International Education Week: Around the world in five days

By: Melissa Boneta

The Office of Student Leadership and Civic Engagement (SLCE) and the Office of International Affairs will host International Education Week from Nov. 14-18 with events highlighting different cultures, international awareness and multicultural education.

International Education Week began at NSU about four years ago with the Office of International Affairs. This is the first year that the two offices have collaborated for International Education Week. Allison Foster, director of SLCE, said the collaboration has been a success.

“This all began when Dani McCalla, our graduate assistant for student leadership development, brought up the idea of collaborating with the Office of International Affairs for International Education week back in May,” Foster said. “This is something SLCE has always wanted to do to make the events a more university-wide week.”

Nov. 14 kicks off the week with the OX7FAM Hunger Ramper at 7 p.m. in the Alvin Sherman Library, room 4069. At the banquet, students will discuss how poverty affects certain countries and what can be done to overcome this global issue.

On Nov. 15, there will be a variety of international foods in the UC food court from 11 a.m. to 2:30 p.m. International students submitted recipes for the event.

On Nov. 16, a multicultural festival will take place in the Health Professions Division Library/Terry Building Clock Tower Courtyard from 11:30 a.m. to 1:00 p.m. At the festival, students can sample different foods from around the world, listen to live music and join a multicultural club.

On Nov. 17, Global Village, an exhibit to highlight the countries represented on campus by the student body, will take place in the University Center Spine from 12-2 p.m. Also on Nov. 17, attorney Aaron Blumberg will hold a workshop to help international students understand the basics of student visas and work visas from 2-4 p.m. in Carl DeSantis Building, room 3031.

On Nov. 18, the Nova International Student Association (NISA) will host their first annual Tie-Dye event in the Alvin Sherman Library quad from 3:30-5 p.m., where students can customize white T-shirts to celebrate campus diversity.

NISA president, Leydi Arboleda, said she feels as though this year’s International Education Week has more student-friendly platforms.

“This year’s activities are more student-oriented while also incorporating international awareness, even to the international students themselves,” Arboleda said.

Alejandra Parra, co-coordinator of International Education Week, said she expects this year’s events to reach farther into the student body and raise more awareness about the diversity on NSU’s campus.

“NSU is a diverse community so we usually see different cultures interacting with people from different cultures,” Parra said. “I think we should have more events like these throughout the year, maybe every month, to always have an active energy of international awareness.”

For more information on International Education Week, students can contact Parra at aleparra@nova.edu.

Sleep outside to understand homelessness

By: Rachael Hirstein

The Office of Student Media and Phi Beta Sigma Fraternity Inc. will host SleepOut for the Homeless on the Commons Residence Hall lawn from 7 p.m. on Nov. 17 to 7 a.m. on Nov. 18.

D Bedford, graduate assistant in the Office of Student Media and brother of Phi Beta Sigma, said that SleepOut for the Homeless is a national event, hosted by the fraternity on many college campuses.

“This event is about raising homelessness awareness,” he said. Participants will spend a night out in the open on the Commons lawn to replicate the experience of being homeless.

Small crowd walking by and receiving statistics on homelessness.

For more information, contact D Bedford at db2266@nova.edu or RadioX at wnsu@nova.edu.
NEWS BRIEFS

Presidential election watch party

On Nov. 8, the Office of Student Leadership and Civic Engagement will host a Presidential Election Night Watch Party in the NSU Flight Deck Pub at 8 p.m. At the party, students can watch election results and enjoy pizza. For more information, contact the SLCF office at slcf@nova.edu or 954-262-7195.

NSU presents Laugh Your Fins Off: Homecoming Comedy Show

Students can enjoy some of South Florida’s funniest comedians on Nov. 11. Starting at 10 p.m., the show will feature comedians like Justin Lott and David Rosario. It will take place in the Performing and Visual Arts Theater and is free for NSU students, faculty, staff and alumni with a SharkCard. Non-NSU guests must pay an entrance fee of $20. For more information, visit nova.edu/homecoming or contact the Office of Campus Life and Student Engagement at 954-262-7288.

Homecoming bash

On Nov. 10, NSU will host the Homecoming Bash from 11 p.m. to 2 a.m. at Passion Nightclub. Students can purchase tickets for themselves and guests at the Office of Campus Life and Student Engagement for $10 from 9 a.m. to 6 p.m. Only cash will be accepted. Ticket prices will rise to $15 the night of the event.

Nominations open for the 19th Annual Student Life Achievement Awards

NSU students, faculty and staff can now nominate candidates for the 19th Annual Student Life Achievement Awards, known as the Stueys. Nominations will be accepted through Jan. 16 at 5 p.m. Those interested in nominating can visit orgncms.com/37641/forms/84324. The NSU Office of Campus Life and Student Engagement Special Events and Projects can be contacted for information at specialprojects@nova.edu

November 8, 2016 | nsucurrent.nova.edu

Out of the Darkness Walk brings suicide to light

Lambda Theta Alpha Sorority, Inc. will host the Out of the Darkness Walk, which promotes suicide prevention, on Nov. 13 from 9 a.m. to noon. The race will take place between the Carl DeSantis Building and the Miessi Performing Arts Center.

Last year, the Out of the Darkness walk raised over $50,000.

According to Andrea Holguin, senior biology major and event chair of Lambda Theta Alpha Sorority, Inc., this year’s goal is to raise $50,000 and bring together 1,000 members of NSU and the community.

Holguin coordinated the walk, along with her sister sisters and the American Foundation for Suicide Prevention.

“Our community really comes together to form teams and raise money,” Holguin said. “It’s so amazing bringing together families who walk for the loved ones that they have lost. Some teams make shirts and others carry large signs to represent their loved ones. We also see survivors who walk to support others and to share their stories.

Autumn Carcillo, senior sports recreation management major, attended the Out of the Darkness Walk two years ago.

