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## The Current Volume 26 : Issue 5

Nova Southeastern University

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# The Current

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## Cool tattoos with cooler stories

P. 8



## Honoring famous Hispanic athletes

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## NSU Grads who made it big

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## #relationshipgoals are #ridiculous

P. 14

By: **Alyssa DiMaria**  
@Current\_DiMaria

## NBC highlights NSU

NBC-6 South Florida's Adam Kuperstein will report live from the Don Taft University Center on Sept. 30 as part of NBC's "Back to College Week."

Director of Public Affairs Julie Spechler said NBC will highlight key areas of the university and provide students with an opportunity to gather and celebrate what makes NSU unique.

**"It's a great way to show school spirit and is sure to be a fun experience that students will remember for years to come,"** - Julie Spechler, director of public

affairs

"Having this opportunity for us to showcase what makes NSU special to the South Florida community is really important," Spechler said. "We know how great NSU is, and this live broadcast allows us to communicate that to so many viewers."

Students, faculty and staff interested in being part of the live broadcast should arrive at the Shark Fountain at 4:30 p.m. on Wednesday dressed in NSU and Shark gear. NBC's coverage



Show your shark pride at NBC's Back to College Week.

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will run from 5 to 6:30 p.m. and feature Facebook and Twitter updates with the hashtag #NSUonNBC6 on TV throughout the coverage.

"It's a great way to show school spirit and is sure to be a fun experience that students will remember for years to come," Spechler said.

Lexi King, junior communication studies major, is a second-year cheerleader at NSU. She attended the broadcast last year and said attendees can expect an atmosphere filled with loud music, bright lights and a lot of excitement again this year.

"The broadcast was so much fun, and students should attend because it gives them the opportunity to be on the news, as well as help

represent NSU and increase school spirit," she said. "Just being around the news crew is enough to get anyone excited. We have an amazing university, and I would love to see more people come out and show support."

Associate Director of Public Affairs Vera Mandilovitch said NSU will be giving away many free gifts to attendees throughout the live broadcast.

"Some of the goodies include food vouchers for any NSU eatery on main campus, portable battery chargers for a smart phone or tablet and really cool NSU beach towels," she said.

The grand prize giveaway is a new HP all-

in-one wireless desktop printer that will be given away at the conclusion of NBC's live broadcast. The winner must be present to receive the prize.

This will be the third time NBC covers NSU as part of its college tour. Kuperstein, along with news anchors Jackie Nespral and Jawan Strader, will cover some of the programs that NSU offers, including the athletics department and initiatives at the Halmos College of Natural Sciences and Oceanography, the College of Undergraduate Studies, the College of Dental Medicine.

"It's a really good opportunity to showcase all of the great work that college students are doing across South Florida," Kuperstein said. "We have so many schools in this area, and sometimes I think that because we're in such a big metropolitan city, we forget about the great work done by our universities and colleges."

Producers at NBC proposed the idea for a college tour of South Florida universities two years ago. Kuperstein said that they thought it went well the first year and so they expanded the tour this year.

"I really think the first time we did College Week, the most memorable experience was probably at NSU because it was such a great crowd," he said. "All of the faculty got involved, and it just made for a ton of fun."

Throughout the entire week, NBC will cover a different school each day on the 5 and 6 p.m. newscasts.

By: **Alyssa DiMaria**  
@Current\_DiMaria

## NSU takes students on South Florida adventures

The Office of Special Events and Projects and RecWell's Outdoor Adventures program will offer students exclusive discounted tickets with free transportation to popular events and locations in South Florida, also known as Sharks on the Scene.

Graduate Assistant for Special Events & Projects Lorena Cabrera said that through this program, students will have the opportunity to explore South Florida and other areas and take advantage of what is here.

"Given the unique culture of South Florida, there is an abundance of diverse cultural, leisure and learning experiences that our students can benefit from," she said.

S.O.S. upcoming events will be announced through email, posters, flyers, social media and word of mouth.

Since the S.O.S. program is in high demand, Cabrera advises students to check emails from S.O.S. and pay attention to ticket sale dates. Students are also encouraged to arrive early on sale dates to increase their chances of securing a ticket.

The tickets are only available to NSU students on a first come, first served basis. All attendees must ride in the transportation provided to S.O.S. events.

Cabrera said S.O.S. was created to provide students with the opportunity to enhance their

collegiate experience outside of the university.

"The goal when establishing S.O.S. was to create small, personal and memorable experiences that allow students to engage with one another, establishing a connection between students who might not normally meet," she said.

The program originally launched in January and Cabrera said it has been very successful since its beginning.

"We are very impressed with the outcome of S.O.S.," she said. "Our student response and satisfaction levels were extremely high. So far, student's interest and reaction to what we have planned for this semester have also been positive."

The upcoming event for this month is to Rapids Water Park on Sept. 26 at 9 a.m. The ticket price is \$15, which includes park entry and a meal ticket.

All tickets will be sold in the Office of Student Activities, located in the Don Taft University Center. Phone, email orders or ticket reservations are not allowed. Students must show their SharkCard to purchase tickets.

For more information, contact the Office of Special Events and Projects at 954-262-7494 or specialprojects@nova.edu.

### Fall 2015 Sharks on the Scene schedule

**\*Special trip\***  
**October 2-4**

#### Peace Up, A-Town Down at Atlanta, Georgia

Venues: Six Flags Over Georgia, The Center for Civil and Human Rights, World of Coke and The Georgia Aquarium  
Ticket price: \$250 (includes roundtrip airline tickets, two night stay at the Westin Peachtree Plaza in the heart of Downtown Atlanta, 4 meals, shuttle transportation, entrance to Six Flags Over Georgia's "Fright Fest," The Georgia Aquarium, World of Coke and The Center for Civil and Human Rights)

**Oct. 17**  
**Fishing Charter**

NSU Shuttle Pick Up Time: 7:15 a.m.  
Sea Legs Marina  
Ticket Price: \$20 (includes fishing equipment and lunch)

**Oct. 24**

#### Mountain Biking

NSU Shuttle Pick Up Time: 8:45 a.m.  
Blue Moon Outdoor Center  
Ticket Price: \$15 (includes bike rental, guided tour and lunch)

**Oct. 31**

#### Paintballing

NSU Shuttle Pick Up Time: 9 a.m.  
Extreme Rage Paintball Park  
Ticket price: \$20 (includes entry fee, paintball equipment and lunch)

**Nov. 14**

#### Horseback Riding

NSU Shuttle Pick Up Time: 10:00 a.m.  
American Horse Trails  
Ticket price: \$20 (includes ride and lunch)

**Nov. 21**

#### Florida Panthers vs. New York Rangers Hockey Game

NSU Shuttle Pick Up Time: 5:30 p.m.  
BB&T Center  
Ticket price \$15 (includes entry to game)

# NEWS ANCHOR

Stay up to date with international events.

## Tourists killed in Egypt

12 tourists were killed, and 10 were injured after Egyptian security forces opened fire after mistaking them for militants. Egyptian militants and police were chasing “terrorist elements” in the Western Desert when they discovered the tourists. The country’s Interior Ministry said Mexicans and Egyptians were among the victims. News agencies report the group was not in authorized tour vehicles, and they didn’t have permits for the trip.

## Grand Mosque faces destruction

107 people were killed, and at least 238 were injured when a construction crane crashed through the roof of the Grand Mosque in Mecca after a strong storm. The incident happened 10 days before the beginning of the Hajj, an annual Islamic pilgrimage that is expected to bring approximately 2 million people to Mecca. Cranes currently surround the mosque while it undergoes expansion, and the construction firm working on the enlargement is owned by the family of late al-Qaeda leader Osama Bin Laden. It is under investigation for being “in part” responsible for the tragedy.

## Scientists find a close relative of humans in South African cave

Scientists have discovered fossils of human-like creatures, named *Homo naledi*, deep within a South African cave known as Rising Star. The bones have primitive and modern features; their age is unknown, but scientists estimate that they are between 100,000 and several million years old. Scientists also said every age group was represented in the fossils and that the animals were less than five feet tall, thin and small brained, with human-like feet and hands and curved fingers. More than 1,550 bones from approximately 15 individuals were found, and scientists guess that thousands more can be found at the site. The cave chamber in which they were found is only accessible after climbing a steep, jagged rockfall and going through a seven-and-a-half-inch-wide crack that goes down more than 30 feet.

## Viral image of skinny polar bear explained

The photograph of an extremely underweight polar bear has gone viral on the internet, and the photographer has explained why it’s so important. Kerstin Langenberger, nature photographer, posted the photograph to her Facebook page and said that she regularly sees skinny or starving female polar bears, even though scientists claim the polar bear population of the Norwegian islands of Svalbard is stable. According to the International Union for Conservation of Nature, polar bears are considered to be vulnerable because there has been a population reduction of more than 30 percent in the last 45 years. IUCN attributes the decline to global climate change. Langenberger said that she generally witnesses bears walking on shores in search of food and that bears are resorting to reindeer, birds’ eggs, moss and seaweed for food. IUCN reports that sea ice coverage will continue to decline over the next 50 to 100 years.

## Nearly 100,000 people in Japan abandon homes due to flooding and landslides

The city of Joso in northeastern Japan was hit with unprecedented rain, and the Kinugawa River spilled over its banks, sending a wall of water through the city and displacing more than 90,000 people. The flooding and landslides began after a tropical storm brought 125-mile-per-hour winds. Japan’s non-combat military Self-Defense Force is part of the rescue forces.

## WWF report claims that marine life population cut in half since 1970

The World Wide Fund for Nature released a report that claims that pollution, industrial fishing and climate change have reduced global marine life to half of what it was in 1970. Marco Lambertini, head of WWF International, claims that in a single generation, humans have damaged the ocean by catching fish faster than they can reproduce. Fish, which are essential in poorer nations that rely on them for protein, were severely decimated; tuna and mackerel have declined by 75 percent. Coral reefs, mangroves and sea grasses have also decreased. Scientists have said that the loss of species in the ocean and on land—which occurs 100 times faster than it did 100 to 200 years ago—indicates that the Earth has entered a sixth mass extinction.

## Correction

In the last issue, we identified J.D. Martinez as the professional baseball player who threw a no-hitter in the Athlete of the Week story. Mike Fiers was the correct athlete.

## Emergency Preparedness Panel to help NSU during disaster

By: **Alokika Patel**

In honor of National Preparedness Month, NSU’s Emergency Preparedness Panel will host a discussion on ways the NSU community can prepare for storm disasters, in lieu of Hurricane Ericka, on Sept. 28 in the H. Wayne Huizenga School of Business and Entrepreneurship Knight Auditorium from 6 to 7:30 p.m.

To avoid a situation in which students, especially those from out-of-state, are unprepared for such emergency situations, the university created the Emergency Preparedness Panel to discuss procedures in case of a threat and to inform students of the proper way to handle an emergency.

Megan Foley, event coordinator and member of NSU’s Institute for Disaster and Emergency Preparedness, said the information given at the event is important to students because the campus is located in a high-risk environment.

“South Florida has had to recover from many hurricane hits, despite the fact that we have been lucky in the past few years,” Foley said. “The panel will discuss all possible scenarios and solutions.”

Foley said the panel is especially concerned with residential students in the event of a disaster because they must be adequately sheltered.

“Students should be aware of potential storms and have a plan in the event of an emergency,” Foley said.

Within the last five years, South Florida has been fortunate enough to not have experienced any sort of natural disasters; however, abundant rain and unpredictable lightning and thunder have

made it essential to take the necessary precautions to prevent any sort of damage.

Pavan Tilokani, sophomore business administration major said, “When a disaster hits, my number-one priority is safety, and I want to make sure my parents are comfortable with me living on campus during any disaster.”

During the first week of the semester, Tropical Storm Erika brought inclement weather to the area. Many out-of-state students were shocked that the storm was heading to South Florida.

Desiree Lakin, freshman athletic training major, is from out-of-state and said that although she does not know what to expect when a natural disaster occurs, she is comforted by NSU’s prioritization of students’ safety.

“It feels good to know that we, as students, have people taking care of us in case of a disaster,” she said.

In upcoming months, the panel will conduct community-wide awareness events about disasters and recovery.

Following the discussion, the panel will make an appearance at Sharky Story Time in the Alvin Sherman Library, where they will demonstrate lightning safety in a puppet show for children, followed by a discussion of the importance of being prepared for emergencies with the parents.

For more information, contact Megan Foley at mf1106@nova.edu.

# The Current

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Contributing writers must not be directly involved with their coverage. Coverage by contributing writers must be meaningful and of interest to the NSU community. The Current reserves the right to edit, publish or deny submitted works as it sees fit. The Current shall remain free of associations and activities that may compromise integrity or damage credibility or otherwise create a bias, real or perceived.

Zeta Phi Beta Sorority  
Informational  
@ Commons 126  
7:20-9:20 PM

Latin Dance Classes,  
Latin American  
Student Association  
@ RecPlex  
multipurpose room 1  
8-10 PM

SEPT 22

Cinema Tuesday:  
Empire Watch Party,  
Student Events and  
Activities Board  
@Flight Deck  
9-10 PM

SEPT 23

# On Shore Calendar

Green Tea Party,  
Alpha Kappa Alpha  
Sorority  
@Carl DeSantis 1047  
7-9:30 PM

Cinema Tuesday:  
Scandal Watch Party,  
Student Events and  
Activities Board  
@Flight Deck  
9-10 PM

SEPT 24

# Sharks to assist youth baseball program

By: **Max Gallner**

NSU's baseball team plans to give back to the community by participating in a program called the West Pembroke Pines Miracle League on Sept. 25.

The Miracle League provides an opportunity for mentally or physically-challenged children, who would otherwise be unable to participate with their healthy peers, to play baseball.

The league started in the metropolitan Atlanta area in 1998 and has since grown into 275 organizations world-wide, including in Canada, Mexico, Puerto Rico and Australia. The Miracle League serves over 200,000 disabled young children and receives support from 22 Major League Baseball clubs, as well as several current and former players and coaches.

***"They truly enjoy playing, and seeing them smile makes me appreciate the game a lot more."*** - Starting third baseman

Kavan Thompson, senior  
biology major

Athletic Director Mike Mominey started the partnership nine years ago when he was head coach. Mominey said he had the privilege to be involved in the early initiatives of the Miracle League alongside its founders.

"The program has grown and as of today, up to 50 young boys and girls participate in this wonderful baseball program," he said.

Greg Brown continued the relationship



NSU's baseball team scores a homerun for the community.

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with the league when he was named head coach five years ago and has maintained his role as facilitator ever since.

