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Finish strong with finals



Say 'no' to athletes and sexual assault P. 11



Welcome back, Weezer P. 12



Forget your mommy, choose a party P. 14

Campus hospital approved by state judge

By: Li Cohen @Current_Yakira

P. 8

After months of opposition from surrounding hospitals, a Florida administrative law judge officially ruled a Recommended Order to the state's Agency for Health Care Administration to approve the certificate of need for an academic hospital in the University Park Plaza.

If AHCA approves the certificate of need, the new hospital will replace Plantation General Hospital.

Brandon Hensler, executive director of University Relations at NSU, said AHCA has 60 days to issue a final decision as to whether the hospital will be built.

NSU President and CEO George Hanbury

"By 2020, we'll see a new hospital open on our campus."

–NSU President George Hanbury

II said that undergraduate and graduate students from multiple disciplines, including the healthcare sciences, psychology and business, will have an opportunity to get experience with their programs at the new facility and that the construction of the hospital is a milestone for



NSU created a sketch of what they hope the new hospital at UPP will look like

NSU to become recognized as a premium, notfor-profit university.

"As time goes by, NSU will evolve like universities such as Tufts or Boston University and will reach a destination teaching-research university distinction," he said. "That won't be next week, next year or even by 2020, but you have to start somewhere. I commend HCA for sticking with us and persevering. This will be transformational for the university and all of our students."

Unlike Plantation General, which only focused on traditional health services, the new hospital would also focus on technology and treatment, as well as research, clinical trials, and education for NSU students.

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Hanbury said it will take approximately one year to obtain the necessary construction permits, followed by two years of construction.

"We feel the final hurdle [to getting the hospital] was the administrative judge's ruling," Hanbury said. "By 2020, we'll see a new hospital open on our campus."

In the 77-page Recommended Order, Judge W. David Watkins wrote that part of the reasoning for his decision was that Plantation General Hospital is outdated, according to Tampa Bay Business Journal.

"The modern amenities of PGH's new hospital will significantly enhance the availability and quality of services when compared to its current facility," he wrote. "PGH will be able to

offer more specialty services within it current service lines, and the relationship with NSU will attract quality healthcare providers to the area."

If approved, HCA will invest over \$400 million in the hospital, which will be built around the Westside Regional Medical Center's free-standing emergency room in the University Park Plaza and serve as the center of the NSU Academical Village.

According to a press release issued by NSU, 200 of the 264 licensed beds from Plantation General, an HCA East Florida hospital, will be relocated to the new facility, and, while the new hospital is under construction, Plantation General will continue to offer its services. After the new hospital is completed, Plantation General will solely offer emergency care at its current location.

In the press release, Hanbury said the relocation of the hospital will provide easy access and far-reaching benefits for the community.

"Our faculty members and students are already making breakthroughs in cell therapy, pharmaceuticals and the hi-tech/biotech areas," he said. "Bringing this healthcare hub to our campus will provide the resource that leads to clinical trials to benefit our community and all of humankind."

Businesses and services at the University

SEE CAMPUS HOSPITAL 3

NSU janitorial and maintenance workers protest wage contracts

By: Grace Ducanis (@GraceDucanis

NSU janitorial and maintenance workers with SEIU 32BJ, an affiliate of the Service Employees International Union, protested the new wage contracts from their contractors at a rally on April 6 at the University Park Plaza.

"Up with the union, down with exploitation," the workers chanted in Spanish, as they handed out flyers detailing their complaints.

bargain with the contractors, but in real numbers. "We don't have a bad relationship with

the contractors or the university, but at the bargaining table we're not coming to agreement about the remuneration of workers here," she said.

According to Peter Sampo, legal representative for the four contractors, the contractors and the union have bargained three times since the contracts ended in March. He said that during the last session on March 23, the union said they weren't prepared to negotiate further that day and that they would contact Sampo with some additional days for negotiation, but Sampo never heard back from the union.



According to Jaynes, it's not fair that the economy is changing but workers' wages aren't. "We need a raise because our work is not paid adequately," she said.

Sampo said that the current demands from the union are not practical for the contractors to agree to.

"In the course of negotiations, I think we could reach a reasonable deal," he said.

Earlier in the day, SEIU BJ32 met with U President George Hanbury to inform him

According to the union, contractors TCB Systems, Planned Building Services, Excel and Green Source offered workers a wage increase of 68 cents over three years of employment during new contract negotiations. The union said workers are currently paid an average of \$10.75 an hour and are not provided with vision and dental insurance. Their previous contract ended in March.

"Essentially, the contractors need to come back to the negotiating table with a fair offer," said Ana Tinsly, communications director for SEIU 32BJ. "The purpose of the rally is to bring awareness of the issue to the community, the contractors and the university."

The workers met outside the TCB Systems office, which is located in the University Park Plaza and was closed at the time of the protest for unknown reasons. TCB subcontracts Planned Building Services, Excel and Green Source.

Lilia Rodriguez, district field coordinator for SEIU 32BJ, said that the workers want to

"Part of our proposal was that we want to raise wages," Sampo said. "There are differences between us and the union about what those wages should be, but the contractors want to negotiate. From my perspective, I think that's where everyone's energies should be focused."

Sampo said that the flyers were not a fair representation of the economic situation of the workers, and that wages range from \$10 to \$13 an hour.

Tinsly said that there's an issue in terms of the workers being able to make ends meet.

"\$10.75 an hour just isn't enough," she said. "Especially when you consider all that goes into keeping the university campus clean."

According to Sampo, the workers receive free health insurance, and, if they have worked

PRINTED WITH PERMISSION FROM G. DUCANIS Workers protest outside the contractor's office

for the contractor for over three years, they receive more than four weeks of paid time off per year. He also said that during negotiations, contractors proposed vision and dental care as part of a group package that employees would pay for, as well as an additional day off.

Tinsly said that many of the janitorial and maintenance workers are older women with children.

Julia Jaynes, who works in the Don Taft University Center food court, said that the workers deserve a fair wage for the work that they do.

"I work very hard," she said. "I'm a single mother of two children and it's very difficult. I get up every day and make sure everything's clean and safe for the students."

of the situation.

"We wanted him to know that the folks that he hires and has a relationship with need to be aware that their attitude toward the workers is not respectful," Rodriguez said.

Jessica Brumley, vice president of facilities management for NSU said, "At NSU we have a genuine concern for the wellbeing of every student, staff, faculty member and visitor to our campus. In this particular case, this is an issue between the SEIU and TCB, a vendor of NSU."

Tinsly said that while the contractors are the ones responsible for negotiating wages, it's the university's responsibility to pressure the contractors to negotiate fairly.

According to Sampo, the contractors provided services to NSU for over five years.

"We'd like to negotiate a successful contract and keep providing services to NSU in a way that's acceptable and that the workers are happy with," he said. "We'd like to strike the right balance."

NEWS 🗘 ANCHOR

Stay up to date with international events.

ISIS captures factory workers in Syria On April 8, members of ISIS captured more than 300 workers from the cement company Al-Badiyeh in Damascus, Syria's capital. A local official said he saw approximately 125 workers transported to suburban areas that are known for being controlled by ISIS. The Syrian Observatory for Human Rights reported that 140 factory workers escaped the factory before the militants arrived. For more information, visit nytimes.com.

Only radiotherapy machine used to treat cancer patients in Uganda breaks

Thousands of people in Uganda are unable to receive cancer treatment after the only radiotherapy machine, stationed at Mulago Hospital in the country's capital of Kampala, broke last week. Purchasing a new machine will cost the hospital \$1.8 million. Approximately 44,000 people are referred to the hospital every year and approximately 75 percent of those referrals require radiotherapy, which is used to kill cancer cells. For more information, visit bbc.com.

China becomes leading country in annual executions

Amnesty International, a human rights group, announced that China is leading the world in the number of executions conducted each year. The group stated that, in 2015, the number of executions in the world increased by more than 50 percent from 2014. CNN reported that Amnesty does not publish the number of executions conducted by China due to concerns of the Chinese government's manipulation of those statistics; however, they believe, according to information they received, that China's number is in the thousands, as research group Death Penalty Worldwide cited there were more than 2,400 executions in China is 2014. For more information, visit CNN.com.

Suspects of Paris and Brussels terror attacks arrested

Mohamed Abrini and Osama Krayem, who are suspected of assisting the terrorists involved in the Paris attacks on Nov. 13 and Brussels attacks on March 22, were arrested April 8 by Belgian authorities. Abrini, who was the only remaining suspect of the Paris attacks, which left 130 people dead, was on the list of Europe's most wanted and was classified as "armed and dangerous." For more information, visit CNN.com.

Central African Republic locals accuse U.N. peacekeepers of rape

Senior U.N. official Jane Holl Lute traveled to the Central African Republic last week after locals accused U.N. peacekeepers and other non-U.N. officials of raping and abusing over 100 women, girls and boys. Allegations of rape and abuse have been casted since U.N. officials sent peacekeepers to the area two years ago in an attempt to promote peace after political violence became rampant. The U.N. published a report in December, explaining what happened in previous allegations of sexual assaults by peacekeepers in the area. For more information, visit CNN.com.

U.S. freelancer released from Syria

Kevin Dawes, a freelance photographer from the U.S., was released by the Syrian government last week after he was detained by the Syrian government in 2012. Dawes had traveled to Syria from Turkey, where he had worked as a medical aid worker. Officials say that although his detention in the country was not heavily-covered by the media, they believe his release is a good sign that Syria will release other freelance journalists, including Austin Tice, a former U.S. Marine who was kidnapped in Syria in 2012. For more information, visit washintonpost.com.

ISSUE 26 CORRECTION

In last week's issue of The Current, we stated that the photo included with the satire piece, "Raccoons looking for higher education," was printed with permission from T. Smith. The photo was taken by C. Ramirez, who gave The Current permission to print his photo.



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The Current serves Nova Southeastern University from its location in Room 310 of the Student Affairs Building. The Current is NSU's established vehicle for student reporting, opinion and the arts. All community members are invited to contribute.

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NSU honors fellow sharks at the annual STUEY's

By: Roddia Paul

In an effort to commend those who go above and beyond, the Office of Special Events and Projects will host the annual Student Life Achievement Awards, or the STUEY's, on April 12 at 6 p.m. in the Rose and Alfred Miniaci Performing Arts Center.

Christina Rajkumar, assistant director of Special Events and Projects, said the STUEY's is an annual awards show that brings the community together to celebrate and recognize the remarkable students, student organizations, faculty, staff, administrators and community business partners at NSU. are going above and beyond in their pursuit of NSU's core values of academic excellence, student centeredness, integrity, innovation, opportunity, scholarship and research, diversity, and community," Rajkumar said.

Danielle Lerch, 2015 College of Pharmacy student of the year, said that winning a STUEY for the College of Pharmacy was both a humbling experience and an honor. Even though she did not win overall student of the year, she said that the experience of representing her college was amazing and that it solidified that all of her hard work does not go unnoticed. "I'm not the best student," she said. "I know handfuls of hardworking people and have even graduated with some of the most dedicated people I have ever met, but when you take the time to recognize someone, it means so much. It encourages other students to work harder."

She also said that students should not let the fear of failing prevent them from trying and that an event like the STUEYs is important



Natalie Negron, former Farquhar College of Arts and Sciences student of the year, said that the STUEY's are incredible because they don't just nominate students.

"They nominate hardworking people all over NSU's campus: students, organizations, professors and more," she said. "It really shows all the best NSU has to offer."

Each nominee is selected based on his or her hard work, dedication and demonstration of NSU's core values. After a candidate or organization is nominated, members of the STUEY Nomination Selection Committee, comprised of NSU administrators and previous STUEY award recipients, review the candidates and vote for whom they believe should win.

"An event like the STUEY's is important because it is designed to highlight those who She said the College of Pharmacy contains over 500 students and that to be the one chosen out of all of the other applicants was breathtaking.

Negron said that the instant she found out she was nominated for her college's student of the year, she broke down in tears. She also said that the honor of representing her college was both overwhelming and wonderful.

