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Nova Southeastern University

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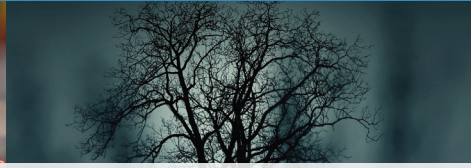
Tips to get you ready for midterms

P. 4



Gone but not forgotten

P. 7



Horror movies to kick start your October

P. 8



Textbooks shouldn't be extra

P. 10

## Broaden your horizons at the Education Abroad Fair

By: **Grace Ducanis**

@GraceDucanis

Although South Florida is a great place to go to school, students can learn all around the world through NSU.

On Oct. 4, the Office of International Affairs will host the Undergraduate Education Abroad Fair from 11:30 a.m. to 1:30 p.m. in the Don Taft University Center Spine.

Representatives from International Studies Abroad, Semester at Sea, Classport, the International Organization for Human Rights, the American Institute for Foreign Study, the Education Abroad Network, Arcadia University and the American University of Rome will attend the fair. At the fair, students will be able to learn about different opportunities for education abroad, including faculty-led trips.

Alejandra Parra, associate director of international affairs, said that students aren't aware of the education-abroad experiences open to them.

"Students visit historically significant locations, meet students from other countries and gain a global awareness that enhances their resume and prepares them for their professional future with an added edge that will put them at a

different level from those who haven't had this kind of experience," she said.

At the fair, there will also be tables featuring different study abroad scholarships. The Office of Career Development will be advising students on the best ways to capitalize professionally on international experiences.

Anne-Rachele Theodore, junior chemistry major, attended the fair in the spring and studied in Italy for six weeks over the summer. She said that she's always had a passion for going abroad.

"I toured Rome at least four times, so I was pretty familiar with going to and fro and every corner," Theodore said. "I didn't want to come back...I made some lifelong friends for sure."

She said that she would recommend the study abroad experience to other students and that the Education Abroad Fair was very informative.

"You learn a lot about different opportunities and different classes," Theodore said. "[Study abroad] can go with a lot of majors, and most people don't know it. A lot of people are afraid to go, but once you take that leap and take that first step, it's definitely worth it."



Theodore on the rooftop of the American University of Rome during her study abroad trip.

COURTESY OF A. THEODORE

Parra said that credits earned by students while studying abroad will apply toward their degrees.

"They get to see a different part of the world, see things they've only read about or seen on television, and most of all, get a life-changing

experience," Parra said.

For more information on study abroad programs through NSU, visit [nova.edu/internationalaffairs/travel-study-abroad/study-abroad](http://nova.edu/internationalaffairs/travel-study-abroad/study-abroad).

## Take a day to make a difference

By: **Rachael Hirstein**

@RachaelHirstein

On Oct. 22, NSU students will head to the beach to make a difference.

This year for Make a Difference Day, students will participate in a beach and ocean cleanup organized by the Office of Student Leadership and Civic Engagement (SLCE) at John U. Lloyd Beach State Park in Dania Beach from 8:30 a.m. to 1:30 p.m. Divers, snorkelers and people on land will pick up trash to make the beach and water look more presentable and safer for wildlife.

Make a Difference Day is the fourth Saturday of every October and was first created in 1992 as a national day of service. Volunteers from everywhere in the nation participate to help out their communities, according to the Make a Difference Day website.

Emily Konicki, sophomore student worker in the SLCE office, said NSU's Aquatics Department will be participating in this year's Make a Difference Day event. She is looking



Students traveled to Jacksonville to participate in a SAS trip during Fall 2015.

COURTESY OF J. BRAVERMAN

forward to having more volunteers participate this year.

"We've never done it like this before, and

I love the fact that so many people are willing to volunteer their time to help other people and help the environment," she said. "I'm really

passionate about service so that really excites me."

Schae Maynard, senior environmental science major, attended last year's Make a Difference Day, which took place at Broward Outreach Centers in Pompano Beach and Hollywood and at Northwest Gardens PATCH (People's Access to Community Horticulture) in Fort Lauderdale.

"Getting to make such genuine connections while doing something so selfless was really cool," she said. "I would definitely recommend it for students to get involved in because not only do you make connections with people you don't normally see, you get to give

Oct. 20 is the deadline to sign up for NSU's Make a Difference Day cleanup on OrgSync. Students can sign up at [orgsync.com/45785/events/1533992/occurrences/3518844](http://orgsync.com/45785/events/1533992/occurrences/3518844).

For more information, contact the SLCE office at [slce@nova.edu](mailto:slce@nova.edu) or 954-262-7195.

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NSUCURRENT.NOVA.EDU

## NEWS ANCHOR

Stay up to date with world events.

### Train crash event recorder recovered in Hoboken, NJ

The event recorder, a key piece of evidence, was recovered from the train crash at the New Jersey Transit. The recorder will reveal how fast the train was traveling when it failed to stop and went airborne after hitting a bumper block. The incident resulted in only one death, but 114 were injured with four remaining hospitalized.

### Fatal shooting by Los Angeles police officer

A man was fatally shot after LAPD officers attempted a traffic stop on a suspected stolen car. The police pursued the car until it stopped and then proceeded to chase the two men who fled the car on foot. An unnamed officer shot one of the two men two blocks after the chase started. No officers were injured and a handgun was recovered but the driver of the vehicle remains at large.

### Russia warns US not to attack Syrian regime

The United States has been warned by Russia not to take action against the Syrian regime. Fighting is still very prominent in the Syrian city of Aleppo. Russian's Foreign Ministry spokeswoman Maria Zakharova stated that U.S. involvement could lead to a large loss of power in Syria, causing more terrorists to appear.

### US sisters die in Seychelles due to excess lung fluid

Two sisters were pronounced dead in their resort in Seychelles. The autopsy report showed excessive fluid in both victims' lungs with no explanation as to how it got there. There were no visible injuries on either of the victims. Seychelles's authorities contacted U.S. officials to make this incident top priority.

## NEWS BRIEFS

### Coffee and conversations

The Office of International Affairs will be hosting Coffee and Conversations on Oct. 7 from 3-4 p.m. in the Student Affairs Building room 104. This event will allow students to meet new people, make new connections and discuss studying abroad. Light snacks and coffee will be provided for all who attend.

### Free breaststroke and butterfly swimming clinic

NSU Aquatics is holding a free clinic for breaststroke and butterfly swimmers on Oct. 18 from 5-7 p.m. No registration is required, and all swimmers and non-swimmers are welcome to have his or her stroke analyzed. For questions or comments, contact Taylor Roby, Coordinator of Aquatic Programs and Services at 954-262-6804 or troby@nova.edu.

### Nova not in association with Lyft

Some student organizations received emails from the company Lyft regarding partnerships and fundraising. Assistant Director of Campus Life and Student Engagement Shannon Booker spoke to the NSU Risk Management and Legal Office and was notified that student organizations at NSU are not permitted to participate in this partnership/fundraiser due to liability concerns. For more information contact Shannon Booker at sbooker@nova.edu or visit the Office of Campus Life and Student Engagement.

### S.O.S and RecWell Outdoor Adventures biking and paddle boarding

Sharks on the Scene is collaborating with RecWell Outdoor Adventures to take students to BG Florida State Park to go biking and paddle boarding on Oct. 8 at 9 a.m. The tickets are \$24 and include biking and paddle boarding equipment and lunch. To purchase tickets, call 954-262-7301.

### Burnt paper towels found in library

Burnt paper towels were found in a garbage can in the men's restroom on the first floor of the Alvin Sherman Library Research and Information Center on Sep 28. NSU Public Safety and the Town of Davie Police Department are investigating this incident. If you have information helpful to the investigation, please contact the NSU Public Safety Department at 954-262-8999.

## The Current

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## Sharks take full reign of service with October trip

By: Jenna Kopec  
@Jen\_Kopec

This year, students will plan and lead the Sharks and Service (SAS) program run through the Office of Student Leadership and Civic Engagement (SLCE) beginning with the Oct. 14-16 trip to Homestead.

SAS trips are weekend or weeklong service trips organized throughout the year by the SLCE office. Each experience focuses on a specific social issue and location.

Liz Mazorowicz, graduate assistant for civic engagement, said that previously staff in the SLCE office were responsible for planning trips, but decided to give students the power to plan so that trips reflected problems the students were concerned with.

"We want people to come out because they're passionate about something," said Mazorowicz. "Knowing that students care about the issues we are going to work with, I think, is going to make the trips really incredible."

Previous trips include the summer SAS trip to Jamaica focused on education, the trip to New Orleans focused on disaster restoration and the trip to Key West focused on the environment.

Mariah Knowles, sophomore finance major, and Schae Maynard, senior environmental science major, planned the first SAS trip to Homestead. The trip will focus on wildlife, and students will work with the Everglades Outpost Wildlife Refuge and board in Saint Andrew's

Lutheran Church.

Maynard said that students will help with the refuge's museum, although the exact nature of the work hasn't been announced. Maynard says the work will be hands-on and students will also learn about the Everglades Outpost Wildlife Refuge work in the area.

Knowles said, "I think [student planned trips are] great. It gives us a more involved role in the process."

She said that college is about becoming engaged with the school and the community, and planning the trips allow students to do so.

Kacey Crespo, freshman marine biology major, is one of the two site leaders for the October trip. Site leaders facilitate group discussions and bonding activities during the trip, which usually include reflection activities. Crespo said she learned about the opportunity to become a site leader through the UNIV 1000 class when a staff member gave a presentation. She then decided to apply for the position of site leader.

"I'm looking forward to being able to guide a group of people who may not know each other and get people more involved, while also helping them realize the importance of the environment," said Crespo.

Mazorowicz said that she has finished hiring site leaders for this trip and has completed

the training process. She said that in the future, site leaders will plan the individual trips they lead.

