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Ava and Me Swimming

Rachel Dickinson
NSU University School

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Galaxy

Sarina Schwartz

You are nothing, they tell you.
Keep your head down, your eyes to the ground.
They tell you that you are nothing but a speck of
dust in the vastness of the earth.

But they are wrong.
You are more than dust.

You are a galaxy of light and hope and dreams.
There is an entire universe running through your
veins,
coursing through your body, your heart.
There is a sun shining through your smile.

Your tears are comets streaking across your
cheeks,
beautiful in their sorrow.
You hold planets in your hands, even as they
shake.

They tell you that you are nothing.
But you know that you are not.
And when you raise your head, they will see
the dancing of a thousand constellations in the
sparkling of your eyes.