"We are all very proud to be associated with Miracle League and be able to share our game with the young boys and girls, who play with so much enthusiasm," Brown said. "It is truly a night that we mark on our calendar every single year and look forward to."

Starting third baseman Kavan Thompson, senior biology major, said he gets more out of the experience than he believes the children do.

"It's just really rewarding to see all the kids play baseball," he said. "They truly enjoy playing, and seeing them smile makes me appreciate the game a lot more."

Though this will be the first Miracle League experience for freshman pitcher Anthony DiFede, computer engineering major, he has been involved with the program since he was on the Bobcats baseball team at West Broward High School, which is located only a mile from the league's home field.

DiFede, who is friends with one of the players, said that it's a great chance for them to not worry about their disabilities and to feel completely supported.

"When the kids are out on the field, they're laughing the whole time," DiFede said. "It's nice to see that. The only thing they're thinking about is having fun."

One of Thompson's favorite aspects is maintaining friendships with the kids they help year after year.

"It's a great feeling getting to go back every year. Seeing the same faces and having a long relationship with these ball players is a great experience," he said. "I'm looking forward to going back after graduation to keep the relationships we've made."

Volunteer service hours for the Miracle League are also available to the public. To find more information about Miracle League, visit [wppomiracleleague.com](http://wppomiracleleague.com).

# President Hanbury responds to student debt criticism

By: **Alyssa DiMaria**  
@Current\_DiMaria

President George Hanbury responded to criticism from two online publications regarding NSU's graduate student debt.

The first article, "As Graduate-Student Debt Booms, Just a Few Colleges are Largely Responsible," was published in The Chronicle of Higher Education, an online source of news, information and jobs for college and university faculty members and administrators. BuzzFeed, a social news and entertainment company, immediately took notice of this article and published one of their own, "How a College You've Never Heard of Became a Grad School Giant." Both articles were largely focused on NSU.

Hanbury addressed how student loan debt is of great concern to him. He explained that because of its young age, NSU is seeking to build its endowment and expand research to offset rising tuition costs like older research universities have been able to do so successfully in the past.

The BuzzFeed article states, "NSU doesn't have much of a name outside of southern Florida...but it made national news last month for a staggering statistic: last year, graduate students there took out more than half of a billion dollars in student loans, more than almost any other school in America."

Hanbury responded that the information presented in the article is misleading.

"On a per student loan basis, we have made an examination of the average loan amount, versus per institution, revealing that there are more than 170 colleges and universities with higher average unsubsidized loan amounts per student and more than 180 with higher grad plus

loans per student than NSU," said Hanbury.

NSU's Director of University Relations Brandon Hensler said the topic of graduate student debt has been widely talked and written about for several years now. The federal government recently released a College Scorecard, where a university's information can be found. NSU's "scorecard" shows that NSU graduates earn more income after graduation than the average college or university graduate.

"NSU and its graduates have a very positive story to tell. The default rate for NSU graduates is far below the national average for both private/not-for-profit as well as state universities," Hensler said. "While in a list of schools with graduate debt NSU appears to be high, readers should keep in mind that NSU is 80% graduate/professional and so it is logical that the graduate debt level would be higher than schools with a more typical undergraduate-graduate ratio."

Throughout Hanbury's letter, he continually took pride in NSU by reiterating the fact that NSU is the largest private, selective research university in Florida, the second largest in the Southeastern United States and the tenth largest in the nation.

"Our value proposition is outstanding," he said.

NSU's specialties align with broader trends in American education: Growth in graduate enrollment, increasing demand from employers for graduate degrees on top of bachelor's, growth in college attainment among black and Latino students, a surge in demand for healthcare workers and a lifting of federal caps on graduate student borrowing.

Hensler said NSU awards more graduate degrees to Hispanic students than any other institution in the country, according to the university. 24 percent of its graduate students are Latino, and 24 percent are black. Their average age is around 33.

"The proof for NSU is indeed in the low default rate statistic, but also in the stories that our graduates tell. They are physicians, dentists, lawyers, college and university presidents, school system superintendents, government officials, chief officers of national companies and one is the Vice President of a country; and the list goes on," Hanbury said. "We have been recognized by the Carnegie Foundation for the Advancement of Teaching as High Research and Community Engaged, and NSU is also designated as a Hispanic Serving Institution by the U.S. Department of Education."

Hensler said NSU has been able to grow because it has focuses almost exclusively on graduate students since it was founded in the early 1960s, when it began as loosely joined conglomerate of local graduate programs.

"The master's degree is the new bachelor's degree in terms of advancing your career, and they've begun to offer programs in tightly focused areas like conflict resolution and student affairs," he said.

NSU offers over 60 master's programs and over 20 doctoral programs.

Hanbury said, "With our roots in graduate-level educational excellence, we are equally dedicated to research and the betterment of our community, our nation and our world. That is the whole story."

## NEWS BRIEFS

### Introducing RecWell

The Office of Campus Recreation has changed its name to the Office of Recreation and Wellness. As part of the change, the gym's official name has also changed from the RecPlex to RecWell. The office changed its name to reflect NSU's 2020 Vision and to take a more comprehensive and holistic approach to wellness benefits.

### New outdoor tennis courts

The Don Taft University Center's RecWell has two new outdoor tennis courts, funded in part by the NSU Pan Student Government Association. The courts are available daily during normal RecWell operational hours. The courts are also lighted for nighttime use. The courts may be reserved 24 hours in advance by calling 954-262-7301. Tennis racquets are available for check-out, and tennis balls are available for purchase. For more information, visit [rec.nova.edu](http://rec.nova.edu).

### Tools for Success workshops

The Office of Undergraduate Student Success will host its Tools for Success Workshops from Sept. 22 through Nov. 17 in the H. Wayne Huizenga School of Business and Entrepreneurship Knight Auditorium from 12:10 to 12:50 p.m. The workshops will include tips on writing skills, math, time management, test preparation and stress management. To see a complete schedule of the workshops, visit [sharkfins.nova.edu](http://sharkfins.nova.edu). For more information, email [studentsuccess@nova.edu](mailto:studentsuccess@nova.edu).

### 21st annual Mr. Fantastic

Delta Phi Epsilon will host its 21st annual Mr. Fantastic, a male beauty pageant, to raise awareness and money for the Cystic Fibrosis Foundation on Sept. 25 at 7 p.m. in the Don Taft University Center pit. Male contestants from different fraternities and athletic teams will compete for the title of Mr. Fantastic in talent, formal wear, casual wear and trivia rounds. For more information, contact Nicole Almeida at [na503@nova.edu](mailto:na503@nova.edu) or Jessica Rodriguez at [jr2387@nova.edu](mailto:jr2387@nova.edu).

### Road closure on campus

Sections of Perimeter Road will be closed from Sept. 28 to Nov. 13 between The Commons parking gate and College Avenue, and Nov. 13 to Jan. 6 between CLC and The Commons parking gates. During these times, students will still have access into the parking lots. Alternate routes are available. For more information, contact the Office of Residential Life and Housing at (954) 262-7052 or at [reslife@nova.edu](mailto:reslife@nova.edu).

### Hazing seminar

The Office of Student Activities will host an anti-hazing seminar for all sorority and fraternity members on Sept. 28 at 7 p.m. in the Performing and Visual Arts Center of the Don Taft University Center. The seminar will serve as a reminder that NSU has a zero-tolerance policy for physical and emotional hazing in any club or organization. In a case of hazing, the incident will be reported to the Office of Student Activities and to the Dean of Administration for Student Affairs and the College of Undergraduate Studies. For more information, contact Graduate Assistant for Fraternity and Sorority Life, Kaitlyn Bamrick, at [kb1050@nova.edu](mailto:kb1050@nova.edu)

### Registration is now open for the 2015 Shark Shuffle

Registration is open for NSU's Annual Shark Shuffle 5K Run and Walk, which will take place on Oct. 11. The cost of registration is \$12 for NSU students, staff and their families and \$20 for community members. The Shark Shuffle promotes health and wellness, regardless of ability level. NSU students are eligible to win a \$500 cash prize for finishing. To register, visit [www.rec.nova.edu](http://www.rec.nova.edu).

### Register for Sallarulo Race 2015

Broward County invites all NSU students to join Special Olympics Florida at the 10th Annual Sallarulo's Race for Champions 5K Run/Walk on Nov. 7 for free. To register as an individual or as a team go to [firstgiving.com/sofl/sallarulos-race-for-champions-2015](http://firstgiving.com/sofl/sallarulos-race-for-champions-2015). For more information and to find out how to register, visit [sharkfins.nova.edu/?p=30743](http://sharkfins.nova.edu/?p=30743).

## Race to presidency 2016: Know your candidates

### Fact checking the GOP Debate

On Sept. 16, CNN hosted the GOP Debate between the Republican presidential candidates. The following statements were made by candidates throughout the GOP debates, and the verdicts were decided by The Current staff upon after heavy research of reputable sources. Full transcripts of the debates can be found online at Time.com, CNN.com and other news sources.

*"[Saudi Arabians] are not accepting any of the people, any of the migrants that have been—the refugees that are being pushed out of Syria. Saudi Arabia is not accepting one."*—Rand Paul on Syrian Refugees

According to the United Nations Refugee Agency, there are currently 4,086,760 registered Syrian refugees. Amnesty International and Human Rights Watch both stated that Saudi Arabia has refused to allow Syrians to formally resettle in the country. Numerous sources, including UNRA and Al Jazeera, have reaffirmed that the only countries to officially accept refugees are Lebanon, Turkey, Jordan, Iraq and Egypt. A UN official reported that Saudi Arabia is unofficially housing 500,000 Syrians, although it hasn't specified their arrival date or refugee status.

**VERDICT:** Formally, this statement is true. Registered refugees have not been accepted. Informally, this statement is complicated. If there are refugees in Saudi Arabia, it is unclear when they got there and if they are seeking shelter from the Syrian Civil War.

*"I was named U.S. Attorney by President Bush on Sept. 10, 2001."*—Chris Christie, when asked about his opinion on Dr. Carson's statement that U.S. shouldn't have gone to Afghanistan after 9/11.

On Sept. 10, records show Christie was notified that he was the choice for U.S. Attorney; however, it wasn't until Dec. 7, 2001 that the White House formally named him to the position. He was confirmed by the U.S. Senate on Dec. 20 of that year and sworn into office on Jan. 17, 2002.

**VERDICT:** False

*"If a high school kid asks me a question in Spanish, a school—by the way, a voucher program that was created under my watch, the largest voucher program in the country, where kids can go to a Christian school, and they ask me a question in Spanish, I'm going to show respect and answer the question in Spanish."*—Jeb Bush, in a response to Trump on why it's acceptable to speak Spanish as part of assimilation.

Florida became the first state in the U.S. to house a statewide voucher program in 1999. Under the program, students could receive vouchers of up to \$3,389 to attend private and parochial schools.

**VERDICT:** True

*"There have been numerous studies, and they have not demonstrated that there is any correlation between vaccinations and autism."*—Ben Carson, on vaccinations and their relation to autism

As of this year, the Centers for Disease Control report there is no link between vaccines and autism. A 2013 study by the CDC showed that vaccines do not cause autism because the ingredients within the vaccines do not link to the genetic disorder. The claim that the two were connected originated in 1998 when a now discredited study stated that the measles, mumps and rubella vaccines link to autism. The lead researcher was later found to have been compensated for the research by a law firm that was hoping to sue the makers of the vaccine.

**VERDICT:** True

*"We won't know [if Iranians cheat] under this agreement. There are several facilities in Iran they designate as military facilities that are off limit all together. Beyond that, the other facilities, we give them 24 days' notice before inspecting them. That is designed to allow them to hide the evidence. And most astonishingly, this agreement trusts the Iranians to inspect themselves."*—Ted Cruz, on the Iran Deal

According to the Iran Deal, the International Atomic Energy Agency is allowed access to any

military site in Iran, although specific access is determinant in side deals between Iran and the IAEA. The 24-day window for notice of inspection is activated if Iran and the IAEA do not agree on access to a particular site. As soon as IAEA requests access to a site, there are 14 days to arrange access or address the concerns. If concerns aren't met, the U.S., Russia, China, France, the UK and Germany, who are all members of the deal, have a week to address the issue. Iran then has three days to comply with their decision. Iranians will be allowed to help inspect areas, but along with inspectors from other countries who will closely monitor the inspections themselves.

**VERDICT:** As far as self-inspections, Cruz was false; however, it is hard to completely understand all stipulations of the 24-day notice without the full text of the documents.

*"Despite the fact that we are the most generous country in the history of the world in allowing people to come here legally, we have people still coming illegally."*—Marco Rubio, on immigration

The United States is ranked number one in the world for the number of immigrants accepted into the country. According to the Organization for Economic Co-operation and Development, there are approximately one million immigrants moving to the U.S. each year; however, when compared to the overall size of the U.S. population, those immigrants only make up approximately 0.4 percent of the population.

**VERDICT:** True, but misleading.

*"Anyone who has watched [the video tape from Planned Parenthood]—I dare Hillary Clinton, Barack Obama, to watch these tapes. Watch a fully-formed fetus on the table, its heart beating its legs kicking, while someone says we have to keep it alive to harvest its brain."*—Carly Fiorina, on Planned Parenthood

Last month, The Center for Medical Progress, a non-profit organization of citizen journalists, released a video where a former worker for StemExpress, a biomedical research

company, said she saw a full-formed fetus's heart beating after it was aborted in a Planned Parenthood clinic. The video shows an apparent fully-formed fetus on an operating table with its legs twitching; however, this particular clip Fiorina referenced is not footage recorded by CMP. It was taken by another anti-abortion group and was added to the video. Both videos were heavily edited, and neither video explains where the fetus clip was shot, so it is unclear whether it was a Planned Parenthood clinic.

On July 14, Planned Parenthood released a statement that all tissue donations are done with "...full, appropriate consent from patients and under the highest ethical and legal standards." They stated the only costs associated with tissue donation are for transport, which is a practice standard across the medical field. Cecile Richards, president of Planned Parenthood, also announced in a video statement that donated tissue goes toward lifesaving researching, including treatment development for Parkinson's and Alzheimer's diseases.

**VERDICT:** There is a video of this particular scene Fiorina mentioned, but an accurate verdict cannot be made based on the evidence available.

