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# The Current

The Student-Run Newspaper of Nova Southeastern University

March 8, 2016 | Vol. 26, Issue 22 | nsucurrent.nova.edu



Election 2016: Who should you vote for?



Meet your match: It's
March Madness

Get lucky at St. Patty's Day
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#FreeKesha

P. 15

# Rangers 'MAKO' wish for children's charity

By: Grace Ducanis

@GraceDucanis

P. 6

Although dressing up as Power Rangers and visiting children is a big part of the MAKO Rangers' mission, so is fundraising. To raise money for children in need, the MAKO Rangers will host MAKO Week from March 13 to 17.

The week of activities will include a dodgeball tournament, a movie night, a game night and a party.

Parker Sheppard, sophomore exercise and sports science major and co-president of the MAKO Rangers, said that the primary goal of MAKO Rangers is to make other people smile, particularly children.

The funds raised from the week will go to a children's charity that will be determined later.

"There aren't too many organizations on campus that focus on kids," Sheppard said. "The best part about dressing up and going to hospitals is seeing the smiles on kids' faces. We're those kids' heroes. It's a moving and inspirational cause, and kids are the future."

Jake Bence, sophomore chemistry major and co-president of MAKO Rangers, said he doesn't expect a huge turnout for the event, but he hopes MAKO Week will become an annual

"I like that we make an impact in a unique way," he said. "Most people only raise money and give it away, but we're more upfront. We do more direct service events."

Sheppard is looking forward to seeing the impact that MAKO Week has and letting

everyone involved know about the impact they've made.

"I want people to be able to see exactly what they're putting their time and money into," he said. "The ones who see that are going to take it to heart, and we hope those people will want to get involved with us and believe in what we do."

The MAKO (Monumental Action through Kindness and Optimism) Rangers' core values are enthusiasm, ingenuity, integrity, compassion and service. The organization is a combination of the two former student organizations: MAKO Crew and NSU Power Rangers. The two groups merged after realizing they shared common values at the start of this year. Group membership increased as a result.

"I hope people who attend MAKO Week

# MAKO Week Calendar

March 14—Movie night 8 p.m. to 12 a.m. @ Commons 123

March 15—Dodgeball tournament 4 p.m. to 6 p.m. @ UC
Tennis Courts

March 16—Game night 6 p.m. to 11 p.m. @ Commons 123

March 17—Pagoda party 4 p.m. to 6 p.m. @ Commons Pagoda

get a sense of who we are as an organization and [will show excitement] for MAKO Week to happen again," Sheppard said. "We want to get the student body to come together. It's all for a good cause, and it's important that everyone's involved in philanthropy."

Karena Washington, freshman music major and MAKO Ranger said, "We want to bring happiness to others who are struggling and bring something that isn't real to life. For kids, seeing that something they've seen on TV come to life could brighten up their entire year."

Washington said that, while dressing up and visiting hospitals, she's had children ask for her autograph, thinking that she was a real Power Ranger.

"It's a cool cause, and it's unique," she said. Sheppard wants MAKO Week to lead to a better understanding of the MAKO Rangers at NSU.

"Hopefully the entire university will get to see what we are, who we are and how we are outside of just service trips and stuff like that," he said

Students can sign up for the dodgeball tournament at orgsync.com/123470/chapter. Follow the MAKO Rangers on Instagram @makorangers to learn more about the organization.

PRINTED WITH PERMISSION FROM P. SHEPPARD Sophomores Jake Bence and Parker Sheppard are making waves with their new organization.



# NSU strives to promote alumni involvement

By: Li Cohen

**y**@Current\_Yakira

To encourage graduating students to be active alumni and donate back to NSU, NSU's Office of Advancement and Alumni Relations will host FINlantrhopy from March 8 to 10 on the Fort Lauderdale/Davie campus.

Laura Garrido, assistant director of the Office of Annual Fund, said that FINlanthropy aims to push seniors to become active alumni.

"We want seniors to be encouraged to go to some of the alumni events, which are really well done," she said. "They have anywhere from professional development events to networking events."

Garrido's office created the three-day event as a way to encourage students. Each day represents a particular mission of the week: to educate, to engage and to ask.

To emphasize "educate," shark fins will be placed on the Alvin Sherman Library Quad to represent donors who have contributed to the annual fund campaign. There are approximately 3,000 donors, including faculty, alumni and students.

Students, faculty, staff and community members can also purchase a fin to be placed on the lawn. Although any amount will be accepted, graduating seniors are encouraged to donate \$20.16, representing their graduation year. Graduating seniors who donate that amount will



PRINTED WITH PERMISSION FROM L. GARRIDO Join the Yellow Fin Club when you become an official donor of NSU during FINlanthropy.

receive a yellow shark fin pin that they can wear on their regalia at graduation.

Garrido said that through these events, NSU encourages student philanthropy and giving back and that emphasizing their importance is something new and exciting.

"A lot of people have the idea that you have to be a millionaire to give back to the university," she said. "But this is a way to encourage a small donation that students are comfortable with. It could be anywhere from \$1 to \$20.16."

To emphasize "engage," the organizations will host Thank a Giver (TAG) Day, where students, faculty and staff will learn about the importance of philanthropy at marked locations around campus. Tags that say, "This would not be here without generous donors," will be placed at locations that were created thanks to donations. Locations will include hallways, auditoriums,

the Alvin Sherman Library, benches and study

"It's just another way for our students who are on campus to know that there are things here on campus that probably would not be here without generous donors," Garrido said.

To emphasize "ask," annual giving booths will be set up in the Don Taft University Center and the Terry Administration Building. This event, known as #SharksGive, is a 24-hour fundraising event to promote philanthropy at the university.

Garrido said that there are more than 200 gift designations that people can donate money to, including a pediatric dentistry fund and a fund for international students who are studying conflict resolution.

"A lot of people give to a cause they care about, and this is a way to bring that cause  $\frac{1}{2}$ 

back to NSU," Garrido said. "A lot of people don't know that there are ways that the donor can choose where they want their money to go."

Many of the giving programs also emphasize community service, which, Garrido said, has proven to be a strong value of the NSU community.

"We do have a strong spirit of community service; it's one of our core values," Garrido said. "We want a more engaged alumni community who comes back to mentor students. If we get one donation, it's a success. We just want to encourage the message."

The office hopes that once students see the importance of donations for creating scholarships for their peers, as approximately 80 percent of students depend on financial aid, they will be inspired to take control of the event. Eventually, the office hopes FINlanthropy will be completely student-run.

"We think the peer-to-peer aspect is more powerful than it coming from the Office of Annual Giving," she said.

Garrido said that many schools have student philanthropy programs and that this would be the opportune time to start one since President George Hanbury launched "Realizing Potential," the new donor campaign.

For more information on "Realizing Potential," visit realizing potential.nova.edu. For more information on alumni and donor relations, visit nova.edu/acr/donor-relations/index.

# **NEWS ‡ ANCHOR**

Stay up to date with international events.

# Three former executives charged with negligence over 2011 Fukushima nuclear disaster

Five years after an earthquake and tsunami caused several nuclear meltdowns at the Fukushima Daiichi plant, a citizen's panel ruled that three former Tokyo Electric Power Company executives will appear in court. The three former executives have been charged with professional negligence, and the panel said the men neglected to take certain measures after learning of a risk of a tsunami. A Japanese national broadcaster reported that they will plead not guilty because they could not have predicted the severity of the tsunami. Information courtesy of bbc.com.

#### Ontario to offer virtually free college tuition to lowincome students

The Ontario government said its 2016 budget will allow students whose families make less than \$50,000 annually to receive grants to cover college tuition with the new Ontario Student Grant. The new financial aid system comes after the government announced a renewed focus on increasing accessibility to postsecondary education for students from low-income homes. In addition, in 2017, students will be able to borrow \$2,500 more a year. Low-income students who live at home usually only receive \$500 in loans a year. For those who attend universities, where tuition is generally higher, grants may not cover the entire amount. Information courtesy of theglobeandmail.com.

# Amazon to ship fresh and frozen food in Britain through deal with supermarket chain

A new deal with Amazon will allow it to ship fresh and frozen Morrison's products to Amazon Prime Now and Pantry subscribers later this year, according to Morrisons, Britain's fourth biggest supermarket. Morrisons Chief Executive David Potts said, "The combination of our fresh food expertise with Amazon's online and logistics capabilities is compelling. This is a low risk and capital light wholesale supply arrangement that demonstrates the opportunity we have to become a broader business." Retail analysts project that the new service will be similar to the U.S. Amazon Fresh service, which provides subscribers with 20,000 items from local stores. Information courtesy of nbc.news.

# Voters reject proposal to expel foreign criminals from Switzerland

SRF, a public broadcaster, reported that 59 percent of Swiss voters voted to reject plans to expel foreigners who commit low- to high-level crimes. The Swiss People's Party (SVP), a nationalist party that campaigns

against immigration, proposed a plan that would add expulsion to foreign criminals' sentences, regardless of the severity of the crime, if the criminal commits the same crime within a 10-year period. Multiple political parties spoke out against the proposal because it would treat foreigners, who make up a quarter of the country's population, harsher than Swiss nationals. Information courtesy of theguardian.com.

# Nearly 24,000 nonexistent Nigerian government workers removed from payroll

Nigeria's Finance Ministry said an audit revealed that nearly 24,000 government workers did not exists, prompting the government to remove them from its payroll and saving about \$11.5 million dollars a month. The audit, which began in December, used biometric data and a bank verification number to locate bank accounts into which the government deposited salaries, revealing workers whose names did not match those attached to the bank accounts. President Muhammadu Buhari, who entered office last year, initiated the audit as part of his anti-corruption campaign in Nigeria, which has the highest GDP in Africa and is the continent's biggest oil producer. Information courtesy of bbc.com.

#### Former Guatemalan military men sentenced for rape, murder, sexual enslavement

In the first successful prosecution for sexual violence committed during Guatemala's military conflict in the 1980s, a court sentenced Francisco Reyes Giron and Heriberto Valdez Asij to a combined 360 years in jail for murdering, raping and sexually enslaving indigenous women. Giron, a former commander, was found guilty of enslaving 15 women and killing one woman and her daughters and was sentenced to 120 years in jail. Asij, a former paramilitary, was also found guilty of the same enslavement charges, as well as the disappearance of seven men, and was sentenced to 240 years in jail. Information courtesy of bbc.com.

#### UK to send troops to protect Libyan border

To help prevent ISIS militants from entering Tunisia from Libya, the United Kingdom will send 20 troops from the 4th Infantry Brigade "to counter illegal cross-border movement," said Britain's Secretary of State for Defense, Michael Fallon. Fallon expressed extreme concern about an increase in ISIS members in Libya, lobbying for the creation of a new Libyan government, but said the troops will act in a non-combative role. The decision comes amid concern that ISIS plans to use Libya as a headquarters for planning and executing attacks. Because of political turmoil, ISIS has been able to establish and expand their presence in Syria. Information courtesy of reuters.com.

Learn about criminal justice careers

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# By: Grace Ducanis @GraceDucanis

# Crime doesn't pay, but studying it at NSU might.

The Criminal Justice Club is organizing a week of events to increase understanding of criminal justice careers and drug use in the U.S. from March 14 to 16.

Criminal Justice Week will include a panel discussion on drugs in the U.S., a job fair for criminal justice careers and a movie night featuring films on drug-related issues.

Representatives from the Broward County Sheriff's Office, the Hollywood Police Department, the Ft. Lauderdale Police Department, U.S. Immigration and Customs Enforcement, the military and NSU Public Safety will attend the job fair. The Broward Sheriff's office will bring a mobile crime lab, a SWAT armored truck, a fire truck and a K-9 unit.

Jacob Caprioni, senior criminal justice major and president of the criminal justice club, said almost all NSU majors can relate to criminal justice. He said that artists can work in criminal justice drawing police sketches, and dentists can work in criminal justice identifying tooth prints.

"There are many different things you can be doing [in criminal justice] that don't put your life at risk," Caprioni stated.

Shanae Brown, junior criminal justice major and historian of the criminal justice club, said she hopes the job fair will help her decide

what career path in criminal justice to take.

"I hope people learn more about criminal justice," she said. "When people think about it, they think about law enforcement. But there's a lot more you can do."

The panel discussion on drug use in the U.S. will include Jim Hall, a drug abuse epidemiologist at NSU, whom CBS and CNN interviewed because of his research on flakka, a synthetic drug that grew popular in Broward County in 2015.

Caprioni said that it's important for students considering a career in criminal justice to be informed about drug issues.

"A lot of people in the criminal justice system are there because of drug violations, whether because of a small amount of marijuana or pounds of cocaine," Caprioni said. "Whether you go into a judicial or police role, there won't be a day where you won't deal with something that has to do with drugs."

At the movie night, the criminal justice club will play "The Real Walter White," a documentary about the real-life inspiration for the "Breaking Bad" character, and "Stoned Kids," a film about a town in Oregon where marijuana is legal.

Caprioni said that criminal justice is often viewed in a negative light, and he hopes that the job fair will promote a more positive

understanding of law enforcement, as well as other criminal justice careers.