“I remember going and lining the way with shoes of people that have passed,” she said. “It hit home for everyone there and brought the community together. I’m excited for this coming walk.”

Roma Robinson, a sister of Lambda Theta Alpha Sorority, Inc., started participating in the walk in 2014, before she joined the sorority.

“Participants can also register the day of the event, starting at 8 a.m.

Participants can choose to be a runner or virtual runner. A virtual runner is a participant that cannot attend the event but would still like to donate. Virtual runners must register online to set a donation amount and raise funds.

Lambda Theta Alpha Sorority, Inc., will also host a Live, Love, Hope event on Nov. 8 from 6-8 p.m. on the second floor of the Don Taft University Center, in honor of suicide prevention. This event kicks off the walk with a free dinner and introduces students to suicide prevention with an informational presentation.

For more information about the walk, contact Michelle Manley at mrmichelle@nova.edu.

INFOGRAPHIC

The Current serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU’s established vehicle for student reporting, opinion and the arts. All community members are invited to contribute.

Editorials, commentaries and advertisements in this publication reflect the opinions of the authors and do not necessarily reflect the views of the University or its officials. The Current staff or other advertisers. The Current will not publish unsigned letters except under special circumstances at the discretion of the Editor-in-Chief. The Current reserves the right to edit.

Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

INTERESTED IN NEWS, WRITING, OR PHOTOGRAPHY? COME TO THE CURRENT’S MEETINGS IN SAB 104. AND YES, THERE WILL BE FREE FOOD.
Learn about Islam through Fastathon

By: Grace Ducanis
@GraceDucanis

The Student Government Association (SGA) passed legislation to create a worship room specifically for Muslim students and is planning to meet with school administrators to discuss possibilities to that fasting process and how it differs from other types of fasting traditions.

Fast ing is one of the five pillars of Islam. According to Sarah Shareef, senior biology major and IMAN’s vice president of external affairs, fasting is a major part of Islam, along with belief in God, the pilgrimage and charity. She said that during the month of Ramadan Muslims wake up at sunrise to eat and pray then fast throughout the day until sunset.

Shareef also said that a lot of colleges hold Fastathons. “It encourages people to try fasting for a day, whether or not they start from sunrise,” Shareef explained. “It’s not just a religious thing, but it has a lot of health benefits. Muslims aren’t the only ones who can fast. Anyone can fast.”

Shareef said that she’s looking forward to hearing about the experiences of people who fast during the event. “I feel like whoever attends should get a new experience from it, whether it’s becoming more open-minded and seeing what it’s like to fast, or seeing that it’s... a spiritual experience as well as a religious experience,” she said.

According to Mehra, Islamic culture is not well understood and often mischaracterized. “The more students are acquainted to that culture, the better they’re able to understand the students around them, and just be more aware of all the different cultures that are present in the United States and around the world,” Mehra said. “Islam is the world’s second-largest religion. It’s important for students to understand what the culture is.”

Mehra said that taking part in Fastathon will benefit students in the long run, but that it might require them to step outside their comfort zone.

“There are a lot of Muslim students who not only attend this university but are present in our communities,” he said. “The better we’re able to understand them the more unified and diverse our country’s population will be.”

For more information about Fastathon, contact SGA Board at 954-262-7223 or sea-board@nova.edu.

Learn about Islam through Fastathon

SGA advocates for Muslim prayer room

By: Grace Ducanis
@GraceDucanis

The Student Government Association (SGA) passed legislation to create a worship room specifically for Muslim students and is planning to meet with school administrators to discuss possibilities to that fasting process and how it differs from other types of fasting traditions.

Mohammad Farraj, senior biology major, minority senator for SGA and co-sponsor of the legislation, said that he and other Muslim students often pray outside the library, in the corners of the library, and in the grass outside of the UC. According to Farraj, a prayer room for Muslims would be an attention for the large Muslim population in South Florida.

“NSU claims diversity, and we push to see that this is necessary,” he said. “The second push is what’s really going to help them understand with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmad said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

“Because we’re trying to be very efficient with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmed said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

“Because we’re trying to be very efficient with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmed said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

“Because we’re trying to be very efficient with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmed said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

“Because we’re trying to be very efficient with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmed said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

“Because we’re trying to be very efficient with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmed said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.

Ujala Ahmed, senior finance major and treasurer for SGA, wrote a similar prayer room resolution during the 2014-2015 school year. Ahmed said that she originally decided to write the legislation because she has a Muslim background and received requests from other Muslim students. According to Ahmed, there was a lot of support for a Muslim-specific prayer room in 2014-2015, but a room wasn’t designated because there wasn’t enough permanence from the students.

“Because we’re trying to be very efficient with how we use our spaces, higher administration needs to see that there’s a big push for things,” Ahmed said. “I think this second push is what’s really going to help them see that this is necessary.”

Ahmed said that prayer for Muslims is very intimate and that they need to be removed from all distractions in a clean space.
by Joanna Ramirez

Joanna Ramirez is a senior communication major with a concentration in public relations. She has a hunger for travel and enjoys experiencing different parts of the world.

While studying abroad in Lugano, Switzerland, my classmates and I decided to take a weekend trip to Interlaken, Switzerland, the capital of extreme sports, located two and a half hours northeast of Lugano. While planning our trip, my friends and I decided that we must participate in a sport. We narrowed our options down to three different sports: skydiving, paragliding and bungee jumping. We found bungee jumping to be the most appealing and within our budget. After making our decision, my classmates and I booked our activity and were off to Interlaken.

The day of our excursion came and we waited at the hotel for the excursion leaders. Once they arrived, 32 of us climbed into a small bus. We were offered some beers from a cooler by a couple of Australians who were living in Interlaken and run the tour. The ride from Interlaken to Stockhorn took about 45 minutes.

