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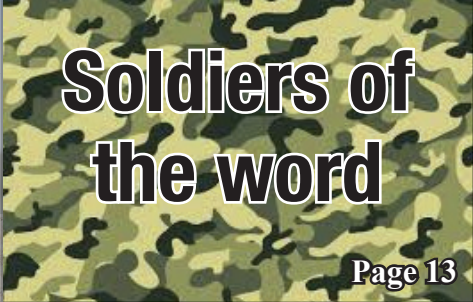
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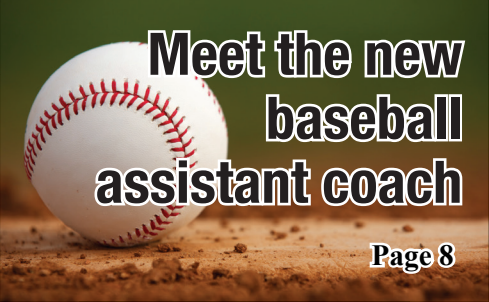
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# NSU COMMITTEE BATTLES SEXUAL ASSAULT

By: **Jessica Gonzalez**

As a result of the Department of Education’s May investigations into how universities and colleges report sexual assault on campus, NSU created the Committee for Awareness, Education and Prevention of Sexual Misconduct. The committee was formed over the summer in response to the Department of Education’s additional guidelines under the federal civil right policy Title IX, which outlines how universities should respond to sexual discrimination, sexual harassment or sexual violence. The additional guidelines defined sexual violence as a form of sexual assault. These guidelines were created by the federal government to improve universities’ handling of campus sexual assault cases. In May, the Department of Education announced it was investigating 55 universities to determine their Title IX



The U.S. Department of Education is investigating how more than 70 universities handle sexual assault cases.

COURTESY OF CHRONICLE.COM/

compliance and how they address sexual assault issues. The number of universities being investigated is now more than 70 and includes Florida State University, the only Florida university on the

department’s list. The education department’s Office for Civil Rights changed its guidelines to state that elementary, secondary and postsecondary institutions would benefit from

additional guidance concerning their obligations under Title IX to address sexual violence as a form of sexual harassment. Gay Holliday, the associate dean of administration for

Student Affairs and the College of Undergraduate Studies, said NSU’s committee was formed to develop a campus-wide approach for awareness, education and prevention of sexual assault. Holliday said the major goal of the committee is to develop programs, to help raise awareness to and educate people to look at sexual assault from a bystander perspective. The committee also wants to educate people on what victims of sexual assault or sexual misconduct should do and what resources are on and off campus such as the Henderson Student Counseling Center, which is located in the University Park Plaza. “Now that classes have started, we will be working more with student groups to become partners with us. It takes everyone here to create and support a culture where students feel safe,” said Holliday, who is also the Title IX coordinator and chief judicial officer. SEE **SEXUAL ASSAULT 2**

## EXPAND YOUR OPPORTUNITIES WITH AN INTERNSHIP

By: **Li Cohen**

The Farquhar College of Arts and Sciences will host an information session for students to learn how to secure an internship through The Washington Center for Internships and Academic Seminars on Sept. 26 at 1 p.m. in Room 3050 in the Carl DeSantis Building. The Washington Center is an independent, nonprofit organization that selects students to work in professional development programs and take classes on professional development for academic credit in Washington, D.C. Students will work with an organization on a civic engagement project, where they volunteer at events that relate to a particular issue of their interest. Assistant Professor George Bass said, “The Washington Center Program has a good reputation for getting students the internships that actually have substance. It is a

really helpful real world experience and for a lot of students it confirms their passion.” Students accepted into the program will work about four days a week at a governmental, for-profit, nonprofit or international organization that is assigned to them based on their individual interests and fields of study. The positions assigned cover an array of subjects, including advocacy, service, the arts, international affairs, law and criminal justice, media and communication, science, political leadership and policy. “From my past experience, it’s been a great vehicle for students,” Bass said. “Everyone has come back and said they had an amazing time and they learned a lot.” Students will have the chance to take workshops focused on professional development and network with professionals in the field. SEE **INTERNSHIP 3**

## SOAP HOSTS PUBLIC POLICY SEMINAR

By: **Li Cohen**

NSU’s Student Organization for the Advocacy of Psychology (SOAP) will host a mental health advocacy training program in the Carl DeSantis Building on Oct. 6 and Oct. 9. SOAP President, Jenna Lyons, master’s student in the clinical psychology program, said, “If you’re interested in advocacy at all, the event will give you a background of what advocacy looks like, no matter what you’re advocating for.” According to the Orlando Sentinel, one of the biggest issues in Florida is that the state ranks 49th in the nation for mental health funding. The monetary allocations for basic mental health services have been cut by \$15.2 million since 2012. SOAP Vice President Sydney Webster, master’s student in the clinical psychology program, said SOAP is primarily focused on advocating issues for mental health



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Joe Kaufman is a Republican Congressional Candidate for Florida in the 2014 election.

policy because the funding that mental health services currently receives is insufficient for the number of people in the state who require help. She said advocating for the

mental health field is important because psychologists generally view advocating as someone else’s role. As a result, not many people advocate for mental health and that

SEE **SOAP 2**



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various field. At the end of the internship, they are required to turn in a portfolio of what they learned throughout the program.

Bass said that The Washington Center program is unlike traditional internships where students do busy work and that, if students apply themselves to the tasks assigned, they open up the possibilities of a better grasp on their field.

“You want to pick an internship that has something to do with what you want to do with your life and it’s a good idea to get in [that field] and see if it’s something

you really like,” he said.

Some of the organizations and companies that will have positions available for students include the American Psychological Association, American Red Cross, Amnesty International, Chemical Manufacturers Association, CNN, Peace Corps, United States Congress, the State Department, the U.S. Drug Enforcement Administration, U.S. Environmental Protection Agency, Walter Reed Army Medical Center, the White House and the World Bank.

Recent NSU graduate Desiree Kennedy was offered a full-time

position at the U.S. Department of the Interior in Washington, D.C. following her nine-week summer internship this past summer.

“She had goals of going on to grad school and law school, but this really made it a possibility for her to move to Washington, D.C.,” Bass said.

To be eligible to apply, students must be 18 or older, at least a sophomore at an accredited college or university and have a minimum grade point average of 2.75. Additional requirements may apply for first-semester sophomores and postgraduate students.

For more information, visit [twc.edu](http://twc.edu).

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officer at NSU. Her role is to make sure NSU is in compliance with Title IX and that cases of sexual misconduct are reviewed and reported appropriately.

Aarika Camp, assistant dean of Student Services and director of Residential Life and Housing, said the committee consists of representatives from various divisions at NSU: Holliday, Camp, Associate Athletic Director Kelley Kish, Director of Student Media Michelle Manley, Director of Student Affairs Andrea Kovachy, Director of Student Assessment Josh Hammers, Director of Student Leadership and Civic Engagement Allison Foster, Director of Public Safety Jim Ewing, Associate Director of Public Safety Jim Lambe, and Director of Henderson Student Counseling Center Debra Goldman.

“It’s important that all of these individuals are involved since they all relate in some way in the process of awareness, education and prevention of sexual misconduct on campus,” said Camp.

The committee has reached out to several student groups on campus to educate them about prevention of sexual harassment and misconduct, as well as to explain ways to stop an incident as a bystander. The committee is also in the process of constructing a website with a list of on and off-campus resources, so that all students can access that information. They hope to have the website running by

the end of September.

The Division of Student Affairs staff, which includes the Residential Life and Housing staff, has participated in trainings focused on sexual assault and how NSU handles these cases. The committee has also partnered with Women In Distress in Broward County to develop educational programs to present to NSU students, as well as providing students with the Women In Distress’ resources such as a 24/7 crisis line and emergency shelter.

Women In Distress’ first presentation was shown at freshman orientation to 600 students. The presentation was about creating a safer environment for first-time college students.

Holliday said that one in five women are sexually assaulted while in college and that new students are more vulnerable, especially within the first six weeks on campus.

The freshman orientation presentation focused on what healthy relationships are, dating relationships and communication, sexual misconduct, myths about sexual assault, advice on what a victim can do, and the definition of consent.

Camp said that freshmen in a new environment are most vulnerable because they don’t know anyone or are unfamiliar with their surroundings.

“We have to make sure students are aware of safe dating

and aware of where they are going in a new city,” Camp said.

“It’s really important that we are educating students on how to protect themselves, what to do if an incident does happen, or what to do if a student knows someone that has been involved in an incident.”

The student handbook defines sexual assault as “an act of violence, aggression, and power, in which the victim, under protest or without consent, is forced to experience a sexual act through verbal coercion, threats, physical restraint, and/or physical violence.” NSU also acknowledges acquaintance rape in its definition of sexual assault. Acquaintance rape is defined as “forced, manipulated, or coerced sexual intercourse by a friend or acquaintance.”

Sexual misconduct that occurs off campus can also be the subject of a complaint or report and will be evaluated to determine whether or not it violates this policy.

If incidents of sexual assault or misconduct should occur, students may report the incident to Public Safety, Student Affairs or Student Counseling. For students who want their cases to remain confidential, students can visit the Henderson Student Counseling Center. For medical help, students may use the clinics located on campus.

“We want the students to know that we are here for them and that we will do what we need to do to make sure students feel safe and safe to report,” said Camp.