*"In 1950, there were 16 workers for every retiree. How many are there today? There are three. In 20 years, there is going to be two, and you're going to have 80 million Baby Boomers like me retiring en masse, wanting a Social Security check and their Medicare bills paid. We're going to need more legal immigration. Let's make it logical. Let's pick people from all over the world on our terms, not just somebody from Mexico. Let's create a rational, legal immigration system because we have a declining workforce."*—Lindsey Graham, on migrant workers

According to Social Security data from 1950 to 2014, the number of workers per Social Security beneficiary has decreased from 16.5 workers to 2.8 workers. The projection for the year 2040 is 2.1 workers.

**VERDICT:** True

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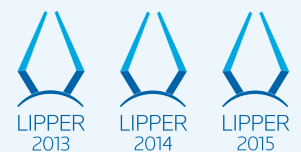
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<sup>1</sup>The Lipper Award is given to the group with the lowest average decile ranking of three years' Consistent Return for eligible funds over the three-year period ended 11/30/12, 11/30/13, and 11/30/14 respectively. TIAA-CREF was ranked among 36 fund companies in 2012 and 48 fund companies in 2013 and 2014 with at least five equity, five bond, or three mixed-asset portfolios. Past performance does not guarantee future results. For current performance and rankings, please visit the Research and Performance section on [tiaa-cref.org](http://tiaa-cref.org). TIAA-CREF Individual & Institutional Services, LLC, Teachers Personal Investors Services, Inc., and Nuveen Securities, LLC, members FINRA and SIPC, distribute securities products. ©2015 Teachers Insurance and Annuity Association of America—College Retirement Equities Fund (TIAA-CREF), 730 Third Avenue, New York, NY 10017. C24849C

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# THAT TIME I... SWITCHED MAJORS

By: **Jazmyn Brown**

Jazmyn Brown is a junior English major and *The Current's* copy editor. She switched majors after one semester as a biology major. She plans to go to grad school for journalism, philosophy, environmental science or all three, pursue a career in conservation and maybe write some novels.

I've always had an affinity for science and math, so coming to NSU my freshman year and declaring myself a biology major came as no surprise to anyone who knew me. But those who really know me also know that my first love is the English language.

We've all had it drilled into us at some point that we have to choose a career that's lucrative, to make sure that we're able to support ourselves financially, even if it means abandoning our true passion. But what I found out is that choosing the path to riches ends up costing more than choosing the path of passion.

All throughout middle and high school, I wrote poetry. I won awards for my essays and papers and received commendation for my

writing. Math and science came naturally to me, but because I had to work to perfect my writing, the final drafts of my papers were always sweeter to me than finding the limit of one over infinity or knowing the entire periodic table.

I took so many science-based Advanced Placement courses at my high school that I was ready to take a class called medical terminology during my first semester at NSU. A lot like anatomy and physiology, "med term" required memorization of medical terms, body parts and procedures, but it lacked the rigor of an actual anatomy-plus-lab course.

Although "med term" and the chemistry course I took came easy to me, they were a special brand of torture. I didn't like that my life was headed to the realm of mostly gruesome medical conditions and procedures. Looking back now, they were, quite frankly, a waste of time, although I can define so many medical terms now that I often surprise myself. Why did I switch if these courses weren't difficult for me? Simple. My loathing of the subjects, in



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Jazmyn Brown is glad she switched her major into something that she is passionate about.

conjunction with my job at *The Current*, fully revealed my zeal for grammar and English.

The one other thing these science courses taught me, beside their respective content, is to respect my own limits. I became a biology major in part because that's what my parents wanted; I had set a goal to become a pharmacist to listen to their advice--and one day make a boatload of money. But I needed to consider what I really wanted, and it wasn't late-night biology classes, labs, lab fees, exorbitantly priced textbooks, daily all-nighters, supplemental materials, MCATs, PCATs and another 16 years in grad school.

What I wanted was freedom from all that,

and that's what I thought being an English major would give me. At the beginning of my second semester, I switched from biology to English and haven't regretted it.

Being able to express myself through poetry and prose in my lit classes and addressing social issues like police brutality, body shaming, hunting and women's rights in *The Current* are things I love to do. Many will toil over a lengthy paper, but I find it a challenge to convey my ideas in an articulate manner, manipulating the English language to reflect my personal values and beliefs.

But I'm not going to forget my roots. Although I began to hate the science classes I was in, I never hated the subject itself. Right-brained versus left-brained tests have made us eager to proudly designate ourselves as one or the other. But why not both? With my foundation in science and passion for writing, I can combine the two and pursue a career born of artistic expression and scientific facts. Synecdoche, when a part of something represents its whole, and rhetoric, a mode of effective speaking, have found counterparts in bradypnea, slow breathing, and dysuria, incontinence. It's all just words, and I love every single one of them.

It's never too late to switch lanes or even take multiple. It just takes a moment of realization that one path isn't taking you to the place you want to go. Just like a captain corrects his ship's course to make it home, switching majors can take you to that place of comfort where everything just feels right.

By: **Li Cohen**

@Current\_Yakira

## Maximize your macros

College students are infamous for living a luxurious life of ramen noodles, pizza and cheap Chinese takeout. As the lavish eating frenzies continue, students eventually gain the notorious "Freshman 15" and then must discover how to drop the dreaded weight without starving, going broke or losing sanity.

In a health-obsessed society, there's plenty of talk about the latest diets, whether they are juices, systems, programs or studies where you hang upside down, drink some apple cider vinegar and quack five times. Whatever the latest trend may be, it always seems to hold the secret key to getting your dream figure. The thought of achieving the perfect body overnight or living the ultimate healthy lifestyle overnight is almost too good to be true. Well, it's almost too good for truth, but there is a key to achieving your health goals that isn't quite as secret.

This key to maintaining a healthy lifestyle is balance. According to Google Trends, macronutrients, or macros, are becoming increasingly popular over the internet. Macros are carbohydrates, proteins and fats, which your body needs a lot of in order to function properly. Unlike fad diets that force people to give up certain foods or choices, the latest trend allows people to eat what they want, just in moderation.

Cecilia Rokusek, program director for the master's of science in nutrition program, has taught nutrition for 30 years and said that macronutrients are the foundation for every diet.

"They are the only group of nutrients that give you calories," she said.

For years, fad diets have attacked the benefits of macros. Between all the low-fat and no carb plans, it's no wonder people believe these mighty body morphers are for evil rather than good. Macros are not evil, people. Research conducted by numerous institutes, including the Centers for Disease Control and Mayo Health Clinics, has proven that these nutrients are what provide your meals with high-quality nutrition rather than low-quality calories.

What separates a macro-specific diet from regular diets is the fact that it can easily be readjusted to meet an individual's needs of fat loss, muscle gain or weight sustainability. Rokusek said that unlike other diets, focusing on macronutrients allows you to customize your daily intake specifically to how your body reacts and your personal goals. By identifying your fitness goals and understanding the kind of

lifestyle you live, you can easily create a plan that doesn't necessarily restrict what you eat, but how much you eat.

"You have to fit your macros into your everyday lifestyle," Rokusek said. "The key is to eat in moderation."

The American Academy of Nutrition and Dietetics created a macro-focused guideline that breaks down how much of your daily calories should come from each nutrient. Their research shows that the most basic diet should consist of 50 percent carbohydrates, 30 percent fats and 20 percent protein. The reason for these percentages is because of the gram-to-calorie ratio that the macronutrients have. One gram of carbs and one gram of protein are both equal to four calories, while one gram of fat equals nine calories.

Jake Bence, sophomore chemistry major, has focused on macros to sustain a healthy diet for a year. He said he did a lot of research to figure out what he needed to do to meet his goals and that the best way to figure out percentages is to use online calculators.

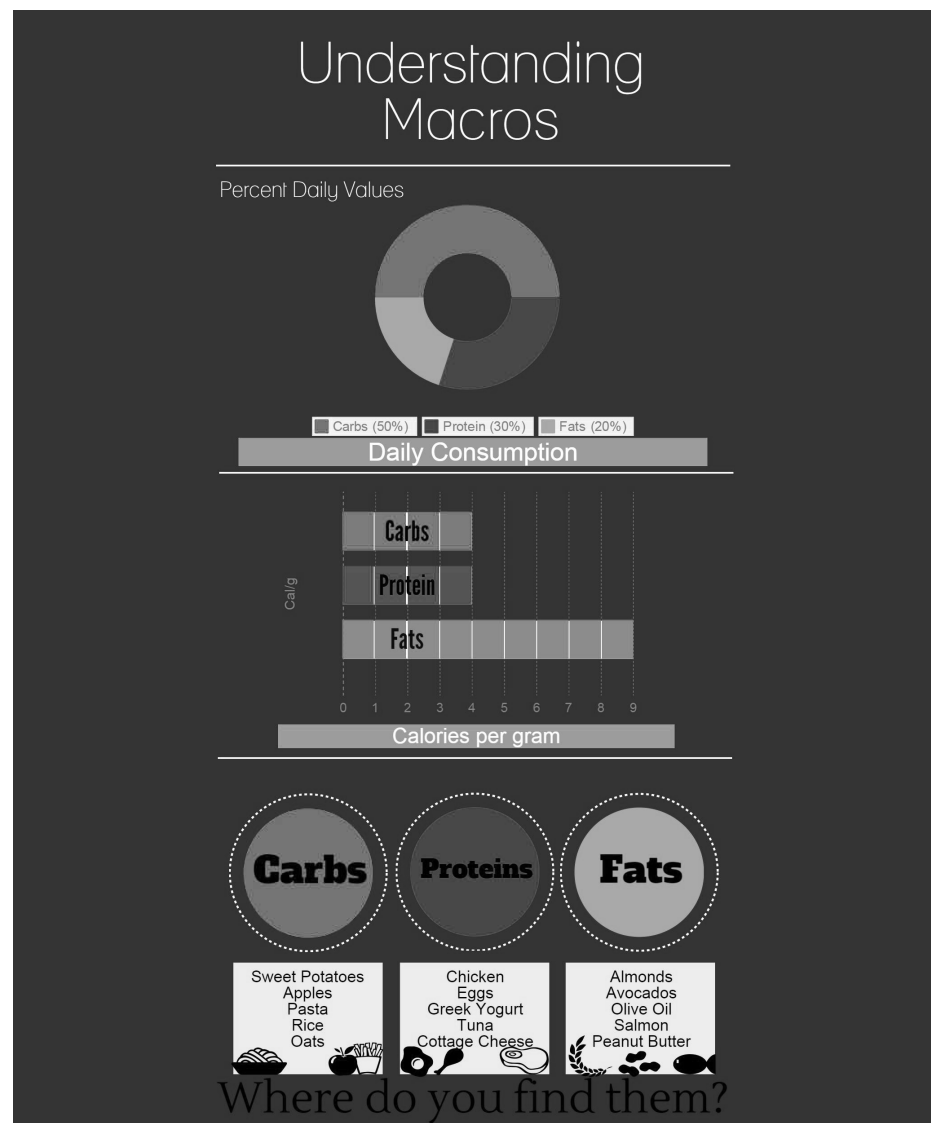
"It's a lot of research and use of online tools to figure out where you need to be," he said. "If you're trying to put on muscle, you need to have more protein. If you're really active, you need more carbohydrates. You need to figure out your macro percentages that meet your own personal goals."

Depending on the individual and their personal goals, the guideline can be adjusted. For example, someone who wants to lose weight could consider increasing their protein by 10 or 15 percent, which would decrease their carb intake by the same amount.

Bence said accuracy is key when it comes to tracking macros.

"Whatever your goals are, keep in mind that progress is slow," he said. "Whenever you try to do anything fitness related, especially counting macros and calories, make sure you do it as accurately as possible and stay consistent. Do a lot of research beforehand because you don't want to malnourish yourself or even overeat. Track your progress every few weeks."

Rokusek explained that tracking macros is primarily about portion control and that it doesn't require a lot of money, just a variety of food. She suggested that students choose foods that fit their lifestyles, whether they be active, sedentary or anywhere in between. By eating foods that adhere to your lifestyle, she said you



will be less likely to choose a diet fad that will make you gain all losses back in the long run.

The American Journal of Clinical Nutrition conducted a study in 2005 on long-term weight loss maintenance and concluded that less than 20 percent of people are successful at losing weight long-term. Their research found that people generally regain their weight because they "yo-yo" diet, or will only stick to a diet for a short period of time before returning to unhealthy habits.

They found that the six strategies for long-term success include physical activity, a high protein and low fat diet, eating breakfast, self-monitoring progress, eating regularly and consistently, and acknowledging when you are no longer making progress.

"Once in a while you can splurge, but don't

go overboard," Rokusek said. "You are what you eat. If you say you're going to go on a really strange diet for a couple of months, remember that about 80 percent of people gain that weight back because the diet is too varied from their lifestyle."

Rokusek, Bence and numerous studies agree that the best way to know what a balanced diet looks like is to start by tracking what you eat and understanding what good nutrition does for your health.

"Nutrition is still an evolving discipline and science. That's why we're learning every day how people lose weight, how they gain weight and what's best [for their health]," Rokusek said. "Be conscious of what you do to your food and be wise of what your limits are."

# It's not always sunny in Florida: How to survive hurricane season

By: **Darren Hendricks**

Hurricane season, June 1 through November 30, is a time of caution for Florida residents because of the high probability of a hurricane. For those who are new to the state, it is important to know how to prepare for a hurricane. This step-by-step process will help Floridians, both old and new, prepare for and survive hurricane season.

## Step 1: Track and follow the storm

Nothing is more crucial than knowing when and where the storm will hit and its severity. Being a residential student has its benefits, like quick information and direct communication from Office of Residential Life and Housing.

Aarika Camp, assistant dean of Student Services and director of Residential Life and Housing, said, "The safety of our residents is important. The Office of Residential Life and Housing prepares our residents by informing them with the emergency protocols and evacuation plans. To track the storm, we use a combination of multiple resources, such as weather.com, the Red Cross tracker app and the on-campus monitors."

Shanygne Bitna, junior communication studies and dance major, said, "I track the storm by following emails, listening to radio and staying updated with social media."

For commuters, storm information doesn't come directly from Residential Life and Housing. These students can turn to off-campus

resources, such as social media, radio, television and their peers to stay up-to-date.

Tristan Weiser, sophomore marine biology major, said, "I use a National Oceanic and Atmospheric Administration-affiliated app on my phone to track the weather, along with surf apps that give a look at tides, storm surges and winds."

## Step 2: Prepare a personal evacuation plan

Identify several evacuation locations ahead of time, and familiarize yourself with your surroundings. Residents can stay in their dorms as long as mandatory evacuation isn't announced. If there happens to be an evacuation, follow the protocols provided by Residential Life and Housing. Students who have family near campus can go home before the storm.

