NSU's Center for Collaborative Research will officially open its doors Sep. 21.

Located on the Fort Lauderdale main campus, the 218,000 square foot research facility is one of the largest in the state of Florida, equipped with wet and dry labs, state-of-the-art research equipment and a number of other resources. NSU students, faculty and staff will have the opportunity to tour the facilities on Sep. 21 from 12:30-3:00 p.m.

Appa Rathinavelu, executive director of the Rumbaugh-Goodwin Institute for Cancer Research, said, “The Center for Collaborative Research is going to be the hub for discovering new therapeutics for treating different kinds of cancers,” said Rathinavelu. “The Rumbaugh-Goodwin Institute for Cancer Research is going to be discovering new therapeutics for treating different kinds of cancers, cardiovascular disease, stem cells and cellular oral restoration. There are currently over 200 ongoing research studies at NSU.

“The Rumbaugh-Goodwin Institute for Cancer Research is going to be discovering new therapeutics for treating different kinds of cancers, like breast, prostate or ovarian and lung cancers,” said Rathinavelu. “The Center for Collaborative Research will open up a plethora of research opportunities for NSU students, both undergraduate and professional. According to Rathinavelu, participating in research at the Center for Collaborative Research can be a one-of-a-kind opportunity for students.

“Undergraduate students can come to the Rumbaugh-Goodwin Institute and take an independent study course where they work on a project for the whole semester and submit a report of their work for a grade,” he said. “These are a few of the different avenues we use for taking students from having no experience in research ventures to having a good level of experience.”

Sarah Maroney, senior marine biology and biology double major, said, “I think it’s going to open a lot more research opportunities for students and help them get hands-on experience in their field of interest.”

Rathinavelu said he believes that by presenting students with opportunities like those available at the Center for Collaborative Research, NSU will be able to enhance the caliber of education that NSU students are receiving.

He said, “[The opening of the Center for Collaborative Research] is going to elevate our research to the next level, and by elevating our research, we are going to be elevating the quality of the education that we are going to be providing to our students.”

Reservations are not required for tours of the center. For more information about the Center for Collaborative Research, visit nova.edu/research/crc.

The Center for Collaborative Research is one the largest and most advanced research facilities in the state of Florida.
Delta Phi Epsilon to host 22nd Mr. Fantistic competition

In 2012, Rojana Auriel Hall, NSU student and sister of Delta Phi Epsilon, known as Auriel, passed away from complications of cystic fibrosis.

“The event is very special and we honor [Hall] before it. She also had a younger brother, Roman, and he would come out and support all of our events, and sadly he passed away last year, but we continue the event with their legacy and funds for the Cystic Fibrosis Foundation,” Williamson said.

Last year, Mr. Fantistic raised approximately $6,000 for the Cystic Fibrosis Foundation. Williamson and Zigmund said they hope this year’s total will increase significantly from last year.

Zigmund said, “I would love if we could do that, but at the end of the day, whatever we end up raising, there won’t be any sadness.”

Williamson agreed, saying that any amount of money raised would be amazing because it’s for an important cause.

“We hope that after the event and with all of the money we raise through (Cystic Fibrosis) can finally stand for ‘cure found,’” Zigmund added.

For more information about the event, contact Simona Zigmund at sz6790@nova.edu or Caraisa Williamson at cmf210@nova.edu.
Race to Presidency: Recapping the Commander-in-Chief Forum

By: Morgan Thorn

On Sept. 7 Iraq and Afghan veterans gathered on the USS Intrepid. Hosted by Matt Lauer, this forum consisted of two back-to-back interviews with presidential candidates Hillary Clinton and Donald Trump. They faced multiple questions from Lauer, service members, veterans and their families on issues related to national security, veterans issues, and military affairs.

To begin each interview, Lauer asked the candidates about issues that could be perceived as a weakness for them: Clinton’s email scandal and Trump’s inexperience. Clinton admitted that having a personal account was a mistake that she would not repeat, but said when it comes to classified material that she takes it very seriously and did exactly what she should have done.

When asked what experiences make him fit to be commander-in-chief, Trump went back to his business background. He talked about his fit to be commander-in-chief, Trump went back to his business background. He talked about his business background. He talked about the success of his company and his history of deal making. He went on to say that he has always had an interest in these issues, of whom have endorsed him. He also said that he has always had an interest in these issues, more so than a normal businessman, which he said explains why he was asked about national security years ago.

Both candidates asked how they would support veterans and stop ISIS. Trump said the main problem with our care for veterans is the extensive wait time it takes them to receive medical treatment, which could be remedied by allowing them to seek whichever treatment they felt was best — whether it be public or privatized. Clinton opposed this position and said her plan to fix the problem was better communication.

She said, “We’re living in a technological world. You cannot tell me we can’t do a better job getting that information. And so I’m going to focus on this. I’m going to work with everybody. I’m going to make them work together.”

Clinton stated that defeating ISIS is her top counterterrorism goal. In order to do this, she plans on stopping ISIS online, using air power and the Arabic, Kurdish, and Iraqi ground troops, but absolutely no American ground troops. Trump did not go into specifics on his plans to defeat ISIS as he wants to remain “unpredictable” and said, “If I win, I don’t want to broadcast to the enemy exactly what my plan is,” which he criticized President Obama for doing. One thing Trump did reveal was his belief in the importance of controlling the oil in Iraq. He said that if Obama ensured the United States had control of the oil reserves before removing troops, ISIS would have never formed.

A full transcript of this forum can be found online at time.com/4483355/commander-chief-forum-clinton-trump-intrepid.

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Our meetings are on Tuesdays from noon to 1 p.m. in SAB 104!

NEWS BRIEFS

ITT Technical Institute closes doors
After nearly 50 years of service, ITT has permanently closed all of its locations. This is in response to a ruling by the Department of Education preventing students with federal financial aid to be enrolled in one of ITT’s 130 schools, according to CNN. In a press release on Sept. 6, the institution said that multiple alternatives and possible solutions were rejected by the Department of Education. The closing has impacted 8,000 employees and thousands of students.

Attacks continue in Aleppo
For the second time in less than a month, chemical weapons were dropped in Aleppo, Syria. Residents of the city said the government is responsible for the chlorine dropped on Sep. 6 which resulted in over 80 hospitalizations. The market where this attack occurred was targeted again the following day on Sep. 7, with aresnelks killing 70 and injuring 40, CNN reports.

Annual G20 Summit
The Group of Twenty (G20) met for their annual summit in Hangzhou, China from Sep. 4-5. This forum began in 1999 as a way to bring together the world’s leading and emerging economies. Topics discussed this year included global warming, fighting tax evasion, ways to increase international trade, fiscal stimulus and refugee support. Vladimir Putin and President Obama failed to agree on a peace agreement for Syria.

North Korea completes fifth nuclear test
According to CNN, North Korea is claiming that they have successfully detonated a warhead with 10 kilotons of explosive power on Sep. 9. Japan sent four jets to test for radiation and the U.S. Air Force is expected to take air samples to verify the accuracy of this claim. Seismic activity was reported by South Korea as an explosion in the same location as their previous test. An emergency meeting of the UN Security Council was held the same day as test to determine the best course of action to address this resolution violation.