SOAP from 1

is what leads to insufficient funds and policies that mental health professionals are not happy with.

Webster said that the training is something that everyone can benefit from.

“At the end of the day, we want students to understand that they have a very important voice and they should share it because [not sharing] is almost a disadvantage to everyone else who may have that same opinion but doesn’t know how to share it,” Webster said.

The program is two-part process that includes an informational training and a question and answer seminar with Republican Congressional Candidate Joe Kaufman, where students can apply the skills they have learned about advocacy to a real-life situation.

Students can attend the first part of the training in the Carl DeSantis Building on Oct. 6 at 4 p.m. in Room 2061 or Oct. 9 at noon in Room 2045. They will view presentations regarding the background of public policy and how the process of putting a policy into effect works. If students are not able to attend the informational, they can send Lyons an email and ask for copies of the presentations.

Lyons said that the first day of training is primarily to help students get more educated on mental health policy so they feel more comfortable and confident

asking Kaufman questions.

The question and answer session with Kaufman will be on Oct. 9 at 4 p.m. in Room 1053 in DeSantis. This session is the second part of the training and allows students to apply what they have learned about advocacy at the informational to a real-life situation.


“Because it is an election year, everyone has a voice to vote. We want to encourage students who may not have considered voting or who vote blindly to hear about the policies Kaufman will discuss with student,” Lyons said.

Kaufman will begin the question and answer session with an explanation of his views on Florida’s mental health policies. According to Kaufman’s candidate website, his plan for health care is to establish state-run risk pools to help individuals with serious pre-existing medical conditions acquire health insurance, allow insurance companies to compete over state lines and to requiring hospitals and physicians to advertise their prices.

“With becoming an expert, we have the opportunity to influence more than just our clients, but to make their situations better through policy,” Lyons said.

“Policy affects everyone. You can’t get away from legislation no matter what you’re doing.”

For more information, contact Lyons at [ls3373@nova.edu](mailto:ls3373@nova.edu). To learn more about Kaufman, visit [kaufmanforcongress.com](http://kaufmanforcongress.com).



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Resources for Victims of Sexual Assault and Intimate Partner Violence

Nova Southeastern University Resources

NSU Public Safety954-262-8999  
NSU Henderson Student Counseling954-424-6916  
Gay Holliday954-262-7281 or [gayhol@nova.edu](mailto:gayhol@nova.edu)

Community Resources

Florida Council Against Sexual Violence24 Hour Crisis Hotline: 1-888-956-7273  
Florida Coalition Against Domestic Violence24 Hour Crisis Hotline: 1-800-500-1119  
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# BASEBALL TEAM SCORES HOMERUN FOR COMMUNITY



NSU's baseball team participated in their annual service event with the Miracle League organization

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*By:* **Alyssa DiMaria**  
.....

NSU’s baseball team will give back to the community by participating in a program called the West Pembroke Pines Miracle League on Sept. 26.

The Miracle League program gives physically and mentally disabled children the chance to play baseball. When Miracle League first began eight years ago, Director of Athletics and former NSU head baseball coach Michael Mominey assisted the league by bringing NSU’s baseball team to volunteer every year. Current Head Coach Gregory Brown has kept the tradition alive.

“My job as a coach is to help young men not only graduate, but to learn life lessons through the game of baseball, and the Miracle League is just another way of accomplishing this task.” Brown said. “Miracle League makes me a better person, which makes me a better coach. But, I am just the facilitator. It’s

really our players who are doing all the work, and I get to just sit back and admire it all.”

The baseball team has been a part of the Miracle League since its start and volunteers annually. Brown said the Miracle League is a reminder to his baseball team of just how lucky they are.

“I often wonder, who is helping who when we are with the children. I’m always so fascinated by how much our team gets out of the experience,” he said, “The message of servitude has been one of our underlying core values. Getting our guys to give back, especially through the game of baseball is such a great opportunity.”

Ryan Woodrey, MBA in management student and member of the baseball team for five years, said participating in the Miracle League reminds him of when he was a kid and baseball was just for fun.

“When you play a sport for any university, it’s almost like a job. You have to constantly think

of scholarships and school work all while focusing on the sport you love,” Woodrey said. “So when we are with the children, it’s so humbling. You can just tell how excited they are to get out there. None of them want to wait for the game to start. They just want to play. They don’t care about the rules.”

Brandon Sedell, junior education major and member of the baseball team for three years, also feels inspired by the children of the Miracle League.

“Seeing kids in wheelchairs going from base to base or watching a child swing the bat with one hand — it’s just amazing,” Sedell said. “Taking part in an event that gives a child a chance to do something they normally wouldn’t be able to do shows how lucky I am and also how special the game is.”

Brown said that the experience is also amazing for the children’s parents.

“It’s time out of their week where they can just let go and

let their kids have fun,” Brown said. “I’m always amazed of how thankful they are for our players; it’s a great experience for all.”

Woodrey said the event is a great way to spend a Friday night.

“It’s something you do and you’re happy you did it,” Woodrey said. “You feel like you touched someone and you keep the feeling with you forever.”

Brown said he feels that the children involved in Miracle League are part of baseball team’s family.

“The best thing is that we see the same children year after year,” Brown said. “They have nicknames and all so that’s a neat experience to witness. These kids are growing up in front of our eyes.”

Volunteer service hours for the Miracle League are also available to the public. To find more information about Miracle League, visit [wppomiracleleague.com](http://wppomiracleleague.com).

## NEWS BRIEFS

### Observe the Autumnal Equinox

The Farquhar College of Arts and Sciences will host a group observation of the fall equinox on Sept. 23 from noon to 3 p.m. on the Alvin Sherman Library Quad. The fall equinox is the first day of the fall season. This day, along with the spring equinox, is the only time of the year where the Earth’s axis is perpendicular to the sun’s rays and the hours in day and night are almost exactly equal. Assistant Professors Stefan Kautsch and Bryan Armentrout will have telescopes available for students to look at the sun, including NSU’s new “H-alpha” telescopes, which allow viewers to witness storms, solar flares and other occurrences on the surface of the sun. For more information, contact Kautsch at [skautsch@nova.edu](mailto:skautsch@nova.edu).

### Wellness Wednesday

NSU’s Office of Campus Recreation will host Wellness Wednesday on Sept. 24 from noon to 12:45 p.m. in the Multipurpose Room of the Flight Deck Pub. For more information, contact Campus Recreation at [li71@nova.edu](mailto:li71@nova.edu) or call 954-262-7301.

### RecPlex launches mobile application

NSU’s RecPlex launched a free mobile application. The app features group exercise schedules, canceled class notifications, facility hours, pool closures and more. The app is available for download on Apple and Android products. For more information, contact [recwell@nova.edu](mailto:recwell@nova.edu).

### Learn to dive with NSU

The NSU Academic Diving Program will offer scuba courses for students, faculty staff and the community. The courses include Open Water Diver, Scuba Review, Advanced Open Water, CPR/First Aid, Oxygen Provider, Nitrox, Rescue Diver and Hazmat Scuba Cylinder Handler. For a complete list of dates, visit [nsunews.nova.edu/scuba-courses-offered-in-october](http://nsunews.nova.edu/scuba-courses-offered-in-october). For more information, contact Tec Clark at [tclark@nova.edu](mailto:tclark@nova.edu) or call 954-262-7042.

### Join Career Development for cookies and conversation

NSU’s Office of Career Development will host “Cookies and Conversation” to provide students with tips on how to obtain their future career. The conversations will take place from 4:30 to 5:30 p.m. in Room 152 of the Horvitz Administration Building on Sept. 20, Oct. 28 and Dec. 2. For more information, call 954-262-7201.

### Book signing by alumnus Tony Gaskew

Tony Gaskew, who earned his doctorate in the Department of Conflict Analysis and Resolution in the School of Humanities and Social Sciences of will be a featured presenter on Sept. 27 in the Maltz Building. Gaskew will speak from 3 to 4:30 p.m. and again at 4:30 to 6 p.m. about terrorism and national security. His book “Rethinking Prison Reentry: Transforming Humiliation into Humility” will be available at the NSU Bookstore. Attendees will have the opportunity to get their book signed by the author at both talks.

# DELTA PHI EPSILON TO RAISE AWARENESS FOR CYSTIC FIBROSIS

*By:* **Alyssa DiMaria**  
.....

Delta Phi Epsilon sorority will host its annual Cystic Fibrosis Awareness Week from Sept. 22 to Sept. 26.

Throughout the week, the sorority members will honor those who have passed away from cystic fibrosis, host the annual Mr. Fintastic male beauty pageant, and accept donations as they try to raise \$5,000 for the Cystic Fibrosis Foundation.

The Cystic Fibrosis Foundation is one of the three national philanthropies that Delta Phi Epsilon supports. Rojeana Auriel Hall, a NSU student and former sister of Delta Phi Epsilon, died from cystic fibrosis in 2012.

Hall, who was a sophomore business administration major and was known as Auriel, died Oct. 14, 2012, from complications of cystic fibrosis. That year, Delta Phi Epsilon held Mr. Fintastic on Sept. 14. Hall was hospitalized at the time but submitted a video to kick off the event. In the video, Hall expressed her goal of raising \$4,000 for the Cystic Fibrosis Foundation, which would help her and her two siblings living with the same condition.

Delta Phi Epsilon president

Brittany Medina, senior business administration major, said it is important for NSU students to be aware of cystic fibrosis because it has affected one of their peers.

