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The Art of Teaching in Medicine

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The Art of Teaching in Medicine: A reflection on the aspects and importance of teaching in medicine.

AUTHOR: MARIAM DAR

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My mother has always been a role model of mine. She is an elementary school teacher, and her passion for education has deeply motivated my future goals. Her unwavering compassion and empathy have inspired me to be a caregiver in my career. She showed me that teaching is not only about sharing knowledge, but also about fostering creativity and a safe environment to grow. Her dedication to helping her students achieve their goals is truly exceptional.

My mother's way of teaching influences my ideology of education, and I emulate her values as a student physician. To me, true teaching is defined by empowering others with knowledge that lets them succeed. As a medical student and future physician, I believe that being a teacher is a crucial part of my career. Patients rely on physicians to diagnose and treat their illnesses, as well as inform them about their health. Through transparent communication and active listening, I strive to teach my patients about preventive care, including good lifestyle choices, exercise, and condition management.

My goal is to be an advocate, helping my patients make informed decisions about their care. In addition, being a student physician is about creating a supportive learning environment, like my mother does with her students in the classroom. Patients come to the hospital from all different backgrounds, and it is important to respect each perspective. I always attempt to make the student physician-patient relationship a collaborative one, where we can work together to achieve the goal of health.

Just like a teacher adjusts their techniques for each student's learning ability, I adjust my patient education based on individuals' preferences. By doing so, I hope to make a meaningful impact on their healthcare experience. True teaching means empowering others with knowledge that enables them to succeed, whether that is in the classroom, hospital, or office setting. As a future physician, I believe patient education is a huge part of my role, and my mother's passion for teaching has inspired me immensely. By creating a safe environment, tailoring my teaching to each patient's needs, and fostering partnership, I hope to make a difference in my patients' lives as I advance in my career as teacher and physician,

Mariam Dar is a third-year medical student at KP-COM and is passionate about women's health and mentorship.

ABOUT THE AUTHOR

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