

2010

2009-2010 NSU Sharks - Women's Cross Country/Track & Field

Nova Southeastern University

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**2009-10 NOVA SOUTHEASTERN UNIVERSITY
WOMEN'S CROSS COUNTRY/
TRACK & FIELD**

BRYAN HAGOPIAN

Head Cross Country/Track and Field Coach



Bryan Hagopian enters his second season at the helm of Nova Southeastern University's men's and women's cross country and track and field programs.

During his first year with the Sharks, Hagopian coached both programs to multiple records during both the cross country and track and field seasons. On the women's side, Krystal Porter and Brooke

Hurley became the first two runners in the women's cross country history to run sub-19:00 in the 5K. Meanwhile, Porter also set the women's cross country 6K record with a time of 22:58 at the Sunshine State Conference Championships, becoming the first harrier in program history to run sub-23:00 in a 6K. During the track season, records were set in 10 track events as well as in three field events as the Sharks competed in field events for the first time since the track and field program began in 2006. Most notably for NSU's women's team during the track and field season was Kyley Jorgensen, who as a freshman provisionally qualified for the NCAA Division II National Championships in the 100 meters.

On the men's side, both Jeff Palmer and Eskender Abdalla recorded cross country's first-ever sub-26:00 8K times. Palmer ultimately ran NSU records in the 8K and the 10K with his 32:25 in the 10K at the NCAA Division II South Regional Championships being nearly two minutes faster than anyone else on NSU's all-time top 10K times. In the spring, the men's track and field team produced multiple program and individual best performances. Michael Wilson became the first athlete in program history to provisionally qualify for the NCAA Division II National championships in two events. Wilson, who provisionally qualified standards in the 200 meters in 2008, met the provisional times in both the 100 and 200 meters.

Hagopian came to NSU with extensive coaching experience. Prior to coming to NSU, Hagopian served as the assistant men's and women's track and field coach at Division I's Louisiana-Lafayette. From 2004-2006, Hagopian was the men's and women's cross country and track and field head coach at the College of Mount Saint Joseph in Cincinnati, Ohio. He founded the inaugural mens and womens track and field teams for the Lions, while the cross country team garnered All-Region honors.

He was also Upper Iowa's assistant men's and women's cross country and track and field coach from 2002-2003, helping the Peacocks' cross-country teams to All-Conference and All-Region accolades.

Hagopian began his collegiate head coaching career at Mount Senario College. He founded the first-ever cross country team for the Fighting Saints and coached three track and field national qualifiers.

Hagopian earned a Bachelor of Arts Degree in Physical Education and Coaching from Hastings (Neb.) College, and a Master of Science Degree in Athletic Administration from Minnesota State University, Mankato.

CHAUNTÉ BALDWIN

Assistant Track and Field Coach



Chaunté Baldwin is in her third year as the Assistant Track Coach at Nova Southeastern University. She will be continuing to focus on the sprints and relays as well as assist with recruiting.

During the 2009 outdoor season, Baldwin coached a pair of provisional national qualifiers. On the men's side, Michael Wilson met the NCAA provisional standard twice in the

100 meters and four times in the 200 meters. Wilson's top 100 meter time of 10.57 and his top 200 meter time of 21.30 set new NSU program records. Meanwhile, for the women, Kyley Jorgensen met the 100 meter NCAA provisional time twice during the season. Jorgensen's career-best time of 12.03 ran at the UCF Twilight was the fastest time to be clocked in program history.

In her first season, Baldwin coached her first national qualifier last season when Michael Wilson ran 21.46 in the 200 meters at the 2008 NTC Spring Fling. Wilson's time was 0.02 faster than the NCAA provisional standard for the 200 meters.

