

The background features a white canvas with scattered black dots of various sizes. Large, flowing, organic shapes in teal, orange, and black are positioned around the edges, creating a modern, artistic feel. The text is centered in a bold, black, sans-serif font.

MD Anderson–University Outreach Program

By: Rosha Chittuluru

Internship Overview

- Location: MD Anderson Cancer Center – Houston, TX
- Dates: June 7, 2021 – August 13, 2021
- 10 Week Program
- Mainly Monday-Friday, but some projects require weekends
- Approx 5 hours per day; varies based on project
- Assigned to a lab based on expressed interest in application



My Experience

- Dr Scott E. Evans Lab – Pulmonary Dept
- Bench Mentor – David L. Goldblatt; HHMI Scholar and MS3 at UT Rio Grande Valley
- Prevention of chronic asthma using toll-like receptor ligands
- *In vivo* mouse studies with Pam2ODN
- Conducted my own experiment with treatment, sensitization, challenges, and BAL and lung harvest
- Lab techniques (cell counting, data analysis)
- Brief introduction to biohazard studies



Introduction

Allergic asthma is a chronic inflammatory respiratory disease associated with eosinophilic infiltration, increased mucus production, airway hyperresponsiveness (AHR), and airway remodeling. Lung airway epithelial cells express a myriad of pattern recognition receptors such as Toll-like receptors (TLRs), enabling them to sense and respond to a variety of external triggers. The epithelial-derived cytokines IL-33, TSLP, and IL-25 are widely recognized as alarmins produced in response to house-dust mites (HDM). These cytokines activate several leukocytes involved in allergic inflammation, such as eosinophils. We have shown that a combination of Pam2CSK4 ("Pam2", TLR2/6 ligand) and a class C oligodeoxynucleotide ODN M362 ("ODN", TLR9 ligand) when delivered together by aerosol ("Pam2ODN") synergistically activate an innate immune response in the lung mucosa. To further study the immunomodulatory effects of Pam2ODN, we have developed allergic models to show that Pam2ODN attenuates an allergic immune response to HDM.

Methods

Mice were sensitized with 100 µg HDM extract at day 0, followed by 6 daily challenges of 10 µg HDM from day 7 to 12. Mice were suspended from upper incisors on a board 60 degrees from 0, under isoflurane anesthesia. Mice were challenged with HDM mixed in PBS while suspended from upper incisors at 60 degrees by placing individual droplets onto nose, while under isoflurane anesthesia. Bronchoalveolar lavage was done on mice after challenges were completed. Differential cell quantification with Wright-Giemsa stain was done to evaluate numbers of leukocytes in bronchoalveolar lavage fluid. Mucous metaplasia of lung epithelial cells was assessed by staining lung tissue with fluorescent PAS stain. Mice were given Pam2ODN at intervals before and after sensitization to HDM. To evaluate synergy, Pam2 and ODN were aerosolized individually or in combination with the previous sensitization and challenge paradigm.