"This event is important because it recognizes hard work, and I think people need that," she said.

Negron said that seeing her friends get nominated the year before encouraged her to push harder. She said that not only was she happy for them to receive such honorable mention, but that it also made her realize it's not enough to be average.



PRINTED WITH PERMISSION FROM C. RAJKUMAR Negron, who won Student of the Year for FCAS, celebrates with Dean Rosenblum.

because it is a direct example of the power of perseverance.

Nominations were accepted between Nov. 2 and Jan. 11. Anyone in the NSU community was eligible to nominate others based on

PRINTED WITH PERMISSION FROM D. LERCH Lerch with her STUEY for College of Pharmacy Student of the Year.

personal beliefs about why those candidates should win a STUEY.

This year's STUEY's will include the award presentation and entertainment.

Tickets for this event are no longer available. For more information about the STUEY's, contact Rajkumar at cr1459@nova. edu.

CAMPUS HOSPITAL from 1

Park Plaza will be temporarily relocated during construction, and only some will remain in their original locations as part of the Academical Village. The village, a \$500 million project, will transform the plaza into a 30-acre high-tech research and office area, featuring the hospital and emergency room, as well as a hotel and conference center.

The plan for the hospital was announced in October 2013, but the hospital faced opposition from Memorial Healthcare System and Cleveland Clinic Hospital, which have facilities in Pembroke Pines and Weston, respectively, delaying construction. The mayor of Plantation has also made statements against the relocation, saying that the move will be disadvantageous to Plantation's General patients, as 30 percent of them reside in the area surrounding the hospital, according to earlier reports by The Current.

Michael Joseph, president of HCA East Florida, said in the press release that this would be the first academic hospital of its kind in Broward County, and its construction will help fulfill HCA's mission of providing high-quality healthcare to its communities.

"HCA East Florida is proud of our awardwinning facilities, and we look forward to working with NSU," he said. "The partnership will elevate the level of services we can provide by integrating a research and academic component into our scope of care to patients and provide much-needed healthcare services to the town of Davie and beyond."

According to the press release, the hospital would be privately owned by HCA East Florida, and no public funds will be allocated to the construction process, so tuition and fees will not increase to help pay for the construction. The hospital will also accept those who are under NSU's health insurance.

For more information, visit nova.edu/ president/initiatives.html.

Faculty's book offers respiratory respite

By: Grace Ducanis 🔰 @GraceDucanis

Gustavo Ferrer, clinical assistant professor at the College of Osteopathic Medicine, introduces western medicine to the world in his new book, "Cough Cures," a guide to medications and natural remedies for respiratory wellness.

NSU will host a launch party for the book on April 13 at 6:30 p.m. in the Carl DeSantis Building Atrium. The book addresses the origin of the cough, clarifies myths about remedies, discusses breathing exercises and meditations to promote respiratory wellness, and recommends specific medications and natural remedies.

U.S. Army Major General Bernard Loeffke, NSU alumnus from the College of Health Care, will also speak at the launch party.

Ferrer has trained in pulmonary medicine and critical care and co-authored the book with Burke Lennihan, a nurse certified in homeopathic medicine. Ferrer attended medical school in Cuba, spending two years researching respiratory problems in the jungle.

"Back in Cuba, most people will treat respiratory problems, like coughs, colds and the flu, with homemade and natural remedies like teas and balms," he said. "If you go anywhere outside America, people are using those remedies."

Last year, the Obama administration released a plan to fight antibiotic resistance.

According to Ferrer, the U.S. is facing

an antibiotic crisis because of the use of unnecessary drugs. His goal is for readers to use fewer antibiotics.

Ferrer said that he wrote the book with his wife and kids in mind. The book is written at a sixth-grade reading level and targets mothers and families.

"My wife took care of the kids, and I saw her confusion with over-the-counter medicine," he said. "Coughs are one of the three most common reasons that people visit the doctor or visit the hospital, and it's also the number-one reason for the abuse or overuse of antibiotics."

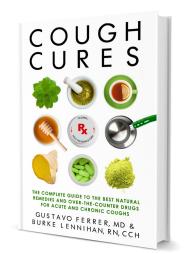
NSU alumna Alezka Furey, event coordinator for the launch party, said that the book is necessary not only for the medical field but also for families.

"We've all struggled with getting sick and not knowing what to do, and then we go to the pharmacy and buy two or three things that don't work well," she said.

According to Furey, the book focuses not only on physical sickness but also on emotional state.

"A lot of doctors these days treat patients as numbers," she said. "The book is very human. It's relatable and warm."

Ferrer said that three of the nine most common Google searches are related to coughs. He hopes his book will help readers understand diagnoses and remedies and implement longlasting solutions to their respiratory problems.



PRINTED WITH PERMISSION FROM J. ESCALONA Ferrer's book discusses both over-the-counter and natural remedies for respiratory illnesses

"There is a drastic division between one side and the other in the medical field," he said. "It's either Eastern or Western medicine. I believe there is a role for both of them."

"Cough Cures" will be part of the curriculum in NSU's College of Osteopathic Medicine.

The launch party is open to everyone and will feature music, raffles and free food. For more information about the book, visit coughcuresbook.com, or call 954-482-4747.

NSU to host Broward County mayor at sustainability conference

By: Tiffany Smith

NEWS BRIEFS

Get your survival resources for finals week

As part of Shark Survival Weeks, the Alvin Sherman Library will provide free snacks, coffee and more to students from April 18 to April 30 from 6 to 9 p.m. in the Alvin Sherman Library. Hours will also be extended for library rooms 2046, 3018 and 4009 from April 16 to April 30. Library associates will provide these resources to students who are studying for finals. For more information, contact the library at 954-262-4600.

Plan your summer with Career Development

The Office of Career Development and Wells Fargo will host a workshop on April 14 from 5:30 to 7 p.m. From 5:30 to 6:30 p.m., students will learn how to budget their summer income, and, from 6:30 to 7 p.m. students will learn how to find summer internships. To RSVP, visit nova.edu/careershark. For more information, contact Career Development at 954-262-7201 or career@nova.edu.

Learn about ObamaCare

NSU alumnus Daniel Dawes, a health policy attorney, will discuss ObamaCare with students on April 13 at 7 p.m. in the Rose and Alfred Miniaci Performing Arts Center. He will focus on the laws associated with the act, what ObamaCare is intended to do, and how it affects various groups. This talk is a part of the Farquhar Honors College's Distinguished Lecture Series. The event is free and open to the public, but tickets are required for entrance. To pick up a ticket, visit the Farquhar Honors College Office of the Dean on the second floor of the Mailman-Hollywood Building Monday through Friday between 8:30 a.m. and 5 p.m. Only two tickets are permitted per person.

NSU college to participate in Tortuga Festival's Conservation Village

From April 15 to 17, the Halmos College of Natural Sciences and Oceanography will participate in this year's Rock the Ocean's Conservation at the Tortuga Music Festival. The theme of this year's village is "How Can I Rock the Ocean?" NSU's Guy Harvey Research Institute, Coral Nursery Initiative, Fisheries Lab, and the Broward County Sea Turtle Conservation Program will attend the event to provide information on their programs and educational experiences, as well as provide interactive lessons for festival attendees. For more information, visit tortugamusicfestival. com/conservation.

Halmos College students present research

Six students from the Halmos College of Natural Sciences and Oceanography presented research at the 251st American Chemical Society National Meeting and Exposition in March in San Diego, Calif. Students include Corey Burns, junior biology major, Fernando Reachy-Guadarrama, senior biology major, Alfredo Lam, sophomore chemistry major, Safivah Muhammad, senior chemistry major, Sara Rodriguez, senior biology and chemistry major, and Katrina Fins, senior biology major. The students also presented their research at the Undergraduate Student Symposium on April 8. For more information, visit sharkfins.nova.edu.

The H. Wayne Huizenga College of Business and Entrepreneurship and the Shepard Broad College of Law will host Marty Kiar, Broward County Mayor and the Commissioner for District 1, at the next Sustainability 101 Conference on April 20 from noon to 1:30 p.m. in the Carl DeSantis Building, room 3049.

In the second installment of the Sustainability 101 Series, Kiar and Samantha Danchuk, assistant director of the Environmental Planning and Community Resilience Division, will answer the question, "What does it take to live in a sustainable Broward County?"

At the conference, students and faculty will learn from Kiar about Broward County's sustainability initiatives and the countywide green projects that are currently underway. Danchuk will talk about her work to enhance community resilience and sustainability through a series of projects that address issues

such as coastal systems and the rising sea level. Danchuk currently oversees the county's climate action plan and the division's energy and sustainability program.

On Feb. 11, 2014, Broward County was the first county in the nation to receive a fourstar certification from the Sustainability Tools for Assessing and Rating Communities. The STAR Community Rating System measures seven pillars to assess a community's level of sustainability, including environment, climate and energy, economy and jobs, education, arts and community, equity and empowerment, health and safety, and natural systems. Within each of these goals, there are objectives that the community must reach in order to receive the appropriate rating.

The county is engaged in a number of ecological initiatives, including the Go Green Seal of Sustainability program, which houses a wide range of projects that target the use of energy within the various divisions throughout the county. The Seal of Sustainability Program won the National Association of Counties Achievement Award in 2014.

Prior to becoming mayor, Kiar earned his bachelor of arts degree at Palm Beach Atlantic University in 1999 and received his juris doctorate at NSU in 2002. He was first elected to the Florida House of Representatives in 2006 before serving as the Broward County Commissioner for Davie, Weston, Sunrise, Plantation, Lauderhill and Tamarac. Now, he is involved in efforts to reduce Broward's carbon footprint.

The Sustainability 101 Conference is free and open to all students and faculty members. To register for the conference, visit doodle.com/ poll/2s8kqnunwaup5yvz. For more information about the conference, email Guenola Nonet at gnonet@nova.edu.

NSU's S&P ranking rises

Standard & Poor, an organization that monitors business's credit-worthiness, announced that NSU has increased its rating to an "A-." The decision was based on NSU's diverse programs, enrollment statistics, the steady student demand, the improving student quality, and the university's "solid management team," which was described as having a track record of operational effectiveness. The new ranking puts NSU in the same category as other "A" institutions, including Georgetown University, the University of Miami and St. John's University.



Statements on trending issues

On April 3, the International Consortium of Investigative Journalists released 11.5 million confidential documents that exposed individual's and companies' connections to offshore bank accounts as a way to evade taxes. Those who invested in these offshore accounts were able to pay less taxes on income earned for their companies. According to The New York Times, approximately 215,000 offshore shell companies and more than 14,000 clients were connected to Mossack Fonseca, an offshore law firm in Panama who provided the illegal accounts, including to 143 politicians and 12 political leaders.

Among those alleged to have offshore accounts are Mauricio Macri, president of Argentina, Petro Poroshenko, president of Ukraine, Sigmundur Gunnlaugsson, prime minister of Iceland who has, since the disclosure of the documents, stepped down from his position, Nawaz Sharif, prime minister of Pakistan, King Salaman of Saudi Arabia and Lionel Messi, a member of Argentina's soccer team, according to The New York Times.

Although presidential candidates Donald Trump, John Kasich and Ted Cruz have yet to make statements on the issue, as of April 7, the following statements were made by Democratic hopefuls Bernie Sanders and Hillary Clinton. The Current staff has provided background information on the statements made by both candidates.

"We now know, as a result of the Panama Papers released by an international consortium of investigative journalists, that more than 214,000 entities throughout the world have been using a law firm in Panama to avoid paying taxes...I was opposed to the Panama Free Trade Agreement from day one. I predicted that the passage of this disastrous trade deal would make it easier, not harder, for the wealthy and large corporations to evade taxes by sheltering billions of dollars offshore. I wish I had been proven wrong about this, but it has now come to light that the extent of the Panama's tax avoidance scams is even worse than I had feared." -Bernie Sanders, in a press release issued on berniesanders.com on April 5

In a 2011 speech on C-SPAN, Sanders stated, "It turns out that Panama is a world leader when it comes to allowing wealthy Americans

and large corporations to evade U.S. taxes by stashing their cash in off-shore tax havens. And, the Panama Free Trade Agreement would make this bad situation much worse...Mr. President, the trade agreement with Panama would effectively bar the U.S. from cracking down on illegal and abusive offshore tax havens in Panama. In fact, combating tax haven abuse in Panama would be a violations of this free trade agreement, exposing the U.S. to fines from international authorities."