Eight students can participate in the trip, but the cost has not been determined yet. Knowles said that trips are fairly priced and

cover housing, transportation and most meals. Participants in the Homestead trip will leave Oct. 14 and return Oct. 16. Students who are interested in attending can visit the Sharks and Service Orgsync page for more information.

### SAS TRIPS FOR THE 2016-2017 SCHOOL YEAR

\*Locations for each trip have not been announced yet

October 14-16

December 11-17

January 13-15

March 5-11

May 7-13

# CHANNEL 96 SUTV

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## Movie Show Times: October 1-31, 2016

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Email: [sharktv@nova.edu](mailto:sharktv@nova.edu)

On Demand: [sutv.nova.edu](http://sutv.nova.edu)

Date	12:30a	2:30a	4:30a	6:30a	8:30a	11:00a	1:00p	3:30p	5:30p	8:00p	10:00p
1-Oct	Friday The 13Th (2009)	Tim Burton'S Corpse Bride	The Cabin In The Woods	Trick 'R Treat	Ma Ma	The Ones Below	The Ring	Neighbors 2: Sorority Rising	The Nice Guys	Monster House	Me Before You
2-Oct	Trick 'R Treat	Insidious: Chapter 3	Tim Burton'S Corpse Bride	Warm Bodies	Warcraft	The Purge: Anarchy	Now You See Me 2	Marauders	The Conjuring 2	De Palma	World War Z
3-Oct	Warm Bodies	The Ones Below	Insidious: Chapter 3	Neighbors 2: Sorority Rising	Me Before You	Monster House	The Nice Guys	The Cabin In The Woods	World War Z	Friday The 13Th (2009)	Ma Ma
4-Oct	Neighbors 2: Sorority Rising	The Purge: Anarchy	The Ones Below	Marauders	Now You See Me 2	De Palma	The Conjuring 2	Tim Burton'S Corpse Bride	The Ring	Trick 'R Treat	Warcraft
5-Oct	Marauders	Monster House	The Purge: Anarchy	The Cabin In The Woods	World War Z	Friday The 13Th (2009)	Warcraft	Insidious: Chapter 3	Now You See Me 2	Warm Bodies	The Nice Guys
6-Oct	The Cabin In The Woods	De Palma	Monster House	Tim Burton'S Corpse Bride	The Nice Guys	Trick 'R Treat	Me Before You	The Ones Below	Ma Ma	Neighbors 2: Sorority Rising	The Conjuring 2
7-Oct	Tim Burton'S Corpse Bride	Friday The 13Th (2009)	De Palma	Insidious: Chapter 3	Warcraft	Warm Bodies	Now You See Me 2	The Purge: Anarchy	The Conjuring 2	Marauders	The Ring
8-Oct	Insidious: Chapter 3	Trick 'R Treat	Friday The 13Th (2009)	The Ones Below	Ma Ma	Neighbors 2: Sorority Rising	The Ring	Monster House	The Nice Guys	The Cabin In The Woods	Me Before You
9-Oct	The Ones Below	Warm Bodies	Trick 'R Treat	The Purge: Anarchy	Warcraft	Marauders	Now You See Me 2	De Palma	The Conjuring 2	Tim Burton'S Corpse Bride	World War Z
10-Oct	The Purge: Anarchy	Neighbors 2: Sorority Rising	Warm Bodies	Monster House	Me Before You	The Cabin In The Woods	The Nice Guys	Friday The 13Th (2009)	World War Z	Insidious: Chapter 3	Ma Ma
11-Oct	Monster House	Marauders	Neighbors 2: Sorority Rising	De Palma	Now You See Me 2	Tim Burton'S Corpse Bride	The Conjuring 2	Trick 'R Treat	The Ring	The Ones Below	Warcraft
12-Oct	De Palma	The Cabin In The Woods	Marauders	Friday The 13Th (2009)	World War Z	Insidious: Chapter 3	Warcraft	Warm Bodies	Now You See Me 2	The Purge: Anarchy	The Nice Guys
13-Oct	Friday The 13Th (2009)	Tim Burton'S Corpse Bride	The Cabin In The Woods	Trick 'R Treat	Ma Ma	The Ones Below	The Ring	Neighbors 2: Sorority Rising	The Nice Guys	Monster House	Me Before You
14-Oct	Trick 'R Treat	Insidious: Chapter 3	Tim Burton'S Corpse Bride	Warm Bodies	Warcraft	The Purge: Anarchy	Now You See Me 2	Marauders	The Conjuring 2	De Palma	World War Z
15-Oct	Warm Bodies	The Ones Below	Insidious: Chapter 3	Neighbors 2: Sorority Rising	Me Before You	Monster House	The Nice Guys	The Cabin In The Woods	World War Z	Friday The 13Th (2009)	Ma Ma
16-Oct	Neighbors 2: Sorority Rising	The Purge: Anarchy	The Ones Below	Marauders	Now You See Me 2	De Palma	The Conjuring 2	Tim Burton'S Corpse Bride	The Ring	Trick 'R Treat	Warcraft
17-Oct	Marauders	Monster House	The Purge: Anarchy	The Cabin In The Woods	World War Z	Friday The 13Th (2009)	Warcraft	Insidious: Chapter 3	Now You See Me 2	Warm Bodies	The Nice Guys
18-Oct	The Cabin In The Woods	De Palma	Monster House	Tim Burton'S Corpse Bride	The Nice Guys	Trick 'R Treat	Me Before You	The Ones Below	Ma Ma	Neighbors 2: Sorority Rising	The Conjuring 2
19-Oct	Tim Burton'S Corpse Bride	Friday The 13Th (2009)	De Palma	Insidious: Chapter 3	Warcraft	Warm Bodies	Now You See Me 2	The Purge: Anarchy	The Conjuring 2	Marauders	The Ring
20-Oct	Insidious: Chapter 3	Trick 'R Treat	Friday The 13Th (2009)	The Ones Below	Ma Ma	Neighbors 2: Sorority Rising	The Ring	Monster House	The Nice Guys	The Cabin In The Woods	Me Before You
21-Oct	The Ones Below	Warm Bodies	Trick 'R Treat	The Purge: Anarchy	Warcraft	Marauders	Now You See Me 2	De Palma	The Conjuring 2	Tim Burton'S Corpse Bride	World War Z
22-Oct	The Purge: Anarchy	Neighbors 2: Sorority Rising	Warm Bodies	Monster House	Me Before You	The Cabin In The Woods	The Nice Guys	Friday The 13Th (2009)	World War Z	Insidious: Chapter 3	Ma Ma
23-Oct	Monster House	Marauders	Neighbors 2: Sorority Rising	De Palma	Now You See Me 2	Tim Burton'S Corpse Bride	The Conjuring 2	Trick 'R Treat	The Ring	The Ones Below	Warcraft
24-Oct	De Palma	The Cabin In The Woods	Marauders	Friday The 13Th (2009)	World War Z	Insidious: Chapter 3	Warcraft	Warm Bodies	Now You See Me 2	The Purge: Anarchy	The Nice Guys
25-Oct	Friday The 13Th (2009)	Tim Burton'S Corpse Bride	The Cabin In The Woods	Trick 'R Treat	Ma Ma	The Ones Below	The Ring	Neighbors 2: Sorority Rising	The Nice Guys	Monster House	Me Before You
26-Oct	Trick 'R Treat	Insidious: Chapter 3	Tim Burton'S Corpse Bride	Warm Bodies	Warcraft	The Purge: Anarchy	Now You See Me 2	Marauders	The Conjuring 2	De Palma	World War Z
27-Oct	Warm Bodies	The Ones Below	Insidious: Chapter 3	Neighbors 2: Sorority Rising	Me Before You	Monster House	The Nice Guys	The Cabin In The Woods	World War Z	Friday The 13Th (2009)	Ma Ma
28-Oct	Neighbors 2: Sorority Rising	The Purge: Anarchy	The Ones Below	Marauders	Now You See Me 2	De Palma	The Conjuring 2	Tim Burton'S Corpse Bride	The Ring	Trick 'R Treat	Warcraft
29-Oct	Marauders	Monster House	The Purge: Anarchy	The Cabin In The Woods	World War Z	Friday The 13Th (2009)	Warcraft	Insidious: Chapter 3	Now You See Me 2	Warm Bodies	The Nice Guys
30-Oct	The Cabin In The Woods	De Palma	Monster House	Tim Burton'S Corpse Bride	The Nice Guys	Trick 'R Treat	Me Before You	The Ones Below	Ma Ma	Neighbors 2: Sorority Rising	The Conjuring 2
31-Oct	Tim Burton'S Corpse Bride	Friday The 13Th (2009)	De Palma	Insidious: Chapter 3	Warcraft	Warm Bodies	Now You See Me 2	The Purge: Anarchy	The Conjuring 2	Marauders	The Ring

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# Don't panic, but midterm week is almost here

By: **Aldana Foigel**

One of the arguably scariest weeks of the semester is almost here: that week mid-semester when you lock yourself in your room or spend an eternity in the library studying. Midterm week, the second week of October, is about to arrive.

After seven weeks of attending lectures and learning, the time to get tested comes. Some students may be feeling the weight of midterm week.

"I think that midterms are really important because they take a big percentage of my final grade," Katrina Wang, senior studio art major, said.

It's true, according to Gail Levine, associate director of Tutoring and Testing.

"[For some classes] a midterm could be as much as 30 percent of your course grade," she said.

Although midterms should be taken seriously, there is no need to panic. From time management to studying techniques, there are different ways to stop stressing and be ready for week eight.

Preparation for midterms takes time and should not be left for the day before the exam. Eric Householder, a professor from the Halmos College of Natural Sciences and Oceanography

at NSU, recommended not to wait until the last minute to study. He also suggested that students review their notes every week so they won't have to cram during midterms.

"Some students get a little panicked, I think, because they haven't been keeping up with their assignments...we can't panic. We have to form study groups. We can't stress about midterms. We just have to know the right way to prepare ourselves for them," Levine said.