We arrived at Stockhorn and met with another group of 12. We then took a 15 minute gondola ride up the mountain. Once we made it to the top, we found an incredible view of the Swiss Alps, including the famous Matterhorn and the lake of Lucerne.

Once they arrived, 12 of us climbed into a small canoe. We were informed that we would be doing a bungee jump from the gondola. At first, I was scared as to why they would offer me alcoholic beverages before doing something so extreme. Quickly, I realized that they use this to help with nerves. I now had gained courage and was ready to make the jump of a lifetime.

The excursion leader then said, “I’m going to count to three. Once I say the number three, you will jump. OK?” I answered him, “OK.”

1…2…3,” he counted. I wanted to get this over with. Immediately, the guy started harnessing on my straps, first around my shoulders, then between my legs and finally around my feet.

I found myself jumping out of the gondola into the fresh, crisp air of the Swiss Alps. I found myself jumping out of the gondola. Once I was in the air, I grabbed the Australian and gave him a hug. I was thankful that everything had gone OK and that I had actually done something extraordinary. It was truly an experience of a lifetime.

By: Jessica Tavares and Chris Denmore

Jessica Tavares is an academic adviser within the Undergraduate Academic Advising Center. She works with undergraduate students within NSU’s online and off-site populations. She helps students cultivate degree plans to attain their goals.

Christopher Denmore is an NSU alumnus and an academic adviser in the Undergraduate Academic Advising Center. He works to encourage students at the undergraduate level to achieve their highest learning potential and pursue academic challenges.

Students may often feel stressed when committing to a particular academic track, and for good reason. Choosing the right program can be overwhelming. But there’s no need to fret. Rarely is there a wrong choice when choosing to expand one’s depth and breadth of any subject. Choosing a major is important but what also matters is understanding the content of each course in the curriculum and the academic experience.

In recent times, graduate school admission committees and respective admission exams are focusing more on the entire student and not just their major. An example would be the often-pursued pre-med programs. Major in a science program and all the prerequisite courses will be perfectly positioned over the next four years. This plan may be the straightest track to applying to the school you have always dreamed, but other options exist. More and more pre-med focused students are majoring outside of traditional science programs. There are many excellent majors to explore that can help you attain your ultimate goals but the key to making all of this applicable is to still take the required courses for graduate school. Think carefully and be sure to consider the major’s emphasis and not just its requirements. Remember to meet with your advisor to research the prerequisite courses for that dream graduate program so that you are always up-to-date.

Traditionally, a student’s GPA is what graduate schools and employers focus on, but that isn't so much the case for today’s academic and professional areas. As our world becomes both more complex and interlaced, excellent grades may not always be enough. Many graduate schools prefer exceptional students who can understand content from several different areas. It’s important to be able to collaborate with others from diverse backgrounds and reach places you aren’t already familiar with.

But last but not least is the passion component of choosing a major. To reach one’s full potential and excel in any field a certain level of talent is required, but not at the expense of your highest interests. Picture yourself as a future professional who embodies aspects of commitment, talent and readiness to conquer any endeavor. If your major inspires you this way, you know you have chosen correctly.

By: Jenna Kopec

NSU isn’t horsing around when it comes to therapy

Shelia Santage, equine specialist at Stable Place said, “Just a small little thing can completely change [clients] in such a way and make them see something that they could never see just in everyday life. Just to be a witness to that is such a privilege.”

In equine therapy, horses are not trained like therapy dogs often are. Green said that because horses are animals of prey, they are very perceptive of the environment. The animals are able to pick up on the slight nuances of a client’s movements and attitudes, and they naturally react to it. This creates the basis for therapy.

Diana Giraldier, adjunct professor of family therapy and staff therapist at Stable Place, said, “I think that unique opportunity that is nonverbal words, but it’s about the experience.”

Watch our talk therapists, a new form of practice is taking from the office to the stable. Through efforts from NSU faculty, anyone can build relationships with horses through equine therapy.

Stable Place, founded by Shelley Green, professor of family therapy, and Valerie Judd, is a non-profit organization that provides equine therapy to those who may be unable to afford it otherwise, they are able to offer some services for free. Individuals who are interested in equine therapy can contact Stable Place at 954-790-0270.
I come from a family of divorce. It can be tricky to find friends who have similar values and interests, which can make for a lonely time at a party. So, here are some tips on how to survive the holidays with your crazy but lovable family.

Schedule it out
I come from a family of divorce. It can make the holidays stressful, but I enjoy having so much family to see every year. I love multiple meals during the holidays – that would be a week of leftovers to take home. If you also come from a family of divorce and there are multiple stops to make for each holiday, try scheduling a time for each meal.

Make plans with each household to see what time they are eating or what time the family photo is happening. Schedule it out. You can tell Aunt Sue and Uncle Bob, who inevitably give the worst gifts to all the nieces and nephews. This is also a moment to be exceptionally proud of. It’s a personal guide to surviving the holidays with family.

A personal guide to surviving the holidays with family

Halloween is over and the holiday season is upon us. Many of you will probably spend the holidays with family, whether you come from a family of insanity…and all you want to do is avoid them at all costs. Perhaps there are bad gifts you will never use, family photos you don’t want to see, and an annoying cousin who drives you up the walls. Maybe you just want to sit in a room and read that book you’ve put up for all semester. But at the end of the day, they are family. So, here are some tips on how to survive the holidays with your crazy but lovable family.

Schedule it out
I come from a family of divorce. It can make the holidays stressful, but I enjoy having so much family to see every year. I love multiple meals during the holidays – that would be a week of leftovers to take home. If you also come from a family of divorce and there are multiple stops to make for each holiday, try scheduling a time for each meal.

Make plans with each household to see what time they are eating or what time the family photo is happening. Schedule it out. You can tell Aunt Sue and Uncle Bob, who inevitably give the worst gifts to all the nieces and nephews. This is also a moment to be exceptionally proud of. It’s a personal guide to surviving the holidays with family.