"Everyone sees videos of police officers doing stuff that they shouldn't be, and there's a lot of racial bias in those videos, but those videos are only from the perspective of the person filming," Caprioni said. "They don't know what happened prior. Not every cop is bad and out to get everybody."

For more information about Criminal Justice Week, contact Caprioni at jc3262@nova. edu.

# CRIMINAL JUSTICE WEEK CALENDAR

March 14—Panel discussion 5 p.m. @ UC

March 15—Job fair 12 p.m. @ UC and Shark Circle

March 16—Movie night 5 p.m. @ Fligh Deck





13.4% of waste recycled

Week 3

**Waste Recycled** 

9,740 pounds

**Waste Not Recycled** 

64,485 pounds

# Be one of a kind with Zeta Phi

By: Grace Ducanis

@GraceDucanis

Greek life is known for its value of tradition, and Zeta Phi Beta sorority is emphasizing that value by highlighting the 'finer women' in their sorority.

Zeta Phi Beta will host Finer Womanhood Week, a week of events that reflect the sorority's values of self-improvement and service, from March 6 to 12.

Many chapters of Zeta Phi Beta participate in the tradition of Finer Womanhood Week, which will include a nutrition workshop, game night and a barbecue. They will also have a table set up throughout the week in the Don Taft University Center to collect canned goods, clothing and toiletries for the Broward Outreach Center.

Kanika Liburd, senior legal studies major and vice president of Zeta Phi Beta, explained the meaning of finer womanhood.

"It's about making you the best who you can be," she said. "We don't want to bring you in and change you, but we want to help you work on what you need to work on. This is a week to improve upon yourself."

Stephanie Ladouceur, a senior paralegal studies major and president of Zeta Phi Beta, said she wants Finer Womanhood Week to spark interest in Greek life.

"It's very rewarding to be a part of," she said. "It's about sharing a bond with other people, and I hope this week allows us to share a bond with the student body."

For Ladouceur, finer womanhood is a personal concept.

"It's about striving to be better," she said.



PRINTED WITH PERMISSION FROM S. LADOUCEUR Zeta Phi Beta made cards for a children's hospital during last year's Finer Womanhood Week.

"It's something you focus on every day. We define it as a woman who's not just settling. She's always trying to be better and doing something bigger than herself, and she's always working to achieve her goals."

Liburd said she hopes that Finer Womanhood Week will change stigmas associated with the Unified Greek Council.

"I want to get it out there in peoples' minds that we're not just a social organization," she explained. "We're philanthropists, we're spiritual, we want to educate people. A lot of times, when we table, people will automatically walk away because they think, 'That's not something for me,' before we even open our mouths."

# **NEWS BRIEFS**

#### **See discounted performances**

Broward Center for the Performing Arts is offering discount tickets for NSU students and their guests. "Kinky Boots" will be discounted until March 10, "Dirty Dancing" will be discounted from April 12 to April 21, and "Beauty and the Beast" will be discounted from June 15 to June 19. To purchase tickets, visit oss.ticketmaster.com/aps/browardcenter/ EN/promotion/home, select the desired show, and enter promotional code NOVAST. For questions, or for help buying tickets, call the Broward Center Group Sales at 954-660-6307, or email groups@browardcenter.org.

#### Get ready to explore your career

The Office of Career Development will host a Career Expo on March 30 from 4:30 to 6:30 p.m. in the Don Taft University Center Arena. Students are required to dress professionally, or, if they are in medical school, to wear their scrubs. They are also encouraged to bring their resumes. For more information, visit nova.edu/career/career\_fair.html, or call 954-262-7266.

#### Take a dive with Scuba Crew

The Scuba Club will host three diving trips in the remainder of the semester. There will be a beach dive at Dania Beach on March 12, a two-tank night dive in Ft. Lauderdale on March 26 and another beach dive at Dania Beach on April 3. For more information, contact Tec Clark, associate director for aquatics and scuba diving, at tclark@nova.edu or 954-262-7042, or visit nsuaquatics.com.

#### Director appointed at Puerto Rico campus

President George Hanbury appointed Vanessa Blanco, former assistant director at the Miami campus, to serve as director of NSU's regional campus in San Juan, Puerto Rico. Blanco, originally from San Juan, has worked with universities in Florida and Puerto Rico regarding recruitment, financial aid, admissions and more. Hanbury said that her work with universities, high schools and businesses will help her be successful.

#### H. Wayne Huizenga School of Business and Entrepreneurship to host Sustainability 101

The H. Wayne Huizenga School of Business and Entrepreneurship will collaborate with Broward County to host Sustainability 101, a series of events on locally addressing climate change, locally. The first event will be from noon to 1 p.m. on March 8 in the Carl DeSantis Building, Room 3049. This event will focus on the importance of implementing natural elements, such as trees, local biodiversity and parks, into the community, and it will feature Jessica Brumley, interim vice president of Facilities Management, and Dion Taylor, the owner of ENO Consulting Group, as guest speakers. Lunch will be provided. To register, visit doodle.com/poll/mwp5spuzezc6u8mm, or email jmorales@brokersinvestments.com.

#### 'Brave the Shave' with the College of Osteopathic Medicine's Pediatrics Club

To raise awareness of childhood cancer, the College of Osteopathic Medicine's Pediatrics Club will host a "Brave the Shave" St. Baldrick's event on March 13 from 10 a.m. to 2 p.m. in the Don Taft University Center. Participants are invited to either shave their heads to raise childhood cancer awareness or donate 8 inches of hair to current cancer patients. Participants will receive free food and beverages. For more information, visit the event's page at stbaldricks. org/events/Nova2016, or contact Pediatrics Club President Ashley Van Putten at av523@nova. edu.

# Spend a day in career city

By: Li Cohen

@Current\_Yakira

Reading about jobs on paper is good, but seeing careers in action is even better.

The Office of Career Development has set up an event to show students the day in the life of an employee.

On March 15 from 11 a.m. to 3 p.m., students can spend a "Day in Our City" at City Furniture to learn about the opportunities available within the organization, including business management, human resources and the company culture.

Twenty students can attend the event based on first-come, first-served basis. They will tour the main site of City Furniture, located in Sunrise, Fla., and meet with the management team and hiring managers for various departments.

Emilio Lorenzo, assistant director of Career Advisement, said that this trip is a good way for students to see the in's and out's of the company and to learn what to expect about the transition from college to career.

"I can tell someone all about supply chain, all about management or other career fields, but it's another thing to see it," Lorenzo said. "This is your chance to go to their site. And since we're only taking 20 students, it's going to be more of a one-on-one conversation to build connections."

Lorenzo came up with the idea for students to visit the site after visiting City Furniture and said that the site blew him away.

"Their culture, the fact that they want to hire so many of our NSU students, and just being able to see the organization from the inside out, it was crazy," he said. "I had no idea how much City Furniture provides for their employees, how much they value their employees, how much relevant experiences are available in each area. All I thought was, 'Man, I wish students could see this.'"

Lorenzo explained that unlike career fairs, visiting a company site allows students to have more meaningful connections with potential employers, which is critical in securing a

job, as 80 percent of jobs are found through networking.

When attending career fairs, students have to compete with hundreds of other student to gain the attention of one representative of a business, but by visiting the company, students receive more interpersonal networking with multiple representatives.

Students of all majors are invited to attend, and Lorenzo said visiting City Furniture, even if it's not what students have in mind for a career, will teach students that they should keep their minds open to finding the right company to work for and not necessarily the right job.

"If you're still figuring out what you want to do with your career, this is your chance to explore," Lorenzo said. "[City Furniture] supports you to be successful. They want you to be happy."

The Office of Career Development plans to provide more opportunities for students to network with potential employers. On March 16, the office will host a sales and marketing competition with Zensah, a sports apparel company. The first prize winner will receive \$500 in AMEX gift cards, and each member of the second-place team will receive a \$50 gift card to Zensah.com. The contest is available to teams of two or three students, regardless of year or major, and will be held from 10:30 a.m. to 1 p.m. in the Knight Auditorium in the Carl DeSantis Building.

Lorenzo said the company will look for students they can hire over the summer and that the CEO will attend the competition to meet participants, as well as non-participants.

Students should dress business-professionally for a "Day in Our City." Lunch and transportation will be provided.

To RSVP for "A Day in Our City" or the marketing competition, visit nova-csm. symplicity.com, or email Career Development at career@nova.edu. To learn about job opportunities at City Furniture, visit jobs. cityfurniture.com/video/36483.

# On Shore Calendar

"We're really sweet people, so we'd really

For more information about Finer

Womanhood Week, email nsuzeta@gmail.

**Finer Womanhood Week** 

Calendar

March 8—Restaurant fundraiser

March 9—Nutrition workshop 7:20 p.m.

@ UC Pit

March 10—Broward Outreach tabling

noon-3 p.m. @ UC Spine

March 11—Game Night 7:20 p.m. @

March 12—Zeta Phi Beta BBQ 7:20

like to put that out there," Liburd said.

Sophomore Summit **Noon - 1 PM** 

MAR 9

Zeta Phi Beta Game Night @Commons 123

7:20 - 11:30 PM

**MAR 11** 

Volunteer Income Tax Assistance @Library 1048 1 - 5 PM

Zeta Phi Beta BBQ @Commons Pagoda 7:20 - 11:30 PM

**MAR 12** 

SEA Board General Body Meeting @Rosenthal 200

Noon - 1 PM

Criminal Justice Panel Discussion @UC Pit

5 - 7 PM

MAKO Week Movie Monday @Commons 123

**8 PM** 

**MAR 14** 

Distraction Free Studying Workshop @Knight Auditorium

Noon - 1 PM

Criminal Justice Job Fair @UC Pit

Noon - 5 PM

MAKO Week Dodgeball Tournament @RecWell Gym

4 - 6 PM

**MAR 15** 





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# THAT TIME I... BECAME MY MOTHER'S KEEPER

By: Chantel Grant

Chantel Grant, senior political science major and international student from Jamaica, is the features editor of the Current.

As cliché as this may sound, my mother is best my friend. From the day I was old enough to understand what the words "makeup" or "stilettos" meant, I adored my mother. After my parents divorced, I moved in with my mother. She is a petite woman, around 5'5 inches tall, with glossy hair and a million-dollar smile.

Everywhere we went, someone would always stop and comment on her shoes or how pretty she was, and each time I heard someone compliment her, I was slightly jealous but happy that she was my mother.

When I left Jamaica to attend school, she would fly to Florida every weekend to take me shopping or to get a manicure — we just had to be around each other. She knew how much I needed and loved her, and the distance between us only made our bond stronger.

However, one day, when she came off the plane, I realized her glossy hair had dulled and her million-dollar smile was sealed away behind thinned lips. I didn't want to ask her what was wrong, but it bothered me that she looked like a shadow of herself.

When we got home, I called my brother and tried to ask him what was wrong, but, like me, he had no idea why our mother was withering away. Eventually, on one of our lunch dates, I

finally mustered up enough courage to ask her what was going on. She stared at me over her sunglasses for a few minutes, drank a sip of wine and then muttered, "I'm sick. You don't need to know the details. I'm going to see a doctor, and don't even start worrying." Immediately, I started to think the worst. I felt a lump in the back of my throat as the tears started to well up in my eyes. My mother was sick, and she refused to tell me what was wrong.

I remember the day she went in for surgery. I took a week off from school and planned to be there for her until she was healthy enough to fly back to Jamaica. Her first day out of surgery was tough; I slept in an armchair beside her bed. Every other hour or so, a nurse would come in and check her vital signs.

It was scary to see my mom in that situation, and I hated leaving the hospital to go home. It felt as if every second I spent away from her, something bad could happen, and I wouldn't be there to save her. That's how I found myself thinking for the next couple of weeks that, after she was released from the hospital, she had to stay with me in Florida so that she could visit her doctors

Even in the comfort of my apartment, I was always paranoid that something would happen to her, and she would a take a turn for the worst. Most nights, I would pull up a chair beside her bed and sleep upright holding her hand. Sometimes, she would wake up in the morning



PRINTED WITH PERMISSION FROM C. GRANT Grant's mom isn't just a parent; she's Grant's best friend.

crying because of the pain, and I would just have to sit there in the dark praying that she would feel better.

In the mornings, I would spoon feed her porridge and read her the news as I tried to stir up some type of reaction from her. Her recovery period was slow and taxing, especially since it was a secret that only she and I shared. She forbade me from telling the rest of the family, so everyone thought that she just took an extended

vacation.

Regardless of how she felt, each day I got up, and I was determined to make sure that my mother was taken care of. I didn't care about school, and I didn't care about getting good grades — all I wanted to do was help my mother get better. I found myself at school watching the clock because I wanted to make it home in time to give her her medications. At 19 years old, my life was no longer about me because I had become my mother's keeper. She depended on

In retrospect, I don't know how I managed to drive my mom to her doctor's appointments and physical therapist, be home to help her take her medicine, and still manage to get good grades. I did it, and I never realized how much more I would have done for my mother if needs be. A child taking care of her mother is not an anomaly, but, for me, it was the hardest thing I ever did. Before my mother got sick, I was afraid of my card declining in Urban Outfitters or not being able to get my favorite drink at Starbucks. Afterwards, the only thing that scared me was losing my mother.