For commuters, a valuable resource for evacuation plans is broward.org. This site has plans for shelter and evacuation advice. Go to the site, and click on hurricane preparedness in the recommended section. There are links to a hurricane preparedness guides and shelter options.

## Step 3: Make a communication plan

Keep in touch with family members, friends and roommates. Residential students whose families are far away should keep in touch with their family members so that they know they are safe. If the campus does not

evacuate, residential students can communicate with others in the dorms to plan groups to bunk with for the storm.

## Step 4: Create a hurricane supply kit

Make a list, and gather the necessary materials and supplies. Go to shopping centers such as Walmart, Publix and Walgreens to stock up before the storm. Recommended supplies include nonperishable foods, water, batteries, flashlights, a first aid kit, gas in cars, protective clothing and tools. After purchasing supplies from shopping centers, ask for cash back or take out cash from an ATM just in case the power goes out during the storm.

"I would stock up on water, Lunchables, batteries and candles and make sure to have gas in all vehicles," Weiser said.

For entertainment, gather some board games, puzzles, books, toys, Legos and cards to pass the time during and after the storm. Make sure to charge all electronics before the storm so you can stay updated if the power goes out.

## Step 5: Follow emergency protocols

Heed all warnings to stay indoors or evacuate if necessary. All students will receive emails from the university notifying them of whether or not there will be an evacuation, as well as if classes will be cancelled. Students should listen to protocols on the radio or check for updates on social media. For social media,

check NSU's social media pages via Facebook, Twitter and Instagram.

## Step 6: Prepare the interior of residence

Unplug all electrical appliances to avoid electrical problems during the storm. Store all loose items to prevent destruction and injury. Move the bed away from the windows to avoid shattered glass and anything the wind might blow into the room. Document all valuables just in case they get destroyed by the storm. If possible, use the tables, chairs and other living room furniture for cover.

## Step 7: When the hurricane arrives

The storm is not a joke. Even if it seems like nothing is happening outside your window, the storm still holds potential for a dangerous situation. Do not go outside and wait for the storm, and do not track the storm in vehicles. When the protocol says to stay indoors, that means to stay indoors until further notice.

## Step 8: When the hurricane is over

It is difficult to know when the storm has passed. Even if it looks safe outside, there's still a chance that the bad weather will return at any moment. For students who stay on campus, listen for the "all clear" from the on-campus emergency system. For commuters, listen on the radio, or wait for the weatherman to say that the storm has passed.

# How to find and obtain shadowing and research opportunities

By: **Emilio Lorenzo and Emily Tasca**

If you were buying a car, you would probably take a test drive with the vehicle before purchasing it. In your career, you need to test drive the occupation/industry to confirm your interest by shadowing and immersing yourself in research or through internship/job opportunities.

Finding shadowing and research opportunities in college is not as easy as registering for a course, or as convenient as downloading an app on your iPhone. Research and shadowing opportunities are not often posted on regular job and internship searching websites; however, if obtained, they can be impactful experiences that will strengthen your resume. You must identify avenues that will enable you to engage with professionals who are conducting research or who work in your chosen field and also build meaningful connections that could result in such opportunities.

You're probably wondering, "How do I contact these individuals, and when I do, what should I tell them?" The initial phone call or email that you send should be well-structured and carefully worded to ensure that your message is not misconstrued. Email is probably the best way to break the ice, as it allows you to introduce yourself in a manner that does not pressure the professional. Within your introduction email, you want to be sure to highlight any connections you may have with this individual, whether that includes knowing other individuals from the same organization or that you both are affiliated with the same academic institution. For example, if the person you are reaching out to is an NSU alumnus, mentioning that you also attend NSU provides a common denominator to spark a conversation.

Throughout this entire email exchange, always proofread for proper grammar and professional language. Considering you are entering a field with many doctors, lawyers, professors and other individuals with terminal degrees, proper protocol entails structuring the greeting to acknowledge their achievement, such as "Dear Dr. Pepper." Overall, be positive in the email, and convey your professional enthusiasm.

If you are trying to break the ice over the phone, it's important to practice your 30-second commercial ahead of time. Your 30-second

commercial should include your name, educational background and reason for reaching out. For example, "Hi, my name is Susie Shark. I am currently working on my bachelor's in biology at Nova Southeastern University, and I'm interested in gaining more information about the healthcare field and talking with someone who has been in the field for some time. I know you are very busy, but would it be possible to sit down with you and pick your brain on the healthcare field, as well as the opportunity to possibly shadow you over the summer? I am very passionate about this industry and would love to have a conversation at your availability."

Breaking the ice with a new professional is the important first step toward obtaining a shadowing or research opportunity. The next step in the process is to ensure that your resume is up to standard and is marketing your past experiences effectively, while highlighting key skills needed within the healthcare field. One of the first questions these professionals will ask is, "Can I see your resume?" Not having a resume is like being a ship captain without a compass; you may know where you want to go, but you lack the tools to navigate the seas towards that end goal. To ensure that your resume is ready to guide you, consider having it reviewed by a career adviser in the Career Development Office or an individual you trust who is knowledgeable within the industry.

So now that you have your tools and know how to approach professionals, your next question should be, "Where do I find these individuals?" The easiest professional to reach out to is a faculty member you knew in the past, whether in class or through office hours. When meeting with this individual for the purpose of inquiring about research, be prepared to not only state that you have an interest in research, but to also dive further into this conversation to discuss the specific types of research you are interested in.

If you don't have a strong handle on your own research interests, then it will be difficult to articulate to that faculty member how this fits into your future goals, leaving you both in a state of confusion as to where to go from there. If this faculty member has conducted research in the past, a good rule of thumb should be to

read up on that topic and be ready to ask follow-up questions regarding your overall interest in research and laboratory skills you have mastered in the classroom. If you don't know a faculty member who can assist you, widening your search to local clinics, private practices and hospitals can be a great way to connect with individuals for both research and shadowing opportunities.

Your semester can be very busy, which is why the summer is the ideal time to engage in research opportunities. There are many summer research programs that not only provide a great experience but also include stipends and housing arrangements to accommodate students travelling for the summer. Many of these same opportunities are even available locally. Just remember that the application process can be time consuming, requires various essays or components and has strict deadlines. Planning ahead for such opportunities, as well as for your entire research and shadowing experience, will be more advantageous towards being successful.

At the end of the day, obtaining shadowing and research opportunities will not be as "Freaky Fast" as ordering Jimmy John's delivery; however, if the strategic steps mentioned above are implemented, your chances of securing a meaningful experience increase exponentially.

## Finding research opportunities

**Who to ask:** faculty members, NSU alumni and professionals in the local community

**How to ask:** email is probably the best way to break the ice, but if you choose to ask by phone, prepare a 30-second long introductory commercial

**How to prepare:** plan ahead and make sure your resume is updated

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# Tattoo tales

By: Grace Ducanis and Stephanie Barrios

Frequently, tattoos are more than just body art; they have personal, emotional meanings. They can be used to commemorate a loved one, celebrate a passion, remember an important truth or pay homage to one's heritage. The stories behind tattoos are often as interesting as the tattoos themselves, and the tattoos you can find around NSU are no exception.



**Ariel Nye, junior marine biology major**

**The Tattoo:** 24 paw prints

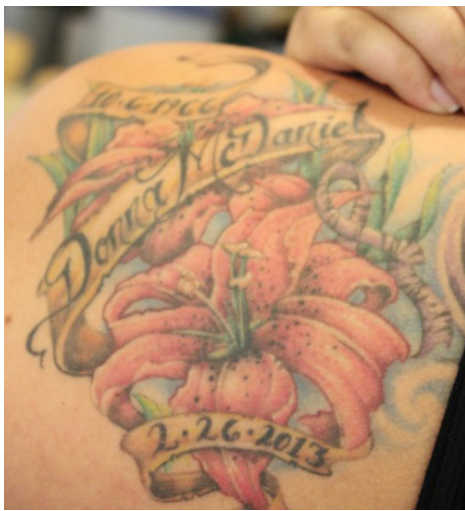
**The Story:** "I got the tattoo in 2011 after an EF4 tornado hit Tuscaloosa, Alabama. I was working at a dog rescue and training camp, which the tornado destroyed. Fifty dogs were there at the time, and 24 of them died. My tattoo represents the 24 dogs."



**Jeff Buzzi, freshman criminal justice major**

**The Tattoo:** A deer whose antlers and feet are part of a tree

**The Story:** "I like to hunt, and I love the outdoors. I wanted a tattoo that would represent that."



**Taylor McDaniel, junior marine biology major**

**The Tattoo:** A cancer ribbon wrapped around stargazer lilies

**The Story:** "I got this tattoo in memory of my mother, who died of cancer. Stargazer lilies were her favorite flower. She was a cheer coach. The zebra pattern on the ribbon represents the ribbons she used to make for her girls."



**Kenneth Drysdale, junior biology and exercise and sport science major**

**The Tattoo:** Three skulls with words that read, "Trust no man" and "Blood, sweat and tears."

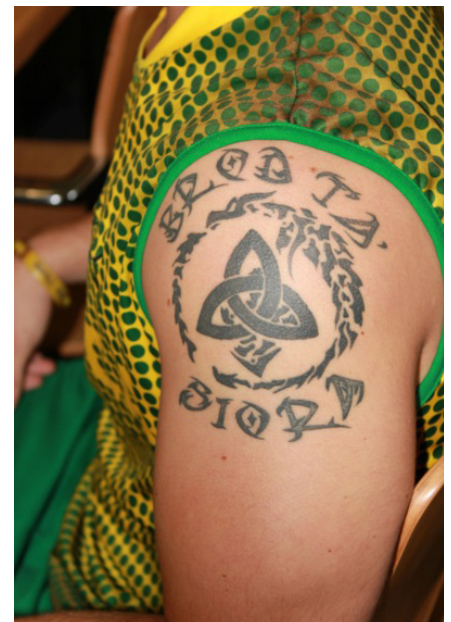
**The Story:** "Everyone's had an experience with someone that you can't trust. It even says in the Bible not to trust man."



**Gabriela Gonzalez, freshman nursing major**

**The Tattoo:** "Un passo alla volta," meaning "One step at a time."

**The Story:** "I'm half Italian, so I put the saying in Italian. It's kind of my motto."



**Brett Welch, senior exercise and sports science major**

**The Tattoo:** A trinity knot surrounded by a protective Celtic dragon and an Irish quote

**The Story:** "I got this tattoo when my aunt and uncle unexpectedly died. It's the only tattoo I have with emotional significance."

## Textbooks decoded: Three tips to help you master the art of textbook reading

By: April Coan

Textbooks aren't very exciting to read sometimes. However, you'll need to master the art of reading scholarly literature to graduate from college. With this in mind, if you feel like you're not retaining enough information from your reading assignments, or if you just simply want to improve your reading and comprehension skills, try these simple tips to help you master the art of academic reading.

### Set a time limit

Unlike the Energizer Bunny that keeps going and going and going, our brains aren't machines; they need rest. If you're the type of person that just reads and reads and reads without taking any breaks, you're probably not retaining much of the information you're reading. In order to combat reading fatigue, set time limits for yourself and take breaks. For example, you can set a timer or stopwatch for 50 minutes and take a 10 minute break before you continue reading where you left off. When you return to your reading assignment, chances are you'll feel more refreshed and comprehend more from your textbook.

### Be an active reader

When you read, is your main goal just to get through the assigned reading material? Do you avoid asking questions and pay little attention to the main ideas of the text? If so, you may be a passive reader. Instead, try reading actively by taking a more engaging approach to reading comprehension. Active reading's main

goal is to truly understand the text through more interactive methods. To be a more active reader, try practicing your active reading skills by writing down questions you have from the text, re-reading paragraphs you don't understand, highlighting important information, and summarizing chapter main ideas in your own words. A good trick to remember when actively reading is to never read without a pen handy.

### Build your vocabulary

Words, words, words. Learning a new subject is a lot like learning a whole new language with a completely new vocabulary. Understanding the vocabulary of the subject you are learning will not only help you comprehend the material you are reading, but will also help you build your overall vocabulary for self-expression. With that said, the next time you have a reading assignment, don't ignore words you don't understand. Instead, look them up in a dictionary. This will help you better understanding your reading assignment and help you build an arsenal of scholarly terms to improve your writing skills.

Learning any new skill takes time and effort. To master the art of academic reading, try improving your reading habits a little each week to see results.

# Athlete of the Week

By: **Max Gallner**

Despite starting late, it didn't take Sydney Cook long to discover her love for volleyball or her impressive talent.

Last week, Cook, a senior, became the ninth player in program history to reach 1,000 kills in her career.

A Miami native, Cook attended Monsignor Edward Pace High School, which is where she played volleyball for the first time.

"It was my sophomore year of high school when I started," Cook said. "I'm not going to lie; I was not very good. I was uncoordinated, but I guess I picked it up really fast."

With year-round practice, Cook became the second freshman in NSU women's volleyball history to lead a team in kills, earning her the team's MVP award, as well as recognition on the All-Sunshine State Conference Newcomer Team. Cook also ranks fourth on the program's career points leaderboard. She has played in all but one of the team's 347 sets during her career, and holds two of the program's top four marks in points per set since the Sharks joined the NCAA in 2002.

I recently had the opportunity to ask Cook a few questions.

**Who do you look up to as a volleyball player?**

"I honestly don't watch volleyball, so I don't know many players, but on my team, I could say that I look up to [teammate and fellow senior] Dana [Holger] because I feel like she's the most consistent player. She's good at passing; she can do everything. I would want to be like her."

**It's hard to have a future in volleyball, right?**

"Yeah, I guess, unless you go to the Olympics. But I feel like there are a lot of teams overseas. There's just not much to do after college in the U.S., I don't think."

**What are you planning to do with your communication studies degree in the future?**

"My short-term goal is to, hopefully, get a job at a public relations firm."

**The team improved a lot last year in its first year under the new coaches. What do you attribute that to?**

"I honestly don't know what that was about. It was crazy, but I know that year we just felt confident. We felt like every player on the team benefited the team. This year, we feel even more confident. But yeah, it was crazy to see that flip."

**Was there any adjustment in your first year under coaches Jenn and Dan?**

For me, yeah. They switched my position, actually. I was playing on the left, now I play on the right, and I think that I improved my game tremendously. I can do many more things on the right side, whereas on the left side, I would only get high balls and high sets, which are easy to defend because it was just the same set. Switching allowed me to do a lot more for the team."

**You've led the team in kills all three years of your NSU career so far. Do you just feel naturally confident as an attacker?**



Sydney Cook has led the team in kills for the past three years.