A personal guide to surviving the holidays with family

Halloween is over and the holiday season is upon us. Many of you will probably spend the holidays with family, whether you come from a family of insanity…and all you want to do is avoid them at all costs. Perhaps there are bad gifts you will never use, family photos you don’t want to see, and an annoying cousin who drives you up the walls. Maybe you just want to sit in a room and read that book you’ve put up for all semester. But at the end of the day, they are family. So, here are some tips on how to survive the holidays with your crazy but lovable family.

Schedule it out
I come from a family of divorce. It can make the holidays stressful, but I enjoy having so much family to see every year. I love multiple meals during the holidays – that would be a week of leftovers to take home. If you also come from a family of divorce and there are multiple stops to make for each holiday, try scheduling a time for each meal.

Make plans with each household to see what time they are eating or what time the family photo is happening. Schedule it out. You can tell Aunt Sue and Uncle Bob, who inevitably give the worst gifts to all the nieces and nephews. This is also a moment to be exceptionally proud of. It’s a personal guide to surviving the holidays with family.
Sports

November 8, 2016 | nsucurrent.nova.edu

Cubs win first World Series in 108 years

By: Alyssa Johns

After 108 long years of waiting, Chicago Cubs fans were able to proudly “Fly the W” on Nov. 2 after the Cubs defeated the Cleveland Indians in the World Series, winning their first championship since 1908.

Before this year’s championship run, the Cubs made their last World Series appearance in 1945, but were swept by the Detroit Tigers. It was during this World Series that the “billy goat curse” was born.

Per legend, and BillyGoatTavern.com, on Oct. 6, 1945, a Chicago tavern owner named William “Billy Goat” Sianis wanted to bring his pet goat, Murphy. Upon reaching the gates to the stadium, however, he was denied entry, as animals were not allowed in the park.

Denied entry to the stadium, an upset Sianis reportedly threw his arms and shouted, “The Cubs ain’t gonna win no more. The Cubs will never win a World Series so long as the goat is not allowed in Wrigley Field.”

The Cubs not only lost that game, but were swept at home by the Tigers. Shortly after the loss, Sianis sent Wrigley a telegram that contained the message, “Who stinks now?”, igniting a curse that would hold the Cubs captive for the next 71 years.

The Cubs’ current manager Joe Maddon doesn’t believe in curses, though.

“If you want to believe in that stuff, it’s your right, and we’re world champions. Maybe after 108 years, you get some divine intervention?”

Whether the curse was real or not, one thing is for certain – the Cubs’ World Series victory is very real and incredibly historic. After 71 long years, the curse was broken, and the Cubs have taken their place as World Series champions.

After losing three of the first four games of the series to the Indians, the Cubs’ momentum began to turn around in the fifth game. The Cubs won Game 5 3-2, and carried that momentum to close out the series in seven games.

The 2016 MLB season came to a nail-biting end on Nov. 2, when the Cubs played Game 7 against the Indians. Though it was a tie game in the eighth inning and the game was stopped due to a 17-minute rain delay, the real action came last in the 10th inning. The Cubs were able to put two on the board off the bats of designated hitter Kyle Schwarber and left fielder and World Series MVP Ben Zobrist. Though the Indians scored once in the 10th, it wasn’t enough to overcome the Cubs and keep the team from finally winning another World Series.

Jed Hoyer, general manager for the Cubs, expressed his thoughts on his team after the Game 7 win.

“I think the rain delay was the best thing that ever happened to us, to be honest,” Hoyer said. “We went down to the rain room, talked a little bit. [Theo Epstein, Cubs president of baseball operations] and I saw all the hitters were huddled in the weight room during the delay and kind of getting pumped up. I felt great and thought, ‘We were going to win this inning and we’re world champions.’ Maybe after 108 years, you get some divine intervention?”

Men’s and women’s cross country

The men’s and women’s cross country teams completed their seasons at the South Regional Championship on Nov. 5 in Saint Leo, Florida. The men’s team finished in sixth place, while the women’s team took 16th overall.

Because neither team was able to secure a top-three finish, NSU will not have any athletes competing in the NCAA Division II Nationals meet on Nov. 19.

Men’s and women’s golf

The men’s golf team tied for third overall at the Golfweek Division II Fall Invitational on Nov. 1. The team shot a combined three-round of score of 886. Richard Mansell led the team in the final round, finishing the tournament four strokes under par.

The women’s golf team finished fourth out of 12 teams at the Newberry Invitational on Nov. 1. Jamie Freedman shot one over par in both rounds to lead the Sharks with a total 146 strokes.

Women’s soccer

The Sharks fell 2-1 to Saint Leo in the Sunshine State Conference tournament on Nov. 6. Nicole Poppe put the Sharks on the scoreboard first with her third goal of the season, but Saint Leo came back and scored a pair of unanswered goals late in the game.

Women’s volleyball

The women’s volleyball team suffered their seventh consecutive loss of the season after a 3-2 loss to Rollins on Nov. 5. Though the Sharks were unable to break their losing streak, libero Megan Burns surpassed the 1,000 career dig milestone during the match-up.

ON DECK

MEN’S BASKETBALL

vs. St. Thomas
NSU Arena
Nov. 11 | 7:30 p.m.

WOMEN’S BASKETBALL

vs. Delta State
NSU Arena
Nov. 11 | 5 p.m.

vs. Union
NSU Arena
Nov. 12 | 4 p.m.

WOMEN’S VOLLEYBALL

vs. Palm Beach Atlantic
West Palm Beach, Fla.
Nov. 8 | 7 p.m.

vs. Florida Tech
Melbourne, Fla.
Nov. 15 | 7 p.m.
If you and your friends want an artistic experience but don’t want to travel all the way to Wynwood, look no farther than F.A.T. – Flagler Arts and Technology, Village Arts District. Located in Downtown Fort Lauderdale, only four minutes from the NSU Art Museum, FATVillage houses a myriad of galleries, studios, restaurants and retail shops that are sure to provide a fun day.