My mom was sick for almost a year, and it was the most draining year of my life, but I would do it all over again because, today, my mom has fully recovered. She still goes to the doctor and gets lethargic sometimes, but, for the most part, she is as normal as could be. Her glossy hair is back, and her smile has improved from a million-dollar smile to a priceless one.

## Bouncing back from bad midterms

#### By: Chantel Grant

The week before midterms: zombie-like students decipher second-hand notes with gaunt faces and coffee-stained teeth. During midterms week, even the most heathen-like students turn into devout prayers. Fast-forward to the week after midterms, which also has its zombie-like students, but this time, they are deciphering grades with gaunt faces and tear-stained cheeks.

Every college student has had a bad experience with their midterms, and, while there are countless guides on how to survive your midterms, few of these guides ever address how to cope with the aftermath. So here it is, your very own guide on how to bounce back from those traumatic midterms.

#### So, how'd you do?

Everyone has a "So how'd you do?" friend, the type of friend who asks your grade just to tell you about how they thought they failed but miraculously managed to get a better grade than you. Then you get stuck in that awkward moment when your self-esteem plummets to the floor, while you congratulate them on doing what you failed to.

Avoid those people at all costs. Don't entertain those types of conversations — these people are users. They use people like you to prop themselves up; even if their grade was just a point higher than yours, they have a talent for making that one point feel like it's worth a million.

The best way to avoid conversations with people like this is to keep your lips sealed and never mention your midterm exams at all. If the topic sneaks into one of your conversations, and you can feel them preparing to ask that annoying question, simply switch the direction of the conversation by shouting, "I'm voting for Trump!" You'll see what a great distraction this is because they're either going to be stunned by your stupidity or happy to find someone who finally sees things their way.

#### On the road to redemption

After stumbling through your midterms, now is the perfect time to seriously start paying attention in class. Let's be honest — before midterms, there are more important things to do like, watching a season of "House of Cards," squandering money from your parents or going to all the new hotspots around town. However, after poor midterm grades, it might be time to reprioritize.

It's time to sit down with your advisor, professors and tutors and draft up a new plan of attack for the remainder of the semester. Midterms usually make up a good chunk of your grade, but finals and small quizzes can reverse some of the damage.

After receiving your midterm grade, find out from your professor if your final will be cumulative. If it is, you might want to schedule some time to meet with your professor to go over what you got wrong on your midterm. Most professors go over the midterm exams in class, so, for your sake, try to be present at this class and pay close attention. If the final isn't cumulative, pay close attention to everything taught after the midterm, and don't wait until the last minute to cram.

#### Plankton never gives up

It's easy to feel defeated after bad midterms, especially if you think that you deserved a better grade, but this isn't the time to sulk. Understand that a bad grade should not dissuade you from getting good grades.

Thankfully, you have the rest of the semester to redeem yourself, so don't think of a bad midterm grade as the be-all and end-all. If you've ever watched an episode of "Spongebob Squarepants," think of yourself as Plankton. No matter how many times he fails at trying to get the Krabby Patty secret formula from Mr. Krabs, he simply tries again. While college is nothing like Bikini Bottom, the moral remains the same.

Don't let your bad midterm grades define the rest of your semester. Try to stay motivated and continue to work hard, and you'll be surprised at how you can turn your semester around.

# My Hijab-A-Thon experience

By: Kanika Liburd

Kanika Liburd, senior legal studies major, is the vice president of Zeta Phi Beta Sorority, Inc., Beta Tau Chapter. Liburd participated in a social event that called for non-Muslim students to wear a hijab for a few hours and has decided to share her experience.

On Feb. 10, an undergraduate organization called the International Muslim Association (IMAN) had their annual Hijab-A-Thon event. At this event, the members placed hijabs and scarves on students and asked us to wear them until their dinner later that evening. At the dinner, we were to share any experiences that took place throughout the day. After hearing the options, I decided to wear a full two-piece light-green hijab that covered most of my head, except for the front of my face.

I consider myself an Afro-Caribbean American citizen. I also consider myself a non-denominational Christian. In college, I have learned that many religions and cultures wear different forms of head scarves, including some sects of Christianity and many African cultures. I am also a part of many multicultural organizations. These organizations have placed me in many positions in which I had to interact with people of different ethnicities and religious backgrounds. I naively thought that NSU students, faculty or other non-collegiate visitors would not treat me differently. But my theory was drastically incorrect.

After placing the hijab on my head, I instantly felt more regal; however, wearing the hijab did take some getting used to. In the four hours that I wore the hijab, I received many dirty looks, some people walked off sidewalks as I approached them, and one student even followed me through the UC Pit just to ask me if I knew Jesus was my "Lord and Savior."

Those people riled me up a bit; however, the final straw was when an older man called wearing the hijab, which is just a piece of fabric, stupid and ridiculous because Muslims



PRINTED WITH PERMISSION FROM K. LIBURD Liburd took a walk in another culture's shoes to gain some perspective on discrimination.

did not wear it where he was from. I took great offense to this because a few of my friends, who are Muslim, highly revere their hijabs. The statement that that older gentleman made catapulted our conversation into a discussion of its meaning and significance. Sadly, that man ended the discussion with the same opinion that he started it with.

That day, I got first-hand experience of some of the discrimination that Muslims experience every day. I took my short four and a half hours as a learning experience. When I placed the hijab on my head early in the afternoon, I felt like I was wearing royal garments, but, by the end of the day, I wanted to hide away from the world. It still surprises me that just wearing something on my head changed the world's perspective of me.

This experience made me realize that every person, NSU students or not, should respect each other's religions and beliefs because, at the end of the day, no matter what religious sect or belief, we are all human, and we all deserve respect

# Let's talk politics and presidents

By: Chantel Grant

This year's presidential race is causing quite a stir among college students and professors. Yet, behind all this media frenzy, the truth is that one of these candidates will become the next president of the U.S.

To help get a grasp of who these candidates are and what they represent, political scientist George Bass, assistant professor of the Department of History and Political Science in the College of Arts, Humanities and Social Sciences, gave a quick breakdown of this year's presidential candidates and the real issues they support.

#### Why you should vote

While students are fixated on getting good grades, it should not overshadow their political activism. The idea of everyone being able to vote is a relatively new phenomenon that is punctuated by years of struggle and disenfranchisement, so the fact that young Americans can freely participate in elections should not be taken lightly.

"The Civil Rights and Women's Suffrage movements fought tirelessly so this right could be expanded to all," explained Bass. "I think that's a powerful reason not to take voting for granted."

#### How to pick a side

Many students may shy away from voting because they aren't sure about the party ideologies or where the candidates fall on the political spectrum. With issues and candidates constantly forcing candidates to realign, it can be confusing to identify yourself with a political party.

According to Bass, candidates' perspective on economics, foreign policy and their view on the role of political institutions are the true determinants

In terms of economics, the Republicans prefer a laissez faire approach as they believe that the neoliberal market will regulate itself, while the Democrats think that the public should regulate the markets.

Regarding foreign policy, Bass explained that the Democrats tend to be more open to negotiations with foreign countries, while, traditionally, the Republicans have adopted a more aggressive foreign policy approach.

Furthermore, Democrats believe that political institutions should be used to solve problems, while Republicans are weary of these political institutions and favor less government involvement in everyday lives.

However, with candidates sometimes blurring the division between the issues, it's important to listen to the candidates.

"I mean actually reading their policy platforms and examine their records," Bass said. "Vote for the society you want to live in."

Each presidential candidate has a website where he or she lays out his or her vision for the U.S., but if you are still confused about your political identity, visit isidewith.com, a website that helps you to figure out where you fall on the political spectrum and the political party that aligns with your views.

One of the best ways to start becoming politically active is to vote in the primaries. Florida has a closed primary, meaning that you can only vote for candidates within the party that you are registered with. Therefore, if you are registered under "no party affiliation," then you will not be able to vote for any of the major party nominees in the primary; however, you will be able to vote for local offices that run on non-partisan ballots.

#### Get to know a few of the candidates

#### Donald Trump, the million-dollar man

 $\label{eq:According} According \ \ to \ \ Bass, \ \ Donald \ \ Trump's \\ political platform is the million-dollar question.$ 

"He has not elaborated in much detail on the specifics of his platform," he said.

Trump's political platform hinges on his "make America great again" slogan, but his political solutions remain vague, and much of his appeal comes from the fact that he isn't a Washington "insider."

While, his main talking points are reversing

trade agreements and increasing border security, his fiscal policies are nonexistent and his political platform is less political and more media-driven than his competitors.

#### Is Ted Cruz cruising to victory?

Cruz is the most ideologically-driven candidate.

Bass said, "Cruz's platform revolves around reducing the scope of government and 'returning' the country toward more traditional 'American culture."

He promises to focus on more aggressive foreign policies, which include "carpet bombing" ISIS and removing the U.S. from the Iran Nuclear deal.

#### John Kasich, the moderate-conservative

According to Bass, John Kasich is often presented as the most moderate candidate in the Republican primary.

Kasich has made a name for himself by refusing to attack other candidates," he said.

Kasich is the former governor of Ohio and has moved to the center of the political spectrum. He supports some gun-control policies, which puts him at odds with the rest of the party. However, his most moderate position is taken when he discusses illegal immigration.

Bass said, "He claims that politicians should be focused on keeping families together, not widespread deportation."

#### Marco Rubio fits the mold

Bass said that Marco Rubio is running as a traditional conservative candidate, even though most of his policy positions lean more to the right of the political spectrum. He is strongly against abortion and same-sex marriages and is in favor of repealing the Affordable Care Act.

"Rubio advocates for supply-side economic policies and is a firm proponent of traditional cultural values" Bass said.

If you are looking vote for a conservative, Marco Rubio would definitely fit the mold.

#### Hillary Clinton is the Obama 2.0

"Hillary is essentially tying herself to the values of the Obama administration," Bass said.

Clinton supports the Affordable Care Act while proudly touting her experience as Secretary of State and senator. Furthermore, she presents herself as a moderate within Democratic primary.

"She wants to make college more affordable and to expand health care coverage," Bass said. "But does not go as far as her rival in pushing for these services to be free."

It seems that Hillary is trying to rally democrats who see Bernie Sanders as "radical," but after paying close attention to her policies, it's clear that she is echoing President Barack Obama's political sentiments and running on the same political platform.

#### Should we be feeling the "Bern"?

"Similar to Trump, he is running essentially a populist campaign, albeit with a much more specific list of policies he would like to see enacted," Bass said.

Bernie Sanders is campaigning on a platform to remove the influence of money from politics. He is fundamentally concerned with addressing inequality. He is a more extreme democrat as his policies include replacing the Affordable Care Act with a single payer system similar to Europe and Canada. He also wants to see free education in the U.S., which has garnered him support from many college students.

Does this mean that college students should vote for Bernie Sanders? It depends on if you think he addresses the issues that are most important to you.

That is what voting boils down to: voting for someone whose interests parallel yours. To understand politics or your presidential candidates, staying informed and paying close attention is probably your best bet.

# Political clubs on the rise at NSU

By: Roddia Paul and Chantel Grant

The 2016 Presidential race is calling for young people to turn up at the polls, regardless of their party affiliations. The Young Progressives and NSU College Republicans, two of the newest political clubs on campus, are increasing political activism among young students, and both clubs are vehicles for their peers to see voting as an important activity that they shouldn't skip.

George Bass, assistant professor of the Department of History and Political Science in the College of Arts, Humanities and Social Sciences, explained why he thinks these clubs are paving the way for the future.

"For one, there are a lot of issues that affect young adults, especially college students. The most glaring one is about paying for college and student loans. That's a significant issue for most young people right now. 'How I am going to pay for this?' and 'If I can't, how am I going to afford to pay it off once I get out of here?'" said Bass.

Congress routinely brings up these types of issues, which led to the creation of Public Service Loan Forgiveness, where one's federal loans are paid off if he or she worked in the public sector for 10 years. This is an example of how the political process can benefit students.

With young people gaining interest in areas such as the environment and sustainability, the next step is for them is to become politically

active so they can meet their goals and make a change.

The Young Progressives and the NSU College Republicans are great starting points for students to become politically active.

"It helps people who are passionate about politics and want to make a difference," said Bass

Traditionally, young people have the lowest voter turnout, so these clubs are great for encouraging students to vote.

In addition, if students are unclear of which political party they support, these clubs offer the chance for students to find their political identity.

"These clubs provide a good place for people to go see where they might fit in," said

#### NSU's College Republicans

Robert Willis, junior business major and president of NSU's College Republicans, said NSU lacks a strong political voice, which causes students to be uninformed about policies and candidates.

"NSU's College Republicans provide a platform for students with Republican values to become new leaders in their communities and become informed about policies," said Willis.

David A. Arias, freshman legal studies major, is a member of the NSU College Republicans and said he wants to promote political awareness in students.

Arias said, "I want to teach people how the economy works and help to build the confidence of young people so they know more about politics. Just because we're young, we think politics doesn't affect us, but it does, and it will continue to affect us in the future."