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"I guess so, but I mean, the teams I played for since high school weren't very good, so I felt like every time I would go up to hit a ball, I had to get a kill. So that's just a mindset that I've always had, that I need to get this kill for my team. This year's crazy; I don't feel like that, which I think is good because it takes pressure off me, and I feel like when I go up to hit now, I can be more relaxed. I have tons of teammates who are capable of getting kills, as well. But in the previous years, I felt like I had to get a kill, and I think that's what really motivated me because I felt like my team needed it. But I'm excited for this year because I don't feel that pressure."

**What are the team's goals for this season?**

"We're trying to be at least third place. It's possible. If we take teams that we split with last year, like 1-1 in our conference, and actually beat them, we would be third place."

**What's the reasoning behind the team's motto, "INTEGRITY?"**

"The 'g' in 'grit' stands for 'genuine,' 'r' is 'relentless,' and we actually changed the 'i' to a '1' for one percent, and the 't,' 'together.' And each letter has its own definition, so for 'genuine,' we just want each team player to be herself and to be genuine in everything that she says to her teammates and every action that she takes. 'R' is for 'relentless,' always playing your hardest, never shutting down. The '1' is one percent, always wanting to get at least one percent better, and 'together' because we truly feel like we are a family. I think it's really cool that once I graduate, it will still be in the program, and I can look back and remember that I was a part of helping define what the program is."

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# On the Bench: It's not about Brady

By: Trent Strafaci

Now that the dust has settled over Brady and "Deflategate," let's look at the real issues: integrity and intent. We, as fans, believe a sport is a contest of great athletes that play the game fairly. What Tom Brady did or did not do shook this belief.

I am not a particular fan of NFL Commissioner Roger Goodell, but when he spoke about the integrity of the game, he hit the nail on the head. Goodell imposed a four-game suspension on New England Patriot quarterback Tom Brady and a one-million-dollar fine on the Patriots' organization that should have stuck. But a federal court nullified Brady's suspension.

The NFL Players Union took charge and sued the NFL, and specifically Roger Goodell, in court. Regardless of the outcome, Goodell was right integrity is the basis on which sport

fans operate. We have to believe that the game is fair.

NFL independent investigator Ted Wells wrote, "It is highly probable that Tom Brady was 'at least generally aware that balls were underinflated.'" Ten out of the 12 balls were underinflated to 11.5 PSI, about two pounds under regulation. The Patriots ended up winning the game 45-7, but that is not important; it is the intent. The intent was to make the balls easier to grip, and in cold weather an underinflated ball is easier to hang on to, both for a quarterback or a receiver. True, the Patriots didn't need the aid of underinflated balls, but again, that is not the point. It is kind of like a kid having a "cheat sheet" and then claiming he did not need it.

Now, let's examine the cell phone issue. The NFL had requested Brady's phone, and Brady destroyed his phone, claiming that he always

destroys his phones when he gets a new one. An NFL investigator debunked the claim when his previous phone was not destroyed. Brady also claimed his phone contained too many personal text messages. The NFL countered that he could delete any personal information, and still Brady opted to destroy his phone. Apparently, Brady did not fully cooperate. Again, what was his intent?

Then there is the tiny incident of Robert Kraft and the Federal Judge Richard Berman showing up at the same party over the Labor Day weekend. The "party" included guests such as Oprah Winfrey, Katie Couric, team owners and one federal judge. The Patriots' spokesperson claims it was a "chance encounter." Maybe, maybe not.

The only real effect of this silly "deflation" is a drastic drop in Tom Brady's reputation.

Brady has dropped to the lower 20 percent in the popularity polls among celebrities. He is ranked at 18 percent, next to conservative talk show host Bill O'Reilly, in least trusted people polls. Whether Brady cheated or not, the Patriots and Brady have paid a price. Perhaps the only people blind enough to ignore the intent of deflating 10 footballs are hanging on the rocks of New England.

Football fans have the right to believe that the games are played fairly and with good sportsmanship. That is essentially the integrity of the game. It does not matter much that Brady's suspension was nullified; the Patriots' organization did not respect the game enough to play honestly. It's not about Brady or the Patriots or the Super Bowl; it's all about integrity and intent.

# ON DECK

## Men's Cross Country

Disney Classic  
Orlando, Florida  
Oct. 10, 8 a.m.

## Men's and Women's Soccer

vs. Lynn University  
Boca Raton, Florida  
Sept. 30, 7 p.m.

vs. Palm Beach Atlantic  
West Palm Beach, Florida  
Oct. 3, 7 p.m.

## Volleyball

vs. Palm Beach Atlantic  
NSU Arena  
Sept. 29, 7 p.m.

vs. Rollins College  
NSU Arena  
Oct. 2, 7 p.m.

# SPORTSSHORTS

## Women's Golf

The women's golf team finished in fourth place among a packed field at the finish of the Ross Resorts Invitational at the Mid Pines Inn & Golf Club.



## Men's Golf

Men's golf alum Ricardo Celia won his first professional tournament over the weekend, claiming the All You Need is Ecuador Open title.



## Women's Soccer

The women's soccer team lost their Sunshine State Conference opener, 3-2 in overtime by Florida Southern.



## Men's Soccer

The men's soccer team opened up their Sunshine State Conference play with a 4-0 win over the Florida Southern Mocs.



Men's soccer goalkeeper coach Reggie Pierre-Jerome has been called to serve on the coaching staff for the Haitian National Women's Team in their match against The United States Women's National Team.



# OUT OF THE SHARKZONE

## UFC fighter suspended for five years after positive drug test

UFC fighter Nick Diaz was suspended by the Nevada State Athletic Commission for five years last week after a positive drug test result. This is the third marijuana-related offense in Diaz's career, and the NSAC even discussed a life-time ban before they unanimously agreed on a five-year suspension. This decision has been publically criticized by other fighters, including Ronda Rousey and Henry Cejudo.

## Djokovic wins U.S. Open

Underdog Novak Djokovic claimed his second U.S. Open trophy and No. 1 ranking after beating Roger Federer in the U.S. Open final. This is his third major championship this year and tenth Grand Slam title.

## Dallas Cowboys wide receiver out after foot agency

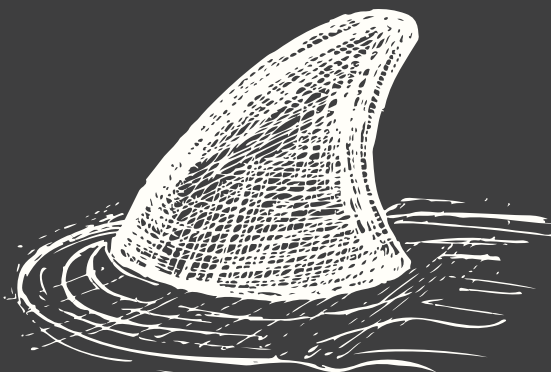
Wide Receiver Dez Bryant broke his foot during the Dallas Cowboys game against the New York Giants. He underwent surgery last week, and he is projected to be out for four to six weeks.

## Tripped refugee offered job as a soccer coach in Spain

After being tripped on-camera by a Hungarian camerawoman while carrying his son, Syrian refugee and soccer coach Son Osama Abdul Mohsen was offered a job as a soccer coach in Madrid. The administration tracked down the man after the video went viral and it became known that he worked as a soccer coach in Syria. The school will also provide him with housing.

## Former NBA giant died

Three-time MVP Moses Malone died last week at the age of 60. His death was caused by cardiovascular disease. Malone, a 2001 inductee into the Naismith Memorial Basketball Hall of Fame, had just attended the Hall of Fame induction ceremony before he was found unconscious in his hotel room. Malone is the career leader of offensive rebounds and still remains in the NBA top 10 in career scoring.



# Coach's Corner: John Constable

By: Max Gallner

Taking over for a long-time head coach and maintaining his success is never easy, but John Constable, the head coach of the NSU's women's soccer team since January, is going to make the most of this opportunity he's earned.

He's already beaten the odds and had incredible success at his previous program, Converse College in Spartanburg, South Carolina, a region less talent-rich than Florida.

"We built something incredibly special there," said Constable about his previous program.

"It was an athletic program that was struggling across all sports. We brought in a group of players that believed in the vision that we had, and it seemed like a distant dream at the time, but slowly but surely, we got there. We moved from two wins to seven to nine to 15 wins and a conference championship, and I don't think anyone anywhere in Division II athletics would've thought we could've done that in the period of time that we did."

While Constable's old team relished in their underdog status, there's no doubt that the pressure of coaching in the Sunshine State Conference—which had three teams in the National Soccer Coaches Association of America's Preseason Top 25 poll—is going to affect him.

"I felt real excitement coming in here because I had earned an opportunity to work at such a fantastic institution. I knew I was taking over from a good coach, and I knew I was taking over a pretty good program, and the challenge for all of us is to turn pretty good into exceptional," Constable said.

Constable, a native of Coatbridge, Scotland, crossed the Atlantic to play Division II soccer for Tusculum College in Greeneville, TN, where his team ranked No. 1 in the nation and advanced to the Elite Eight of the NCAA Division II Men's Soccer National Tournament in 2004. He then graduated from Seton Hill University in Greensboro, Pa. before he was hired as an assistant coach for both the men's and women's teams of Delta State University,

making the Sharks the fifth DII soccer program that he's been a part of.

He's noticed an important part of soccer in Florida compared to the other places he's played and coached.

"The big difference is just the athleticism here. The players seem to be that bit bigger, faster, stronger, more powerful, more athletic. Athleticism can be a key factor when it comes to success at this level," Constable said.

He started the pre-season with a new, annual team-bonding competition called the Shark Olympics to help form relationships between the team's 10 newcomers and 19 returners.

"Two separate teams, lots of fun soccer stations. We added bowling to it and goal-celebration contests. It's a whole lot of fun, and the players enjoy that tremendously," Constable explained. "It's a lot of fun, but it's highly competitive at the same time, and the players had an absolute blast doing it."

Constable and his staff have put a lot of work into getting the word out via social media, updating the team-specific Twitter, Facebook, and Instagram profiles frequently, with exclusive post-game interviews, behind-the-scenes photos, and even wishing his players a happy birthday.

"I just think that the more positive marketing that you can get out there, it's only going to help the program. It's good for the players," said Constable. "They like to see themselves online. And it actually helps to create a bond, and it helps us connect with the parents. We know that at the end of the day, they only love their daughter and they care about their daughter, and if we can help them see their daughter a little bit more often because were constantly posting stuff on social media, then that's good."

The team also held three ID clinics, a day in the life of an NSU soccer player, for potential Sharks over the summer in which current players served as camp counselors. The camps were resoundingly well-received, attracting a total of 340 attendees from across the country.

Constable mostly attributes the success that the team has had so far to the recruiting that



COURTESY OF M. GALLNER

Constable is the women's soccer team head coach since last January.

his predecessor, Michael Goodrich, had already done when he was hired. But his team-bonding efforts in getting this talented group of players to play together toward their common goal, despite a down 2014 season, will certainly have an impact, as well.

"When I first got here, we had individual meetings with [the players] and learned more about them through practice, but when I got here, there were already seven committed who Coach Goodrich brought in, so there wasn't really that much flexibility. We did end up bringing two in last-minute, but that was more because we lost a couple at the last minute and we replaced them. If we're looking at my own recruitment, that will really kick off for fall 2016 with the class we'll bring in then."

Constable will be looking to the seniors, who make up approximately a third of the team, to provide leadership for the freshmen and help shape the culture.

"We spoke about that in the first team meeting," Constable said. "My opinion is the team will only be as successful as the

upperclassmen leadership we've got in the locker room. On average, a coach is with them two hours a day. They're around each other a lot more than that, and ultimately, freshmen are going to follow the seniors, and they're either going to follow bad habits or they're going to follow good habits."

Culture is actually the first thing that Constable looks for in a potential recruit, even before he sees them on the field.

"I need to think they're going to be a good person," he said about a player he's considering signing. "If you're really going to be successful, you must have a phenomenal culture, and in order to have a phenomenal culture, you must have good people that want to be team players, that want to work hard, that want to get the job done in and out of the classroom, that respect their teammates, so it's not just about them being good soccer players."

# Top 10 Hispanic athletes who changed American sports

By: Randa Djabri

@RNDrandal

Hispanic Americans have been leaving their prints in the world of sports for decades. Celebrate Hispanic Heritage Month by honoring 10 famous athletes who had a big impact on the sports world.

## Juan Marichal (1927-present)

Juan Marichal made his major league debut for the San Francisco Giants against the Philadelphia Phillies on July 19, 1960. Arguably the greatest pitcher of all time, there's not much Marichal hasn't accomplished in his career. He pitched a no-hitter, made the Hall of Fame in 1983 and pitched one of the greatest games in Major League Baseball history. Marichal is remembered for his distinctive, high-leg kick and winning the most games of any pitcher in the 1960s. Marichal is, to this day, the only Dominican-born player in the Hall of Fame.

## Lorena Ochoa (1981-present)

This Mexican pro became famous in the world of golf last decade with wins in the Kraft Nabisco Championship and Women's British Open. Ochoa is widely regarded as the best Mexican golfer—male or female. The Mexican pro left the world of golf in 2010 and took on the full-time job of motherhood. Since her parents were the most important people in her life, she wanted to be the same for her children. In addition to her two children, Ochoa is a godmother to 355 children through Lorena Ochoa Foundation, which devotes most of its resources to helping less fortunate children.

## Roberto Clemente (1934-1972)

Clemente is arguably the greatest player in baseball history, with 3,000 career hits, 15 All Star awards, 12 Gold Glove awards, four batting champion awards, an MVP Award and two World Series titles. The Puerto Rican hitter accomplished great things on the field, but his contributions were even greater off the field. Aside from his prolific professional career with the Pittsburgh Pirates, Clemente was an exemplary philanthropist. He spent much of his time contributing to relief efforts in many Latin American nations. Unfortunately, in 1972, his plane crashed while bringing aid to Nicaragua and his body was never found.

## Diego Maradona (1960-present)

Soccer is by far the most popular sport in the Latino community, and if you ask any Argentinian who's the best soccer player ever, they'll probably say Maradona. The FIFA Player of the 20th Century brought a World Cup to his country in 1986. But the championship didn't come without controversy; during a quarterfinal match against hated rival England, Maradona scored the infamous "Hand of God" goal, which Maradona scored by using his hand.

## Julio Caesar Chavez (1962-present)

Considered by many boxing fans as the best fighter to ever come from Mexico, Chavez accumulated 108 wins in his career. For his performance in the boxing arena, Chavez was regarded as one of the best boxers in the world.

