

Fall 2021

## For We Sought Perfection in Their Divinity

Ligia Pinto

Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine.,  
lp1520@mynsu.nova.edu

Follow this and additional works at: <https://nsuworks.nova.edu/bestill>



Part of the [Medical Humanities Commons](#), and the [Poetry Commons](#)

---

### Recommended Citation

Pinto, Ligia (2021) "For We Sought Perfection in Their Divinity," *be Still*: Vol. 5 , Article 7.  
Available at: <https://nsuworks.nova.edu/bestill/vol5/iss1/7>

This Poem is brought to you for free and open access by the College of Osteopathic Medicine at NSUWorks. It has been accepted for inclusion in *be Still* by an authorized editor of NSUWorks. For more information, please contact [nsuworks@nova.edu](mailto:nsuworks@nova.edu).

## **POETS STATEMENT:**

*Medical school is a tiring and arduous challenge that feels like it asks for more than one can give sometimes. The pandemic over the past year has left its mark on all. This poem is both a warning and a kind reminder, to myself and those who need it, that while we strive towards our "sun", we have to give ourselves time to breathe, time to rest.*

LIGIA PINTO



- ▶ **ABOUT THE POET:** Ligia Pinto is a first year osteopathic medical student with a deep fondness for mythology, art, and science

*For we sought Perfection in their Divinity*

Greek gods, do you not see how human they are in their divinity?

Do you not see how the darkness of this world consumes You whole?

Be wary not to give it all of your light,  
lest you've none for yourself.

Don't you know the tale of Icarus?

Not as how it's written but how it's told –  
Icarus died, for he gave all he had to the sunlight and none for himself.  
Thus he fell, where the sea greeted him openly to mourn the loss of his  
creativity.

We should take care that, in our pursuit of sunlight,  
we do not lose ourselves.

For the watery graves are

As Forgiving

As Concrete.