#### The Young Progressives

Michael Ferguson, junior political science major and president of The Young Progressives, said his goal for the club is to create a cohesive progressive community of students who share the same values.

Ferguson said, "The long term goal of the club is to create a community of likeminded young progressives who will volunteer and promote future progressive candidates and issues."

Leigh-Ana Mumford, junior political science major and a member of The Young Progressives, said that she joined the club to promote awareness of political issues that affect students.

"There is a diminishing rate of youth involvement in politics with an increase in policies that affect us," Mumford said.

Mumford hopes to help create policies that will impact young people in a positive way. She also believes that political clubs will simplify politics for students and allow them to vote on what they know, rather than how they were raised.

Even though both clubs subscribe to different political parties, they make it clear that they are open to students with different political ideologies or students who are unsure of which party they support. For Ferguson and Willis, it's not about dividing the campus with politics; it's about mobilizing young people to vote and enlightening them on policies and issues.

Both presidents said they started their clubs to promote positive changes and to encourage students to vote, regardless of their political affiliations.

These clubs are platforms for students, and will expose them to real issues and politics, especially since young people have the power to shape the future of America.

The Young Progressives meet on Thursdays in the Parker Building, room 254, between noon and 1 p.m. For more information about joining, visit orgsync.com or email Michael Ferguson at mf1505@nova.edu.

NSU's College Republicans meet on Thursdays in the Alvin Sherman Library, room 3078, between noon and 1 p.m. For more information about joining, visit orgsync.com or contact Robert Willis at rw938@nova.edu or Taylor Mathews at tm1272@nova.edu.



# Take a healthy lifestyle to heart

According to the Centers for Disease Control and Prevention (CDC), heart disease is the leading cause of death in the U.S., and more than 600,000 Americans die of heart disease each year. While many people believe that they should start worrying about heart health when they are older, heart disease can affect anybody of any age, and it's never too early to start learning about it.

Ronenia Jenkins, employee wellness administrator for NSU, explained why heart health is so important and what you can do to improve it.

"You feel like you are young [and tell yourself], 'I can just eat whatever I want,' but, in a few years, it can start showing," Jenkins said. "When you start getting into your 30s and 40s you can start developing high blood pressure, diabetes and all kinds of issues. It's best to start now and work on your health."

#### What is heart disease?

Heart disease occurs when plaque builds up in the arteries, and it includes many types of heart conditions, according to the National Institutes of Health (NIH). The most common type is coronary artery disease, a condition in which blood has a hard time getting to the heart through the arteries, increasing the risk of heart attack, according to NIH. Two other types of heart disease are arrhythmia and hypertrophic cardiomyopathy, which are common in young adults.

Arrhythmia, also known as an irregular heartbeat, is when the heart beats faster or slower than the average rate. Various factors, including coronary artery disease, high blood pressure and valve disorders can cause an irregular heartbeat. According to Seton Heart Care's website, arrhythmia is dangerous; it is the most common cause of sudden cardiac arrest in people of all

Hypertrophic cardiomyopathy occurs when the heart wall muscles become abnormally thick. As a result, the heart is not able to pump blood throughout the body normally. This condition is usually not fatal, but, according to Seton Heart Care's website, it is the leading cause of sudden cardiac death in people under the age of 30.

Are you at risk for heart disease?

Anyone, including children, can develop heart disease, according to the CDC. The CDC says smoking, an unhealthy diet, high cholesterol and blood pressure, diabetes and not getting enough exercise may increase your risk of heart disease.

Jenkins said genetics also comes into play no matter what age you are.

"You have genetic factors, pre-disposed issues that could be already affecting someone at a young age," she said. "For example, you can have a gentleman whose father had a triple bypass, and his grandfather could have had a quadruple bypass, so he is already at risk for having or developing some heart conditions just based on his genetics. You do not have to be a certain age to have heart problems."

# What can you do to reduce your risk for heart disease and improve your heart health?

Jenkins said that maintaining heart health requires a holistic approach that combines mind, body and soul.

"It's making sure that you're working in all aspects of life, meaning that you're watching what you're eating, you're working out, you're reducing your stress," Jenkins said.

Exercise. Get moving, and get your heart rate up. The heart is a muscle, so the more you exercise it, the stronger it becomes. According to the American Heart Association, aerobic exercise or walking for as little as 30 minutes a day, five times a week, can reduce the risk of heart disease.

Jenkins said time management is key to getting enough exercise and that exercise includes simple things like walking to class.

"If you know you are walking to and from class, do not just stroll leisurely. Do a brisk walk to really increase that [heart rate]," Jenkins said. "If you don't have time to do a full 30 minutes, then do intervals. Do a 10-minute brisk walk, another 10 minutes and another 10 minutes.

It's really about time management. So it's finding a time to incorporate it. Even if you are attending class, and class hasn't started yet, find somewhere you can stand and walk in place."

Running also improves cardiovascular fitness, according to the National Institutes of Health. It increases the flexibility of the coronary arteries, which helps boost blood flow to the heart, reducing the chances of hardened arteries that can lead to a heart attack.

Eat your fruits and vegetables. They are good for not just your heart but also for your whole body, and they will make your muscles, including your heart, stronger.

Even incorporating smoothies with fruits and vegetables in place of a meal filled with saturated fats may help you maintain your weight, said Jenkins.

Avoid drinking calories as well. Sugary drinks increases the risk of high blood pressure and heart disease and can cause weight gain of 15 pounds a year, according to researchers at Harvard School of Public Health.

Reduce salt intake, and use olive oil. According to the American Diabetes Association, a salt-heavy diet can burden the heart.

According to a report in The New York Times, one of the major antioxidants in olive oil, called resveratrol, was found to protect red blood cells from damage, which could be responsible for or contribute to heart disease.

Breathe, and wash your hands frequently. Jenkins said students are very stressed out, which can definitely affect the heart. It may seem obvious, but breathing slowly and deeply during the day can help you relax and may help lower your blood pressure and stress levels.

Washing your hands will kill germs and reduce the chance of contracting an infection. Various infections like pneumonia can be dangerous by putting stress on the heart.

Eat dark chocolate. Yes, chocolate. According to The New York Times, antioxidants in dark chocolate may reduce blood pressure. Cocoa contains antioxidant compounds called flavanols, which are responsible for the formation of nitric oxide in the body. Nitric

oxide causes the walls of the blood vessel to relax and open wider, which results in lower blood pressure.

Jenkins said, "In order to prevent heart [disease] later on down the line, it is very important that students start working out, exercising, limiting saturated fats, avoiding a lot of foods that are unhealthy."

Jenkins believes meal prepping is the best way for students to start maintaining a healthy lifestyle, along with exercising.

There's always a way to find time in your hectic schedule. Heart health is very important and should not be disregarded no matter what age you are.

# What are signs and symptoms of heart disease?

The most common symptom is chest discomfort. Another symptom is heart attack, and a person experiencing a heart attack may have the following symptoms, according to the CDC:

Chest pain or discomfort that doesn't go away after a few minutes

Pain or discomfort in the jaw, neck or back

Weakness, light-headedness and cold sweats

Pain or discomfort in the arms or shoulder

Shortness of breath

Most of the time, when a person experiences only a few of these symptoms, he or she is not having a heart attack. If you think you or anybody you know may be suffering from a heart attack, call 911 immediately.

# In Your Own Words:

Finding new planets and studying the universe: Why it matters and what it means

By: Stefan Kautsch

The following guest editorial was first published on NSU News on Jan. 29, 2016 and was reprinted with the permission from the Office of Public Affairs.

Imagine believing something about yourself for many years. You're comfortable, even confident, in who you are. Then imagine one day waking up to have others tell you, "Not so fast, you may not be who you think you are." Your whole world changes in an instant.

That's sort of what happened to Pluto — what was once the ninth and farthest planet from our sun — when scientists re-categorized the celestial object. Now astronomers have predicted that there may be another planet beyond Pluto: the newly-named Planet Nine, which has been featured in recent news reports.

You might be wondering, "Why should I care how Pluto is categorized? How does discovering a new planet have any relevance to my daily life?"

Those are valid questions — after all, it's our nature to ask, "Why does all of this matter?" The simple answer is that the study of our universe is, in part, the study of ourselves. It's the oldest science; we have been gazing into the night sky and wondering about what was out

there and what our place is in the world since humans came into existence. And not much has changed — just look around today, and you'll see just how much astronomy has impacted our lives.

Do you use a GPS, either in your car or on your smartphone? How about a camera? What about your smartphone itself? All of these devices have their roots in astronomy because, without astronomy and the plethora of manmade satellites orbiting Earth, you wouldn't be able to call your friends or relatives around the country or across the globe or get your GPS location so you can find the local pizza parlor. Many of the tools and devices we take for granted today got their start based on our thirst to study the heavens. Over the past few years, there has been a renewed emphasis placed on science, technology, engineering and math (STEM) education.

Today, we need more students to have that inquisitive fire lit inside of them so they can become tomorrow's scientists and researchers. Imagine where we'd be without Galileo, Albert Einstein, Stephen Hawking or Carl Sagan, to name a few. These giants were into STEM before STEM was STEM, and the stars provided the fertile ground that helped humankind take

tremendous leaps forward.

While much more must be done to determine the status of Planet Nine, the fact is we have scientists and researchers working to do exactly that. That's what makes astronomy and scientific research so amazing; every time there's a new discovery, it raises more questions than it provides answers.

Being explorers is what humankind is all about, and it's what continues to fascinate us to this day. So, when you hear that Pluto has had its designation as a planet taken away or that there is a new Planet Nine out there, it may be a quick story on the evening news or a message on Twitter, but it's really a little bit deeper than that. Science is ever-evolving, and, with each new discovery, we learn more about ourselves in the process. Planet Nine is another step in the scientific process, a process that has amazed humans for thousands of years, and with a renewed focus on STEM education, it will continue to amaze and inspire us all in the 21st century.

So welcome, Planet Nine, to human discovery, and please give our regards to our dear friend Pluto.



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# On the Bench:

Sponsors should drop Pacquiao



High-profile individuals are constantly a source of conflict in the media. It seems like our favorite public figures are always causing controversy and saying outlandish things to get themselves in trouble. This trend of public controversy has been especially prominent with athletes. From social issues to politics, athletes are always offering their opinions, even when they necessarily shouldn't. World champion boxer Manny Pacquaio is one of the latest athletes to receive backlash for his opinions.

CBS reported that, in an interview with TV5, a Filipino television channel, Pacquiao made anti-gay statements, describing that individuals in same-sex relationships are "worse than animals." Pacquiao, who is native to the traditionally Catholic Philippines, has every right to disagree with same-sex relationships; however, the manner in which he expressed his opinion was highly inappropriate and uncalled for. Insulting and condemning thousands of individuals in such a disgusting manner, as Pacquiao did, is causing major backlash from the LGBT community and their supporters.

According to ESPN, Nike, one of Pacquiao's many sponsors, terminated its endorsement with the boxer shortly after Pacquiao's comments. ESPN reported that Nike said it "strongly opposes discrimination of any kind and has a long history of supporting and standing up for the rights of the LGBT community."

One would think that, after losing an endorsement deal with one of the biggest brands in sports, Pacquiao would calm down and start the damage control. However, Pacquiao is doing just the opposite. After Nike dropped him, the 37-year-old took to Instagram to make yet another homophobic statement. He quoted multiple Bible verses, such as Leviticus 20:13,

"If a man has sexual relations with a man as one does with a woman, both of them have done what is detestable. They are to be put to death; their blood will be on their own heads," according to SBNation. It seems like Pacquiao doesn't know when enough is enough.

Every public figure is allowed to have his or her own opinions; however, he or she needs to be aware of the impact that certain comments have on other individuals. Pacquiao is undoubtedly one of the world's most famous boxers right now, and he has fans from all around the world. This large number of fans means that Pacquiao has a large sphere of influence, and his comments have an impact on a massive number of people.

Pacquiao also needs to realize that his comments not only reflect negatively on himself, but also on the companies that have sponsored him. Nike is not the only company that has had relations with Pacquiao; other companies such as Foot Locker, Wonderful Pistachios and Nestle's Butterfinger have sponsored Pacquiao at one time or another, according to Forbes.

Nike is setting a great example by dropping Pacquiao's endorsement deal, and other companies that support Pacquaio should follow suit. Neither the public nor any company interested in endorsement should tolerate abhorrent comments like Pacquiao's. There is a major difference between voicing an opinion and intentionally insulting thousands of people, and, apparently, Pacquiao can't acknowledge that. Every one of Paciquao's sponsors should cut ties with the boxer because he obviously doesn't know how to use his status to promote anything positive.

# Fan's guide to March Madness



There's one time of year that all basketball fans wait patiently for: March. That's when the chaos, or rather, madness, begins.

March Madness is the nickname for the National Collegiate Athletes Association's basketball tournament, which generally lasts from mid-March to early April. Fans everywhere are gearing up to see if their team has what it takes to fight through a 68 team-bracket and rise as the NCAA Champions.