The Panama Free Trade Agreement was finalized in Oct. 2012 and permits the removal of tariffs and barriers to U.S. services, according to ustr.gov. Also included are clauses about customs administration and trade facilitation, trade, government procurement, investment, telecommunications, electronics commerce, intellectual property rights and labor and environmental protection.

"Some of you may have just heard about these disclosures about outrageous tax havens and loopholes that super rich people across the world are exploiting in Panama and everywhere else...Now, some of this behavior is clearly against the law, and anyone who violates the law anywhere should be held accountable, but it's also scandalous how much is actually legal. That is why, last year, I proposed a plan to shut down the so-called private tax system for the mega-wealthy." –*Hillary Clinton, in a statement released on April 6*

Although the Panama Papers have demonstrated that those who created offshore accounts practiced unethical behavior, according to The Atlantic, the way in which it was conducted was not necessarily illegal. The publication reported that only some of the activity declassified by the papers will prove to be illegal, as Mossack Fonseca made sure to keep all clients on the right side of the law. The Atlantic said that by keeping the accounts barely illegal, it is most likely that those involved will escape criminal charges, as the law firm contained experts who designed their taxavoidance strategies.



Sorority to host career development summit

By: Grace Ducanis

Climbing the career ladder is difficult, but conquering a summit on career skills might make the upward journey a little easier.

As part of the Gamma Delta Chapter of the Lambda Theta Alpha Latin Sorority, Inc.'s founders' week, the sorority will host their annual Universal Woman Summit on April 16 from 10 a.m. to 4 p.m. in the Carl DeSantis Building, rooms 1053 and 1054.

The summit will feature workshops on financial independence, personal branding, interview skills, resume building and cover letters. It will also feature a motivational speaker. Students who register and attend the entire conference will be eligible to win a \$100 scholarship check.

Although the universal woman is one of the sorority's symbols, Aliyah Vasquez, senior human development and family studies major and chapter president, said that the summit's topics are unisex.

"We've had guys attend before," she said. "The universal woman is what we call proud, strong, hardworking and wise. Anything we do that involves that symbol revolves around those ideals. It does seem like it's geared toward women, but the Universal Woman Summit is just what we call it."

Vasquez said that because a lot of the sorority's members are seniors, the sorority



The Gamma Delta Chapter of the Lambda Theta Alpha Latin Sorority, Inc. at last year's Universal Woman Summit.

decided to focus on career development skills at this year's summit. In her opinion, career development skills often go overlooked on campus. She said that the workshop on personal branding is particularly relevant to students.

"We're living in different times, with social media blowing up, so it's important to know how the way you brand yourself looks to other people," she said.

Andrea Holguin, senior biology major and chapter treasurer, said that while NSU provides information on career development through services on campus, the summit is a good opportunity to cover a range of career development topics in a single day.

"You could go to the Office of Career

Development to get this information, but there's a difference between learning by yourself and learning with a crowd of people who have the same goal in mind," Vasquez said. "It's a little more collaborative and engaging and better for networking."

At last year's summit, Holguin attended a panel of women who work in different professions.

"It was cool to hear their perspectives as women in high positions in their fields, and it was great networking," Holguin said.

Vasquez said that the chapter doesn't gear itself toward a particular field.

"We're not all bio majors, finance majors or business majors; we do a little bit of everything," she said.

Vasquez said she hopes the summit allows people to see that sororities are more than what meets the eye.

5

"We're working from the ground up," she said. "We're not all about image and what'll make us look attractive to the student body. We're worried about what our mission statement is."

Registration for the summit is free, and lunch will be provided. To register, email Vasquez at av652@nova.edu.

LTA Founder's Week

April 12: Informational noon-1 p.m. @ Commons 123

April 13: Race to the Beat 8:30-10:30 p.m. @ Flight Deck Pub

April 14: Breaking the Barriers 8:30-10:30 p.m. @ UC Pit

> April 15: Salsa Night 8-9:30 p.m. location TBA

April 16: Universal Woman Summit

On Shore Calendar

SGA Senate Meeting @Rosenthal 200 **3 - 5 PM**

<u>APR 13</u>

LOD Session: Managing Conflict @Rosenthal 200 **4 - 5 PM**



Universal Women Summit @DeSantis 1053/1054 9 AM - 5 PM

Volunteer Income Tax Assistance @Library 1048 **1 - 5 PM**



APR 16

SEA Board General Meeting @UC Pit Noon - 1 PM

APR 18

Leadership Awards @NSU Arena **4 - 6 PM**

APR 19

Features

THAT TIME I... <u>RELEASED MY FIRST ALBUM</u>

By: Carolena Albert

6

Carolena Albert, sophomore music major, released her first album at the age of 19. She continues to work on her music and hopes that it will take her all around the world. Albert is passionate about her music and is flattered when people appreciate it and give her feedback. Albert's first album was just the beginning, as she will continue to work hard and improve on her skills. She has performed at NSU's Got Talent the past two years and is also a member of the Riff Tides.

Releasing my first album was quite the experience. I never thought I would be able to do something like this as quickly as I did at 19. Since I started writing music, I've always envisioned my music as sounding a certain way and having a certain impact on people.

My whole process begins very strippeddown and acoustic until I am able to somewhat orchestrate the song in my mind. I got lucky enough to come in contact with a couple of really good producers who were willing to work with me and create something incredible. We stuck true to where we believed the songs were headed. Some of the tracks came out to be EDM, while others came out with more of a dark ballad kind of feel with heavy drums and strings. Either way, I wrote all the lyrics myself and worked with producers to attain the full musical sound that we wanted to achieve.

The first full song I ever recorded is called "Drawn to You," and I wrote it my junior year of high school. I released the single on iTunes, Spotify and every online music store there is. From there, I just kept building and writing. Eventually, in my freshman year of college when Taylor Swift released her album "1989," I was automatically inspired to create a small album, otherwise known as an EP, called "Everything in Between," and nothing was going to stop me. I wanted something stable that would represent my name and give people something to listen to so I could receive feedback.

Every time I perform "Everything in Between," I feel more comfortable and confident. Performing songs enables me to constantly improve them with live bands and come up with different arrangements — whether they are full or acoustic. Releasing the album was a surreal experience, and a lot of work went into it. I spent many hours working, not only in the studio, but also on my branding.

One of the most important aspects of releasing music to the public is making sure that it is copyrighted. I also needed to make sure that I maintained an image to accurately represent myself as an artist. From style to hair to make up



Albert, who is a member of the Riff Tides, continues to follow her passion and pursue a career in music.

— everything became a factor. I was fortunate enough to be able to work with producers, photographers and graphic designers who didn't feel the need to charge me an obscene amount of money, so I used those resources to maintain my image.

On top of putting my music on digital music streaming sites, I had copies of the CDs made which are now being sold at Second Cup Cafe in Pembroke Pines and Radioactive Records in Fort Lauderdale. Once the album was released, a lot of people started supporting me, promoting me and making me love what I do even more than I already did. I love that my music connects to people and is something people can relate to. It's truly rewarding and humbling to see all of my hard work finally come to life. It was definitely a big stepping stone in my career, and I can only hope to keep writing and improving. The goal is to keep working with as many producers and musicians as possible to create a sound that is not only appealing to the audience, but also remains true to my style.

I'm not someone who likes to step out of my comfort zone when it comes to clothes. When I was little, I had strict rules for myself when it came to what I could and couldn't wear. At age 8, I wouldn't wear jeans or shirts and dresses with buttons in the front. Now, at 20, I avoid button-up shirts and dresses, shorts, patterned pants and most jewelry, because I usually don't feel comfortable in them or like the way they look on me.

The way we dress is an important part of our identity. We choose the clothes we wear because we feel that they reflect who we are or who we want to be, but, often, people who are close to us have an entirely different image of who we are and how we should dress. To find out how Johanna Haddix, one of my closest friends, sees me, I had her pick out my clothes for a week. She used items from her wardrobe and my sisters' wardrobes to complete the looks.

Day 1: Hipster vibing

Calendar: School and work **Outfit:** Pride & Prejudice gray V-neck graphic tee, olive green jacket, dark wash boot cut

Seven days of best friend fashion



Ducanis went outside her fashion comfort zone and decided to let her best friend dress her for a week.

this ensemble. Jewelry isn't really my thing, and necklaces are even less my thing, since I feel like they're choking me. I didn't feel like myself at all, but everyone I met really liked it, so I ended up liking the outfit more than I had anticipated."

Day 3: Flip-flopping at work Calendar: School and work Outfit: Green, blue and white striped longsleeved shirt, dark wash boot cut jeans, and flip-flops Grace is wearing my elephant pants. I want her to come to an appreciation of comfortable pants worn outside the home. Also, elephant pants make you look ridiculous, but I love it."

Ducanis: "I haven't worn patterned pants since I was in the single digits. It wasn't the most comfortable outfit, since I was selfconscious about the waistband of the pants and kept adjusting them, but I was thankful for

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Outfit: Blue and white maxi dress, white cardigan, and nude flats

Haddix: "I've never seen Grace wear this dress in person, that I can remember, and I think it's really pretty. Also, it's her school colors, so, go, Sharks!"

Ducanis: "I wore this dress on a very rainy day, so the colors didn't feel like they fit the outdoors, but other than that. I was very

jeans, and brown flats

Haddix: "I wanted Grace to have something that she could be comfortable in. I've never seen her wear the shirt, but I thought it was a fun, patterned piece."

Ducanis: "This outfit wasn't too far out of my comfort zone. Normally, I would pair the jacket with a solid-colored top, but the graphic tee made the whole outfit feel very artistic and hipster to me, especially since I wore my glasses that day."

Day 2: Choked by a necklace

Calendar: School and work **Outfit:** Light gray top, light wash flare jeans, nude flats, and coral necklace

Haddix: "This outfit is more my style, but I thought it still suited Grace. The shirt is simple, but there's also a fun pop of color. The nude flats are my favorite, and they go with everything."

Ducanis: "I really wasn't thrilled about

Haddix: "I think it's a fun, colorful outfit that's pretty as well. It suits both Grace's work environment since it's bright and professional, but it's a flexible outfit that could fit many environments."

Ducanis: "When Johanna showed me her choice, I thought it was pretty normal, but I hated the flip-flops. I was at work most of the day, and I slipped off the shoes whenever I had the chance. I would've worn a different kind of shoe, but other than that, the outfit was standard for me."

Day 4: Introducing the elephant pants Calendar: School and work

Outfit: Long-sleeved black V-neck shirt, loosefitting pants with an elephant design, and flipflops

Haddix: "I wanted to have fun with it, so

the lighter material since it was extremely hot outside that day."

Day 5: Justice Grace

Calendar: Attending my sibling's speech competition

Outfit: Black and white patterned button-up blouse, dark wash boot cut jeans, nude opentoed pumps, and blue floral earrings

Haddix: "I wanted Grace to look like one of the judges. I felt like people might come up to her and ask her what she thought of their presentation. I wanted her to look structured."

Ducanis: "Button-up shirts aren't really my style, but I liked this one. I had no idea what to do with the sleeves, though. I was happy with the look, but I would have switched out the pumps for some flats because I thought the length of the pants made the shoes look funny."

Day 6: Shark pride and cardigans Calendar: Church and friends

comfortable with this outfit. I don't normally wear cardigans, but I didn't mind wearing one."

Day 7: Confident and comfortable in my favorite outfit Calendar: Work, school and literary magazine launch party Outfit: Green tank top, black circle skirt, black braided belt, brown boots, and maple leaf silver stud earrings

Haddix: "This is one of my favorite outfits that Grace wears. It's interesting and fun and edgy and organic and versatile. I don't see outfits like that too much, especially at FAU, where I go to school."

