to NSU students?

Defining freedom

Mitchell Gilliland, sophomore marine biology major, said that freedom is the opportunity and availability to do what feels right to you.

“Freedom is definitely important,” he said. “It makes us unique as individuals and allows us to make choices about our lives to really define who we are.”

According to Jarod Harrington, freshman theatre and legal studies major, freedom is the ability to do what you love to do without being judged or persecuted.

“Freedom gives us the ability to be ourselves without having to worry about what other people think,” he explained.

Harrington also said that freedom means something different in the U.S. than in communist countries.

“[In communism] everything is equal, no one is greater than anything else. So their idea of freedom is different than our idea of freedom,” he said.

Freedom in the US

Is the U.S. a free country?

Ebunae McBean, freshman communication major, said that the U.S. is free in a sense.

“People can say what they want, but at the same time there’s rules and laws that govern what to do. You can’t go steal if you want to steal,” said McBean.

Cynthia Exavier, senior biology major, also said that the U.S. is a free country to a certain degree.

“You can’t really do whatever you want here, and that’s a good thing because it helps with safety...If you’re free do whatever you want, crime rates would go up,” she said.

Dixon said that there’s not absolute freedom in the U.S. because of restraints on people’s activity that are generally considered rational, like laws against crime. According to Dixon, freedom in the U.S. is limited by the general beliefs of society.

Working toward freedom

Exavier said that she couldn’t think of areas

where U.S. citizens should be more free, while Gilliland and Harrington said that certain groups don’t have as many freedoms or opportunities as other groups and that the U.S. should work on changing that.

Harrington said that his uncle, who is gay, was declined acceptance to a university because of his sexual orientation.

“That needs to change,” he said. “People shouldn’t be judged or discriminated against for anything that includes sexual orientation.”

McBean, said that in Cayman Islands, where she’s from, she can say things that she would be more careful about saying in the U.S.

“There are people that would be offended by what I might say or what I might do, even though my intentions are not [to offend],” said.

So, opinions on the extent and definition of freedom in the U.S. vary among NSU students. Although it’s an abstract concept, many students agree that freedom, whatever it may be, is valuable. However U.S. citizens define freedom, today they are free to head to the polls to decide who will represent them.

Success Coach

What does success even mean?

By: **Samantha Yorke**

Samantha Yorke is an assistant director and success coach for the Office of Undergraduate Student Success at NSU. She earned her bachelor of science degree in psychology from the University of Central Florida and her master of science degree in higher education from Florida State University. Samantha is a proud Floridian with a passion for empowering others.

Many people have their own definition of success, but which definition of “success” is correct? Well, any and all definitions of success are correct. Success means something different to everyone, depending on their goals, values, interests, skills and experiences.

Success can be obtained through tangible results, like receiving a medal at the end of a 5K, or intangible results, like a warm fuzzy feeling at the end of an awards ceremony. Success can be getting an A on a test for one person, but it

can also be getting a C+ on that same test for someone else.

Someone’s definition of success may be to always come in first place, while someone else’s definition of success may be to always help others keep a smile on their face. Ultimately, it is up to you to define what is a success in your life and how you are going to achieve it.

Take some time to think about what you want to achieve while at NSU and what you want to accomplish before walking onto that graduation stage. Consider the legacy you want to leave at NSU and how you want to be remembered by your faculty and peers.

The goals that lead to your success at NSU can be academically-focused, but they also can be personal. Take some time to reflect on both of these avenues of success and stick your goals somewhere you can see them every day. It will motivate you to keep pushing forward.

To start exploring your definition of success, consider joining a student organization

and getting involved. You may find people who have similar values and interests, which can further support your goals. You can also shadow professionals in a field you are interested in to see if the work feels fulfilling and exciting to you.

As you begin your “success journey” you may wish to speak to a success coach in the Office of Undergraduate Student Success to break down where you are now and what steps are necessary to help you get to the next point in your travels.

No matter what your journey toward success and achieving your goals looks like, once you feel you have obtained success in a specific area of your life, make sure to celebrate your achievements. Share your success with others by tagging your social media posts with #nsusuccess to show NSU your accomplishments, and keep pushing forward with all of your academic and personal goals. Once you achieve a goal, find a new one to work towards. Achieving success takes a lot of effort, passion and motivation, but is also a moment to be exceptionally proud of.

HERE ARE A FEW INDIVIDUALS WHO CHOSE TO SHARE THEIR OWN DEFINITION OF SUCCESS:

“Success is the sum of small efforts, repeated day-in and day-out.” -Robert Collier

“Success is walking from failure to failure with no loss of enthusiasm.” -Winston Churchill

“Success is liking yourself, liking what you do, and liking how you do it.” -Maya Angelou

A personal guide to surviving the holidays with family

By: **Nikki Chasteen**

Halloween is over and the holiday season is upon us. Many of you will probably spend the holidays with your family, unless you come from a family of insanity...and all you want to do is avoid them at all costs.

Perhaps there are bad gifts you will never use, family photos you don’t want to be in and an annoying cousin who drives you up the walls. Maybe you just want to sit in a room and read that book you’ve put off all semester. But at the end of the day, they are family. So, here are some tips on how to survive the holidays with your crazy but lovable family.

Schedule it out

I come from a family of divorce. It can make the holidays stressful, but I enjoy having so much family to see every year. I love multiple meals during the holidays – that could be a week of leftovers to take home. If you also come from a divorced family and there are multiple stops to make for each holiday, try scheduling a time for each stop.

Make plans with each household to see what time they are eating or what time the



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Holidays with your family can be interesting.

festivities will begin. Then, make your schedule. Mom’s house for lunch, dad’s house for dinner and dessert. It may not always be that simple, but it’s a start.

Maybe you are in a relationship and your significant other invited you to a family gathering. On top of your own family, you now have to make time for another family. Again, plan times to visit each house to alleviate some stress. Keep thinking, “More food.”

Let everyone know you will only be able to spend one hour and 26 minutes at each location. House #1 gets one hour and 26 minutes.