However, the fun of March Madness isn't simply predicting how well your favorite team will do or how many games they'll win. March Madness is all about being able to predict the outcome of the entire tournament, not just a few select teams. Every year, millions of fans take part in filling out brackets to predict which team will win this year's tournament. Some veteran fans have gotten bracket building down to a science, which is referred to as bracketology, and typically finish the tournament with the most accurate bracket.

In order to make the perfect bracket, it's important to understand how the teams are divided and how the schedule of games is decided. The teams are broken up into four different divisions based on location: East, West, Midwest, and South. Teams are then seeded with numbers one through 16, with one being the highest seed and 16 being the lowest. As with all tournaments, the first seed will play the sixteenth seed, the second seed will play the fifteenth seed, and so on, until all teams have been matched up.

After each matchup has been decided, it's time to start filling out that bracket. To begin, start working your way through each round

and decide which team has the best chance of winning. Each team that you choose to win will move to the next open space in your bracket, while the losing team will be dropped and no longer included in the bracket.

This process may seem easy early in the first few rounds, but when the tournament winds down to the Sweet Sixteen, Elite Eight or the Final Four, match-ups get harder to predict, and major upsets are bound to occur. To avoid beginner's mistakes, be sure to read up on the stats of each team, and take winning odds from previous matchups into account.

Once you've finished painstakingly filling out your bracket, that's when the real fun begins, when you watch the tournament to see how your bracket stacks up against the competition. The first round will take place on March 15-16 in Dayton, Ohio.

Now this may seem like a lot of work for a casual fan, but worry not, as with most sporting challenges there is always a reward. The NCAA, Fox Sports, Yahoo and a number of other sporting affiliates offer prizes for which ever fan enters the most accurate bracket into their contest. The prizes can range from event tickets to trips to enormous sums of cash.

Whether you're looking to make some money through your bracket or just want to put your favorite team down as the winner, filling out a bracket is the best way to get in on all of the action for March Madness. Through the wins, losses, upsets and horribly busted brackets, March is sure to become your favorite month with this extra dose of madness.

# **SPORTSSHORTS**

## Women's Basketball

The women's basketball team defeated Eckerd 83-64 on Feb. 20. With this win, the Sharks earned the Sunshine State Conference regular season title and is seeded first overall in the Sunshine State Conference Championship, which began on March 2.

## Women's Softball

Barry defeated the women's softball team in a three-game series, which concluded on Feb. 20. The Sharks started of the series with a 2-8 loss on Feb.19, then fell again in their next two games by scores of 2-16 and 5-8, respectively.

## Men's Baseball

The men's baseball team swept Tuskegee with two 9-0 wins on Feb. 20. Michael Hernandez led the Sharks in game one with two runs out of four at bats. In game two, pitcher Jonny Ortiz struck out six of Tuskegee's hitters to hold the team scoreless.

#### Men's Basketball

The men's basketball team fell 54-60 to Eckerd on Feb. 20. Chris Page, who scored 24 points in 34 minutes of play, led the Shark's efforts.











# Women's Swimming and Diving

The women's swimming and diving team finished second overall in the Sunshine State Conference Championship meet with a score of 767 on Feb. 21. The Sharks were able to claim individual victories in a number of events.

The team of Courtney DeVeny, Malin Westman, Jordan Shows and Sydney Panzarino finished first overall in the women's 200-yard medley relay on day one.

DeVeny, Westman, Panzarino and Emma Wahlstrom took home another victory in the 400-yard medley relay.

Wahlstrom finished out victories for the women's team on day four with a first place finish in the women's 200-yard backstroke.



# Men's Swimming and Diving and Diving

The men's swimming and diving

team finished second overall in the Sunshine State Conference Championship meet with a score of 743.5 on Feb. 21. At the end of the four day meet, Thiago Sickert was named Swimmer of the Meet after a total of four first-place finishes. Overall, the men's team took firstplace finishes in seven events. Sickert took first place in the men's 100-yard butterfly, in addition to setting a new SSC record and NSU school record with a time of 47.14. He then went on to take first place in the men's 200-yard butterfly, where he yet another SSC record.

Sickert also took home another victory in the men's 400 medley relay, along with teammates David Van Der Colff, Anton Lobanov and Victor Tarin. The men also set a new SSC and NSU school record at 3:12.10.

Lobanov won the men's 100-yard breaststroke, an event in which he holds the SSC record.

The team of Marco Aldabe, Blake Woodrow, Sickert and Tarin closed out day three with a victory in the men's 800-yard freestyle relay.

To finish out competition for the men, Lobanov earned a victory in the men's 200-yard backstroke.

# Athlete of the Week:

# Sava Dragic

By: Erin Herbert

@erin herbert

\_\_\_\_\_

Sava Dragic didn't excel at soccer growing up, but, through hard work and determination, Dragic created a successful soccer career in his home country of Serbia.

Dragic said, "When I was a kid, I used to do a lot of sports, and soccer was one of the sports that I was the worst at. It was the only sport that I wanted to improve, so I started practicing it, and now I'm still doing it today."

All of Dragic's efforts have paid off, as he has garnered a number of impressive soccer achievements

In his hometown of Belgrade, Serbia, Dragic played for FK Policjac Belgrade and was the youngest member to ever play on their senior squad. Dragic also served as team captain for Serbia's U-19 division soccer team and won the country's first league title.

Dragic described the transition from Serbia to the U.S. as fairly easy due to his tight schedule.

"At the beginning, I thought it was going to be hard, but [my schedule] was packed with so many things that I had to do, so I had forgotten about feeling homesick. When the semester ended, and I finally had some spare time, I realized that I could really use a trip home, and that's what I did. But I didn't really feel homesick at all with all of the things that I had to do." he said.

Dragic is a freshman computer science major and hopes to use his degree to travel.

"I picked out this major because it's one of the majors that allows me to get a job easily anywhere in the world," Dragic said. "And that's really what I want."

When he is not working on academics or practicing soccer, Dragic enjoys participating in charity events around campus.

Dragic offered some insight into his passion for soccer.

# What do you think is the hardest part of playing soccer?

"The hardest part is trying to make a team in to a single unit, where everyone performs together and thinks together. If you get a team who would die for each other, then that's what every other team is trying to get — to be united."

# What is the most rewarding part of playing soccer?

"The friendships that I have acquired. All of the people whom I've met through soccer are the friends who I still have today. Meeting people from all around the world, and being on a team with them and being friends with them, is something I will cherish for the rest of my life."

Have you had any coaches who influenced you during your soccer career?



Dragic traded in his Serbian soccer squad to join the men's team at NSU.

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"My coach back home. He took on the role of a second father in my life. He's been my coach for 10 years and has taught me everything about soccer and a lot of life related stuff as well."

# Are there any professional athletes whom you look up to?

"A lot of professional athletes, especially the ones who come from my country. Not just by their athletic achievements but also by their humanitarian work."

# If there was one thing that you could change about soccer, what would it be?

"In the NCAA rules, I would change the time limit. I hate the countdown because, the last ten seconds, everyone stops playing. That's one of the biggest things that I don't like about it."

#### What do you enjoy doing in your free time?

"I love listening to music, drawing and just going to the beach and enjoying Florida while I'm here."

# **OUT OF THE SHARKZONE**

# Saints release receiver Marques Colston

On Feb. 29, the New Orleans Saints released receiver Marques Colston. In Colston's 10-year stretch with the Saints, his 9,759 yards and 72 touchdowns are franchise records. Up until last season, in which he hit career-low receptions, 520 yards and 4 touchdowns in 13 games, Colston was the Saints' number-one receiver. Along with Colston, the Saints released guard Jahri Evans, putting the team \$10 million under the salary cap. Information courtsey of abcnews.go.com.

# Nuggets Danilo Gallinari out one month with torn ligaments

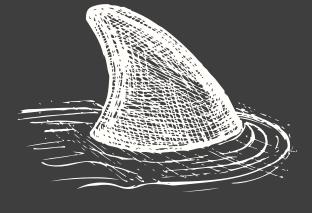
Denver Nuggets forward Danilo Gallinari will sit out for one month after he tore two ligaments and sprained a medial ligament in his right ankle during a Feb. 26 loss against the Dallas Mavericks. After missing the 2013-2014 season with a torn ACL and signing a two-year, \$34 million contract extension last summer, Gallinari has averaged 19.5 points and 5.3 rebounds per game. Information courtesy of sports.yahoo.com.

#### Brady to stay with Patriots until 2019

New England Patriots quarterback Tom Brady agreed to a two-year contract extension, meaning that Brady remain with the Patriots until 2019. If Brady plays until 2019, he will become the fourth quarterback in NFL history to play at least 20 years with the same team. The new contract will expire when he is 42; Brady has said that he would like to continue being a quarterback into his 40s. Information courtesy of sports.yahoo.com.

# Juan Uribe finalizes contract with Cleveland Indians

On Feb. 28, third baseman Juan Uribe finalized a \$4 million, one-year with the Cleveland Indians and will start his 16th year in the majors with the team. Uribe has a career average of .256. After his first official workout with the Indians, not partaking in every activity as he adjusts to the team Uribe said, "I'm going to do the best that I can to try to be ready." Information courtesy of sports.yahoo.com.



# **ON DECK**

#### **Women's Softball**

vs. Georgetown University Sarasota, Fla. March 12, TBA Women's Softball vs. Upper Iowa Clermont, Fla. March 11, 5 p.m.

vs. Ferris State University Clermont, Fla. March 11, 7 p.m.

vs. St. Thomas Aquinas Clermont, Fla. March 12, 1 p.m.

vs. Wayne State College Clermont, Fla. March 12, 3 p.m.

vs. Bentley Clermont, Fla. March 13, 1 p.m.

vs. Minnesota State University Moorhead Clermont, Fla. March 13, 3 p.m.

### Women's Rowing

vs. Georgetown University Sarasota, Fla. March 12, TBA

#### **Women's Tennis**

vs. Academy of Art NSU Tennis Complex March 14, 11 a.m.

#### Women's Golf

Barry U Women's Invitational Miami Lakes, Fla. March 14, All Day

#### Men's and Women's Track and Field

USF Invitational Tampa, Fla. March 11 -12, All Day

Coastal Carolina Invitational Myrtle Beach, S.C. March 11 -12, All Day

#### Men's Golf

vs. Southeastern Collegiate Valdosta, Ga. March 13-15, All Day

#### Men's Baseball

vs. American International University NSU Baseball Complex March 9, 6 p.m.

vs. Lynn NSU Baseball Complex March 11, 6 p.m.

vs. Lynn NSU Baseball Complex March 12, 1 p.m.

vs. Southern New Hampshire NSU Baseball Complex March 15, 6 p.m.

# Turn on your taste buds at Buca

By: Natalie Payan

If you're ever craving the ultimate Italian experience, it's right next door. Buca di Beppo presents an authentic Italian environment, and it feels like you're actually in Italy as soon as you

The staff welcomes you immediately and invites you to a tour of the restaurant. They take you inside their kitchen, and show you how they make their delicious food. In the heart of the kitchen lies a booth for any customer who feels like dining with the cooks. The restaurant goes all-out with the Italian ambiance - you can actually eat with the pope. OK, not the actual pope, but a statue replica of him. Hung on its walls are over 2500 pictures depicting Italy's history. At the far side of the restaurant is a bar for those in the mood for a casual drink, and there's even a ceiling covered with wine bottles with signatures of past customers.

The waiter arrives instantly with a friendly smile, as if he's excited that you've arrived. You must come with a big appetite to truly enjoy the experience, as there are no small entrees. Looking at the menu, they present you a wide variety of Italian dishes, from pasta to pizza to their delicious salads.

The food arrives Italian-style, meaning everyone in the table shares the appetizers and meals. The fried mozzarella appetizer gets your Italian taste buds flying; the perfect combo of crunchy bread with melted cheese makes your insides feel warm and relaxed. The flavor is so authentic that you'll feel like you can actually speak Italian.

The excellent service continues to impress, as the waiter brings refills before you even ask. After around 7 p.m., they dim the restaurant lights to add that romantic touch.

The main course fills you with excitement at the variety of choices. Their spicy chicken rigatoni makes for a promising meal with its chicken and garlic aroma. As you chow down on the meal, you can taste the soft chicken breast covered in garlic, crushed red pepper and peas showered with spicy rosa sauce. Their Caesar salad nicely compliments the meal, and you have to stop yourself from eating the whole meal by yourself.

After you're stuffed from the main course, you must make stomach room for their undeniable deserts. The colossal brownie sundae is just as intimidating as it sounds; it consists of crunchy brownies melted at the bottom topped with creamy vanilla ice cream drenched in whip cream. This massive desert cannot be consumed by one person alone. Finish this desert with your second glass of wine, and you'll feel so at ease that you can take a much-needed nap.

The only downside is the pricing. It's not the most economic choice for dinner, especially



for college students. Prices range from \$14 to \$40, but keep in mind that most dishes serve between two and four people. Despite the cost, the restaurant's atmosphere is perfect for different events like surprise birthdays, school events, anniversaries or even just a nice hangout with friends. Also, keep in mind that NSU students get a 15 percent discount if they bring their Shark Cards. Whether you're going for a special occasion or just looking for some variety,



PRINTED WITH PERMISSION FROM N. PAYAN Buca's serving sizes are as big as the world's love for traditional

Buca di Beppo is the place for the ultimate Italian experience.

