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Questions for My Inside

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Questions for My Inside

Naida Lynn Alcime

I sit alone and I write.

But even writing things don't add up to all that's going on inside.

And then I ask myself.....

How do I find peace?

How do I get relief?

Tell me how to stop this chaotic search to find the real me.

I do not, *not* desire to live; I just can't find my footing for my now being.

I just can't seem to find my footing, my grasp, my acceptance of who I am.

...It's like,

...It's like searching for something at the bottom of a pool.

The search is exhausting; taking the next stroke is a miracle...

You know what I mean?