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I Think I See It Now

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- ▶ Clean lines. Hot tea. Triangles. Am I missing anything? Be balanced! Do some yoga, make a checklist; you need balance right? Maybe, but no thanks, not right now.
- ▶ Turning off some alarms. A bad movie with great friends. A long walk with no destination.....now we're talking. Balance is messy, it's what you need to feel whole again when life picks us apart.
- ▶ Tug of war with my dog, Tennessee hot chicken sandwiches, I think I see it now--the balance that is.
- ▶ So please, let's put on some loose pants and find reasons to laugh, and yes I suppose some yoga and hot tea could help as well.

I THINK I SEE IT NOW





ARTIST AND WRITER : ORESTES
HADJISTAMOULOU

I am first year medical student. When I'm not learning the intricacies of the human body, I drink coffee and take my corgi for walks. I love to paint as well. Abstraction has always interested me due to its ability to invoke different emotions for the viewer. I hope that those who see my art can feel a sense of joy, or maybe some melancholy depending on what they need.

***Art and Medicine** is Batman and Robin; it's vanilla ice cream and apple pie. You can have one without the other sure, but together they are something awfully special.*

ABOUT THE ARTIST: ORESTES
HADJISTAMOULOU