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The Battle of the First-Year Medical Student

Kimberly A. Kluglein

Nova Southeastern University, kk1368@mynsu.nova.edu

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I wrote this poem to reflect the way I believe a lot of first-year medical students feel about the internal conflict that arises within ourselves. I have doubted whether I am good enough to be where I am today and I know I am not alone in that feeling. A million people could tell you that you are good enough, but it doesn't matter unless you believe that for yourself. I think it is important to take time to reflect and remember even when it is difficult, that you can do it, and that you are worthy.

POET'S STATEMENT

KIMBERLY KLUGLEIN

The Battle of the First-Year Medical Student

I am at war with myself.

Can I live up to my own expectations?

Am I meant to be here?

Never am I 100% sure.

Don't think that way,

Of course, you are meant to be here.

It's what they all say.

They can't convince me.

I must believe it.

And I do.

Most days.

With every moment that passes,

Only I can prove to myself the depth of my ability.

Realize my full potential

That haunts my dreams but forces me to work harder.

However, sometimes, it still takes me reading the first letter to remember that.

Yeah!

Kimberly Kluglein is a first-year medical student at KPCOM.

ABOUT THE POET