Tourists trapped in cable cars over French Alps
Over 110 people were trapped above Mont Blanc in the French Alps after cable car wires became tangled. 36 cars spread over three miles required an emergency helicopter rescue. Fog prevented completion of the rescue mission, leaving 33 individuals to spend the night at an altitude of approximately 12,500 feet. Rescuers from Italy, Switzerland and France were finally able to free the passengers the next morning.

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Student Affairs Building Room 104

FREE FOOD
Hang-ups over hook-up culture

By: Jenna Kopec

Young, flirty and under thirty, college students have a reputation for rejecting relationships.

The term ‘hookup culture’ was coined to describe the acceptance society, usually referred to millennials, has of casual sex.

Whether they like the 2011 “Friends with Benefits,” TV programs like “Glee” and songs like “Talking Body” by Tove Lo, it may seem like millennials are being appropriately labeled — unless you are one. Opinion platforms like the online magazine Thought Catalog include some articles where young writers condemn the online magazine Thought Catalog include some articles where young writers condemn the notion that it’s supposed normal. So what’s the truth?

As a college student, you may already have strong opinions about the hookup and dating world. You may also have a lot of questions. These questions, and the answers to them, can be difficult to navigate. To help you decide if you’re right for you, or what questions to ask next, we’ve asked professionals to answer a few basic questions about hookup culture.

Hook-up? What even is that?

There’s not one definition.

Rachel Needle, licensed psychologist, certified sex therapist and adjunct professor of psychology, said “The way that hookups are defined will vary based on who you ask.” Typically, a hookup can be thought of as any sexual encounter that isn’t attached to expectations — hence, the phrase no strings attached. The form of activities a hookup might entail is dependent on individual comfort and preference.

How long has this been going on?

Longer than you may think.

Glenn Scheyd, associate professor and chair of the department of psychology and neuroscience, said that research suggests the amount of casual sex in our society has been about the same since the 1980s. However, there has been a significant change in the acceptance of hookup culture.

Although every part of society may not approve of hookup culture, “it’s just understood to be something that happens,” said Scheyd.

Is it right for you?

That’s for you to decide.

Needle said that one study of college students shows between 60 and 80 percent report having some sort of hookup experience” at some point, but that not everyone is a good candidate for hookup culture. Therefore, hookup culture isn’t necessarily the norm.

According to Needle, some individuals find engaging in hookup culture liberating because there’s less pressure on performance and consequences, while others won’t feel the same way.

Scheyd said individual preferences between the levels of commitment in sexual accounts is referred to as sociosexual orientation. Similar to a personality trait, sociosexual orientation will vary from individual to individual.

No preference proves to be better than the other. Individuals may benefit from casual sexual encounters or they may not. It’s your decision to do what makes you feel comfortable.

“Make your own decisions about who you want to have a relationship with and what type of relationship you want to have with them,” said Scheyd.

What else should I know?

Protect yourself, mentally and physically.

Both Scheyd and Needle said students should not engage in any activities they don’t feel comfortable with.

Communicating your expectations for the relationship — casual or committed — and each encounter is essential. Hookups, thought-designed to not incorporate feelings, can sometimes lead to relationships, according to Needle. So, communicating when your expectations and feelings change is also important.

Needle said that hookups are often portrayed as taking place under the influence of alcohol but, in real life, alcohol should be avoided in the world of hookups.

“It’s important that both parties are not drunk and therefore able to consent and communicate about the hookup,” said Needle.

Students should also take precautions to protect themselves from sexually transmitted diseases and unwanted pregnancies by using condoms and other forms of birth control, said Needle.

Whether students have already actively engaged in hookup culture, decided it’s not right for them or aren’t exactly sure what they feel yet, they don’t need to question their position on the matter. While society is arguably becoming more open about hookup culture, that can be great, casual sexual encounters aren’t a new concept or an end-all-be-all in our society.

Join one of 3 areas of student media!

Office of Residential Life and Housing at 954-262-7188
wnsu@nova.edu

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Relationships between roommates can sometimes lead to conflict, but that doesn’t mean the problems can’t be solved.

Once upon a time, two girls were roommates in college and became best friends. They moved to the same neighborhood after graduation, their husbands became best friends and they all lived happily ever after. This is what many people may expect from their college experience, but sometimes roommates are far from reality.

Leaving your home, family and friends is never easy, so coming to college is definitely a life-changing experience. In college, we meet new people, we make friends, we get lost on our way to class during the first week and we live with someone who is not a relative — we live with our roommate. Getting to know someone’s culture and lifestyle takes time, and for this reason, relationships between roommates can occasionally be difficult.

Disagreements usually start at the very beginning when you are getting to know each other, a time when you realize how different your lives might have been before college.

Bryan Licona, graduate assistant for mediation services in the Office of Residential Life and Housing, said, “The typical top three disagreements between roommates are sleeping schedules, cleanliness and visitors or overnight guests.”

Licona said that there’s always a solution. “Roommates should sit down and talk to each other. In general, they know the conflict exists, but they don’t talk about it,” he explained.

Communication is extremely important between roommates, and many conflicts start because students don’t talk to each other.

Some roommates, however, try to talk but can’t come to an agreement. There is no need to panic because at NSU, a lot of people are willing to help students through good and bad times.

“If talking to each other does not help solve the problem, roommates should contact the Residential Assistant (RA). If the RA feels that the situation is out of their control and they are not comfortable handling it, they will ask students to reach out to the Office of Mediation Services,” Licona said. “We are here to help students, and they are more than welcome to come to the office anytime.”

Although having issues with your roommate is not easy, it’s possible to find a solution to your problems.

“During my freshman year, my roommate and I had very different sleeping schedules,” said Sophie Madden, sophomore sports management major. “She comes from a country where people go to bed late, and I like going to sleep early. At first, it was hard because I didn’t know her too well, and I found it difficult to get my point across. But we finally sat down and arranged a sleeping schedule that suited both of us.”

College is meant to be a fun learning experience, so don’t give up right away on solving any problem you might have, especially roommate conflicts. Communicate, solve the problem and enjoy.

If you have problems with your roommate, talk to them first. If that doesn’t work, talk to your RA or visit the Mediation Services Office. You can also contact the Office of Residential Life and Housing at 954-262-7002 or housing@nova.edu.
Environmentalism as a college student... and what that means

Realize what’s at stake

If anyone can care about the environment, perhaps the next question is why should they?

“Because you live in this world too,” Emily Harrington, senior environmental science major and president of the Nature Club, said. “It’s like your house.”

Harrington said that students and individuals in general should take part in restorations and cleanup projects just as they would take care of their house.

Amy C. Hirons, associate professor in the Halmos College of Natural Sciences and Oceanography, conducts research using the diet of marine animals to try and learn about the status of the ocean environment. Some of her research also looks at answering standing questions about marine environments and how they have changed over long periods of time.

According to Hirons, evidence suggests that the earth continually goes through cycles that affect the climate and environment, such as the ice age, but there is also evidence that suggests human actions may be countering the natural cycles of the earth.

“To what degree, we don’t know,” said Hirons.