3355 S. University Drive, Davie Hours: Monday- Thursday—11 a.m.-10 p.m. Friday and Saturday—11 a.m.-11 p.m. Sunday—11 a.m.-9 p.m. 954-577-3287 bucadibeppo.com

# Off Shore Calendar

**Broward Means Business @History Museum Fort Lauderdale** 

5:30 PM

Bourbon, Beer & 'Cue **@The Dutch** 7 PM

MAR 9

**Clematis by Night** @Centennial Square

6 PM

Cirque du Soleil **@BB&T Center** 7:30 PM

@Parker Playhouse 8 PM

College Night @America's Backyard **10 PM** 

**MAR 10** 

Joey Dale and the Gigolos **@Pavilion Grille** 

6 PM

AC/DC **@BB&T Center** 

**MAR 11** 

Gay and Lesbian Walking Tour of Miami Beach **@Art Deco Welcome Center** 

11 AM

For the Love Music Festival **@C&I Studios** 

Noon

**Kultur Festival @FAU Wimberly Library** 7:30 PM

**Adam Lambert @Hard Rock Live 8 PM** 

**MAR 12** 

**Detox to Retox** @Funky Buddha Brewery 10:45 AM

**MAR 13** 

@AmericanAirlines Arena 7:30 PM

**MAR 15** 

Sizzling Salsa Wednesday @Village at Gulfstream park

9 AM

**Vance Joy @The Fillmore Miami Beach at Jackie Gleason Theatre** 

8 PM

**MAR 16** 

# To revive a mockingbird: Remembering Harper Lee

By: Li Cohen @Current\_Yakira

Harper Lee once wrote, "Mockingbirds don't do one thing but make music for us to enjoy. They don't eat up people's garden, don't nest in corncribs, they don't do one thing but sing their hearts out for us. That's why it's a sin to kill a mockingbird."

Much like the mockingbird, Lee did not infringe on peoples' rights, did not succumb to social injustices and did nothing but write her heart out to promote a more humane and prosperous society. Although it should be a sin to lose such a revolutionary writer, Lee died on "To Kill a Mockingbird" is one of Lee's significa Feb. 19. What didn't die, however, are her few accomplishments. but significant contributions to the world.

#### "To Kill a Mockingbird" is published (1960)

Many students had to read the Pulitzer Prize-winning novel in high school. The story revolves around Scout Finch and her father, Atticus, who live in a small town in Alabama in the 1930s. Atticus is a lawyer who defends a black man who was falsely accused of raping a white woman.

This novel doesn't just promote the change of a corrupt social system, but it also shows that the best way to do so is through education and integration. The main characters learn to question societal beliefs and to understand individuals by learning of their pasts and character traits. "To Kill a Mockingbird" also displays the expectations of women in the 1930s. The girls, specifically Scout, learn society's expectations for femininity and that any behavior outside of those expectations is unacceptable.

#### Film adaptation of "To Kill a Mockingbird is released (1962)

The film adaptation of the novel is perhaps just as significant as the novel itself. Gregory Peck, who played Atticus Finch, eventually won an Oscar for Best Actor. Though Lee herself described Peck as the "perfect embodiment of Finch," it's noticeable that the emphasis on the definition of femininity is not present. Because movies have time limits, it's easy to see that the director focused on the social injustices about



COURTESY OF PIXABAY.COM

race rather than the ones about gender.

Along with Peck's win, the film also won Best Writing Based on Material from Another Medium and Best Art Direction-Set Decoration. "To Kill a Mockingbird" received five other Academy Award nominations, including Best Picture, Best Actress in a Supporting Role, Best Director, Best Black-and-White Cinematography and Best Music.

#### "Go Set a Watchman" is published (2015)

Although the novel was published 55 years after "To Kill a Mockingbird," Lee actually wrote "Go Set a Watchman" before its predecessor was published. The story takes place 20 years after the first novel left off when Scout is 26 years old and has returned to Alabama to spend time with Atticus, who has become more racist with age. Set in the 1950s, Lee continues the depiction of social injustices and brings political tensions to light as Scout uncovers truths about her family, her town and her closest friend.

"Go Set a Watchman" was the winner of the Goodreads Choice Awards Best Fiction in 2015, beating competitors "My Grandmother Asked Me to Tell You She's Sorry," by Fredrik Backman and Henning Koch, "Fates and Furies" by Lauren Groff and "A Little Life" by Hanya

As of July 2015, the novel sold over a million copies.

# SOUNDBITE

# 'Roses' by Cœur de Pirate

By: Marie Ontivero

Interested in independent music, emerging artists and new album releases? DJ Marie, music director at Radio X, will keep you updated every week in The Current on what's new in the world of music. You can catch her on Thursday nights from 9 p.m. to 12 a.m. on 88.5FM, bringing you new music you're sure to love.

If you're looking for an exotic sound to spice up your playlists, look no further. Cœur de Pirate is an upbeat mix of English and French lyrics. Cœur de Pirate, also known as Béatrice Martin, is a colorful and experimental artist; her album "Roses" showcases this with its diverse sound — there is a track for everyone. While "Roses" is excellent, the 26-year-old Canadian treated fans to three additional tracks in the deluxe version of the album. These tracks — "Can't Get Your Love," "The Climb" and "Ocean Brawl -Ash Workman Version" — are consistent with the album's relaxed, pop/electronic vibe and are certainly worth a listen. This year will certainly be a busy one for Cœur de Pirate, as she is not only presently on a three-legged international tour until January 2017 and expected to play at numerous festivals this year, but she is also married with a child. Unfortunately, her tour will not take her to South Florida, but you can still catch one of her songs, "Undone," in a national



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Take your ears overseas with a mix of English and French lyrics
in "Page 2"

Fendi campaign this year. With all of these live performances to compliment her new songs, she's bound to attract many more American fans than ever before.

You can find "Roses" on Spotify and Apple Music.

Perfect if you like: Norah Jones and Lorde

**Favorite tracks:** "Carry On," "Can't Get Your Love" and "Crier tout bas"

# The luck of the Irish hits South Florida



Oh, St. Patrick's Day — the annual celebration of green attire, corned beef and cabbage and beers galore. South Florida may not have the largest Irish population, but, when it comes to celebrating the luck o' the Irish, there is no better place to shake your shamrock than at a So-Flo party. This year's luckiest holiday is March 17, so be on the lookout for rainbows leading to pots of gold as you celebrate with

#### St. Patrick's Day Parade and Festival

Downtown Delray Beach Festival: March 11, 5-10 p.m. Parade and Festival: March 12, 11 a.m.-7 p.m.

The parade, which has been around since 1968, is part of a non-profit organization that features emergency personnel from different organizations, municipalities and regions every year. This year will highlight South East Florida Honor Flight and U.S. veterans from World War II. After the parade, there will also be a bagpipe band performing at the lawn at Old School Square. To find out the best spots to see the parade, and to find parking garages, visit stpatrickparade.com/directions-parking-viewing.

#### 37th Annual St. Patrick's Day Festival

Fred B. Hartnett Ponce Circle Park March 12, noon-6 p.m.

This annual festival features traditional Irish food, vendors, crafts, kid's activities, a fullservice bar and live entertainment. Performers will include Irish Step Dancers from Breffni School of Irish dance, the Cool Ol' Dudes Band, St. Andrews Pipe and Drum Band, among others. Admission is free. For more information, visit emeraldsocietysfl.com/Festival, or contact stpatrickssf@gmail.com.

#### Irish Fest on Flagler

Meyer Auditorium in Downtown West Palm Beach

March 12, noon-11 p.m. March 13, noon-8 p.m.

The 26th annual festival will feature music, dancing, an Irish marketplace, authentic gifts, vendors, an international food court and Gaelic Mass on Sunday. Performers include, but are not limited to, Fire in the Kitchen, Off Kilter, Tir Na Greine dancers and Young Wolfetones. Admission is \$5 for ages 15 and up and free for children under 14. For more information, visit irishflorida.org.

#### St. Paddy's Day Festival at Mary Brickell Village

Fado Irish pub

March 15 and March 17, 10 a.m.

The annual festival hosted by Fado Irish Pub is aimed at the 21-and-over crowd and will, once again, be hosted in Mary Brickell Village. The party features DJ stages, bars and beer gardens. The pub will also have a full brunch menu available with bottomless specials until noon. On March 15, the pub will also host a free team trivia event for groups of up to eight people to win a \$1,000 grand prize. Attendees who wear St. Patrick's Day attire will have a point added to their group's overall score. For more information, visit fadoirishpub.com.

# 10 life lessons we learned from 'Friends'



Most of us belong to that one group of friends with whom we'll go through thick and thin, who become like family, and who, let's be honest, we probably know way too much about. As wonderful as these individuals are, there is one group of friends that we can put above the rest and thank for being the perfect model of what friendship should be.

This group is the original "Friends," and in honor of their reunion this year, it's time to celebrate the 10 life lessons that Rachel, Monica, Phoebe, Chandler, Joey and Ross taught in their 10 seasons on-air.

#### **Lesson 1: The importance of feminism**

"Oh, I'm a man. Oh, I have a penis. Oh, I have to win money to observe my power over women,"—Rachel

Oh, Rachel Green. Most know her for her materialism and crazy good looks, but this girl is all up sticking it to the man and proving that she doesn't need a man to stand on her feet. She's proved that every woman needs to fight for their rights, whether by becoming a businesswoman or not allowing a cheater to get away with his crime.

# Lesson 2: Grammar is important in any situation

"Y-O-U'R-E means you are! Y-O-U-R means your!"—Ross

As much as this simple rule is taught in schools, there are always people who just can't seem to grasp the concept. NSU might be primarily science majors, but there is nothing more important than writing skills. Grammar is everywhere — in lab reports, and, yes, even in the letters you write to your significant other.

# Lesson 3: You know what they say about opinions...

"It's a moo point. It's like a cow's opinion; it doesn't matter. It's moo."—Joey

There's not too much research available on what cow's opinions are, but, honestly, it's probably something along the lines of wanting to stay on the farm and not end up on a toasted bun. Regardless, everyone has an opinion. And even if it's not always the popular opinion, there's no rule saying you have to agree. Just agree to disagree, and focus on the more important things in life, like the new burger joint down the road.

#### Lesson 4: Appreciate all life

"How long do cats live? Like assuming you don't throw 'em under a bus or something?"—

"Smelly cat, smel-ly cat, what are they feeding you? Smelly cat, smel-ly cat, it's not your fault."—Phoebe

The only thing more rampant than biology students at NSU are the cats living next to the residence halls. It's no secret that people on campus either love or disdain these creatures, but no matter how you feel about cats, you should remember that they are living beings that you need to respect. It's not their fault they don't have homes and they're smelly. Phoebe said so herself.

#### Lesson 5: Nobody's perfect

"I'm not so good with the advice. Can I interest you in a sarcastic comment?"—Chandler

Not everyone is apt to help in every situation; it's what makes people unique. So, if you have a friend like Chandler, you probably shouldn't turn to them for serious advice — unless you want a good laugh, of course. Don't hold it against your sarcastic friend for not being able to hold down a serious conversation;

he or she just likes to enjoy life for the little

#### Lesson 6: You should always face your fears

"Face your fear. You have a fear of heights, you go to the top of a building. You're afraid of bugs, get a bug."—Joey

It's not recommended that you go to the top of a building or harvest bugs, but you get the idea. Don't be afraid to try new things. More often than not, facing your fear or succeeding in a challenge instills such a large confidence boost, you can't help but laugh at yourself for being afraid in the first place. So go skydiving, sing in front of an audience, or, if you must, buy an art farm

#### Lesson 7: Respect others' boundaries

"Joey doesn't share food!"--Joey

Nothing creates memories quite like food. With all the various aromas and tastes of our fancy feasts, it's hard not to want to take a bite out of life. Just make sure that you don't take that bite out of someone's personal space. In Joey's case, no one was allowed to touch his food; no matter the boundary, you should respect it. Stay in your space, and let others stay in there?

#### Lesson 8: The truth about adulthood

"Welcome to the real world. It sucks. You're gonna love it!"—Monica

Remember being an impatient 14 year old waiting for adulthood? You probably had the same level of patience as Joey when there's a box of pizza sitting in the room. Well, now's about the time where you're probably wishing you could go back and change your mind. Adulthood isn't completely awful — the whole independence aspect is a huge plus — but paying bills and having to make your own doctor's appointments? Yeah, not so much.

# Lesson 9: Sometimes, the best approach to a situation is taking a step back

"I have to go before I put your head through a wall."—Phoebe

People will try your patience, and that's just a fact of life. Before you get hot-headed and lose your temper, remember to take a step back and collect your thoughts so you don't say something in anger. Sometimes, the best way to approach conflict is to temporarily put the problem on hold and rationalize the situation.

