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A Warm Ode to Children

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Children

Innocence and purity are brimming in the child.
Exploration, rocket ships, and race cars bring a smile.
Politics are nonexistent, everyone's a friend and imagination runs so wild,
even time can bend .

Laughter, crying, emotions flying, fill the air with love.
Throw a fit, but when you calm down give your mum a hug.
See the complex constellations in a life so simple.
Spread your love across the sea and watch it ripple.

The sun is bright and in your eyes; a future even brighter .
Overcome your obstacles and embrace your inner fighter.
Do not lose your hope no matter what you do for anything is possible in a world
made of you.

SEAN A. FRIEFELD

ARTIST STATEMENT: I wrote this poem to encourage children to embrace the world that they create every day and to live with a sense of wonder.

SEAN A. FRIEFELD IS A MEDICAL STUDENT AND ENJOYS WRITING POEMS DURING HIS SPARE TIME.

A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, set against a dark teal background.