She comes with a wealth of knowledge and experience to coaching as a former sprinter at Texas Christian University. The Fort Worth, Texas native was one of the highest recruited sprinters in the country with exceptional prep times in the 100m, 200m, and triple jump. At TCU, Baldwin garnered 11 All-Conference Awards in the short sprints and relays, and is a two-time National Qualifier. In 2002, she made the USA Track and Field Women's 100m top 50 and became an NCAA Division I All-American in the 4x100m relay.

Baldwin also serves as the Coordinator of Compliance for the NSU Athletic Department. She has a Bachelor of Science from TCU and a Master's of Education Administration from The University of North Texas. Baldwin also certified as a USATF Level 1 Coach.

DEIDRA WESLEY

Assistant Cross Country/Track and Coach



Deidra Wesley enters her first season as an assistant coach with Nova Southeastern University's track and field program. She will primarily work with the multi-event athletes.

A graduate of the University of North Texas, Wesley qualified for the NCAA Division I National Championships in 2005, becoming the first heptathlete in the Mean Green's history

to qualify for the national meet. She was also a four-time NCAA regional qualifier in the high jump. Wesley claimed six individual Sun Belt Conference titles, including three in the high jump (indoor - 2004 and 2005, outdoor - 2004), two in the heptathlon (2004 and 2006) and one in the pentathlon (2005). She was selected as the 2006 Sun Belt Conference Outstanding Field Performer. Wesley currently holds four North Texas records. She is the Mean Green's record holder in both the indoor high jump (5'9.75"/1.77m) and the outdoor high jump (5-10/1.78m) as well as the record holder in the pentathlon (3,679 points) and heptathlon (5,030 points).

In addition to her track and field experience, Wesley is a national level fitness competitor with National Physique Committee. She won the Mid-Florida Classic in 2007 as well as finished third at Southern States.

Wesley received her bachelor's degree in radio, television, and film from North Texas in May 2005. She also graduated from North Texas' Mayborn Graduate Institute of Journalism with a master's degree in December 2006.





Tamirah Bonaby
Fr., Hurdles, 5-2
West Palm Beach, Fla.



StacyAnn Daley
Jr., XC/Sprints, 5-5
Orlando, Fla.



Briana Dorsett
So., Sprints, 5-3
Fort Lauderdale, Fla.



Roberta Fisher
So., Sprints, 5-7
Orlando, Fla.



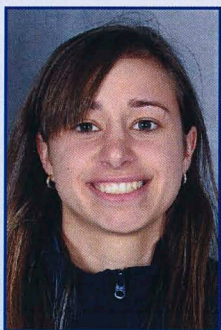
Tara Haddock
Sr., XC/Distance, 5-10
Citrus Springs, Fla.



Alice Henley
Sr., XC/Steeple, 5-3
Plantation, Fla.



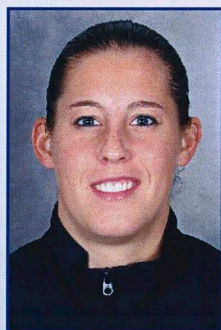
Jessica James
So., Sprints, 5-7
St. Croix, U.S. Virgin Islands



Kiley Jorgensen
So., Sprints, 5-0
Wellington, Fla.



Kristina Labossiere
So., Throws, 5-6
Sunrise, Fla.



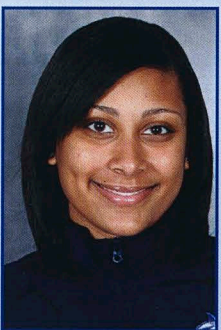
Lauren Marshall
Jr., Pole Vault, 5-6
Gladstone, Mich.



Midline Pierre
Sr., Sprints, 5-4
Margate, Fla.



Krystal Porter
Sr., XC/Distance, 5-4
Kansas City, Mo.



Alexis Sands
Fr., Throws, 5-8
Miami, Fla.



Johniqua Stafford
Fr., Sprints, 5-2
Fort Worth, Texas



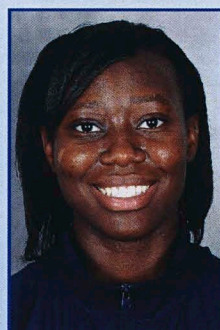
Juliana Tabares
Fr., XC/Distance, 5-2
West Palm Beach, Fla.