Remember, there’s traffic and depending on how far away the next location is, you may need significant drive time. House #2 gets one hour and 26 minutes. This, hopefully, will leave you and your significant other a little one-on-one time to exchange gifts of your own.

Gracefully accept gifts

Now that there is a schedule of events, prepare for gift-giving. You may have an Aunt Sue and Uncle Bob, who inevitably give the worst gifts to all the nieces and nephews. This year, it could be another hideous knitted sweater. There’s no way you will be seen on social media in that thing.

Here’s the plan: layers. Layer clothing under your main shirt. Get some tank tops or thin undershirts and stack those babies. Then, put an oversized t-shirt on top. Perfect. Now, when you try on the sweater, you can tell Aunt Sue and Uncle Bob it’s too small.

That was a close one. Even though the sweater is something you would never wear, politely accept the gift. It won’t take up that much room in your closet.

Don’t ditch the family photo

Next up, the annual family photo for great-grandma Betty who couldn’t travel but is now an email expert and always wants a family photo to put on the wall. You know, the family photo everyone is vying to take so they aren’t actually in it.

Luckily, that sweater was too small. No one needs to have proof you wore it, even if it was just for the family photo. But darn cousin Maria brought her new boyfriend this year and he offered to take the picture so you’re stuck standing next to your obnoxious cousin John.

Relax and breathe. Just take the picture. It will be over in two minutes and you can retreat to another room and go back to reading with your headphones on the highest volume possible.

All in all, it won’t be so bad. They are your family, and despite how crazy and kooky they may be, you love them. Just think: it may be a whole year before you have to see them again. With these tips, you’ll make great-grandma Betty the happiest woman in the world with a new picture to show all her friends at bingo. Most importantly, you’ll survive the holidays with your family.

Cubs win first World Series in 108 years

By: Alyssa Johns

After 108 long years of waiting, Chicago Cubs fan were able to proudly “Fly the W” on Nov. 2 after the Cubs defeated the Cleveland Indians in the World Series, winning their first championship since 1908.

Before this year’s championship run, the Cubs made their last World Series appearance in 1945, but were swept by the Detroit Tigers. It was during this World Series that the ‘billy goat curse’ was born.

Per legend, and BillyGoatTavern.com, on Oct. 6, 1945, a Chicago tavern owner named William “Billy Goat” Sianis wanted to bring some good luck to the Cubs. So, he bought two tickets to Game 4 of the 1945 World Series between the Chicago Cubs and the Detroit Tigers. One ticket was for himself, the other for his pet goat, Murphy. Upon reaching the gates to the stadium, however, he was denied entry, as animals were not allowed in the park.

Denied entry to the stadium, an upset Sianis reportedly to threw up his arms and shouted, “The Cubs ain’t gonna win no more. The Cubs will never win a World Series so long as the goat is not allowed in Wrigley Field.”

The Cubs not only lost that game, but were swept at home by the Tigers. Shortly after the loss, Sianis sent Wrigley a telegram that contained the message, “Who stinks now?”, igniting a curse that would hold the Cubs captive for the next 71 years.

The Cubs’ current manager Joe Maddon doesn’t believe in curses, though.

“If you want to believe in that stuff, it’s going to hold you back for a long time. I love tradition. I think tradition is worth time mentally, and tradition is worth being upheld, but curses

and superstitions are not,” Maddon told the New York Times.

Whether the curse was real or not, one thing is for certain – the Cubs’ World Series victory is very real and incredibly historic. After 71 long years, the curse was broken, and the Cubs have taken their place as World Series champions.

After losing three of the first four games of the series to the Indians, the Cubs’ momentum began to turn around in the fifth game. The Cubs won Game 5 3-2, and carried that momentum to close out the series in seven games.

The 2016 MLB season came to a nail-biting end on Nov. 2, when the Cubs played Game 7 against the Indians. Though it was a tie game in the eighth inning and the game was stopped due to a 17-minute rain delay, the real action came last in the 10th inning. The Cubs were able to put two on the board off the bats of designated hitter Kyle Schwarber and left fielder and World Series MVP Ben Zobrist. Though the Indians scored once in the 10th, it wasn’t enough to overcome the Cubs and keep the team from finally winning another World Series.

Jed Hoyer, general manager for the Cubs, expressed his thoughts on his team after the game to Carrie Muskat, a reporter for MLB.com.

“I think the rain delay was the best thing that ever happened to us, to be honest,” Hoyer said. “We went down to the rain room, talked a little bit. [Theo Epstein, Cubs president of baseball operations] and I saw all the hitters were huddled in the weight room during the delay and kind of getting pumped up. I felt great and thought, ‘We were going to win this inning and we’re world champions.’ Maybe after 108 years, you get some divine intervention?”

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ON DECK

MEN’S BASKETBALL

vs. St. Thomas

NSU Arena
Nov. 11 | 7:30 p.m.

WOMEN’S BASKETBALL

vs. Delta State

NSU Arena
Nov. 11 | 5 p.m.

vs. Union

NSU Arena
Nov. 12 | 4 p.m.

WOMEN’S VOLLEYBALL

vs. Palm Beach Atlantic

West Palm Beach, Fla.
Nov. 8 | 7 p.m.

vs. Florida Tech

Melbourne, Fla.
Nov. 15 | 7 p.m.

SPORTSSHORTS

Men’s and women’s cross country

The men’s and women’s cross country teams completed their seasons at the South Regional Championship on Nov. 5 in Saint Leo, Florida. The men’s team finished in sixth place, while the women’s team took 16th overall.

Because neither team was able to secure a top-three finish, NSU will not have any athletes competing in the NCAA Division II Nationals meet on Nov. 19.

Men’s and women’s golf

The men’s golf team tied for third overall at the Golfweek Division II Fall Invitational on Nov. 1. The team shot a combined three-round of score of 886. Richard Mansell led the team in the final round, finishing the tournament four strokes under par.