Ducanis: "This is one of my favorite outfits in general, so I was happy that Johanna put it together for me. I felt totally comfortable and confident in it. I had forgotten I owned maple leaf earrings, but I like them, and I'm going to try to remember to wear them more often."

Same work, same pay: Celebrating Pay Equity Day

By: Roddia Paul

April usually means Easter eggs and pranks; however, a less recognized April holiday is April 12, National Pay Equity Day, which is a commemorative day that serves to eliminate wage systems that are based on factors like gender, race or ethnicity. According to payequity.org, Pay Equity Day is a reminder of how far into the current year a woman must work just to earn what men made in the previous one.

Randi Sims, professor at the H. Wayne Huizenga College of Business and Entrepreneurship and member of NSU's American Association of University Women, said pay equity is a fairness issue, and, although fairness is an issue that we face every day, this particular fairness issue is very important because most people do not even realize how unequal pay really is.

Sims said that, on average, women make 79 cents for every dollar a man earns, and it takes from Dec. 31, 2015 to April 12, 2016 for women to earn the same amount men made on Dec. 31, 2015. In addition, women of color only make 65 percent of the pay men make, so they would have to work up until about June to reach equal pay.

According to Sims, the hardest part of trying to get equality in pay is the lack of transparency. Because of the private information that goes into delegating work pay, the amount on paychecks is almost always a secret. And even though some companies implement pay grades for certain positions, pay grades often have a range and there is no way of knowing where one falls on that scale, even if he or she is doing the same job as someone else. For example there are websites such as payscale.com that will help you figure out what the average salary for a particular position would be, but this range does not calculate the impact of gender and race.

"What tends to happen is that women are stirred into the lower paying positions in the company," Sims said. "Even if a women comes into a company with the same education level as a man does, the man might get sales, and a woman might get human resources. So, even if she does very well, her promotion will still always be lower than his."

She went on to say that the biggest misconception of the pay gap is that women get paid less because they go for lower-paid jobs. In reality, jobs are lower-paid because women are the ones dominating them.

For example, Sims said school teaching used to be a high-paid job, but, after becoming dominated by women, it is now widely known for its low salary. Sims also said that, although today's women's mothers and grandmothers worked hard to get female equality where it is today, young women should not rest and get comfortable.

"It's our turn to make a difference," she said.

Julie Turruella Garcia, associate professor in the Halmos College of Natural Sciences and Oceanography, is also a member of the American Association of University Women, and said fighting for equality is an obligation that one must choose to fulfill.

"Even if you are someone who is a little more timid, there are definitely clubs and organizations that you should get involved in. I'm not the type to start a riot, but I definitely believe in giving women a voice and, so, I joined AAUW and kind of tagged along in helping them with what they were already doing."

Garcia said there are smaller ways to get involved.

"Sometimes, it's as simple as putting your name on a petition and sending it off," said Garcia. "You can get involved in anything you believe in - even if you don't want to be the one to start the movement, don't be afraid to join it."

According to the National Women's Law Center, the Equal Pay Act has been a law for over 50 years, yet the wage gap still exists. When people think of all the women who identify as heads of the households, a lower pay can definitely hinder their lives at home. As recorded by Pew Research Center in 2014, 40 percent of women identified as head of household and 50 percent of women identified as divorced or widowed.

For more information about Pay Equity Day, visit pay-equity.org. For more information about the American Association of University Women, visit aauw.org.

Summertime sadness: The struggle of going home

By: Chantel Grant

Heading home for a week or two is fine, as you get the luxury of mom doing your laundry and free Wi-Fi, but going home for summer is a completely different ball game.

As a freshman, you were probably whining and calling your parents every week to tell them how much you miss them. It took some getting used to, but, by your sophomore year of college, you will find that you have a new sense of independence, and those whiney calls are reduced to simple texts, at the end of which you ask for more money. Once this transition of independence happens, going home for a long period of time may cause sadness and will take some getting used to.

I'm a grown up. Well, kind of.

In college, you get this false sense of adulthood. Not having anyone to answer to and doing everything simply because you want to makes you feel like a true adult. Having to wake up every morning and contemplate going to classes, then deciding to go, is the ultimate test to show that you are an adult. So, it probably never crossed your mind that re-heating take-out and wearing the same socks three or four times a week does not constitute as adult-like actions.

It's not until you move back home for the summer and hear your parents lash out at you for eating like a pig and forgetting to empty your laundry basket that you realize how childish you are. Going home for the summer contradicts everything that you have become, which will lead to annovance and irritation. This is when you'll see why college students are so eager to permanently move away. If you have the type of parents who see any evidence of independence as being disrespectful, then you're in a for a very long summer break.

the end of it from your folks.

You know it's a non-curfew when your parents remind you of your high school curfew, their lights-out policy, or that they have a specific time when they turn the alarm on or something.

• The straightforward curfew: This is for the savage parents who, no matter how old you are, will never tell you that you don't have a curfew. These parents expect a PowerPoint and three-page essay to explain why you want to stay out later than your curfew.

In college, you get used to staying up late and struggling to wake up in the mornings, but at least you get to decide your own bedtime and curfew. So going home and having someone dictate your bed time may be a tough pill to swallow.

The inevitable "What are you doing with your life" talks

When you're in college, you get to avoid the impending doom known as your future. You can shelter yourself from responsibility and be comforted by the idea that no one is pressuring you to do well; however, going home and being around your parents is a constant reminder that you're a failure. Even if you're a straight A student, your parents will find a way to compare you to someone else who is doing exponentially better and make you feel bad about yourself.

The worst part about all of this is that there is no plausible rebuttal; you just have to sit there and stare into space for these long and annoying talks.

PHOTO OF THE WEEK



Say what? A curfew?

OK. You probably think this is a joke and your parents won't do this, but, yes, curfew still happens, and you'll probably be put in check by your parents for disregarding them. Parents are the kings and queens of being shady, so there are two ways that they can impose a curfew:

• The "You don't have a curfew" curfew: This is a tricky one because it's basically your parents telling you that you don't have a curfew, but they drop hints as to what time they would like you home. The non-curfew makes it look like the time you come home is left to your discretion, but, really, you know that if you come home any later than 1 a.m., you won't hear

College friends versus hometown friends

Unfortunately, for some college students, going home for the summer means they can't visit their college friends. Many times, you'll start to realize that you've outgrown their friendships and miss the company of your college friends. It's sad, and you are forced to have shallow conversations with people whose views no longer align with yours.

It's emotionally taxing to be away from those whom you've grown extremely fond of and spent countless hours studying and complaining about your workload with. The toughest part about missing your college friends is that you start to realize all of your friends from home have moved on with their lives. Summer at home will feel like you're stuck in the twilight zone with alien people who don't speak your language.

PRINTED WITH PERMISSION FROM R. PAUL Sisters of Gamma Delta Chapter of the Lambda Theta Alpha Latin Sorority, Inc. show off their dance moves at SEA Thursday

CAREER CORNER

Career Yoga: The importance of professional flexibility

By: Emilio Lorenzo and Emily Tasca

Emilio Lorenzo is the assistant director of career advisement in NSU's Office of Career Development. He understands the importance of helping students reach their career goals and works with all students, including undergraduate, graduate and professional level students, to achieve their professional goals.

Emily Tasca is a member of the career advisement team in NSU's Office of Career Development. She works with current students and alumni at the undergraduate, graduate and professional levels.

Stretching and participating in yoga can help you feel more relaxed, as well as help with your physical flexibility. Reaching your professional goals will require a similar type of flexibility because, early on in your career, you must evaluate options and pursue opportunities that may come in nontraditional avenues, which will give you a new perspective on your professional development as a whole.

Examples of this type of professional flexibility can involve taking unpaid internships, working for companies that may not have the strongest name recognition, and having a proactive mindset in whichever internship or job you obtain. This mindset of being open to new ways of reaching your goals can open doors that you did not know even existed while also establishing a professional brand for yourself than can pay dividends upon graduation.

The more you practice flexibility, the further you can reach in your career and the

higher the ceiling you will set for yourself going forward.

The value of unpaid internships

Many students associate unpaid internships with free labor or the equivalent of a volunteer opportunity. In reality, unpaid internships can be a great avenue, not just to develop key skills needed in your industry, but also to make an impression on the employer regarding your passion and work ethic. Just because an internship is unpaid does not diminish its value because, at the end of the day, it is about the nature of the work involved.

For example, if you participate in an unpaid human resources internship, you will have an edge over your peers who did not take on any internship roles. When it comes finding a human resources job, you will now be able to highlight on your resume a section called "Human Resources Experiences" to show the future employer that you have real world experiences in the field.

Whether you were paid or not is irrelevant, as the employers are more focused on the skills, knowledge and overall abilities you gained from this exposure to the field. Many interns are hired full-time after the completion of their internships. This is even more prevalent when those internships are unpaid. Showing the employer that you are willing to work on an unpaid basis goes a long way in showing the employer your passion and dedication to the profession and their organization.

> **Don't focus on name recognition** Professional flexibility is not limited to just



PRINTED WITH PERMISSION FROM E. LORENZO AND E. TASCA Lorenzo and Tasca helps students understand career flexibility. unpaid internships, but also the actual company itself, as many students are consistently drawn to employers whom they have heard of before. Taking an opportunity at a lesserknown organization can also create a situation where you are a big fish in a small pond. These opportunities can offer you a chance to develop additional skills needed for the future.

For example, let's say Bill and Ted are both marketing majors and will do an internship their junior year. Bill takes an internship with a wellknown, large marketing firm where he is one of many interns, and his job description is very focused on specific responsibilities. In Bill's internship, he does not get an opportunity to flex out of his normal responsibilities.

On the other hand, Ted takes an internship at a smaller marketing firm that is new to the area and is still building up their brand. In Ted's internship, he is required to wear multiple hats and, as a result, he has been able to get exposure to a variety of marketing functions and settings. In Ted's role, he has also been required to provide training to new interns, and his supervisors view him as a leader in the organization.

Now, the time has come for Bill and Ted to begin their full time job searches. Although Bill has experience with a well-known company, he is missing a few requirements necessary for an entry-level role he found. Ted is interested in the same opportunity and meets all of the requirements because, in his internship, he received tasks that are typical for such entry-level positions in the field.

All internships have value, but evaluating opportunities in terms of the nature of the work and potential for exposure to other areas of the business outside of the direct job description can lead to not just strong professional flexibility, but also put yourself in a position for success.

Be open and go the extra mile

Just like Ted in the example above, being open to take on projects and experiences outside of your written role in an organization is an effective strategy for your overall professional development and a mindset that can be applicable to various career settings.

For example, if you have obtained a finance internship with a bank, you should keep an open mind if avenues arise which can give you exposure to a different area of the bank, such as wealth management. This type of flexibility sends the message to the employer that you are in it for the long haul. It also shows that you are an individual who is truly passionate about such areas and showcases the self-starter mindset that organizations crave.

Being open to getting outside of your comfort zone can also assist in your own growth. The more you strive to go the extra mile, the more likely opportunities to do so will come. If an employer sees that you are consistently taking imitative and being proactive in your approach, he or she will then identify you as an asset, as well as a leader, that this organization must hire for a full-time role.

Overall, professional flexibility is not just a key skill set but also an overall mindset you should develop early on in your career journey. You miss 100 percent of the shots you don't take; if you are open and willing to go the extra mile and consider nontraditional avenues for your professional growth, it would be more advantageous to you finding that dream job upon graduation.

By: Chantel Grant

If you thought that mid-terms week was tough, finals week is about to rock your world.

The semester is almost over, so that means long hours of cramming your brains for final exams. This year, finals will be within the last week of April, so, technically, you have some time to properly prepare.