He won six world championship belts in three different weight classes, and for 13 years in a row, he did not lose a single match. After his 25-year boxing career, Chavez serves as an integral part of his sons', Omar and Julio Cesar Jr., boxing careers.

## Nancy Lopez (1957-present)

The Mexican-American golfer graced the cover of Sports Illustrated and was the LPGA Rookie of the Year, LPGA Player of the Year and the AP Female Athlete of the Year. In 1978, she became the first Latina ever to win the LPGA tournament. Lopez was named player of the year four times during her career and was the first woman to be awarded the Frances Ouimet Award.

## El Santo (1917-1984)

Rodolfo Huerta, A.K.A. El Santo, popularized Mexican wrestling and became a national hero by never removing his mask. Somehow, El Santo made sure all the fans were always entertained.

During a wrestling career that spanned nearly five decades, El Santo became the father of ten children, the youngest being Jorge, who also became a famous wrestler known as El Hijo del Santo. El Santo wasn't just a wrestler; he was a movie star, a comic book superhero and a brand unto himself.

## Alberto Juantorena (1950-present)

Alberto Juantorena, known as El Caballo or The Horse, began as a basketball player,

but he became a sprinter and competed at the 1972 Olympics, making the semi-finals of the 400 meters. In the 1976 Montreal Olympics, Juantorena became the first athlete to win the gold medal in both the 400 and 800-meter races in the same Olympics. He was World Ranked #1 in the 400 in 1974, 1976, 1977 and 1978 and in the 800 in 1976-77, and he was voted World Athlete of the Year in 1976 and 1977. After retiring from competition, he became the Vice-Minister of Sports in Cuba.

## Lionel Messi (1987-present)

Following in Maradona's steep footsteps, Messi is largely regarded as the world's best soccer player. Even though he hasn't lead his Argentinian national team to a World Cup, Messi has won every soccer trophy imaginable, such as FIFA Player of the Year and the European league. In 2006, he became the youngest Argentinian to play in a World Cup at age 18.

## Carmelo Anthony (1984-present)

The Puerto Rican NBA All Star is one of the league's biggest ambassadors. Following a NCAA championship with Syracuse in 2003, Anthony started his stellar pro career with the Denver Nuggets. As the star forward of the New York Knicks, he led the team to its first Atlantic Division title in almost 20 years. With a lifetime average of 25.0 points per game, Melo is the best Latino basketball player to ever suit up for the NBA.

# IMMERSION

## Trip to the golden age of America

By: **Natalie Guzman**



PHOTO PRINTED WITH PERMISSION FROM N. GUZMAN

Natalie Guzman felt like she was transported back in time throughout her tour of the Vizcaya Museum and Gardens.

Every other week, *The Current* will feature an excursion to a different South Florida location that's a little off-the-beaten-path. Every adventure is tailored to college students, so they'll be reasonably priced and extraordinarily awesome. From old-as-Earth natural landscapes to hip and fresh locations, our hope is to get everyone a little more immersed in the local community by checking out some of South Florida's hidden treasures. Get out there, explore and quench your thirst for adventure.

The 1920s—glitz, glamour, pomp and circumstance seemed grow on trees, and the country was learning to loosen its collar a bit. Millionaires were made daily, and their success stories were left behind for the rest of us to marvel at. One of the most remarkable traces left behind from this time is in our very own backyard: the Vizcaya Museum and Gardens.

Businessman Charles Deering built the Vizcaya mansion as his winter home at the turn of the century. The house and grounds were preserved as a museum so that a little part of the golden age would be kept intact. The estate sits upon 368 acres on Biscayne Bay in Miami. You can venture through the house on your own with a map to find the thoughtfully placed placards

that explain the decor of each and every room, or you can take an audio guided tour that allows you to wander and listen to facts about the entire house.

The house itself is exactly as it was when Deering died in 1927. Each room is plush and exudes the luxe atmosphere of the time. It's impossible to feel as if you aren't in a more beautiful time when you walk down the long Spanish style hallways and climb the winding spiral staircases. Once you go outside, you are greeted by the sight of a dock, a giant marooned boat and a tiny gazebo that leads straight into the bay waters.

I was mesmerized by the beauty of furniture long forgotten, of rooms filled with stories and of a house that was able to capture me and take me back to my favorite time. I could imagine myself being a guest at the Deering Estate and enjoying each and every wonder of the house.

Throughout my self-guided tour of Vizcaya, I was enveloped in the magic and romance of a house stopped in time, and for a little while, I almost forgot I was living almost a century later.

Vizcaya is open every day except Tuesday from 9:30 a.m. to 4:30 p.m. The regular cost of admission is \$18, but with a student ID, you can enter for a discounted rate of \$10.

# SOUNDBITE

## Tomorrow Will Be Beautiful by Flo Morrissey

By: **Marie Ontivero**



PHOTO PRINTED WITH PERMISSION FROM M. ONTIVERO

"Tomorrow Will Be Beautiful" has an album cover as ethereal as Flo Morrissey's sound.

Interested in independent music, emerging artists and new album releases? DJ Marie, music director at Radio X, will keep you updated every week in *The Current* on what's new in the world of music. You can catch her on Monday nights from 6 to 9 p.m. on 88.5FM, bringing you new music you're sure to love.

I first heard Flo Morrissey in the beginning of July, and she stood out to me as an artist right way. With her captivating strong, angelic voice and lyrics that perfectly showcased all her emotions, it's hard to believe she's only 20 years old. Her album "Tomorrow Will Be Beautiful" is a work of art thanks to the enormous heart behind it. The album has ten tracks, and by the end of it, you'll be thinking the two of you are great friends because of her entrancing voice and honest, candid lyrics. It starts off with a relationship gone bad and her thought process to discover why. This is a really moving aspect of the album because you witness her thoughts

grow into a self-love mentality. There's a point where she talks about how now her friend is in love with her former lover and how she wishes them true happiness. It continues on new found happiness and a positive outlook on loving again. The album ends with the song "Tomorrow Will Be Beautiful," a song about how all will be anew and with this new mentality of hers, and how her tomorrow is bound to be beautiful.

You can check out Flo Morrissey's "Tomorrow Will Be Beautiful" on both Apple Music and Spotify, as well as the amazing, live acoustic performances on her YouTube channel.

**Perfect if you like:** Lykke Li, Lana Del Rey and Mazzy Star

**Recommended tracks:** "Pages of Gold," "Betrayed," "Sleeplessly Dreaming" and "Wildflower"

By: **Destinee A. Hughes**

@DestineeAHughes

## Five famous NSU alumni

There are many reasons to take pride in being a NSU student. Maybe it's because our women's basketball team has won three consecutive South Region championships or because we own a prestigious art museum in the heart of Fort Lauderdale. In case you need another reason to boast your shark pride, take a look at our impressive history of famous alumni. Professional athletes, pageant queens, and politicians, NSU is home to them all. Here is a concise list of some of our most notable alumni.

**Name:** Anastagia Pierre

**Occupation:** Model/Actress/Social Media Influencer

The stunning former Miss Bahamas Universe, Anastagia Pierre, is the epitome of beauty and brains. Pierre graduated from NSU with a bachelor's in communication studies in 2012, and since then has utilized her degree in the most incredible way. At the age of 19, the former NSU cheerleader was crowned Miss Florida USA and, since then, has won numerous pageants, including the prestigious title of Miss Bahamas Universe in 2011. While Pierre is internationally recognized as a pageant queen, she also holds many other titles under her

belt, such as former NBC 6 host, model, and reality TV star from when she was featured on TLC's *Say Yes to The Dress*. She's also been highlighted in several magazines such as *Ocean Drive*, *Sports Illustrated Swim Suit Edition*, *GQ* and was named "Hottest Beach Body" in 2012 by *US Weekly* magazine. The YouTube personality also has a blog with beauty tutorials featuring her Hair by Anastagia extension line.

**Name:** Isabel Saint Malo de Alvarado

**Occupation:** Vice President of Panama

Isabel Saint Malo de Alvarado is a political-powerhouse. Alvarado graduated from NSU with her master's degree in business administration and currently holds the position as Vice President of the Republic of Panama. Alvarado is highly involved in state development and focuses on solving poverty and the environmental issues. She also serves as an ambassador of Panama to the United Nation in the New York headquarters.

**Name:** Cathy Areu

**Occupation:** Magazine owner

American author, journalist, Cathy Areu is the founding publisher of *Catalina* magazine. This magazine strives to break Hispanic

stereotypes in the media and entertainment industry. Areu earned an M.S degree in English Education here at NSU, and has been featured in numerous publications since. She's contributed to *The Washington Post*, where she profiled influential political figures including Laura Bush and Nancy Pelosi. She also taught high school English and journalism in Palm Beach County schools and has also written a book titled "Latino Wisdom," a collection of inspirational stories by well-known Hispanic figures.

**Name:** Martin David Kiar

**Occupation:** Broward County Commissioner

Broward County Commissioner Martin David Kiar graduated from NSU Law School in 2002 at the top of his class. After graduating, he held several roles within the community, including the assistant town attorney and positions on the Davie School Advisory Board and Broward Housing and Finances Community Development Division. He's served in the Florida House of Representatives for four years and has held the title of Broward County Commissioner since 2012. He's also won numerous awards from noteworthy organizations, such as the Broward Democrat Party and American Cancer

Society.

**Name:** Dr. Will Kirby

**Occupation:** Celebrity Dermatologist

Dr. Will Kirby is a board-certified dermatologist and owner of Kirby Dermatology, located in Hermosa Beach, California. Kirby is best known for winning *Big Brother 2*, but has also been featured on more than 35 different shows such as *Dr. 90210*, *The Doctors*, and *Real Housewives of Orange County*. Dr. Kirby received his medical degree from NSU's College of Osteopathic Medicine and currently serves as a Clinical Assistant Professor in the Department of Internal Medicine at NSU. The services he offers clients range anywhere from lip augmentations to skin cancer treatments. Dr. Kirby has treated some of the hottest faces in Hollywood like Vanessa Marcil and Kat Von D and continues to succeed in his line of work.

NSU may not be the largest university in South Florida, but we've managed to produce an impressive list of alumni. We have the same opportunities to succeed as these former students and should feel encouraged to follow in their footsteps.

Enjoy fall with food

By: Erin Herbert

Chilly weather, colorful leaves and the aroma of pumpkin spice in the air are all signs that fall is fast approaching. Well, maybe not in South Florida. Although Florida’s climate doesn’t allow for a few elements of fall, that doesn’t mean we can’t indulge in the greatest aspect of the season: the food. So foodies, rejoice; fall is back, along with your favorite season-inspired dishes.

**Apple Pie Pancakes**

Apple pie is a classic dessert and an autumn staple, but what if I told you that you could eat apple pie for breakfast and still remain guilt-free? Apple pie pancakes are the answers to all of your prayers. Fluffy golden pancakes filled with apples, cinnamon and nutmeg and drizzled with vanilla maple syrup are enough to make you wish it was fall year-round. This treat is super simple to make and sure to satisfy any early morning sweet-tooth.

**What you’ll need:**

**Pancakes**

**Dry Mix**

- 1 cup all-purpose flour
- 2 tablespoons light brown sugar
- 1 teaspoon baking powder
- 2 teaspoons ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/2 teaspoon ground clove (optional)
- 1/8 teaspoon salt

**Wet Mix**

- 1 cup whole milk
- 1 large egg
- 1 tablespoon unsalted butter, melted and cooled slightly
- 1 teaspoon vanilla extract

**Mix-In**

- 1 cup grated apple (about 1 medium apple, peeled or with skin on)
  - Butter or vegetable oil for skillet
  - Vanilla Maple Syrup
  - 1/2 cup warm maple syrup
  - 1 teaspoon vanilla extract or 1 vanilla bean
- 1.Mix all dry in a medium sized bowl.
  - 2.Combine all wet ingredients in a separate bowl and beat until well mixed.
  - 3.Combine both wet and dry mixtures, and stir. The batter should have some small lumps, do not mix further to smooth them out. Fold the grated apple into this mixture.
  - 4.Brush a skillet with butter or vegetable oil and place over medium heat.
  - 5.Measure batter into increments of ¼ cup and pour into heated skillet.
  - 6.Cook pancakes for 1-2 minutes, then flip and repeat to cook other side of pancake.
  - 7.Stir vanilla extract into warm maple syrup mixture and serve over hot pancakes.

**Roasted Tomato Soup with Grilled Cheese Croutons**

Fall is all about comfort food, and nothing says comfort food like grilled cheese and tomato soup. But this isn’t your average straight-from-the-can tomato soup. This recipe combines roasted tomatoes, garlic, chicken broth, thyme and red pepper flakes topped with small pieces of warm grilled cheese to create the perfection combination for a blustery fall day.

**What you’ll need:**

- 3lbs Roma tomatoes, cut in half lengthwise
- 2 Tablespoons extra virgin olive oil
- Salt & pepper
- 4 garlic cloves
- 1/4 teaspoon dried thyme
- 1/4 teaspoon crushed red pepper flakes (or more or less)
- 4 cups chicken broth
- 8 slices ciabatta bread (or other hearty bread - just not sandwich bread)
- Butter, softened
- 8 slices cheddar cheese (smoked cheddar is great)

- 1.Preheat oven to 400 degrees. Grease 1 large baking sheet with nonstick cooking spray. In a large bowl, coat halved tomatoes in olive oil and season with salt and pepper. Wrap garlic in aluminum foil and drizzle with olive oil. Place tomatoes and wrapped garlic on the baking sheet, and roast for 1 hour.
- 2.Allow tomatoes to cool. Then place tomatoes (with juices) and garlic into a food processor or blender and pulse until well mixed.
- 3.Transfer mixture into a large pot and add spices and chicken broth. Bring to a boil. Reduce heat and let simmer for 15 minutes.
- 4.While soup is simmering, butter one side of each slice of bread and place butter side-down in a skillet. Place 1 slice of cheese on each non buttered side of the bread. Combine two slices of bread to create a sandwich. Cook each side on medium until bread is crispy and cheese is melted. Cut each sandwich into small cubes and place on top of soup.

**Pumpkin Pie White Hot Chocolate**

Need to switch it up from your usual pumpkin spice latte? Pumpkin pie white hot chocolate is definitely the way to go. Fall recipes are typically loaded with delicious pumpkin flavorings and spices, and this hot chocolate is no exception. This dish makes use of melted white chocolate, pureed pumpkin, cinnamon, ginger, cloves, nutmeg and vanilla to make a rich and creamy hot chocolate that tastes just like a traditional pumpkin pie but with much less work.