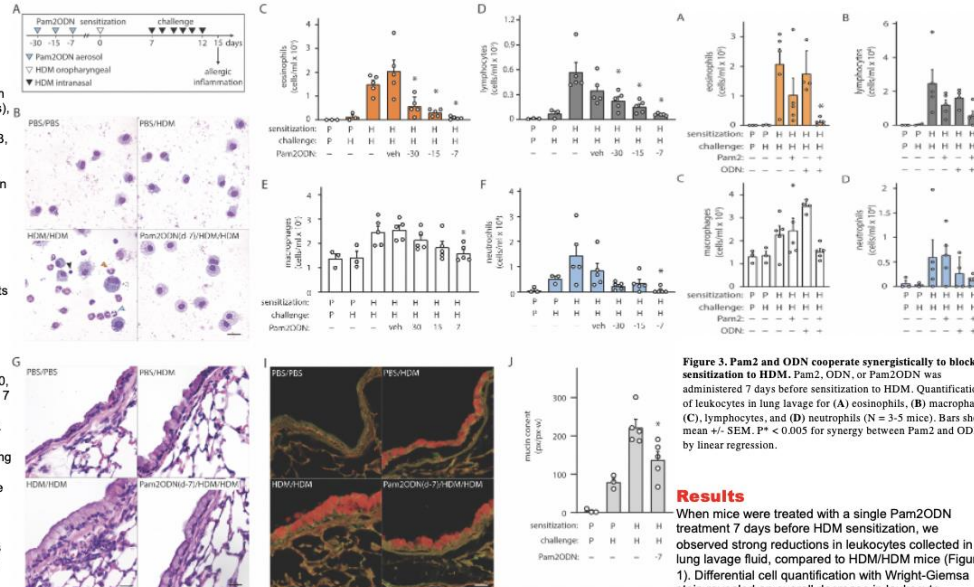


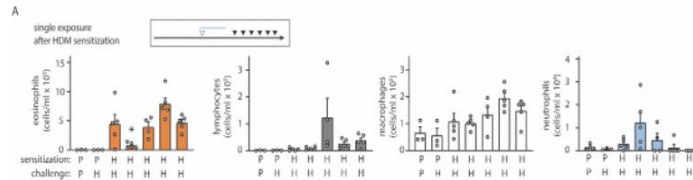
Figure 1. Exposure to Pam2-ODN prevents allergic inflammation to HDM. (A) HDM experimental paradigm with a sensitization of 100 µg HDM and challenges of 10 µg HDM. (B) Leukocytes obtained by lung lavage were pelleted onto glass slides by centrifugation and stained with Wright-Giemsa. Scale bar = 20 µm. (C-F) Quantification of leukocytes in lung lavage for (C) eosinophils, (D) lymphocytes, (E) macrophages, and (F) neutrophils (N = 3-5 mice). (G-H) Airways stained with H&E to demonstrate submucosal inflammation. Scale bar = 20 µm (I) Airway epithelium stained with PAS to demonstrate intracellular mucin in red. Scale bar = 20 µm. (J) Quantification of intracellular mucin content by image analysis of airway (N = 3-5 mice). Bars show mean ± SEM. *P < 0.05 by one-way ANOVA with Dunnett's test for multiple comparisons against [HDM/HDM] control.

Figure 3. Pam2 and ODN cooperate synergistically to block sensitization to HDM. Pam2, ODN, or Pam2ODN was administered 7 days before sensitization to HDM. Quantification of leukocytes in lung lavage for (A) eosinophils, (B) macrophages, (C), lymphocytes, and (D) neutrophils (N = 3-5 mice). Bars show mean ± SEM. *P < 0.005 for synergy between Pam2 and ODN by linear regression.

Results

When mice were treated with a single Pam2ODN treatment 7 days before HDM sensitization, we observed strong reductions in leukocytes collected in lung lavage fluid, compared to HDM/HDM mice (Figure 1). Differential cell quantification with Wright-Giemsa stain revealed an overall decrease in leukocyte recruitment (Figures 1C-1F). Quantitative image analysis of intracellular mucin content revealed that intracellular mucin accumulates moderately in PBS/HDM mice, but HDM sensitization was required for the full phenotype (Fig. 1J). A single Pam2ODN treatment 7 days before HDM sensitization reduced intracellular epithelial mucin content >35%, which was not significantly different from PBS/HDM mice. Pam2ODN treatments similarly showed efficacy when administered 30- and 15-days before sensitization, with a trend toward less efficacy when the treatment-sensitization interval was further increased. When Pam2ODN treatment was administered any day after HDM sensitization, the treatment effect was completely absent (Figure 2A). Neither Pam2 nor ODN exhibited any significant efficacy when administered alone, but the combination Pam2ODN treatment completely blocked allergic inflammation (Fig 3A-D).

Figure 2. Pam2-ODN prevents sensitization to HDM. (A-B) Quantification of leukocytes in lung lavage when a single Pam2-ODN treatment was administered before or after sensitization to HDM (N = 3-5 mice). (B) Quantification of lung leukocytes when 6 consecutive daily Pam2-ODN treatments were



Application Process

- Applied through NSU's digital application in early November
- Checklist:
 - 3.0+ GPA
 - Completed form with photo
 - Tetanus Vaccine Certification/Medical Insurance
 - 3 recommendation letters with 2 from Halmos science faculty
 - Personal Statement (<500 words)
 - Transcript
- Interview in late November

Program Requirements

- Participation in lab activities (mentors email directors with status updates)
- Participation in mandatory workshops/meetings
- Participation in workshops/networking events (not required but highly encouraged)
- Completion of a poster presentation at end of program
- Present completed poster/overview of research
- Elevator Speech Competition (not required but encouraged)

Benefits

- Hands on research experience
- World class resources and facilities
- Potential publication opportunities
- Networking with potential employers/recommendation letters
- Invaluable experience in seeing how research is applied to real-life issues