Be realistic

Studying for the final hurrah

The Alvin Sherman Library is also extending their hours to accommodate students preparing for finals. From April 16 to April 30, the library is open from 7 a.m. to midnight, but if you find that you need more time to study, you can head over to NSU's Health Profession Division Library. NSU's HPD Library hours during finals week are as follows: of friends, de-stress and then get back to hitting the books.

Just study

It's fair to say that college students are neurotic multitaskers. Everyone is doing something all the time. Whether it's work or extracurricular activities, time is novelty in college. So, in order to sufficiently prepare for finals, you might want to cancel a few of those of activities and reprioritize. Not to say that your job and extracurricular activities aren't important, but so is getting a good grade. Moreover, having the extra time will prevent you from being overwhelmed, and who knows, maybe you can you even get a good night of rest. subject deserves three hours of studying, when, in actuality, you can probably study for some subjects in an hour. Also, try to study the hardest subjects first so that you won't be burned out by the time you get to those subjects.

Should we know all of it?

It's important to know if your finals are cumulative or not. A cumulative final means that

This is a preliminary step, but an important one. Throughout the semester, you might have suffered from mild laziness and skipped a few classes, which is fine, but if your grades are a couple points short of a C, don't expect your final exam to drastically change that.

Be realistic about what grade you're going to get in the class, and be honest with yourself. Finals usually carry a huge chunk of your grade, but it's next to impossible for your final to take you from a C standing to an A. Once you've accepted this, tackling your final exams will be a bit easier.

It's all about location

The Alvin Sherman Library is the most cliché place to study, but during finals week, they go above and beyond for students by providing free snacks and coffee from April 18 to April 30 at the reference desk on the second floor. Just make sure to bring your Shark Card with you so you can collect your study-break treats. Monday: Thursday: 6 a.m.- 2 a.m. Friday: 6 a.m. - midnight Saturday-Sunday: 10 a.m. - midnight

In the event that you can't find space to study in libraries, you can study in the Don Taft University Center or find study rooms on the third and fourth floors of the Carl DeSantis Building.

Exercising your mind and body

According to suny.edu, 20 minutes of cardio can improve your memory, so if you have a lot to remember, maybe you should have started running last week. Truthfully, exercising does help with your memory, and it also releases stress. During final exams, college students get wound up about getting good grades and that is extremely stressful. At some point, stress becomes counterproductive and so it's healthier if you take some time to blow off some steam in the gym. Head over to RecWell with a group Also, try not to have any assignments due during your finals, as that will set you up for failure. Your only focus during finals week is your final, not that paper that you could have finished weeks ago.

Prioritize your finals

Let's be honest, some finals are harder than others and need special consideration. So, for classes where the finals are harder, dedicate more study time for the weeks leading up to the exam date. The hardest classes take priority, and you can study for the easier classes in between so that your brain doesn't overheat from all the thinking. Some college students think that every the studying will be intense and you're probably going to need to revise your mid-terms. Clearly, this involves more preparation, so it's important to find this out as soon as possible. If it's not a cumulative final, then your professor will most likely focus on everything that he or she taught after the mid-term. Sometimes, it's easier to study for those types of finals because the information is still fresh.

Also, knowing what type of final your professor is giving is a great indication to how you should prepare. If your professor is giving an essay-based final, then you will probably have to know enough information to write a full essay on whatever the subject is, and you can even study by writing mini-essays on the topic.

Don't overanalyze your finals because, if you do, you're basically sabotaging yourself before you even take the exam. Instead, prepare for your finals by taking the necessary steps and speaking to your professors about anything that you are unsure of. Good luck!

Secret Life: Nelson Bass

By: Chantel Grant

Nelson Bass is an assistant professor in the Department of History and Political Science of the College of Arts, Humanities and Social Sciences. But when students and faculty leave the classroom and head out for summer break, Bass assumes his role as "road trip aficionado" and readies his MINI Cooper for long drives and sight-seeing.

Road trips are a passion for Bass, and he tries to convince his students that travelling is one of the most exhilarating experiences they will ever have.

When was your first road trip?

"As a kid, my father didn't really believe in the typical vacation. We didn't hop on a plane and go to a resort, although we did go to Disney a few times. The Disney thing is kind of an American tradition, so we did it, and it was fun. But the real vacation came when we would load up the family van and go on these long roadtrips across the country. My dad is a huge fan of the national parks system, so we would drive for days on end to go to see different parks. I suppose this is where I found my appreciation for the adventure that can come out of packing up the car and letting the road take you where it may."

Where have some of these trips taken you?

"All over the U.S., Mexico and even Cuba. I have seen 46 states in a car on several different trips, including a trip last summer with my wife, Lindsay, which saw us put 9,000 miles on our MINI Cooper across 20 states. When I was a bit younger, in law school and graduate school, a few friends and I would leave North Carolina after the holidays and head to Mexico for weeks on end, traveling as far south as Oaxaca and basically just enjoying the freedom of the road. We did this every year for about 5 years, always taking in New Year's in a different city. There is just something about seeing changes in topography and geography that appeals to me."

Which trip was your first solo jaunt?

"Believe it or not, in Cuba. I was studying abroad for the summer as an undergraduate at Appalachian State University, and another student [and I] had become very good friends with a Cuban named Luis, who was part of our host-family. Luis kept telling us about the differences between life in Havana and that of the rural countryside, where his extended family lived. However, every manner of transportation we could think of to see the rest of the country was problematic. Flying was way too expensive for poor college students, and the train was notoriously unreliable. So, we had the brilliant idea of renting a car, which was easy enough; however, when we opened the car door, we realized it was a manual transmission. None of us had any idea how to drive a stick shift at the time, so that is how I learned. Driving across Cuba in a beat up Suzuki Sidekick with no working blinkers and only one headlight was an unforgettable experience."

Where do you stay when you are on these trips?

"It depends. In Mexico, we usually relied on youth hostels, which are essentially cheap rooms for college students and budget travelers. So, we would pay \$10 or so a night for a bunk in a large room, and you generally have a shared shower area. Now, this sounds somewhat rustic, and I suppose it is, but the fantastic part is you end up meeting people from all over the world who you will never forget. On the other hand, in Cuba, there is a serious lack of accommodations in rural areas, so we would stay with individual families who rented out rooms. This was fantastic because it meant we had the opportunity to meet real people and see how they lived, which is difficult in an authoritarian country."

How was your trip this past summer?

"Well, a few years back, my wife mentioned that she had never seen the Grand Canyon. So, I thought, if we're going to see the Grand Canyon, we should see as much of the country as possible. Last June, we took off and drove from Fort Lauderdale to see our families in North Carolina and Michigan and then headed west, visiting Mount Rushmore, Badlands, Yellowstone, Zion, Arches and Grand Canyon



Rather than spend his summers grading papers, Professor Bass travels around the country with his family.

National Parks. We camped out the majority of the time, pulling a tiny two-person tent out of our MINI Cooper, which was already filled to the brim. It sounds like a line out of some cheesy novel, but we spent our nights underneath the stars. The highlight of the trip was the time we spent in Yellowstone, where we got incredibly lucky and found a campsite in the park for the July Fourth weekend. Campsites are usually booked out, so to say we were lucky is kind of an understatement. They kept warning us about bears, but at that point I was so excited to be there that that didn't deter me at all. Anyway, we got to celebrate Independence Day in one of the most beautiful national parks in the country, around people who were just as appreciative of the experience as we were."

If you're going somewhere in America, why don't you just fly?

"No flying. If I fly, I'll miss out on so much of the natural beauty. That's the biggest thing for me, which is why I'm not bothered by the 14or 16-hour drives. I get to look out the window and enjoy the scenery. I can never get tired of that; even when I'm physically tired of driving, seeing mountains and stopping at different places and interacting with people along the way re-energizes me."

What's the best part of a road trip, in your opinion?

"The freedom. And by that, I don't just mean the freedom of the open road, which is amazing. But I am also referring to the solitude of being away from all of the things that clutter up our everyday world. On a good road trip, you aren't checking your email every 5 minutes, there is rarely a TV, and you just have time to connect with the world around you. A good book receives your total attention, and your conversations are focused on the things around you and the shared experiences you are having, rather than what someone posted on social media. There was a good 10-day stretch this past summer where we just turned off our cell phones because we couldn't get any real service, anyway. It just makes you appreciate the world around you in a different way."

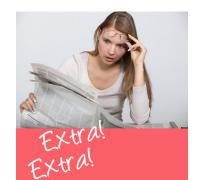
Friendships don't have to take summer breaks

By: Roddia Paul

For a college student, maintaining strong relationships over the summer is challenging. Whether you're going home, deciding to travel, or using the summer to be productive, you will or comment could let a friend know that you are still thinking about them.

Make a plan

Keep the spark OK — let's be real, time has a way of flying by. Sometimes, you use social media, and it isn't enough, or you make plans and have to



find that you may lose touch with certain people. However, it doesn't have to be that way because there are always steps you can take to stay in touch.

Tag your friend

Social media is home of many things: upcoming models, famous people, juicy gossip, hate comments and friendship. All you need is an Internet connection, and you can instantly communicate with people from all around the world. With a click of a button, you can talk to your friend who went home for the summer by video chatting or tagging them in pictures and leaving sassy comments.

There are so many different outlets for communication, and the best part of it all is that the Internet is universal. Many times, when people are out of the country, they cannot use their cell phone data, but they can connect to Wi-Fi and chat via the Internet. A simple post · · · · · ·

The summer is busy for everyone because it's the one season that people dedicate to doing everything they didn't have the time to do during the rest of the year. So just like any other goal, your chances of success increase if you have a plan on how to achieve it.

A good idea for staying in touch with friends is to plan and set a date for when you can meet up. If you find yourself halfway through the summer, and you haven't seen your college bestie, get together with him or her and plan at least one day when you guys can catch up. One day is all it takes. You do not want to come back to school in the fall and lose a friend because you didn't make an effort to see them the whole entire summer.

In the midst of the summer fun, make it a point to dedicate time to those who matter to you. It'll be hard to explain why you couldn't find one day to spend with them out of the 180 days of summer. take a rain check. But, when all else fails, be spontaneous. Do something that you know your friend will love. Whether it's randomly taking him or her out to his or her favorite spot, a phone call, or a surprise visit, you have to do something that shows your friend that you are thinking about him or her.

The great thing about relationships is that a strong relationship means a strong bond. You know what that person likes and doesn't like, and you should use that to your advantage. If you know your friend's favorite snack or videogame, surprise him or her with it. Sometimes, even a quick "thank you" text or card can do the trick.

Sometimes, it may seem like you are doing all the work to try and maintain a friendship, but if you're willing to show that you care, the other person will see your effort, and then he or she will put some effort in, too. Sometimes, it just takes the initial effort to get the ball rolling.



OUR PAPER COMES OUT EVERY TUESDAY AND IS AVAILABLE IN MORE THAN 17 LOCATIONS AROUND CAMPUS!

Sports

Finding Fitness: Boxing

By: Erin Herbert

10

Finding Fitness is more than just about scoping out the latest fitness trends; it's about finding exciting new ways to focus on the most important subject of any story: you. From extreme sports to strange and, sometimes, uncomfortable classes, this feature is all about finding the best fitness to maximize your health. Stay tuned to find out what new and exciting fitness endeavors are in the area.

What is boxing?

"Boxing is a sweet science, where individuals artfully fight with their fists," according to Jason Goodall, who has taught boxing for 20 years.

"The name of the game is basically hit and don't get hit," he said. "I mean there's a lot more to it than that, but that's the essence of it."

Boxing is primarily a combat sport where two individuals fight one another using gloved fists. The main objective is to weaken your opponent enough so that they are "knocked out," or unable to continue fighting.

There are different types of classes offered, depending on what aspect of boxing individuals wants to focus on.

"There are classes that are offered that are primarily cardio based and then there are others more geared toward competition," Goodall explained. "There are even some that are more combat oriented."

There are a number of items that participants should bring when attending a boxing class. Goodall said that everyone should bring mouth pieces, a good pair of shoes with high ankle support, wrist wraps, a good set of gloves, and the willingness to both take and give a couple of punches.

"Because everyone wants to hit, but no one wants to get hit," he said.