Levine said students should be organized. Keeping up with classes is much more than attending lectures: it's checking your syllabi on a regular basis, managing your study hours properly and revising your notes throughout the week.

Levine also said that students should use the Tutoring and Testing Center to get ready for midterms.

"When students are starting to review for a midterm and they identify the areas where they need some assistance, this is where our office comes in," said Levine.

The Tutoring and Testing Center provides free tutoring for different areas you might need to reinforce, such as math, sciences, computer science and writing. They can also provide you with studying strategies to succeed on midterms.

To set an appointment for tutoring, students can contact the front desk of the Tutoring and Testing Center at 954-262-8350. Students can go to the Office of Undergraduate Student Success as well. Academic success coaches are willing to help students set both academic and personal goals. Students can set an appointment with any success coach sending an email to studentsuccess@nova.edu.

According to Levine, students may have different ways to prepare for a midterm, but there is one thing all students have in common: weaknesses. We all have strengths and weaknesses, and some topics are easier to learn than others. Thus, in order to do well on our exams, reinforcing the weakest areas would be a good thing to do. Learning from mistakes made through the semester can be a good way to improve our performance on midterms.

"When I get a bad grade, I go to the professor and see what I need to improve, whether it be my writing style or the content of the material. Then using that information, I change the way I study for my midterms and finals to better my chances of getting a higher grade," Michelle Ruiz, junior psychology major, explained.

Although studying is important, there are other factors you should consider while preparing

for midterms. Going for a walk, exercising and getting some sleep helps to release the stress and perform better when the test comes, USA Today College recommended.

"I always go to yoga and the gym the week before and during midterm week. It helps me release the stress and also clears my mind. I consider that sleeping at least seven hours the night before the test is very important as well," Jamie Freedman, junior legal studies major, said.

Also, when feeling stressed, you can reach out to the Henderson Student Counseling Center for help. Individual, couple and group counseling are available. Some of the topics that can be addressed are academic concerns and career development, stress and time management, anxiety, depression and test and seminar anxiety. NSU part-time and full-time students receive ten free sessions per year. Although students can make appointments by calling to 954-424-6911, they can also walk in to see someone.

Some things might work better than others depending on each student. However, finding what works best for you is what matters. Try different techniques until you find your favorite ones. That way, midterm week might become less stressful every semester.

## The benefits of keeping a journal

By: **Joanna Ramirez**

Have you ever had a really good day and thought to yourself, "Wow, I hope to remember this years from now?" Maybe you've just had an intense discussion in philosophy class and would like to truly understand what was being discussed?

Either way, keeping a journal can have many benefits for your everyday life, whether you use it as your own personal form of therapy or to brush up on your writing skills.

Associate professor and writing center coordinator Kevin Dvorak practiced journaling for seven to eight years during his college life. He said that journaling helped him reflect on all the ideas and conversations that were brought up while he was in graduate school. Journaling helped him reflect on all of the new discussions being presented in class, but at his own pace.

"When we talk, those things leave us, but

when we write them, we see them, and we're better able to keep working off of them to develop longer intellectual conversations with ourselves and with other people," Dvorak said.

According to Dvorak, journals can act as stress relievers. He said that a journal lets you talk to yourself to work through the different frustrations you might be feeling to truly understand the root of the problem.

Jacqueline Gomez, a licensed mental health counselor at Henderson Behavioral Health Center, said that when a person has taken on multiple responsibilities, he or she can get lost in the everyday madness. This madness can cause stress management issues, which, if suppressed for too long, can cause emotional breakdowns.

Gomez said that individuals who do keep journals may have fewer stress management issues and an overall more positive attitude towards life. Journaling is a way to deal with

your emotions in a healthy way.

According to Gomez, keeping a journal is a form of expression. She said that sometimes it's difficult to let your emotions out, so instead a person might let their emotions build up, resulting in increased anxiety.

"Journaling can de-escalate anxiety, because once you read over what's coming out, you realize how distorted something can be," she said.

Journaling may not only help improve your overall attitude but your academic capabilities as well. If you're going through writer's block or maybe having trouble understanding a certain class discussion, keep a journal for a couple of days and see if it gets your creative juices flowing.

"Journaling does help us become better writers because we become more aware of how much we need to write to communicate an idea,"

Dvorak said.

If you already have a go-to stress reliever like yoga or a night out downtown, consider pairing it with a journal. Writing in your new journal might help you manage stress, express yourself and understand everything you're learning at NSU. Whatever your situation may be, give journaling a try.

### UNLIKELY FAMOUS JOURNAL-ERS

Winston Churchill  
Emma Watson  
Ryan Gosling  
Barack Obama

## Fashion Finatics:

*Trending fall accessories*

By: **Joanna Ramirez**

Fall is here. It's time to bring out those knee-high fur boots, knit sweaters and thick-woven scarves...right? Nope, not in South Florida - unless you want to look like you've just stepped out of the sauna upon arriving to class.

So, how can you stay "fall trendy" in sunny South Florida? Simple: accessorize, accessorize, accessorize. You can stay in style this fall by accessorizing with the essentials, bags, shoes and jewelry.

### Furses and crossbodies

According to Vogue.com, crossbody handbags are very in style this fall. These bags will go well with just about any outfit. They are bigger than a clutch, but smaller than a large handbag. You can fit all of your important items in the bag and still look fabulous. Brownie points if the crossbody is suede.

As seen on the New York Fashion Week runways, suede is a very popular fall fabric and goes great with the auburn-toned leaves you

wish you could find walking around campus. Vogue also mentioned that "furses" are now trendy. Furses are any purse that uses fur as the fabric. The furse makes a huge statement, so if you decide to wear this out, be prepared for all eyes to be on you.

### Boots or pumps

Combat boots are here to stay. Combat boots are a hot topic during fashion week according to Vogue.com. These shoes are very fashionable, and did I say comfy? They definitely beat wearing uncomfortable 6-inch heels.

Speaking of heels, the pump is also a popular commodity on the runway this fall. These shoes can dress up any outfit. Throw them on after a long day at work, and you're ready for a night out with friends.

### Jewelry and chokers

Jewelry is the perfect way to dress up an outfit. Whether you're on campus, hanging with

friends or going on a date, jewelry will add that extra something that will make you stand out.

According to Harpaarbuzz.com, pearls are everywhere this season. Pearl earrings, necklaces and bracelets add a nice, classy touch to your look

Homemade accessories are proving quite stylish this season - and affordable. Consider running to Michaels and purchasing some stones you can attach to earring hooks. Not only will you look great, but you'll also be 100 percent original.

The choker is also being recognized this fall. The choker can be found in velvet, leather, gold, metal and many other materials. Purchase your choker in the colors brown or orange to give your outfit that nice fall feel.

Even though we can't experience fall like those who live up north, we can keep our fashion in season by wearing stylish fall accessories.

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# Places to 'gill' out: *Paris Morning Bakery*

By: **Jenna Kopec**  
@Jen\_Kopec

Sharks with a hankering for sweets and unique experiences might love the Paris Morning Bakery located in Davie.

Paris Morning Bakery is a Korean and French bakery that sells a range of pastries, breads and beverages. Patrons can search the racks of sweets for the sweet potato pastries, hamster white bean paste and cream puffs. The ingredients of each creation are listed on their racks. Their treats are far from run-of-the-mill; it's rare to find white bean paste or a red bean doughnut in traditional American bakeries. Their beverages include Americano coffee, espressos and traditional and bubble teas.

Paris Morning Bakery is perhaps most famous for their Shaved Ice or Milk Snowflake. These dishes contain milk ice chips flavored with fruits and rice cake, then topped with ice cream. Each dish costs about \$10 and is large

enough to share.

The Paris Morning Bakery is designed for patrons to stay and enjoy the atmosphere. The bakery has both indoor and outdoor seating and plays Korean music. The modern décor and neutral color scheme help add to the light-hearted atmosphere of the bakery itself. Students may find this a nice spot to chat with friends, study without stress or find a sweet surprise for their significant other.

The bakery is expanding to different locations around the South Florida area. Sharks may opt to travel to the Lauderhill location on days where they have the time to travel. The company also plans to open locations in Doral and Boca Raton. Otherwise, students may find the approximate five minute drive to the Davie location a perfect fit.

In the diverse South Florida area, there are a wide array of cuisines for residents to try. Paris Morning Bakery boasts a unique menu for locals.



PRINTED WITH PERMISSION FROM J. KOPEC  
NSU grad student enjoying bubble tea at Paris Morning Bakery.

**Paris Morning Bakery**  
4900 S. University Drive Unit 110,  
Davie, FL 33328  
Monday through Saturday from 9 a.m. to 11 p.m. and Sunday from 10 a.m. to 10 p.m.  
Price range: \$2-\$10

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# Career Corner

## Fishing with the right bait: Reeling in employers with your resume and cover letter

By: **Emilio Lorenzo and Emily Tasca**

Emilio Lorenzo is the assistant director of career advisement in NSU's Office of Career Development. He understands the importance of helping students reach their career goals and works with all students, including undergraduate, graduate and professional level students, to achieve their professional goals.

Emily Tasca is a member of the career advisement team in NSU's Office of Career Development. She works with current students and alumni at the undergraduate, graduate and professional levels.

Using the right bait to reach your goals is a strategy that can be used in various aspects of life. The right bait will help you land that champion fish but can also help you in other ways. It's knowing what appeals to someone to get their attention. If, for example, your dog is hiding under your bed, you know that a tempting piece of cheese will lure them from their comfortable slumber.

In your own career journey, the right bait, in terms of your resume and cover letter, can result in you reaching that grand prize at the end.

### Evaluating the job or internship description

The first step in developing your professional documents is ensuring they align with the skills, knowledge and overall abilities asked for in the job description. A good rule of thumb is to read the job description, and put yourself in the hiring manager's shoes. Ask, "If I was the hiring manager, what would I be looking for in an applicant based on what I know about the job and the company?"