For that reason, Hirons said it’s important for human actions to have a positive impact on the environment.

“Everything that we do as humans is having a response in the environment and often these responses are unintended,” said Hirons.

Tackle action

“The day has long passed when you can ignore these sort of problems,” said Paul Baldauf, professor in the Department of Marine and Environmental Sciences.

Good said a misconception associated with environmentalists is that an environmentalist can be anyone who’s interested in reducing pollution and other threats.” But what does it mean to protect the natural world?” And what does it look like to be an environmentalist on a college campus?

Steer clear of the stigma

According to Alexis Good, sophomore biology major and public relations chair for Green Sharks, an NSU club that focuses on sustainability, the term environmentalist is surrounded by negative stigma.

“Stereotypes go with it. [People think] ‘oh she’s an environmentalist? She’s a hippie,'” said Good.

Kathleen Taylor, sophomore biology major and event coordinator for Green Sharks, said that an environmentalist can be anyone who’s interested in helping the environment.

“It doesn’t have to be a scientist. It can be someone in business who wants to reduce their costs and do more research so that they can form an educated opinion.”

Harrington said that students should seek information about the environment in the news and do more research so that they can form an educated opinion.

When typing “environmentalist” into a Google image search, the first row of results included four photos of individuals hugging trees, which likely references the oftenderogatory term “tree-hugger.” But the face of environmentalism is changing from that of radical protests and controversy to those of every day individuals. Environmentalists on a college campus take time to educate themselves about the wellbeing of the earth and plan a course of action that to improve it.

By- Jenna Kopec

Environmentalism are supposed to be “protect the natural world,” but what does that even mean?

Jenna Kopec

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6

Features

Experimenting with the concept of a musical come to life.

I had become a theatre club member and a senior would take the time and devotion towards something I proudly say I have.

As an alumnus of Cooper City High School, my time was well spent in terms of involvement. I had become a theatre club member and a student of media student during my senior year while balancing seven classes daily. While it was a major responsibility for me to create two-minute entertainment sketches on a weekly basis in my student media organization, it had become second nature to brainstorm creatively and quickly. For this reason, I was approached by a classmate with the hope of making a special project come to life.

My friend and fellow actor, Guy, had been experimenting with the concept of a musical but needed assistance for putting his ideas into motion. He had spoken to me about an audition that was scheduled around the start of the school year for a project being hosted by the high school marching band called Encore. During Encore, marching hand students would perform various musical numbers and often include visual pieces alongside their work.

Cooper City High School’s drum line and color guard especially have been noted for their flashy exotics, which can strip the soil of nutrients or invade natural plant life.

“Stereotypes go with it. [People think] ‘oh she’s an environmentalist? She’s a hippie,” said Baldauf.

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Realize what’s at stake

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Tackle action

“The day has long passed when you can ignore these sort of problems,” said Paul Baldauf, professor in the Department of Marine and Environmental Sciences.

Good said a misconception associated with the term environmentalist is the use of protests. She said protesting is not the only way to take action toward helping the environment. Rather, students can start taking initiatives in their lives that can help aid the environment.

“It always starts with an individual,” said Hirons.

Good and Taylor said that simple ways to start working toward a healthier environment include making decisions to recycle and monitor water usage. Harrington said that individuals can consider carpooling and looking for ways to reduce their carbon footprint.

Baldauf and Hirons both said that students should make sure they are informed about the status of the environment and legislature regarding it on national and local levels.

“Florida has a lot of local issues [for citizens to focus on],” from the invasive species problem to the restoration of the everglades — the largest ecosystem restoration project in the world to the sea level rise that we are experiencing already,” said Baldauf.

Harrington said that the Nature Club has taken part in an initiative to teach the campus about the importance of planting native flowers in the environment. She said that planting exotic plants, especially what are known as invasive exotics, can strip the soil of nutrients or overpower natural plant life. Hirons said that students should seek information about the environment in the news and do more research so that they can form an educated opinion.

When typing “environmentalist” into a Google image search, the first row of results included four photos of individuals hugging trees, which likely references the oftenderogatory term “tree-hugger.” But the face of environmentalism is changing from that of radical protests and controversy to those of every day individuals. Environmentalists on a college campus take time to educate themselves about the wellbeing of the earth and plan a course of action that to improve it.
Mental health maintenance

College comes with a lot of changes. Students must learn how to deal with new roommates, new responsibilities, new environments, and new pressures. Managing all these competing factors can be difficult, especially at the beginning of a new school year. Therefore, it’s important to make sure you maintain your mental health. Whether you’ve had a history of mental health issues in the past or not, paying attention to your emotional behavior as you navigate NSU can help you keep an active measure of your mental state.

There’s no clear definition of mental health

Debra Futterman, director of Henderson Student Counseling services, says that there’s no strict definition of mental health because mental health is different for everyone. Instead, she said that any recurring behavior or emotion that’s out-of-character can be a sign that you need to evaluate your mental health.

“Every person’s definition of normal is different, so mental health issues stem from the occurrence of something that impedes everyday functioning,” she said.

According to Futterman, a lack of mental health can manifest in many different ways. “Maybe it’s a new freshman who’s having trouble adjusting to the college environment and that’s getting in the way of their everyday functioning, like their homework, or it’s someone who now dresses a lot more casually, or the person who’s always dressed up who now dresses a lot more casually,” she explained. “In that respect, mental health is hard to define. We like to look at it in terms of behavioral health instead of mental health.”

Behavioral health issues are common

According to the 2014 National Survey on Drug Use and Health, 18 percent of adults experience some kind of mental illness. The American Psychological Association reports that anxiety is the top concern among college students, followed by depression and relationship issues.

Futterman said that the biggest behavioral health issues undergraduates and graduate students face overall stem from anxiety, loneliness, homesickness, interpersonal conflicts, feeling overwhelmed and mild to severe depression.

“Sometimes the reason for behavioral health issues is just that you get thrown into everything, and you don’t know where to start,” Futterman said. “Sometimes it’s people coming to grips with the picture they had of college being different from what college love most. Below, you will find some helpful time management tools that could and should be implemented in your weekly routine for maximized success:

Create a schedule: This schedule will not only help you in remembering when that class is, but it will also help you figure out when the best study times are, when to squeeze that gym session in and what days you are most available for social events. You can create your weekly schedule with the Office of Undergraduate Student Success to figure out an ideal routine that fits your lifestyle and needs.

Prioritize tasks: If you have dozens of obligations on your mental to-do list, consider writing them down. What is most important and should be completed immediately? What can be put off until later in the week, and what can be thrown away in your imaginary garbage can? This small activity will help you zoom in on your tasks and feel so much more organized.

Monitoring your mind

According to Futterman, it’s important for students to pay attention to their behavioral health before it reaches a dangerous level; students can do this by being aware of themselves and their behavior. Among things to monitor, Futterman mentioned sleeping and eating more or less than usual, increased or decreased activity and losing contact with close friends.

“It’s noticing differences of pattern in your behavior,” Futterman said. “It’s really just paying attention and knowing yourself, knowing what works for you and when things change, why that is and what’s getting in the way.”