Goodall believes that boxing is a unique workout due to its artistic elements.

"I think it's important for people to understand that there is an art to it," he said. "It's not just two guys clubbing each other. There's a lot of skill involved, and you need to have a lot of dedication and practice."

Boxing is also a more mentally-engaging form of exercise than other workouts.

"It's, in my opinion, not as monotonous as other workouts, where you're doing the exact same thing every single day," Goodall explained. "Because going to the gym can become monotonous and boring, but with boxing it's not the same thing every day. And, with boxing, there's no opportunity to be bored, you have to be 100 percent focused on what you're doing, otherwise you'll take some punishment."

What are the benefits?

There a number of health benefits associated with the regular practice of boxing, especially concerning cardiovascular health.

"Obviously the cardiovascular benefits are great," Goodall said. "The number-one killer in this country is heart disease, so it definitely helps with that quite a bit."

According to the CDC, heart disease includes structural and vessel problems, as well as blood clots, and is responsible for one in four deaths. Obesity and physical inactivity put individuals at risk for heart disease, but regularly engaging in cardiovascular workouts, such as boxing, can help reduce the risk.

In addition to being a fun cardiovascular workout, boxing also helps build upper body strength and coordination, according to Goodall. Many training routines for boxers include weight and strength training, which can help build muscles in the arms and upper back.

What are the risks?

As with any combat sport, there are a number of health risks that boxers face.

Goodall said "It's a combat sport, so clearly there's the risk of concussions, which I have personally suffered more than a few."

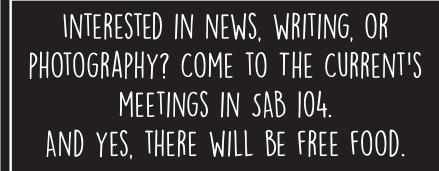
According to the CDC, a concussion is a type of traumatic brain injury. They can be caused by any trauma to the head, such as a bump or jolt,

which causes the brain to move around within the skull. Approximately 90 percent of boxers will experience some form of head trauma during their career, according to The American Association of Neurological Surgeons, which is why it is incredibly important that beginners are properly trained and supervised.

In addition to concussions and other forms of head injuries, broken bones and other injuries are prevalent in boxing. "[Boxers] can break bones in their face or they can break their hands hitting someone else," Goodall said. "And, there are a lot of other health risks."

Although there are numerous health risks associated with boxing, Goodall says that each individual should take the time to decide if boxing is right for them.

"You just have to weigh the pros and cons for your personal goals," said Goodall.





SPORTSSHORTS OUT OF THE SHARKZONE Villanova earns first national of Kansas from 2010 to

Villanova earns first national championship in over 30 years The Villanova Wildcats defeated the University of North Carolina Tar Heels 77-74 to win their first national championship since 1985. The

game was tied at 74-74 with only four seconds left in the game when Villanova senior Kris Jenkins scored a 3-pointer to give the Wildcats a victory.

Retired women's soccer star arrested on DUI charge

Former US soccer star Abby

of Kansas from 2010 to 2014 before transferring to Washburn University last season.

Florida Panthers set to appear in second postseason in 15 years

The Florida Panthers clinched a playoff spot on April 3 and are set to make their second playoff appearance since 2000. The Panther's last playoff appearance was in 2012 when the team lost to the New Jersey Devils in game seven of the first round. According to Yahoo, the franchise has only appeared in 38 postseasons since the team's formation in 1993.

Men's Baseball

The men's baseball team swept a series against Barry by scores of 11-2 and 17-3 on April 2. The Shark's convincing win in the final game of the series was the team's eighth consecutive win of the season.



Women's Softball

Rollins defeated the women's softball team 11-1 on April 2. Sophomore Katey Blummer earned two hits off of three at bats.

Women's Tennis

The women's tennis team defeated Tampa 8-1 on April 3. The Sharks have extended their winning streak to 11 games.





Wombach was arrested for driving under the influence in Portland on April 2. According to USA Today, the Portland Police Department pulled Wombach over at 11:05 p.m. after she ran a red light in a 2014 Range Rover. She then failed a sobriety and breath test and was charged with a misdemeanor DUI.

Former Kansas running back missing

Brandon Bourbon, former running back for the University of Kansas, was added to the Missouri State Highway Patrol's missing persons list. According to Yahoo, Bourbon went missing on April 2 and has not contacted family or friends since. The 24-year-old played for the University

UConn wins fourth straight title

The University of Connecticut women's basketball team won their fourth consecutive national title after defeating Syracuse 82-51 on April 5. In addition to earning the national title, the Huskies also finished the season undefeated with a 38-0 record. According to ESPN, UConn players Breanna Stewart, Moriah Jefferson and Morgan Tuck are the only players in NCAA history, male or female, to have won four national titles.



Sports

Athlete of the Week: Caue Munareti Rodrigues

By: Erin Herbert

🔰 @erin_herbert

Caue Munareti Rodrigues, senior business administration major, left his home country of Brazil to pursue his passion for soccer in the U.S.

Munareti Rodrigues began playing soccer at age 4 but was incredibly skilled for his age.

"I was too young to play for the team [in my area], but I was pretty tall, so my mom lied to the coach and told him that I was 6 so I could play on the team," he said.

Before coming to NSU, Munareti Rodrigues attended Illinois Central College, where he played soccer for two seasons. In 2014, while competing for ICC, he was an allregion and all-conference selection.

He has scored a total of 18 goals and 6 assists in his career.

Munareti Rodrigues explained the impact soccer has had on his life.

How did you end up at NSU?

"My best friend from Brazil, Victor Cardoso, played at NSU a few years ago, and he told me it was a good school in terms of education and soccer. He also said that Fort Lauderdale was great, just the entire city and the weather. It's a lot like Brazil, so I decided to transfer to play soccer here."

Do you plan to continue playing soccer after graduation?

"I plan to. It's my goal right now. Hopefully, I'll have a really good senior year, both as an individual and as a team, so I'll be able to continue playing soccer."

If you do not continue playing soccer, what would you want to do career-wise?

"I would want to work in the international

business area. I know more than two languages, so maybe knowing all of those languages will be able to help me out. If not that, I would like to go into accounting because my dad is an accountant."

Do you have any goals or expectations for the upcoming season?

"My goal for the team is to perform better than we did last year. Maybe win the conference title and go to nationals. My ultimate goal is to be an NCAA Division II Champion, but we'll have to work hard for it. But my goal as an individual is to be on the conference and regional team, and maybe become an All-American. I know I'll have to work hard for it, but I'm willing to do it."

What is the most difficult thing about playing soccer?

"For me, right now, it's giving up my family and friends back home in Brazil to be by myself here. Every time I step on the field, I know it's for the best, and I'm working for them."

What has been your greatest achievement as an athlete?

"When I was 16, I played for a really good club in Brazil, and it was during the final tournament. There were about 4,000 people watching. The score was 0-0 after 44 minutes in the second half. I had a free kick and scored, so we won the tournament. It's definitely one of my best memories."

What has been the most rewarding part of playing soccer?

"Meeting a lot of amazing people, some people whom I never thought I would meet in my life. I love getting to learn other people's cultures, languages and just being around different people. Every day, I learn something different, and that's a really great thing."



PRINTED WITH PERMISSION FROM J. FRAYSURE Munareti Rodrigues started his soccer career when he was 4-years-old, and, since then, has dedicated his life to excelling in the sport.

Have you had any coaches who have influenced you throughout your athletic career?

"Back in Brazil, I had two really good coaches who helped me a lot. First of all, the coach whom I lied to in order to play soccer has been really helpful. I ended up telling him that I lied a few years later, and he laughed about it. He was very happy that I really wanted to play soccer and that I loved it, so he helped me a lot with building my confidence, which was something I had to work on. Then, when I was about 13 or 14, I had another coach who coached me for about four years. He was a really good friend of mine, and we're still connected; I've talked to him a couple of times. He's doing really well now. He's a professional soccer coach in Brazil now."

If you could play soccer with any professional player, who would it be? "Cristiano Ronaldo."

ON DECK

Men's Baseball

vs. Rollins NSU Baseball Complex April 15, 6 p.m.

Vs Rollins NSU Baseball Complex April 16, 1 p.m.

Men's and Women's Golf

SSC Championship

On the Bench: College athletes and sexual assault

By: **Trent Strafaci**

College athletes are often the focus of media, th but it isn't always for winning a championship ar or highlighting their athletic talents. Instead, college athletes frequently dominate the media of

they are special and not bound by the same rules and codes as the ordinary "grunts."

Another reason for the increased number of assaults is peer pressure, which is when

football players involved in criminal activity. In 70 percent of the cases, the athletes never faced charges, had charges dropped, or were never brought to trial, whereas only 50 percent of the college-aged males in Tallahassee never faced charges. Maybe these statistics do bear out the belief that they are, indeed, "special."

for something much different: sexual assault.

If you are a college athlete, you know what it is like to have people pretend you are a hero. Add in the pressure of protecting your team's and the school's reputation, as well as the pressure from the fans, and being a college athlete can become very stressful. Athletes must deserve some sort of special treatment for enduring all of this. Right? Wrong.

Being an athlete does not make sexual assault, or any other crime for that matter, any more acceptable than a crime committed by any other student. However, let's examine both sides of a crime, regardless of the perpetrator. Is sexual assault more prevalent among college athletes, or is it just reported more?

Over the past 20 years, it is has become evident that a large number of college athletes are involved in sexual assaults, including gang rapes, in colleges across the country. In a number of cases, these college "heroes" believe they are entitled to special treatment. They believe that one follows the leader, even when the leader's actions run counter to the law and common decency. Sorry, that excuse doesn't float either. When does one become responsible for his or her own actions? Surely, college students have reached that age.

Because college sports are a huge moneymaker for schools, both coaches and school officials tend to be more protective of their athletes than any other students. However, coaches and school officials may not be the only ones protecting high profile college athletes. Often, the victims themselves may try to protect their assailants, and in other cases, the victims are ignored and/or are harassed and often called "liars."

In 2015, "Outside the Lines," a show on ESPN, studied how many football and men's basketball players from 2009 to 2014 were suspects in criminal incidents in 10 major programs. Among others, the reports showed that Florida State had 66 men's basketball and Another aspect to consider is maybe sexual assaults by athletes are reported more than assaults by "regular" students. Assaults by college athletes are a whole lot more newsworthy and absolutely more sensational. Athlete assault headlines sell better than an assault by "Joe Schmoe," the average student. It's impossible to truly know the number of sexual assaults on college campuses, but reported or unreported, sexual assault is a serious crime, deserving the full punishment of the law no matter who you are.

Here's the real issue. Sexual assault cannot be tolerated, and it is even more horrendous when the assailant is a college athlete who thinks he or she has a right to whatever he or she wants. Sexual assault is certainly not a game and should not be treated like one, even if the perpetrator is the star quarterback. Key Biscayne, Fla. April 17-19, All Day

Women's Softball vs. Florida Southern AD Griffin April 15, 6 p.m.

vs. Florida Southern AD Griffin April 16, 1 p.m.

Women's Tennis vs. Saint Leo NSU Tennis Complex April 17, 10 a.m.

Women have power on screen, too

By: Roddia Paul -

12

According to a study conducted by Indiewire.com, in movies released in 2014, women only represent 30 percent of speaking characters, and, according to womenintvfilm. sdsu.edu, they only represent 40 percent of all characters on broadcast, cable and Netflix programs. Moreover, only 13 percent of lead roles onscreen are female. But some female actresses are breaking through this barrier. For example, "How to Get Away with Murder," a very popular TV series, has a strong female lead, played by Viola Davis, who won an Emmy Award last year for her role. Other shows and movies also incorporate diverse female roles with strong onscreen presence. Although there are many female actresses worth mentioning, here are some of the best women in film and TV.

Scarlett Johansson

Scarlett Johansson's most recent film was "Lucy," but she will also appear in "The Jungle Book," a 2016 film based on Rudyard Kipling's children's story. Johansson is versatile, as she has the ability to play various roles in mystery, action, animation, romance, romantic comedy and other genres, showing the depth of her acting skills.