**Galleries, studios and more**

FATVillage provides a hub for a variety of different galleries and studios. Many artists have found their home in the Village, evident by the large number of filled studios, some of which even feature galleries. Many of these galleries are open to the public throughout the year, and some offer workshops.

Among these galleries is Art Trax Studios & Galleries, which houses seven different studios for ceramics, painting and photography. These studios offer multiple workshops that are available to the public. For more information, visit their Facebook page at facebook.com/studios35FAC.

Folk art has also found its home in FATVillage, specifically at Samsara Art Gallery. Inspired by the emotion behind folk art, the curators of this gallery showcase classic pieces from their collections, as well as pieces from up-and-coming artists.

If you want to steer away from the usual mediums of art, then IS Projects is the way to go. This printmaking studio is community-inclusive, offering a variety of workshops, including typography. Dabbling in printmaking and bookbinding, this studio focuses on more print-based mediums and is sure to inspire. For more information on workshops, visit isprojectsfl.com/workshops/.

Francisco Sheurat’s studio presents an interesting variation of pop art. Using recycled products, mainly aluminum cans, Sheurat explains on his website that he creates to inspire a greener lifestyle while exploring the parameters of pop art.

The World & Eye Arts Center is a multi-disciplinary location that houses a variety of engaging workshops. This center offers multiple theatre workshops, yoga classes, Native American drum circles and art exhibits, just to name a few. For more information about their workshops and events, visit worldandeysc.com.

The FATVillage Center for the Arts is one of the best ways to get involved. Offering classes for all ages, this group’s mission is to engage the community through full classes and workshops, as well as showcasing art for the community.

**Restaurants**

Spending your day experiencing the interesting features of FATVillage might leave you hungry, so why not try some local cuisine?

Top Hat Deli, just a few blocks out of the district, is a Jewish deli that serves the usual items but in a delicious manner. With menu items ranging from the Fat Village Burger to classic deli-style sandwiches, as well as Jewish dishes like matzo brei, knish and potato latkes, this restaurant is a great stop halfway through or after a long day at FATVillage.

If pizza cravings hit, look no farther than Mellow Mushroom. This pizza shop and in-house bar is a popular stop, and for good reason. Carrying vegan and gluten-free options, this parlor has something for everyone.

Mexican might be the way to go, and if so, then no need to fear because Tacocraft is here. A semi-authentic boutique that uses tortillas hand-crafted by women who learned from their mothers and grandmothers, Tacocraft houses a variety of classic Mexican food like empanadas and taquitos, as well as a wide variety of alcoholic beverages.

**Art Walk**

The best way to experience all that FATVillage has to offer is to participate in their monthly Art Walk. Occurring on the last Saturday of every month, except December, starting at 6 p.m., the event usually includes almost every artist housed in the district, allowing the general public to experience their studios and art. On top of the resident artists, outside artists usually come to participate. The streets are usually buzzing with art sales and thousands of other art appreciators, making it an event with things to do around every corner.

With all the interesting art right here in Fort Lauderdale, make sure your weekend adventures are local and fun.
Lacking inspiration for your fall menu this year? These recipes will help you spice up your autumn cuisine. Fall is upon us and one of the best parts of the season is the food, so it’s best to get started now.

Warm and spicy autumn punch

With a combination of oranges, apples, pineapples and a couple spices, this drink is a unique take on classic apple cider and fruit punch. The aroma of this punch screams warm and cozy, making it a perfect beverage to curl up with on a chilly night.

Ingredients
- 2 oranges
- 8 whole cloves
- 6 cups apple juice
- 1 cinnamon stick
- 1/4 teaspoon ground nutmeg
- 1/4 cup honey
- 3 tablespoons lemon juice
- 2 1/4 cups pineapple juice

Directions
Preheat the oven to 350 degrees Fahrenheit
Bake for 30 minutes
Mix the apple juice and cinnamon stick in a saucepan
Bring the heat to medium as the mixture is brought to a boil and simmer for five minutes
Remove the pan from the heat and mix in the honey, nutmeg and lemon and pineapple juices
Serve hot with the cloved oranges

Classic meatloaf

Meatloaf has to be one of the top comfort foods and makes a great addition to this fall recipe list. Made with fresh vegetables and meat, this savory dish will give you a warm, homey feeling inside.

Ingredients
- 1 carrot, coarsely chopped
- 1/2 cup celery, coarsely chopped
- 1/2 cup onion, coarsely chopped
- 1/2 cup mushrooms and garlic
- 2 large eggs
- 1/4 cup brown sugar
- 1/4 teaspoon ground nutmeg
- 1/4 teaspoon ground cloves
- 1/2 teaspoon ground ginger
- 1 teaspoon ground cinnamon
- 2 teaspoons baking powder
- 2 cups unbleached all-purpose flour
- 1/2 cup plain bread crumbs
- 1/2 cup marshmallow crème
- 1 teaspoon vanilla extract
- 1/4 teaspoon salt
- 1/2 cup brown sugar
- 1 teaspoon olive oil
- 2 tablespoons Dijon mustard
- 1/4 cup hot pepper sauce
- 2 tablespoons lemon juice
- 2 tablespoons honey

Directions
Preheat the oven to 325 degrees Fahrenheit
Mix the carrot, celery, onion, red bell pepper, mushrooms and garlic
Mix the minced vegetables, ground chuck, Worcestershire sauce, Italian herbs, salt, black pepper and cayenne pepper together in a large bowl
Pour in bread crumbs and use your fingers to lightly mix them in until combined
Pour olive oil into the bottom of a baking dish
Form the mixture into a ball and place it in the dish
Form the ball into a loaf shape with a height of about 4 inches and a width of about 6 inches
Bake for 15 minutes
Mix the brown sugar, Dijon mustard, ketchup and hot sauce in a bowl until the brown sugar dissolves
Take the meatloaf out of the oven and glaze it with the brown sugar mixture
Place the meatloaf back in the oven and bake until there is no longer pink in the loaf, 30-40 minutes

Sweet potato cupcakes with toasted marshmallow frosting

Sweet potatoes are a classic treat during the fall, so why not make them into a delicious dessert? Mix brown sugar and cinnamon and topped with toasted marshmallows, these cupcakes are an autumn hit.