Even if a job description lists tasks within the job, certain skills are not as clearly articulated.



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It's up to you to uncover what other transferable skills are needed in the job and how you can best showcase them on your resume and cover letter. As you evaluate the position, you should also be highlighting key words in the job posting that indicate the most important skills needed for the position. Many times organizations like to use key words or phrases that are prevalent within their company culture. Including those words in your documents can put you in a more advantageous position.

A useful resource in uncovering such key words include websites like Tagcrowd.com and wordle.net, each of which allow you to copy an entire job description and paste it in a text box, which then highlights the most frequent words used in the job post.

### How to target your resume

Now that you understand what the company and hiring manager are looking for in an applicant, it's time to reflect those abilities in your resume. There are multiple ways to target your resume towards the specific industry and position you're pursuing.

One of the easiest ways to get an employer's attention is to include a strategic "Key Skills"

section after your educational experiences on the resume. This section must focus on the specific knowledge and abilities needed in the job. These skills can be a mix of hard and soft skills. For example, if you are a biology major applying to a laboratory position, there are plenty of hard skills you can mention, including lab techniques or procedures you're familiar with. However, on the other side of the spectrum, if this position also entails presenting findings to faculty and working with a team of other research assistants, then including soft skills such as communication and relationship building could be valuable for your application. Avoid being too broad with these skills sets, and ensure that you're tweaking the section based on what you know about the position and company as a whole.

Outside of your key skills section and having strong formatting on the document, you can also cater the resume towards the specific job by creating targeted headings for your experiences and ensuring your bullet points showcase that you have the skills needed for this position.

If you're applying to a marketing internship and have past marketing experiences, you should group those experiences together under a section titled "Marketing Experience," which will grab the attention of the hiring manager. Also, use strong action verbs to demonstrate that you have the required skills and knowledge needed for the position.

For example, if you were the hiring manager, which of these two bullet points would make you understand that this candidate has great problem solving skills? Example A: "Communicate with clients" or Example B: "Communicate valuable information to clients regarding promotions and details on products of interest to ensure they

made a well-informed purchase"? The ability to exemplify to employers that you have these skills in a detailed manner that reads well is key to gaining their buy in.

### Connecting the dots with your cover letter

Although a targeted resume can go a long way to providing the employer with information on the value you can bring to their organization, it is the cover letter that can really connect the dots for them on why they should bring you in for an interview.

The cover letter allows you to be more personal and detailed: not just on why you are the right fit for the opportunity but on who you are as an individual and your passion for the position and company. In your resume, you focused on including skills needed for the job, but you can't follow up a bullet point on communication by stating why this skill is so useful for this job and how you plan to use it within the context of their company. In the cover letter, you can give a direct example of how you have used the skill and be able to relay to the employer why they need that skillset in their organization. It's all about treating the cover letter as a "pre-interview." Since we know that the interview is what determines whether we get the job, this strategy provides the employer with a clearer picture of what you can bring to the table.

Overall, targeting your documents towards a specific job and company can get you an interview that could lead to the job and your career goals. Yes, constantly catering your documents towards a specific job can be tedious and time consuming, but it will put you in the most advantageous position to land that dream job.

# Best golf courses nearby

By: **Aldana Foigel**

Golfers, mark your calendars because Oct. 4 is National Golf Day, also known as National Golf Lover's Day. For any golf lover, the only way to spend the day is on the green. NSU is surrounded by a number of incredible golf courses, and each of them are suitable for golfers of all kinds, from beginners to professionals.

**Plantation Preserve**  
400 NW 73rd Avenue, Plantation,  
Florida 33317

If you're looking for a fun afternoon at a golf course, Plantation Preserve is the place to go. Located ten minutes away from NSU, Plantation Preserve is an 18-hole golf course with a driving range, chipping and putting facilities. They offer different public golf rates depending on when you go. If you are a morning golfer, the green fee costs \$55 during the week and \$65 on the weekend. Florida residents get a \$5 discount. For afternoon golfers, the green fee is \$42 on weekdays and \$52 on the weekend. Call 954-585-5020 to reserve a tee time.

**The Club at Emerald Hills**  
4100 North Hills Drive, Hollywood, FL  
33021

At 7,827 yard long golf course, the Club

at Emerald Hills was rated #1 by the USGA (United States Golf Association) in South Florida. The golf course has five different tee boxes in each hole, so every golfer can decide how long they prefer to play the course. Summer rates at Emerald Hills are \$80 plus tax before 2 p.m. and \$60 plus tax after 2 p.m. Tee times may be reserved seven days in advance at 954-961-4000.

**Jacaranda Golf Club**  
9200 W Broward Blvd, Plantation, FL  
33324

Jacaranda Golf Club was rated four stars by Golf Digest and hosts many PGA, USGA and FSGA Championship Events. The Jacaranda golf course is a 36-hole course perfect for relaxing with friends or playing a competitive and challenging golf round. The East Golf Course features wider fairways than its championship counterpart. On the other hand, the key to playing well on the West Golf Course is hitting straight. Golf rates are \$80 during the week and \$90 over the weekend. Florida residents receive a discount, paying \$70 on weekdays and \$80 on the weekend. To reserve a tee time, call 954-472-5836.

**TPC Eagle Trace**  
1111 Eagle Trace Boulevard, Coral  
Springs, FL 33071

TPC Eagle Trace hosted the Honda Classic from 1984 to 1991 and again in 1996. The 18-hole course is very challenging and fun to play, and includes an island green. If you choose to hit from the gold tees, the course is 7,040 yards long. TPC Eagle Trace also offers an amazing driving range, putting and chipping facilities. Green fees are \$50 from Mondays to Fridays and \$65 on the weekends. After 3 p.m. the green fee goes down to \$35. To reserve tee times, contact TPC at 954-753-7222.

**The Biltmore**  
1200 Anastasia Avenue, Coral Gables,  
FL 33134

The Biltmore hosts the Junior Orange Bowl International Golf Championship every year. The Junior Orange Bowl is a very prestigious tournament — an invitational for the top players from around the world. The Biltmore is a great golf course, open year-round and kept in good shape. Golf rates for 18 holes during the week are \$82 for Miami Dade County residents and \$105 for visiting guests. On the weekends,



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National Golf Day is the perfect day to spend some time on one of South Florida's best golf courses.

the prices are \$93 for Miami Dade County Residents and \$118 for visiting guests. To make a reservation, call the Biltmore Golf Pro Shop at (305) 460-5364.

Mark Oct. 4 on the calendar. Eighteen holes with friends can be so much fun. Don't forget to upload cool pictures on social media using #NationalGolfLoversDay. The game of golf is amazing, so head out to these courses, play and enjoy.

## Finding Fitness: YOGA

By: **Athena Edwards**

For the past few weeks, I've attended Marilyn Gordon's 6:15 a.m. Zenergy Yoga class in the RecPlex on Tuesdays and Thursdays. I can honestly say that I have enjoyed it. Since yoga relaxes and stretches different muscles more than typical workouts, it is often highly recommended for various health ailments. My doctors have recommended yoga and Pilates for my multiple back injuries for years, but due to the cumulative cost of yoga sessions and a gym membership, I have not been able to start this routine until recently. Since RecPlex classes are covered under student fees, there was no good reason not to take up yoga as part of my routine.

Gordon's classes are very relaxed. She incorporates a gentle progression from an easy stretch to trickier poses in the middle of the session. As students, it has become so engrained into our minds that we need to be constantly thinking about what we have to do that day, and yoga is a great way to simply slow down and focus on your body and breathing. In fact, as you move into the trickier poses, you may even forget to breathe.

Gordon herself is a very caring individual. She is genuinely concerned for your health and well-being. She tells everyone at the beginning of the class not to be afraid to stop and take a break or get some water if the poses prove too difficult. I can't tell you how many times she has come up to me after the class to make sure I was okay, after taking breaks due to my back or for any other reason.

There is always a wide range of people in the class, so don't worry about sticking out. Also, since yoga mats are provided, the only thing you need to worry about bringing is your Sharkcard and water. Yoga is overall a great activity to make into a habit. If the early hours are simply too early, there are other yoga classes available in the afternoons.



## On the Bench: Tim Tebow shouldn't play baseball

By: **Alyssa Johns**

Former NFL quarterback, Tim Tebow, 29, has now decided to try his hand at baseball. Tebow was released from four different NFL teams in five years before he gave up the sport entirely. After his football career ended, Tebow had time to work on other things. According to TheAtlantic.com Tebow eventually expanded his charity foundation, wrote an autobiography and starred in his very own documentary. Although his quarterback days were over, he was far from the limelight.

In late August, Tebow held a baseball tryout for himself. Twenty-eight different MLB organizations and 46 scouts were in attendance. An unnamed scout told ESPN that Tebow "has a long way to go." Despite an embarrassing performance, Tebow was signed with the Mets as a part of their Instructional League in Port St. Lucie, Florida. His first pitch of his first game resulted in a solo home run over the left field wall, 338 feet from home plate. Though impressive, anybody with enough arm strength could knock one out of the park.

According to the NCAA the chances for high school seniors to be eventually drafted into the MLB is .015 percent, "roughly the chance of a thief guessing your PIN number on the first try." And yet, famous quarterback Tim Tebow can just decide one day to return to baseball and get signed by the Mets. The Mets in turn, immediately began selling

Tebow merchandise. This is nothing more than a publicity stunt for a struggling MLB team. If Tebow hadn't become a famous quarterback, he wouldn't have even had a chance to play for any level of the MLB, let alone be the subject of so much sports journalism. Tebow's dream-chasing escapade has overshadowed the triumphs of many other actually talented baseball players.