Managing mental wellness

Futterman said that self-care is key to maintaining healthy mindsets and behavior.

“Yes, studying and going to class is important,” she said. “But you need self-care. You need to take a break, you need to sleep, you need to eat, you need to find time for activities that you like to engage in, you need to step back and take care of yourself. You’re not hindering your study. You’re refreshing your mental capacity.”

Futterman reads as a way to focus her energy and relax. She said finding an activity that helps you zero in on a specific task can help the rest of your brain quiet down, and it might mean trying 20 things that don’t work at first until you find something that does.

Futterman also suggested taking advantage of campus resources to help manage stress-related behavioral issues. For example, visiting an academic adviser for major-related stress, the Tutoring and Testing Center for grade-related stress, and the Office of Career Development for career-related stress.

Keeping the peer circle healthy

While taking care of behavioral health on an individual basis is important, it’s also important to be aware of those around us to help them stay healthy.

“Watch for a change in behavior,” Futterman said. “The person who’s always dressed up who now dresses a lot more casually, or the person who runs a lot no longer eating, or the person who usually doesn’t eat that much is eating a lot. It’s the opposite of behaviors.”

Other examples include sleeping more or less than usual and increased or decreased daily activity.

“If a red flag goes up in your head, pay attention to it,” Futterman said. “Don’t dismiss it. Our intuition is surprisingly good. We don’t give ourselves enough credit. If you think something might not be right, check.”

Futterman emphasized the importance of asking questions.

“People don’t always report when they’re not doing well because they don’t know how to bring it up with someone, but as soon as someone asks, they’re able to say it’s not going OK,” Futterman explained. “Sometimes all it takes is someone taking interest.”

Taking active care of your behavior health

According to Futterman, behavioral health and mental health should be treated as priorities. “If you sprained your foot and you had to go to physical therapy, you wouldn’t think twice about it,” Futterman said. “Behavioral health is the same. Don’t think twice about it. Your brain is just as important as a sprained ankle.”

All students have access to 10 free counseling sessions a year. Henderson Counseling Services is a non-diagnostic and completely confidential service, with an optional in-house doctor. To schedule an appointment or to speak with a counselor, call the 24/7 phone line 954-424-6911. The National Suicide Prevention Hotline is 1-800-273-8255.

Features

If your watch is spinning out of control, read this

By: Samantha Yorke

Samantha Yorke is an assistant director and success coach for the Office of Undergraduate Student Success at NSU. She earned her Bachelor of Science degree in Psychology from the University of Central Florida and her Master of Science degree in Higher Education from Florida State University. Samantha is a proud Floridian with a passion for empowering others.

Are you sleeping enough? Studying enough? Do you feel like you are doing everything you want to do in a day? Let’s face it — management is not always easy to conquer. Being a college student is a full-time job that takes major planning, organization and commitment. Luckily, there are plenty of resources out there to assist college students in building an ideal schedule and prioritizing tasks like homework.

Taking a small portion out of your day to create your time management plan can do wonders for your stress levels and provide you with more time to enjoy the things you love most. Below, you will find some helpful time management tools that could and should be implemented in your weekly routine for maximized success:

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Use a calendar/planner: Whether it’s a planner you buy at the bookstore or the calendar built into your cellphone, use it. A planner will help you visualize all of your upcoming exams, meetings and other responsibilities. It will also help you avoid double-booking yourself, motivate you to finish tasks on time and assist you in feeling organized.

Remember, it is completely normal to feel overwhelmed at times. The key is to recognize when this feeling is getting out of hand so that you can take action to better organize your time and focus on priorities. Once you start using the tools listed above, that watch of yours is going to start slowing down, and you’ll have more time to do the things you weren’t always putting first, like sleep. On top of more rest and relaxation, you will have sufficient windows of time to study for classes and a stronger grasp of how to conquer your coursework — it doesn’t get any better than that.
Onica Charles: A lifetime of philanthropy

Onica Charles completed NSU’s graduate program in 2009 and is the founder and CEO of International Children’s Outreach (ICO), Inc., a non-profit organization with a mission to empower children living in poverty.

Schae Maynard, senior environmental science major, said that she has had a passion for service since she was very young. While attending high school in Trinidad and Tobago, where she is originally from, Maynard became involved with community service projects. Before attending NSU, she spent a year working with non-profit organization the Loveuntil Foundation.

As an NSU Shark, Maynard has chosen to continue giving back to the community. When she’s not working in the Office of Orientation as an orientation coordinator for first-time college students, Maynard works closely with the campus Student Leadership and Civic Engagement Office. She particularly focuses on service trips, one of which she will help lead this year.

Last year, Maynard took part in the New Orleans service trip, where Sharks took part in restoration projects for the victims of Hurricane Katrina.

“Getting to actively engage in such a beautiful community, people with such great spirits and great stories, was truly inspirational,” Maynard said about the trip.

Maynard also attended a service trip to Orlando, where Sharks volunteered for the Special Olympics.

“I had never experienced the Special Olympics before, and the skill and dedication that these athletes have for their sport, and their level of sportsmanship — even when they did not win — is something I now strive for,” she said.

After graduation, Maynard plans to continue serving the community. She plans to attend graduate school, majoring in college student affairs. She hopes to work for an office that focuses on civic engagement so that she can plan service projects and help guide students into community service.

Maynard said that students should not be afraid to contact the Student Leadership and Civic Engagement Office or find other avenues for community service.

“Getting to actively engage in such a significant social issue or event. Last year, the SAS trips focused on disaster restoration, wildlife, community development and the Special Olympics. Mazorowicz said that students may feel hesitant about becoming involved with SAS trips or civic engagement but that they shouldn’t let that stop them from participating. Community service provides once-in-a-lifetime opportunities with high rewards.

“If there’s any part of you that’s wanting to do something and wanting to make a difference, you have to come along with us,” said Mazorowicz.

Emily Konicki, sophomore biology major, works in the SLCE office and plans days of service. She reaches out to community programs and tries to schedule events that will significantly impact the community. Community affiliates include HandsOn Broward, Habitat for Humanity and Feeding South Florida.

Konicki said that students can contact affiliates to volunteer for the organizations outside of days of service. She said students can get contact information by asking the SLCE office, visiting the organization’s website or attending the volunteer fairs in the fall and winter.

Konicki said that students should explore their options and become involved in civic engagement because it not only helps the community, but it is rewarding for the student.

“You can see the impact that you have on someone else just by volunteering two or three hours of your day—it’s the smallest acts of kindness that can go the longest way,” she said.

As a university, NSU sees the value of giving back to the community, so take time to explore civic engagement opportunities. Through acts of service, Sharks have proven that they can make a difference on a local and global scale.
Athlete of the Week:  
Malin Westman

By: Aldana Foigel

Hard work brought success into Malin Westman’s life. Through hard work, the junior marketing major and two-time All-SSC First Team swimmer has become a key member of NSU’s swim team.

Two years ago, Westman came to NSU from Hartsyda, Sweden, where she swam for Misja Klevestig at Kunsapsygymnasiet Gothenburg during high school. She won Female Swimmer of the Year in 2011.