“Unfortunately Auriel is no longer with us, but her fighting spirit and smile has an everlasting impression on all of our hearts and is what continues to drive us to fight for this disease,” she said.

Mr. Fintastic 2013 winner Bairon A. Madrigal-Mieles, junior double major in biology and marine biology, said cystic fibrosis is not something that many of us only hear about, but something that many of us have been directly affected by through the loss of a loved one.

“The loss of Auriel is something that impacted our campus,” he said. “As students and the future leaders of society, we all need to make sure we are aware, educated and actively working toward finding a cure to cystic fibrosis.”

Delta Phi Epsilon’s week began with a picnic lunch on the 22nd. On the 23rd and 24th from noon to 1 p.m. in the Don Taft University Center the sorority will table to collect donations for the Cystic Fibrosis Foundation, sell tank tops and sell tickets for Mr. Fintastic.

On the 24th, a vigil will be held at the Shark Fountain at 8 p.m. Medina said the event is a way for NSU to remember those who have lost their battle to cystic fibrosis.

“The candlelight ceremony give NSU students and faculty the opportunity to reflect on why we continue to fight for cystic fibrosis and donate toward the foundation in hopes one day there will be a cure,” she said.

To conclude the week, the 20th annual Mr. Fintastic male beauty pageant will be held on the 26th at 7 p.m. in the UC pit. NSU men will compete in several rounds including talent, island costume and a limbo competition.

During the show, a bucket will be around the audience for donations toward their favorite contestant. The contestant who raises the most money from the crowd will earn the title of Mr. Fintastic. All the money collected will be donated to the Cystic Fibrosis Foundation.

Madrigal-Mieles said attendees can expect the best male pageant and talent show on campus. Unlike past pageants that didn’t have a theme, this year’s will have an island theme.

“This event gets bigger and better each time, this year being no

exception,” he said. “With the island theme, there will be a beautiful setup and island and Pacific food for those with VIP tickets.”

Madrigal-Mieles said his role as Mr. Fintastic is not only to support everything Delta Phi Epsilon does but also to focus his attention and efforts to their philanthropies, especially with the Cystic Fibrosis Foundation.

“During Mr. Fintastic, my goal was not to win, but to raise as much money and awareness as I can to do my part into helping find a cure for the disease with the sisters of Delta Phi Epsilon,” he said. “Now, I am always helping their chapter with whatever I can. For instance, last semester I hosted their annual fashion show which raised more than \$6,000 for philanthropy.”

VIP tickets for the pageant are available for \$7. This includes special seating, refreshments and hors d’oeuvres.

Madrigal-Mieles said, “Attendees should come prepared to have a great night while putting their time and resources to a great cause.”

For more information about the events, please contact Medina at [bm827@nova.edu](mailto:bm827@nova.edu).



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**Volunteer Park**  
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[www.communityfarmersmarketsofsouthflorida.com](http://www.communityfarmersmarketsofsouthflorida.com)

# NSU ADDS DUAL ADMISSION PROGRAMS

By: **Keren Moros**

Students now have two new ways to reach their goals at NSU.

The Fischler School of Education added two new Dual Admission programs: one in speech pathology and the other in education.

The Dual Admission Program allows incoming freshmen to apply to an undergraduate program while provisionally saving a seat in one of NSU's graduate programs. Students adhere to coursework, grade and other requirements to stay in the program.

Students in the Dual Admission Program are able to choose from more than 35 programs including law, business and psychology. This winter, more than 200 students applied to the Dual Admission Program. This fall, about 150 students began the program and more than 400 students are currently in it.

Robin Sherman, associate dean in the Farquhar College of Arts and Sciences, looks at the admission applications. She also tracks the students in the program and makes sure they are meeting all the requirements and doing well.

"It puts them on a path that will get them where they want to go but still give them the freedom to look around at other things," Sherman said. "If they start to lose their way a little bit, there's somebody there to say 'Don't forget what the goal is. The goal is law school. The goal is medical school.' I keep them on the path academically."

Associate Dean for Teacher Education and Undergraduate Programs Jaime Manburg said the two new programs received official approval from President George Hanbury on Aug. 20. Hanbury, Ron Chenail, interim dean of the Fischler School, and Farquhar Dean Don Rosenblum signed proclamations formally recognizing the new programs.

The speech pathology program, which started last year, is open to incoming freshman. In this program, students majoring in speech-language and communication disorders will have a spot saved in Fischler's Master of Science in speech-language pathology.

The Master's Accelerated Program 3+2, an accelerated track for elementary education and exceptional student education majors, began this year and is open to both transfer students and incoming freshmen. Students spend the first three years of their undergraduate studies at Fischler. During the fourth year, students start taking graduate coursework in addition to undergraduate courses. At the end of the fourth year, students earn their bachelor's degree. They then continue with graduate studies and receive a master's a year later, totaling five years of study.

Manburg said that the speech-language and communication disorders major opened in fall 2013 and was formed based on the speech-language pathology program. Until the

speech-language and communication disorders major opened, Dual Admission students who wanted to enter the graduate speech-language pathology program were majoring in communication studies or psychology or related fields.

Last year, Candace Sowle, sophomore speech-language and communication disorders major, applied to the program while a senior in high school. Being in the program has led to a good relationship with her professors, as they lead her to job opportunities because they know what career path she wants to take.

"I'm very passionate about what I do so knowing that I have my spot saved makes it a little easier," Sowle said. "I know for sure I'm going to be accepted somewhere."

Sherman said the Fischler School saw the Master's Accelerated Program as a way to encourage strong students interested in graduate studies.

"They come out being a very well trained, experienced teacher because they're going to do a lot of student teaching. They'll be in the classroom a lot. They'll be working with master teachers," Sherman said. "You go in and five years later have a master's degree and be fully credentials and ready to go to work. It's a great program."

Manburg agreed. "The feedback we're hearing from students is that they prefer earlier access to the graduate programs," Manburg said. "We've never had a program like that before, and I think the [Master's Accelerated Program 3+2] is timely. It's certainly what's reflecting the interest of the students and the faculty were interested in working on something like this as well."

Farquhar Dean Don Rosenblum said the program makes NSU's graduate programs accessible to highly motivated undergraduate students and that the university is committed to making their desired career path available.

"For those who have known since they were 5 or 6-years-old that they wanted to be a doctor, an attorney, or a business leader or teacher, it's a great way to affirm that commitment and give them that opportunity," Rosenblum said.

Rosenblum said the program is a hallmark of the university.

"Our president talks often about being one university, and I think this program is a great poster child for that sense of connection, partnership and collaboration of all levels and programs of the university," Rosenblum said. "It really is a great way of showing that undergraduate students are highly regarded by our graduate and professional schools."

Manburg said Fishler wants to provide more Dual Admission pathways in the future to provide students with more career options and is looking into the 2015-2016 school year.



# Diary of... a residential assistant

By: **Nathalie Moreau**  
.....

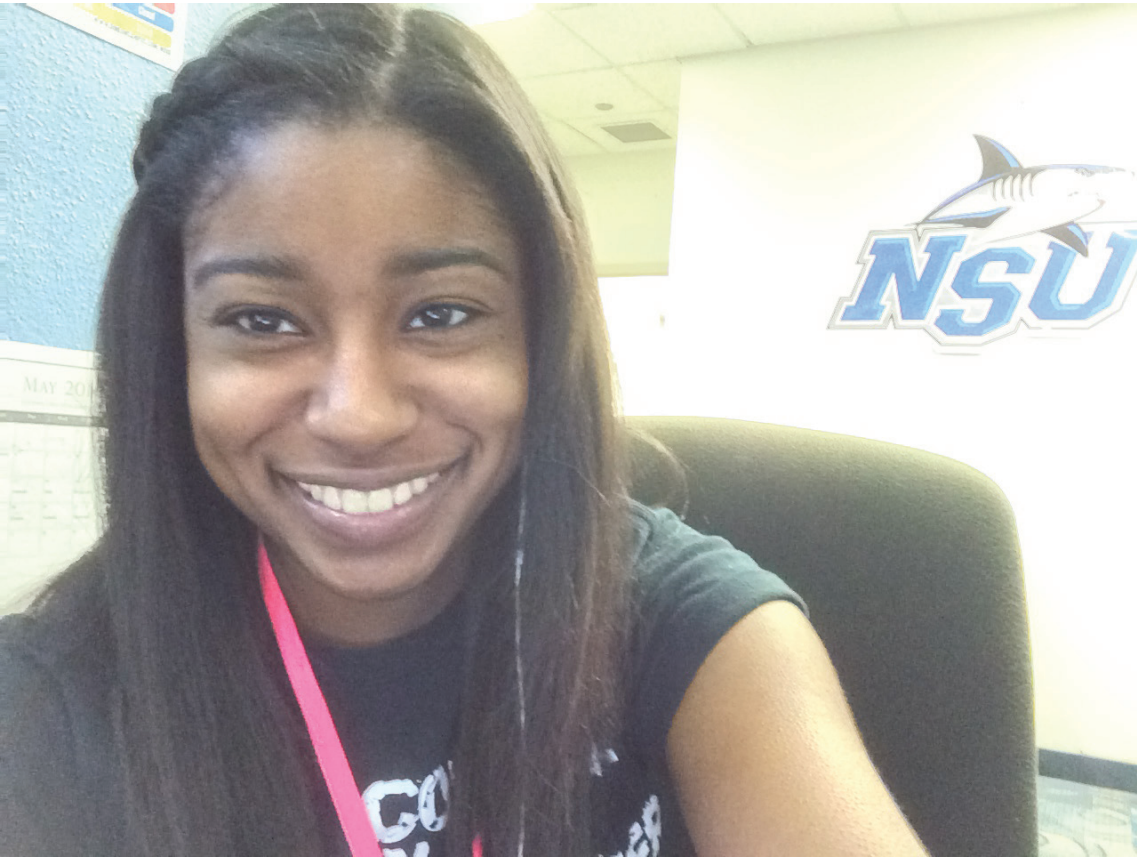
*Nathalie Moreau is a junior communication studies major and is a residential senator for Undergraduate Student Government and a member of the Sharkettes. Her hobbies include reading, watching Netflix and hanging out with family and friends. She hopes to someday work for an entertainment news station.*

It’s is 1:45 a.m. and I just woke up with my heart pounding because of the startling ring, which is comparable to a fire truck siren, emitting from the duty phone. By the second ring, I pick up the phone and answer, “RA on call. This is Nathalie.”