Major league players agree. Peter Moylan, a relief pitcher for the Kansas City Royals, tweeted, "Every minor leaguer gives up so much to chase their dreams, @TimTebow doesn't even have to give up his day job. #justnotright." Sbnation.com reported that Tebow received a \$100,000 signing bonus, an amount significantly larger than what many draftees receive, and he will still miss time from his precious baseball schedule to announce SEC football games.

Tim Tebow's signing with the Mets is a slap in the face to the players who have worked hard day-in and day-out for years. While the sports news world is clapping for and praising Tebow for his successes, hardworking players around the world are upset, as they should be. Tebow gets the fame and success while playing baseball as a second job, a sport he hasn't fully committed to. Maybe he expects this to end up just like his football career did. Should he try hockey next?



## OUT OF THE SHARKZONE

### Alabama linebacker arrested on gun charges

University of Alabama linebacker Tim Williams was arrested on Sep. 29 for carrying a gun without a permit, according to FOX Sports. Officers originally approached Williams due to concerns of marijuana possession, but officers found a pistol under the driver's seat of his vehicle. There is currently no word on whether or not Williams will miss time from competing with Alabama.

### Royals' pitcher out for season

Royals pitcher Dillon Gee will sit out the rest of the season with two blood clots, the team announced on Sep. 29. Gee was hospitalized shortly after the Royals Sep. 25 game in Detroit, according to ESPN. This is the second time that Gee will miss time due to complications with blood clots.

### Decker to be evaluated for shoulder injury

New York Jets receiver Eric Decker will receive an MRI after sustaining a shoulder injury in the Sep. 25 game against Kansas City. The team announced that Decker will be evaluated for the aggravated injury on Sep. 29.

### Collins expected to miss two weeks with injured foot

According to ESPN, Dallas Cowboys left guard La'el Collins will sit out for two weeks to rest an injured toe. After two weeks Collins will have his foot evaluated to determine if surgery is necessary.

# Athlete of the Week: Courtney Deveny

By: **Erin Herbert**  
@Erin\_Herbert

For Courtney Deveny, junior business major, swimming is a sport of focus. Her focus and determination have led her to appearances in the NCAA Championship, as well as top finishes in the SSC Championships.

As a sophomore, Deveny and her teammates took 13th overall in the 200 yard medley relay at the NCAA Championship with a time of 1:44.12. She was also named All-SSC First Team for the 2015-2016 season. Deveny hopes to use her degree to become a wedding planner after college.

Deveny went on to explain the impact swimming has had on her life.

**How did you get involved in swimming?**

“I started when I was four years old, and I’ve been swimming ever since. I got started because I loved the water, and I couldn’t really do any sport on land.”

**Did anyone else in your family swim competitively?**

“My dad was a swimmer, but no one else swam competitively like I did.”

**How did you end up at NSU?**

“I came here because one of my other

teammates, Blake, swam here, and he told me about the program here. I didn’t even know NSU existed until he talked about it. About a week later, the coach contacted me and spoke to me about coming here, and once I visited, I just decided that I had to come here.”

**What is your favorite aspect of swimming for NSU?**

“I love the team. I love the class that I came in with. I think we’ve all gotten close over the past couple of years. I love the team, and I always knew I wanted to swim in college.”

**What is the hardest aspect of swimming?**

“Probably the mental aspect of it. Swimming is time consuming, but I wouldn’t want to do anything else.”

**Are there any athletes that you look up to?**

“I’ve always looked up to Natalie Coughlin and Missy Franklin, because she’s a great backstroker, and I swim backstroke as well. I’ve looked up to them in the past, but I also had a private coach when I was younger that taught me everything I know. I definitely look up to her, and I still go to her for advice.”

**Do you have any rituals you perform before racing?**

“I listen to music for sure. A ritual I had



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Deveny is currently competing in third season with the NSU swim team.

freshman year was having no expectations for how I’d do. I would just go and whatever happened, happened. I never wanted to put unnecessary pressure on myself.”

**Do you plan to continue swimming after college?**

“I don’t think so. It’s been 14 years since I started, so I think I’ll be done after college.”

What do you enjoy doing in your free time?

“I love to shop. I love hanging out with friends, but if I’m not swimming, I’m usually sleeping.”

# ON DECK

## MEN’S SOCCER

**vs. Saint Leo**  
NSU Soccer Complex  
Oct. 8 | 7 p.m.

## WOMEN’S VOLLEYBALL

**vs. Palm Beach Atlantic**  
NSU Arena  
Oct. 4 | 7 p.m.

**vs. Florida Tech**  
NSU Arena  
Oct. 6 | 7 p.m.

## WOMEN’S ROWING

**vs. UCF**  
Orlando, Fla.  
Oct. 8

## WOMEN’S SOCCER

**vs. Saint Leo**  
Saint Leo, Fla.  
Oct. 8 | 7 p.m.

## MEN AND WOMEN’S GOLF

**Golfrank Invitational**  
Palm Beach Gardens, Fla.  
Oct. 10-11

## MEN AND WOMEN’S CROSS COUNTRY

**Disney Classic**  
Orlando, Fla.  
Oct. 8 | 8 a.m.

## MEN AND WOMEN’S SWIMMING

**Florida Southern**  
Lakeland, Fla.  
Oct. 8 | 2 p.m.

# SPORTS SHORTS

## José Fernández: An ace gone too soon

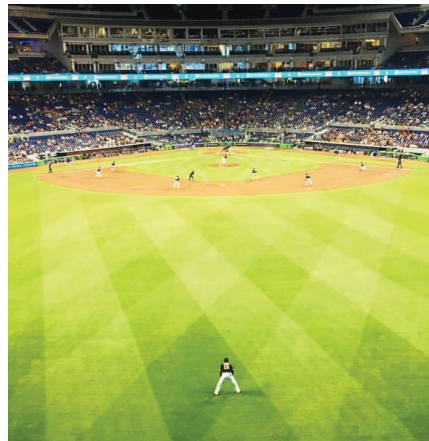
By: **Nikki Chasteen**

If you didn’t know the name of any player on the Miami Marlins baseball team, you knew José Fernández’s name. He was their ace pitcher. He gave the game life. He was what baseball is all about. Fernández was having the best season of his career. His next scheduled start would have been Sep. 26, but he never walked up to the pitcher’s mound to start that game. Fernández was tragically killed along with two others in a boating accident on Sep. 25.

Fernández was born in 1992 in Santa Clara, Cuba. According to the Miami Herald, he grew up loving baseball and dreamed of one day playing in America. His biggest obstacle was making his way to the United States. Fernández made three unsuccessful attempts to reach U.S. soil by boat and landed in Cuban prison every time. On the fourth attempt, he risked his own life to rescue his mother after she fell overboard. It was on this fourth and final trip that he successfully defected from Cuba. He was 15 at the time. Fernández made it to Mexico and continued his trip until he reached Tampa, Florida, where his stepfather lived after defecting himself from Cuba in 2005.

Fernández attended and played baseball for Braulio Alonso High School in Tampa, Florida, where he led his team to two state championships his sophomore and senior years, respectively. In 2011, he was drafted 14th overall by the Miami Marlins. He was a standout pitcher in high school and that success followed him throughout his short, professional career. In 2013, Jose was the National League Rookie of the Year and a two-time All-Star while playing for the Miami Marlins.

Fernández’s story is one of hope, success and freedom, not just for Cuban but for Cuban-Americans and anyone chasing their dreams. Dan LeBatard, an analyst for ESPN Miami, said, “When José pitched it was like a pilgrimage for people who identify with his story.” Fernández



PRINTED WITH PERMISSION FROM C. LUTZ  
Fernandez came to the United States to fulfill his dream of playing baseball professionally.

became a United States citizen just 17 months prior to his death. He was everything the American Dream stands for. So many people unsuccessfully attempt to come to the U.S. for a better life. Jose Fernández’s journey gave them hope to continue their efforts of immigrating to the United States.

Prior to the Marlins game Sep. 26, their first game since Fernández’s death, Marlins owner Jeffrey Loria said, “No one will wear No. 16 again.” There were several tributes to honor Fernández before and after the game. In pre-game ceremonies Marlins players circled the pitcher’s mound to honor not just their teammate, but their brother and their friend. There was a single trumpet playing “Take Me Out to the Ballgame,” as well as a moment of silence. New York Mets players walked across the field to embrace Marlins players to show their support during the difficult game. The Marlins went on to win the game 7-3 after a lead-off solo home run by Dee Gordon – wearing Fernández’s batting helmet – in Miami’s first at-bat.



### Men’s and Women’s Cross Country

Both the men’s and women’s cross country teams competed against 40 collegiate teams in the 31st Griak Invitational at the University of Minnesota on Sep. 24. The men’s team finished 19th overall in the 8k race, led by Christian Opper, who placed 69th out of over 400 runners with a time of 27:48. The women’s team finished 26th overall. Anabel finished 77th overall for the women, with a time of 25:02.



### Men’s Soccer

The men’s soccer team fell 2-3 to Lynn University on Sep. 24. Stefan Faistenauer scored his first career goal for the Sharks.



# Haunting Halloween flicks

By: **Rachael Hirstein**  
@RachaelHirstein

With Halloween just around the corner, there's no better time to break out the horror movies and have a marathon. From classic slasher flicks to the bone-chilling thrillers, scary movies do not discriminate, and there is a film for all horror-lovers. Whether you're easily scared or can take the shock, here are some must-haves for the ultimate marathon.

## "Dawn of the Dead" 1978

As hordes of zombies swarm the cities of the United States, the last of humanity is left in the hands of four people. Stephen, his girlfriend Francine and two SWAT members, Roger and Pete, fight for survival in a country dominated by the undead. Zombie culture is rapidly growing in the media, so "Dawn of the Dead" is not only a classic, it is the epitome of undead entertainment.

