

Nova Southeastern University **NSUWorks** 

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**NSU Athletics** 

2012

## 2012 NSU Sharks Women's Rowing Media Guide

Nova Southeastern University

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TWO THOUSAND TWELVE



## **WELCOME TO HOLLAND PARK!**

The Nova Southeastern University rowing program trains and competes along the waters of the Intracoastal Waterway. NSU rows out of Holland Park in Hollywood, Fla., giving the Sharks easy, year-round access to miles of flat water, even while many schools are forced off their water by ice. The Sharks possess a number of shells, including eights, fours, quads, pairs and doubles. NSU also trains on campus at the state-of-theart NSU Strength and Conditioning Complex, which includes max impact flooring, 16 hammer strength racks, six sets of UCS plyo-safe boxes, 10 TRX suspension trainers, iron grip

customized urethane dumbbells, 10 plus hammer strength lso pieces, 10 feet customized side boards, four keiser trainers, eight sets of customized werksan olympic bumpers and bars, star trac treadmills with 15" HD TV's embedded in the touch panel and over 15 tons of free weight equipment and more all offered in the new Strength facility.

## **NSU Quick Facts**

Location:..... Fort Lauderdale, Fla. 33314

School Colors: ..... Navy Blue, Gray Facility: ..... Holland Park Affiliation: ..... NCAA Division II Conference: ...... Sunshine State Conference President, CEO: ..... George Hanbury II, Ph.D. Provost: ..... Prank DePiano, Ph.D. Director of Athletics: ..... Michael Mominey









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Couriney Berger So., 5-2 Sarasota, Fla.



Deonnah Findley So., 5-10 Minneapolis, Minn



Remi **McClellan** Fr., 6-0 Mullica, N.J.



Kelsey Obringer Fr., 5-10 Port Republic, N.J.



Taylor Van Horn So., 5-8 Cape Coral, Fla.





JE 5-7 Waterford, N.Y.



Aubrey **Graham-West** Fr., 5-5









Amber Chang Jr., 5=10 Pembroke Pines, Fla.

Emily

Harrington

Jr. OF 6-0, 160

Miami, Fla.

Christie

**McElhenny** 

Sr., 5-9





So., 5-4 Brigantine, N.J.



Heather Clayton Sr., 5-1 Mullica Township, N.J.

Heather

Higbee

Jr., 5-7

Ocean View, N.J.



Amanda Craig Fr., 5-9 Berlin, N.J.

Emma

Jordan

Sr., 5-6

Sebastian, Fla



Katie Dabrowski So., 5-5 Vero Beach, Fla

Caroline

Kelly

So., 5-3

Seaville, N.



Sarah **Erikson** Fr., 5-2 Sunrise, Fla

Camille Evans Fr., 5-4 Orlando, Fla.



Emily Maines Fr., 6-1 Tampa, Fla.







Megan **O'Donnell** Fr., 6-0 Lake Worth, Flo

Caitlin Mooney So., 5-6 Centerville, Mass





Claire

Kurlychek

Sr., 5-11

Land O' Lakes, Fla.



Dayna Triana So., 5-4 Homosassa, Fla



**Head Coach** Mary Lenington Rachel Sander

**Assistant Coach** 



Graduate Assistant Megan Kim





Sarah Patterson Jr., 5-5 Winter Park, Fla

Jennifer

**McDanie** 

So., 5-11

Deland, Fla



Heather Reese So., 5-8 Charleston, S.C.

Fr., 5-11 Orange Park, Fla.

Haley

**McKissack** 

Stephanie

Hauck

So., 5-8

Somers Point, N.J

Mallorie Reinecke Jr., 5-7



Nicole

Mesa

So., 5-9

Pembroke Pines, Fla.

East Amherst, N.Y



Morgan Sanchez Fr., 5-9 Weston, Flo



Abbey Schiavo So., 5-11 Northfield, N.J





Kelly Scott Fr., RHP, 6-1, 185



Davie, Fla



Jessica Sutter Sr., 6-1 Key Largo, Fla





Back Row (L to R): Head coach Mary Lenington, graduate assistant coach Meaghan Kim, Morgan Sanchez, Emily Harrington, Kelsey Obringer, Deonnah Findley, Jennifer McDaniel, Remi McClellan, Claire Kurlychek, Jessica Sutter, Meagan O'Donnell, Haley MsKissack, Emily Maines, Abigall Schlavo, Christie McElhenny, Kelly Scott, Assistant Coach Rachel Sander Middle Row: Aubrey Graham-West, Alyssa O'Donnell, Amber Morrell, Stephanie Hauck, Amanda Craig, Taylor Van Hom, Mallorie Reinecke, Lauren Boudreau, Heather Higbee, Emma Jordan, Caltin Mooney, Sarah Patterson Front Row: Heather Reese, Sarah Erickson, Caroline Kelly, Courtney Berger, Katie Dabrowski, Camille Evans, Dayna Triana, Victoria Ciccone, Heather Clayton

## NOVA SOUTHEASTERN UNIVERSITY 2012 WOMEN'S ROWING SCHEDULE

Oct.	22	Head of the Charles	Cambridge, Mass.	29th of 33
Oct.	29	Miami Mix	Miami, Fla.	2nd of 2
Nov.	12	FIRA Fall Classic	Fellsmere, Fla.	1st of 7
Mar.	10	Central Florida	Orlando, Fla.	TBA
Mar.	17	Divsion II Duals	Fellsmere, Fla.	All Day
Mar.	18	Barry Dual	Hollywood, Fla.	8:00 AM
Apr.	13-14	FIRA Championships	Sarasota, Fla.	All Day
Apr.	21-22	SIRA Championships	Oak Ridge, Tenn.	All Day
Apr.	28	SSC Championships	Fellsmere, Fla.	8:00 AM
May	11-12	Dad Vail Regatta	Philadelphia, Pa.	All Day
May	25-27	NCAA Championships	Mercer, N.J.	All Day