This is usually the start of a long Saturday night because I am a residential assistant. Yes, I’m that person who sits at the front desk and asks you to scan your SharkCard and sign in your guest when you walk into the residential halls after 6 p.m. I am also the person who hands you your key the day you move in and answers every question your parents can think to ask before they leave their baby at college. And, I’m the person who says, “Hi!” when I see you on campus and asks you how you’re doing. These are only a few of the parts that make up my job as a resident assistant.

All of it starts with a call taken on the infamous duty phone. The sound of the duty phone ringing is one of the most startling and unpredictable things to wake up to while I’m sleeping and on call for my residential building. It usually leads to opening a room door for a resident who lost both her SharkCard and room key in the same night.

It can also lead to an interesting night of tiptoeing through the hallway because a resident’s toilet



Nathalie Moreau is a residential assistant in the Office of Residential Life and Housing.

COURTESY OF N.MOREAU

overflowed and the water is leaking into his/her room and out the door I may even come across a cage with a furry animal that is not supposed to be in the building but has somehow scurried its way into a resident’s room. There are also the nights when I’ll have to break up a party in one of the resident’s rooms, and, if I’m lucky, there are also the nights that residents will bring the party back with them and leave it all over the bushes or in the nearest trash can or toilet. I also come across those more serious nights when a resident may be going through a lot of stuff in his or her life and needs to talk to someone. Those nights can get emotional and a little scary, but I feel prepared enough to handle those incidents from everything I learned

in training along with my own experience working as an RA.

Whatever the case may be, a call usually follows with me grabbing my glasses, slipping on some shoes and throwing on a staff shirt and a hoodie. I will either keep my pajama bottoms on or, depending on how much time I have to respond to the incident, I will throw on a pair of jeans and find my way to the bathroom and turn on the light and make sure I look presentable to make my way downstairs. I grab my cell, keys, the duty phone, a pencil and paper and head out the door.

Once downstairs, I put on one of the many hats that I’ve accumulated as a residential assistant. I never know which one I’ll be wearing. It could be the, “My roommate and I just had

a fight and I need somebody to talk to” beanie; the “There is probably a party going on in that room with the loud music and I’m going to have to check it out even though I’d rather be watching Netflix in bed” snapback; the, “My toilet is overflowing” hard hat; the “I have a roach in my room. Can you help me kill it?” fedora; the “The people upstairs are making too much noise. Can you tell them to please stop?” sombrero; the “I lost my phone, my wallet and keys and my roommate’s not home. Can you please let me into my room?” sunhat; and, finally, the one hat I always have on — the reporter cap: “It is two in the morning. I’m half asleep. Thank goodness the creators of the iPhone Notes app were born because I wouldn’t be able to remember

everything that just happened on my own.” As an RA, I have to document every incident, as well as anything that may be a cause for concern, and whatever I can’t remember off hand, I have to write down.

I’ve grown so much from my experience as a residential assistant. I’ve matured and gotten over a lot of obstacles that had set me back in the past. For example, because I’m a shy person, talking in front of an audience, and even in class, used to be very nerve racking and intimidating. Through this position, I have learned how to talk in front of large groups, how to be a leader, how to make my voice heard and how to plan and organize events and programs successfully. I’ve also learned to balance my academics, extracurricular activities and my social life. I have been able to lead a group of exceptional individuals that I get to call my residents — a group of students I may have never gotten the chance to talk to because I’m not involved in recreational sports or a theater major or even a biology major. Because I am a residential assistant, I’ve gotten to make connections with students from across campus who have come from all over the country and outside of it. This group of students, along with my RA staff and area coordinator, are all different yet extraordinary in their own way. They have really made the residence hall into my home away from home for the year.

It is hard to sum up what I do in a few paragraphs because this is such a unique position. It is one of those jobs that will never leave me. I’m not just an RA from 6 to 11 p.m. when I sit at the front desk. Things happen 24/7. In my mind An RA is always on call. It is true when they say, “Once an RA always an RA and proud of it!”

## Career Corner



How personal should a personal statement be?

By: **Emilio Lorenzo**  
.....

A personal statement is a detailed statement of your career goals that reflects your personality and style. Basically, it tells the reader your true story, passion and motivations, which your resume and other professional documents cannot do. Many of you have probably had to or will have to write a personal statement if you’re planning on attending a master’s or professional program like medical school after graduation.

Personal statements are generally used to express a student’s interest in a certain program of study, ability to overcome obstacles, achieve goals, think critically and write effectively. One of the challenges you probably faced when writing your personal statement was trying to determine how personal to get in your document.

How personal you get in your document is dependent on the message and theme you are trying to convey in your personal statement while keeping in mind the overarching question being posed by the admissions committee. Usually this question is why do you want to become a doctor or why do you want to do or become (insert profession). The answer to this question can be influenced by various components and factors including challenges you faced in your life that have impacted your outlook on your goals, passion for the field and plans to utilize your strengths in a career.

Let’s say you want to become a doctor and are brainstorming which experiences to include in your personal statement and are uncertain if you should discuss a difficult family

situation such as a father or mother being sick with cancer or challenges you faced in your journey such as a semester you struggled. Just remember the key is to uncover how these stories relate to that overarching question. Sometimes these challenges, like a mother being sick with cancer, were the first spark that initiated an interest in healthcare if, for example, a doctor played a vital role in the improvement of your family member’s recovery as well as in creating a relationship with your family. This may have been an experience that lay the groundwork for the type of profession you want to enter where you can help others and be able to use strong interpersonal skills to make a difference because being a doctor is much more than just having a knowledge base alone.

It’s more than fine to include these challenges. Just make sure to follow it up with how that story impacted your individual journey toward this profession. In addition, the more storytelling you do throughout the document, the more likely the admissions committee will have a better understanding of who you are as an individual and why you would be ideal for their program.

Imagine the admissions committee reviewing your document. They have to read more than a thousand personal statements and afterward discuss who stood out to them and which applicants seem to be a great match for the program. Chances are the committee is not going to remember the individual who wrote generic statements like “I want to help others” and “I want to make a difference” without providing vivid

examples through stories to exemplify such passions or interests.

Overall, the personal statement is your chance to make yourself stand out and provides you with an avenue to express why you are the right fit for this field and makes you more than just another number in an application. How personal you get in your document is up to you, but make sure that at the end of the day the admissions committee knows the true you.

## Wellness Bite

“Change your running and workout shoes. Old shoes can cause negative posture and movement habits.”

**Taylor Kucera, doctor of physical therapy student and personal trainer**





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# Athlete of the week: Ben Manuel



Ben Manuel is a member of the Sharks cross-country team. COURTESY OF E.CANAL

**By: Randa Djabri**

Moving from Curaçao in the Caribbean to the U.S. was once a big dream for Ben Manuel.

“My dream was to come to the states and get a scholarship for running track or cross country,” said Manuel.

When he started playing soccer at 4, Manuel had no clue that he would become a cross-country runner in the future. After finding out that his father used to run track in college and was successful at it, Manuel wanted to run and earn medals just like him.

“My first meet was when I was 11-years-old. I came in second place. It was a great start,” said Manuel.

This unexpected victory encouraged Manuel to pursue running and gave him a hint that he had a promising future.

When Manuel was a junior in high school, he found out that he could get a scholarship for track or cross-country and come to the U.S. to attend college, just as he dreamed.

“I came here to the U.S. my senior year in high school and worked as hard as I could to get a scholarship,” said Manuel.

Manuel continued to work hard on his own.

“I didn’t even have a coach to guide me through the workouts, so I kind of made my own workout routine,” said Manuel.

Eventually, Manuel got a scholarship to attend and run cross-country at NSU. He is now a key runner on the Sharks team who had

his best 6K race at the Florida State Invitational, placing 46th overall with a time of 26:41.77.

In addition to running, he’s currently majoring in finance and management.

“My first year was really hard for me,” said Manuel. “Everyone was really good and I had to work even harder to compete.”

So far, the team has been doing well, snagging third place at the Sunshine State Conference last year. Manuel hopes his team will win this year.

“I think we have a big chance at winning this year because most of our good runners are back. Last year we had a few injured that couldn’t participate,” said Manuel.

I sat down with Manuel and asked a few questions.

**Will you continue to run cross-country after college?**

“After college, I don’t know about cross country, but I’ll definitely continue with track and field. I might use cross-country to work on my speed on the side.”