The women’s golf team finished fourth out of 12 teams at the Newberry Invitational on Nov. 1. Jamie Freedman shot one over par in both rounds to lead the Sharks with a total 146 strokes.

Women’s soccer

The Sharks fell 2-1 to Saint Leo in the Sunshine State Conference tournament on Nov. 6. Nichole Poppe put the Sharks on the scoreboard first with her third goal of the season, but Saint Leo came back and scored a pair of unanswered goals late in the game.

Women’s volleyball

The women’s volleyball team suffered their seventh consecutive loss of the season after a 3-2 loss to Rollins on Nov. 5. Though the Sharks were unable to break their losing streak, libero Megan Burns surpassed the 1,000 career dig milestone during the match-up.



FATVillage: Fort Lauderdale's Wynwood

By: **Ben Underhill**
 @ActualBenU

If you and your friends want an artistic experience but don't want to travel all the way to Wynwood, look no farther than F.A.T. – Flagler Arts and Technology, Village Arts District. Located in Downtown Fort Lauderdale, only four minutes from the NSU Art Museum, FATVillage houses a myriad of galleries, studios, restaurants and retail shops that are sure to provide a fun day.

Galleries, studios and more

FATVillage provides a hub for a variety of different galleries and studios. Many artists have found their home in the Village, evident by the large number of filled studios, some of which even feature galleries. Many of these galleries are open to the public throughout the year, and some offer workshops.

Among these galleries is Art Trax Studios & Galleries, which houses seven different studios for ceramics, painting and photography. These studios offer multiple workshops that are available to the public. For more information, visit their Facebook page at [facebook.com/studio535FAC/](https://www.facebook.com/studio535FAC/).

Folk art has also found its home in FATVillage, specifically at Samsara Art Gallery. Inspired by the emotion behind folk art, the curators of this gallery showcase classic pieces from their collections, as well as pieces from up-and-coming artists.

If you want to steer away from the usual mediums of art, then IS Projects is the way to go. This printmaking studio is community-interactive, offering a variety of workshops, including typography. Dabbling in printmaking and bookbinding, this studio focuses on more



One of the many murals located in FATVillage.

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print-based mediums and is sure to inspire. For more information on workshops, visit isprojectsfl.com/workshops/.

Francisco Sheuat's studio presents an interesting variation of pop art. Using recycled products, mainly aluminum cans, Sheuat explains on his website that he creates to inspire a greener lifestyle while exploring the parameters of pop art.

The World & Eye Arts Center is multi-disciplinary location that houses a variety of engaging workshops. This center offers multiple theatre workshops, yoga classes, Native American drum circles and art exhibits, just to name a few. For more information about their workshops and events, visit worldandeye.com/.

The FATVillage Center for the Arts is one of the best ways to get involved. Offering classes

for all ages, this group's mission is to engage the community through full classes and workshops, as well as showcasing art for the community.

Restaurants

Spending your day experiencing the interesting features of FATVillage might leave you hungry, so why not try some local cuisine?

Within the district itself lies Brew Urban Coffee, a hole-in-the-wall café that is sure to be a pick-me-up if tiredness sets in. Doubling as a studio, patrons are able to view photoshoots as they sit back and enjoy a fresh cup of coffee.

Top Hat Deli, just a few blocks out of the district, is a Jewish deli that serves the usual items but in a delicious manner. With menu options ranging from the Fat Village Burger to Pizza Bagel to classic deli-style sandwiches,

as well as Jewish dishes like matzo brei, knish and potato latkes, this restaurant is a great stop halfway through or after a long day at FATVillage.

If pizza cravings hit, look no further than Mellow Mushroom. This pizza shop and in-house bar is a popular stop, and for good reason. Carrying vegan and gluten-free options, this parlor has something for everyone.

Mexican might be the way to go, and if so, then no need to fear because Tacocraft is here. A semi-authentic boutique that uses tortillas hand-crafted by women who learned from their mothers and grandmothers, Tacocraft houses a variety of classic Mexican food like empanadas and taquitos, as well as a wide variety of alcoholic beverages.

Art Walk

The best way to experience all that FATVillage has to offer is to participate in their monthly Art Walk. Occurring on the last Saturday of every month, except December, starting at 6 p.m., the event usually includes almost every artist housed in the district, allowing the general public to experience their studios and art. On top of the resident artists, outside artists usually come to participate. The streets are usually buzzing with art sales and thousands of other art appreciators, making it an event with things to do around every corner.

With all the interesting art right here in Fort Lauderdale, make sure your weekend adventures are local and fun.

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By: **Rachael Hirstein**

@RachaelHirstein

Fabulous fall foods

Lacking inspiration for your fall menu this year? These recipes will help you spice up your autumn cuisine. Fall is upon us and one of the best parts of the season is the food, so it's best to get started now.

Warm and spicy autumn punch

With a combination of oranges, apples, pineapples and a couple spices, this drink is a unique take on classic apple cider and fruit punch. The aroma of this punch screams fall and is the perfect beverage to curl up with on a chilly night.

Ingredients

- 2 oranges
- 8 whole cloves
- 6 cups apple juice
- 1 cinnamon stick
- 1/4 teaspoon ground nutmeg
- 1/4 cup honey
- 3 tablespoons lemon juice
- 2 1/4 cups pineapple juice

Directions

- Preheat the oven to 350 degrees Fahrenheit
- Poke holes in the whole oranges and insert the cloves
- Bake for 30 minutes
- Mix the apple juice and cinnamon stick in a saucepan
- Bring the heat to medium as the mixture is brought to a boil and simmer for five minutes
- Remove the pan from the heat and mix in the honey, nutmeg and lemon and pineapple juices
- Serve hot with the cloved oranges

Classic meatloaf

Meatloaf has to be one of the top comfort foods and makes a great addition to this fall recipe list. Made with fresh vegetables and meat, this savory dish will give you a warm, homey feeling inside.