# Lesson 10: Most importantly, a true friend is there for you through thick and thin

"Sure, I peed on her. And if I had to, I'd pee on any one of you!"—Joey

OK, so peeing on someone who gets stung by a jellyfish is an extreme case, but the reasoning behind is applicable across all situations. True friends are the people who are not only friends but also family. These are the people you would do anything for and who would do anything for you in return, whether it's taking the burn out of a jellyfish sting, helping you resolve a personal issue or just taking the time to binge watch your favorite series on Netflix.

Just remember, no one told you life was going to be this way. Your class is a joke, you're broke and your love life's D.O.A. It may not be your day, your week, your month or even your year, but your true "Friends" will always be there for you.

# 9Muses brings mental health awareness to NSU

By: Natalie Pavan

NSU's Department of Occupational Therapy has partnered with 9Muses, a program that provides mental health recovery and support through creative activities, to spread mental health awareness in the NSU community.

9Muses, a program of the Mental Health Association of Southeast Florida, allows participants suffering from mental illness to create visual and performing arts like drawing, watercolor, jewelry making, among others. Now, they are displaying their artwork for purchase in the Steele Atrium of the Health Professions Division Building.

The Student Occupational Therapy Association (SOTA) is sponsoring 9Muses artwork, and every sale goes directly to support the 9Muses program.

Carol Lambdin-Pattavina, professor of Occupational Therapy, worked with 9Muses, SOTA and Stanley Wilson since last year to implement this, and she said this activity was an opportunity to raise awareness about the importance of mental and overall health.

"I have a passion for advocating for those who are experiencing mental illness," she explained. "We know that, from a national standpoint, mental illness is slowly but consistently cropping up on the radar as a major national concern."

Other parties were also involved in getting the awareness out. Stanley Wilson, dean and





associate professor of the College of Health Care Sciences, gave the approval to allow 9Muses to display their artwork in the atrium.

Wilson said that this activity will benefit students.

"It provides students with an opportunity to learn new skills," he said. "It's about exposing the general health care community in the health professions division to the work of individuals who are in the mental health areas."

The artwork on display at HPD highlights artwork created by

The art exhibit has been ongoing since January and currently displays paintings from a single client, Angelo, who was involved with 9Muses until his death in 2008. The artwork will change every six months.

Felix De Clercq, anesthesiology assistant graduate student, believes showcasing 9Muses

artwork is important.

"Those people put their entire universe into those paintings — it's like a window for us," he said. "You can be connected to that person through their paintings, and it's building a better society for tomorrow."

SOTA president Kelly Hammond, occupational therapy graduate student, believes this activity will spark an interest in students'

"I definitely think this will open students' eyes to a different side of health," Hammond said. "I would recommend getting more involved with the community and helping people suffering from mental illness."

Other students believe the paintings will start conversation.

"It's good for people to be aware because there's a mental health stigma in our society," Jenna Kopec, freshman secondary English education said. "It can be inspiring because people usually associate diseases with stigmas."

Claudia Montano, marriage and family therapy graduate student, said she believes this activity will increase mental health awareness.

"Sometimes you label the person, and there's more than the label," said Montano. "Art can get that awareness out and show that people with mental illness have a lot to offer, not just their condition."

# 'The Witch': Robert Eggers on his directorial debut

By: Natalie Payan

Robert Eggers is a production and costume designer known for his work on the short drama "The Tell-Tale Heart" in 2008 and the short action film "Hansel and Gretel" in 2007. His first feature film as a director, "The Witch," focuses on how witches and black magic tear apart a Puritan family in the 17th century.

The film won the Directing Award at the 2015 Sundance Film Festival. The criticallyacclaimed horror film appeared on the big screen

Here's what Eggers had to say about his well-received film.

#### Being from New England and knowing the entire history of "The Witches" and growing up with all that, how do you think that you singlehandedly created almost the ultimate Puritan nightmare?

"You know, I just read a lot of books, really. I think what it comes down to is my philosophy: that if you are going to make a film that's actually transportive, everything about it has to be so personal. It's not enough for me to set up a shop with the DP and say that looks cool, and the light's nice, and the set behind it is good. Every image in the film needs to be an articulation of my memory. It's as if this is my memory of my Puritan childhood and what my father smelled like in the corn field that day. I mean, that's sort of a little bit precious sounding, but that's my approach."

#### Have you always been inspired by folklore and fairytales? Did you want to just continue that and make that your brand of film?

"I guess. I wouldn't choose the word brand, but my agent might. And, I don't mean to be disrespectful or like a jerk about it, but, yes, this is the stuff that speaks to me and always has. And fairytales, folktales, religion, mythology, the occult, that's what I spent all my time reading about when I'm not doing my work, though it ends up being my work anyway. But I'm probably more interested in that than I am in the film itself."

What was the most shocking piece of research that you came across that you

#### didn't necessarily know before starting pre-production, and did that piece of information make it into the final film?

"Well, there's some shocking details of about witchery that did not make it into the film. You know, that mainly have to do with genitals, and so that's why they didn't make it into the film. But I think all the other kinds of particularly shocking things did. That people, if they called you a witch, they really believed that you were a fairytale ogre that's capable of doing the things that the witch in my film does. I mean, that's the lifeblood of my film, and that was the most interesting thing, is really understanding the mindset of these 17th century English puritan Calvinists."

What, to me, is the most difficult for "The Witch" was the very specific and very realistic portrayal of religious fanaticism., especially with that Calvinist background. What created that for you? Was it a specific upbringing, or was it something that came out of your research?

"Yes, I mean, you're just really reading the primary source material. Reading people's diaries and reading people's journals. There is a prayer manual by a man named Lewis Bayly who is in England, but he was an English Puritan, and it was a manual on how to pray. It's very helpful. And I did read lots of 20th and 21st century historians' and theologians' take on what this was about. There is a book also called the 'Practice of Piety' by a guy named Charles Hambrick-Stowe, which was also really, really very helpful. This guy, I believe he's a pastor. And so, he was able to kind of take this Calvinist predestination and explain it in a way that seemed hopeful to me, which was very helpful. I'm not trying to condemn these people for being Puritans. It's tragic to see that they're making these kind of mistakes when they're trying to do the right thing."

You not only directed the film, but you also wrote it. Was that a difficult process for you to do both and to direct the actors at the same time?

"Oh, no, I mean, a writer-director is not the craziest combination. It took me long to write the scripts, and that was difficult. But it was fun and gratifying. And, certainly, on set there were some scenes that I was wondering, 'Why did I ever write that? That's going to be a pain.' But, no, I went into this writing it and knowing that I wanted to direct it. So it was helpful. I think one of the biggest obstacles for a writer-director when you're writing the script is to try to get your ideas on the page in a way that everyone understands because the subject matter can be so specific to you, and you need to find a better way to articulate that on the page. That's an interesting obstacle."

#### How did you balance what the audience saw and what was left to the imagination? Was there sort of a science behind it or was it just more your choice in the moment of writing?

"Yes, I mean, definitely, it's go with your gut. But I think that there are some things, like if you see a goat talking, it's going to just be ludicrous. And there's no way in a billion years that you're going to make that and not look stupid. I think, in general, you've got to leave things in the shadows. You got to leave things to

the audience's imagination. I don't know what's in your soul. I don't know what scares you the most. You know, like if you're approaching an older witch in your dream, the moment she turns around is usually the moment you wake up. Did you see all of her face or not? That's got to be the approach. And, these monsters have power in darkness. Like if you have a monster under your bed, if you turn on the light, it's not there anymore."

#### How do you think the reactions that people are giving "The Witch" are settling with you? Is this what you were expecting, or were you not expecting this much of a reaction?

"I mean, I had to believe in the film on order to get it made. It took a very long time to get the film financed. And I needed to constantly, always believe that the film would find an audience. But I expected maybe four screens if we were lucky. So, to be opening wide and to have these kinds of extremely positive reactions from critics you know, I never [expected this] — not in a million years, not in a million years."



# **Seriously Kidding**

a satire column

## Iowa wants your children for its all-American Toddler Militia

By: Jazmyn Brown

Everyone might as well move to Iowa because parents can now groom their children into the polished sharpshooters of their dreams with the passage of a bill in late February.

It's almost as if children weren't already responsible for some unfortunate shooting deaths and injuries in 2015. Even without this legislation, toddlers still have access to guns, but lawmakers foresee that the bill will encourage parents to show them the in's and out's of their firearms.

"We want kids to understand guns before they learn the alphabet and how to use a toilet. And we're hoping that this will actually cut down on gun-related deaths and injuries because of parental negligence," a prominent Iowa representative said in a statement. "This forces parents to be accountable for teaching their children about the dangers of guns, and even how to properly use them under direct supervision, instead of making sure that they secure and properly conceal their weapons."

Children will also be required to take classes on firearm assembly and target practice and undergo vigorous physical training to be a part of an experimental program called the Toddler's Militia.

"I'm moving my family to Iowa, the best state in this country right now. We gotta take kids' curiosity and do something with it," said Denise Dolt, proud parent of a 2-year-old and a 4-year-old. "Children under the age of 5 have a natural tendency to explore and play with everything. We gotta teach them not only gun safety but also how to handle these weapons in the event of a threat."

Authorities will have the militia on standby and deploy it in extreme situations only, like lone-wolf mass shooters.

Stewie Pid, who has a set of 3-year-old

twins, said, "Can you just imagine an army of tiny children? That's the 'American Dream!' The little ones should be ready for anything, anytime. Doing this is the smartest option because having more educated gun handlers means that the bad guys will never win. This program will make sure that my children are equipped and will be known as national heroes one day."

But not all parents are in agreement with Iowa legislators.

"This is not my idea of gun-law reform. Why can't adults just be responsible and keep their guns where they know their kids can't get to them?" said Charles Shaw. "The most logical thing is to stop a situation before it begins by keeping kids away from these weapons — or am I missing something? Why do we need to prep toddlers, who aren't the most rational creatures yet, on guns? I just don't know what to say."

Leanna McAvoy, concerned mother of two toddlers and local law enforcement officer, condemned the bill, saying that humanity has taken a giant leap back.

"How can parents be trusted with supervising their children and guns if some of them can't even conceal them properly?" said McAvoy. "I mean, I keep my gun out of sight and out of reach. My children don't even know I have a gun, and I've never had an issue because of that. It's the parents who are careless who end up with a problem on their hands."

Iowa parents can register their children for the Toddler's Militia, which looks really great on a resume, at local law enforcement offices.

"Never mind paintball and BB guns, which are for angsty teens — this is the real thing," said Pid.

# Saluting solidarity

By: Roddia Paul

No one ever wants to talk about religion, and, if we do, it's censored out of fear of offense. But we can't filter offense. That's not to be inferred as condoning disrespect of other religions, but, instead, we should feel comfortable enough to express appreciation of other religions that are not our own without fear of persecution.

Last month, Dr. Larycia Hawkins was relieved of her nine-year position as a professor at the evangelical Christian school Wheaton College for posting a photo of herself wearing a hijab and captioning it with the statement that Christians and Muslims serve the same God. Hawkins was fired for, in the words of Wheaton College, going against the school's core beliefs.

While Hawkins' caption was indeed a big statement, we can't count it out as incorrect so abruptly. When speaking of differing religions, one usually would shy away from clustering them together just because they are monotheistic. However, Hawkins' claim was not intended to mean that Christians and Muslims practice the exact same beliefs. Although believers of both religions may serve "God," they each have differing beliefs about his power and resurrection. Her statement was an effort to shed light on the common ground between the two religions.

Muslim women have commonly

experienced negative reactions to wearing hijabs; it is too often seen as a symbol of oppression rather than a symbol of religious expression. For that reason, after Muslims were tormented in Paris and San Bernardino, Hawkins began to wear a hijab in solidarity with Muslim women.

Her ability to respect another religion and show appreciation for commonality despite the differences does in no way constitute abandonment of her own religious beliefs. If anything, she shows undoubted devotion to her beliefs by firmly practicing the act of loving thy neighbor. Somehow, the act of solidarity has been associated with abandoning ones identity, and that is not the case at all. Every day, we mingle with people of different races, ethnicities, cultures and religions, and who are we to say that someone cannot show support just because of differences?

When it's all said and done, Hawkins was fired on technicality. Her message was a positive one: despite our differences, we still can have understanding. But she was a professor at a Christian school, and so she should only speak about the Christian faith, right? Wrong. Sure her statement could have been expressed differently, or she could have elaborated a little more. Regardless, the act was one of unity and understanding.

# A-'hymn,' there's no cultural appropriation here

By: Afrin Naz

About two weeks ago, Coldplay released their long-awaited music video for their single "Hymn for the Weekend," featuring Beyoncé. The music video was totally unexpected — the good kind of unexpected. As an avid lover of Coldplay, I have much faith in their artistic crafts, but I didn't expect the music video to be shot in India. The tune and the lyrics of the song conjure a scene of happy people, clinking bottles and bright lights in a dark room. Being that I am from India, I felt a great kinship and appreciation for the music video.

