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Reflections

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Reflections

Lauren Edelstein

Lost
in jumbled dreams.
Discovering everything
isn't what it seems,
Reality changes
like an angry tide,
Sweeping me into
a strange, turbulent ride.
Confused emotions
grasp all power,
In result
actions begin to cower,
Security is always
just beyond my hold
The deception is not
what I've been told.

Clinging to an anchor
in this sea of sad blue,
Finding that my refuge
has vanished, too.
All my trust
has traveled far away,
Only crushed memories
and confusion will stay.

Many are the storms
I've been through,
Learning painfully
all just can't be true,
But still I must try,
Reflecting and wondering,
where am I?