## "Insidious" 2010

Josh and Renai Lambert move to a new house with their two sons, Dalton and Foster. Soon, Dalton, the elder of the sons, sees a terrifying figure in the attic, which sends him into a three-month coma. Renai and Josh soon learn this is no regular coma but the paranormal. As the family fights this entity, they soon realize, "It's not the house that's haunted." Delving into the spirit world is not for the faint of heart, but even the bravest cannot prepare themselves for the spine-tingling chills this movie brings. "Insidious" gives even the dead the creeps.

## "A Nightmare on Elm Street" 1984

Multiple teens fear falling asleep as a deformed murderer, Freddy Krueger, is on the loose, haunting their dreams just to kill them in reality. The young couple, Nancy and Glen, fight to stay awake to solve the mystery of this killer nightmare. Sleeping after watching this movie is as easily accomplished as a New Year's resolution. It has been nearly 30 years since "A Nightmare on Elm Street" made its debut, and it is still one of the most terrifying movies out there today.

## "Friday the 13th" 1980

Young counselors decide to set up camp at the infamous Camp Crystal Lake despite the natives' warnings due to the brutal murders that took place at the camp. The counselors soon learn this is not mere superstition as they are hunted down by aggressive killer Jason Voorhees. Friday the 13th has been considered unlucky for centuries, but this day has never been more feared than after this 80s film came to theaters. Now summer camp has never looked so deadly.

## "Halloween" 1978

Young Michael Myers murdered his older sister Judith on Halloween night and was locked away. Fifteen years later, on the eve of Halloween, he escapes and goes on a murder spree in his hometown of Haddonfield, Ill. A Halloween movie marathon is never complete without this classic flick. Some fear Halloween

because of monsters and spirits, but Michael Myers will change their minds with his pasty white mask and bowie knife.

Of course not everyone can handle the jump scares and gore, so here are some movies for the easily-scared Halloween lovers.

## "Zombieland" 2009

In this comedic zombie flick, a group of survivors from all around the United States join together to fight the undead, make survival rules and find humanity's last Twinkies. Not all zombie movies have to be serious, and "Zombieland" is the perfect example. This movie is the perfect blend of dystopia, gore and humor.

## "Young Frankenstein" 1974

This black and white film is an oldie but a goodie, as Dr. Frederick Frankenstein inherits his family estate and travels to Transylvania. He begins to perform his grandfather's old experiments and soon creates a monster that terrifies the town and leads the doctor and his crew into all sorts of mischief. Halloween may be the scariest holiday, but that doesn't mean comedy is dead. With Gene Wilder as the leading actor, "Young Frankenstein" was very ahead of its time with clever humor and downright silliness.

## "The Nightmare Before Christmas" 1993

Jack Skellington the Pumpkin King is looking for new and scarier ideas to celebrate

Halloween instead of just frightening the regular people in the world. He finds a door to Christmastown and is immediately inspired by the warmth and lights of the cheery holiday, so he kidnaps Santa Clause. Jack soon realizes that combining two very different holidays may not be the best idea. Tim Burton never fails to combine eerie with beauty, and "The Nightmare Before Christmas" is no exception. The dark colors and bright music are a fascinating combination and make this animated film a Halloween must-watch.

## "Hocus Pocus" 1993

Three kids, Max, Dani and Allison, who live in Salem, Mass., explore an old abandoned house just to accidentally release a coven of three witches onto the town. The kids work together with a magical cat to keep the witches from retrieving their spell book so they can't turn themselves immortal. The bad witches in this movie will "put a spell on you," as they enchant you with humor and mischief. A film for all ages, "Hocus Pocus" breaks the witch stereotype.

## "Scary Movie" 2000

This movie series is chock full of parodies of seemingly every horror movie known. Not a minute goes by without some kind of hilarious innuendo or mockery of classic horror films. No other movies in history have ever made escaping monsters and mass murderers seem so hilarious. "Scary Movie" is filled with dumb humor and is the perfect cool-down after any horror movie marathon.

## Off Shore Calendar

### Peter Frampton

Oct. 5 | 7:30 p.m.  
@ Parker Playhouse

### Henry Rollins

Oct. 6 | 8 p.m.  
@ Broward Center for the Performing Arts

### Spirit Drummers

Oct. 7 | 7:30 p.m.  
@ Broward Center for the Performing Arts

### 24th Annual Craft Show and Rummage Sale

Oct. 7 | 9 a.m. to 5 p.m.  
Oct. 8 | 9 a.m. to 7 p.m.  
Oct. 9 | 8 a.m. to 2 p.m.  
@ 1401 Coral Ridge Drive, Coral Springs

### Bacon Bash

Oct. 8 | 1-5 p.m.  
@ 400 SW 2nd Street, Fort Lauderdale

### Harvest Festival at Flamingo Gardens

Oct. 8-10 | 9:30 a.m. to 4:30 p.m.  
@ Flamingo Gardens

### Uptown Block Party

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## Jack White: Acoustic Recordings 1998-2016

By: **Oswaldo Tortoledo**

A few weeks ago I was surprised to hear a friend of mine say that he was hooked on Jack White's new acoustic album, "Jack White: Acoustic Recordings 1998-2016." I told him I was going to eventually listen to it, but I never did until I saw White perform on the "Tonight Show with Jimmy Fallon." The personal melody he played stirred the crowd, and left the performer himself very emotional. After seeing that performance on the "Tonight Show," I had to check out the album.

With a career that spans more than 18 years, White has had his fair share of success in the music industry. In 1997, he and his wife at the time, Meg White, started a band called White Stripes that would go on to achieve widespread success during a 13 year career. From there, he has founded and been a member of different bands, like The Raconteurs. He has often mythologized his life, but in this album he focuses on simplicity. The many fancy sound effects that usually accompany his songs are replaced with harmonizing voices.

The album consists of two discs, filled with both upbeat tunes and emotional songs. These acoustic recordings make the perfect playlist for a road trip. Songs like "You've Got Her in Your Pocket" and "Love is the Truth" are some of the more personal songs. They're totally stripped down just him and his guitar trying to tell a

story. Other songs like "Blunderbuss," from the critically acclaimed album of the same name, are also featured on the disc. This ballad reminds everyone just how much White sometimes sounds like Robert Plant, and is the best song on the album. Other tunes, like "Well It's True We Love One Another," are more offbeat.

With the release of "Acoustic Recordings," Jack White gives us insight into his life throughout his career. His lyrics talk about the women in his life, and the album features collaborations from Meg White and Holly Golightly. He also addresses some of the problems he's had during his time in the spotlight, like his involvement in fistfights and other similar controversies. Some songs on the album, like "City Lights," had never been released. These tracks give us yet another fresh take on White's songwriting.

The album has a wide variety of song styles and genres. On disc 2, you can appreciate songs like "Just One Drink," which sounds like something you might hear in a cowboy saloon or while grabbing some beers with your friends. Despite the wide variety, the songs fit perfectly together. You'll be listening to the album over and over while in the car or just hanging out at home.

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## “Dog Sees God” sees the NSU stage

By: **Grace Ducanis**

@GraceDucanis

If you thought that Charlie Brown and the Peanuts gang were “nuts” as children, things have escalated now that they’re in high school.

Bert V. Royal’s “Dog Sees God: Confessions of a Teenage Blockhead,” based on Charles M. Schulz’s comic strip “Peanuts,” follows the familiar characters as they navigate the often-cruel realm of high school. NSU’s production opens on Oct. 7. I interviewed Dan Gelbmann, assistant professor of technical theatre and design, Lucas Doytier, freshman theatre major, Chris Gacinski, sophomore theatre and English major, Amanda Holtzman, junior psychology major, and Sierra Shreves, freshman theatre and secondary education for literature major, to talk about the production, the comics and life onstage.

### Can you talk about your role in the play?

**Gelbmann:** “I’m the director. I’m driving the bus. I’m the person that supervises the vision of the show in its entirety.”

**Doytier:** “I play the [main] character CB...He’s going through a self-identity crisis. He’s trying to break out of his shell because he’s always Charlie Brown, and he’s always forgiving and so nice, and he’s trying to get out of that character and try new things.”

**Gacinski:** “I play Beethoven – my Peanut affiliate would be Schroeder. I’m the artistic, musically-inclined one in the production that gets picked on. He wants acceptance. He prefers to be alone, and he doesn’t want to be tormented in high school.”

**Holtzman:** “I’m the stage manager, so I’m the main line of communication between the director, the designers and the actors. I run rehearsals and production meetings...and call all of the cues during the show.”

**Shreves:** “I’m one of the two assistant stage managers...I make sure the actors are where they need to be, the set is where it should be and the props are where they should be.”

### Were you familiar with the comics and did the play change your perspective on them?

**Gacinski:** “It spoiled the comics for me, man. I love the Peanuts. I really do, but it made



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The cast and crew of “Dog Sees God” prepares for the show’s opening on Oct. 7.

me think differently because they still display the qualities in the show that they do in the comics...It opened my eyes to how growing up can really change somebody.”

**Gelbmann:** “Of course I grew up with [the comics]. They have a big spot in my heart, and with the evolution of this play, lots of things hit home very quickly.”

**Holtzman:** “I don’t know if it changed my perspective of the characters, but it’s been interesting to see how realistically everything ties back to their childhood...It’s exaggerated, but it’s also pretty realistic.”

### What’s been the biggest challenge for you throughout this process?

**Gacinski:** “Being more comfortable with yourself. You realize that sometimes the show reflects you in high school as well, because this picks up on all the stereotypes of high school characters...It’s hard to play these characters because you have to be accurate, but there’s something you have to add to the characters to make them more powerful.”

**Gelbmann:** “The challenging thing about the piece for me is to have the bullying be correct and as poignant as it needs to be but de-escalating it in a way so that it’s not hyper-aggressive. It could snowball into this giant thing where there’s no redeeming quality at the end, and so keeping the dynamic level...has been a challenge.”

**Doytier:** “Memorizing [CB’s] monologues

is really challenging on top of schoolwork and everything else. Also, getting connected to the character and putting yourself in the character’s shoes is something that I’m working on for sure, but I’m slowly getting where I need to be.”