**What you’ll need:**

- 3 cups whole milk (You can substitute half and half, heavy cream, or a mixture.)
- 1 cup pumpkin puree
- ½ teaspoon cinnamon
- ¼ teaspoon ginger

- dash of cloves
- dash of nutmeg
- 1 teaspoon vanilla
- 4 ounces white chocolate, roughly chopped

- 1.Heat milk, pumpkin puree, spices, and vanilla on medium heat. Do not let the mixture come to a boil.
- 2.Gently stir in all white chocolate until completely melted.
- 3.Remove from heat and serve. Garnish with whipped cream and spices if desired.

**Glazed Apple Fritters**

Pies, cookies, cakes and donuts; the options are endless when it comes to fall desserts. But apple fritters are a classic dessert that is often overlooked amongst the dessert trend of “pumpkin-flavored-everything.” These glazed apple fritters are soft, pillowy donuts filled with warm apples and spices. And possibly the best part is that these fritters are coated in a vanilla and cinnamon glaze that is sure to make your mouth water.

**What you’ll need:**

**For the apple filling:**

- 2 1/2 pounds (about 5 whole) Granny Smith apples
- 2 teaspoons lemon juice
- 3 tablespoons unsalted butter
- 2 teaspoons ground cinnamon
- 1/4 cup sugar
- 1/4 cup apple cider vinegar

**For the dough:**

- 1 packet of active dry yeast (2 1/4 teaspoons)
- 3 1/4 cups unbleached all-purpose flour
- 1/3 cup sugar
- 1 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 cup whole milk
- 2 large eggs, lightly beaten
- 1/3 cup unsalted butter, softened
- Vegetable oil, for frying

**For the glaze:**

- 1 1/2 cups powdered sugar
- 3 to 4 tablespoons milk
- 1 teaspoon vanilla extract

- 1.Remove cores and peels from apples. Chop into small pieces. Place apple pieces in ice water and 2 teaspoons of lemon juice to prevent browning.
- 2.In a large bowl, mix yeast, flour, sugar, salt, and cinnamon. Slowly add in milk and eggs, mix until well combined.
- 3.Cut up butter into tablespoon sized pieces. Slowly add these pieces one by one to the dough, until all butter has been mixed in. Gently knead dough mixture.
- 4.Lightly grease a large bowl with olive oil. Place dough into oiled bowl and cover with a kitchen towel. Allow dough to rise until it has doubled in size (1-2 hours).

5.While dough is rising, place butter in a skillet over high heat. Drain apples from ice bath and add to pan with butter. Add cinnamon and sugar, and cook until apples are soft. Add vinegar to mixture and reduce.

- 6.Lightly flour a clean working surface. Using a rolling pin, roll dough out into a ½ inch thick rectangle. Cut rectangle in half. Scatter apple filling mixture over one half of the dough. Place remaining dough over the apples. Cut into small squares, and pinch all sides closed with fingers. Place the fritters on a baking sheet and let sit until dough has puffed up (20-30 minutes).
- 7.Pour milk and vanilla into a medium sized bowl. Slowly stir in powdered sugar. Set aside.
- 8.In a large pot, heat oil to 350 degrees. Line a plate with paper towels while oil is heating. Once oil is heated, submerge fritters into the hot oil using a slotted spoon. Fry for 30-60 seconds, or until golden on both sides. Remove fritters with slotted spoon and place on paper towels to drain. Repeat with all fritters.
- 9.Once fritters have cooled, brush with warmed vanilla glaze.

**Baked Sweet Potato Tots**

Although we all love the wide variety of food fall has to offer, some recipes tend be a little heavy in terms of calories. Thankfully, there are tons of options for healthier yet delicious fall snacks. Tater tots are always a junk-food favorite, but this take the on crispy treat is gluten-free and packed with vitamins and protein. Baked sweet potato tots are small slices of cooked sweet potato, lightly coated in parmesan cheese and baked to perfection.

**What you’ll need:**

- 3 cups sweet potatoes
- 1 cup grated raw parmesan cheese, plus more for rolling tots in
- Salt and pepper

- 1.Peel sweet potatoes, and cut into quarters.
- 2.Steam the potatoes until they are soft.
- 3.Pulse steamed sweet potatoes until they crumble.
- 4.In a small bowl, mix sweet potato crumbles and cheese until well combined.
- 5.Pack mixture into small balls and coat in remaining parmesan cheese. Place on a baking sheet and bake at 425 degrees for 15 minutes. Turn tots frequently to ensure all sides cook evenly.

With the “beach body” obsession of summer finally over, it’s time to indulge a little with everything from Halloween treats to Thanksgiving favorites. These foods are just breaking the surface of all the great dishes that fresh fall ingredients and spices have to offer. So break out of that pumpkin spice rut, and explore all the flavors of fall’s harvest.

Off Shore Calendar

<p><b>Music and Dancing Under the Stars</b> @ ArtsPark <b>7:30 PM</b></p> <p><b>The Neighbourhood</b> @The Fillmore Miami Beach <b>8 PM</b></p> <p><b>SEPT 22</b></p>	<p><b>Art After Dark</b> @Norton Museum of Art <b>5 PM</b></p> <p><b>SEPT 24</b></p>	<p><b>Taste of Las Olas Food Tour</b> @Downtown Fort Lauderdale <b>12 PM</b></p> <p><b>SEPT 26</b></p>	<p><b>Food-Truck Rally</b> @ArtsPark <b>All day</b></p> <p><b>SEPT 28</b></p>
<p><b>Icona Pop</b> @Revolution Live <b>7 PM</b></p> <p><b>SEPT 23</b></p>	<p><b>Stand Up Paddleboard Yoga</b> @The Oar House <b>9 AM</b></p> <p><b>SEPT 25</b></p>	<p><b>Sunday Outdoor Movie</b> @Dada Restaurant and Lounge <b>10 PM</b></p> <p><b>SEPT 27</b></p>	<p><b>Sunset Beach Yoga</b> @Downtown Delray Beach <b>5:30 PM</b></p>

# Diary of a mad black woman: Racism post-Obama

By: **Roddia Paul**

Those who identify as black or African American knew that the election of Barack Obama as the President of the United States meant two things: one small step towards racial equality and one giant step towards the growth of racism.

The minute word spread that he was running for president, racial slurs erupted and people even questioned whether he was “American” enough. Obama, being the humorous person he is, played off of the media’s questions about his place of birth by showing a video of “Lion King” and stating that it was a video of his birth. Critics roared that Obama had to be born in Kenya, but his administration shut them up with a legal copy of his birth certificate, proving that he was actually born in Honolulu, Hawaii.

It’s no secret that his election drew people to the polls from all ends of the United States who had never voted before. Young, middle-class, minority groups who never showed interest in politics were registering to vote because, for the first time in history, it was possible that someone who looked like them could be president.

For a presidency in the post-Civil rights era,

both of Obama’s terms were filled with instances of racial persecution and authority abuse. These tragic events seem to be more so focused on members of the black community, and maybe wrongdoers think they can hit Obama where it hurts. Within the last eight years, death because of skin color has overtaken the black community so much that drinking ice tea and enjoying a bag of skittles might as well be illegal, a young black boy must freeze because he cannot be caught in a hoodie, and raising your hands to the police in surrender is a symbol of resistance. You must be shot. Our police forces, sworn to protect and serve, have in cases, such as the 2009 Oscar Grant Fruitvale station shooting, reverted back to using the “N” word, and I do not mean “nice.” Discrimination against African Americans has undoubtedly increased since Obama’s election.

Racism in America has not only increased, but it’s also shifted. Racial slurs and negativity used to be focused on all minorities, be it Hispanic, black or Asian. They still are today, but physical discrimination is now more centered on those with less milk in their coffee. We have young men like Oscar Grant being beaten and

killed for riding a train while black and black women such as Charlena Michelle Cooks being charged for resisting arrest because she refused to lay face down on her eight-month-pregnant, protruding belly.

For the first time, since President Kennedy’s office, people are more focused on the physical appearance of the first family than the actions of the president. Current interviews and blogs of Michelle, Malia and Sasha are centered on their hair and fashion sensibility. Critics were in an uproar when Michelle first showed off her love for sleeveless dresses, but hardly anyone ever cared what Barbara Bush was wearing.

The media no longer focuses on the innovative acts of our president, such as his creation of a foundation focused on furthering our black male adolescents or even his ability to lower the debt that Bush left behind. Instead, the media creates comics that emphasize Obama’s “black” features. His nose and big lips are often drawn unusually larger than life, and can often be seen with captions referring to his Kenyan nationality.

Obama ended the war in Iraq, passed

healthcare reform and applauded same-sex marriage, proving that a minority is just as capable of running the country as any president who stood before him. As a society, America needs to stop judging the physical appearance of the minority. Not every black guy has been incarcerated, and not every Hispanic is a drug dealer. Our minorities are strong, independent and intelligent with so much more to offer than athleticism.

Obama was elected and then successfully reelected because he is the face of the people. America is considered the land of the free, and for that reason, it is composed of people from all over the world who come here for a life of opportunity. America does not mean white; it means free. However, freedom, even after Obama’s two terms, is limited for the minority.

The masses cringe at the thought of black improvement and power. Barack Obama being president did not break barriers for the black community, due to racism; it reinforced them.

## #relationshipgoals are #unrealistic

By: **Alyssa DiMaria**

[@Current\\_DiMaria](#)

A hashtag has been trending in the social media world: #relationshipgoals. Together with this hashtag are pictures of couples positioned in fitness poses, traveling to the most exotic places and receiving lavish gifts—mind you, these couples are flawless, from their angelic faces to their perfect bodies. But these pictures don’t truly grasp what a relationship is.

When absorbed inside the world of social media, viewers are constantly comparing their lives to the ones depicted on their phone screens. Suddenly, their relationships become insufficient—unable to measure up to the picture-perfect relationship, or what seems to be.

The problem is most of the time what a

person is viewing isn’t nearly as close to being accurate. We are trapped behind the idea of unrealistic expectations. Who defines what a “relationship goal” is anyway? Humans should be the very last ones to define what love is because we have broken what love was intended to be. Many are just infatuated with the idea of being in a relationship and being with that one person who claims to love and adore every facet of the other. Humans have made it so hard to love; we’ve made it impossible to believe in love, in its truest form.

Social media and its impractical hashtag has turned the idea of love into a fairytale in which perfect relationships and unachievable

physical looks always end in happily ever after. It’s funny that people still haven’t realized that beauty is only temporary and makes for an equally fleeting form of love.

People have lost the idea that one can’t fall in love with beauty, looks, money or materialistic items. As individuals get to know one another, all their physical characteristics start to disappear. They begin to dwell in each other’s energy, recognize the scent of their skin. When one really connects with a person, any physical imperfections become irrelevant.

A relationship should be based upon trust, admiration and pure happiness between two people, whether that compares to what a hashtag

portrays or not. Love is a feeling, not a superficial meaning. Clearly, society is imprisoned in an era of comparing—a non-stop, constant competition with one another. Couples must find their own happiness and let go of what they think their life is supposed to look like and celebrate it for everything that it is.

Love and relationships should be desired, but there is more to a relationship than that. Maybe our culture isn’t guilty of shallow love. Maybe our culture is guilty of cheapening what a relationship truly should be: truthful, continuous, unconditional and sacrificial. Show that in a hashtag.

## Seriously Kidding

*a satire column*

## Tropical storm party warning

By: **Faren Rajkumar**

[@Current\\_Faren](#)

Florida is officially under a tropical storm party warning as Tropical Storm Juanita gains strength in the Atlantic. The National Hurricane Center has cast the entire sunshine state into a frenzy as Floridians, North and South alike, prepare for the party of the century.

The warning means that residents should expect heavy rain, a brief outage of electricity, a mass exodus of FPL help-line employees and record-long lines at every gas station, grocery store and liquor store from Tallahassee to Miami.

Here’s the five-day forecast put out by the Hurricane Center:

### Day One - Wednesday

Mild showers, brief thunderstorms around midday and a torrential downpour of panic from the senior citizens in communities in Boca Raton. Phone lines will be tied up, as residents ages 60 and over call their grown children and grandchildren in the Northeast to remind them of their last will and testament, to eat their vegetables and to say their prayers every night. In the Southernmost regions of Florida, liquor stores will begin taping up their “discount”

signs, marking up bottles of tequila by about 10 percent.

### Day Two - Thursday

Liquor stores will be out of tequila, and thunderstorms will increase. Flash flood warnings throughout Broward and Miami-Dade County will excite public school teachers, and children will nearly pee themselves with anticipation after throwing away their half-complete book reports. Parents will be contacting babysitters, writing up guest lists and comparing their barbecue grills to their neighbors’ superior grills for the upcoming tropical storm party.

### Day Three - Friday

Heavy wind and rain will provoke cursing from South Florida dads who spent hours cleaning out the gutters last week and will have to scoop out all the dead leaves again in a few days. North Florida moms will be lining every windowsill with jumbo candles from Home Depot, restocking their pantries with canned beans and forbidding their kids to go outside, while South Florida moms will have finished

their second bottle of wine while their kids run around naked in the rain and chase passing debris. Maximum wind speed will be sustained at 50 mph.

### Day Four - Saturday

Tropical storm parties will commence at approximately 11:30 a.m., beginning with a period of calm and clear skies immediately fogged up by smoke from barbecue grills in every South Florida backyard. Good Christian families in every small town of North Florida will quake and shiver at the period of eerily good weather and await the impending apocalypse as they pray to the Lord Almighty. At approximately 4 p.m., heavy rain, gusty winds of 60 mph and thunderstorms will resume, chasing the parties indoors. “Emergency” tequila will be shared with those in need, while grandparents will make a trip to the bank to withdraw all of their savings. The parties will end when the electricity briefly times out and is quickly restored by a Home Depot portable generator, and families will return home to sit silently in the dark and use their iPhones until their batteries die. All

homeowner’s propane tanks will have failed to work, except those bought at Home Depot.

### Day Five - Sunday

Rain and wind will steadily decrease until a sudden sunny sky, accompanied by the sounds of an angelic choir, will dissipate the storm. The warning is estimated to be lifted at approximately 6:30 p.m., as Juanita transitions into a tropical depression. Children throughout Broward and Miami-Dade County will be digging through the trash for their book reports.

The Center advises Florida residents to continually check the National Oceanic and Atmospheric Administration (NOAA) website for updates to the forecast and to be on standby to repeat the entire shebang in about ten days. The Center would also like to reassure residents that Home Depot does not fund their research and did not sponsor this report.