**How would you describe yourself as an athlete?**

“I always strive to be number one. You have to compete with those better than you and try to get to their level at least.”

**What are your goals?**

“In cross-country, my goal is to ... at least score a point for my

team. I have to do it for the team. In track, I do whatever I can do to get first place.”

**What’s your most memorable moment in running?**

“I have a lot of memorable moments, but I would say competing at the Dutch Kingdom Games because Curaçao is a Dutch colony, and we run against Netherlands. I was one of the youngest on my team and I got third place on the 1500 and fourth on the 800. It was a good performance.”

**Do you have any special rituals before meets?**

“It’s more of a habit. I like to pray before I start. I always pray that everything goes well and no injuries for my whole team. We started praying together as a team and I hope we continue doing that because it gives every one spiritual comfort.”

**Who’s your favorite runner?**

“I like David Rudisha for the 800 and Kirani James for the 400. I like James so much because I saw him running live before he was famous; he just flies by, and he recently got a gold medal in the Olympics.”

**In a movie about your life, who would play you?**

“I really like Denzel Washington. He’s always in a good state of mind. He knows what he’s doing. That’s what I like about his character; but age-wise, I don’t know how it would work.”

**What advice would you give to other athletes who have a dream?**

“Anyone who has a dream whether in sports or fine arts should know that they need to work hard and everything will pay off in the end. I had a dream to come to the U.S. and I did. Everything is not just handed to you. You got to work hard for it and earn it.”

**Why did you choose NSU?**

“For a couple of reasons. I don’t like the cold, and Florida’s weather is the best. I also wanted to come to Division II because Division I is just really strict sports and I wanted to still have time for my studies. It’s close-to-home too.”

# Coach’s Corner Justin Ramsey



Justin Ramsey is the new assistant baseball coach for the Sharks baseball team. COURTESY OF E. CANAL

**By: Randa Djabri**

For NSU baseball assistant coach Justin Ramsey, baseball isn’t just a career, it’s a life-long passion.

“I knew that’s what I wanted to do growing up as a kid,” Ramsey said.

Originally from California, Ramsey graduated from high school in 1999 and went on to attend and play at Sacramento City College. He then transferred to Oral Roberts University in Tulsa, Oklahoma and continued to play baseball throughout college.

Soon, he realized that his college playing career was coming to an end. He wanted to stay on the field, and that’s when he decided to consider coaching.

Ramsey said, “I knew I wanted to be on the field. I knew that when my career was done playing I would be coaching.”

Ramsey went back to California and coached at Sacramento City College for six years. It was there that he started to learn how to develop other pitchers.

A new opportunity came once he went to coach at California State University in Long Beach. He continued to improve under another pitching coach for four years. Ramsey also played three years of independent ball in Long Beach and spent a couple of summers coaching in Minnesota and Wisconsin.

“I always had a decent idea and feel for the game because I developed under some really good pitching coaches,” Ramsey said.

Coming to NSU was the next opportunity.

“What I like about NSU is the relationship in the whole Athletics Department and the coaching staff,” Ramsey said. “Everyone works together and we’re all going in the same direction.”

To Ramsey, team and individual attitudes play an important role in achieving success. He believes that attitude can lead to success or failure depending on how one looks at the game.

“Attitude is everything in this game,” he said. “It’s a mental game, so if you have the right attitude and know that you can beat any body, then you have a chance to do it. If you question it, it will show in your performance.”

Ramsey describes his approach to coaching as a “player-coach” style.

“I like to have that relationship with my guys. They know that I’m working with them and that I have their best interest in mind,” he continued “There are times when I’m hard on them but they hopefully understand. They know that I’m there with them. If they know you’re on the same page, they’re willing to do anything for you.”

Ramsey advises aspiring coaches to always keep an open mind.

“Keeping an open mind is most important. Just try to pick up as much information as you can, whether it’s from me or from another coach. The more you’re on the game, the more you find out that there’s no one way to do it.”

## SPORTS SHORTS

### Men’s soccer

The men’s soccer team fell for the first time in 2014 after losing to Lynn University 4-0.



### Women’s golf

The Sharks took home thier first team title of the season at the Ross Resorts Invitational



### Women’s volleyball

After their two wins against Daemen and Queens in the Eckerd College Tournament in St. Petersburg, Florida, women’s volleyball lost to the Colorado Christian Cougars 3-0.







# ON THE BENCH

Commentary by: **Randa Djabri**

Perhaps it's human nature to strive to be better in everything. I suppose that's why athletes come up with elaborate ways to cheat in sports. One of these ways is blood doping. Blood doping is the illicit practice of improving athletic performance by boosting the blood's ability to carry more oxygen to the muscles. It increases hemoglobin's oxygen carrying capacity, supplying more fuel to the athlete's muscles. This gives the athlete more endurance and higher stamina. Blood doping is mainly used in long distance sports such as running, climbing and cycling. There are several ways to approach blood doping: blood transfusions, injection of erythropoietin (EPO), inhalation of noble gases, and injection of synthetic oxygen carriers. Sounds efficient so far, right? Well, increasing the red blood cell count makes the blood sludgy, pushing the heart to work overtime. It also increases the risk of heart attacks and strokes due to more frequent, spontaneous blood clots. Even worse, blood doping can potentially multiply cancer cells. The result is death. There are some pretty serious consequences associated with engaging in this illegal behavior. The biggest example is former seven-time Tour de France winner Lance Armstrong. We all know that he was banned from competitive cycling for life when he was unmasked as a serial blood doper in 2012. He has since been erased from Tour de France records by order

of the U.S. Anti-Doping Agency. There goes his reputation. Despite the fact that blood doping is banned by the International Olympic Committee and other sports organizations, it continues to directly disadvantage athletes who don't want to use it. What kind of position does that put them in? It just puts them in the mindset to either cheat or never be at the top. We need to educate people against the use, not to give up and say it's fine just because it's becoming more common. Not only should athletes be screened before and after their sports events, but all individuals involved in the crime should also be penalized, including the athletes, their coaches and the medical professionals involved. For example, a couple of athletes at the Sochi Olympics last winter such as biathlete Evi Sachenbacher-Stehle and William Frullani were expelled from the Sochi Olympics last winter for blood doping. The results of relay race Sachenbacher-Stehle had participated in had to be amended, and it was unfair to the rest of the participants that they weren't caught before the game started. Sports have become seriously demoralized. Whether it's having the desire to win at all costs or believing that they'll never get caught, athletes have no excuses for cheating, especially if it puts their own lives at risk. Sports have always been associated with health and they should remain that way.

# ON DECK

## WOMEN'S VOLLEYBALL

vs. St. Leo University Saint Leo, Florida Oct. 3, 7 p.m.	vs. Fla. Southern College Lakeland, Florida Oct. 4, 4 p.m.	vs. Barry University Miami, Florida Oct. 7, 7 p.m.
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## MEN'S SOCCER

vs. Florida Tech NSU Soccer Complex Oct. 1, 7 p.m.	vs. Fla. Southern College Lakeland, Florida Oct. 4, 7 p.m.	vs. Barry University NSU Soccer Complex Oct. 8, 7 p.m.
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## WOMEN'S SOCCER

vs. Florida Tech NSU Soccer Complex Oct. 1, 4:30 p.m.	vs. Fla. Southern College Lakeland, Florida Oct. 4, 4:30 p.m.	vs. Barry University NSU Soccer Complex Oct. 8, 4:30 p.m.
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## MEN'S & WOMEN'S SWIMMING

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# INTRAMURAL SOFTBALL LEAGUE PLAY SCORES

**Sept. 15:**  
Ball Burnishers vs. Backdoor Sliders — 18-7  
Molar Bears vs. RxBI — 20-5  
Backdoor Sliders vs. Phi Gam Slam — 13-2

**Sept. 17:**  
Palpation Temptation vs. Softballz — 13-3

**Sept. 18**  
Backdoor Sliders vs. RxBI — 10-5

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# EIGHT EMERGING ARTISTS TO WATCH THIS YEAR

By: **Nicole Cocuy**

Between endless hours of studying, part-time jobs and demanding social lives, it’s easy to say that keeping up-to-date with new music is not every student’s top priority. Rest assured, I sifted through hundreds of new and emerging artists to pick out the ones that you can’t miss.

**Mapei**

Mapei is a Swedish-American indie artist with hip-hop influences and a soulful voice. After the release of her EP, “The Cocoa Butter Diaries” in 2009, she started working on a debut album as a rapper. Unhappy with the final result, she cancelled the record and spent years traveling the world for inspiration. She returned to Stockholm in 2012 and immediately went back to work but this time as a pop singer. Her debut album, “Hey Hey,” is scheduled to be released on Sept. 23.

**Sounds like:** Any female pop artist’s catchy and irresistible tunes, except with depth, soul and a dash of hip-hop

**Start with:** If you have not heard her single, “Don’t Wait,” yet, definitely listen to this deep, somber track right now

**Lake Street Dive**

The band members of Lake Street Drive each started playing musical instruments in elementary school. Inspired by their classical music training and the music their parents used to play around the house, the Boston-based band formed in 2004 and began releasing jazzy singles and covers of classic 60s Motown. Lake Street Dive released

“Bad Self Portraits” earlier this year, featuring sweet little melodies, quirky lyrics and lots of bass.