**Shreves:** “Right now, all of us are involved in at least one other production, so time is crazy. For me, there’s particular aspects of this piece that are attached to real-life circumstances, so that’s been a difficult thing, but also a very therapeutic thing to deal with.”

### Any funny rehearsal stories?

**Doytier:** “[One morning] I had worked for eight hours and I was really tired, and I was just like, ‘I want a clothing article from everyone,’ and so I took something from everyone.”

**Gelbmann:** “It’s not really a story, but explaining the oblique sexual references [in the show] to very shielded individuals has been hysterical.”

**Holtzman:** “I have a Charlie Brown sticker book, and I give stickers when the actors get their lines right or show up on time. So I always think it’s funny when they’re really excited to get a sticker. Sometimes when I give one person a smaller sticker than someone else, they’ll argue with me.”

### Favorite lines from the show?

**Gelbmann:** “There’s not much we can give away without spoiling the show, but the spork monologues are fantastic. Also, be looking out

for the Mexican pizza.”

**Holtzman:** “Australian spaghetti. It’ll be funny in context.”

### What do you hope people who see the play come away with?

**Gelbmann:** “I hope they’re brutally shocked at the beginning of the show and that it forces them to think about what the message has been throughout...I want them to be able to get hit and then think about it. The rest of the show leads us into that discussion. And I hope people find it funny, because it’s funny.”

**Gacinski:** This show [delivers a message]. It shows that we all grow up tough, but we can’t take it out on each other, since we coexist with each other. Bullying is absolutely terrible, and no one should pick on each other ever. We all go through rough times, and nobody knows it until it’s too late.”

**Doytier:** “This is a really powerful anti-bullying message...Maybe it’ll get people to think about the way they act and see other people.”

**Shreves:** “Hope...Life can be overwhelming at times, and you can be at a point where you don’t feel optimistic in any way, but if you hold on to a hope for a better day... eventually a better time will come.”

**Holtzman:** “I hope they take away the message that the things you say to people stick, and it can affect them negatively without you even knowing it.”

“Dog Sees God” addresses issues related to violence, sexual abuse, eating disorders and suicide. Gelbmann said the show would be given an R rating if it was a movie.

The play opens in the Black Box Theatre in the Don Taft University Center on Oct. 7 at 7:30 p.m., with subsequent performances on Oct. 8 at 2 p.m. and 7:30 p.m. and Oct. 9 at 2 p.m. Tickets are \$7 for NSU students and \$12 for the public. Following the performance on Oct. 8 at 2 p.m., Razor’s Edge Shark Talent will be hosting a conversation reflecting on the themes in the play led by Michael Reiter, professor in the Department of Family Therapy. Tickets for all performances can be purchased at the door for cash or credit or prior to the performance online at [cahss.nova.edu/arts/performance-series](http://cahss.nova.edu/arts/performance-series).

## SOUNDBITE

### “How To Be A Human Being” by Glass Animals

By: **Adam DeRoss**

It’s not often that a new artist or band can almost immediately separate themselves from their competition in terms of an innovative or unique sound. But that’s exactly what indie rock band Glass Animals did with their debut album “Zaba” back in 2014. “Zaba” was well known for its use of mysterious and strange sounds backed up by syrupy lyrics and deep, almost jungle-inspired percussion. I instantly became a huge fan and I was extremely excited to learn about their most recent album “How to Be a Human Being” released in August.

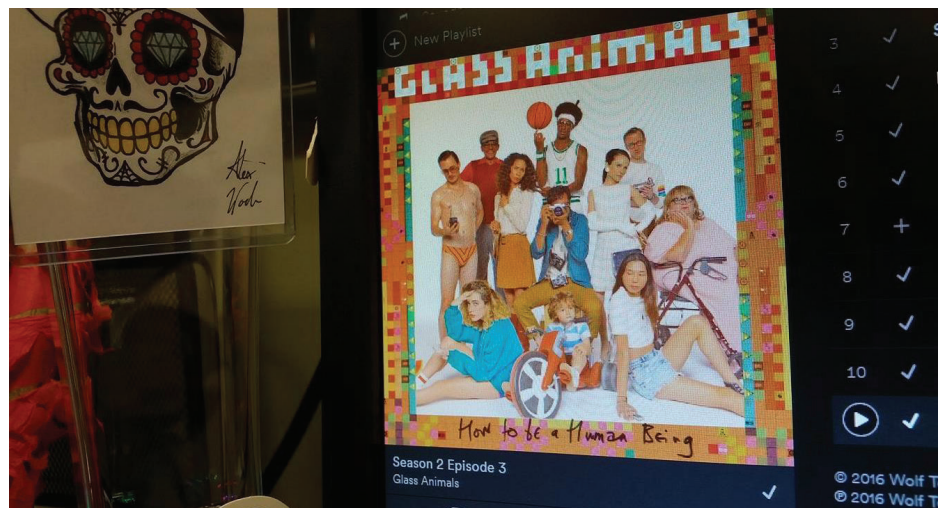
Not only does “How to Be a Human Being” improve upon Glass Animals’ already solid musical basis, but also introduces a new aspect to their storytelling and emotional appeal. They structured the album almost like a chronicle of the stories the world shares as flawed human beings. The album’s title hints at this but it goes a bit deeper.

All of the tracks on the album are based on true stories the lead singer of the band, Dave Bayley, heard from people he has met throughout his life. There are 11 characters on the cover of the album representing people of all shapes and sizes, and each one of the 11 tracks on the album represents one of these characters. The emotional impact of each cut

is so strong because you can tie them to true experiences. In terms of the music, this time around Glass Animals has really capitalized on their percussion skills and the flow of Bayley’s vocals as well as his ability to change tones and vocal ranges to portray the different characters.

The first track, “Life Itself,” tells the story of a social outcast and features a driving, momentous, almost primal percussion line and a cacophonous hook. The cut “Pork Soda” tells the story of two lovers who no longer have the spark they did in the past and the nostalgia that comes from those early memories. In terms of the backing instrumental, the song is incredibly punchy and memorable. The percussion features a sound like a dodgeball being smacked and some nicely flowing synth chords and bass riffs.

My absolute favorite tracks on the record, however, are “Season 2 Episode 3” and “Cane Shuga.” “Season 2 Episode 3” tells the story of a girl who isn’t interested in doing anything except binge-watching TV shows all day, which calls out our current “Netflix Binge” culture. The lyrics themselves reference a few popular TV shows like “Adventure Time” and the track features synthesized beeps and clicks akin to the sounds of an old videogame or cartoon. “Cane Shuga” has a trap or hip-hop flavor with its addicting flow and silvery hi-hats. It also includes an extremely fitting chorus and



“How To Be a Human Being” is available on iTunes and Spotify.

hook that ties into the character’s perception of himself and his relationship as an addict to cocaine.

The only track I did not enjoy off of the entire record was “Take A Slice.” That’s not to say it wasn’t well put together or it didn’t sound good, but it had the weakest lyrical base out of all of the other tracks and the character the song portrays is by far the least interesting. There is also the very short interlude track “[Premade Sandwiches]” which is a sped-up and distorted spoken word about the observations of a man

standing on a street corner. It’s a little hard to understand the first few times, but it is interesting and funny.

This record is a prime example of the imagination and musical talent that Glass Animals possesses. Not only does the music on this album show the passion of the artists, but the collection of human interest stories that inspired the lyrics make this whole record a worthwhile experience.

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# Seriously Kidding

a satire column

## Voting doesn't matter

By: Ben Underhill

@ActualBenU

With election day quickly approaching, many people are struggling to decide who to vote for. After witnessing the first debate, the answer has become clear: just ignore the election until it goes away.

Let's face it, the American people have opted out of voting since we first started national elections. Around 42.5 percent of Americans ignored the election in 2012, staying in the comfort of their homes instead of going out to wait in hour-long lines just to press a button. Besides, who wants to drive to a poll location just to give their opinion and then leave?

Our votes don't matter in the grand scheme of things anyway. Our representatives and senators vote for new laws that help their corporate owners, and the electoral college picks the president. It's easier to let someone else control our country rather than learn all of the different ins and outs of politics to stay informed.

Rachel Bradford, junior political science major, refuses to even register to vote.

"It's such a boring process," Bradford stated, "I tried registering before, but the form is so long and requires a lot of personal information like my social [security number] and home address. I get it, prevent voter fraud and make sure I am who I say I am, but like, what if someone steals the form?"

Aside from the long registration and wait times, a large reason we shouldn't vote is the candidates themselves. Currently, half the country hates one candidate while the other

half hates the other. Both Republicans and Democrats use the excuse, "If you don't vote, you're voting for the other party," which proves the only service political parties serve is to be mean to the other party.

Not voting will avoid conflict among friends and family that might have differing political views this election season. With dinner topics already filled with arguments about religion, work and school, why add to the present stress in your household?

Johnathan Hernandez, sophomore history major, avoids political talk altogether among his friends. When it came time to create roommate contracts, he knew exactly what to add.

"My roommates and I agreed not to mention politics at all within our room. We even have incentive not too: if someone mentions the elections or a debate or politics in general, they have to clean both bathrooms for a whole month," Hernandez explained.

Avoiding an "American Idol"-esque decision about the most important person in the country is a fundamentally smart choice. Let's face it, our country is going through some pretty intense changes, and the last thing we need right now is someone in our country's highest position of power that half the American people hate.

The easiest way to maintain a happy, stress-free end of the year for 2016 is to avoid all thoughts of the election. The negative energy that exists with debates and politics can be an overwhelming additive to our already busy lives. Letting someone else take control just makes one less thing to worry about. When people say "ignorance is bliss," they're not wrong.