Ingredients
- Sweet potato cupcakes
  - 1/2 cup butter, room temperature
  - 1 1/2 cups brown sugar
  - 2 eggs, room temperature
  - 1 teaspoon vanilla extract
  - 1 cup cooked, mashed sweet potatoes
  - 2 cups unbleached all-purpose flour
  - 2 teaspoons baking powder
  - 1 teaspoon salt
  - 1/2 teaspoon nutmeg
  - 1/4 teaspoon ground cloves
  - 1/4 teaspoon ground allspice
  - 1/4 teaspoon salt
  - 1/4 teaspoon ground cinnamon
  - 1/4 teaspoon ground nutmeg
  - 1/2 teaspoon ground ginger
  - 1/2 cup brown sugar
  - 1/2 cup sugar
  - 1/4 cup marshmallow frosting

Directions
Preheat the oven to 350 degrees Fahrenheit
Mix the butter, sugar, eggs, flour and spices in a large bowl
Place the bowl over a pan of simmering water and beat with an electric mixture until stiff, about 5-7 minutes
Remove the bowl from the heat and continue beating the mixture for another minute
Add a teaspoon of vanilla extract and marshmallow crème to the mixture and beat until combined
Fill a pastry bag with a large, plain tip with the frosting and pipe small marshmallow-like dots on the cupcakes - you can also use a knife and frost the cupcakes generously with swirls and loops
Place the oven rack 6 inches away from the heat source and preheat the broiler
Place 3-4 cupcakes on a baking sheet and put them under the broiler
Toast for 90 seconds until the frosting is lightly browned, and rearrange and check the sheet every 20 seconds
Repeat this process until all the cupcakes are finished

Let us help!

**SUTV** provides affordable production services for NSU students & their clubs and organizations!

For more information contact the Office of Student Media at sharktv@nova.edu or (954)-262-2602.

---

**Offshore Calendar**

**Fort Lauderdale International Film Festival**
Nov. 4-20
@ Cinema Paradiso

**Delta Rae**
Nov. 10, 8 p.m.
@ Broward Center for the Performing Arts

**2016 Southeastern Circuit Finals Rodeo**
Nov. 10-12, 7:30-10:30 p.m.
@ Bergeron Rodeo Grounds

**Anime Iwai: Rise**
Nov. 11-13
@ Doubletree by Hilton Deerfield Beach-Boca Raton

**Kansas**
Nov. 12, 8 p.m.
@ Broward Center for the Performing Arts

**Festival of Speed Car Show**
Nov. 12, 8-11 p.m.
@ 501 Diplomat Pkwy, Hallandale Beach, FL 33009

**Coral Springs Chocolate Festival**
Nov. 12-13, 9 a.m. to 8 p.m.
@ The Coral Springs Gymnasium

---

**NEED A COMMERCIAL FOR YOUR STUDENT ORGANIZATION?**

*Let us help!*

:SUTV PROVIDES AFFORDABLE PRODUCTION SERVICES FOR NSU STUDENTS & THEIR CLUBS AND ORGANIZATIONS!:

For more information contact the Office of Student Media at sharktv@nova.edu or (954)-262-2602.
Triphop and pheranophonic are two music genres that spawned some of the most creative and novel concepts in the music world. Artists like Pulp, Massive Attack, and by definition, Wax Tailor, brought the same emotional, sample-based sound of the genres. But each one of them has also managed to create their own worlds through each of their unique quirks and themes. This idea of developing a unique personality through music is exemplified by trip-hop veteran Wax Tailor.

Wax Tailor released five records since his emergence in 2004 and one of his biggest appeals as an artist is the theming he takes on for each album. For example, his debut album, “Tales of the Forgotten Melodies,” uses almost exclusively classic noir movie and radio samples while “Dust Rainbow from the Dark” tells the story of a young boy discovering the power of music. His newest record, “By Any Beats Necessary,” released Oct. 14, introduces another theme in the form of a road trip through the southwestern United States. Although this record does not surpass the quality of some of his previous projects, it still keeps with the theme of interesting samples and exciting compositions. Keeping with the theme, the record does not shy away from traditional western instruments. Whistles, harmonicas and banjos are staples on the record alongside the ever-present radio samples.

The intro track “Hit The Road” emulates the sounds one might hear flipping through the radio on a dusty road in Arizona. This leads seamlessly into “I Had A Woman,” immediately recognizable as a tribute to classic blues ballads. Deep, grumbling horns are accompanied by a walling harmonica and short but sweet piano progressions. All of this is layered under Tailor’s signature vocal and beat cutting.

“Diggin’ Saloon” hearkens back to some of Tailor’s earlier releases, retaining dark undertones while still keeping with the theme of the album. The track masterfully blends traditional sailboat-style piano pieces with western guitar solos, the click-clacking of horses’ hooves and high-pitched wind.

My favorite track on the record, “Back On Wax,” features two very exciting and fun features from A-F-R-O and R.A. the Rugged Man, as well as one very annoying one from Tiken. On the second verse aside, the other two rappers bring their own signature personalities to their lyrics. As for the instrumental, the track is well-produced with each rapper getting an individual variation on the base guitar progression for their verse. A-F-R-O takes a darker spin on his section with deep, foreboding horns. The track is full of intimate horns featured under Tiken. R.A. the Rugged Man gets the traditional hip-hop treatment with scratches and sample splicing.