Ingredients

-Meatloaf

- 1 carrot, coarsely chopped
 - 1 rib celery, coarsely chopped
 - 1/2 onion, coarsely chopped
 - 1/2 red bell pepper, coarsely chopped
 - 4 white mushrooms, coarsely chopped
 - 3 cloves garlic, coarsely chopped
 - 2 1/2 pounds ground chuck
 - 1 tablespoon Worcestershire sauce
 - 1 egg, beaten
 - 1 teaspoon dried Italian herbs
 - 2 teaspoons salt
 - 1 teaspoon ground black pepper
 - 1/2 teaspoon cayenne pepper
 - 1 cup plain bread crumbs
 - 1 teaspoon olive oil
- Glaze
- 2 tablespoons brown sugar
 - 2 tablespoons ketchup
 - 2 tablespoons Dijon mustard
 - Hot pepper sauce to taste

Directions

-Meatloaf

- Preheat the oven to 325 degrees Fahrenheit
 - Mince the carrot, celery, onion, red bell pepper, mushrooms and garlic
 - Mix the minced vegetables, ground chuck, Worcestershire sauce, Italian herbs, salt, black pepper and cayenne pepper together in a large bowl
 - Pour in bread crumbs and use your fingertips to lightly mix them in until combined
 - Pour olive oil into the bottom of a baking dish
 - Form the mixture into a ball and place it in the dish
 - Form the ball into a loaf shape with a height of about 4 inches and a width of about 6 inches
 - Bake for 15 minutes
- Glaze
- Mix the brown sugar, Dijon mustard, ketchup and hot sauce in a bowl until the brown sugar dissolves
 - Take the meatloaf out of the oven and glaze it with the brown sugar mixture

- Place the meatloaf back in the oven and bake until there is no longer pink in the loaf, 30-40 minutes

Sweet potato cupcakes with toasted marshmallow frosting

Sweet potatoes are a classic treat during the fall, so why not make them into a delicious cupcake? Made with fresh, sweet potatoes, brown sugar and cinnamon and topped with toasted marshmallows, these cupcakes are an autumn hit.

Ingredients

-Sweet potato cupcakes

- 1/2 cup butter, room temperature
 - 1 1/2 cups brown sugar
 - 2 eggs, room temperature
 - 1 teaspoon vanilla extract
 - 1 cup cooked, mashed sweet potatoes
 - 2 cups unbleached all-purpose flour
 - 2 teaspoons baking powder
 - 1/2 teaspoon baking soda
 - 1/2 teaspoon salt
 - 1 teaspoon ground cinnamon
 - 1 teaspoon ground ginger
 - 1/2 teaspoon ground nutmeg
 - 1/4 teaspoon ground cloves
 - 1/2 cup milk, room temperature
- Marshmallow frosting
- 1/3 cup white sugar
 - 1/4 teaspoon cream of tartar
 - 1 pinch salt
 - 2 egg whites
 - 3 tablespoons cold water
 - 1 teaspoon vanilla extract
 - 1/2 cup marshmallow crème

Directions

-Sweet potato cupcakes

- Preheat the oven to 350 degrees Fahrenheit and line a 12 cup muffin tin with cupcake liners
- Use an electric mixer to beat the butter and brown sugar together in a bowl until they are light and fluffy
- Add room temperature eggs one at a time so that each egg can be evenly mixed in before

adding another

- Blend in the sweet potatoes and vanilla extract
 - In a separate bowl, whisk the baking soda and powder, flour, 1/2 teaspoon salt, cinnamon, ginger, nutmeg and cloves together
 - Add half of the flour mixture to the sweet potatoes mixture and stir until slightly combined
 - Add the milk to the remaining flour mixture and stir
 - Scoop the batter into the cupcake tin and bake in the oven, about 18-20 minutes, until the tops spring back up when touched and a toothpick comes out clean when inserted in the center
 - Cool the cupcakes on a rack
- Marshmallow frosting
- In a heatproof mixing bowl, combine the white sugar, cream of tartar, egg whites, pinch of salt and cold water
 - Place the bowl over a pan of simmering water and beat with an electric mixture until stiff peaks are formed and the mixture is hot to the touch, about 5-7 minutes
 - Remove the bowl from the heat and continuing beating the mixture for another minute
 - Add a teaspoon of vanilla extract and marshmallow crème to the mixture and beat until combined
 - Fill a pastry bag with a large, plain tip with the frosting and pipe small marshmallow-like dots on the cupcakes - you can also use a knife and frost the cupcakes generously with swirls and loops
 - Place the oven rack 6 inches away from the heat source and preheat the broiler
 - Place 3-4 cupcakes on a baking sheet and put them under the broiler
 - Toast for 90 seconds until the frosting is lightly browned, and rearrange and check the sheet every 20 seconds
 - Repeat this process until all the cupcakes are finished

Ingredient lists from allrecipes.com.

Offshore Calendar

Fort Lauderdale International Film Festival

Nov. 4-20
@ Cinema Paradiso

Delta Rae

Nov. 10, 8 p.m.
@ Broward Center for the Performing Arts

2016 Southeastern Circuit Finals Rodeo

Nov. 10-12, 7:30-10:30 p.m.
@ Bergeron Rodeo Grounds

Anime Iwai: Rise

Nov. 11-13
Nov. 11, 2 p.m. to 2 a.m.
Nov. 12, 10 a.m. to 2 a.m.
Nov. 13, 10 a.m. to 6 p.m.
@ Doubletree by Hilton Deerfield Beach-Boca Raton