After spending a lot of time trying to decide whether to come to college in the United States or not, Westman gave it a shot and started her freshman season at NSU in 2014.

Westman explained how coming to NSU changed not only her swimming career, but also her life.

How did you start swimming?

“My dad and mom swim when they were young and they became coaches. My older sister swims as well, so swimming has always been in my family. The four of us used to spend hours in the pool. I think I was around four years old when I started swimming and I went to my first meet when I was six years old.”

Did your parents coach you?

“My mom was my coach first, for around seven years. After that my dad coached me for another seven years. And then after 14 years I got another coach.”

How did you find out about NSU?

“I was really tired of swimming and I didn’t have any motivation to keep practicing when I was in middle school. My mom had a friend who came to college in the U.S. and she recommended that I come. At first, I was not sure about her and my high school graduation was approaching. I decided that I wanted to try it at least. I was rare I didn’t want to go to a Division I school. My coach back at home knew Holly [the former head swimming coach at NSU], so they talked and then I also contacted her. That’s how I ended up at NSU.”

On the Bench:  
Kaepernick should be encouraged to flex his constitutional rights

By: Erin Herbert

With millions of viewers tuning in to watch professional sports, it’s no surprise that athletes are heavily scrutinized, and often have their every move criticized. San Francisco 49ers quarterback Colin Kaepernick is no stranger to controversy. But this time around, the 28-year-old is being unfairly denigrated for what he believes in.

According to ESPN, Kaepernick has taken a lot of heat from critics after choosing to stay seated during the national anthem at an NFL preseason game. Kaepernick refused to stand for the “Star Spangled Banner,” as a way to silently and peacefully protest the treatment of racial minorities in the United States, Yahoo Sports reports. However, this protest was not a one-time thing, as many critics hoped it would be.

Kaepernick continued what is being called his “preseason protest,” at the 49er’s Sept. 1 game against the San Diego Chargers, but this time with a supporter at his side. 49er’s safety Eric Reid joined his teammate in solidarity and knelted throughout the duration of the pre-game national anthem, according to CBS. But support for Kaepernick’s silent protest doesn’t stop with his team. Female soccer star Megan Rapinoe joined in the silent protest by kneeling during the national anthem before the Seattle Reign game in the National Women’s Soccer League.

Unsurprisingly, Kaepernick has recently received a substantial amount of backlash for his commentary on social justice issues. Many have said that Kaepernick is disrespecting the United States by refusing to stand. However, that’s not the case at all. Kaepernick is not being disrespectful in the slightest; his form of silent and peaceful protest is one of the most respectful ways to make a statement. He is not attacking anyone or slandering the name of the United States, he is simply suggesting that he does not agree with the way racial issues are currently being handled. Kaepernick is exercising a basic constitutional right by attempting to bring about change in a non-confrontational manner.

The treatment of racial minorities within society has been a major issue lately, and support and protest groups, such as Black Lives Matter, have been coming together in order to address this treatment. Much like these groups, Kaepernick is offering his opinion on the situation and has chosen not to participate in the tradition of honoring a nation he believes is treating a minority group unfairly.

Denying Kaepernick this form of protest is denying one of his most basic rights as an American. Though it is customary to stand for the national anthem, there is no requirement to do so, and the NFL even issued a statement regarding Kaepernick’s decision to remain seated: “Players are encouraged, but not required, to stand during the playing of the national anthem.”

Athletes will always be the subject of scrutiny by fans, but sometimes those criticisms are unfounded. As a high profile athlete, Kaepernick has a large fan base and gains more and more exposure with every nationally televised game, and it’s admirable that he uses his fame to bring light to a relevant social issue. So despite all of his new-found fame, Kaepernick should keep standing up for what he believes in and fight for racial equality one touchdown at a time.

What do you consider your most important achievement as a swimmer?

“Definitely my parents. I would say my mom when I first started swimming, because she is the one who taught me everything. Later my dad became my coach and today I am here because of him.”

What do you enjoy doing during your free time?

“When I am not swimming or studying, I enjoy sleeping. I really like reading romantic novels and crime books.”

Malin Westman

NSU’s swim team.

Do you have any influential coaches in your swimming career?

“I was really tired of swimming and I didn’t have any motivation to keep practicing when I was in middle school. My mom had a friend who came to college in the U.S. and she recommended that I come. At first, I was not sure about her and my high school graduation was approaching. I decided that I wanted to try it at least. I was rare I didn’t want to go to a Division I school. My coach back at home knew Holly [the former head swimming coach at NSU], so they talked and then I also contacted her. That’s how I ended up at NSU.”

Do you believe that coming to NSU helped you to improve your swimming?

“Yes, it was a change that helped me. At first I was so scared because I came from another country, I didn’t know anyone and I was afraid I was going to miss home. But it’s been great, one of the best experiences I’ve ever had.”

You were named All-SSC First Team swimmer your freshman and sophomore years. How did you feel about it?

“I really was honored. During my freshman year I was not sure what the mention consisted of, but then I found out what it actually meant. I did not really expect that for my freshman year, so I felt good.”

NSU’s swim team.

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NSU’s swim team.
Men’s Soccer
The men’s soccer team fell 0-2 to Mississippi College in their season opener on Sept. 2. Goalkeeper Nico Rosiglioni made two saves in 90 minutes of play.

Men’s and Women’s Cross Country
The men’s and women’s cross country teams took first overall at the Florida Atlantic University Invitational on Sept. 2. Senior Thomas Ingalls led the men’s team, while freshman Allison Porter was the top finisher on the women’s side.

Women’s Soccer
NSU’s women’s soccer team won their first match of the season with a convincing 4-1 win over Webber International on Sept. 2. Hannah Christophe and Nicole Staley each scored a goal, while Sini Laaksonen tallied a total of two points for the Sharks.

Women’s Volleyball
The women’s volleyball team won all four games of the Shark Invitational on Sept. 2 and 3. The Sharks won their first three matches against Adelphi, Arkansas at Monticello and Bentley, with scores of 3-1, respectively. The women closed out the series with a 3-2 victory over Rockhurst on Sept. 3.

McDavid named captain of team North America
Edmonton Oilers forward Connor McDavid was officially named captain of team North America for the 2016 World Cup of Hockey. Head Coach Todd McLellan made the official announcement on Sept. 8, according to NBC Sports. Sean Couturier, forward for the Philadelphia Flyers, and Aaron Ekblad, defenseman for the Florida Panthers, will serve as alternate captains for the duration of the tournament.

New York Mets sign Tim Tebow to minor league contract
Former New York Jets quarterback Tim Tebow agreed to a minor league contract with the New York Mets on Sept. 9. The Heisman Trophy winner will receive a $100,000 signing bonus, according to Yahoo Sports. Tebow will report to the Instructional League in Port St. Lucie, Florida on Sept. 18 to determine which minor league he will be assigned to.

Serena Williams loses number one ranking
Tennis superstar Serena Williams lost her number one ranking after losing to Karolina Pliskova of the Czech Republic at the U.S. Open on Sept. 8. The 34-year-old lost the semifinal match by a score of 6-2, 7-6 (5), according to FOX Sports. This marks the second year in a row that Williams has lost her number one ranking after being eliminated from the U.S. Open.