According to ScarlettJohansson.org, outside of her movie roles, Johansson has also appeared in the music industry and was almost the lead of the Andrew Webber remake of "The Sound of Music." Johansson is also an avid promoter of the Democratic Party.

Cameron Diaz

Cameron Diaz has stolen hearts since 1994 with movies like "The Mask," "Head Above Water" and "She's the One." And who could forget "Charlie's Angels" in 2000? Diaz is known for her sexy and humorous roles in romantic comedies, but she's showed viewers

that she can also be serious in films like "Knight and Day" and "Gangs of New York."

Diaz knocked out two movies in one year with "Sex Tape" and "The Other Woman," two movies that touched hearts and made you laugh all at once. According to biography.com, she has produced and starred in her own movies, won countless awards, been a character in a video game, and even been on television. She never ceases to be her funny, crazy, sexy self.

Charlize Theron

Charlize Theron is known for kick-butt action roles. Most recently, she had a leading role in "Mad Max: Fury Road." But don't let her action flicks fool you - she can make viewers' hearts race and bring on the tears. She touched hearts with her role in "North Country," a film about the first women to work in the Minnesota mines.

Outside of various movie roles, Theron continues to support world peace. According to biography.com, Theron created her own outreach program called The Charlize Theron Africa Outreach Project, which aims to support African adolescents battling HIV/AIDS. Theron was also named a United National Messenger of Peace, is an active member of PETA, marches in pro-choice rallies, and is an avid supporter of same-sex marriage, among many other philanthropies.

Viola Davis

Viola Davis blew viewers away with her role in "The Help," a movie about the life of a black nanny in the 1960s. Outside of that role, she continues play strong females roles both on the big screen and on television, like in "Lila & Eve" and "How to Get Away with Murder." Viola Davis was also the first black woman to win a Primetime Emmy Award for Outstanding Lead Actress in a Drama Series.

Davis is not only an actress, but also a producer. According to biography.com, Davis, along with the help of her husband, founded a production company called JuVee Productions. Producing films such as "Lila & Eve" and "Custody," Davis is one of a few black female producers to star in her own film.

Kerry Washington

Kerry Washington is the lead actor of one of the most frequently watch television shows of 2015: "Scandal." Washington has played everything from powerful woman to comedian and all the way to sexy mistress. You know you're great actor when people forget your real name and start to refer to you as your character. Kerry Washington, who? More like Oliva Pope.

Washington has been on Broadway and television and still finds times for activism. According to KerryWashington.com, Washington is an advocate for women's cancer, gay rights, and violence against women and young girls. Washington also devotes a lot of time to her alma mater, George Washington University, where she graduated Phi Beta Kappa with degrees in anthropology and sociology.

Sandra Bullock

Sandra Bullock has been proving that women can be strong leads since "Practical Magic" in 1998. Bullock often gives shoutouts to other single mothers like herself and gives words of encouragement during her acceptance speeches. Some of her awards include Academy Award for best Actress and a Golden Globe for Best Actress.

Bullock not only has a golden star on the Hollywood Walk of Fame, but the media has also dubbed her "America's Sweetheart" due to her sweet and friendly nature. According to IMDb.com, Bullock is also a public supporter of American Red Cross and won an award for

"Favorite Humanitarian" in the 2013 People's Choice Awards.

Jennifer Lawrence

Jennifer Lawrence was reported to be the highest paid female actress of the year 2015 for her role in the "Hunger Games" series alone. Lawrence has not been in the game as long as the other actresses previously mentioned, but she is definitely worthy of being dubbed one of the best women in film. Since the year 2010, she has received an award every year.

According to Jenniferlawrencedaily. com, Rolling Stone called Lawrence "the most talented young actress in America" in 2012 and was even in Time Magazine's top 100 most influential people in world.

Dascha Polanco

Since her break-out role in 2013 in the Netflix series "Orange is the New Black," Dascha Polanco has played in three other movies. Rapidly, her presence in the film industry is increasing, and the Dominican American actress is an example of how powerful outlets such as Netflix really are. As her presence in the industry grows, there is one thing viewers can count on to remain the same: her feisty personality.

Emilia Clarke

Emilia Clarke stars in one of the most watched HBO series on TV right now: "Game of Thrones." She is yet another representation of powerful women on screen. Her role in this series has gotten her nominated several times for Outstanding Supporting Actress in a drama series. She going on six seasons strong this year in the popular series while simultaneously playing in movies such as "Terminator: Genisys" and "Me Before You." She's definitely come a long way since "Breakfast at Tiffany's."

'The White Album': A different shade of Weezer

By: Erin Herbert 💓 @erin_herbert

After nearly two decades of on and off success, Los Angeles rock band Weezer has finally rediscovered its sound in what is, essentially, its best album since the band's second studio album "Pinkerton." Despite the album's April Fool's Day release, "The White Album" is far from a joke.

In 2014, Weezer released its ninth studio album, "Everything Will be Alright in the End," promising fans that it was done with gimmicks and trying to write chart-topping pop hits. It was a huge promise, and many critics believed that the band could never revert back to their former glory. But the critics couldn't have been any more wrong.

on the album seem outright ridiculous and may be chalked up to be typical of Weezer, they all hold deeper personal meaning to Cuomo. Love and heartbreak were common topics in Weezer's early works, and Cuomo has brought these themes back in full force for "The White Album." The album's lyrics feature references to magazine racks and airplane crashes and appear to be a sweet nod to Cuomo's wife, Kyoko, and her phobia of airplanes. Cuomo offers himself as a shoulder for her to cry on as his sings his heart out in "King of the World."

However, not every song on the album follows the same formula that ensured Weezer's success back in the '90s. "Wind in Our Sail" and "Jacked Up" are a side of Weezer that we haven't seen before, showing that, though the band is trying to return to its roots, they still aren't afraid to explore new territory. Though both songs feature obscure literary references, typical of Cuomo's lyrical style, they are strangely optimistic. These additions to the album show that Cuomo is finally back at his best and having fun with his craft.



7 PM

Tori Kelly The Fillmore Miami Beach at Jackie

"The White Album" is the group's fourth self-titled album, identifiable by the album artwork's color, and it is undoubtedly one of the best in the series. It features the guitar-heavy sound of old-school Weezer and has no shortage of frontman Rivers Cuomo's obscure, albeit sincere, lyrics. The entire album is nostalgic of what made Weezer famous in the first place, and they could not have executed a comeback album any better than this.

"The White Album" is meant to be a fun beach album, and a number of its tracks are destined to become summer anthems. The album kicks off with hit single "California Kids," a light, beachy tune with an infectiously catchy chorus. "California Kids" sets the mood with the light sound of waves crashing and a dreamy percussion part as Weezer prepares to take listeners on a musical journey through their native California.

Though many of the allusions and lyrics

The album closes with the mellow guitar riffs of "Endless Bummer," which is reminiscent of the end of summer blues. Like the sunset marks the end of a perfect summer day, "Endless Bummer" marks the end of Weezer's best album in decades.

"The White Album" is fun and youthful, and it's guaranteed to make you feel like you're back in the '90s when the band was just starting out. The album is a homerun and will make you wish you were one of the "California Kids," too.

Art After Dark **@Norton Museum of Art 5 PM**

APR 14

APR 15

Tortuga Music Festival **@Fort Lauderdale Beach Park 1 PM**

Bob Saget @Lauderhill Performing Arts Center 8 PM

Palmetto Bay Comedy Festival @Ludovici Park **8 PM**

Gleason Theater 8 PM

APR 17

APR 16

Food Truck Rally @Hollywood ArtsPark All day

Music & Dancing Under the Stars **@Hollywood ArtsPark** 7:30 PM

APR 18

APR 19

Flying Yoga Class **@South Florida Circus Art School** 9 AM

'I'll Forget 17' by Lontalius

Interested in independent music, emerging artists and new album releases? DJ Marie, music director at Radio X, will keep you updated every week in The Current on what's new in the world of music. You can catch her on Thursday nights from 9 p.m. to 12 a.m. on 88.5FM, bringing you new music you're sure to love.

By: Marie Ontivero

Eddie Johnston, otherwise known as Lontalius, released his debut album "I'll Forget 17" last month. Named after lyrics from the Frank Ocean song, "White," this album is nothing less than stunning. The whole way through, these 10 tracks stay soft and mellow with lyrics that make your heart ache. For example, "All I have to offer is my love, it's not enough," a lyric from his single "All I Wanna Say," shows how he expresses himself through his writing. The lyrics don't follow the traditional format of song structure; Johnston takes more of a poetic route with songs that, at times, only consist of a chorus. This refreshing way of expressing feelings is what makes Lontalius such a compelling artist. The New Zealand native is only 19, but already has quite the spotlight on him. He got his start doing covers of mainstream music, which can be still found on his SoundCloud page. In fact, by



PRINTED WITH PERMISSION FROM M. ONTIVERO Lontalius makes his fans' hearts ache with his latest album.

doing these projects, Johnston got a lot of practice, not only with his vocals, but also with producing music. He never took music lessons as a child, and he learned what he knows through the Internet. Mix in passion and talent, and Lontalius is born.

Release Date: March 25, 2016

Favorite Tracks: "All I Wanna Say," "Kick In The Head and "Selfless"

For Fans of The xx

"I'll Forget 17" is available on both Spotify and Apple Music

'Go Set a Watchman'

By: Jenna Kopec

July will mark the one-year anniversary of the release of Harper Lee's "Go Set a Watchman." Although it's not comparable to Scout's first adventure, "Go Set a Watchman" is certainly not the abomination the reviews make it seem to be.

Although it was actually written prior to "To Kill a Mockingbird," Lee's first publication, the novel is clearly a sequel from the get-go at least it seems that way. Scout's an adult now, going by her real name: Jean Louise. She's still battling the conflict between the Southern town culture she was brought up in and her divergent way of viewing the world. The let-down of the novel revolves around a couple major points. The first is less disappointing: Jem, Scout's brother, is dead. The second: Atticus Finch, our beloved hero from the first novel, might be a racist.

Atticus fought for equality in the first novel and then preached segregation in the second. As its biggest critics have mentioned, Lee uses political rhetoric to explain the views of her southern characters, and there is seemingly no resolution in the end, bringing a lackluster quality to the novel, which may make the reader question exactly what it is he or she is reading. That being said, it's important to note that Lee's intent and message from "To Kill a Mockingbird" doesn't change in "Go Set a Watchman." Lee and Jean Louise still want to see a South in which everyone reigned equally. The difference lies in how the situations are handled. "To Kill a Mockingbird," though it does have its heartache, is inspirational. A family takes a stand for what's right. But what about when one doesn't have the support from those who care about him or her?

"Go Set a Watchman" chronicles how difficult it is to go against your family, even when you're right. Although it's usually stated that "To Kill a Mockingbird" is a coming-ofage novel, the sequel serves as a second coming of age. Jean Louise is forced to disassociate her thoughts, actions and morals from that of her family's, which is actually a pretty realistic problem. Everybody wants to believe their families know best, but the truth is that that's not always the case.

"Go Set a Watchman" definitely has its flaws. But it also brings up a lot of interesting points about what it means to be a family and what it means to be one's self. How old should one be before rebelling against his or her family? Give it a read, and find out.

By: The Current Staff

Between classes, clubs, jobs and other responsibilities, it's difficult for us rest and enjoy our hobbies as much as we'd like to. Fortunately, the end of the school year is almost here, and once we survive finals week, we're free to spend our time however we want. This is how The Current Staff will be spending their newfound free time this summer.

Li Cohen, co-editor-in-chief, said music festivals

Summertime is the best time to pack up some bags, grab a few friends and travel around the country to see some of your favorite music artists. I try to go to concerts and music festivals as much as possible, and, even though summer isn't exactly a responsibility-free time, it's still the greatest opportunity of the year to take a vacation for a week or two and have some fun. This year, my friends and I are going to Alabama for a week to see all the incredible artists at Hangout Fest, and I absolutely cannot wait to share in this experience with my closest friends.