Kansas

Nov. 12, 8 p.m.
@ Broward Center for the Performing Arts

Festival of Speed Car Show

Nov. 12, 8-11 p.m.
@ 501 Diplomat Pkwy, Hallandale Beach, FL 33009

Coral Springs Chocolate Festival

Nov. 12-13, 9 a.m. to 5 p.m.
@ The Coral Springs Gymnasium

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SOUNDBITE

"By Any Beats Necessary" by Wax Tailor

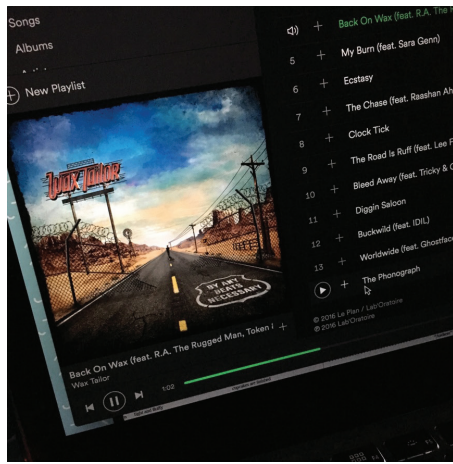
By: Adam DeRoss

Trip-hop and plunderphonics are two music genres that spawn some of the most creative and novel concepts in the music world. Artists like Pogo, Chinese Man and Bonobo all use the same emotional, sample-based sound of the genres. But each one of them has also managed to create their own worlds through each of their unique quirks and themes. This idea of developing a unique personality through music is exemplified by trip-hop veteran Wax Tailor.

Tailor has released five records since his emergence in 2004 and one of his biggest appeals as an artist is the theming he takes on for each album. For example, his debut album, "Tales of the Forgotten Melodies," uses almost exclusively classic noir movie and radio samples while "Dusty Rainbow from the Dark" tells the story of a young boy discovering the power of music. His newest record, "By Any Beats Necessary," released Oct. 14, introduces another theme in the form of a road trip through the southwestern United States. Although this record does not surpass the quality of his previous projects, it still provides some interesting samples and exciting compositions.

Keeping with the theme, the record does not shy away from traditional western instruments. Whistles, harmonicas and banjos are staples on the record alongside the ever-present radio samples.

The intro track "Hit The Road" emulates the sounds one might hear flipping through the



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"By Any Beats Necessary" is available on iTunes and Spotify.

radio on a dusty road in Arizona. This leads seamlessly into "I Had a Woman," immediately recognizable as a tribute to classic blues ballads. Deep, grumbling horns are accompanied by a wailing harmonica and short but sweet piano progressions. All of this is layered under Tailor's signature vocal and beat cutting.

"Diggin Saloon" hearkens back to some of Tailor's earlier releases, retaining dark undertones while still keeping with the theme of the album. The track masterfully blends typical saloon-style piano pieces with western guitar solos, the click-clacking of horses' hoofs and high-noon whistling.

My favorite track on the record, "Back

On Wax," features two very exciting and fun features from A-F-R-O and R.A. the Rugged Man, as well as one very annoying one from Token. Token's weaker verse aside, the other two rappers bring their own signature personalities to their lyrics. As for the instrumental, the track is well-produced with each rapper getting an individual variation on the base guitar progression for their verse. A-F-R-O takes a darker spin on his section with deep, foreboding horns mirroring the playful, brighter horns featured under Token. R.A. the Rugged Man gets the traditional hip-hop treatment with scratches and sample splicing.

While none of the cuts on the record are terrible or completely unlistenable, there are a few that just seem out of place. The only thing tying "Bleed Away" to the rest of the tracks is maybe the hollow clacking in the background, but everything else sounds more like something you would expect to hear around Halloween. Wailing choirs and strangely-placed synths make the whole track seem ethereal and surreal.

It's almost as if Tailor took inspiration from a group like Crystal Castles when producing this track. The other track that just feels weird, not in name but in sound, is "The Phonograph." It suffers from a lot of the things that make "Bleed Away" an anomaly. It sounds too strangely electronic and processed to be a good fit for the theming. Gone are the harmonicas, pianos and plucky guitar chords. They have been replaced by drum machines, synths and statics. It could be fitting considering it is the closing track, but it doesn't make sense that Tailor decided to shift his focus so severely for this purpose.

The shortcomings of the record do not overpower its strengths, and even if it isn't as exciting or interesting to delve into as his prior projects, it's still a solid album. The theming is not something that everyone will enjoy, but Tailor used it to good effect. Most of the cuts sound exactly as you would expect them to, and Tailor's collection of samples adds a nice layer of depth to each cut.

Staff Picks: Favorite dystopian novels

By: The Current Staff

Our staff decided to pick out some of our favorite novels about oppressive governments. Obviously, this has nothing to do with today's election.

Morgan Thorn, business manager, said "Never Let Me Go" by Kazuo Ishiguro

Despite my love for Ayn Rand, "Never Let Me Go" by Kazuo Ishiguro is my favorite dystopian novel. The novel revolves around Kathy, a human clone created for the sole purpose of organ donation. The book describes her life and friendships growing up in a boarding school for clones, her job as a "carer" and her final part of life as a donor. Ishiguro did an amazing job developing the characters, and I felt as if their emotions were my emotions.

Ben Underhill, arts and entertainment editor, said "Fahrenheit 451" by Ray Bradbury

Named after the temperature at which book paper ignites, "Fahrenheit 451" is a classic novel that explores the dangers of censorship and hyper-stimulation. The concept of the novel is very intriguing, with books outlawed and the entire world at the brink of war. Following the life of Guy Montag, a firefighter who lights fires instead of putting them out, this novel will definitely keep readers at the edge of their seat.

Aidan Rivas, visual design assistant, said "The Death Cure" by James Dashner

One of my favorite dystopian novels is "The Death Cure." This is the third novel in the "Maze Runner" trilogy, and is the culmination of everything the first two novels had been sprinting towards. I like to think of the first two novels as a cauldron of witch's brew, and the third novel is the bubbling poultice that resulted. Really, I could say all three novels are my favorites, but the third one ties up loose ends and provides a satisfying ending to a series full of stressful events.

Rachael Hirstein, news editor, said "Anthem" by Ayn Rand

This is one of my all-time favorite dystopian novels because it makes me realize how fortunate I am to be able to decide who I can be. Rand created a world of despair where the government not only controls who you are and can be but who you can be with. When the protagonist, Equality 7-2521, breaks away from the prison that is his life and follows his desires, I was inspired to take advantage of my privileges and do the same.