Seantrel Henderson receives four game suspension
The NFL officially announced that Buffalo Bills offensive tackle Seantrel Henderson will receive a four game suspension for violating NFL’s substance abuse policy, according to NBC Sports. The 24-year-old will not be allowed practice with the team until after his suspension has ended.

OUT OF THE SHARKZONE
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Taco Craft
204 SW 2nd St, Fort Lauderdale, FL 33301, $5
Serving brunch every Sunday from 10 a.m.

Did someone say brunch?

Black Betty
200 SW 2nd St, Ft Lauderdale, FL 33301, $5

Green Street Cafe
3408 Main Hwy, Coconut Grove, FL 33133, $5

Tap 42
1411 S Andrews Ave., Fort Lauderdale, FL
33316, $5

Bull Market
210 SW 2nd Street, Fort Lauderdale, FL 33301, $5

Bull Market offers a variety of Mexican food, such as tacos, coconut and dulce de leche French toast, and red velvet pancakes.

Comfortable seating inside and outside, this Brooklyn-Corn Creek gives brunchers the opportunity to people watch while munching on yummy menu items like the Nutella-filled or coconut-crusted French toast, herbs and tomato omellet and red velvet pancakes.

I'm looking forward to the newest season of "American Horror Story" which premieres Sept. 14 on FX. I've followed the series all the way so far, though seasons "Coven" and "Freakshow" made me lose interest. However, "Hotel" was a spectacular season, so I have high hopes. It's always a pleasure to see recurring actors and occasionally characters, and I know that no matter what avenue they end up taking, I'll most likely get some enjoyment out of "American Horror Story" this September.

Watch "American Horror Story" on Sundays at 10 p.m. on FX.

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NSUCURRENT.NOVA.EDU

Staff Picks: Fall TV Shows

By: Jacqueline Lytle
@JacquelineLytle

After a week crammed with classes, work and assignments, it's important to find time to relax and enjoy the environment outside of, well, inside. While the beach, shopping or working out are viable options, why not grab some friends and socialize around yummy food, sweet drinks and an inviting atmosphere? Why not brunch?

I am really looking forward to the new season of "Gilmore Girls" coming out on Netflix later this fall. I used to watch the show religiously when I was younger and may have binge-watched the series instead of studying for finals last semester. In my opinion, the series could have had a better ending so I'm hoping the writers do the show justice this time around. "Gilmore Girls" will be available online on Netflix as of Nov. 25.

Carli Lutz, chief of visual design, said "Brooklyn Nine-Nine" is my most excited for "Brooklyn Nine-Nine" to start up again. I binge-watched the series over the summer and quickly became obsessed. "Brooklyn Nine-Nine" is a hilarious show that follows the 99th precinct of the New York Police Department. The show features Andy Samberg along with the always-perfect Terry Crews as Sergeant Terry Jeffords. In its fourth season premieres Sept. 20 on Fox.

Jenna Koper, features editor, said "The Good Place" is not really a big TV watcher but I am looking forward to the series premiere of "The Good Place" Sept. 19 on NBC. It seems like it's going to be a really quick and new take on the afterlife and what it means to be a good person.

Erin Herbert, co-editor-in-chief, said "The Walking Dead" I can't wait for "The Walking Dead" to come back to AMC. The beloved zombie-themed drama will be returning for its seventh season this fall. The series left off on a dramatic cliffhanger at the end of season six, and I have been patiently waiting all summer to find out what kind of trouble Rick and his group will get into next. "The Walking Dead" is an integral part of my Sunday night ritual, and its Oct. 23 premiere can't come soon enough.

Grace Duncan, copy editor, said "Crazy Ex-Girlfriend" is a successful NYC lawyer moving to a small California town for a girl she used to date at summer camp seems like the half-baked premise of a Hallmark movie, but it’s actually the plot of one of the smartest and funniest shows on television. I watched the first season avidly as protagonist Rebecca Bunch navigated her relationships with guys, coworkers, and her mom amid tongue-in-cheek commentary on society. And the best thing about the show? Every episode of "Crazy Ex-Girlfriend" has three to four stellar musical numbers, with auditory gems like "I Gave You a UTI" and "I Love My Daughter (But Not in a Creepy Way)." The show’s second season premieres Oct. 21 on the CW, and if fall doesn’t get here faster I might just go crazier than an ex-girlfriend.

Watch "Crazy Ex-Girlfriend" on Fridays at 9 p.m. on the CW.

Jacqui Lytle, co-editor-in-chief, said "Worst Cooks in America" I’m looking forward to the new season of "Worst Cooks in America." Hosted by Anne Burrell and Rachel Ray, this season, which airs on Sept. 14 on the Food Network, is a celebrity edition. Mike "The Situation" Sorrentino, Mindy Cohn and Kenya Moore will be among the stars showing off their inability to cook. I’m excited to see what funk they concoct.

Watch "Worst Cooks in America" on Wednesdays at 9 p.m. on the Food Network.

Aidan Rivas, visual design assistant, said "American Horror Story" I'm looking forward to the newest season of "American Horror Story," which premieres Sept. 14 on FX. I’ve followed the series all the way so far, though seasons "Coven" and "Freakshow" made me lose interest. However, "Hotel" was a spectacular season, so I have high hopes. It's always a pleasure to see recurring actors and occasionally characters, and I know that no matter what avenue they end up taking, I'll most likely get some enjoyment out of "American Horror Story" this September.

Watch "American Horror Story" Wednesdays at 10 p.m. on FX.

Morgan Thorn, business manager, said "Gilmore Girls" Autumn may be the season of pumpkin-flavored foods and harvest festivals, but it’s also the season of television premieres. Here are some shows The Current staff is looking forward to this fall.

Watch "Gilmore Girls" on Sundays at 10 p.m. on the CW.

Carli Lutz, chief of visual design, said "Gilmore Girls" will be available online on Netflix as of Nov. 25.

"Gilmore Girls" is a naturally crowded spot, Tap 42 hosts offering specials every Saturday and Sunday from 11 a.m. to 3 p.m. Choose to indulge in their outside oasis on a beautiful day, under gazebos and surrounded by trees, or in air conditioning if rain or humidity impedes. Brunch-goers can fill up on any of the restaurant’s specialty items, like whole grain Nutella waffles, classic spaghetti, tricolore and pear salad or the much-loved chocolate strawberry pancakes, “Green Eggs & Ham” benedict, smoked salmon bagel and oven-baked shrimp mac and cheese, their menu has something for everyone. Those of age can pay $15 for bottomless mimosas, Bloody Marys and Funky Buddha Floridian to accompany their meals.

Offering an array of brunch items such as white chocolate strawberry pancakes, “Green Eggs & Ham” benedict, smoked salmon bagel and oven-baked shrimp mac and cheese, their menu has something for everyone. Those of age can pay $15 for bottomless mimosas, Bloody Marys and Funky Buddha Floridian to accompany their meals.