After watching the music video, curiosity forced me to scroll down to the YouTube comments and several social newsfeeds to see what the consensus about the new Coldplay music video was. To my surprise, commenters accused Coldplay of cultural appropriation. I read allegations of Coldplay exotifying poverty and limiting India's visual appeal to orange-clad ascetics and scenes of Holi.

I undoubtedly disagree. When did happy, seemingly poor children translate to the exotification of poverty? Sorry to break it to you, but India's highline cities, such as Bombay, Delhi or Calcutta, do not define the country — poverty is just a reality of the Indian people. Happiness in poor areas is not a strange or exotic occurrence, either.

I visited India this past summer, and one of the many reasons I appreciated this music

video was its honest depiction of India. When you roam the streets as a tourist or a local, Hindu ascetics are a common sight. Are those the only attributes of India? Of course not, but how do you let people know where you are without explicitly mentioning you're there in four minutes?

You have to use the aid of these common visual appeals. The fact that performers often rely on these appeals to signal the audience shows that there is a lack of understanding on behalf of the audience, not necessarily the performers. Although I do see clear adoption of my culture for its beauty, aren't Coldplay and Beyoncé simply admiring my culture for its uplifting and vibrant spirit?

To the offended Indian community, if you are so keen to call out Coldplay and Beyoncé for cultural appropriation, I hope you are as keen to condemn item songs that perpetuate the rape culture in India and the misrepresentation of India as only having metropolitan cities. The phrase "cultural appropriation" should not be thrown around casually. It's hurtful to the artist and devalues his or her work. If we, as appreciators of art, don't recognize the talent and message behind works carefully, then we can expect artists to become more unwilling to showcase their creativity.

# My professor is worth it

By: Shayla Rooks

In a speech to the National Board of Professional Teaching Standards, Secretary Arne Duncan said, "Money is never the reason why people enter teaching, but it is the reason why some people do not enter teaching, or leave as they start to think about beginning a family or buying a home."

As a child, whenever I was asked what I wanted to be when I grew up, I happily replied, "A preschool teacher." To my surprise, the response to my dream career was never welcoming. My mother, for example, looked at me and said, "Oh honey, a teacher? But they don't make enough money. Maybe you should try and find something else." Being told this as a second-grader instantly crushed me, and I began to wonder what was wrong with being a teacher and why money mattered.

In the U.S., everything has to do with money. So, of course, when people think about educators, they associate them with low pay. Apparently, the significant impact professors have on their students is not evidence enough for higher pay. In fact, according to The Washington Post, the average professor made \$50,032 in 2015, and, although the pay rate is on the rise, the professors' salaries are less than the salaries of senior administrators. But professors should be given a higher salary because they not only have to teach students, but they also have other duties such as conducting research and serving their college or university.

College professors are not only educators but also contributors to the institution and the community as a whole. According to the National Education Association, college professors are called upon to perform four roles: teaching, scholarly or creative activities, service to community and institution and administration. Whether that is doing research within the area to help find a treatment for a

disease or completing community service, professors do more than people think and way more than they receive credit for.

Professors also help guide and support students throughout their often stressful college careers. They also assist by connecting students to people who could further those students' current and future academic goals. Professors can influence a student's career choice by exposing the student to many different career-affiliated experiences. Many times, students are not sure what they are passionate about, and having the mentorship of a professor can lead to a student deciding his or her ultimate career.

Moreover, professors are also there to increase students' self-confidence by helping them realize their potential. Having a college professor's assistance and guidance can, and often does, help improve students' performances. Whether it is their study techniques, career choices or just general life decisions, professors definitely have a huge impact on students' successes in college. This is important because a student's success in college, whether students realize it or not, can set the tone for the rest of their lives.

Professors deserve more recognition and higher pay because of the impact they have on the individual lives of their students. As much as students may hate having a professor who never seems to stop talking or seems too "nosey," they should always remember that professors genuinely care about their success and want to assist in any way possible. Students have to remember that their professors are more than just educators — they are motivators, mentors and so much more.

# Hooks don't just catch fish

By: Roddia Paul

It would be completely naïve to say that college students are not having sex, but one can only hope that they are using protection. However, according to stdcheck.com, Miami-Dade has the fourth-highest number of reported cases of STDs in the U.S.

If ranking number four wasn't scary enough, these high cases of STDs were among young adults between the ages of 15 and 24. Apparently, one needs to say "Hi, can I see the Carfax?" to find out more information before shaking somebody's hand. That's scary and disheartening.

When one thinks about the cases of STDs that go unreported, one would also think students would take more caution before lying in bed with someone. Unfortunately, that is not the case, at least not when young adults have a "hookup culture" mentality. Plainly stated, a hookup culture encourages casual sexual encounters, or what's commonly known as "hooking up."

The hookup culture is pervasive in the media, and it might be the reason why people, especially college students, commonly accept it. But what people forget is that a movie is a movie, and those fictional characters are exempt from any real disease one could realistically encounter. In other words, do not try this at

Preaching abstinence to college students is pointless because abstinence is entirely up to individual beliefs, but, when making the decision to engage in sexual intercourse, it is always OK to be picky. It's OK for one to not have sex with everyone he or she "talks" to, and it's even more OK to ask someone if he or she has ever been tested before deciding to take that step with him or her. Moreover, one should make it a point to

Young adults accept the commercially advertised hookup culture because society has made it OK, which is something that has to change to achieve long and healthy lives. One shouldn't want to risk contracting an STD, nor should he or she view it as a minor issue that is curable with a pop of pill.

According to teachingsexualhealth.ca, diseases such as HIV/AIDS, herpes, hepatitis B, and genital warts are all incurable, and many curable diseases such as gonorrhea and chlamydia can be a gateway to incurable diseases and can even cause pelvic inflammatory disease and infertility in women.

Why would one want to subject himself or herself or someone he or she loves to such consequences when they can easily be avoided by practicing safe sex? Safe sex does not take enjoyment away; all it means is that one makes the conscious decision to put health first no matter what. If each student did that, imagine how drastically reports of STDs in the area would decrease.

Like Gandhi said, one has to be the change he or she wants to see, even if that just means using protection or "just saying no" because that's where it all begins.

College can be fun, and there are many traditions that characterize living in a college environment; however, contracting STDs should not be one of them. Everyone only has one life to live; don't ruin it by making choices with consequences that can turn into life-long

# Kesha's freedom outweighs any contract

By: Jazmyn Brown

Imagine you agree to take on a dog-sitting job for your neighbor. Imagine that the dog is actually rabid and aggressive, and it bites you. Imagine the fear, the terror, the absolute horror that you would feel when you merely thought about being near the dog. Imagine its owner telling you that you couldn't quit. Sounds fair, right? If you think of the music industry as rabid dog-sitting, then Kesha's going through that same, albeit more sickening, scenario.

One out every 6 women in the U.S. are victims of attempted or completed rapes, and 68 percent of sexual assault cases are not reported to authorities, according to the Rape, Abuse and Incest National Network (RAINN). Among the reasons for unreported sexual assaults are threats, lack of concrete proof and fear that authorities won't address the situation properly. In addition, only 2 percent of rapists go to prison, according to RAINN.

Kesha is among the minority who pursue legal action after suffering abuse. Although she did not report the actual assault to the police, in 2014, Kesha filed a lawsuit against her producer, Dr. Luke, alleging that he forced her to snort date rape drugs and sexually assaulted her, according to Billboard. The singer also claimed that Dr. Luke took control of her career after coaxing her into dropping out of high school at 18, threatening to ruin her if she reported the sexual abuse.

This past February, Kesha requested an injunction that would release her from her contract with Dr. Luke so she could finally try to move on and make music with someone who hadn't abused her. Because of money and technicality, New York Supreme Court Justice Shirley Kornreicha denied the injunction

"I don't understand why I have to take the extraordinary measure of granting an injunction," Kornreicha said, according to USA Today. Apparently there isn't enough evidence, but one look at Kesha's face in the paparazzi photos tells you all you need to know.

Kesha, who went through years and years of emotional and mental trauma, managed to speak out about it, only for her abuser to walk away unpunished and a judge to prevent her from dropping her contract for the sake of "the commercially reasonable thing," as per USA Today. When you find that contracts and legal jargon deny the fundamental human right to not be harmed, that's how you know your supposed "justice system" is screwed.

When Kesha sobbed and pleaded and begged to get away from the man of her nightmares, how could another human being be so cold and essentially tell her that she had to work with the one person who makes her life a living hell? And even if Dr. Luke had invested tens of millions of dollars into Kesha's career, as his lawyer argued he did, that doesn't cancel out the trauma he caused Kesha.

When a celebrity — a rich celebrity — can't get out of a contract to be away from her abuser, what does that say to the rest of the world? When the court system acts in such a way that further injures a victim of unspeakable evil, how do you justify that? The answer is that saving a "heavily negotiated" contract is more important than a victim's safety and peace of mind.

This latest hitch in Kesha's legal battle only confirms the notion that, even if a woman does report her abuser, not only will he not go to prison, but she will also never be able to escape him. Dr. Luke has held Kesha hostage for all these years, and now the legal system, the one that's supposed to shield others from danger, is doing the same. The irony is almost laughable, if only it weren't so pitiful.

# WHY ARE YOU GRATEFUL FOR NSU PROFESSORS?

# SHARK SPEAK



"Many of my professors make big exams such as finals less stressful, and, even though my classes are tough and demanding, I always know that my professors have my best interest at heart and effectively transition into being a are doing their best to encourage success.'



diversity in their teaching styles ing of each student's needs." and, as a result, have helped me college student. Most importantly, they have helped me by encour-- Zubaida El Hage, master's in aging me to both stay on top of business administration student my academics and build relationships with my professors."

> - Efrain Caceres, freshman biology major



- Mamie Woolfolk, junior athletic both interactive and easy." training major



"I really appreciate the fact that "I love that my professors are ded-" I have been lucky enough to have "I am grateful that my professors "I'm thankful for the expertise they are unpredictable. My pro- icated to making sure I succeed, several professors who are genu- are open to setting up times to amongst my many professors. So fessors thus far have maintained and they are always understand- inely nice and engaging. Their meet outside of the classroom be- many of them have world recogni-

business administration student



teaching styles make learning cause they really help prepare me tion in their individual fields, and, for big assignments and tests."

- Zuleika El Hage, master's in - Marc Mendez, freshman athletic sual real world experience to my training major material."



as a result, I am able to apply vi-

- Jesse Favro, clinical psychology student

# HELP WANTED

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#### **Rate: \$8.50/hour**

Assist the staff in the College of Osteopathic Medicine's SIM Lab and SIM Clinic by providing general clerical duties such as typing correspondence, reports, emails, photocopying, filing and assisting in completing projects as needed for special events within the two labs.

Group Facilitator/Vocational Services-Pembroke Pines-(OFF33) Job ID: 4895 Hours: 10 hrs./week Rate: \$12/hour

Facilitate Educational/Vocational groups to clients looking to obtain their GED and job training skills. May tutor or give individual assessment under the supervision of the educational specialist and educational coordinator.

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Rate: \$13/hour

Work with and help children read well in Broward County elementary schools.

Program Evaluator-(812) Job ID: 5675 Hours: 5 hrs./week to 10 hrs./

#### week Rate: \$12/hour

- 1. Conduct assessments and observations at various afterschool programs in Miami-Dade County.
- 2. Provide feedback of assessment results to afterschool providers.
- 3. Develop improvement plans to be implemented in the afterschool programs.
- 4. Assist with off-site trainings for afterschool providers.
- 5. Help make and organize materials for training.
- 6. Collect data from trainings, organize/score data, and input into Project RISE databases.
- 7. Opportunity to develop and coordinate research projects.
- 8. Assist with administrative duties when necessary.
- 9. Additional duties as assigned by the Director.

Administrative Assistant for the Achieve in Medicine Medical Immersion Camp-(HPD266) Job ID: 5716

Hours: 20 hrs./week

Rate: \$9/hour

 Assist in the planning, organization and logistics of two one-week medical school immersion camps (summer 2016)

- Assist the Director with the marketing and promotion of the AIM-High Camp
- Manage the registration progress for AIM-High
- Assist in the implementation of camp evaluation
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- Assist with the implementation of the camp

Student Preschool Aide-(1163)
Job ID: 5719

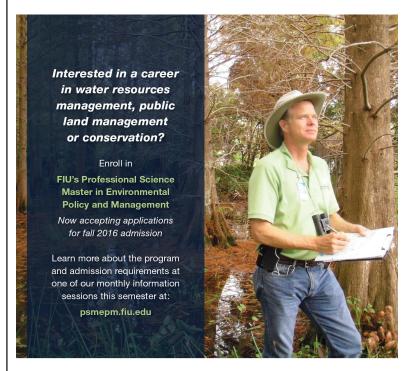
Hours: 20 hrs./week

Rate: \$8.50/hour

Candidate will be expected to support students with Autism in a classroom setting. The focus will be on maintaining a safe and stimulating environment to foster social and academic growth.

> Student Assistant-(092) Job ID: 5455 Hours: 15 hrs./week Rate: \$8.50/hour

Answer telephones, data entry and mailings for commencement, organization and mailing of diplomas. File, make photocopies, run errands and other duties as assigned, depending on office work loads.



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