Jenna Kopec, features editor, said "The Giver" by Lois Lowry

My favorite dystopian novel would probably have to be "The Giver" by Lois Lowry. The story follows 12-year-old Jonas, who has been chosen to be Receiver of Memory for his community. Jonas is shown all the heartbreak that the previous world has experienced, but he also experiences all the joy. These are all things that are lost in his community that he tries to show them. The novel has a lot to say about the human condition.

Grace Ducanis, copy editor, said "Nineteen Eighty-Four" by George Orwell

Nothing says omnipresent oppressive government quite like George Orwell's "Nineteen Eighty-Four." In a society where even thoughts are crimes and history is changed in the blink of an all-seeing eye to reflect the ideals of the present, one man attempts to fight the system. Anti-government thought may not actually be a crime, but neglecting to read this book certainly is.

Alyssa Johns, sports editor, said "Animal Farm" by George Orwell

My favorite dystopian novel is "Animal Farm" by George Orwell. I'm a huge fan of satire, and the entire novel satirizes Joseph Stalin. Plus, the entire novel is a call-out to government elitists. Who doesn't enjoy seeing politicians compared to fat and power-hungry pigs?

SENIOR SPOTLIGHT:
Shanae Reece

By: Jacqueline Garcia

Shanae Reece, senior theatre major, has been performing in plays since her sophomore year in high school. Originally, she enrolled at NSU for the marine biology program, but switched to theatre after meeting everyone in the Performing and Visual Arts Department. Although she considered leaving NSU, she said that she decided to stay for the people.

She said her biggest accomplishment since switching her major to theatre was breaking out of her shell.

"I was so antisocial at first. I was the quiet person in the classroom who sat on the opposite side of everyone else. Now, everyone in the theatre is considered my friend," Reece said.

Being a theatre major is not always as easy it seems. To Reece, the rewards that come from majoring in theatre outweigh the hard work. Her passion for theatre and the people she's met in the theatre department make the task of "making it" as a theatre major worthwhile.

She went on to explain her passion for theatre and her love for the theatre program at NSU.

What sparked your interest in theatre?

"I think it's being able to express yourself. I've found a close family in the theatre community, and it was very welcoming. Just being able to play characters, putting yourself in others' shoes and being able to entertain the public I think is a beautiful thing."

Where do you see yourself after graduation? Is performing something you would like to continue?

"Definitely. I think I want to do acting a little bit less. Every now and then I plan on auditioning for shows, but I think the main thing I want to do is stage-managing for local theatres and local plays in the area."

What is the hardest aspect of being a theatre major?

"It's learning every single aspect of theatre. People think that we just have acting classes throughout the day, but we also have lighting and sound classes. We have to learn the technical aspects of theatre as well as the history behind it."



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Reece credits breaking out of her shell as one of her biggest achievements since becoming a theater major.

What is the most rewarding part of the major you've chosen?

"It's after the production. Knowing that all the hard work, the nights of rehearsal... has all paid off when you see the smiles on everyone's faces when they leave, and it's amazing."

What are some of your favorite plays?

"For our classes we have to see outside plays, and I think throughout all my years as an NSU student, my two favorites that I had to see [were] 'Waiting for Godot' and 'Mr. Marmalade.'"

How do you feel about the fact that people consider it difficult to "make it" in this profession?

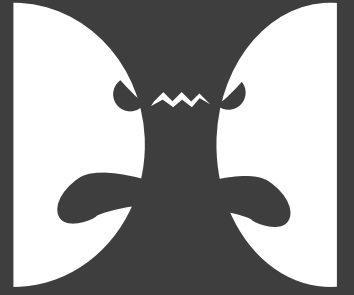
"I feel like you shouldn't look at it like 'I have to be this.' You have to be very open-minded about theatre and realistic. You have to know where you fit in, and don't be someone you're not. I think it's very achievable if you want it because there are so many opportunities. If you're in Florida, you're going to find opportunity here. If you're in New York, you're definitely going to find something. You just have to be in the right place and talk to the right people."

Do you think the program helped improve your craft?

"Definitely. The professors are acting here as well as outside of the school and are bringing the knowledge that they have learned outside. They are making you meet people and come watch their performances, so definitely, I think so."

FACEOFF:

Should artists be willing to create art for free?



For

VS

Against

Art is about creation

By: **Jenna Kopec**
@Jen_Kopec

If artists want to sell a product they produced or charge for their performances, they have every right to do so. It is their product after all. However, sales and profit are not the primary purpose of art.

Art at its core is about creation. If you need a payment to create, then maybe you're in it for the wrong reasons.

Some argue that artists should be willing to create or work for free to gain exposure. While that's a fair argument, and certainly applicable for artists who are trying to strike it big with the public, it might be even fairer to say that artists should create regardless of pay or exposure.

Multiple musicians have released albums without charging the public, including Radiohead with "In Rainbows" and Gorillaz with "The Fall." Peter Dinklage, director of both "Monsters, Inc." and "Up" said in an interview with The Greater Good that he creates primarily because he enjoys the process of creating. In the same article, James Strum, creator of graphic novel "The Golem's Mighty Swing," said he would create art no matter what. Although both these individuals do, obviously, get paid for their work, profit isn't what primarily motivates them. Therefore, it isn't unreasonable to say they would create whether or not they were paid.

Many times, the argument will be made

that art cannot be free to the public because it prevents the artists from creating more art. For example, a painter must sell their paintings in order to buy paint. But that argument is ill-founded. While selling art is one way an artist can buy supplies, it not the only way. If artists abide by the work-to-live model, and not the live-to-work lifestyle, they can arguably buy what they need to create. Maybe they wait tables during the night and paint during the day. It doesn't make their creations any less valuable.

Saying that artists cannot or should not perform or create for free contributes to the idea that you have to be a professional to be an artist. But just like everyday individuals play sports, they sing, paint and create art. Maybe the single mother who paints in her garage or the young man who sings in your choir doesn't fit your initial schema for artists, but that doesn't mean they aren't. They contribute to the world of art because they love expressing themselves in that medium.