Nicole Cocuy, co-editor-in-chief, said travel

While most people like to take a welldeserved and much-needed break by transporting themselves to another world through film or

Staff Picks: Time to unwind

television, I like to unwind by travelling to another part of the world. Over the past 10 years, I have spent my summers exploring different states and countries with my family, friends and even by myself. My first trip was to New York when I was about 12, but since then, I've experienced things I never thought I would. I've hiked up a volcano in Hawaii, taken classes at Yale, gotten horrifically lost in the streets of Barcelona, made a wish on the Trevi Fountain, embraced the hustle-and-bustle of Washington, D.C., as an intern, eaten crepes made by a street vendor in Paris, driven up California's Pacific Coast Highway, kayaked through caverns on the coast of Portugal, ridden a horse through the Sierra Nevada Mountains, soaked up the sun with family members on various beaches throughout Dominican Republic, ridden a camel in Morocco, and so much more. My most recent adventure was a summer study abroad experience in Granada through AIFS, which was insane because I spent most of my summer away from my family and hometown friends in a different country, but ever since I returned home, my wanderlust has been incredibly severe. This summer, I will explore various cities in Japan, and I can't wait to get on that plane and say "Sayonara" to the U.S. for a couple weeks.

Roddia Paul, opinion editor, said sleep more

This is probably going to sound super lazy, but just hear me out. Throughout the fall and winter semester, I find it really hard to get sufficient amounts of sleep. Between classes, work, and campus involvement, sleep unfortunately tends to fall last on my priority list. So, when summer is approaching, I avidly anticipate the flexibility of my schedule. Although I usually have a summer job, taking a break from courses always gives me more freedom. I go to bed early and even get to sleep in. I find that when I am well rested, I have more energy for daily activities, and I am even happier. If there is anything that summer does for me, it's give me the rest I need.

Chantel Grant, features editor, said chilling in the West Indies

Florida is incredibly beautiful, but when summer comes around, I look forward to heading back to Jamaica. Going home is relaxing because I get to see my childhood friends, and we usually plan trips around the island. We usually drive to each other's beach houses, which are located at isolated areas in Jamaica so we have privacy and get to meet cool local people. The best part of it all is the authentic road-side food and being comfortable at home. I'm truly relaxed and I encourage everyone to take a trip to Jamaica and chill in the West Indies.

Erin Herbert, sports editor, said painting

During the semester, I can never find any time to paint, and tubes of acrylic paint and canvases sit in my closet gathering dust. But summer is a different story. I go through paint and brushes faster than I'd like to admit during the summer, but there's honestly no better way to relax than sitting on the porch with a paint brush in hand. I'll definitely have my hands full this summer, as I plan to spend a majority of my time custom-painting a set of Adirondack chairs for my parents' tiki bar.

Grace Ducanis, news editor, said pre-destressing

In the past, my summers haven't been very relaxing. My first summer in college, I volunteered in Miami every day, and I worked every day during my second summer in college. This summer, I plan to hang out with friends and family, host parties, start a book club, write things that aren't class essays, blog, teach piano and take a few weekend trips. Before the stress of senior year and then finding a job becomes even more imminent, I want to take some concentrated time off to do things I enjoy before it becomes even more difficult to do so.



Seriously Kidding

a satire column

Meninisim: Men need equality

By: Chantel Grant

Man, woman, dog, pterodactyl, ant: we are all the same. Yet the feminist movement has caused a paradigm shift, and men are now the ones who need equality.

Today, men are worrying about getting jobs while women just cruise into employment without facing any obstacles.Women are also earning more money and holding higher positions than men. Men have been forced to stay home and take care of the children, while women go to work and bring home the bacon. It's unfair because a man's role should not be reduced to a house-husband.

Some men may be OK with this role and want nothing else, but the blatant discrimination that prevents those whom actually want to work at jobs is simply unacceptable. What's even more unfair is that some men who finally get to work alongside women are paid less, even though they are doing the exact same job. It's so disappointing to think that just because of gender, there is an income disparity.

It's also unfair that women get to wear whatever they want without being judged. Women can wear low-tanks top with cleavage peeking through or go bra-less, and no one says anything. But, as soon as a man wears kneelength shorts or goes shirtless on the beach, society sexualizes him and makes him feel like he should hide his body.

The latest controversy surrounding men is the "Free the nipple" campaign. A man's nipple is sexual and obscene, while women can wave their nipple flag all over the place. How dare society dictate what men should wear?

Even worse, how dare society make a man feel guilty for his own body? If a man isn't a certain weight or doesn't have a certain figure, society immediately ostracizes him and makes him feel ugly. Not all men can look like the Hemsworth brothers, with taut abs and beach blonde hair. Everyone would be happier if that was the case, but it's not, so stop pressuring men.

It gets even worse. Women are allowed to have multiple sexual partners, but a man could never do that. As soon as a man is comfortable with being sexual and chooses to have casual sex or have multiple partners, he is immoral, and society judges him for his sexual encounters. Statistics have even shown that men who have multiple sexual partners have a hard time finding a woman to settle down with.

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Moreover, as soon as a man is nice to a woman, he becomes an easy target, and thirsty women who can't take "no" for an answer prey upon him. A woman's ego is so fragile that the thought of "no" sends her self-esteem down the drain, so she retaliates by making the man feel guilty. One could never imagine how awkward that must feel, to have to be careful how you reject someone because they might get offended. Wow, men really have it hard.

There is even a double standard when it comes to cheating; women can cheat and buy their spouses chocolates and roses and persuade their husbands to forgive them, but if a man ever cheats, a divorce or break-up is inevitable.

Then there's the whole period debate. Men don't have periods, and women constantly tease them for this. Men are made to feel like because they don't feel cramps, they don't know how to be tough. The absurdity of these claims just makes one realize just how stupid women are. Women are judging men on something they can't control — it's not their fault that they were cursed to not have periods. It's comical to judge a sex on things that they have no control over, yet women continue to do this and pretend as if they don't.

A man's life is plagued with discrimination, and he must tirelessly fight to break the gender norms. One can only hope that, one day, men and women will be equal and that gender-based discrimination will stop, but, until then, women can thank the heavens that they don't have to deal with any of that.

Guys, it's just a phone

By: Roddia Paul

"Anything you can do, I can do better" has been the ongoing slogan for cell phone manufactures for years. Android manufacturers and Apple update their phone models every year in attempt to outdo the other. There is only so much one can do with a phone, so, eventually, it becomes trying to beat each other to the punch. As a result, the owners of these phones have created a divide, and each side thinks they are the owner of the best cellular device, when they're actually equal. The truth is that the two types of phones do just about the same thing, and if there is a feature the two do not share, give it a few months because it's coming. Android and Apple devices have touch screens, cool features, apps, and updates, and their manufactures crank out new models in what seems to be every 2 seconds. What is there to debate? People choose their phones based on comfort, and just because a phone seems simple and easier to navigate does not mean the next person has the same opinion. The funny thing is that the huge argument between phone users is what keeps companies making money. People are so caught up on having the better phone and the latest technology that they are right there and first in line when Samsung or Apple's latest gadget comes out. They are doing exactly what the company's want: buying their phones.

People think they are winning because they buy the latest phones, and, for a month or two, have the more up-to-date phone model than the opposing team. But people are actually paying hundreds of dollars for features that are hardly used when all the phone is really needed for is to make a call. — apps are a luxury.

Political loyalty: Voting because of your family

By: Chantel Grant

Believing in a certain political party because your parents support it is not wrong, but that should not be the sole reason for rallying behind the Democrats or Republicans. It may be hard to see the logic behind this argument if you believe your parents are the alpha and omega of the world, but, for one moment, be a little rebel and hear me out.

Imagine that someone asks you, "Why do you like or dislike the Republicans?" If you start your answer with "My mom said," then here's another question: do you still enjoy being breastfed by said mother?

It's ridiculous to carry that political dogma to college and expect people to respect your political opinion. If you have a coherent argument as to why you chose to identify with a certain party, no one can tell you that those views are wrong. If you think that Kim Jong-un is the best thing that ever happened to the world and can make a plausible argument for that position, then maybe I will start to see things your way and head over to North Korea to be arrested.

But if you tell someone that your dad likes him, so you like him, I'll be forced to think that you still let your dad pick out your clothes in the mornings. When you decide to inherit your parents' political views, as a young adult, that sets the tone for how rational your political decisions will be. Don't be that person who votes out of political loyalty, rather than actual political policy. Voting out of loyalty undermines democracy and leads to herd mentality.

You may have not even given much thought as to why you support a particular party and get swept up in your parents beliefs and take them as law. But being a staunch Democrat or Republican because of your parents' views makes you less democratic. Democracy is about relaying your views and opinions, not inadvertently tagging along because your family supports that party.

While parents usually have sound advice, they can be on different political wavelengths than you. Back in the day, when your folks were young adults, and the thought of having a child was at the back of their minds, they supported their parties because they felt that it addressed their social and political climates at the time. Your dad probably loves Democrats because they supported equality in a time when people were vehemently discriminated against because of race or gender, and he felt that their policies supported a change in that system. Not to say that these social issues are relics of the past, but maybe you want to vote for a Republican because you like Ted Cruz's stance on foreign policy, but you're hesitant because your dad is fixated on being a Democrat.

I know that parents are one of the first agents of your socialization, so it is hard to disassociate from what they have already instilled in you. But, if you're in college and are even semi-aware that you have a brain of your own, then you should be able to shape your own political discourse.

Support politics that represent you and what you think is important. Your parents' political opinions shouldn't be a deciding factor; I know it sounds corny and lame, but you really are in control of your own life.

As a young adult, you are probably constantly told that, as you grow, you will find your individual voice and, ultimately, your "self." Coincidently, that voice is a voice that will be independent of your parents'.



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This is not to be taken as a declaration for everyone to throw away their smartphones. All this means is that smartphones should not own people, nor are particular models better than anyone else's. The debate is old and tired. One may think his or her phone is the best, but it's best that he or she keeps that to him- or herself.

The constant back and forth between smartphone users is just one more representation of how technology-struck the millennial generation really is. People are dying of insect bites and STDs, yet a college student's biggest worry is whether or not his or her iPhone is better than his or her friend's Android. Can there please be some priority checks in aisle one?

It's just a cell phone. iPhone or Android, and the models are all just phones. This tired debate with last month's software update needs to end and people need to stop finding reasons to divide the population. All those who agree, say "I."

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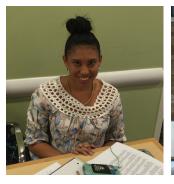
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Opinions

WHAT ON CAMPUS EVENT DID YOU ENJOY THE MOST, AND WHY?



"I really liked CommunityFest. Many NSU students attended the event, and even people from the Davie community were there. Events like this really show how much NSU tries to maintain an engaging environment."

> - Kimberly Lopez, junior biology major



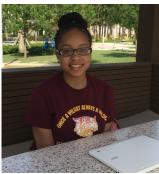
"I always look forward to SEA Thursday because I really enjoy seeing the different clubs being displayed. Every club has its own poster board, and it's great to see [the clubs] display their school spirit and excitement."

- Frances Lindo, sophomore exceptional student education major



"I like the Greek Stroll Off that we have every year. I think it's fun to see the different Greek organizations come together and perform for a good cause. Plus, I am on the dance team, and it's a great experience for us to get to join in and dance with them."

> - Melanie Nievez, junior criminal justice major



"The yard show for homecoming. I met a lot of people there, and there was even a bunch of Greek alumni and people from other schools."

- Arykah Malave, sophomore biology major



"I really loved the various child-centered events NSU hosts to raise money. It's great for the community because it brings us all together. I often recommend my clients with children to come to our events." - Sydney Webster, doctorate in psychology student



"Shark Jam. I had so much fun with all of my friends, and the music really brought us all together. Plus, I got to see famous people."

- Emilio Blanco, sophomore finance major





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