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Watch "American Horror Story" Wednesdays at 10 p.m. on FX.
By: Adam DeRoss

If you ask most people in the EDM scene, they’ll say that dubstep is dead. And, for the most part, they’re right. The term “dubstep” has become a bit vaguer. It’s no longer easy to determine what music can be considered dubstep and what cannot because of the ridiculous amount of subgenres in electronic music. However, Getter’s latest EP “Wat the Frick” released on Sep. 2, is one of Dubstep’s true gems.

This new release blows his previous EP “Radical Dude” out of the water, and represents everything Getter has done as an artist of the genre and provides a look into his future in music. Whereas “Radical Dude” had three good tracks out of the six released, the seven tracks on “Wat the Frick” are much more solid overall and incorporate almost every aspect of Getter’s past releases. At first, the album may appear low-quality because of strangely-titled tracks like “Cool as Frick,” “Fricken Dope” and “Sick Jatpock 891?” But, strange track names aside, he has managed to create some very solid pieces, though the drops are a bit simpler and more subdued than his past efforts.

But this isn’t necessarily a bad thing as Getter proves that the “the drop is the only part that matters” argument isn’t true in the slightest. “Fricken Dope” gives listeners an intense buildup c ut with tinny snares, deep bass and beat isn’t bad but is diminished by unnecessary grating vocals, provided by SuicideBoy$.

To conclude the album, listeners get a sharp left turn with a track entitled “Something New,” similar to the chill trap song “Forget It” released on “Radical Dude.” But unlike “Forget It,” “Something New” sounds entirely different from any other Getter has ever done, which definitely fits the title of his new EP. Getter gave listeners a trip-hop track reminiscent of artists such as Bonobo and Fat Jon, while still incorporating masterful vocal cutting, snare and drum patterns and breakdowns. Coupled with almost alien synths, Getter has managed to provide listeners with an entirely different tune.

By: Erin Herbert

In addition to being responsible for feeding into binge-watching marathons around the world, Netflix has become widely known for its lineup of refreshing and incredibly addictive original series. And their latest release “Stranger Things” fits the title of his new EP. Getter gave listeners a trip-hop track reminiscent of artists such as Bonobo and Fat Jon, while still incorporating masterful vocal cutting, snare and drum patterns and breakdowns. Coupled with almost alien synths, Getter has managed to provide listeners with an entirely different tune.

The eight-episode first installment of the series was released on July 15 and has quickly become one of the most talked about shows on Netflix. This sci-fi thriller captures all of the best elements of both thriller and science fiction genres and resurrects the 1980s in all the right ways.

Set in 1983, “Stranger Things” follows a group of Dungeons- and Dragons-loving pre-teen boys — Mike, Dustin and Lucas — as they try to find their friend Will, who seemingly vanished while biking home one night. But Will’s disappearance isn’t the end of the strange happenings in the small town of Hawkins, Indiana. As our protagonists and the rest of the town frantically search for Will, they begin to uncover dark secrets the rural town has been hiding. Add an alien- like creature snatching people in the dead of night and a nightmarish government research lab, and “Stranger Things” becomes just creepy enough to keep fans of the supernatural glued to their couches and coming back for more.

Though the first season of the series is only eight episodes, viewers are sure to fall in love with each character and their unique, and sometimes quirky, personalities. From nerd and awkwardly awkward eleven-year-old Dustin, to Steve Harrington, the jock who wears his heart on his sleeve, there’s a character that everyone can identify with. Though the first season only covers the span of approximately two weeks, each character develops so much in that short time period. The character Eleven, for example, is first introduced when our protagonists find her alone in the woods while searching for Will one night. Though she is incredibly timid and seemingly mute at first, she soon transforms into a completely different person, learning the concepts of friendship, loyalty and honesty from her interactions with Mike, Dustin and Lucas. One of the most refreshing elements of character use in “Stranger Things” is that every character in the show, no matter how minor, is tied to the plot in a fantastic and unexpected way. Every character is important, and nothing is done by accident.

Nostalgia is one of the show’s most charming elements. Between references to Spielberg films and Will’s undying love for “Should I Stay Or Should I Go” by The Clash, small allusions to 80s pop culture take viewers back in time. Regardless of whether viewers grew up in the 80s or are being exposed to this culture for the first time, they are sure to be amused by the use of overused walkie-talkies and other novelties or the ridiculous, albeit entertaining 80s soundtrack. “Stranger Things” is the perfect homage to the cultural phenomenon that was the 80s.

Directing duo Matt and Ross Duffer perfectly captured the emotion and urgency of the search for a missing child and coupled it with an element of mystery, letting viewers know that everything is not as it seems to be. With its perfect balance of science fiction, mystery, drama and yes, even romance, “Stranger Things” is sure to keep viewers on the edge of their seat and clicking “play next episode.” Expect to see season two on Netflix in 2017.

By: Jenna Kopeck

Oops, she’s done it again! After nearly two and a half years, Britney Spears released her ninth studio album, “GLORY,” on Aug. 25 — and she did not disappoint.

“GLORY” is a perfect balance of classic Britney style and a mature new outlook. The songs have smoother, calmer melodies and lyrics that mirror the thought process of a woman whom the young girl we tend associate with Britney Spears. This is displayed in the soft vocals of the album’s first single “Make Me...” featuring G-Eazy. Spears continues her infamous style of provocative topics with the tracks “B---!,” “F--- You,” “Neal the Moon” and “Just Like Me” and “Do You Wanna Come Over?”

The vocal range she demonstrates makes the album interesting; we hear a rather rare version of Spears’ voice in “Private Show.” Rather than the high range we hear in songs like “Lucky,” Spears sings the majority of the song in a very soft, almost breathy voice. She sings at the voice she speaks with, but still sings the bridge in her typical Britney voice. We see a similar style of singing on the track “Just Like Me.”

Spears challenges the idea that music can’t be both catchy and meaningful. Accompanying her fun, provocative tracks, Spears includes pieces like “Man On The Moon,” “Just Luv Me” and “Just Like Me,” all of which discuss love. Spears expresses independence and confidence throughout her album. Through lyrics like “I know that I’m worthy” when addressing a significant other in “Just Luv Me,” she demonstrates that relationships shouldn’t be a way to separate to self worth. The song basically explains that she’s more than capable of taking care of herself and all she asks from a relationship is love. When that love goes to someone else, Spears says “she can have you” in the heartbreaking of “Just Like Me” through this track communicates the pain of betrayal; Spears maintains that she doesn’t need anyone who doesn’t love and remain faithful to her. She displays an interesting balance between the emotional flow of life and staying connected to yourself.

Spears also experiments with music in different languages, proving that the princess of pop has no language barriers. “Man On The Moon” contains a countdown in French, while the deluxe version of the album includes a song with Spanish lyrics, “Change Your Mind (No Seas Cortes),” and a complete song in French.

The album comes in both a standard and deluxe version, but invested listeners should definitely buy the deluxe version. The five extra tracks are worth three more dollars.

From those who grew up listening to “Hit Me Baby One More Time” to others who avoid pop music like the plague, listeners can’t deny that Britney Spears has quite the comeback story. Even though she’s been questioned and criticized for years, Spears’ new album proved to us all that her talent and creativity deserve all the “GLORY.”
Our Second Amendment states, “A well regulated Militia, being necessary to the security of a free State, shall not be erected without the consent of the legislatures thereof, nor be affected by the people, in order to keep and bear arms;” and our Constitution’s Ninth Amendment says, “The enumeration in the Constitution of certain rights shall not be construed to deny or disparage others retained by the people.”