Kaitlyn Tarpey
Fr., Hurdles, 5-7
Stamford, Conn.



Brittany Watson
Fr., Multis, 5-9
Indian Harbour Beach, Fla.



Keahna Wheatland
Fr., Sprints, 5-7
Ponta Gorda, Fla.



Jasmine Wheeler
Jr., Sprints/Jumps, 5-5
Fort Lauderdale, Fla.



Kristina Williams
Fr., XC/Mid-Distance, 5-1
Fort Worth, Texas

Not pictured:
Jasmine Haynes, Jessica Osteen, Tiffany Richardson, Sheunqua Williams, Erin Zampell

Roster current as of Dec. 5, 2009



2009-10 Nova Southeastern University Women's Cross Country/Track & Field
 Front Row (L-R): Alice Henley, Kyley Jorgensen, Kristina Williams, Briana Dorsett, Tamirah Bonaby, Jasmine Haynes
 Middle Row (L-R): Keahna Wheatland, Johniqua Stafford, Jasmine Wheeler, Kristina Labossiere, Krystal Porter, Tiffany Richardson, Midline Pierre
 Back Row (L-R): Head Coach Bryan Hagopian, Assistant Coach Deidra Wesley, Jessica Osteen, Alexis Sands, Brittany Watson, Jessica James, Sheunqua Williams, StacyAnn Daley, Assistant Coach Chaunté Baldwin
 Not Pictured: Roberta Fisher, Tara Haddock, Lauren Marshall, Juliana Tabares, Kaitlyn Tarpey, Erin Zampell

NOVA SOUTHEASTERN UNIVERSITY 2009-10 SCHEDULE

DAY	DATE	OPPONENT	LOCATION	TIME
Cross Country				
Fri.	Sept. 4	Greentree Invitational	Miami, Fla.	6:00 pm
Sat.	Sept. 12	UCF Black & Gold Invitational	Orlando, Fla.	8:30 am
Fri.	Sept. 18	Univ. of Florida Mountain Dew Invite	Gainesville, Fla.	6:30 pm
Fri.	Oct. 2	fRunners.com Invitational 10	Titusville, Fla.	6:00 pm
Sat.	Oct. 10	Walt Disney World Cross Country Classic	Lake Buena Vista, Fla.	7:45 am
Sat.	Oct. 24	Sunshine State XC Championships	Lakeland, Fla.	7:30 am
Sat.	Nov. 7	NCAA Division II South Region Championships	Tampa, Fla.	8:00 am
Sat.	Nov. 21	NCAA Division II National Championships	Evansville, Ind.	12 Noon (CT)
Track and Field				
Sat.	Jan. 23	Embry Riddle	Daytona Beach, Fla.	All Day
Fri.	Feb. 19	Embry Riddle	Daytona Beach, Fla.	All Day
Fri.	Mar. 5	USF Open	Tampa, Fla.	All Day
Sat.	Mar. 13	FAU Invitational	Boca Raton, Fla.	All Day
Fri.-Sat.	Mar. 19-20	Hurricane Invitational	Coral Gables, Fla.	All Day
Fri.-Sat.	Mar. 26-27	UCF Invitational	Orlando, Fla.	All Day
Fri.-Sat.	Apr. 2-3	Pepsi Florida Relays	Gainesville, Fla.	All Day
Sat.	Apr. 10	Hurricane Alumni Invitational	Coral Gables, Fla.	All Day
Thu.-Sat.	Apr. 22-24	Drake Relays	Des Moines, Iowa	All Day
Fri.	May 14	South Florida Invitational	Tampa, Fla.	All Day
Thu.-Sat.	May 27-29	NCAA Division II National Championships	Charlotte, N.C.	All Day



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