You own the rights to your artwork and your talents, so charge for them if you want. But if no one pays you for your work, that doesn't mean you shouldn't create.

Art can't be free

By: **Ben Underhill**
@ActualBenU

Art has become muddled when it comes to finances. Yes, art is important and should be widely available, but it simply cannot be free. People often justify illegally downloading music by saying it won't hurt the already-wealthy artist. This mindset is not only wrong, but harmful.

In the case of the music industry, most of the time, the money received from album or song purchases does not go entirely to the artist. For big name artists, the profits of music sales are usually divided among many hardworking staff members, including sound engineers, marketing teams and even custodial staff. All of these people rely on the monetary success of music to maintain their careers. If an album flops financially, people can lose their jobs.

Emerging artists are also severely hurt by illegally downloaded music. These new musicians rely on music sales to continue their work. If, for example, a career guitarist doesn't make money off of his or her music, he cannot afford new strings or new equipment to continue to make music.

According to Forbes magazine, Keith Kupferschmid, CEO of the Copyright Alliance, said, "Piracy arguably hurts independent creators who are struggling to make it – including photographers, film producers, musicians, and app developers – more than it harms established

artists. Independent creators are striving to earn a livelihood and make a career. When they are pirated they lose essential income, they lose confidence, and the lost income prevents them from re-investing in their creative work."

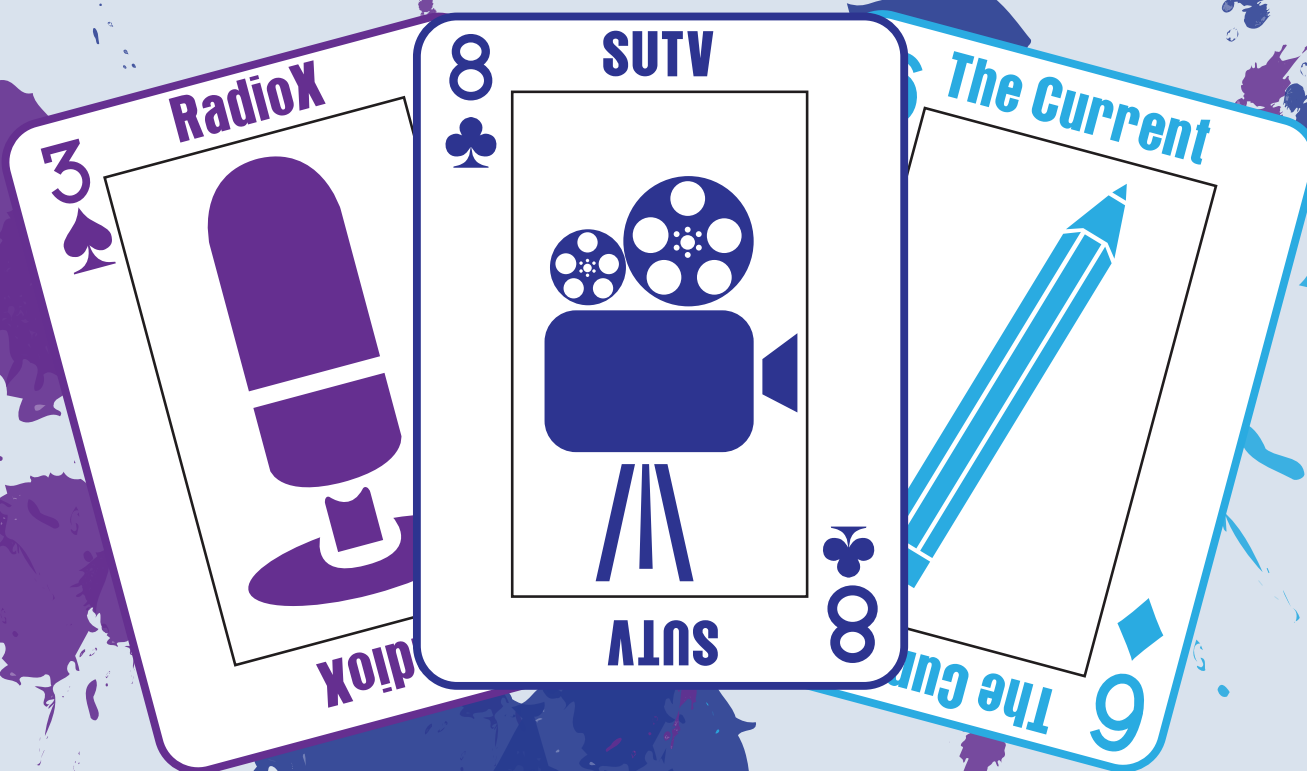
Visual artists – those who create graphic art, drawings and paintings – utilize free internet platforms to display their art in a way that's less expensive than using conventional galleries. Unfortunately, due to the abilities of the internet, art can easily be taken off the internet without any form of compensation to the artists, and artists can't create more art if they can't afford supplies.

Many artists devote their entire lives to creating art to the best of their ability. Unfortunately, in our money-driven society, this means that a full-time artist who is not being paid is not making a reliable income. Some may argue that the artist should work a "real" job, but an artist who has to invest in a 40-hour-a-week job loses the time they have to create.

People want art, but no one wants to pay artists.

Money controls many things, and unfortunately, it controls art as well. As nice as it would be for artists to create art for free, capitalism just won't allow it.

HAVE A HAND IN STUDENT MEDIA!



Seriously Kidding

a satire column

No shoes November

By: **Jenna Kopec**
@Jen_Kopec

A homegrown NSU tradition has spread across the country and is now making national headlines. #noshoesnovember is sweeping the nation.

At NSU, bare feet are a regular sight. Legend has it that it began with Smitty Lorsen, a biology major who graduated in 1999. Lorsen was always forced to wear shoes as a child and took the opportunity to liberate himself at NSU. He even dubbed the school “No-Shoes University.”

For years, students have opted out of protective footwear to show off their feet. Thomas Santana, sophomore psychology major and no-shoes advocate, said that he took his shoes off one day when it was raining and hasn’t put them back on since.