As a millennial — a label I actually hate — I can’t tell you how many times I’ve heard “you don’t care about politics” or “the future of this country is in trouble” from my elders. I’m a millennial on the older end of the spectrum and I find this offensive. I care about politics. I care about my friends and my family, and I care about the country and the same Second Amendment rights that our ancestors fought for and died for.

According to the Pew Research study, 50 percent of millennials identify as independent. This number is up from 38 percent in 2004. In 1998, 60 percent of millennials are more liberal than the generations before them, but are less likely to identify as Democrat or Republican. With the rapid growth of social media and 24/7 readily accessible news coverage over our short lifetimes, millennials tend to question what is really going on in politics. We like transparency. I have talked to several of my friends who feel that the government is reluctant or too slow in making changes towards social and economic progress.

According to the 2016 Millennial Impact Report, 90 percent of millennials value work and feel that their contribution to a cause will have a greater impact on the betterment of society than laws passed by Congress. In other words, millennials are more likely to be engaged in the political process, especially if it helped them directly. If enough people can openly accept the transgendered population and inter-racial relationships. However, the majority of millennials feel that new laws protecting the LGBT community are being passed at snail speed. But there have also been state laws passed that hinder such progress. Texas attempted to restrict abortion, but a federal court allowed it to be performed in a licensed surgical center.

Tens of thousands of millenials have been affected by a visual impairment.

“Whittaker disagreed. “The lack of cultural sensitivity is astounding, especially in hipsters, who often claim to be the most culturally sensitive,” she said. “Frankly, it’s disgusting, and I hope they all contact Glaxo. They deserve it.”

Some Baby Boomers chose to marry right after high school, but they had to work and raise children. The government can and should continue to evolve our citizen’s rights. The role of the military in the future of our society is troubling for the future of our country, it’s that our concerns are different. An increasing number of millennials feel that laws and policy need to catch up to the times. At our age, we’re more liberal. This generation has never made it into the market, let alone impact us so easily.

The facts are overwhelming. Why do, as Americans, feel we deserve the right to obtain, sell and carry such destructive weapons if we cannot even keep control of them? They are falling into dangerous hands simply because we are choosing to make money rather than keep our country safe. If we, as distributors, cannot ethically sell these weapons; if we, as consumers, cannot lock them away when not in use; if we, as a government, cannot guarantee our nation’s safety with the circulation of such arms, then we, as a whole, do not deserve to hold such power. We deserve even greater precautions.

The economy has been another hot topic throughout this election. Millennials care about the economy, since most of our parents were affected in some way or another by the 2008 recession. Some millennials may be too young to remember, but I remember it well. The year 2008 was I began job hunting in the “real world,” but there were no jobs. One was hiring and everyone was downsizing. Some Baby Boomers were affected by the recession as they had careers off college and there are differences between their goals and the goals of millennials. Some Baby Boomers chose to marry right after high school, but they had to work and raise children. The government can and should continue to evolve our citizen’s rights. The role of the military in the future of our society is troubling for the future of our country, it’s that our concerns are different. An increasing number of millennials feel that laws and policy need to catch up to the times. At our age, we’re more liberal. This generation has never made it into the market, let alone impact us so easily.

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Social media: It does matter

By: Jeweliana Register and Jacqueline Lytle

It’s no secret that social media has its perks. We can connect with people from all over the world and stay in touch with friends. These media outlets offer up informative privileges, granting us access to many aspects of individuals’ lives around the globe. While we bask in the fun and openness of social media, it is important to take notice of the role, negative and positive, social media plays in our lives both personally and professionally.

Sharing our lives online can be an amazing thing. We might have a friend attending college across the country and another stationed overseas fighting. Perhaps we’re the ones who moved away for school or work. Either way, we hope to stay in touch with our family and friends. Social media is a way of connecting people all around the world through pictures, stories and posts. There’s something so satisfying about checking in on people from our hometowns or experiencing new places through someone else’s feed. It seems to make the distance easier, or even less noticeable. Instagram gives us a glimpse into someone’s day, Twitter provides us with insight as to how someone is feeling, and Snapchat helps us experience events and daily activities with others. Social media plays a huge role in all of our relationships, whether they’re long distance or local. Do we really want to change that? Honestly, if we didn’t post on Facebook, how would all of our mother’s friends comment well wishes for our newest successes or comment well wishes for our new adventures, Facebook, how would all of our mother’s friends comment well wishes for our new adventures, congratulate us on our recent successes or complement our constant selfies?

However, when pondering the drawbacks of sharing life online, the first thing that comes to mind is the lack of privacy. While we can always take measures to protect our private information, like setting our profiles to private or being selective about posts and followers, there are still significant ways that our privacy can be breached. When we open our lives up to our online friends, we are sharing personal aspects of ourselves. This can be an issue when it comes to relationships, be they romantic or platonic. Our generation often battles with jealousy and doubt, feelings social media tend to instigate through direct messages and snaps with new contacts. Suddenly, instead of just interacting with our circles at work, home or school, we are introduced to a whole new world of networks. Interacting with people online can cause issues with our significant others, our families and our general wellbeing. The person messaging you may place doubt in your relationships, causing unnecessary fights and feelings of distrust. In some cases, sharing personal parts of your life with the world can upset your family – for example, if someone found out your home address or where your siblings attend school. In order to avoid issues, try establishing boundaries, such as changing your profile settings to private or turning off location services.

While we often browse social media outlets for personal enjoyment, the aforementioned positives and negatives could have a large impact on our lives professionally as well. Corporations, businesses and even avenues for higher education run social media checks on applicants in order to make a more informed decision about hiring, recruiting and admitting. Maintaining a clean online persona is a great goal to have for our professional lives.

Social media has the ability to take on a life of its own, as we snap stories of our weekend festivities or post pictures of our organizations’ events. However, with the right balance and the right boundaries, it can be an amazing tool for maintaining and building relationships with those we know and those we have yet to meet. If we take the time to think twice about the outcomes of our prospective social media contributions, we can leave a positive stamp on our online identity. Social media is an outlet for fun and expression; we are able to connect with people from all over the globe with just the click of a button or tap of a screen. Just remember, as we get older, we want to be proud of the past we chose to share, not disappointed.

WHAT CHANGES WOULD YOU LIKE TO SEE MADE AT NSU?

“I would like the university make the students a priority when hosting outside events on campus. At least to where they notify the students, so everyone knows what’s going on and we can plan to avoid the UC that day.”
- MyKella Mitchell, business management major

“I would like to see an option for day care for NSU students who are moms or dads going back to school. It costs a lot of money to go to school, and I think having the option for a day care wouldhelp.”
- Michelle Kirk, junior elementary education major

“It would be great if there was a food option on campus other than Starbucks that students could access 24 hours a day.”
- Sarah Maroney, senior marine biology and biology double major

“I would like to see more extracurricular outreach focused on the commuter students.”
- Josh Braverman, junior psychology major
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