## Work to live, don't live to work

By: Nikki Chasteen

It doesn't matter if you are a college senior set out on your career journey or a freshman who worked throughout high school, most of us have probably held a part-time – or maybe a full-time – job at some point in our young lives. Maybe your mom, dad or both worked more than one job to help make ends meet. Perhaps you worked to help make ends meet for your family. Whatever the reason was for holding that job, "Am I working to live?" or "Am I living to work?" has most likely crossed your mind.

Having a work-life balance that is healthy and manageable for each of us can be a struggle. It can be especially hard if you have to juggle school, work, children or a family. There is no right answer or right way to make this balance happen, but it is important to know what works for you and how to achieve it.

After graduation, the goal is to secure a job, learn the ropes, succeed and be promoted, right? The way to that promotion may be to work 12-hour days, answer emails even when you get home or travel on weekends to prepare for a conference. When is it too much? Many times, employees just go on about their routine not giving this question a second thought. However, the lack of sleep, lack of social life and lack of down time starts to chip away at your livelihood and cause a lot of unneeded stress.

James Caan, CEO of Hamilton Bradshaw Group, said in a BBC article, "No one can survive for long if they are completely obsessed by work. That route will only lead to increased stress levels and can ultimately be counterproductive."

At the same time, stress can lead to an array of other issues such as depression and sickness. According to the American Psychological Association, stress can affect all systems in the

body. Too much stress can cause muscle pain, as muscles become tense when we are stressed. Stress can make breathing harder, put more stress on the already hardworking cardiovascular system and cause gastrointestinal problems among a variety of other health complications.

What can we take away from the effects of stress on the body? It's bad. This is one of the main reasons to ensure, as we embark on our career journey, we keep in mind that we want to work to live, not live to work. We want to be able to go to work, rack up those vacation days and travel the world. Later on, when you are ready to start a family – if you choose to – you don't want to miss important moments in your kids' lives like dance recitals or little league games. It's important to find healthy ways to make sure you are not only the standout employee at your job, but also know when to take a mental health day and unwind.

Fortunately, the new wave of CEOs and millennial start-ups have realized this need for work-life balance and have great programs in place to keep employees motivated to come to work every day. Many of these same companies offer very competitive vacation and PTO packages. Facebook offers their employees onsite healthcare, a chiropractor and acupuncturist, as well as a gym according to a Forbes.com's article "America's Top Companies for Compensation and Benefits."

While not all companies offer top-of-the-line vacation and PTO packages or healthcare services like Facebook, many do offer vacation, sick days and 9-to-5 work hours. Keep these factors in mind when you are researching companies you want to work for after graduation. Does that dream job let you take time off for a trip to Hawaii? Or will you be living to work for the next five years and be too busy to take a vacation or even too tired to leave the house?

## Tuition should include textbooks

By: Jacqueline Lytle

@JacquieLytle

Should college be free? This question sparks much debate among students of all ages. One of the main obstacles students face when searching for a college education is the cost of attendance. With tuition prices rising, it's no wonder we see many students take the community college route or opt out completely.

However, when we consider how much effort these universities put into making our campus of choice our home away from home, it becomes obvious why we pay such prices. I'm not one to say that the tuition we are paying really adds up to the benefits we are receiving, but our frustration should be refocused on the items we are paying for rather than the college experience we are funding. A new question to consider: Shouldn't textbooks be included in our tuition?

As youngsters, our education was paid for through tax dollars, unless you chose private education. Our parents didn't need to worry about our middle school grades being high enough for scholarships or need to pay a monthly bill to loan companies. They didn't need to invest in new textbooks every semester either.

So why are we paying for these textbooks now? With prices rising each year, affording required materials can put a strain on students

forced to purchase them, as well as parents who might already be overwhelmed by the cost of a promising education for their children.

The National Association of College Stores kept track of textbook prices from 2007 to 2015. Their data shows that the average cost of a new textbook rose from \$57 in 2007-2008 to \$82 in 2014-2015. Similarly, the average cost of a used textbook rose from \$49 in 2007-2008 to \$59 in 2014-2015. Most of us can attest to spending a whopping hundred or more on just one textbook.

These rising costs mean that students attending a private nonprofit four-year institution are spending, on average, \$1,249 a year on textbooks, according to The College Board. This is a large number to factor into other expenses like food, toiletries and clothing, not to mention other school supplies.

Think about it. We were educated at a lower or nonexistent price in elementary school, middle school and high school and never had to purchase a textbook. They were given to us as a supplement to the course we were taking. Now, we are forced to pay steep prices for a solid, accredited education and, in addition, required to purchase costly textbooks to pass our courses. It makes no sense. Textbooks should be included in the tuition we pay.



# We change our minds, so why can't politicians?

By: **Grace Ducanis**  
 @GraceDucanis

Every election season, candidates, media and voters drag up positions candidates held years ago to question candidates' honesty. Although candidates should be scrutinized when they contradict themselves, sometimes the scrutiny goes too far.

For example, according to the Fiscal Times, in 2004 Hillary Clinton said, "I believe that marriage is not just a bond, but a sacred bond between a man and a woman." In 2013, she said she supported marriage for lesbian and gay couples.

CNN reports that when interviewed in 1999, Donald Trump said he was pro-choice. In a 2016 interview, Trump said he's changed his mind and is now pro-life.

I don't know what these candidates' true reasons are for changing sides on an issue, but attacking them for changing their position on something they said years ago doesn't make sense.

It's probably true that, recent or not, many of their flip-flops are politically motivated. Obviously, a politician who changes their agenda to appeal to voters should be criticized. Politicians should be honest with their voters about how they think and plan to act on different issues, and it's not right for candidates to lie to voters so more states will turn red or blue.

However, it's not inherently wrong for candidates to change their minds. They're people, and people change. College students

should understand this more than anybody. College students are often subjected to a range of new experiences — meeting new people, living alone, exploring new ideas—that can lead to a change in mind on any number of issues. The campus is notorious for changing the way students think about the world.

Life itself changes people's minds, and holding candidates to a position they supported years ago is ridiculous. Openness to other points of view should be encouraged. Democracy works best when citizens are willing to listen to each other and willing to change their position on a subject. Criticizing someone for changing their mind on a position they held a decade ago doesn't encourage people to listen to each other.

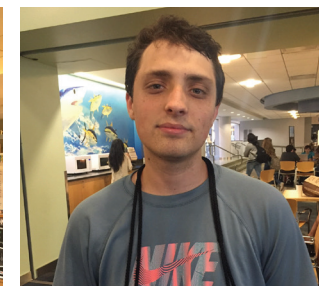
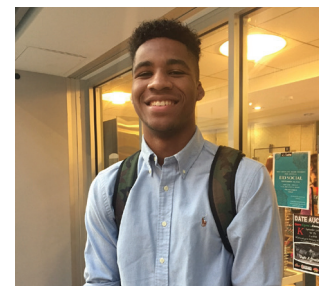
So, if Clinton didn't support gay marriage nine years ago but supports it now, what's the big deal? It doesn't immediately follow that she's being dishonest. If Trump was pro-choice 17 years ago but now says he's pro-life, it doesn't immediately follow that he's lying. Although they might be changing their positions only to appeal to voters, it's important to recognize that change does not equal deception.

As many candidates in this election and past elections have said, the U.S. needs to change. In order for that to happen, everyone needs to be allowed to change, even politicians.

THIS YEAR, NSU CHANGED THEIR GRADE FORGIVENESS POLICY, WHICH PREVIOUSLY ALLOWED STUDENTS TO RETAKE A CLASS REGARDLESS OF THE GRADE THEY RECEIVED AND COUNT THE HIGHER GRADE IN THEIR GPA WHILE THE PREVIOUS GRADE STILL REMAINED ON THEIR TRANSCRIPTS. THE NEW POLICY STATES A STUDENT CAN EXCLUDE FROM THEIR GPA UP TO THREE COURSES THEY RECEIVED A C- OR BELOW IN. AFTER THREE, THE COURSES WILL BE AVERAGED. WHAT ARE YOUR THOUGHTS ON THIS CHANGE?



## SHARK SPEAK



"I think that's worse than before because I wouldn't want even a C+, especially for bio majors where you have to take exams and get into the school of your choice. You're going to want the best grade possible, and if they are only giving three chances, they are hard classes to take. A C+ is moderately okay, but you want the best grade possible, so I feel like that's a little bit unfair."

- **Zavier Bernal**,  
*sophomore marine biology major*

"Personally, I think it's a good thing to petition. I believe the old grade policy was sufficient enough for students and for grad schools, especially when students are applying to grad schools which I have heard was the issue on why they changed the policy. As a senator, we just talked about it in senate, and based on what we have discussed, we think that if the school wants to move towards going back to the old grade policy, we would at least appreciate being grandfathered in under the old grade policy. This is a very awkward transition for current students. We believe this would be a good policy to implement to incoming freshman and transfer students and not to the students here now."

- **Raavi Singh**,  
*junior biology major*

"I feel like the change could be better because sometimes people have a hard semester, and they need multiple chances to retake classes if they had a tough year. It would be more useful to allow them to retake classes as many times as they want, and it would benefit NSU as well."

- **Lauren Gispert**,  
*senior psychology major*

"You should be able to retake whatever class you want besides just the three. They shouldn't average if you retake the entire class again. It should count. I think if you're going to spend the money on the course, then what's keeping you from that?"

- **Devin Sidway**,  
*sophomore biology major*

"I think that's good because somebody like me, who's a freshman, messes up in a class because they don't have any college experience can retake it. You wouldn't want a C- on your GPA anyways, so I think it's good."

- **Sherod Sharif**,  
*freshman marketing major*

"To be honest, I feel like the university kind of went behind our backs with it because not a lot of us know about it. We have people working to turn around a freshman year that they might've not done so well at, and now they have to work even harder to try and bring those grades up. It could drastically affect their future, even when academic advisors told them that they could bring it up. Now they can't. So for those students that are trying to keep on board and are working really hard, they kind of messed with a lot of their futures."

- **Shawn Striker**,  
*senior sports and recreation management major*



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