**Sounds like:** The best of the 60s with a folksy twist

**Start with:** “You Go Down Smooth,” an upbeat, catchy little tune that is guaranteed to brighten up your day

**Milo**

Milo, which is an acronym for “maybe I like owls,” is a 22-year-old American rapper who is taking the Internet by storm. This is not surprising. With his wit, wisdom and laid-back delivery, each of his tracks is a philosophical masterpiece. Milo released three projects last year, including his “things that happen at day/ things that happen at night” double-EP, which put his name on the radar.

**Sounds like:** A euphonious collection of rhythms, beats and melodies with a spoken-word-esque elocution

**Start with:** “Sweet Chin Music (Fisher King’s Anthem),” a tranquil, clever track with a deep underlying message

**Jenny Lewis**

Jenny Lewis is a singer songwriter who seems to never leave the studio. Not only does she have her own solo project, but she also sings and writes for indie rock band Rilo Kiley and a folksy duo with her boyfriend Johnathan Rice, appropriately titled Jenny & Johnny. Her most recent solo album, “The Voyager,” came out over the summer and exhibits her bubbly vocals and down-to-earth vibe.

**Sounds like:** Mellow campfire sing-alongs, but with an edge

**Start with:** “Just One of the Guys,” a catchy acoustic anthem with a hint of girl power

**Glass Animals**

Glass Animals is a group of childhood friends from Oxford, England who decided post high school graduation to form a band. While Glass Animals does have a conventional indie rock style, the band members experimented with toy instruments and household items to create a unique sound. Their debut album, “Zaba,” is easily the best album released this summer.

**Sounds like:** A soothing version of Imagine Dragons with hip-hop influences and an electronic feel

**Start with:** “Pools,” a mesmerizingly beautiful song that is as enchanting as it is artistic

**Saint Pepsi**

Saint Pepsi is a young, independent electronic pop artist from Farmingville, New York who has recently received a lot of attention. His two singles, “Fall Harder” and “Fiona Coyne,” were released over the summer, featuring infectious, funky melodies and irresistibly sweet lyrics. His songs, particularly “Fiona Coyne,” have since erupted in the music blogosphere. He is currently working in the studio on an album, but a projected release date has not been announced.

**Sounds like:** Candy and sunshine, but in electronic audio format

**Start with:** “Fiona Coyne,” a track that is guaranteed to be your new favorite song



“Milo” COURTESY OF LAWEEKLY.COM



“Mapei” COURTESY OF MICHIGANDAILY.COM

**Haim**

Inspired by the powerful R&B girl groups of the 90s and folksy soft rock of the 70s, a group of three talented and stylish sisters from Los Angeles decided to start a band — Haim. The Haim sisters fused together soulful vocals, cheeky lyrics, and a breezy SoCal attitude in their debut album, “Days Are Gone,” which released late last year. The highly acclaimed album reached number six in the U.S. Billboard chart and another album is already in the works.

**Sounds like:** Destiny’s Child’s fierce harmonies with a chill, bohemian vibe

**Start with:** Either “Forever,” “My Song 5” or “The Wire” — Haim’s sassiest and most powerful tracks

**Thundercat**

Thundercat, a funky bass player from Los Angeles, started his music career in his teens. At the age of 15, as a member of a boy band named No Curfew, he had a minor hit in Germany. Since then, he has pursued a solo career and has released two albums, the most recent titled, “The Apocalypse,” which was released last year. Thundercat cannot be labeled into a definitive genre; he uses genres as ingredients to create a harmonious blend of jazz, R&B, electronic and alternative sounds and conventions.

**Sounds like:** An avant-garde blend of the best parts of every genre

**Start with:** “Heartbreaks + Setbacks,” an experimental, high energy song with a soulful melody



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# TAKE “A WALK AMONG THE TOMBSTONES”



COURTESY OF P BUSINESSINSIDER.COM  
Liam Neeson solves grisly murders in “AWalk Among the Tombstones.”

**By: Destinee A. Hughes**  
.....  
Suspenseful, thrilling and whodunit are three words that describe “A Walk Among the Tombstones.”  
In this film, former NYPD detective Matt Scudder, played by Liam Neeson, takes on a gruesome homicide investigation that pulls him into a web of drug trafficking and grisly crime scenes, despite his reluctance to get involved because of his troubled past as a retired detective.  
This movie literally had me on the edge of my chair the whole time. From the thrill of finding out who the killers were to the anticipation of learning how they would maliciously kill their next victim, the plot is definitely the epitome of mystery.  
The story also gives a new definition of victims. Typically, victims are average Joes with normal jobs. However, the victims in this film have done their fair share of harming the community, but you can’t help but feel sympathetic toward these not-so-innocent victims. Though thankfully I wasn’t able to connect with the movie through experience, I was able to understand the grief and angst the victims were filled with. The murderers were targeting them simply because they relied on the idea that their heinous crimes would go unreported because of their victims’ crime ridden past. The victims were faced with the double-edged dilemma of reporting the kidnappings and murders and getting indicted themselves or keeping quiet and letting their loved ones’ murders go unsolved.  
The plot reminded me of Mel Gibson’s 1996 movie “Ransom.” Both movies feature the conflict of negotiating with the kidnappers over money and loved ones’ lives, keeping the audience scared stiff in suspense, and both also mainly rely on the negotiator’s hope and the

# ONE-ON-ONE WITH CRIS CAB



COURTESY OF PARADIGMAGENCY.COM  
Miami Native Cris Cab is Bringing a New Rythem to Reggea

**By: Destinee A. Hughes**  
.....  
33 million YouTube views is one more reason to become familiar with up-and-coming reggae artist Cris Cab.  
Cab, an American singer-songwriter known for his international hit “Liar Liar” featuring Pharrell Williams, released his debut album titled “Where I Belong” on Sept. 2 in the U.S. The album has already gained popularity in Europe and is set to have the same success here.  
I had the pleasure of speaking with this Cab and discuss his passion for singing and songwriting. With Pharrell Williams and Wyclef Jean being his major influences, Cab explains how listening to reggae, vacationing in the Bahamas and growing up in the 90s helped mold his album. Here’s what he had to say.  
**Where are you originally from?**  
“I was born and raised here in Miami. My parents are originally from Cuba, and came here to Miami when they were younger. I spend a lot of time in the Bahamas so by the time I was 8 or 9, I was spending a lot of time listening to reggae music. It was really the first music I heard and it kind of just stuck with me. I remember hearing Bob Marley for the first time at that age, and hearing ‘Jamming’ and just being blown away by the energy and positive vibes that reggae carried.  
“So ever since then, it’s just become an instinct for me to dive deeper into that culture and also deeper into the fusion of what I do, which is a little of everything. I grew up listening to hip-hop and soul and classic rock, so I take a lot of inspiration from people like the Rolling Stones and singers like Marvin Gaye as well. So I just take all the stuff I grew up listening to and blend it all together.”  
**How did you get started in music? How did you figure out you were talented?**  
“I guess it really just all developed really naturally. When I was 9 or 10, I saw a friend of mine play guitar in elementary school, and for some reason it clicked. That’s what I wanted to do, so I eventually convinced my parents to get me a

guitar. From there, I just kept on playing for hours and hours. I didn’t even realize it. I just started playing more and more, and I got more engulfed in the music, and writing and creating my own songs and teaching myself how to play. It really just became everything I did.”  
**How would you define your musical style?**  
“My musical style is definitely a fusion. It’s just a mixture of so many genres; I grew up in an era where the Internet was created and that was really popping at the time so people were listening to so many different genres. They weren’t contained or defined by a radio station or certain program to get their music.”  
**How did you end up meeting and working with Pharrell Williams?**  
“Working with Pharrell is great. I met him when I was about 15-years-old through a family friend of ours here in Miami, and they were nice enough to introduce me to him. So he took me over to his studio, and I played some recordings for him that I made in my bedroom, and at first he gave me advice. He was like ‘You have raw talent. Really focus on your storytelling. Really focus on your chord changes. Focus on your language. If you do these three things and you find that music is 100 percent your life, then you know that music is really for you.’  
“I was really inspired from that. That was a major turning point for me. So after that, I got into a real studio. I began to really engulf myself in working and creating new music, and about a year later we linked back up, and he really noticed that I took his advice to heart. We began to work together again and he took me under his wing and I would head over there after school and really just turn up with him, and he would teach me so much about working. But the most important thing he’s ever taught me was just that there no substitute for hard work; you have to work hard to put yourself in the position you want to be.”  
**Who else besides Pharrell inspires you in the music industry?**  
“I’ve also been blessed and fortunate enough to work with

Wyclef Jean. He’s another great mentor of mine. He’s someone that I’ve learned so much from and spent years recording and working with. He’s another person that’s had a great long career, such a genius as well as a talented guy and very humble, so that’s something that I picked up from the both of these guys.”  
**How long was the whole process of creating your album?**  
“It’s been about two years working on the album so far. All along that time I’ve put out EPs and I’ve also put out mixtapes just still engaging that social fan base I created. So that was really the challenging part: still engaging the fan base with new music but not giving away my best stuff. And I put out some great music during that time, but we were really saving all the best ones for the album and the full body of work.  
“It wasn’t until about a year ago that that I sat down and looked at all the music I had. I had about 40 songs to choose from. I felt like I had a story to tell and felt like I had a full body of work and a project.  
**How would you describe your album?**  
“It talks about discovering yourself and really finding your own path in life, finding where you want to be, and finding the harsh reality of life and just growing. That’s what the album speaks about. No matter how old you are, you’re still kind of finding your way.”  
**Do you plan on venturing into other genres besides reggae in the future?**  
“Definitely. I’m always producing music and I’m always creating music. So definitely something I intend to do is to work with other artist as well and possibly produce hip-hop artists and soul artists.  
**Do you have any advice for aspiring young artists?**  
“My advice would be, just to go for it. Believe in yourself, believe in your music, find your style, find your sound, take advice, take good advice and take bad advice. The only thing you can really do is believe in yourself. And you have to do it because you love it, and that’s all that counts.”