# Pop culture in the news

By: **Faren Rajkumar**  
 @Current\_Faren

So Kylie Jenner’s lips got bigger over the weekend, Reese Witherspoon did a funny Dubsplash version of “Bananaphone,” and Kanye just sent Taylor Swift some flowers. In other news, Europe is beginning its refugee crisis program, the Iran nuclear deal is gaining momentum, and judges all over America are refusing to perform same sex marriages. I don’t know about my peers and the rest of America, but I know which batch of news I care more about, and it doesn’t include reality television and celebrity feuds.

Of course, I enjoy a laugh as much as the next 20-something-year-old female who has grown up in a society saturated with social media, pop culture and entertainment news. I can rave about Kylie Jenner’s perfect hair all day long, and I’m a huge Kanye fan who feels no shame in saying he’s the only rapper I listen to. But I always compartmentalize newspaper headlines; entertainment is entertainment, and news is news. I never confuse the two. I care about the people and events that are actually affecting people’s lives, and unless you sincerely believe that celebrities like Lady Gaga and Beyonce are controlling the government via the secret Illuminati society, there is no need to give your undivided attention to their dazzling yet incongruous personal lives.

Our generation’s addiction to pop culture news is to blame for the ludicrous climate of the

current presidential campaign season. Donald Trump, hardly more than a rich reality television star, has as much legitimacy to the presidency as Kanye West. Those who watched the VMAs know that I’m referring to the rapper’s half-joking declaration to run for president. But voting for Kanye in 2020 would be the same as voting for Trump in 2016; either way, we’re going to have a celebrity in office instead of a seasoned politician. I must have missed the memo—when did the requirements for a presidential bid become so lax?

Most of America seems to be taking Trump’s campaign seriously, no matter how many times he inserts his foot into his large mouth. It’s the same way Americans continue to take celebrities seriously, no matter how many times their favorite singer may storm off a concert stage, gets accused of abusing their significant other or makes a deplorable comment on Twitter. If someone like Chris Brown is worshipped like a god and forgiven for every misdeed, then Trump can easily be made into our nation’s leader and easily forgiven for accidentally signing a bad nuclear deal or declaring war against a country. No big deal, right?

A few times each week, young people in America visit a news website like huffingtonpost.com and scroll down the front page. But for every click on a link about Miley Cyrus’s bizarre VMA outfits, we are telling the Huffington

Post’s analytics team that this is the kind of news we care most about. We neglect the headlines about the real issues currently rocking the world we live in: debt crises, government inefficiency, police brutality, problems with educational system, joblessness, increasing global terrorism, global poverty and so many more tragedies.

Did you know slavery still exists in 2015, and it’s affecting about 36 million people across the globe? Did you know that nearly seven million American women suffer from some kind of eating disorder? Did you know that people in developed countries eat almost 15 pounds of artificial food additives every year? Did you know that every week, an average of 54 children are expelled in America for bringing a gun to school? These are the real stories that need telling, and the real issues that need to become our main concerns.

As a writer and journalist myself, I know how media outlets operate. Reporters are instructed to tell the stories that the public cares about. We pay attention to the headlines that receive the most hits and the stories that generate the most comments. That’s how we writers make our money, after all. We write what people want to pay money to read, so we respond to readers’ interests by producing more of what they like. It’s the simple principle of supply and demand. If readers like reading about celebrity feuds and leaked nude photos and dress mishaps, then

that’s what we’ll report.

I’m not suggesting that we young people stop seeking to satisfy our gossip fix when we surf the web. It’s fun to keep up with famous entertainers who are constantly changing their hair color, starting new trends, getting into fights and doing stupidly funny things in front of the paparazzi. But we must remember that they are simply entertainers, and their lives don’t generate the news we should care about. For every nonsense pop culture news story we read, we should also be reading an update on the presidential campaign or a report on the economic situation in our nation—and when I say presidential campaign, I’m referring to the legitimate candidates, not the sensationalized figures who crafted their images in showbiz.

Of course, merely reading these serious newspaper stories about important global issues won’t change the world and save all of the suffering people out there. But it will encourage a new culture of awareness and open-mindedness that our generation needs. Reading sparks ideas, and ideas spark action. But first, we just need to remind media outlets that we care about politics, business, economics and technology, the real stuff, and that we want to learn just as much as we want to laugh.

## WHAT DO YOU THINK OF THE REC PLEX'S NEW NAME, "RECWELL"?

## SHARK SPEAK



"I think the new name doesn't make a huge difference. The gym itself is still the same."  
 - Ana Fernandez, senior biology major



"It doesn't sound like a gym anymore to me, and I'll probably still call it 'RecPlex' because that's what I'm used to."  
 - Deanne Flax, sophomore theater major



"RecPlex sounded like a gym to me, but RecWell sounds dirty and disgusting. RecPlex makes you want to go lift weights, but RecWell sounds like a place I'd go swimming or where you go to wreck yourself, but do it well."  
 - Morgan Musgrove, senior neuroscience major



"I like the name. It sounds like a welcoming place to work out and go to exercise classes."  
 - Alisha Rickman, freshman biology major



"I don't mind the new name. It's the same place to me."  
 - Jodice Woody, sophomore business major



"I think it has the friendlier, happy feeling that the school is probably going for, but it doesn't sound like a gym to me."  
 - Jannatul Mada, freshman biology major



# Help Wanted

All students should contact the Office of Student Employment Website to apply for these positions:

[http://www.nova.edu/financialaid/employment/how\\_to\\_apply.html](http://www.nova.edu/financialaid/employment/how_to_apply.html)



## **Graduate Student Assistant-(086A)-(MK) Job ID: 4520**

**Hours: 20 hrs./week  
Rate: \$11/hour**

Assist, answer questions and direct students to the appropriate area. Assist with on-going projects within the department.

## **Student Assistant-(073) Job ID: 4512**

**Hours: 20 hrs./week  
Rate: \$8.75/hour**

Answer phones, organize front desk. General office operations. Be on time and open office at 8:30 a.m. when needed. Answer, respond and take messages via phone or in person. Update sports publicity in accordance to the Marketing Manager. Report supply or inventory orders to the Graduate Assistant. Complete other duties as assigned.

## **Graduate Student - Injection Lab Assistant-(HPD267) Job ID: 5587**

**Hours: 0hrs./week to 5 hrs./week  
Rate: \$10/hour**

The student employee will assist the course instructor(s) with maintenance of the necessary equipment in teaching and preparing optometry students. Important Note: This student employee cannot complete hours/duties during his/her class time.

Responsibilities:

- Check the artificial blood in each (9) of the artificial arms
- Change the blood every 12 weeks
- Check the injection inventory each week
- Work with doctor to send out arm for maintenance
- Check the artificial blood pressure arm (4) and replace batteries as needed
- Maintain the injection room
- Organize drawers
- Ensure the disinfection solution is filled
- Walk the lab for broken lanes/blown light bulbs
- Prepare the cow eyes to fit into the holders
- Prepare and sterilize equipment in heat sterilizer when needed
- Inform doctor when supplies for the boxes are running low
- Check that batteries are working in M and S remotes

## **Razor's Edge Program Assistant-(1108) Job ID: 5450**

**Hours: 10 hrs./week to 20 hrs./week  
Rate: \$8.50/hour**

This position is only open to current Razor's Edge students. This position will assist with the various aspects in administering the Razor's Edge Leadership Scholarship program including but not limited to: programmatic support, assisting with the applications process and oversight of the Razor's Edge social media platforms. Provide general programmatic

support for the Razor's Edge Leadership Scholarship program:

- Provide oversight for the applications process in conjunction with SLCE/RE staff
  - Assist with details related to Competition Weekend
  - Provide oversight of the Razor's Edge social media outlets
  - Must be a current Razor's Edge student
- Other Related Duties:
- Answering main office as well as Razor's Edge telephone lines
  - Assisting with programmatic mailings
  - Other duties as assigned by SLCE staff

## **Clinical Research Assistant-(HPD256) Job ID: 5417**

**Hours: 0 hrs./week to 6 hrs./week  
Rate: \$10/hour**

Under general supervision, the Research Assistant provides general management (subject reception, subject scheduling and data management) and technical assistance (collecting, processing, coordinating samples, specimens, information and data).

Essential Job Functions:

1. Manage subject reception/screening/scheduling; provide assistance to clinic staff by organizing files, projects, data etc.; provide general management to keep operations running smoothly.
2. Assist with the execution of clinical research studies and programs; work under specific instructions to assist with routine tests, experiments and procedures.
3. Collect, process and assist in the compilation and verification of research data, samples and/or specimens (following strict protocol and detailed instructions).
4. Enter data from forms and documents into databases and other documents.
5. Assist with routine data verification and quality control, ensuring data integrity and consistency with prescribed study protocol.
6. Perform literature searches, research and overall administrative assistance.
7. Perform other duties as assigned.

## **Senior Student Assistant-(63) Job ID: 5586**

**Hours: 20 hrs./week  
Rate: \$8.75**

Answer phones, assist students and staff, photocopying, filing, typing memos, deliver materials to other departments.

## **Student Assistant-(679) Job ID: 4666**

**Hours: 25 hrs./week  
Rate: \$9/hour**

Provide clerical support and administrative assistance to the

various administrators.

## **Student Assistant/ Web Development-(HPD152) Job ID: 4873**

**Hours: 20 hrs./week  
Rate: \$12/hour**

Assist in implementation of technological advances in the teaching and learning in the College of Pharmacy.

## **Administrative Student Assistant HPD Development-(1107) Job ID: 5466**

**Hours: 20 hrs./week  
Rate: \$11/hour**

The Student Assistant to the Development Director of HPD will be responsible for providing clerical and administrative support, including composing draft and final documents and correspondence; preparing, distributing and filing correspondence; maintaining a filing system; managing the calendar; organizing, scheduling and coordinating meetings.

Provide support for all activities related to Advancement for directors of development, Health Professions Division:

1. Prepare material for meetings with donors/donor prospects.
2. Perform internet job-related searches.
3. Scan & fax documents. Make photocopies of documents.
4. Set-up and maintain filing system of documents.
5. Accurate data entry in Banner, Ariba and other databases as required.
6. Deliver or pick up documents at multiple campus destinations.
7. Process expense reimbursements and travel request in Ariba.
8. Prepare gift transmittals and other forms related to Advancement.
9. Make travel arrangements including flights, hotel reservations and car rental.
10. Arrange meetings, including venue reservations, refreshments, preparation and distribution of handouts, appropriate dissemination of meeting information to attendees.

## **Tutor- (JLD235) Job ID: 5576**

**Hours: 20 hrs./week to 20 hrs./week  
Rate: \$20/hour**

We are seeking qualified tutors to assist students in the Broward County area. This is a great position for a college student or teacher. The hours are flexible to your schedule. We pay competitive rates and offer a pleasant environment to make it a fun, rewarding experience.

## **Graduate Assistant-(1038) Job ID: 5574**

**Hours: 20 hrs./week  
Rate: \$12/hour**

1. Assist with research-related activities (e.g. conducting

literature reviews, participant recruitment, data collection and analysis).

2. Assist with ensuring IRB compliance on all aspects of research projects.
3. Assist with preparation of research and evaluation reports.
4. Assist with preparation of documents and database entry related to the academic programs within the department.
5. Assist in office practices and procedures (e.g. answering telephones, calling students, filing/organizing).
6. Assist with accurate processing and record keeping for the department.
7. Assist with the development of presentations using Powerpoint.
8. Assist with various administrative tasks required by the university and its departments as needed.

## **Graduate Assistant-(591) Job ID: 4630**

**Hours: 25 hrs./week  
Rate: \$11/hour**

1. Assist in the daily operations of the America Reads/America Counts programs.
2. Assist with scheduling interviews and placing tutors at the various participating elementary schools in Broward County.
3. Email supervisors the placement of tutors once they have completed training.
4. Attend weekly meetings with coordinator of the program, the supervisors of the program and a representative from Student Employment.
5. Upload AR/AC tutor profiles into the database.
6. Keep database current.
7. Filing and other duties as assigned.

## **Peer Mentor (Job #1027) Job ID: 5277**

**Hours: 15 hrs./week  
Rate: \$12/hour**

Provide support to undergraduate students with autism spectrum disorder in academics, organizational strategies, social activities and residential life. This will include supporting students in a daily study hall, providing structure to the student's day, developing and maintaining schedules to assist in class attendance, prompting to ensure personal hygiene, encouraging participation in extracurricular activities and assisting in planning weekend activities on campus and in the community.

## **Desktop Computing Assistant-(039) Job ID: 4487**

**Hours: 15 hrs./week to 22 hrs./week  
Rate: \$9/hour**

Assist full-time technicians with the daily installation and maintenance and support of personal computer hardware and software. Troubleshoot

technical issues relating to faculty and staff desktops. Assist OIIT logistics in the pick-up and removal of surplus equipment.

## **Intramural Sports Official-(224) Job ID: 4546**

**Hours: 10 hrs./week to 15 hrs./week  
Rate: \$8.05/hour**

An Intramural Sports Official shall serve as a game administrator and referee to any given sport. The Official will, to the best of his/her ability, officiate contests and keep accurate records of the contests' scores offered by the Intramural Sports Program. The Official will have the responsibility of maintaining orderly conduct on the court/field to which he/she is assigned and will perform duties as outlined below.

- Attend all clinics and meetings designated for each sport
- Submit to periodic evaluations, written or practical
- Obtain necessary equipment and score sheets when reporting to work and checking in with the Intramural Sports Supervisor; all officials will be given a whistle prior to the season. All jerseys will be provided on game nights and are expected to be returned at the conclusion of your shift
- Arrive to court/field prior to scheduled work time
- Ensure that contest equipment functions properly and that contests are played under safe conditions; report the need for facility or equipment repairs to the Intramural Sports Supervisor on duty
- Penalize and document any unsportsmanlike conduct by players, coaches or fans, in accordance with the rules of the sport and the regulations of the Intramural Sports Program
- Be attentive at all times; do not allow friends to visit or distract you while you are working, especially during your game
- Locate team captains, sign players in, and check eligibility of players; this should happen at least 15 minutes prior to the beginning of each contest
- Review the rule book as frequently as possible
- Record team sportsmanship ratings on score sheets after all contests
- Receive any requests for protests and immediately contact the Intramural Sports Supervisor on duty. Report any misuse of any facility that we are playing games at or of any equipment utilized by the Intramural Sports Program. This includes when you are not on duty
- Assist the Intramural Sports Supervisor in emergencies. The Intramural Sports Supervisor should always be summoned in case of an emergency
- Strive to maintain positive public relations