“Free the toes to free your mind,” said Santana.

The NSU tradition caught on around the nation thanks to award-winning researcher and alumn Nicholas Thornton, who found a new treatment for foot fungus. Thornton, appropriately barefoot, accepted his Nobel Prize for the innovative formula. In his speech, he said he was inspired to research foot fungus because

he wanted more people to feel comfortable going barefoot at NSU and around the world.

After his speech, individuals from across the nation started tweeting pictures of their bare feet with hashtag #noshoesnovember. Famous figures like John Cena and Christina Aguilera also joined the movement.

“I think it’s a great way to promote body positivity and spread awareness,” said Aguilera in an interview with Access Hollywood. “I always hated having to wear such elaborate footwear in all of my performances. I want my fans to know that they do have a choice when it comes to what they put on their feet.”

Critics of the movement call it a barefoot bandwagon and state that going shoeless poses both health and safety risks.

“Going barefoot makes you more susceptible to injury and puts you at higher risk for contracting a fungus or disease,” said Dr. Marie Henley, general surgeon and adjunct professor at the University of Miami.

Despite critics, more and more pictures are being posted to social media of barefoot counts and contessas from Idaho to California.

The NSU community seems to find the trend flattering.

“I think it’s a cool way for the university to be recognized. We’re talked about as pioneers for

education but I think this will help us establish our name even more,” said Craig Garcia, professor in NSU’s college of optometry.

Some NSU students hope that the movement will continue and one day define the new normal in terms of footwear.

“I hope that NSU can show the world that

the individual decides what’s right for them and we don’t have to be defined by a construct as silly as a shoe,” said Chloe Yankovich, senior political science major.

To see what’s being said about going shoeless, search #noshoesnovember on Twitter, Instagram or Facebook.

Puff, puff, pass the legislation

By: **Ben Underhill**
@ActualBenU

With Amendment Two on Florida’s ballot, regarding legalizing medical marijuana, the question remains: why not just legalize marijuana in the United States completely?

According to the Bureau of Justice Statistics, 11,533 people were incarcerated in 2012 for marijuana possession and marijuana trafficking. According to the Bureau of Prisons, the average cost per inmate in U.S. prisons in 2012 was \$29,027.46. This means that it cost taxpayers approximately \$334,773,696.18 in 2012 to house marijuana-related offenders.

Legalizing marijuana would allow for the taxation of the already-popular substance. According to taxpolicycenter.org, tobacco revenue reached approximately \$18,255,711,000 in 2013. If marijuana were taxed similarly, tax revenues would dramatically increase among states. This has already been proven in Colorado. The Colorado Department of Revenue recorded \$18,261,391 in marijuana tax revenue for the month of August alone. This tax revenue can go, and has gone, to funding school districts or improving infrastructure.

On top of the economic benefits, marijuana provides health benefits. CNN reported that medical marijuana is used to treat multiple sclerosis, nausea, which helps those with AIDS or undergoing chemotherapy who have trouble maintaining an appetite, pain, especially neuropathic pain, epilepsy, concussions and Alzheimer’s.

Meanwhile, alcohol, which is legal throughout the country, has serious health risks. The Center for Disease Control states on their website that excessive alcohol use can lead to the development of chronic diseases and other serious problems including high blood pressure, heart and liver disease, multiple types of cancer, learning and memory problems, mental health problems, social problems, family problems, unemployment and alcoholism.

Overall, the legalization of marijuana in the U.S. would be highly beneficial. With positives outweighing negatives and evidence showing it is safer than other legal substances, there is no reason not to pass legislation making it 4:20 all day every day.

WHAT IS THE MOST DIFFICULT THING ABOUT YOUR MAJOR?



SHARK SPEAK



“So many different routes. Let’s see, class registration, because a lot of the times you don’t get the professors you want. Of course the course load; currently taking anatomy and organic chemistry so it’s hard to balance the two. I would say those are probably two of the biggest challenges academically. Also, it’s hard to incorporate extracurricular activities, such as shadow hours, to have what’s needed to apply to post-undergrad programs.”

- Amber Flynn,
junior biology major



“The most difficult thing about my major is learning all the court procedures, because you have to know all the rights for a person to have a good defense. It’s a lot of memorization.”

- Diego Duque,
junior criminal justice major



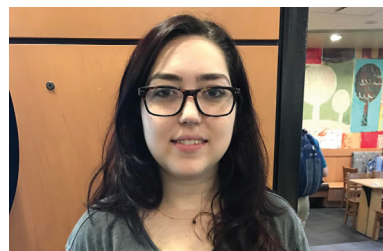
“The most difficult thing is finding what field I specifically want to be in, whether I want to do fisheries or working with coral: things like that.”

- Taylor Green-Shine,
freshman marine biology major



“I would say the most difficult thing about my major is keeping up with my GPA, because you need a certain GPA to get into nursing school. It’s very time consuming, and you have to bring your ‘A game’ at all times.”

- Kelsea Ragsdale,
sophomore nursing major



“As a theatre major, I think the most difficult thing is the amount of time it takes to put yourself in your work. We’re here for very long hours and it’s so much fun, but sometimes actors say it’s 95 percent work and 5 percent fun. But really the entire process is so amazing to see, so it’s really worth it, even though you do put a lot of your life and time into it.”

- Alexandra Zadak, junior theatre major



“Probably the most difficult thing is going through the mandatory classes at the beginning like anatomy, physiology and biomechanics. But once you get through those, then you get to the more enjoyable classes that are deeper into the major and closer to the exercise science major in general.”

- Michael Rosario,
senior exercise science major



“The most difficult thing about my major is exploring the different tracks it has, because my major is communications, and which one best fits me. Trying to find out which job I want to do for the rest of my life.”

- Veronica Rodriguez,
junior communications major



“Having to schedule around practice and understanding what classes to take first, because in order to take the next few classes, you have to take general classes and then that opens up the door to take other classes later on.”

- Mary Acosta,
freshman exercise sports science major

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