**DANTE STEWART**  
M.B.A. in ENTREPRENEURSHIP, 2013

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# ART VERSUS THE ARTIST

By: **Michelle Rushefsky**

A few weeks ago, my friend and I went to see “The Expendables 3,” which in and of itself was a terrible movie. Even worse, I didn’t know Mel Gibson was in it, which made me mad that I actually used my hard-earned money to pay to watch this animal pretend to be talented. The fact that I am helping him remain on top made me sick. I couldn’t even open my M&M’s bag, and I was really looking forward to some chocolate.

This experience prompted me to rant to my friends on how to separate the artists and their art. Why do we look the other way and ignore the artist if the art looks entertaining? Others don’t care about the actors, claiming that celebrity happenings are too insipid to take seriously. But if you pay attention, then you will know who to not see and not finance a bad person’s lifestyle.

Gibson is openly racist, unapologetically homophobic, anti-women and anti-Semitic. He has made several graphic and awful comments that are too crude and grotesque to repeat here. But let’s just say they would make your stomach turn. As a Jewish female, nothing can redeem him in my eyes. I had vowed to never see one of his movies again. Unfortunately, I had failed.

I also questioned the judgment of those who willingly chose to work with Gibson. I love Kellan Lutz, but his star status has diminished greatly in my eyes after seeing him in “The Expendables 3,” and he was

one of the few who actually did a good job. Jason Statham also did an OK job, but again, he was acting with Gibson, who is just a misogynistic pig. Sorry, not sorry. Statham and Lutz need to find nicer people to work with, people who might actually fall into the human being category.

Woody Allen is another example of a person whom I try to avoid spending money on. From dating the adopted daughter of his ex-girlfriend Mia Farrow and new accusations of sexual abuse toward Farrow’s other adopted daughter, it is really difficult to respect anyone who knowingly chooses to work with him. How do they get past the atrocious crimes he has committed and, most likely will commit in the future?

There are a lot of problematic artists in Hollywood. Jane Fonda visited Vietnamese soldiers during the Vietnam War. Sean Penn met with late Venezuelan president Hugo Chavez. James Franco texted an underage girl. Chris Brown violently attacked his then-girlfriend Rihanna. These are only a few examples of the kinds of people the masses look up to, when in truth, they should be ostracized.

So you can’t and shouldn’t separate the artist from the art. Gibson and other artists like him are too awful to financially support. Supporting the art only supports their comfortable lifestyle and doesn’t punish them for their heinous crimes.

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## Shark Speak: Do you prefer e-books or textbooks?

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**Daniela Ortiz**  
Senior communications studies major



“I prefer textbooks because it’s easier to have it on hand with you anywhere and social media is really distracting.”

**Natalie Herrera**  
Freshman pre-nursing major

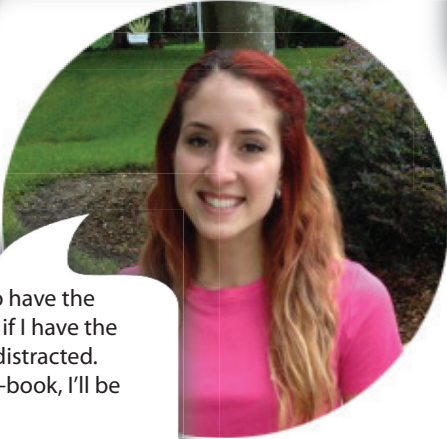


I prefer e-books because you can have them all in one place so they are easy accessibly whenever you need them and they are much cheaper than textbooks.

**Alec Mayo**  
Freshman biology major

“I prefer textbooks because I like to have the actual text in front of me. I feel like if I have the e-book, I’m just going to be really distracted. Instead of actually looking at the e-book, I’ll be drifting away onto another site.”

**Xiomara Gruncle**  
Junior biology major



“I prefer textbooks because I feel like I learn better when I’m reading from something palpable rather than from a screen.”

**Jake Hardy**  
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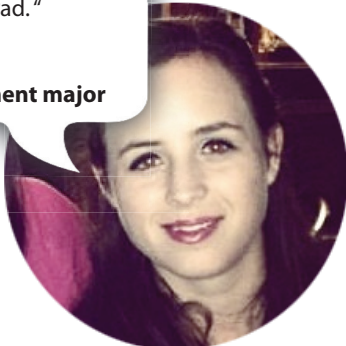
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**Liliana Cammisa**  
Senior sports management major





# JOURNALISTS: SOLDIERS OF THE MEDIA WORLD

By: : **Li Cohen**  
.....

Heavy gear worn with sacrifice and commitment, weapons with everlasting life-saving capabilities, uniforms sewn with honor and bravery and a presence that emits an interminable strength — these words illustrate the ideal of a soldier. What they do not do, however, is define who that soldier is and what that soldier does to win a battle. Soldiers are individuals who are willing to put their lives on the line for the benefit of others — regardless of whether they are fighting on the battlefield or behind a notebook and pen.

Journalists carry video and audio equipment; they use their pens to report the latest local, national and international news; they wear attire that is not always the most comfortable; and they leave their loved ones behind to travel and

gather and report facts so that communities around the world can learn what is happening worldwide and work together to help the people who are in most need.

In the world of higher education, people often think of the science and technology-based fields as the most difficult career paths because of the extensive time consumed by studying, memorization and dedication they require. The truth is, however, that while those paths require a great deal of commitment, they are not the only difficult paths leading to a profession established to assist in the evolution of the world.

Journalism is more than a field of expertise and a passion for writing and investigating factual material; it is a lifelong commitment. It is a commitment to not just staying up-to-date on world news but to mentally preparing yourself for

reporting on that news straight from the source. Textbooks may be able to explain the procedure for using a camera or writing the lead for a story, but it is impossible for them to prepare someone for reporting a story while bombs are exploding, people are falling and dust is filling the air behind them. The commitment to being a journalist is a promise to report the facts despite what the cost may be and an assurance to the world that civil unrest can be changed if people are willing to take a risk.

Unfortunately, with great reporting comes great risk and the cost for some journalists is their lives. According to the International Press Institute, 120 journalists and media personnel were murdered in 2013 and 51 have already been murdered in 2014, including American journalists Steven Sotloff and James Foley,

who were beheaded.

Sotloff and Foley were publicly beheaded by militants from the Islamist terrorist group ISIS while they were in Syria reporting on the terrorists’ takeover of Syrian and Iraqi land. Despite the danger they were faced with, the two men made the heroic decision to travel there and put their lives at risk to report on the conflict. They recognized that the people in the Middle East needed help and volunteered to report what was really happening. With the multiple videos being released by ISIS that show the beheadings and the comment that “fighting has just begun,” it is crucial that the world has a team of people stay on top of what is happening.

Without Foley and Sotloff’s commitment, the general population would be clueless as to how bad the civil war in Syria is and would not understand why governments across

the world are collaborating and dedicating their resources to helping the Middle East fight ISIS.

Those two men, along with other journalists, are the advocates for human rights, the voices for the voiceless and the bridges that connect communities to establish global unity. Without the commitment journalists make to their duties, the public would be blind to what is happening around the world. The journalism field is about publishing articles and investigations so that people outside that profession can learn about other parts of the world without having to travel or put their lives on the line to do so.

Sotloff and Foley, along with many other journalists, have utilized their soldier-like qualities to prove that individuals can make a difference in the world through commitment, honor, strength and bravery.

Gandhi said to “Be the change you wish to see in the world,” and journalists are the soldiers that follow this command. Change does not happen overnight, but it does happen when people are willing to sacrifice their lives for the greater good of mankind. Some may choose to fight with their hands, but journalists choose to fight with their words.

# EATING DISORDERS AREN’T TRENDY

By: **Alyssa DiMaria**  
.....

The fashion industry is getting paid to make fun of a deadly disorder.

Urban Outfitters recently manufactured a T-shirt with an upsetting and hurtful message stitched into its cotton: the phrase “Eat Less” in large white letters across the front of the shirt — a clear promotion for eating disorders.

We can try to overlook that Urban Outfitters is taking advantage of impressionable teens, but this won’t solve the damage being caused. Powerful industries have the ability to influence today’s culture, and, unfortunately, the idea of being slim sells. Stores such as Urban Outfitters, Abercrombie & Fitch and Hollister engage their clientele by convincing them that the “cool, skinny, Californian” look is stylish and makes you popular.

Sophia Bush, 28-year-old “One Tree Hill” star and former supporter of Urban Outfitters, was completely outraged when she saw the T-shirt on the store’s website. In an open letter, she wrote to Urban Outfitters demanding it “issue a public apology and make a hefty donation to a women’s organization that supports those stricken with eating disorders.”