While none of the tracks on the record are terrible or completely unlistenable, there are a few that just seem out of place. The only thing tying “Bleed Away” to the rest of the tracks is maybe the hollow clacking in the background, but everything else sounds more like something you would expect to hear around Halloween. Wailing choirs and strangely-placed synths make the whole track seem ethereal and surreal.

It’s almost as if Tailor took inspiration from a group like Crystal Castles when producing this track. The other track that just feels weird, not so much in name but in sound, is “The Phonograph.” It suffers from a lot of the things that make “Bleed Away” an anomaly. It sounds too strangely electronic and processed to be a good fit for the theming. Gone are the harmonicas, pianos and plucky guitar chords. They have been replaced by drum machines, synths and statics. It could have been fitting considering it is the closing track, but it doesn’t make sense that Tailor decided to shift his focus so severely for this purpose.

The shortcomings of the record do not overpower its strengths, and even if it isn’t as exciting or interesting to delve into as his prior projects, it’s still a solid album. The theming is not something that everyone will enjoy, but Tailor used it to good effect. Most of the cues sound exactly as you would expect them to, and Tailor’s collection of samples adds a nice layer of depth to each cut. 
If artists want to sell a product they produced or charge for their performances, they have every right to do so. It is their product after all. However, sales and profit are not the primary purpose of art.

Art at its core is about creation. If you need a payment to create, then maybe you’re in it for the wrong reasons.

Some argue that artists should be willing to create or work for free to gain exposure. While that’s a fair argument, and certainly applicable for artists who are trying to strike it big with the public, it might be even fairer to say that artists should create regardless of pay or exposure.

Multiple musicians have released albums without charging the public, including Radiohead with “In Rainbows” and Gorillaz albums without charging the public, including “Monsters, Inc.” and “Up” said in an interview with The Greater Good that he creates primarily for the joy of making music. In the case of the music industry, most of the time, the money received from album or song purchases does not go entirely to the artist. For example, a painter must sell their paintings in order to buy paint. But that argument is ill-founded. While selling art is one way an artist can buy supplies, it is not the only way. If artists abide by the work-to-live model, and not the live-to-work lifestyle, they can arguably buy what they need to create. Maybe they wait tables during the night and paint during the day. It doesn’t make their creations any less valuable.

Saying that artists cannot or should not perform or create for free contributes to the idea that you have to be a professional to be an artist. But just like everyday individuals play sports, they sing, paint and create art. Maybe the single mother who paints in her garage or the young man who sings in your choir doesn’t fit your initial schema for artists, but that doesn’t mean they aren’t. They contribute to the world of art and creativity in their own unique way.

Money controls many things, and unfortunately, it controls art as well. As nice as it would be for artists to create art for free, capitalism just won’t allow it.
A homegrown NSU tradition has spread across the country and is now making national headlines. #NoShoesNovember is sweeping the nation. At NSU, bare feet are a regular sight. Legend has it that it began with Smitty Lorsen, a biology major who graduated in 1999. Lorsen was always forced to wear shoes as a child and took the opportunity to liberate himself at NSU. He even dubbed the school “No-Shoes University.”

For years, students have opted out of protective footwear to show off their feet. Thomas Santana, sophomore psychology major and no-shoes advocate, said that he took his shoes off one day when it was raining and hasn’t put them back on since.

“Five toes to free your mind,” said Santana.

The NSU tradition caught on around the nation thanks to award-winning researcher and alum Nicholas Thornton, who found a new treatment for foot fungus. Thornton, appropriately barefoot, accepted his Nobel Prize put them back on since.

“Going barefoot makes you more susceptible to injury and puts you at higher risk for contracting a fungus or disease,” said Dr. Marie Henley, general surgeon and adjunct professor at the University of Miami. Despite critics, more and more pictures are being posted to social media of barefoot counts and communities from Idaho to California.

The NSU community seems to find the trend flattering.

“I think it’s a cool way for the university to be recognized. We’re talked about as pioneers for improving infrastructure.”
- Kelsea Ragsdale, freshman marine biology major

Legalizing marijuana would allow for the taxation of the already-popular substance. According to taxpolicycenter.org, tobacco revenue reached approximately $18,255,711,000 in 2013. If marijuana was taxed similarly, tax revenues would dramatically increase among states. This has already been proven in Colorado. The Colorado Department of Revenue recorded $18,261,891 in marijuana tax revenue for the month of August alone. This tax revenue can go, and has gone, to funding school districts or improving infrastructure.

On top of the economic benefits, marijuana provides health benefits. CNN reported that medical marijuana is used to treat multiple sclerosis, nausea, which helps those with AIDS or undergoing chemotherapy who have trouble maintaining an appetite, pain, especially neuropathic pain, epilepsy, convulsions and Alzheimer’s.

“Meanwhile, alcohol, which is legal throughout the country, has serious health risks. The Center for Disease Control states on their website that excessive alcohol use can lead to the development of chronic diseases and other serious problems including high blood pressure, heart and liver disease, multiple types of cancer, learning and memory problems, mental health problems, social problems, family problems, unemployment and alcoholism.

Overall, the legalization of marijuana in the U.S. would be highly beneficial. With positives outweighing negatives and evidence showing it is safer than other legal substances, there is no reason not to pass legislation making it 4:20 all day every day.

A homogenous NSU tradition has spread across the country and is now making national headlines. #NoShoesNovember is sweeping the nation. At NSU, bare feet are a regular sight. Legend has it that it began with Smitty Lorsen, a biology major who graduated in 1999. Lorsen was always forced to wear shoes as a child and took the opportunity to liberate himself at NSU. He even dubbed the school “No-Shoes University.”

