

be Still

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## A Matter of Perspective

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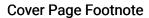
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### A Matter of Perspective



I humbly and sincerely thank the people who comprise my village. Thank you for always believing in me, and never giving up on me. Without my village, I would not be here pursuing my dreams.

"A Matter of Perspective" is a poem that attempts to rationalize from where the power of conflict is derived. Additionally, it offers a possible perspective about conflict that may be perceived as counterintuitive.

# POET ANDREW JOSEPH

Conflict resides in daily life.

Shall I do this or do that?

It causes great strife.

It comprises three parts, each as sharp as a knife-

Physical, mental, and emotional it contains.

The power of conflict can be as cleansing as rain.

It lies in all of us, deep in our mind a matter of perspective to hide or grind.

Do I succumb to the thoughts that reside inside?

Or do I persevere and enjoy this ride?

It's a matter of choice, so let's pick a side.

Conflict's power is decided by you-

Shall it be motivating or consuming?

On our journey, though setbacks and obstacles abound, there is always beauty and joy to be found.

Despite troubles and hardships entangling life around, I have found peace and strength that truly surrounds.

From guitar to sports to even my studies, I have found the greatest of allies and best of buddies.

My village is reassuring and positive no doubt.

Truly there is nothing about which I can pout.

The power of conflict has bolstered my life.

As iron sharpens iron, endurance grows in strife.

A catalyst to my strength and my faith in God, I hope to make my village proud.

Welcome conflict with an open heart and the suffering will be temporary just at the start.

Rest assured, it will be sweet after being so tart.

The power of conflict is a matter of perspective, so let us dive and be introspective.

Just like a detective, we will find the objective, and persevere plus endure, becoming effective.

Conflict can surround us like a vast stronghold-but my decision to fight on makes conflict controlled.

Power is in the mind, and peace is in the heart.

Now, let us fight together right from the start!

I humbly and sincerely thank the people who comprise my village. Thank you for always believing in me, and never giving up on me.

Without my village, I would not be here pursuing my dreams.

## POET'S STATEMENT

Andrew Joseph is currently a research fellow at NSU-KPCOM. He graduated from Georgia Tech with a degree in biomedical engineering and a minor in Biochemistry. He enjoys spending time with family and friends, playing guitar, driving, cooking, flying drones, and playing/watching sports.

# ABOUT THE POET