

1-1-2013

## Wake Up

Malisha Oge  
*Nova Southeastern University*

Follow this and additional works at: <https://nsuworks.nova.edu/digressions>



Part of the [Poetry Commons](#)

---

### Recommended Citation

Oge, Malisha (2013) "Wake Up," *Digressions Literary Magazine*: Vol. 10 , Article 5.  
Available at: <https://nsuworks.nova.edu/digressions/vol10/iss1/5>

This Poetry is brought to you for free and open access by the CAHSS Journals at NSUWorks. It has been accepted for inclusion in Digressions Literary Magazine by an authorized editor of NSUWorks. For more information, please contact [nsuworks@nova.edu](mailto:nsuworks@nova.edu).

---

## Wake Up

### Author Bio

I want to be a great writer someday! Someone who people look to for inspiration, for laughter, for wisdom. That is what I aspire to. I love that feeling of being finished and feeling proud of what I've written.

# Wake Up

MALISOHA OGE

Take a break from your thoughts  
Breathe. Thoughts can strangle, coil, consume  
Your positivity, optimism, smile.  
Like a snake that never ends never ceases.  
It's good to be alone with thoughts.  
It's bad to stay alone with thoughts.  
Like a weight that builds on your head, your chest, your shoulders.  
Piled up.  
No start. No end.  
Sleep finally frees.  
Sleep to wake up.  
Stop thinking. Sleep. Then wake up.