For years, students have opted out of protective footwear to show off their feet. Thomas Santana, sophomore psychology major and no-shoes advocate, said that he took his shoes off one day when it was raining and hasn’t put them back on since.

“Five toes to free your mind,” said Santana.

The NSU tradition caught on around the nation thanks to award-winning researcher and alum Nicholas Thornton, who found a new treatment for foot fungus. Thornton, appropriately barefoot, accepted his Nobel Prize put them back on since.

“Going barefoot makes you more susceptible to injury and puts you at higher risk for contracting a fungus or disease,” said Dr. Marie Henley, general surgeon and adjunct professor at the University of Miami. Despite critics, more and more pictures are being posted to social media of barefoot counts and communities from Idaho to California.

The NSU community seems to find the trend flattering.

“I think it’s a cool way for the university to be recognized. We’re talked about as pioneers for improving infrastructure.”
- Kelsea Ragsdale, freshman marine biology major

Legalizing marijuana would allow for the taxation of the already-popular substance. According to taxpolicycenter.org, tobacco revenue reached approximately $18,255,711,000 in 2013. If marijuana was taxed similarly, tax revenues would dramatically increase among states. This has already been proven in Colorado. The Colorado Department of Revenue recorded $18,261,891 in marijuana tax revenue for the month of August alone. This tax revenue can go, and has gone, to funding school districts or improving infrastructure.

On top of the economic benefits, marijuana provides health benefits. CNN reported that medical marijuana is used to treat multiple sclerosis, nausea, which helps those with AIDS or undergoing chemotherapy who have trouble maintaining an appetite, pain, especially neuropathic pain, epilepsy, convulsions and Alzheimer’s.

“Meanwhile, alcohol, which is legal throughout the country, has serious health risks. The Center for Disease Control states on their website that excessive alcohol use can lead to the development of chronic diseases and other serious problems including high blood pressure, heart and liver disease, multiple types of cancer, learning and memory problems, mental health problems, social problems, family problems, unemployment and alcoholism.

Overall, the legalization of marijuana in the U.S. would be highly beneficial. With positives outweighing negatives and evidence showing it is safer than other legal substances, there is no reason not to pass legislation making it 4:20 all day every day.

A homogenous NSU tradition has spread across the country and is now making national headlines. #NoShoesNovember is sweeping the nation. At NSU, bare feet are a regular sight. Legend has it that it began with Smitty Lorsen, a biology major who graduated in 1999. Lorsen was always forced to wear shoes as a child and took the opportunity to liberate himself at NSU. He even dubbed the school “No-Shoes University.”

For years, students have opted out of protective footwear to show off their feet. Thomas Santana, sophomore psychology major and no-shoes advocate, said that he took his shoes off one day when it was raining and hasn’t put them back on since.

“Five toes to free your mind,” said Santana.

The NSU tradition caught on around the nation thanks to award-winning researcher and alum Nicholas Thornton, who found a new treatment for foot fungus. Thornton, appropriately barefoot, accepted his Nobel Prize put them back on since.

“Going barefoot makes you more susceptible to injury and puts you at higher risk for contracting a fungus or disease,” said Dr. Marie Henley, general surgeon and adjunct professor at the University of Miami. Despite critics, more and more pictures are being posted to social media of barefoot counts and communities from Idaho to California.

The NSU community seems to find the trend flattering.

“I think it’s a cool way for the university to be recognized. We’re talked about as pioneers for improving infrastructure.”
- Kelsea Ragsdale, freshman marine biology major

Legalizing marijuana would allow for the taxation of the already-popular substance. According to taxpolicycenter.org, tobacco revenue reached approximately $18,255,711,000 in 2013. If marijuana was taxed similarly, tax revenues would dramatically increase among states. This has already been proven in Colorado. The Colorado Department of Revenue recorded $18,261,891 in marijuana tax revenue for the month of August alone. This tax revenue can go, and has gone, to funding school districts or improving infrastructure.

On top of the economic benefits, marijuana provides health benefits. CNN reported that medical marijuana is used to treat multiple sclerosis, nausea, which helps those with AIDS or undergoing chemotherapy who have trouble maintaining an appetite, pain, especially neuropathic pain, epilepsy, convulsions and Alzheimer’s.

“Meanwhile, alcohol, which is legal throughout the country, has serious health risks. The Center for Disease Control states on their website that excessive alcohol use can lead to the development of chronic diseases and other serious problems including high blood pressure, heart and liver disease, multiple types of cancer, learning and memory problems, mental health problems, social problems, family problems, unemployment and alcoholism.

Overall, the legalization of marijuana in the U.S. would be highly beneficial. With positives outweighing negatives and evidence showing it is safer than other legal substances, there is no reason not to pass legislation making it 4:20 all day every day.
RADIOX IS NOW LIVESTREAMING!

TUNE IN EVERY DAY OF THE WEEK FROM 6PM TO 12AM

nova.edu/radiox/listen.html

Fresh Food with a Tropical Twist

10% discount with your NOVA ID!

Located on the corner of University & Stirling

Tropical Smoothie Café
5780 S. University Dr., Suite #106
Davie, FL 33328
954-880-0840
www.tropicalsmoothie.com

99¢
Any Flatbread with the purchase of 24 oz. Smoothie

99¢
Any 24 oz. Smoothie with the purchase of a Flatbread

(TEXT ‘FRUIT’ to 35350 for a FREE Flatbread & more great weekly deals!

You'll receive up to 10 messages per month from an automated system. Message and data rates may apply. To stop service at any time reply 'STOP' to the short code you signed up to (35350, 35356, or 88874). To receive help information at any time, reply 'HELP' to the short code you signed up to. (AT&T, Verizon Wireless, Sprint, T-Mobile, Virgin Mobile, Boost, U.S. Cellular and Alltel. To view the full terms and conditions, visit http://www.epreiz.com/terms. To view the privacy policy, visit http://www.epreiz.com/privacy-policy.)