Bush has always been a promoter of healthy body image for women. In fact, she recently launched her own clothing line centered on the expression “Zero is

not a size.” Taking a stand against eating disorders truly shows her character and compassion toward women. Her statements have influenced many, and her battle is not going unheard. She took a risk by refuting the sick-minded style that Urban Outfitters has created.

Individuals are influenced by magazine ads and life-sized posters and strive to imitate this type of look. Bush represents one of the many individual efforts to fight against these industries, but the creators of the merchandise are the ones who need to make a concerted effort to end the constant battle of the model-to-self-comparing game.

Urban Outfitters isn’t the only offender. Several companies create risky merchandise just to attract attention to their industry in hopes of earning an extra dollar. Since people mostly buy costumes only during the Halloween season, costume manufacturers produce anything possible to get their items to sell. Recently, a Halloween costume named “Anna Rexia,” also known as the “sexy anorexia Halloween costume,” reached a whole new level of pain. It blatantly makes a joke out of the eating disorder.

The Anna Rexia costume features a black bodysuit style dress with a glittery, silk-screened skeleton print, bone headband, heart name tag, measuring tape ribbon belt, and a matching measuring tape choker. The

description of the costume reads, “If you’re starving for attention, this costume will be sure to put you on top of the world.”

Anorexia has the highest mortality rate of any mental illness. A study by the National Association of Anorexia Nervosa and Associated Disorders reported that 5 to 10 percent of anorexics die within 10 years after contracting the disease; 18 to 20 percent of anorexics will be dead after 20 years and only 30 to 40 percent ever fully recover.

The thought that a company would manufacture this costume, that a model would pose in it with a smile, and that people would actually buy it is mind-blowing and simply disgusting.

Having this disease isn’t a choice. A person goes on a diet, then loses five pounds and starts to feel addicted to the feeling. They end up losing more than just weight; they lose all sense of reality. Then, they face the possibility of living off a feeding tube for the rest of their life. Please explain to me how this is funny.

Companies clearly have a difficult time determining the idea of what is appropriate merchandise. They evidently don’t understand the harm they are causing. It’s time to set some standards within the fashion industry that will catch merchandise like the “Eat Less” shirt or the “Anna Rexia” costume before it even hits the shelves.



The fashion industry has gone too far this time around.

COURTESY OF HALLOWEENPARTY.COM



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Urban Outfitters’ Eat Less shirt has brought controversy among costumers.



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<p><b>Student Library Assistant-(045)</b> <b>Job ID: 4494</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$9/hr.</b></p> <p>Shelving, answer phones, copying, filing, etc.</p>	<p><b>Administrative Student Assistant-(695)</b> <b>Job ID: 4674</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$9/hr.</b></p> <p>Assist with filing, data entry, reports and other office duties. Help with special events.</p>	<p><b>Senior Student Assistant/Data Processor-(880)-East Campus, Fort Lauderdale</b> <b>Job ID: 4773</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$11/hr.</b></p> <p>Accurately input information into the system. Maintain and process records involving technical data and terminology. Update tables, addressed, fund codes and designation codes. Compare data with source documents, or re-enter data in verification format to detect errors. Locate and correct data entry errors. Update records through detailed data manipulation. Copying, filing, sorting and compiling various hard copy packets of information. Performs related clerical duties, as required.</p>	<p><b>Student Assistant - Technical Services-(033)</b> <b>Job ID: 4899</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8.5/hr.</b></p> <p>Works under direction of acquisitions manager, checks titles in Innopac, writes order slips for librarians, notifies professors if books are owned or out of print, checks books in print in computer, calls publishers for information, checks annual reports.</p>	<p><b>Administrative Student Assistant- (HPD01)</b> <b>Job ID: 5027</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8.5/hr.</b></p> <p>Work at circulation desk-check in/out books, organize library materials, photocopying, shelves book, etc.</p>
<p><b>Clerical Assistant-(127)</b> <b>Job ID: 4537</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8/hr.</b></p> <p>Assemble and prepare mailings to alumni. Address corrections to NSU’s computer system. Answer phones as back-up for department. Photocopying. Dealing with possible donors on phone and in person. Assist with the planning and execution of alumni events. Participate in annual commencement services. Clerical duties as needed.</p>	<p><b>Student Assistant/ Preschool Aide-(733)</b> <b>Job ID: 4693</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8/hr.</b></p> <p>Care for preschool children ages 2-5 for early and aftercare.</p>	<p><b>Fulfillment Assistant-(1032)</b> <b>Job ID: 4854</b> <b>Hours: 25 hrs./week</b> <b>Rate: \$8/hr.</b></p> <p>Coordinate the mailing of admissions letters and promotional items to prospective students. Participate in various marketing initiatives including Telecenter campaigns and data entry.</p>	<p><b>Graduate Assistant - Systems Management-(522)</b> <b>Job ID: 4913</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$10/hr.</b></p> <p>Analyze and resolve both simple and complex computer problems. Provide effective, courteous and timely responses to requests for service. Interact with library staff on the phone, in person, and via electronic mail. Maintain confidentiality and integrity of information, and physical security of systems. Integrate clients’ desktop systems. Maintain database and report activities of tracking and responses to service requests. Document work activities thoroughly.</p>	<p><b>Student Assistant/Office Asst.-(360)</b> <b>Job ID: 5031</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8.75/hr.</b></p> <p>Filing, phones, copying, errands and other duties as assigned.</p>
<p><b>Admin. Student Assistant - Downtown Ft. Lauderdale-(412)</b> <b>Job ID: 4573</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$9/hr.</b></p> <p>Answer telephones, take accurate messages, route calls, respond courteously and professionally to routine inquiries. Compose and type correspondence, generate reports and other documents. Assist with mailings and special projects. Accurate data entry in Access and Banner. Set up and maintain files. Assist visitors to the department efficiently and courteously. Perform other tasks as assigned by supervisor.</p>	<p><b>Facility Supervisor-(785)</b> <b>Job ID: 4721</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$10/hr.</b></p> <p>Manage recreational facilities in conjunction with and in lieu of a professional staff member. Supervise other student staff through training, supervision and evaluation. Open and close the facility, attend to injured patrons, supervise all behavioral control incidents, prepare shift reports, supervise all facility reservations, set-ups and breakdowns.</p>	<p><b>Senior Student Assistant-(815)</b> <b>Job ID: 4739</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8.5/hr.</b></p> <p>Provide administrative and clerical support to the office including but not restricted to word processing, filing, scanning, front desk coverage.</p>	<p><b>Student Lab Assistant - Tampa-(HPD217)</b> <b>Job ID: 4887</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$9/hr.</b></p> <p>Assist instructors during Institutes and lab classes with setup. Prepare and maintain reports and input date into databases. Inventory management using Filemaker software program and barcode scanner.</p>	<p><b>Student Accounts Coordinator (formerly Administrative Student Assistant)- (524)</b> <b>Job ID: 5087</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$8.5/hr.</b></p> <p>Prepare necessary forms for all operation areas of the department including journal entries, budget transfers, check requests, purchase orders, payroll forms and receipt transmittals. Reconcile the accounts. Verify and collect all deposits. Filing, photocopying. Provide office coverage including phones. Assist with any special projects/programs. Other duties as assigned.</p>
<p><b>Lifeguard-(165)</b> <b>Job ID: 4542</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$10/hr.</b></p> <p>Ensure the safety of all the of all swimmers, patrons, and user groups. Communicate and enforce pool rules/regulations in a professional manner. Provides emergency care and treatment as required until the arrival of emergency medical services. Maintains a professional appearance and attitude at all times, and carries out a high level</p>	<p><b>Water Safety Instructor (Swim Instructor)- (866)</b> <b>Job ID: 4767</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$11/hr.</b></p> <p>This position is responsible for the planning and teaching of group and private swim lessons. Be familiar with American Red Cross Learn - to - Swim program/ levels and other Red Cross water safety courses and know how to teach and apply course material. Communicate effectively and efficiently participant progress, cancellations and/or rescheduling.</p>	<p><b>Group Facilitator/Vocational Services-OFF33)-Pembroke Pines</b> <b>Job ID: 4895</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$12/hr.</b></p> <p>Facilitate Educational/ Vocational groups to clients looking to obtain their GED and job training skills. May tutor or give individual assessment under the supervision of the educational specialist and educational</p>	<p><b>Graduate Student Assistant/ Student Advisor-(355)</b> <b>Job ID: 4973</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$9.5/hr.</b></p> <p>Assist international students with check-in process; general questions regarding F1 visas; common application procedures and questions (OPT, CPT, Reduced Course Load, required documentation, etc.) Create new student files, maintain existing files. Establish contact with incoming and current students</p>	<p><b>America Reads Tutor-(OFF10)</b> <b>Job ID: 4927</b> <b>Hours: 25 hrs./week</b> <b>Rate: \$13/hr.</b></p> <p>Experience in working with children and a strong desire to help children read well in Broward County Elementary Schools.</p>
			<p><b>Admin. Student Assistant - Downtown Ft. Lauderdale-(412)</b> <b>Job ID: 4573</b> <b>Hours: 20 hrs./week</b> <b>Rate: \$9/hr.</b></p> <p>Answer telephones, take accurate messages, route calls, respond courteously and professionally to routine inquiries. Compose and type correspondence, generate reports and other documents. Assist with mailings and special projects. Accurate data entry in Access and Banner. Set up and maintain files. Assist visitors to the department efficiently and courteously. Perform other tasks as assigned by supervisor.</p>	